



**NEW CHIP
GREETED WITH
ENTHUSIASM** page 9

New Discipleship Resource to
Equip Parents to Grow
Spiritually Strong Children

"God yearns to draw
the hearts of the whole
family to each other
and to Him."

Pr Don MacLafferty

Daily Bites

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Three themed booklets with 24 studies



Contextualised for SPD Adventist Children's Ministries
With permission from the Kids in Discipleship "Footprints For Kids"
Available from Adventist Book Centres

Dietary guidelines pro legumes, against red meat

Berkeley Vale, New South Wales

Sanitarium Health & Wellbeing has welcomed newly-revised Australian Dietary Guidelines (ADG) that encourage Australians to eat more legumes and less red meat.

The guidelines recommend an increased intake of legumes across all age groups. The recommendation, which informed the guidelines' revisions, indicated that legume intake should be increased by almost five times the current intake (470 per cent).

Trish Guy, Corporate Nutrition manager at Sanitarium Health & Wellbeing, welcomed this increased emphasis on the health benefits of legumes, which are listed as both a vegetable and a source of protein.

"Legumes are a perfect protein choice, and it's important that Australians understand the value of enjoying more legumes in their diet," she said.

Ms Guy believes, however, that more can be done. "Given the many nutrition and health benefits of legumes, they are an ideal choice of protein for all Australians, but listing them after lean meat as a protein source doesn't reflect this priority," she said.

The dietary modelling and dietary guideline document also recommends

a 20 per cent decrease in red meat intake for adult males.

"In fact, the guidelines reveal a recommended maximum amount of red meat . . . of no more than 455g per week," Ms Guy said. "This recommended maximum amount . . . equates to a very small 65g serve each day, or several red meat-free days each week.

What better way to reduce red meat intake than by including more legume-based dishes on the menu? Sanitarium believes the foods listed in the protein group should be given in priority order, with legumes topping the list."

Ms Guy said much had been made, in public discussions, of the idea that young women need to eat more red meat. "However, it's well established that if women choose to eat little or no red meat, a plant-based diet offers many iron-rich foods sufficient to meet their requirements," she said.

"When looking at nutrition, it's vital to also consider how our food choices impact the environment. It's disappointing to see that this has been in-



cluded in an appendix to the ADG, and not fully integrated into the guidelines themselves."

The ADG also include recommendations for eating a variety of core foods, including grain foods, preferably wholegrains and high cereal fibre varieties, such as breakfast cereals, polenta, couscous, oats, quinoa and barley. Sanitarium supports the Grains & Legumes Nutrition Council recommendation to consume 48g of wholegrains each day.

Sanitarium has a range of resources to help people enjoy more wholesome plant foods. Visit <www.sanitarium.com.au>. —Sanitarium Health & Wellbeing

Small donations achieve big results

Cooranbong, New South Wales

Alumni and friends of Avondale College of Higher Education have raised more than \$A140,000 for mission by donating a small percentage of their wages over the past three years.

The 1% Club helps build schools, change lives, feed orphans and pay teachers, according to its founder Jason Hinze, a lecturer and secondary education course convenor

in the college's School of Education. The club began in response to Ministry of Teaching Overseas (MOTO), another initiative of Mr Hinze.

MOTO sees students completing a three-week teaching experience in a developing country. Many want to leave a longer-

term legacy. "The schools have a special place in their heart," Mr Hinze said.

The 1% Club had 20 members this past year who donated at least one per cent of their wage each pay—raising a total of \$A41,597. Most are Avondale staff members. At the end of the financial year, Mr Hinze presents to them several projects needing support. Each member then decides where their money will go.

All money donated goes to the projects, which this year include: AoZora Adventist Academy, India; Wat Preah Yesu orphanage and school in Cambodia; Jombok Hoas, an adventure learning centre operated by the Adventist Development and Relief Agency in Cambodia; Avondale student mission club One Mission; and 3 Angels Nepal.

The School of Education has an existing relationship with each project. This helps build connection. "It's like giving money to a member of your family," Mr Hinze said. —Brenton Stacey



The 1% Club proves a little can go a long way.



Too fat for church

James Standish

Note: If you are struggling with an eating disorder or your body image, please don't read this article.

People in the South Pacific live well. Apparently too well. According to the UN's World Health Organization (WHO),¹ who I suppose should know about such things, we are one of the fattest regions on earth. Really? Yes!

How fat? Nauru has the distinction of having the highest percentage of its adult population overweight of any nation on earth; a whopping 93 per cent, and they are in good company. Cook Islands (91 per cent of adults overweight), Tonga (88 per cent), Samoa (86 per cent) and Kiribati (81 per cent) are all in the winners' circle when it comes to heft. And, according to the UN, roughly two-thirds of Aussies, Kiwis, Fijians, Vanuatans and Solomon Islanders are overweight. Only PNG comes out looking good—with less than half its population in the portly department.

Don't believe the UN? Well, having done a little travel in the Pacific of late, I am sorry to confirm the WHO report. Everywhere I've been, there are inches to pinch, love handles to hold, muffin tops aplenty, big tummies and, here's a news flash, it isn't that the seats are getting narrower, it's that our bottoms are getting wider!

WHO estimates there are now well over a billion people on earth who are overweight.

Unfortunately, I am one of them.

Let's face it, none of us would choose to be overweight if we could wave a wand and have the body of our choice. And for good reason. Forget about the aesthetics, the impact of obesity on our health is catastrophic. In 2010 it was announced that obesity had overtaken tobacco as the leading cause of premature death and illness in Australia.² It contributes to everything from heart disease to stroke, from cancer to dementia. The cost of managing lifestyle diseases is breaking health budgets around the world, and the human cost is simply staggering.

So, what to do about all of this? Give up and go back for a little more pavlova? Hardly. I've decided to make getting into good shape my top priority. Why make it my top priority? Because I don't want to spend the second half of

my life sick—or expire unnecessarily prematurely. My aim is simply to lose half a kilo a week, every week, for a year. How? The old-fashioned way: eliminating most processed food from my diet; eating lighter for tea; and exercising more before work, at lunch and after work. I've even installed a stand-up desk, as apparently slouching in my chair thinking deep thoughts isn't the way to a fitter me. They aren't huge changes—they are incremental changes I can live with and not feel deprived. How is it working out? So far I'm on track. Is it sustainable? Check back with me in December!

Individual efforts are all well and good, but how do we as a Church address this enormous challenge? The good news is that the revamped Complete Health Improvement Program (CHIP) has been launched (p 9), and every church has an opportunity to join the front-lines in getting our health back. Our part of the world is drowning in its own blubbery excess. But through CHIP, we now have the means to fight back.

We have to be honest with ourselves. Adventists can no longer pretend to be living our health message, even as we waddle from our cars into church on Sabbath. We can't think ourselves better than the smokers or the drinkers, when we are killing ourselves just as effectively through processed foods and inactivity. We can't look down our noses at carnivores when we ourselves have turned into tubs of lard. We have a responsibility—a moral responsibility—to take care of the temple God has given us.

Maybe it's time for obesity to be added to abstinence from alcohol and tobacco as tests of church membership and leadership. But, please, wait a year—I need the time!

1. Global Status Report on Noncommunicable Diseases, World Health Organization, 2010: http://whqlibdoc.who.int/publications/2011/9789240686458_eng.pdf

2. <http://www.smh.com.au/lifestyle/diet-and-fitness/obesity-is-now-more-deadly-than-smoking-20100408-rv5l.html>

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SEVENTH-DAY ADVENTIST

Our vision is to be a church that...
knows experiences and shares
our hope in Jesus Christ



Fallen idols

Kent Kingston

I've got a photo of him on my computer desktop—the elite athlete at full stretch as he bounds down the track on carbon fibre springs. They called him the Blade Runner, “the fastest man on no legs”; Oscar Pistorius, the first amputee to compete in an Olympic track event. And although he didn't take away a medal for South Africa at the London 2012 Games, he was a serious contender and carried his nation's flag at the closing ceremony.

Oscar's story is one of courage against the odds. Both legs amputated below the knee when he was 11; his mother dead when he was 15. Nevertheless he has achieved athletic feats that few able-bodied people can dream of. Raised in a Christian family and with 1 Corinthians 9:26 tattooed on his back, he was public about his faith and its key part in his success.

And then it came like a punch in the guts. Oscar Pistorius charged with shooting his girlfriend, Reeva Steenkamp. Four times through a bathroom door. It occurred on a night after neighbours reportedly heard the sound of arguing. In the scramble to explain how it could have happened, the tabloids revealed a high-octane playboy lifestyle involving multiple women. Accusations were made of a jealous, violent temper and performance-enhancing drugs. Indeed the media have been dining out on every scrap of gossip and speculation they can find on Pistorius, reliable or otherwise.

Oscar Pistorius's image is still on my desktop. It needs to stay there at least until the conflicting emotions it triggers can be sorted into a semblance of order. There are lessons to be learned here, starting with how easy it is to join the feeding frenzy when a talented person's flaws are revealed. Somehow it seems we're less forgiving when we're let down by someone we've admired.

I've searched for heroes for many years, looking for examples of godly lives in history and contemporary society. And although I've assembled an impressive collection of biographies, I'm never quite satisfied. The brilliant thought-leaders rarely put their formulas into action. The humanitarians betray their noble ideals in favour of pragmatic solutions. Parents lie, teachers exploit, entrepreneurs cut corners, evangelists sneer. A closer examination of any of these clay idols ends in disappointment.

With one exception. Jesus always challenges me to aim higher; to be more radical and yet more balanced. To speak out more strongly and yet with more compassion. To give without expecting recompense. To turn the other cheek. To love my enemies. Again and again my Dagens fall on their faces, cracked before His presence; humbled by His grace.

And I'm left with a pantheon of One.

Kent Kingston is assistant editor of RECORD.

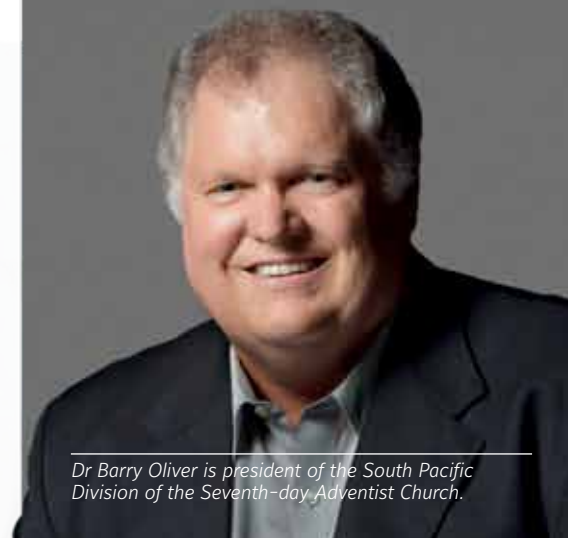
Thoughts on a plane

As I write I am travelling by plane between Brisbane and Sydney. I have been attending the governing council of our Pacific Adventist University. An important item on the agenda was master planning for the future growth of the university. It's indeed a challenging task. None of us can read the future.

But because our God knows the future we can pray and dream and plan with confidence in Him to see us through. That's how it must be with everything we do as a church family.

While we wait for the coming of Christ, He has called us to be wise and careful stewards of everything He has entrusted to our care. This includes the way in which we manage the affairs of our local churches, our schools, our campgrounds, our health facilities, our office facilities and our residential facilities. Do not be content with second best. Excellence in everything brings glory to God and is consistent with the highest principles of His kingdom. I encourage every individual, every entity, to cast an analytical eye over that for which you are responsible . . . and we all are responsible for something in our Church.

If we are Seventh-day Adventists, we are responsible. Don't be content with ad hoc or status quo. Let's raise the bar together. Our worship of God and His commission to us deserve nothing less.



Dr Barry Oliver is president of the South Pacific Division of the Seventh-day Adventist Church.

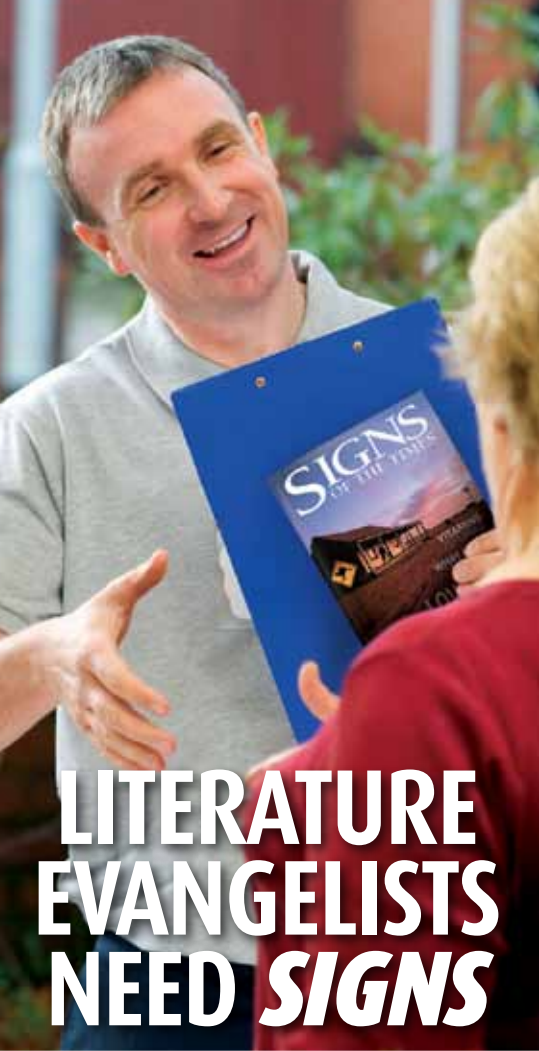


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April 6 – 20, 2013

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ONE CHAPTER A DAY

6 - 1 Chr. 17	10 - 1 Chr. 21	14 - 1 Chr. 25	18 - 1 Chr. 29
7 - 1 Chr. 18	11 - 1 Chr. 22	15 - 1 Chr. 26	19 - 2 Chr. 1
8 - 1 Chr. 19	12 - 1 Chr. 23	16 - 1 Chr. 27	20 - 2 Chr. 2
9 - 1 Chr. 20	13 - 1 Chr. 24	17 - 1 Chr. 28	



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***Signs of the Times*
PASS IT ON!**

Book tackles hard issues

Sydney, New South Wales

A book that tackles the hard issues experienced by young people today was launched recently in Sydney.

Written by Sydney-based author Amanda Bews, *Heaven Sent* was inspired by a newspaper article about the number of young women who are sexually assaulted while under the influence of alcohol.

"I guess what shocked me the most was the number of people who, when I told them what I was writing about, could identify with Heaven's story," she said. "There are so many people who are our friends, colleagues and part of our church family who have suffered through soul-damaging experiences and say nothing. We can live alongside them unaware of their hurts. Stories give people an opening to share."

Youth counsellor and family therapist Paul Bocgas said the book raised many of the issues teens and young people struggle with.

"The place of sex, painful family circumstances, the use of alcohol, the value of faith and the struggle for acceptance are themes that are woven into the story," he said.

Mr Bocgas commended Signs Publishing for its willingness to tackle the hard issues young people face today, saying he was proud to be part of a Church that's taking seriously issues that have often been ignored.

The book launch took place in front of 60 friends, family and participants at the combined New South Wales conferences' Children's Ministries training event, Home Grown.

Ms Bews spoke of her dream of seeing the book and free discussion guides used to generate discussions in group settings as part of developing a biblical worldview. She hopes the book will give young people the perspectives, tools and wisdom needed to work through life issues in a healthy way.

South Pacific Division director of Children's Ministries, Julie Weslake, echoed the value of books such as *Heaven Sent* and shared her own experience of being drawn into its engaging story at the same time as being prompted to think further about the serious issues being presented.

The launch culminated in a prayer led by Pastor Garth Bainbridge and family members for the people who will hold *Heaven Sent* in their hands. They prayed that the book will be used to impact lives and grow people in connection with God.

Intended for use in youth groups, classrooms or Sabbath school classes, the leaders' and participants' discussion guides—developed by Ms Bews' husband, Pastor Brendan Pratt—are available for free download from the website <www.amandabewsbooks.com>. Using the story of *Heaven Sent* as a starting point, the discussion guides explore 13 topics including pictures of God, alcohol, date rape, abortion and forgiveness.—*Nathan Brown*



Author Amanda Bews in front of a table of books at the Sydney launch.



Adventist youth impact their city

Port Vila, Vanuatu

More than 500 Seventh-day Adventist young people in Port Vila joined 8 million youth across the world, doing "acts of kindness" in their communities.

Part of the Global Youth Day initiative, the young people gathered at Epauto church before splitting into 10 groups to cover the city. Dressed in white, blue and yellow shirts, printed with the motto "be the sermon", they gave out bus fares, water bottles with a Bible verse, fruit, soft drinks, clothing, kitchen items, Bibles and devotional reading books. They also sang and prayed for people.

Vanuatu Mission youth director, Pastor Charlie Jimmy, said, "Every Sabbath we hear sermon after sermon but this Sabbath is different. The youth won't preach a sermon. They are to 'be the sermon'."

Pastor Jimmy, Efate District pastor John Leeman, and Efate Youth and Pathfinder leaders encouraged the young people to "be the sermon" as a lifestyle.

An old man who received a Bible from Epauto ambassadors said he had been praying for a Bible and on that Saturday morning walked to town not knowing his need would be answered.

That afternoon 27 young people donated blood to the Vila Central Hospital blood bank. According to blood specialist, Dexter Takau, "Our blood bank is at zero. Each day 10 people are short of blood, especially those with cervical cancer, anemia and patients undergoing big operations."

Mr Takau thanked all the young people who donated their blood, saying it would save lives. —Jean-Pierre Niptik



Young person gives out a bus fare.

Churches partner for evangelism

Springwood, Queensland

Five churches in the South Queensland Conference have joined together to hold a Secrets of Prophecy evangelistic series.

The Eight Mile Plains, Mt Gravatt, Springwood and Salisbury churches and the Asian Company, partnered with It Is Written Oceania (IIWO) to run the series, presented by Pastor Gary Kent, IIWO speaker/director. On the first night of the series, approximately 580 people attended, with more than half thought to be new to church.

Geraldine Przybylko, IIWO general manager, met an *It Is Written* viewer she had invited to the event, who "enjoyed it so much, he wants to attend church". She tells of another father and son who travelled from the Gold Coast. "He said he would attend the event even if the program was at midnight, or he had to travel to Sydney to hear the word of God preached."

IIWO will run another series in Lae, Papua New Guinea, later this year. —Jarrod Stackelroth



Pastor Gary Kent.

Marmite's return brings hope to quake affected

Christchurch, New Zealand

Marmite is back on the shelves in New Zealand but some families received their jars earlier than most.

The Rebuild Christchurch Foundation, which works with those affected by the earthquakes, identified some lucky recipients to receive the first jars, signed and hand delivered by former All Blacks captain Buck Shelford.

Mr Shelford, accompanied by Sanitarium NZ general manager Pierre van Heerden, arrived at homes around Christchurch with the new jars.

"It's fitting that the first jars of Marmite go to Christchurch families directly impacted by the earthquakes," Mr van Heerden said. "These jars are a symbol of Christchurch's rebuilding and resilience."

Mr Shelford also visited Sanitarium's newly strengthened factory, helping to pack and stack pallets for distribution across the nation.

"I am really pleased to be involved in bringing Marmite back to the nation," Mr Shelford said. "The families impacted by the quakes really deserve to get the first jars off the production line."

Deon Swiggs, from the Rebuild Christchurch Foundation, said this positive initiative from Sanitarium had given a lift to some families still struggling due to earthquake-related issues. —Sanitarium NZ/Jarrod Stackelroth



Buck Shelford (left), Pierre van Heerden (right).



Healthy career

Southern Adventist University, in Tennessee, USA, is accepting enrolments into its new Vegetarian Culinary Arts program, with classes due to start later this year. It will be one of the few institutions in the country offering entry into the food industry, based solely on vegetarian cuisine. –*The Chattanooga*



Pipe dream

Papua New Guinea's natural gas project is predicted to provide the nation with one billion dollars per year, starting in 2014. But the Jubilee Debt and Development Research Centre, which is backed by Australia's Council of Churches, is warning the project may produce economic problems, especially for the nation's poorest. –*Jubilee*



Minorities threatened

Around 200 Christian houses and two churches in Lahore, Pakistan, were ransacked and burned by an angry mob. The violence was triggered when a Muslim accused his Christian friend of blaspheming Mohammed. Books and sound equipment were burnt at the Seventh-day Adventist Church. A number of church members' houses were destroyed. –*ANN*



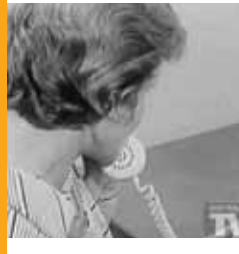
Ground breaking

Christchurch's "cardboard cathedral" is nearing completion, with a concrete slab, shipping container walls and giant cardboard tubes in place. Plastic sheeting will cover the roof, which is expected to stand for at least 20 years while a permanent building is constructed to replace the earthquake-damaged cathedral. –*Episcopal News Service*



Safe shelter

Members of Canberra's homeless population will have a warm, dry place to sleep this winter as temperatures plummet to freezing. The St Columba's Uniting Church will open its hall on a trial basis to rough sleepers who have run out of options. Other churches are being asked to join the project. –*Canberra Times*



Listening ear

The Lifeline phone counselling service is celebrating its 50th anniversary this year. In 1963, a Methodist minister, Alan Walker, started the volunteer-based service in Sydney. Australian counsellors took 541,450 calls last year. Lifeline services are now available in 19 countries, including New Zealand and some Pacific nations. –*Wesley Mission*

Risk Management Service (known as RMS) is a dedicated service department of the Seventh-day Adventist Church. RMS administers the insurance program for the Church in the South Pacific and helps Church organisations with safety and risk management.

Visit our website to learn more about us rms.org.au.



Senior Risk Officer

Wahroonga, NSW

RMS is looking to appoint a Senior Risk Officer to lead our risk control and asset protection services.

The key responsibilities of this position include:

- Developing and implementing risk management and asset protection resources and support
- Coordinating and conducting site inspections
- Encouraging and assisting church organisations with risk management and asset protection

We are looking for a person who:

- Is passionate about protecting and enhancing the mission of the church
- Can think strategically while maintaining the detail
- Is a team player, excellent communicator and able to build effective relationships
- Enjoys and embraces diversity in their work and has energy and enthusiasm
- Has qualifications and/or 5+ years experience in risk management, asset protection or other professions. (We'll consider candidates from other professions who've got a willingness to learn - we'll train you.)

For more information about this position visit:

www.adventistemployment.org.au

Applications close: 15 April 2013

POSITION AVAILABLE

New CHIP greeted with enthusiasm



by Nathan Brown

More than 110 churches across Australia and New Zealand committed to conducting Complete Health Improvement Programs (CHIP) in their local communities this year at the conclusion of two CHIP summits in February.

The Australian and New Zealand summits saw the launch of new CHIP resources, a video series and books which received an enthusiastic response from an unprecedented number of participants.

"Word has got out that the new CHIP really is an exciting package and people wanted to see it," said Pastor Paul Rankin, CHIP in Churches program director for the South Pacific Division (SPD).

While organisers initially planned for about 100 participants at the Australian summit, 340 attended and 280 completed the facilitator training. In New Zealand, there were 190 participants, with 160 completing the training.

In 2011, the SPD purchased CHIP with a plan for it to be renewed and relaunched under the leadership and management of Sanitarium Health & Wellbeing in Australia.

"The initial response has greatly exceeded our expectations," said Cathy McDonald, general manager, Sanitarium Health and Wellbeing Services.

"The research results for the CHIP program have always been impressive, but the program itself was becoming tired and outdated. So people are excited that the new program—still based on the same core principles—now has a contemporary look and feel, and draws from the latest scientific research.

"I also believe people are keen for a contemporary, relevant health ministry program to offer through their local church that can make a meaningful difference in people's lives. People want to be 'medical missionaries' in their own communities—and the new CHIP program offers them a

great option to be able to do that."

Along with good reports from initial programs in the United States, where the new CHIP was launched late last year, the response in Australia and New Zealand has been overwhelmingly positive, according to Pastor Rankin.

"At both summits there was a real sense of excitement at the quality of the new CHIP," he said, "and a real sense that it will become a valuable tool for interacting with the local community and changing people's lives."

With fewer sessions in the first phase of the program, the new resources have been simplified for the volunteer facilitators and have a more wholistic health focus. "The video series has more time devoted to not just the physical element of health, such as optimal eating and moving more as part of the optimal lifestyle, but also to the psychological, emotional, social, spiritual and vocational elements of health," Ms McDonald said.

The CHIP team anticipates that support will continue to grow as churches run programs in their communities. "The stories of CHIP facilitators and participants will drive further enthusiasm and growth in CHIP," Ms McDonald said. "There is nothing more inspiring than hearing what CHIP has done to change people's lives."

Training programs are planned for all conferences in Australia and New Zealand throughout the remainder of 2013. "Contact your local conference health director for information on when your next facilitators' training program will be conducted in your conference," Pastor Rankin said.

More information is available from <www.CHIPhealth.org.au> or <www.CHIPhealth.org.nz> or contact Paul Rankin at <PaulRankin@adventist.org.au>.

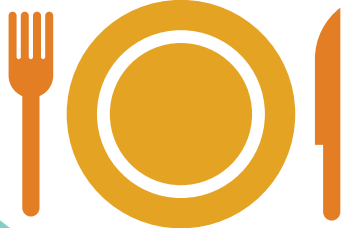
Nathan Brown is book editor of Adventist Media Network.

OPINION POLL

What is the most important dietary change to improve health:

- Go vegetarian
- Go vegan
- Eliminate refined sugar
- Eliminate refined sugar

To vote, go to <www.record.net.au>.



OPINION

Daniela Fezer

Faith, hope and love

Inspiring. Challenging. Life Changing—words that speak most eloquently of our experience as a youth group. Determined to make a difference, 20 young people from Seddon church (Victoria), led by Pastor Boris Soldat, decided to give up their summer holidays to do something worthwhile. Armed with work boots, vaccination shots, validated passports and a positive attitude, we embarked on an 8000 kilometre journey of love. In Chiang Mai, Thailand, we met up with 180 young people from across Australia and New Zealand with the goal of building 32 houses in just over two weeks.



Destitution. Poverty. Hopelessness—That is the shocking reality check we were confronted with on the International Children's Care Big Build. More than your average fly'n'build, this amazing force of young people built houses, dug wells, constructed dormitories, ploughed water pipelines, provided medical care and played with local children. There are some things money can't buy, and one of them was the inner peace and satisfaction of knowing your small contribution has made a difference. Then there are the smiles of a destitute child sleeping in a house with a real roof for the first time, knowing that somebody out there knows, cares and loves.

Stunned. Moved. Speechless—Coming back from this life-changing experience, we decided to share our testimonies with our congregation. Through a panel discussion we spoke, challenged, laughed and cried, giving a voice to the voiceless. Moved by the call of the apostle John—"but if anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him?"—our congregation was stirred to move from words into action, raising close to \$A10,000 in donations, sponsorships and pledges. And so we lift our voices in a chorus of need, challenging each person reading to step out in faith, make a pledge, take on a sponsorship, find a cause and support it wholeheartedly. Help us end world poverty. God is still searching for the modern day good samaritans. When you see the need, don't pass by. **Stop. Look. Act.**

Faith. Hope. Love. What life's all about. But the greatest of these is love.

Daniella Fezer is a business owner and mother of two from Seddon church, Vic.



Aussie Adventist abroad

by James Standish

Two years ago, Dr Philip Brown was called from his position as vice president (Learning and Teaching) at Avondale College of Higher Education to serve as principal of Newbold College of Higher Education in England. James Standish, a Newbold graduate himself, recently caught up with Dr Brown to find out how things are progressing.

RECORD: How have the English embraced an Aussie leading their college?

BROWN: As you know, Newbold is the most international of places. Currently we have students and staff on campus from 63 countries. A non-English principal isn't novel for Newbold; Steve Thompson, who is now at Avondale, was Newbold principal, as was Jan Paulsen, to name just two of them. I'm just following in that tradition—though I'm the first Australian to serve in this role.

RECORD: Student numbers are up significantly at Newbold since you took over leadership. Why?

BROWN: Newbold is set on arguably the most beautiful campus our Church has—with an historic manor house, romantic gardens and a picturesque village all around us. Windsor Castle is only a short drive away, London is less than an hour by train and, of course, many of our students spend their holidays travelling in Europe. It's hard not to soak in the history, culture and energy of Europe when you study here.

We've also done a couple of things to make Newbold more student-friendly in recent years. We've upgraded a lot of our facilities to ensure our students enjoy comfort and convenience, as well as the beauty, charm and culture. Improved facilities are attracting students from around the world who are serious about their faith and their studies. In addition, by joining Adventist Colleges Abroad, we've

made it easier for students from around the world to attend Newbold. But I think most importantly, we commit this endeavour to God every day and I am sincerely grateful for His blessing.

RECORD: What is the best way for students from our part of the world to enjoy the Newbold experience?

This mid-year (June 17–July 26) we have an intensive program featuring some of the most engaging and accomplished academics in the Adventist world. They will offer intensive classes ranging from *CS Lewis: Literature and the Religious Life* to *The Reformation: An Historical Perspective*; from *Cross-Cultural Management* to *Media, Religion and Culture*. There are even postgraduate theology courses. Can you think of a better place to come in contact with literature, theology, international business or history, than a college situated in the heart of it all?

Also, if you're a student at a college that's part of the Adventist Colleges Abroad consortium (Avondale is one), you can, depending on your field of study, attend Newbold for up to a year and still graduate from your home college.

RECORD: Is there any chance you'll eventually come back to the South Pacific?

BROWN: Absolutely! Deep down, I think every Australian loves to call Australia home wherever they may be serving at a particular point in time. Along with my family, I made a commitment to the Trans European Division to serve in this role for up to five years. Of course, we may stay abroad longer, but we put all of this in God's hands. For the time being, we just love the opportunity to serve in this very rich and exciting environment.

James Standish is editor of RECORD.



R MY STORY

Yann Atger

I grew up in Tahiti where my dad is a pastor. I was sent to the Adventist boarding school in Collonges, France, for my last two years of high school. It was difficult adjusting to the French culture. We enjoy a very communal culture in Tahiti, whereas France is much more individualistic. It took me a little time to adjust, but in time I did.



After high school I went to the large state university in Grenoble, France. There I studied science and education. Initially I planned to be a scientist, but I found I was drawn to education. I thought education was a way I could help my community at home in Tahiti. I studied in Grenoble for five years, earning my masters degree. Studying in France is expensive for us as we have to pay our way. I took out student loans to get me through.

When I returned to Tahiti I had to choose between teaching for the state school system, which paid a little more, or for the Adventist school. I chose the latter. Why? Because I feel called to. This is my mission.

Last year the principal of our school stepped down. He remains on our staff, but he no longer wanted to be principal. I was asked to become acting principal. It's a lot of responsibility but I'm happy to do it, as it's a way I can contribute.

The truth is that in Tahiti, as in many places, Adventist education is a choice that not every church member makes. In fact, only about 20 per cent of our students are church members. This provides us with a wonderful mission field. But I'm conscious that we have a job to do to inspire faith in our church school system. We have to excel spiritually and we have to excel academically. Only by doing both extremely well can we reach the standard set by God and expected by parents. I believe that, with God's guidance and power, we are on the right track to do both.

This month I'm getting married. My fiancée didn't grow up as an Adventist, but she plans to be baptised before our wedding. She attended university in Tahiti and works for the government. It's my goal to create the kind of Christian family I grew up in.

Yann Atger is acting principal and science teacher at Tiarama Adventist College.

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R HEALTH FEATURE

with Cathy McDonald

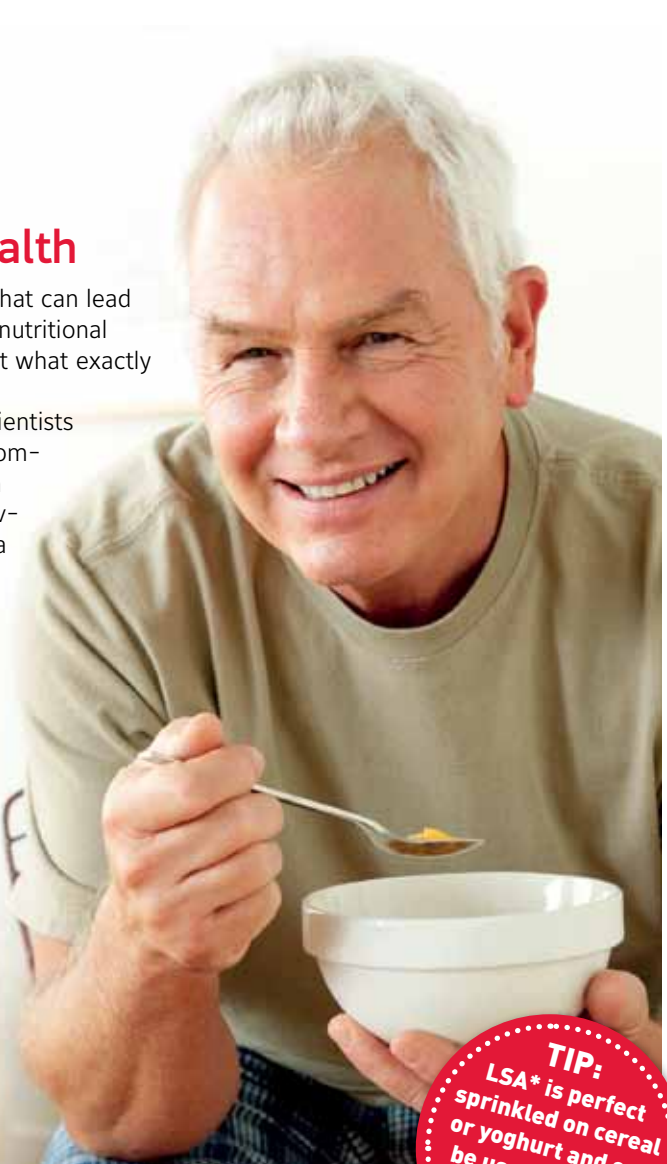
Wholegrains and whole person health

Science is always looking for new ways to dig deeper into what can lead us to good or bad health. Nowhere is this more prevalent than nutritional science, where foods are poked and prodded to try and find out what exactly all the thousands of compounds do once they enter the body.

A recent study on wholegrains is a great example of this. Scientists from Australia, the US and UK compiled a report that shows “compelling evidence to suggest that increasing wholegrain intake in modern societies is a pressing health concern”. Through observing other major studies, the report found that wholegrains are a central component of a healthy diet.

But the researchers didn't stop there; by examining wheat grains with intense x-rays, scientists attempted to find the most nutritionally significant part of the grain. They identified a part of the grain called the aleurone—rich in magnesium, iron, zinc and ferullic acid—which they believe has the greatest positive impact on long-term health. The report found that increasing wholegrain consumption to ideally 50g a day could have a considerable impact on public health, particularly when it comes to chronic diseases; however they estimate 80 per cent of the population do not reach this goal.

So how can we get sufficient wholegrains in our diets? The simplest way is to start the day with a wholegrain cereal (like Weet-Bix) and look for easy ways to include wholegrains at main meals. Reach for a wholemeal or multigrain bread roll instead of a white one, choose brown rice over white and check out the wholegrain pasta selections available next time you're at your local supermarket.



TIP:
LSA* is perfect sprinkled on cereal or yoghurt and can be used in muffin and cake recipes.



Cinnamon homemade muesli

Preparation time: 15 minutes Cooking time: Nil Serves: 8

- 2 ½ cups rolled oats
- 1 cup processed bran
- ½ cup chopped dates
- ½ cup chopped pecan nuts
- ½ cup chopped dried apple
- ½ cup currants
- ½ cup LSA*
- ¼ teaspoon cinnamon

1. Place all ingredients into a mixing bowl. Stir to combine.
2. Transfer muesli to an airtight container for storage. Lightly shake container before serving the muesli.
3. Serve with chilled soy or dairy milk.

*LSA is a combination of ground linseeds, sunflower seeds and almonds, and is available in the health food section of the supermarket. Store leftover LSA in a sealed container in the freezer.

NUTRITION INFORMATION PER SERVE:

1500 kilojoules (360 calories). Protein 8g. Total Fat 15g. Saturated Fat 1g. Carbohydrate 42g. Total Sugars 20g. Sodium 40mg. Potassium 490mg. Calcium 70mg. Iron 3mg. Fibre 10g.

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SERVICES



Am I right?

by Fiona Jackson

I'D HAD A LONG, HARD DAY AT WORK BUT FORCED myself to go grocery shopping on my way home. It was hot, the lines were long and the wheels on my trolley seemed to catch on every stone in the parking lot.

As I got to my car at last, I went to open the boot like I'd done a thousand times, but this time the key didn't fit. I jammed it one way, jostled it another, all the time getting increasingly exasperated. I can still see the shocked look of the mother and her two young children as they observed my rising frustration. They stood at a safe distance in front of my actual car that sat two spaces down, waiting for the weird woman to leave their car alone.

Humbling? You bet! You see I was so sure I was at the right car with the right key, but ended up being so obviously wrong. And I've had the same scenario repeated in precisely the opposite way—where I've toyed with an idea but then decided it was probably wrong, only later to find out it was precisely right! If I have been wrong when I thought I was right and right when I thought I was wrong, are the chances good that what I think now is wrong and

what I thought in the past was right? Or am I wrong? Life's confusing!

In an attempt to find answers I asked people the question, "How do we really know what's right?" There are so many different ideas and opinions that ricochet around the church, the classrooms, the community and the professional world. I asked my husband the question and he said with a grin that he is always right and I don't have to worry. Now that's something I'm very sure is wrong!

But it does raise the question: who actually decides what is right or wrong? Yes, as Christians we'd all agree God decides—but how do we know how to apply God's principles to a given circumstance or challenge? Do we go to a committee? A board? A well-meaning individual who is happy to tell you and anybody else what you're doing is wrong? Or is it a fact that the question to be asked and explored is more important than the answer itself? Of course we have the moral commandments, the golden rule, to guide us, but in specific situations that involve culture, time and context, sometimes the application of these timeless

principles can and does get tricky. If you don't believe me, think about the most important questions facing you in your family, your workplace or your church. Even among people who all agree on the same principles, the application often gets very complicated and controversial.

Is it perhaps that the answer lies waiting in a gift-wrapped paradox? Is it in the complexity of determining what's right or wrong that we are actually forced to pause, reflect, consider, search and discover the colossal helplessness of not knowing and, as a result, come to realise our deep need for God?

The lie from Eden that we would become "all knowing and like God" is exposed in our growing confusion and helplessness. It's then in the base realisation of our mortality and human limitations that we step out in faith without knowing if our direction is right but knowing the intent of our heart is pure and that our God is just, fair, loving, kind, patient and, thankfully, in control. Is it an essential exercise in faith to consider moving forward with things that are new, challenging and unknown, allowing God in His time to make clear to us His desired outcome and purpose? Is it through this process and act of faith that God creates a more meaningful and personal relationship with us?

In my search for a way to correctly apply the principles I believe, I reviewed Bible stories I grew up with. I marvelled and at the same time breathed a sigh of relief when I discovered that key characters like Moses, Esther and even the disciples, who knew Jesus personally, also got confused over what's right and what's not. In fact, in just about every Bible story we grew up with, we find the human perception of rightness and wrongness being overshadowed by God's bigger view.

Moses, for example, thought he was the wrong person to go and speak to Pharaoh. He had a point. Who would choose an exiled murderer who had spent four decades roaming around the wilderness with sheep to lead anything? But God decided otherwise. In his fear and trembling Moses put his faith in God, even though it wasn't easy. Moses learned that if it's a part of God's plan it will turn out right. As a result of God's grace, Moses grew closer to God, a closeness he needed as he faced more indecision and turmoil over the next 40 years.

Similarly, Esther didn't know what the right thing to do was. Yet after prayer and searching, and no doubt sleepless nights, she went into the King uninvited saying, "if I perish, I perish". God was with her all the way; the doors opened, the sceptre was raised and the people saved. Looking back, her decision was obviously right. But if she had died, would we be so sure?

On the other hand, the disciples were sure they were

right when they wanted to crown Christ as an earthly King and destroy the Romans in a long-awaited victorious uprising. Keenly waiting for Christ to take action, they were so convinced they had it right that they could not understand what Christ Himself was clearly telling them about His approaching crucifixion, resurrection and the heavenly kingdom.

We should all go back to some of the well-known Bible stories and re-read the struggles that individuals in the past had in working out what was right and what was wrong. We should reflect on how God used their uncertainty to either demonstrate His purpose and will in a

miraculous way or strengthen their weakness in moments of personal anguish, bitterness and regret. For some He broke down their pride piece by piece so they could see Him more clearly; for others it was the searching, questioning and discussion itself that led them to the feet of God.

It would appear then that it is in the searching for right and wrong that one finds a deeper connection with God regardless of the answer to the original question. It is through the controversy, the discus-

sions, the reflection, the opposing views, the individual searching, that one may find themselves drawn closer to God by God.

So, what's right? In this world, culture, context, time and humanity will always be at play in influencing our perception of what's right and wrong. What then is the right thing to do in dealing with tough issues and indecision? A wise man a long time ago who was trying to work out what was right and wrong himself found this answer: "Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him and He will make your paths straight" (Proverbs 3:5,6). Put another way, dry learning will only get us so far. We must have a personal, trusting relationship with God, as only by living in His presence will we know how to apply His principles to all the complexities and ambiguities we'll face in life. And even then, like Paul, we have to admit that we see through a glass darkly (I Corinthians 13:12). So, while we can be fully confident of God, we must take care to avoid overconfidence in ourselves.

When I finally got to my car that day in the shopping centre parking lot, the key slipped in perfectly, and within no time I was driving home—a little humiliated, but very grateful. Getting even little things right can make a very big difference. R

Fiona Jackson is an English teacher at Central Coast Adventist School, who is currently taking a "gap year" to write, travel and do all the other important things in life.

Is it in the complexity of determining what's right or wrong that we are actually forced to pause . . . and, as a result, come to realise our deep need for God?



By the Word not the world

by Jan Knopper

This piece is part of a series providing varying perspectives on the parameters of ordination.

WE ARE WELL AWARE OF THE FACT THAT THE role of women in society has changed and that many churches have changed along with society. But is that a good reason for the Seventh-day Adventist Church to do likewise? Paul wrote "be not conformed to this world" (Romans 12:2). If the world is not our reference point, what is? The Word. And the Word has much to say on the topic of church leadership.

The apostle Paul in 1 Timothy 3:1-5 and Titus 1:5-9 gives us clear instruction regarding who should be head or elder of the church. Paul states the role should be filled by a husband. They must give evidence of having been able to govern their own family properly. Unmarried men who didn't have that kind of experience were excluded and so were females.

Do not use Galatians 3:28 ("all are one in Christ") to support women's ordination. The point here is salvation in Christ or belonging to the seed of Abraham. Yes, at the foot of the cross we are all equal sinners and in need of salvation, but when we become members of the body of Christ, of which He is Head, we must look to 1 Corinthians 12:12-23. Here the body of Christ or the church is likened to a human body, which has different organs. While operating in one body as a unit they don't have the same functions. So it is with the body of Christ of which He is the Head. His body operates through different functions, each part operating in its own place and its own responsibility.

The Seventh-day Adventist Church believes in the Testimony of Jesus (Revelation 12:7), which is the Spirit of Prophecy (Revelation 19:10). We also believe that this was and is manifested in the ministry of Ellen White and her writings, which are still among us. In her book *The Great*

Controversy, we read that we should accept the Bible and the Bible only and for all we should ask a "Thus saith the Lord" (p 595).

But do we have something in her writings that can help us to understand biblically the relationship between male and female? In Testimonies she writes: "The scriptures are plain upon the relations and rights of men and women" (vol 1, p 421). If it's plain it should not be difficult to find. But she has more.

She leads us to the beginning of things to find out these relations between man and woman. For nearly all of our teachings, Seventh-day Adventists turn to the beginning: the Sabbath, the state of the dead, salvation, the sanctuary, what to eat. For the relationship between male and female we must also go the beginning. In *Manuscript Releases*, Ellen White states: "The Lord calls upon all to study the divine philosophy of sacred history written by Moses under the inspiration of the Holy Spirit. The first family placed upon the earth is a sample of all families which will exist till the close of time" (vol 3, p 184).

Here we have the beginning and the word of the Lord or a "Thus saith the Lord". What was the relationship in that first family? Adam was the head and Eve was created to be a help meet for Adam (Genesis 2:20-22). Eve did not become Adam's associate in headship of that first family but his helper and so it should last till the close of times.

The church, which is the body of Christ, is modelled after the human family. Christ is the head of the church like the husband is the head of the home (Ephesians 5:23-25). Irrespective of what's happening in the outside world, this is the model our Church should follow. Why? Because we live by the Word, not by the world. ↪

Pastor Jan T Knopper is a veteran of Adventist publishing work, now retired in Cooranbong, where he remains active in church life.

LETTERS

PERSONAL STUDY

David Pennington, NSW

The letter "Seeking Justice" (March 16) seeks to explain the disappointment of the Millerites in 1844 because Miller rejected the views of "other Bible commentators". But it's precisely because he did accept an interpretation commonly held by these commentators, that the "sanctuary" was the earth, that he misinterpreted the event, but not the year. The letter author furthermore states we "no longer believe" Miller's hermeneutic of "Scripture being its own expositor", as we "pay our theologians good money . . . to explain Scripture". In the process of praising scholarship, he makes this unfairly harsh judgement, "The Millerites might not have experienced disappointment if they had not trusted their own uninformed positions" (presumably rather than those of the scholars and commentators).

The "scholars" of Christ's day led the people into confusion or cynicism. And, whilst admiring genuine biblical scholarship, shouldn't we ask, "Where did hundreds of years of study of the 'scholarship' of the 'Church Fathers' leave the mediaeval church? . . . with the doctrines of immortality of the soul, Sunday sacredness, worship of saints, mariolatry, original sin, purgatory, limbo, image worship, auricular confession, papal infallibility, salvation by works . . . the list goes on. Only those such as the Waldenses, who studied Scripture for themselves, kept the light of truth burning in the Dark Ages.

However, for the greater Christian church, it wasn't until the scholar and Professor of Theology, Martin Luther, rejected the scholarship of the

"school-men" in favour of a personal study of the Bible, that the central biblical truth of righteousness by faith was recovered from the wreckage of the "uninformed opinions" of centuries of these so-called scholars of the church.

As the disappointment of 1844 was prophesied almost 18 centuries before (Revelation 10:9-11), how dare we imply it wouldn't have happened if the Millerites had listened to the "other Bible commentators"? Ellen White many times described the Millerite movement as being ordained of God. No wonder she also said that, led by the Holy Spirit, the common man would have a better understanding of the Bible than the scholar.

FOUND OF THE FOUND

Melissa via website

From one pastor's kid to another: it's great that you've told your story ("Confessions of a pastor's daughter", Features, March 16)! I hope it encourages and inspires others.

I LOVED your expression "found of the found"—it made me laugh out loud. Our church members would never expect the doctor's son to be able to set a broken bone, or the lawyer's daughter to explain the first amendment, but somehow preachers' kids always seem to be expected to be some biblical stalwarts, and worse, own some super holy DNA that makes us immune to all of the ups and downs "regular" kids face.

In my "I hate the Church and church people" moments, it really upsets me. But, like you, I have come to recognise only God can get us through. I wish you success on your

Christian walk. I'm a few years older than you and I encourage you—it gets easier as you become more independent.

Mark T, via website

Such an awesome article. Thanks for your bravery in sharing your story! Credit to RECORD for publishing what could've been a confronting article too! This is what the young people in the Church need to hear to know they're not alone. Blessings.

LEFT UNSAID

Russell Strahan, NSW

I rarely read editorials, but I have just read "Do I even know you?" (Editorial, March 16) and it hit a very soft nerve for me.

I have seen so many people used as surrogates (and I love the way you used this word) by people who were more intent in spitting their venom than caring for people.

You have been able to articulate well the need for us all to first respect and care for each other, then express our opinions. I suspect many things would be left unsaid if we lived our lives in that order.

LOVE THEY DESERVE

Ruth Lamb via website

Thank you for your editorial "Do I even know you?". The way we treat each other in the church, whether we be pastors' kids or not, can often be appalling. Instead of pulling each other down and hurting each other, could we not rather allow the Holy Spirit to so infill us with Jesus' life and love that we can treat the family of God, and all mankind, with the respect and love that they deserve?

God bless your ministry, and may the oil of His Spirit heal the wounds inflicted in your life and the lives of countless others.

Note: Views in letters do not necessarily represent those of the editors or the denomination. Letters should be less than 250 words, and writers must include their name, address and phone number. All letters are edited to meet space and literary requirements, but the author's original meaning will not be changed. Not all letters received are published. See Page 4 for contact details.

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RECORD REWIND

Lester Devine

The neglected, unappreciated missionary

Hannah More (1800–1868) was an unmarried missionary to Liberia in West Africa where she was employed by an English missionary society as the superintendent of an orphanage.

She joined the Seventh-day Adventist Church, probably in late 1863, after a visit to America a year or two earlier where S N Haskell had provided her with some Adventist publications. Back in Liberia she was dismissed from her position at the orphanage in 1866 because of her new found belief in the seventh-day Sabbath. Returning to America she joined the South Lancaster Adventist Church

in Massachusetts and then went on to Battle Creek, Michigan, seeking denominational employment, preferably as a teacher, and also looking for fellowship with those of like faith. No-one offered her work of any kind. The Church failed to recognise the opportunity it had to utilise the skills of an experienced missionary. This was nearly a decade before the first official church missionary, J N Andrews, went to Europe to establish the work there. The Church was tardy in recognising that the gospel commission was worldwide—and not limited to America alone and its immigrants.

Unfortunately, the church members in Battle Creek did not include Hannah in their circles of fellowship either and, forced by circumstances, she eventually accepted employment and accommodation in the home of a former associate (non-Adventist) missionary in Northern Michigan. There she died a few months later with her Adventist faith intact, but also quite perplexed with her poor reception by both her fellow members and the corporate Church in Battle Creek.

Ellen White was away from Battle Creek at the time, caring for husband James who was in poor health, but she was distressed when she heard of the cold and indifferent treatment Hannah had received. She wrote to her and received a friendly reply (1TC666–680). Plans were put in place to find an Adventist home for her until the General Conference could consider her case. The outcome was a fund quickly established to provide financial relief for widows and orphans; all good, but too late for Hannah.

In her reproach to the church members in Battle Creek, Ellen White wrote, "Sister Hannah More is dead, and died a martyr to the selfishness of a people who profess to be seeking for glory, and immortality, and eternal life. Exiled from believers during the past cold winter, this self-sacrificing missionary died because no heart was bountiful enough to receive her." She then went on to write, "I blame no one. I am not judge" (2TC332). The important lesson here is that more than 150 years on, we corporately and individually not repeat this sorry saga.

But the story does not end there—one of Hannah's fellow missionaries in Africa accepted Adventist beliefs as a consequence of her witness. On his return to his native Australia, Alexander Dickson became the first to preach Seventh-day Adventist doctrines there. While he generated considerable interest in the meetings he held, he did not establish regular contact with the Adventist headquarters back in America and working entirely alone he became discouraged and in time gave up the Sabbath.

Lester Devine is director emeritus of the Ellen G White/Adventist Research Centre at Avondale College of Higher Education.





One morning God spoke to his prophet Samuel. He told him to go to Bethlehem and find a man named Jesse—one of his sons would be the next king. Jesse called his 7 big sons to meet Samuel but God did not choose any of them. He chose young David the shepherd to be king.

FIND-A-WORD

JESSE | SEVEN | SONS | SAMUEL | DAVID | KING | SHEPHERD ANOINTED | SHEEP

A K U H V D E L A P H L J F O G D I V A D
 N K Y D N M K L E S S E J O P E
 O S K M O S T I O N D I I G
 I Y O I D O O I N S L O
 N A N D N U J H T D R R
 T G H E U G V S S E N F
 E R C D E A H U Y S
 D N S E O M I E I H
 A E T H U L I E E
 N V A N E O I O P
 O E W D P J F R J L M L W Y W H
 N S S A G L S Y M T W M K I K E
 T T A V Y E K O Z M L M R
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 E O I D I O S O N S D
 H E Y D L R U K U R
 I T I T D H E O I R M R Z
 K S L U T E E W I I Z I T
 O



Worship Message: God's people think everyone is valuable and important.

Memory Verse: "People look at the outside of a person, but God looks at the heart" 1 Samuel 16:7

* HELLO IN KOREAN (KOREA)



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Worth remembering

2012 marked the 198th anniversary of the arrival of the Christian message in New Zealand. To commemorate the event, senior students at Tauranga Adventist School gathered beneath the iconic granite cross at the Bay of Islands in Waikato late last year. The cross marks the very spot that Reverend Samuel Marsden of the Christian Missionary Society came ashore in 1814. Later that year, on Christmas Day, Marsden preached the first Christian sermon on New Zealand soil to more than 400 Maoris. Almost two centuries later, Year 8 student Samantha Gilmore—in a sermon she prepared herself—challenged her peers to continue the work Marsden had begun.—*Ross Bishop*

Give the gift of *Beyond*

Church members across the South Pacific Division are being challenged to give a set of *Beyond* DVDs to somebody special in 2013. "My husband and I bought a set and we have enjoyed watching it on Friday nights and Sabbaths," said Cheryl Krissanen. "One Friday night we watched one episode with a special member of our family who we've been praying for. They don't attend church but they loved *Beyond*. We've ordered a set for them. I've been amazed at how easy it was to share my faith." See back page for more details on *Beyond*.—*Joanne Davies*



App assists elders

The Victorian Conference has released an app that will help church elders run and plan meetings. "The idea of this app is to provide a simple menu to prompt discussion on the important areas of the elders' work," said Pastor Rob Steed, Ministerial secretary for the Victorian Conference and developer of the app. The "Elder Maximiser" app is available for free at vicpastors.adventist.org.au.

United in spirit

Team members at the North New South Wales (NNSW) Conference office in Wallsend held a dedicatory day of prayer on February 27. Prayers focused on the growth of the Conference, each office team member, and pastors, teachers and support workers employed throughout NNSW. Prior to the day of prayer, Conference leaders encouraged members to take part in the initiative.—*Around the Traps*

Lions host prayers

Adventists in Kellerberrin (WA) celebrated World Day of Prayer at a local Lions Club on Friday, March 1. Thirty-eight people, including several people from non-Adventist denominations, attended the event, led out by Merredin Adventist Church pastor Clark Riggins. The theme of this year's World Day of Prayer was "I Was a Stranger and You Welcomed Me".—*Ethel Leipold*



Can I get an AMEN?

"Right Arm, Right Approach, Right Now." That was the theme of the Adventist Medical Evangelism Network (AMEN) Australia's inaugural conference, held at University College in Melbourne (Vic) late last year. Approximately 80 people gathered for the event, including Adventist doctors, allied health representatives, research scientists and ministers from Victoria and New South Wales. Attendees described the event as a "turning point", as AMEN endeavours to unite the efforts of Adventist physicians with pastors and members to restore Christ's ministry of healing to the world.—*Antoinette Mowbray*

Class of their own

Christchurch Adventist School students Juote Sione and Fisi-Belle Carrasco were honoured for outstanding academic achievement by the Ministry of Education at an awards ceremony at Riccarton High School on February 26. Mena Asiasiau was also recognised as an emerging leader. Kose Seinafo, Regional Pasifika Education coordinator, presented the awards, which recognise standout academic achievements of Pacific students. Each student also received a message of congratulations from Hekia Parata, New Zealand's minister of Education and Pacific Island Affairs.—*Dan Carrasco*

APPRECIATION

The families of Bruce Durrant and Lorna Durrant wish to thank people for the kindness and sympathy extended to them by way of prayers, tributes to Bruce, flowers, a card or a letter, attending his farewell, or a few words and a hug—all have been most sincerely appreciated. Bruce sleeps awhile in God's "Little Acre" at Avondale, NSW, awaiting the call of his Saviour.

WEDDINGS



Gilchrist—Pearson. Ross Gilchrist, son of Judith (Warrnambool, Vic) and the late Robert Gilchrist, and Misty Pearson, daughter of Harry and Shelley Pearson (Perth, WA), were married 10.2.13 at Hyde Park, Perth.

Andrew Skeggs



Herbias—Distajo. Bryan Herbias, son of Albert and Lizbeth Herbias (Melbourne, Vic), and Rhona Tess Distajo, daughter of Romeo and Terasita Distajo (Melbourne), were married 2.12.12 in the delightful setting of Mount Eliza Rose Gardens by the seaside.

David Pearce



Kilgour—Rex. Jarel Kilgour, son of Sherrilee and Dr Peter Kilgour (Balmoral, NSW), and Emily Rex, daughter of Raewin Rex (Edgeworth) and John Woods (Newcastle), were married 21.1.13 in a lakeside garden service at Jarel's grandparent's home. They will make their home at Cooranbong where they are currently employed.

Christos Spero, Raymond Baird



Thompson—Walker. Alan Thompson, son of Ben and Michelle Thompson (Harvey, WA), and Cherie Walker, daughter of Lee and Amanda Walker (Perth), were married 5.11.12 at Carmel church.

Andrew Skeggs

OBITUARIES

Berns, Olive Maud (nee Whiteley), born 31.7.1918 in Wynyard, Tas; died 30.11.12 in Devonport. In 1951, she married Percy (Bronty) Berns, who predeceased her in 1986. Olive is survived by her children, Bevan and Michelle Berns and Flo and Tim Jeffries; her grandchildren, Natalie, Stephanie, Tony and Johnathon; and her great-grandchildren, Elsie, Maisie and Billie. Olive

passed away surrounded by the people she loved. Resting till Jesus comes.

Mark Goldsmith

DeFransz, Ava Isabella was stillborn 7.12.12 in Redcliffe Hospital, Qld. She is survived by her grieving parents Travin and Mandela DeFransz (Deception Bay, Qld), as well as many relatives and well-wishers in both the Catholic and Adventist communities. She's sleeping in Jesus until the day He reunites her to her parents forever.

*Mike Brownhill
Rev Michael McCarthy*



Dorfer, Julia Ann Shirley, born 25.5.1938 in Sydney, NSW; died 12.1.13 in Sydney. In 1967, she married Alois at Bankstown. Julia was predeceased by her son, Robert, in 2004. She is survived by her husband; her daughter, Linda Jacobs; son, Lawrence; and six grandchildren. Julia will be missed by a family who valued her life greatly.

Rein Muhlberg

Dunn, Margaret (nee Adderton), born 7.11.1944; died 13.2.13 in Glenning Valley, NSW. She was the loving wife of Geoff; much-loved mum of Steven and Melissa; and mother-in-law of Toni; adored nanna of Zali and Tiarhrn; and loved sister of Ruth Kosmeier. On 19.2.13, Margaret was laid to rest at the Palmdale crematorium at Ourimbah. Her Sanitarium friends from younger years, and those who knew her in later life, will mourn the loss of a gracious lady.

Peter Ryall

Rasmussen, Emily Ruth Edna (nee Lawn), born 9.10.1917 in Rockhampton, Qld; died 17.9.12. Edna married Herb in 1943 and they made their home at Farnborough. Herb predeceased her in 1973. She was baptised in 1952 by Pastor Reye. She is survived by four children, Lydia and Graham Chesher (Hervey Bay), Carol Roberts (Rockhampton), Elinor and Ken Schirmer (Hervey Bay) and Karl and Diann Rasmussen (Rockhampton); 12 grandchildren; and 17 great-grandchildren. For many years she served Yeppoon church as senior deaconess and church pianist/organist, and delighted in growing flowers

to decorate the church each Sabbath. After a fall at the age of 90, Edna had to leave her home and live in a retirement village in Rockhampton, where she continued to share her faith with staff and other residents.

Graham Chesher, Lew Parker

Rice, Walter Melville, born 12.6.1920 in London, England; died 21.7.12 in Perth, WA. In 1945, he married Patricia Wilson. Then on 21.8.1977, he married Helen Humphrey, who predeceased him in 1995. He is survived by his children, Wally Wilson, Ray Wilson, Peter Humphrey (both of Perth), Lorna Hall (Darwin, NT), Glenys Buchholz (Margaret River, WA) and Julie Stevenson (Perth); 14 grandchildren; and 28 great-grandchildren. Wally served his country during World War II in North Africa, Europe, the Middle East and Papua New Guinea. He loved gardening, fishing and spending time with his family. As a long-term member of Fremantle church, he will be remembered for a genuine faith that showed in practical care for church members, especially seniors.

Andrew Skeggs

Rixon, Kathleen Edith Elizabeth (Peg) (nee Mason), born 21.1.1921 in Maryville, NSW; died 28.1.13 in St Joseph's Aged Care facility, Sandgate. On 28.12.1940, she married Les Rixon at St Mark's Church, Islington, who predeceased her. She is survived by her brother, Don; and her children, John and Hazel (Canberra, ACT), Warren and Edelgard, Linda and Stefan Weber (all of Qld) and Cynthia (NSW); nine grandchildren; and seven great-grandchildren. Peg was a member of the WallSEND church. She was "small in frame, but was anything but small in character. She was the glue of our family," said her son John.

Owen D'Costa, John Denne

Smith, Sheila Amy (nee Bye), born 9.6.1919 in Longford, Tas; died 10.11.12 in Latrobe. On 19.3.1941, she married Eric, who predeceased her in 1987. She is survived by her daughter and son-in-law, Julie and John; and grandson, Derek Newsome (Melbourne, Vic). Sheila was the longest serving member of the Devonport church. In her younger years she held positions as a

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deaconess, welfare leader and MV leader. Her strong belief in prayer led to her recovery from a serious car accident in 2010. Sheila was dearly loved and respected by her church family and friends, and will be greatly missed.

Mark Goldsmith

ADVERTISEMENTS

Coming home, going home.

We would like to invite former members, members, old friends and all those interested to come and help us celebrate the 50th anniversary of the Springvale church on Sabbath, April 20. Sabbath School will start at 9.30am followed by divine service at 11am. A fellowship lunch will be provided followed by an afternoon program of nostalgia at 2.30pm. Anyone who has any item or old photo relating to Springvale please contact Wesley Laughlin on (03) 9547 7696, 0425 779 594 or Pastor Malcolm Reid (03) 9722 1287, 0400 338 590.

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Finally...

When you are going through something hard and wonder where God is remember the teacher is always quiet during a test.

Next RECORD April 20

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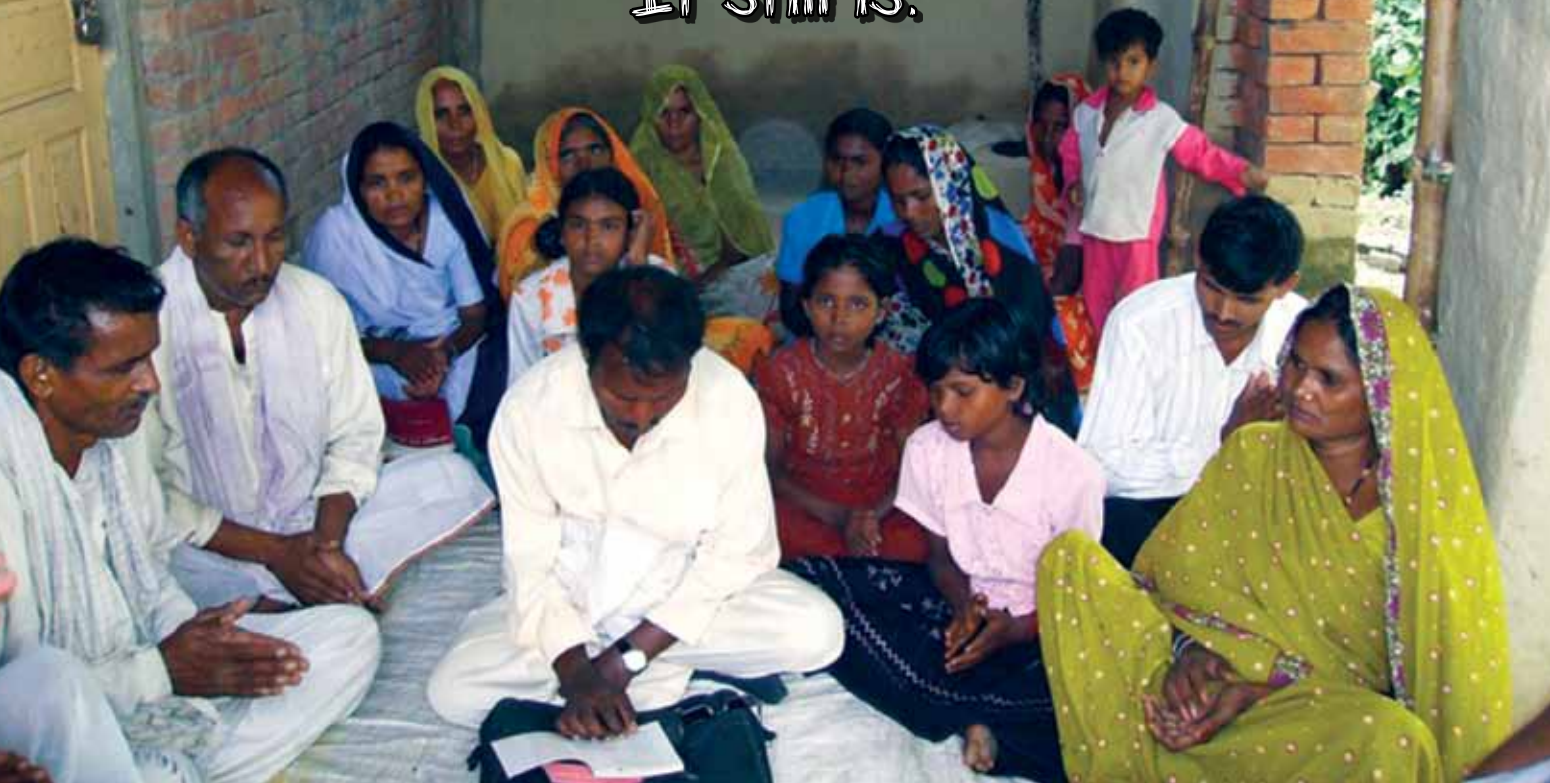
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APRIL 6, 2013



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