



## TRYATHLON SETS WORLD RECORD page 3

PRAYERS ANSWERED FOR  
BURNT ENGINEER page 9


THE MIRACULOUS MIND page 14

# The Adventist Church is built on mission.

Christ told us...

**"Go into all the world and preach the gospel to all creation"**

**Mark 16:15**



Sharing God's love around the world is like a vehicle. It needs fuel to propel it. Our mission offerings are the fuel that propels almost every aspect of outreach. Without that fuel, our best efforts are hampered.

The church is united by its call to support mission. But few of us know exactly what the mission offering does, where it comes from, or where it goes. Our offerings support frontline evangelism in unentered countries as well as in teeming cities. They help build and sustain schools, establish churches, and help produce literature for distribution in hundreds of languages. In short, our mission offerings do everything our tithes can't do.

The offering to be collected on July 13 will contribute to the World Mission Budget of the Seventh-day Adventist Church, and will be used to support the international mission outreach of the church. Without this support, our church would never be able to sustain such dynamic growth in almost every country of the world. We again appeal to you to contribute generously so that the work of taking the Gospel "to all the world" will have the financial support that is needed.

Thank you for your generous gifts.

**WORLD MISSION BUDGET OFFERING**  
**JULY 13, 2013**



## TRYathlon sets world record

Berkeley Vale, New South Wales

The Sanitarium Weet-Bix Kids TRYathlon has set a world record as the largest under-16s triathlon series.

More than 36,500 children swam, rode and ran the Trans-Tasman series into the record books in 11 locations across Australia and 13 sites in New Zealand between January and May.

The world record, as ratified by the International Triathlon Union (ITU), surpassed the previous record of 29,000 children set in 2010.

"Smashing a world record was not

just for the fun of it!" said Weet-Bix Kids TRYathlon national ambassador and former Australian cricketer Brett Lee.

"Obesity and inactivity continue to be big problems for Aussie kids and I believe that getting kids engaged in exercise where they are rewarded for participating, like the Weet-Bix Kids TRYathlon, is part of the solution."

General population obesity rates in Australia are more than 60 per cent, with 25 per cent of all Australian children aged 5-17 years overweight or obese<sup>1</sup>. The estimated overall cost of obesity to Australian society and government is \$58 billion<sup>2</sup>. Physical inactivity is the fourth leading risk factor for mortality, contributing to 6 per cent of deaths<sup>3</sup>.

"I'd like to congratulate all the kids and their parents who took part in this year's Weet-Bix Kids TRYathlon series and for helping to break the world record," Mr Lee said.

The series, in its 15th year, encourages young people to get healthy and

active while building confidence to "give it a TRY" in a fun and rewarding environment. Eighty-five per cent of parents report that their child has experienced a sense of improved self-esteem and confidence as a result of participating in a TRYathlon.

The event is for children aged 7-15 who are encouraged to participate whatever their abilities or experience. —Sheree Dell/Sharyn Brady

1. Australian Bureau of Statistics Overweight and Obesity Gender Indicators – Australia, July 2011
2. ABS – Health Risk Factors – year book, Australia 2012; Australia's Health 2010: in brief pages: 22-23, June 2010
3. ABS – Health Risk Factors – year book, Australia 2012



Two Weet-Bix kids from the Hastings, NZ, TRYathlon.



Former Australian cricketer Brett Lee congratulates participants in Sydney.

## ADRA joins war against drugs

Suva, Fiji

The Adventist Development and Relief Agency (ADRA) is helping Fiji in its battle against drugs by offering local farmers alternatives to growing marijuana.

The project is funded by the New Zealand Government in partnership with ADRA NZ. It's worth \$FJ1.3m (\$A0.75m) and will run for three years. According to the *Fiji Times*, farmers will be assisted to grow root crops and other vegetables, and to start a honey industry. A cold storage facility is also on the horizon.

As well as the economic development component, the project also includes Water, Sanitation and Hygiene (WASH) and disaster risk reduction components.

ADRA Fiji country director Save Cavalevu said consultation with farmers, women, young people and community leaders in the inland Navosa region of Viti Levu, Fiji's main island, revealed that the cost of transporting food crops to coastal markets is a barrier. Many farmers resort to growing cannabis in order to earn extra money. There are also concerns about the amount of time farmers spend at the

markets selling their produce, away from their families, and that they are sometimes involved in destructive behaviours.

"The government is working with ADRA very closely because we've actually addressed one of the issues in terms of providing an alternative to marijuana farming," Mr Cavalevu said. "We want to discourage them from planting, selling and dealing marijuana . . . it's not only an economic issue but also a social issue." —Kent Kingston/*Fiji Times*



Consultation was a key part of the project's early stages.



## What I like about . . .

James Standish

Years ago, George Vandeman wrote a little book entitled *What I like about . . .* that highlights various beliefs of other Christian denominations that harmonise with Adventist theology. I've thought about that book a number of times when I've interacted with non-Christians. You see, there are aspects in non-Christian faith communities that I "like".

For example?

Let's start with Muslims. I particularly appreciate that Muslims generally take the prohibition on idols seriously. I always felt a twinge of embarrassment when Muslim representatives visited the General Conference and I had to explain that the statues of angels and Jesus in the foyer were not in fact graven images. My explanation sounded uncomfortably similar to the one I'd heard Catholics give to explain their images. Yes, I'm aware that the ark had cherubim and that Moses made a brass snake, and hence not all images are idols. But when we cross the line into making statues of Jesus, it feels uncomfortably close, doesn't it?

Not only do Muslims generally avoid images, but they have developed the most beautiful, intricate art and architecture in its place. As much as I love Western art and architecture, there is nothing in either sphere that, in my view, surpasses the Islamic aesthetic; witness the Taj Mahal or the Alhambra.

Buddhism also has facets I "like". I particularly appreciate the Buddhist focus on quiet contemplation. Our worship has become increasingly frenetic, but Ellen White calls us to contemplation, stating:

"It would be well for us to spend a thoughtful hour each day in contemplation of the life of Christ. We should take it point by point, and let the imagination grasp each scene, especially the closing ones" (*Desire of Ages*, p 83).

When was the last time we did that? Would we even know how to sit in contemplation for an hour, letting our imagination wander over the life of Christ? Sometimes the voice of God doesn't come in the wind and fury. Sometimes quiet meditation reveals far more than listening to rhetorical fireworks. In the spiritual realm, silence really can be golden.

Not too far removed from Buddhism is Hinduism. Central to its understanding of the way the universe operates is the

concept of karma. Of course I don't believe in karma—bad things happen to good people and vice versa—take for example Job. And we are saved by grace through faith, not by good works. But if we take Jesus at His word in Matthew 25, it's hard to ignore what separates the sheep from the goats. According to Jesus and James (the epistle, not the editor), how we treat the poorest, most needy, the most desperate in this world, is a critical indicator of whether we are genuinely living in Christ's grace. I sometimes wonder if we have become so preoccupied avoiding legalism that we're in danger of neglecting the practicality of true religion.

While serious abuses often accompany animism, I appreciate that it generally involves a high degree of respect for the cycles and forces of nature. Modern society has largely lost this respect for God's creation. Rather than appreciating the immense responsibility humans have to pass on an earth to future generations that is as good as the one we inherited, we are focused on extracting the highest economic value in the least possible time. Everything from our consumption patterns to our energy use is unsustainable, yet we march on as if destroying the planet we live on is the natural order of life. We have largely forgotten that Revelation tells us God will "destroy those who destroy the earth" (11:18).

Of course, for all the aspects we may appreciate about non-Christian faiths, there are many with which we fundamentally differ. And there is no room for syncretism in Christianity as salvation comes through the sacrifice of one Messiah. However, it doesn't mean we can't appreciate aspects of other faiths, and even be challenged to live out our faith more fully by them. That was certainly my experience when I visited the Sikh Gurdwara Bangla Sahib in Delhi and was shown its kitchen with pots as large as small cars. The scale was astonishing. The reason? Any hungry person in Delhi is welcomed for a free vegetarian meal at the Gurdwara. Now that is the kind of practical religious service we all can be inspired by, or, at the very least, "like". Particularly if we're hungry.

James Standish is editor of RECORD.

# Record

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**SEVENTH-DAY ADVENTIST**  
Our vision is to be a church that...  
**knows experiences and shares**  
our hope in Jesus Christ



## Cheesecake gospel

Jarrod Stackelroth

My neighbour loves cheesecake. He's not really a dessert kind of guy but he can't get enough of strawberry cheesecake. So we've got a bit of a deal going. We bring home leftover cheesecake from church lunch and drop it off to him and our neighbours on the left. And he provides us with authentic vegetarian curry. I love it. Seriously, we never set out to receive. We just wanted to be good neighbours. But the curry is a bonus.

For a year, we'd nod to him in the car park or see him sometimes when we took the rubbish out. But we didn't know he lived alone, having separated from his wife, or that he was Sikh (although not strict), that he was vegetarian on Mondays because he prayed or that he was a Fijian Indian.

Now I'd like to think we are friends. We are getting to know each other, sharing things and ready to help if needed. We've been in his apartment, he's been in ours. We've also had dinner with our Korean neighbours twice. Knowing we are Christian and having had grace at our place, they asked me to say grace for the meal they provided us. What an honour. This is all in the past few months. What happened?

We were challenged at church to get to know our neighbours. It was time to step out of our complacency, overcome our fears and start building relationships. Yet I struggled. I work at an Adventist institution, and having recently moved to this city, everyone that I knew was Adventist. I had come to the disturbing realisation that I hardly knew anyone not connected with or attending an Adventist church. I would only catch up with people to invite them to a program or meeting.

And so we started getting to know the people who were right around us, literally metres from our door. No target on their backs, no agenda—just friendship.

Good for you, Jarrod, you say. You've made some new friends but why is this important to me?

When Jesus said we should love our neighbours, we made it suitably general—our friends, our enemies, the stranger, the other—be nice. But what about our actual neighbours?

In our culture of fear and suspicion, we limit our opportunities to live and share God's kingdom. We need to create opportunities by leaving our complacency behind and building relationships. Is it easy? No, it's been hard. The hardest thing is to break out of my comfort zone and risk rejection. I've had moments of self-doubt, my knuckles hovering before I knock, praying I say the right thing. I'd rather preach than put myself out there and meet new people. My wife, Lina, on the other hand, may struggle to exegete eschatological ecclesiology but she's great at this networking stuff! She's generous, friendly and likes people. She just invites them into our place. That's who we as Christians need to be—a touch point to Jesus.

The men Jesus made the biggest impact on lived life with Him for three and-a-half years. They broke bread, lived and journeyed together.

Paul did it too. He says, "We loved you so much that we were delighted to share with you not only the gospel of God but our lives as well, because you had become so dear to us" (1 Thessalonians 2:8).

How many of your neighbours and your networks do you share life with?

It's as easy as sharing your cheesecake.

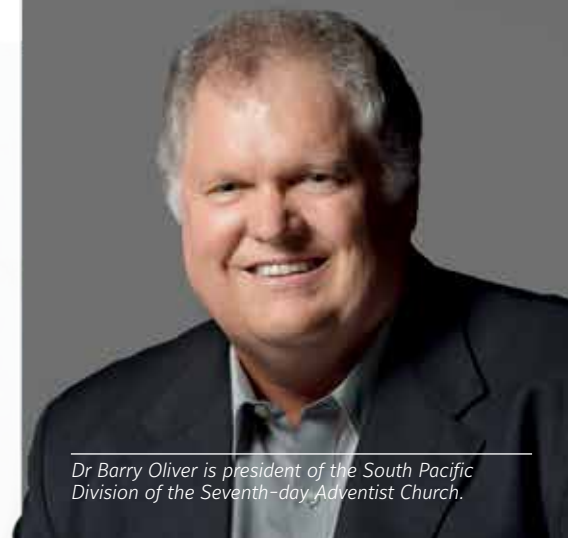
*Jarrod Stackelroth is associate editor of RECORD.*

## Healthy church

As you read this edition of the RECORD, I am in Papua New Guinea participating in a series of three health summits that will bring together all of our teachers and ministers across the country—more than 1000 people. This is historic. We have not done anything like this before. We are praying, eating, laughing and learning together.

But we are in the midst of a crisis in the Pacific. There are epidemics sweeping the countries and the communities. Not epidemics of measles, mumps and whooping cough, but lifestyle disease epidemics: diabetes, heart and vascular disease. And it's happening in our Church! The same diseases that have made their impact on countries like Australia and New Zealand are ravaging our churches. Surely we must stand at the forefront of the community in confronting these enemies, which are taking years from the lives of our people and life from their years.

At these summits Adventist health professionals are training our local and district church leaders and educators to live more healthfully and teaching our members to better value their health. Seventh-day Adventists still regard good health as a vital principle of spirituality. And when it comes to reaching out to the community, health is still our "right arm".



*Dr Barry Oliver is president of the South Pacific Division of the Seventh-day Adventist Church.*





### Over generous

Churches in Samoa are discussing the impact of fa'alavelave—traditional gift-giving practices, which some say leave families struggling to cover basic expenses. The Congregational Christian Church of Samoa has resisted calls for a total ban on gift giving but says families should not be put under pressure by their donations.—*Radio Australia*



### Nasty or necessary?

Activists concerned about the health effects of vaccinations have formed the "Church of Conscious Living". Sydney's *Sunday Telegraph* said the church was only founded to exploit religious exemption clauses in laws requiring parents to vaccinate children in order to access childcare benefits. Adventist leaders have spoken out in favour of vaccinations.—*Sunday Telegraph*



### Behind the scenes

Theatre-goers attending the hit musical *Jesus Christ Superstar* in Sydney and Brisbane have been approached by individuals outside the venue, offering them an unofficial copy of the original script—the gospel of Matthew. The distribution was organised by the Bible Society in Australia, which says the gospels went "like hot-cakes".—*Eternity*



### Care for the stranger

A new inter-church alliance says Christians should call for more humanity, compassion and biblical values in the asylum seeker debate. The Australian Churches Refugee Taskforce, made up of Anglican, Uniting, Baptist and other representatives, says politicians don't often hear from members of the public on asylum seeker issues.—*Eternity*



### Helping hands

ADRA has been involved in the clean-up and relief effort after the worst floods in 500 years inundated parts of the Czech Republic and surrounding countries. Scores of volunteers are helping people clean out houses and have distributed emergency supplies, including 200 building heaters. ADRA is also active in Germany.—*Radio Prague/ADRA*



### Old, old story

Italian researchers believe they may have the oldest existing complete copy of the Torah—Genesis to Deuteronomy. The scroll is kept at the University of Bologna and was believed to be from the 17th century. But analysis of the ancient script and carbon-dating suggest its true origin could be in the 12th century.—*Religion News Service*

## FULTON COLLEGE

Fulton College will be moving to its new location at the end of this year. We are planning to produce a glossy coffee table book of Fulton's history to coincide with the move.

### PHOTOS & STORIES WANTED

Previous workers and students of Fulton College:

- If you have photos that may be of interest to us, we would like them for our book. If you are willing to send them to us we will copy them and return the originals to you.
- If you have old photos that are damaged, we are willing to copy and repair them. We will then return your original photo plus a copy of the computer regenerated picture.
- All photos used will be identified in the book with the name of the contributor.
- If you do not want to post your photos to Fiji, we are willing to collect them from you and return them to you safely.
- Any interesting anecdotes you can recall—please send them to us so we can make our book as interesting and informative as possible. Do not think that your stories will not be of interest to us. Just tell us what you can remember and we will use those stories that fit our concept for the book.



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## New ADRA directors for Melanesia

Honiara, Solomon Islands

ADRA has seen some significant staff changes in recent months, with new country directors being appointed for Papua New Guinea (PNG), Solomon Islands and Vanuatu.

All three new directors have come from outside the South Pacific Division and bring a wealth of experience from their previous roles. "The great Adventist movement is alive and well," quipped ADRA South Pacific director Greg Young.

PNG's new country director is Jasmin Simyunn. She's originally from the Philippines and has worked most recently in finance

and administration for ADRA Mongolia and ADRA Sri Lanka.

"Coming from Mongolia is really a big change, in terms of climate and security," Mrs Simyunn said, "but it's the same one ADRA family. You can really feel God here. In PNG of course it's challenging, but I think we're enjoying it. I'm very happy here."

Angele Nkou-Deemi is Solomon Islands' new country director. Born in France and with a teaching background, Mrs Nkou-Deemi has worked as a consultant for ADRA UK and ADRA Denmark, covering international hotspots such as Liberia, Burundi and Yemen. She admitted that the new environment in the Solomons is a challenge, but said she's "excited to be back in the field . . . back into the action".

ADRA Vanuatu's new country director is Mark le Roux, who has extensive team and project management experience in Australia, New Zealand,

America and the UK, mostly in the software development and technology industry.

"Both my wife and I have been, for a few years, looking to do something for more than just ourselves," Mr le Roux said. "It's been a big change. It's hard work, but that's overshadowed by the good we're able to do for people." Mr le Roux is originally from South Africa.

The changes come in the wake of new ADRA country directors being appointed for Australia (Mark Webster) and New Zealand (Matt Siliga), as well as ADRA Australia's previous country director, Jonathan Duffy, accepting the top job at ADRA's international headquarters in Maryland, USA.

South Pacific ADRA director Greg Young said "a changing of the guard" is an understatement. "I'm delighted to have such qualified, experienced personnel on board," he said.  
—Kent Kingston



Jasmin Simyunn.



Mark le Roux.

## Mission to the cities begins in NYC

New York City, United States

The drenching rains of Tropical Storm Andrea, which deposited five centimetres of water on the streets of New York's Greenwich Village, failed to dampen the enthusiasm of the hundreds of people who attended the initial "Revelation of Hope" campaign meeting at the historic Manhattan Seventh-day Adventist Church on June 7.

The meeting was one of hundreds held in New York's metropolitan area over the month of June as part of the Church's first "Mission to the Cities" campaign.

"New York was chosen as the pilot city," said Josh Wood, the South Pacific Division's representative at the NY13 event. "But the program is being rolled out worldwide with many other cities beginning their ministry in the coming months."

There was good news even before the campaign's official opening, with representatives of the Atlantic Union and the two area conferences revealing 1100 people were baptised in the months leading up to the event.

The launch of the NY13 campaign also marked the opening of an intensive training program coordinated by the Adventist Church's International Field School of Evangelism (IFSE). The school held a full curriculum from June 7-29, with hundreds of Adventists from around the

world convening at the Luso Brazilian Adventist Church—which was turned into a giant classroom—to learn and share ideas for urban outreach

that participants would be able to take back and implement in their own divisions.

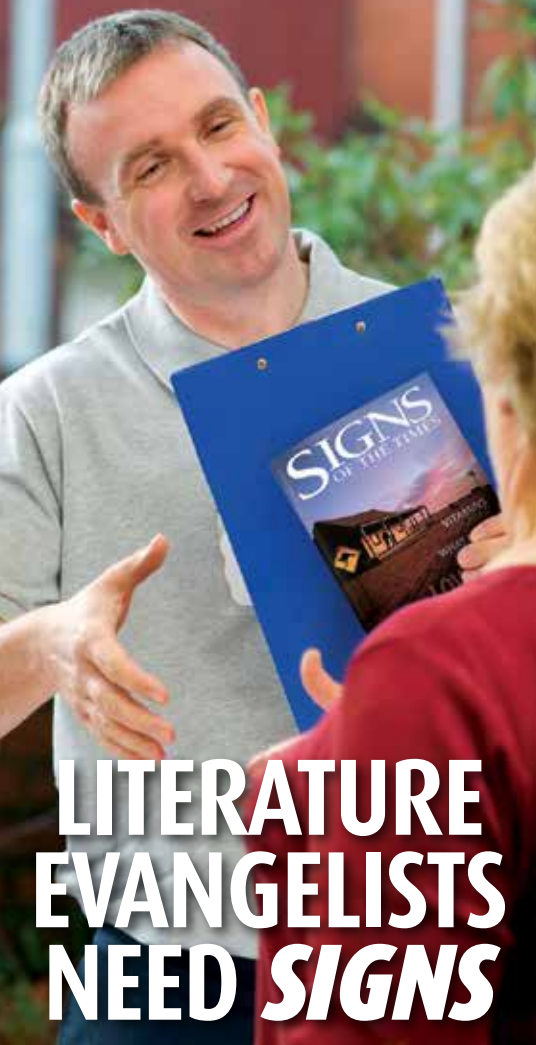
One of the themes to come out of the training was the idea that public evangelism needs to be partnered with personal evangelism to be successful. "Public evangelism doesn't work as a stand alone event," Mr Wood said. "But when public evangelism is partnered with a range of ongoing outreach programs—such as Pathfinders, Adventurers, vegetarian cooking classes, etc—then this wholistic evangelistic approach can and will work."

Among the attendants at the IFSE workshops were Adventist Church president Ted Wilson and his wife, Nancy. "It's great to see church leadership leading by example," Mr Wood said.—Linden Chuang/ANN



IFSE participants met at a church in Corona, New York.





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**MANTOA, Vanuatu**  
Wesley Jerethy, elder

Mantoa Adventist Church has about 200 members. Many are students who come to Port Vila to attend university from across the Pacific. We also have very successful children's programs. But it wasn't always that way.



About a year ago, we added a "one day church" structure to our church. The new structure is our "lamb shelter" where we hold children's programs. Before we had the shelter, we didn't have many children—but now our children's programs have become very popular. We have many children from across the area coming every Sabbath—even if their parents don't come. People greatly appreciate our children's programs.

Our church is in a continual cycle of evangelism, innovation and growth.

Our church is in a continual cycle of evangelism, innovation and growth.

**TEOUMA FIELD COMPANY, Vanuatu**  
Lien Toa

My church was started by the Takau family in their home. In February 2012 we moved into our new building. If all goes to plan, our company will become a church later this year. We have a pastor, but he serves a number of churches so lay leadership is vital.



I'm an English teacher in a state school that teaches in the French language. My husband,

Wilson Toa, works for the Australian High Commission. We both have a university education and we used to attend one of the larger churches in the Port Vila area. But we've decided to make a commitment to Teouma Field Company for two reasons.

First, it's a place we can use our talents. We are particularly interested in equipping our church members and teaching them leadership skills. We are very hopeful God will use us to help others work for Him.

Second, this church has a very special feeling. It really is like a family. It is small enough that everyone is noticed and everyone counts. It's a very warm feeling.

This is my church and I love it.

REVIVED  
BY HIS  
WORD

July 6—19, 2013

READING THROUGH THE BIBLE TOGETHER  
ONE CHAPTER A DAY

6 - Job 10	10 - Job 14	14 - Job 18	18 - Job 22
7 - Job 11	11 - Job 15	15 - Job 19	19 - Job 23
8 - Job 12	12 - Job 16	16 - Job 20	
9 - Job 13	13 - Job 17	17 - Job 21	



## Prayers answered for burnt engineer

It can be disconcerting flying over the highlands of Papua New Guinea, crammed into a small propeller plane. The buzz and bounce over the lush valleys, threaded with glistening ribbons of water, or the sheer cliffs that rise, almost to the height of the plane, their stony faces stern, is an exhilarating experience. Looking up at the towering pillars of cloud you're flying through and around is humbling.

It makes you respectful of the professional staff of Adventist Aviation Services (AAS), who make these flights every day, descending into funnel-shaped valleys, landing on muddy, bumpy, grass airstrips and bringing food, supplies and the Gospel to some of the world's most rugged and remote villages. It can be dangerous work, yet it's very rewarding—the smiles of those receiving a delivery show how important it is.

This really is the land of the unexpected. But tragically on January 22, the unthinkable happened.

Linden Millist, 33, AAS engineer and eldest son of CEO, Roger, was carrying out routine maintenance on the newest plane when it burst into flames. Rushed from the hangar at Goroka to Brisbane hospital with burns to 50 per cent of his body, Linden fought for his life. Today, Linden is staying in Brisbane, still undergoing daily physio and occupational therapies and, in many ways, he's lucky to be alive.

"I am constantly reminded of how fortunate I am to be alive and to have pulled through OK thus far," he said. "It was 14 hours before I got to the Brisbane hospital's Intensive Care Unit. I should have died within those 14 hours. Even in ICU, with 50 per cent burns the chance of survival is well less than 50 per cent."

There is still work to be done. "It is a long, hard, slow, painful journey, but it is God, family and everyone praying for me that is making the difference." Linden said his faith remains, and even though he has not yet been able to return to church, he is looking forward to when he can.

Supported by his family, particularly his fiancée, Bri Norton, who moved from Perth to aid in his recovery, and his mother, Carol, Linden had multiple skin graft operations—any patch of skin that wasn't burnt was peeled and stretched to cover what he'd lost. The accident not only affected Linden but also his family and those who have been caring for him.

"Bri has been awesome throughout all this and is doing a wonderful job looking after me," he said. "By the end of

the day we are both very tired."

Donations and prayers flowed in from across the world to aid in the recovery effort. Linden said this had been very encouraging and was making a difference.

In early June, he flew to America to attend Bri's sister's wedding, a huge milestone in his recovery. However, it may be two years until he's able to work again.

"My biggest issue is HO calcification in my two elbows and two knees. I have to wait for a year before the calcification stops and then [have] an operation on each joint to fix the limited range and pain," he explained. "[My] skin is all coming along fine; I am in pressure garments to keep pressure on the skin to stop scarring."

While Linden has been recovering, AAS has been helped and supported too. The damaged aircraft was shipped back to New Zealand for repairs and is not expected back until the end of the year. AAS purchased a new aircraft, which went into service on June 10. The Pacific Aerospace factory in New Zealand supplied AAS with an engineer to assist with scheduled maintenance on the other aircraft and the chief engineer from Mission Aviation Fellowship has assisted with licence coverage so everything remained legal with the Civil Aviation Authority of PNG. Nathan Leins from Australia will join the team as the maintenance manager until a replacement can be found, at which time, he will start as a pilot. Nathan spent 12 years in the RAAF as an engineer before completing his commercial pilot's licence.

Also, recently retired pastors Colin Dunn (a former AAS chief engineer/pilot) and Warren Price (a former AAS pilot) are assisting AAS by caring for the quality and safety management area, while Jonathan Butcher and his family, from Cooranbong, NSW, spent two weeks painting and doing required maintenance on staff houses.

"Though it has been a very difficult year for AAS and myself personally, we have been blessed in so many ways and seen answers to prayers, which I had almost given up hope on," Roger said. "I would like to thank the thousands of people around the world who have prayed for, and continue to pray for, Linden's healing and have supported all of us in tangible and practical ways. Those prayers have been answered, and continue to be answered—God is good!"

"God is alive," Linden adds. "He hears and answers every prayer."

Jarrod Stackelroth is associate editor of RECORD.



### Prime guests

Nunawading Christian College (Vic) hosted a special visit from Australian Prime Minister Julia Gillard earlier this year. The visit was part of an ongoing campaign for school funding reforms, with Peter Garrett, Federal Minister for School Education, Early Childhood and Youth, and Mike Symon, Federal Member for Deakin, accompanying the Prime Minister on her visit. The politicians met with staff members, were taken on a tour of the school's facilities and fielded questions from students during a Q&A session. Secondary school principal Adrian Stiles prayed for the politicians at the conclusion of their visit. —*IntraVic/Jason Bradshaw*

### Mission-minded

Pastor André Hamilton and his wife, Natalie, were ordained at Pine Rivers Adventist church in January. The son of missionary parents, Pastor Hamilton has lived in Papua New Guinea, Fiji and New Zealand. He moved to Australia to study theology at Avondale College in 2004. Since graduating, Pastor Hamilton has served in a number of South Queensland churches, including Eight Mile Plains, Beaudesert and (currently) Pine Rivers. The Hamiltons are passionate about working for God, with Natalie serving as a primary teacher at Northpine Christian College. —*Joe Webb*



### Revived and ready

Women of Raiwaqa Adventist church in Suva, Fiji, recommitted their lives to God during the Women's Ministries Department's "Emphasis Day" service at the church on June 8. The theme for the event was "Revive Your Work in Me: A Prayer of Habakkuk", with guest speaker Lusiana Vuniwa challenging the local women on the importance of committing their lives to God on a daily basis. —*Marika Yalimawai Jnr*

### Something worth sharing

Word of Aboriginal and Torres Strait Islander Ministries (ATSIM) is continuing to spread. In the Warakurna community in remote Western Australia, Travis Turner and his wife Geraldine Butler (pictured middle), and Judith Chambers (pictured far left), one of the Christian leaders in the area, recently bought a number of ATSIM posters to share in their community. —*Don Fehlberg*

### Road to recovery

Kingscliff Adventist church (NSW) recently held its first Depression Recovery Program. Forty-two people successfully completed the internationally acclaimed course, with Pastor David Haupt providing help and leadership to guests. More than half of the participants were non-church members. Many of them are now attending a weekly support group at the church. —*Summer Lockley*



### Leading the way

Two Adventist school leaders were honoured at the Australian/New Zealand Education Conference held in Wyong (NSW) for excellent leadership during difficult and uncertain times. Christchurch Adventist School principal Danny Carrasco (pictured) was honoured for his leadership at the school in the aftermath of the Christchurch earthquake in 2011. Former Sydney Adventist College principal Julia Young was also recognised for the way in which she supported the community during the closure of the college's Strathfield campus. —*Rosalie McFarlane*

### Seeking truth

Differentiating between an epistemological and an ethical reading is more helpful in verifying the truth claims of literary journalism, argues Avondale College lecturer Lindsay Morton in her PhD thesis. Ms Morton says criticism of those who use the techniques of a storyteller in their representation of truth "has at times conflated ethical and epistemic concerns". Thus, understanding the intent is important, particularly if the writer is using transparency tools, such as an author's note, which can "hide more than they illuminate". Ms Morton, a lecturer in English, will graduate from Victoria University of Wellington in December. —*Brenton Stacey*





# R

## HEALTH FEATURE

with Dr Darren Morton

### Stand up for your health

A growing number of studies are showing that too much sitting is a health hazard. Alarming, scientists are discovering that the consequences of too much sitting are distinct from the consequences of not exercising. In other words, while the health benefits of daily exercise are well established, if you were to exercise in the morning but then spend the rest of your day sitting around and not moving, your risk of ill health, disease and premature death is still significantly increased.

What is the solution? Simply stand up more often for your health. Here are some helpful tips:

#### At home

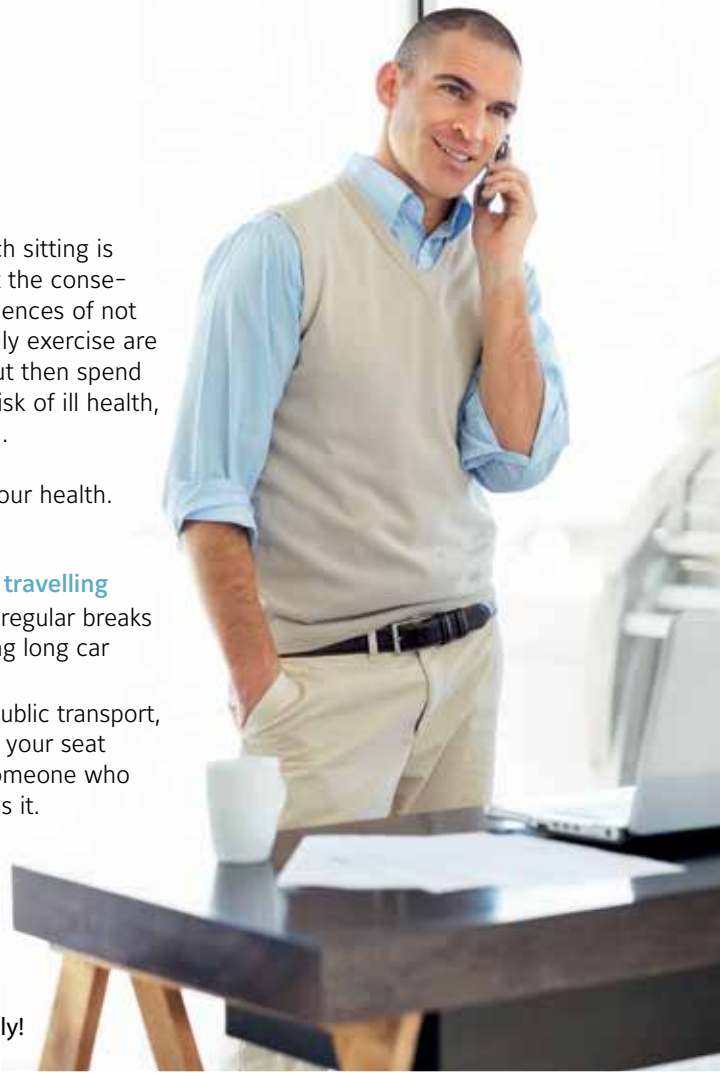
- ▶ Move around the house when talking on the telephone.
- ▶ Ditch the TV remote control so you have to get out of your seat to stand up and walk around the house during TV commercial breaks.
- ▶ Stand to read the morning newspaper.

#### At work

- ▶ Stand periodically during long meetings.
- ▶ Stand during phone calls.
- ▶ Move items such as your rubbish bin, filing cabinet and printer further away from the desk so you are forced to get out of your seat.

#### When travelling

- ▶ Plan regular breaks during long car trips.
- ▶ On public transport, offer your seat to someone who needs it.



The next time someone offers you a seat, consider it carefully!



### Potato and roast garlic soup

Preparation time: 20 minutes Cooking time: 45 minutes Serves: 6

- 1 head of garlic**
- 1 tablespoon olive oil**
- 1 onion, diced**
- 4 medium potatoes, peeled and chopped**
- 1 litre water**
- 10g vegetable stock cube, crumbled**
- 1/4 teaspoon nutmeg**
- 2 bay leaves**
- 1 cup soy milk or dairy milk**

1. Slice the top off the head of garlic and cover with aluminium foil. Roast in a hot oven, 200°C, for 45 minutes or until the garlic is soft.
2. Meanwhile, heat oil in a large saucepan and sauté onion until soft. Add the potatoes, water, stock cube, nutmeg and bay leaves. Bring to the boil and reduce heat to moderately low and simmer for 30 minutes or until the potatoes are tender.
3. Add the soy milk and squeeze in the softened garlic cloves. Remove from heat and allow to cool slightly. Discard the bay leaves and blend the soup in a food processor until smooth. Serve with crusty wholegrain bread.

**NUTRITION INFORMATION PER SERVE:** Kilojoules 557 kJ, Calories 133 Cal, Protein 5g, Total fat 4g, Carbohydrate 20g, Sodium 196mg, Potassium 623mg, Calcium 62mg, Iron 1.4mg, Fibre 2.4g

Call and speak to one of our qualified nutritionists at Sanitarium Lifestyle Medicine Services on 1800 673 392 (in Australia) or 0800 100 257 (in New Zealand). Alternatively, email us at [nutrition@sanitarium.com.au](mailto:nutrition@sanitarium.com.au) (Australia) or [nutrition@sanitarium.co.nz](mailto:nutrition@sanitarium.co.nz) (New Zealand). Don't forget to order our free cookbook, *Food for Health and Happiness*, by visiting our website [www.sanitarium.com.au](http://www.sanitarium.com.au) or [www.sanitarium.co.nz](http://www.sanitarium.co.nz)

Sanitarium

LIFESTYLE  
MEDICINE  
SERVICES



## OPENING HIS WORD

David McKibben

### The qualities of the Ten Commandments

The word "law" is used in the Bible to refer to different types of law, but its most frequent usage is in connection with the Ten Commandments. The subject of the moral law is found throughout Scripture, particularly in the books of Moses and the teaching of the apostle Paul.

### How does the Bible describe the Ten Commandments?

- They are a reflection of God's character.

**Read** Psalm 19:7, 8 and Romans 7:12. God is described as the Lawgiver (Isaiah 33:22), and His nature is revealed in the law.

- The moral law is spiritual in nature.

**Read** Romans 7:14. Paul's insights into covetousness (Romans 7:7-11) and Jesus' teachings in the Sermon on the Mount (Matthew 5:21-30) show the Ten Commandments go beyond external actions and words and deal with inner attitudes.

- They are positive. **Read** Psalm 119:97, 127, 143. Although the commandments are mostly stated in negative terms, they are positive in nature.

- Their language is simple and straightforward. **Read** Ecclesiastes 12:13. Unlike the complexity and wordiness of human regulations, the Ten Commandments are brief yet complete.

- The moral code enshrines principles. **Read** Matthew 22:37-40. Jesus' beautiful and profound summary captures their essence.

- The commandments are unique. They were written by the finger of God (Exodus 31:18 and 32:15, 16), placed inside the Ark of the Covenant (Exodus 25:16 and Hebrews 9:4) and form the basis of God's covenant (Deuteronomy 4:13).

- The moral law is eternal. **Read** Matthew 5:17, 18; Luke 16:16, 17. It existed before Sinai—note Joseph's reaction when tempted by Potiphar's wife (Genesis 39:9) and the episode of the manna in the wilderness (Exodus 16:11-30)—and will last eternally.

Charles Spurgeon, the great 19th century preacher, said: "The law of God is a divine law—holy, heavenly, perfect. . . . There is not a command too many; there is not one too few; but it is so incomparable that its perfection is a proof of its divinity."

*Pastor David McKibben is senior pastor of Parramatta and Guildford churches.*



## OPINION

Daniel Watts

### Filthy filters

How many movies, TV shows and songs do you watch or listen to? Are they all wholesome? People like to think they are fine but really these questions must be asked. The amount of entertainment that goes through our "filters" is crazy. We are daily bombarded with ads, coarse language, sex, drugs and other harmful things, but how much of this stuff passes through our filters. Today's society seems to be immune to the unhealthy scenes that regularly pass before our eyes. Are our filters slowly being clogged?

Matthew 24:11 says, "And many false prophets will appear and will deceive many people." The Bible says many people will be deceived, however if our filters are clogged, how are we to see through Satan's disguises? Similarly Matthew 7:15 says, "Beware of false prophets who come disguised as harmless sheep but are really vicious wolves." Satan is a very deceptive adversary and has plenty of ways to trip us up. Our filters need to be cleaned and thoroughly efficient.

Thankfully God offers us a free cleaning system; it's called the Bible. As Ephesians 5:26 puts it, "to make her holy and clean, washed by the cleansing of God's word". No matter how big your filters are or how small, God can clean every part of them for FREE! God has paid the price to redeem us from an empty and corruptible life. As Peter says: "For you know that God paid a ransom to save you from the empty life you inherited from your ancestors. And the ransom he paid was not mere gold or silver" (1 Peter 1:18).

If we are to be ready for the soon return of our Lord and Saviour, we need to get the "Great Plumber" in. Jesus says, "I am the way, the truth, and the life. No one can come to the Father except through me." John 14:6 says there is no other way but to get Him to clean our filthy filters and "he will restore, support, and strengthen you, and he will place you on a firm foundation" (1 Peter 5:10b).

*\* Bible quotations are from the New Living Translation.*

*Daniel Watts wrote this piece during a week of work experience with RECORD.*







# What is the central truth of Adventism?

by Errol Webster

REMEMBER WHEN I FIRST BEGAN RIDING A BICYCLE as a child. Gone were the tricycles and trainer wheels. Now it was fun to whiz around on two wheels. But there was a problem. Whenever I rode through a gateway I would always hit the gatepost. No matter how hard I tried it would happen every time, as if there was a magnet drawing me to it. As I got older I realised why: I was so fearful of hitting the gatepost, it was the very thing I was focusing on. So I changed my focus. Instead of worrying about the gatepost, I aimed for the centre between the two posts. I never hit the gatepost again.

Pastor Ted Wilson, our General Conference president, is to be commended for his earnest appeal for revival and reformation as our greatest need. It's an appeal for the outpouring of the Holy Spirit in latter rain power. What focus will bring such a revival in the Church?

Ellen White, co-founder of the Seventh-day Adventist Church, answers the question this way: "Of all professing Christians, Seventh-day Adventists should be foremost in uplifting Christ before the world." "The sacrifice of Christ as an atonement for sin is the great truth around which all other truths centre" (*Gospel Workers*, 156, 315). What I appreciate about her writings is that, like the apostle Paul, again and again she uplifts Jesus and the cross as the great centre of Christianity.


Paul, writing to the Corinthians, said: "For I resolved to know nothing while I was with you except Jesus Christ and him crucified." In reminding them of the Gospel by which they were saved, he says, "what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, that he was buried, that he was raised on the third day according to the Scriptures . . ." (1 Corinthians 2:1-2; 15:1-4).<sup>1</sup>

In the book of Acts the Holy Spirit was poured out on a group of believers who were witnesses to the crucified

and risen Saviour. The resurrection changed them from frightened followers to courageous Christians. It's a paradox of Christianity that we don't receive the Holy Spirit by focusing on the Holy Spirit. We receive Him when we focus on Jesus. When Peter preached to Cornelius about Jesus' death and resurrection "the Holy Spirit came on all who heard the message" (Acts 10:44). Repeatedly, the message of the book of Acts is about a crucified and risen Saviour.<sup>2</sup> When Jesus is our focus, then the Spirit will come. Indeed, the Spirit's work is to point us to Jesus (John 15:26; 16:13-14).

Paul's boast was ever "in the cross of our Lord Jesus Christ" (Galatians 6:14). Ellen White said, "Christ and Him crucified should be the theme of contemplation, of conversation, and of our most joyful emotion." Why? Because when we accept Jesus as our Saviour, God counts us as righteous. Jesus' character stands in place of ours, and we're accepted before God just as if we hadn't sinned (*Steps to Christ*, 62, 103-4). That's something to get excited about.

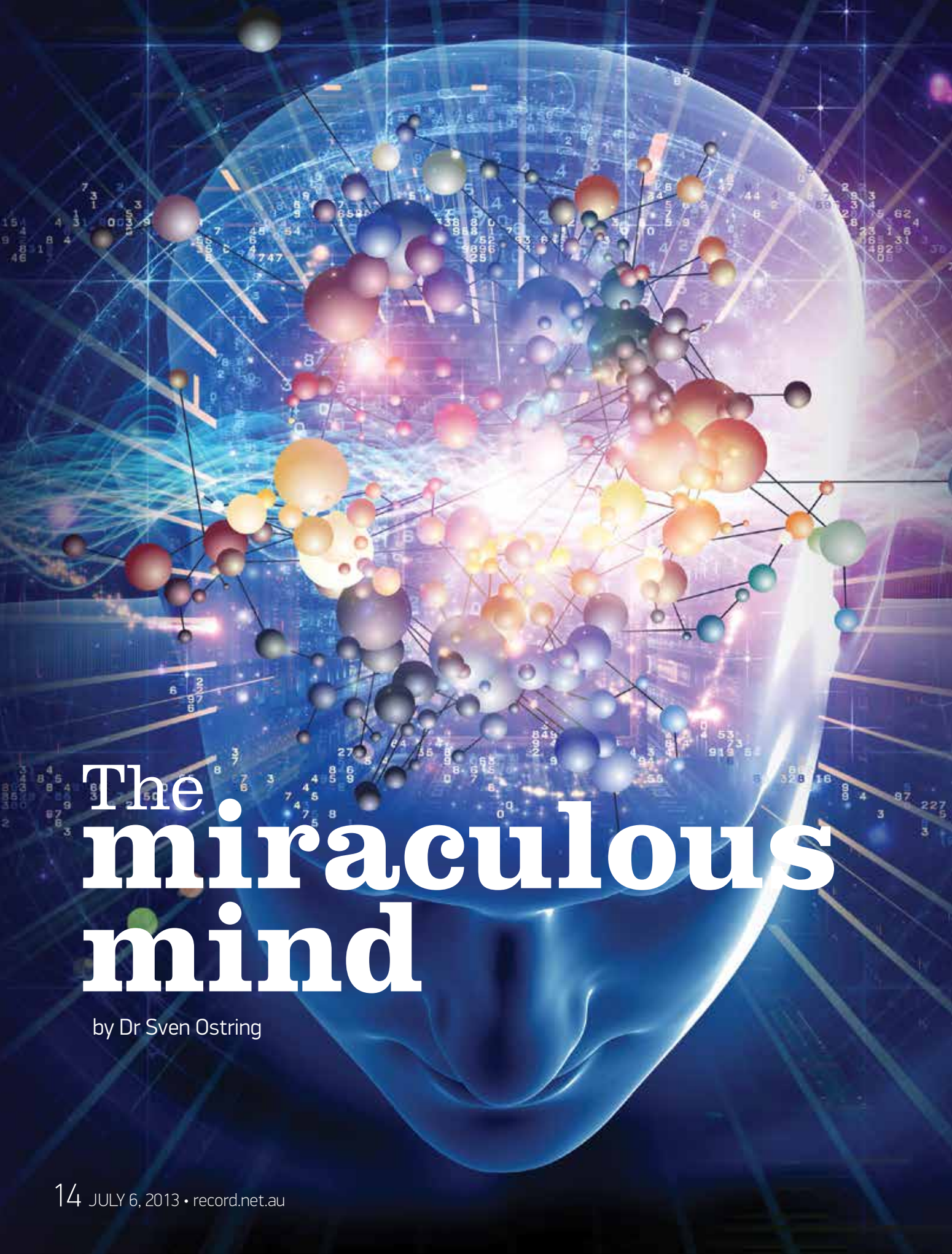
It's our privilege to glory in the cross and give ourselves completely to Jesus who gave Himself for us. "Then, with the light that streams from Calvary shining in our faces, we may go forth to reveal this light to those in darkness" (*The Acts of the Apostles*, 209-210). This is the light that will illuminate the world! (Revelation 18:1).

The central truth of Adventism is "Christ and Him crucified". When this is our focus, then the Holy Spirit will be poured out in latter rain power bringing true revival. Otherwise, we'll just keep hitting the gatepost. 

1. Bible quotations are from the New International Version.

2. See 2:23-24; 3:15; 4:10-12, 33; 5:29-32, 42; 8:35; 10:39-44; 13:23-39; 17:2-3, 31-34; 18:5, 27-28; 23:6-8; 24:21; 26:22-23; 28:23-24.

*Errol Webster is a retired pastor living in Bathurst, NSW.*



# The **miraculous mind**

by Dr Sven Ostring



**W**ELL," SHE SAID, STANDING THERE BESIDE her Cambridge bedroom door with a look that fused curiosity, incredulity and a mild challenge all in one. "Have you ever seen one?"

I gulped. I mean, how could I have ever seen one? I had grown up in materialistic Hong Kong, gone to university in sceptical New Zealand and was now doing research in atheistic England. What was the chance that I had ever really witnessed a miracle occur? Now if I had lived in Papua New Guinea or the Pacific Islands or Africa

Jane's question still swirled around in my subconscious as I worked away at my mobile computer networking research for the rest of week. As I continued to think and reflect and explore, I suddenly realised that the miracle that she was asking for had been literally standing before me. It was her, Jane! She was a miracle, in and of herself.

Now, of course, all of her physiological processes were miracles—her DNA, her biological control systems and even her sexuality. The miracle that I was particularly thinking of, though, was the miracle of her mind. Deep within her was a miracle that was literally stamped with the supernatural. Or rather, I should say, was supernatural from its very foundation.

The human brain is an incredible thought processing unit that is just 1.4kg of grey matter that consists of 100 billion neurons. In terms of processing power, the brain is estimated to be equivalent to a 168GHz computer and has an estimated 100GB of memory storage. So, by way of comparison, the human brain is roughly equivalent to my little MacBook Air in terms of weight and memory storage but almost 100 times faster in terms of processing power. That's quite impressive specs for a computing unit that has been available on the market now for just over 6000 years!

Still, it is not the brain that I am really interested in. It's the mind. The brain is like the hardware; the mind is the operating system and the software. Because you have a mind, you are conscious and have the rational ability to determine whether something is true or false, right or wrong. Furthermore, you have the amazing freedom to choose. The mind is truly a miracle and powerful evidence pointing to our intelligent Creator.

In fact, it's the mind that presents one of the most significant challenges to atheism. You see, if atheism is true, then our minds would have had to develop through the naturalistic process of evolution (it's really the only game in town for an atheist!). However, this means that your mind has been shaped for the purpose of surviving

and not for discerning what is true. This is a subtle difference with major consequences. If your mind evolved, then I can trust that you would be effective at fleeing predators, choosing the best reproductive partner and locating good food. However, there is no reason to trust that your beliefs are actually true. This includes all of your thoughts, even an atheist's beliefs, so we have no reason to believe that atheism and evolution are, in fact, true! Beliefs in atheism and evolution, therefore, literally undermine themselves because they undermine the rationality of the human mind at its very foundation.

In contrast, we can confidently believe that our minds are rational and effective because God Himself created our minds from His intelligence. You are a miracle made in His image, and your mind is living proof of that.

Even as you read this article, your mind is at work, literally a miraculous act of God, processing the ideas that you are reading.

Our minds are miracles given to us at birth. There is a greater miracle, however, that surpasses even our individual minds. As Paul says, "So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from rivalry or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus" (Philippians 2:1-5).

Through the power, the gift and the outpouring of the Holy Spirit, we can be of one mind, one attitude, one way of thinking. This way of thinking was the way that Jesus thought: "... who, though he was in the form of God, did not count equality with God a thing to be grasped, but made himself nothing, taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross" (Philippians 2:6-8).

Each one of us has a miraculous mind, individually created in the image of God, with the power to think and to choose. But we need the Holy Spirit to work a greater miracle within the Seventh-day Adventist Church in the South Pacific, so that we can together have the mind of Christ, not thinking of what's best for ourselves, but having the type of thinking that is willing to sacrifice self so that others might live. Just like Jesus did.

## The human brain is an incredible thought processing unit that is just 1.4kg of grey matter that consists of 100 billion neurons.

*Dr Sven Ostring is director of church planting for the Western Australian Conference.*



## Dr Darren talks **CHIP**

**A**FTER AN INTENSE PERIOD FOCUSED ON THE redevelopment, re-creation and launch of the new CHIP (Complete Health Improvement Program), programs using the new resources are now being conducted in churches and communities across the world. The Australian presenter for the new CHIP is Dr Darren Morton, senior lecturer in the Faculty of Education and Science at Avondale College of Higher Education. He shares his excitement about the new CHIP and how he hopes it will make a difference to the health of people and their communities.

### **What has been your experience with CHIP in recent years?**

I was introduced to CHIP by the then New Zealand

health director Paul Rankin. He wanted to commence a PhD at Avondale and he decided to research CHIP. When we saw the kind of outcomes it produces, I was really taken by it and—we're all on a journey—it's changed my lifestyle, particularly with regard to my diet. While I've always felt like I've had plenty of energy, the most noticeable thing for me is that I don't tend to get as sick as frequently as I used to.

After seeing the CHIP results, I introduced Christina Hawkins (Sanitarium's senior product manager—cereals) to the idea and discovered that Sanitarium was looking for something like this at the time. As part of the resulting process, I got roped into the redevelopment of it and, next thing, they were even pushing me in front of a camera! So for the past couple of years I've lived and breathed CHIP, as



have many of the talented people who have been part of the redevelopment team.

### Why has the redeveloped CHIP been so well received?

When you develop a new program like this there's always nervousness about how it's going to be received. Now we've received feedback that it has really raised the bar on the previous CHIP. We're getting that feedback even from people outside the Church. But not only that, it seems that what we'd hoped for with the new CHIP—employing more current modes of adult education where people get to interact and engage with the content—seems to be working really well.

And for those who have heard about CHIP and what has been done in this space within Australia, there's a real sense of excitement because they see the coming together of the talents and abilities of a whole host of church entities, including the Seventh-day Adventist Church, which owns CHIP, Sanitarium, Adventist Media Network, Avondale College, Sydney Adventist Hospital and Adventist Health Ministries. To my knowledge this is the first time we've seen all of these entities pool their combined strengths and resources and—from all reports—what has been produced is second to none.

### So how does cutting-edge medical research fit with the old Adventist health message?

The principles of the Adventist health message are absolutely contemporary. I would almost say that the foundations of the Adventist health message are more relevant today than at the time they were penned. CHIP is a revitalisation of the way to share that information. For Adventists who engage with this program, there'll be lots of information that resonates with what they already know, but it's pitched in an exciting and engaging way. And there are new things too, because this is based on the best science. But for those who have never been exposed to the Adventist health message, in terms of the principles taught, it will be quite extraordinary for some people and, because of that, has the potential to transform lives.

The way of the future is lifestyle medicine and there are many reasons for this, not the least of which is economics. We are living in a society where chronic diseases are spiralling out of control and we know that the current way of trying to treat the symptoms is not working. So we need to focus on treating the causes and that's what the CHIP intervention—which encapsulates the essence of lifestyle medicine—is about.

### In the research you've worked on, what responses have you seen to CHIP?

We recently did a study in New Zealand where we went and followed up a group of 350 CHIP participants from the past five years in the town of Hawera. We talked with these people about their experiences and some have

had an absolute life transformation. Others say, "Yeah, it's made a difference to my life. And these are the key things that I do differently." But even among those who have not followed through with the principles, I never had one person I interviewed who said they weren't glad they did the program. The education is really powerful and it stays with you.

### How do you see CHIP fitting into a local church's outreach to its community?

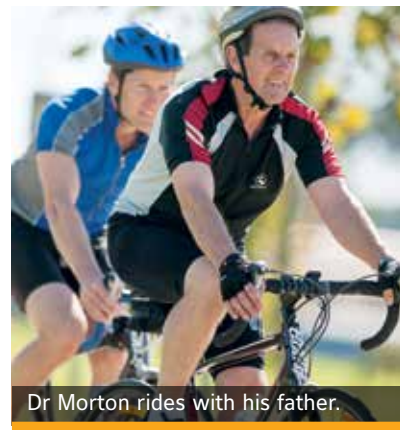
This new program has been developed with local churches in mind. And everything's been put in place to make it as easy to present and effective for the participants as possible. In many of the stories of Jesus, He healed first and then He worried about the other aspects of people's lives. He was so passionate about people living their best life that He couldn't help but bring health and restoration to them. To my mind, this is what CHIP is about.

The program starts with health and healing but, as it develops, the last section is dedicated to exploring emotional wellbeing, one of the key elements of which is having a sense of meaning, purpose and contribution, so spiritual themes emerge as the program comes to its conclusion. This opens doors for people and for churches to explore the other issues we're passionate about.

In terms of lifestyle medicine, CHIP includes the best in education. In terms of information, it's all based on solid science—a rigorous review process has been part of putting this content together. CHIP includes accountability measures, unlike other programs where you might learn about it but then you're not really encouraged to engage with it by some sort of measurable, objective way of determining whether you've actually improved or not.

Key to CHIP is the social support. There's more and more evidence coming through showing that when people engage in groups, that's where the opportunity for real change comes about. But beyond that, the calibre of the actual presentation of the CHIP sessions is second to none. It's something we can be proud of in terms of delivering this within our churches and communities.

The genius of CHIP is that it occurs in group situations where people get to interrelate. That creates a real opportunity to help empower others and to create the possibility of genuine discussions about spiritual things. The people and churches who are using CHIP in their communities are really investing in other people because they have this genuine desire to want a better life for them—and people respond to that.



Dr Morton rides with his father.

LETTERS

*Note: Views in letters do not necessarily represent those of the editors or the denomination. Letters should be less than 250 words, and writers must include their name, address and phone number. All letters are edited to meet space and literary requirements, but the author's original meaning will not be changed. Not all letters received are published. See Page 4 for contact details.*

**SET OTHERS FREE**

Casey Wolverton, Qld

Thank you Jean for this extraordinary testimony, "Ten years on . . ." (Feature, June 15). I can only pray you have the courage and strength to keep telling your story. In doing so you most certainly will set people free from their own chains of resentment and bitterness.

**GOD'S ANSWER**

Brenda, via website

Thank you for sharing the very difficult journey you have taken in "Ten years on . . .". I felt I had lost a family member when Lance died—we had several cousins in common and you were at Auckland Adventist Hospital a little while after we left.

Thank you for showing how God strengthened you through the immediate horror and provided for your ongoing needs. The only answer Job got in his trials was that God was there, and He is there for all of us who ask. Writing the letter of forgiveness must have taken all your resolve. I am glad that writing led you through some of your anguish.

**INCREDIBLE INSIGHT**

Joseph, via website

Having been at Mission Institute with Lance and Jean before we all headed out for mission service, I will never forget the shock when I heard the news about Lance. The story is forever etched in my mind. Jean, your article was very moving. Thanks for being courageous and vulnerable enough to share it with us.

I will not even dare to say that I understand how hard it has been for you. I must say I was unprepared for the way your article concluded. What you did gave me an incredible

insight into divine forgiveness. Thanks to God who has given you strength.

**CLOUDED MINDS**

Graham Hood, Qld

Regarding "Conspiracy Adventism" (Feature, June 15), I applaud your courage in writing such an honest and eye-opening piece.

There would be no-one happier than Satan that these conspiracy theories abound and distract a Church claiming ownership and stewardship of the truth.

Our message is clearly to spread the Gospel and turn the spotlight on Jesus and His amazing grace. Nothing brings Satan into church more than the fanatical distribution of conspiracy theories.

Many of these theories are based on plain and simple unadulterated lies.

I am an airline pilot with more than 30,000 flying hours and some 44 years in the sky. I am constantly bombarded with questions from people who want me to confirm the myth of chemtrails in the skies.

I have never witnessed military or commercial aircraft do anything other than heat a saturated atmosphere to produce condensation that makes cloud.

Atheists also claim the exploits of Jesus are a conspiracy. As the keepers of the flame we should be purveyors of truth and not fantasy.

**SPIRITUAL TRAPS**

Sven Ostring, WA

The insight "Conspiracy Adventism" provides into the major problems with conspiracy theories is profound. I myself have noted the following problems:

(1) Conspiracy theories absorb people's time and

focus—valuable gifts from God;

(2) People get caught in a total web of mistrust or alternatively a meltdown of trust, where they do not know if anyone can be really trusted;

(3) Conspiracy theorists enter a fear-driven state accompanied by practical helplessness;

(4) Conspiracy theorists ignore their own susceptibility towards temptation which is often glaring compared with the secret nature of the conspiracy theories they are engrossed with;

(5) Spreading the latest news on conspiracy theories participates in a global gossip network.

May Jesus save our Church from these spiritual traps and help us to focus on the real solution, which is the mystery of the Gospel that has been revealed when Jesus died and rose again for our salvation.

**NOT SO DISMISSIVE**

Tim Burcham, NSW

"These have one mind.' There will be a universal bond of union, one great harmony, a confederacy of Satan's forces. 'And shall give their power and strength unto the beast'" (Manuscript 24, 1891).

While there's no doubt people can get carried away with [conspiracies], we shouldn't ever be so dismissive.

Satan is unveiling himself to the point that even people in the world are recognising it. I meet people everywhere talking about the darkness in media and all spheres of life. We have a message that answers these questions and leads them to Christ.

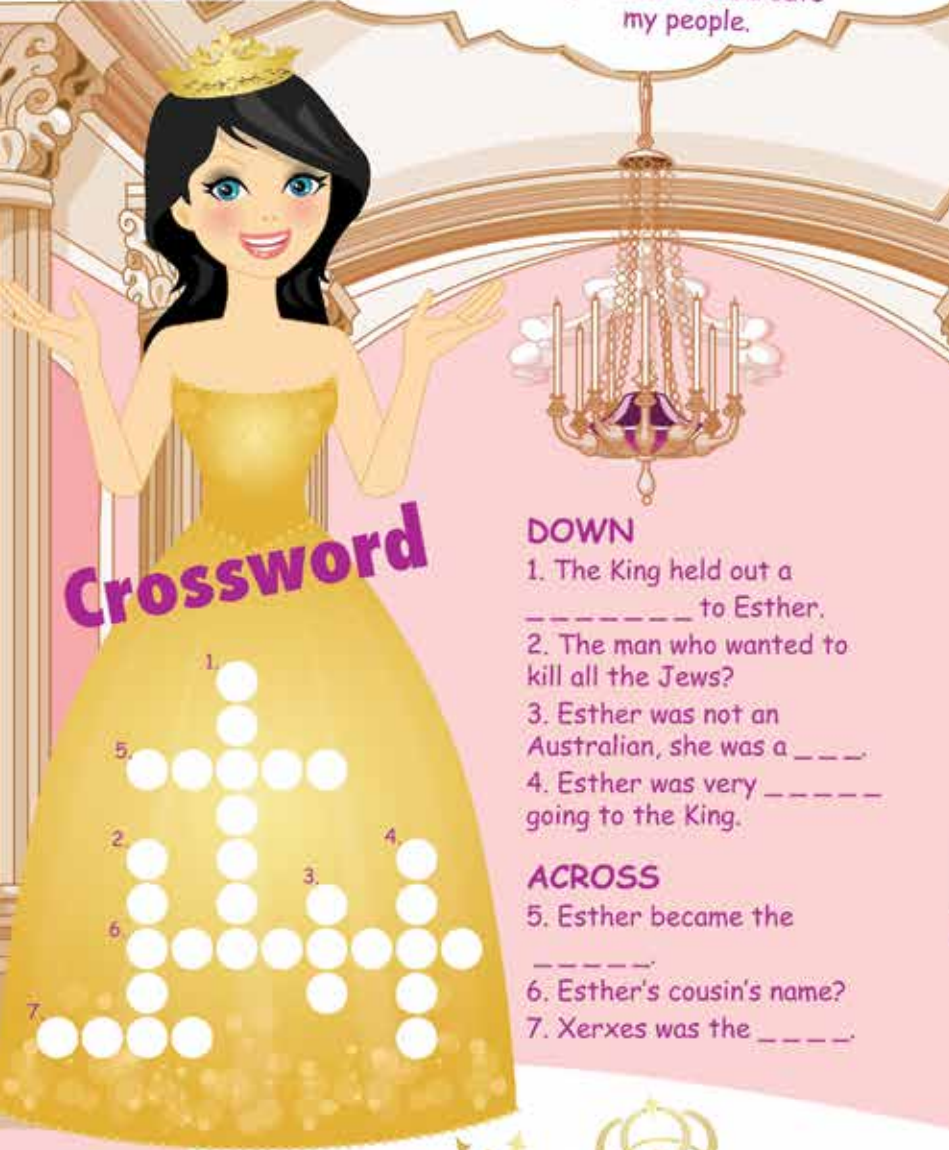
In my humble opinion, it's time for people who've grown up in the Church to stop presuming what people in the world need to hear.



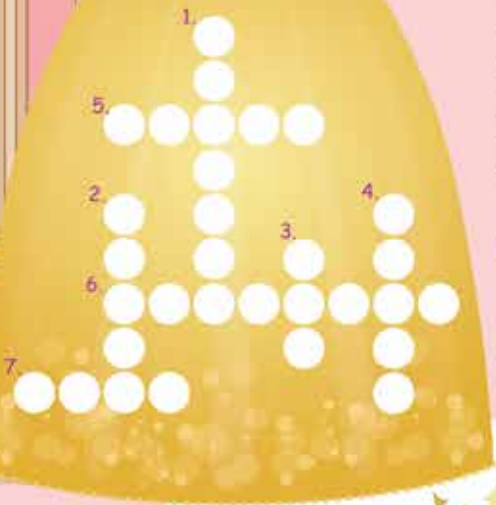


# O'Siyo\* KIDS

Hello my name is Esther and I am a Jew. I lived with my cousin Mordecai. One day the King was looking for a new Queen and he chose me. God had a plan for me to be Queen so I could save my people.



## Crossword



### DOWN

1. The King held out a \_\_\_\_\_ to Esther.
2. The man who wanted to kill all the Jews?
3. Esther was not an Australian, she was a \_\_\_\_\_.
4. Esther was very \_\_\_\_\_ going to the King.

### ACROSS

5. Esther became the \_\_\_\_\_.
6. Esther's cousin's name?
7. Xerxes was the \_\_\_\_\_.

**FIND QUEEN ESTHER'S CROWN AND YOU WILL FIND THE MISSING WORD BELOW**

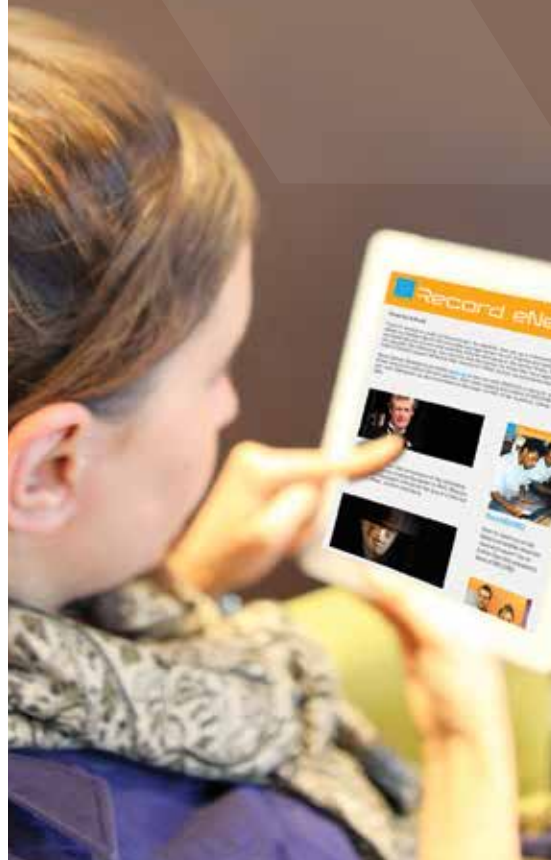


Memory Verse: "Keep on \_\_\_\_\_ each other as brothers" Hebrews 13:11

\* Hello in North American Cherokee

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## RECORD REWIND

Marian de Berg

### A boy, a football and a saved limb

In the mid-1890s a 12-year-old boy was playing football with his friends at school in Prospect, NSW, and while running for the ball he fell and six boys landed on top of him. His knee became very painful and physicians said it might have to be amputated. Confined to his bed for almost one year, Roy Thomson was then allowed to sit up for short periods and had to walk with a crutch. Time did not heal the wound.

His father, Henry, was away from home at Cooranbong helping to build "Sunnyside", the home of Ellen White. When Ellen moved into her home on Christmas Day 1895, it was incomplete and so the builders stayed on until the next September to finish the task. Ellen was interested to visit the folk in her vicinity, but also wanted to meet the families of the men who were in her employ. On Mr Thomson's next trip home to Sydney, Ellen White was happy to travel with him to meet his family. Arriving at the home she was drawn to this young boy needing crutches to walk and facing the prospect of losing his leg to infection.

Pleading for the lad to come to Cooranbong, Ellen was sure her nurse, Sara McEnterfer, could treat the injury. "Sara poulticed it and worked with charcoal compresses" (Manuscript 193, 1899). In a letter to one of his siblings young Roy described how he was writing his letter by hand as the noise of the typewriter might disturb Sister White as she was asleep. He mentioned that he had an abscess on the back of his knee and a mug full of matter was drawn out, together with bone fragments.

In a letter from Ellen White to the Wessells family in South Africa she mentioned how they had kept Roy for six months and then sent him home. But being a very active boy the knee began to trouble him again. She writes: "We brought him back to our house, and Sara gave him treatment. His knee is now almost well, but he is still a member of our family. I think this boy would have lost his leg had we not done this for him" (Letter 63, 1899). Seeing the results achieved with the healing of Roy's leg, Ellen White wrote of his mother, "A more grateful woman I have never seen" (Manuscript 193, 1899).

Not only was the family blessed to have their son restored to health, but young Roy learned to take copies of Ellen White's writings on the typewriter and to also use the press.



Portion of the Roy Thomson letter showing the college buildings.

The Thomson family were just one of a number of poor Adventist families brought to Cooranbong from Sydney. With seven boys and three girls Mr Thomson and his two eldest sons got work on the school buildings as all three were carpenters. In Cooranbong they built a house of bark and iron and pitched a tent, planted a good garden and orchard and almost lived off it.

In the autograph album given to the White family on their return to America, Henry and Harriet Thomson wrote: "The sorrow we feel in parting is lessened by the promise of our Lord to those who are faithful and keep His commandments that we will meet in that bright and glorious Home where partings and sorrow are unknown."

Marian de Berg is administrative assistant at the Ellen G White/Seventh-day Adventist research centre.



### MYSTERY HISTORY— BETIKAMA COLLEGE

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# WORLD CHANGERS

Lindsey Sands

I grew up in south-west Chicago, USA. We lived near Hinsdale Adventist hospital. Both my parents grew up in very strict Adventist families and for the first years of my life we were a pretty regular Adventist family, going off to church on Sabbath. But when I was around six years old, our church attendance became sporadic. I was, however, enrolled in the Adventist school.



When I was 12, my parents split up. It was extremely traumatic. There were big arguments—the cops were even called—and then one day, just like that, Dad was gone—taken off in a police car. And that was the last time I saw him for six months. I'm not sure if there was a court order involved or what was behind it. I was devastated.

Over the next six years, my mum and dad battled over the custody of my sister and I. I can still remember the exact times and days I got time with my dad—that time was so precious to me. But even to this day, I don't think either of them realise the pain they inflicted on us. I felt from a very young age I had to be the adult.

After my parents split, my mum wanted me to change from the Adventist school over to the local public school. That was the last thing I wanted—my school was the only stability I had in my life. So I went to work to earn my fees—I babysat and did child care. Somehow, between that, and the grace of the school, I got through.

During all this, my entire family stopped attending church. Eventually my dad remarried into a Catholic family and now goes to mass. My sister has adopted an alternative lifestyle. But I kept hold of my God. The teachers at my Adventist school were just so key at that time. After I confided the depths of my despair to one of the teachers, he made it a practice of coming by to check on me at the beginning of every school day. He made me feel like I mattered, even when I felt I'd been abandoned by everyone else.

When I finished high school, I worked at an Adventist camp in Michigan for a year. It was a fabulous experience. During that year, I went to my first GYC (Generation of Youth for Christ) meeting in Ann Arbor. It was the first place I felt empowered to think critically about my faith—I felt deeply challenged. I also went to Arise Bible worker training. That experience was mixed for me. After attending Andrews University for a semester, I worked at another Adventist camp in Washington State and then went to Southern Adventist University. There I majored in outdoor education with a minor in youth ministry. I took a year off in the middle of that to work with the Pinnacle Challenge for ADRA New Zealand. It was terrific to see troubled kids test their bravery against that high climbing tower.

After graduating from Southern, I was praying sincerely to the Lord and I was deeply impressed to come back to the South Pacific. One thing led to another, just as God intended, and I was asked to join the team at Kellyville Adventist Church as their youth pastor for a year. It was an exceptionally rich experience. After talking with Pastor Michael Worker, I decided to go to Avondale to complete a degree in theology.

A number of conferences have talked to me about coming on board as a youth pastor this year. There are some visa issues that need to be worked out. But I have put my life totally in God's hands. He has brought me through far more difficult times and I am confident He will ensure I am where He wants me to be.

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## WEDDINGS

**Greenwood-Spyve.** Bruce Greenwood, son of Fraser and Lorna Greenwood (Park Ridge, Qld), and Sarah Spyve, daughter of Milly Bukajemski (Jimboomba), were married 25.4.13 at the Outlook Park, Lower Beechmont. Bruce and Sarah chose to make their promises on a sunny day in the beautiful mountains of Lower Beechwood. During an intimate ceremony witnessed by their parents, they made promises to each other. Sarah works in

child care and Bruce is a self-employed business owner.

*Steve Cinzio, Daniel Cinzio*



**Standley-Randall.** Dean Standley, son of Anthony and

Glenys Standley (Townsville, Qld), and Sophie Randall, daughter of Robert and Jillian Randall (Helidon), were married 31.3.13 in the Preston Manor Chapel near Toowoomba. They will make their home in Townsville.

*Terry Goltz*

## OBITUARIES

**Ilett, Frank William,** born 26.9.1925 in Wagga Wagga, NSW; died 6.5.13 in the Avondale Aged Care Facility. In 1949, he married Audrey Jean Baker, who predeceased him in 2008. He is survived by their twin children, Ross Ilett and Rhonda Harris, and their families. Farming on the family property known as "Pine Lodge" was Frank's life and joy. Both Frank and his wife were active members of the Church, with Frank serving in the

South NSW Conference. In 1970, they moved to Wagga Wagga, leaving their son, Ross, to run the farm. Frank set up a business repairing office equipment. When Audrey began showing signs of Alzheimer's disease, they moved into the Avondale Retirement Village, where she passed away. He mourned her death until his own. His death was merciful, but he is missed by his family.  
*Ross Goldstone*

**Amprimo, Felice,** born 10.12.1961 in Hollandia, Dutch

## POSITIONS VACANT

■ **Distribution manager—Signs Publishing Company (Warburton, Vic).** Signs Publishing Company, part of the Adventist Media Network, is seeking a full-time distribution manager who will be based at Warburton, Vic. The successful applicant will manage the distribution process for the wholesale and retail sales and distribution of Adventist Media Network products through all available channels. This position is an important part of the operations at Signs Publishing Company. It involves a wide variety of tasks ranging from customer service and sales activities to warehouse logistics. The successful applicant will ideally have an interest, skills and experience in: people management with the ability to manage and motivate a small team; warehouse and distribution management; effectively managing stock levels based on forecast sales; sales and distribution of books, DVDs and other merchandise; an understanding of sales and marketing concepts; providing high levels of customer service to retail and wholesale customers nationally and internationally; the processes involved with both physical and online wholesale and retail sales; an understanding of the accounting processes associated with purchases and sales; database management and information technology; and be computer literate and competent in the use of MS Office suite and Microsoft Dynamics Nav (preferred but not essential) or other database based software. This role requires a strong commitment to the mission of the Seventh-day Adventist Church and the sharing of the Gospel through the distribution of Christian resources via a range of media in a variety of cultural settings. Overseas applicants should ensure they can satisfy Australian working visa requirements before applying for this position. Adventist Media Network reserves the right to fill this vacancy at its discretion. For further information contact Calvin Dever on (02) 9847 2222 or email <corpserv@adventistmedia.org.au>. Applications in writing should be forwarded to Calvin Dever, Operations Manager, Adventist Media Network, PO Box 1115, Wahroonga, NSW 2076. Applications close **July 16, 2013.**

■ **Accountant—Avondale College of Higher Education (Cooranbong, NSW).** Avondale College of Higher Education is seeking a full-time accountant who will be based at the Lake Macquarie campus. We seek a suitably qualified and experienced accountant to join our financial and business services department in the delivery of financial support to the college's various faculties, schools and departments. For more information, a job description and selection criteria, visit our website <www.avondale.edu.au>. Enquiries may be directed to Lavinia Ontanu on (02) 4980 2106. Applications addressing the selection criteria, with contact details of at least three referees, should be emailed to <employment@avondale.edu.au>, or posted to HR Officer, PO Box 19, Cooranbong NSW 2265. Applications close **July 19, 2013.**

■ **Marketing manager—Avondale College of Higher Education (Cooranbong, NSW).** Avondale College of Higher Education is seeking a full-time marketing manager who will be based at the Lake Macquarie campus. Avondale College seeks to attract a suitably qualified and experienced marketing manager to lead a progressive marketing team in the challenge of increasing enrolments through designing and implementing a range of effective initiatives. For more information, a job description and selection criteria, visit our website <www.avondale.edu.au>. Enquiries may be directed to Colin Crabtree on (02) 4980 2294. Applications addressing the selection criteria, with contact details of at least three referees, should be emailed to employment@avondale.edu.au or posted to HR Officer, PO Box 19, Cooranbong NSW 2265. Applications close **July 19, 2013.**

■ **Marketing and administration coordinator—It Is Written Oceania (Wahroonga, NSW).** It Is Written Oceania (IIWO), a ministry of Adventist Media Network, is seeking a full-time marketing and administration coordinator who will be based at Wahroonga, NSW. Flexible working arrangements are possible. It Is Written Oceania is looking for a dynamic, passionate individual who loves soul winning and has a flair for marketing. The position involves: assisting in implementing our new marketing and media strategy which includes radio, podcasts, DVD and a new website; day-to-day management of the database system for recording donations, creating reports and mailing lists; active relationship management of our donors; providing front line communications by handling phone and web enquiries; and providing general administrative support for the It Is Written team. The successful applicant must be a baptised member of the Seventh-day Adventist Church with full commitment to its message, mission and lifestyle. He/she should have interest, skills and experience in: working within a small team of dedicated staff and volunteers; effective communication; delivering successful projects in a timely manner; proactive and 'can do' attitude; attention to detail and accuracy; MS office applications including Word, Excel and Powerpoint/Keynote; willing to take the initiative to develop the role's responsibilities; public and personal evangelism; and passion for soul winning. Overseas applicants should ensure they can satisfy Australian working visa requirements before applying for this position. Adventist Media Network reserves the right to fill this vacancy at its discretion. For more information about It Is Written Oceania visit <www.itiswrittenoceania.tv>. Applications and enquiries should be directed to: Calvin Dever, Corporate Services, Adventist Media Network on 02 9847 2222 or email <corpserv@adventistmedia.org.au>. Applications close **July 26, 2013.**

For more vacant positions or to advertise, go to <adventistemployment.org.au>.





New Guinea; died 8.7.12 in Concord, NSW. He is survived by his fiancée, Yongmei Zhu; his son, James; brothers, Mark and Philip; sister, Miriam; and parents, Helen and Sergio Amprimo. Felice grew up in the mission field and participated in church activities in Wahroonga. He drifted away from the Church but in his last days reconnected with God and passed away in the hope of the second coming.

*Bob Saunders*

**Short, Patricia May** (nee Watson), died 12.12.12. She was married to David Short in Parramatta, NSW, by Pastor Lester Hawkes. She is survived by her husband; their sons; her mother; and family members and friends. May is laid to rest in the Wodan cemetery in Canberra, ACT.

*Reverend Gregor Henderson*

**Wilson, John Leaf**, born 3.2.1930 in Rabaul, PNG; died 4.4.13 in the Adventist Retirement Village, Victoria Point, Brisbane, Qld. On 26.12.1953, he married Aileen Joyce Norman. He is survived by his wife (Brisbane); Lloyd Wilson (Lismore, NSW), Robyn Jesnoewski (Brisbane, Qld), Sharon White (Brisbane) and Judy Ackland (Gold Coast); 11 grandchildren; and two great-grandchildren. John served the Church for 33 years, mostly in Papua New Guinea as a teacher and principal of Kabiufa and Kambubu high schools where he was well respected and held in high esteem. He was also principal of Fulton College for three years in the early '80s. The administration of the Church believed in John's ability to transform a school and this was reflected in the roles he was asked to undertake.

*Lionel Smith, Bob Possingham*

## ADVERTISEMENTS

**Grey Nomads camp—Adventist Alpine Village, October 7–13, 2013.** Calling all Grey Nomads! Be a part of the inaugural Grey Nomads camping experience at Adventist Alpine Village. Come together at the foot of the Australian Southern Alps and enjoy a feast of spiritual enrichment and social fellowship. To receive an application form and details of accommodation options please

contact Robyn Howie. Phone: (02) 6249 6822 or email <robyn-howie@adventist.org.au>.

### Rossmoyne Adventist Retirement Village and Sherwin Lodge will celebrate 50 years of service on July 7, 2013.

Adventist Residential Care will celebrate with a function at 3pm on site and offer guided tours. Why not attend and celebrate with residents and staff? Memorabilia will be greatly appreciated.

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### Western Australian Conference Constituency meeting. Notice

is hereby given of the regular constituency meeting of the Western Australian Conference of the Seventh-day Adventist Church, to be held at Carmel Adventist College auditorium on the weekend of September 7–8, 2013. A combined Sabbath program will commence at 10am, with reports presented Sabbath afternoon. The business of the meeting will commence at the conclusion of the closing Sabbath program on September 7, concluding September 8. The meeting will receive reports from the secretary and treasurer, vote on various appointments and consider constitutional changes, all in accordance with the

Toronto Adventist Primary School  
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Conference Constitution. Further information is available from the conference secretary <lionelsmith@adventist.org.au>.

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—Anonymous

Next RECORD July 20

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For further information and a position profile, contact:  
 Pr Adrian Raethel at [adrianraethel@adventist.org.au](mailto:adrianraethel@adventist.org.au)  
 or phone 02 8876 5288

**Applications close Friday 19 July 2013**

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