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# Adventist Record

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## Brushing up on the masters

*Wahroonga, New South Wales*

A documentary series investigating some of the most famous religious art in history is now available online and on demand.

*Masterstroke* takes an in-depth look at iconic artworks such as Rembrandt's "The Return of the Prodigal Son" and Van Gogh's "The Raising of Lazarus", and analyses the artists' motivations behind creating them.

"Much of this art was created in a period where many were illiterate. It was used as a primary medium to convey understanding about God," said Neale Schofield, CEO of Adventist Media Network and host of *Masterstroke*.

Mr Schofield said the series also serves as a "springboard to delve into spiritual themes". Topics discussed in the first few episodes include "A picture of God", "What are you worth?" and the "Lost and found". *Masterstroke*

airs on Fridays at 7.30pm on HopeChannel.

It is just one of the shows now available to watch online anywhere, anytime. There are now 12 shows on demand with almost 200 videos, and that number is growing. Viewers come from countries across the South Pacific Division but the videos are reaching as far away as Madagascar, Barbados and even Muslim countries.

To watch the series on demand, visit <[www.hopechannel.com](http://www.hopechannel.com)>. —Record staff



Neale Schofield on set.

## New Global Mission church for remote island

*Ugi Island, Solomon Islands*

A new Global Mission church plant has recently acquired land to build a church on Ugi Island, Solomon Islands.

The land was purchased from the Tara tribe and as well as the new Tarau Adventist church, a clinic and pastor's house will be built. Pastor Irving Vagha and Fraser Alekevu from the Solomon Islands Mission paid for the land.

Global Mission area minister Pandris Muke has been working in the area for five months and seven people were baptised on August 2. There are many more interested who will be baptised later this year. —TPUM newsletter/Clifton Mark



The new church group.

## Two presidents open five-bed Highlands clinic

*Minjmu Jiwaka, Papua New Guinea*

A five-bed rural health clinic with two staff houses and a church has been officially opened at Minjmu Jiwaka, in the Western Highlands of Papua New Guinea.

The clinic was built by the Murwillumbah Adventist church (NSW) and has been running for a few years, but the rest of the complex has only just been completed. Representing Murwillumbah and officiating at the event were two Australian conference presidents: Pastor Brett Townend, president of the Northern Australian Conference and former pastor of Murwillumbah church, and Pastor Justin Lawman, president of the North New South Wales Conference.

Pastor Lawman noticed the need for a clinic four years ago, when he led a team to Minjmu Jiwaka for an evangelistic series.

Pastor Townend told the crowd who gathered for the opening, that "this clinic becomes a service to the entire community" and "may it continue to be a witness to His love". Pastor Townend also acknowledged the members of Murwillumbah church who tirelessly sold secondhand clothes to raise funds for the project.

The clinic has a ward with five beds, and a room each for emergency, examination and labour, plus a separate toilet and shower.

Terry Koim, who was the District director when the clinic was erected, commended the volunteers for a job well done and their commitment and effort, which saw the clinic built in just eight days. It will operate under Regina Abane, an experienced health extension officer, assisted by two female nurse aids. Western Highlands Mission chief financial officer Bray Yomba has pledged to add a few more staff.

A chief from the area, Yuans Kaman, encouraged his people to take care of the clinic, telling them to "care for the service as an egg". —Jim Wagi



Pastors Townend and Lawman cut the ribbon.



## My deepest fear

Jarrod Stackelroth

What are you afraid of—snakes, spiders, heights? Is there something that really gets your skin crawling or your knees knocking? Your instant reaction is to freeze or jump away, adrenaline shooting through your veins. I don't much like spiders, especially after a rather large white-tail crawled out of my English folder at high school.

These fears are instinctive—fears of a symbol or situation. We tend to avoid these fears or distastefully face them. Even though I don't like spiders, I will take a huntsman outside where it belongs.

But these are surface level fears. Inside all of us lurk deeper fears; dark fears of a subversive nature that hide in our subconscious and whisper threats or taunts into the rational side of our brain. These are fears like being put in unpredictable situations, experiencing rejection, fear of commitment to something or being out of control of my life.

Fear can be a good thing (fear of consequences, fear of danger)—it pushes or protects us. But it can also hold us back and we use all sorts of techniques to repress, reprogram or compensate for our fears. And fear does grow back if we hide it in a dark, moist corner of our mind.

Author, pastor and speaker John Ortberg talks about a leader's deepest fear. He focusses on their "shadow mission". This is the thing that influences us—our lives and decisions. It can push us to great heights but it can also be a flaw in our character, something we chase that distracts us from our true mission. Its tentacles reach into every corner of our lives. Our behaviours and personality traits are often just symptoms of this shadow mission. In examining myself and talking with others, it seems that most shadow missions are rooted in fear in some way.

My shadow mission is my fear of inadequacy—of not being good enough, not measuring up. This pushes me to put a lot of pressure on myself because I want to be good enough. It also cripples me with procrastination—I won't start a project because I want it to be perfect and I fear my work, my life, my decisions, will be a reflection of me. Deadlines drive me because if there is one thing I'm more afraid of than doing an imperfect job, it's failing to do anything and disappointing people. I'm bad at making decisions. I feel

isolated. And so, there is a perpetual war within me.

The danger of this is summed up in Christian preacher Charles Stanley's quote:

"Fear stifles our thinking and actions. It creates indecisiveness that results in stagnation. I have known talented people who procrastinate indefinitely rather than risk failure. Lost opportunities cause erosion of confidence, and the downward spiral begins."

Out of these fears hate is allowed to flourish. English writer Cyril Connolly said, "Hate is the consequence of fear; we fear something before we hate it; a child who fears noises becomes a man who hates noise."

And so we begin to fear those who are different, those who make us uncomfortable. And we hate the things we fear.

I need to ask myself: As a Christian do I want to be driven by hate?

It's liberating to identify your shadow mission, as you can take steps to work against it. Ortberg suggests the best way to overcome it is by finding your actual mission—a calling, a way to use your gifts for good and for God. Most people, once they've thought about it, can identify their shadow mission. A calling is much harder to identify.

But the strongest force in overcoming fear is love. How does love conquer fear? The Bible tells us.

"God is love. Whoever lives in love lives in God, and God in them. This is how love is made complete among us so that we will have confidence on the day of judgement: In this world we are like Jesus. There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love" (1 John 4:16-18, NIV).

We will be made complete with love. God can come in and take up residence in our hearts, and that fear that we have will be cast out.

A man is rightly afraid of fire but will run into a burning building to save his child. He's still afraid of the flames but love is now his driving motivation, his propulsion, the strongest emotion in his world. So what are you afraid of?

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"Pastor Jean-Noel Adeline baptises one of the many candidates."

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## Supermum?

Tracey Bridcutt

*I resign, I said to myself.*

I felt unloved, taken for granted, unappreciated.

But wait, there's no resigning from motherhood!

Life as a mum is full of ups and downs. When the kids are young it's physically exhausting; as they get older it's emotionally challenging.

But I've found that the struggles of bringing up children are not something that mums generally talk about. We're all supermums right? And our kids are perfect little people, full of goodness and love . . .

On this particular day I was trying to help the children with their homework—never a pleasant task. In the process I was told I had it all wrong; basically I had no idea what I was talking about. Ouch, that hurt! It's usually something I would take in my stride but the kids' attitudes really cut deep that day.

Mums like to give the appearance that they have got it all together. But scratch away at the surface a little and you'll find it's an illusion. Generally we don't like to admit our flaws—and especially those of our children. After all if our kids are acting up, or having emotional or other problems, we start feeling guilty—it must be our fault. We begin questioning our mothering skills.

Then there's the added pressure of trying to live up to society's expectations of looking good, holding down a career and being able to whip up healthy meals in a flash. And church life also brings with it certain expectations.

I went for a walk later that day and got to thinking about God and His unenviable job of being a Parent to all of humankind. Does He ever feel like resigning? No doubt He regularly feels unloved, taken for granted, unappreciated. But He loves us regardless and unconditionally—forgiving us for how we have treated Him and always willing to welcome us back.

I also thought about the mums who make up a large portion of our church membership and carry out many of the roles in the Church. Do they feel nurtured and supported? Does anybody care? Do we stop to listen and find out how their lives are really going or do we just assume that everything is okay?

For those mums looking for inspiration, Ellen White has these words of wisdom: "The mother's work often seems to her an unimportant service. It is a work that is rarely appreciated. Others know little of her many cares and burdens . . . She feels that she has accomplished nothing. But it is not so. Heavenly angels watch the care-worn mother, noting the burdens she carries day by day. Her name may not have been heard in the world, but it is written in the Lamb's book of life (*Ministry of Healing*)."

*Tracey Bridcutt is copyeditor for Adventist Record.*

## Warm hospitality

It was the weekend of the 50th anniversary of Adventist aviation in Goroka, Papua New Guinea. Pastor Len Barnard, in his 95th year, and Pastor Colin Winch had both travelled to Goroka for the occasion. They were the pioneering pilots of the *Andrew Stewart*, our first plane. They were joined by many of those who had come behind them—pilots, engineers and ground staff. Between 12,000 and 15,000 people gathered on Sabbath morning to worship in the Goroka town park, and celebrate the leading of God in our aviation program.

We were honoured to also welcome for this special occasion General Conference secretary Dr G T Ng and his wife, together with many of the Division secretaries and their spouses from around the world. They were travelling in our Division and were able to conclude their visit with this very special event.

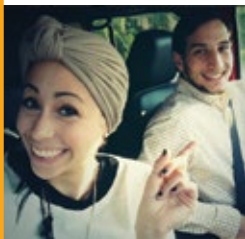
On Friday evening the guests were welcomed in each of the many churches around Goroka. I was taken to the Goroka Town church. I guess there were some 400 members gathered for vespers. The warmth of the welcome and the genuine hospitality shown by our church family of the Eastern Highlands Simbu Mission was just amazing. I thank God for you. In fact, I thank God for our church family right across the Pacific. The members are so warm and welcoming and share so bountifully and unselfishly that which God has given them. Again, as I have said so many times, I am thankful that we have such a special Church to belong to.

*Dr Barry Oliver is president of the South Pacific Division of the Seventh-day Adventist Church.*



### You booze, you lose

New research contradicts the common belief that parents can teach responsible drinking by allowing young people access to alcohol under supervised conditions. A University of NSW study found that in families where parents had facilitated access to alcohol, teenagers were three times more likely to become heavy drinkers. —ABC



### Public expression

The Adventist Church has urged the US Supreme Court to recognise a Muslim woman's right to wear a religious headscarf at work. In 2008 Samantha Elauf was denied a job at a clothing store because of her hijab. The Church filed a "Friend of the Court" submission supporting the principle of religious accommodation. —Adventist Review



### Freedom

Churches across Fiji gave thanks after 45 Fijian hostages, who had been serving as United Nations peace-keepers, were released by Islamist militants from war-torn Syria. The Fijian soldiers were patrolling Israel's contested Golan Heights border region when they were captured by the Al-Qaeda-linked Al-Nusra Front and held for two weeks. —Fiji Methodist Church



### Please take charge

Israel's former president, Shimon Peres, has asked Pope Francis to head up a "United Religions" organisation that would counter the influence of religious extremism. Mr Peres says the United Nations has run its course and that Pope Francis is the only world leader respected enough to end today's wars. —Crux



### Next generation

New Zealand's largest alcohol-free annual event, the Parachute Christian music festival, is no more. But a successor has emerged. Festival One will be held at the same Mystery Creek location, on the same Auckland Anniversary Weekend in late January, 2015. Switchfoot, NewWorldSon and Gungor will headline the festival. —Festival One



### Dope and hope

New South Wales will begin medical trials of marijuana for people with terminal illnesses and other Australian states are considering similar moves. In Western Australia the Uniting Church synod has voted in favour of a change to the law, saying cannabis should be able to be legally prescribed by a doctor. —ABC

## Archaeological Diggings TOURS 2015

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### TOUR 3: GENERAL CONFERENCE TOUR (July 2 – 12)

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### TOUR 4: AZTECS, INCAS & MAYANS (July 12-28) - After the General Conference

Discover greater depths of God's love as you travel to Mexico, Peru & Argentina. Visit amazing sites connected with sun worship and human sacrifice. See beautiful Lake Titicaca and the Iguazu Falls.

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## ADRA responds to Ebola, Nepal floods

*Wahroonga, New South Wales*

The World Health Organization has warned that 20,000 people could die from West Africa's current Ebola outbreak. In response the Adventist Development and Relief Agency (ADRA) is continuing to provide relief and protect threatened communities in Liberia.

"ADRA has already flown in more than \$A100,000 worth of protective equipment to support under-supplied hospitals," said Beryl Hartmann, Humanitarian Program coordinator for ADRA Australia. "We're now working with communities to establish 150 hand-washing stations, provide education to the community on preventative practices and supporting community groups to monitor and promote good health."

In addition, ADRA is distributing survival kits to family members of those who have died from the disease.

"In many cases the belongings of Ebola victims, including bedding, food and sanitary supplies, are destroyed, leaving family members with nothing," Ms Hartmann said.

The response will focus on two of the hardest hit regions of Liberia with the support of the Seventh-day Adventist health system in the country.

More than 53,000 people will benefit from the project. ADRA's Ebola response is also active in Sierra Leone.

Meanwhile, a serious health emergency is developing in the western regions of Nepal following deadly floods. ADRA is establishing two temporary health camps to assist some of the 180,000 people affected.

ADRA's work is focused on the districts of Bardiya and Banke—which have seen all four of their health facilities destroyed. The health teams, which include doctors, nurses, public health educators and other staff, will provide immediate relief and treatment in the region while also referring more serious cases to hospitals.

More than 5000 people will directly benefit from ADRA's response.—*Braden Blyde/Adventist Record*



Cooper Adventist hospital in Liberia will be part of the response.

## 255 baptised in PNG

*Popondetta, Papua New Guinea*

North East Papua Mission (NEPM) of the Seventh-day Adventist Church in Papua New Guinea recently held a two-week evangelistic series at Popondetta's main oval, which resulted in 255 people being baptised in the Bangoho River.

About 2500 Adventists from all corners of Northern Province camped at Popondetta town to attend the program, some crossing the ocean or rugged terrain in order to attend. The oval was packed to capacity each night as guest speaker, Pastor Tony Kemo, spoke on "God's Final Call".

Major town cleaning, marching and community awareness were also included in the program. It was an exciting moment for the Adventist churches in Popondetta as Adventurers, youth and Adventist Community Service took part in a colourful march for Jesus during the second week of the series.



Among those baptised were eight inmates from Biru prison. The program was officially closed on August 11.—*Paul Kos*

## Gilson College gets new teaching facility

*Taylors Hill, Victoria*

Parliamentary secretary to the Minister for Education, Senator Scott Ryan, and Gilson College principal, Mark Vodell, officially opened a new \$A1.8 million facility at the school's Taylors Hill campus in August.

Hundreds of people from the school community and general public gathered for the event, as well as a number of Adventist Church officials.

The new facility, which will serve as a Year 5 and 6 complex for the school, was made possible through a \$600,000 Federal Government grant.

The building is the product of Collingwood-based architects Kneeler Designs and Hamilton-based building firm Cubic Modular. It features natural lighting and state-of-the-art ventilation systems to stimulate a very positive teaching and learning environment.—*Titilia Hafiz*



Gilson students with principal, Mark Vodell.

# Baptisms and reconciliation in Vanuatu

More than 2000 people were baptised at the conclusion of the Vanuatu Mission's "PV14: Hope For Port Vila" city-wide evangelistic campaign.

Member of Parliament for Port Vila, Ralph Reganvanu, opened the meetings at Freshwota Field on August 24.

The three-week campaign, which is part of the Seventh-day Adventist Church's "Mission to the Cities" initiative, finished on September 13.

More than 3000 Adventists paraded through the suburbs of Port Vila before the opening ceremony.

New Zealand Pacific Union Conference (NZPUC) Church Ministries (Cluster) leader, Pastor Jean-Noel Adeline, was the main presenter, while South Pacific Division Health Ministries associate director, Dr Chester Kuma, backed him up with presentations on health.

On the final Sabbath of the program, 2098 people in Port Vila, Santo, Malekula and Tanna were baptised, and the following morning, 115 more were added to that number after a final sermon. Included among those baptised were 18 low-risk prisoners (pictured above) (one female), who were allowed to take part in the baptism after they had followed the program on HopeChannel. Many people left their homes and went down to be baptised after watching the whole series on HopeChannel and hearing the call. Prominent community members were also baptised including two non-Adventist pastors (one with his whole family), the acting Director General for the ministry of Health, a former director of finance in the ministry of Education, and the wife of a cabinet minister.

HopeChannel broadcast the entire PV14 evangelistic series live on free-to-air television (for residents in Luganville, Lakatoro and Port Vila) and the nightly programs were also podcast and live-streamed on the web and radio.

There were nine downlink sites across Vanuatu, allowing residents in more remote parts of the country to watch the meetings "live on the big screen".

According to the Trans-Pacific Union Mission newsletter "this is the first time the Adventist Church has been able to provide such a complete coverage of public evangelistic meetings [in Vanuatu]".

Vanuatu Mission reports that the Sabbath crowd was between 9000 and 12,000. "To realise that in the crowd were thousands of non-Adventists worshipping on Sabbath

for the first time made the moment very special and meaningful," reported Mission general secretary Simon Luke.

Leading up to the series, more than 13,500 brochures were handed out in communities across Efate. Approximately 3500 brochures were also inserted in a weekend issue of the *Vanuatu Daily Post*.

Morning revival meetings were held for Adventist Church members at 5am every day at Epauto Adventist church.

"I believe this has been the secret of the success of this campaign," Mr Luke said. "God brought in the people to be baptised and the healing to the Church because the Adventist members in Port Vila were willing to humble themselves, confess and repent of their sins and renounce sins." He believes the Church came together in unity and this turnaround was a large part of the campaign's eventual success.

At one of the morning revival meetings, the Sorovango breakaway group, which had been disfellowshipped 16 years ago, rejoined the Adventist Church. Led by their pastor, Thompson and chief, Abel David, the group of about 17 stood and thanked Pastor Adeline and Dr Kuma for coming and asked to reunite at a special reconciliation ceremony. Mission president and PV14 chairman, Pastor Nos Terry, then apologised on behalf of the Seventh-day Adventist Church and welcomed the group in the presence of more than 500 church members. Members from Pango and Simbolo offshoot groups were also at the reconciliation. Sorovango church group is made up of people from Tongoa Island mainly and is one of several major independent groups in Vanuatu.

However, the program was not without challenges as Pastor Adeline required a police escort due to threats against him, and other church members were also threatened.

The challenge ahead is to nurture the new members. "But for now Port Vila has been warned, challenged, rocked and turned upside down," Mr Luke said. "God's people have been revived, reformed and united. We will leave the results to God." —TPUM/Adventist Record staff





# Journalist opens up at Homecoming concert

by Brenton Stacey

Australian journalist and broadcaster Geraldine Doogue criticised the media's wariness of religious issues after candidly declaring her faith during Avondale College of Higher Education's Homecoming concert.

In an interview midway through *Hymns and Songs of Praise*, Ms Doogue described her Christian faith as giving her life "solace and ballast". The host of *Compass* on ABC TV and *Saturday Extra* on ABC Radio National said the best journalists work with a sense of conviction but "do not know how to handle religion". Their hesitancy to ask about a belief system "is a real pity" because asking about it is "often the best clue you'll get to try and understand a person".

Ms Doogue's return as host—she played the same role at the most recent *Hymns and Songs* in 2012—helped fill Avondale College Seventh-day Adventist Church for the concert in late August.

## Murdoch Lecture

The annual Murdoch Lecture explored the role of religion in academe. Speaker Dr Lawrence Geraty, president emeritus of La Sierra University (Riverside, California, USA), used Avondale's values statement to remind those attending why they associated with a Seventh-day Adventist tertiary institution. Adapting text from a philosophy brochure of the Markham Woods Seventh-day Adventist Church, Dr Geraty described Avondale as "a place where people seek to become all that God has in mind for them to be".

## Citations

Teachers received most of the citations at Homecoming. Avondale Alumni Association's Alumna of the Year Adele Rowden-Johnson worked in technical and further education for 10 years before her first contact with what is now South Lakes Women's Refuge in NSW. "I was only meant to stay for a short while, then return to TAFE teaching. God had other ideas," she said. The association honoured the former managing director for her dedication in caring for and raising awareness of women and children who are the

survivors of abuse or domestic violence.

Alumnus of the Year Cliff Morgan turned down multiple offers from the Adventist Church to teach in its schools, promising instead that once he retired, he would serve the mission of the

Church at his own expense. Mr Morgan made good on his promise after a visit to the Solomon Islands and to Papua New Guinea in 1995. The Church's greatest need in those countries: finding sponsors for local missionaries to grow churches in isolated areas. So began Volunteers in Action, a ministry that has now led to more than 16,000 baptisms across the South Pacific.

Chris Koelma received the Young Alumnus of the Year award for sharing the universal language through performance and education. The composer and bass guitarist has been heading primary music at schools in Argentina and Malaysia since his graduation.

Seven other alumni, one from each of the Homecoming honour years, also received citations: evangelist and field archaeologist Pastor David Down (1944); academic Dr Laurie Draper (1954); missionary Coral Camps (1964); teacher and treasurer Harvey Carlsen (1974); principal Mark Vodell (1984); teacher Anthony Hibbard (1994); and communicator Adele Nash (2004).

## Alumni Heritage Day

Homecoming closed on the lawns of *Sunnyside*, the Cooranbong home of Adventist Church pioneer Ellen White. A breakfast preceded a presentation by Ellen G White Seventh-day Adventist Research Centre director Dr John Skrzypaszek and tours of the house and the South Sea Islands Museum.



Class of '74.

Photos: Ann Stafford



### Meeting with the President

Adventist leaders met with French Polynesia (FP) President Gaston Flosse and three members of his cabinet—two of whom are Adventists—on September 9. Among the church delegates were General Conference Legislative Affairs director Dwayne Leslie, his wife Dr Marissa Leslie, FP Mission president Pastor Roger Tetuanui, and South Pacific Division Communication and Religious Liberty director James Standish.

### Special day in Vao

Lolomal Seventh-day Adventist church in northeast Malekula (Vanuatu) was dedicated on August 24 in celebration of the very first evangelistic series to be held in the village of Vao. The three-week campaign (August 5–22) featured presentations by Pastor Titus John, with 32 people baptised on the final Sabbath of the program.—*Adventist Media: Vanuatu*

### Remembering good times

More than 100 former students came together in Cooranbong for the 2014 Avondale School reunion on August 16. Former classmates spent the Sabbath catching up and reminiscing about the “good old days”. Among the attendees were retired doctor and pilot Don Wilson, Warren Grubb and Ray Faul, who came back to Cooranbong to celebrate the 60th anniversary of their matriculation.—*Michelle Bof*



### Shaping faith in Fiji

Children’s Ministries leaders from across Fiji gathered at Navesau Adventist High School in August for a four-day Faith Shaper expo. The program was organised by Marica Tokalau and Millie Macdonald, with South Pacific Division Children’s Ministries director Julie Weslake and North NSW pastor Daron Pratt serving as guest presenters. Also on hand was Kylie Stacey (from NSW), who taught attendees a number of interactive songs from her book *Playful Worship*. “It is always a blessing to help leaders and parents to shape lifelong faith,” Mrs Weslake said.—*Children’s Ministries*

### Big blow for PNG church

Nemong Adventist church in Mt Hagen (PNG) suffered significant damage after an overhanging tree branch fell onto its roof in August. The fallen branch crushed the church’s tin roof and forced the entire building structure out of shape. A church stewardship meeting was being held in the church at the time of the incident, but fortunately no injuries were reported. Western Highlands Mission representatives said church members “wept bitterly” over the loss. The Nemong church was built five years ago by a Volunteers In Action team, with support from the South Queensland Conference.—*Jim Wagi*



### Avenue closing

Christian broadcasters have been left dismayed after the Australian Government announced community television broadcasts will cease at the end of 2015. Adventist media ministries, including *Record InFocus* and *Wahroonga Adventist TV*, are among the organisations affected. Community television is often the only way Christian groups can reach a free-to-air audience.—*Record staff*

### Artist makes mural with Kiwi kids

A new outdoor mural was recently unveiled at South Auckland Seventh-day Adventist School (NZ), with the 4.8 by 2.4-metre artwork celebrating the school’s Christian multiculturalism. Avondale College visual arts lecturer Dr Andy Collis helped paint the mural as part of a week-long intensive art course delivered to the school’s 305 pupils and its teachers.—*Brenton Stacey*

### Medal man

Pastor Roger Millist received his Order of Australia Medal (OAM) during a special ceremony at Government House in Perth on September 5. The Investiture ceremony for recipients of the 2014 Queen’s Birthday Honours was officiated by Chief Justice Wayne Martin. Pastor Millist was awarded the OAM for “service to international relations through a range of aviation and church roles in Papua New Guinea”.—*Record staff*



## It's not about the destination

We've all had it happen to us—maybe it has been on the walk home from the train station or just after you've left the office for lunch, or maybe when you're out walking the dog. An idea comes, seemingly out of nowhere; it's a creative solution to the problem you've been wrestling with. No matter how much you pored over the problem nothing was coming, but when you walked away from it the answer came.

Often we think the reason for this is that we got some distance from the problem and a chance to see it in a new light, but new research indicates that *how* we get the distance might be even more important.

Researchers out of US-based Stanford University took a group of students through a series of experiments looking at the difference in performance at two cognitive tasks designed to measure creative output following a set time of either sitting or walking on a treadmill or outdoors. They found that following walking, either on the treadmill or outside on the busy university campus, the average participant saw a significant increase in creative output, with more than 80 per cent being more creative after walking than sitting.

We're always jumping in cars, buses, trains and planes to try and be more efficient with our time, but when the destination is creative thinking, it appears the quickest way to make the journey might be on foot.



**Note: For convenience, a ready-made pesto also works well with this recipe.**

### Antipasto and Pesto Pizza

Preparation time: 15 minutes  
Cooking time: 8 minutes Serves: 4

#### PESTO

- 1 bunch basil, leaves removed (100g)
- 3 cloves garlic
- 80g pine nuts, toasted
- ½ teaspoon salt
- ¼ cup light olive oil
- water

#### PIZZA

- 2x large wholemeal pizza bases
- 2x punnets mini Roma tomatoes, quartered
- 280g bottle artichoke halves, quartered
- 220g tub fresh cherry bocconcini, sliced
- 24 Kalamata olives

1. To make pesto, place basil, garlic, pine nuts and salt in a food processor. Process mixture while slowly pouring in the oil, then add enough water to make the pesto smooth.
2. Spread pizza bases with pesto.
3. Arrange tomatoes, artichokes, bocconcini and olives over pesto.
4. Bake in a hot oven, 200°C, for 20 minutes, or until crust is golden.

**NUTRITION INFORMATION PER SLICE:** kilojoules 1060 kJ (255 calories). Protein 8g. Fat 14g. Saturated Fat 3g. Carbohydrate 23g. Total Sugars 5g. Sodium 470mg. Potassium 280mg. Calcium 120mg. Iron 1.4mg. Fibre 3.6g.

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Sanitarium

LIFESTYLE  
MEDICINE  
SERVICES



# The race nobody wins

by Phillip Lomman

***"For when they shall say, Peace and safety; then sudden destruction cometh upon them . . ."—1 Thessalonians 5:3***

CITY GUESTS CAN'T BELIEVE HOW QUIET IT IS AT our little hamlet retreat. So close to the turmoil of Sydney, yet incredibly peaceful—particularly for someone who tolerates the incessant drone of the suburbs. The stars are brighter here too—not quite to the luminance of the outback but a far cry from the dulling effect of the bright city lights.

Recently someone wanted to know if it was difficult to get in sync with the "remoteness" of our home . . . the silence, the darkness, the bush sounds. It's not a chore for us; but I guess it becomes a real question for those who are used to living with the buzz of the city.

I stood at the window this morning. Without effort I observed a plump kookaburra eyeing off his breakfast; a small flock of swamp fowl grazing on our lawn; a gathering of spectacularly brilliant parrots also grazing on the pickings from our lawn; and several wood ducks frolicking in our dam, radiating mini-tsunami rings across the surface. The magpie, willy wagtail, wren, sulphur-crested cockatoo, bower bird, crane, galah, black cockatoo, pesky myna, hornbill, bellbird, cormorant, water hen . . . and others are not immediately in view. But they are out there. You can hear them.

Feral deer—elegant, timid, destructive—also grace our home surrounds, along with wombats, kangaroos, possums and maybe even the mythical black panther.

Without domestic pets to drive them away, the local fauna feel a sense of safety near our home. In contrast to this serenity, however, are the reports from local and distant points that blare forth disturbing events: dissidents in Iraq causing homeland disarray, bombings and beheadings; kidnappings in Africa—torture, rape and massacre; protesting locals in Rio striving to make the world aware of

their poverty, abuse, murder and oppression; the threat of nuclear action from North Korea and Iran; political dissent in Australia over budget cuts; suicide bombings; disgruntled students and employees involved in shooting rampages; floods, storms and "one-in-a-hundred-year" events seemingly ignoring their implied terms of behaviour; racism, class segregation, air and sea disasters, drunkenness, bashings . . . the list goes on and on and on!

I guess there's an easy solution as I retire from my job in the rat race of life. . . the race that nobody wins. As I retreat to our haven of peace at home, all I need to do is turn off the TV and radio news, and it will all go away. The turbulent events out of earshot will then no longer concern me: out of sight . . . out of mind!

The Scriptures are very clear that the horrendous events that we see on

our flat screen TVs should not surprise us. Sure our love and concern for our neighbour must be evident in our lives, but we've been warned clearly that these tragedies will come about as signs of the end. As we observe the fulfilment of prophecy, our genuine concern for those who are suffering must go hand-in-hand with the acknowledgment that soon Jesus will come. There is no greater time for us to fulfil the gospel commission.

So what of my comfortable natural surroundings? When the stress and tension of last day events on our lives seem to threaten our resolve, we can step back—particularly on the Sabbath—and know that amidst the turmoil, there are still so many wondrous delights to remind us of God's creative power, His nurture and love, and His way of stretching our imaginations as to the beauties of the new earth, which is not far away. See you there! R

*Phillip Lomman writes from Sydney, NSW.*

**There is no greater time for us to fulfil the gospel commission.**

## Fly'n'don't build

Everest. Sherpas. The world's only non-quadrilateral flag. The country: Nepal, of course. The nine Avondale College of Higher Education students who visited earlier this year learned much more about this landlocked nation, though. Rough roads, raging rapids. Patriarchy, poverty. The caste system, climate change. And a vulnerable but proud people fighting for a better life.

The trip served as the practical component of one of our international poverty and development studies units. We'd previously completed other units in the course and prepared extensively throughout first semester for the trip. During our month in Nepal, we traversed 19 of its 75 districts to visit 15 villages, all beneficiaries of Adventist Development and Relief Agency (ADRA) projects.

The field work took a different form from most short-term mission trips: we were monitoring and evaluating completed ADRA projects. It doesn't sound as exciting as building a church or a school, and in some ways it wasn't. But as senior lecturer Brad Watson says, "It's much harder engaging in a process where someone else is feeling like they're the ones who 'did it', and those foreigners were only tangential. As a feel-good activity, it doesn't work as well as other experiences, but it is providing an important service."

While the projects we evaluated were funded in Australia, our feedback would join a large body of research being presented to the British government's UK Aid. The kicker: we could influence millions of dollars of humanitarian funding. "Take it seriously, because ADRA takes it seriously," advised Simon Lewis, the ADRA Nepal country director at the time.

Throughout our travels, we found ourselves irresistibly drawn to the people of Nepal and their stories. Our translator, for example: a career woman in a patriarchal society. Malnourished eight-year-old twins overlooked in a reasonably prosperous village, and the challenge to provide help for them that would continue after we departed. Nepal's only all-female adventure company, with glowing hope for the future. An ambitious young man soon to become the first person in his village to hold a tertiary degree. Another man who asked us to tell our government to stop polluting, as we were causing climate change in his village. A confident women's group who excitedly told



us that as microcredit programs gave them income, their husbands gave them respect.

These people are the real Nepal—no less a part of the country than the stones and snow of Everest. We went to help and were gratefully received. But we learned, too. We learned many fail to break the cycle of poverty because they simply lack the opportunity to do so. We learned to hope and to strive for a world where we can offer these opportunities to all.

*Joshua Page is a Public relations assistant at Avondale College of Higher Education.*

"Never be afraid to trust an unknown future to a known God."  
*Corrie ten Boom*

**ASA**

**Convention**  
2014/15

*into the unknown*

*Clue One*

**5<sup>th</sup> - 11<sup>th</sup> January 2015**

*Clue Two*

**Camp Fletcher**

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*Clue Three*

**Speaker: Roy Ice**



## What is ASA Convention?

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31

*More clues coming soon*

**myasa.org.au/convention**  
and on the ASA Facebook page

# Plum Pudding's disastrous decisions



by James Standish

**T**HIS IS THE STORY OF PLUM PUDDING AND HIS disastrous decisions. But it didn't start out that way. No. When Plum Pudding came to my home, it was all good things and happiness.

You see, Plum Pudding was the prettiest little goldfish. And he had a friend named Polly. They were our first ever family pets. Not the pets my girls wanted, mind you. They would have preferred a kitten or a puppy. Even a rabbit or guinea pig would have been better.

But all those pets are complicated.

What could be complicated about two little cute goldfish?

Things. That's what.

Take, for example, the time we found hundreds and thousands of tadpoles in the fountain of the ruined mansion near our home. We thought they would make excellent friends for Plum Pudding. And we wanted to see them grow into little froggies. But that didn't happen at all.

The morning after we put the tadpoles in with Plum Pudding, we woke up to see how they were doing. But we couldn't see them. At first we thought they might be in the little fishy rock house in the tank. But they weren't. Nor

were they behind the plastic seaweed. They hadn't burrowed under the pebbles at the bottom of the tank, either.

And that's when we noticed something.

Plum Pudding looked substantially bigger than he had the night before.

Plum Pudding, you didn't!

He just looked at us lazily. Did you? A bubble came slowly out of his mouth. You did! You ate all our tadpoles—every single one. You are such a greedy guts!

And that wasn't all that he ate. You see, every time we fed our fish, the flakes floated on top of the water for a few minutes. Plum Pudding would frantically eat as fast as he could. If Polly tried to come to the surface to eat, Plum Pudding would chase her away. Poor Polly only got the scraps that floated to the bottom of the tank.

Now, of course, fish can't be bad or good. They don't have the kind of brain that allows them to know what is right. But it sure seemed like Plum Pudding was a bit of a bully. And even though he was one of my girls' fish, and even though she loved him very much, we all had to agree that his manners were appalling. He was just so selfish—he didn't think about poor Polly at all. But something pretty

weird happened to Plum Pudding—which I will tell you about in a minute—and what happened to him reminded me of something strange that Jesus said.

You see, we're often told on TV and magazines that the people who accumulate the most stuff are the most important, and those who have nothing—well, they aren't very important at all. We don't always say it like that. But watch how poor people are treated, and then watch how rich people are treated. And I think you'll see what I mean.

You almost never see poor people on magazine covers, for example. And there are no crowds running to be near poor people. But if you're rich . . . Well, everyone wants to be with you. And one thing that's really strange—people love to give rich people free stuff. For example, movie stars get lots of free clothing and jewellery from companies. In fact, they get so much they even have a word for it: "swag". And people are always giving presents to royalty and presidents. As if they couldn't buy something if they wanted to! I've seen lots of poor people and you know what? I've never seen crowds rushing to be near them or people falling over each other trying to give them free stuff—even though they could really use it.

Think of a poor girl who has never been to school. She doesn't even know how to read! She sleeps on the footpath and uses the alleys of her city for a toilet. Her clothes are rags. Now obviously a person like that just isn't very important, is she? When Jesus comes again He will surely say to her, "I'm too busy for you, I want to spend time with all the great people of this earth—the movie stars, the big business people, the presidents and prime ministers, people who have won singing shows, those sorts of people, not you . . ."

But this is what makes Jesus so confusing. You see, He said if you are rich, you should weep! What? Didn't He understand things? And even worse, He said if you're poor, you should be happy. Why? Because when He comes again, the people who are first in this world, will be last. And those who are last, they will be first.

I would feel very happy about this news if I was poor. But I'm not. And probably you're not either.

So what can we do? We don't want to be last in God's kingdom! The good news? We don't have to be. You see, Jesus tells us that when the King judges the world, those who give clothes to children who don't have any, food to those who are hungry, shelter to people who are homeless—those people will be invited into His kingdom. But only those who have clothes to give can give them. And only those with food can give food. And only those with a home can give someone a place to stay. The point is, I think, Jesus doesn't want us to have nothing; He just wants us to be generous with what we have.

Which brings me back to Plum Pudding. You see, even

though he was the most beautiful goldfish, he was not generous. No. Not one bit. In fact he was very, very greedy. He wanted everything for himself and nothing for anyone else.

One day we got big news. We were moving from America to Australia. And that meant we had to decide what to do with Plum Pudding and Polly. It's hard to take fish on a plane. Maybe we could put them in the ocean and they would swim over to us like Nemo? But the ocean is saltwater, and goldfish don't do well in that kind of water. We thought long and hard and then we had an idea.

Our favourite Thai restaurant, Siri's, had the most wonderful fish tank. It was so much bigger than our little tank. And instead of a few bits and pieces, this one was full of all kinds of wonderful decorations and places for fish to play in. It was truly amazing. The best place you could ever imagine if you were a goldfish! So we took Plum Pudding and Polly to Siri's and asked if they could come and live in the new wonderful fish tank. The owner, who we knew quite well, thought about it for a minute, then said "yes!"

We put our lovely goldfish in the water and watched them swim around. Polly went and hid. But not Plum Pud-

ding. Even though there were fish much bigger than him, he swam around like he owned the tank.


A year later we returned to America. And you can guess who we wanted to visit! We dropped by Siri's and there was some very good news. Polly had grown up. She was now a large, bright goldfish with perfectly shimmering scales.

But what about Plum Pudding?

"I have some bad news," the restaurant owner told us. "Plum Pudding became very, very big. He just kept on eating. Then one day, his stomach couldn't take it anymore and, pop, he blew open!" "No!" we said in disbelief. "Yes, it's true," he told us.

And that made me think back on those strange words of Jesus. You see, I thought Plum Pudding was going to be first in the new wonderful fish tank. And I was afraid for little Polly. But I was so wrong. The very thing that had made Plum Pudding grow strong and big in the little fish tank, was exactly the thing that destroyed him in the new beautiful tank. And the thing that made Polly small and weak had helped her to survive and thrive in the new tank.

The first really was last. And the last was now first.

Now, think like a goldfish. Where would you rather be first? In a tiny little fish tank. Or in a huge beautiful fish tank? Yeah, me too, give me the lovely big fish tank any day! Now think about yourself. Where would you like to be first? In this grubby old earth with all its problems? Or in a new earth that's so wonderful, we can't even imagine it? 

*James Standish is editor of Adventist Record.*



Share *Signs*,  
change a *life*  
reach your  
neighbours and friends



**Silas Wagi**

I graduated from Pacific Adventist University (PAU), Papua New Guinea, in 1988. I was appointed PAU crop production manager and Murray Miller, my lecturer, provided advice. We made the farm profitable. But I had an accident and had to stop. After a break, I came back to PAU and worked for Adventist Development and Relief Agency (ADRA), advising villagers on how to increase their crop yields. The position was funded by AusAID.



After that I attended the University of Papua New Guinea and received a bachelor's degree in Environmental Science, and I worked at the university for a while. I then received a call to be a science teacher for the Adventist school at Paglum in Mount Hagen. The culture there was very different from that of Port Moresby where my family is from. But it was a culture I was familiar with as my dad was a missionary pastor who worked as a district director in the Highlands—so I grew up there. In a way it felt like I was going home.

From there I was called to Kabiufa Adventist Secondary School, near Goroka. I spent seven years there, eventually becoming deputy principal. My first principal position was at Kambubu Adventist Secondary School, near Rabaul, on the island of New Britain.

This year, I was called to be principal of a new school at Koiari Park—next to PAU. There are still things that need to be completed but the computer lab is up and running, and eight of our 20 classrooms are open. The others will be opened as we grow. We have more than 300 students but this high school will eventually expand to about 1500 students. PAU primary school will also move onto this campus. Eventually we plan to have around 2500 students in total.

We have lost our way in our Church schools. We need to bring back the standard of behaviour, academic excellence, and ensuring our graduates have the character and skills to be leaders in their communities. We used to challenge some of the top schools in PNG. We've lost that academic edge and it's time to get it back. We need to at least be on a par with them. To do that, we need to ensure we keep our admissions criteria high and be innovative in the classroom.

One of the initiatives I'm excited about is the "Future Schools" program. It's an IT-based program that provides interactive instruction in maths and English. Many of our students have English as a second language so we have to substantially increase their skill levels to make them competitive on a global scale.

We have an increasing number of non-Adventist students. This presents an opportunity—but also a challenge. All of our teaching staff are Adventist—about 70 per cent are PAU graduates. We start the day with student worship. Bible is the first class every day as it's the most important class and the foundation for everything else we do. We have to be careful that if we employ a chaplain, as we plan to do, we don't forget that every teacher is a missionary in their own right. We also want to encourage our graduates to go on to PAU or Sonoma Adventist College, and become active in spreading the gospel. There is growing materialism in our Church because the economy has expanded rapidly in PNG. It's our job to keep the mission ethos strong in our Church.—as told to James Standish

For information  
or to subscribe, phone  
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LETTERS

**HOPE FOR CHILDREN**

Dr Bernard Chapman

Recently my wife Julia and I spent 3 weeks in Bangladesh performing Health Checks for ADRA, and for Asian Aid Organisation's partner- Bangladesh Children's Sponsorship Services (BCSS).

It was a busy time working with some wonderful Christian people.

The Adventist church can be truly proud of these organisations. It was a privilege and inspiration to work with such dedicated hard working people who loved to serve their God and their people.

I would like to commend those in the South Pacific who support ADRA projects anywhere in our world, or sponsor children through Asian Aid. Please understand that the money you give goes to make a huge difference in the lives of those who are really in need. Really it does!

Please continue to support these projects as the need is still great.

Child sponsorship is a great need in Bangladesh, as in other developing nations. The children really appreciate the hope they are given through a Christian education and learning about our wonderful creator God.

May God continue to bless those working for him through these organisations and also those who give.

**LET THEM COME**

Daron Pratt, NSW

Excellent article "Shorter, smarter, better" (Editorial, September 20). Children need to feel like they belong—not just in Sabbath school but in church as well. I can't help but wonder what our church service structure would look like if we dared to assume that

children have the same access to the sights, sounds, rituals and smells of worship as the adults do. Pastors and worship leaders please take note and "let the children come to Jesus and do not hinder them" (This includes worship)! After all children are more likely to make a decision for Jesus before they reach their teenage years so it makes sense to put them first in our worship and evangelism.

**CAMPUS MINISTRY**

Michelle, via website

Re: "Big questions at Newcastle University outreach" (News, September 20) Brilliant! These are the type of people I hope and pray my university-attending, 21-year-old son will come across one day soon. Is there a plan on running this program in the south of this country? In fact, take it to all Australian university campuses.

**GLUTEN FREE**

John Anderson OAM, Norfolk Island

Congratulations to Sanitarium for finally releasing a gluten-free Weet-Bix product (New gluten-free Weet-Bix, News, August 30). It is clear that gluten is associated with a number of diseases and disorders.

Coeliac disease is on the rise. Gluten sensitivity is being discovered to be much more common. Gluten is associated with autoimmune disease and

even brain disorders.

I suffered physically at college in 1950s with a diet high in gluten. Diagnosed by a gastroenterologist ahead of his time in 1970s as having a gluten intolerance (not coeliac).

Peter Gibson, Professor of Medicine of Monash University, has specialised in food intolerance admits conservative medicine has not been good at dealing with the gluten problem.

An outstanding Medical Superintendent was appointed to the Norfolk Island Hospital, also trained in Nutritional and Environmental Medicine. During this doctor's term of practice a quarter of the population changed their diet—a significant number were put on a gluten free diet—resulting in dramatic improvements in health. The supermarket's gluten free shelf space expanded considerably.

It is obvious with all the compelling knowledge out there that any organisation professing to promote health & wellbeing should take the gluten issue seriously.

**LOVE INFOCUS**

Claudia Kolb, SA

Love InFocus on Sunday mornings at 9am on Channel 44 in Adelaide; thanks for a great show :D May God continue to bless you and all you do.

*Note: Views in letters do not necessarily represent those of the editors or the denomination. Letters should be less than 250 words, and writers must include their name, address and phone number. All letters are edited to meet space and literary requirements, but the author's original meaning will not be changed. Not all letters received are published. See Page 4 for contact details.*

**REVIVED BY HIS WORD**

**October 4—18, 2014**

READING THROUGH THE BIBLE TOGETHER  
ONE CHAPTER A DAY

4 - Nahu. 1	7 - Haba. 1	10 - Zeph. 1	13 - Hagg. 1	16 - Zech. 2
5 - Nahu. 2	8 - Haba. 2	11 - Zeph. 2	14 - Hagg. 2	17 - Zech. 3
6 - Nahu. 3	9 - Haba. 3	12 - Zeph. 3	15 - Zech. 1	18 - Zech. 4

# Lessons from the **POMEGRANATE**



by Paul Sharp

**W**HEN I WAS GROWING UP, SOMETIMES MY brothers and I rode our bikes up a really steep hill just outside of town. Halfway up the hill on a warm autumn day we found our reward: a tree full of big juicy red pomegranates in the middle of a deserted paddock. So we feasted on them with the sun soaking our little bodies.

Since then, I have always wondered why pomegranates were used to decorate the hem of the high priest in biblical times. They were made from blue, purple and scarlet yarns with bells of gold between them (Exodus 28:33)<sup>1</sup>. Another mystery that I have wondered about is why Paul refers to “Christ in you, the hope of glory” (Colossians 1:27). Little did I realise that years later the mystery of the pomegranate would also unravel in connection with this text.

On reflection, when sitting under the pomegranate tree and prying open the fruit, I could see that it was made up of smaller fruit compartments or cells. Each cell had its

own seed, and the seed was fully surrounded by the juicy red flesh. When mature, the fruit tasted incredibly sweet and delicious, but picked too early and it had a sour taste and slightly drew the cheeks of my mouth together.

If you opened the fruit yourself, you would find that it was also fully contained within itself—one large fruit body with many smaller fruits all clinging together. It's both whole and one piece, but also many pieces. It also has sections within the fruit varying from four to eight segments. So how does the pomegranate explain the mystery of Christ in us?

To begin, we notice that to each part of the fruit is given a seed. Similarly, to every one of us is given the gift of Jesus (Ephesians 4:7) and He brings life to each of us (John 1:9). We are given the full measure, not just part, whether we believe or don't believe (Matthew 5:45). Everyone who believes will have eternal life, and everyone who does not believe receives His fullness in this life<sup>2</sup> (John 3:16, Colos-

sians 1:17).

The fruit cells are all contained within the whole fruit and, likewise, we all dwell within Jesus and He in us (Colossians 1:17, 1 John 4:13). The smaller fruits all hold on together in a body, which has many segments to make up the whole. Similarly, the human race or His church all make up the whole—each individual having his or her role within the body (1 Corinthians 12:28) to make up the whole (Ephesians 1:22), with Christ as the Head (Colossians 1:18) as well as being with us (Revelation 2:1).

I can now start to see the purpose of the place of worship for the people, where the bell and pomegranate were first used. It was to show us the way forward through symbols and lessons that point to God's desire to be one with us and dwell with us (Exodus 25:8, Revelation 7:15). It seems that there are many things to be learned sitting under a pomegranate tree, but then how does this all happen?

The name "Jesus" means "He shall save His people from their sins" (Matthew 1:16,21), and "Christ" means that He is the Anointed One to accomplish this task (Daniel 9:25, Acts 4:12). Even more powerful is the name Emmanuel, which means "God with us" (Isaiah 7:14, Matthew 1:23). In this way the pomegranate gives us some parallels into the relationship between Jesus Christ and His people, between Jesus Christ and the church, and between the people within the body or church.

To illustrate this further, one interesting property of the pomegranate is the blood-red juice that saturates the whole fruit and will easily soak into your fingers and clothing. Likewise, Moses sprinkled the blood of the sin offering with half being poured onto the altar and the other half sprinkled on the people (Exodus 24:5-8). This shows that Jesus' offering was freely given, and also that Jesus' sacrifice needed to be applied daily in our lives through His heavenly ministry for us.

From the above, we can see that there is no reason to pride ourselves about anything, except for the One appointed for our recovery, in whom we dwell. And He dwells within every one of us. Like eating a pomegranate, for some to receive this message too early can leave a sour taste in their mouth, but to others it's accepted gladly and tastes sweet and nourishing. For this reason, the good news message has to be accompanied by the sweet sounds of the bell echoing gently in the halls of your mind (Acts 2:41, Romans 10:7). This message has an effect when it's combined with the feet of the One who sends it (Isaiah 52:7, Romans 10:15, 1 Corinthians 4:1).

Finally, through the symbology of the pomegranate it's possible to grasp one of the more complex statements from Paul, who says that God is above all, through all and in all (Ephesians 4:6). Just as in creation, the Holy Spirit was above all (Genesis 1:2), all things were created through the words of Jesus (John 1:3), and creation involved the life being given to all by the heavenly Father, Son and Holy















Spirit as they declared, "Let us make man in our image . . ." (Genesis 1:26); so in re-creation, all of heaven is involved in our restoration so that we may dwell with God, and Him with us.

When you next think of the humble pomegranate hanging at the very bottom or hem of the high priest, consider some of the insights it offers into the wonderful plan that was thought of a long time ago. R

1. The sound of the bells also tinkled as the priest went in and out of the Lord's presence, and if worn would prevent the death of the priest (Exodus 28:35). Whether the High Priest had a rope attached to his foot on the Day of Atonement is not recorded in the Bible and is a diversion from my current theme, and so I will leave others to answer that question.

2. I say this, because every person is given the opportunity to live, even though we have all sinned.

### The number of references to fruit in the Bible

FRUIT	Number of references (plural form)
Fig(s) 	39 + (22) = 61
Apple(s) 	8+3=11
Pomegranate(s) 	8+(17)=25
Pear(s) 	23
Grape(s) 	8+(33)=41
Olive(s) 	34+(14)=48
Palm (date) 	8
Mulberry 	4
Almond 	2+(6)=8
Melon(s) 	1
Cucumber(s) 	(1)
Hazel 	1
Chesnut /Chestnut 	2
Juniper 	4

# ANYTIME ANYWHERE



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Concord, New South Wales  
Adam Kavanagh

"I love my church for many reasons," says Adam Kavanagh, a proud member of Concord Seventh-day Adventist Church.

1. It feels like a family.

"We know each other personally, we spend time together and we care about one another. We counsel each other in times of struggle and we spend all of Sabbath together in fellowship."

2. There are many opportunities for church members to learn and grow in Christ.

"We have a men's group on Tuesday night, women's book club on Wednesday morning and prayer meeting on Wednesday night – there are many opportunities for us to connect."

3. Our church is trying to reach the community.

"A church member studied with a man in a local nursing home and eventually he gave his heart to God – in his eighties!" says Adam. "We have a group that is doing nursing home visits – they sing, read, have children's performances and spend time getting to know the residents. And some ladies take food to older people within the community."

Close friends, opportunities to learn, and serving the community are all characteristics of a healthy church. But Adam is quick to point out the most important characteristic of all.

"The main thing that I love about my church is that it loves Jesus."

–with Vania Chew



## OPINION POLL

Which of these fears affects you the most?

- Spiders
- Darkness
- Lonliness
- Being in an unpredictable situation
- Being alone
- Tight spaces

Visit [record.net.au](http://record.net.au) to vote.





Pharaoh hears about the arrival of Joseph's brothers and together they invite the whole family to come to Egypt to live. The brothers return home to pack and move their entire family, all 70 of them to the land of Goshen. Joseph meets his father and takes his family to meet Pharaoh.

## FIND THESE WORDS

Joseph | family | seventy | Canaan | Goshen | move | Father  
Pharaoh | Egypt | daughter | sons | grandchildren | died | God

H	C	A	O	F	N	A	A	N	A	C	B	G	O	Y	S
O	R	E	Q	S	O	E	M	Q	S	F	Y	O	D	G	T
N	F	U	J	O	S	E	P	H	O	P	E	O	I	R	I
O	F	A	M	N	S	H	H	N	G	P	L	E	D	A	W
S	I	L	Y	S	T	H	A	C	V	O	K	U	O	N	O
R	E	L	S	L	I	A	R	B	E	L	D	E	I	D	R
R	R	V	O	D	E	T	A	O	N	G	N	G	Y	C	S
T	M	E	E	R	A	G	O	S	H	E	N	Y	O	H	H
F	M	L	M	N	D	S	H	M	B	Q	W	P	H	I	I
D	A	U	G	H	T	E	R	E	S	P	E	C	R	L	P
K	C	M	T	P	M	Y	N	I	A	L	L	Y	O	D	E
T	W	S	I	H	L	B	W	S	F	A	T	H	E	R	D
C	I	L	L	L	E	G	E	L	L	U	M	O	V	E	W
V	T	H	O	L	Y	R	E	G	Y	P	T	V	E	N	P

Then write the letters in the shapes to complete the messages below



### COMMUNITY MESSAGE

God helps me \_\_\_\_\_  
for my \_\_\_\_\_.

### MEMORY VERSE

"Let us do \_\_\_\_\_  
to all \_\_\_\_\_,  
\_\_\_\_\_ to  
those who \_\_\_\_\_  
to the family of believers"

Galatians 6:10

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## WEDDING



**Martin-Holm.**  
Jared Martin, son  
of David and  
Tania Martin

(Newcastle, NSW), and Carina Holm, daughter of Frank and Hanne Holm (Daugård, Denmark), were married 29.6.14 in Silkeborg Adventist church, Denmark. The couple met in Denmark while Jared worked at Vejleford Adventist Boarding School as a student missionary. They now live in Cooranbong, NSW, where they are enjoying married life with Jesus Christ as their "number One".

## OBITUARIES

**Back,** Violet Ivy (nee Rawlins), born 23.12.1936 in Boulder, WA; died 24.7.14 in the Adventist Retirement Village, Perth. On 17.1.1961, she married Alan Back. She is survived by her husband; her children, Karen Blake (Bunbury), Dennis (Kalgoorlie), Darlene Mitchell (Perth) and Yvonne Stewart (Perth); 12 grandchildren; and three great-grandchildren.

Vi joined the Kalgoorlie Adventist church at the age of 13. At 16, she commenced work with Sanitarium in Perth, serving in different roles for most of her life.

*John Hetherington  
Barbara Reynolds, Roger Millist*

**Evans,** Colin, born 14.9.1917 in Newcastle, NSW; died in Wyoming. He is survived by his wife, Rosalyn Barnett; and his sons, Graeme and Brett. Col spent time serving in the army and navy. After he was discharged, he spent time working with trucks and buses, eventually purchasing his own semi-trailer, which he used for interstate trips. He was a regular visitor at both Erina and Ourimbah churches.

*Don Madden*



**Giblett,** Ray, born 18.12.1936, in Subiaco, Perth, WA; died 10.7.14 in Geraldton. He is survived by his wife, Margaret; his children, Karen, and her husband, Peter (Carramar), Clayton (Townsville, Qld), Tracey (Safety Bay, WA) and Brenda (Beeliar); and his nine grandchildren. Ray's

vibrant spiritual life affected so many people in a positive way, either leading them back to God or greatly encouraging them on the Christian pathway. Ray loved evangelism and community service and did much for Geraldton on the ADRA Appeal, raising thousands for his home town. He was such a great soul winner and a deeply spiritual man.

*David Price, Saia Veo*

**Hawken,** Eric Lance, born 2.5.1926 in Cobbora, NSW; died 25.7.14 in the Bayside Nursing Home, Bonnells Bay. He was predeceased by his wife, Daphne, in 1995. He is survived by his three children, Joanne, Graham and Deanna; nine grandchildren; and seven great-grandchildren. Lance ran a trucking transport business for several years. Later he was a faithful, valued employee of Sanitarium in Cooranbong. He had a passion for fossils, crystals and gemstones and built a beautiful showroom and a cutting and polishing workshop. Lance was a genuine Christian gentleman who loved God, his family and church.

*Roger Nixon*

to Wingham, and then finally to Tinonee. On 17.1.1953, he married Wilga Stewart and she was his loving and caring wife for 61 years. He is survived by his children and their families, Gwendolyn and Alan, Bronwyn and Steve, Paul and Annette; and Michael; and 16 grandchildren. Laurie suffered prolonged illness during his later years, but now he rests awaiting his call to come to the land where no-one will ever have to say, "I am sick".

*G Woolnough*

**Leach,** Lorraine Olivia (nee Edwards), born 20.11.1940 in Carlton, Vic; died 8.8.14 and was buried in the Pampoolah Lawn Cemetery, Taree, NSW. In 1956, she was baptised in Brighton, Vic, and she married her husband, Allan, in the Adventist church there on 13.10.1963. They had two children, Susan and David. Lorraine suffered from considerable sickness and disability, but she was always cheerful and had a radiant smile for everyone, surely a reflection of her love for her Saviour.

*L R Thrift*

**Maloney,** Ron Francis, born 10.9.1947, died 20.6.14 in Gosford, NSW. Ron's life was celebrated by his siblings, Geoffrey Maloney, Cheryl Conroy and Dyana Ilijevski, and his family at Gosford church. Ron's parents came to know about Adventists as the result of a faithful literature evangelist. He was remembered as an amazing character who had the common touch to talk and mix with people from very different walks of life.

*David Price*

**Phillips,** Merton Tudor, born 27.6.1913 in Caulfield, Vic; died 16.7.14 in Boronia. He was predeceased by his first wife, Gwendolyn, in 1968, and his second wife, Mavis, in 2008. He is survived by his stepchildren, Raymond and Bronwyn Slade (Vic); and Dawn and Tom Laughlin (NSW). Merton was renowned for his passionate approach to life, especially his faith in his Lord and Saviour, and for his phenomenal memory. He was able to recall instantly the dates of even relatively minor events in his and his family's lives.

*Tony Campbell*

**Richardson,** Pastor John Redmayne, born 8.5.1927 in Feilding, NZ; died 16.7.14 in Cleveland, Qld.

## POSITION VACANT



HopeChannel, a ministry of Adventist Media Network is seeking a full time Manager who will be based at Wahroonga, NSW. HopeChannel has exciting plans to expand throughout the South Pacific and is looking for a dynamic leader who is passionate about bringing people to Jesus through media.

The position involves key involvement in the execution of the HopeChannel strategy; ensuring that evangelism is at the centre of all that we do; develop an integrated programming plan for media channels; develop a wholistic marketing plan including the production of resources; ensure a robust and efficient operation; develop and manage effective plans to ensure the sustainability of the ministry; developing effective relationships with church administration and external stakeholders in the South Pacific and other regions.

The successful applicant must be a baptised member of the Adventist church with full commitment to its message, mission and lifestyle. He/she should have a passion for soul winning; strong leadership and management experience of a minimum of 5 years, preferably in media; superior written and verbal communication skills; proven business management experience; an innovative and creative flair; a proven track record of delivering projects in a timely manner; strong marketing background; the ability to build, develop and retain rapport with internal and external stakeholders; a team player and 'can do' attitude; and have completed a tertiary degree.

Overseas applicants should ensure they satisfy Australian working visa requirements before applying for this position. Adventist Media Network reserves the right to fill this vacancy at its discretion.

For more information about HopeChannel visit [www.hopechannel.com](http://www.hopechannel.com)

Applications close 23 October 2014

Applications and enquiries:  
Kalvin Dever, Corporate Services, Adventist Media Network  
Phone: 02 9847 2222 | Email: [corpserv@adventistmedia.org.au](mailto:corpserv@adventistmedia.org.au)

**Kavana,** Maraia, born 30.9.1927 in Roto, Pukapuka, Cook Islands; died peacefully 11.7.14 in Whitby Rest Home, Porirua, NZ. On 16.8.1998, he was married to Mama Taraia by Pastor Mel Trevena in Porirua church. Much loved Papa of Ngatuaine; Fai and Tuaine (Porirua); Jack and Toka (Auckland); Pania and Teresa (Rarotonga); Peddrin and Ura (Porirua, NZ); Tapatu and Eric (Hamilton); Apii and Richard (Porirua); Ngatuaine and Joseph (Porirua); Manua and Mark (Huntly); 39 grandchildren; and 41 great-grandchildren. Maraia moved to Auckland, where he worked on the railway, and attended Ponsonby church, where he served as a deacon. He later moved to Porirua and attended Porirua church where he was much loved by all. He will be remembered for his gentlemanly ways, beautiful bass voice, impeccable manners and warm smile.

*Jake Ormsby*

**Latimore,** Victor Lawrence (Laurie), born 11.5.1928; died 3.8.14, aged 86. Victor's early years were spent in Comboyne, NSW, where he worked in the timber industry. He later moved

At 18, John almost lost his life in a motorcycle accident. On 1.2.1951, he married Dorothy in Hamilton, NZ. She predeceased him in 2007. He is survived by his sister, Edith; children and their spouses, Colin and Merian, Roy and Nerida, David and Wendy, Dale and Robyn and Sheryl and Roger Beaumont; grandchildren, Kelden, Tim, Jesse, Clayton and Heidi, Chantel and Michael Gardiner, Chloe, Sarah and Luke Adeney, Amanda, Matthew, Bianca and Jessica; and great-grandchildren, Tahlia, Sharni, Kyla, Odette and Noah. John graduated from ministry at Avondale in 1949. He pastored in NZ and NSW and served as president in Papua New Guinea. He will be remembered as one who led by example, for his practical ministry, his deep concern and love for others, and his devotion to his Lord.

*Lewis Parker, Colin Richardson,  
Roy Richardson, Len Tolhurst,  
Neil Peatye*



**Roberts, Lyndon** Frank, born 30.11.1925 in New Town, Tas; died 22.7.14 in Royal Hobart Hospital. He is survived by his wife of 59 years, Dawn; his daughters and their husbands, Cheryl and Brian (Blenheim, NZ) and Jillian and Kerry (Morisset, NSW); grandchildren, Daniel and Rachel; and great-grandchild, Zaphiya. Lyndon found deep fulfilment in farm life and the practical creativity and inventiveness of his workshop. A fiercely independent man from a pioneering family, he had a quiet, sharp wit and quick sense of humour. A man of authenticity, Lyndon stoically faced life's challenges, and generously gave of his time. Lyndon worshipped in the Kaoota and later the Margate churches, serving many years as head deacon.

*Paul de Ville*

**Tait, Ila** Margaret, born 2.7.1915 in Wickham, NSW; died 29.7.14 in Tinonee Gardens nursing home,

Newcastle. She was predeceased by her son, Phillip, in 1955 and husband, Ron, in 1978. She is survived by her children, Janette and her husband, John Shipley, and Robert Tait; three grandchildren; and nine great-grandchildren. Ila was a lady committed to the needs of others, giving many years to church welfare work and charitable volunteer hospital ministry. She was strong of faith, gracious, kind and focused on her Saviour. She was a genuine Christian who loved her family and enjoyed engaging with people.

*Roger Nixon*

## ADVERTISEMENTS

**50th anniversary Caringbah church, NSW, November 1, 2014.** To register your interest and to share photos and stories, contact Ruth Gibbs via email <ruthlgibbs@gmail.com> or phone 0422 115 747.

**Law firm in Melbourne:** McMahon Fearnley Lawyers Pty Ltd. Areas of law include the sale and purchase of property, litigation, commercial transactions (including shareholder and partnership agreements, franchising and leasing), wills, estates and probate applications. Adventist lawyers include Lloyd McMahon and Michael Brady. Please call (03) 9670 0966 or email <mb@mcmahonfearnley.com.au>.

**Saving the world never tasted so delicious!** Buy Vissot Cambodian curry and help raise funds for an Adventist health centre in Cambodia. Go to <www.jomnin.org> to buy curry or support the cause.

**Bible Stones Australia.** Bible Stones Australia is owned and operated by Seventh-day Adventists who are committed to spreading the Word of God through messages in stone. See <www.biblestonesaustralia.com>.

au> for beautiful Christian gifts. Contact number: 0438 378 150 or <admin@biblestonesaustralia.com.au>.

**Absolute Care Funerals** is an Adventist family owned and operated business, providing personalised attention for you in that time of need. Contact Arne Neirinckx, who understands our Adventist philosophy, on (02) 9482 9069 or mobile 0408 458 452 Covering Sydney to Newcastle and Wollongong. <arne@absolute-carefunerals.com.au>.

## Finally . . .

You don't get to choose how you're going to die, or when. You can decide how you're going to live now.

—Joan Baez

Next RECORD Oct 18

## POSITIONS VACANT

■ **School secretary—Carlisle Adventist Christian College (Mackay, Qld).** Do you love kids and enjoy people? Are you competent in processing financial matters, able to be trained in MAZE, computer competent in publishing, self-motivated and able to work unsupervised? The successful applicant will have demonstrated administrative and word processing skills and an ability to operate independently and/or with limited supervision with numerous interruptions, good communication skills, ability to work with all members of the school community (teachers, administration, parents, students, visitors) both individually and as a member of a team and demonstrate and be supportive of a strong Christian Adventist ethos. Previous secretarial and clerical experience an advantage. MAZE training provided. Above award wages; remuneration rate available on application. This is a full-time position commencing January 12, 2015. Contact the principal for the job description and key selection criteria at <principal@carlisle.adventist.edu.au> or on (07) 4949 7455, and email or send your resume to PO Box 10419, Mt Pleasant, Qld 4741. Applications close **October 27, 2014.**

■ **Principal—Adventist Christian Schools (WA) Ltd (Carmel, WA).** Adventist Christian Schools (WA) is inviting applications from an experienced administrator for Carmel Adventist College, situated in the beautiful Perth Hills, commencing January 2015. We are looking for an innovative, spiritual leader for the secondary school and associated boarding house; someone who can contribute to the mission of Adventist Education in WA. Criteria includes strong leadership skills, ability to support boarding Aboriginal students and work with an established team of teachers. This is a full-time position with a small teaching load. For a full position description please contact the Director of Education, Dianne Hillsdon, via phone (08) 9398 7222 or <diannehillsdon@adventist.org.au>. Applications close **October 30, 2014**

■ **Executive care manager—Adventist Aged Care (Loganholme, Qld).** Are you a clinical leader with management experience at a senior level? Do you have a passion for ensuring the highest possible level of care for our residents? Do you support the teachings of the Seventh-day Adventist Church and have a personal relationship with Jesus? Do you have a passion to share His love and ensure that our facilities operate in an atmosphere that promotes and supports the Adventist lifestyle and faith? If you have answered "yes" to the above challenges then we would like to speak with you about our executive care manager role. For a position description and further information please contact Paul Mitchell, CEO, Adventist Aged Care South Queensland on (07) 3451 5900. Applications close **October 31, 2014.**

Sign up for job updates and find more vacant positions at <adventistemployment.org.au>



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Survey closes midnight, 4th November 2014.