adventist CSSCISCIO



. . . to turn the hearts of the fathers to the children

... to make ready a people prepared for the Lord.

Luke 1:17

IMPORTANT ELEMENTS FOR GOOD MARRIAGES

No matter who the couple may be, there are certain elements that are required to make marriage really work and be a growing, happy relationship between the two partners. These may seem like little things, but often life is made up of little everyday experiences which contribute to the direction which that life takes

One of the most important elements is presence. Someone has added to the old proverb, "Absence makes the heart grow fonder," the words. . . "for the other person". Very common complaints of couples who have had marriage difficulties are that the wife was never home when the husband came home from work, or a complaint that the husband was always out somewhere or working late at the office. In this complex society where often both husband and wife work, too many partners see little of each other except on weekends. Life may provide many reasons to be away from home these days but if a marriage is to work it is important to establish time together as a first priority.

The General Conference Home and Family Services has suggested that, as an alternative to having a Family Night once a week, Adventist couples plan to spend an allotted amount of time each week together with the entire family unencumbered with no other responsibility. If

there are children in the family this is vital, but it is equally important for couples to plan such activities together to develop the *presence* of each other's company, just as they did during the days of courtship.

It is possible for a wife or husband to become so busy doing the necessary work, even the Lord's work in the church—night after night to board meetings, prayer meetings, elders' meetings, church school committees, etc.—that the family relationship is sadly neglected. For those who may travel considerably it is vital that time be scheduled in the "little black book" for the family, and nothing be allowed to interfere.

I once knew a union departmental secretary who made an appointment to be with his teen-age son for a special father-son outing. On the day before this outing his president told him that he was calling a special committee meeting and wanted him to be present. The father said, "I'm sorry, but I have another appointment that I cannot break and you'll have to forgive my absence from the committee". Did this father do right? You be the judge! His son is now a conference worker.

Husbands and wives should plan special evenings together. Hobbies that can be worked on together can also bring fellowship. It is good if both husband and wife can work together in a Pathfinder Club, for example, rather than only one being on the staff. Camping experiences and club activities can bring them closer

together as they work with the boys and girls.

Too many homes in the Western culture have become simply filling stations where members of the family pass in the morning and in the evening. If they are together at home they simply pass each other on the way to their own TV sets, where they slump down in a chair or lie on the floor and watch the "boob tube" without any conversation between themselves and other members of the family. Some do not even bother to eat together and commune together around a table setting, but gulp down a TV dinner as they watch their favorite show.

How much time should a family spend together? Often it is not the amount of time that is as important as the quality of the time which is spent. If, however, the family is separated more than it is together outside of working hours, there will eventually be trouble. There is no substitute for physical presence.

Physical contact is a second important element in a happy marriage. Affection should be expressed often by touching, by sitting close to the partner in order to feel the warmth and presence of the other's body. When they walk together, let them hold hands. As they sit in church together, let the husband reach over and squeeze his wife's hand, or vice versa. A frequent hug or squeeze or kiss through

Cont. on page 11

YOUTH FAMILY YEAR 1979



ISSN 0702-5084

Official Organ of the Seventh-day Adventist Church in Canada. Address all inquiries to: 1148 King Street East, Oshawa, Ontario, L1H 1H8. Editor, A. N. How, Associate Editor, June Polishuk, President, L. L. Reile: Secretary, A. N. How; Treasurer, R. W. Wilmot; Auditor, L. D. Dunn. Departmental Directors: Communication, L. R. Krenzler; Education, N. O. Matthews, Ph.D., Associate, M. S. Graham; Health, R. Matiko, M.D.; Lay Activities and Sabbath School, L. A. Shipowick; Ministerial, L. G. Lowe; Public Affairs, D. L. Michael; Publishing, Walter Ruba; Revivalist, J. W. Lehman; Stewardship, G. E. Maxson; Trust Services, R. A. Matthews, Y outh and Temperance, Bill Edsell; Consultant to Health Care Institutions, A. George Rodgers. Issued semimonthly. Annual subscription price \$2.00. Second-class mail registration number 0912. Printed by Maracle Press Limited.

Family Worship Ideas

Used by permission of Drs. Millie and John Youngberg Andrews University

- Learn a new song once a month. Then give rewards to those learning it.
- 2. Memorize texts or chapters as a family.
- 3. Read a continuous story.
- 4. Have a child prepare worship once a week.
- Paraphrase texts that mean much to family members and set goals for application.
- Have family council once a week after a short worship to discuss projects, goals, and routines.
- 7. Have sex education for worship.
- 8. Give appreciation notes to family members once a month.
- 9. Dialog on how to improve certain character traits.
- 10. Have worship with some invalid friend of the family.
- Have conversational prayers with all members praying several times.
- 12. Discuss how to pray and what to pray for.
- 13. Claim promises with prayer requests.
- 14. Keep record of answered prayers.
- 15. Have family prayer list.
- Keep in sight of all (on refrigerator) special prayer requests for the day.
- Thank God for answered prayer before prayer is answered.
- 18. Explain reason for praying in Jesus' name.
- Prepare a Thankful List with each family member contributing.
- 20. Sing prayers.
- 21. Read the Bible through.
- Everyone silently read a portion of scripture, then family dialog on meaning and application.
- Encourage sending "dart" prayer through day for family members.
- 24. Kneel facing each other like an altar.
- 25. Practice presence of Christ in worship.
- 26. Ask for forgiveness for specific mistakes of the day.
- 27. Go out in nature for worship.
- 28. Use nature items for spiritual nature objects.

- 29. Play a Bible game.
- 30. Put a Bible puzzle together.
- 31. Have invocation inviting God's presence during worship.
- 32. Have worship in different family member bedrooms.
- 33. Hold hands during prayer while in circle.
- 34. Have each person pray for the person to his right.
- 35. All touch the head of one person the family is praying for.
- 36. Have light fasting during crucial family decision time.
- 37. Special birthday worships—telling the story of birth circumstances and goals set on birthday.
- 38. Dedicate new babies to God during worship.
- 39. Candlelight or fireplace worship on Friday nights.
- 40. Set an extra plate at the Christmas table and invite the Heavenly Guest to worship with the family.
- 41. Use sing-along records for worship.
- 42. Have doctrine quizzes.
- 43. Play 20 questions on Bible characters.
- 44. Read Bible story books.
- 45. Pantomime Bible stories or dramatize them.
- 46. Use flannel story boards.
- 47. Celebrate family events such as eighth-grade graduations.
- 48. Use silent prayers occasionally.
- 49. Use a text as a prayer, such as "Let the words of my mouth and the meditation of my heart. . ."
- Each day of the week concentrate on a certain prayer project.
- Assign different family members to be in charge of worship on particular days.
- Study Proverbs for a month. Each day read one chapter silently and then all share something which was especially meaningful.
- 53. Start evening worship with members of the family telling the nicest thing that happened to them that day.
- 54. Do a thorough biographical study on a Bible character.
- Paraphrase a chapter such as 1 Corinthians 13, using your own experience for examples.
- 56. Sing old hymns, or hymns from other countries.
- 57. Write a letter to God as you would write to a friend.

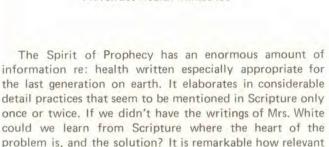
New General Conference Vice-President For North America

Charles E. Bradford, for several years one of the two General
Conference Associate Secretaries assigned to North America, was elected
to the church's top administrative position at a special meeting of the
General Conference Committee held on January 11. Elder Bradford, who
has had a very successful career as a pastor and administrator, succeeds
Neal C. Wilson who became president of the General Conference, effective
January 3, 1979.



Sodom's Answers Are Our Answers

by G. D. Strunk, Director Adventist Health Ministries



The Bible reveals that the western world, with special focus on the United States, is to lead this planet into a style of living that is characterized as Sodom and Gomorrha. It is the life of the city. Today not even the country affords much relief. The automobile, the telephone, the radio, and the TV have brought the city to the country. The diseases that plague the city residents dog the country dweller as well, because the country has adopted the city's way of life. A whole nation, and soon a whole world, will become a Sodom and Gomorrha.

and complete the Bible is even for our day.

Jesus said that prior to His return our world would become as Sodom and Gomorrha. What was the problem in their cities? Is ours truly the same?

The vast majority of the diseases from which we suffer in the modern world could be nearly eliminated by two variables.

The diseases are: coronary heart disease, cancer, arthritis, gastro-intestinal disorders, such as diverticulosis, appendicitis, and ulcers, varicose veins, diabetes, hypertension, stroke, kidney infections, tooth decay, mental disorders, some glaucoma, many flus and common colds, and many more problems.

Now what are the two variables? They are the same ones that existed in Sodom and Gomorrha.



In Ezekiel 16:49 it says, "Look, this was the cause of the iniquity, the heart of the evil of thy sister Sodom, pride, too much to eat and not enough exercise. . " (Strunk's paraphrase). Sodom's problem is our problem. It's a public health problem. It's a personal health problem. It breeds immorality in society and in the individual.

Diet and exercise! Have we heard that before? If we would manage these two variables correctly we could not only avoid most modern diseases, but we could also avoid the moral deterioration that characterizes modern Sodom.

It is the Bible that pinpoints these two causes. Add to that the findings of modern science that vindicates the details of the Spirit of Prophecy, and even if one didn't believe the Spirit of Prophecy, he would still have all the information common sense demands from the Bible and science alone.

But to leave us no excuse of ignorance, but to bring great protection to His people, God has given the writings of Mrs. White.

I hope you are continuing to make changes. While there are many areas in our habits that need reform, Ezekiel 16:49 indicates that if we will put the major emphasis on exercise and diet we will have surrounded the majority of the problem.

This is the Biblical support for such statements as,

"Morning exercise. . .is the surest safeguard against colds, coughs, congestions of the brain and lungs, inflammation of the liver, the kidneys, and the lungs, and a hundred other diseases." *Healthful Living*, pp. 130–131, and "Nine-tenths of the wickedness among the children of today is caused by intemperance in eating and drinking." *Temperance*, P. 150.

Musicians-Take Note

Wayne Hooper's 33 years of singing, composing, and arranging music at the *Voice of Prophecy* has been inspiration to many people. In honor of his contribution to religious music and to encourage young composers to produce new church music the Wayne Hooper Young Composers Award Competition was established in 1977.

This year the contest again offers a \$500 cash award to the amateur musician whose work is the best presentation of harmonic, rhythmic, and melodic idioms,

says Perry W. Beach, competition coordinator and professor of music at Loma Linda University. March 1, 1979 is the deadline for sending compositions to Beach at L.L.U.'s La Sierra campus, Riverside, California 92515. Beach says, "The judges will also take into consideration the music's propriety for church services and its formal content. They will be looking for true creative talent. Academic finesse, while not disregarded, will be considered secondary to the vital musciality of the work."

The contest is open to students and alumni from all Adventist colleges and universities in North America. The winning composition will be performed during the April 1979 Loma Linda University Art Festival.

Dr. Donald Johns of the University of California, Riverside; Dr. Wayne Bohrnstedt of the University of Redlands; and Dr. William Hall of Chapman College will judge the sacred anthems.

Hooper is the director of music at the Voice of Prophecy.

Just to Explain CAPITAL GAINS TAX

by R. A. Matthews, *Director Trust Services Canadian Union Conference of S.D.A.*

Again I have set my hand to writing another article endeavoring to explain Capital Gains and the implications such gains have upon the taxes one may have to pay. First of all, I am indebted to Mr. L. D. Dunn, Auditor for the Seventh-day Adventist Church in Canada and Elder P. G. Miller, Director for Trust Services, Alberta Conference. These two men have made very helpful suggestions as to how to accomplish clarity in this article.

What is a Capital Gain? Capital Gain is a term not easily defined. I quote the *Canadian Tax Reporter:* "The act does not specifically define Capital Gain and Capital Loss to distinguish them from profits that constitute business income". Par. 6,000.

Here are some examples when a Capital Gain is clearly indicated:

- 1. The selling of an apartment building or other rental units.
- 2. The selling of land.
- 3. The selling of a farm, the land and machinery.
- 4. The selling of shares.
- 5. The selling of stocks and bonds.

There is an exemption that applies to the sale of the principal residence. "The act exempts gains on the sale of an individual tax payer's principal residence, together with up to one acre (more than one acre under certain circumstances) of surrounding land, if the land contributes to the use and enjoyment of the home as a residence. A farmer may also claim an exemption on his principal residence plus one surrounding acre; but he must pay tax on any gain arising on the sale of his farmland. Alternately, a farmer may elect to pay tax on gains of both his farm house and farm property, with an initial deduction of \$1,000 plus \$1,000 for each year ending after 1971 for which the residence was his principal residence and he was a Canadian citizen." Ibid par. 6000.

How is the tax computed on Capital Gains? First, there is a valuation day set. Valuation day for shares and securities traded publicly in Canada is December 22, 1971 and for all other property (including bonds) is December 31, 1971. These dates were fixed by proclamation. *Ibid* par. 6020.

Of course, valuation day does not apply, if the one selling a property, etc., did not come into possession until after valuation day. For instance, if a person purchased a farm in 1975 for \$600,000 and sold it for \$700,000 in 1978 the basic figure to start with, for the purpose of taxation, would be \$100,000 less selling expenses. The tax would be on one-half of the profit after selling expenses.

According to the act, here is how Capital Gains tax is computed: "A taxpayer's taxable Capital Gains for the taxation year from the disposition of any property is one-half of his capital gain for the year from the disposition of that property." *Ibid* par. 6003.

Suppose a person decides to sell his property and has 1,000 acres to sell at \$500.00 per acre, which would amount to \$500,000. How much Capital Gains tax would he have to pay?

First, he must have an evaluation of his land as to what its value was December 31, 1971. In other words, what would

that land have sold for in December, 1971?

Let us assume that in 1971 the same land was worth \$200.00 per acre, making a total worth at that time of \$200,000.

Second, he subtracts the \$200,000 plus cost of selling the land, which would take in legal costs and agency fees. For easy figuring let us say that this amounted to 5%, so 5% of \$500,000 would be \$25,000.

So from \$500,000 the vendor would subtract \$200,000 plus \$25,000

\$500,000 - 225,000 \$275,000

Third, he divides the \$275,000 by two, which would be \$137,500. This would be the amount upon which the Capital Gains tax would be estimated. But the tax dollars he would have to pay could be lessened. When one tithes, he tithes on his increase, so from the total sale price of \$500,000 the vendor can deduct the \$25,000 legal and agency fees. If he bought this land 30 years ago at \$50.00 per acre he would deduct \$50,000, the cost of the land plus the \$25,000 of selling the land, or a total of \$75,000.

\$500,000 - 75,000 \$425,000

So his tithe then would be \$42,500.

From the amount on which he is to be taxed, which in this case is \$137,500, he is allowed to deduct up to 20% as a charitable donation, or \$27,500. This sum of \$27,500 would be assigned from the \$42,500 tithe calculated above. This would still leave a balance of \$15,000 from the total tithe figure of \$42,500, providing there were no other tithable income, and this balance of \$15,000 could be used as a charitable donation deduction on other taxable income. The deduction of the allowable charitable donation of \$27,500 from the taxable income of \$137,500 would reduce the net taxable income to \$110,000. In this way the vendor would realize a definite saving when calculating his Capital Gains tax.

When one has more charitable donations in one year than can be claimed for a current tax year, he can carry this over to the following year.

The vendor then, if he wished, may spread these taxes to his advantage over a longer period of time by investing in the following: An annuity for life, or an income averaging annuity for a period of 5 to 15 years. He would then be taxed only on the income from the annuity.

When such an annuity is taken out, if it is taken out for a term — a limited time — it is very important to name a beneficiary. Usually, such an annuity would be in the name of both husband and wife.

If you have further questions on the tax on Capital Gains, or concerning annuities, wills, or the Revolving Fund or other trust agreements, please feel free to contact the Director of Trust Services in your conference.

Update on Canadian Union College

by C. C. Weis Development Director Canadian Union College

Canadian Union College is one of 4,500 schools, including universities, colleges and academies that are operated by the Seventh-day Adventist Church with the goal of training the student to use his head, heart and hands. In Canada, there are 74 elementary and secondary schools that act as feeders to Canadian Union College and Kingsway College, which in turn are two of the twelve colleges in North America that act as feeders to Loma Linda University and Andrews University.

Loma Linda University is the mother institution of 404 sanitariums, hospitals, and clinics operated by the church around the world. The mission of all these institutions is to help individuals to live a fuller and more abundant life by serving their fellowmen and by knowing Jesus as their personal Saviour.

The graduates of these schools are found in 189 countries in the world, giving services as doctors, nurses, dentists, builders, architects, farmers, and lending a helping hand to the needy. The Loma Linda Heart Team, of which Dr. E. E. Wareham is the director, is world famous. Dr. Wareham is a Canadian, and a graduate of Canadian Union College. This heart team, under the direction of this great doctor, has rendered invaluable help to save the lives of men, women, and children in many countries of the world.

To respond to these calls for service, and to send out more and better qualified young men and women, it has become necessary to expand and build new and better educational facilities in Canada. Canadian Union College is a part of the church's developing and expanding educational program from coast to coast. It will expand in the near future including schools of Teacher Training and Nursing Education.

Included in the church's expansion program in Canada are seven camps, located in the country, where education may be given in a natural setting. Here special sessions are held for cooking schools, stress control clinics, and seminars to help people accept a life style free from the use of alcohol, tobacco and drugs. University extension courses in Public Health are also planned.

Enrollment at Canadian Union College in the past few years has averaged just under 400 students, but for the current year just under 500 students are enrolled. While the majority of students come from Alberta, current enrollments come from

most of the provinces of Canada, as well as four foreign countries.

Canadian Union College education aims at training the total person. It offers a liberal education. It trains young men and women to become economically independent and to meet the issues of life. The development of manual skills as emphasized at C.U.C. is regarded as an aid to the learning process, an avenue for recreation and a profitable use of leisure time, and as a means for teaching the dignity of labour.

On campus, industries provide earning opportunities for students while they learn. Last year over \$400,000.00 was earned by students. Wages paid fall within the guidelines of the Alberta Department of Labour. Major industries are Parkland Furniture, Parkland Bookbindery, Parkland ColorPress, and College Dairy and Farms.

Expansion and building on the campus of Canadian Union College is already in progress. The underground work such as sewage, electrical, and telephone, has moved forward with rapid pace. The services of a well qualified architect have served us in laying out a campus plan. A million-dollar building, which needs just a few finishing touches, houses a large auditorium for meetings, recreation facilities, and a swimming pool. Provincial educational authorities are very pleased with this building and have said that it is one of the best in the province. Another million-dollar building is currently under construction and is to be occupied in April.

The plan is to start building the dormitory for ladies in the spring of 1979. A young men's dormitory is also scheduled for construction in the near future. Our builder, one of the best in North America, tells us that due to inflation, the "King's business requires haste".

We have full approval for the development projects from regulatory authorities and we are confident that our request to issue degrees will be voted in the spring. However, voted or not voted, we must continue to build. The enrollment is up to nearly 500 students. We must prepare for 600 next year. We need more housing and classrooms. Please do all you can to keep the funds coming in. Encourage your friends to contribute with you. Monday morning, in one mail, we received \$900.00 We need \$2,000.00 a day to keep the program going ahead.

Thank you each for your prayers and your contributions.

Continuing Education Program at C.U.C.

"Whether it's typing, dressmaking, cooking, or painting, I look at it as a great opportunity for community outreach," said Mrs. Connie Janes, director of the Continuing Education Program at C.U.C. It is also a welcomed chance to get out in the evening and do something fun just for yourself.

C.U.C. operates two sessions of continuing education yearly—one in the fall and one in the winter. The fall session included more than 190 students in eighteen different courses including vegetarian cookery, fiberglass canoe construction, physical fitness, typing, and guitar.

Flower arranging was one of the classes that the community ladies really enjoyed, according to several class members.

The Continuing Education Program at C.U.C. is part of the Lacombe Further Education Council. Many of the people enrolled are interested in learning a new hobby or skill, something practical that will be both beneficial and enjoyable. The motto, "Take Another Step," reinforces

that idea. The program aims to help people improve their abilities and talents.

The winter classes starting in February include bee keeping, reupholstery, welding, bread making, personal finance, tailoring, lifeguarding, and others. "We hope to enroll 200 people this winter," Mrs. Janes said. "Response so far has been very positive. People appreciate that we are interested in helping them take another step towards self-development and we welcome the opportunity for community outreach. Beverly Matiko



Peace River News

The Peace River district enjoyed a very successful rally during November 3, 4 & 5. This time the guest speaker was Elder Roger Bothwell from Des Moines, Iowa.

Three previous rallies with intervals of about three months were held during the year, featuring well-known speakers like Elder Gary Ehlert, and Evan Danielson and Emelio Knechtle.

Elder Bothwell presented his "Life of Christ" series in a very moving way. He sketched the events from Bethlehem to Calvary, weaving in some very interesting extra-Biblical information, but never neglecting to highlight the inspired commentary we have in the Gospels and the Spirit of Prophecy Books. It was indeed the old, old story, told in such a new and inspiring way that hearts were melted and sagging spirits fortified.

The rally was held in the school auditorium at Peoria. The next one is scheduled for the first weekend in February 1979, and Dr. Desmond Ford will be the guest speaker. E. Potgieter, Pastor Grande Prairie, Alberta



ALBERTA BEACH BAPTISM

Pictured above, holding their baptismal certificates and roses, are seven candidates baptized into the Alberta Beach Church, Sabbath, December 9. They are, left to right: Patricia Adams, Lisa Shook, Donna McGaw, Jeanne Adams, Walter Sparks, Joan Shook and Marjorie Adams.

Red Deer Welcomes Veteringrign Team



Drs. Kenneth and Doris Hubbard in their Cedarwood Veterinary Clinic at official opening, (with friend).

Members of the Red Deer Seventh-day Adventist Church were very happy to welcome into their midst Dr. Kenneth Alvin Hubbard D.V.M. and Dr. Doris Lynn Hubbard D.V.M. These two are a unique husband and wife veterinarian team now practicing in Red Deer and surrounding area.

This refreshing couple received their D.V.M. degree from the Western College of Veterinary Medicine in Saskatoon, Saskatchewan in April of 1978. Kenneth has been a Seventh-day Adventist most of his life but Doris was baptized just two years ago. Their willingness to help in the program of the church is deeply appreciated. Both have on a regular basis taught Sabbath School classes and Kenneth is the leader of the Sabbath School Youth Department for 1979.

Dr. Kenneth Hubbard was born in Lethbridge, Alberta and is the son of Alf and Mary Hubbard of Lethbridge. Dr. Doris Hubbard was born in the village of Margaret, Manitoba, which is near the town of Boissevain. She is the daughter of Howard and Doreen Houston of Margaret, Manitoba. Kenneth attended school at Walla Walla College and Andrews University.

We know that their radiant Christianity will be a most positive influence on the people they serve and with whom they come in contact in their practice.

E. Teranski, Pastor Red Deer S.D.A. Church



Maple Creek News

During the week of December 3 to 9, the Maple Creek Church mailed out Christmas cards to the entire town of Maple Creek and to eight other towns nearby — that way blanketing 95% of the total district.

The Christmas cards were published by Pacific Press with an excerpt from Steps to Christ. Also included in each envelope was a card for Bible guides.

Mark Atwood, Pastor Maple Creek Church

Ninetieth Birthday Celebrated

On the evening of November 20, 1978, Mr. Harry Clyde Shapley celebrated his 90th birthday. Mr. Shapley attends the Maple Creek Church and has been an Adventist for over 30 years. Many members of the church and many neighbors and friends visited the Shapley home to wish him happy birthday.

Mr. Shapley, a native of Florida, came to Canada in 1912. He homesteaded near Val Marie, Saskatchewan, and worked on his "Lone Deer Ranch" for 55 years before retiring and moving to Maple Creek in 1967. He has written a book about his ranch days entitled "Wind Upon the Sage."

Earlier this year, on June 24, Mr. and Mrs. Shapley (nee Edna Riley) celebrated their 50th wedding anniversary.

ANNOUNCEMENT

Beiseker-Level Land announces its 70th Anniversary and Homecoming Weekend on April 6, 7, and 8, 1979. (formerly Rosebud Church)

All former members, pastors, teachers, and friends welcome! "Old Time Talent": Come prepared for Amateur Hour Saturday night.

See you there!



Health Evangelism in Burnaby

A vegetarian banquet was held on November 6, 1978, in the Westminster Seventh-day Adventist Church as a follow-up to the Vegetarian Cooking School conducted at the Deer Lake School from Oct. 6–30. 105 "graduates" and their guests were invited to sample a buffet menu.

After the banquet, guest speaker, Dr. Graham McMorland, a professor of the University of British Columbia Medical Faculty, addressed the graduates emphasizing the need for "Total Health Dynamics". Dr. McMorland stated that there was a very real relationship between the way we live, and our social, mental and spiritual being, and assured the graduates of the benefits in following God's rules for healthful living.

An It Is Written film — "The Miracle of the Hunzas" a film documenting the living proof of the effect of diet on longevity and the quality of life — was shown at the conclusion of the banquet.

The banquet was co-ordinated by Sonja Zinner, assisted by members of the Radiant Living Seminars team and members of the Westminster Seventh-day Adventist Church. Ted and Sharon Wasyliuk, instructors of the Vegetarian Cooking School, received many positive comments and questions regarding the vegetarian diet and many expressed a desire for more instruction in the practical implementation of this diet.

> Beverley Haluschak Communication Secretary Radiant Living Seminars



Graduates of the Vegetarian Cooking School sample the fare at the banquet held at the conclusion of the course.

Deer Lake Students Prepare for Evangelism

On October 24, 1978, the students of Deer Lake S.D.A. School, Grades 5–10, were involved in their own special "Share Your Faith" project. Approximately 3500 small plastic bags, each one containing an It Is Written T.V. log, a pamphlet by George Vandeman, a "Health Info" telephone tape library brochure and a Gift Bible card were prepared for distribution. The next day, the students were driven by their teachers—R. Crux, S. Yaceyko, R. Dixon and the school secretary, Mrs. D. Rowse, to over 2000 homes in North Burnaby in preparation for the evangelistic series scheduled for that area



Deer Lake student placing special package on door knob of Burnaby home.

in March, 1979. Two students, working on opposite sides of the street, hung these plastic bags on the door knob of each home. Pastor Brad Thorp and Lynden Hawes, members of the Radiant Living Seminars team (a program co-ordinating the metro concept of evangelism through the local churches) also assisted the students. Pastor Thorp advises that "this has proven to be an effective method of witnessing, Last Spring, approximately 5000 of these specially prepared bags were distributed in the Richmond area. A family is presently studying and preparing for baptism as a result of this and other witnessing endeavors in the area."

In addition to their own program, the students have assembled a number of these packets for the local church members to distribute in the Port Coquitlam region.

Beverley Haluschak Communication Secretary Radiant Living Seminars

Farewell to Farrows



Ron and Millie Farrow opening farewell gift from B.C. Conference,

In November, 1978, we said "Goodbye" to Ron and Millie Farrow. The British Columbia Conference staff met in the Chapel to enjoy a dinner in honor of the Farrows' years of service in British Columbia. The occasion was a happy one which was dimmed only by the realization that two of our 'family' were leaving.

Millie was Assistant Treasurer at the B.C. Conference Office, but has given precedence to Ron's call to be the Prairie Representative for Loma Linda Foods.

We wish them the continued blessings of God as they serve Him in their new field of service.

> Alex Ramsay, Director Department of Communication B.C. Conference of S.D.A.

News Notes

Under the leadership of Sister Anne Tutyko, a group of men, women, and young people gathered together at the Nanaimo Church on the evening of December 23 to put together over 20 food and fruit hampers.

The hampers were distributed to needy families that same evening, and on Sunday morning. This is another public service out-reach of the Nanaimo Church.

On November 18, 1978, the Silver-tip Pathfinder Club was the main feature during the eleven o'clock service in the Kelowna Church. It was pleasure to see this fine group of uniformed youth march up the church aisle, preceded by the colors and quietly occupy the front pews.

This is a very active club, under the leadership of Brother F. Wirtz. They engage in many extra-curricular activities. During the past year the Club conducted a Voice of Youth effort in Falkner. They collected cans of food to be distributed in the hampers at Christmas time.

On November 25, at the 11 o'clock service Pastor M. Weststrate baptized three precious souls. This was the first baptism to take place in the Kelowna Church.

Robin James-Veitch and Kenneth Wirtz joined the Kelowna Church while Dolores Maw joined the Westbank Church. It was a most solemn and happy occasion to see these young people make a public declaration that henceforth it is their desire to walk with the Lord.

* * *

The Westbank Church enjoyed a particularly happy occasion recently. Bonnie McCann, a young woman with a Roman Catholic background, after attending church for a number of months, made known her desire to be baptized on her 20th birthday "So I can start out the year right" — as she expressed it.

This young lady has been an inspiration to the church since she came from college for the summer to assist a veterinarian in the area. She has now resumed her studies at the Agricultural College in Fairview, Alberta. The prayers of her friends go with her as she is already witnessing to other youth with whom she associates.

With forebodings, the Rest Haven Church launched their 1978 Ingathering campaign. The closing of Rest Haven Hospital and the exodus of a large proportion of its working members was rather disheartening and the goal seemed impossible.

Claiming the promise, "I am the Lord, the God of all flesh; is there anything too hard for me?" Jer. 32:27, a small group began to work. By covering the Saanich peninsula and a section that had been neglected a few years, the Lord rewarded their faith and did "exceedingly above all that ye can ask or think!" Last year, with a larger membership, the total raised was \$4,700. The total as of December 19, 1978 is \$6,166.90.

Several former members were contacted, one of whom donated \$42 and some expressed a desire to return to the Lord.

The investment goal of \$4,000 likewise looked impossible with so many members moving away. The closing Sabbath of the Investment Campaign, a member handed the investment leader, Ruby Sidorko, a cheque for \$500, bringing the total raised to \$4,300. What hath God wrought?

Bella Coola Mission School Request

The Mission School at Bella Coola, British Columbia, is expanding its educational outreach to the community and native population of the area.

Manual standard typewriters are needed for the Grades 8–10 program. Also needed, for a preschool program to begin next year, are good quality educational toys, small furniture, nature pictures, small children's books (true stories), good children's records and a record player.

Anyone able to assist with this urgent need please write to:

Wendell Danielson Schoolboard Chairman Box 190 Bella Coola, B.C. VOT 1C0



Federation Meets in Woodstock

The fall Peninsula Community Services Federation meeting convened in the Woodstock S.D.A. Church November 19, 1978.

In charge were Elder E. R. Bacchus, Lay Activities Director, Mrs. Barbara Trupp, Ontario Federation President, Mrs. Lillian Dodd, Federation president and the district pastor, O. A. Orpana.

Mrs. Bernice Black, communication secretary, displayed a number of pictures and press clippings depicting Adventist Community Service work and Mrs. Trupp's pictures and exhibits provided inspiration to those in attendance. "Our concern", she said, "is with the needs of those in our own communities".

Elder Bacchus' practical advice was appreciated. His great desire is that more Adventist men become involved. This need is one of the topics covered in the new "Community Services Manual" available at a cost of \$4.00.

Spring Federation will be held at New Frenda May 18–20 at which time all Ontario Federations combine in their spring federation session. Special guest for this weekend federation will be Elder Perry Pederson of the General Conference Lay Activities Department.

Bernice Black

Member of Parliament For Kingston Accepts Service Award

Flora MacDonald, M.P. for Kingston and the islands received a Community Service Award from the Calvin Park Seventh-day Adventist Church of Kingston, Ontario on Sabbath, December 9, 1978. Miss McDonald's attendance at the church service was arranged by Janet Brock, the Communication Secretary.

After Miss MacDonald accepted the award from Pastor Al Webb, she related some experiences in her life when she has come into close contact with Seventh-day Adventists, especially the Moores family. She also expressed her appreciation for the work Seventh-day Adventists do in the medical and education fields. Following the sermon which emphasized the way Christ has communicated with man and man's lack of response, Miss MacDonald expressed her pleasure that the King James Version of the Bible was used.

During the vegetarian luncheon prepared for the guests by the ladies of the church Miss MacDonald visited with various members. While talking with Mrs. Webb she asked if any of the members ever had Sabbath work problems and offered the assistance of her office to help solve any of these problems. She also pointed out that at the present time it is against the law for Sabbath keepers to be discriminated against and that she was willing to help if needed. Miss MacDonald thanked Pastor Webb and the members of the Kingston Calvin Park church for their hospitality and the Community Service Award.

> Al Webb, Pastor Calvin Park S.D.A. Church



M. P. for Kingston and the Islands, Flora MacDonald, receiving Community Service Award and *The Desire of Ages* from Pastor Webb.

Photo Credit: Craig Johnson

Sabbath School Graduation

Twelve Bible students of the Toronto Parkdale S.D.A. Church were graduated on Sabbath, December 16, 1978.

The guest speaker was Pastor King whose topic was "Keep on Marching",

Elder C. Newman, pastor of the Parkdale Church led out in the graduation exercises.

Special music was provided by The Soul Seekers.

Mrs. F. Jones Communication Secretary Toronto Parkdale S.D. A. Church



Toronto Parkdale Sabbath School Graduation.

Organization of the Malton Seventh-day Adventist Church

Approximately 300 people witnessed the official organization of the Malton Seventh-day Adventist Church on Saturday, December 2, 1978 at 3 p.m. at the Victory Hall, Malton.

Among the notable guests was the Mayor of Mississauga, Hazel McCallion. In a brief address, she stated that this was her first official function outside her office since her election as Mayor. Visitors from many other Seventh-day Adventist churches in the Toronto area heard the main speaker, E. C. Beck, President of the Ontario Conference of Seventh-day Adventists, give a concise yet interesting review of Adventist beliefs.

Another highlight of the meeting was the signing of a parchement scroll by the charter members of the newly organized church. Pastor M. D. Suiter, treasurer of the Ontaio Conference, announced the intention of the conference to give to the new Malton church a communion set.

Beautiful music was provided not only at this service but also during Sabbath School and worship hour before noon as well as after the 3 o'clock meeting.

The pastor of the new church, Jack Friesen, gratefully acknowledges the spirit of co-operation and enthusiastic response to the work that went into making this "highday" a success. Members of the new church are looking forward to be-

coming a real spiritual force in Malton dedicated to the spreading of the gospel of Christ and to the helping of the needy in the community.

> Jack Friesen, Pastor Malton S.D.A. Church



A charter member of the Malton Seventh-day Adventist Church affixes his signature to a specially created parchment scroll.

Photo Credit: Craig Johnson

News from Thunder Bay

Shortly after Pastor D. J. Donesky commenced his ministry the new Thunder Bay Adventist Centre was made ready for classes.

Under Pastor Donesky's guidance Bob Silvester and David Fiorito conducted two Five-Day Plans to Stop Smoking. One hundred precent quit smoking in the last plan which was conducted late in November.

Nutrition classes closed with a Christmas banquet. Expressions of appreciation were received from individuals who attended both the Five-Day Plan and the nutrition classes.

> Anita Howald Communication Secretary Thunder Bay S.D.A. Church

CANADIAN UNION	BAP	risms
DECEMBER	1978	1977
B. C.	243	300
ALBERTA	280	320
MAN, SASK	123	173
ONTARIO	644	697
QUEBEC	131	156
MARITIME	42	51
NFLD	20	68
UNION TOTAL	1483	1765
DECREASE	282	

No Simple Solution But Listen Can Help

If you've ever lived or worked with a teen-ager who's going through a crisis with drugs or alcohol, you've probably wondered if he'd finally get himself turned around. You soon realize there are no simple solutions to complex problems like addictions.

Love, patience, the power of the Spirit—these influences frequently get a person heading his or her life in a positive direction. And there's one additional thing that can help families cope. Education. Knowing the symptoms and the possible cures.

Listen magazine is considered by many authorities to be the foremost journal in the field of drug abuse. Law enforcement officials, educators, and parents have seen it's effectiveness. Here's what they say about Listen:

"I have had an opportunity to talk with our health teachers regarding Listen magazine. They indicate to me that it is the most objective and informative publication they have found dealing with drugs, alcohol, and tobacco. They were particularly impressed with articles written by prominent people on these subjects. Students seem to relate and identify well with this approach." Assistant principal, junior high school.

"Throughout our history all people, and especially the young, have had heroes. For the most part, those heroes have been men and women worthy of that respect. However, in the last few years, the heroes picked have been, in too many instances, connected with the drug scene and loose morals.

"Listen provides the vehicle for changing this course back to heroes who set good examples, not bad....

"As a law enforcement officer for nearly 30 years, I have seen what drugs can do. I certainly support your approach to the drug abuse problem." Director, state FBI bureau.

In Canada you can sponsor *Listen* at just \$7.10 for each subscription. Subscriptions to be mailed to the United States will cost \$5.95.

Turned-around lives are not impossible, but they take some time and effort. Here's your chance to give *Listen* to a teen-ager who needs to turn around—he may just find he really wants to.

Pat Horning Associate Editor Listen

Important Elements -Cont. from page 2

the day brings reassurance.

Long-term commitment is another element that seems to be going out of style in today's decadent society, but is nevertheless vital to the well-being of a good marriage. The concept of getting married for keeps seems only to be expressed during the nuptial vows. The commitment "Till death do us part" is taken with tongue in cheek. The Christian concept of marriage, however, is to give oneself to the other without reservation. The marriage relationship is compared to Christ's love for the church, Ephesians 5 tells us that Christ gave Himself to the church. This is exactly what each partner is to do for the other. No marriage can succeed if the attitude of the couple is, "Well, if we can't make it we'll just get

The greatest deterrent to a happy marriage is selfishness. The Christian can only succeed in his spiritual life if he crucifies self. The same is true in marriage. Self must be taken off the throne and the good of the other person be foremost. How many marriages could be saved if this were done. Unfaithfulness to the marriage vows is the fruition of selfishness or sin in the life. The centre letter of SIN is "I".

Young people in the Adventist church today must reaffirm this concept of lifetime commitment. Divorce, which has become so easy to get on so many grounds is seldom the answer to a marriage problem. Too many couples within our church today are making sticky quagmires of divorce and remarriage which are not pleasing to God and which bring extreme difficulties within the church membership. The cornerstone of a successful and fulfilled marriage relationship must certainly be this deep personal commitment on the part of both marriage partners that will take them through times of prosperity or recession, through sickness and health, through success and failure, and through every crisis that may develop. Marriage is an institution begun at creation by God Himself and cannot be lightly regarded as many would do today in our society. Let God's people come out of Babylon and be different in a time that is seeing repeated the sins of Sodom and Gomorrah and the antediluvian world.

Communication is another essential element in a good marriage. This includes both talking and listening. One of the

biggest complaints that marriage counselors hear from troubled couples is that "he (or she) never talks to me"; or if they do converse, the problem is that "we don't really talk about anything". In a recent survey taken among American couples it is shocking to find that the average couple spend a mere ten minutes a day in real conversation. This is appalling and perhaps accounts for much of the increase in divorce statistics.

An extremely important part of communication is learning how to listen. How many persons remark, "You never listen!" This may be true even if the speaker thinks he or she has the attention of the other. Their minds are on something else and they are not in tune with what is being said.

Listening is a creative art. Eye contact is important, for often you can read the unspoken language of the eyes. There is body language and sometimes the stance of an individual may speak even louder than the spoken word. It may be that the partner is looking for reassurance or understanding and only by careful listening can the proper response be made.

Personality Enrichment, another important element, is the fruit of the uniting of two different personalities whose gifts, imagination and special talents help to enrich the partners' lives. Marriage should make it possible to bring out the best that there is in each individual. The skills and knowledge of one partner may introduce the other to new concepts and vistas of learning and a fuller life. The team approach-sharing experiences, settling on common goals and objectives, and celebrating one another's victories, advancements and achievements-brings an enrichment that cannot be gained outside of the marriage relationship. The term "help meet" was well chosen by the Lord when He presented Adam his beautiful and intelligent

Dr. I. Ralph Hyatt, chairman of the psychology department at St. Joseph's College in Philadelphia, commented, "A happy, fulfilled and secure person obviously gives a lot more to a marriage than one who is unhappy, frustrated and insecure. Just as the sharing of experiences enriches a marriage with happy memories, so do two persons, each growing to their fullest extent, enrich the marriage with renewed vitality and enthusiasm."

Sexual Compatibility is often spoken of as the essential element to a good marriage but most married couples today believe that there has been an overemphasis on sex. Sex cannot be separated into a compartment by itself, for in reality it is a microcosm of the relationship in its entirety. A sex manual can hardly solve sex problems, for our emotions play an important role in a successful sex experience. If a couple are having sex problems they should first look at their entire relationship. It would be rare that a marriage has everything going for it except sex and would probably be even more rare that a couple have good sex relationships and little else.

A wife's frigidity likely does not stem from a physical problem but rather from a deeper emotional frustration which leads her to hold back every kind of giving in her relationship with her husband. Husbands who engage in the sex act and then "desert" their wives may be expressing hostility. Again, the real Christian will look at this sexual relationship through different eyes than the person who does not reverence God. The couple will recognize that their bedroom is open to the gaze of heaven, with angels present in the chamber. The power of procreation is a gift from God and not a process for satisfying animal-like passions.

Spiritual Harmony is mentioned last, but is recognized as being one of the most vital necessities for a happy marriage. Union with an unbeliever, which is forbidden by Scriptures, can lead only to a compromise and/or times of frustration and unhappiness. Can two walk together unless they be agreed? This is especially true for members of the Seventh-day Adventist Church who believe in the Sabbath, in tithing, in Christian education and in a healthful diet. Opposition to the beliefs can be the basis for much disagreement and heartache. Divine revelation warns that such an unequal union will lead to a home "where the shadows are never lifted".

In some countries where there are seven Adventist girls for every Adventist young man, real problems exist, especially if the family of the girl believe that they will be disgraced if their daughter is not married off by the time she is 25. These problems need to be discussed with our youth in Family Life forums, especially during Youth-Family Year.

John H. Hancock, Director Youth Department General Conference of S.D.A.

- Items of General Interest -

BOOK REVIEW

UNDERSTANDING CHILDREN by Kay Kuzma



Here is a "howto" book for parents and teachers in the delicate task of nurturing the fully rounded development of the children entrusted to their care.

Dr. Kay Kuzma is a specialist in child education

and development in parent-child relationships. She holds the doctor of education degree in early childhood education from the University of California. She is married to Dr. Jan Kuzma, Loma Linda University, and has three children. Kay has had many articles in the Review & Herald, Life and Health, and other magazines. Three other books she has had published are Nursery School Management Guide, Steps to Parenthood: Health Habits, and My Unforgettable Parents.

Order from your A.B.C., \$3.00 plus .50 for postage and handling.

SOUTHWESTERN ADVENTIST COLLEGE HOMECOMING

April 5-8, 1979 Plan To Be There

Banquet Thursday evening kicks off weekend activities.

Honor Classes 1929, 1939, 1949, 1954, 1959, 1969

Hall of Fame Inauguration
1 Alumnus of the Year
1 Alumna of the Year
4 Candidates for Hall of Fame

To nominate candidates for the Hall of Fame or to obtain information about Homecoming, write to: Alumni Association, Development Office, Southwestern Adventist College, Keene, Texas 76059.

Asian Study Tour

If you are interested in Asia, Loma Linda University has just the trip for you. Next summer L.L.U.'s Asian Study Tour will give 35 people a chance to view the Orient in a new way.

"We'll experience a variety of 'grassroot' activities," says tour director Dorothy Minchin-Comm, "such as padding
over the lacquer floors of a Japanese
shrine in stocking feet, visiting an allnight Chinese market, eating a ritual
Moslem meal in Java, sleeping in ornate
little cottages on the beach in Bali,
spending Sabbaths on Adventist college
campuses. This trip is for venturesome
students who would like to earn next
summer's credits in a new and exotic
way."

The tour is also open to non-students, she adds. "With the varieties of religions from Christian to Buddhist and Moslem—to be witnessed, and the cultures in Korea, Japan, and Indonesia to be experienced, this tour promises to be an unforgettable experience."

Walter Specht is the associate director of the trip which will cover nine countries between June 20 and July 26, 1979. The tour is sponsored by L.L.U.'s English department; however, credit (3—8 quarter units) is also available in religion, history and anthropology. Students may work a lower or upper-division as well as graduate levels. There will be lecture-seminars en route, required readings, and post-tour directed study Dr. Comm says, all of which are designed to enlarge aesthetic, intellectual and spiritual horizons.

Applications are now available. Write to Dorothy Comm, Department of English, L.L.U., Riverside, California 92515, 714–785-2241. Applications will be accepted beginning in February on a first-come basis, so interested persons are urged to apply immediately.

Bonnie Dwyer

Christmas Cards

Many requests come from mission stations for Christmas cards which are used in Branch Sabbath Schools and Vacation Bible Schools. If you care to send your cards to foreign missions contact Mrs. Ella Van Lanen, 125 Palm Ave., Auburn California 95603 or your Lay Activities leader.

Revised Wayout Materials Released

A revised series of Wayout brochures about youth hangups has been released by the *Voice of Prophecy*, according to Pastor Norman Matiko, youth ministries director for the broadcast.

"Teen problems haven't changed significantly since the original Wayout materials were produced in the early 1970's, but the emphasis on some of them has," says Matiko. "Young people's jargon has also changed significantly in the past few years, as well as the art styles which they accept as contemporary."

One of the brochures most requested by young people is "How Do You Raise Your Parents?" An offer was made in *Teen* magazine for this item on parentteen relationships and 7,470 young people responded.

When these folders were mailed out an offer was made for "What's the Way Out?" a brochure on the life of Christ. Requests from 2,258 of the *Teen* readers came in. With this brochure went an invitation to enroll in the Wayout Bible course, "Highway Scenes," and this resulted in enrollments from 656 young people.

The Wayout department does not send out any materials at random. Each piece of literature mailed has been requested by someone with a specific concern, either by a young person, or by a parent looking for a way to reach a teenager.

H. M. S. Richards and H. M. S. Richards, Jr., were both instrumental in getting the Wayout program started. H. M. S. Richards, Jr., says, "When I visit high schools or meet with young people in youth rallies, I am amazed by the potential I see in them. I love young people, and I don't like to see any of them messed up. I am thrilled every time I hear of someone finding the way out through our youth ministry program."

Martin Butler Communication Intern Voice of Prophecy

LEGAL NOTICE CORRECTION

In the Legal Notice of the Ontario Conference of the Seventh-day Adventist Church in the January 4 and January 18 issues of the MESSENGER the word biennial should have been triennial—reading the twenty-third triennial session.

LEGAL NOTICE ONTARIO CONFERENCE CORPORATION OF THE SEVENTH-DAY ADVENTIST CHURCH

Notice is hereby given that the annual general meeting of the Ontario Conference Corporation of the Seventh-day Adventist Church will be held at the College Park Church in Oshawa, March 11, 1979.

The purpose of this meeting is to elect directors and officers to consider possible changes in the constitution and by-laws and to transact such other business as may properly come before the Corporation. This meeting shall follow the close of the Ontario Conference of the Seventh-day Adventist Church triennial constituency meeting.

Members of the Corporation are the members of the Ontario Conference Executive Committee, the Trust Services Officer of the Ontario Conference Corporation of the Seventh-day Adventist Church. The President, Secretary, and Treasurer of the Canadian Union Conference of the Seventh-day Adventist Church and the Administrator of the North York Branson Hospital.

E. C. Beck, President Dean O. McDaniel, Secretary

EARLY DENOMINATIONAL MATERIALS NEEDED

Many early Adventist books and pamphlets, recently donated to the General Conference Archives, are now becoming a part of the holdings of several new overseas research centres.

The G.C. Archives serves as a clearing-house for S.D.A. historical materials. Especially needed are Ellen G. White writings prior to 1890, other published items up to about 1930, and even some specialized historical or doctrinal books of more recent years. Bibles and present Ellen G. White books are not needed.

"No early denominational materials should ever be thrown away," says F. Donald Yost, director of the G.C. Archives. "They must be preserved for the use of a rapidly growing ministry in other parts of the world."

He requests that donors write him describing the materials that are to be donated. Address: Director, Archives, General Conference of Seventh-day Adventists, 6840 Eastern Ave., N.W., Washington, D.C. 20012.

LEGAL NOTICE BRITISH COLUMBIA CONFERENCE OF THE SEVENTH-DAY ADVENTIST CHURCH

Notice is hereby given that the 45th Session of the British Columbia Conference of the Seventh-day Adventist Church will be held at Camp Hope, Katz, British Columbia. Camp Hope is located on Highway 7, six miles west of Hope. The first meeting of the Session will convene in the Lodge assembly hall at the hour of 7:00 p.m., Pacific Standard Time, on Saturday, February 17, 1979.

The purpose of the Session is as follows: (1) To elect the officers of the Conference for the ensuing triennium. (2) To consider any proposals of changes in the Constitution and Bylaws of the Conference. (3) To transact such other business as may properly come before the Session.

The Constitution of the British Columbia Conference of the Seventh-day Adventist Church provides for representation from each church within the Conference on the following basis: (1) One delegate without regard to numbers. (2) One additional delegate for each ten members or major fraction thereof.

A. W. Kaytor, President H. S. Larsen, Secretary



NOTICE

From February 23, 1979 through March 24 there will be an evangelistic meeting held in Meridian, Mississippi. This meeting is sponsored by the Alabama-Mississippi Conference and is under the direction of evangelist Dave Merling.

If you have any relatives or friends or know of any former Adventists living in the Meridian area, pleas send their names and addresses to Pastor Jim Greek, c/o Meridian Seventh-day Adventist Church, P.O. Box 3549, Meridian, Mississippi, 39301 or phone: 601–482-4537.



SAYERS — Doug and Susan happily announce the birth of their son, Chad Douglas. He was born at Oshawa General Hospital on December 12, 1978.

WANTED— OUT OF PRINT BOOKS

If you have any of the books listed below, contact:

Mrs. Pat Bailey c/o Ontario Conference Sabbath School Department Box 520 Oshawa, Ontario L1H 7M1

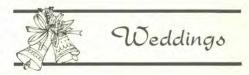
Investment—The Miracle Offering by Nash

Christian Storytelling by Spalding and Hare.

Those Tiny Tots by Striplin.

Those Juniors by Hare.

Treasury of Devotional Aids for Home and School



EGOLF - SCOTT

In a quiet home wedding on Sunday afternoon, December 10, 1978, Deborah Moira Scott become the bride of Christopher George Egolf. The ceremony took place at 14135—60th Avenue in Surrey, B.C., at the home of the groom's parents, Mr. and Mrs. George Egolf. Richard Egolf, brother of the groom, rendered appropriate piano music. Following the service a delightful evening meal was shared by the guests at nearby Ramona Inn.

After their honeymoon in Southern California and in Mexico, Debbie and Chris will be living on the coast of British Columbia, Friends and family unite in wishing for them a heaven-

blessed union.

A. W. Robertson, Pastor Vancouver S.D.A. Church

JACOBSON - BERGSTROM

The evening of December 23, 1978 was a memorable event for all those present at the marriage of Dale Jacobson and Brenda Bergstrom. Dale is the son of Mr. and Mrs. Victor Jacobson and Brenda is a daughter of Mrs. Gladys Bergstrom of Birch Hills, Saskatchewan. The bride's sister, Gail Ritz was matron of honor and the best man was Ron Jacobson, the groom's brother.

We wish Dale and Brenda God's richest blessing as they seek to do Him service. They will make their home in Calgary where Dale is a physio-therapist and Brenda is a nurse.

Jim Burgess, Pastor Calgary Mountain View S.D.A. Church

HUMPHRIES - ASTLEFORD

The Waitara N.S.W. Church in Australia was beautifully decorated for a lovely wedding on December 21, 1978. Here, Mr. Darrell Humphries of Brisbane and Miss Pamela Astleford, only daughter of Pastor and Mrs. D. R. L. Astleford of Poona, India (formerly of Canada) were united in marriage by the bride's father. Guests included all relatives of the groom from Brisbane and Melbourne, two brothers of the bride from England, and local friends. Many in Britian, Africa, Asia, Canada and Australia wish them heaven's richest blessings as they establish their new home in Wahroonga.

D. R. L. Astleford

PETR - LAUGHLIN

On December 17, 1978, the Washington Sanitarium Church was the setting for a beautiful wedding of Jean Laughlin, daughter of Mr. and Mrs. Joseph Laughlin of Washington, D.C. and Daniel Petr, son of Pastor and Mrs. Steve Petr of Chilliwack, B.C.

Daniel and Jean met at Andrews University and each has spent a year as a student mission-

ary in Japan and Korea.

Pastor R. Quackenbush of Virginia and the groom's father solemnized the marriage. Those attending the bride were Beth Laughlin as maid of honor, with Karen Newhart and Susie Layzac as bridesmaids. Paul Petr was the best man, and Russ Laughlin and Oldrick Bocek were the groomsmen.

Daniel and Jean are residing at Berrien Springs. May God abundantly bless this Chris-

tian home.

Steve Petr, Pastor Chilliwack S.D.A. Church



STAVERT - Mrs. Lenora Stavert was born in Glasgow, Scotland on September 30, 1885. She passed away on December 2, 1978 in North Bay, Ontario. She became a member of the Seventh-day Adventist Church in September 1924 and was faithful until her death.

She is survived by a son, James Keith, and two daughters, Annie Cowper and Sheila Stavert.

Funeral services were held in Mattawa, Ontario at Edwards Funeral Home on December 5, 1978.

> Orville Parchment, Pastor North Bay S.D.A. Church

BURNS - William Robert Burns, born September 26, 1922 in Windsor Ontario, passed to his rest on November 2, 1978 in Humbolt, Saskatchewan while on a trip to visit friends he'd made at the hospital during his prolonged illness.

William married Helen on November 3, 1955 and they lived in Saskatoon ever since. He joined the Adventist Church in 1975.

His loving wife, Helen, and two sons, Billy and Dale are looking for the soon return of our Lord that they may be reunited with their loved one. Also left to mourn are two sisters and one brother.

> Ron Hyrchuk, Pastor Saskatoon S.D.A. Church

RITCHEY - Cecil Ritchey, aged 80 years, of Silver Creek, B.C. fell asleep in Jesus on October 20, 1978. Brother Ritchey walked with the Lord, and his devotion to the Lord was an inspiration to many. Left to mourn his death are his devoted wife, Winnifred, six sons and two daughters.

Many church members and friends gathered at the Salmon Arm Cemetery to say farewell to this dedicated servant of Christ. We look forward to the golden morning when sorrow shall flee away.

David Ellis

CUTHBERTSON - Mrs. Electa Cuthbertson, formerly of Moncton, passed away at the Saint John General Hospital on November 13, 1978. She was 80 years old.

Born in Springhill, N.S., she was a daughter of the late Nelson and Agnes Main, She was a member of the Seventh-day Adventist Church.

She is survived by two daughters, Mrs. Jean Andrews of Saint John with whom she resided, and Mrs. Ona Stark of Oshawa, Ontario; two

sisters, one grandchild and two great-grandchildren.

Pastor B. Atkins of the Seventh-day Adventist Church in Moncton officiated. Interment is in the Elmwood Cemetery where whe awaits the Life-giver.

> B. Atkins, Pastor Moncton S.D.A. Church

CUTLER - William Arthur Cutler of Turtle Creek and formerly of Saint John died Wednesday, January 3, 1979 at the Moncton General Hospital, in his eighty-fifth year.

He is survived by one daughter, Mrs. Vona Billings of Maine; one son, Leo of Saint John and one sister, besides several grandchildren.

Funeral services were conducted by Pastor Bruce Atkins, and interment was in the Fairhaven Memorial Gardens.

B. Atkins, Pastor Moncton S.D.A. Church

OSBURNE - Mrs. Pearl Osburne of Anagance. formerly of Moncton passed away while vacationing in California.

She attended the Moncton Seventh-day Adventist Church.

She is survived by her chosen daughter Mrs. Robert (Treva) Burgess of Martinez, California; two grandchildren, one great-granddaughter and three sisters.

A memorial service was held at Concord Seventh-day Adventist Church in Concord, California.

> Gilbert E. Andersen, President Maritime Conference of S.D.A.

LOCK - Gordon F. Lock was in his 63rd year, his first as an Adventist, when he passed away at South Muskoka Memorial Hospital in Bracebridge on December 27.

He is survived by his wife Peggy, his daughters Virginia, Susan, Sally and his son William

Funeral services were conducted by Dan E. Hogan at the Trinity United Church in Gravenhurst. Interment will be at Mickle Memorial Cemetery in the spring.

W. F. Woodwaard Communication Secretary Muskoka South S.D.A. Company

MULLA - Nellie Mulla was born on November 20, 1890 and passed away at St. Joseph's Hospital in Toronto on December 29, 1978.

She was predeceased by her husband Alex in

1964 and one son. Steve. in 1977.

She is survived by two sons: Joe of Port Colborne, Ontario, and Peter of Dauphin, Manitoba; two daughters: Annie of Vancouver, B.C. and Mary of Winnipeg, Manitoba; thirteen grandchildren and many great-grandchildren. Funeral services were conducted by Pastor Arthur Zaft of Toronto at the Cardinal Funeral Chapel in Toronto, Mrs. Mulla was laid to rest at the Prospect Cemetery in Toronto.

- Gordon Byron Knight was born April 2, 1942, at Maple Creek, Saskatchewan and passed to his rest December 22, 1978 in Aldergrove, British Columbia.

Gordon attended Seventh-day Adventist Schools prior to his service in the Navy.

In 1977 he re-dedicated his life to Jesus and was rebaptized at Camp Hope.

Surviving are his mother Mrs. Angela Knight of Penticton, B.C., his sister Rosemary Martens of Clearbrook, brother Wesley of Aldergrove, B.C. and three children, Gordon Jr., Heather and Brenda all of Uniacke, Nova Scotia,

The service was conducted at Henderson's Funeral Home by the writer, assisted by Pastor Les Sayler.

Howard Homenchuk, Pastor Mission & Maple Ridge S.D.A. Churches SVENDSON - Hans Svendson was born in Marstal, Denmark on November 12, 1876. He quietly passed to rest in Abbotsford, B.C. on December 20, 1978.

Hans joined the Seventh-day Adventist Church over 60 years ago. Since that time, his faith in God has remained strong. He was laid to rest in the Mission Cemetery where he awaits the resurrection. The funeral service was conducted by Pastor Howard Homenchuk assisted by Pastor A. Lennox.

Hans was pre-deceased by his brother, He has no other family members or relatives in Canada.

> Carolyn Hauvre Communication Secretary Mission S.D.A. Church

BRAY - Daniel Bray was born in Kamloops, B.C. on October 23, 1978, and passed away in his crib the evening of December 26. 1978. This unexpected loss of such a small and sweet child has brought great sadness to the entire Kamloops church family, as well as to the parents, James and Lesley Bray and to an older brother, Steen, the paternal and maternal grandparents and many other loved ones and friends.

We all look forward to the glad time when Jesus returns and baby Daniel, alive and well, will be brought to his parents by heavenly angels.

> Charles S. Cooper, Pastor Kamloops S.D.A. Church

TRYNCHUK - Alex Trynchuk was born on April 5, 1886 in the village of Nebeliw, in Southwestern Ukraine and passed to his rest Friday, December 8, 1978 in the Mannville Hospital.

At the age of 14 he moved with his parents to Canada. They settled in Winnipeg, where the family lived for 2 years. In 1902 the family moved to Alberta and settled a few miles southeast of what is now Myrnam. The following year he bought a homestead where he farmed till his retirement.

In 1907 he married Pauline Plishka to which union 8 children were born. His wife passed away in 1941.

In 1920 he and his wife joined the Seventhday Adventist Church where he was actively engaged and served many years as elder of the church.

In 1942 he married Mary Dudar who predeceased him 3 years ago.

He is survived by 8 children who mourn his loss - Anne Lushik of Kelowna, B.C., Nettie Stensaa of Stanwood, Washington, John of Edmonton, Peter and Paul of Mannville, Nick of Vancouver, Bill of Myrnam and Josephine Litvin of Portland; also 19 grandchildren and 20 great-grandchildren. Two brothers and three sisters also survive.

Pastor R. Dorchuck

ADVERTISEMENTS

Rates: Per issue, 40 words or less, \$5.00; each additional word ten cents. Display advertising \$6.00 per inch. Ten per cent discount per insertion for three or more consecutive insertions without copy changes. No advertising will be accepted unless cash accompanies copy. Send all advertising to your local conference office for approval by either the president or treasurer. treasurer.

No responsibility can be accepted for any misrepresentation or dissatisfaction arising from any advertisement."

RETREAT-OWN YOUR OWN - 51/2 acres partially treed, fresh water stream, 3 miles from Peterborough, Ontario and 11/2 miles from Millbrook county. Contact: Mr. and Mrs. Tally Coloma, 39 Brockelbank Cr., Regina, Saskatchewan S4R 6J5.

Change of Address For CANADIAN ADVENTIST MESSENGER (Be sure to include Postal Code) Name Old Address Postal Code New Address Postal Code Include BOTH old and new addresses AND postal codes

Mail to: Your Local Conference Office Change of address may require up to six weeks.

NOTE: The Canadian Adventist Messenger does not accept responsibility for categorical or typographical errors.

DENOMINATIONAL WORK — Opening in Alberta with Christian Record Braille Foundation working with blind and visually handicapped. Must be able to meet public and be self-motivated. All denomination benefits. Contact John Reitor, Western Canadian Area Director, 750 Falkirk, Kelowna, B.C. VIX 1R1 Phone: 608—860-6319.

SALES REPRESENTATIVE/BOOKMOBILE OPERATOR — required by Adventist Book Centre in Oshawa, Ontario. Prefer couple where wife can travel 4-5 months of year to assist with sales. Applicant should be business oriented with a college background to facilitate future advancement. A sound Christian experience and a zeal for distributing Christian Literature is a must. Should be able to qualify for an Ontario Class "A" Driver's License. Contact: Allen Hrenyk, Manager, Adventist Book Centre, Box 398, Oshawa, Ontario L1H 7L5. Phone 416-579-2400.

REGISTERED NURSES — The White Memorial Medical Center in Los Angeles, California is a 377 bed, multi-speciality hospital with immediate openings in many areas. If you are looking for work, are willing to relocate and have a contribution to make, we are interested in you. We will process your visa, pay your way and can offer you free board and room for one month in our ultra modern nurses dorm. Call collect or write Ken Hoover, Recruiter, White Memorial Medical Center, 1720 Brooklyn Ave., Los Angeles, California 90033; 213—269-9131, Ext. 1680.

2-15

HOLY LAND, GREECE, ROME, — tour March 13 to 28, 1979. Adventist orientated. "Walk where Jesus Walked." Some seats still available. Write D. Melashenko, 3033 Tims Street, Clearbrook, B.C. V2T 4G8 or phone: 604—853-2633.



WRITE FOR BOX 1197 OLDS, ALBERTA TOM 1P0
FREE
TAPE LIST OVER 50 SPEAKERS ON CASSETTE

RECREATIONAL PROPERTY FOR SALE—Deer Lake, South River, Ontario, 5 registered waterfront lots; plus 32 acres. Comfortable 3 bedroom bungalow. Asking \$91,000. Vendor will hold first mortgage. Also available for your enquiry, 5 acre parcel, modern split level home and barn, \$76,500 near Oshawa, Ontario. For details on properties in the Oshawa district please call Ruth Veness representing Family Trust Corporation Realtor at 416-623-6622.

4-

PURE WATER — For health's sake drink more water in '79, but be sure it's pure water. Our water distillers, and purifiers will give you that health-giving water you need. Our latest purifier is a little wonder, so small you can take it with you on trips. No electricity needed. Costs under \$100.00. Special discount prices for 60 days. Write to: Pure Water, Box 908, Kelowna, B.C. Phone: 860-7944.

ROOMS TO RENT — completely furnished, in older home. Reasonable rates for transit families, small groups, businessmen frequently visiting the city. Inquiries made to 403—474-5171 or write to Holiday Club, c/o 12135-95A St., Edmonton, Alberta T5G 1R8.

2-

Messenger Deadlines

Issue of March 1 Deadline for copy - February 13

Issue of March 15 Deadline for copy - February 27

Conference Editors

ALBERTA- L. Neal
BRITISH COLUMBIA- A. Ramsay
MANITOBA-SASKATCHEWAN- S. Gallant
MARITIME- G. E. Andersen
NEWFOUNDLAND- J. M. Campbell
ONTARIO- W. J. Clemons
QUEBEC- P. F. Lemon

Conference Directory

CANADIAN UNION CONFERENCE — L. L. Reile, President; A. N. How, Secretary; R. W. Wilmot, Treasurer; 1148 King Street East, Oshawa, Ontario, L1H 1H8.

ALBERTA CONFERENCE = J. W. Wilson, President: N. W. Klam, Secretary-Treasurer; 201-16th Ave., N.E., Calgary, Alberta, T2E 1J9

BRITISH COLUMBIA CONFERENCE - A. W. Kaytor, President; H. S. Larsen, Secretary; E. F. White, Treasurer; Box 1000, Abbotsford, B.C., V2S 4P5

MANITOBA-SASKATCHEWAN CONFER-ENCE — W. G. Soloniuk, President; W. J. Nepjuk, Secretary-Treasurer; 1004 Victoria Ave., Saskatoon, Saskatchewan, S7N 028

MARITIME CONFERENCE - G. E. Andersen, President; R. L. Coolen, Secretary-Treasurer; 451 St. George St., Moncton, N.B., E1C

NEWFOUNDLAND J. M. Campbell, President; T. Chittick, Secretary-Treasurer; 106
Freshwater Road, St. John's, Newfoundland,
A1C 2N8

ONTARIO CONFERENCE — E. C. Beck, President; W. R. Bornstein, Secretary; M. D. Suiter, Treasurer; Box 520, Oshawa, Ontario, L1H 7M1

QUEBEC S.D.A. CHURCH ASSOCIATION—P. F. Lemon, President; T. W. Staples, Secretary-Treasurer; 940 Ch. Chambly, Longueuil, Quebec, J4H 3M3

Legal Directory

For the information of members and friends who wish to remember the Church and its institutions in preparing wills and legacies.

ALBERTA CONFERENCE CORPORATION of the Seventh-day Adventist Church — 201 - 16th Avenue N.E., Calgary, Alberta, T2E 1J9

THE BRITISH COLUMBIA CORPORATION of the Seventh-day Adventist Church - P.O. Box 1000, Abbotsford, B.C., V2S 4P5

MANITOBA CONFERENCE CORPORATION of the Seventh-day Adventist Church — 1004 Victoria Avenue, Saskatoon, Saskatchewan, S7N 0Z8

MARITIME CONFERENCE CORPORATION of the Seventh-day Adventist Church, Inc. — 451 St. George Street, Moncton, N.B., E1C 1X9

ONTARIO CONFERENCE CORPORATION of the Seventh-day Adventist Church - P.O. Box 520, Oshawa, Ontario, L1H 7M1

SASKATCHEWAN CONFERENCE CORPOR-ATION of the Seventh-day Adventist Church — 1004 Victoria Avenue, Saskatoon, Saskatchewan, S7N 028

SEVENTH-DAY ADVENTIST CHURCH IN CANADA — 1148 King Street East, Oshawa, Ontario, L1H 1H8

SEVENTH-DAY ADVENTIST CHURCH in Newfoundland and Labrador, Inc. - 106 Freshwater Road, St. John's, Nfld., A1C 2N8

SEVENTH-DAY ADVENTIST CHURCH—Quebec Conference, or Eglise Adventiste du Septième Jour-Fédération du Québec-940 Ch. Chambly, Longueuil, Quebec, J4H 3M3

INSTITUTIONS

CANADIAN UNION COLLEGE College Heights, Alberta, TOC 0Z0

KINGSWAY COLLEGE

P.O. Box 605, Oshawa, Ontario, L1H 7M6 CHRISTIAN RECORD BRAILLE FOUNDATION

P.O. Box 784, Parksville, B.C.
FAITH FOR TODAY FOUNDATION

1148 King Street East, Oshawa, Ont., L1H 1H8 THE VOICE OF PROPHECY FOUNDATION

1148 King Street East, Oshawa, Ont., L1H

