olume XLIX, No. 6, March 20, 1980, Oshawa, Ontario

The message of the Vision is to be written and carried with speed. Literature Evangelist Rally Day – April 12 dalm Steel

A Vision for the Appointed Time

by W. Ruba, Publishing Department Canadian Union Conference

It will awaken the church. It calls to active duty. It will motivate us to finish the work.

"I will stand at my post.

I will take up my position on the watch tower.

I will watch to learn what he will say through me,

And what I shall reply when I am challenged.

Then the Lord made answer;

Write down the vision, inscribe it on tables,

Ready for the herald to carry it with speed:

For there is still a vision for the appointed time.

At the destined hour it will come with breathless haste, it will not fail.

If it delays, wait for it;

For when it comes will be no time to linger." Habakkuk 2:1-2, NEB

If every church member would stand at his post; if every worker would take up his position on the watch tower; if all of us were eager to learn what God wants to say through us and if all of us knew what we should reply when we are challenged. What would this do for our church and its mission? All would be on active duty. None would be afraid to go and tell what great things God has done for him.

The message of the vision is to be written,

printed and carried with speed at the appointed time and the appointed time is NOW.

I can see in this vision the work of the literature ministry. E.G. White says in *Testimonies, Vol. 6, p. 315,* "The time has come when a large work should be done by the literature evangelists. The world is asleep and as watchmen they are to ring the warning bell to awake the sleepers to their danger."

How do former and present-day church leaders look at the literature ministry? "I believe the hour calls for a tremendous advance in our literature work. I believe in the bookwork. I believe it is a mighty power in the hand of this church for the accomplishment of the work of the church. I believe God calls every man to put all the strength he has into it to reach the highest success. It must be done."

"Every leader who fails to recognize the fruitfulness of the literature is making a great mistake. It is only a short step from the time the literature work is allowed to drop in a field that the drop will be felt in the soul winning in that field. Let your literature work go down and your soul winning will go down. Let your literature work go on regardless of condition, and your soul winning will go on." C.H. Watson, Former G.C. President

"As an administrator, I regard a steppedup program of literature evangelism as vital to our continued success. Without it we cannot expect to see the fulfillment of those visions that depict a thrilling house-to-house ministry attended by the outpouring of the Spirit in the latter rain." L.C. Naden

"I felt thankful and inwardly proud of the fact that there was a young man under divine conviction, and who was impressed that he must proclaim the message of Christ's love and soon coming through the medium of literature evangelism. It was evident that he felt under obligation to lighten the earth with the glory of God through our gospel filled books and periodicals. As I visited with him, he looked at me with sparkling, earnest eyes. He told me that he felt impressed to call upon men and women everywhere to return to God, to be reconciled to the Saviour, to prepare for the time of trouble, the judgment and the second coming of Christ.

"The spirit is priceless! We should earnestly pray that many more will catch a similar vision. We need hundreds of intelligent men and women who are committed to literature evangelism, not as a job or a profession, but because they are motivated by a divine mandate." Neal C. Wilson, president, General Conference

Are you ready to accept your divine mandate? Are you willing to take up your position on the watch tower? Are you ready to be a herald and carry the last message with speed and breathless haste? If yes, apply to the Publishing Department of your conference and become a Literature Evangelist Now.

You Are Needed!

by L.R. Krenzler, Director

Department of Communication, Canadian Union Conference

Yes – you are needed. You are urgently needed to help put *It Is Written* in French on an available station in a dark area. Not only is it dark because of lack of members, but also lack of *It Is Written* coverage. This is a large area with 350,000 people about 150 miles northeast of Quebec City.

We voted to go on this station in February, but we do not have the money to do it. Our January income for *It Is Written* was less than half of our budget.

By the time you read this appeal, you will have received the advertising for It Is Written

Heritage II offer. I would like to appeal to you to take advantage of this offer right away. Send in your donation, either in full or in part now. Mark it distinctly, "Heritage II." You responded well to the Heritage Bible offer, and I know you will respond well to the It Is Written Heritage II, Earth: Theater of the Universe. You can show this to your friends and neighbours and share the complete message of the plan of salvation from Eden to Eden. Be sure to tell us which you prefer; either the record or the cassette with your book.

This new French station would be a real lift to our work in Quebec. At present, we are on only one station, in Sherbrooke, Quebec. We are thinking of the 6½ million French-speaking people for whom Christ died. And the cost for this new outlet is not very high – just \$285 per week.

I know you will come to the rescue to keep all our stations and expand to other areas. Thank you for helping, and God bless you.



"Modeling" in the Home

by Don E. Crane, Director, Stewardship Department, Canadian Union Conference

A young husband and his wife were having trouble with their children. The husband accused his wife of being too domineering. "Maybe I am a domineering wife, a controlling mother, but when you come home at night, if you'd stay vertical long enough to be a father to these kids, instead of flopping on the sofa, maybe I could stop being a domineering wife!"

She went on to tell him that the main image that she and the children had of him was that of a worn-out young husband-father, lying prostrate on the sofa.

This picture does not fit all parents. But ask yourself the question, What image do my children have of me as a parent? Am I fulfilling my God-given role of leadership in the home?

The responsibility of training the children belongs to parents (including husbands). It was never a part of God's perfect plan that artificial agencies should handle the development and training of children. God brought children into families, not school systems. Television, another artificial agency, has become an "electronic father" to millions of children. Speaking of parental responsibility, God's messenger clearly states:

"Before visitors, before every other consideration, your children should come first . . . The education and training of their children to be Christians is the highest service that parents can render to God . . . By a neglect of this trust we prove ourselves unfaithful stewards." Adventist Home, p. 267-268.

God's plan for parents is to be "models" in the home.

"The mother is the queen of the home, and the children are her subjects." E.G. White, Adventist Home, p. 232 Children learn from mother the gentler virtues such as love, sympathy, cleanliness, courtesy, good manners, and thoroughness. "The mother's love represents to the child the love of Christ ..." E.G. White, Desire of Ages, p. 515

"The husband is the house-band of the home treasures, binding by his strong, earnest, devoted affection the members of the household, mother and children, together in the strongest bonds of union." E.G. White, Adventist Home, p. 211 From the father the children receive the stronger virtues, such as energy, integrity, courage, practical usefulness and diligence. To be "models," parents must set aside time to be with their children. The average father spends only seven minutes per day with his children. (Some far less.) In a recent McCall's survey nine thousand teenagers voted as their number one desire that father "spend time with us."

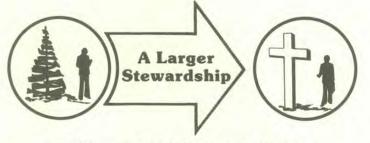
"Fathers . . . Give some of your leisure hours to your children; become acquainted with them; associate with them in their work and in their sports, and win their confidence. Cultivate friendship with them, especially with your sons." E.G. White, Adventist Home, p. 222

Mothers also should set aside time from their busy routine.

"...a child left to himself brings shame to his mother." *Proverbs 29:15 RSV* "Modeling" is a must for many reasons. Doing things together strengthens family ties. An atmosphere of laughter and good times eases parental discipline. Family counselor, Alma Jones, also reminds us that "scientific studies show that maladjustments of children decrease as family recreation increases." Jesus is our example. His touch brought healing. He took babes in His arms. He touched the leprous and the blind. A parental "touch" will help in the development of our children.

Parents who are too busy to be parental "models" will find their children looking for other "models." In a magazine not long ago, there was an article describing experiments conducted by scientist Kenrad Loveny, with baby ducklings. The scientist learned that baby ducklings will follow the mother duck with unhesitating obedience. He also discovered that such committed following can only be learned during the first day or two of their lives. If the mother duck fails to teach the young to follow her during those first two days, the ducklings can be taught to follow any other object that can be moved, even a block of wood. The scientist also learned that baby ducklings become emotionally attached to the object which they follow.

Children are like ducklings—they can learn early to follow parental example, or they can learn early to follow "other moving objects." If you had your choice, what "models" would you have your children follow?



1980 — World Stewardship Year



Sleep, Sweet Sleep

by G.D. Strunk Adventist Health Ministries

And just how much sleep should we have? Some interesting correlations compiled by Belloc and Breslow in studying 6000 adults showed that those who got less than 6, or more than 9 hours sleep nightly, experienced poorer health than those getting 7 and 8 hours. It should be noted that these are correlations not cause and effect relationships. It may be that those getting 9 hours were in poor health and that is why they seemed to require more sleep rather than the excess sleep causing poor health.

But it is also not wise for body, mind or attitude to sleep beyond an optimal amount. As a matter of fact excess sleep is a sin. Testimonies, Volume 4, p. 417

But the quality of sleep may be more important than the quantity. According to longevity studies the amount of sleep people get seems to have no affect on length of life. But the quality of sleep certainly has an effect upon the quality of life, as seen in one's disposition, and in one's calm, rational behaviour.

Perhaps quality of sleep is why more space is given in the E.G. White Index under the topic of sleep to the ill-effects of eating before sleeping than to any other sub-heading. Taking a nap after dinner instead of before dinner or putting children (or adults) to bed at night just after supper is a common practice of the world that receives the frown of heaven. Paul was accused of turning the world upside down. He was really turning it right side up. And we should too in matters of eating and sleeping. Several hours should escape from the last meal until bedtime. The work of the stomach, which usually takes from 3-5 hours to empty should be over before lying down to rest. If a person wants to nap it should be before dinner not after dinner. You can accomplish in 10 minutes to 1 hour of sleeping before dinner what it takes 1-3 hours to accomplish after dinner.

Then take a brisk walk after dinner. SLEEP! EAT! EXERCISE! This is the order heaven ordains. The same can be done on Sabbath. And what new life this would bring to those sacred hours! Sleep after church if you must sleep (not in church) then eat, then walk.

Speaking of Sabbath and sleep! Sleeping at night during the week is one important means of preparing for Sabbath. Sabbath hours are too precious to be squandered on much sleep. Making money is not the only activity about which the following counsel may apply.

"None should feel at liberty to spend sanctified time in an unprofitable manner. It is displeasing to God for Sabbathkeepers to sleep during much of the Sabbath. They dishonor their Creator in so doing, and by their example, say that six days are too precious for them to spend in resting. They must make money, although it be by robbing themselves of needed sleep, which they make up by sleeping away holy time. They then excuse themselves by saying: 'The Sabbath was given for a day of rest. I will not depive myself of rest to attend meeting, for I need rest.' Such make a wrong use of the sanctified day."

In fact rising a little earlier on Sabbath to enjoy sacred music, to dine by a candlelight breakfast, and leisurely prepare for Sabbath School is a good sleep habit for Sabbath observance.

While quality sleep may be more important than quantity it is also true that 7 hours of good sleep are better than 3 hours of good sleep. Shorting oneself of sleep in order to get more out of life is really a contradiction of intentions. The list of ill-effects from chronic loss of sleep should frighten Seventhday Adventists considering their obligation to become Christ-like: temper flare, moodiness and depression, "not in our right minds," forgetfulness, irritability, "an overcritical attitude toward other individuals is a chief result of sleep loss," excessive worry. Mental tasks require 3 times more energy to accomplish than when sleep requirements are met. Sleep is worth preparing for! How do you do it? Here are 6 rules learned from lessons of experience. Therefore, you may wish to add to the list.

1. Do enough physical labour at some point near enough to bedtime to redistribute the blood flow to the extremities rather than leaving it congested in the brain.

- 2. Live a life without offense to God so that you can peacefully say "Good night, Dearest One," to both God and your
- 3. Go to bed on an empty stomach! Learn to! Oh yes you can!
- 4. Live temperately. Do not overwork.
- 5. Develop regular hours for bedtime as well as meal times. Listen to this fascinating statement. "Men of business can be truly successful only by having regular hours for rising, for prayer, for meals, and for retirement. If order and regularity are essential in worldly business, how much more so in doing work for God." Testimonies, Volume 4, p. 412
- 6. Allow fresh air into the sleeping room day and night. Only a crack is needed during the day on cold winter days, but during sleeping hours open it wider. The lungs, the throat, the heart and the blood are adversely affected by sleeping in poorly ventilated rooms. Those who are accustomed to sleeping in warm stuffy homes cannot stand the cold of an open window. Those who are used to sleeping in the fresh air cannot abide a stuffy atmosphere. In which direction should the change proceed?

"Sleeping apartments should be large and so arranged as to have a circulation of air through them, day and night. Those who have excluded the air from their sleeping rooms, should commence to change their course immediately. They should let in air by degrees, and increase its circulation until they can bear it winter and summer, with no danger of taking cold. The lungs, in order to be healthy, must have pure air. Those who have not had a free circulation of air in their rooms through the night, generally awake feeling exhausted, feverish, and know not the cause. It was air, vital air, that the whole system required, but which it could not obtain." Selected Messages, Book 2, p. 463

"One great error with the mother in the treatment of her infant is, she deprives it very much of fresh air, that which it ought to have to make it strong. It is a practice of

Cont. on p. 7

"God's Truth Will Multiply Greatly"

One day I read something from Ellen G. White that caught my attention, but I couldn't quite grasp it. She said, "In the miracle of the feeding of the multitude, the food was increased as it passed from Christ to the people. Thus it will be in the distribution of our publications. God's truth, as it is passed out, will multiply greatly."

I thought about Mrs. White's comment while attending the College View Church a year ago in Lincoln, Nebraska. I heard the pastor, Floyd Bresee (now in Texas), present a marvelous sermon. It was superbly done. He spoke to 2,000 people that day; 2,000 people were helped! That is certainly eminently worthwhile.

I suppose Elder Bresee spent at least ten hours preparing that sermon—getting the idea, developing it, weeding out non-essentials.

However, Elder Bresee put far more than ten hours into that sermon. Into it went the benefit of all the years of his prayer life, his years of Bible study, his many hours of meditation, his social and family life, his sense of humour. In other words, he poured his whole life into that presentation. Now let us say that Elder Bresee's sermon was printed in all four of our missionary magazines—These Times, Signs, Message, and El Centinela—which have a total circulation of one million. But since an average of four people read each issue, Elder Bresee is reaching not 2,000 people but four million. His congregation has increased astoundingly! You realize also that those who read can go over and over what he has written, so that they will not forget it.

But there is another point to consider. Among those four million readers will be thousands of ministers, who in turn will use some of his thoughts in their sermons. Thousands of parents will read his article and they will pass on his insights to many more thousands of children. In addition, thousands of thought leaders—editors, teachers, media people—will be influenced by what Elder Bresee has written and will in turn share his thoughts with perhaps countless numbers of others. Who knows what the total would be?

But there is still more to Elder Bresee's new outreach: Our missionary journals go to at least fifty foreign countries, including the secretariat at the Vatican. The article which Elder Bresee has poured his life into now affects people all over the world.

Incidentally, if we reach the General Conference goal of five million copies by 1982, each month well over twenty million people will have their lives touched by a Biblical message.

But consider one last point: Elder Bresee's article is only one of ten articles in these magazines. So multiply the effectiveness of his one presentation ten times. Then add to that, of course, the most wonderful and most important consideration of all—the working of the Holy Spirit on the hearts of those who read.

Sister White has said, "God's truth will multiply greatly."

Is it any wonder that she also said, "If there is one work more important than another, it is that of getting our publications before the public."

The tremendous possibilities of our outreach literature makes us enthusiastic.

> Kenneth J. Holland Editor, These Times

Dedicated Dropouts of North America

Sounds strange! Dedicated dropouts! But there are dropouts from both school and work scattering all over this continent who are truly dedicated, not to self serving, but to the Lord. They're a growing breed of young folk, ages 16 to 30, who are willing to give a slice of their lives doing a stint of three months to a year working anywhere in North America where there's a need and an opening.

The Taskforce program is a sort of home grown variation on the student missionary theme whose motivation is more than cash or credit.

The genius of Taskforce is its flexibility. It's far from some stereotyped volunteer work program. It runs the whole range of possibilities of talent needs. Assistant deans, teachers, principals, preachers, evangelists, cooks, bakers, secretaries, grounds and maintenance personnel, nurses, nutritional aids running health vans . . . you name it . . . the list keeps growing!

But it's a two way street. All dedicated service of love is that way. Nobody leaves their job or schooling to fill a need without coming away richer. There's a maturing, a settling into the reality of what a service of love is all about. Horizons broaden and there comes a jarring loose from all those humdrum routines that so often stagnate life.

Richard Parker, who became fully involved as an assistant youth director wrote: "For the educational experience and growing personally the call I took for Taskforce was one of the best experiences of my life. I learned, among other things, endurance and a lot of patience in working with people."

But Dale Galusha wrapped it up nicely when he wrote: "The year I spent at Indiana Academy was one of the best years of my life. I gained not only experience in working in the dormitory, but I was also able to do some teaching. The experience opened my eyes to the great mission field that we have on our academy campuses. As well as the experience I gained, I was able to make many friends that I shall never forget. They, each one, made a great impact on my life.

"I believe the Taskforce program is something that our church can be proud of. It is a program that has something that can appeal to every person. It is great for a person who may not yet be sure of what he wants to do for a life work. This program can open up opportunities he may never have known existed. It helped me to realize that I want to be a Bible teacher.

"The Taskforce worker has a unique opportunity to help students. Because of his age, he can relate to the students and their problems on a level that the average faculty member cannot. This puts a great deal of responsibility on him. There is a potential for witnessing that is unlimited.

"What is the most important qualification for being on Taskforce? I believe it is LOVE. The Taskforce worker must have a deep, sincere love for the students. The students can sense this love, and it will make a deep impression on their lives."

Obviously it's a selective bunch of dropouts. They're not some starry-eyed "goodytwo-shoes" but truly committed Christians. Those with other motivations won't apply anyway. Those interested in the Taskforce program should contact their Conference

Youth Director.

Jan Doward, Assistant Youth Director General Conference of S.D.A.

alberta

Bentley Church Dedicated

Bentley members have paid the last dollar on the church debt. After two years, they are comfortable in their new 150-seat sanctuary. Now they have given it all away.

When they gathered to dedicate their church that memorable Sabbath morning, that's exactly what happened. They gave the church to God for His exclusive use. They relinquished all interest in using the land or building for personal gain. They set the church aside to facilitate the sharing of the last gospel warning in the Bentley area.

Those participating in the program were: Anna Wetzel, pioneer member, church history; Elder Lloyd Reile, dedicatory sermon; W.M. Chapman, act of dedication.



Pictured left to right: Frank Wells, local elder; Melvin Baumbach, local elder; J.W. Wilson, President, Alberta Conference; L.L. Reile, President, Canadian Union Conference; S.C. Kydd, former pastor. At the pulpit: W.M. Chapman, current pastor, leading in the act of dedication.

Boat People Sponsored by Mountain View Church



Calgary Mountain View Church refugees and friends: Back, left to right-Gary Zachary, Dale Jacobson. Front, left to right-Mrs. Tan (translator and all-round help), Susan Tran, Nancy Tang and Victor Phan.

"Is the church doing anything to help these boat people?" This question from Dale Jacobson presented a challenge to Pastor Burgess and the Mountain View congregation.

Application was made and after approval and a long wait, word was received that 3 refugees, a brother, sister and cousin from a camp in Malaysia would arrive on October 26. Welcoming these three to their new homeland were Dale Jacobson, Gary Zachary, Mrs. Tan, interpreter, and Pastor Burgess. They were made welcome at the pastor's home for about one month. Since that time they are settled and have begun English classes. Phan Van Quyen, who has chosen Victor as his English name, is attending school and the two girls Nancy Tang and Susan Tran are employed by a hotel.

Any church or group interested in sponsoring Vietnamese refugees may request information from us at Box 8034, Stn. F., Calgary, Alta. T2J 2V2.

J.W. Burgess, Pastor Mountain View Church Calgary, Alberta

Tobacco Dangers Emphasized by C.U.C. Students



Weedless Wednesday, January 23, 1980, was the date when smokers across Canada were asked to put out their cigarettes for at least one day.

Dave Foreman, a grade 10 Canadian Union College student and a member

of the CABL executive, was successful in his request to appear as a guest on CKRD Radio Station in Red Deer, Alberta, on Weedless Wednesday. For two hours Dave came on the air, accompanied by Roy Bowett, one of the Lacombe S.D.A. Church Temperance leaders, answering questions from listeners and discussing the subject of smoking with the program director. The student had done his "homework" well and made an excellent presentation as was attested to by the favourable response from the listeners and the program coordinator of CKRD.



When another request came in to appear on Television Station CKRD-TV, Red Deer, on the subject of smoking, Brenda Lukinuk, one of C.U.C.'s high school seniors, responded enthusiastically along with a local director of the

5-Day Plan to Stop Smoking. Brenda was viewed showing the contents of the "WOW Cigarette Pack" which illustrates eight of the thirty known poisons in cigarettes.

Obtainable from the General Conference Temperance Department this pack of eight oversize simulated cigarettes has attracted many times the favourable attention of young people in public schools, Sunday schools and young adult organizations warning them of the "WOW Poisons" of which they were formerly unaware.

Is not this a most favourable time to involve our youth in Temperance Outreach by the use of this and other devices, and our excellent films on the subject of smoking?

Darren Hey, Communications Secretary Lacombe Church

Edmonton Baptism

Dean Kotlar was baptized on January 19 at the Edmonton Ukrainian Church.

It was almost a year ago when Dean left Halifax, N.S. with \$8.00 in his pocket and travelled west to seek employment. Why he stopped in Edmonton Dean did not know, the Lord knew. Being lonely, no friends, and a stranger in the city, he was directed to Mrs. Berslowski's home. Here he found a friendly smile, hospitality, food and lodging. Dean soon found a job, but Sabbath morning Mrs. Berslowski invited Dean to church. He accepted. Here he found new friends. With the help of our Mrs. Berslowski and his newfound friends, Dean studied the Bible and eventually joined the family of God.



Mrs. Berslowski, Dean Kotlar

british columbia

New Church for Prince George

The Prince George membership conducted opening services for its new church on Sabbath, January 26. God richly blessed in the preparation of a sanctuary to His glory through the dedication of time, talent and means of the members.

Elder Glen Maxson, president of the B.C. Conference, spoke during the 11:00 service. Cordial congratulations were expressed by the Mayor of Prince George, Mr. Mercier. Also participating in the service were Tim Osiowy of the Ministerial Association and Harold Wietto of the Lutheran Church.

Fellow believers from several Adventist churches throughout B.C. were in attendance to rejoice with Prince George members. A potluck dinner followed after the service in the spacious fellowship hall and provided for informal greeting of members and friends.



A new church for Prince George, British Columbia.

Vietnamese Refugees Welcomed by Armstrong Members

January 14 was the long-awaited day for the members of the Armstrong church as their sponsored refugee family arrived. Ma Thuc Tac and his wife, The Anh, bought their way onto a boat leaving North Vietnam for Hong Kong last April. They spent over one month aboard – a harrowing experience, plus some time in a refugee camp of 2000 persons.

Tac and Anh are adapting very quickly to their new way of life. They are learning English with the help of their Adventist friends and a local school teacher. Tac has now found employment with an Adventist firm. They are very happy to be in our wonderful land of Canada.

To encourage these new residents, individual members of the Grandview and Armstrong churches presented the young couple with many useful household articles at a shower held at the S. Heimann residence where they have been living since their arrival here.

Eleanor Bergey, Communication Secretary Armstrong S.D.A. Church



Ma Thuc Tac and his wife, The Anh, and their children.

Baptism at Williams Lake



Sonya Sauer, Pastor Hiebert and Harry Sauer in baptismal tank at Williams Lake S.D.A. Church.

Recently the Williams Lake Church rejoiced with the Sauer family as father and daughter, together, were baptized into God's remnant church. For many years Harry Sauer has known and supported the Seventhday Adventist faith. His daughter, Sonya, who is attending Walla Walla College, returned home to join her dad in dedicating their lives to Christian principles and service.

50th Wedding Anniversary Celebrated

Mr. and Mrs. Dorse Prosser celebrated their 50th wedding anniversary at their home in Fort St. John on December 16. Dorse and Caroline were married in Rockfort Bridge, Alberta. Their three children, Ernest, Gladys Pelkey and Trella Ebner, and seven grandchildren joined them in the celebration. The Prossers moved to Fort St. John area in 1958 from Peoria, Alberta. They have been charter members and faithful workers in the Fort St. John Church. Their friends and relatives wish them many happy years and God's blessing in the future.

Pat Scott, Pastor Fort St. John S.D.A. Church Cont. from p. 4

many mothers to cover their infant's heads while sleeping, and this, too, in a warm room, which is seldom ventilated as it should be. This alone is sufficient to greatly enfeeble the action of the heart and lungs, thereby affecting the whole system. While care may be needful to protect the infant from a draught of air, or from any sudden and too great change, especial care should be taken to have the child breathe a pure invigorating atmosphere." Selected Messages, Book 2, p. 465

The value of good sleep, especially as obtained through early retiring, is often underestimated by those in their energy of life ages 20-40. But these industrious years are the most valuable in setting the habit pattern for the next generation and for developing those enduring habits that make for greatness of one's contribution to society. A well regulated life, an investment in those daily activities that produce calmness, endurance, patience, strength and at least tolerance, if not forgiveness, are to be prized. Quality sleep is one of those investments.

It just might be that proper sleep habits will help to place us among the wise instead of the foolish virgins who slumber and sleep.

- 1 Nedra B. Belloc & Lester Breslow, *Preventive Medicine*, Volume 1, No. 3, August 1972, pp. 409-421.
- 2 Robert O'Brien, "Maybe You Need More Sleep," *Reader's Digest*, February 1960, pp 102-105.

Help Us Change the World— Be a Literature Evangelist.

Latest Reports from the Branson Hospital



The Operating Microscope. Mr. James Bruce, left, Administrator, North York Branson Hospital, shakes hands with Mr. Wilfred Hayden, Manager, Nelson Arthur Hyland Foundation.

Mr. James Bruce, North York Branson Hospital Administrator, presented a plaque to the Nelson Arthur Hyland Foundation in recognition and appreciation of the latter's donation of \$10,500 towards the purchase of an Operating Microscope for the Opthalmology Department of the Hospital. The ceremony took place at the Operating Room area, where the equipment is installed.

The same foundation gave the hospital \$4000 in late 1978 towards a HAAG Streit Slit Lamp Bio-microscope for eye examination, and most recently another \$10,000 for a Vitrectomy and Anterior Segment Reconstruction Surgical Instrument.

Mr. Wilfred Hayden, Manager of the Foundation, was present to receive the recognition.

Dr. Martin Kazdan, head of the Hospital's Ophthalmology Department; and his brother, Dr. Jerome Kazdan, medical staff member, were instrumental in securing the donation.

* * *

The Branson Hospital's Nutrition Classes presented from January 28 to February 18 had radio coverage on CKEY, CFRB, the CBC program called "Radio Noon," and in the Toronto Star.

Main Lecturer on the "Nutrition and Health Seminar" was Elsie Sokol, Dietary Department Director. Her Dietitian-Associates were: Mrs. Fe Poblete, Mrs. Rachel Tortal, Miss Zenaida Magdamo, Mrs. Eden Vizcarra and Mrs. Denise Jacobs. Mr. Ed Hill operated the film and electronic portion of the program. Miss Anna Colafella helped keep the records. Mrs. G. Weir and Mrs. C. Mauko were servers.

A choice variety of a very delectable vegetarian meal, prepared by the Dietary staff, was sampled by the seminar attendees each night.

The writer conducted a brief survey of some of those who were attending the classes and here are some of their comments:

"I like the sample food every night, but I wonder why my cooking doesn't come out as delicious."

"I live 25 miles away but I wouldn't miss this for anything."

"We are basically non-meat eaters, and I like the variety of the sample vegetarian meals."

"We want to improve on our vegetarian cooking."

On the first night they had to turn away 40 cars, but when the classes started some chairs still had to be brought in. The enrollment totalled 347.

Pastor R. Gerhard Christiansen, Branson Hospital Chaplain, was interviewed (live) by telephone on the "John Gilbert Show," on February 5, on the subject of "5-Day Plan to Stop Smoking."

John Gilbert's program on CKFH (1430 on the Radio dial), is on the air every Monday to Friday from 10:00 to 12:00 a.m.

Advertisers in this program pay \$90 per 60 second slot. This means that if Branson Hospital had to pay for the time Pastor Christiansen was on the air, it would have cost \$1800. But because of the nature of the interview, the value of the time was definitely more than mere dollars and cents.

During the interview the Chaplain made a brief explanation of what the "5-Day Plan" is all about and what it has done. He mentioned that of 90% of those who have taken the plan have stopped smoking after the 5-day course, 70-75% are still off the habit after six weeks, and 50-55% are able to quit altogether. It was announced that the next "5-Day Plan to Stop Smoking" class would be held from May 11-15.

The program host mentioned that he is 49 years old and has been smoking since he was 16. He tried to stop smoking half a dozen times and at one period was not smoking for one year; but on the whole he feels he has failed. "What good would it do my body if I were to stop now?" he asked. The chaplain assured him that statistics show that when long time smokers stop smoking, their lungs could start clearing up within two years; and that within 10-15 years the lungs could be clear altogether.

Pastor F.W. Wernick, and Mr. W. H. Wilson, from the General Conference of the Seventh-day Adventist Church in Washington, D.C., visited North York Branson Hospital, in Toronto, Ontario, on February 7. They spent the large portion of the day with representatives of the Hospital Board. According to Mr. James Bruce, Hospital Administrator, important plans and projects, both internal and external, were deliberated on; some of which were Community Health Education – identifying and filling the unique needs of the community; and a Hospital Foundation – through which fund raising activities may be channeled.

Sitting in on the council were representatives from the Canadian Union and the Ontario Conferences. Representing the Branson Hospital were J.A. Bruce – Administrator, J.A. Gallop – Assistant Administrator, G.W. Turnbull – Nursing Administrator, L.J. Myers – Director of Personnel, Dr. J.I. Horsley – Chief of Staff, and Dr. C. Wheeler – Admin. Coordinator Medical Affairs.

On the subject of "Wholism" - physical, mental and spiritual, Pastor Wernick said: "This is our original plan, and one cannot successfully separate them."

Operation Heartbeat Creates Interest in Gravenhurst and Bracebridge

Those who organized operation" Heartbeat" were happy for the opportunity to serve their fellow citizens in Gravenhurst. Inspired by Pastor David Toop of Muskoka South and Parry Sound churches, church members assisted by nurses, Gail Pawly, Marvel Strutt and Eija Stenfors provided a complete coronary history questionnaire and blood pressure reading as well as blood sample analysis. This was a free service and judging by the comments, was greatly appreciated and repeated the following week in neighbouring Bracebridge.

Infant Dedication Sarah Pam Penney-Flynn



Proud parents, Herbert and Joan Penney-Flynn, are seen with Elder Rodgers and Sarah Pam.

On February 2, the order of divine service, at College Park Church, included blessed ministration of the hallowed rite of Dedication.

Consonant with our church's practise, and theological philosophy, Adventist parents early and wisely seek heaven's benediction upon the new life bestowed by Almighty God, and solemnly and lovingly entrusted to their care.

With Elder A. George Rodgers officiating, Herbert and Joan Penney-Flynn, former missionaries to Africa, currently serving as Reading Consultant-Specialist in the Toronto area, presented for dedication to the Lord, Sarah Pam as a potential member of His church, as a follower of Christ, one day to be fit and fitted for the Master's use. May God's richest blessing grace and abide in this Christian home.



Earl Wood Awarded Scroll



Earl Wood was recently awarded the OSSTF Sixtieth Anniversary Scroll by the secondary teachers of Frontenac County. Brother Wood was the first woodworking shop instructor at Kingston Collegiate, and became its technical director. He was the first Technical Director of Queen Elizabeth CVI. In 1969, he became Technical Co-ordinator for the Frontenac County Board of Education, and remained in this position until his retirement in 1971. Brother Wood has served his students nearly fifty years, and his community for much longer.

manitaba-SaSlauteheram

Revolving Fund Testimonial

The Rosthern Seventh-day Adventist Church's dream came true with the help of the Union's Revolving Fund.

The church members began to realize the need of a school to educate the children as Ellen White counsels. As the final plans for a church school began to materialize, it became evident that there was not sufficient money on hand to move and renovate the country school house that had been purchased.

This fact placed before the people, made necessary a decision—how much money was needed to be ready for the opening of school in the fall of 1977? Then came the question of where to borrow this money.

Upon learning of the Revolving Fund, the Rosthern Church School Board requested and received a loan of \$10,000.00 at 8½% interest. This loan was received in July 1977 with a monthly payment of \$204.00.

With this money in hand, work progressed rapidly and school opened on time with ten students.

Now there are thirteen happy children learning daily more about Jesus and His love for them, thus fulfilling the dream of their parents and the other church members.

As of October 1979, the Rosthern School

Board has paid \$5,567.43 off the principle and \$1,249.27 in interest. If this loan had been made with the local Credit Union, which at that time was charging about 12%, the interest to October would have been \$1,873.90. There was therefore a savings of \$624.63.

In the words of the local church treasurer, "Perhaps the greatest blessing is the blessing you get from doing business with fellow believers."



The Rosthern church school students with teacher, G. Lehmann.

Two Dedicated at Tugaske

At Tugaske two cousins were dedicated recently. Pastor Stan Gallant of Edmonton presented to the Lord in dedication Julie Diane, 4 month old daughter of Louise and Herb Hockley or Creston, B.C. and Janelle Suzanne, 8 month old daughter of Sandra and Bob Upton of Toronto, Ontario, grand-daughters of Mr. and Mrs. Ivan Foulston of Tugaske, Saskatchewan.



Baby dedication at Tugaske. Left to right: Herb and Louise Hockley with baby Julie, Rolf Blix, church elder, Pastor Stan Gallant and Sandra and Bob Upton with baby Janelle.

Conference news

On February 2, a reception was held for newlyweds Gary and Betty (Nischuk) Schmidt at the Maple Creek Elks Hall. About 100 people gathered to welcome Gary and Betty to our community. A delicious vegetarian buffet was followed by an enjoyable program.

Religious schools are becoming serious business to the public school boards. In Regina, the increase of separate and church sponsored schools is causing great concern to the Public School Board and they are attempting to determine the reason for this phenomenon. The concern was translated into a news story by the local paper when a reporter visited every such school in the city.

Curtis-Horne Junior Academy received a generally positive exposure as well as the over-all view of Christian education.

A recent petition to the Regina Public School Board by concerned parents requesting an inter-denominational Christian school points up the serious need for Adventist schools and accentuates the increased support required from sponsoring churches as well as from Conference and Union levels.

It is interesting to note that the abovementioned petition was denied by the Public School Board for fear of fragmenting the present system.

R. Ramsay, Regina Church

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Harvest Begins In Labrador

January 26 marked the first fruits of the harvest in Labrador for 1980, when Mrs. Elaine Asprey was baptized.

A series of unusual events led up to her contact with Doug and Fran McDonald of Goose Bay-Happy Valley, who are Seventh-day Adventists on assignment with the U.S. Air Force. The Lord opened the door for Bible studies and for several months Elaine continued to rejoice in her new found faith.

When through another series of unusual events Elaine found herself in St. John's and the company of the local Seventh-day Adventist church, she requested baptism. We praise the Lord for this victory.

Gerry Karst, President Seventh-day Adventist Church in Newfoundland



Elaine Asprey (right) with Elder Gerry Karst.

New Faces in Newfoundland



Elder Bill Nepjuk has assumed the duties of Secretary-Treasurer for Newfoundland, relieving Tom Chittick to give full attention to the Youth and Education departments. Bill and his wife Betty come to us from Saskatoon where he served the Manitoba-Saskatchewan conference for the past 13 years. They add strength and experience to our work in Newfoundland.

After attending church and Sabbath School for some time, Mrs. Cavell Oram was baptized on January 19, at Glovertown, Newfoundland.

Send Listen during February and March. Special campaign rates!

1980 Listen Campaign



To assist with the increasing demands of an expanding work, Dianne Grecian has joined the secretarial staff in Newfoundland. Her husband, Virgil, is a production manager, and she has two children, Donalda and Dedreic.

EXPAND YOUR DATING HORIZONS

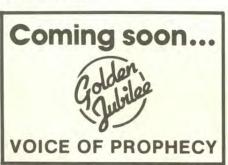
We're Adventist Contact, a computer dating service for single SDA's in the U.S. and Canada.

Write P.O. Box 4250, Takoma Park, MD 20012.



This is the symbol of Canada's new English television series. Telecast speaker, Pastor Henry Feyerabend, is joined on the program closing by pastors local to the places where the series is being aired. *Destiny* is currently being aired every Sunday reaching 4,000,000 potential Toronto area viewers at 9:00 p.m. prime time and to some 500,000 B.C. interior potential viewers in the Okanagan/Cariboo regions.

Contributions to keep *Destiny* on the air and open up new telecasts may be sent to: *Destiny*, 5000 Dufferin St., Downsview, Ont. M3H 5T5.



Camp Meetings in the Canadian Union

Alberta
Beauvallon July 18-20
Bowden (Foothills SDA Camp)July 4-12
British Columbia
Manitoba-Saskatchewan
Blackstrap (Saskatoon)
Clear Lake (Manitoba)
Maritime July 11-19
Newfoundland
Ontario
Keswick June 29-July :
Keswick July 6-1
Quebec

Amateur Radio at General Conference Session:

The General Conference has authorized the Adventist Amateur Radio Network members to operate a station at the General Conference Session in Dallas, April 17-26. A meeting of all AARN Members present is scheduled for April 20, 9:30 to 11:30 a.m. in Room E-410. This is the room assigned to the AARN for the station.

Mel Northrup KAOCBZ, of Lincoln, Nebraska, will coordinate all network activity. The following daily schedules have been tentatively planned:

0100 GMT - 21.405 - operator KAOCBZ to South America and S. Asia

0300 GMT - 14.305 - operator K3LJP to North & Central America

1600 GMT — 21.405 — operator KAOCBZ to Pacific & Far East

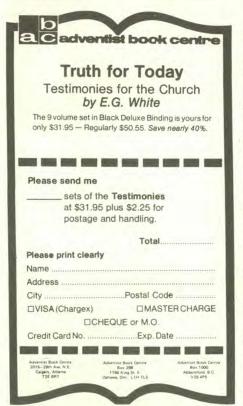
1900 GMT - 14.305 - operator 4STRE to Eur., M.E., Africa

2300 GMT - 21.405 - operator WD6BDZ to Pacific, F.E., Asia

The call letters for the station will be K3LJP. A special QSL card is being prepared by Harold Richards of *The Voice of Prophecy*. It will be distinctive of the General Conference Session.

Adventist Amateur radio operators around the world will be keeping in touch with Dallas daily between April 20-27.

Ed Peterson K3LJP



Here's What's Happening at Kingsway

The year 1979/80 has been, so far, a very successful and exciting year for the Student Association and all of Kingsway College. A tremendous amount of school spirit has been shown in all the S.A. activities. This is very important since this school spirit is what makes the year enjoyable and memorable for years to come.

Just recently, February 19, the S.A. Winter Games were held at Kirby Ski Resort. It is hard to describe adequately the fun and high spirits experienced by the students and faculty. Events of downhill and cross country skiing, tobogganing, tubing, snow soccer and other winter frolics were enjoyed by all who came.

This year, roller skating was introduced by the S.A. as a recreational activity for the students on Sunday mornings. It was very well received by the students, and plans are being made for more roller skating times.

Two new clubs have been formed on campus; the Gymnastics Club and the Ski Club. The Ski Club has just recently gone to Jay Peak, Vermont, where the members of the club spent three days skiing.

The Cedar Trails is off to a very successful start and the yearbook should be completed a few weeks before the end of the school year. The staff of the Cedar Sentinel has also done a very commendable job, as you can see if you subscribe to our school paper. I would suggest that if you would like to receive this paper that you write to us at Kingsway College.

The cost of financing a school newspaper is quite expensive, and we are having problems meeting our payments. We have just completed a Granola Bar sales campaign to raise money for the Cedar Sentinel, but the expense is still very high.

I hope if there is any way you can support the *Cedar Sentinel*, either by subscribing for a newspaper or by supporting our fund raising campaigns, that you will feel free to do so, since we need your help.

We are looking forward to the Alumni weekend. We hope that many of the supporters of Kingsway College will return to our campus to enjoy a weekend of togetherness. April 4 – 6 are the dates. We hope to see many of you alumni here during this time. Your support of Kingsway College is solicited, for without it, the advancement of this institution is in jeopardy.

We would ask you to pray for Kingsway College, for its students and its faculty.

Peter Hammermueller, president K.C. Student Association

Large Attendance at "Friends of Canada" Reunion

With the Canadian flag proudly displayed, and "O Canada" sung to the recorded accompaniment of the Canadian Union College Band, the annual "Friends of Canada" meeting of Southern California was called to order by Mel Anderson, president of the organization.

Swelling to well over 200, it was the largest attendance to date as Canadians, and those who have lived or worked in Canada met at Clifton's Cafeteria in West Covina to fellowship together, and to hear the latest reports of Adventist activities in Canada.

Every Canadian province was represented by those in attendance except Newfoundland, and Dr. Gus Hoehn stoutly declared that he would represent the missing province!

The person having come the greatest distance was Dr. A.R. Parchment, formerly of the Branson Hospital in Toronto, who is now stationed, with his wife Jill, in Singapore.



Outgoing president, Mel Anderson (left) confers with 1980 officers of the "Friends of Canada" organization; left to right, Gery Friesen, Theda Kuester, and Floyd Penstock.

Dr. Neville O. Matthews, president of Canadian Union College, was the speaker of the evening, bringing an up-to-date report of the triumphant progress of the senior college in Canada, and the details leading up to the present development. "We are delighted," he stated, "with the policy statement made in the Alberta legislature by the Honourable James D. Horsman, Minister of Advanced Education and Manpower, to the effect that private colleges will be able to recommend to the affiliated university, candidates who have completed their studies at private colleges for baccalaureate degrees.

"The minister also indicated," he continued, "that appropriate amendments to existing legislation will be introduced to enable students to pursue baccalaureate degree programs at private colleges in Alberta."

Officers chosen for the ensuing year were President-Elder Gery P. Friesen of Redlands, Vice-president-Floyd Penstock of Glendale, Secretary-Mrs. Arthur Spenst of Loma Linda, and Public Relations-Mrs. W.E. Kuester of Thousand Oaks.

CRBF Appoints Deaf Coordinator



Thompson Kay

Appointing a coordinator to oversee the new work in behalf of the deaf was the major action adopted at the first meeting of the Christian Record Braille Foundation Board of Trustees for 1980 held earlier this year.

Thompson Kay, currently teaching in the South Central Conference, has accepted the challenge of ministering to those with hearing difficulties, reports Eugene Stiles, general manager.

Kay received his master's degree in deaf education from Ohio State University and has been actively involved in working with the hearing impaired for over 10 years. Besides conducting workshops for the deaf, he has also assisted at baptisms and weddings.

According to Stiles, his responsibilities will include articulating the needs and concerns of deaf persons, conducting seminars and training sessions in signing and translation, as well as planning for the future development and long-range goals in this new area of emphasis.

Beginning his new position March 1, Kay will also serve as an official translator for the deaf at the General Conference session in April.

BOOK REVIEW

COUNSELS ON HEALTH Special Health Emphasis for 1980

by Ellen G. White



This book covers a wide field of related topics, including health principles, objectives of our medical institutions, the privileges of Christian physi-

cians and nurses, the crusade phases of temperance, and public health.

There is a study guide included with this book to help you in your study of these important topics.

Order from your A.B.C., \$4.90 plus 85¢ for postage.

SPREAD THE TRUTH to Eastern Europe. Help sponsor *The Great Controversy* for Communist countries. Please contact: Steven Dudas, P.O. Box 13176, Gainesville, Florida 32604.

Pacific Union College Homecoming

Pacific Union College's 44th annual Alumni Homecoming Weekend is planned for May 2-4, 1980. Alumni, former students and employees are invited to return for a full weekend of activities. For further information, contact the PUC Alumni Association Office at (707)965-6306.

Spring Bookmobile Schedule

Eastern Canada

Marc	h 27	1 - 7 p.m.	Willowdale, Ont.
	29	7 - 9 p.m.	Windsor, Ont.
	30	2-4 p.m.	Windsor, Ont.
	31	6 - 8 p.m.	London, Ont.
April	1	6 - 8 p.m.	Kitchener, Ont.
	2	6 - 8 p.m.	Hamilton, Ont.
	3	12 noon - 2 p.m.	Niagara Falls, Ont.
	3	6 - 8 p.m.	St. Catharines, Ont.
	5	7 - 9 p.m.	Barrie, Ont.
	6	2-4 p.m.	Orillia, Ont.
	7	6-8 p.m.	Sault Ste. Marie, Ont.
	8	6-8 p.m.	Sudbury, Ont.
	9	1-3 p.m.	South River, Ont.
	9	6 - 8 p.m.	North Bay, Ont.
	10	6-8 p.m.	Ottawa, Ont.
	15	6 - 8 p.m.	Westmount, Que.
	16	12 noon - 2 p.m.	St. Leonard, Que.
	16	6 - 8 p.m.	South Stukely, Que.
	17	12 noon - 2 p.m.	Waterville, Que.
	17	6 - 8 p.m.	Sherbrooke, Que.
	27	1 – 7 p.m.	Willowdale, Ont.

Western Canada

Western Canada			ansua	
	April	10	6 - 9 p.m.	Lethbridge, Alta.
		12	Sabbath Evening	Medicine Hat, Alta.
		13	11 - 2 p.m.	Swift Current, Sask.
		14	11 - 1 p.m.	Macrorie, Sask.
		14	6 - 8 p.m.	Tugaske, Sask.
		15	6 – 9 p.m.	Moose Jaw, Sask.
		16	6 – 9 p.m.	Regina, Sask.
		17	6 – 9 p.m.	Brandon, Man.
		19	Sabbath Evening	Winnipeg, Man.
		20	9 – 4 p.m.	Winnipeg, Man.
		21	6 – 8 p.m.	Portage La Prairie, Man
		22	6 – 9 p.m.	Inglis, Man.
		23	5 - 9 p.m.	Yorkton, Sask.
		24	6 – 9 p.m.	Canora, Sask.
		26	Sabbath Evening	Saskatoon, Sask.
		27	9-2 p.m.	Saskatoon, Sask.
		28	6 - 9 p.m.	Lloydminster, Alta.
		29	11 – 1 p.m.	Vermilion, Alta.
		29	6 – 9 p.m.	Beauvallon, Alta.
		30	6 – 9 p.m.	Vegreville, Alta.
	May	1	6 - 9 p.m.	Sherwood Park, Alta.
		3	Sabbath Evening	Edmonton, Alta.
		4	9 - 2 p.m.	Edmonton, Alta.
		5	6-9 p.m.	Leduc, Alta.
		6	6 - 9 p.m.	Ryley, Alta.
		7	6 - 9 p.m.	Sedgewick, Alta.
		8	4 - 9 p.m.	Lacombe, Alta



kitchen korner

by Shirley Oakley, R.D.

The soybean has been grown since ancient times. It is thought to have first been grown in South West Asia. The Chinese did not use milk and dairy products, as they associated these with their bitter enemies the Tartars and Mongols. Instead they learned to use the soybean in many ways. Even today Orientals are masters of the soybean, preparing it in innumerable ways. We also enjoy the soybean in many different forms: milk, tofu, grits, spun soy protein and baked beans, to name but a few.

The protein in soybeans is of a high quality. Soybeans are also a good source of minerals and B vitamins.

This soy sandwich filling is a nice change, is easy to make and stores well in the refrigerator for a week to ten days.

Soy Sandwich Filling

- 1 cup cooked, ground soybeans
- 3/4 tsp. salt
- 1 stalk celery, chopped very fine
- 1/2 onion, minced

- 1 tsp. sweet basil
- ½ tsp. oregano dash of garlic
- 4 Tbsp. tomato paste or puree

Method

Saute onion and celery in ½ Tbsp. oil (or water) until soft. Add seasonings, and tomato paste. Add to ground beans. Makes 1 to 1½ cups.



Elder Ziprick Passes at Ninety-eight Years of Age

Full of years and ready to leave this present life, another worker in the cause of God has passed to his rest.

Oscar Jan Ziprick was born on June 12, 1882 in Poland, and died on January 17, 1980 in Loma Linda, California. Surviving are four of his children—three daughters: Ruth (Mrs. Olof Moline) of Angwin, California, Lottie and Elsie Ziprick of Loma Linda, and one son, Harold Ziprick of Loma Linda; seven grandchildren, and four greatgrandchildren.

Oscar's life purpose took a firm direction when at the age of 22, in the providence of

God, a colporteur sold the book *Bible Readings* to Julius Froelke, a retired teacher and spiritual leader of the Russell community, under whose influence all the Froelke-related families in the area were convicted of the truths of the three angels' messages, and began to observe the Sabbath a year before a Seventh-day Adventist minister came to instruct and baptize them. From that time on Oscar longed to help proclaim the truths which he now cherished.

Married to Natalie, the youngest of Father Froelke's seven daughters, Oscar in 1909 resumed schooling at the Seventh-day Adventist academy in Portage La Prairie, where he was manager of the school farm. In 1910 he took further studies at a Seminary run by the Mennonite Brethren, the while he earned the family livelihood selling books like the *Great Controversy* and *Daniel and Revelation*. For one term he even taught the church school attended by the Russell nephews and nieces before he was called to assist in a tent effort in Winnipeg. From then on his calling to become a preacher to the German-speaking people was begun.

After three years in Manitoba, he was called to the Saskatchewan Conference where on July 3, 1915, he was ordained as a minister. For the next seven years he carried on evangelistic work in many small towns and farming communities in the provinces of Manitoba and Saskatchewan. His family, now complete with five growing children, were frequently uprooted to move from place to place.

In 1922 he received a call to connect with the Alberta Conference as a pastor, evangelist, and conference committee member.

In 1930 he returned to Saskatchewan as president of the Conference, and in 1932 was re-elected as president of the combined Manitoba-Saskatchewan Conference, where he served during depression hardships until 1936. Then he accepted a call from the Greater New York Conference to be pastor of the SDA Brooklyn German Church.

From 1938 to 1945, as a German evangelist within the General Conference Bureau of Home Missions, he served in various parts of the United States: Connecticut, Pennsylvania, Oklahoma, Kansas, North and South Dakota, Colorado, Washington, Oregon, and California.

In 1945 he and his wife made their home in Oakland. Officially retired, he nonetheless continued to visit German churches as guest speaker for gospel efforts and camp meetings in the western States and Canada. Later to be nearer to their children, Elder and Mrs. Ziprick made their home in Orange, in Los Angeles, in National City, and finally in Loma Linda in 1964.

He remained in fair health until the end of October when he weakened and became bedridden. He died quietly on January 17.

WEDDINGS

GADD - MAXWELL

December 2, 1979 marked the union of two lives in Christ when Tamara Ann Maxwell and Garry Ernest Gadd exchanged wedding vows in Gladstone, Oregon. Pastor Elmer Koronko officiated. The bride is the daughter of Mr. and Mrs. Dwane Maxwell of Gladstone, Oregon. The groom is the son of Mr. and Mrs. Ernest Gadd of Moose Jaw, Saskatchewan.

A second wedding reception was held for the happy couple in Moose Jaw January 20, 1980. Tamie and Garry will be farming near Moose Jaw.

OBITUARIES

EHRMAN—Christian Ehrman was born in Irvine, Alberta, February 8, 1904, the son of John and Rose Ehrman. He grew up in the Irvine area. On November 27, 1927, he married Margaret Schneider. In 1945 they moved to Kelowna where Chris worked as a bridgeman for the Canadian National Railway.

Chris died in Kelowna on February 13 at the age of 76. He is survived by his wife, Margaret; by his three daughters, Constance Sather of Penticton, B.C.; June Whiteford of Kelowna, B.C.; Juye Johnson of Kelowna, B.C.; and by his son, Jerry of Camrose, Alberta. Also by three sisters, and by 7 grand-children and 2 great-grandchildren.

FRICKE—Mrs. Theresia Fricke was born in Bataszek, Hungary, June 5, 1923, and passed to her rest February 3, 1980 in Penticton, B.C. Mrs. Fricke came to Canada in 1968 from West Germany. She is survived by her husband, two daughters and five grand-children. Sister Fricke became a member of the Adventist faith in Germany. For some time she had been in failing health. We commit our sister to a loving and all-gracious Saviour. Our sympathies are extended to the members of the family.

Services were conducted by the writer assisted by Heinz Volk.

O.L. Lee, Pastor Penticton S.D.A. Church

GOLKE—Ottilia Golke was born on August 8, 1892 and passed to her rest on February 11, 1980.

Mrs. Golke is survived by two sons, Walter and Arnold, and by two daughters: Ann Schultz, and Ruth Klaprat, all of River Hills; ten grandchildren, and three great-grandchildren. Surviving are also five brothers as well as one sister.

Mrs. Golke was a member of the River Hills Seventh-day Adventist Church and awaits the call of her Saviour. Funeral services were conducted February 14 at the River Hills church by Pastor Wm. Kozachenko, with interment at the church cemetery.

> Wm. Kozachenko, Pastor River Hills Church

HAMPTON-Edward Milton Hampton was born on October 17, 1885, at Owen Sound, Ontario and passed to his rest on October 16, 1979. He and his first wife, Neva Henry, and two children moved to Winnipeg where they became Seventh-day Adventists. Later they moved to Vancouver and then to the Fraser Valley. Neva died in 1951. Mr. Hampton later married Viola Brown. Together they worked in a business in Langley until moving to the Okanagan Manor in 1969. Mr. Hampton died in the Kelowna General Hospital after a brief illness. He was predeceased by his son Lyle in 1972. Left to cherish his memory are his wife Viola of Kelowna, his daughter Mrs. Elva Purbaugh, of San Clemente, California; 3 granddaughters in Vancouver as well as 4 step-daughters and 3 step-sons.

Matt Weststrate, Pastor Kelowna, B.C.

JOHNSTONE—Winnifred Johnstone was born April 1, 1902 in Medicine Hat, Alberta, and after a lengthy illness passed to her rest January 13, 1980.

It was in 1925 that Winnifred was married to Edgar Johnstone. Their wedding service was performed by Elder D.D. Neufeld. God blessed this union with a daughter, Ruth, and a son, Don. After many years of farming in both the Lakesand/Kessland area, and the Brownsfield district, they moved to near Blackfalds, Alberta in the early sixties. Mrs. Johnstone was a member of the Lacombe S.D.A. Church.

She is survived by Edgar, her loving husband and companion of 55 years; Don and family of Edmonton, Alberta; two sisters, one brother, six grandsons, two great-grandsons, besides other relatives and friends.

The funeral service was conducted by Elder Don Corkum and Elder Willis Clark at the Lacombe S.D.A. Church. She was laid to rest in the Lacombe Fairview Cemetery awaiting the call of her Lifegiver.

> Don Corkum, Pastor Lacombe S.D.A. Church

MEKONS—Jean Ruth Mekons (nee McIlmoyle) was born in Toronto, Ont. on May 9, 1930 and died October 31, 1979 after suffering from ailing health. She lived most of her life in Lakefield, Ontario and the last nine years in Paris,

Ontario. Jean leaves to mourn, her husband John, daughter Joy, her father Clarence McIlmoyle, 2 sisters, 3 brothers and many other friends and relatives.

The funeral was conducted by Pastor F.C.J. Pearse assisted by Pastor O. Orpana at Peterborough, Ontario November 3, 1979. Interment was at Lakefield Cemetery.

O. Orpana, Pastor Brantford, Paris Churches

RADU—Domnica Radu was born at Kayville, Saskatchewan, December 3, 1916 to Nick and Angelia Zaremba, and passed peacefully to her rest January 24, 1980.

From a family of thirteen children, sister Radu came to Regina and while there married John Radu on October 23, 1938. Their home was blessed with three children, Bob, John and Mary, who together with her loving husband, look forward in faith to that day of resurrection and reunion.

Minnie joined the Adventist Church in 1946 and actively served her Lord in various capacities.

Services were held at the Regina Church with Pastor Bob Hossack presenting a message of comfort and counsel.

R. Ramsay Regina Church

SMITH—Mrs. Alice Smith was born on October 30, 1909 at Salmon Arm, British Columbia and died in her home in Kelowna on January 10, 1980.

On August 12, 1963, Alice married Milton Smith who predeceased her.

Surviving her are four sisters and one brother. Funeral services were conducted in the Kelowna S.D.A. Church by the writer, assisted by Elder Willard Santee and Dr. G. Rosendahl, with interment in the Vernon cemetery.

Matt Weststrate, Pastor Kelowna, B.C.

WOLOSCHUK—William Woloschuk was born January 20, 1903 in Austria. In 1926 he came to Canada. In 1932 Bill married Annie Voth and six children blessed their union.

In 1942 they moved to Vancouver, British Columbia where he worked with smelters for six years and then with the City of Vancouver until his retirement in 1963.

Mr. Woloschuk died September 9 in Kelowna, B.C. where he is survived by his wife Anne. Also surviving are six children: Bob in Calgary, Walter in Kelowna; Gerry Goertzen of Kelowna; Ruth Gerber of Aldergrove, David of Langley and Beverly Hoolsema of Surrey; and sixteen grandchildren.

Matt Weststrate, Pastor Kelowna, B.C.

WYONCH—Malcolm Allen Wyonch was born December 1, 1913 and passed away in Owen Sound on Saturday, February 2, 1980. He is survived by his wife, Gwen. Funeral services were conducted by Pastor Fred Irish of Owen Sound at the George Funeral Parlour in Wiarton. Malcolm was laid to rest in Dunk's Bay Cemetery in Tobermory.

Loreen Graham, Correspondent Owen Sound, Ontario

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3 - 20

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101

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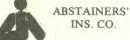
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Issue of April 17 Deadline for copy April 1

Issue of May 1 Deadline for copy April 15

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ISSN 0702-5084

Editor, A.N. How, Associate Editor, June Polishuk. Issued semi-monthly, annual subscription price in Canada \$2.00. Out of Union \$3.00. Printed by Maracle Press Limited. Second class mail registration number 0912. Address all enquiries to 1148 King Street East, Oshawa, Ontario.

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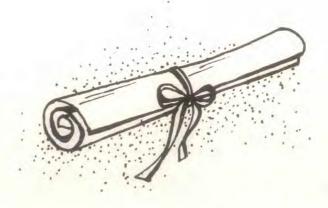
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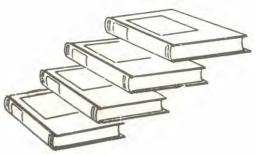
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