Volume XLIX, No. 13, July 3, 1980, Oshawa, Ontario



The Challenge

To Put God's Light in Every Home Across Canada

by L.A. Shipowick, Director, Department of Lay Activities and L.G. Lowe, Ministerial Secretary

Canadian Union Conference

When we consider the unentered homes across Canada, we are reminded of the vision described on page 76 of Selected Messages, Book 1, "The angel said to me, 'Look!' I looked to the world as it was in dense darkness. The agony that came over me was indescribable as I saw this darkness. Again the word came, 'Look ye.' And again I looked intensely over the world (Canada) and began to see jets of light like stars dotted all through this darkness; and then I saw another and another added light, and so all through this moral darkness the starlike lights were increasing and the angels said, 'These are they that believe on the Lord Jesus Christ, and are obeying the words of Christ. These are the light of the world!' I saw then these little jets of light growing brighter, shining forth from the east, and the west, from the north and the south and lighting the whole world (Canada) . . . Then there was rejoicing in heaven."

We have seen only a partial fulfillment of this prophetic statement. In every Conference across Canada we find large numbers of dark unentered areas without a S.D.A. church or even a believer. We must heed the admonition of Jesus when he said, "Lift up your eyes and look on the fields, for they are white already to harvest." John 4:35

Jesus would admonish His disciples today "Have faith in God." Reach out, formulate large, aggressive plans expressive of your faith in God.

A wonderful plan is underway by which we believe we shall have the joy of putting God's light in every home across Canada. We may not be able to reach all the homes in Canada this year, then let's aim to cover 1/3 or 1/2 and the balance in the next year or two. Someone said, "This plan is the greatest venture the church has ever undertaken."

A plan to bring God's light to every home

- A. (1) A very special heart-warming and eye-appealing Free Introductory Issue of *The Signs of the Times* is now being prepared.
 - (2) We are hopeful that during camp meeting you will be able to see the front cover and the table of content.
 - (3) Early fall all churches should have this beautiful missionary journal in their churches ready for mass distribution.

B. Price Structure

- We are hopeful that this Special Free Introductory Issue of *The Signs* of the *Times* will be available for mass coverage by our churches for 6.5¢ a copy.
- (2) We believe that God wants this special issue of *The Signs* in every home across Canada and we have faith that God's people will respond to the challenge and order sufficient to cover 1/3, 1/2 or all the homes in their territory.
- (3) In this Free Introductory Issue of The Signs there will be an opportunity for the recipient to respond for a Free 1 year subscription to The Signs. The plan is that each local church will underwrite the cost of The Signs for the responses that come in within their church territory.
- (4) Funds may be used from the Lay Activities monthly offering or a special appeal to the church or both.
- C. How to Execute This Plan Successfully
 - The church board and Lay Activities Council will meet and discuss how many homes they would like to cover this year (1/3) (1/2) (or all).

- (2) The plan will then be presented to the entire church for total support and involvement.
- (3) The orders for the Introductory Issue of *The Signs* will be placed by the church to the Conference. The totals from all churches of the Conference will be sent to the Union and the Union will place the total order with the press.
- (4) The total order from a given church will be sent to that church for distribution. The distribution may be done in one of two ways: (i) Personal visitation from house to house (ii) Postal coverage through mail service.

Highly Recommended. If the Introductory Issue of *The Signs* is sent through the mail service we strongly recommend that 2 or 3 weeks later our members take an Introductory Issue of *The Signs* with them plus a return card offering free *Signs* for a year and make a pleasant call on the homes that received the Introductory Issue of *The Signs* through the mail. (Look for a suggested canvas in the next issue of the *Messenger*.)

God's messenger said "I saw these little jets of light growing brighter, shining forth from the east, to the west from the north to the south and lighting all of Canada . . . Then there was rejoicing in Heaven." Let's put God's light in every home and make heaven ring with rejoicing.



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From Dawn to Dusk - Part I

by G.D. Strunk

Adventist Health Ministries

To live above illness as promised in Deut. 7:15 a person must regulate each day according to His instructions. Good health is not simply the absence of disease but includes energy to meet the day's demands, sufficient hormonal balance to withstand stresses, a sense of optimism. How are these obtained? By following the simple common-sense rules God has given us. God's promises are not fulfilled without our co-operation. Deut. 7:11, 12.

Let's begin one model of daily living that incorporates these rules. Ever remember that no one schedule can fit every one, but the same ingredients ought to be seen in each daily recipe for healthful living.

1. Rise Early (5:30 or 6:00 a.m.)

Roll out onto your knees for a brief (the room may be cool from the open window) prayer of thanks and dedication. "The very first outbreathing of the soul in the morning would be for the presence of Jesus." My Life Today, p. 15.

2. Drink One-Two Glasses of Hot (not burning) Water

Tea, coffee, flavourings or juice not recommended, just nice clear hot water. This will warm the whole body in preparation for devotions and/or outdoor exercise. It prepares the stomach for food, helps to stimulate elimination and provides needed fluid for the blood which has thickened during the night.

"Drafts of clear, hot water taken before eating (half quart, more or less), will never do any harm, but will rather be productive of good." Counsels on Diet and Foods, p. 419.

"... Pure water drunk some little time before or after the meal is all that nature requires. Water is the best liquid possible to cleanse the tissues." Counsels on Diet and Foods, p. 420.

3. Personal Devotions (30 minutes minimum)

Provide for yourself a quiet, private place where God's voice will not be crowded out.

"Consecrate yourself to God in the morning; make this your very first work. Let your prayer be, 'Take me, O Lord, as wholly Thine. I lay all my plans at Thy feet. Use me today in Thy service. Abide with me, and let all my work be wrought in Thee.' This is a daily matter. Each

morning consecrate yourself to God for that day. Surrender all your plans to Him, to be carried out or given up as His providence shall indicate. Thus day by day you may be giving your life into the hands of God, and thus your life will be molded more and more after the life of Christ." Steps to Christ, p. 70.

"Remember that prayer is the source of strength. A worker cannot gain success while he hurries through his prayers and rushes away to look after something that he fears may be neglected or forgotten. He gives only a few hurried thoughts to God; he does not take time to think, to pray, to wait upon the Lord for a renewal of physical and spiritual strength. He soon becomes weary. He does not feel the uplifting, inspiring influence of God's Spirit. He is not quickened by fresh life. His jaded frame and tired brain are not soothed by personal contact with Christ." Testimonies, Vol. 5, p. 560.

It is appropriate to quietly hum or sing a sacred melody as a natural expression of gratitude and worship. Sometimes the very act of singing produces a sense of gratitude and courage. If you are in the country then let it out and fill the countryside with music.

"With the voice of singing He (Christ) welcomed the morning light." *Ministry of Healing*, p. 52.

4. Morning Exercise

If this is the only major exercise period of the day no less than 30 minutes should be devoted to continuous motion whether walking, jogging, swimming or a combination of these types of exercises. Vigorous exercise may be taken later in the day with equal benefit to morning exercise.

If time and lifestyle permit a walk after the meal, such as in walking to work, it would benefit greatly. Severe physical work and taxing mental work should be avoided immediately following a meal. So it is not wise to sit and study immediately after breakfast, lunch or dinner.

"In the winter I rose early, and putting on my short dress, which did not require to be raised by my hands to keep it from dragging in the snow, I walked briskly from one to two miles before breakfast." Testimonies, Vol. 1, p. 464.

"Morning exercise, in walking in the free, invigorating air of heaven, or cultivating flowers, small fruits, and vegetables, is necessary to a healthful circulation of the blood. It is the surest safe-guard against colds, coughs, congestion of the brain and lung, inflammation of the liver, the kidneys, and the lungs, and a hundred other diseases." Healthful Living, p. 130, 131 "The health cannot be preserved unless some portion of each day is given to muscular exertion in the open air." Fundamentals of Christian Education, p. 146.

"Of Jesus it is written, 'He did not use His physical powers recklessly, but gave them such exercise as would keep them in health, that He might do the best work in every line.' The time spent in physical exercise is not lost." Fundamentals of Christian Education, p. 418.

5. Follow with a Hot and Cold Shower

More than cleanliness is accomplished by the practice of frequent bathing. One shower a day is a minimum and two is better for many. It equalizes the circulation. It relaxes a tense body and mind. It helps prevent infection.

"Frequent bathing is very beneficial, expecially at night just before retiring, or upon rising in the morning." *Healthful Living*, p. 227.

"By it (bathing) the muscles become more flexible, the mind and body are alike invigorated, the intellect is made brighter, and every faculty becomes livelier. The bath is a soother of the nerves. It promotes general perspiration, quickens the circulation, overcomes obstructions in the system, and acts beneficially on the kidneys and urinary organs. Bathing helps the bowels, stomach, and liver, giving energy and new life to each. It also promotes digestion, and instead of the system being weakened it is strengthened. Instead of increasing the liability to cold, a bath, properly taken, fortifies against cold because the circulation is improved and the uterine organs, which are more or less congested, are relieved; for the blood is brought to the surface, and a more easy and regular flow of the blood through all

Cont. on p. 10



"I Don't Understand . . . "

by Don E. Crane, Director, Stewardship Department, Canadian Union Conference

He said, "I just don't understand . . .

"How is it that Seventh-day Adventists in Africa, Asia, the Far East and other places can be happy and content with humble, neat, clean church buildings, whereas we here in North America want the latest luxuries and furnishings? Somewhere along the way have we missed the boat?"

Over the years I have had this same question put to me on numerous occasions. Why the difference?

Perhaps this question explains the timeliness of our considering God's principles related to the building of churches. (For the sake of brevity I have listed them under the following subheadings.)

1. Churches are not to be the same in style

A conservative North American style church would be considered extravagant and out of place in some of our mission fields. Likewise some of our mission field type churches would not fit into a North American setting. A church ideally should be built to fit into the location or the setting where it is built.

"Churches are built in many places, but they need not all be built in precisely the same style. Different styles of building may be appropriate to different locations." E.G. White, Evangelism, p. 379.

2. They should be our very best

In both the building of the Tabernacle and the Temple only the best materials and workmanship were employed.

"If you build a house for the Lord, do not offend and limit Him by casting in your lame offerings. Put the very best offering into a house built for God." E.G. White, Testimonies, Vol. 1, p. 196.

Why should we put our best into a house for God? Because —

"The house where God is worshipped should be in accordance with His character and majesty." E.G. White, *Testimonies, Vol 5, p. 268*.

Naturally, the materials will vary from place to place. In Central America where we were missionaries, we helped build several churches each costing in the neighbourhood of \$2,500.00. They were made of native brick or ceramic block, and were simple, attractive and well built. They were the best that could be provided. "Our best" will vary according to local circumstances and the blessings of the Lord.

3. Extravagance should be avoided

"God would not have His people expend means extravagantly for show or ornament, but He would have them observe neatness, order, taste, and plain beauty in preparing a house for Him in which He is to meet with His people." E.G. White, Testimonies, Vol. 2, page 257.

The historic "Finish the Work" resolution adopted by the church at the 1976 Annual Council should be put into action. It calls Seventh-day Adventists to a renewed emphasis on giving priority to the task of carrying the gospel to all the world. Among the laudable objectives of this important document is a challenge to erect buildings that will exclaim to all who see them: "Even so, come, Lord Jesus." I quote:

"A serious attempt shall be made to be conservative in our building expansion so that only absolutely essential buildings are constructed. Buildings and furnishings should be attractive, functional, of sturdy quality, and economical. Let us demonstrate to our people and to the world that we do not believe in building extravagantly as though we intended to make this world our home. We must remember that the only things which will survive the destruction of the last days are the souls that are prepared for the coming of the Lord . . ." "Finish the Work" Resolution Annual Council, 1976.

Elder Robert H. Pierson's comment on new buildings is appropriate at this time. "... let us try to save money as well as to stimulate giving."

Planning should be the result of longrange group effort

The democratic process of voice and representation should be carried out.

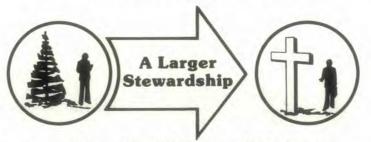
"One man's mind and judgment is not to be allowed to become an efficiency in any case where the building of a church is concerned." E.G. White Letter 49, 1900.

"For the sake of unity, each member should defer their individual judgment to the judgment of the body of the church." E.G. White, *Testimonies*, Vol. 4, p. 18.

Long-range planning should also make sure that the building will be finished. Jesus said:

"Would any of you think of building a tower without first sitting down and calculating the cost, to see whether he could afford to finish it?" Luke 14:28 NEB.

A church is not really a church until it is paid for and dedicated free of debt. In these days of rising inflation, great care should be taken not to over build or over burden the church with excessive debt. Ellen White's



1980 — World Stewardship Year •

comment regarding some churches is still applicable today:

"The interest swallows up the means that should be used to pay off the principle." E.G. White, Counsels on Stewardship, p. 261.

5. Select the best site

Christ said: "Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house." Matthew 5:15, NIV.

God placed the Jews at the crossroads of the ancient world. Our churches too need to be strategically located where they can serve the people, and where they can be seen,—a living witness to the truth.

"How does He look upon His people when they have every convenience that heart could wish for, but are willing to meet for His worship in a barn, some miserable, out-of-the-way building, or some cheap, forsaken apartment?... He who is the Majesty of heaven, the King of

kings and the Lord of lords,—is favoured with a place on earth but little better than the stable which was his first home." E.G. White, Testimonies, Vol. 5, page 269 (italics supplied).

6. Determine the anticipated income

Well before the planning and construction stages, all members and interested friends should be encouraged to make individual commitments. The commitments for a house of God should be entirely voluntary and freewill, having no recourse to stirring appeals and internal pressures.

"Of every man that giveth it willingly with his heart ye shall take My offering," was the divine command repeated by Moses to the congregation. E.G. White, Patriarchs and Prophets, page 343.

The purpose of these individual commitments is to establish a monthly rate of income. This monthly rate of income is necessary for long range planning, and to determine the exact date when the various phases of the project can be initiated. (When church projects cannot be financed from existing funds, General Conference policy permits churches to borrow up to the equivalent of 200 percent of its annual tithe, or 50 percent of the project cost, whichever is less.)

Each church member simply takes a blank slip of paper on which he writes the dollar amount, or preferably the percentage of income translated into a dollar amount, that he feels he is able to give on a monthly basis—with God's blessing. Lump sums of cash, materials and time are in addition.

When a member desires to give more, he may add a "faith factor" to his commitment, thus challenging God to "stretch" his giving potential. God has never failed to respond,—especially when the motive is "devotion to God and a spirit of sacrifice." Church building programs where this has been followed have proven highly satisfactory.

God's principles are the best. They are simple and sound. They also leave the final decision of how much to give between the individual and his God.

Press Forward!

Recently there has been some criticism of our educational system by well-meaning individuals who say that our schools do not represent the pattern for which they were originally established. It is said that our colleges are too lax in discipline and morals and are not fulfilling their witness as a Christian school. They raise the question, why send our youth to Adventist schools where such conditions exist especially with the high cost of tuition? Consequently, many of our youth are attending outside schools, colleges and universities.

Our young people today are facing severe problems. They see an unprecedented crisis facing the world and the church. They see the rise of Islam in the world and they ask: Is Islam irrationality or is it faith? They face a dilemma as to their identity. Who am I? What am I doing? Where am I going? are questions for which our youth are seeking answers. Deluged by drug addiction, liquor, sex perversion, pornography on one hand, and crime and violence on television on the other, it is no small wonder that our youth are so confused. Statistics tell us that a child, aged three, watches television on the average of four hours a day. Pre-schoolers watch TV fifty-four hours a week. By graduation time, a young person has watched approximately 22,000 hours of sex, rape and violence. What kind of decision for Christ will he make at the age of eighteen?

Many of our youth who have been sent to outside schools are losing their way. Their irreligious, pleasure-loving and often corrupt associates are overshadowing the simplicity, purity, faith in God and spirit of self-sacrifice instilled by Christian parents in their early home training. Lured by love of scholarship, selfish and worldly careers, these youth are lost to the Cause of God on this earth and in the world to come. What a heartache for their parents and tragedy for our Church!

In Bible times the schools of the prophets were established to serve as a barrier against wide-spreading corruption. They were to provide for the mental and spiritual welfare of the youth and to train future leaders and counselors for God's work. Education, p. 46. Today the blueprint remains the same but it is bombarded by more sinister forces. Our colleges were established to be "one of the greatest means ordained by God for the salvation of souls." Child Guidance, p. 329. However, evil forces are at work to destroy the influence and work of godly administrators and teachers, making it difficult for them to administer and maintain proper standards of discipline necessary to operate a Christian school. Let us, parents and church members alike, pledge our cooperation to uphold the authority of teachers who are often criticized, misunderstood, underpaid and receive no credit for their efforts on behalf of our youth.

Jesus, Lord of the whole earth, the Master

of our destiny, has entrusted us with this earth. It is a good place to live. He is with us in our homes, our church and in our schools. God is always there! However, when wrongdoing arises, who allowed it to occur? Man has been given insight, understanding and instinctive intelligence to distinguish between right and wrong. Let us unravel the problems we have created for ourselves!

Further, let us never underestimate the importance of our witness in the community where we live. "Powers and principalities" are continually asking, What do these Adventists represent? We have been called to be a community of faith, to reach out in love to those living close by. We know what the future holds. With knowledge comes the responsibility to study, pray, witness and share.

Our goal, as leaders and laity alike, is to direct the youth to the highest aims of life on this earth. There is something better than self-indulgence, pride, ambition and display. "To honor Christ, to become like Him, to work for Him, is life's highest ambition and its greatest joy." Education, p. 297.

Let us press on. "For the love of Christ compels us." 2 Corinthians 5:14 (Beck).

C.C. Weis Development Officer

Are You a Positive?

by L.R. Krenzler, Director, Department of Communication, Canadian Union Conference

We have had many wonderful letters at our office this spring from viewers of *It Is Written*. Here are a few samples of sincere people looking for truth and eternal life in Christ.

"About eight months ago I became a born-again Christian and since that time my life has changed drastically." He goes on to ask for prayer for complete victory over all sin.

"I have been reading Pastor Vandeman's books with great interest and credit him with having brought me back to Christ and the Inspired Word."

"I am a born-again Christian. I accepted Jesus Christ as my personal Lord and Saviour about 6 months ago. I watch your telecast every Sunday. I just love it. It touches my heart. As a new Christian, you have to help



"The full message telecast"

me to learn more about Jesus Christ, I want to be ready when HE comes.

"I am preparing for that glorious day. Now I know the Seventh-day Adventist is the true church . . . " These viewers are very positive about their relationship to Jesus Christ. Are we that positive after a number of years in the Church, or have we lost our "first love?" Are we ready, warm-hearted, loving and Spirit-filled enough in our Church to receive these people? I know many of our members are, but am I, personally? This is the question each one of us must consider.

I want to thank our wonderful people for the good response to the *It Is Written* television ministry through your prayers and donations. Without you, we would not be on the air.

You, dear reader, are the most important person in our Church. Our viewers are our most important people. Without their help we would not be able to maintain our air time.

Thank you, and God bless you for your kindness and support.

Nursing Home Convention Held at Winnipeg

by E.A. Gallant, Past President, Assoc. of S.D.A. Nursing Homes (Canada)

On May 21 & 22, 1980, the sixth Annual Convention of the Association of Seventh-day Adventist Nursing Homes (Canada) was held at Park Manor Personal Care Home, 301 Redonda Street, Winnipeg, Manitoba.

Six Nursing Homes were represented by approximately 50 delegates and their administrators. The Nursing Homes participating were Park Manor Personal Care Home; West Park Manor Personal Care Home, both of Winnipeg, Manitoba; Sherwood Park Nursing Home, Edmonton, Alberta; Swift Current Nursing Home, Swift Current, Saskatchewan; Sunnyside Nursing Home, Saskatoon, Saskatchewan and we were happy to welcome representatives from the newest Nursing Home just opened in St. John, New Brunswick, Kennebec Manor.

Guest speakers were Dr. W.H. Beaven, Dean of Kettering College of Medical Arts and Miss Alice Smith, Associate Director in the Health Department of the General Conference. The theme was "Communication." Dr. Beaven lectured while Miss Smith conducted a workshop. Just prior to the supper hour Chaplain Allan Freed of Park Manor spoke on "Nutrition for the Elderly." In the evening Mr. Wm. Olson, Administrator of Park Manor showed a film entitled "Hospitals Don't Burn Down." Two very meaningful days were enjoyed by all the delegates.



Standing: All delegates from 6 Nursing Homes. Seated: left to right, E.A. Gallant, Past President of the Association; Miss Alice Smith, Associate Director of the Health Department of the General Conference; Dr. W.H. Beaven, Dean of Kettering College of Medical Arts; Elder D. MacIvor, President of Man.-Sask. Conference; Mr. Wm. Olson, newly elected President of the Association.

The officers elected for the next term are: Mr. Wm. Olson, President; Mr. David How, Vice-President; Mr. John Ramsay, Treasurer; Mr. Peter Gray, Secretary. We look forward to another meaningful Convention in 1981.

Quebec Camp Meeting



Don Crane



Bill Edsell



John Guenin



N.O. Matthews

Camp Coureur de Bois, St. Damien de Brandon

(70 miles northeast of Montreal)
Guest Speakers

From the General Conference
S.L. DeShay, M.D.

Medical and Temperance Dept.

Don Crane

Stewardship Dept.

From the Canadian Union

L.L. Reile, President

R.W. Wilmot, Treasurer

Bill Edsell, Youth Department

G.L. Hermans, Canadian Union French Evangelist

From the Ontario Conference D.J. Handysides

From Canadian Union College N.O. Matthews, President From Kingsway College John Guenin, Business Manager

Special Features

☐ This year we will have simultaneous French and English translations. Bring your AM radio and earplug or headphone, and you will hear the programs in your own language. ☐ Family Living Seminar each morning. ☐ Special evangelistic outreach meeting each evening preceded by a health talk by Dr. DeShay.

For information and registration contact:
Quebec Association of SDA
940 Ch. Chambly
Longueuil, P.Q. J4H 3M3
Phone: (514)651-4240

Youth Meetings every day under the direction of Bill Edsell, Eddy Johnson and Jim Mays.



L.L. Reile



R.W. Wilmot



D.J. Handysides



G.L. Hermans

"The Coverless Book"

Sometime back, in the years 1922-1926, a persistent colporteur, Sister Fletcher, who worked in Fredericton. New Brunswick and worked in the surrounding district, impressed her prospect that she should buy the book "On the Eve of Armageddon," a paperback edition. Sometime later, a relative from Saint John, New Brunswick, Mrs. Ethel Coleman, was convalescing from tuberculosis, paid a visit and noticed the baby tearing up the book. The cover was gone but Mrs. Coleman persuaded her host to give the baby a toy to play with and saved the book. The host made an effort to discourage Mrs. Coleman from wanting the book by telling her that it was an old Seventh-day Adventist book. She surely wouldn't want that. But Mrs. Coleman took the book home and read it.

A few months later, a faithful church member decided to go Ingathering one afternoon. She chose Victoria Street in old Saint John and went down one side to the harbour then back up the other side. She worked through the supper hour and by 6:00 p.m. had only one paper left. She was tempted to leave it in a corner store and be finished in a hurry. As she started up the stairs, she decided to go back to the two-apartment house she had passed. Arriving on the porch, she rang the upstairs bell which was answered by a lady

who said, "I'm not the lady of the house but come in. I'm sure she would love to talk with you. She is too ill to come down."

Upstairs, she was introduced to Mrs. Coleman who asked her what church she was soliciting for. When she learned that it was for the Seventh-day Adventist Church, she gave a donation and also brought out "The Coverless Book." Turning to the back, she asked our church member if it were possible to get other books listed there. Our church member had just purchased 30 booklets for \$3.00 at camp meeting. After telling Mrs. Coleman she would loan her some books, she went home.

The next day, a layman stopped at our church member's home to pick up the ingathering money on his way to Moncton. She asked his advice as to what books she should take first to her new found friend. He suggested the "Marked Bible," "Paradise Home" and others. She returned with the books. Mrs. Coleman began reading the "Marked Bible." It touched her heart. The following Sabbath, Mrs. Coleman and her sister made their way to the Adventist church expecting to see their new-found friend. The friend wasn't there but they enjoyed the sermon. The next Sabbath when their friend was still not in attendance, Mrs. Coleman

asked the pastor if this was the church their friend attended, only to discover she was ill. The third Sabbath brought reunion. Studies were arranged and the two sisters accepted the message and were baptized. They rejoiced and contacted a third sister in the States. She too became a Seventh-day Adventist.

"The Coverless Book" and faithful witnessing won the three sisters. They began studying with their children and up to the time that Ladd Dunfield, the new pastor began his ministry in Fredericton, some 30 souls had been baptized as a result. Ladd is studying with others and who can count the influence of the printed page?

As I look over the records of the 14 Maritime literature evangelists of July 1922 I see1,321 hours and deliveries of \$2,475.65. Today, our two literature evangelists, Gordon Houston and Carl Longman come close to delivering that much in one week. Gordon is having studies presently with a lady and her daughter and they are looking forward to baptism.

Literature evangelism is still winning souls. Contact the Publishing Director of your Conference for more information.

> Ron Myers, Publishing Director Maritime Conference

What About Those Summer Months?

The following is an adaptation from the pen of the late Dr. A.W. Tozer.

AS THE SUN makes it's annual climb from the south, a strange restlessness comes over many of our citizens and by the time summer has arrived this restlessness has increased into a pathological condition which turns our country into one vast cage of waltzing mice.

A kind of madness grips the populace, and then begins the two or three month frenzied effort on everyone's part to get somewhere other than where he is. No one stops to ask what it is all about, but practically everyone who is not in the hospital or jail joins the general big stampede from everywhere to anywhere and return.

The sturdy old deacon who spent his entire life in the same country where he was born is gone forever. His basic error was that he failed to take a vacation. Not having heard of these wonderful aids to health and longevity, he kept his nose to the grind stone, raised 10 healthy children, did his work around home, attended the local Adventist church 3 times each week, studied his Sabbath School lesson faithfully, and managed to read 2 or 3 books each month. Though he failed to relax

properly at yearly intervals, he could still shoot a squirrel out of a chestnut tree at 100 yards without his glasses and chin himself a dozen times when he was 87. How anyone could claim that his grandson, who changes apartments every two years and spends his summer roaring through the landscape in a cloud of fumes, is his equal in manly character is beyond comprehension.

I would surely not begrudge the hardworking man or woman a rest from the daily grind; the said truth is that the vacation habit plus the habit of making weekend trips throughout the summer months has worked practically to paralyze the work of the church. Some churches close altogether; many are compelled to join with other churches in union services in order to justify having a service. Finances go into the red, morale suffers and faith burns down to a grey ash.

The army of the Lord is the only army on earth where soldiers expect a three month furlough in the time of war!

It is an ironic fact that in the very months of the year when Satan is the busiest, the children of God are the laziest. Hell reaps a harvest during the summer season while victims of "vacationitis" criss-cross the country at 55 miles an hour in a grim effort to relax.

It is pitiful to see, on a Sabbath morning, a discouraged Sabbath School superintendent, as he stands before the tattered remnant of his school, trying to appear cheerful with half of the teachers missing. It is a tragic sight to see a "churchman" on his knees on Friday afternoon thanking God for that prosperity which enables him to desert the house of God and pray for "journeying mercies" as he speeds away from his post of duty to commune with nature among the sardine cans.

It is little wonder that the people of the world smile cynically. They do not take us seriously and we have ourselves to thank for their attitude. In the name of thousands of struggling churches, I would plead for a greater loyalty to the local church. May God raise up a people in Canada who will consult their pleasures less and the work of God more!

Contributed by Don Crane

alberta

Conference Office to Relocate

After being located in several localities in Alberta throughout the years, May 15 marked the date when the Alberta Headquarters office was officially designated for location near Red Deer.

Several church officials, along with local guests, attended the groundbreaking ceremonies on a 2.4 acre lot just south of the city of Red Deer. Dr. Douglas Devnich, secretary of ministeries and master of ceremonies for the occasion, reminded those attending that the official organization of the Alberta Conference took place in July of 1906 at a camp meeting held that year in Red Deer. "We can now say that the headquarters of Adventism in Alberta has finally come home," he said.

Elder J.W. Wilson, president of the conference reviewed the key events leading up to the decision to locate the office in Central Alberta. Elder L.L. Reile, president of the church in Canada brought words of greeting and expressed appreciation for this forward step in Alberta. N.W. Klam, secretarytreasurer for the Alberta Conference, detailed the floor plan and commented concerning the entire project. Additional program participants included Elder R.W. Wilmot, treasurer of the Canadian Union Conference; Elder C. Patterson, business manager of Canadian Union college; Verne Langill, project manager. Special guests for the occasion were Mr. and Mrs. G. Kalendorf who were the vendors of the beautiful property now owned by the church. In his comments, J.W. Wilson spoke specifically of the church members' appreciation for the Kalendorfs who made this beautifully treed property available for church use.

The brass ensemble from Canadian Union College, under the direction of Dr. Curtis Wolfe, rendered two beautiful musical selections. Elder E. Teranski, pastor of the Red Deer church offered the prayer of commitment which presented the building project into God's care and blessing.

Speaking for those assembled, Devnich remarked, "We officially take cognizance today of the proposed erection of a building to house the administrative dimension of the church in Alberta. In the building which we can only see through vision today, there will be decisions, plans and ministries shared which we consider to be extremely important in fulfilling the gospel commission of our Lord Jesus Christ." It is anticipated that the office building will be completed some time in the late fall of this year.

Dr. Douglas Devnich Secretary of Ministries Alberta Conference



Artist's concept of Conference office building.



Left to right: Verne Langill, Norman Klam, Mrs. Kalendorf, Mr. Kalendorf, Elder J.W. Wilson, Elder Reile, Elder Wilmot, Elder Patterson.



Elder Reile with Canadian Union College brass ensemble in the background.

maritimos

Kennebec Manor Provides Loving Care

On May 1, Kennebec Manor Nursing Home in Saint John, New Brunswick registered its first residents, Mrs. Jean Walsh and Mrs. Libby Neal. These two ladies are long time friends who have been looking forward to the opening of the nursing home because they plan to room together.

A fine staff has been hired by the administrator, Clarence Grosso. Kennebec Manor plans to provide loving Christian care to all its residents regardless of race, creed or colour.

Gilbert E. Andersen President, Maritime Conference SDA



Mrs. Libby Neal, Mrs. Jean Walsh and her husband.

Baptisms at Fredericton and Tantallon



On May 24 Sandra Fillmore testified of her love for Christ through baptism with Pastor David Crook officiating. Members of the Tantallon church as well as Sandra's parents witnessed this joyous occasion.



Debbie Brewer and Bob Watson were baptized at Fredericton, N.B.

The Fredericton church was pleased to accept Debbie Brewer and Bob Watson into

its fellowship upon their baptism. Debbie comes from a family with strong religious ties. For Debbie to step out and unite with the Seventh-day Adventist church was a real sign of commitment. Debbie is a source of encouragement to us all.

Bob came into contact with Adventists through his roommate Daryl Fawcett. Daryl's witnessing to Bob helped him in his decision. Bob will be heading up the youth work this year at the University of New Brunswick. Through Bob's work in this area we are to be an officially registered campus outreach.

It is with great joy that we look forward to carrying the gospel forward during 1980 along with both Debbie and Bob.

Ladd Dunfield, Pastor Fredericton SDA Church

Cont. from p. 3

the blood vessels is obtained." Testimonies, Vol. 3, p. 70, 71.

6. Regularity

Before we have breakfast a very important principle and practice should be considered. It is as important as what we do, and that is that we do it regularly with system and order. In one piece of research done regarding aging, it was shown that out of 600 variables two items emerged as the best predictors of longevity; one was physical and the other was behavioural or psychological.¹

The physical one was smoking. Smoking was the best predictor of premature aging and early death. The behavioural variable which was the best predictor of living longer was "organization of behaviour." The more organized, systematic and orderly a person was the greater the possibility of living a long time. So get organized. Interesting! God is in the business of giving long life and order is the first law of heaven. Here is what He has to say.

"Let all things be done decently and in order." I Cor. 14:40

Regarding prayer.

"This is a daily matter. Each morning

consecrate yourself to God for that day." Steps to Christ, p. 70.

"Neglect the exercise of prayer, or engage in prayer spasmodically, now and then, as seems convenient, and you lose your hold on God." Gospel Workers, p. 255.

Regarding success in business.

"Washington, the nation's statesman, was enabled to perform a great amount of business because he was thorough in preserving order and regularity. Every paper had its date and its place, and no time was lost in looking up what had been mislaid. Men of God must be diligent in study, earnest in the acquirement of knowledge, never wasting an hour. Men of business can be truly successful only by having regular hours for rising, for prayer, for meals, and for retirement. If order and regularity are essential in worldly business, how much more so in doing work for God." Testimonies, Vol. 4, p. 411, 412.

We'll have to wait for the next article before we eat breakfast.

¹Human Aging II, an Eleven-year Follow-up Biomedical & Behavioral Study, U.S. Dept. of Health, Education & Welfare DHEW Publ. No. (HSM) 71-9037, 1971

ontario

Conference News

On Sabbath, May 31, five precious souls were baptized and six children were brought by their parents to be dedicated to the Lord at the Six Nations church.

C.B. VanDieman has been studying with these people for the past year to prepare them for baptism.



C.B. VanDieman, Wendy Leavitt, Robert Longboat, Sandra Longboat, Glen Striemer, Roy Huron Lickers (in wheelchair), Pastor Orpana.



Children who were dedicated.

Five individuals have joined the Parkdale Church as a result of the Word of Prophecy meetings conducted by Charles Buursma, Word of Prophecy Evangelist, at the Perth Ave. Church. Each of the topics presented was vividly illustrated on the multi-media screen, making the Bible studies more effective. Organist throughout the series was Mrs. Judi Buursma. Henry and Heidi, children of the Evangelist, rendered several messages in song.

Pastor Robert DeForest conducted a 5-Day Stop Smoking Plan from May 4-8. We are happy to report that eighty percent success was achieved as twenty-eight out of thirty-three candidates faithfully attended the plan and successfully stopped smoking. Another 5-day Plan to Stop Smoking was held in Welland General Hospital May 25-29 by Niagara Peninsula Pastor Stephen Villeneuve, assisted by Welland church members and Dr. Whitfield. 12 received diplomas.

On Sabbath, May 3, members and friends of the Parkdale Church were privileged to attend a Pathfinder programme and investiture service, the first in the history of the church.

Paul Jones, Director of West Toronto Club assisted with the Investiture service. Proud parents were made aware of some of the things their children had learned during the year. Four Pathfinders were invested.

The Parkdale Pathfinder Club is one year old, has 39 members and is directed by Rupert Carnagie and Mrs. Joyce Walker.



Parkdale Pathfinders conduct Sabbath services.

Thrilling Sequel To Flea Market Contact

In November 1979, retired minister Elder Andrew Schleicher and his wife took some articles to sell at a flea-market. There they noticed a young couple with two small children. Upon presenting them with some literature Elder Schleicher was surprised to be asked, "Are you a Seventh-day Adventist?"

It soon became apparent that the young people, David and Lori Gill had had contact with Adventists in British Columbia and were given two books, *The Desire of Ages* and *Steps to Christ*, which greatly impressed them. However, since their return to Ontario they had no knowledge of where to contact Adventists.

David and Lori began to attend Sabbath services immediately and had studies with the Schleichers, the Welland pastor, Stephen Villeneuve and Chris Lawson, Niagara Elementary School teacher. This resulted in their baptism April 19, 1980 in the Niagara Falls church. At the same service their children, Benjamin, 3 years old and Rebecca, 1, were dedicated to the Lord. Pastor Villen-

euve officiated at both services.

The thrilling sequel to this story is that on Sabbath afternoon, May 31, a farewell service was held in Welland church for David and Lori who are leaving for B.C. to engage in self-supporting mission work.

Bernice Black, Correspondent Welland Church



Elder and Mrs. Schleicher, David and Lori Gill with their children, and Pastor Villeneuve.

british columbia

Conference News

A United Church pastor has requested the Five-Day Plan to be held in his two churches in Prince George, B.C. Pastor Bob Bradley assisted by Mrs. Toombs conducted the meetings that had a strong spiritual emphasis and resulted in all the participants quitting the habit.

Jackie Hansen, a public school teacher in Port Coquitlam, B.C. was baptized by Pastor Homenchuk at the Mission church. Mel and Dorothy Rowse had been studying with Jackie. Also present at the service was the public school principal and several teachers. Jackie shared her testimony to those who gathered for an evening of fellowship at the Whitehead home.

The members at Port Coquitlam are happy that Jackie has united with them in Christian love and labour for others.



Jackie Hansen, centre, with friends Dorothy and Mel Rowse.

Nakusp Church School -A Venture in Faith



Nakusp church school students with Pastor Hanson and teacher Del Spenst.

The Nakusp Church School has only been operating since the fall of 1979 and it is truly a venture in faith. With only five students the thirty member church was concerned about the availability of funds to meet the cost of operation. Pledges were made and several fund-raising drives were planned. September, 1979, a garage sale netted over \$880.00 and a Christmas craft and bake sale added another \$300.00. This spring the five students raised over \$1,000.00 by organizing a ten-mile Walkathon. This money was put toward the purchase of much-needed science equipment. The Lord's promise of "supplying all our needs" is being wonderfully

> Beverly Emm Gayan, Correspondent Nakusp S.D.A. Church

manitoba-SarSkartohomarn

Regina News



Four children were presented to the Lord in dedication by their parents in separate services recently. Top left are Bob and Esther Blair with son Travis and Pastor and Mrs. Hossack with daughter Michelle. Bottom at left is Maria Helppi and son. Not pictured are Donna and Guy Chandler and daughter Michelle. At right is Mrs. Hornoi, 94 years of age, our oldest "mom" who was honoured at a Mother's Day service in Regina.

Announcing **Ouill Lake Reunion**

Former members and pastors of the Quill Lake Seventh-day Adventist church,

A reunion will be held at Quill Lake July 25 - 27 Come and be part of this time of fellowship.

Contact Mike Humenny Box 341, Quill Lake, Saskatchewan SOA 3E0

Phone 383-2952

Granddaughter Dedicated at Portage La Prairie



A very meaningful service was conducted this spring during Sabbath worship at Portage la Prairie. Elder John Rusk had the privilege of dedicating his little granddaughter, Chantelle Mellissa, daughter of Ronald and Cheryl Rusk of Portage Church. Elder Rusk is seen here with Cheryl and Ron and daughter Chantelle.

Well known to many in Canada

Elder H.D. Henriksen Passes



Pastor Henry D. Henriksen was born on October 26, 1900, in Jerslev, Denmark. He fell asleep in Jesus on Sunday morning, June 8, 1980. New Westminster. British Columbia.

Elder Henriksen came to the United States in 1928. After finishing his college course he was called to the Alberta Conference and was later ordained into the ministry. In 1930 he married Evelyn Louise Knoll who was head of the English Department and also registrar at Canadian Junior College.

Pastor Henriksen held several leading positions in the Adventist Church throughout Canada. He served as Publishing Secretary, M.V. Secretary; Educational Superintendent and Lay Activities Director. He was elected to the presidency in 3 different Conferences-Manitoba-Saskatchewan: Alberta Ontario. In 1962 Pastor Henriksen accepted a call to the California Conference to lead out in the Trust Service Department.

In 1978 Elder and Sister Henriksen moved

to White Rock to finish their retirement there. After several months of illness Elder Henriksen passed to his rest-to await the call of our Life-giver, on the glorious resurrection morning.

He will be greatly missed by his loved ones and his many friends. He leaves to mourn, his wife and companion, Evelyn Louise Henriksen, and three sisters: Sarah Henriksen of Napa, California, Winnie Bungard of College Place, Washington; Emma A'Heygum of Iceland; and one brother: Markur Henriksen of Skodsborg, Denmark.

Graduation Ends 34-year Era

"This is the end of an era," was the opening announcement of Dr. Lynn R. Callender, Canadian Union College Vice-President for Academic Affairs in his remarks to the fifteen graduates, their family and friends at the April 28, 1980 CUC college graduation. "This is the last year that we will be conferring degrees in only theology and religion. Next year there will be candidates for degrees in education as well. Succeeding years will see the addition of graduates in Elementary and Secondary Education, Music Education and Biology," Dr. Callender continued.

At the 53rd commencement exercises held April 27, 1980 twelve candidates received degrees in Theology and Religion, and three completed

Secretarial courses.

Class president, Paul Boudreau, presented a water purifier as the class gift from the graduates. The water purifier has been installed on the administration building's main floor water fountain.

Other class officers are Wayne Martin, Vicepresident; Linda Butt, Secretary-treasurer; and Rodney Kingsfield, Pastor. All class officers are four-year graduates.

Class sponsors are Miroslav M. Kis, Assistant Professor of Religion and Warren C. Trenchard, Associate Professor of Biblical Languages and

Religion.

Speakers for the graduation events included Heimo H. Hegheson, a CUC graduate and now a pastor-evangelist in British Columbia. Elder Hegheson, teacher at Canadian Union College until 1979, taught most of the theology graduates. He spoke at the Friday consecration service. Roy Adams, also a CUC graduate and now a doctoral candidate at Andrews University, addressed both Sabbath morning congregations. Elder Adams returned to campus after several years as a pastor-evangelist in Ontario and Quebec.

Dr. E.A. Torgunrud, a dynamic Christian leader in Alberta's Education department, counselled the graduates before they received their degrees. After commending the class on the choice of their Aim, "Power to follow, power to serve, and power to lead," Dr. Torgunrud urged each student to, "Draw freely from the power offered to you through the salvation of Jesus Christ."

Canadian Union College has offered degrees in Theology and Religion since 1947. Beginning with the class of 1981 students will receive degrees in a growing number of disciplines.



Some of the CUC college graduates. They are, left to right, Colin Mercer, Adina Mercer, Patrick Waugh, Linda Butt, Rodney Kingsfield, Ronald Gudwer, Wayne Martin, Roger Hougaz, Paul Boudreau, and Adolpho Benevides. Not pictured are: fellow Theology graduates Gerald McKay and Robert Turnbull; and Secretarial candidates Sally Mason, Jes Sukow, and Valerie Tan.

C.U.C. Grants College Credit for High School Secretarial Courses

Up to one year of college credit may now be granted to students entering a two-year secretarial program at Canadian Union College. According to Louise Rea, who heads CUC's secretarial training, "those receiving the advanced standing will have received A's or B's in specified high school secretarial courses."

Students wishing to become secretaries can choose from three levels of training at CUC. Students entering college without the required secretarial courses may choose: (1) A one-year College Secretarial Certificate program, or, (2) A two-year College Secretarial Diploma (the advanced standing for high school courses applies to this option), or, (3) A student may combine

secretarial courses as optional credits towards a degree in his/her chosen field of study.

Whichever option may suit you best, a secretarial program at Canadian Union College can prepare one for a challenging office career.

Mrs. Rea points out that today's modern office requires skills with sophisticated machines. Through a special arrangement between the secretarial and physics departments, secretarial students will receive training on computers and word processing machines beginning September, 1980. In addition to the classroom training, CUC students receive a wide range of practical experience in various academic, business, and industrial offices on campus.

Adventist Contact Popular With All Ages

"When I was young, they used horses and buggies for courting. Now they've got computers, and I used one. And it worked!"

Peter Corban of College Heights, Alberta, is still remembered for this memorable quote by the staff at Adventist Contact headquarters in suburban Washington, D.C. At 84, he found his bride, Bessie Crane, 79, of Rockland, Wisconsin, through the computer dating service.

AC has proven popular with all ages and professions. Finding mates through AC have been surgeons, ministers, college professors,

farmers, nurses, laborers, technicians of several kinds, a psychiatrist, a psychologist,



Mr. and Mrs. Peter Corban

and even a beekeeper.

Couples have found each other from thousands of miles apart, the records show.

Whatever the cost, say most of the couples who have corresponded with AC, it's worth it. Most say they would never have met without the dating service.

And what advice do the Corbans have for Adventist singles? "To get their names into that computer—and fast," they say.

For more information write: Adventist Contact, P.O. Box 4250, Takoma Park, Maryland 20012.

ANNOUNCEMENTS

Pacific Press Appoints New Book Editor

At a recent meeting of the Pacific Press board of directors, Dr. Herbert E. Douglass was appointed chief book editor, taking the place of T.R. Torkelson, now retiring. Dr. Douglass, formerly associate editor of the *Adventist Review*, had been on the staff of Pacific Press since 1978 as an associate book editor.

Dr. Douglass holds a Th.D. from the Pacific School of Religion, plus degrees from Atlantic Union College and the Seventh-day Adventist Theological Seminary. He has authored or co-authored nine books and many articles in denominational journals.

Elder T.R. Torkelson is retiring after 43 years of continuous service. He was editor of English publications at the Oriental Publishing House in Poona, India. He was principal of our school at Hapur, India for 4 years; an evangelist; local mission president and Union Mission president Northwestern India Union. And for the past 15 years has worked as associate editor and head book editor at Pacific Press.



Herbert Douglass

T.R. Torkelson

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OBITUARIES WEDDINGS

KOSTIUK—Mrs. Mary Kostiuk passed to rest on Tuesday, May 13, 1980. The funeral service was conducted by Pastor Stan Gallant at the Westwood Funeral Chapel in Saskatoon. Interment was at the Woodlawn Cemetery.

Mary Kostiuk was born in the Ukraine and came to Canada in 1911. Her first husband, Nick Dorish, predeceased her in 1927, and her second husband, Phillip Kostiuk, in 1957. She had lived at Goodeve, Saskatchewan, for many years, where she accepted the Adventist faith, and for the past eight years resided with her daughter, Mary.

Her children are Fannie Lukach, Julia Plishka, Mary Turanich, and Fred and Peter Dorish.

Ron Hyrchuk, Pastor Mount Royal SDA Church Saskatoon

MILLER—Albert Miller was born in Winnipeg, Manitoba in 1910 and passed to his rest at Bonita, California May 25. The Millers were residents of Toronto before moving to California.

He leaves to mourn his wife Evelyn, son Dr. Leroy Miller of Chula Vista, California, daughter, Lorraine Clarke of Hollister, California, and ten grandchildren.

Funeral service was conducted by Pastor Robert Peach of the Chula Vista

ATKINS - VENESS

Karen Veness of Oshawa and Gordon Atkins of Ottawa were united in holy matrimony on June 8 by Elder Bill Edsell at the Bowmanville Seventh-day Adventist Church. The bridal entourage marched with Steven Atkins as best man and Joanne Dunn as matron of honour. Channa Hosking and Scott Halson, niece and nephew of the bride, were flower girl and Bible boy. The bride and groom will be spending the summer on the Camp Frenda staff before Gordon's final year of studies at the University. Our prayer is that the Lord will bless this new home in His service.

HARDER - THOMPSON

Carol Evelyn Thompson, daughter of Dr. and Mrs. Orville Thompson of Tracy, California, and Lyle David Harder, son of Mrs. Mabel Harder of Red Deer, Alberta, were united in marriage on December 22, 1979 at Pacific Union College by Pastor and Mrs. Dick Winn.

Lyle and Carol will make their home in California while Lyle continues his studies in Physiotherapy at Loma Linda University.

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Property for Sale-2-bedroom house-2 acres approximately 5 miles from Creston B.C. Property adjacent to proposed bldg. site of a new church-school in fruit-growing valley of South-eastern B.C. We also grow fine young people who are currently being educated in a two-teacher facility. We invite enquiries into becoming a part of a progressive church-school family. Members contribute to community in various capacities including medical and dental . . . Write: The Board Chairman, Creston SDA School, Box 2024. Creston V0B 1G0 or phone (604)428-9475.

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Auto Mechanics-Approximately 10 openings for qualified auto mechanics in beautiful West Kootenay areas of Trail-Castlegar-Nelson. Also in auto body trades. Lots of witnessing opportunities to area population of 75,000. Established churches in Trail and Nelson. Contact Pastor D. Zinner, 2724 9th Avenue, Castlegar, B.C. V1N 2Z1 Phone (604)365-2649.

Moving to B.C.?-Questions? I'll supply answers. Write Gary Manns, A.E. LePage Western Real Estate, 1649 Pandosy Street, Kelowna, B.C. V1Y 1P6. Phone (604)762-4919 office 765-9590 home.

Interested in a log home? Will build a quality-constructed chinkless log home on contract basis or in exchange for land, or as part payment. Contact: Tom Gait, 5990 Bear Hill Road, RR3 Victoria, B.C. V8X 3X1. Phone: (604) 652-2027.

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Andrews University Reunion

August 1-3, 1980 Contact: Jeanne Potter 8201 Houston Ct. #1 Takoma Park, Maryland 20012

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