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Signs Sows the Seed





Signs

by Philip Moores

H.M.S. Richards sent me a card when I was President of the Ontario-Quebec Conference. It gave the name of Juergen Jaspert and his street address in Montreal, Quebec. He stated that the man had studied the Voice of Prophecy Bible Course and requested someone to visit him. I was unable to make the visit myself right at that time so passed the name on to Brother John Whalley, a literature evangelist in Montreal.

Soon a reply came back saying that he had found the address and it turned out to be the St. Paul de Vincent Penitentiary. Brother Whalley suggested that I write to Juergen and send him a word of encouragement. So I wrote to him and he replied that "the visitor I sent did not know what he was talking about because he told me that since I was reading the Bible, God's presence would be with me and would never leave me if I gave my heart to Him. He said I would never be lonely again because I could talk to the One who would always be with me."

This had made Juergen angry. He had said to himself, "He does not know what it means to be locked in prison for life." Then as he thought over what Brother Whalley had told him he reasoned, "How do I know he's not right? I have read God's book but I've never tried to talk to Him." He went on to say that he fell on his knees, and for the first time he tried to talk to God, saying, "The man says I can talk to you and that you will be with me in prison and take away my loneliness. Please come and be with me in my cell." When he opened his eyes the cell lit up

as if a bright presence had entered and he wrote, "I have felt God's presence with me ever since."

Juergen told how he had been in the Westminster Penitentiary in British Columbia. He had been tried and convicted for murder and sentenced to be hanged so was then on death row.

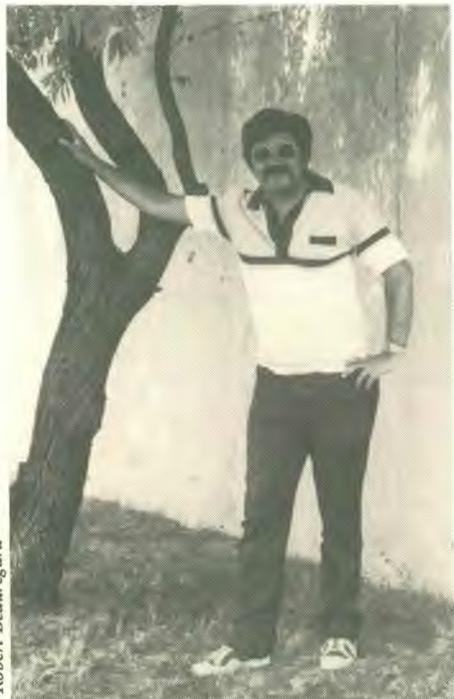
Someone (probably an SDA member of a nearby church) visited the penitentiary and was permitted to take some papers and magazines into the prison. There was only one prisoner on death row, Juergen Jaspert. The papers and magazines were left with him.

Juergen read all the secular papers but the two copies of the *Signs of the Times* he threw into the corner of the cell. Those were religious papers and were not for him. Time passed, and he had read all the other material. He went over and picked up the two *Signs* and looked them through out of curiosity. After all, there was nothing else to do. He found a simple quiz in one of them, filled it out and sent it in. He was quite proud of himself for he felt he had done well on the quiz. The Pacific Press sent along the name and address to the *Voice of Prophecy* who sent him the first lessons in a Bible Correspondence Course. He continued to study and had completed the course when his name was sent to me. His death sentence was at that time commuted to life because of his change in attitude.

I do not know who left the *Signs* but I do know that the seed fell on good ground in the heart of Juergen Jaspert, the alias he used for his real name, Robert Beauregard.

sows the seed.

When I visited him in the Penitentiary, I asked him if he ever had opportunity to witness for the Lord to other prisoners. He pointed to his two broken front teeth and said, "That's what I got when I tried." Then came the time when he requested baptism. Pastor



Robert Beauregard

Toms of the Norwood Church in Montreal was given permission, after a year of negotiations, to set up a portable baptismal tank in the Penitentiary and probably the first baptism by immersion was witnessed within those walls as Juergen became a baptized member of the Seventh-day Adventist Church.

Robert requested to be allowed to do some work around the institution. He was allowed to do some painting in the big kitchen and later some garden work. Soon thereafter he asked permission to learn a trade. Pastor Seidel told me that he learned to do tailoring. He helped make suits for the prisoners who had to appear in court. Later he took up leather-craft.

One day there was a hurry-up call for some suits to be loaded on a truck that was parked just outside of the prison gate. Robert helped load the boxes of clothing and had to climb up into the truck in order to stack them properly so they would all go in. Just at that time it was time to change the guard. The guard, anxious to get off duty, did not see Robert still in the truck and he found himself locked out as the guard closed the gate. He knocked on the gate and was told that he would need to get permission to get through the gate. He explained, "But I am a prisoner, let me in." The new guard on duty told him, "No, sir, you must get permission."

Robert requested, "Would you please let me use your phone to call the office?" This request was granted and the phone was passed to him through a lookout hole. Soon the tower sent someone to authorize the opening of the gate for Robert.

This story tells us what a difference was made in Robert's life by the small seed planted by the *Signs of the Times*. The man who had said he wanted to die rather than be locked in jail, was changed – he would not escape even when he had the chance to do so. God had changed his heart. This experience reminded me of the Apostle Paul, when he said, "Do yourself no harm, we are all here."

Bob, as he prefers to be called, has said that if he is ever released he wants to be a missionary. No doubt he will share the *Signs of the Times* with others along with his missionary endeavours for His God. Bob is still in prison in Montreal, but he hopes to be released before too long, maybe this year. In the meantime he is holding Bible Seminars in the prison, with as many as 100 attending at a time. No longer does he suffer the wrath of other prisoners when he talks to them of religion. They respect him.

Who says it is a waste of time to give out good Christian literature, and what is better than the Truth-filled *Signs of the Times* in English; or *La Sentinelle* for our French speaking friends. Let us use them freely and wisely.



This is Weight Control - Part III

"The Nutrition Gap"

by G.D. Strunk, Director, Adventist Health Ministries



I haven't given you a table of calories by which to restrict your diet in order to lose weight. Rather than the heavy burden of counting calories I would like to give a few basic principles of diet management. By means of these principles you should arrive at a diet that will automatically bring about ideal weight. Some persons enjoy counting calories. Looking up tables, weighing food, measuring carefully seems to provide the busyness needed to express their devotion to their occupation of losing weight. But there are more important calorie offenders to give our attention to.

The concern of the "nutrition gap" is the absence of vitamins and minerals and fibre in our diet. As fibre is removed so are vitamins and minerals, leaving us refined sugar, refined flour, and refined fats and oils. How serious a problem is this? Look at Table #1, "Nutrient Contributions of Food in the U.S. Diet." Most of our developed countries follow a diet very similar to this.

Notice the food category in the left hand

contents than simply listing the percent of fat or the percent of carbohydrate or protein.

Looking now at the table, you can see that sugar and syrup amounts to 17% of the calories ingested per day. Going across on that line, this amounts to 525 calories per day, or 118 pounds of sugar per person per year. These estimates can vary, depending upon what source of information is being quoted. It may vary from 99 pounds to 150 pounds per year, yet be a relatively reliable source. Some are consumption data, some disappearance data. But even using this figure toward the lower end, it's still enough to produce the startling figure at the end of that line: 33 teaspoons per day. We might not think that we eat that much sugar, but there is much sugar hidden in our processed foods. And I don't mean the natural fructose and levulose that are found in fruits or honey, as much as I'm talking about the sucrose, dextrose (glucose) that is actually added to our foods.

Then we look at the visible fats. Bear in

empty calories. You can discount Vitamin E in most of the fats and some of the other claims made for fats as a source of vitamins – if it's from visible fats.

But now if we add to that list of empty calories the refined breads and cereals, since the majority of the vitamins and minerals have been removed and even some of the protein, leaving us with an essentially naked white glob of starch, we increase our column of empty or refined calories by another 20%. Flours have been enriched by adding back four of the ingredients taken away, but in the meantime they have taken other important nutrients that were originally there in the balance of nutrients.

Now if you total that column, you will come up with 58% of our diet coming from foods that have virtually no vitamins or minerals left in them. We're talking about something very serious. Fifty-eight percent – nearly 60% – over half of what we eat has no vitamins or minerals, and hardly any fibre. As you can see, for the average person that totals 1,825 calories. That alone is enough to amount to many, many pounds in the period of a year.

Solving Our Weight Problem

Can you see already part of the solution to the problem? If we were to drastically reduce the amount of sugar, visible fats and alcohol, and change from the refined cereals to the whole grain cereals, what a better diet we would have. And we would find that the satiety value of the whole foods would be quite an obesity-control measure itself. But also because our nutrition would be so much better and our energy level higher, our drive to eat and eat would be lessened.

Now look at Table 2, U.S. Food Group Consumption, which reveals some interesting figures.

Table #2

U.S. Food Group Consumption

% of

Food Group	Tot. Calories
Milk Group	11
Meat or protein rich group	25
Eggs	(2)
Meat (all types)	(20)
Dry beans, peas, nuts, soy flour	(3)
Bread and cereal group	20
Fruit & vegetable group	8
Fats and oils, visible	18
Sugar & sweeteners	17

column. And then the percent of calories in the second column. To determine the percent of calories, we figure the number of grams of the various foods, multiply it times the number of calories per gram, and then, total the calories, then divide the total into the number of calories from each particular category of food. Example:

Protein (P) 4 gms x 4 cal. per gram =

16 cal. divided by 67 = 24% P

Fat (F) *3 gms x 9 cal. per gram =

27 cal. divided by 67 = 40% F

CHO (C) 6 gms x 4 cal. per gram =

24 cal. divided by 67 = 36% C

67

*A small amount of fat yields a high percentage of fat calories because fat is so rich in calories.

Reporting calories by percent of calories is a much more accurate way of reflecting the

mind this says "visible." Most fats are hidden in the foods, such as wheat germ oil in the wheat germ, such as corn oil in the corn germ or the hidden fat that is marbled in the meat. But this table lists visible fat.

Visible fats are concentrated either as meat trimmings or as shortening or butter and margarine or the cooking oils or cream. Eighteen percent of our calories come from visible fats alone. Incidentally, there is another 22% to 27% of our food that is from the hidden fat, to make up the total of somewhere between 40% and 45% of our calories coming from fat.

Alcohol contributes 3% of our calories if we are an average person in this country.

Adding the 17% for sugar to the 18% visible fat, then the 3% alcohol, gives us a subtotal of 38% of the calories we ingest as empty calories. And these are really very

If you look at the food groups in the left hand column, you see the milk group providing 11% of total calories and the meat or protein-rich group 25%. But eggs have no fibre. Milk has no fibre. Meat has no fibre. Yet fibre-rich dry beans, peas, nuts and soy flour provide only 3% of the total calories. The bread and the cereal group, as we've already indicated, provides 20%. Incidentally, 90% of the group is from the completely refined flours, while only about 10% comes from whole grains.

If you study Table #2, you'll soon see that the substances which provide the greatest nutrition in terms of vitamins and minerals and fibre *per calorie* constitute one of the smallest percentages in the average diet.

Now look at Table 3, National Food Situation in U.S., which is similar to other developed countries:

Table #3 National Food Situation in U.S. Nutrition Notes, July 1971

86% of calories comes from meat, dairy products, fats and oils, flour and cereal products, sugars and other sweeteners.

8.6% of calories comes from fruits and vegetables.

Fruits and vegetables provide:

- 94.4% of Vitamin C
- 29.8% of Vitamin B6
- 25.4% of Mg.
- 19.9% of Iron
- 49.7% of Vitamin A
- 19 % of Thiamin
- 16.6% of Niacin

You'll notice that 86% of the calories ingested by the average person comes from meat, dairy products, fats and oils, flour and cereal products (90% of which is refined), sugars and other sweeteners. And only 8.6% of calories comes from fruits and vegetables. Yet from that tiny amount, 8.6%, comes 94.4% of our Vitamin C and 49.7% of the Vitamin A.

Suppose we were to increase our fruit and vegetable consumption so that it occupied 2, 3, 4, or 5 times as much as it presently does. What a rich source of vitamin and mineral supply we would have! And if the grains and flours that we ate were of the whole grain instead of the refined, how much richer a diet we would enjoy! Not richer in calories, but richer in nutrition.

Our present problem-state has been summed up in the magazine *Today's Homemaker*, in August 1973, where Dr. George Briggs, professor of nutrition at the University of California at Berkeley, shared statistics concerning the American diet. "We consume more soft drinks than milk. We eat more sugar than our total intake of fruits, vegetables, and eggs on a dry weight basis. We consume yearly 276 pounds of empty calories versus 259 pounds of nutritious foods on a dry weight basis."

The solution to the problem should be obvious. Instead of counting calories follow our DIETARY PHILOSOPHY:

"A variety of fruits, nuts, grains and vegetables in as natural a form as palatable, in sufficient quantity to maintain ideal weight."



A message from God to you!

With **Henry Feyerabend**
HOST/COMMENTATOR

In our complex and rapidly changing society many wonder if the sand of time is running out for solving the dilemmas of this old world. But there's still time for a candid look at life and what can be done to make it better.

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by Robert H. Pierson

"Shelley, honey, this dinner is super!" Henry glowed. Then, turning to me, my Sabbath host continued, "My wife sure knows how to cook!"

Shelley beamed. I chalked up 25 Brownie points for Henry. He knew how to express appreciation. He not only enjoyed Shelley's dinner, he told her so.

The apostle of love also knew how to express sincere commendation. In a short letter to Gaius John wrote, "You are doing a fine faithful piece of work, dear friend, in looking after the brothers who come your way." (3 John 5, Phillips).

"Dwell upon the good qualities of those with whom you associate, and see as little as possible of their errors and failings," Ellen White counsels (*Ministry of Healing*, p. 492).

With whom do we associate more than the members of our own families? Yet whose faults and failings are we most prone to see? Who receives the fewest words of appreciation?

Today, be a John. Don't let the sun go down without speaking words of encouragement and appreciation to every member of your family.

Dwell Upon the Good!

Marriage, Money and Stewardship

by P.A. Parks, *Stewardship Director,*
Canadian Union Conference



Who handles the money in your home? Far too often, this important question is never given a second thought before a young couple is married. However, it seems that a person's ideas and concepts of money management and family financial planning will be developed, and even firmly set by how this was handled in his/her own home. Two young people who unite their lives in matrimony may each have strong feelings concerning who should take the lead in financial matters in the home. But in many cases they had never thought about talking it over and planning before the marriage takes place.

Money problems are listed as a major cause of alienation in 50 percent of the divorces in the United States. One study has shown that 80 percent of arguments in the home centre on money. In another study, 60 percent of American families openly admitted they had trouble paying their bills.

The handling of finances in the home, and money management, could wisely be one of the subjects dealt with in premarital counseling sessions. Certainly there is enough pressure on the home and marriage today without adding stress and conflict over money management.

Far too many young couples who have not talked out and planned out financial matters will end up deep in debt.

Clifford Vendt, who works for the financial planning department of the Christian Broadcasting Network and does part-time financial counseling in Salem, New Hampshire, sees three factors at work in debt-ridden families.

The major stumbling block is a total misunderstanding of family financial management, coupled with easy credit,

coupled with a misunderstanding of the word 'stewardship.' A big problem is the inability to consider the future consequences of trying to meet today's desires. So much of the advertising we see has been directed toward making us expect instant gratification that it's hard for us to wait. The way to bridge the gap between your level of income and your desired life style is credit. This is made very easy, so people keep buying this way until they have to go without basic living needs to pay for what they've consumed.

Dr. Raymond Pendleton, a clinical psychologist at Integration Services in Peabody, Massachusetts, tells of a lady who bought things to make up for the feeling that no one cares. She had always worked and earned more than her husband. Both were Christians.

She always kept him under her thumb by saying that if it wasn't for her they wouldn't have any food on the table or a roof over their heads. But, in fact, they were always in debt because she always bought everything she wanted. She felt she had all those things coming to her. That was how she dealt with what she felt as a lack of nurturing from her husband. Her impulsivity grew out of her need for nurture. That's a major reason why people get into debt. They buy on credit and figure, 'I can let the credit companies nurture me.'

Unless some understanding change can come into this type of situation, another Christian home may be headed for not only a financial collapse but a marital split.

Many Christians have a basic misconcep-

tion about the meaning of stewardship, says Vendt. "I grew up with the concept that stewardship was giving. Now I know that giving is a part of stewardship, but not its essence. Stewardship is really the ability to manage another person's wealth. The best contemporary word we have for stewardship is management."

As stewards we are called on to be managers over that portion of God's wealth that He has given us. Practically, this means that in our personal finances we must establish sound management principles — balance income and outgo and operate on a written budget. There isn't a business around that's going to be successful without planning, forecasting, and budgeting. It's the same for families.

The Bible has some wonderful counsel concerning money management and family finance. This Bible counsel along with Spirit of Prophecy advice has been arranged into a special presentation called the "family finance seminar." For the benefit of Seventh-day Adventist church members in Canada, and especially for young married couples, several of these seminars will be conducted this year. Some will be at camp meeting time. Your local conference Stewardship and Development director will know if a seminar will be conducted in your conference during 1982.

The Lord is just as willing to help you with your financial problems as He is with any other problem in your life. As you commit your life to Him, He will help you to manage your money, have a happy Christian home and be a faithful Christian steward.

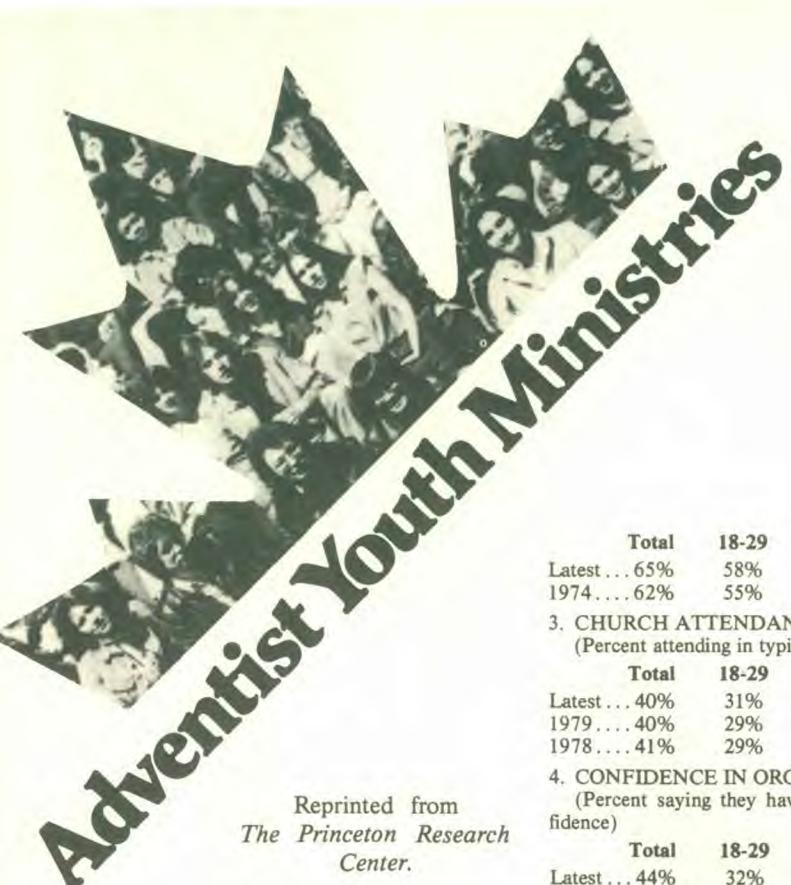
Communiqué from Poland

by R.W. O'FFill

What appears to be the first communication from our church leaders in Poland since martial law was proclaimed arrived in the SAWS office Tuesday, January 19. A telex from Pastor Stanislaw Dabrowski, Polish Union President, states that floods have rendered "thousands homeless" and that urgent relief is desperately needed. SAWS, in concert with her European counterparts, has taken action to meet this need and a large shipment of medicines, blankets, tents, shoes, and boots (valued at over \$400,000) will be air freighted to Europe within a week. SAWS Executive Director, Richard W. O'FFill, states "This must be considered a major disaster. It is good that we are in a position to give realistic help to the Polish people."

This week fifteen tons of clothing and food is being shipped from Finland. A matching shipment of fifteen tons is being sent from Sweden.

SAWS cash commitment for this project is \$50,000. Those wishing to contribute may send donations to: SAWS — Aid for Poland, 6840 Eastern Avenue, N.W., Washington, D.C. 20012.



Adventist Youth Ministries

Reprinted from
The Princeton Research
Center.

Are Youth Ministries Bearing Fruit?

Judging from a wide range of survey evidence, the renewed efforts of clergy and religious educators in the late 1970s to reach young people appear to be bearing fruit.

Gallup surveys in 1980 and 1981 reveal new signs of interest and involvement in religion on the part of the nation's youngest adults, paralleling reports from churches across the nation of a growing interest in religion among young people.

The following trends, covering 7 aspects of America's religious life, suggest that the long-term decline in religious interest and involvement between the mid-60s and late 70s may be coming to an end. In fact, the trend in the case of certain dimensions reveals marginal upturns, among younger adults as well as their elders.

By way of background, it is interesting to note that the sharpest decline in religious participation between the mid-60s and late '70s was recorded among young adults.

1. IMPORTANCE OF RELIGION (Percent saying religion is "very important" in their lives)

Total	18-29	30-49	50 & over
Latest ... 55%	43%	55%	66%
1978 ... 52	39%	50%	64%

2. SALIENCY OF RELIGION (Percent saying religion can answer today's problems)

Extremely small proportions of the "all others" group state a religious preference that could be labelled a cult. At the same time, however, it should be borne in mind that some persons may classify themselves among the major faiths (Protestant, Catholic, Jewish or Eastern Orthodox) yet at the same time be involved or interested in a particular cult.

Regular Gallup surveys on religious preference reveal that a wide range of religions, denominations and movements are named by those whose responses place themselves outside the major faith groupings.

A fairly large proportion of the one percent who fall into the category of "all others" name independent Christian communities, many of which are Baptist-related and could be broadly classified as Protestant. The responses given next most often are: no specific denomination in particular, agnostic or atheist, Pentecostal, Unitarian Universal, Buddhist and Muslim.

From 5% to 1% Since 1974

The category "all others," in regular measurements of religious preference by the Gallup Poll, shows the percentage having increased from one percent in 1947 to 5% in 1974, the year that could perhaps be described as "the high water mark of unconventional religions." Since 1974 the proportion has declined from 5% to 1%.

Persons in the "all others" group tend to be young, male, college-educated, living in the West, and to describe themselves as Independents in politics.

Total	18-29	30-49	50 & over
Latest ... 65%	58%	60%	73%
1974 ... 62%	55%	64%	66%

3. CHURCH ATTENDANCE (Percent attending in typical week)

Total	18-29	30-49	50 & over
Latest ... 40%	31%	40%	47%
1979 ... 40%	29%	42%	47%
1978 ... 41%	29%	42%	48%

4. CONFIDENCE IN ORGANIZED RELIGION (Percent saying they have a great deal of confidence)

Total	18-29	30-49	50 & over
Latest ... 44%	32%	42%	55%
1979 ... 40%	32%	37%	48%
1978 ... 38%	30%	35%	48%

5. INFLUENCE OF RELIGION ON SOCIETY (Percent saying "increasing" or "same")

Total	18-29	30-49	50 & over
Latest ... 46%	47%	49%	42%
1978 ... 47%	46%	47%	48%
1976 ... 52%	48%	50%	56%

CHURCH MEMBERSHIP (Percent saying they are members)

Total	18-29	30-49	50 & over
Latest ... 69%	59%	68%	76%
1979 ... 68%	58%	64%	75%

7. RELIGIOUS PREFERENCE (Those indicating a preference)

Total	18-29	30-49	50 & over
Latest ... 93%	88%	93%	97%
1979 ... 92%	87%	92%	96%

(Note: Seven percent currently say they have no religious preference while one percent give responses other than Protestant, Catholic, Jewish or Eastern Orthodox.)

Few Buddhists, Muslims Found in Latest Gallup Audit

The overwhelming majority of Americans (93%) place themselves within four major faith groupings, stating their religious preference as Protestant, Catholic, Jewish or Eastern Orthodox. Another 7% say they have no religious preference, while one percent give responses that are labelled "all others."

A careful examination of the responses of the last group who represent close to 2 million adults in the U.S., reveals that only one person in 20 in this group categorize themselves as Buddhists or Muslims, and an even smaller proportion say they are Hindus.

Youth mission outings

THANK YOU! Your support for the church-building project in Puerto Plata, Dominican Republic, has been overwhelming. We have received approximately 60 applications from across Canada, but are only able to accept a maximum of 35 delegates. We realize some of you will be disappointed and we regret this. But don't despair! There will be other YOUTH MISSION OUTINGS planned in the future. We hope you will be as excited about these as you have been about Puerto Plata.

To those delegates who have been accepted for the Puerto Plata Project, we are looking forward to having an experience of service that will leave us all feeling blessed and joyful in the Lord.

Please remember this special delegation of volunteers in your prayers, and present your petitions to the Lord for a memorable and adventurous outreach in faith.

Carol Penner

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The Itinerary

MONDAY — DAY 1 OCTOBER 25

Departure from Canada on El-Al direct to Israel. Dinner and breakfast will be served on board during the flight.

TUESDAY — DAY 2 OCTOBER 26

Upon arrival at Ben Gurion International Airport you will be met by a Shalom Travel representative who will assist you with the customs formalities. You will then be transferred to your hotel. The rest of the evening free. Have a swim in the Mediterranean. Dinner and overnight in Tel Aviv.

WEDNESDAY — DAY 3 OCTOBER 27

Caesarea — Nazareth — Cana — Galilee

This morning you will experience your first Israeli breakfast consisting of a full buffet offering cheeses, salads, fish, cereals, yogurt etc. along with hot dishes of eggs. Following breakfast we leave Tel Aviv and drive along the coastal road to the ancient harbour town of Caesarea and visit the Roman, Byzantine Crusader ruins and the impressive Roman Amphitheatre. Continue to Nazareth to see the Basilica of the Annunciation and Joseph's workshop. Then on to Cana, site of the first miracle (the turning of the water into wine). Proceed to the north of Galilee for dinner and overnight in Tiberias.

THURSDAY — DAY 4 OCTOBER 28

Tiberias — Capernaum — Tabgha

— Golan — Banias (Caesarea Phillipi)

Following breakfast drive along the shores of the Sea of Galilee to Tiberias. We board a boat and enjoy a ride across the Sea of Galilee to Capernaum "Town of Jesus" to see the excavations of the 2nd century Synagogue and the home of Peter. Then we drive to Tabgha, site of the miracle of the Multiplication of the Loaves and Fishes, and on to Mount of Beatitudes (the Sermon on the Mount). We continue to the Golan Heights to see the former Syrian fortifications and then on to Banias to see and taste the water in the original source of the Jordan River. Return to Tiberias dinner and overnight.

FRIDAY — DAY 5 OCTOBER 29

Megiddo (Armageddon) — Nablus — Jericho — Jerusalem

Drive by Mt. Carmel. Proceed to the most impressive ancient fortress of Megiddo (known as Solomon's Chariot Town). Visit the museum, the excavations on the Tel and the watertunnel. Continue to Nablus where you will see Jacob's well. From Nablus we drive to Jerusalem, The Eternal City. Visit the Western Wall at sunset. Dinner and overnight at your hotel.

SATURDAY — DAY 6 OCTOBER 30

Sabbath in Jerusalem

Following a brief service at the hotel, walk along the Mt of Olives, descend to the Garden of Gethsemane and visit the Church of All Nations, Basilica of the Agony. You will be driven to Lion's Gate where you enter the Old City of Jerusalem and begin your walk on Via Dolorosa. Visit the Church of Flagellation. Continue via the remaining stations of the Cross and reach the Church of the Holy Sepulchre. You continue your walk to the Temple area to see the Western Wall, the Dome of the Rock and the Mosque of El Aqsa. You will be driven back to your hotel for lunch at the dairy bar. After lunch you will be taken for a walk to Skull Hill and the Garden Tomb. A communion service will be held in the hotel after dinner.

SUNDAY — DAY 7 OCTOBER 31

Holyland Model — Yad Vashem —

Israel Museum — Mt. Zion — Bethlehem

Today we visit the Holyland model of Jerusalem and the second temple from Herod's period. Continue to Yad Vashem to visit the "Memorial of the Holocaust". We then proceed to the Israel Museum and see the Shrine of the Book and the Dead Sea Scrolls. Drive to Mt. Zion and see the room of the Last Supper, the Dormition Abbey and the Tomb of King David. Drive on to Bethlehem and visit the Church of the Nativity. Time will be allowed for shopping in Bethlehem. We then return to Jerusalem for dinner and overnight.

MONDAY — DAY 8 NOVEMBER 1

Masada

Drive to Bethany, see the House of Mary and Martha and the Tomb of Lazarus. Continue our drive through the wilderness of the Judean Desert. We continue past Ein Gedi Oasis, where David hid from King Saul. We ascend by cable car to the heights of Masada, originally Herod's Palace and last stronghold of the Jewish revolt against Rome which fell to the Roman legions in 73 A.D. From here, we view the sight of Sodom and Gomorrah, PM at leisure. Dinner and overnight at the Dead Sea.

TUESDAY — DAY 9 NOVEMBER 2

After breakfast we will drive to the Caves of Qumran where the Dead Sea Scrolls were found then continue to Jericho, oldest known city in the world. See the excavations on the Tel & Elisha's spring below the Mount of Temptation. Lunch in Jericho. Return to Jerusalem for an afternoon free for independent activities. Dinner and overnight Jerusalem.

WEDNESDAY — DAY 10 NOVEMBER 3

Transfer to Ben Gurion airport for your flight to Canada.

Optional Four Day Tour to Greece and Three Islands Cruise Double Occupancy — per person \$590.00 Canadian

DAY 1: (Wednesday) NOVEMBER 3 ATHENS — Athens A.M. arrival and transfer to Hotel. P.M. city tour of Athens.

DAY 2: (Thursday) NOVEMBER 4 CORINTH — Full day tour visiting Daphni. Continuing along the bay of Salamis, view Corinth Canal. At Corinth we will walk the streets of the old city known to Paul and see the Bema, Temple of Apollo, and the theatre where the inscription of Erastus is found (Rom. 16:23)

DAY 3: (Friday) NOVEMBER 5 — Full day cruise to the islands of Hydra, Poros and Egina.

DAY 4: (Saturday) NOVEMBER 6 — All day free for independent activities

DAY 5: (Sunday) NOVEMBER 7 — Transfer to airport for your return flight to Tel Aviv. Dinner and overnight Tel Aviv.

DAY 6: (Monday) NOVEMBER 8 — Transfer to airport for your return flight to Canada.

Reaching the World

by Tullio R. Haylock, Associate Director, Communication Department, General Conference

Adventist World Radio, covering some 70 countries in 29 languages, grew from one to five stations in Portugal, Malta, Sri Lanka, Andorra and Guatemala over the last ten years. When it first went on the air in October, 1971 from a powerful shortwave station in Portugal, R.H. Pierson and N.C. Wilson said "... it marks the beginning of the largest single endeavour the church has ever made in international broadcasting." That assessment is still true.

As stations were added, listeners' response also increased until at last count 20,000 letters a year were coming in. In many countries listeners have accidentally tuned in the broadcasts without knowing about them, although church members have done everything possible to spread the good news. In one socialist country a member heard the broadcast in her own language, copied it in shorthand, typed it out, and tacked it to the church bulletin board the following Sabbath to inform everyone.



Students at Newbold College, England, producing English and Dutch language programs for Adventist World Radio.

In another country a blind listener that was looking for news of a world he had not been able to see for many years suddenly heard a voice that caught his attention. It told of the accuracy of Bible prophecy and pointed out the way of salvation. It was Adventist World Radio. Another listener deep in the heart of Russia "coincidentally" heard words he could understand as he turned the dial of his radio. Tears came streaming down his cheeks as he heard of the love of God and of the large number of Christian believers, even in today's world. Those tears were seen on the letter he wrote.

As a prelude to the development of an international network, a denominationally-owned station was built in Guatemala, Central America three years ago for Adventist World Radio. Last October another station was approved by the AWR Board and is ready for construction in southern Europe to take the place of Radio Andorra, which was forced off the air last year because of political problems in the country.

It is estimated that each high powered station will cost approximately \$1,000,000 to build and another \$500,000 annually to operate. The 1982 operating budget for current broadcasts is less than \$500,000, with another \$300,000 provided by various world division organizations for program production. The establishment of a global network of powerful radio stations will be one of the greatest single commitments the church has ever made to the unfinished task of preaching the everlasting gospel to every nation, kindred, tongue and people on planet earth.

The Annual Council of the General Conference voted last October to designate the Spring Offering, Sabbath, March 27, 1982 as a special offering for Adventist World Radio. This is the first time that a date and offering has been placed on the church calendar for Adventist World Radio. This year's offering will be allocated for the construction of the radio station in southern Europe and new broadcasts in English, French and Swahili for Africa, which together will cost \$300,000. Future plans also call for the construction of a station somewhere in the Far East capable of reaching China.

Remember Adventist World Radio with your generous offering on March 27

Spring 1982 Bookmobile Schedule

Eastern

March 25	1 - 7 p.m.	Willowdale
29	6 - 8 p.m.	Kitchener
30	6 - 8 p.m.	Woodstock
31	6 - 8 p.m.	London
April 1	6 - 8 p.m.	Sarnia
3	7:15 - 10 p.m.	Windsor
5	6 - 8 p.m.	Brantford
6	6 - 8 p.m.	Simcoe
7	6 - 8 p.m.	Niagara Falls
8	6 - 8 p.m.	St. Catharines
10	7:15 - 10 p.m.	Hamilton
12	6 - 8 p.m.	Sudbury
13	6 - 8 p.m.	North Bay
14	11 a.m. - 12 noon	South River
14	6 - 8 p.m.	Barrie
17	1/2 hr. after sunset	Montreal Westmount
18	2 - 5 p.m.	St. Leonard
20	6 - 8 p.m.	Quebec City
21	12 noon - 1 p.m.	Waterville
21	6 - 8 p.m.	Sherbrooke
22	12 noon - 1 p.m.	South Stukely

Western

April 3	After Sunset	Peoria	May 1	After Sunset	Swift Current
4	9 - 12 p.m.	Peoria	2	9 - 12 p.m.	Moose Jaw
4	6 - 9 p.m.	Fairview	2	11 - 1 p.m.	Macrorie
5	6 - 9 p.m.	Grande Prairie	3	6 - 9 p.m.	Tugaske
6	6 - 9 p.m.	Leduc	4	6 - 9 p.m.	Regina
7	6 - 9 p.m.	Ryley	5	6 - 9 p.m.	Portage La Prairie
8	6 - 9 p.m.	Sedgewick	24	After Sunset	Winnipeg
15	6 - 9 p.m.	Lethbridge	25	9 - 2 p.m.	Winnipeg
17	After Sunset	Medicine Hat	26	6 - 9 p.m.	Brandon
			27	6 - 9 p.m.	Inglis
			28	6 - 9 p.m.	Canora
			29	6 - 9 p.m.	Yorkton
					Saskatoon
			2	9 - 12 p.m.	Saskatoon
			2	6 - 9 p.m.	North Battleford
			3	6 - 9 p.m.	Lloydminster
			4	6 - 9 p.m.	Beauvallon
			5	6 - 9 p.m.	Vegreville
			6	11 - 1 p.m.	Sherwood Park
			15	After Sunset	Edmonton
			16	9 - 1 p.m.	Edmonton

alberta

Four of a Family Baptized at Calgary

When school re-opened in September, as usual, we saw many new smiling faces, among whom were those of Jay, Sundeep, Randy, and Elizabeth Jhuty, who had recently relocated to Calgary from Ontario.

Coming to us with a Hindu background, the hearts of the faculty and students were thrilled as they witnessed the working of the Holy Spirit in leading all four students to request baptism at the end of the Fall Week of Prayer, held by Pastor Chris Kinman.

Shortly after this, Dr. Wadie Farag began an evangelistic series at the Keeler School in Calgary, and the four Jhuty children continued their interest, attendance, and ready acceptance of everything that was presented from God's Holy Word. Along with Dr. Farag, Pastors Ron Johnson and Chris Kinman continued to study with them, and continued to give thanks for the receptive minds of these young people, which climaxed

in their baptism during one of the Friday evening meetings.

We are thankful for Christian schools, where dedicated teachers meet daily to plead for the salvation of the students lent to their care, and rejoice, as do the angels of Heaven, when they make their decisions to follow in the Master's footsteps.

John C. Janes, Principal



Four children of the Jhuty family baptized after attending Calgary Church School.

KCs' Korner

Flying down the slopes at breakneck speed, your eyes are squinted as you hurtle from one bump to another. Your stomach cannot be located, but it is slightly reassuring to know that your wildly beating heart is somewhere in your throat. Your fists are clenched tightly around your poles, and the exhilarating winter air slaps you in the face.

For some of you, what I have just described is looked forward to with ecstasy. For others, like me, it is viewed more with a terrified determination to learn than with any degree of high expectation. Downhill skiing can be a thrilling sport, and over one fifth of our student body is actively engaged in it. Each Thursday evening, a bus pulls away from our gym parking lot crammed with excited skiers. For some, night skiing is part of a way to get a phys. ed. credit. However, for most, it is a terrific way to get away from the musty old books for a few hours.

For those perhaps less daring souls, there is also cross-country skiing, tobogganing, and ice skating. Here at K.C., there is such a variety of winter activities to choose from, it is sometimes hard to decide.

If you are sitting in a cozy living room, it may be hard for you to understand the type of "recklessness" it takes for us to put ourselves under Old Man Winter's mercy. But, most of our students will agree, the cold hands, ears and toes are well worth the price of a terrific time spent with our friends.

Dave Crane, Student
College Relations



LaVerne Tucker
Director/Speaker

J. L. Tucker
Founder/Speaker

BILL TUCKER
Director of Evangelism/Music

FEATURING: Christ-centered, Bible Messages • Family Living Counsel for Young Adults
• Bible Stories especially for Boys and Girls • Gospel Singing that Lifts the Soul

THE QUIET HOUR RADIO LOG CANADIAN UNION

Tune In Every Sunday (if not otherwise designated)

ALBERTA

Edson, CJYR, 970	8:30 a.m.
Grande Cache, CKYR-1, 970	8:30 a.m.
Hinton, CIYR, 970	8:30 a.m.
Jasper, CKYR, 970	8:30 a.m.
Wetaskiwin, CJOI, 1440	8:00 a.m.
Whitecourt, CFYR, 970	8:30 a.m.

BRITISH COLUMBIA

Vancouver (Blaine), KARI, 5507 p.m./Sat., 1 p.m.

MANITOBA

Portage La Prairie, CFRY, 920

NEWFOUNDLAND

St. John's, VOAR, 1230

10:00 p.m.

ONTARIO

Cambridge, CFTJ, 960

7:30 a.m.

Lindsey, CKLY, 910

10:00 a.m.

Oshawa, CKQT-fm, 94.9

8:30 a.m.

St. Thomas, CHLO, 1570

7:00 a.m.

Toronto (Hamilton), CHWO, 1250

7 a.m.

SASKATCHEWAN

Melfort, CJVR, 1420

7:30 a.m.

North Battleford, CJNB, 1050

10:30 a.m.

Regina (Weyburn), CFSL, 1190

6:00 p.m.

Regina (Estevan), CJSL, 1280

6:00 p.m.

Rosetown, CKKR, 1330

7:30 a.m.

ON TELEVISION

Join in the Fascinating SEARCH FOR TRUTH

BRITISH COLUMBIA

Vancouver, CHAN-TV, Ch. 8 (Cable 11) 8:00 a.m.

Victoria, CHEK-TV, Channel 6

10:30 a.m.

ONTARIO

Ottawa (Hull), Global TV, Channel 6

3:30 p.m.

TUNE IN — TELL OTHERS — WRITE US

Peterborough, Global TV, Channel 2

3:30 p.m.

Sarnia, Global TV, Channel 29

3:30 p.m.

Toronto, Global TV, Channel 6

3:30 p.m.

Toronto (Hamilton, Uxbridge), TV 22

3:30 p.m.

Windsor (Cottam), Global TV 22

3:30 p.m.

THE QUIET HOUR • REDLANDS, CALIFORNIA 92373

british columbia

New Pastor at Abbotsford-Aldergrove

The British Columbia Conference is pleased to have Dr. Benjamin D. Schoun join its pastoral staff, giving ministerial leadership in the Abbotsford-Aldergrove Churches.

Dr. Schoun comes to us from Andrews University, where he has recently completed his Doctorate of Ministry degree. His wife, Carol, is a nurse, who now devotes her time to Jeffrey, their 3 year old son. She is also assisting her husband in sharing her time and talents with the members of the churches and outreach for others. Jeffrey is pleased to be in British Columbia. Impressed with the high mountains, he feels that British Columbia must be "closer to Jesus." We look forward to the blessings of the Lord, through the ministry of Pastor Schoun and his family.

Ann Saunders, Correspondent
Aldergrove Church



Dr. and Mrs. Benjamin Schoun and son, Jeffrey.

Family Baptized at Port Alberni

Sabbath, December 5 was a high day at Port Alberni Church on Vancouver Island. The first service was conducted by the new pastor for the district, Terrence Davin, all the way from Nova Scotia. It was the baptism and baby dedication of Don and Eleanor Crowe of Port Alberni, and their two-year old son Chris. This was the result of persevering work by Pastor Dan Wells, and the follow-up work of Pastor Paul Burgess, a graduate of Canadian Union College. Pastor Burgess is working as a task force volunteer in the Port Alberni Church. Don Crowe said of his conversion, "I was waiting for someone to come and show me the truths of the Bible without knocking down some other church. Pastor Don Wells showed me someone who was so sure of his Bible that he didn't need to worry about knocking some other group."

Mr. Corbett Celebrates One Hundredth Birthday

A very special birthday celebration was held at the Sherwood Crescent Guest Home in Clearbrook on December 10, 1981, in honour of Mr. Thomas Corbett, a resident of the Home, on the occasion of his 100th birthday.

Supper for the residents and guests was provided by Mr. Walter Chiakowsky, administrator-owner of the Home, and Mrs. Joan MacVarish, assistant-administrator.

Pastor E.F. White, Secretary of the British Columbia Corporation of the Seventh-day Adventist Church, was master of ceremonies for the evening.

On December 10, 1981 he celebrated his 100th birthday. Most of the residents of the Home and a number of friends from Abbotsford were present. Out-of-town guests included Mr. and Mrs. Vernon Ganz from Parksville, close friends for many years.

Messages of congratulations and best wishes were received from: Queen Elizabeth, Prime Minister Trudeau, Lieutenant-Governor H. Bell-Irving, Premier W. Bennett, Mr. Bill Fitchie, M.L.A., Mr. G. Ferguson, Mayor of Abbotsford, Pastor N.C. Wilson, President of the General Conference of the S.D.A. Church.



Vern Ganz, right, talks with Thomas Corbett on the occasion of Corbett's 100th birthday.

ontario

Coming to Oshawa



Jere Webb Bible Seminar

April 2 to May 1, 1982

Friday, Saturday, Sunday, Tuesday
and Wednesday evenings
7:15 p.m. and Saturday night, 4:15 p.m.

College Park Adventist Church
1164 King St. E., Oshawa

The public is invited
to attend these vitally important meetings
in which topics of
practical Christian living and Bible prophecy
will be presented.

Plan to attend and don't miss this opportunity to
invite and/or bring others.

If you have friends or relatives you think should
receive a special invitation, please write to:

**College Park Seventh-day Adventist Church
1164 King Street East, Oshawa, Ontario L1H 1H9
or call mornings (Mon.-Fri.) (416)725-1121.**

Ontario Advance

Beginning January 1, 1982, our members in Ontario have the privilege of contributing to a new Conference-wide development plan that includes, but goes beyond, the former Conference Evangelism and Development plan. Our objective is 2% plus of income, an amount we must have to meet the needs of our conference-sponsored projects, which are:

1. Elementary Education
2. Canadian Union Educational Fund (The Ontario Advance portion of this fund will be used for Kingsway College)
3. Church & School Building Development
4. Youth Camp Development
5. Kingsway Worthy Student Fund

Note: For every dollar contributed to **Ontario Advance**, 50¢ will be appropriated from the conference tithe fund for evangelism in Ontario. *Thank you for giving regularly and generously to Ontario Advance.*

Blackwells Celebrate Fiftieth Anniversary

Mr. and Mrs. Samuel Blackwell (nee Violet Burman) celebrated their 50th wedding anniversary Nov. 2, 1981. The couple met at Resthaven Sanitarium where both trained as nurses and were married in Vancouver, B.C. by Elder H.A. Lukens.

Mr. Blackwell says that two great things have happened to him in his lifetime. First, when he accepted this wonderful Advent message in St. John, N.B. in 1925 and secondly, his marriage to Violet, who has been such a good wife and partner. The Blackwells have lived in Cobden, Ont. for 48 years and are well known in the area since Brother Blackwell has been in the newspaper circulation business for over 40 years.

The Pembroke S.D.A. Church appreciates the contribution this fine couple has made in the work of the Lord in this locality. Mr. Blackwell has been the first Elder and church leader for many years. The Blackwell home has often been filled with visiting young people and has always been open to ministers who have laboured in the area.

The Pembroke Church members arranged a 50th anniversary celebration in November but the greater celebration happened earlier

in the fall when their children, Samuel Jr., Florence, Burman, Harold and Beverly with their families, got together to mark the occasion at Campbell River, Vancouver Island.

We thank God for this fine couple and wish the Blackwells the Lord's richest blessings as they continue to serve Him.

O. Orpana, Pastor
Pembroke District



Mr. and Mrs. Sam Blackwell

March Is ABC Music Month

Chapel/Bridge Records joins the management of your Adventist Book Center in presenting to you a full spectrum of sounds.

There is music to match your every mood . . . words that encourage, cheer; messages that strengthen, stimulate; melodies that refresh, make your heart sing.

Your favorites are available in record, 8-track and cassette—at good prices.

Don't forget: Give music for a gift that will be remembered, again and again.

Check with your ABC about what's happening there during Music Month. That's March.



ANNOUNCEMENTS

Blue Mountain Academy - Philadelphia Academy - Alumni Weekend, April 2-4, 1982. Honour Classes are 1972, 1962, 1957. All alumni are requested to mail their current address to: Alumni Coordinator, Blue Mountain Academy, Hamburg, PA 19526.

Attention: San Diego Academy Alumni - The Alumni Weekend for this school year will be April 2-4, 1982. Look forward to fellowship and our annual 10 Kilometer and Fun Run. We need your address to provide further details. Please send to: Alumni Secretary, 2700 E. 4th St., National City, CA 92050.

Mt. Aetna - Highland View Academy - Alumni Weekend, May 7 & 8, 1982. Plan now to return for this spring's festivities. Please send us your name, address, and information concerning your connection with the school. J. Victor Elliott, President, Alumni Association, c/o H.V.A., Rt. 1, Box 286, Hagerstown, MD 21740.

OBITUARIES

BEATON - Harvey Laverne Beaton was born near Mansfield, Ontario on August 16, 1906. He passed away on Monday, January 4, 1982.

Harvey spent all his life in central Ontario and in 1928 married Elsie Exelby. The couple had seven children. Some 44 years ago Brother Beaton accepted the Lord Jesus Christ as his personal Saviour and was baptized. He was actively involved in the work of the church. The funeral service was held in Shelburne, Ontario on January 6, and the interment will be in Everett, Ontario in the spring, where Brother Beaton will be awaiting the call of the Lifegiver.

Surviving are his wife, Elsie; sons, Clarence, Dr. Wayne, Robert; daughters, Rose Marie, Ivadelle, Brenda; and grandchildren.

KING - Gustave M. King of Lacombe, Alberta, died on December 26, 1981 at the age of 81. Born in Europe, he came to Leduc, Alberta, with his parents in 1901. He was united in marriage to the former Martha Steinke in 1921. They farmed in the Leduc district until 1946 when they moved to Lacombe.

He is survived by his loving wife, Martha, of Lacombe; a son, Archie of Oshawa, Ontario; a daughter, Cynthia Holstein of Bishop California; seven grandchildren, 2 great-grandchildren, one brother and one sister.

Funeral services were held on Wednesday, December 30, from Wilson's Funeral Chapel in Lacombe

with Pastor Don Corkum and Pastor John Holstein officiating. Interment followed at the Seventh-day Adventist Church Cemetery in Leduc.

MISIK - Michael Ray Misik was born on February 6, 1930 in Beauvallon, Alberta and fell asleep in Jesus on January 11, 1982.

He received his high school education in Derwent and Canadian Union College, and then spent several years teaching church school in Ontario and Saskatchewan.

On August 4, 1957 he married Victoria Tarangle and since then he has taught school, operated a farm, and earned a degree in education.

He leaves to mourn his loving wife, and children, Darren and Nancy; two brothers and six sisters.

Funeral services were conducted at the Lacombe S.D.A. Church by Pastor Don Corkum and Pastor Ed Teranski. Interment followed at the Lacombe Cemetery where Michael awaits the great resurrection morning when he will meet his loved ones again.

OWEN - Mrs. Edna Alice Owen of Lacombe, Alberta, passed away suddenly at her residence on January 11, 1982 at the age of 87 years. Born in Bolton, Ontario she received her education in both Ontario and New York State. In 1911 she moved to Alberta and in 1913 she was united in marriage to the late Albert Webster Owen. They

Columbia Union College Alumni* Homecoming - April 2-4. Friday evening: 7:30 Messiah Sing-In (Easter portion) - Minnie Iverson-Wood, Guest Conductor. Sabbath: 8:45 & 11:15 H.M.S. Richards will be the speaker. Special music will be performed by a ReUnion Choir of all former members of Choraliers, Madrigals and Pro Musica at both church services. (If you have ever been a member of one of these groups, contact the Alumni office at CUC.) Saturday night our speaker, John Dean, will speak on "The Arrogance of Power."

*An Alumnus is any person who has attended CUC (WMC) for at least one semester.

The faculty of the Kirkland Washington Seventh-day Adventist School are requesting names and addresses of former students. This is the 32nd year of the school's operation, and the 32nd year of school leadership by Mark and Ardelle Olcott. If you are a former student, we would appreciate receiving your name and address. Also, we would like to know the whereabouts of other former students. Please write to Betty Case, Vice Principal, Kirkland Seventh-day Adventist School, 5320-108th N.E., Kirkland, WA 98033.

farmed at Burdett until moving to Nampa in the Peace River District in 1926. Mrs. Owen resided there until 1974 when she moved to Lacombe.

She is survived by a son, James William, of Lacombe and a daughter, Mrs. Doris Petluk of Nampa, Alberta; 6 grandchildren, 8 great-grandchildren and 2 brothers.

Funeral services were held on Wednesday, January 13 at Wilson's Funeral Chapel in Lacombe with Pastor Don Corkum and Pastor Casey Higgins officiating. Interment was in the Nampa Cemetery in the Peace River District.

SHARMAN - Evelyn Mildred Knister was born on October 2, 1910 in Bradford, Ontario and died in the Ponoka Alberta General Hospital on December 16, 1981, after a short illness.

Evelyn attended Canadian Junior College and graduated in 1931. It was at CJC that she met Guy Walter Sharman whom she married in 1932.

She leaves to mourn her two sons, Osborn Walter of Lacombe, Alberta, and Harold Everett of Vernon, B.C.; and seven grandchildren.

Funeral services were held at the Bowker Funeral Home by Pastor Don Corkum. Interment followed at the Ponoka Cemetery where she is now resting.

VAN DUSEN - James Harold Young Van Dusen was born on September 11, 1913 in Prince Edward County to the late Morton and Lily Van Dusen and passed away at Kingston General Hospital on Sabbath, January 23, 1982 after a short illness. Most of his life was

Summer in Europe? Music in England?

Music Summer School at Newbold College June 27-July 25, 1982. Classes in piano, organ, English choral music and chamber orchestra. Concerts in London, Oxford, Cambridge, Salisbury, and Windsor Credit: 1-4 hours. Staff: Roy Scarr, Choir; Veselinka Becejac, Organ; Emmanuel Verona, Piano; and Virginia-Gene Rittenhouse, Orchestra. For further information and application forms write to: Roy Scarr, Newbold College, Bracknell, Berks. RG12 5AN, England.

Friends of Canada Reunion

The annual Friends of Canada reunion will be held Tuesday evening, March 9th at 7:00 p.m. in Clifton's Cafeteria, newly located in the West Covina Fashion Plaza, San Bernardino Freeway at West Covina Parkway.

Attention is drawn to the fact that while the reunion will be held in the same cafeteria as always, the cafeteria is now in a new location. People going west on freeway #10 can also exit on Vincent.

J.M. Hantyshyn, President
Friends of Canada

spent in the Tamworth area where he worked as a mechanic. He leaves to mourn five sisters and one brother as well as 25 nieces and nephews.

The funeral service was conducted at the Hannah Funeral Home, Tamworth on January 26 by Pastor Victor Shipowick assisted by Orville Matthews of the Belleville church. Burial will take place in the spring in Prince Edward County.

WIMER - Laura Smith was born in Swan River, Manitoba in December of 1913, and passed away at Langley, B.C. January 9, 1982 after several strokes over a period of months. A memorial service was held for her in the Langley Church with George M. MacLean, pastor of Westminster Church, officiating. A warm, hospitable, and compassionate person, she shall be missed by her many friends and family. Her husband, Gaylord, has been Publishing Department Secretary in Ontario, Maritimes, and British Columbia before his retirement. Four members of the family live in Oregon: Joyce, Barbara, Betty Lou and Richard.

BIRTHS

GUDWER - Bob and Shannon (nee Hayne) thank God for the birth of their son, Ryan James, on December 1, 1981.

WHALLEY - Elder and Mrs. Bob Whalley of Marystow, Newfoundland announce the birth of their son, Daniel, on May 12. A brother for Michael and Richard.

ADVERTISEMENTS

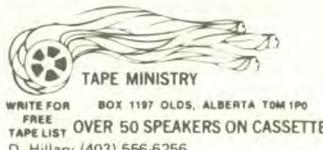
Advertising Rate: 50 words or less-\$8.00 per issue, 20¢ each additional word; \$12.50 out of Canada, 25¢ each additional word. Display advertising-\$10.00 per column inch; \$12.00 out of Canada, 1/4 page ad - \$110.00; 1/2 page ad \$190.00; 1 full page \$350.00. \$200.00 extra per colour. Add 20% extra for out of Canada ads. Ten per cent discount for three or more consecutive insertions without copy changes. No advertising will be accepted unless cash accompanies copy. Send all advertising to your local conference for approval.

Note: The Canadian Adventist Messenger does not accept any responsibility for categorical or typographical errors nor for dissatisfaction or misrepresentation arising from any advertisement.

Applications invited for Rest Haven Lodge, a new 75 bed intermediate health care facility, now under construction in Sidney, British Columbia, for the following positions: **Registered Nurses, Dietary, LPN's, Housekeeping, Activities Director.** Salaries and benefits based on comparable corresponding community rates. Operations are anticipated to begin in the 75 bed facility on or about June 1, 1982. Applications, resumes and references should be sent to: Administrator, Rest Haven Lodge, c/o 1930 Sandover Cres., Sidney, BC V8L 1A1. 4-15

Director of Staff Development and In-Service Education Needed—The Facility — Park Manor Personal Care Home is a 100 bed extended care centre located in the Transcona suburb of Winnipeg. It employs approximately 120 full and part-time staff and incorporates an active nursing program. Five S.D.A. churches and a ten grade church school are located in the city. **The Position** — Reporting to the Administrator, the incumbent will initiate and coordinate continuing programmes of staff development and education with emphasis on accredited programs of patient care. A nursing aide certificate programme will be offered jointly with the local community college. **Qualifications** — Eligibility for registration with the Manitoba Association of Registered Nurses is required. An undergraduate degree, preferably in nursing, with well developed communication skills is desirable. Preference will be given to applicants with a combination of clinical and teaching experience. Apply in confidence, including a current curriculum vitae to: William M. Olson, Administrator, 301 Redonda St., Winnipeg, Manitoba R2C 1L7. Phone (204)222-3251. 3-4

Small Fruit Farm Wanted — 10-20 acres to accommodate a family of 2 adults and 2 college students (boys), in the Kelowna area only. Will accept real estate offers. Write Accordia Concerts International Co., P.O. Box 663, Ukiyah CA 95482. 3-18



Tape-of-the-Month Club — Each month you automatically receive cassette tapes with new inspiring messages. An excellent aid to personal growth. 12 tapes—one each month including postage \$36.00. Tapes are a spiritual treat for yourself and also make excellent gifts for any occasion. Write us today.

Fruit Juice Extractors — The steam juice extractor previously advertised brought joy to many homes with the gallons of grape and other fruit juices it produced. In addition to this, we now have the automatic electric juice extractor that ejects both pure juice and dry pulp automatically. No bucket to empty while making the juice! Among the many fruits/vegetables it can juice are carrots, apples, oranges and leafy vegetables. Two year warranty. Croftwell Enterprises Ltd., P.O. Box 217, Mississauga, Ont. L4T 3B9 or phone (416)677-5986. 5-6

Friends! Would some of you like to wear comfortably fitting Denture Plates? Then try FREY DENTURE CLINIC, with European workmanship, on all new plates one year guarantee! Phone Joseph: at Area Code 403, 478-6387 Mon.-Fri. 9 a.m.-4 p.m. Located in #210 Killarney Centre, 12907-97 St. Edmonton, Alta. T5E 4C2. Denturist of full plates, direct for the public! 82-2

For Sale — Eleven 10 ft. solid knotty pine used benches in good condition with book racks on back of the pews. \$485.00. Osoyoos S.D.A. Church, P.O. Box 402, Osoyoos, BC V0H 1V0.

Personnel Needed — Registered Nurse and Experienced Cook for 48 bed nursing home on beautiful Vancouver Island. Reply to Sidney Personal Care Home Ltd., 9888-5th St., Sidney, B.C. V8L 2X3. 3-18

Natural Foods Health Store For Sale Excellent family business. Good growing income. Outstanding location. Write: Box 87, SS1, Site 5, Cbk. St. N., Cranbrook, B.C. V1C 4H4, or call (604)489-4464 and ask for manageress. 3-18

Director of Nursing required for new 75 bed denominational operated Intermediate Care facility nearing completion in Sidney, British Columbia on beautiful Saanich Peninsula, south-east Vancouver Island. Responsibilities to commence on or about April 1, 1982; operation anticipated to commence on or about June 1, 1982. Competent RN's interested and/or qualified are invited to send applications and resumes to: Administrator, Rest Haven Lodge, c/o 1930 Sandover Cres., Sidney, BC V8L 1A1 Telephone (604)656-5691. 4-15

Change of Address For CANADIAN ADVENTIST MESSENGER

(Be sure to include Postal Code)

Name _____

Old Address _____

Postal Code _____

New Address _____

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Include BOTH old and new addresses AND postal codes

Mail to: Your Local Conference Office

Change of address may require up to six weeks.

Conference Directory

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ALBERTA CONFERENCE — H.S. Larsen, President; C. Patterson, Secretary-Treasurer, Box 5007, Red Deer, Alberta T4N 6A1.

BRITISH COLUMBIA CONFERENCE — G.E. Maxson, President; G.D. DeBoer, Secretary-Treasurer; Box 1000, Abbotsford, B.C. V2S 4P5.

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For the information of members and friends who wish to remember the Church and its institutions in preparing wills and legacies.

ALBERTA CONFERENCE CORPORATION of the Seventh-day Adventist Church — Box 5007, Red Deer, Alberta T4N 6A1.

THE BRITISH COLUMBIA CORPORATION of the Seventh-day Adventist Church — P.O. Box 1000, Abbotsford, B.C., V2S 4P5.

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SEVENTH-DAY ADVENTIST CHURCH IN CANADA — 1148 King Street East, Oshawa, Ontario, L1H 1H8.

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SEVENTH-DAY ADVENTIST CHURCH — Quebec Conference, or Eglise Adventiste du Septième Jour — Fédération du Québec — 940 Ch. Chamby, Longueuil, Quebec, J4H 3M3.

CANADIAN UNION COLLEGE College Heights, Alberta, T0C 0Z0

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SHERWOOD PARK NURSING HOME 2020 Brentwood Blvd., Sherwood Park, Alberta T8A 0X1

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SUNNYSIDE NURSING HOME 2200 St. Henry Ave., Saskatoon, Sask. S7M 0P5

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MAY 7, 8, and 9
KINGSWAY
ALUMNI WEEKEND 1982

SUNDAY MORNING: ALUMNI BRUNCH

SATURDAY NIGHT: "FLOWERS FOR ALGERNON"
The Andrews University Players

SABBATH MORNING: RUDY KLIMES '51
Associate, G.C. Dept. of Health & Temperance

FRIDAY NIGHT: GRADE 13 CLASS VESPERS
Worship with the Talented Senior Class

50- AND 60- YEAR HONOURS
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Meet your 'old' roommate!