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Messenger



Global Warming Should Christians Care?

PLUS: Josué Sanchez teaches teens how to tell if it's true love; Janice De-Whyte explores Valentine's Day from a single's perspective

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"These were all commended for their faith, yet none of them received what had been promised. God had planned something better for us so that only together with us would they be made perfect." Hebrews 11:39, 40

Those Who Came Before

Last month I released my inner self-help guru and encouraged you to "embrace the changes that you face." This month, without diminishing the importance of that admonition, I add one caveat: appreciate what came before.

I feel almost overwhelmed lately with all the talk of the emerging post-modern society in which we now live, of the need to adapt, change and grow in order to be relevant to a generational culture that is unlike any the world has ever before seen. Everywhere I go, commentators, pundits and preachers spout statistics about the impending retirement and demise of the Baby Boomers and the rise of the mysterious Millennials. While I understand that the demographics of the world are changing at an unprecedented rate and wholeheartedly agree that we can no longer afford to pretend that the status quo will work in perpetuity, there is one thing about the discussion that bothers me terribly: how must it feel to be told that you are on your way out, to have your exit from center-stage—that lovely, warm spot you've occupied so long—be drooled over and anticipated?

Recently I participated in a discussion that illustrates what I think is going on. A group of Baby Boomers (if you are 43-61 years old, you're one of them) was talking about the "new trend" of women wearing pants to church. Disgraceful, was their opinion, absolutely not right, disrespectful. "When we were young," said one woman, "we had our special

church clothes that we put on only on Sabbath morning and took off after right after church. We took pride in how we looked for church and would be ashamed to go looking like some of them go looking these days." Whether you or I agree with her statement is not the point; no, what's important is the implication behind her words: "What is wrong with how things used to be? It worked for us!"

And she's right with her unspoken assertion. It did work for them. What's more, it worked for us all until the last 15 years or so. Tradition—how things used to be—is the foundation of what we do; it's the basis from which we now work. Changes are only changes because they differ from the norm—the norm that the Baby Boomers and their parents and *their* parents established. Without the norm—without *them*—there would be no point to move beyond, no convention to break with, no tradition to rethink. Without the people who came before, we wouldn't be who we are now. Without the means and methods that came before, we wouldn't be where we are now. And, as it happens, where we are now is a pretty good place—from which to begin again.

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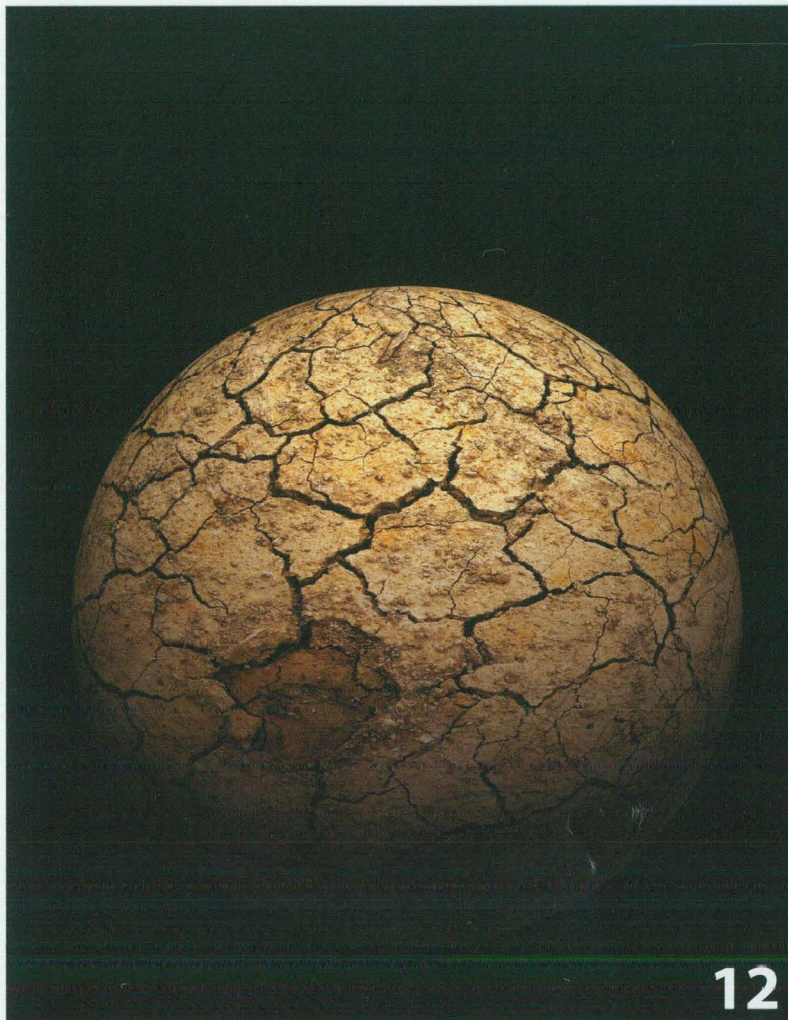
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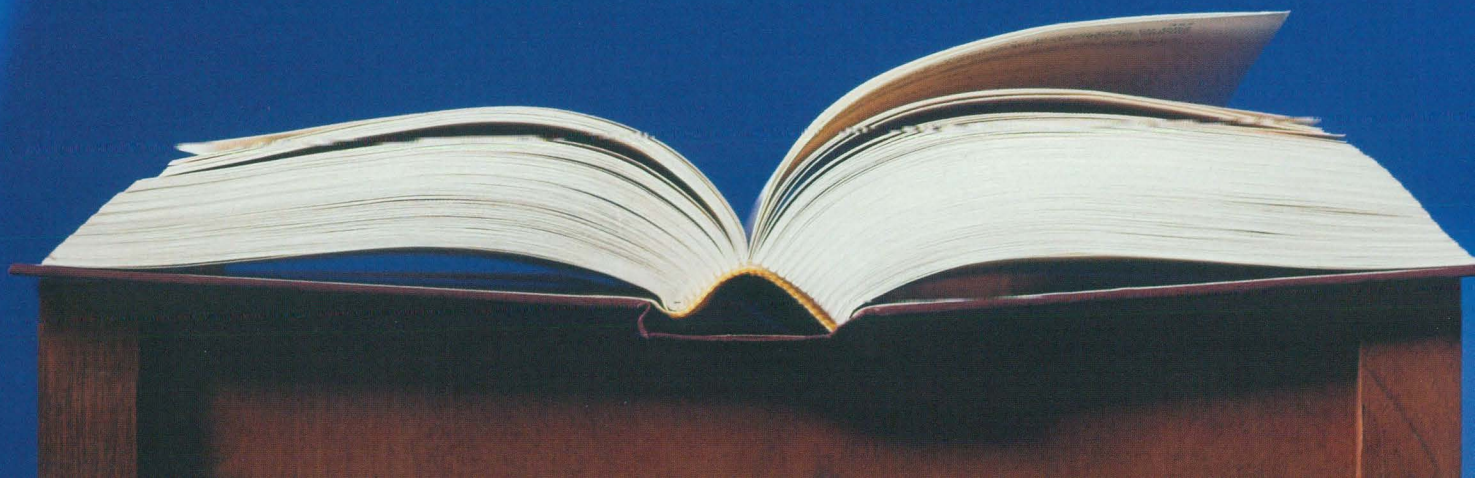
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heart to heart

Watch!

Watching is not an activity—it is a lifestyle
Watching is not an event—it is a habit
Watching is not a short-term effort—it is an ongoing relationship

by Gordon Gray



Wherefore keep watch,

because you do not know on what day your Lord will come." Matthew 24:42

During the last few days before His crucifixion, Jesus gave His disciples instruction that is still vital for His followers today. One of the major issues was how to live in preparation for His return. In His response to the disciples who questioned Him about His coming and the end of the world, Jesus made it plain that vigilance is necessary in preparation for this event. At least three times in His response, recorded in chapters 24 and 25 of Matthew's gospel, Jesus specifically admonished His disciples and, by extension, his followers today, that it is necessary to "watch."

"But," you may ask, "what does it mean to watch?"

Certainly, it is important to realize that we are living in the last days. Who can ignore the clear indications that conditions in our world are getting progressively worse? One needs but to watch or listen to any news broadcast to know that the powers of evil are gaining momentum and intensity in every aspect of human society. Seventh-day Adventists and other Christians know that these things are evidence that Jesus is coming soon. Jesus Himself warned and encouraged His followers that these things would take place, and added that "When these things begin to take place, stand up and lift up your heads, because your redemption is drawing near." Luke 21:28.

But when Jesus tells us to watch, is it only in the context of being aware of events in the world that fulfill prophetic signs of His soon coming? Or is His admonition to "watch" something more? I believe that a close examination of the admonition of Jesus suggests that the watching that we are called to do has even more to do with the personal life than the public. A careful study shows that watching involves at least three important aspects for the Christian waiting for the return of Jesus:

1 Knowing Him

The most important aspect of watching is to maintain a vibrant, meaningful relationship with Jesus. Knowing Him is vital if we are to be ready to meet Him when He comes. Otherwise, like the foolish virgins in the parable, we are in danger of

hearing those dreaded words, "I tell you the truth, I don't know you." Matthew 25:12 NIV. Knowing Jesus involves a constant, daily communion with Him in Bible study, meditation and prayer.

It is not enough to know that Jesus is coming soon; the most important thing is to know the Jesus who is coming.

2 Practical Life

A life in relationship with Jesus will be reflected in everyday, practical ways. His grace will permeate all our activities and dealings with others. As we develop this relationship, our daily lives will reflect Him. The apostle Paul puts it this way; "And we, who with unveiled faces all reflect the Lord's glory, are being transformed into his likeness with ever-increasing glory, which comes from the Lord, who is the Spirit" (2 Corinthians 3:18 NIV)

We are called to be witnesses, to reflect the beauty of Jesus in all of our relationships. I like the little song, "Let the Beauty of Jesus be Seen in Me." It is in watching Jesus that we will grow in reflecting His character in our daily lives.

3 Perseverance

One of the biggest challenges to really knowing Jesus is busy-ness, even the busy-ness that comes from doing good and important things. Maintaining the relationship with Jesus that "watching" entails requires vigilance. Jesus warned "Be careful, or your hearts will be weighed down with dissipation, drunkenness and the anxieties of life, and that day will close on you unexpectedly like a trap" (Luke 21 :34 NIV). It is so easy to become so involved with activities, even good activities, that our experience with Jesus is neglected. Knowing Jesus involves a constant, daily communion with Him in Bible study, meditation and prayer. ■

Gordon Gray is the President of the Fédération du Québec.



The Hefty Price of a Bargain Meal



For an extra 67 cents, you can get fast food, a handful of nuts, a super-sizer burger, and more of a fast-food meal.

But it's no bargain. The effect on your weight and health of consuming a meal—like a burger—more calories than your body can use—may run you more than 67 in the end. According to researchers, that's what such expensive meal costs, assuming the extra calories you eat, which is very common: the amount of money you must spend on food, gas, and medical care to maintain one extra pound.

When researchers determined the real price of expending a meal—counting the added calories you eat to burn—the cost of more food needed to maintain a heavier person, more gas to transport a heavier body, and the extra medical expense associated with weight gain. For people already overweight, 67 cents worth of expending resulted in \$7.72 real cost, not for normal-weight people, the cost was more than \$4.

Still worse, carrying around extra pounds leaves you at higher risk for heart disease, diabetes, gall bladder disease, osteoarthritis, some forms of cancer, and high blood pressure.

Whether you're ordering fast food at the drive-through, dining in a restaurant, or eating at your own kitchen, pay attention to portion size so you don't take in more calories than you can use. Try to start your meal with healthy, low-fat foods—fruit or vegetables (even fast-food items are often loaded)—then move on to small portions of protein and carbs. Don't feel full with fast-food calories.

Many restaurants now place piled-high, high-calorie food in a small family-size portion or provide overeating. Before it's served, have half your meal boxed and take it home. Or, what an excellent food-all-about-out before. In other words, do yourself a favor and discipline your needs.

Now that's a good investment.

All About YOU **Knobby Knuckle Advice**

Cracking your knuckles makes you sound like a boss. But it might not serve you well in a meeting. It's, although it's painful for us to hear, you're not doing any harm to your joints, bones, or tendons when you crack your knuckles. The noise is simply caused by the high-pressure section of gas being expelled when your joints move apart. If it hurts when you knock on a door, crack, or your doctor to assess what kind of joint damage you may have.

The Truth About Chocolate and Your Skin



Here's a formula for unfermented chocolate, catechins, resveratrol, sunscreens, and... chocolate?

You heard right. When eaten, flavanols in cocoa, the main ingredients in dark chocolate, improve skin's texture, thickness, hydration, and blood flow. It may even boost your skin's defense against the sun by up to 25 percent. Here's 3 tips to enjoy your skin's benefits: eat about 30 grams of chocolate daily for 14 and 28 days, see. And you will need to wear sunscreen every day.

Chocolate good for your skin? It's not. Antioxidant compounds in cocoa, called flavanols, improve your health by boosting blood flow, and that benefit may be good for your skin, too.

Researchers discovered the flavanols in a study of women who consumed half a cup of cocoa containing 320 milligrams of flavanols per serving, the amount in 3 1/2 ounces of dark chocolate daily for 12 weeks. At the end of the study, the women experienced less skin wrinkling, and complexion improved at the beginning of the study. Also, their skin was thicker, richly hydrated, and was even more resistant to sun damage.

Protein warning.

Still, don't use your antioxidants and indulge in more quantities of chocolate. Consume the cocoa in moderation and apply sunscreen every day when you'll be outdoors for 20 minutes or more.

Your Words

“ a more healthy approach would be to conclude that one needs to find their antioxidants in another form.”

properties: theobromine/caffeine along with sugar to make it more palatable.

I find that when one of our magazines gives us licence to eat something, it is a powerful persuasion. There are antioxidants in wine, also and many articles to merit the “moderate” use of it, but when one does more thorough research on either of these two antioxidants, a more healthy approach would be to conclude that one needs to find their antioxidants in another form.

I pose the question: “are our additions being justified?” Just room for thought.

—Gwen, Courtice, ON

I am very shocked about the article “The truth about Chocolate and Your Skin.” When is it right to advocate a harmful product as something that is good for you? Chocolate contains caffeine, a harmful drug that is addictive, and contains a lot of sugar. Ellen White wrote that it would be better to eat meat than sugar. She also wrote that a lot of children’s candy contains chocolate liquor which starts a child to crave alcohol (*Ministry of Healing*, “Liquor & Prohibition”). God’s natural foods such as red grapes, cabbage, cauliflower, broccoli, raw garlic, dark green leafy vegetables, whole fruits, carrots, sweet potatoes and pumpkins are packed full of antioxidants. We have studies that are done about alcoholic wine and how good it is for you because of the flavinoids it contains, but we also know that pure unfermented grape juice contains them also. We need to stay on the correct

path for optimal health to receive God’s health benefits and not to accept Satan’s counterfeit. The Adventist church is letting the health message slide and needs to get back to the original diet God created for us.

—Lisa (someone who battles with their love of chocolate), via email

I joined the Adventist church February 8, 1975 with a clear understanding of the health message, but it took me quite a while to make changes. I am concerned for the new members who are struggling with addictions. I take offence at the wordly view of “the benefits” of fermented wine, coffee, green tea, pork, chocolate, etc.

When you promote chocolate, you also promote dairy... with all its dangers! And alcohol in the fillings (centers)! And sugar!! And wax!!!

Please retract the article; it’s the only Christ-like thing to do. Vanity and appetite are still Satan’s key elements to keeping folks from overcoming intemperance. Jesus died so we could overcome sin.

—Milja, Oshawa, ON

RE: Creation Corner

For a long time I’ve meant to let the *Messenger* people and Tammie Burak know how much I enjoy and appreciate her creative nature pages. Even as an adult, I always learn something. It is presented with such attractiveness. Thanks, too, to the person who does the artwork.

—Dorothy, via email

RE: “The Truth About Chocolate and Your Skin,” Nov-Dec. 2006

It was upsetting to see the article on chocolate. Especially with what Sister White says about caffeine. While the study may be true, who did the study? Should we consume caffeine now because of this, as many Adventists will now do because it is in the *Messenger* which appears to support eating chocolate?

I believe an apology should go out in the next issue and not be hidden in a small corner of a page. This magazine should be to support Truth and not to use for those who want to disregard teachings from Sister White or appear to prove her wrong. Like I said, while it says nothing about the dangers of caffeine, many will use it as such just like many use the studies on wine and their relation to helping heart problems to support drinking alcohol when the good properties are in the grape and not the alcohol.

—Greg, via email

Thank you for taking on the large job of editing the *Messenger*. I am sure that it is not an easy one. May you always reach out for God’s strength as your continued support. I do have issue with your article on “The Truth about Chocolate,” however. This is the second time that the *Messenger* has put in an article of the benefits of chocolate. I am not sure exactly why they are being put in the *Messenger* and only suggest that research be done on the down side to chocolate. It contains some harmful

E-mail comments to cholloway@sdacc.org or mail them to Editor, *Canadian Adventist Messenger*, 1148 King Street East, Oshawa, ON L1H 1H8. Be sure to include your name, contact information, and the name and date of the article(s) you are referencing. 200 words maximum. Letters may be edited for length and clarity. Not all letters will be published.



Permission to Daydream

Imagine this: You're on a beach, with a cold drink in one hand and the latest best-selling novel in the other. The salty beach breeze kisses your face while the ocean tickles your toes. You hear gulls talking, waves crashing, and the steel-drum band jamming. Feel like paradise? Great. That quick mental picture just improved your brain function. Keep your brain flexible by setting aside time each day to daydream about whatever you like.

Daydreaming keeps your mind flexible. By stirring up the part of your brain that handles imagination, you keep your brain running outside of its normal thought process, which helps your cognitive function at the highest levels. Consider daydreaming an important part of your mental-health action plan.



Prime Time for Exercise

Is channel surfing your primary fitness activity each day?

Watch out—it may make you fat. In study after study, all that TV-time has been shown to increase the risk of obesity. Not only does couch time take away from time spent walking, gardening, and playing with

the dog, but researchers suspect that the commercials could be influencing you to make poor eating choices. Hide the remote, cancel the cable, do whatever it takes to avoid an unfit fate. It's prime time for you.

Each hour you log in front of the tube leads to 144 fewer steps taken per day. The average American watches 4 hours a day—that's almost 580 fewer steps taken toward the goal of 10,000 that many fitness experts recommend for optimal health. TV is associated with obesity, there's no doubt about that. Less certain is exactly how hours spent watching *American Idol* or backlogged episodes of *Lost* saved on your TiVo can make you fat.

So what can you do? Limit TV viewing to no more than 2 hours per day, and cut back on other sedentary activities, such as computer use, reading, and resting. Commit more free time—at least 30 minutes a day—to being active. Walk at the mall, play catch with your kids, or clean the house.

A Big Squeeze for Your Brain

You see 'em on those late night infomercials —juicers that promise to save you time and transform your life. All hype?

The juicer might be, but the juice isn't. Drinking pure juice regularly—be it apple, tomato, or orange—may help ward off Alzheimer's. How, you ask? It's probably the polyphenols, the antioxidant-like substances that protect

the brain from the damage that leads to Alzheimer's.

But you don't need a \$100 gizmo to get the benefits. Drinking pure juice from a carton a few mornings each week works just as well.

The recent study on the Alzheimer's-thwarting benefits of juice did not specify which kind of juice provides the most protection—just that study participants who drank fruit or vegetable juice three times a week were less likely to develop Alzheimer's than people who drank juice less often (fewer than once a week). So you may get the benefits from any kind of juice.

However, other Alzheimer's research has shown that quercetin, a polyphenol found in abundance in apple juice, may be particularly protective of the brain. Still, many different polyphenols are found in many different kinds of juice, and they all have anti-inflammatory properties, which also may be key in explaining how the juices preserve your cognitive powers. Then again, there could be another yet-to-be-discovered quality in fruit and vegetable juices that makes them so wonderful for your brain. Whatever the reason, bottoms up! Just make sure it's 100% pure juice—no juice "cocktails," no fruit "drinks." Check the label to see that you're getting the real deal.



Real Love?

My boyfriend and I have been dating for almost two years, and I'm pretty sure he's going to propose on Valentine's Day. (He graduated last year and has a good job; I'm 19 and still in college). The problem is that even though I really like him I'm not sure I'm ready to commit. He is so good to me, though... I'm so confused! What should I do?

Talk.

That's often the best remedy for confusion. If you two don't have an accurate idea of how you feel about each other, you'll just be mind-reading and fortune-telling, both of which will only have negative consequences for your relationship. Now is the time to make things clear. An honest review of your goals in life, your feelings for each other, etc, will help you see if you still are on the same page.

Things to ask yourself: Why am I dating him? Is he my best friend? To whom do I run for advice? Do I feel comfortable by his side? Do I see myself with him for the rest of my life? Do I trust him completely? Is his influence bringing me closer to Jesus? Do we share the same ideas about church? Education? Finances? Am I ready to stand by his side if he gets really sick?

These are difficult questions to answer; they require lots of prayer. I don't expect you to come up with a final answer right away. It's OK to feel anxious about getting engaged or married. In fact, that's completely normal. Try to measure what your guts tell you and mark down the options that make you feel more at peace. Then go in that direction.

Hands On

If he actually proposes, don't feel pressured to say "yes" or "no" right away. Remember that "let me think about it" is a valid answer as well!

How Can You Tell If You're Really In Love?

Sol Gordon

People can fall in and out of love easily, but lasting love requires a level of trust, respect and intimacy that develops over time. Using sensitive yet straightforward advice illustrated by anecdotes, exercises and a terrific chapter on frequently asked questions, Gordon provides a little book with a lot of answers

How Can
You Tell
If You're
Really
In Love?

Sol Gordon, Ph.D.

Youth Pastor, speaker & writer,
Josué Sánchez enjoys sharing
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Creation Corner for Kids

"Honor your father and your mother, that your days may be long upon the land which the LORD your God is giving you."
(Exodus 20:12, NKJV)



Moose

While strolling along a wooded trail in springtime, we happened upon a mother moose and her newborn calf. The still-wet baby lay at her feet attempting to stand. We hushed our voices and walked backward, keeping our eyes on the cow the whole time. When we were at a safe distance, we turned and hastily removed ourselves from the area. We knew that hanging around to get another glimpse of the calf could provoke an attack from its mother.

I had never realized the fierce reputation of mother moose until we lived for a while on the East Coast. I suppose the reason that moose have had so many violent encounters with humans there is that their habitat is under more pressure from human encroachment than it is in the less-populated parkland area where I grew up.



Think about it.

In God's original plan, all creation was at peace. Since sin has come in, parents have had to be on the look-out for potential danger to their children. Normally gentle mothers, like the cow moose, have had to become fierce to ward off threats to their offspring. What dangers do your parents protect you from? Do you cooperate with them? Try to be sensitive about their concerns.



Do it.

Talk to a conservation officer or naturalist, or visit a wildlife refuge in your area to find out what animals in your area are suffering from loss of habitat. Ask if there is anything you can do to help.

the veil of multiculturalism

In 1979 Former Prime Minister Joe Clark once quipped that Canada was “a community of communities.” Today, more than ever, that is an apt description of our country.

by Barry W. Bussey

In 2003, Statistics Canada published an ethnic diversity survey showing that only 21% of the population was of British-only ancestry and 8% were French. That is remarkable when you consider that at Confederation the population was about 80% British and 20% French. Immigration is at an all-time high even as Canadian-born citizens try to keep up in spite of a declining birth rate.

Since the 1970's, the federal government has adopted a policy of multiculturalism. In 1982, the Charter of Rights proclaimed that it should “be interpreted in a manner consistent with the preservation and enhancement of the multicultural heritage of Canadians.” In 1988, the Multiculturalism Act—which attempts to preserve the culture and language of immigrant groups, reduce discrimination, enhance cultural awareness and understanding, and promote cultural sensitivity in federal institutions—was passed. We are the only country to have such a law.

Many have written in support of and in opposition to our multicultural policies. Among them is Janice Stein, whose article in the September 2006 issue of the *Literary Review of Canada*, questions, among other things, “[t]o what extent will the state, in the service of the freedom of religion, continue to allow churches, synagogues and mosques the right to exclusive interpretation of religious law when they have an impact on fundamental rights of Canadians?” This question and Stein's discussion of it causes me to enter a commentary of my own.

Ms. Stein argues that religious communities must hold to the “universal human rights that we treasure” and that the treatment of women by some religions ought to be challenged. For instance, some traditions require that women be separate from the men in religious services; they do not have a vote in the internal matters of their faith community, and so on. This she finds objectionable. She wonders whether government benefits like charitable tax status should be

granted to these discriminatory communities.

Stein advocates a multiculturalism that is “deep,” that builds bridges between cultural groups. “We have to make explicit the contradictions between cultural and religious traditions and the rule of law in Canada, when such contradictions exist,” she argues. “We have to begin the uncomfortable and difficult discussion of conflict among values and work very hard to find an appropriate balance.”

Anytime there is a call for religious communities to surrender their religious beliefs to a state ideal, I get nervous. There can be no denying that there are some radical religious communities—those that slam planes into buildings for instance—with which the state must interfere for the good of society. Other than in these extreme cases, we have to be loath about giving the state open access to the internal workings of religion. One can only imagine the immense project it would be for government to scrutinize the internal affairs of faith groups around the country.

If a member of a religious community no longer believes in the “discriminatory” teachings of his or her faith, they are, of course, free to go. Some may argue that such a solution is too simplistic, that in some communities “free to go” means having no further contact with family—a shunning. And they would be right. Such a case is unfortunate—even tragic.

However, society cannot compel a faith community to alter its worldview. That would be preposterous. It would reject the lessons we learned from the fires of persecution in Europe during the Reformation and more recently in various communist regimes. If we have learned anything in our modern age, it is that religious liberty is the cornerstone of our civil liberties. Forcing a “multicultural” model that does not recognize such historical realities would be courting disaster. ■

Barry W. Bussey is General Counsel and director of Public Affairs for the Adventist Church in Canada. bbussey@sdacc.org



Finding God ...right across the street

There are no coincidences in life. God uses every moment He can to woo us into His arms. God also has a great sense of humour and must laugh many times over as He uses certain circumstances to restore His children into His family. Dave and Nanisa Perry have joined God in laughter a number of times as He led them to join His family through the New Life church in Oshawa, Ontario.



Dave and Nanisa Perry with Pastor Campbell Page

Both Dave and Nanisa had strong Christian influences in their lives from childhood, and as they grew up those influences remained and church continued to be a priority. After they married, they attended a number of churches together, but one was problematic for Dave and led to a cooling off in his Christian experience. That church was into the “prosperity gospel,” and Dave remembers going along with that thinking for a while. But, when debt continued to rise in spite of his extreme faithfulness to God financially, he began to have serious doubts. Finally the decision came: “Nanisa, we don’t need to be in a church to worship God; let’s leave and have God at home.” That decision lasted six years during which Dave, who says he had never really made a full surrender, fell farther away from God than he had ever been in his life. Finally, frustrated and aware that he needed God back in his life, Dave made up his mind to return to church... under a few conditions which he carefully spelled out for God. First, he wanted a large church in which he could remain anonymous. Second, he didn’t want to be involved in any ministries, especially not community services. Dave laughs about his presumption today.

In July of 2005, after remaining faithful in her own relationship with the Lord over the six years without church and putting up with Dave’s antics and conditions throughout that time, Nanisa finally said, “Look, there is a church across the street; if you’re serious about doing all this again why don’t you just go see what they believe?” Nanisa’s practical suggestion made sense, so, a few days later as God looked down and chuckled, Dave walked into the church following the Sabbath service, talked with the pastor, connected with some members and began faithfully attending the New Life Seventh-day Adventist Church... a small-ish church where anonymity is impossible and service to the community is a main focus.

Dave became very involved with serving the citizens of downtown Oshawa through the New Life Neighbourhood Centre, but Nanisa remained aloof, not at all convinced to try the church across the street. One day, Dave was invited to help at the monthly pancake breakfast. Unaware that the intended

guests were community members in need, Dave encouraged Nanisa to go with him, have a bite to eat, and meet some church members in the casual breakfast setting. Nanisa, having just come through some grueling treatment for cancer, finally agreed to go. “It’s a pancake breakfast with some church folks,” she reasoned. “I’ll go, say hi, enjoy the food and go home. No big deal.”

That Sunday, thinking Dave and Nanisa were new volunteers, the busy breakfast director unceremoniously put them both to work. Dave ran in and out of the kitchen with food while Nanisa entertained some choice thoughts about her husband as she stood flipping nearly 600 pancakes all morning long. Tired and worn out, they went home that day with the realization that God had intentionally placed them across the street from a church they could call home.

After that, Dave and Nanisa began attending New Life church together every week. Convicted of the Sabbath truth even before coming to New Life, they began studies with Pastor Campbell Page and, in March 2006, Dave Perry rejoined His Saviour’s family by baptism and Nanisa, having always remained faithful to her Saviour, pledged herself to Him through her profession of faith.

Having fun all the way, Dave and Nanisa have become important catalysts in the prayer revival and renewal taking place at the New Life Seventh-day Adventist Church. Nanisa is now Director of the Neighbourhood Centre, and Dave, with his trademark smile, has fallen in love with helping those who need a little extra hand up. Both have become disciples helping others to know the love of Jesus Christ. ■

cover story

Christians and Climate Change:



For over 30 years I have taken my CUC science students to the Athabasca Glacier in Jasper National Park. Each time I go, the glacier has melted farther and farther away from the parking lot. The increasing distance is not merely an annoyance; it's a frightening indicator of what is going on with the world today. Even though news broadcasts are filled with stories about global warming and climate change, it can be a challenge to get some straight answers to even the most basic questions.

What is the climate?

Properly defined, climate is the average condition of the weather over a period of many years. One complication in answering the question of whether climate change is real is the existence of regional oscillations—climatic changes that swing back and forth over a period of many years. In Eastern Canada, the North Atlantic Oscillation (NAO), is responsible for up to 50% of the variation in winter temperatures in Quebec and the Maritime Provinces. The severe ice storm of January 1998 that affected much of eastern Canada occurred during a negative NAO phase. In Western Canada, the North Pacific Oscillation (NPO), shifts between warmer and cooler winters. These shifts occur at 20- to 30-year intervals and make a big difference to plants and animals. For instance, mountain hemlock grows and survives best with warmer temperatures and reduced snowpack. Elk thrive under these conditions as well. Flowering of plants and survival of seabirds has also been shown to

be affected by this climatic variation. So, over the span of decades, all over Canada, we have had alternating cycles of warmth and coolness, rain and less rain.

If the climate is always changing, what's the big deal now?

Our climate is naturally dynamic—constantly changing. If we look farther back into history, we learn about the coolness of the Little Ice Age (from the 14th to the mid-19th century) and the warmth of Medieval Warm Period (from the 10th to the 14th century). Farther back, we can see even more extreme changes. What is unusual about climate change today is that it is the result of human activity, not nature alone, and that it is changing far more quickly than it has in the past.

What is causing today's climatic warming?

One cause, often mentioned in the media, is an increase in the atmosphere of gases such as carbon dioxide and methane. Called greenhouse gases, they have a remarkable ability to absorb heat, preventing the Earth from cooling—analogue to glass in a greenhouse. Thus, increasing the amount of greenhouse gas in the atmosphere—by burning fossil fuels or by deforestation, both of which we are doing at an alarming rate,—has made the Earth warmer. Carbon dioxide has increased in the Earth's atmosphere about 36% since the

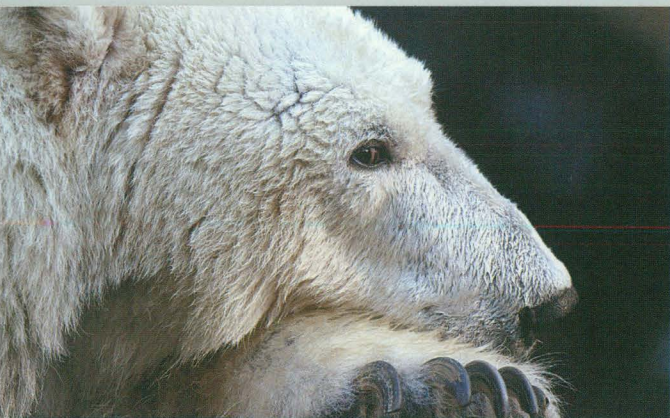
Should We Care?

by Bruce Buttler

beginning of the Industrial Revolution (with most of the increase since 1945). Meanwhile, the Earth's climate warmed about 0.6°C. Computer modeling suggests that the temperature will increase another 1.4°C to 5.8°C based on our current trends.

Is global warming really a bad thing? Who likes the snow and cold anyway?

Climatic warming is expected to be greatest in northern continental regions. For the last few years there have been record low levels of ice in the Arctic. Less ice is good for those who have an interest in commercial traffic using the Arctic Ocean, however, for Arctic seals, the loss of ice will



reduce the availability of areas for feeding and breeding. For the polar bear, reduced ice will reduce their opportunity for hunting seals. Lowered seal populations will result in lower populations of polar bears. Are we ready to say good-bye to polar bears?

Another challenge is how climate change

will affect us as individuals. Increased global temperatures will increase heat-related illnesses and deaths, but this will not be the major concern for Canadians. Rather, we're likely to be concerned with the impact on our freshwater resources. Worldwide, glaciers are decreasing in volume (including my beloved Athabasca Glacier). Glaciers constitute large freshwater resources that will be missed by those that live near them. Canadian water and sewage treatment systems were designed to operate within previous levels of precipitation, ambient temperature, snow cover, snow melt, and water levels. Climate change will increase the entry of pathogens into our water systems which, in turn, has the potential to make our water less safe.

Climatic warming is expected to increase extreme weather; there'll be more tornadoes, hurricanes (think of Katrina), and floods in various parts of the world. This places an even higher demand upon ADRA and other relief agencies, especially since the impacts fall disproportionately on the poorer regions of the world. For instance, there are 110 million people living in floodplain areas in Bangladesh. Since 1900, the increase in sea level appears to be 2 or 3 millimeters per year. This, plus increased rainfall and extreme wind, will increase flood magnitude and frequency not only in Bangladesh but in many parts of Asia, Africa, and Latin America. Meeting needs will require preparation by governments and individuals. Improving warning systems and evacuation procedures (as well as stockpiling food and

other necessities) takes time and expertise. Individuals will need training to be able to help.

Globally, we could see the spread of infectious diseases. Floods increase risk of disease from water-borne pathogens, insect-borne infections, and snakebite. Children in flooded conditions are especially at high risk and suffer from respiratory infections, skin allergies and gastro-intestinal illnesses. But floods are not the only concern; in certain countries, the timing of epidemics correlates with climatic oscillations. There will be an increased need for disease surveillance and public health education.

Where climate change reduces rainfall and thus crop yield, there will be increased malnutrition and starvation. The spread of deserts is due, in part, to climate change. In parts of Africa there has been a decades-long reduction in rainfall.

In Canada, climate change will affect different areas differently. Drought stress will make it harder for spruce and aspen to grow, increase forest fires and amplify insect infestation. These three factors will have an impact on our forest industry. Higher temperatures and increased evaporation in the Canadian prairies will increase the frequency of drought conditions for farmers. Increased sea level will threaten low-lying areas of both Atlantic and Pacific coastal areas during the increasingly frequent storms. In the Arctic, the gradual melting of permafrost will destabilize land. Those buildings and pipelines built on permafrost will need reengineering. Meanwhile, a warmer and drier Ontario and Quebec will see the water levels of the Great Lakes decreased up to a meter and the flow of the St. Lawrence River reduced by 20%. Not only will shipping be affected, but also the hydropower industry.

Why should I care about the earth? Jesus is coming soon.

The challenge to Seventh-day Adventists is to allow themselves to be inspired and awed by God's creation. Scripture tells us that nature is to be listened to, that it does the work that we often neglect: "The heavens declare the glory of God; the skies proclaim the work of His hands. Day after day they pour forth speech; night after night they display knowledge. There is no speech or

language where their voice is not heard. Their voice goes out into all the earth, their works to the ends of the world" (Psalm 19: 1-4a). That nature reveals God to humankind cannot be argued. The Bible further states it thus: "For since the creation of the world God's invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made (Romans 1:20)." If God's invisible qualities are connected to nature, surely abusing God's creations, be they polar bears or glaciers, is inappropriate.

So how can Canadian Seventh-day Adventists be part of the solution? There are many areas that each of us should address:

- Reduce your use of automobiles; walk or ride a bicycle when you can. It is better for your health and for the planet. Use public transportation or car pool whenever possible. When purchasing vehicles, buy energy-efficient models.
- Turn off electric lights when they are not in use. You'll save money and burn less fossil fuel.
- Lower the thermostat when possible, too. If possible, install a programmable thermostat.
- When buying appliances, energy efficiency should be a key criterion.
- When building a new home, build them so that they require less air conditioning or heating. Planting shade trees or using more solar radiation will save money and reduce energy use. Recycling and using new technologies help reduce emissions and conserve resources as well as reducing energy use.
- Reduce the amount of household and office waste you generate. Reuse what you can. Recycle what's left.
- Compost your kitchen waste. You'll not only reduce the demand you place on landfill sites but also grow bigger and better fruits and veggies in your garden without using chemical fertilizers.

"Christian" nations such as Canada and the United States consume disproportionate amounts of the Earth's resources, failing to realize that the concept of stewardship includes a reduced level of materialism and consumerism. If we seriously want to honour God by tending to what He has given us, we will stop the destruction we are wreaking upon our planet. The earth won't have to pay for our excess, and I won't have to keep on walking farther and farther to see the Athabasca Glacier! ■


Bruce Buttler is the Chair of the Division of Science at Canadian University College.




Editor's Picks

- Think you're pretty environmentally responsible? Take the Earth Day Footprint Quiz to measure just how big an impact you really have on Earth's resources. www.myfootprint.org
- Get a wake-up call by watching Al Gore's documentary, *An Inconvenient Truth*. Don't expect the flash and polish Hollywood usually delivers; Gore let's the facts speak for themselves, and they don't sound happy!
- If you still can't quite visualize the impact we make on the globe, go to www.breathingearth.net and really try to absorb what you are seeing there. Let it change the way you live.



Valentine's day—a day of homage to romantic love. chocolate-shaped hearts, extravagant displays of affection, declarations of undying love... 



*In Pursuit
of Romance* 

by Janice De-Whyte

Yet, behind the red roses and Belgian chocolates, the sacred love poems and public promises of requited love, there are unnoticed people experiencing private emotional turmoil. It would be easier to quote statistics and data than to share some of the thoughts and feelings that make the sharer vulnerable and everyone else uncomfortable. But, statistics and data sometimes hide, rather than illuminate, the reality of the situation. We get comfortable thinking of people as numbers instead of our neighbours: the brother you sit next to in church, the pastor who leads your congregation, your best friend. Perhaps even you. Everywhere you look, there are single people—even single Seventh-day Adventist people—who are lonely and looking for someone to love.

Whether you are an unwilling passenger on the singleness journey or you have a friend or family member that is in pursuit of romance, you might be well served to consider the following advice this Valentine's day:

Beating yourself up? Having been in college for the last four years, I have seen my share of Valentine's days and attended several Valentine's banquets. I know that people¹ really beat themselves up about being single when it comes to Valentine's day—suddenly the world has come to an end and the year (which only recently started) is not worth living anymore! Too many people believe that romantic love gives one identity and security, that it validates one's acceptability and desirability. Dare to challenge these beliefs.

No more clichés, please! Single people don't want to hear clichés anymore, yet that is what they are offered at every turn: "Don't worry, I was once where you are now"² or "Don't worry maybe next Valentine's day will be different." And even worse than the empty words is the thoughtless and insensitive way in which they often are delivered. Clichés often times contain nuggets of truth and so can't easily be ignored, but the way we communicate them can make the difference between them being a source of irritation or a source of encouragement.

Pity Parties: It's a fact that there are single people who are prone to hosting or accepting invitations to pity parties. These parties are usually planned on the spur of the moment, but you can be sure that there are several you can choose from around Valentine's Day. At these parties you are likely to hear refrains of "Lord, Why Don't I have Someone Special When Everyone Else Does," "Romance is Dead Anyway" or "There are No Decent Men/Women in the Church Anymore." In spite of the singing, or perhaps because of it, everyone leaves the party sadder than when they arrived.

Especially as Valentine's Day approaches, why not encourage single people to get involved in the family life of the church. Or maybe throw a party in honour of them, because aside from being single, they are also people with beautiful gifts and personalities that need to be celebrated and encouraged.

"Couples only, please" attitude? It would be naive to pretend that our church is always 'single friendly.' It is not unusual to find a 'couples only'

attitude in certain contexts. Singleness can be uncomfortable for non-singles and for singles, as well. I suppose the only way to get comfortable is to keep addressing the issue until the members of the church feel more comfortable about opening up and reaching out.

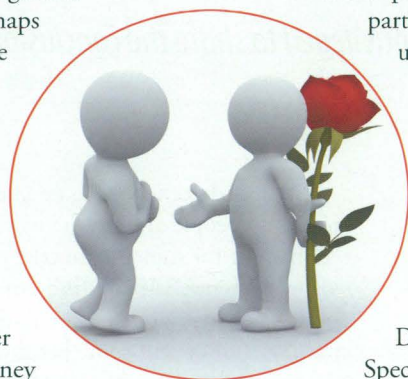
In Pursuit of Romance

Valentine's Day touches single people in part because it reminds us, happily or not, that we are made to love in various capacities and different depths. We know it's true because God is Love³. Perhaps the pursuit or desire for romance at Valentine's reminds us that we were made in God's image; to love not only in the romantic sense but in the complete sense. "By this we know love, because He laid down His life for us. And we also ought to lay down our lives for our brethren" (1 John 3:16). The fulfilment of loving our brothers and sisters is the new relationship that we should long for with as much energy as we do a Valentine.

What if in our relentless pursuit of romance we were missing the divine pursuit and also the pleasure of sacrificially serving our brothers and sisters? In a romantic season, that is a not-so-romantic thought!

By loving others, we begin to find romance in our lives. Perhaps not the one imagined or prayed for at a specific time, but the divine one in which we hear God's heart and respond by loving our brethren because we know that in doing so we show God that His Love is not unrequited. ■

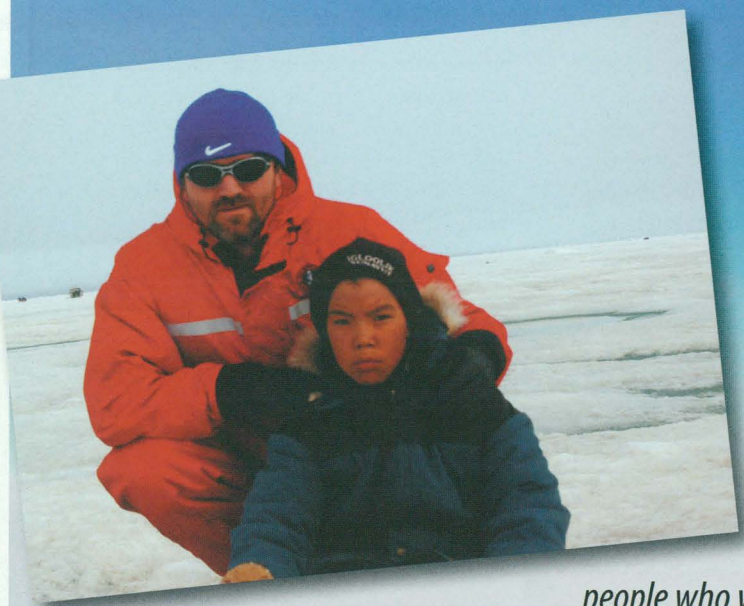
Janice De-Whyte is a senior Theology student at Newbold College in England. She previously studied at Canadian University College



1 Isn't it strange the way that we use the word 'people' even when we know we're talking from our own past personal experience? If you are reading this try substituting the third person with yourself!

2 Usually said in a pretentious sympathetic tone with undertones that shout 'yeah and I sure am glad that I ain't in your place anymore!'

3 The Holy Scripture writes the romance so well and depicts the reality of God pursuing people; John 3:16, Romans 8:35, 38-39



The Arctic, Africa, AND BEYOND

—Part II

Last month we introduced you to Sebastian Tirtirau, a man whose entire life is dedicated to sharing God's love with people in the remotest regions of the world. Already we've received a tremendous response from people who were as interested and inspired by this story as we were. This month, we are privileged to share the conclusion of the interview.

M: *You've been involved in foreign mission work for many years now. Do you have advice for anyone who might be wishing they could get involved in a similar way?*

Tirtirau: My advice comes from my experience, and it's very simple. Before I became a missionary full-time, I tried any possible avenue to become a missionary, but because some of the organizations I applied to are so large and it takes so much logistics to put in motion something like this, it took a long time for them to reply. In this case, many people can be discouraged and disappointed and say "I'm just not going to do anything." But my advice is to believe God by faith, stand up, and go for it.

You will never regret it because when you don't wait on anybody but God, when you take Him at His word and believe what he says, when you step out in faith—He will never let you down. I'm telling you, there is no experience like when you go out to a place where you don't know anything about it—you don't know where you are going to land; you don't know where you're going to sleep that night; you don't know what you are going to eat—God shows you step-by-step something and you pass through some experiences that will change your life forever. And the results and the success and the blessing you're gonna have out of this will never be traded in for anything else.

So my advice to young people—and I do speak to young people around the world—I tell them all "don't wait for someone to take your hand and say 'come with me.'" If you find out that there is a mission, a need, go out there by faith. Don't wait for money; money will come because if God wants you to do something, He will provide money. Don't wait to have all your debts paid. Don't wait to have your life perfect before you do missions, because your life will never be perfect. You have to do it when you see the need and when God tells you to do it.

M: *You mentioned that some people might get discouraged if a mission organization can't use them right away. But you didn't. And you've been through so many other terrible ordeals. Don't you ever get discouraged?*

Tirtirau: Oh, no. For some of these experiences, you come—because we are all human beings—you come to sometimes doubt that God called you to this. Especially in the places where I go—so remote and so primitive and so dangerous. You know, I almost drowned in the Amazon River one night at 11:00 at night. So, in all this you kind of wonder "why didn't I become a trucker?" But the more you listen to what God is trying to tell you and the experiences He's gotten you through, the more you realize that you cannot do anything else but what He's called you to. You know, I wouldn't trade this for anything.

I was a pastor for 5 years, and I had a great time. I tell you what, the greatest times in my life were when I was a pastor. But the need that I saw around the world in places where there are millions of people without even one Christian. In Africa, you travel maybe a thousand miles before you find even one Christian. In many places, in the Kalahari and so forth, you can go village after village after village and nobody ever heard what Jesus did. While I was a pastor in Calgary, for example, we had 5 or 6 pastors in our church. Then I heard of churches in the US where they have 9 or 10 pastors in one church! Well, Namibia, for example, has 3 pastors in the whole country. So in the balance it's a little unfair. But the way I know these primitive cultures, the way God called me through my prison experience in Romania—being beaten and so forth—all these experiences help me realize that God trained me physically, mentally and psychologically for a mission nobody else wanted to do. So that's why I decided to never give up on it.

That doesn't mean that we have no challenges, no problems and so forth. Satan does not want this work to go forward, so we face a lot of struggle. But, at the same time, I see a lot of people who become Christian, believe in Jesus and are saved.

M: *And that's really what it's all about, isn't it?*

Tirtirau: Definitely.

M: *Before we finish, could you please tell me more about the Pilgrim's Relief society that you started? Why do you have a separate society? Why not work through ADRA or Global Mission or another similar organization?*

Tirtirau: Because the work I do is done by no one else. And because I work with so many non-Adventist denominations and organizations. We needed to have a forum, an organized way of processing the donations and of giving tax receipts. I could never have done it, for example, if a Baptist church in Australia wanted to donate \$20 000 for a mission. They do not accept that the donation go through an Adventist church. No, I had to have a non-profit organization that would deal with it while at the same time remaining distinctly Adventist because everybody around the world and everywhere I go knows that I preach the gospel according to the Seventh-day Adventist Church. I baptize people into the Seventh-day Adventist Church, everybody worships on Sabbath and so forth.

So this was the only reason I started this. I started it while I was still a pastor in Calgary. I discussed with my leaders and authorities in Alberta and there was no problem. And it is not a problem now in my relationship with It Is Written, the General Conference, Global Mission and so forth because they realize that this kind of work is not done by Adventist forum so we need a different type of organization.

For ADRA, ADRA did not exist in Namibia before we went there. Now there is an ADRA office there. But at the same time, the places I reach are so remote, and ADRA actually is designed more for disaster relief while I go to places where there is no disaster other than poor people. So my difference from ADRA is that my main purpose is to preach the gospel, then create water systems and give them blankets or build clinics and so forth like ADRA does. So I have a great relationship with ADRA International, ADRA Africa, ADRA South America and so forth. We work closely in some of the projects. For example, ADRA UK sponsored some of about 10 water projects in the Kalahari last year. So there is no problem in any of this except that from an organization point of view we needed to have Pilgrim's Society to deal with the remote tribes and with the non-denomination donations.

M: *Lastly, tell us how the Society operates. Where are your offices, your staff, and such?*

Tirtirau: Actually, the headquarters are in Canada [Montreal]. We also have a branch in the US, one in Australia, and one in Europe. We have a Board of Directors in each country that deals mainly with the money. We have an annual general meeting in which we say which projects we did, what we want to do next year, and so forth. We have no buildings; I work from my basement. It's a virtual society mainly, because all that is done through the website—that's how the word has gone out anyway. We have no buildings, no secretaries, no overhead basically. I am the only one full-time. Pilgrim's Society is paying the lay pastors that we have right now in the Kalahari desert, from the local people, the Bushmen. And that has kept the Society going through many, many projects and doing so much, because we stand on God and nothing else. ■

Please visit the Pilgrim's Relief Society at www.pilgrimsociety.com for reports on their many completed and ongoing projects, lots of fantastic photos, and to find out how you can lend them your support.



The Choral Union performing at the College Heights Seventh-day Adventist Church

Music for Life

Charity Alcaide, a first year Elementary Education major from Vancouver, British Columbia, exits the cafeteria and leaps up the steps leading toward West Hall and the choir room. With CUC and PAA Choral Union rehearsals at noon each day, grabbing lunch is always a struggle. I asked Charity, “With classes and homework already crowding a college student’s busy life, why would you give up lunch to sing in the Choral Union?” She replied, “I have a passion for getting involved with people and ministry. Performing has helped me open up new opportunities and meet new people. My college experience is not just school and homework; it’s also defined by getting involved with people in ministry and music.”

For Charity, a balanced university life includes time for academics, ministry, friendships, and music. Aside from the

Choral Union, Charity is also a part of the CUC Chamber Singers and two student-led singing groups: BlessED and Passion in Praise. She admits that balancing all her activities is a work in progress. However, she has gained so much from getting involved in music that she feels that it has to be a part of her life.

Many students have, in fact, come to a similar conclusion and, as a result, there are now many student-led musical groups on campus. It’s a way for many to unwind and connect with friends and with God. Ian Bramble, a fourth-year Religious Studies major from Mississauga, Ontario and director of Passion in Praise puts a tremendous amount of energy into the leadership of that group. He says, “I helped start Passion in Praise because I knew that people want to be excited about God, to be in a relationship with Him, and

to praise Him. And one of the best ways to do that is through music. People are ready to do all that through music.”

Music is a big part of the CUC experience. A healthy university experience should be well rounded, and music helps many to balance the social and spiritual aspects with all the others. “The value of song as a means of education should never be lost sight of. Let there be singing in the home, of songs that are sweet and pure, and there will be fewer words of censure and more of cheerfulness and hope and joy. Let there be singing in the school, and the pupils will be drawn closer to God, to their teachers, and to one another” (Ellen G. White, *Education*, chapter 17). ■

JR Ferrer is the Communications and Public Relations Officer for Canadian University College

Kingsway College Hosts Successful Fun(d) Dinner

On Sunday, November 19, 2006 Kingsway College hosted our annual Fun(d) Dinner to raise money for the Worthy Student Fund. This traditional event combines the elements of food, entertainment, and fundraising to help families who would not be able to enroll their children at Kingsway without this financial assistance. Approximately thirty students are receiving these scholarship funds for the 2006-07 school year.

This year, as guests entered the King Fitness Center, they noticed that it had been transformed to reflect the theme—“Oh Canada! Coast to Coast.” From the fishing boats and seagulls of Newfoundland to the wheat fields of Saskatchewan, from the snowshoes and golden nuggets of the Yukon Territory to the Muskoka chairs of Ontario, each province was represented in some tangible way.

Guests were treated to a complimentary buffet dinner, followed by entertainment showcasing the talents of Kingsway’s four touring groups: the band, choir, drama group, and Aerials gymnastic team. Throughout the evening, the ongoing silent auction provided some good-hearted competition, all for a good cause. Many alumni, friends of Kingsway, and local business owners generously gave of their time, goods, and services to add to the items at the auction tables. Everything from car washes, breakfasts-for-two, furniture, airplane rides and hockey tickets was up for bids. After a couple hours of action and several bidding wars, the crowd counted down to the end of the auction.

We praise God for the blessings of the evening! Almost



The King Fitness Center was transformed into a canopy of Canadian colors to celebrate our heritage “coast to coast.”

\$21,000 was raised that evening, allowing us to continue assisting students financially at Kingsway College. Thank you for partnering with us in supporting Christian education, and thank you to everyone who put the “fun” into Fun(d) Dinner! ■

parkview perspective

PAA Panthers Travel to Walla Walla

Each year many of the Adventist academies in Western Canada and the United States travel to Walla Walla Washington for a weekend soccer/volleyball tournament.

This is a great time for academy age students to have some friendly competition and meet new friends. PAA is happy to send its teams to participate in this event, and is one of only two Canadian high schools to do so. ■



PAA Panthers (girls team) with their coach, Rod Jamieson



PAA Panthers (boys team) with their coach, Alistair Atherton

CHALLENGE FROM THE GC PRESIDENT



Dr. Jan Paulsen, General Conference President

Jan Paulsen, President of the General Conference of Seventh-day Adventists, addressed an international gathering of some 250 theologians and church leaders in Turkey. Included in Dr. Paulsen's remarks was this challenge:

"Another important marker for the church is our engagement with the plight of the poor, the ill, the refugees, and the disenfranchised. This must be a clearly visible value on our mission agenda, because without this engagement it is reasonably certain that we have lost our way. The Lord's comment that "the poor you will always have with you" (Matt. 26.11) may have sounded like an aside about a sad reality, but Christ made it clear that He will hold us accountable for how we deal with those whose needs are greater than they can handle themselves (Matt. 25.31—46)."

Through service, the church demonstrates that mission is more than the spoken word, that there is continuity between making life better for people here and now and preparing them for eternity. (Quoted from *Ministry*, September 2006, p.22)

Challenging, But Not Hopeless

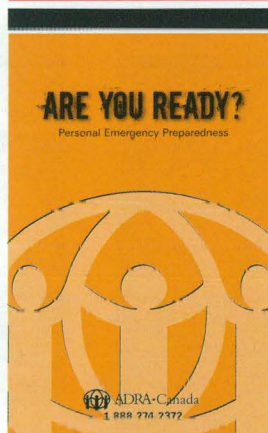
A child dies every three seconds because of extreme poverty. However, poverty is not inevitable. It is not acceptable. The reasons why some regions of the world are poor may be complicated, but it is possible to address these issues, to make improvements and to end poverty.

The technology available to the world today means there is no reason for anyone to go hungry, suffer or die from preventable diseases, work for inadequate pay or remain illiterate.

ADRA Canada works with partners in the ADRA network to assist communities to develop sustainable projects and build their capacity to break the cycle of poverty. ADRA Canada also works to provide immediate relief in the event of disasters.

We believe in the dignity of all people, and in their right to determine the course of their own lives. No one wants to be poor. Everyone wants a chance to build a better life for themselves and for future generations.

If we have the will to act, we can make poverty history.



Are You Ready?

Preparedness is not just something for Asia or Africa! ADRA Canada's National Program has prepared a booklet entitled "Are You Ready?" to help you, your family and your community be ready for when a disaster strikes. Get your copy, or additional copies, from ADRA Canada today! ■

Contact ADRA Canada at www.adra.ca to obtain your copy of this important planning guide.

Maritimes

Great Things are Happening at Sandy Lake Academy!

Under the direction of Gina Walker, grade 4-6 teacher, SLA students from primary to grade 12 filled shoeboxes with a variety of small gifts for children up to age 14 for Operation Christmas Child, an important goodwill project operated by the Samaritan's Purse organization. Families and church members in the local area also sent filled shoeboxes to the school for the project. With everyone's participation, 85 shoeboxes were sent away to needy children in other countries. The students and teachers had special prayer and asked God to direct each gift to where it is needed the most. What fun it was to buy the gifts and show Christian love and care and to be thinking about others during the Christmas season!

In another important outreach project, October 31 saw several groups of students going to neighbourhood homes not to get treats but to collect food items for the Parker Street Food and Furniture Bank. This was organized by our newly-instituted Chaplaincy team—a group of volunteers who organize community outreach activities for our students. Almost 800 food items were collected for the less fortunate citizens of the Halifax area. What a privilege to help! Each student who took part was excited to participate and grateful for the interest shown by the various families visited. ■



Students display the shoeboxes they filled with gifts for Operation Christmas Child.



Instead of asking for treats on Oct. 31, SLA students went door-to-door collecting food for the Parker Street Food Bank.

Ontario

Malton Evangelism

What joy there was at the Malton Seventh-day Adventist Church during the month of September! The church enjoyed a fresh outpouring of the Holy Spirit during the “Celebrating Jesus” series with Pastor Levi Johnson, Executive Secretary of the Central Jamaica Conference. As preparation for the meetings, the church embarked on a thirty day prayer and fasting program. By the week before the start of the meeting, members were excited and ready for something miraculous to occur—and it did; from the 250 non-Adventists who attended the meetings, 24 were baptized and two more became members by profession of faith. Please join us in praying for these new members. ■



The newly-baptized members of Malton Seventh-day Adventist Church.

Alberta

Death of Well-Known Teacher and Educator



Dale Arthur Bennett, born in Halifax, Nova Scotia on July 24, 1965, died suddenly on August 7, 2006 as the result of a tragic highway accident in British Columbia.

Dale's life started out with two loving parents, with God as center in their lives, setting the tone of the next 41 years.

Dale graduated from Sandy Lake Academy in 1982. He

attended Mount Saint Vincent University attaining a Bachelor of Science Degree and Dalhousie University attaining a Bachelor of Education Degree. Dale started his teaching career in 1986 returning to Sandy Lake Academy as teacher, then principal. He moved to Calgary, Alta. in 1990 to teach at Chinook Winds Adventist Academy and continued his teaching career at Calgary Academy. Dale's most recent work experience was as a Senior Physics teacher and professional educator at Calgary's prestigious West Island College whose headmaster honoured Dale at the memorial service by stating that he “placed his students at the center of everything he did.” That he was a faithful and caring educator is evidenced by the large attendance and numerous tributes of his former students at his memorial service in Calgary.

Dale was instrumental in the planning and development of West Ridge Seventh-day Adventist Fellowship, beginning in December 2003. Dale opened his home to provide a comfortable, open, consistent place for people to meet and worship God and fellowship with friends. In January 2005, this group moved to Chinook Winds Adventist Academy where they continue to worship on Sabbath mornings. Dale was a faithful and active member always willing and ready to serve. Since those early meetings in Dale's home, they have grown from 17 to 50 members. The Spirit of God is graciously moving at West Ridge Seventh-day Adventist Fellowship.

The cheerful spirit that carried Dale forward was more than a disposition; it was the optimism of a faithful servant who trusted in God and knew His purposes to be right and true.

Dale enjoyed volunteering for the “People Helping People Outreach Ministry.” He had an unflinching sense of love and service for others.

Dale cared deeply for his family. He was a loving, thoughtful, and caring son and dad. His unswerving devotion to his son Matthew is a memory Matthew treasures.

Dale was predeceased by his son, Seth. He is survived by his parents Arthur and Sheila (Loxdale) Bennett of Timberlea, Nova Scotia and by his son Matthew Bennett, Calgary Alberta.

Dale sleeps in Jesus, awaiting the call of the Life-giver, whom he loved and served. ■

Seventh-day Adventist Church in Canada

Church Mourns Loss of a National Treasure

One of Canada's best known religious leaders, Pastor Henry Feyerabend, speaker-emeritus of *It Is Written*, lost his six-year battle with cancer on Tuesday, December 12, 2006 at his home in Bowmanville, Ont.

Henry's ministry included 11 years mission service in Brazil where, in 1962, he organized and sang first tenor in the Arautos do Rei (The King's Herald's) male quartet heard across Brazil on the nation's number one religious broadcast at the time, *Voz da Profecia* (The Voice of Prophecy).

During his time with *It Is Written*, Henry wrote and produced more than 850 episodes for television in both English and Portuguese. As an evangelist, he used satellite technology to share the gospel with throngs numbering close to half a million on a single night. An accomplished author, Henry didn't complete his latest of more than 40 books, but his courage and joy in the face of pain and loss has inspired millions to look toward the ultimate cure with hope; though he had great appreciation for science and medicine, there was never a doubt in his mind that the real solution to the tragedies of cancer, pollution, crime and war is the return of Jesus Christ to this earth.

Henry is survived by his wife of 53 years, Emma (Martin) Feyerabend, originally of Regina, SK, and one daughter, Judy Feyerabend, of Elliot Lake, Ont.

Two memorial services were held in Henry's honour, one on Sunday, Dec. 17, 2006 at the College Park Seventh-day Adventist Church in Oshawa, ON and the other on Tuesday, Dec. 19, 2006 at the Zoar Mennonite Church in Waldheim, SK. Henry was interred in the family plot in the Waldheim Cemetery near his childhood home. ■

(excerpted from "Henry Feyerabend Remembered" by Glenn Aufderhar, former manager of *It Is Written*.)



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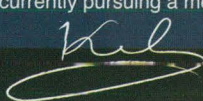
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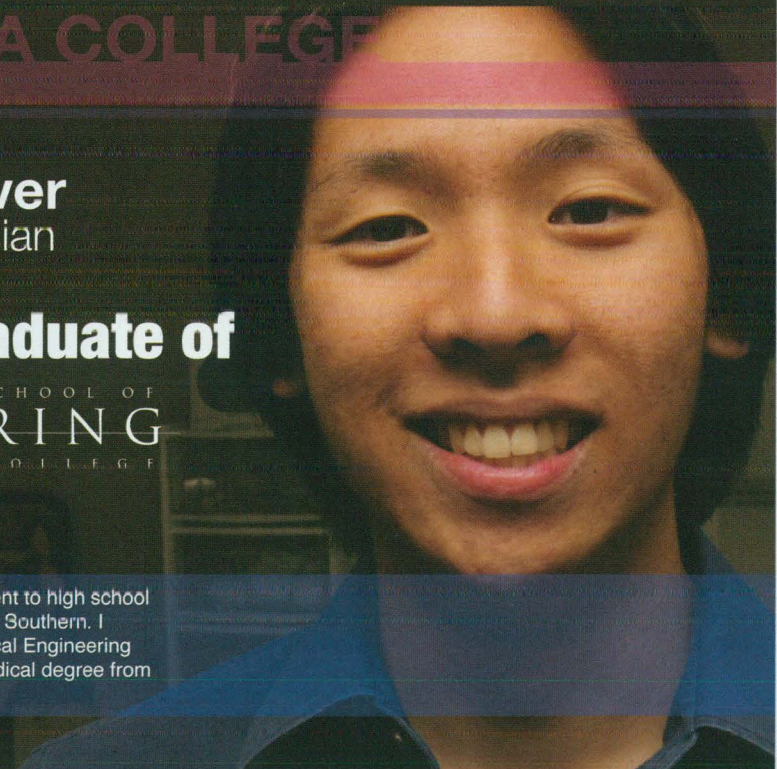
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■ **Announcements**

Kingsway/OMC Homecoming Weekend, May 4-6, 2007—The Kingsway College faculty and Alumni Executive invite all former students and staff to attend Homecoming Weekend on May 4-6, 2007. For further details, visit the Kingsway College website at www.kingswaycollege.on.ca, see your Kingsway Contact, or call Raelene Brower at 905/433-1144, ext. 212. (4/07)

Centennial Celebration—All alumni of Canadian University College and Parkview Adventist Academy are invited to attend a special centennial celebration taking place June 7-10, 2007. Some of the highlights include a heritage walk, parade, bus tours and a concert featuring The Booth Brothers. Mark this date on your calendar and plan to attend this very special 100 year celebration! For more information, please email the CUC Alumni Office at alumni@cauc.ca or phone 403/782-3381 ext.4161. (2/07)

La Sierra University Homecoming 2007 "A Time to Remember" Mar 9-11, 2007. Special invitation to the honour classes: 1927, 1937, 1947, 1957, 1967, 1977, 1982. Sabbath church guest speaker: Elder Jan Paulsen, president of the General Conference of Seventh-day Adventists. Pre-register for all of the Homecoming Weekend activities at www.lasierraconnect.net/NetCommunity. (2/07)

Missing members—The Maritime Conference is looking for the following missing members: Beatrice Janet Church, Robert Crawford, Norman Godin, Dorothy Goodine, Clifford McColl, Judy Roach, Alex Verge, Shane Verge, and Thelma Verge. If you have any information regarding these members, please contact Richard Novlesky at 506/857-8722, or email maritimeconference@rogers.com.

■ **Legal Notice**

Maritime Conference of the Seventh-day Adventist Church Inc.

Notice is hereby given that the forty-sixth Regular Triennial Members' Meeting of the Maritime Conference of the Seventh-day Adventist Church Inc. will be held at the Moncton Seventh-day Adventist Church, 161 Salisbury Rd., Moncton, N.B., starting at 7 p.m. on Friday, Apr. 20, 2007 and ending on Sunday, Apr. 22, 2007 at 4 p.m.

This meeting is called for the fol-

lowing purposes: 1) election of a board of directors; 2) election of a standing bylaws committee and standing finance committee; 3) election of officers and departmental leadership of the conference; 4) consideration of proposed changes in the bylaws of the conference; and 5) transaction of other business as may properly come before a regular members' meeting.

The member churches of the Maritime Conference are represented at this meeting by delegates chosen on the following basis: two delegates from each church plus one additional delegate from each 40 members or major portion thereof.

Delegates who are members of the Organizing Committee are asked to meet at the place of the session at 5:30 p.m. AT on Friday, Apr. 20.

*Dr. Ken Corkum, President
Richard A. Novlesky,
Secretary-Treasurer*

■ **Births**

Noah Christopher Bakker was born Nov. 24, 2006 to Trevor and Chelsea Bakker of Langley, B.C.

Marica Marie Casey was born Nov. 23, 2006 to Jeremy and Vanessa Casey of Titusville, N.B.

Gavin Anthony Carpenter was born Oct. 20, 2006 to Troy and Debbie Carpenter of Saint John, N.B.

Adriel Jonathan Martin was born Sept. 16, 2006 to Jonathan and Hilary Martin of Moncton, N.B.

Nathaniel Charles David Wilson was born Oct. 18, 2006 to Dan and Tracey Wilson of Mount Uniacke, N.S.

■ **Weddings**

Michelle Fournier and Yuliyán Petrov were married Oct. 15, 2006 in Berwick, N.S. and are making their home in London, England. Michelle is the daughter of John and Janice Fournier, and Yuliyán is the son of Stoyan and Pepa Petrov.

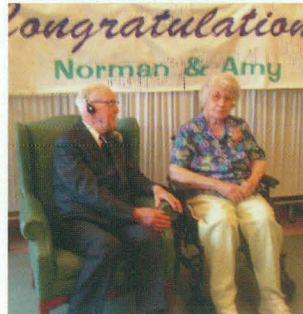
■ **Anniversaries**

Bob and Donna Russell of Oshawa, Ont. celebrated their 50th wedding anniversary with family and friends on Aug. 20, 2006 at a lovely Bed and Breakfast in Oshawa. Married in Worthington, Ohio one year before graduating from Columbia Union College, they went on to teach, nurse, and present health education at such places as Kingsway



College, North York Branson Hospital, Kettering College of Medical Arts, Kettering Medical Center, Takoma Adventist Hospital, Kent County Health Department, Walters State University, and Grand Valley State University. They have two children: Greg Russell of North York, Ont., and Stephanie (David) Bursley of Aurora, Ont.

Norman and Amy White of Chilliwack, B.C. celebrated their



50th wedding anniversary on April 13, 2006. They were married in Victoria, B.C. and have lived in various places on Vancouver Island and the Lower Mainland of B.C. The Whites have one daughter, Leona Taylor of Glendale, Calif.; two grandchildren and four great-grandchildren.

■ **Birthdays**

Rose (Baba) Nawalkowski celebrated her 100th birthday on Dec. 19, 2006. She and her husband, John,



homesteaded on a mixed farm in the Rackham and Sandy Lake, Manitoba areas. They raised seven children,

countless farm animals, and tons of garden produce.

Baba's major claim to fame is the 173 afghans she made during her retirement years—most given to family or donated to charity.

Baba's eyesight is very limited, but her vision is keen; she looks forward to seeing Jesus throughout the "endless ages of eternity."

■ **Obituaries**

Dale Arthur Bennett was born July 24, 1965 in Halifax, N.S. and died Aug. 7, 2006 as a result of a tragic highway accident near Kelowna, B.C. Dale was a dedicated teacher and educator. His service was as a teacher, then Principal, at Sandy Lake Academy in Nova Scotia, and then teacher at Chinook Winds Adventist Academy in Alberta. Dale was instrumental in planting West Ridge Seventh-day Adventist Fellowship in Calgary, Alta. Dale was predeceased by his son, Seth. Surviving: parents, Arthur and Sheila (Loxdale) Bennett of Timberlea, N.S.; and son, Matthew Bennett of Calgary.

Walter Bergey was born Aug. 7, 1917 in Naughton Glen, Alta. and died Oct. 29, 2006 in Vernon, B.C. For at least 35 years, Walter served in the Manitoba-Saskatchewan, Alberta and British Columbia conferences. He was a literature evangelist, publishing secretary, Adventist Book Centre Book and Bible house manager, and pastor. His ministry continued through retirement. Surviving: wife, Eleanor; daughters, Karen (Ken) Macdonald, Lois (David) Spangler, and Leanne Topham; brothers, Leslie, Conrad, and Henry; seven grandchildren, and two great-grandchildren.

Myrtle Blize was born Feb. 21, 1920 in Warburg, Alta. and died Nov. 12, 2006 in Ponoka, Alta. She was predeceased by her son Myron, and granddaughter Joanne Blize. Surviving: husband, Harold of Wetaskiwin; son, Wayne (Donna) of St. Louis, Sask.; daughter, Donna (Wayne) Bechthold of Tillamook, Ore.; nine grandchildren, 21 great-grandchildren, and three great great grandchildren.

Loreley E.F. Hordern was born Dec. 19, 1933 in Gympie, Queensland, Australia and died Sept. 27, 2006 in Burlington, Ont. Loreley was a registered nurse and an elder in her church. She volunteered at Grandview Academy in Mount Hope, Ont. and was a board member of Heritage Green Nursing Home in Stoney Creek, Ont.; Surviving: sister, Sesame L. Collins.

May (Robinson) James-Veitch was born May 28, 1904 in Montreal, Que. and died Nov. 9, 2006 in Kelowna, B.C. May served her church as head deaconess and as children's Sabbath school primary division leader. She was predeceased by her husband, Charles James-Veitch, son, Elden James-Veitch, daughter, Constance James-Veitch, and half-sister, Myra. Surviving: son, Quentin James of Florida; half-brothers, Don Robinson, Robert Robinson, and Ashton Robinson; half-sisters, Minnie, Roberta, Grace, and Isabel; and 10 grandchildren.

Dorothy (Thunstrom) Johnston was born Apr. 27, 1912 in Macrorie, Sask. and died Nov. 23, 2006 in Dinsmore, Sask. Dorothy worked a number of years as a staff member at North York Branson Hospital in North York, Ont. She also served her church as a deaconess. She was predeceased by her husband, Harry. Surviving: daughter, Shirley Blanchard; four grandchildren, eight great-grandchildren, and five great-great-grandchildren.

Dora Palamar was born July 28, 1936 in Lowe Farm, Man. and died Aug. 30, 2006 in Edson, Alta. Dora will be remembered for her positive attitude, her wonderful home cooking, and her loving, caring ways. Dora never failed to have sweet treats on hand to share with children of all ages after the church service. Surviving: husband, Hellar; and daughter, Tannis Wilkins.

Marvin Dee Rick was born Apr. 9, 1922 in Airdrie, Alta. and died Dec. 11, 2006 in Aldergrove, B.C. Marvin planned and supervised the building of the Langley, Aldergrove and Hope churches in British Columbia, as well as the addition to Fraser Valley Adventist Academy in Aldergrove. For years, Marvin maintained his home church, laying new carpets, designing new sets for musical dramas, pruning and mowing the grounds, folding the church bulletins, and washing dishes at the breakfast club. Surviving: sons, Gordon (Judy) of Del Mar, Calif., Glen (Carol) of Aldergrove; daughter, Judy (John) Jacobson of Angwin, Calif.; brother, Darol (Phyllis) of Hope, B.C.; sister, Dortha (Ray) McGhan of Edmonton, Alta.; two grandchildren and one great-grandchild.

Audrey Snider was born Dec. 12, 1914 in Emerson, Man. and died Nov. 7, 2006 in Westbank, B.C. Surviving: sons, Erwin, Alvin (Barbara), and Bruce (Pat); sister, Barbara of North Dakota; seven grandchildren, 17 great-grand-

children, and four great-great-grandchildren.

Winifred (Snipes) Duffy was born Jan. 28, 1928 in Gridley, Calif. and died Jan. 1, 2007 in Salmon Arm, B.C. Winifred was a faithful and generous supporter of the church's programs and activities. Surviving: sons, Jack (Pauline) of Surrey, B.C., and Derek (Cathy) of Salmon Arm; daughters, Jean Smith of Sacramento, Calif., and Anita Duffy of Hope, B.C.; brother, Ralph Snipes of Willow Creek, Calif.; sisters, Birtie Gravier of Janesville, Calif., and Shirley Fraley of Janesville; 15 grandchildren and 10 great-grandchildren.

Catherine (Strutz) Zbaraschuk was born Nov. 5, 1907 and died Nov. 2, 2006. She was predeceased by her husband Anthony, and her daughter Agnes Wolfe. Surviving: sons, Edward (Melvina Zary), Dennis (Connie Befus) and Ivan (Ila Russell); former son-in-law, Curtis Wolfe; brother-in-law, Frank (Mary Karpish) Zbaraschuk; sister-in-law, Annie Strutz; 201 grandchildren and 17 great-grandchildren.

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Canadian University College invites applications for the position of Vice President for Student Services, effective Aug. 15, 2007. The appointed individual will have successful experience with young people, and excellent personal and administrative skills. For further information: www.cauc.ca or 403/782-3381 (ext 4147). Résumé to Search Committee (VPSS), President's Office, 5415 College Ave., Lacombe, AB T4L 2E5 or search@cauc.ca. (2/07)

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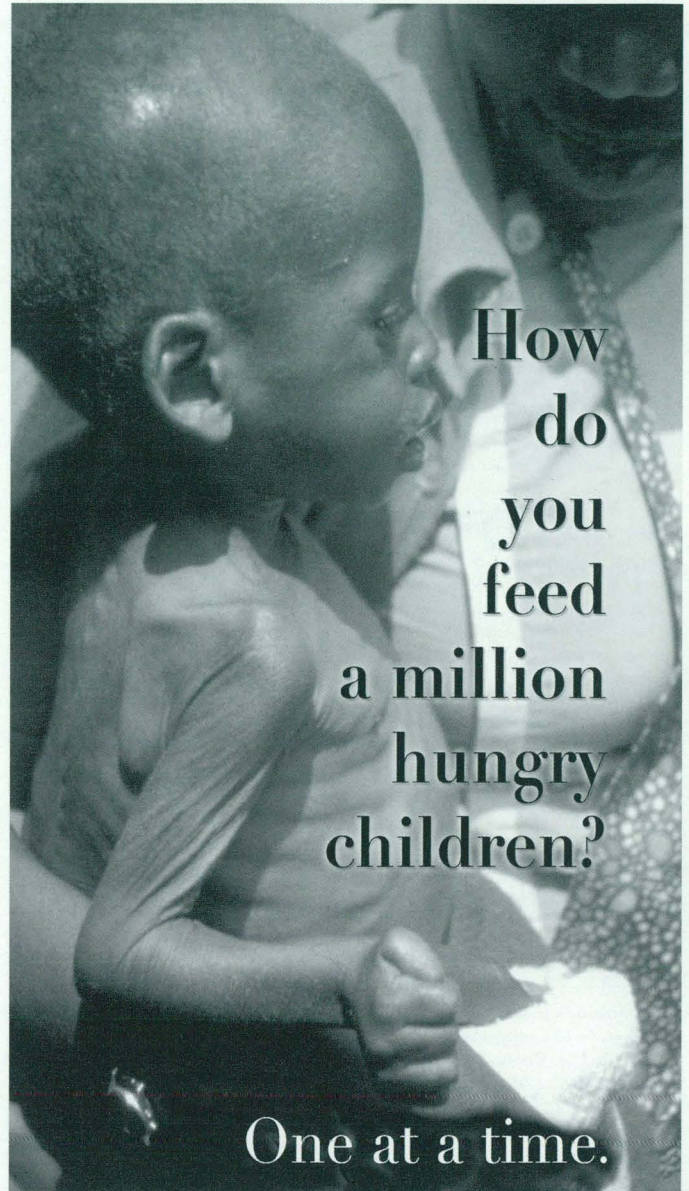
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Evangelism that *didn't* work

by Ken Crawford

ELDER MILLER STOOD ON THE DECK OF THE TINY FERRY,

gazing across the expanse of Grand Lake and thought, "No one told me evangelism would be this hard." It was the summer of 1907, and Elder Miller, father of the famous Dr. Harry Miller who went to China, had just been appointed President of the Maritime Conference. He was also Pastor and just about everything else in the tiny fledgling conference. The work was sparse with just a few faithful members along the southern coast of Nova Scotia and a small academy at Memramcook, close to Sackville.

Elder Miller was determined to start a work in the frontier of New Brunswick, so he rented a large meeting tent, and he and his wife bought tickets to St. John, New Brunswick. His secretary, Flora, agreed to accompany them and play the organ, so he rented a little fold-up pump organ to take along.

In the bustling port of St. John, the trio bought passage on the ferry steamer that went up the St. John River to Fredericton. The first stopping place was the tiny village of Jemseg. The evangelistic team disembarked, and Elder Miller soon had his meeting tent up in a small clearing near the village. That evening they handed out flyers and invited people to attend the next evening, however, when Elder Miller went to check on the tent in the morning, he found it dismantled and neatly folded at the end of the dock.

Discouraged, the trio caught the next boat that stopped—a ferry heading for the east end of Grand Lake. Elder Miller was even more discouraged when the boat docked at a spartan clearing called New Castle Center. There was no village, just a few scattered farms and homesteads. With a sinking heart Elder Miller put up his tent in the only small clearing, and the trio started handing out flyers. Two young brothers, Jim and Everett Crawford, coming home from work, were greeted by pretty Flora who handed them an invitation to meetings that evening. With one look at Flora, Jim had an intense interest in attending the meetings.

That evening as the meeting started, Jim entered the tent dragging his brother, Everett, with him. They took a seat directly behind the organ. Jim patiently waited until the end of the service then approached Flora. "May I walk you home tonight?" he inquired. "I brought my brother along as a chaperon." Flora blushed and smiled. "Not tonight," she said and moved off to help Elder Miller.

The two brothers were in the same spot in the near empty tent the next night, and at the end of the service Jim asked the same question: "May I walk you home tonight?" Again Flora smiled and said, "not tonight."

For the next 18 nights, Jim and Everett sat in the same seats behind the organist, and every night Jim asked the same question and received the same answer. Finally, at the close of the last service when Jim again asked the same question, Flora smiled and said. "Yes, you may walk me home tonight." The meetings closed with two baptisms and a budding romance.

Jim and Flora didn't see each other again until 1910 when Jim traveled to Indian Harbour, Nova Scotia to marry Flora. They settled close to Jim's parent's home at Salmon Harbour, not far from New Castle Center. They had three sons and three daughters. Everett married and had 11 children. Jim and Everett's families were raised as one family and were the only Seventh-day Adventists in the area.

Jim and Flora's eldest son, Ivan Crawford, became a minister and teacher; he taught at Canadian Union College, went as a missionary to Spicer College in India, then became editor of the Signs of the Times. Though he recently passed away, his influence on young lives continues.

The middle son, Erwin, graduated from medical school and then moved to Toronto. He started a practice in the living room of his house in north Toronto and prayed everyday for a hospital in the field across the road. His prayers and vision started Branson Hospital and the school of nursing. He then became Director of the fledgling school of health at Loma Linda and helped develop that program.

The youngest son, Ray, became a cardiologist and was instrumental in shaping the now-famous Cardiology department at Loma Linda.

Everett was my grandfather. He and my father, Donald, built the first church in that area with funds from their own pockets. He never lived to see the fruit of his faithfulness, but the legacy of his Christian devoutness and life of integrity as a Seventh-day Adventist is still the talk of the surrounding area. Elder Miller left the Maritimes without ever seeing the legacy of his 'bad' evangelistic series. ■

Ken Crawford, a native of New Brunswick, is president of the Alaska Conference of Seventh-day Adventists.





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