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Tragedy in Haiti

PLUS

Naomi Strierner tells her story (p.8);
More Than Gold creates Olympic-based
Bible study (p. 10)

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The road to hell is paved with good intentions

If I could choose one phrase that I never had to hear again, I would choose to live without being told that someone “means well.” It has been said that “everyone but the devil means well,” and, while I know for certain that is not true, I do believe that most people have good intentions most of the time. That, however, leads me to another cliché: “The road to hell is paved with good intentions.”

It seems to me that a dizzying number of misdeeds are excused by a wave of a hand and a dismissive, “They mean well.” If someone truly means well, would they not take the steps necessary to ensure they actually do well? If they don’t spend the time and effort to do due diligence, do they really mean well or do they just mean to meddle?

Too often, these supposedly good-intentioned acts result in far more harm than good. Consider those individuals who load their dinner tables with an overabundance of decadent food. Ask them, and they would likely say that they just want to make sure that everyone has lots of good food to eat. Sounds like they mean well. But aren’t they really encouraging gluttony and poor health for their family and friends?

The missteps happen on a broader scale, as well. One of the best examples I’ve heard is the fate of the Sri Lankan rice farmer after the 2004 tsunami. It seems that before the disaster struck, approximately 90 percent of the Sri Lankan rice crop had been safely harvested and readied for market. Following the disaster, however, the international aid community, meaning well, sent tons of rice and other emergency food staples into that country. Sri Lankan rice was not purchased and distributed to those who needed it as would have been both wise and efficient; instead, rice was brought in from various parts of the world, and it flooded the market. Suddenly supply was out of balance with demand, and the price of rice dramatically decreased. Sri Lankan rice farmers were unable to sell their wares, or certainly couldn’t sell it at a price that would meet their needs. To make matters worse, international aid organizations working within Sri Lanka, intending to help, paid their local labourers far more than the going rate of pay, driving up the cost of labour. Sri Lankan rice farmers, already suffering from the low price at market, couldn’t afford to hire workers to put in the next crop. Many farmers lost their farm, their land, their livelihood—the result of misguided good intentions.

Meaning well but doing wrong is too accepted in our world. Micah 6:8 tells us that the Lord requires that we “act justly.” Good intentions are not enough in themselves. We owe it to ourselves, our world and our God to hold to a higher standard. Rushing off in a fit of good intentions . . . well, we know where that road leads. ■

Crystal

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Photo: Insignia Photography



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The Abundant Life

Reflections on Psalm 103

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PRINCIPLES
FOR A
SATISFYING,
BLESSED LIFE

We modern people tend to forget things. We are easily distracted and expected to multitask. In a relentless effort to perform and achieve, we sometimes forget to live. Psalm 103 is a poem that can help us reflect on the abundant life as Jesus sees it.

The psalm is made of 11 stanzas, with a chiasmus commonly found in Bible literature. In this structure, the most important message is at the centre of the text, and all the other elements are presented in parallel phrases that emphasize the central message. That key point is that God wants His children to be happy and fulfilled. There are 11 principles that we must not forget if we want to live a satisfying, blessed life.

1 DON'T FORGET GOD'S BLESSINGS

The Torah warned the Israelites about the dangers of forgetfulness: "When you have eaten and are full, then beware, lest you forget the Lord who brought you out of the land of Egypt, from the house of bondage" (Deuteronomy 6:12). Yet, they forgot to thank God for all His blessings. The same thing could happen to us if we fall prey to the prevailing discontentedness.

2 DON'T FORGET THAT GOD HEALS YOU

We are grateful for the remarkable work of health professionals, but we must keep in mind that God is the author and healer of life. Moreover, His restorative power is holistic: He gives us physical health, forgiveness and crowns us with goodness.

Therefore, it is important to maintain a close relationship with Him through prayer and meditation.

3 DON'T FORGET GOD'S WILL

Sometimes God's ways seem restricting and even contrary to our freedom. However, David reminds us that God's revelation to Moses contributes to man's happiness in a remarkable way. Let's remember God's words to Isaiah: "Oh, that you had heeded my commandments! Then your peace would have been like a river, and your righteousness like the waves of the sea" (Isaiah 48:18).

4 DON'T FORGET WHO GOD IS

The phrase "abounding in mercy" (NKJV) could also be translated as "chief, Lord of mercy." The Hebrew

term *naw* describes someone who is worthy of respect[(the word “Rabbi” is derived from it). It also has a military connotation—a commander, or a captain. We must never forget that God is the epitome of goodness. When a problem arises, we are prone to accuse Him. Nonetheless, we know that He is the source of benevolence and mercy.

5 DON'T FORGET WHO GOD IS NOT

Here we see that God does not remain angry forever. The Hebrew word for anger is *aph*, which also means “the nose” and refers to the red nose of those who are exasperated and breathe with agitation. But God is not like that, and His children would do well to imitate Him. When we think about wellness and the abundant life, we must bear in mind that we need inner peace to grow a strong body.

6 DON'T FORGET TO RECEIVE FORGIVENESS

Most people bear their burdens for too long. They cannot shake their guilt, clumsiness and imperfection. So they focus on their mistakes and live in auto-destruction. God offers a much better alternative: by the action of His grace, He wants to make our past inaccessible. He wants us to keep our eyes on the bright future that He is preparing for us. That is why He removes our transgressions from us “as the heavens are high above the earth, and as far as the east is from the west.”

7 DON'T FORGET WHO YOU ARE

On the temple built in Delphes, the Greeks wrote the following: “Know yourself.” They considered this as the ultimate knowledge or religious experience. The Bible teaches something else. It says that the most important thing is to know God because to know Him is life eternal (John 17:3). And then He will help us to know ourselves because He is our Creator and sees us not as we are, but as who we may become in Him (1 John 3:1–3). That is why David reassures us that God looks at us with patience and compassion.

8 DON'T FORGET WHO YOU ARE NOT

The Turks used to say: “Man is harder than iron, stronger than stone and more fragile than a rose.” But we tend to forget that. We think that everything is possible, and that the future can live up to our dreams. But the Bible writers remind us that we are “like the wind,” or as Moses said, “like a sigh” (Psalm 90:9, NKJV). For those who accept it, this truth is of utmost importance. By accepting our frailty, we will learn to become more realistic, less solitary and more interdependent. Above all, we will value the life that God has given us even now in a sin-ridden, pain-filled world.

9 DON'T FORGET THAT WHICH IS ETERNAL

Cicero said: “God’s law is ‘right reason.’ When perfectly understood, it is called ‘wisdom.’ When applied by government in regulating human relations, it is called ‘justice.’” If we look at David’s perspective, we will agree with Cicero. David knew that God is always faithful and that He will abide with human beings, no matter what. May we take advantage of this affirmation to taste His faithfulness, the beauty of His covenant and allow Him to live within our hearts.

10 DON'T FORGET THAT GOD IS IN CONTROL.

God is the Master of the universe. Unfortunately, human beings strive for control. So many couples divorce simply because one person wants to be right! How many bloody battles are fought because we do not want to submit to God’s reign. Our psalm reaffirms God’s sovereignty. It is best for us to invite Him to reign in our hearts.

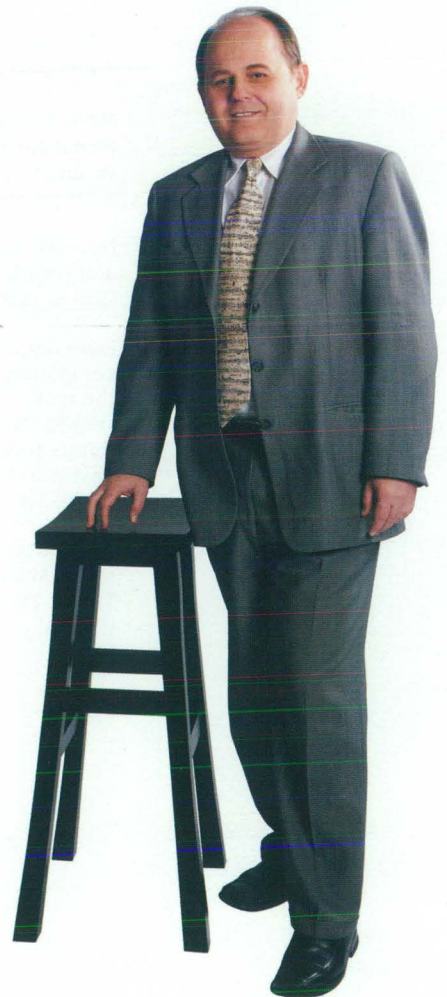
11 DON'T FORGET TO LIVE IN HARMONY WITH THE UNIVERSE

God created us to find fulfillment in worship. It is in the total and permanent connection to the source of life that we must live. It is by uplifting our Creator that we find the right perspective. It is only when we bow before God that we

find our true selves. Joseph L. Garlington said: “To worship is to act as inferior before a superior. When I worship God, I am saying by my actions, ‘God, you are better than I am. You are bigger than I am. You are more than I am.’” Unless we understand this, we are nothing.

What better way to conclude this reflection on the abundant life than with a statement by C. S. Lewis: “We only learn to behave ourselves as humans in the presence of God.” Let’s not forget to live to the fullest, as people who are blessed; who know God and His love, but also their own weaknesses; who, above all, live by God’s grace, in harmony with the universe and in surrender to Him. Obviously, such a life of happiness, joy and worship is exciting. ■

Dragan Stojanovich is the president of the Quebec conference.





Text your Qs to Pastor Josué Sánchez!
(419) 94 JOSUE

T33nTa1k

I saw you posted a funny status on Facebook about Lady Gaga. Does that mean you listen to her music? I love it!

NO, I don't listen to her music for personal enjoyment. Ninety-nine percent of what I listen to is Christian-based music. However, I like being aware of what's going on with the secular music industry, especially the artists that are in my youth's iPods.

(RAH)² (AH)³ + RO (MA + MAMA) + (GA)² + OOH(LA)²

(Note for the column readers: This is what I posted on Facebook: "The Gaga Law: (RAH)² (AH)³ + RO (MA + MAMA) + (GA)² + OOH(LA)² = Bad Romance." That "formula" is based on the lyrics of her song "Bad Romance." So yeah, that was a funny way of rewriting it.)

The song per se has a very catchy rhythm and melody. When I listened to the song for the first time and watched the video, I couldn't get the song out of my head! For a while it was funny and all, but as I meditated on the actual lyrics, the fun turned into disgust.

Have a look at some parts of the song: "I want your ugly, I want your disease, I want your everything, As long as it's free...And I want your revenge...I want your horror, I want your design, I want your psycho, Your vertigo stick, Want you in my room...I don't wanna be friends."

Now tell me how we Christians, with a clear conscience, can sing along with such a piercing message? It depicts the opposite of what God says in the Bible that love should be.

Lady Gaga's music, voice and creativity are very good, and it is completely normal to feel attracted to such talent. But we all have the responsibility to stop and evaluate what comes through our senses. "You'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse" (Philippians 4:8, MSG).

The music video for "Bad Romance" portrays Lady Gaga as a sex slave. Make sure you don't end up being a "music slave." Listen. Think. Think again. Pray, and move on =)

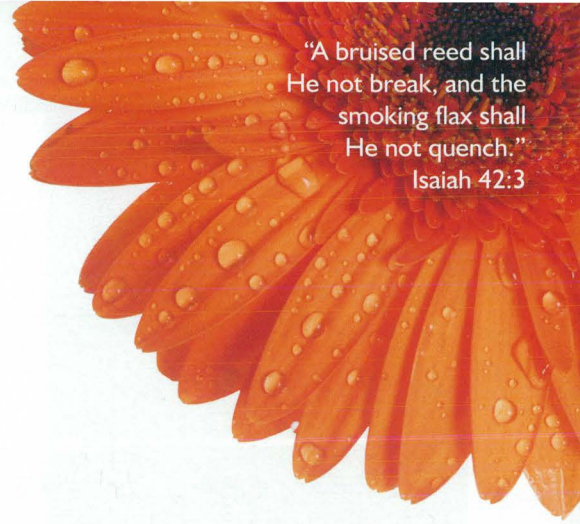
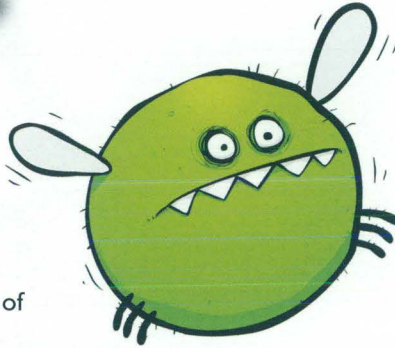
Creation Corner for Kids

“A bruised reed shall
He not break, and the
smoking flax shall
He not quench.”
Isaiah 42:3

Marigold

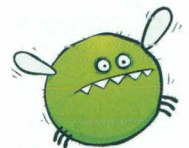
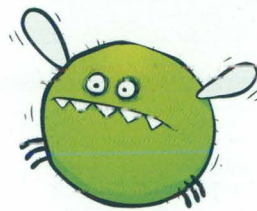
Though I'm not very fond of the scent of marigolds, I love their cheery, bright colours and hardiness. They're so easy to grow, and their bold orange and yellow blooms brighten the late summer garden right until the frost comes.

Many gardeners plant marigolds for other reasons than these. As pretty as they are, marigolds are also hard workers. Rather than planting marigolds only in the flower beds, organic gardeners plant them all throughout the vegetable garden to stop insect pests from harming their vegetables.



Think about it.

Organic gardeners will often use “companion” plants instead of poisons to protect their gardens from pests. Like plants in a garden attacked by harmful pests, Christians often have to fight against pesky sin-bugs, like anger, jealousy, impatience and pride. When you see others infested with sin-bugs, are you like the friendly marigold or like poisonous dusting powder? How did Jesus respond to those who were struggling with sins?



Do it.

Next time you're annoyed by sin-bugs in someone close to you, be a companion by praying for them and saying an encouraging word. Learn more about organic gardening and companion planting at sites like www.craftygardener.ca/garden9.html and others.

—Tammie Burak has recently published a children's activity book called *Creatures of the Boreal Forest*, which is available as an ebook at www.creationactivitybook.com or from the Alberta Adventist Book Centre.



Walking away from Stardom?



NAOMI STRIEMER
TELLS HER STORY



One year ago, I was sitting in Randy Jackson's (from *American Idol*) office in Los Angeles, contemplating a project he was asking me to participate in. I was hesitant because it was not exactly what I had envisioned with my career, and I knew if I agreed, I would be compromising my vision and dream (something I had never done before). I had a voice in the back of my mind saying, "maybe it's your lack of compromise that has held you back from some extraordinary opportunities." So, I agreed to explore the idea with Randy and see where it would lead, how I would feel a little bit further down the road. Five months later, I was walking away from the Randy Jackson project and not because it was a career compromise I couldn't take, and not because the music wasn't phenomenal—it was great! I was walking away because I was being asked to make another compromise, one that I simply couldn't make, wouldn't make, under any circumstances, under any disguise of glory. "For what is a man profited, if he shall gain the whole world, and lose his own soul? Or what shall a man give in exchange for his soul?" I was being asked to compromise my religious beliefs about the holy Sabbath day. I was being asked to ignore the single most important thing in life to me—my relationship with Jesus, my Savior—to work on the day the Lord had made to honour Him. I

walked away without looking back, even though many were saying I was a fool.

After having two #1 albums in Canada, recording with guitar legend Carlos Santana and working with the very best in the business, I was back at square one figuring out which path I was meant to take next.

I grew up in Nova Scotia on a small farm with the ocean surrounding us on three sides. I was home-schooled, sheltered from the world and all it had to offer. The media and music business were the furthest thing from my mind, growing up; I was unaware it existed. I did my morning and evening chores, rode my dirt bike and horses with my brother and went to Monday night choir practice with my parents. Church was the only social time I had with friends throughout the week.

Things changed when I became a teenager. We moved to Manitoba, and I discovered music on the radio, television and movies. I had been declaring that I was going to be a singer since I was six years old. But with these new influences, I refocused my attention from Christian music, which I had been singing in churches every Sabbath for years, to mainstream pop music. I concluded being in the pop world would inevitably enable me to reach more lost souls than staying sheltered in the Christian market.

Shortly after, my dad and I sent a demo to the company in Orlando, Fla., releasing all the teen pop music to the world, and I was invited down to meet with the big CEOs and president. Since we come from a humble home, where my father was a literature evangelist and my mother a homemaker, trips to Florida were not exactly in the budget. But I begged and begged until my father agreed to take a chance and fly with me on standby to Orlando for a weekend to visit the company. It ended up being the weekend of a lifetime for me, and two months later, we were moving from our country farm in Canada to a suburb in Orlando.

The days and months passed as I perfected my craft, performing and recording around the city. By the time I was 15 years old, I realized going to church every Sabbath was something I was doing for my own fulfillment and enjoyment and no longer what I was doing because my parents were. It was a pivotal point in my religious walk. My faith grew as my career began to flourish.

I signed with Sony Records in New York City three years later. I told my father if he'd financially support me on one more trip, I would go to NYC and get my record deal, the one I'd been dreaming of for so many years. With my mother in tow, I went to NYC, and just like I had promised, I flew back to Orlando with a big record deal. To say I was excited would be an understatement. So, I will simply say life was a dream coming true. I was 18 years old and on top of the world.

Many twists and turns followed, too many to list in a short article (you'll have to catch me speaking one day to hear the full story), but this was the start of my life and career and the start of my journey, my walk of faith with the Lord.

A few years later, my life changed again; it was the day I decided to open my voice and mind to publicly praising God and spreading the gospel of Jesus. I said to myself, after having taught the adult Sabbath School class for four years, if I was asked to preach without any prompting from myself, then I would accept it as a sign from God. Up until this point, I had only taught Bible classes, but I wanted to do more.

The next Sabbath, I was walking out of church when the pastor stopped me and asked if I would like to preach during one of the following services! I was overjoyed with excitement and, without hesitation, said yes.

One year later, I was in Nova Scotia at Camp Pugwash, preaching as the youth speaker with 11 sermons. Little did I

know how many doors and life opportunities saying yes to God's calling would bring to my life.

I've hit milestones in my career I never thought I would reach, performing and speaking at colleges (having never attended college myself), including one of Canada's premier colleges, Canadian University College, and many public and private high schools as a motivational speaker across Canada.

It was only a matter of months before I was asked to preach at one of the largest churches in Moncton, N.B., with a regular membership of 2,000. It was not a Seventh-day Adventist church. It was a Wesleyan church calling me in to share my message and tell my testimony of God working in my life and career. I realized that the Lord was leading me through doors I'd never imagined, to help spread His joy and message to the world.

To my absolute shock and surprise, a few weeks after the Wesleyan sermon, I got a call from one of the largest Catholic churches in the area, considering me to preach my testimony and message to their congregation. They were only awaiting the priest's return from Rome before extending a formal invitation.

If someone asked me several years ago if I, a devout believer in Seventh-day Adventist doctrine, could ever see myself going in to various non-SDA churches across the country to preach and share a message of Jesus, I would have shaken my head.

But God sees and knows, and He leads our lives in ways we cannot imagine. He opens doors we did not know existed and is concerned about His flock in all churches around the world and in all walks of life. Every life is precious to Him without exclusion.

In February, I head to Vancouver to participate in the Olympic Games in concert. It will be on the heels of speaking and performing at the B.C. Youth Summit before heading to Kenya and Sudan for 16 days with ADRA.

Dreams do come true when God is in control. Working with ADRA has been a long-time dream of mine.

When I received an email from them a few months ago to write a theme song, I was overjoyed. When I was asked to be their Canadian ambassador, I knew it would be an experience of a lifetime.

When you allow God to hear and know your dreams, and you allow God to lead your life and see that you are working hard to glorify Him, He works amazing miracles. I look at my life as one big miracle. I know I can do nothing of my own strength, and I know I have no talents or gifts without His grace and mercy. I also know I will follow wherever He leads as long as I continue to have faith and believe. Wherever He takes me is where I am meant to be, through trial and tribulation or glory and fame for His name's sake. ■



Striemer worked with some of the best musicians in the recording industry, including Carlos Santana (right)



“I’ve won a medal, but that’s nothing compared to the crown I’ll get in Heaven. I see a lot of people in sports who think when they reach a certain level they’ve got it made, but really, you can only find happiness in the Lord.” Cindy Klassen six-time Canadian Olympic Medalist.

More Than Gold Delivers *Life Series*

As the 2010 Olympics take place in Vancouver, the Canadian news is filled with compelling stories of athletes striving for excellence and the ultimate achievement in their sport—the gold medal.

As Christians, we’re proud to hear testimonies from successful Christian athletes like Kelly Clark (snowboard), Cindy Klassen (speed skating) and Brock Kreitzburg (bobsled). They are just a few among dozens of athletes who publicly testify to their faith in Jesus Christ every day. In interviews and statements, they make it clear that for them, there is much more to life than winning medals.

The Olympics remind us that sport is more popular than ever in Canadian culture. Each day, thousands of children, young people and adults across the country attend public sporting events, play in sporting activities or coach games. In fact, recent statistics indicate 70 percent of youth follow sports daily; 96.3 percent play, watch or read about sports once a month; and 42 percent

play sports daily.

But interestingly, at the same time as the popularity of sport continues to increase, church attendance in general continues to fall, especially among the young generation and adult males. Many Christian organizations have grappled with this paradox and have created sports ministry initiatives that help churches utilize sports, sport heroes and physical activity in a balanced and positive way to engage with children, youth and adults.

“A society looking up to athletes as heroes must find heroes looking up to God.” Wendel Deyo, former president, Athletes in Action

In preparation for service during the 2010 Olympics in Vancouver, the Christian network More Than Gold has looked for ways to create a long-lasting legacy after the Games. Using the platform of Olympic sports, they have created a simple six-part Bible study called *Life Series*, based on the life of Moses. Using scripture, athlete testimonies and physical activity, the series for both children and youth explores topics of destiny, courage,

strength, perseverance, meaning and identity in a biblical context.

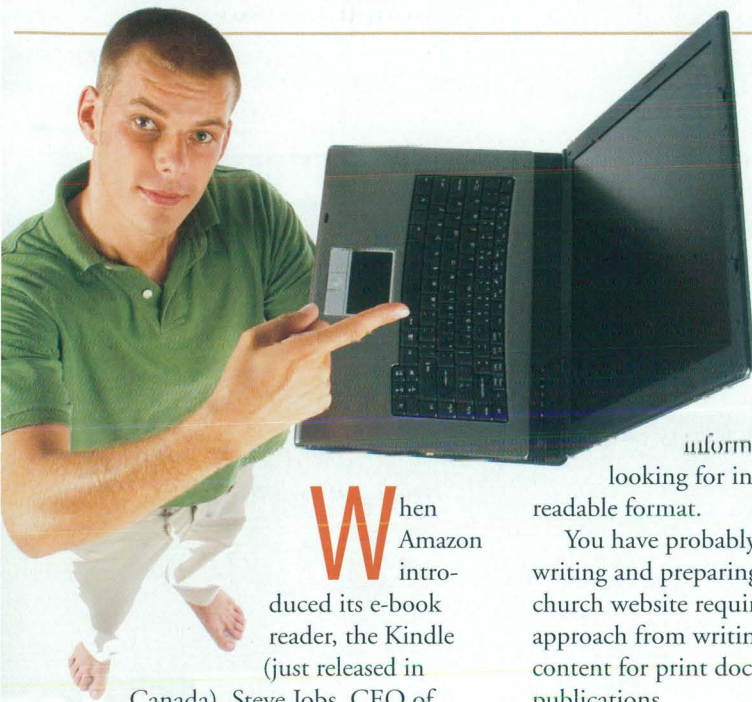
The More Than Gold team believes that using sport outreach in a balanced and holistic way can

- provide a high level of regular physical activity,
- encourage participants to lead a healthy lifestyle,
- create opportunities for relationship building and trust,
- instill confidence and courage in individuals,
- teach participants about the value of team building,
- help individuals discover their own true destiny,
- build character through perseverance,
- elicit an open heart and clear mind for teachable moments about Jesus,

and what greater 2010 Olympic legacy could Canadian Christians pray for? ■

Gaileen Woytko is the Seventh-day Adventist denominational representative with the More Than Gold network.

>>> The *Life Series* six-part Bible study is available on the More Than Gold website at www.morethangold.ca



Writing for the Web

to provide the information people are looking for in a quick and readable format.

You have probably noticed that writing and preparing content for your church website requires a different approach from writing and preparing content for print documents and publications.

To make the reading experience of your church website more enjoyable for your visitors, here are five points to keep in mind.

1 LESS IS BETTER

Most people find that reading from a computer screen is hard on their eyes. Because of this, reading online takes 25 percent more time than reading a book or article in print.

Keeping this in mind, it is a good practice to keep your website content 50 percent shorter than what you would have on the printed page.

2 TEXT SCANNERS

In a study released by usability expert Jacob Nielsen, 79 percent of online readers scan or skim text rather than read word for word.

3 LACK OF PATIENCE

Do you remember the catchy little kids' song about a turtle? It went something like this, "Have patience, have patience, don't be in such a hurry."

Well, most readers on the web are in a hurry to get things done. They want the information and move on.

Studies show you only have about ten seconds to grab attention with your website content; so, make sure to use relevant information. Also, try putting the most important information at the top with clear and concise text.

When Amazon introduced its e-book reader, the Kindle (just released in

Canada), Steve Jobs, CEO of Apple Computers Inc., made a strong statement with respect to the book industry that received a lot of attention: "It doesn't matter how good or bad the product is; the fact is that people don't read anymore."

Well, since you're reading this article, I would have to say that his statement is not entirely true. And, if no one reads, one can only wonder why an estimated 410 million books were purchased in the U.S. alone last year.

However, in general terms, Jobs was speaking in regards to a growing trend in the print industry. It's not that people don't read anymore—of course, many still do—it's just that today's younger generation aren't bothering to read "offline media" in the form of books, magazines or newspapers.

With the billions of websites available and the increased use of mobile smartphones like BlackBerry and iPhone, more people are reading and gathering digital content information quickly and on the go.

Recently, a news article posted on the local news website for the city of Kelowna, where I live, grabbed my attention. It stated: "According to numbers released by ComScore, Castanet is number 1 in B.C. in general news, with more than 5.6 million site visits per month."

Considering the increased number of online readers, your church website must have written content that is going

4 SKEPTICS

With all the misleading and incorrect information available online, many people are very skeptical of what they read. It is extremely important to show credibility when writing content for your church website.

Use objective language and avoid marketing jargon or exaggerated claims. Don't use "Adventist lingo" on the home page or at all (e.g., "Our Worship Services are every Sabbath," or "Three Angels' Messages," or "Sabbath School"), unless you explain what you are talking about.

Hyperlinks to the sources of your information or to related information tend to add credibility.

5 INFORMATION OVERLOAD

With all the information available to us today through the internet and email, people don't want to spend time and effort reading content that they may not find useful.

Write website content that provides your visitors with information in bite-size, easily digestible chunks.

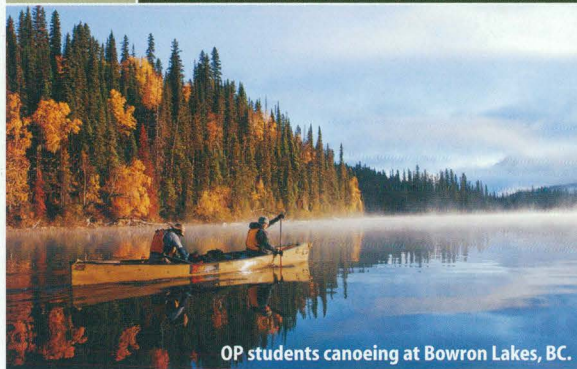
Highlighted keywords, meaningful sub-headings, bulleted lists, one idea per paragraph and starting with the conclusion are just a few ways to help them nail the information they want, quickly and easily.

With all this said, I don't think technology will ever replace the convenience and enjoyment of picking up a good old paperback book and a cup of hot chocolate. ■

Troy McQueen is the communication specialist for the British Columbia conference and the pastor of the Kelowna church.



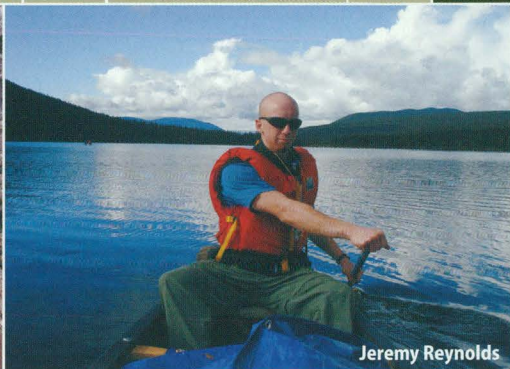
LEARNING IN AND OUT



OP students canoeing at Bowron Lakes, BC.



Justine Link



Jeremy Reynolds

It's the middle of the semester, and students all over campus are seated in classrooms discussing lessons and listening to lectures. Papers are shuffled back and forth while laptops sound out the staccato rhythm of students typing. Outside, the snow is falling as the wind whips the tops of the freshly snow-covered treetops. Outside, in this inhospitable environment, a group of students diligently settle into their outdoor classroom and begin their schoolwork.

Adventurous would be an appropriate term to describe the Outward Pursuits program at Canadian University College. While others might balk at taking a walk in freezing temperatures, Outward Pursuits students are jumping in frozen lakes, practicing ice rescues, growing their leadership acumen by leading field trips and expeditions or learning how to talk to at-risk youth. The Outward Pursuits program consists of fully-accredited degrees in Adventure Based Counselling, International Health and Wilderness Studies, Outdoor Adventure Business

Studies and Outward Pursuits. In a related degree, the Religious Studies department partners with the Outward Pursuits department to offer a degree in Religious Studies Applied Emphasis in Adventure Based Youth Leadership.

The variety of degrees and courses serve to shape and prepare each student for their chosen career. "We are trying to teach them a strong professionalism and a connection with God. We want them to have that connection that they can share with others. We want them to be motivated and . . . to be problem solvers," says Paul Lehmann, chair of the Outward Pursuits department.

The career choices of those who enter into the Outward Pursuits program are varied and unique, but all have the same underlying theme—service. Becki Bigelow, a fourth-year Adventure Based Counselling major and Music Education minor, wants to use her degree to serve others. Her ideal career would see her working with children in an Environmental Education

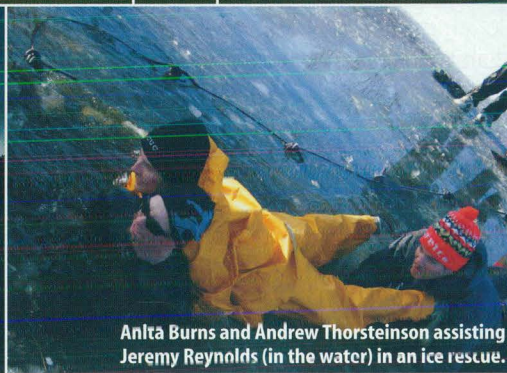
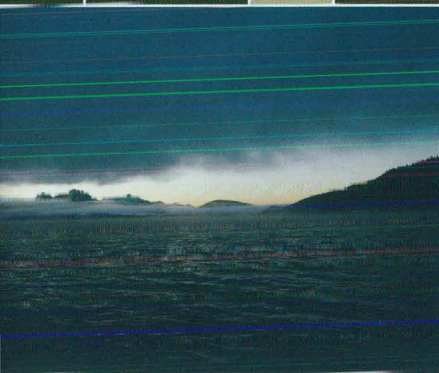


OP students canoeing at Bowron Lakes, BC.

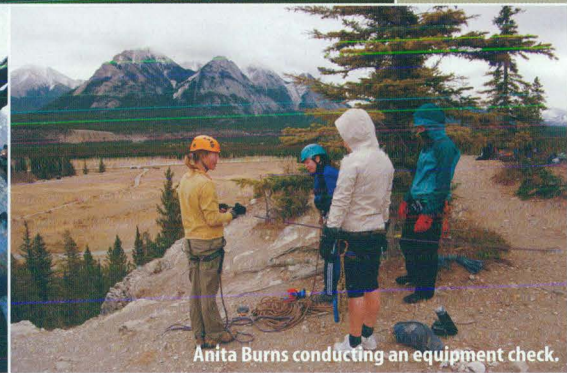


Andrew Connor getting ready to rock climb.

OF THE CLASSROOM



Anita Burns and Andrew Thorsteinson assisting Jeremy Reynolds (in the water) in an ice rescue.



Anita Burns conducting an equipment check.

setting, like a nature centre that offered programs for young children. Her journey through the program has seen her learn about herself and her capabilities. “I feel that I’ve become more confident in myself. When I first came into the program, I thought I was getting myself into something that was way over my head. But as I took classes, I found out that I could do a lot more than I thought I could, and it makes me feel good about myself,” remarks Bigelow.

Outward Pursuits has become one of the most popular degrees at CUC. About half of those enrolled in the program come from outside of Canada, with the majority of those from the United States. The program’s versatility makes it a perfect minor degree to pair with degrees in other disciplines. Marcus Heisler, a fourth-year Biology major and aspiring doctor, chose an Outwards Pursuits minor to help him with his future ministry. “I was hoping to start an outdoor youth ministry in whichever city I end up settling in as a doctor,” say Heisler. Jeremy Purviance,

a first-year Adventure Based Youth Leadership major wants to use his degree to lead young men. “I want to use my leadership skills I have learned through Outward Pursuits to become a dean at one of the Adventist academies,” Purviance says.

An added benefit to those in the Outward Pursuits program is that the time they spend inside a classroom is balanced with time outdoors in nature. For Purviance, nature is a place where he can learn not only about his class work but also more about God: “For me, I can see God the clearest when I am in nature and away from all of the stresses of daily life. God’s creations in nature always amaze me. . . . I really love how I can learn in an academic setting and learn about God while being out in nature.” ■

JR Ferrer is the communication director for Canadian University College



For more information about the Outward Pursuits program, visit us at www.cauc.ca/programs.

TRAGEDY IN HAITI

ADRA RESPONDS

ADRA Canada Staffer Reports from Haiti

Jan 30, 2010—Today, Vanessa Johnson from Victoria, B.C., and I drove west from Port-au-Prince to Petitguave, near the epicentre of the earthquake that occurred. We passed Canadian forces hard at work, temporary camps for displaced people and many damaged buildings. About a half hour's drive out of Port-au-Prince, the side of a hill had collapsed across the road as a result of the quake. The huge chunks of earth have been cleared now, and a detour off the road allowed us to get by.

Taking a detour through Leogane, we saw damage that, shockingly, looked like a war-zone. Large buildings had just folded or crumpled up. Entire streets were damaged. I saw a Canadian camp serving the town, but I did not have time to call in to greet them.

About two hours after leaving Carrefour in Port-au-Prince, we arrived in Petitguave. At first, there was little sign of damage. Our goal was to check on the outskirts of the town, the places that likely received less attention. Tigine Street was devastated. Oceanfront houses along the entire street had literally disappeared into the ocean.

For the next two hours, we assessed the situation and planned a food delivery for Wednesday. Nobody here has received any food aid or any other assistance to date. We met the mayor and spoke to people whose homes had once stood on this street. Thankfully, few had lost relatives, although most of them had lost their homes.

On February 3, food will be delivered to the residents of Tigine. ADRA and a German partner will initiate the food delivery. Global Medics will add the community of 400 families to the list of those needing clean water. The plan is to commit to this community for the long-term, with the goal of helping them recover.

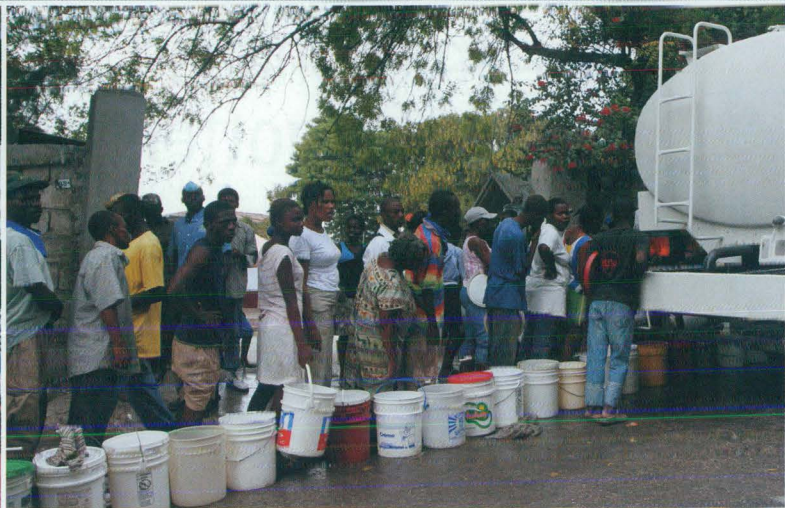
Today, the extent of the devastation caused by the earthquake was apparent—in 23 seconds, the destruction caused to people's lives was massive. The task to assist people is overwhelming.

Where do we start? The only answer is for ADRA to help one life at a time, one community at a time, with the help of people like you and me.



*Nick Trent is the program director (Africa) for ADRA Canada.
He writes from Port-au-Prince, Haiti.*





Haitian Orphans Among Forgotten in Disaster

“We’re not asking for food. We’re begging for food,” says John Dubois, a man who spends his days looking for food to give to hundreds of orphans living in Port-au-Prince.

While humanitarian assistance has reached an increasing number of survivors of the devastating January 12 earthquake, many orphans have not been so fortunate, as the thrust of the international aid that has arrived in the country has gone to displaced populations in and around the affected areas of the Haitian capital.

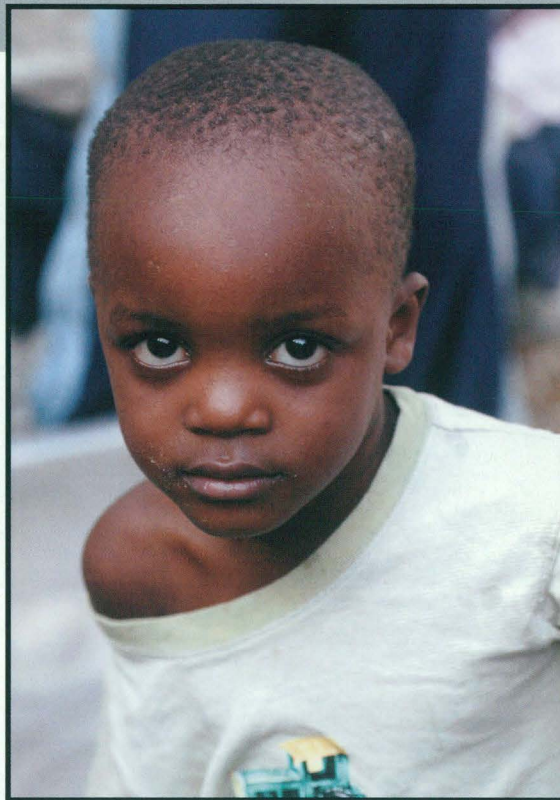
At the Centre d’Accueil de Carrefour, an orphanage caring for 650 young boys in the Port-au-Prince neighbourhood of Carrefour, the need for food, water, sanitation and shelter has become critical, if not desperate. Since the earthquake, food supplies have decreased dramatically and water access has become unreliable. Children now sleep outdoors in the open, fearful that another earthquake will bring down their dormitories. Meanwhile, access to sanitation is dismal; there are only two functioning toilets for all the children and orphanage staff.

Food in particular remains the biggest concern for Dubois, who on this day receives a shipment of food at the ADRA warehouse and delivers it to the orphanage. Since the quake, the staff has been forced to reduce the number of meals from three to two—breakfast and lunch—although the quantity served has not changed, according to the staff.

“We try to keep the children busy playing games so they don’t think about the food,” says Henri Bernard, 50, a staff member of the orphanage whose responsibilities include procuring food and materials.

The situation at the orphanage has never been worse, says Bernard. The few food supplies they have, namely rice, maize, wheat, legumes and flour, will run out in a few days. Fuel to power a water pump is also nearly exhausted. “There are only five gallons [approximately 19 litres] left,” says Bernard. The pump, which provides water to the orphanage, will use as much as 38 litres of fuel a day.

Before the quake, the orphanage received public subsidies to cover the cost of day-to-day operations, including fuel. However, those subsidies stopped after the disaster. Now, Bernard says, they have to depend



on organizations such as ADRA to receive food and other assistance to care for the children. The staff works to make the best out of the current situation.

In an open school courtyard, kitchen staff prepare a meal. A woman stirs a bean stew in a large pot that sits on hot coals. Others sitting around a table knead a large lump of maize flour dough into long single strings. The dough is then tossed into the boiling stew.

They are making a meal like this, because they don’t have rice,” says Dubois. “Other places don’t even have this much.”

Eleven-year-old Eddy Pierre-Louis came to the orphanage from Léogâne, west of Port-au-Prince, two years ago. His mother had died and he was living with an aunt. His father works in a sugar cane plantation, but they haven’t seen each other in years. He speaks in a shy, almost inaudible voice.

“The aftershocks worry him the most,” says Dubois, who translates Eddy’s words from Creole.

Since the quake, his prospects and those of other children like him look increasingly bleak. While aftershocks continue to instil fear among Haitians, it is the lack of food and water that are likely to make life miserable for Eddy and thousands of orphans.

Meanwhile, devoted volunteers like Dubois will continue to ensure that Haiti’s orphans are not forgotten. ■

Hearly Mayr is the director for Public Awareness for ADRA International..

Please note: Items in the "News" section may originate from various sources. The Canadian Adventist Messenger will give credit, via a byline, to authors of material submitted directly to us for first printing. Stories without a byline may have been written by Messenger staff, reprinted from other publications or supplied to us by a general press release.

British Columbia



ShareHim

For more on the venue and other information, visit www.sharehim.org or call 1-877-8-SHARE-8.

British Columbia Conference Hosts ShareHim's Fourth Annual Lay Evangelism Festival

When we hear of rapid church growth in certain parts of the world, we don't give it a second thought. We feel, maybe, that such growth is common. But in our communities, in our churches—well, that's a totally different matter. We list reasons why the work doesn't grow in our hometown: materialism, post-modernism, secularism, atheism and probably a few other "isms," too.

The reality is that these cultural and spiritual trends do pose a challenge to the growth of the kingdom. However, there is a more fundamental reason why the church is not growing as quickly in our communities as it is elsewhere: the lack of a sense of ownership by the membership of the message and mission of the church. If all our members, were as involved in daily outreach to friends and neighbours as are the members in Tanzania or Togo, then our churches would be growing rapidly as well. After all, the Holy Spirit can work just as mightily and wonderfully in Abbotsford as He can in Accra. The key is the active and deliberate involvement of the membership in the mission of the church.

ShareHim, a ministry of the Carolina conference of SDA, was conceived in order to address this very fundamental church growth principle. The ministry was started with the belief that, in order for the work to be finished, the membership of our churches must actively be called, trained and mobilized to live a lifestyle of evangelism. The gospel, which we have embraced, must now be shared by all to a world that is unaware of the love of Christ or His soon coming.

As such, ShareHim focuses on training and equipping members to share their faith by joining a ShareHim-planned evangelistic series in a foreign country. ShareHim, based on invitations from foreign fields, coordinates with local church sites, who agree to do the necessary preparation and follow-up work in order to host a campaign. Then, ShareHim provides the needed sermons and graphics to members (and pastors), preparing to share Him in a foreign land. Finally, ShareHim provides daily support and mentorship on how to preach the

sermons and share their faith during the 16-day campaign.

When a member finishes their overseas campaign, they will have enjoyed seeing brothers and sisters give their hearts to Jesus and feel more certain of their own faith. Upon returning home, he or she is encouraged to join with other mission-minded members to form an Outreach Leadership Team and begin to reach out and share Jesus with others in their own communities.

Many members cannot travel overseas but are anxious to begin a life of "evangeliving" in their own churches and communities. Across the NAD, hundreds of Outreach Teams have been formed with a commitment to a lifestyle of evangelism that is evidenced by deliberate sowing activities followed by a lay-led reaping event (often called an evangelistic campaign) that can be held in a home, restaurant or church facility. The cycle is completed by the team deliberately focusing on discipling or retaining the new members by involving them in the mission of the Church.

ShareHim organizes a Lay Evangelism Festival so that men and women who have shared their faith abroad or at home can come together to share testimonies, listen to inspiring presentations and join many practical and educational seminars on how to truly live a lifestyle of evangelism.

This year, ShareHim is privileged to have been invited by the British Columbia conference to hold their fourth Annual Lay Evangelism Festival on the grounds of Mountain View Conference Centre ("Camp Hope"), April 8–10, 2010. Inspiring speakers such as Dan Jackson, president of the SDACC, Gordon Pifher, president of the British Columbia conference and Max Torkelsen, president of the North Pacific Union conference will be the keynote speakers and will inspire us to maintain our focus on God's purpose for each of us as members of His Church.

All are invited to attend this exciting and educational weekend. More importantly, all are encouraged to make that daily deliberate commitment to personally share Him—and experience the power of God through witnessing! ■

Alberta

Called to Serve

The world defines greatness in terms of power, possessions, prestige and position. If you can demand service from others, you've arrived. In our self-serving culture with its me-first mentality, acting like a servant is not a popular concept. Teenagers are not traditionally equipped with a burning desire to serve either. Jesus, however, measured greatness in terms of service, not status. God determines your greatness by how many people you serve, not how many people serve you.

Parkview Adventist Academy students have adopted the theme "Called To Serve" this year. As an example, a host of students spread across the shores of Gull Lake this fall to participate in the "Great Canadian Shoreline Cleanup," sponsored by TD Canada Trust. This

involved gathering, categorizing and weighing all types of refuse. Then, when the decree came out from Saskatchewan that help was needed for Camp Whitesands, 17 super-talented dismantling specialists from Parkview Adventist Academy left early one Sunday morning. These demolition experts worked for three days ripping siding off countless cabins. On the trip home, one of the students stated, "funny how hard work makes you feel so good, even when you don't get paid."

Our young people are learning that real servants are faithful to their ministry. Servants finish their tasks, fulfill their responsibilities, keep their promises and complete their commitments. They don't leave a job half undone, and they

don't quit when they get discouraged.

John Wesley was an incredible servant of God. His motto was: "Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as you ever can."

God has promised to reward our faithfulness in eternity. Imagine what it will feel like one day to have God say to each one of us, "Well done, my good and faithful servant. You have been faithful in handling this small amount, so now I will give you many more responsibilities. Let's celebrate together!" (Matthew 25:23, NLT). ■

Landon Ritchey is the director of Marketing at Parkview Adventist Academy.

Ontario



Camp Frenda—'A Summer to Remember'

"Why do you believe in God?" Jordan asked. Natalie, Jordan's counsellor smiled and said, "Look around you, it's impossible not to believe." Then Natalie turned to a passage in her Bible and began to read to Jordan. It was Thursday afternoon, and they were sitting on the ski dock at Camp Frenda, hanging their feet over the edge in the cool water. Jordan had been asking questions all week, and Natalie had been sharing a very personal belief in Jesus Christ with little 9-year-old Jordan. The scene is what Camp Frenda is all about.*

Camp Frenda is located on the beautiful shores of Lake Rosseau. Each summer, hundreds of Ontario children, teens, families, and blind campers enjoy camp activities like waterskiing, horsemanship, swimming, crafts, and gymnastics. Camp Frenda also boasts the tallest natural rock face for rock climbing at any Adventist youth camp in North America. The ascent takes a great deal of courage and a good dose of faith, too!

A week at Camp Frenda allows a unique opportunity for campers to commune with God in His beautiful natural setting. The spiritual focus of camp programming impacts campers and staff alike. From worship in songs, skits, and stories, campers and staff are reminded of God's endless love. Camp Frenda also provides year-round retreat for Ontario churches and church schools. There is solitude and tranquility at Camp Frenda. It is a place to regenerate and reinvest in one's spiritual core.

During the summer of 2009, the concern about H1N1 flu prompted the adoption of many new procedures at Camp Frenda. Nurses performed careful health screening of every person entering the property and provided lessons in hand washing, coughing and sneezing and hand hygiene before meals. Campers with any flu-like symptoms were immediately isolated and monitored by volunteer health care professionals. All Ministry of Health policies related to H1N1 flu were strictly followed throughout the summer. While numerous Ontario youth camps were forced to temporarily close down as a result of H1N1 flu, God blessed Camp Frenda, and it remained 'flu free' for the entire summer!

There were many changes at camp over the summer. Paul Llewellyn (camp director since 2005), accepted a pastoral call to Nova Scotia. His last day at Camp Frenda was July 30, 2009. His departure was difficult for everyone. The staff and alumni association presented Paul with an original watercolour Ontario landscape painting by Grace Croughan as a small token of their appreciation



Paul Llewellyn, outgoing director of Camp Frenda, was presented with a watercolour of Ontario landscape to honour his years of service at the camp.

for his profoundly spiritual, thoughtful leadership during his time as director. Paul will certainly be a blessing to his three churches in Nova Scotia!

Cyril Millett III, Ontario conference youth director, assumed the interim director position for the remainder of the summer. His quiet, assured leadership was much appreciated by campers and staff alike. Glenn DeSilva was appointed as the new Camp Frenda director to begin in September 2009. Our prayers are with him as he humbly and prayerfully assumes this most important role.

In 2007, a Camp Frenda Alumni Association was organized, raising more than \$20,000 in the first year. Since then, the Alumni Association continued to support Camp Frenda with volunteer efforts and in fund raising. One alumni family funded the entire cost of Blind Camp this summer for 65 campers. Praise God!

During the July 2009 Alumni Association meeting, one member of the newly appointed Ontario conference leadership team suggested that the Camp Frenda Alumni Association broaden its membership beyond former staff to include former campers, volunteers,

parents, and families. Additionally, the Alumni Association, in collaboration with the Ontario conference, is organizing an endowment fund to further support Camp Frenda.

Thousands of campers, volunteers, and families have been blessed as a result of the unique mission of Camp Frenda. Likewise, hundreds of Camp Frenda staff have been blessed by working at camp—learning leadership skills, developing a strong work ethic, and leading others to Christ. Many camp staff came to recognize their unique spiritual gifts while employed at camp, and answered God's call to specific professions as a result. There are dozens of Christian families that have resulted from relationships at Camp Frenda. Camp Frenda now boasts second generation summer camp staff: children of Camp Frenda staff from the 1970s and 1980s.

Camp Frenda is a special place! A week at Camp Frenda can change one's life for ever! Won't it be wonderful when we can finally meet together in our Heavenly 'camp' to spend all eternity with Him! ■

—Steve Atkins, Camp Frenda Alumni Association

>> *If you love Camp Frenda and wish to join the Alumni Association, please contact Steve Atkins at satkins@andrews.edu. Please include your name, your involvement with Camp Frenda and your contact information.*

Lindsay Company Promotes Healthful Living at Fair Booth

“Hi, would you like a free blood pressure measurement and health age assessment? It only takes a few minutes!” These were the words that greeted fair-goers at the Lindsay Central Exhibition as they approached the Adventist Health Screening booth, run by the Lindsay Seventh-day Adventist Company. About two hundred people accepted that invitation over the five days of the fair (Sep. 23-27, 2009) and many more received free pamphlets and books on physical and spiritual health. After receiving training from Francis James, members of the Lindsay congregation as well as Pastor James Anderson staffed the booth during the fair and all were very pleased with the large amount of people who stopped by their booth in the concession building.

On day one of the fair Cliff Patterson and Viola Roberts made a great team as Viola took blood pressure measurements and Cliff typed in “Health Age” questionnaire responses. Cindy Laird-Wesley and Pastor James Anderson manned the booth in the afternoon.

Each day at 5 p.m., draws were made from all the health seminar interest surveys turned in for a “Health Power” book and “Live Healthy” DVD. Some of the prize books and DVDs were won by owners of surrounding concession booths.

When Laurel Swain and Isabel Wake came to staff the booth, their children came also and helped. Liam Swain typed in health age data into the computer and handed out copies of the book *Steps to Christ* which he had purchased with his own money. His sister, Erin Swain and her friend, Bethany Wake did a great job handing out ADRA calendars and other books to passersby. Bethany also did computer entries and became dubbed “computer expert” when she helped solve a software problem the adults couldn’t figure out.

Church members, Lora Burgiss and Rijna Wilms thoroughly enjoyed the opportunity to work the booth and share health and spiritual materials with those interested.



One lady, stopping by the booth asked, “You’re a church right? What has that got to do with health?” “Jesus said that He came to this earth so that people would have life and have it more abundantly. We view healthy lifestyle as one of the ways that people can have that abundant life,” was the reply she received. “Oh, I never thought of it that way,” she smiled as she took a book offered.

Many good contacts were made by the Lindsay Company with fair-goers who appreciated the chance to receive good health recommendations and spiritual information and books from the Adventist booth while checking up on their blood pressure and their health age. The church members greatly enjoyed this opportunity to share with their community. ■

■ **Announcements**

PROCESS:

- All announcements (non-profit events, new member notices, birth announcements, weddings, anniversaries, obituaries and tributes) should be emailed to Lori MacDonald Imacdonald @sdacc.org or faxed to her attention at 905/433-0982.
- Every individual named in the announcement must be aware of the submission and have granted the submitter approval for printing.
- Obituaries must be submitted on the appropriate form, completed and/or approved by a family member of the deceased. The forms (both printable and electronically submitable) are available at www.sdacc.org/messenger.
- The *Messenger* assumes no liability for typographical errors or responsibility for inaccuracies originating in submitted material.
- For more information about *Messenger* announcement policies, go to www.sdacc.org/messenger, click 'writers guidelines' then click 'announcements.'

from North Carolina will be the speaker at the divine service hour. Some of our former pastors will be in attendance for the celebration. Sabbath afternoon at 5:00 pm, there will be a musical and drama presentation from former and present members. A reception in the fellowship room will follow the program. Come and celebrate with us as we give God the glory and praise for great things He hath done.

For further information, please contact Vermont Cleghorne, anniversary chairman, at 416/223-1992.

The College Park church will celebrate its 50th anniversary on the weekend of Apr. 24, 2010. All former pastors and members are invited to attend. Please check the website www.collegeparkchurch.ca for events and scheduling. (2/10)

The 56th Toronto Junior Academy/Crawford Adventist Academy Alumni Homecoming Weekend. May 28-30, 2010. The honoured classes are: TJA Grade 10 Class: '80, '75 and '70. CAA Graduating Grade 12 Class: '00, '95, '90 and '85. To confirm your attendance, please RSVP to Derrick Hall, VP of advancement at 866/960-2125 ext. 234, www.tadsb.com or dhall@caasda.com. (05/10)

La Sierra Academy Alumni Weekend April 23-24: Friday golf tournament, vespers, Sabbath services at LSA gym, class reunions, basketball game. Yearbooks available for sale. Visit your campus, renew your friendships! Honour Classes: '40, '50, '60, '70, '80, '85, '90, '95, '00, '05. Contact Alumni Office 951/351-1445 x 244 or email: lsaalumni@lsak12.com (02/10)

Union College Homecoming April 1-4, 2010. Alumni, friends and former faculty are invited to Homecoming, April 2-5, 2008. Honour classes are 1940, 1950, 1955, 1960, 1970, 1980, 1985, 1990, and 2000. For more information contact the alumni office at 402/486-2503, 3800 South 48th Street, Lincoln, NE 68506 or alumni@ucollege.edu. (02/10)

■ **New Members**

BRITISH COLUMBIA

Bobby Chilaka was baptized in Abbotsford, B.C., on Oct. 24, 2009, by Grant Misseghers. Bobby is now a member of the Abbotsford church.

Jacqueline Costanzo and Mellany Barros were baptized in Abbotsford, B.C., on Oct. 10, 2009, by Grant Misseghers. Jacqueline is now a

member of the Abbotsford church. Mellany is a member of the Chilliwack church.

Luka Kolic was baptized on Nov. 14, 2009, in Abbotsford, B.C., by Terry Sparks. Luka is now a member of the Abbotsford church.

MANITOBA

Patricia Fehr and Yeanoh Thomas were baptized in Winnipeg, Man., on Nov. 21, 2009, by Tony Budzik. They are now members of the Mountain-Andrews All Nation church.

■ **Births**

Lucca Lane Annette Hansen was born Oct. 16, 2009, to Leslee and Wren Hansen Skoretz of Seattle, Wash.

■ **Weddings**

Stephanie Ann Stewart and Glenn Roland Belz were married Nov. 29, 2009, in Toronto, Ont. They are making their home in Houston, Tex. Stephanie is the daughter of Robert and Carmelita Stewart of Toronto, and Glenn is the son of Rolf and Brigitta Coffey-Belz of San Jose, Calif.

Emily Hepburn and Ryan Fraser were married Aug. 23, 2009, in Tantallon, N.S. They are making their home in Halifax, N.S. Emily is the daughter of Brian Hepburn of Bruce Mills, Ont. and Francine La Pointe of Owen Sound, Ont. Ryan is the son of Ivan and April Fraser of Glen Margaret, N.S.

■ **Obituaries**

Adele (née Koch) Brandt was born Nov. 4, 1911, in Wheatstone, Sask., and died Aug. 26, 2009, in Moose Jaw, Sask. Adele served her church as Sabbath School superintendent and secretary, as well as community services leader. She is predeceased by her husband, Richard; brothers, Frank, Joseph, Theodore, Edward, Karl and Ludwig, and sisters Augusta and Adela. Surviving: sons Edward (Evelyn) and Art (Doris); sisters Katherine Smith, Elsa (John) Lee and Frieda (Don) Ludtke; five grandchildren and seven great-grandchildren.

Marjory (née Verner) Buckle was born Apr. 22, 1926, in Winnipeg, Man., and died Oct. 21, 2009, in Winnipeg. Marjory sang in choir groups and churches throughout Winnipeg. She is predeceased by her husband, Allen; son, Timothy;

daughter Charlene; brother Gordon Verner; and sister Barbara Mollison. Surviving: daughter Sharon; brother Bob (Christine) Verner; and sisters Marion Bilky and Gail (Gary) Varty.

Norma (née Tomich) Bulat was born Aug. 12, 1919, in Aradat, Yugoslavia, and died Aug. 30, 2009, in Abbotsford, B.C. Norma is predeceased by her husband, Daniel, and daughter Rosemarie Butt. Surviving: son, Peter; daughters Sylvia O'Brien, Dolly Zimmerman and Diane Langen; sister, Helen Stockford; 15 grandchildren, 23 great-grandchildren and one great-great-grandchild.

Paul Chaikowsky was born June 15, 1915, in Winnipeg, Man., and died Nov. 27, 2009, in Abbotsford, B.C. Paul served as elder and deacon in the Beauvallon and Vegreville, Alta. churches. He is predeceased by his sisters, Dorothy and Zonia, and brothers Peter and Mike. Surviving: wife, Alice of Abbotsford; son, Walter (LeeAnn) of Abbotsford; brother Matthew (Anne) of Two Hills, Alta.; four grandchildren and three great-grandchildren.

Barbara Kay (née Michaels) Clark was born Jan. 17, 1955, in Yarmouth, N.S., and died May 11, 2009, in Canora, Sask. Barbara taught Sabbath School in her home church. Surviving: husband, Charles; daughters, Helen (Cameron) Olson and Della Clark, both of Sturgis, Sask.; parents, Wilfred and Helen Michaels; brothers, Sam (Andrea) of Sechel, B.C., and Shawn (Betty) of B.C.; sisters, Karen (Wayne) Bogdon of Regina, Sask., and Cindy (Peter) Boerma of Coronach, Sask.; and five grandchildren.

Marion (née Reichenbach) Cote was born Sept. 13, 1941, in Belloy, Alta., and died Oct. 10, 2009, in Edmonton, Alta. Surviving: husband, Marcel; daughters, Nicole (Darrel) Shwark and Melony (Kent) Fisk; brother, Loren Reichenbach; sisters, Irene Weller, Anne Martin and Dorothy Markovich; and four grandchildren.

Michael Guillou was born Sept. 13, 1918, in Chateaufaneuf du Faou, Brittany, France, and died Sept. 28, 2009, in Aldergrove, B.C. Michael served as a medic in the French Navy, Royal British Navy and the Free French Navy. He is predeceased by his wives, Margaret and Marjorie, his parents and two sisters. Surviving: daughters, Antoinette (Oleg Litwinow) Guillou of Aldergrove, Patricia Shigetomi of Toronto, Ont., and Georgina (Peter) Powell of North Vancouver, B.C.; six grandchildren and one great-grandchild.

■ **Announcements**

The Center for Youth Evangelism (CYE) is holding its third Cruise with a Mission trip! This is an experience of a lifetime that offers mission work, a cruise and a spiritual retreat, all wrapped up in one. The ports we will be visiting this year are Key West, Florida; Falmouth, Jamaica; Georgetown, Cayman Islands; Cozumel, Mexico. Prices start at \$599 per person for this seven-day experience exclusively for young adults ages 18-35. Regular rate: cruise fee + \$250 until Jan. 31; cruise fee + \$350 until Mar. 30; cruise fee + \$450 until Sept. 10. For more information, call 269/471-8341 or 800/YOUTH-2U, or email cwm@adventistyouth.org. Please visit adventistyouth.org/CWM to book your Cruise with a Mission!

Immanuel Seventh-day Adventist church in North York will be celebrating its 25th anniversary March 5-6, 2010. Theme is "The past informs the present and the future." Former members and friends are invited to join in as we reflect on God's goodness over the years. The celebration begins on Friday, March 5 at 7:00 pm with speaker Pastor Manuel Silva from the British Columbia Conference. Pastor Dennis Uffindell

Frank Graham Heppel was born July 26, 1918, in West New York, N.J., and died Oct. 7, 2009, in Armstrong, B.C. He served his church building band programs at Philippine Union College and Mountainview College, and he volunteered his time to help build band programs at Grandview Academy as well. Surviving: wife, Hazle Muriel; son, Graham Jr. (Carol) Heppel of Hemet, Calif.; stepsons, Carmine Vince (Carol) De Sepio of Loma Linda, Calif., and Mark Lawrence (Ildiko) Huber of Richmond, B.C.; sisters, Ethel of San Jose, Calif., and Phyllis (Artie) of Sacramento, Calif.; two grandchildren and seven great-grandchildren.

Kevan Andrew Lawson was born May 27, 1960, in Oshawa, Ont., and died Aug. 20, 2009, in Toronto, Ont. Surviving: parents, Dave and Leora; brothers, Don (Marg) of Courtice, Ont., and Jim (Mary Jane) of Oshawa; sisters, Joan (Taras) Tanasychuk of Courtice and Lori (Cory Hepinstall) of Washago, Ont.; three nephews and two nieces.

Nick Livadney was born June 27, 1921, in Assiniboia, Sask., and died June 19, 2009, in Moose Jaw, Sask. Nick helped raise money to build several Adventist churches in the Ukraine. He is predeceased by his brother Edward and sisters Irene McKay and Alice Timothy. Surviving: brother Wilfred (Alice) of Harrah, Okla., and sister Esther (Clifford) Gardiner of Peachland, B.C.

Katrina (Kay) (née Chernipeski) Manchur was born Oct. 19, 1923, in Theodore, Sask., and died Nov. 17, 2009, in Oliver, B.C. Kay served her church as Sabbath School teacher, deaconess and elder. She is predeceased by her husband, Tony, brother Nick, sister Mary and grandchildren Calvin and Teanda Manchur. Surviving: son, Howard (Judy) of Regina, Sask.; daughters, Virginia of Calgary, Alta., Beverly (Bernard) Klatt of Oliver, B.C., Bonnie (Donald) Laing of Boise, Idaho, and Cindy (Rod) Marchuk of Saskatoon, Sask.; brothers Ivon (Lily) Chernipeski, Mike (Bernice) Chernipeski, Victor (Marg) Chernipeski, Alex (Adele) Chernipeski, all of Yorkton, Sask., Edward Chernipeski of Kimberley, B.C., Harvey (Eileen) Chernipeski and Steve (Marina) Chernipeski, both of Yorkton; sisters Anne (Harvey) Knight of Bangor, Sask., and Emily Chernipeski of Yorkton; six grandchildren and seven great-grandchildren.

Karen (née Aabirk) Olsen was born Sept. 5, 1909, in Aarhus, Denmark, and died Dec. 6, 2009, in Revelstoke,

B.C. Karen led out in musical programs and played piano for Sabbath School, church and evangelistic meetings for almost 50 years. She is predeceased by her husband, John; brothers, Ernest Birk and Richard Birk; sisters, Emma Rusch and Magna Bergstrom. Surviving: son, Paul (Bernice) of Revelstoke; sisters-in-law, Alice Birk of Redwood City, Calif., and Lillian Birk of Mission, B.C.; brothers-in-law, Rudolf Rusch of Revelstoke and William Bergstrom of Fredericia, Denmark; two grandchildren and four great-grandchildren.

Lloyd R. Robinson was born Jan. 26, 1926, in Toronto, Ont., and died Dec. 27, 2009, in Brampton, Ont., Lloyd was a founding member of the Kingsview Village church in Toronto. Surviving: wife, Bernice (née Kolisnyk) Robinson; sons, Robert (Linda) of Westland, Mich., and Brian of Toronto; daughter, Janice (Gerry) Gibbs of Seaforth, Ont.; sister, Marian; and three grandchildren.

Susan (née Choban) Scott was born Apr. 25, 1919, in Truax, Sask., and died Nov. 20, 2009, in Stoney Creek, Ont. She is predeceased by her husband, Harry. Surviving: brothers, Alex Choban and Dan (Henrietta) Choban; and sisters, Clara White and Ruth (Robert) Wicker.

Ruth (née Steeves) Visger was born Jan. 23, 1930, in Vancouver, B.C., and died Oct. 26, 2009, in Walla Walla, Wash. Ruth worked with the Lowry Vocational Training Center near Bangalore, India. She is predeceased by her brothers, Lewis and John, and her sister, Frieda Vernall. Surviving: husband, Dale; Darryl (Ann) of Henderson, Nev., and Darcy; and one grandchild.

John Worden was born June 8, 1946, in Saint John, N.B., and died Nov. 18, 2009, in St. John's, N.L. John worked for Kennebec Manor Nursing Home in Saint John. He is predeceased by his brothers Ivan and Bob and sister Judy. Surviving: wife, Della; son, Mark (Sharon) of St. John's; brothers Jim (Pat) and Rick (Deborah), both of Garnett Settlement, N.B., Brian (Susan) and Delbert (Sharon), both of Saint John; sister Lorraine (Ray) Yerxa of Keswick Ridge, N.B., and three grandchildren.

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A Bible given to "Debra Tsinokas by Nana Ruthledge" was found at New Life SDA Church, 33 Olive Avenue in Oshawa, Ont. Please contact Beverly Carby at 905/571-5155 or bvcarby@rogers.com. (02/10)


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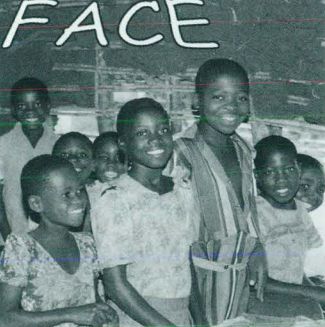
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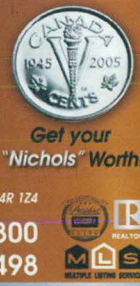
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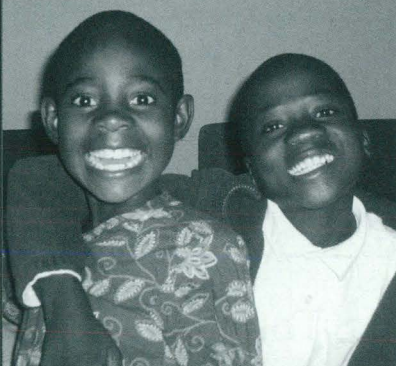
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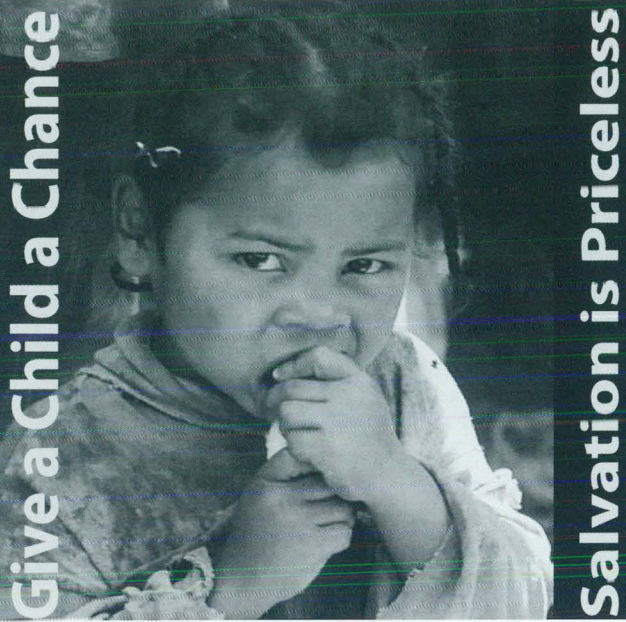
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