"Then they that feared the Lord spake often one to another."

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The Welcome Visitor

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WISDOM'S CHOICE.

Entered at the Academia Postoffice.

In Eden's pure, delightful clime. Death, sickness, were unknown: The Lord prescribed a bill of fare For health and strength alone. But when the tempter cited food So pleasant to the eye, Man thought he would experiment, And other diet try. Six thousand dismal, awful years Of sickness, sin and strife Have failed to teach mankind to keep Within the bounds of life. Though various grains and abound,

Delicious herbs and fruits, Man longs for more, and gathers store

Of fishes, birds and brutes. He takes the life he cannot give, Consuming flesh and blood; The scavengers of sea and land Are favorites as food. Strong sauces, spices, pickles, cheese, Tone up the solemn bill, While coffee, cocoa, tea, or ale Add poison to the swill. O, bury corpses in the ground, And let the living be. Build brain and body pure

strong On food from herb and tree. Eat vegetables, grains, fruits, nuts, Of flesh and poison none; A modest share of Eden's fare Eat, drink, for strength alone. -The Hygienic Caterer.

沙谷原

"The very best work you can do is to come as close to the people as possible, and reveal in life and charac- He healed her instantaneously of an ter the work wrought upon your own incurable malady. A few weeks aft o secure strength is like placing a souls by the Spirit of God."

worthy of all acceptation, that Christ of indiscreet eating. Being advised sooner or later the mortgage must be Tesus came into the world to save by the friend who had been instru-foreclosed. sinners; of whom I am chief."

THE FORWARD MOVEMENT

Revival of the Study and Practical Application of the Physical Side of Spiritual Truth in its Relation to the Second Advent of Our Lord. PREPARE YE THE WAY OF THE LORD!

OUR DAILY BREAD.

"For no man ever yet hated his church. For ye are members of Hisbody, of His flesh, and of His bones." -Eph. 5:29, 30.

is in you? in your body."-I Cor. 6:19, 20.

God, to present your bodies a living and doeth it not, to him it is sin" sacrifice, holy, well-pleasing to God, (James 4:17), is just as true of bodyour spiritual worship."-Rom. 12:1, ily habits as it is of the thoughts and 2, R. V., Margin.

"Therefore, whether ye eat or drink, or whatsoever ye do, do all for promptings of the Spirit concerning the glory of God" i. e., that the glory daily food is a source of many minor of God may be manifested to men .- sicknesses among Christian people, 1 Cor. 10:31.

order that we may be instructed how -Selected. to live according to the Divine will in the matter of our daily eating and drinking.

Holy Scripture is not silent on this theme; consequently our search will a disease is before it begins. not be in vain if we seek teaching and guidance in this from the writ- al simplicity of our forefathers, and ten word. It is also expedient for us are thefore compelled to leave bethat we allow our minds to be open hind the natural strength of constito receive useful knowledge from oth- tution which they possessed. er reliable sources, which may help us to treat our bodies in a proper way. the town pump cannot satisfy; thus

received no education in her early saloon, and the cook goes into partdays, looked unto God in faith, and nership with the undertaker. mental in her marvelous healing, to

eat brown bread, and renounce indigestible foods, she replied with astonishment, "I never take means now."

Food convenient for us builds up the body, while the drugs which are usually administered to the sick, often produce evil results. Consequentown flesh; but nourisheth and cher- ly they are not prescribed for people isheth it; even as the Lord the who are out of health, by the pure Word of God.

*Our God desires us to cherish and nourish our bodies, which are His; "Know ye not that your body is therefore we ought to learn how to the temple of the Holy Ghost, which feed, and use, and work our bodies. Glorify God, therefore, We ought also to act conscientiously according to knowledge. "I beseech you, by the mercies of therefore, that knoweth to do good, intents of the heart.

Refusing to heed and obey the which cannot be removed through prayer-being the natural conse-Since we are commanded by the question of unforsaken sin-until the Word of the Lord to eat and drink to disobedience which is the source of the glory of God, it is evident that we the malady is humbly acknowledged ought to seek wisdom from God in unto God, confessed, and renounced.

BREVITIES OF HEALTH.

The most successful time to cure

We have departed from the natur-

Fiery spices create a thirst that A poor afflicted woman, who had the kitchen becomes a vestibule to the

Resorting to the use of stimulants terwards she was troubled with a dis-mortgage on one's property. It pro-"This is a faithful saying, and ordered digestion, the natural result vides ready cash for the present, but

There is a school that many a child

enters at infancy, and from which he is not graduated until death, and that is the school of bad habits. He acquires them early, and adheres to them until late. The diploma that he gets in this school is ill health and chronic invalidism.

Would you not be very much surprised to find a boy going to bed at ject Lessons. Brethren, what are we night ignorant and waking up in the morning a college professor? It is likewise inconsistent to entertain the notion that there is some way by which humanity can secure health without sowing for it.—David Paulson.

DISTRIBUTION OF CHRIST'S OBJECT LESSON WORK-ERS.

-J. O. Miller-Morrow county.

M. C. Kirkendall-Fayette county.

W. E. Bidwell-Licking county. J. P. Gaede-Cuyahoga county.

C. C. Webster-Lake county.

Fred C. Webster-Lake county.

James H. Smith - Washington county.

W. S. Huffaker-Washington county.

B. L. House—Coshocton county.

J. W. Kennedy-Coshocton county.

F. H. Henderson-Guernsey coun-

C. T. Redfield—Guernsey county.

J. O. Young-Toledo.

Gurnie Young-Toledo.

Joseph Bush—Columbus.

Cynthia Bush-Columbus.

These workers will remain in the Object Lesson campaign until the first of June. We hope that the readers of the Visitor will have the privilege of reading some good reports from these workers.

沙谷原 NOTICE.

All the church clerks who have not sent in their reports to the office, please do so at once, as we desire to place some matters before our people as soon as we get the names of our church officers. A. G. HAUGHEY.

沙谷原

"There is a way that seemeth right unto a man, but the end thereof are the ways of death."

"So then faith cometh by hearing, and hearing by the word of God."

"For ever, O Lord, thy word is settled in heaven."



OUR PRESENT DUTY.

Selling Christ's Ob-What is it? doing in this work in this state? We quote the following from an article written by Elder A. G. Daniels: "The Lord now calls upon us to arouse. If there is a conference president or a ers' reports in it." We hope the canmember of a conference committee, or a conference laborer, or church officer who cannot be made to sense his responsibility, he is certainly un- that you will be careful when sendworthy of the place he holds, and ing in your reports to state the numought to step out and let some one ber of your orders and the value, as who can be aroused to the meaning of this is what the people desire to know. this call from the Lord, take his Also remember that we will be glad who holds any of these important of- ences, for the Lord says: "Those who fices, and who sees his responsibility, work for the Lord will meet with disbut shirks it from indifference or couragement; but the promise is alfear, or because the work is unpleasant, is unworthy of the position he ways, even unto the end of the occupies, and ought to let another world."-Matt. 28:20. God will give more worthy, and who will do the a most wonderful experience to those work, be placed in charge."

work. The Lord says by His Spirit: ed." "A general movement is needed, but no respector of persons. He has in- evangelist. full quota of books. Brethren, now for Canvassers, pp. 38 and 39. is the time to come to the front of the battle, for victory is ours. ters go forth in the "Object Lesson" we hear from you often.-Editor. compaign, with new zeal and earnestness. Our canvassers that were present received new courage in the work of scattering the printed page. Let the light of truth. May the prayers of the brethren of this conference ascend daily to the throne of grace for the success of this work.

A. G. HAUGHEY.

lumbus was a success in every way. The spirit of love and unity prevailed all through the meeting, and we believe that the canvassing work will take a new life from this time forth.

TO OUR CANVASSERS.

C. C. WEBSTER.

Many of our subscribers when renewing their subscription to the Visitor have said, "I like the Visitor so much because it has the canvassvassers will be faithful in sending in their reports so the Visitor readers will not be disappointed. We hope And still further, any man to hear some of your good experiways theirs, 'Lo, I am with you alwho will say, "I believe Thy promise; We each have a part to act in this I will not fail nor become discourag-

"Let those who gain such an expethis must begin with individual move- rience in working for the Lord write Let each member in each an account of it for our papers, that family in each church make deter- others may be encouraged. Let the mined efforts to deny self."-Test, canvasser tell of the joy and blessing Vol. 6. Thus we see that the Lord is he has received in his ministry as an These reports should cluded all in this work. We are glad find a place in our papers, for they that so many of our workers are in are far-reaching in their influence. the "Object Lesson" campaign, but They will be as sweet fragrance in the this does not exclude any of the church, a savor of life unto life. Thus church members. We do not know of it is seen that God works with those a church in Ohio that has sold their who co-operate with Him."-Manual

If you will send in your good re-We ports we will assure you that they were made to rejoice to see the spirit shall have a place in the Visitor. May of unity that prevailed at our recent the Lord be with you as you go forth institute. All of the younger minis- scattering the printed page, and may

THE INSTITUTE.

We went to Columbus early so were others join this army and help scatter there to attend the first meeting, which was small, but the brethren came in until by Sabbath we had a good class of workers on the ground. The blessing of peace and unity, that can only be found where the Spirit of Christ is working, was felt from The institute recently held in Co- the first. There was not a note of discord heard during the entire time. All seemed to believe that the work for this time is service in the field as ganyassers for "Christ's Object Lessons," and they were at the meeting for the purpose of gaining a more thorough preparation for this grand work. "I wish I had come earlier" was an oft-repeated expresion that dear mother left seven small children fell from the lips of those who came and the babe was buried in the same late. The brethren of the Columbus grave with the mother. plying our good cook with many arti- Stopp the writer was secured. ed. Of the many meetings we have church. Relatives from the city have success will be the result.

> W. E. BIDWELL. J. O. MILLER.

words cannot express. The Spirit of er end. God come in at the first meeting to refresh our hearts and to bring in a spirit of consecration. We now go Sept. 23, 1833, at Somersworth, N. H. forth to our fields of labor with bet- She made her home in the East until ter courage than ever before. May about the year 1882. the Lord arouse us all to go to work West to Chicago and later to Columin earnest in behalf of the Object bus, Ohio, where she became a mem-Lesson work. Brethren, we are well ber of the Seventh Day Adventist able to possess the land. the Master's service.

BENJ. L. HOUSE.

\$ E BRIEFS.

Many a preacher fails because he does not visit his people and find out their actual condition.-Moody.

from beaven, is the world."

"God judges the world by the same rule that He has given the world to act by Jesus Christ."

Most High!"

grant us "Thy salvation."



Sylvania, O., Eeb. 19, aged 35 years. coming of the Lord and resurrection It was a sad occasion indeed. The people church showed their interest in the were German Lutherans. They could died Feb. 15, at the age of 78 years, work not only by their presence at not secure their pastor, and through 8 months and 28 days. He was born many of the meetings, but also sup- the kindness of our dear Brother in England, the father of 13 chilcles of food and showing many little quartet went out from the city and attentions that were highly appreciat- we held the funeral in the M. E. attended among our workers, we provided homes for all the motherless have never seen so much of the Spirit ones. How much sadness there is in fessed in Christ during his illness. A of Christ manifested as there was at our earth. Let us pray our Lord to this meeting. Now brethren, let us hasten His coming to usher in His carry this spirit into our work and reign of peace. This is now the third funeral I have attended in four days. But O what a contrast from one living in luxury and when dead, almost buried in flowers costly and beautiful, Dear Visitor Friends-Since my and one dying under most adverse cirlast report I delivered 22 Object Les- cumstances with not a flower to sons and took orders for five more. I break the somber look of the black have also had the blessed privilege of casket. But immortality and eternal meeting with my brethren in the in- life are just before them when both stitute held in Columbus, Ohio. Such alike will be glorified with flowers that rich blessings as we have received, will never fade and life that will nev-D. E. LINDSEY.

> Mrs. Amanda Foster was born on She came Yours in church about the year 1884, and has been an active member of that faith ever since. The greater part of the past ten years has been spent in Chicago, where she worshiped with the S. D. A. South Side church of that city.

Death came suddenly after two days' illness, caused by an attack of apoplexy, on Jan. 23, 1902. Her rest-"The farthest a Christian can get ing place is Green Lawn cemetery near Columbus, Ohio.

A. G. HAUGHEY.

Adelia Moore of 120 18th street, "When satan presses his sugges- Toledo, O., was buried Feb. 18, 1902. attendance to sympathize with the in our sphere as God is in His."

lonely member. (All found comfort in listening to some of the exceedingly precious promises of the Lord concerning the dead. One by one our mothers and fathers are going to the Mrs. Minnie Krerzel was buried at land of silence, but our hope is in the The of His saints to immortality.

D. E. LINDSEY.

Wm. Hurst of Bowling Green, O., A dren, six of whom survive him. He was a brother of our aged Sister Klopfenstine, who is 85 years of age. The funeral was held in the church north of Bowling Green. Mr. Hurst proson is a brother-in-law to our dear afflicted Elder R. A. Boardman. Many aged people attended the funeral and words of hope were found in Rom. 8:18. D. E. LINDSEY.

3 V V SOMETHING TO CONSIDER.

A strong national temperance association, whose vital organic thought is the salvation of the nation, and a probable future participant in the fulfillment of Rev. 13:11-18, is planning to place several hundred enthusiastic resident workers, two or more in each county, into the state of Ohio. These workers are to place into every home in the state, the "most powerful, convincing, telling literature" that the association can produce. The entire nation is to be similarly organized. Should not this movement impel every canvasser to buckle on the armor more firmly? Should not the third angel's message have at least one worker in each county to systematically educate it in the principles of the message? Who will become one of them?

GEO. W. SPIES.

(Brother Spies informs us that the association referred to is the "American Protective Temperance Association" of Litchfield, Ill. The facts are found in the Searchlight of Feb. 1902.—Ed.)

* * * *

"The command, Be ye therefore tions upon our minds, we may, if we She had been a sufferer for years, perfect, even as your Father which cherish a: Thus saith the Lord,' be Her companion died some fifteen is in heaven is perfect,' would never drawn into the secret pavilion of the months ago, Brother Babcock preach have been given if every provision ing his funeral. An only daughter had not been made whereby we could "Show us Thy mercy, O Lord, and survives them. Many friends were in obey the requirement—be as perfect

AN APPEAL TO ALL.

In the fall of 1901 at a meeting of the Executive Committee of the Mt. Vernon Academy, in which all the members of the Academy Board of Trustees were invited to deliberate. it was unanimously voted to erect a new laundry building at the Academy for the use of the Academy students. The work was much delayed on accoutn of the much needed funds and the students' help to do the work. However, the building is now almost completed, and a modest yet neat structure is the result.

The Academy has no building fund only as the good people of the Ohio Conference are called upon to donate of their means toward the same. The Academy building itself needs repainting, it not having been repainted for ten years. To pay off all bills made in constructing the laundry and to do the painting \$1,000.00 is needed at an early date, so it was decided at a late meeting of the Executive Committee to make these needs known to all our good Seventh Adventists throughout state of Ohio. Brethren, we have great confidence in you and we know the Lord from whom all your blessings have come is able to impress your minds and teach each of you just how much you should give toward lifting this debt.

Now fathers and mothers, you who have sons and daughters in the school, and you young men and women who have had the privileges of the training at the Academy and know the need of the new building: you fathers and mothers who have sons and daughters to be educated at the school, and all others who have any interest in the young people among the Seventh Day Adventist believers, it is unto you we now APPEAL for Have your donations ready funds. to send to the Mt. Vernon Academy, Mt. Vernon, Ohio, on or before the middle of March.

May the God of all grace be with you all.

> A. G. HAUGHEY. 3 6 F

All of the Conference committee (except Elder R. A. Boardman, who is in Battle Creek, Mich.) met in Columbus, O., Feb. 16, to lay some plans for the work in Ohio. Several of the workers will enter the Christ's Object Lesson campaign until June 1. We few days last week in visiting his tained in the Scripture can be dis-

the field when the tent season opens at the church Sabbath, Feb. 22. up. The location of these tents is as based his remarks on John 15:1-10. yet undecided, but we want to put them in new fields. It is intended to put the younger workers in the tent This will not in any way work. change the city workers. Cleveland, Toledo, Columbus, Cincinnati, Hamilton and Springfield will be provided with help. Calls are coming for help from all parts of the field-the world. The harvest is ripe. Let us work while it is day.

> A. G. HAUGHEY. **& E**

> > Columbus, Ohio.

Dear Welcome Visitor-I am glad to report to the Visitor, that I am much encouraged in the work of the I started my work in this place January 20, and the Lord has indeed gone before me. Our family recently moved to another part of the city, so I took up my work among strangers, beginning with the next door neighbor and taking the street on which I live and those close by. None of my readings are farther than two squares from my home, and my time is mostly filled. I started my work by soliciting for Bible readings. I find that in this way the work can be started sooner than it otherwise could. I was really surprised to see the interest that the people manifested when I told them my errand. Many of them seemed to think it was just the thing. All seem to take such an interest in the readings, and I am praying for the Lord to so direct their hearts and minds that many of them may accept this precious truth. I realize that the Lord has given me a great responsibility, for in a way I feel responsible for these souls, that is, unless I am faithful to the work which the Lord has intrusted to me, and submit myself entirely to Him so that He can use me in the work which He has given me to do, He will hold me accountable. My prayer is, that many souls may be saved in the kingdom as the result of my work in Columbus.

FLORA McCOLLISTER. ITEMS OF INTEREST.

Elder A. G. Haughey and N. S. Miller spent February 21-24 in in thy wrath; we spend our years as Cleveland, Ohio.

Brother Benj. L. House spent a are planning to have eleven tents in many friends in this place. He spoke cerned only by the eye of faith."

Sister Sweet Mayberry writes very encouragingly of her work at Memphis and Raleigh. Quite an interest is being awakened by the Bible readings that she is conducting at Raleigh, and they are calling for a tentmeeting as soon as the weather will permit.-The Southern Watchman.

The Battle Creek Sanitarium and Hospital burned to the ground Feb. We quote the following from "The Morning Enquirer," published in Battle Creek, Mich .: "It is safe ao say that there is not a person in Battle Creek but will deeply regret this terrible loss to Michigan's "Queen City." The telegraph offices were filled, and the operators kept busy sending telegrams to every part of the country, assuring relatives and anxious friends that they were safe. Credit is also due to the organized body of Sanitarium firemen, who worked like tigers under the direction of Chief Weeks. No one shirked, and to many, whose names will never be known outside of their own home, great credit is due."

G. P. Gaede is continuing institute work in Columbus. He writes that he has a class of sixteen. They are studying Christ's Object Lessons, Marvel of Nations and Coming King. They canvass in the afternoon. The quota of Object Lessons for the Columbus church is 1,200. Brother Gaede will remain there for a time to assist in the work.

Elders C. A. Smith, R. R. Kennedy and H. H. Burkholder were in Academia one day last week attending the meeting of the Executive Committee of the Board of Managers of the Mt. Vernon Academy. genial faces of the workers are always welcome in the office.

沙谷原

"Do not err, my beloved brethren." "The righteous shall never be removed."

"One thing thou lackest. One leak can sink a ship, one sin destroy the sinner."

"For the Lord will not cast off His people, neither will he forsake III inheritance."

"For all our days are passed away a tale that is told."

"The precious pearls of truth con-