

"IWILL VISIT YOU, AND PERFORM MY GOOD WORD TOWARD YOU"

Vol. 21

Mount Vernon, Ohio, January 13, 1916

No. 2

UNION

Our New Columbia Union Office

No doubt the brethren and sisters of the Columbia Union have heard of the new office building which our Union is putting up at Takoma Park. During the last six or seven years the Columbia Union has been very much put to it to find a home for itself. Local conferences had their buildings in which they could store their goods, keep their documents, have elbow room for the secretary and a place to write for the treasurer; the General Conference had a nice building of its own, and the North American Division was wisely housed, with space enough in which to conduct its large and growing business; reports from China told of accommodations for documents, reports, valuable papers and work room in the office building, as well as did reports from other mission fields. But during all this time the Columbia Union had no place where to lay its head. It has rented quarters hither and yon, while the work within the Union has been growing by steady advances.

However, after the Union Committee had wrestled with the problem for some time in different forms and under different resolutions, we finally decided to come down to terra firma. So in the spring of 1915 the Union Committee took decisive steps to buy a valuable and well located lot on the District side in Takoma Park. Vote was made also to erect upon it an excellent building, and as a result the Union offices are now nicely housed in the new home.

The lower part of the building on the left hand side is rented out to Dr. E. M. Woolgar, who is a dentist, from Clyde, Ohio. The lower part of the building on the right hand side is rented to the Sanitarium to conduct a Doctor's office and take care of the large and growing Takoma Park medical practice. All of the second floor of the building, four rooms with three large closets and commodious bathroom, is given over to the Columbia Union Conference; while the third story of the building has three large rooms which will be available for other calls which are in prospect of materializing.

The Union Committee agrees that from every standpoint it is a profitable investment. It will easily result in the Union Conference being able to pay interest, taxes, insurance, etc. etc., from what it rents out to other parties and thus practically obtain its own office rent free.

We thought our brethren throughout the Columbia Union Conference would like to know about this move and so we are putting in this little article. The lot was secured for \$1500.00. The committee concluded to put up a building of about \$5,000.00. We have not yet all the bills in but in all probability the building will run some above this figure. We shall be pleased to later give some more information and tell some more about our new home while being able to show some photographs or cuts of the new Union Conference building.

B. G. Wilkinson.

This article is republished on account of an omission in the issue of December 23.

VIRGINIA

Week of Praver

It was my privilege to meet with the churches at Newport News, Portsmouth, and Norfolk at the time of the week of prayer. On account of serious illness, the elder of the company at Newport News was not able to attend the meetings. The attending physician had informed the family that unless help came soon he must be taken. Feeling that the Great Physician would hear prayer in his behalf, Brother Gardner called for the elders and asked to be annointed. The presence of God seemed very near as we bowed and prayed, and from that hour symptoms indicated a better condition.

The church united in prayer for their elder and it was a means of unifying and binding their hearts together anew.

It was my privilege to meet once with each of the three colored churches in this part of the conference. They were found of good courage, and although many of them are not blessed with this world's goods to any great extent, yet they were glad to contribute of their small earnings to advance the cause of God.

The latter part of the week was spent with the company at Portsmouth. Many of the members here had been soliciting and working with their neighbors and were consequently growing in grace and full of enthusiasm. A number who had not been attending the services regularly, came to the most of the meetings, and took active part in the services.

The Spirit of God touched our hearts and caused all to renew their consecration. It was a time of refreshing and new vows were made for more persistent efforts to work for the cause and live for God.

Determined efforts were made by this company to meet their financial quota, in face of the fact that they are making regular payments on their church property. All expressed themselves as of good courage to start the new year and expressed confidence that God would enable them to be of greater service for him. C. L. STONE.

The Institute

JOHN M. FASANKO,—This institute was the best Virginia has ever had. When I started from home I thought that I would only go and see how it was. The Holy Spirit was surely with us, because I did not feel like canvassing before the institute, but now I feel like going out in the harvest field and working for the Lord. All the colporteurs say this was the best institute they ever had. I enjoyed it very much.

DAVID ORR,—I am indeed grateful to the Lord for the blessings he has given me at this institute. The things I have learned will be a great help to me, as I go out in the highways and byways. The Bible studies and the instruction given are just what we evangelistic canvassers need to fit us for the work we have to do. The bread of life, and the bread that perisheth was nobly served to us.

AUBREY L. GARY,—I greatly enjoyed the institute and hope the instruction given will prove to the saving of many souls. Elder and Mrs. Haskell were with us the last part of the meetings, and helped us to gain a greater light on present truth. This was the best institute I have ever attended.

J. L. GOODE, —I praise God for the opportunity of attending the Canvasser's Institute which was held at Richmond, December 26 to January 5, 1916, and receiving a preparation to enter God's appointed work, to reach many who sit in darkness, who may never hear the living preacher. I look upon this work in a different light now to what I did before attending this feast of good things, both spiritual and physical. I was glad to meet Brother and Sister Haskell at this meeting. I was more than glad to have the pleasure of conversing with this old pioneer in this last message to the world.

Although past eighty-three years of age it is marvelous to see how God has preserved him to the present time, and what a knowledge he has of the scriptures. As the result of attending this gathering, I have been inspired to work as never before in order that I may hear the well done thou good and faithful servant enter thou the joys of thy Lord.

M. A. MALONEY,—I am grateful to the Lord for the privilege of attending this institute. Brother George has done his very best to so arrange the institute as to make it the best that has ever been in Virginia.

Brother Moffet and Dr. Kress gave some very interesting talks, which were a treat to all of us. It has been a great help to me to hear the Bible studies by Brother and Sister Haskell. We thank God for sending these old pioneers to us at this time, I would not have missed this for anything in this world, those Bible studies came like dew to the flowers. I am glad to be here to meet with other colporteurs and hear their many good experiences, which has given me greater courage to press forward in the Lord's great vineyard.

S. N. WILMER,—I am very thankful to the Lord for the many blessings of the institute. He has surely been with us, and it has been one of great success. We had just the instruction that we needed. All who did not attend surely missed many a good thing the Lord had in store for them. I hope we will have three times the number at the next institute.

W. H. HUNT, — The Virginia Institute for this season is past. I for one looked forward to that meeting as a time of great spiritual uplift, and I was not disappointed. Brother I. D. Richardson was with us a few days and the burden of his instruction seemed to be to impress us with the fact that we are not simply book agents, but evangelistic canvassers, to do any kind of good that we can as we go from house to house. Jesus went about doing good. We shall follow in his steps. Dr. D. H. Kress gave us some timely instruction on hygeine.

W. E. CARTER,—This brings to a close one of the greatest Canvassers' Institute the demonination in Virginia has ever held. The instruction has been excellent. We have been as it were in an atmosphere of heaven. We trust we will all carry with us this splendid influence when we go to the fields. The Lord is good, to him be the glory. We all hope to see an influence go out from here that will spread over the whole state.

WEST PENNSYLVANIA

News Notes

Elder F. H. Robbins has just arrived at the office from a tour among the churches. He reports good meetings held at the churches visited.

We thank our Heavenly Father for his loving kindness and tender mercy to us during the past year. There has been a good increase in membership, also in tithes and offerings in this conference. The members have paid an average of twenty-cents a week for missions, thus we were enabled to reach our goal.

Elder J. W. Watt has gone to Clearfield to hold a series of meetings.

Elder D. A. Parsons has arrived from Los Angeles, California, and has taken up the work in Pittsburgh. The members of the Pittsburgh No. 1. church all heartily, welcome him. We believe that Brother and Sister Parsons will like their new field of labor.

A brother who lives in Jeanette recently attended the services held in Greensburgh. Twenty years ago he heard Elder Saunders preach, and is now taking a firm stand for the truth.

Dr. D. H. Kress of Washington, D. C. is now with us in our Colporteurs' Institute. He will spend several weeks in this conference attending general meetings;

The cheering word from the colporteur at the front helps one to feel the same spirit of inspiration that is developed in the hearts of those who are spreading the printed page. We pass on a few words in a recent letter received from Brother Glunt who has been working in Erie County. "How precious indeed to connect with heaven and the host that greatly desire to co-operate with us. How often has that unseen one held out comfort when Satan tried so hard to discourage. 'Tis sweet indeed when we get into the real evangelistic work. Contentment in the work is great gain. It is wonderful how the Holy Spirit keeps one sweet even amid hard sayings. It means more than a profession to be a follower of the meek and lowly One. Oh, how the power of the Divine is given to those who are following the footsteps of their Lord and Master doing good!"

By the time these words reach our readers the Colporteurs' Institute will be in session. To date fourteen have reported as planning definitely to attend. We have every reason to look forward to another successful year for the colporteur work in this conference. The year 1915 closes with an excellent record. Our actual gain in deliveries over 1914 totaled a little more than \$1500. We thank the Lord for the success that has attended the efforts of the colporteurs during the past year, and pray that the coming year will give still greater evidence of his blessing.

Brother Buttermore moves to Green County this week. This will be his field of labor during the next two years. We trust that he will have continued success in his work there in placing the message in the homes of the people.

Brother Brownlee is enjoying good success in Charleroi. Since the beginning of his work there less than a month ago his sales have amounted to about \$250. Charleroi is a town of about eight thousand inhabitants. Let us remember Brother Brownlee as he finishes his work in this place.

Pittsburgh Colored Church Building

Sabbath, December 18 the Pittsburgh colored church worshipped in its new home, thus ending its more than nine years of wandering. Ground was broken September 20, thus in less than three months we had a place of worship. The public has marveled at its rapid progress. We moved in to save a month's rent, while the finishing was being done. Sunday night, December 26, I baptized two persons thus christening the baptistry.

It has meant much taxing labor to have it advanced so fast. For three weeks I have worked until late at night. Brother Jas. Konigmacker of the No. 1. church, besides donating all the varnish, spent several days of hard work with me on the finishing. All praise to our God for his goodness.

The New Year finds me bed-fast, as on December 29 I suffered a collapse. Feeling ill, and nervous, I returned home from the building, and while endeavoring to reach a bed, I fell to the floor unconscious—exhausted.

That day Brother Konigmacker kindly varnished the floors, so that the building is ready for dedication, which will be 2:30 P. M. Sunday, January 16, God willing, Professor Wilkinson will preach the dedicatory sermon.

I wish those of neighboring churches who have promised, or would like to attend the dedication, to accept this notice, as I may not now be able to write special invitations in time. I also wish to thank most sincerely those who have contributed to this enterprise in any way. Your help has been greatly appreciated.

In conclusion, I solicit the prayers of those who read these lines, for my speedy recovery. A. N. DURRANT.

OHIO

The Cleveland Colporteurs' Convention

Doubtless the largest and most successful Colporteurs' Convention ever held in the state of Ohio is now in session in Cleveland. The believers in Ohio will rejoice to know of the fine prospect for the future of our book work that is indicated by this meeting.

There are forty-five in attendance at the convention. Nearly all of these are quite mature and of good ability to make this branch of the work a success. Many times in the past, we have had quite a number enter this work whom we could not very well expect to make good. The fact that we have so many men who have succeeded in other lines and who have given up good positions to enter this work. is very gratifying. For instance, we have with us one brother who has been successful as a secret service man in government employ who with his wife is now planning to give his whole time to this important branch the of work. Another young man who has served as a detective in one of our large cities, is making a success in this work. We have with us at this convention a brother who has recently accepted the truth who was for several years an ordained Baptist minister.

Report of District of Columbia Churches for November

Church	Ti	the	Total Tith	e	20 cent a	week	Total 20	cent
Alexandria No. 1			59	25	1		24	90
Alexandria No. 2		(1	05	1		13	78
Arlington Church.	2	16	164	28	5	39	168	31
Belmont Company			10	43			12	16
Chilton's Church.	14	43	127	48	1	79	16	81
Colonial Beach		37	146	43	24	63	111	98
Clifton Station Company			20	$\overline{79}$			11	70
Conference Church			481	19		1	119	20
First Church	84	44	1633		18	90	177	32
Kilmarnock Church		68	625		9	07	132	39
Memorial Church	$3\overline{71}$		3984		87	78	1174	33
Mt. Rainier Church	0.1	12	173				37	25
People's Church	66	40	1314		15	34	235	31
Sligo Church	291		3598		159	87	1542	28
Takoma Park Church	645		8877		251		2608	13
Mt. Gilead Company	010	20		õõ		•1	9	75
Signs of the Times			10	00	1		29	53
Campbell Hall Company	14	16	26	90	2	42	6	60
		49	145			$\overline{99}$		12
East Capitol Church	05	49	140	01	21		00	~ ~
Totals	\$1605	83	\$12433	22	\$598	22	\$6489	85

Report of Twenty-cent-a-week Fund to November 30, 1915

Church	Members	Goal at \$9.53	Am`t Rec'd	Am't Short	Am't Ahea
Alexandria No. 1	10	95 30	24 90	70 40	1
Alexandria No. 2.	17	162 01	13 78	148 23	
Arlington	30	285 90	$168 \ 31$	117 59	
Belmont Company			$12 \ 16$		12 16
Chilton's	10	95 30	16 81	78 49	
Colonial Beach	8	76 24	111 98		35 74
Clifton	-		11 70		11 70
Conference	9	85 77	119 20		34 43
First Church	90	857 70	$177 \ 32$	680 38	
Kilmarnock	16	$152 \ 48$	$132 \ 48$	20 09	
Memorial	105	1000 65	$1174 \ 33$		173 68
Mt. Rainier	25	238 25	$37 \ 25$	$201 \ 00$	
Peoples' Church	120	$1143\ 60$	$235 \ 31$	908 29	
Sligo	123	1172 19	$1542\ 28$	370 09	370 09
Takoma Park	262	2496 86	2608 13		111 27
Mt. Gilead Co			975		9 75
Signs of the Times			29 53		29 53
Campbell Hall	1		6 50		6 60
East Capitol			58 12		59 12
Totals	825	\$7862 25	\$6489 85	\$2224 47	\$852 07
Net Shortage		\$1372	40		
Total Ingathe	·	14 \$1257	85		
Ų	-				
Total Ingathe	ering for 19	10 to date	907 43		

About the same time that he embraced the message, another minister in West Virginia of the Christian Church embraced it also, and it was quite an unique experience for the latter, of the Christian denomination, to baptize into our cause the former minister of the Baptist denomination. But to see such workers called into our colporteur work with all their force and energy and determination is gratifying indeed. A large per cent of our old workers are in attendance at the convention in addition to a good number of new and promising workers. It has been my privilege to spend nearly a week in assisting Brother Punches in this work, but the burden has quite largely rested upon him. in that Elder Eastman was detained from coming and Brother Richardson has promised to be with us only the last two or three days. Elder R. S. Lindsay, pastor of the church at Cleveland, has been assiting in the spiritual work, and Elder H. A. Weaver came in from Elyria and preached one evening. The principal part of the instruction is being given by Brother V. O. Punches, assisted by C. E. Reichenbaugh, amd J. I. Cassell. I am returning to spend the last three days of the convention with them, and I am glad to assure our people that prospects for the book work seem quite bright for the future.

A most excellent spirit prevails and I think I never saw a happier lot of workers together where they are enjoying the convenience and hospitality that are provided through the kindness of the Cleveland church. All praying people should remember this band of workers as they go forth to engage in their important work for the coming season. E. K. SLADE.

News Notes

While you are planning for 1916, do you think that you can keep pace with the progress of the message without taking the *Review* and the VISITOR? The regular price of the *Review* is two dollars, but that will buy you both for the year. This offer holds good until February 1.

All church clerks will please bear in mind that their quarterly report is wanted at the conference office at once. If your church election has not been held yet, send the report with questions answered and advise us later about change of officers.

Columbus

During the time that the Washington Missionary College suspended class work for the holiday vacation, it was my privilege to visit the church in Columbus, Ohio. It was a source of great satisfaction to see the earnestness manifested by all. The leaven of truth is at work and it seems clear that if the believers remain loyal there will be a large harvest of souls gathered soon.

Brother and Sister Eusey have the confidence of the members and seem to be given love in abundance.

On Sabbath, January 1, two dear souls, adults, followed their Lord in baptism. One of these expects to engage in the canvassing work at once.

Two men and their wives gave us the assurance that they are convinced, fully, of the truth of the message and have definitely promised to begin obeying it soon. We feel sure that they are in earnest and that they will soon join the church.

Nothing so inspires us as the progress of the message. We want to keep pace with it. H. H. VOTAW.

Auto Intoxication—Physical and Spiritual

Some definitions may be in order. Take the expression, physical auto-intoxication. Physical—the body, auto—self. Intoxication — drunkenness or poisoning. It means simply, the body poisoning itself with poisons manufactured within. The body may, under adverse condition, generate more toxic substances than it is possible to eliminate and the tissues are literally poisoned with them.

"Blessed art thou, O land, when thy king is the son of nobles, and thy princes eat in due season, for strength and not for drunkenness!" When the law making and law enforcing class of a land are men of principle enough to eat for strength and nourishment and to avoid eating merely for pleasure or drunkenness that land is to be congratulated. It is blessed.

Too often eating is a matter of whim and appetite without reference to food value or nourishment. What is the result? Just what the scripture calls "drunkenness;" and science terms auto-intoxication. The body .ast dispose of all the food and other material taken some way or other. The food is digested and absorbed and assimulated into new blood and other tissues while the residue is left to clog the wheels of physiological progress and act as a toxic substance to the tissues. This may and does occur from overloading the stomach on good foods as well as the use of poor food substances. Says Dr. Frank R. Starkey:

"Overloading the stomach is a prolific source of gastro-intestinal trouble, as the digestive organs are taxed beyond their capacity and the residue of food putrifies and produces toxins.

Rational people should realize the enormity of the mistake that is made when the stomach is loaded with a conglomeration of foods, but which, when mixed together, undergo chemical changes that render them not only useless but dangerous."

The above enormous but frequent mistake gives rise to coated tongue and bad taste in the mouth on rising in the morning. Soon one begins to note that one is not rested after a night of heavy slumber. This tired feeling persist until it becomes a general condition of physical depression which gradually engulfs the mind and spirits giving rise to depression and discouragement. There may be pains in the back of the head and neck with spells of vertigo or dizziness with black specks floating before the eyes. Soon the so-callled "kidney pains" make their appearance in the small of the back and merge into lumbago and other myalgias or muscle pains. The victim of his own lust. or foolishness, or ignorance, as the case may be, is pale and sallow with cloudy whites of the eyes and seems bloodless and chilly. The heart may be disturbed by palpitatation; the kidneys secrete urine loaded with indican, traces of albumen, and even tube casts; the liver is sluggish and may develop cirrhosis or hardening. The skin may be affected by eczema, herpes zoster pemphigus or pimples. Other and numerous symptons appear in this condition but these will suffice to show the serious character of a disease that begins always at the table and is entirely and always preventable.

Mistaken notions may easily arise about the condition, and the so-called "billiousness" or other cause be given, the proper treatment of which, differs widely from that for auto-intoxication. The coated tongue yellowish eyes, and sallow complexion might suggest "billiousness;" the pains in the back of the neck, mental depression and flashes and specks before the eyes suggest neurathenia; while the muscle pains readily suggest lumbago or rheumatism.

And it all arises from eating incorrectly. And it is therefore entirely preventable. It may be merely the overloading of the stomach day by day; the use of unwholesome foods continually; or the wrong use of perfectly good food, like hasty eating, bad combination, etc.

All too frequently the foundation of the trouble is laid in infancy by irregular feeding or overfeeding. The use of artificial foods is the starting point for many future invalids. In fact the infant is literally trained to future bodily suffering and mental depression by this bad beginning. Then the growing child is glutted with food designed to furnish nourishment for wood choppers and harvest hands; the youth early has attacks of indigestion and constipation; and finally the adult is seen blossoming into the average round of symptoms noted above and that blight his happiness and ruin his influence. We call it auto-intoxication or self poisoning. Who is to blame? J. D. MONTGOMERY.

Righteousness By Works

How of't we're chagrined and discouraged, On account of mistakes without end.

Because on self we place too much value, On good works too much we depend.

We have tried to make ourselves better, We have promised and promised again,

Times without number we have been defeated Time has proven our efforts in vain.

But when we yield ourselves to Him wholly, All we are to Him we have given,

No more on our own strength relying,

Nor expect by our works to gain heaven,

Then Jesus will come to our rescue, His righteousness covers our sins, Our faith laying hold on his promise He keeps-us without and within.

How of't we in darkness have wandered, As thru this dark world we have roamed, And how blessed to hear the word spoken,

That Jesus will welcome us home.

-C. C. Webster, Mt. Vernon, Ohio.

CHESAPEAKE

News Notes

Elder F.H. Seeney, who has had charge of the colored work in Wilmington, Del., paid a parting visit to the conference office yesterday. He is taking charge of the People's church in Washington, D. C. As yet no one has been selected to take his place. Elder G. P. Rodgers baptized twentyone more souls on Sunday evening.

Elder B. G. Wilkinson, president of the Columbia Union Conference, spent Sabbath in Baltimore, and in company with Elder M. C. Kirkendall visited the colored church. Elder Wilkinson spoke to a very appreciative audience.

Miss Laura Phillips has returned from Washington, where she spent the vacation visiting her mother. She resumed her work in the church school again.

Miss Myrtle Kirkendall, who has been visiting her parents for more than a week has returned to the Washington Missionary College to continue her work there.

Mr. and Mrs. Charles Blosser, who have been teaching at Rock Hall are still at the home of Mrs. Blosser, Brother Blosser having had to undergo an operation for an abscess. He is improving and will soon be ready to resume his work.

The majority of our colporteurs took a short vacation. They are hard at work again this week.

The receipts for the month of December are very incouraging. A report of the yearly receipts will be given later.

NEW JERSEY

Sussex

The work is onward in Sussex, N. J. although Satan is working very hard to hinder. We took up work here last October and began canvassing with the "Family Bible Teacher". We have obtained sixty-four readers.

The Methodist, Baptist and Presbyterian ministers warned their congregations in special sermons concerning our faith, telling them to burn the lessons I had given out, as they would lead those who read them to erroneous views of the scriptures. I undertook to get a hall for meetings, but could only get it for Sunday afternoons.

After giving me the promise of it I received a letter two or three days later telling me it was impossible for me to have the use of it. I afterward learned the reasons. The manager's sister belongs to the Methodist Church; when he told her what the hall was to be used for on Sunday afternoons during January, she asked him not to permit it. She told her minister, he told the other two and the three waited on the owner of the hall and warned him, if he let me use the hall they would ruin his moving picture business. His manager threatened to resign if he consented to my holding meetings.

An evangelist who held meetings here this past fall for six or seven weeks spoke in the Community House on Thursday night and gave our faith another overhauling. He stated that he would come back and start Bible studies and convert the Seventh-day Adventist, as he had converted two in Warwick, N. J. where he just closed a series of meetings.

Through all this stir in town the Lord has over-ruled so that I have still sixtyfour reading the lessons I am taking to their homes. We have also made some friends.

We are praying that the Lord will open some homes to us for Bible studies. This week the people get the sixteenth lesson. We are confident the Lord has honest hearts here, so that with patient labor coupled with prayer, a good company will be raised up. In these trying experiences there always comes a blessed promise which has bouyed us up, found in Jer. 1:17-19. Already two are enquiring about the Sabbath.

Brethren and sisters remember this field in your daily devotions, that God will crown the work here with precious souls. G. MEDAIRY.

News Notes

Worker's meeting was held in Newark, December 21-23. A most excellent spirit prevailed during the meeting, and the Lord was present with us. Elder Wilkinson spent two days with us, and the good instruction which he gave us was much appreciated. The ladies of the church saw that the workers were hospitably entertained, and made them very comfortable. The three days, though very busy ones, passed most pleasantly. Unity characterized each meeting, and harmony reigned. Behold how good and pleasant a thing it is for brethren to dwell together in unity!

Ethel and Norman Wilson spent Christmas week at their home in Newark. Their many friends were glad to see their smiling faces once more. They brought good reports of the college at Washington.

Brother Barritt is at the office this week, busily engaged in preparations for the coming missionary conventions to be held in connection with the general meetings this winter.

Elder H. F. Taylor of Jersey City was in Trenton, Sunday, December 26. After spending the night with old friends from New York state he returned home Monday. He does not feel that he can afford to leave that new church building for very long at a time, until it is completed.

Mr. Clarence Gibbs and Miss Tanner from the Washington Sanitarium were the guests of Mr. and Mrs. T. H. Barritt, Tuesday, December 27.

The educational secretary has recently spent a week among the church schools in South Jersey. Each one of the three is doing well, and proving a blessing to the children attending, as well as to the churches where they are located.

A variety shower was given Miss Ethel Helfrich, during Christmas week. A pleasant evening was passed, and she received a number of useful presents.

On Sabbath, December 25, a sacred literary and musical program was given in the Trenton church by the Missionary Volunteer society. There were appropriate recitations, vocal and instrumental music, and a most interesting practical demonstration of how a family Bible study may be made a means of presenting the truth to our neighbors and friends. All pronounced the program a most helpful one, and well worth hearing.

Brother N. L. Everett called at the office one day last week.

You will all be glad to know that Jersey has more than reached its quota of the \$100,000 Harvest Ingathering Fund. This is the first time in the history of the conference. Is not this cause for rejoicing?

Miss Lora Taylor and Miss Olive Boynton greatly enjoyed the holidays at their homes in Cape May Court House.

Mary and Neva Sandborn spent their holidays in Trenton, and received a most hearty welcome from friends and relatives.

Miss Lora Tarbell, one of our New Jersey church-school teachers, has just returned from a weeks vacation in Wilmington, Delaware.

December 29 the Conference Committee met at the office in Trenton. It was their last meeting in 1915. The Old Year has gone, and the youthful face of the New Year has put in an appearance. May it be one of the best years our conference has ever known.

Mrs. Lydia F. Scott of Newark made a visit to the office on Friday, December

31. It was her first visit to the New Jersey Conference office. We were glad to see her, and trust that she will call again.

Here is some good news for the Missionary Volunteers. A friend of the Jersey young people has recently given ten dollars to, and the purchasing of books for a Conference Missionary Volunteer Library. To this the conference has added an equal amount, and we shall soon have a number of good books which are to be loaned out to our young people to read. If there are those who would like to help this enterprise by giving either books or money, it will be greatly appreciated. Address Miss Ella Iden, 200 Columbus Ave., Trenton, N. J.

On New Year's night a pretty wedding took place in the church in Trenton. Miss Ethel Helfrich, who was formerly engaged in this city as Bible worker, and Mr. LeRoy Dye, also of Trenton, were united in marriage by Elder A. R. Sanborn, at eight o'clock. Kindest wishes for a happy, useful life in God's service will follow them as they take up the journey together.

Miss Baumgartner, who is teaching at Bridgeton, has returned from a visit to her home in Vera Cruz, Pa. All are glad to have her back again.

"Well-arranged time is the best mark of a well arranged mind."

The Junior Missionary Volunteer Society at Cape May Court House has the honor of having earned the largest number of reading course certificates of any society in the conference, eleven of them. That is very good indeed.

Have you seen the Morning Watch Calendars for 1916? It is better than ever, if possible. Do not fail to secure a copy and use it. The outline in the back for the Bible year is a new feature. It would be a fine thing if every young person in the conference would read the Bible through by course this year. Will you be one to do this? The tract society have just received a supply, so order as soon as possible before they are gone and then you will not have to wait for yours.

"The tendency to persevere, to persist in spite of hindrance, discouragements, and impossibilities—it is this that distinguishes the strong from the weak."

The Morning Watch Calendar

The morning is the best hour for communion with God. It seems to have been the Master's choice. How many are willing to put forth the effort and exercise

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West Pennsylvania, Week Ending December 31, 1915												

West Pennsylvania, Week Ending December 31, 1915

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the grim determination it will take to form the habit of the Morning Watch? Can you who read these lines estimate what such a habit might mean to you?

Have not time? No, neither had Martha time for communion with the Master, but Jesus said: "Martha, Martha, thou art careful and troubled about many things: but one thing is needful: and Mary hath chosen that good part, which shall not be taken away from her." Luke 10:41,42. Sister White, in commenting on this, said: "The one thing that Martha needed was a calm devotional spirit, a deeper anxiety for knowledge concerning the future, immortal life, and the graces necessary for spiritual advancement. She needed less anxiety for the things that pass away, and more for those things which endure." Desire of Ages, p. 525.

The 1916 issue of the Morning Watch Calendar is one of the very best we have ever put out. The cover illustration, the daily texts on Christian living, the gems of thought, the suggestions for prayer, the daily assignments for reading the Bible through in partial chronological order, the blanks for daily reports of missionary work, and the Sabbath sunset table truly make this little publication a great blessing and help.

Yet it sells for only five cents. We want all our people to have it for themselves, and also to give it to others who may be blessed by it. It makes a dainty and useful New Year's memento. Order from your tract society. M. E. KERN.

The Christian Sabbath Guardians

The above title is the name given by one of the leading newspapers of this country to Seventh-day Adventists. Soon after Sister White passed away, some of the Jewish newspapers and magazines wrote editorials and comments on the life of the servant of the Lord. In connection with those comments we find the following with reference to Seventhday Adventists, and the life and work of Sister White:—

"We refer to the well known Sabbath-Christian, Mrs. Ellen G. White. We call her the well known Sabbath-Christian, for she really was the founder of the well-known sect who are called Seventhday Adventists. To make it more plain and simple to the Jews, for brevity we would say, 'The Christian Sabbath Guardians.'

The Seventh-day Adventists believe, as do the Jews, that the true Sabbath is Saturday, and not Sunday. Jesus Christ himself, they say, observed the seventh day as the Sabbath. They observe the Sabbath very strictly, closing their business houses during the entire day. They do no kind of work on the Sabbath, and guard it from desceration as does the most pious Jew.

"This sect of Sabbath-Christians is spread all over the land. There is scarcely a city in America but what can be found these Seventh-day Adventists."—New York Warheit(Truth).

What a beautiful term to use with reference to Sabbath-keepers, "Christian Sabbath Guardians." It is really surprising to have such statements come from a Jew, and an orthodox one at that. Who would have dreamed a few years ago of an orthodox Jewish paper saying that "Jesus Christ himself . . . also observed the seventh day as the Sabbath." It was not long since that a paper of that character would not have even mentioned the name of the Saviour. What has brought about such a change? What has given the Jews such a view of Seventh-day Adventists? Why do the Jews feel so towards our people? We believe that it is because in the past few years the Jewish people have come to know Seventh-day Adventists. The Jews are as bitter today as ever towards popular or professed Christianity. Repeatedly are the Jews proclaiming in these days that Christianity is a failure; for the children of Abraham still believe that England, France, Germany, Russia, and other European countries involved in this wholesale murder are all Christian peoples. Hence they claim that so-called Christianity is a failure.

As our people have come in touch with the Jews and have made manifest to them that true Christianity is not what these Jews have been taught, a different feeling has developed among them towards one class professing Christianity; and many of these children of Israel have been investigating Christianity as it is recognized by Seventh-day Adventists.

Has not the effort been worth something? Has not this work of publicity brought forth some good results? Has not this literature which for severeral years hasbeen placed in the hands of our Jewish neighbors, friends, and citizens, been productive of some good? Has not this educational campaign given the Jews a different idea of the gospel from what they have been accustomed to believe? We believe that it has. We believe, dear brethren and sisters, that the seeds of truth which you have sown for these years has been planted in some honest hearts; we believe that some of this seed has taken root, and we are confident that more will take root.

Let us therefore keep on with this good work. Do not forget to place in the hands of our Jewish friends some of the literature especially adapted for these children of Abraham. The Spirit of God will convince them that there is truth in the gospel of the Son of God, and that Seventh-day Adventists are the people who are making manifest the message of God for this time.

It has been encouraging to watch the interest which has developed among our people in placing in the hands of Jews the new Yiddish magazine, "The Old Candle on a New Candlestick." We have already put out over eight thousand copies. Have you brought the attention of your Jewish friends to this magazine? Get a supply right away before the edition is exhausted.

It is a thirty-two page magazine, and

sells to our people for three cents. Order at once a supply from your tract society, or from the Good Tidings Press, South Lancaster, Mass. F. C. GILBERT.

First Things First

We are all pretty well agreed, theoretically, on what is really important in life. The difference comes in what we emphasize in practice. We say that the man who for the sake of keeping up with his well-to-do neighbor buys an automobile which he is really able neither to own nor to maintain, is over emphasizing the value of appearances. He is not making first things first.

Everywhere we go to day we are brought face to face with these words, "Safety first." They are printed on the trolley poles in some cities. You see them as you enter and leave the street car. I recently saw them wrought into the grille of a railway ticket window. Those words are a call to men in the whirl of our modern life to remember that safety is more important than speed.

We are living in a reading age, and unless we master our reading, it will probably master us. Unless we plan for and persevere in a course of good reading, we drift into the habit of spending all our spare time in reading that which is of little worth. How do you suppose the time spent by Seventh-day Adventist in reading the daily papers compares with the time they spend in reading the Bible? How is it in your case? Many have never learned how to get quickly from the newspaper what is essential, that they may pass on to something more substantial and elevating.

Out of all the reading matter that is thrust upon us are we giving the Bible first place? The daily paper is only for the hour of its publication. many books are only for a day, as it were; others to instruct a single generation; but the Bible is a book for all time and all generations. It contains all the foundation principles of civilization, culture, and religion. It can never be outgrown. It widens and deepens with the years. "One gem from that ocean is worth all the pebbles from earthly streams."

Some of you have said, "When I have time, I will read the Bible through." Yet as the days and the months and the years hurry by, you have not done it. If you will talk with God about your attitude toward his Word, very likely you will hear a gentle voice saying, "Now is the time, my child. Your days will always be full of cares. It is not after all, so much a question of your having time as how you choose to spend your time. Now is the time. Begin today."

There began in our good church paper (which every true Seventh-day Adventist

COLUMBIA UNION VISITOR OFFICIAL ORGAN OF THE

COLUMBIA UNION CONFERENCE of the Seventh-day Adventists ISSUED FIFTY TIMES A YEAR

> BY THE Mount Vernon College Press Mount Vernon, Ohio

Price, 50 Cents a Year in Advance

OLIVE	KRUM-HAGMANN	-	EDITOR

Entered as second-class matter March 25, 1908, at the post-office at Mount Vernon, O., under the Act of Congress of March 3, 1879.

Address all subscriptions and make all money orders payable to your tract society.

The check mark here indicates that your subscription has expired. Kindly renew at once.

should read), in the issue of December 30, an outline of the Bible Year for 1916. This is conducted by the Missionary

Volunteer Department, but old and young are urged to join the circle. Have you begun? In order that we may know how many will take up this course, and as an aid to your own perseverance, please fill ou⁺ '_is blank, and send it to your Conference Missionary Volunteer secretary. M. E. KERN.

A BIBLE YEAR

Please enroll my name as a member of the Bible Year Course. I will make an earnest endeavor to systematically read the Bible through during 1916.

Name

Address____

Date

OBITUARIES

PETTITORY. - Elizabeth Glarden was born near Hamilton, Ohio, July 26,1832 and died at the home of her daughter, Mrs. W. M. Campbell, Norwood, Ohio, December 29, 1915 aged 83 years, 5 months, and 3 days. At the age of nineteen she was married to Charles Pettitory. Of this union twelve children were born to them; eight are still living. Sister Pettitory was baptized in 1904 and united with the Cincinnati S. D. A. Church and was a faithful member till her death. We fully believe that she sleeps in Jesus and will come forth in the first resurrection. The funeral service was held in the Sardinia Christian Church and the many friends present showed their appreciation of her consistent life.

J. F. OLMSTED.

In a letter from Elder R. T. Baer, former president of the Chesapeake Conference and who is now president of the Argentine Conference, South America, he says:

"Just a few lines to say that we have not forgotten you though we are in a far distant field. We are getting the VISITOR, and it is truly a welcome VISITOR for it informs us what is going on in the Columbia Union Conference. We expect to take it as long as it is published.

"We enjoy our work here and the people. We wish to say to the readers of the VISITOR that we still feel an interest in the work in the Columbia Union Conference and we know we shall have their prayers for the work among the Spanish people of Argentine."

Washington Missionary College

The Christmas vacation has been a pleasant one for those who have remained at the college. Each evening there has been an entertainment of some kind in the dining hall, and there has been plenty of work to do each day. A number of the students are attending the lectures of the Pan-American Congress.

As a result of the faithful efforts of Miss Owen, Mrs. Pulver, Mrs. Dimmock, and others, there was a Christmas tree for the poor children of the neighborhood in the Sanitarium gymnasium Saturday evening.

Miss Florence Swartout and Mr. Floyd Smith have been called to take up mission work in India. They were quietly married at the home of Elder Spicer Saturday evening, December 20. They will sail. February 23.

Elder George F. Enoch and his wife have arrived in Washington. He will lead out in the campaign to raise money for the enlargment of the college.

Elder Porter is spending a few days at the college in the interests of the Asiatic division. After attending the Atlantic Union meeting he will again return to Washington.

A Boston stitcher has been purchased for the printing office. This is a much desired addition to the present equipment, as the old machine frequently refused to do its work.

You should stop into the printing office and listen to the sound of industry. The wheels of the press make a continual song. Twenty young people are working in the office. The college is to hold its constituency meeting January 26. Important matters pertaining to the interests of the college will be under consideration at that time. A special program showing the educational features of the college will be prepared for the meeting.

Four of the students have undergone operations during the vacation. Miss Frances Williams, Miss Mabel Soper, Mr. Kenneth Richards, and Mr. Wm. Woolgar. All are recovering nicely.

Mrs. Ella Ogden has been spending the holidays with her nephew, Edmund Vincent.

Several new students are expecting to enter the college the new semester. Some are coming in after the holidays.

Mrs. Lightsey, of Plant City, Florida, has been visiting her daughter Ula.

Special Discount on the "Testimonies for the Church"

The following decision rendered at the Missionary and Bookmen's Convention, Mountain View, California, March 15, 1915, will be of special interest to our people everywhere.

"That the full sets of the Testimonies be furnished as follows:---

"Leather bound, nine volumes (retail price \$8.25) \$7.00.

"That ten per cent. discount be allowed a purchaser buying a single copy to complete a set; on two or more copies to complete a set, 15 per cent. discount."

Now is the time to provide yourself with these valuable works. The study of the Testimonies is calculated to make men spiritually strong. We feel confident that a careful study of these precious volumes would make active missionary soul winners of all our people. Send direct to your tract society, and make any sacrifice necessary to thus equip yourself for the conflict. F. W. PAAP.

Advertisements

Approved advertisements will be published in the VISITOR at the rate of twenty-five cents for twenty words or less, and one cent for each additional word. Each group of initials or figures counts as one word. Cash and reference must accompany copy for all advertisements.

WANTED:—An industrious Seventh-day Adventist man to take half interest in a farm consisting of 400 acres, also stock and farm implements. Will also sell or rent. For further informatian address R. A. Cunningham, Elizabeth, W. Va. R. 2.