

Columbia Union Visitor

"THEY REHEARSED ALL THINGS THAT GOD HAD DONE WITH THEM"

Vol. 22

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No. 48

UNION

411 Cedar St., Washington, D. C.
B. G. Wilkinson, Pres., R. T. Dowsett, Sec.

November The Best Month Sunday The Best Day

November is the better of the two remaining months of the Harvest Ingathering Campaign for soliciting funds, and every church, band and member should reach their goals before the end of this month, so that the month of December may be devoted to the sale of our books which will make splendid holiday gifts, and for which the people will be grateful.

With entire consecration and application, every member and church can raise their goal in a few hours. Let every member go at it with as much determination and devotion as did the nation in raising the Liberty Bond Fund, and our whole denomination will be surprised how quickly and easily the goal will be over-subscribed.

Sunday is the best day of the week to solicit mission funds. The people are usually paid on Saturday and one is more apt to find them at home on Sunday. They have more time on their hands that day than any other day. This is not theory, it is a fact. The writer and many others have tried it out. One Sunday Mrs. Hirlinger and I went down into an ordinary residential section of Conservative Washington, and in a little more than two hours we gathered in over ten dollars. Besides gathering in funds we had the pleasure of talking and praying with souls who were hungering and thirsting for truth and righteousness.

Brother, sister, resolve *right now*, that, "With the help of God, I will go out today, tomorrow and will not stop until I have reached my goal and have helped the church and the conference in reaching their goals." Do it now! Do it today and get a blessing as well as giving blessings. Let all sing the jubilee song before December. May the Lord richly bless you.

J. W. HIRLINGER.

"The secret of life's harmony is sacrifice."

WEST VIRGINIA

Third & Juliana Sts., Parkersburg
Jennie Burdick, Sec.
T. B. Westbrook, Pres.

What is your Sabbath School going to do?

Just a word to the Sabbath Schools of West Virginia in regard to your offering for this quarter. Nearly all of our schools have set a financial goal. Some a goal for the quarter and others for the thirteenth Sabbath Offering.

We have reached the place in our work where the goal idea has become a permanent fixture among us, and we are indeed very glad for this. One writer has said "More work is done where stints are measured off and the Goals set up." And the work is done with a keener enjoyment.

A definite goal is almost a miracle worker, in making the impossible easily possible. If your school has not decided on your goal yet will you please take a part of your next session to settle this important question?

The Sabbath Schools have been asked to raise \$30,000 on our next thirteenth Sabbath December 29. This money is to be used for the prosecution of the publishing work in the Asiatic Division. In this field nearly nine hundred million people know not this precious truth. Yet every one of these benighted souls are blood-bought by the gift on Calvary.

A most earnest appeal has been received from Brother Weaks, who has charge of the publishing work there, stating that while \$30,000 will be a great help to them, it does not anywhere meet their most pressing need.

At the recent Council held in Minneapolis, Minn., it was voted that every dollar raised above the appropriation \$30,000, in other words the overflow, would go to the publishing work in the Asiatic Division.

What a relief it would bring to the brethren there if we could send them a substantial sum above the \$30,000. Shall we not do our part in West Virginia toward this needy field? Many are planning on earning a dollar for this offering. We be-

lieve the time is coming when West Virginia will call the thirteenth Sabbath "Dollar Day." Let us do our best for the land where Buddha sits enshrined, where Confucius is held sacred, and where the everlasting fires of the Zoroastrians burn.

Mrs. THEODORE WESTBROOK,
S. S. SECRETARY.

West Virginia

Last Sunday night, November 25, the writer began meetings in the Robinson Grand Theatre. The seating capacity is fourteen hundred and the house was packed. We have associated with us as workers: Elder W. L. Adkins, who acts as our business manager, Brother G. W. Ellers, chorister, and Miss Nelle Meade as Bible worker.

We are blessed with good music through the masterly leadership of Brother Ellers also a large pipe organ played by Mrs. Gauterau. The Masonic Temple Auditorium has been engaged during the week. Brother Monroe a wire man in one of the large coal mines about here, suggested that I go with him through the mine with the "Watchman." He would introduce me to the individual and I would present the needs of the Cause.

The Lord blessed our efforts to the amount of thirty-five dollars. Brother Monroe donated his time but when payday came around he found that the boss raised his salary so that he now receives more than any other man in the mine. Also that day's salary was not deducted as he expected.

Thus the Lord blesses. Pray, brethren and sisters, that the Lord will give us a harvest of souls. F. DEWITT GAUTERAU, Clarksburg.

Send the *Morning Watch Calendar* to your friends this year instead of a Christmas card.

Remember that the dates for the regular Standard of Attainment examinations have been changed. The next test will be in December. Are you getting ready for it?

Help Reach Our Union Conference Goal--\$25,000

OHIO

Box 8, Mount Vernon, Ohio
E. K. Slade, Pres. H. D. Holtom, Sec.

A New Book

The great work with which we are connected has as one of its strongest factors its excellent supply of books and printed matter. There comes to my desk a new book entitled "The Present Day in the Light of Prophecy" by Elder W. A. Spicer, secretary of the General Conference.

The author is well fitted to provide the copy for this book from his long experience in editorial work and in traveling throughout the world as well as from his thorough knowledge of the Scriptures and the prophecies for this time. In this section of the volume we have provided another strong means of placing the truth for this time before the public. The subjects are attractively presented and the make up of the book is such as to make a very nice appearance. It would be a splendid copy for every believer to have in his library and to place in the hands of those whom we would desire to have led into the truth. E. K. SLADE.

Ask Yourself a few Questions

The shortest and surest way to success is upon your knees. You better try it and find out just what part of the vineyard God would have you work in. He says He will pay you what is right, so what are you waiting for? There is a world to be warned. Have you told your neighbor that Jesus is coming soon, if not, why not? There is a book on the shelf for that man behind the plow; has the Lord asked you to carry it to him? If he has, why don't you do it? There is a lady who has been sick for some time, have you visited and prayed for her? A good way to find her is in the colporteur work. Has God called you there? There is an honest hearted young man who has been drafted, have you sold his mother a book containing the Third Angel's Message to send to him? If you have not, what is your best excuse? What will you tell the Saviour when He comes? The printed page is to be scattered like the leaves of autumn, have you scattered any?

Ask yourself these questions and find out if you are working just what the Lord wants you to work. If He would have you in the colporteur work, write and ask the field secretary for territory, also inquire about our institute which will be held at Columbus, December 26 to January 5. Come and we will with God's help, train you for service in the Master's work.

P. A. FRANKS.

Harvest Ingathering Notes

Only a little while remains for us to finish the task before us in bringing our Harvest Ingathering work on a successful completion. We would urge that every church plan definitely for a "Big December Drive" for the finishing of the campaign. The first two weeks in this month will be our last opportunity. How about those homes in your neighborhood that you have neglected to visit? If you have not visited twenty homes since the beginning of the campaign, will you not embrace this last opportunity to reap the blessing that follows in the path of service?

Approximately 52,000 Harvest Ingathering papers have been ordered to date by the churches in Ohio. This is about ten thousand more than were used during the entire campaign last year. Eternity alone will reveal the wonderful results that will undoubtedly develop from the circulation of this amount of truthfilled literature. Our people in the churches have been watching for open doors during the campaign, and thus far many have reported scores of homes where honest hearts were found. We trust that these homes will be entered, and some souls be led into the light as a result of the humble efforts of our people.

The importance of visiting every home faithfully was emphasized a few days ago when one of the sisters in a certain church was out in the Harvest Ingathering work. Upon entering the home of a stranger she found the lady of the house very much interested in the work. After explaining the paper in the usual way the lady of the house placed a five dollar bill into the sister's hands as her offering to the work, and wished her God speed.

We must not fail to congratulate the Canaan and New Philadelphia Churches for their success in reaching the goals by the last of October. The little Canaan Church set their goal at \$75 for missions, and in their October report we find that over \$98 was forwarded as a direct result of their Harvest Ingathering activities. New Philadelphia set a goal for over \$100, and by the last of October reported over \$107. The experience of these two churches demonstrates to us the value of a vision. We trust that other churches will have similar reports for the close of November.

Brother Christman spent the last two weeks with some of the churches in the northwestern part of the state in the interests of the Harvest Ingathering work, and reports excellent progress. The

churches at Delta, Liberty Center, Defiance, Hicksville, Toledo, Bowling Green, Findlay, and Marion were visited. It is encouraging to see the missionary spirit develop in the churches. The people of God are awakening as never before, and in laboring for others are placing themselves in the channel of blessing.

News Notes

Elder E. K. Slade recently spent some time in Cincinnati visiting both the colored and white church.

Mr. H. D. Holtom and Mr. Otto Hershberger spent a few days in Washington last week attending councils in the interest of their departments.

Elder E. K. Slade attended the Union Committee at Washington November, 27.

Brother Kline, who has done faithful work in Allen County, has finished that field and will take up the work in Morrow County. We do pray that he may continue his good success.

Brother Franks and Brother Fairchild have been putting in some time looking for new recruits along with their other work. The outlook for a good number of new men is promising. Surely the Spirit of the Lord is speaking to men, and if we will all take hold, the work will soon be finished and we will be in the kingdom.

We have just received another splendid report from Brother Alexander. He says his courage is good, although he has some trouble with ill health. He feels the Lord will give him strength to push forward and do a still better work in the future than he has ever done in the past.

Brother McCarthy, who has been out of the work for a short time, will again join the ranks and help carry the printed page to the honest in heart. His new field will be Portage County.

Sister Weber and Sister Smith, who are selling our books in Montgomery County, send in some very encouraging reports this week. Surely the Lord is guiding these faithful colporteurs.

Let the 1918 *Morning Watch* Calendar guide you in your study of the Christian life. Get it from your Tract Society.

Did you enroll in a Missionary Volunteer Reading Course? Then don't peter; finish it before Christmas.

NEW JERSEY

St. Francis & Columbus Aves., Trenton
W. H. Heckman, Pres. C. Lawry, Sec.

A Test of Vitality

As a Sabbath School member are you a real "live wire," attending meeting every week and giving the work a push by your energetic support; or are you a half-hearted, religion-weary encumbrance to the organization? There is a vast difference between the truly active member and the condescending ornament who attends occasionally when the spirit of service happens to rouse him out of his religious relapse.

Consider well before you answer the question so that you will not repent of your answer afterwards. It is the efficiency and earnestness of the individual members that make the Sabbath School a progressive unit. Even though you may not entirely sympathize with methods used in your school, yet co-operate with the superintendent and the other officers that these methods may be improved.

It is the duty of superintendents to keep the members active members, and to make their schools thrive in every way. The ideal set for our Sabbath Schools is none too high, and by putting forth a moderate effort this ideal can well be reached.

A really progressive school shows a large number, both of teachers and parents, taking the Training Course, with an equally large number subscribing to the "Worker." Every division of the school is well supplied with lesson papers and plenty of other good reading matter, especially for the young. Punctuality and order are always maintained, the opening exercises are varied and interesting, and the secretary's report is made to attract the attention and co-operation of every member. Then our people will enjoy coming to Sabbath School, and a large number of Perfect Attendance cards will be necessary.

Never before were Adventists so able to make large offerings, and never were these offerings so greatly needed, as they are today. The leaders of the mission work expect every member to do his duty. Missionary programs should be given very frequently to keep the needs before the people. Our people are very liberal in giving when they see the need of financial support. But how many of us fall short of the twenty-cent-a-week standard! I heard one brother get up in meeting recently and tell how the Lord had blessed him that week, how he had earned forty dollars in six days. And the good brother put a whole nickel in the Sabbath School envelope and another on the plate for church expense.

Every member, in order to be alive and awake, must be familiar with our work in foreign lands and will have a desire and passion to help advance this work. The Thirteenth Sabbath leaflet is for use throughout the quarter, and the offering on that particular day should be at least a half of the amount for all the preceding Sabbaths.

Still, economy should be practiced in all our church work the same as in our personal business. Needless supplies should never be on hand, nor literature of any sort left to lie around unused. Wise Sabbath School teachers will see that their class record envelopes and cards are used for six months instead of three. The ones now provided are designed for this purpose.

We cannot all go to the mission field, but we can all fulfill the great commission by putting to faithful use the means entrusted to us. Let us not die the death of spiritual decline, and lose our hold on God; but like the electric car which has connection with the power current, let us maintain connection with the source of all spiritual power. A glorious future is open to every believer who wants a part in finishing this soul-saving work, and in the reward which will come if we embrace our opportunities now.

L. D. WARREN.

EASTERN PENNSYLVANIA

4738 York Road, Philadelphia, Pa.
D. A. Parsons, Pres. W. B. Mohr, Sec.

News Notes

Brother Barritt has returned from a month's trip in the conference in the interest of the Harvest Ingathering campaign. He reports splendid efforts being put forth in many places where the members heretofore thought it impossible to do anything.

The new "Morning Watch" calendars are now in stock for 1918. They are really nicer and neater than ever. Again we find the outline of texts that is so helpful in studying Bible Doctrines for the Standard of Attainment test. Do not wait till New Year's Day to resolve to spend a few moments alone with God each morning—but order the calendar so as to have it as soon as the old one expires. The price, five cents, does not indicate its real value in the founding of character that will stand the test in time of peril.

Several friends from Harrisburg came to Philadelphia last Sunday to attend the opening meetings of the series being held in the Garrick Theater. Among them were Elder and Mrs. Nutter who remained to spend a few days with relatives and friends.

Our file of workers in the conference office will again have to be slightly revised—Saturday evening, November 24, Miss Annie Speidel, our valued German Bible worker, was united in marriage with Mr. Christian F. Durr, who is one of the East Pennsylvania's band of colporteurs. Our best wishes are extended to these faithful workers.

Are you planning holiday presents for the children? Nothing nicer can be found than the Junior Reading Course set for 1917-18. The four books are for old and young. By ordering the complete set from the Tract Society you get them at a reduction. Here is the complete list:

Martin of Mansfield,

Topsy Turvy Land,

Fifty Missionary Heroes,

Elo the Eagle.

The four books can be obtained post-paid for \$2.35.

An interesting reception was held by the West Philadelphia Church the evening of November 20 in honor of Elder and Mrs. Baierle. Addresses of welcome were given by Brother Quinn in behalf of the church as a whole; by Brother Frizzel as leader of the Sabbath School, and by Mrs. Paisley the leader of the young people. Elders Parsons and Washburn were present and had their part in the program. Music and singing also had their place. All report a profitable and enjoyable evening.

VIRGINIA

Gordonsville, Va.

W. F. Moffett, Pres. W. H. Jones, Sec.

Notes from the Canvassing Field

Last week Brother Willmer made his delivery in Madison County. In some way he had 15 books more than he had orders for, he delivered every book ordered and sold the extra 15, making an average of 108 per cent delivery.

In his delivery for October in the same county he made a 100 per cent delivery. This county does not have a railroad in it, but we found the people with a spirit of inquiry and eagerly waiting to receive their books; some were afraid they were going to be missed, called their neighbors on the phone inquiring after the man that sold the books.

Brother Bennett Hamm sends in his report stating that he had delivered every book; Brother Hamm was working in the same county. These brethren's total delivery was something over \$500.00 and they delivered every book and 15 extra. This is the day of our opportunity.

Brother Wright, who has moved to Martinsville, reports excellent success in taking orders. He is located in the tobacco section, and this has been an exceptionally good year for those who raise tobacco.

Brother and Sister Dye of E. Radford are doing good work, and are of good courage. An extract from his letter. "It is high time for the Lord's people to wake up and sound the alarm with greater determination, seeing the awful situation facing the world.

Mrs. F. F. Hankins has been canvassing among her neighbors, selling our small books. She secured a Home Circle library prospectus and reports splendid success and at the same time she is getting the people interested in our Sabbath School; several have promised to attend.

We think this would be a good plan for the sisters of the state; secure the Home Circle library prospectus and canvass in your home neighborhood, and even go beyond this. Christmas is rapidly approaching, and people give gifts to their children, why not take to them our good books? They will be glad for the opportunity of securing them and at the same time you will be doing "missionary work of the highest order."

Last week I was talking with a man that had spent two years on the eastern shore of Virginia (Accomac and Northampton counties) taking a government survey. He said, "I have spent ten years at this work in many states and counties, but these are the best counties I have ever been in, they raise more potatoes there than they do in some entire states, and garden truck is shipped by the train loads."

After this testimony we decided that these counties should have a permanent worker, we believe now is the time our printed page should be going to these people. These counties are open—who will hear the Macedonian cry and come over and help us? Address all communications to F. E. Hankins, Gordonsville, Va.

News Notes

The office enjoyed a profitable visit with Elder J. W. Hirlinger on his way to Washington from an inspiring meeting with the Richmond No. 1. Church.

Word comes to us that the Richmond No. 2 Church has gathered in \$150 for Ingathering funds with twenty-two members in the church this amount averaging already over \$6 and they are pressing in

to make it an even \$200. This indicates what good leadership and a mind to work can do with the blessing of the Lord. We do not see any reason why other churches similarly situated cannot do equally as well.

The many friends of Sister Lucy Ackerley will regret to learn that she passed away a few days ago at the home of Brother W. J. Pflugradt at Doswell, Virginia. Sister Ackerley suffered intensely from internal cancer during the last few months of her life, but died expressing her unwavering faith in her Saviour.

Brethren C. V. Leach and F. E. Hankins are making a trip to the churches of the state to secure recruits for the canvassing work. When we consider that there are scores of places, yes, hundreds, that will never be reached by means of tent efforts or hall efforts, we must appreciate the fact that these places must be reached by evangelistic canvassers. Instead of three resident canvassers in the field, there ought to be twenty in the ninety counties of Virginia.

A note written by the elder of the Lynchburg Church, Brother W. G. Dick at 5:30 A. M. stated that they had finished breakfast and were on their way to the church to join with the other members on a Field Day. We always count on the Lynchburg Church to do its "bit."

Two of our colporteurs, Brethren S. N. Wilmer and Bennett Hamm, who have been canvassing this fall in Madison County, Va., have just finished their delivery. Brother Wilmer's delivery was 108 per cent. He tells us that he never saw people so eager for our books. The day he had notified them he would deliver the book, the people began to phone to their neighbors, "Has that book agent been to your house yet with the book? Well if you see him, tell him if I'm not home to be sure and leave the book at the store and collect the money." Others met him on the porch with the money in their hand, waiting for him. He says the people would certainly have been disappointed had he failed to deliver them. Brother Hamm had a 100 per cent delivery, and met the same eagerness on the part of the people to get the book. Is this not one of the signs of the last days? Does not Isaiah say, "When thy judgments are in the earth, the inhabitants of the world will learn righteousness." Let us then do our part faithfully, and the Lord then can finish the work, and cut it short in righteousness.

"Faith is the spiritual hand that touches infinity."—Test.

CHESAPEAKE

2901 Brighton St., Baltimore, Md.
J. O. Miller, Pres. Emma Newcomer, Sec.

News Notes

Elder J. O. Miller spent Sabbath and Sunday in Dover, Del. Brother James Richardson, of Cambridge, was with him. A new church was organized there for the white believers, and fifteen members are listed. Brother M. S. Pettibone, our home and field missionary secretary was made the elder of the church. The meeting was a great encouragement to those who live there and who have been there for some time, and we look for a growth in the work at that place.

Six persons were baptized by Elder Booth last Sabbath.

Seven persons took their stand for the truth last Sabbath in the Baltimore No. 3 Church.

We are glad to report a number of new colporteurs this week, and although some of the reports are small it is a beginning. Brother J. E. Jones, who for a number of years "fought a good fight" in the canvassing work, and who left it for another line of work for a time, is back again and thoroughly enjoying the experiences he is having. His report will show that he was not idle. Brother O. C. Weller had a splendid delivery. He did not lose one order, although he had a few postponed.

We are sorry Sister Leach could not continue the good work she had begun, but an urgent appeal took her into the church school work in Parkersburg, W. Va.

The Harvest Ingathering work is still progressing nicely. The Baltimore No. 2 Church reports \$63 to date. The Baltimore No. 3 is also doing well, and reports \$225. They expect to make the amount \$300. The Baltimore No. 1 Church has nearly \$500 in hand.

We received an urgent request from Smithsburg for 500 more papers. Those who are working are doing well and are greatly encouraged.

The office was favored today by a visit from Brother L. W. Graham from the Review and Herald Publishing Association. His little call was appreciated.

Elder J. O. Miller is spending two days in Washington this week, attending the

Union Conference Committee meeting of the presidents and secretaries of the Union.

Mrs. J. O. Miller and grandson, Esta Miller, are spending a few weeks visiting her daughter in Boston and son in Ohio.

Mr. and Mrs. F. O. Newcomer and son Edwin, of Hagerstown, visited Mr. Newcomer's sister at the conference office last Sunday.

Mr. C. Raymond Hare spent some little time visiting friends in Baltimore and at Westminster last week. He has returned to Snow Hill to continue his work on the farm for a time. Brother Hare brings a good report from the work in Salisbury, where Brother and Sister Medairy are located.

DISTRICT OF COLUMBIA

7 Fourth St., N. E., Washington, D. C.
R. E. Harter, Pres. R. C. Taylor, Sec.

News Notes

Elder Gibson visited the Mt. Rainier Church last Sabbath in the interests of the Harvest Ingathering. He reports a very enthusiastic meeting and prospects that the goal will soon be reached.

Alexandria Churches, both white and colored, have set the pace in the conference this year, both having now reached their goals.

Sligo and Ephesus Churches are working hard and expect to make their goals by December 1.

At our Workers' meeting last Monday a total of \$1618.71 was reported from our various churches. This is about \$150 less than half our goal. While some churches are coming out nicely on their pro-rata allotment, others seem to be making rather slow progress.

Some seem to feel that on account of the drain for war funds it is impossible to secure contributions. We have noticed as many good reports this year as ever. It is God's work. It cannot fail. We trust that the leaders in every church will devise ways and means that will bring our conference out clear by the Week of Prayer, in order that our undivided attention may then be centered on other important matters.

Brother Rees reports the first Sabbath meeting held in Laurel last Sabbath, with an attendance of eleven. A Sabbath School has been organized and prospects are increasing for the development of a substantial church in the near future. There is a steady and growing interest in the evangelistic meetings being held nightly in the Odd Fellows Hall and a

solid foundation is being laid for the light-house of Gospel truth in that community.

Brother W. H. George has been testing out Washington City territory with Brother Feutz the past week. Orders for a good number of "Bible Readings" and smaller books have been taken and the outlook is encouraging. Brother George says he had no idea it would be so easy to sell books in Washington.

Be sure to note that the subscription process on nearly all of our denominational papers and magazines will increase January 1 or shortly after. All subscriptions, no matter how far they extend into the future, will be accepted at the present rate if entered before the dates set for the new rates. Now is the time to subscribe for the *Review*, and all our other periodicals, and save 25 cents and 50 cents on each one.

Elder Harter held a meeting at the home of Brother I. N. Jones, at Fairfax Courthouse last Sabbath afternoon, and reports a good time, a lively interest and an aggressive desire to have a series of evangelistic meetings held in a school-house nearby.

Sanitarium News Items

Lieutenant D. Martyroff of the Russian Embassy is a guest at the Washington Sanitarium.

Satisfied patients are the best advertisement. Several former patients are back among us again,—Mrs. G. S. Noble, Mrs. E. Dunning, Mrs. Connor with her nurse, Miss Pierce, and Mrs. A. O. Marshland.

The goal for the Sligo Church in the Harvest Ingathering Campaign is \$501. We have \$450 to date. The nurses were given relief to help in the good work. Three young ladies using one hundred and fifty papers gathered \$35 in four hours, working from Ninth and Pennsylvania Avenues to the Union Station. Several expressed a desire to be given another opportunity to engage in the Campaign.

An epidemic of La grippe has been among our nurses,—Miss Lucile Smith, Miss Hinkson, Miss Shafer, Miss Munch, and Mr. Johnson were all on the sick list.

The New Hospital building is progressing nicely, work on the interior will soon begin.

A new Doll has recently been purchased for the Demonstration Room. Some of the girls are much pleased over Dolly's arrival.

A deep interest is being shown in our Sabbath School conducted by Mr. L. A. Carr, with Mr. J. L. Shawser and Mrs. L. A. Carr as efficient helpers. A red star is given each class for perfect attendance, and a gold one added if the offering reaches or exceeds the quota.

Wedding bells have been ringing. Dr. H. G. Hadly and Miss Anna Virginia Hafenmayr were married on November 14. They left for a ten day trip to New York and Philadelphia. The Sanitarium family showed their "best wishes" by presenting them with a chafing dish and an electric toaster.

Mr. C. M. Paden was a guest at the Sanitarium last week. He has just returned from Honduras.

Special

The Conservation of Fats

Owing partly to the fact that the manufacture of high explosives of nitro-glycerine type require the utilization of enormous quantities of fat available for food will be much reduced, and the price may reach figures almost prohibitive to any but the wealthy.

This may not be an unmixed blessing to some; for many doubtless make too free use of fats. Fried foods are used altogether too freely, perhaps, and a return to simpler forms of cooking may be a benefit. The peoples of Europe think they cannot do without fats, but one of our great food experts made the assertion recently that the appetite for fat is largely a result of training; that the Japanese people keep in excellent condition with scarcely any fat in their diet.

A return to a more nearly fatless form of cooking will have three good results: It will lessen the cost of living, it will release fats for other necessary purposes, and will probably result in better health for us.

G. H. HEALD.

Christian Perfection

In the beginning God created man upright and pronounced him very good. He designed man to enjoy immortality and eternal life to show forth God's glory through the eternal ages. Made in the image of God and endowed with perfection in all his endowments, he yielded to the tempter through his companion, and

lost God's favor. But God so loved him that He gave His son a sacrifice for his redemption. Anticipating a possible transgression, provision was made in the eternal counsel with His son, that whether man sinned or not, the purpose of God might be accomplished. The question arises in my mind as to what degree of perfection God designs that we shall attain unto in this life in this present evil world. A study of the word of God reveals that Jesus was born of our flesh, subject to all our infirmities and temptations, yet without sin, and that he is presented to us as the pattern of a perfect man. When we consider our lack of wisdom and strength, it seems an impossible thing for us to attain unto the fulness of the stature of Jesus Christ, and indeed it is true of ourselves, for we know nothing as we ought to know it, and are without power to execute the will of God. But thanks be to God who giveth us the victory through our Lord Jesus Christ.

We read of several perfect men in the Scriptures, Noah, Gen. 6:9; Job, Job. 1:1. In Gen. 17:1, we find the Lord commanding Abraham to be perfect, and in Deut. 18:13 we learn that God designed His people to be perfect with the Lord God, He assuring us in Job 8:20 that God will not cast away a perfect man. David by the inspiration of the Almighty, says, "Blessed are the undefiled in the way (margin perfect) who walk in the law of the Lord." The law of the Lord being the whole duty of man, Eccl. 12:13, and as man is as unable to change his character, as the Ethiopian his skin or the leopard his spots, we are led to feel as the apostle Paul did, as recorded in Romans 7:24, "O wretched man that I am, who shall deliver me from the body of this death?" Do not despair, deliverance is at hand through Jesus Christ. Notice in the Master's prayer found in John 17:23, where He prays, "that they (His followers) may be made perfect in one." In Psalms 37:37 we are admonished to "mark the perfect man." Surely Jesus would not pray for an impossibility, neither would the spirit of God call our attention to an imaginary being. In Matt. 5:48 we are admonished, "Be ye therefore perfect, even as your Father in heaven is perfect." While this no doubt refers to perfection in bestowment of our favors upon all alike, both saint and sinner, yet the command will hold good in every feature of Christian perfection of character.

The Saviour, as recorded in Luke 6:10, declares, "The disciple is not above his master, but everyone that is perfect (margin, shall be perfected as his master) shall be as his master." In 1 John 2:6 the same thought is brought out in these words, "He that saith he abideth in Him, ought himself also so to walk, even as He walked."

Canvassers' Reports

Name	Place	Book	Days	Hrs	Orders	Value	Help	Total	Del
Ohio, Week Ending November 23, 1917									
Fred Hannah, Guernsey Co.		BR	5	46	3	11 75	9 50	21 25	9 00
A. E. Alexander, Brown Co.		BR	5	42	22	86 00	11 25	97 25	8 50
J. F. Brentlinger, Hardin Co.		DR	5	41	7	26 50	15 50	42 00	
J. H. Stafford, Franklin Co.		BR	5	38	5	21 00		21 00	
J. D. Fellabaum, Hancock Co.		BR	5	34	2	9 00	2 25	11 25	80 75
O. E. Taylor, Franklin Co.		PPF	5	28	15	42 00	2 85	44 85	16 45
Mrs. E. Y. Smith, Montgomery		BR	4	26	10	34 00	6 75	40 75	2 75
J. W. Bowling, Hamilton Co.		HM	5	23	3	8 50	17 25	25 75	
C. G. Douglas, Akron		BR	2	7	3	12 50	2 25	14 75	
Glenn Pinicks, Trumbull Co.		BR	5	38	10	32 25		32 25	
M. B. Ingersoll, Vinton Co.		BR	3	33	10	41 00	3 75	44 75	23 50
Ed. Searles, Crawford Co.		WC	4	31	70	17 40	60	18 00	11 35
Clara E. Weber, Montgomery Co.		BR	3	25	9	37 50	10 25	47 75	2 75
G. W. Yingling, Columbiana Co.		BR	4	17	4	15 00	5 60	20 60	62 10
Mrs. G. W. Yingling, Columbiana			1	7					29 75
Miscellaneous						215 80		215 80	126 80
Totals	15 Agents		63	384	173	610 20	\$87 70	798 00	373 20

East Pennsylvania, Week Ending November 23, 1917									
M. M. Sterner, Schuylkill Co.		BR	2	13			1 50	1 50	310 00
Geo. Cain, Shuylkill Co.		BR	2	16					85 25
J. L. Gearhart, Northampton Co.		BR	4	26	3	10 50	3 00	13 50	
G. R. Hawthorne, Chester Co.		WW	3	37	75	18 75	50	19 25	25 35
C. Booth, York Co.		BR	5	32	20	77 00		77 00	21 00
Sherman Booth, York		BR	4	22	7	24 50	50	25 00	4 00
W. P. Hess, Berks Co.		BR	5	40	15	53 50	10 50	64 00	30 00
Wm. Frizzell, Bucks Co.		BR	4	21	9	31 50		31 50	
G. Caine, Schuylkill Co.		BR	5	50	13	58 75		58 75	9 25
M. M. Sterner, Schuylkill Co.		BR	3	31	19	79 50	8 25	87 75	8 25
H. G. Lewis, Wilkesbarre		WW	5	39	63	34 20		34 20	18 75
Totals	11 Agents		42	327	224	389 70	22 75	413 95	511 85

Chesapeake, Week Ending November 23, 1917									
O. C. Weller, Jefferson Co. W. Va.		BR	5	36	8	31 00	13 00	44 00	114 25
I. B. Jones, Dorchester Co., Md.		BR	5	41	19	70 50	25 75	96 25	7 75
Hazel Leach, Calvert Co.		BR	6	50	45	196 00		196 00	
Alice Donaldson, Wilmington, Del.		OD	5	12	2	5 00	9 00	14 00	1 25
I. C. Pettibone, Dover Del.		OD	1	4	3	6 00	1 50	7 50	
L. D. Wittenb'g N. Castle Co., Del		OD	5	30	20	48 00	4 00	52 00	
Totals	6 Agents		27	173	99	356 50	53 25	409 75	123 25

West Pennsylvania, Week Ending November 23, 1917									
A. E. Holst, Indiana Co.		BR	6	42		59 50	3 25	62 75	172 50
J. S. Glunt, Erie		BR	2		3	16 50	129 00	145 50	58 00
A. H. Snyder, Clearfield Co.		BR	5	38	20	79 00	50	79 50	141 00
An Agent			5	33		66 00		66 00	
S. Diehl, Mifflin Co.		SP	3	30					58 75
Geo. H. Gates, Erie		WC	5	44	28	29 00	17 84	46 84	1 75
E. W. Chisholm, Clearfield Co.		BR	6	47	10	40 00	1 50	41 50	124 50
Paul Baroudi, Washington Co.		BR	4	28					30 50
Sol. Diehl, Mifflin Co.		SP	2	10	2	2 50	4 50	7 00	
Mrs. Thurman, Allegheny		RJ	2		16				4 20
Totals	8 Agents		42	286	91	\$292 50	\$156 59	449 69	591 20

Virginia, Week Ending November 23, 1917									
E. H. Dye, Pulaski Co.		BR	5	43	39	98 50	11 00	109 50	
Portsmouth Colored Church		SMALL BOOKS							
		6 mos.		888					641 04
Grand Totals:	40 Agents	Value of Orders				\$1678 90	Deliveries, \$1599 50		

The apostle Paul has much to say about Christian perfection. In his letter to the Hebrews, he advises us to leave the principles of the doctrine of Christ, (margin, the word of the beginning of Christ) to wit, the doctrines of baptism, and of laying on of hands, and of the resurrection of the dead, and of eternal judgment, and go on to perfection. Heb. 6:1,2. God is not pleased to have us always remain in our babyhood, playing with the child's toys, always demanding milk, when we ought to put away childish things and become strong and able to give the same message of salvation to others. In 2 Cor. 7:1 the apostle admonishes us in view of the promises of God, to cleanse ourselves from all filthiness of the flesh and the spirit, perfecting holiness in the fear of God. Knowing our inability to obey God's commandments, "the whole duty of man," let us notice some of the helps provided. In 2 Tim. 3:16,17, we are assured that the Scriptures will enable us to attain unto perfection, if we will use them for doctrine, reproof, correction, and instruction in righteousness. The margin reads, "perfected," that is, thoroughly fitted to do all good works. Then too, the gifts of the spirit are designed for the perfecting of the saints, till we are come into the unity of the faith and of the knowledge of the Son of God, unto a perfect man unto the measure of the stature of the fulness of Christ. Epaphras, a servant of God, always striving or laboring in prayer for the brethren, prayed that they might stand perfect and complete in the will of God.

Patience is one of God's provisions for the perfecting of His saints. James 1:4. Thus we see by patience and continuous searching of the Scriptures, with much prayer and a high regard for the gifts of the Spirit, having been justified by faith, we may go on to perfection. Remember there is no opportunity afforded us beyond this life in the flesh. We must be translated into the kingdom of Christ here, if we would have a part in His soon coming future kingdom. "If any man offend not in word, the same is a perfect man." James 3:2. Paul exercised himself and held his body under, that he might always have a conscience void of offence toward God and toward man. Acts 24:16. So let us press toward the mark of the prize of the high calling of God in Christ Jesus. Phil. 3:14.

We close this study with the apostle's expressed wish in 2 Cor. 13:9,11, "For we are glad when we are weak and ye are strong, and this also we wish, even your perfection. Finally brethren, farewell, be perfect, be of good comfort, be of one mind, live in peace, and the God of love and peace shall be with you."

"Character" power."

Camp Libraries

Just now when so many plans are due for the emergency arising in our war conditions, and especially in the large cantonments of our soldiers, there are several fields in which almost all of our people can be active.

Something has been said in the past about supplying a good list of our smaller books for these large cantonments, and the field is very wide for this activity. Such books as "Steps to Christ," "Alone with God," "Ministry of Healing," "Christ's Object Lessons," "Return of Jesus," "Mount of Blessing," "Ministry of Angels," and all the smaller Reading Course books, would be very acceptable.

Thirty or forty camps with 30,000 or 40,000 soldiers each, can use a great variety of books, and a large number of them. Already our faithful brethren and sisters are writing to me, giving lists of books they have available. Will not many others throughout the Union do the same, or contribute toward a fund that we can supply hundreds of these books for the benefit of the soldier boys just at this hour?

C. L. STONE.

Notice

The new "Watchman" will be greatly improved. Professor Arthur W. Spaulding has now been added to the Editorial Staff of the "Watchman" and will furnish the following series: "The Ship of Doom," a narrative in story form of the days of Noah, emphasizing war and bloodshed; "The Last Night in Sodom," also in story form, with an application to the Capital and Labor problem to-day; "The Opening of the Two-Leaved Gates," in story form, referring to the capture of ancient Babylon, and emphasizing corrupt religion; and "Monuments of Mammon," the scene of which is laid in a large modern city. The latter will be a climax capping the three previous articles. These articles will carry special illustration features and should be widely circulated. How many copies have you ordered?

OBITUARIES

SNOOK.—Rachel H., daughter of Joab and Maria Snook, was born in Clifton, Ohio, March 9, 1844, and passed peacefully away at 2 o'clock A. M., Saturday, October 27, 1917, surrounded by those near and dear to her. She was 73 years, 7 months and 18 days old.

On February 14, 1866, she plighted her troth with John Anderson Thornton, with whom she lived happily for nearly 44 years, when on January 29, 1910, he passed away. To this union were born four children; An-

netta E. Gillespie, Eva M. Baughn, and Stella M., who died July 3, 1896; and a daughter who died in infancy.

She united with the Adventist church in early life and has been a constant and faithful member ever since, looking forward to the soon coming Saviour whom she loved so well and strived to serve. She was a loving and devoted wife and mother, ever anxious for her family. She always looked for the good and right in all and under all circumstances. She leaves two daughters, three grandchildren and an aged brother, besides a host of friends to mourn their loss:

Sleep on dear mother, and may
Angels guard thy sleeping dust;
And as the Saviour rose
The grave again shall yield her trust
And end thy deep repose.

The funeral service was conducted by Elder W. W. Miller, and the remains were laid to rest in the cemetery at Washington C. H., Ohio.

MELSER.—Esther Pauline, was born in Phoenixville, Pa., March 15, 1893. Esther was an obedient child and at an early age accepted Jesus as her Saviour. She became a member of the Methodist Church and remained thus until a few months before her death, when greater light shone upon her as the result of a tent effort held in Phoenixville, Pa., by the writer. She accepted the Seventh-day Adventist's faith and fell asleep on November 8, 1917, in the blessed hope of hearing the Life Giver's voice when He comes with the sound of the trumpet. Sister Melser was called upon to lay down her life at the early age of twenty-four years. A sorrowing husband, a mother and father, three sisters and three brothers are left to mourn her loss.

H. G. GAUKER.

MAYNARD.—Leander W., was born December 7, 1847, in Orwell Township Bradford County, Pa. His parents were members of the Baptist Church and in his early life he gave his heart to Christ and was an earnest sincere worker for souls in that church. About eighteen years ago, the light of the Third Angel's Message was brought to him and he was led to accept it. He then united with the Seventh-day Adventist Church at Orwell, where he remained a member until his death. For several years he served as deacon of that church. His whole life was full of helpfulness and blessing to others. He died on November 14, at his home in Rome, Pa. He is survived by one daughter. Funeral services were held in the Methodist Church at Rome. Words of comfort were spoken by the writer from Job 5:26. He was laid to rest in the Orwell cemetery there to await the morning of the resurrection. Of him it can well be said, as of many other faithful followers who have fallen, that "they rest from their labors and their works do follow them."

CHARLES PATTERSON.

COLUMBIA UNION VISITOR

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EMMA SILBER - - - EDITOR

Entered as second-class matter March 25, 1908, at the post-office at Mount Vernon, O., under the Act of Congress of March 3, 1879.

Address all subscriptions and make all money orders payable to your tract society.

The check mark here indicates that your subscription has expired. Kindly renew at once.

Mount Vernon Academy

One of the bands which had been holding meetings with the prisoners at the Sanatorium, presented each prisoner, ten in number, with a Bible.

Services were held by some of the students in the Engine Room of the Sanatorium on Wednesday evening, November 28. Mr. James Lippart was the speaker and used for his subject, "The Millennium."

Brother Ernest Lloyd of the Signs of the Times Company spent the week end with the Mount Vernon Church in behalf of the home missionary work.

Mr. Joseph Beach, a former student, was a visitor at the academy last week.

Elder N. S. Ashton visited the Akron Church Sabbath, November 24.

The skating season has received a hearty welcome from the students.

A number of students visited at their homes and the homes of relatives and friends during the Thanksgiving vacation.

The young men of the academy family gave a reception for the young ladies. A pleasant evening was enjoyed by all.

Elder N. S. Ashton spent the early part of last week at Washington, attending the Union Conference meeting.

A number of students were invited to spend a social evening at the home of Mr. and Mrs. J. I. Cassell on Thanksgiving eve.

The Sabbath and church school children rendered a program in the chapel on Thanksgiving evening.

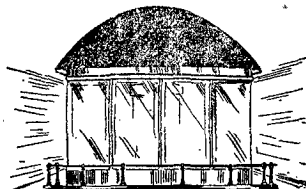
Mrs. De Walt Emmer and little son, of Crestline, Ohio, spent several days visiting her sister, Miss Iva Harkins.

Mr. Abbott of Cleveland, Ohio, visited his daughter Rachel, Sunday, November 25.

Advertisements

Approved advertisements will be published in the VISITOR at the rate of twenty-five cents for twenty words or less, and one cent for each additional word. Each group of initials or figures counts as one word. Cash and reference must accompany copy for all advertisements.

WANTED.—Honey in 1 or 5 gallon containers. It does not matter if it is candied. Address Mrs. James Peterson, 5814 Ashland Ave., West Philadelphia, Pa.



"For a light of the Nations and for salvation to the ends of the earth."

THE W. M. C. and
M. V. A. EDUCATIONAL FUND

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750 00

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West Virginia

1584

Chesapeake

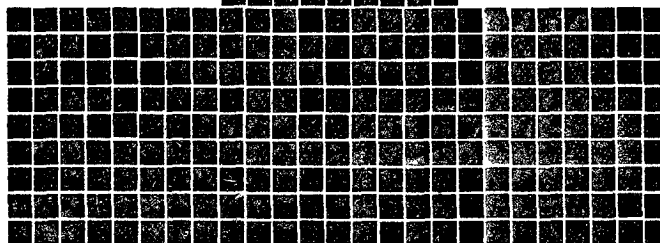
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"The God of heaven, He will prosper us; therefore, we His servants will arise and build." Neh. 2: 20.

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