

VOLUME XII.

DENVER, COLO., WEDNESDAY, MAY 28, 1902.

NUMBER 11.

Echoes from the Hield.

PUBLISHED EVERY TWO WEEKS FOR THE Colorado S. D. A. Conference and Tract Society,

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JUST TELL THEM SO.

"There's so much to do the whole way through, And little use complaining. For the darkest night will change to light And the blackest cloud quit raining. If worth you find in weak mankind Twill do all good to know That some one thought they nobly wrought, And frankly told them so. "Enough will remain of bitter pain, With all the aid you lend; Some will be sad and others glad, On down to the journey's end. in the throng you pass along With rapid strides or slow, If virtue you see in bond or free, Just stop and tell them so. "There are many cares in home affairs That wear the brain and heart, And many a way, most every day, In which to bear a part. If you love your wife as you do your life, It will keep her heart aglow, And make her feel your love is real To often tell her so. "If on the road you see a load, Some pilgrim downward pressing,

A willing hand to help him stand Will bring you back a blessing.

So in the fight 'twixt wrong and right That's waging here below,

Should praise be said, don't wait till dead Before you tell them so."

"In giving His Son to Come into the world and die for fallen man, the Lord has done His part; for all heaven was poured out to man in that one rich gift; and now God waits for the cooperation of those who have a knowledge of the love of Christ."

HOW GREAT A WORK.

Yes, how great a work is this that our God has left for us to do. Do you ask, what this work is? Please read Matt. 24:14, and it will tell you. Yes, I said, "left for us," but whom do I mean by "us?" Those who know the power of the kingdom in their own lives, for who can proclaim the kingdom to come, who does not know the power of the same? But many will say, what can I do to carry the gospel of the kingdom to all the world? Let me tell you of the one great thing in the sending forth of this glad message. I know of no greater than the faithful payment of tithe. Send into the treasury of the Lord his own, and He will find the men to carry the message.

Today, Brother Thos. Branch and his family left our Conference to make Nyassaland, South Africa, his field of labor. We, your Conference committee, have said that as a Conference, we would pay him. Now beloved, we only ask an honest tithe from you, one and all. Could we get this, we could send more men into these needy fields, and at the same time, put more men into our home field. Come, let us, as a Conference, do our part in the closing work, and prepare the way for the Coming King and His Kingdom.

Truly the work is great, and the laborers are few. Be faithful.

G. F. Watson.

THE TRUE PHYSICIAN.

"Is there no balm in Gilead; is there no physician there? Why then is not the health of the daughter of my people recovered?" These words of the prophet Jeremiah are as timely now as when he spoke them in the power of the Spirit to ancient Israel. Why are Christians on a level with the rest of the world, so far as the physical health is concerned? Why are there so many invalid soldiers in the army of Prince Immanuel, since He is both Savior and Healer?

The answer to the prophet's question, so exquisitely worded, and implying so much sadness and heart sorrow, is suggested by the query in the pre-"Is not the Lord in vious verse. Zion?" The reason for the sickness then as now is to be traced to alienation from God. Of doctors and medicines and medical appliances, there is no end; but the true physician, He who really cures by imparting His own unconquerable life, is unsought and unrecognized. He is doing something for us, as is attested by the very fact that we exist; but He works under great disadvantages, since by our disobedience to the divine laws which govern health, we virtually thrust Him from us, and court disease and death.

When the Lord brought Israel out of Egypt, He made a covenant with them, and promised that if they would refrain from the idolatrous practices of the Egyptians, He would keep them in perfect health. The verse ends with the simple statement, "I am the Lord the simple statement, "I am the Lord thy physician," or, as given in the Authorized Version, "I am the Lord that healeth thee." It is evident on a moment's reflection that the blessing of health would not be extended to the children of Israel, and withheld from us. God does not change ; His promises once made are always good; He is still the Healer of His people. Those who seek Him with all the heart will find Him indeed the loving Heavenly Father, "who forgiveth all thine iniquities, who healeth all thy diseases.'

What blessed comfort is the thought that God will be our Physician! Disease in some form or other has probably invaded every home; and when loved ones are in danger, it is the desire of the poor man as well as of his rich neighbor, to secure the best possible medical attendants. Is it not a high privilege to be able to call on the great God, who created heaven and earth, and the myriads of worlds revolving in space? Yet this is what He invites the humblest of His children to do. He shares in the pain and suffering which sin has brought into this world. His arms of love encircle His creatures.

"No grief can touch us, but it touches Him;

With closest pang, it wounds the Heart divine."

The Lord is not only willing but anxious to heal. The only thing wanting is our full and complete co-operation. An earthly physician will not undertake a case unless the patient promises to submit to his directions. Is it fair to expect that God, who knows all about us, and just what we need, will effect a cure, for us to trample under foot His laws.

Divine healing is considered by most people to be a mysterious something entirely apart from ordinary conditions and circumstances. The fact is that divine healing is going on all the time (there is no other kind of healing); but its full manifestation is reserved for those who fully submit.

Therefore, the divine instructions today are the same as to Israel of old, "Return, ye backsliding children, and I will heal your backsliding." "Thus saith the Lord, Stand ye in the ways, and see and ask for the old paths where is the good way, and walk therein, and ye shall find rest for your souls."

M. E. Olsen.

THE PRAYER MEETING.

The sanctuary of prayer is the Christian's sweet retreat from the cares and anxieties which beset his pathway. Here he is privileged to hold communion with his Heavenly Father, and to bear up before the throne of grace the interests and burdens of the church. But many have lost the spirit of earnest prayer, and many stay away from the prayer meeting. Church elders, deacons, and other officers of the church, do you attend the midweek prayer meeting? If you do not, then need you complain about the condition of your church?

"When the Spirit of God shall work upon the hearts, cleansing the soul temple of its defilement, of worldliness and pleasure loving, all will be seen in the prayer meeting, faithful to their duty, and anxious to reap all the benefits they can gain . . . And not only should the prayer meeting be faithfully attended, but as often as once each week a praise meeting should be held." --Vol. 4, p. 461.

Would that each one could be taught to feel when the prayer meeting night comes that it is his privilege to hasten away to the house of prayer, to pray for that part of the church that is busily engaged in the labors of life, that they may have strength and fortitude from heaven; and for the sick and needy and for the wayward. What a source of encouragment it would be could we know that while we wait and toil the church is on its knees, praying for the success of the work. How constant God's people should be in prayer, because there are times when the entire interests and destinies of His cause center in their hearts.

One time Christ took three men and withdrew to Gethsemane for prayer. They went there to bear on their hearts the interests of the kingdom. But the three failing to appreciate the deep import of the hour slept, and the entire burden rested on the breaking heart of the Master. It seemed greater than He could bear. The destiny of the race hung in the balance. But He was constant, and bore the burden for them and us. So, often yet the load of the church falls upon a few. Sometimes only one noble heart sees and appreciates. And the great blessing of such a life is in that of being used of the Lord to bear, as He bore, the heavy cross. It is a sweet thought that comes to us, while at prayer for the church, that we are privileged to remember one another even as Christ, our Mediator, pleads for us the mercy of God.

As believers in God, we need more faith. We need to pray more fervently; then we shall not wonder why we are so lifeless and powerless. We have too slight a hold upon God. Therefore attend the prayer meeting and pray, pray, pray ! L. F. STARR. —Iowa Workers' Bulletin.

The Coronation.

The "Coronation Number" of the Signs of the Times will give interesting sketches of the Royal Family of Britain and of the Coming Coronation. The great object of this issue will be to bring to mind what the Scriptures say concerning the grander coronation of the Kind of kings and Lord of lords.

The Coronation number will be dated June 11 but will be ready June 2. Order early from the Colorado Tract Society. Prices: single copy, 5 cents; 10 or over, per copy $2\frac{1}{2}$ cents; 25 or more, per copy 2 cents;

COLORADO TRACT SOCIETY.

FIELD REPORTS.

Pueblo.

Sabbath, May 5, was a day of rejoicing •for the church here in Pueblo. Two men of middle age were led down into a running stream, and buried with their Lord in baptism. To the Lord be the praise.

C. H. BATES.

Cedar Rapids, Iowa.

Since my last report to ECHOES, four more good souls have been baptized and united with the church here, making in all forty-five since we came to this place. Two more have just decided this week to obey God and keep all His commandments, neither one of them having known anything about the truth before.

G. W. ANGLEBARGER.

Manzaneres.

I write to let you know that we have the house for our use, and also a good congregation of from twelve to fifteen persons, but this is not all we need to carry on the good work of the Lord. We need some chairs or benches so that the people may be invited to sit down when they come in. We need Bibles, New Testaments and Spanish tracts to distribute among the people. We have not a single hymn book in Spanish.

The Presbyterians, Methodists and Catholics are three denominations which oppose us very strongly here.

I have been sick and am not well yet, but thank the Lord, the work is going on. L. VARGAS.

[The foregoing is a clipping from a letter written to Eld. Watson by Bro. Vargas who has only recently accepted the truth. He was formerly a Methodist minister, but since learning of the truth, he is putting forth every effort in the cause of *present* truth. He has been provided with some of the literature which he needs so much, but must have more. If any wish to make a donation to a foreign field, here is an opportunity within our own borders.]

A LETTER.

DEAR BRETHREN AND SISTERS:— Having recently come to be a part of your Conference, we desire to tell you something about the work in which we are engaged.

In "Christian Temperance and Bible Hygiene," we have this statement from the Lord through His servant:—"God's elect must stand untainted amid the corruption teeming around them in these last days. Their bodies must be made holy, their spirits pure. If this work is to be accomplished, it must be undertaken at once, earnestly and understandingly."

There is a great work to be done for two classes: those who already know the truth-God's elect, and those who are still unacquainted with the third angel's message. The work to be done is to fit up a people with holy bodies and pure spirits, who may enter through the gates into the city, having conquered appetite through Christ.

Having realized from personal experience the great benefits of health reform, we were led to present these truths to others. Our work for the public began nearly four years ago when we opened a vegetarian cafe in Des Moines. Iowa, the second one to come into existence. The first opened at Detroit, Michigan, one week previous. These two cafes were watched with great interest by many people in the denomination.

We soon had established a prosperous business, our patrons being the most aristocratic people in the city, people whom one could not induce to attend our meetings or buy books, but who became interested in health principles, and soon in other phases of the message. One gentleman, a very reserved man whom we thought did not care very much for the health principles, spent his vacation last summer in Germany. While there, he wrote us that he had interested a friend of his, a wealthy merchant of Leipsic, in health reform, and asked us to send him sample price lists, etc., of the foods, as he wished to deal in them.

Last October, having sold the cafe in Des Moines, we took an extended trip through the West, visiting the vegetarian cafes at Lincoln, Denver, Seattle, Portland, San Fransisco and Los Angeles.

While at Los Angeles, our minds were directed to Colorado Springs as a fruitful field of labor in this line, owing to the vast number of tourists who visit this place every year from all parts of the world, making it a center for spreading the message to every continent.

While at Grand Junction, we met Eld. Watson, an old-time Iowa friend. He urged us to come to Colorado and open a vegetarian cafe; having reached Colorado Springs, we found Eld. H.M. J. Richards, also a former Iowa friend, who made the same request. Going from here to Boulder, we counseled with Dr. Kellogg who heartily approved of the plan of starting a cafe at Colorado Springs. This we did, opening Feb. 18.

We have many evidences that the Lord has directed in establishing the work here, and our patronage has far excelled our expectations. Many are coming to us for the benefit of the diet and are experiencing good results.

We are glad the Lord has given to every man his work. We desire the cooperation and prayers of every member of this Conference that this work may be a success, and may be God's means of bringing a knowledge of the truth to many souls, that we with them may enter in through the gates into the city.

We shall be glad to see any who may visit this city. Our address is 322 1/2 N. Tejon St., Colorado Springs. MR. AND MRS. F. W. PATTERSON.

THE SABBATH SCHOOL. Conducted by MRS. G. F. WATSON.

A Year of Bible Study.

Not long ago I came across this sentence written by a very faithful laborer, and printed in one of our papers about three years ago: "I solemnly believe that if a person is so situated that he can study the lesson and attend the Sabbath-school, and does not do so, he will never attain to such knowledge of God as will bring to him eternal life.'

At first thought it may seem as if that is a very extreme view to take, but the idea is certainly worthy of study. Of late it has seemed that a spirit of indifference to the Sabbathschool has crept into the minds of many of our people, and in nearly every church there are those who entirely absent themselves from Sabbath-school, or else are very irregular in their attendance. While our Sabbath-schools need and should have the presence and help of every believer, the need is not wholly on one side. Those who are carelessly depriving themselves of this means of grace, may be turning away from that which might be to them a "savour of life unto life."

The Sabbath-school is the church organized and equipped for the systematic study of the word of God. There is no service that equals it in giving opportunity for individual study and training. The spirit of the Lord has said : "The Sabbath-school is an important branch of the missionary work, not only because it gives to young and old a knowledge of God's Word, but because it awakens in them a love for its sacred truths, and a desire to study them for themselves; above

all, it teaches them to regulate their lives by its holy teachings.

Can any one deliberately or carelessly turn away from the Sabbathschool, and cut themselves off from its service, and from the study of the lessons which are engaging the attention of a large number of the people of God, and not suffer a loss that is material? Can we really estimate the possible loss? Can any portion of the Scripture become so familiar to us that we know all there is of God in any text, and that nothing more can be revealed to us by study? These are questions our people should consider.

We have now entered upon the study of a new series of lessons. The arrangement of the lessons is new, and such as to encourage the most thorough Bible study. The subject of the senior lessons, "Studies in the Gospel Message," should appeal to each adult person as being worthy their most careful attention. The youth's lessons are based upon the same series. The children are starting in on a three years' study of Bible history, something after the manner of the lessons used in book form years ago. In all divisions of the Sabbath-school, the quarter beginning April 1st marks an important epoch in Bible study.

We appeal to every family and to every person in our ranks to study the Sabbath-school lesson and connect with Sabbath-school work. If you are within reach of a school, let no trivial thing hinder your prompt and regular attendance. If you are isolated, send for a Lesson Quarterly and for the lesson papers for your children, and in the fear of God, unite in the study of the lessons. Let us have a year of real Bible study. And the study of that Word will surely be "the power of God unto salvation to every one that believeth.'

MRS. L. FLORA PLUMMER.

The club rate on the Little Friend will soon be a uniform price of 45 cents for 5 or more copies. This rate will go into effect June 1st. Let Sabbath-school secretaries take notice.

The June number of the Life Boat will be a special Anti-Cigarette and Tobacco number. Get a supply, and use them among your neighbors and friends. Be sure to supply your local jails with this issue.

We are in receipt of an announcement of the Summer School Assembly to be held at Berrien Springs, Mich., beginning June 12. It will continue until Aug. 20.

NOTES AND ITEMS.

Dr. Hills began a series of meetings in Salida the 13th inst.

Brother Pearson reports progress in the sale of "Christ's Object Lessons" at Pitkin.

Elder Svensson and wife have gone to Aspen to labor for a time among the Scandinavians in that locality.

Brother C. H. Bates was called to Trinidad last week to conduct the funeral service of Brother Fischer.

The Wray church is enjoying some good meetings conducted by Elder Ziegler, who is superintendent of District No. 1.

Elder Richards, who is superintendent of District number 4, has left Denver for his new field. We cannot give his address as yet.

Brother B. R. Nordyke, manager of the Kansas City branch of the Pacific Press, has been ill for a few days. We hope for his speedy recovery.

Subscribe for the ECHOES yourself; ask your brethren and sisters to subscribe, and if any are not able, assist them in a substantial way. Price, 25c.

The Denver vegetarian cafe is growing continually in the favor of the world. They have fed as high as four hundred and thirty-five people in one day.

Last Thursday evening, Bro. Thomas Branch was ordained to the gospel ministry in the Denver church, Elders Watson, Wilcox and Ziegler participating in the ordination service.

We have recently learned of the death of Sister Helen Harper who spent several years in our state. She died at Longbeach, Cal., of heart disease. We believe she sleeps in Jesus.

The news of the death of Brother Wm. E. Fischer of Trinidad, Colo., has reached us. He met with an accident which caused his death. We extend our sympathy to the bereaved family.

We are sure our readers will be interested in the letter in this issue, from Brother and Sister Patterson. Their cafe at Colorado Springs is growing nicely, and promises to be a leading enterprise in the near future.

When it is necessary to send a telegram to this office, please address Colorado Tract Society and not an individual, so that any one in charge can attend to your wants, and thus save you much time and trouble.

We have just received a sample frontispiece of the special "Coronation Number" of the Signs. It is attractive, and we are sure it will be an excellent number to sell. Prices : single copy, 5c; 10 or over, per copy, 2¹/₂c; 25 or more, per copy, 2c.

Brother Branch and family have been called to a foreign field, and expect to sail June 4 for Africa. They left Denver for the East last Sunday. May God greatly bless them as they answer the call to labor for their own people in central Africa.

Summer Assembly.

In a fifty-acre grove of beech and maple, overlooking the St. Joseph river, on Emanuel Missionary College farm, near Berrien Springs, Mich., the sum-mer school for 1902 will be held. The date of opening is June 12; the length of the term 10 weeks. From August 10.20, the last ten days of the assembly, educators from all departments of the work will meet in conventions with the church school teachers and summer school students. The educational work is growing. Every person having God-given ability to teach should have a part in this annual gathering. It is an inspiration, to say nothing of the opportunity for a thorough study of the most practical subjects for teachers in church and intermediate schools. The assembly is under the auspices of the educational department of the General Conference. The course of study is complete, and is so arranged as to give teachers progressive work year after year.

Do not fail to read the announcement, a beautiful 16-page pamphlet, sent free.

Every church should have a school. Every church should be represented by a student at the summer school.

Tuition free; tent rent free; board on the European plan. No teacher can afford to miss the assembly. For particulars, address,

> E. A. SUTHERLAND, Berrien Springs, Mich.

Your Obligation.

When the campaign for "Christ's Object Lessons" was first begun in our Conference, it was stated that if each member would sell seven books, the work would be done so far as we were concerned; but this plan was not carried out. Some took hold of the work in earnest, and sold not only their quota,

but many more. However, many, many failed to do any thing, hence a new ratio was fixed, that of four books to each member. If each one will now come to the front with \$5.00, the price of four books, we may yet sing the song of jubilee, and that very soon.

Are you, dear reader, one of those who failed in the first campaign? Did you fail at the post of duty? If so, will you not now be found at the very front, so that you may receive the blessing the Lord has for you?

Who will say he cannot sell four books? Do not ask to be excused, for this means not only the losing of a blessing yourself, but also a hardship to your brethren and sisters. If you cannot see your way clear to take up this duty, ask the Lord to make it plain. Ask Him for wisdom that you may know how to do the work He has asked you to do.

If you fail to do your part now, someone else must be overburdened, and someone else will receive the blessing which the Lord wants you to have.

We have a large supply of books in stock at the office, and can fill orders in English, German, and Swedish languages. Remember to send the cash with the order, so that the debt will not be transferred from the school to yourself. Order now.

THE PARKER"LUCKY CURVE" FOUN-TAIN PEN is the best pen on the market. Every hand can be suited. It is a most beautiful working pen, writing smooth and even as with an ordinary pen. The feed is so arranged that the pen will not leak as do most fountain pens, and is guaranteed to give satisfaction. Prices range from \$1.50 to \$5.00. We have a good supply in stock and can fill orders promptly.

COLORADO TRACT SOCIETY.

Report of Canvassing Work.

For two weel	ks end	ing.	May 24.	1902.
	Hrs.	Ord	s. Val.	Helps.
Marvel of Nations, M. R. Proctor, Victor, W. H. Moore, Hygiene, B. E. Lewis, Wray,	$\left\{\begin{array}{c} \frac{61}{16} \right\}$	3 6 1		11.50 1.75
Patriarchs and Prophets O. Einarsen, Denver,	·} _	17	51.75	
Home Hand Book, W. H. Moore, Hygiene, Carrie Rousseau,	$\left\{ -\frac{1}{4}\right\}$	3 1	14.50 4.50	.75
Ladies' Guide. Carrie Rousseau, Hygiene,	} 66	28	92.50	
Total	147	59	\$177.50	\$14.00
DELIVERIES.				
Books. Value				
M. R. Proctor				\$ 3.25
W. H. Moore		1		1.50
B. E. Lewis				10,00
O. Einarson		17		51.75
A. M. Dorman		9	••••	20. 00
Total,		41		\$86.50