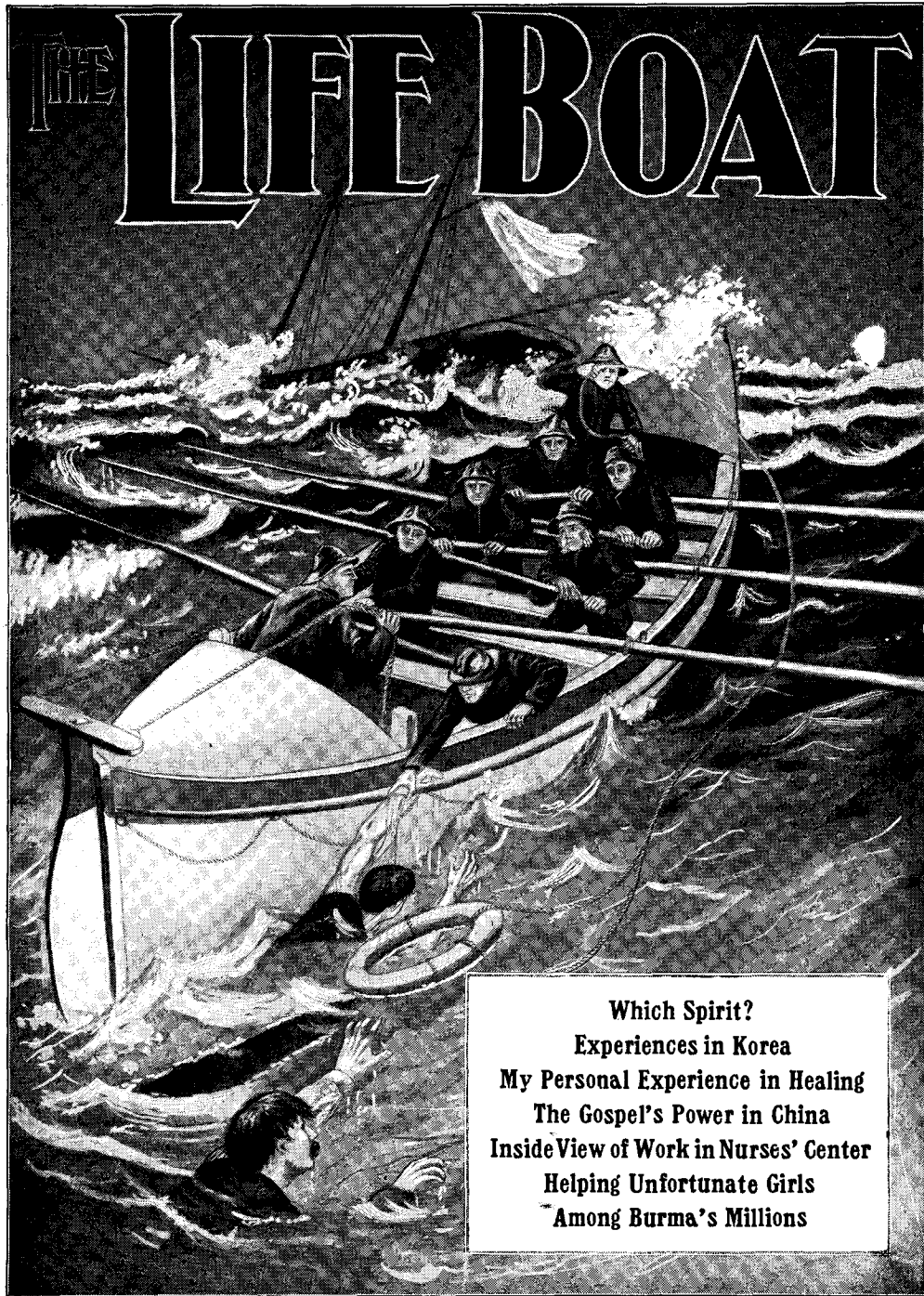


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Inside View of Work in Nurses' Center
Helping Unfortunate Girls
Among Burma's Millions

Volume Sixteen
Number Ten

Binsdale, Ill.

October, 1913

"Health and Healing"—by the Editor

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HINSDALE, ILL. :: OCTOBER, 1913

Number 10

Health and Healing

David Paulson, M. D.

MEDICAL men ordinarily look toward the great research laboratories of Europe and America for the latest medical ideas. However the richest health information is much older than any of these great centers. The choicest health truths are found in the Bible.

There are many people in these days who naturally scoff at the idea that any medical roses, lilies and pinks can be gathered from this great garden of God. Such folks remind me of what I heard a noted chautauqua lecturer say. He was listening to one of the world's greatest orchestras. The vast audience was enraptured. The entire orchestra reached one of those places where there was just a momentary pause before striking the next note, and in this brief interval he heard a woman sitting behind him say to her friend, "Why, I fry them in grease." There are some folks who do not see any more in the Bible than these poor women got out of that great musical opportunity, and I feel both are to be pitied.

Most of us feel a certain sense of grandeur and awe when we stand face to face with nature's great productions. I have seen the towering Alps in Switzerland, the weird formations in the "Garden of the Gods" in Colorado, and the stupendous Canadian Rockies, and each time I have had that peculiar feeling steal over me. But the same God who made

these made this Book, and for this reason I feel as I approach it I must take off my shoes, so to speak; and the critical attitude that I maintain when I study the works of human authors I must put to one side, for here reason has to bow before the great "I am."

It is extremely difficult to travel in Oriental countries at night along the foot-paths in the mountains, so for additional certainty a light is often placed at the end of the sandals so that every step can be sure of a sound footing.

The Bible is all that, and something more, for "Thy Word is a lamp unto my feet, and a light unto my path." Ps. 119:105. Therefore it would be amazing if there should be nothing in this Book to shed light on this great subject of health, ill health, and healing.

Health and Prosperity

God's attitude toward this question is in 3 John 2: "I pray that in all things thou mayest prosper and *be in health*" (R. V.).

I know some, especially those who are sick, will say, "I can't understand it." That is because the Bible can not be studied like any other book. Miners do not go down in a mine and dig up silver in large chunks. They discover a vein and then keep following that. So the way to get harmony out of Bible study is to *trace* a certain vein of truth all through it. That is the great secret of making Bible study interesting. It is hard work, but it is worth the while.

If God's thought for His children is health, then what about all this sickness and misery? God is not to blame for it, although He often succeeds in working great good out of it. "He doth not afflict willingly nor grieve the children of men." Lam. 3:33. On the contrary, He not only forgiveth iniquities but *heals* diseases (Ps. 103:3).

I can set a broken leg but God has to unite it. I can create favorable conditions in gastric ulcer but God must heal the ulcer. I can wash wounds and apply certain remedies but God has to heal them. God is not only the world's great Healer but also the great Maintainer of Health. We can either co-operate with Him, do nothing in that direction, or work squarely against Him.

Different Remedial Measures

God recognizes different methods of co-operation in the sick-room. When Hezekiah was on his deathbed he prayed earnestly to the Lord and Isaiah prescribed a fig poultice (Isa. 38). In that instance both *prayer* and *external* remedies were used.

There is another class of invalids who need something more than prayers and poultices. They will never recover until they begin to do something for somebody else instead of trying to have others do *everything* for them. Some people have the "invalid habit" like others have the morphin habit, and they will never feel well until they become interested in others who are worse off than they are themselves, until they begin to deal *their* bread to the hungry and bring the outcast poor to their *own* house, and when they see the naked, to cover him.

I know a good woman who lost her only child. She put the child's little stockings away in the bureau drawer and every day or two she cultivated neurasthenia by taking those little stockings out, looking at them, and then having a good cry. Directly, she saw a little child on the street that had no stockings and scarcely any shoes. Then God told her to put those stockings on the poor child's feet, and she obeyed, and a great peace came in her heart. There are many of our sacred trinkets that could be better turned into equally good account.

One day Napoleon went into a church that contained twelve silver statues of the apostles. Napoleon observed them and asked, "What

are those things?" He was told, "Why, those are the twelve apostles." He said, "Well, take them down, send them to the mint, run them into money, and let them go around doing good like their Master did."

There was a woman who used to go out every day to her husband's grave to weep. She was rapidly falling into a decline. But her sister died and left a four-year-old child for her to care for, and then she had no time to go out to weep on any one's grave. In three months' time she was perfectly well. That child saved the woman's life.

This instruction in Isaiah 58 does not set broken legs. Neither will it cure headaches that are caused by eye-strain. It will not remove gastric ulcer that is due to vicious eating, but it is the kind of Christian psychotherapy mingled with practical good sense that thousands of sick people need, and they will never be permanently well until they discover that fact. Then, and not till then, shall their health "spring forth speedily." Isa. 58:8.

Salve and Hydrotherapy

One day Christ met a blind man. In that particular instance He did not heal him by a word or a touch. He made a clay ointment [I suppose somewhat similar to the antiphlogistin that is now on the market] and then He commanded him to go and *bathe* in a certain pool; and following this second treatment his sight was restored (John 9:6, 7).

Christ could certainly have healed him without all these, but He went out of His way to put Himself clearly on record so that no faint-hearted person should ever have any good reason for believing that God was opposed to the use of suitable, simple remedial measures.

Internal Remedies

In 1 Tim. 5:23 we have some wonderfully interesting instruction. Paul, the greatest evangelist in the history of the Christian church, advises Timothy, the young and brilliant missionary, to "drink no longer water only, but use a little wine for the sake of thy stomach, and thy frequent maladies (Conybeare and Howson version).

Paul had been up in the third heaven and had been divinely instructed as perhaps no man who has walked this earth since Christ's day, and yet he did not suggest special prayers

for these fits of indigestion. Instead he advised fruit juice—thus showing that there are certain cases that need rather regulation of food or drink than any other spiritual or physical measures.

The Greatest Remedy of All

We are still working the same vein of truth; each case is not a contradiction of the others. It is the same ore; it just glistens with a little different color. And now the end of the vein is in sight, and last but not least we dig out this beautiful and inspiring truth: "Is any among you *suffering*? let him pray. Is any cheerful? let him sing praise." James 5:13 (R. V.). Some people prefer to complain when they suffer, rather than to pray. Others, when they are feeling good, would rather indulge in foolishness than to praise God.

Furthermore, "Is any *sick* among you? Let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord." In the old time when any were set aside for a holy work they were anointed with oil. When the sick man is willing to pay the price of such a dedication of his life it is appropriate to have him anointed with oil, otherwise it is a mockery.

"And the prayer of faith." Not the prayer of *presumption*. There is a vast difference between the two: the prayer of faith is in harmony with all God's known requirements; the prayer of presumption pays no attention to them.

I have been called in to unite with others in prayer for the sick, and when I wanted to know whether the patient was ready to give up tobacco, dispense with the juicy beefsteaks that had helped to create the disorder, the tea and coffee that had wrecked the nerves, and whether he was ready to have his stuffy bedroom ventilated he became impatient. But my Bible says, "He that turneth away his ear from hearing the law, even his prayer [not only is not answered, but what is worse] shall be *abomination*." Prov. 28:9.

So reform always goes hand in hand with the prayer of faith. What then? The prayer of faith shall *save* the sick." The most important thing is to get saved. I know plenty of healthy people who are *not* saved, and I am glad to say that I also know a goodly number of sick people who are thoroughly saved. The

most important thing that can happen to a sick man in answer to prayer is to have his soul saved; then, if necessary, he can get along with a sick body.

When Infirmities Are a Greater Blessing Than Health

But that is not all: "And the Lord shall raise him up." That may be instantly or it may be gradually, or it may not be until over in the next world. I hear some one ask, "Do you mean to say that there are some cases—even after such prayer, if we have faith enough—whom God is not pleased to restore instantly?" Precisely so. Paul had an awful trouble. He said it was a veritable messenger of satan to buffet him. Did you ever have a wretched trouble which always came upon you when you wanted to *do* something—a miserable sick headache, for instance? Paul had something worse than that.

In our English translation it is called a thorn in the flesh, but the original thought suggests being impaled. That is the way they sometimes killed criminals: they drove a stake through them and into the earth and let them die by degrees. Think of Paul doing his wonderful evangelistic work with such a misery! It so burdened him that he specially asked the Lord three times for its removal so he should not be handicapped in this wretched way. Did God remove it? By no means. He permitted it to remain to prevent Paul being spoiled by self-exaltation, as has happened to so many wonderful preachers in our day. He merely comforted him by saying, "My grace is sufficient for thee: for My strength is made perfect in weakness," or "infirmity." (Young's translation), 2 Cor. 12:9. And when Paul caught its glorious mission he said, as we may say, "Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me."

Slip in that experience with James 5 and the story is complete. In view of that we ought *always* to pray, "Not my will, but Thine, be done." We need not hesitate to avail ourselves of nature's remedies in connection with our earnest prayers; but after we have done all that we can, if the Lord does not deliver us from our infirmities we ought to cheerfully say, "Most gladly will I glory in my infirmity."

I believe if we co-operate intelligently with

God in the restoration of health, making use of such opportunities as are within our reach, discarding such things as God has clearly shown us are wrong, that God will give us all the health that He sees in His infinite wisdom we will make good use of in this life; and He will bless to our own good and to the good of His work whatever infirmities He permits us to retain, just as He did in Paul's case. In other words, He will make it work together for our good.

A SOUL-WINNER IN PRISON

(From the Dannemora Prison, N. Y.)

"I am trusting in the Lord Jesus Christ all day long and am receiving rich blessings from Him, and He is true to me in every way. I am getting along splendid in my Bible; am studying it all the spare time I can get and it is a blessing to me. It teaches me to love the Lord Jesus, and to teach others the same way. I am working for the dear Lord in here and tell the men what He has done for me. I try to encourage them, telling them what I came through. They say they can't lead a good life in here, but I tell them they can do the same as I am doing; to get on their knees and ask God to forgive them and make better men out of them. I told one man I would not give this life for all the money in the world, and he promised me he would live a better life in here. I only spoke to him about a week ago and you ought to see the change in him. He thanks me for speaking to him about the Lord Jesus Christ and His wonderful power.

"I may thank you and the good Christian people in Hinsdale for what I am today—a God-fearing Christian."

GOES FROM ONE TO THE OTHER

(From the Indiana State Prison.)

"In answer to your letter, I received THE LIFE BOAT and tracts, and thank you for same. I have a Bible in my cell and like to read such chapters as Romans 8, and many others that I can find help in.

"I am very glad to hear from you or any of your co-workers. I know there are many young men in prison that want to break away from bad company and live better and purer lives, and know that you are touching many

of them with your work. I have been watching your work ever since I have been in this place, and when there is a LIFE BOAT sent by any one it would surprise you to find how many want to read it; it goes from one man to the other.

"I want to live a better life and want to get my will set on my main sin that causes all others. I will close, asking your prayers for me, that I give to Him my life which my Saviour gave me."

GAINED TWO HONOR BARS

A prisoner writes from Dannemora, N. Y.:

"I have your letter, also the Bible, and I thank you ever so much for the interest you take in me. I started to read the Bible and am now reading the story of Joseph and his brethren. This is the first time I have ever read a Bible of any kind. Probably had I read it in years gone by I would not have led the life I did. If, while reading the Bible, I do not understand some verses, I will ask you to straighten it out for me. I attend the services every Sunday in the chapel.

"I have a very good record and I do not care to lose my short time, which is two years and three months. It is taken off from my seven years, for good conduct. When an inmate's conduct is good for one year he receives an honor bar, placed on his left coat sleeve. He receives one each year if his conduct is good, until it reaches five bars, and then a star is placed on his sleeve. I have two honor bars on my sleeve. Inmates are allowed to write one letter each month. If they have an honor bar they are allowed to write the second and fourth Sundays of each month. So you can see that the honor bar system is encouraging. If they have a star (for five years' good conduct) they are allowed to write a letter every week.

"I do not write to any one and it gives me great pleasure to write letters to you. I hope these few lines find you in the best of health. Each morning and night finds me on my knees with a silent prayer to God."

If we would be fit to pray for others we must spend much time in prayer for ourselves.

A merry heart kills more microbes than any medicine.

Experiences in Korea

Mimi Scharffenberg

Seoul, Korea.

WHEN the people come to us they do not wear much clothing. The children have no clothes at all, and so when they begin coming to the meetings one of the first things we have to teach them is to clean up and dress properly. Many of the people have only one suit—made out of white cloth like we in America make our sheets out of. It is always supposed to be white, and they only have one suit, and wear that to every kind of

the people come properly dressed for church. It is no use telling the people to *do* a certain thing; they do not know how. The best way is to invite the people to our homes and do it for them and then they don't forget it; they talk about it everywhere.

Teaching the Art of Bathing

We have had many experiences with sick people. Many women have brought their children to me with their ears running, their



A GROUP OF MISSIONARIES IN FRONT OF THE FREE DISPENSARY.

work they have, and of course it does not keep clean very long. In order to teach the people to wear clean clothes to the meetings we usually invite them to a feast and give them plain rice to eat, or something like that, but before we let them into the dining room they must go through the kitchen, where we give them each a bath and put clean clothes on them, and then they can have the meal. It is a very successful plan, and after that

*Told at a recent young people's meeting in the Hinsdale sanitarium.

heads full of sores, and we would feel, "Oh, how can I touch that child and put it in the water?" But after we would clean the children up it was remarkable in how short a time those wounds would heal up and they would be well. It required a lot of explanation, how we did it, and people from the villages around would come and ask us to teach them how to bathe their children.

Pulled Through the Streets By Her Hair

Before a recent law of the Japanese went

into effect they married very young, and the life of the girl was a very hard one.

One time when I was traveling I stopped at a hotel. I had just lain down when I heard a screaming, and went to see what the noise was. I found a young lady twenty years of age was just being pulled out of a well. She had tried to end her life by jumping into the well, but she was rescued and her father caught her by the hair and pulled her through the streets until she had no more hair in her head. The reason was that her husband was only twelve years of age, and she was twenty. She had a very hard time with her mother-in-law and ran away and she did not want to go back. Because she did not want to go back the father-in-law said to her father: "Give me back the money we have paid for her." The father said: "I have used up the money and have no money to give you."

That meant that the girl had to go back, and they got into a quarrel and the girl thought she would end it by jumping into the well. And there are hundreds of girls in the same situation. I have seen them time and time again standing by a well ready to jump in, saying: "Shall I or shall I not?" And those are the people we have to bring the gospel to. I have found after the people know the truth and have the peace of God in their hearts, their difficulties are much easier borne.

Our Free Dispensary

You may be interested to know a little of our dispensary in Korea. The present dispensary was the house I lived in when I first came to Korea. It had no windows at the time, but I put in two windows, and hence I can't sell it to the Koreans any more, because they do not want a house where any one can look through; for then they say thieves will come through.

The house is twelve by sixteen feet, and that is the dispensary. There are thousands of people that receive treatments there every year; and through the influence of that dispensary much of the prejudice has been broken down and the people are much more favorable to the gospel.

More Workers Needed

Now what we need in all these Korean fields is more workers. Oh, how I do wish that the

people could only see the necessity of the work there! Korea is a very small place,—the area not more than that of the state of Utah; but the population is equal to that of Illinois, Wisconsin, Utah and Nevada combined. And that is nothing compared to China in other places. But the very people we need over there are the people who are able to save souls here. We think people who go across the water somehow are great people and can do great work over there; but we never can do anything unless we do work right here where we are. And so let us prepare by being faithful in our place here and day by day do something that we may help to save souls here.

When we get there we find so many, many things we have never thought of. We find the people so different from what we are. One thing I found very strange at first was how the natives watched every act we did and all we said. While they dress very simply still they notice everything we have on. They are just as dirty as they can be, but everything they see about us that is not clean they are sure to remark about; and the least little thing will turn them against us, and you have to work sometimes for weeks and months to get their confidence back.

So we must win the people from the start. We must not have an expression on our face that they do not like, because they will turn away. It travels all over faster than any telegraph in this country. One time school had just closed; and the day after the students went home I went out to visit the country places. Place after place I went to, the people would say: "Well, such and such things happened at the close of the school, and So and So said so and so," and they had every story of everything that had happened in there the whole school year through. And all the little unpleasant things they hear are just turned against the missionary. So we have to train ourselves to be careful, and day by day know that everything we do will really win somebody to the Lord or it will turn them away from the Lord. And so it is my prayer we all will be faithful in everything we have to do.

The shouter is often the pouter.

Inside View of Work in Nurses' Center

Valborg Leffler

2348 Park Ave., Chicago.

ANOTHER month has slipped by and it has been a very busy and interesting one in our work here in Chicago. In the morning before we separate to begin the often unexpected duties of the day we kneel down, praying that our Heavenly Father will guide us in everything we may undertake and that we may be able to glorify Him, also that He will give us understanding to deal with every trouble we may meet. Then at night (though it often is late before we retire) we generally spend a few moments in exchanging experiences of the past day's work, and in this way are able to give each other some helpful hints and suggestions.

Sometimes the calls for help come almost faster than we can fill them, then we make the most urgent calls first. How well repaid we feel when after the treatment the patient tells us what relief she received and thanks us so much for our help! How little effort it takes on our part if we really wish to relieve both body and mind for some poor sufferer!

This came very forcibly to my mind one day as I visited one poor sufferer who has no hope of recovery from her long illness. She is an old lady whom we have treated for some time. She has been sick for many years and has very little use of her hands, and as she can not read, the time passes very slowly. She gets lonesome and discouraged and seems to enjoy our visits so much. She told me one day how lonesome and hard it was as her people did not understand how to sympathize with her, and most of all she grieved the loss of an only child. I told her how that the Saviour understood, for He has gone through the same experiences as we all must meet. She clasped my hand as hard as her weak hands could hold. She could not say good-bye as the tears streamed down her cheeks.

I met another dear woman in trouble to whom I hardly knew what to say, so I asked her to kneel down with me and pray to our Father. The Lord was certainly near and spoke to each of our hearts, and drew us



THE HINSDALE NURSES' CENTER IS LOCATED WHERE CROSS IS SHOWN FIRST FLOOR OF THIS BUILDING.

closer together. There is wonderful power in prayer.

There are also many patients whom we have been able to help physically who are beginning to take more interest in spiritual things. This encourages us to go ahead, knowing that if we sow, the Lord will furnish the growth.

There is one woman we treated, then showed her how she could help herself. She now has her family treat her regularly every day and has improved very much, and feels strong again.

Another family where the husband had pleurisy and the wife a severe infected wound, they have been treated with great success.

One day a little boy who has been troubled with granulated eyes for a year came to see us. We gave his eyes one treatment and showed the mother how to do it. She has faithfully kept it up daily, and in return is seeing great improvement.

We have also been treating a large cut on a woman's hand. It was infected and looked very bad when she first came to us, but with

persistent treatment and proper dressing, it is now almost healed.

It is a great privilege to have an opportunity to do a little for others and the Lord will never forget to leave us some blessings. That can not be left out, because the blessing is in the doing.

THE BEST BOOK HE EVER READ

(From the Iowa State Prison.)

"Your letters came to hand in due time. Indeed, I was very glad to hear from you. I also received the Bible which you sent. I wish to thank you from the bottom of my heart for your kindness. I also received a Bible through my friend Tom Mackey of Portland, Ore., the same day I received yours, so I gave one away to a fellow inmate who never had a Christian education. That was a week ago. Today he came to me and thanked me for giving him the Bible and said that it was the best book he ever read. Whenever I get THE LIFE BOAT I hand it to him and he reads it with delight. I would be very thankful to you for any good advice you may give to help me in getting a deeper Christian experience."



When Dame Nature weary grows
Of her garments sober—
Throws her somber garb away,
Flaunts herself in colors gay,
Then it is October.

Then the corn is in the shock:
Nature is amassing
From the fields her choicest wealth;
Steadily, and as by stealth,
Autumn days are passing.

—PEARL WAGGONER.

Helping Unfortunate Girls

Caroline Louise Clough

THE Rescue Home has passed through some changes during the past month. Mrs. Whisler, who has looked after the work so faithfully, has gone with her husband to Ohio, and one of our senior nurses at present has the general supervision of the work.

Just at present our family consists of seven girls, four tiny babies, and a mother with her two children. One young woman came from

few days. Nearly two weeks went by and he was not heard from. Finally the mother in desperation came with her two children to Chicago to hunt her husband. Her money was soon gone and she was taken sick and then her children were taken from her. We now have them all together and will help them through their misfortune.

So I might go on telling you of the terrible ravages sin has wrought in the hearts and lives of those who come to us. They are all glad to find a haven of rest and appreciate the interest shown in them. Many of these girls are absolutely destitute and we have to care for and provide for them. If you would like to contribute a mite toward this good work it will be greatly appreciated and God will reward you.

I shall be glad to correspond with any young woman in need of help. Address me, Hinsdale, Ill.



A BRIGHT SUNSHINE.

a home ruined and wrecked by drink. When she came she simply had to sit down and cry for joy, "because," she said, "you are an entire stranger, yet you have been better to me than my own folks."

The mother and her two beautiful children have a sad story. The father came to Chicago expecting to return to his home town in a

PRAYER AND PRAISE.

MRS. O. A. OLSEN.

Oak Park, Ill.

What shall I render to my Lord
For all His goodness and His love?
For every day He leadeth me,
And in the night He keepeth me.
My heart is filled with joy and praise
For blessings many I receive.

Oh, give me strength that I may tell
His goodness to us all as well;
He comforts all who are distressed,
Relieves the sad and troubled breast.
Oh, make me gentle, loving, kind,
That I may soothe the weary mind.

My dearest Lord, how can it be,
That Thou didst give Thy life for me,
And suffered in Gethsemane?
In agony Thou didst set me free
That I may ever live with Thee
And share the home prepared for me.

O loving Saviour, take my hand
And lead me through this weary land,
That I may comfort and relieve
The sorrowing hearts that need Thine aid.
Oh, make me more and more like thee,
Then I shall ever faithful be.

Oh, let Thy word be my delight
To lead me in the path of right,
Then when at last I reach the shore,
I'll worship Thee forever more.
I'll sing redemption full and free
For Christ, my Lord, hath ransomed me.

An Interesting Convention in the South Land

David Paulson, M. D.

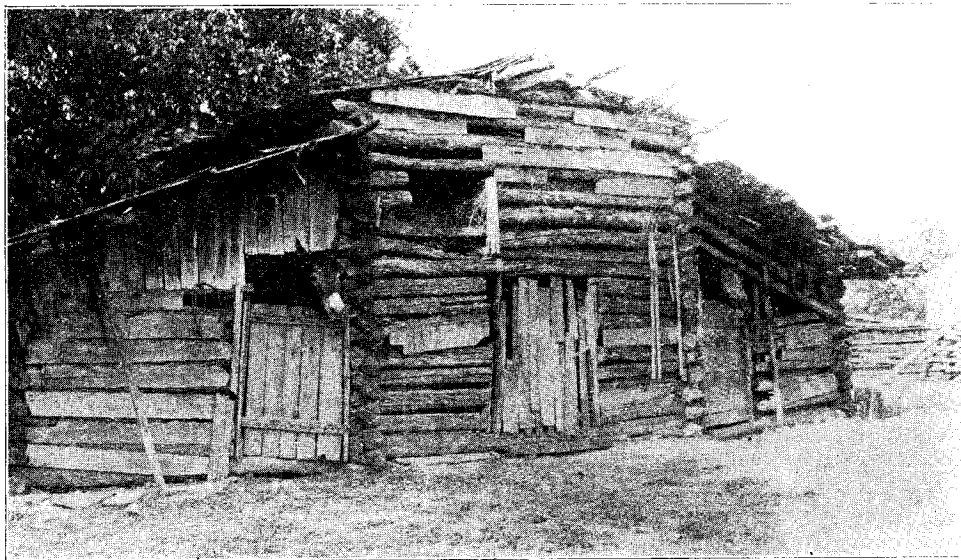
ABOUT ten years ago Professors Sutherland and Magan, with a group of their associates, went down south and bought a large abandoned farm near Nashville, Tenn. On this they established a manual training school for self-supporting workers who wished to engage in similar work in different parts of the south. They have encouraged a large number of Christian farmers to come down from the north, take a short course of training in their school and then go up into the neglected hill countries, buy a small farm, and begin to teach their neighbors by introducing scientific methods, how they can make something out of their useless farms that have been ruined by raising tobacco, as they themselves have been ruined by using it. In many instances they have also established little schools for their neighbors' children. There are now something like forty of these self-supporting efforts in Mississippi, Tennessee, Alabama, North Carolina, etc.

There were representatives from at least twenty of these self-supporting efforts at this convention. It was a wonderful occasion. I

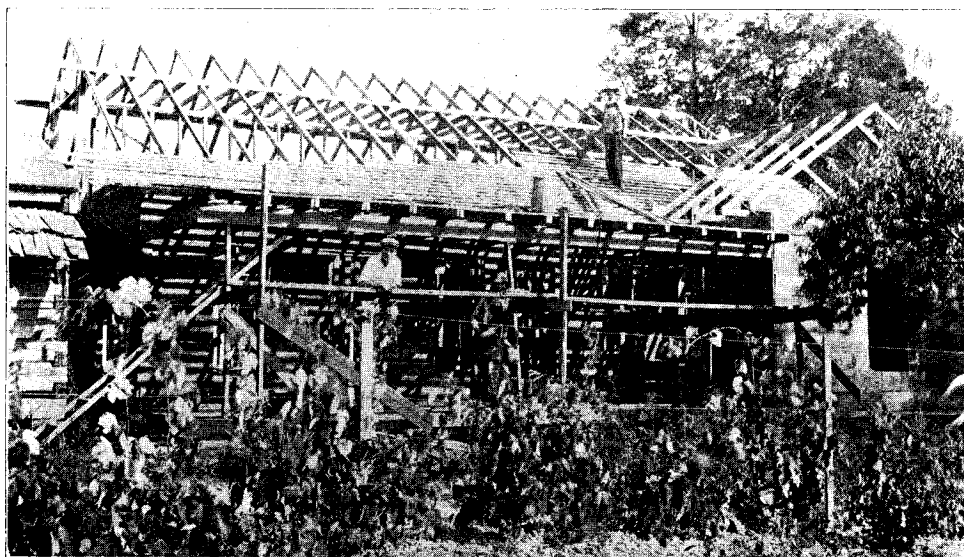
almost felt that I had never made any real sacrifice for the Lord when I heard these workers report their experiences. They have been sowing seed that will certainly spring up and bear a bountiful harvest. Many of these folks who have moved down south were living practically useless lives up north as far as active missionary work is concerned. They were not doing anything bad, but down there they are doing something good. They are compelled to pray and are learning how to get answers to their prayers.

I came home from this convention more determined than ever to dedicate my life to the real spirit of self-sacrifice for the Master. When we get that spirit then we are putting our nets down on the right side of the ship. It is weaving so much selfishness into our program that compels us to toil all night and catch nothing. Luke 5:5.

Frank W. Oswald, whom I used to know here in Chicago as an employee of Borden's Milk Company, has bought a little farm upon Sand Mountain in Alabama. When a student he took some work in pharmacy, thus



THE OLD BARN ON MR. AND MRS. WHALEN'S PROPERTY.



THE NEW HOUSE BEING BUILT TO REPLACE THE ONE DESTROYED BY FIRE.

acquiring a smattering of medical knowledge. Where he and his wife are located there is not a doctor within fifteen or twenty miles. It is next to impossible for these poor people to get any medical attention when they are sick so he cares for practically all the sick people in that entire community. His whole medical outfit consists of four fomentation cloths, a hot bag, an irrigation can, and a few disinfectant solutions. But the success that has attended his efforts is phenomenal. He makes absolutely no charges for all his work.

Every morning he tries to find out what the Lord wants him to do that day and the Lord certainly sets him up in big business. Whenever he is called in to see the sick he first of all persuades them to give up the use of tobacco, liquor, pork, and teaches them how to live hygienically, assuring them God is on the side of right and will help them give up their wrong habits.

A man fell from a building and was so badly injured that he was nearly dead; yet as a result of Oswald's treatment and prayer, in five days he was up and around and still insists till this day that he had a miracle worked for him.

He teaches hygiene and physical culture in

the public school and has organized a health league among the parents. People who live in houses with no windows in them cut holes in them for ventilation. Mr. Oswald's experience only shows how God will bless those who will unreservedly dedicate their service for the good of humanity to the glory of God.

Mr. and Mrs. Whalen, Fountain Head, Tenn., located in a Tennessee hill country, built their house, established a school, and were just getting well under way when their house burned, destroying everything they had. Mrs. Whalen said, in telling her experience, that some of the folks had told about scraping the "bottom of the barrel," but she said even their flour barrel burned up.

She said it was a new experience to have absolutely nothing in the world except the clothes they had on, not even a needle and thread, and no money. But the neighbors came in; some brought food, others clothing, then friends became interested and they began to rebuild, and the accompanying picture shows the progress that is being made. The Lord has moved on the hearts of friends in the north to assist and these splendid self-sacrificing people are of good courage.

My Personal Experience in Healing

Mrs. J. M. Erickson

La Grange, Ill.

[Mrs. Erickson's experience should be read in connection with the first article in this magazine. It is an inspiring fulfilment of the truth that man's extremity may be God's opportunity. When an effort was made to better her conditions by a surgical operation the surgeon found the situation absolutely hopeless for any efforts in that direction and so the only thing to do was to close up the wound. After having recovered from this operation she attended a little meeting of Christian workers in Chicago where O. A. Olsen lead out in a discussion on the subject of how deliberate violation of gospel of health principles necessarily prevented answers to our prayers. After this Mrs. Erickson, who was present, arose, confessed her shortcomings in this direction, spoke of her intense anxiety that her life might be spared for the sake of her children and asked for special prayers. The following is an abstract from the talk she gave the same group of workers the following week. More recently the surgeon who made the exploratory incision examined her and found no indications of her old trouble. The healing of a sin-stricken soul is, of course, a greater miracle than the restoring of a diseased body, yet there are many in our day who deny the possibility of one just as much as the other.—Ed.]

I SHOULD be most ungrateful if I failed to be a witness to God's healing power. At the workers' meeting last week I asked for special prayer that I might be restored to health if it was God's will, and I felt that it was His will as He had given me the conviction that if I confessed and forsook my sins and asked for prayers he would hear and answer.

I had every reason to believe that I was afflicted with internal cancer and that if it was not stayed by God's hand it would run its fatal course in a short time.

I felt deeply that I had, in a large measure, brought this upon myself by various dietetic errors, especially eating between meals. I had been convicted of this again and again, but had never obtained the victory, but I knew that I could not reasonably expect God to heal me unless I was willing to give up these indulgences and reform.

I felt that I was willing, but I knew by sad experiences that I simply lacked the power to do so. I had tried again and again, but before I knew it I would be trespassing again. I had asked the Lord to help me and sometimes I almost felt impatient that the Lord did not help me more.

So I told the workers of my convictions and feelings and asked them to pray that I might be delivered from Satan's power. We knelt in prayer and you may judge somewhat of the burden of anxiety that rested upon me. But as Brother O. A. Olsen prayed the anxiety all left me, my mind became perfectly calm, I felt no oppression, but only quietness and peace and the assurance came to me that this was the healing power of God.

A Flood of Temptations

I am glad to say that God has been gracious unto me and has kept me ever since, though I believe I never went through such a storm of temptations. Satan assailed me on every point where he knew I had failed. First he tried to make me doubt that I was healed. Then he tried to make me believe I was in pain, and finally I began to say, "Get thee behind me, Satan," and then the pain would leave me. I kept this up all the afternoon and retired in the evening without as much as once putting my hand to my side, as I felt I must believe God's promise more than anything I saw or felt.

During the night I suddenly awoke and my hand went almost involuntarily to my side, and the change was so great as to be easily discernible. The skin was soft and pliable, and the tissues beneath were no longer hard and tense, but felt natural, and that hard mass was *gone*. I now could both see and feel that God had healed me and I can tell you that my heart was full of thankfulness, and that the Lord seemed very real and near to me and His sweet peace filled my heart.

Now this is all so very wonderful to me that I can not find words to describe it,—to think that the great God of heaven and earth would consent to lay His healing hand on my sick and aching side and restore it. It surely is a great cause for thanksgiving that He was touched by the feeling of my infirmities.

Two or three days later as my daughter was fastening my collar she said: "Why, mamma, this collar is so large you can't wear it." It was one that had been uncomfortably tight,

so I looked in the glass and exclaimed, "Why, my goiter is gone."

My little boy who was standing near by remarked: "Why, you didn't ask the Lord to take that away, did you, mamma? He has done *more* for you than you asked him to, hasn't He?"

Saved and Kept

Wonderful as this all is to me the most wonderful part was yet to come. You know that the Lord has promised that when Satan should come in as a flood He would raise up a standard against him; and this He did for me. When I awoke in the morning my first thought was, "Will I now be able to withstand all of Satan's temptations today?" I knew by sad experience how weak I was and I was afraid because I knew the enemy would try harder than ever to overcome me. Well, I thought, God healed me yesterday and He had a purpose in doing it. He kept me yesterday, He will keep me today, and if I ever prayed in my life I prayed that morning,—not for help, as I felt that was not enough, but just to be *kept*, just simply to be kept from falling.

I laid my weaknesses and sins before the Lord and asked him to keep and uphold me that day, then I went about my work. And as Satan still continued to tempt me to doubt that I was healed, I would begin to sing, "There's power, power, wonder-working power in the blood of Jesus," and Satan just couldn't stand that, he had to flee.

It was nearly noon before it came to my mind that I had not even thought of eating between meals, the desire for it was simply all gone, then it flashed upon me, "Why, this is the wonderful keeping power of Jesus that I have heard so much about but never fully grasped." And I began to understand the import of the prayer that had been put into my heart by the Lord.

I felt as if I had just learned how to be a Christian after trying to be one so long, and indeed I have tried.

Friday I had a hard day's work to do, and I was a little afraid at one time how things might go. It was a sultry day and the children were fretful, the bread would not rise and every conceivable hindrance seemed to come up; but every time I cried to the Lord

to be kept I felt His strength upholding me and I praise the Lord that He kept me, and He has kept me ever since.

Not Only Trust But Obedience

I have found that the only way to be happy in Jesus is to "trust and *obey*, there is no other way," and I have also found that God honors His promises. When Brother Olsen read last Monday in the meeting that the Lord would heal the sick and we should see His power manifested among us, if among other things we would obey the light on health reform, I just caught onto that and clung to it, and the Lord fulfilled His word.

I count all I have suffered as a very small price indeed to pay for these lessons of faith and trust and obedience when the Lord could not teach them to me in any other way. "Not for worlds would I exchange it," this sweet peace of mine.

I do not wish to give the impression that I believe that my taking a decided stand upon health reform made me in any way *worthy* of the Lord's goodness. It was just His goodness, pure and simple, that did it, for you see I had done nothing, I couldn't even live up to the light I saw, only just be *willing* to do so, and then He *supplied* the power.

I am fully convinced that God could never have healed me if I had gone on violating these principles, and now I have been studying as to how I may best apply them. I know that we can not all do alike or eat alike. No one but the Lord can tell you what you should do; but the Lord will teach us if we are willing to learn. But there are certain divine principles that govern our being and we must study to know what these are and then apply them.

Eat With Gladness

No matter how good or how healthful our food is, it will not benefit us unless eaten with a grateful and thankful heart. If we sit down to a breakfast of grains, breads and fruit, and begin to grumble and say, "Well, this is a pretty dry meal; people who can afford to buy bananas and oranges and pine-apples and the prepared health foods can live the health reform, but I believe that we are too poor to do it," I don't believe a meal eaten that way will benefit any one. I want to tell you that a piece of nice, crisp zwieback

without anything with it has tasted better to me since these days than a nice, juicy, no, tough, bloody piece of steak ever did.

In some way the conviction has fastened on my mind that unless we who are workers take hold of these things in the right way, and because we love the principles involved, the Lord will have to lay us away so we shall not be stumbling blocks for those who come into the truth. The Lord has plainly shown us that it is our failure to live health reform that is the cause of our not seeing greater results from our efforts, and see more coming into the truth. Now we all know that this message is going to triumph, and if that be so then the Lord will remove that which hinders.

It is a great thing for me that I have been restored to health and can still live to care for my children, but that is not so far-reaching a matter and so serious a thing as it is to be doing things that hinder the work. We go out and preach the truth and we hold the people responsible for the truth they hear, but the Lord is sending us message after message in regard to these things and we feel as though we could do as we please about them. Sometimes we even dare to go so far as to make it the subject of our witticisms and jests. It seems to me that if we could look at these things in their right light, we would see that this is a tremendously serious thing to do. May the day soon come when God shall have a clean, pure and prepared people.

ANSWER TO PRAYER

MRS. D. K. ABRAMS.
3508 Rhodes Ave., Chicago.

While riding on the street car on my way to church I laid my handbag down on the seat while I studied my Bible. I rose quickly to get off the car and forgot my handbag containing a watch that belonged to a friend. I also had \$200 that I was going to pay on a pledge I had made for the Lord's work.

As soon as I missed it I began to pray, "Lord, watch over my handbag and grant it will fall into honest hands that I may get it." I felt very sad to think I had been so careless and asked the Lord to forgive me. I was impressed by the Lord to ask the prayers of the missionary society and God heard and answered our prayers, for after going to the

car barns twice to see if it had been turned in, when I returned to the store my husband had received a 'phone message telling me to come and get my handbag. Well, we wept for joy and had prayer and thanked God for hearing and answering prayer. I promised the Lord if He would hear and answer my prayer I would glorify Him by telling it to others that their faith might be increased; and so I am doing it.

I started out to get my handbag, taking with me some tracts and a copy of the *Signs of the Times*, praying as I went that God would give me words of wisdom to speak to the people that had been so kind and honest with me, so that I might help them in turn. Finding the place I met the mother, who told me how her boy found it lying on the car seat and how at first he thought he would give it to the conductor, but something told him to take it home to mother. As they looked through it the mother said to the boy, "Now we must not touch one thing in this, but we must find the owner," and so they did.

I thanked her and told her the Lord would bless her, for she is a noble mother. Then I told her about the Lord's soon coming and how necessary it was for us to be ready and gave her some tracts on the subject. She promised to read them. I am going to keep in touch with this woman and give her more of God's truth, God being my helper.

The boy who found my handbag was at Sunday school when I called to see them, but I told the mother to send him over to the store as I wanted to talk with him. I had been at the store but a short time when in came the boy, and such a nice manly boy. We had a good talk with him about making something of himself, also talked to him about giving his heart to Jesus now while young. I am sure it would have done you good in this day and age of the world to see this clean, pure, honest and upright boy. Oh, if more mothers and fathers would only be companions to their boys and girls they would save them from the snares and pitfalls Satan has for them and they would grow up to be good, useful men and women.

This has been a blessed experience for I know the Lord better and I know it pays to

trust Jesus. The angel of the Lord had charge of my handbag.

God rules and reigns and is the same yesterday, today and forever. "I am the Lord, I change not," and as our faith, so be it unto us. "Ask, and it shall be given you; seek, and ye shall find; knock and it shall be opened unto you." Matt. 7:7.

What a precious promise. It is for every one. All we have to do is to say, "I believe."

"WITS' END CORNER."

"They reel to and fro, and stagger like a drunken man and are at their wits' end." Ps. 107:27.

Are you standing at "Wits' End Corner,"
Christian, with troubled brow?
Are you thinking of what is before you,
And all you are bearing now?
Does all the world seem against you,
And you in the battle alone?
Remember—at "Wits' End Corner,"
Is just where God's power is shown.

Are you standing at "Wits' End Corner,"
Blinded with wearying pain,
Feeling you cannot endure it,
You cannot bear the strain,
Bruised through the constant suffering,
Dizzy and dazed, and numb?
Remember—to "Wits' End Corner,"
Is where Jesus loves to come!

Are you standing at "Wits' End Corner,"
Your work before you spread,
All lying, begun, unfinished,
And pressing on heart and head,
Longing for strength to do it,
Stretching out trembling hands?
Remember—at "Wits' End Corner,"
The Burden Bearer stands.

Are you standing at "Wits' End Corner,"
Yearning for those you love,
Longing and praying and watching,
Pleading their cause above,
Trying to lead them to Jesus,
Wond'ring if you've been true?
He whispers, at "Wits' End Corner,"
"I'll win them, as I won you!"

Are you standing at "Wits' End Corner,"
Then you're just in the very spot,
To learn the wondrous resources
Of Him who faileth not!
No doubt to a brighter pathway
Your footsteps will soon be moved,
But only at "Wits' End Corner,"
Is "the God who is able" proved!

—Selected.

SOME PERSONAL OBSERVATIONS

A. L. BAKER, M. D.
Pittsburg, Pa.

[Dr. and Mrs. Baker of Pittsburg, Pa., have been spending several weeks at the Hinsdale sanitarium acquainting themselves more fully with its principles and methods. Dr. Baker has taken special interest in the services conducted each Sunday forenoon in the Chicago police station by a group of sanitarium workers. He writes some of his impressions.—Ed.]

The work in the police station is a sad condition to face and the question is, how shall

we do this work? There are three things that come to my mind. First, how can we *keep* those who are outside from getting there? Second, how can we *get* those out who are there and keep them from going back? Third, *who* is going to help do this work? The work is a great work. We ought to have many people to do it. Now who are the workers?

In the police station we find all classes of men, many of them between the ages of twenty-one and twenty-five; fine, good-looking and well-dressed men. I asked one of them why he was there. He said he had worked hard all week and then was "celebrating" and they brought him there. He will probably work the next week, celebrate again and come back there again.

The situation is really one that is difficult to handle. It requires a whole lot of tact, skill and wisdom and at the bottom of it all I think what we need *most* is prayer. God will give us wisdom to know just how to take hold of this work and get these men to realize that the Lord has not rejected them.

We must learn to approach those men, draw them, not try to drive them away. We must get them to realize that we are interested in them, and I hope we can by earnest prayer, through the help of God, be able to take the message to these men and help to do a little good.

A very good work is being done by the workers from the Hinsdale sanitarium. The work is very interesting and very much appreciated by the prisoners, which is evidenced by the fact that many of them have expressed a desire for prayer and also have designated that they will endeavor by the help of God to lead better lives.

The place is very undesirable because it is so poorly ventilated and entirely too many prisoners are placed into one cell.

I thank the Lord for being permitted to be here with these sanitarium workers. It has been a great blessing to Mrs. Baker and me and we can not express our gratitude to God for this privilege. But we hope and pray that He will guide and direct us in thought and word and deed that we may be the means of bringing many souls into His kingdom.

THE DARKEST HOUR IN MEXICO

S. MARCHISIO,
San Luis Potosi, Mexico.

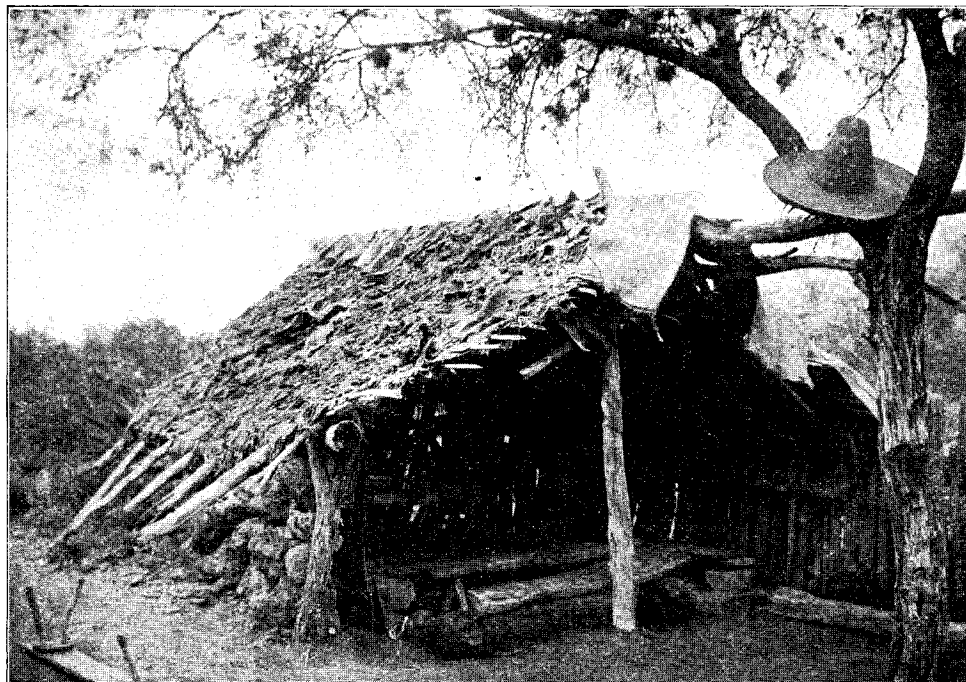
[We are glad to present this illuminating glimpse of the Mexican situation from the standpoint of a veteran missionary. For nearly twenty years Brother Marchisio has carried the gospel to the highways and byways of old Mexico. He not only taught the people how to find their Saviour, but he taught them how to build houses, how to cook wholesome food, how to clothe their children, and he took hold with his own hands to show them how. His work has been wonderfully blessed in that dark and needy land. When in Mexico several years ago I had the privilege of meeting a goodly number of Brother Marchisio's converts and I was impressed with the thorough work which the Lord had helped him to do.—Ed.]

General Diaz, when he took the reins of the Mexican government in his hands, gave to the people of Mexico a liberal government and helped to carry forward the principles of reform begun by the two great reformers, Hidalgo and Jurez. Many of the people of Mexico enjoyed the liberal government exceedingly, for now they could hurl at the church anything they wished without being in danger of persecution.

Soon after the establishing of this govern-

ment, missionaries began to come in the country in larger numbers than before; and these foreign missionaries, especially Americans, took advantage of the situation and preached the gospel of freedom in Christ. The teaching of freedom of government, somewhat mixed with the teaching of religion and freedom in Christ, pleased a class of Mexicans very much and gave them opportunity to hit the established church up and down; so that even at present some Mexican preachers and some converts, instead of preaching the Bible, spend much of their time in abusing the Church.

In those days eloquent missionaries had good success and gathered around themselves respectable crowds, and formed good-sized companies. This was told to me by old missionaries. But soon some of these companies began to get smaller, because they were *not* converted people. They were only pleased with the teaching of freedom, and soon this feeling left them and they became Protestant infidels.



A COMPANY OF BRO. MARCHISIO'S CONVERTS MEET EACH SABBATH IN THIS "CHURCH BUILDING" UP IN THE MOUNTAINS NEAR SAN LUIS POTOSI, MEXICO.

At this time most all of the Protestant denominations that were in the country began schools for the children of the poor as well as the rich. Many of the children of the poor were taken in, fed, clothed, and educated at the expense of the mission. President Diaz favored very much American missionaries and all this put together pleased the missionaries that were representing the different Protestant denominations and they began to build headquarters for missions, schools, and small chapels in many parts of the country. These chapels were well filled and the schools well attended.

Speaking of the city where I am working, they tell me that six or seven years ago the three denominations that have here good-sized church buildings and other properties used for the evangelistic work, had these churches filled every Sunday evening; that is, you could see in them from one hundred to one hundred and fifty people present.

Now if you could come with me some Sunday evening to some of these churches, you could see only from fifteen to forty persons present and sometimes in some of the churches not half so many as that. This condition exists more or less all over the country. Our church in San Luis Potosi is not much better. Our interest is more in the country. The revolution has been spoiling the country; there is a band of revolutionists, more or less, in every state. These bands enter towns and rob the merchants of their goods, quite often compelling them to give their cash money, and sometimes burning their homes, destroying the railroads, and burning the cars loaded with their cargo.

Sometimes women are dishonored, and blood shed everywhere. This is the darkest hour for the Mexican people, for its government, and for missionaries to preach the gospel to the people of Mexico.

Yet we must not be discouraged for all this; we must preach the gospel to Mexico. If we can not have a whole loaf we must be contented with half a loaf until we can get a whole loaf again.

We hope that soon this darkest hour will be over, the government established, and that the missions will have again their proper due of prosperity.

AN ENCOURAGING LETTER

(From the N. Y. State Prison.)

"I received your most welcome letter and was more than pleased to hear from you. I also received your handkerchiefs and all the reading matter, including the 'Soul-winning Texts,' for which I am more than thankful to you. Really, I am overjoyed with the little book and am studying it faithfully morning and night. In my prayers I ask the Lord to bless the good friend that has given me this book to study and who has pointed the right road to righteousness.

"I will follow your instructions in studying and before long will know all the texts by heart, which I am very anxious to learn as soon as I possibly can. I want to be a worker for God and help other prisoners to the same road, for I earnestly believe it is never too late for any man to begin studying the good Book. I will help others to find a vacant spot in their soul for the love of God, just as I have found it.

"The last few words in your letter I deeply take to heart and am more than thankful to you in helping me to become such a worker. I want to write to you as often as I can while in prison, and keep in touch with you, for you are like an angel sent to me by God.

"At present I am reading from the little text book you sent me and I do not want to stop reading it until I have studied it thoroughly so I may know it by heart. And then after I have learned it by heart I hope you will not object if I loan it to others to read, although I do not like to part with it for it is more than anything else I care for.

"I am going to ask the warden to let me expend one dollar from my prison earnings in order to subscribe for THE LIFE BOAT. I love THE LIFE BOAT dearly. God bless you and all its workers."

**The Fifth Annual Hinsdale
Mid-Winter Convention will
be held Dec. 26-29. Plan to
attend. Full announcement
next month.**

Which Spirit?

David Paulson, M. D.

A HAGGARD, care-worn woman staggered down a Chicago street. Trouble and misery had worn deep furrows on her face, but she laughed as she reeled from side to side. It was a strange, unnatural laugh, but yet it was a laugh,—something unusual for her. The liquor that she had drunk in her despair had temporarily resurrected the old laugh she had when a care-free girl.

Every one has a divine right to laugh; but sin had robbed this woman of her divine heritage, and that she might even for a few moments forget her misery she took the cursed drink which would afterwards plunge her in still greater despair. What that woman needed was the Spirit of Christ instead of spiritous drink; but she did not know it and nobody seemed to care enough for her soul to help her to discover that fact.

A few nights ago Arthur Burrage Farwell, the well-known president of the Chicago Law and Order League, in a stirring address given to our sanitarium family, told of his experience when he first started out as a traveling salesman. He said when some business man would turn him down abruptly it would affect him as if a staggering blow had been given him between his eyes. He said it affects the average young salesman the same way, and that many of them in order to recover their courage go to the saloon and get a glass of liquor.

He said instead of that he would go to his room in the hotel, open his Bible, read a few inspiring verses, get down on his knees and ask for the Holy Spirit, and then his soul would be reloaded with dynamite and he could go back to the next customer with an irresistible courage.

This only illustrates the truthfulness of Mrs. S. M. I. Henry's well-known statement that liquor is the devil's *substitute* for the Spirit of God, and it is a commentary on that still more wonderful inspired truth, "Be not drunk with wine, . . . but be filled with the Spirit." Eph. 5: 18.

Why Are Stimulants Used

Most men do not drink liquor because they

love the taste of it. They drink it because they need so desperately the good feeling that it temporarily imparts. Who has not seen a half-intoxicated man endeavor to embrace his worst enemy and forget his poverty and his other miseries? Thousands of men smoke tobacco for exactly the same reason. They hate the stuff, they begrudge the money that it costs, but they crave the unearned felicity that tobacco temporarily furnishes.

There are tens of thousands of women who drink strong tea and coffee and know that it is a *poison* instead of a food. Why do they do it? Simply because they *feel* better for a few hours. They have discovered that they can get a temporary good feeling from these so-called stimulants, but they have not learned how to wait on the Lord so as to *renew their strength* (Isa. 40:31).

A million of our fellow citizens are slaves to morphin for exactly the same reason; and he who attempts to deliver them from this fascinating drug and can not also introduce them to the uplifting and inspiring influence of the gospel, is engaged in a fool's business.

Shall We Remove the Cause?

The thoughtful worker in this field will not only aid his fellow men to be "filled with the Spirit" instead of wine, but he will also interest himself in those causes which produce the terrible depression which the devil takes advantage of to lead his victim to the fascinating, delusive effect of poisonous stimulants.

First and foremost is of course sin—naked, unvarnished sin. The second is like unto it but more difficult to discern because we politely call it "dietetic errors," which result in auto-intoxication, overwhelming the system with poisons which depress, irritate and harass the nerves in such a way as to incessantly demand the temporary soothing effect produced by tea, coffee, tobacco, liquor and other similar drugs.

Chief and foremost among these dietetic errors is undoubtedly the excessive use of flesh foods which so readily decompose in the alimentary canal, producing poisons almost as

virulent as a dragon's tooth. It is no happen-so that next to the gospel itself, the most powerful adjunct in the fight against intemperance is a simple, wholesome, non-flesh dietary in which fruit and vegetables, especially the green garden truck, occupy a conspicuous place.

After riotous eating of flesh, the free use of mustard, pepper, and the whole list of other fiery spices are the next greatest drunkard producers, for they create a thirst that the town pump can not satisfy. And there are altogether too many who discover that the saloon contains the stuff that will ease the unnatural craving produced by these wretched substances.

Let us then in our crusade against intemperance first of all introduce our fellow men to the permanently satisfying, uplifting influence of the Spirit. Let us, secondly, teach them how to eat "for strength, and not for drunkenness." Eccl. 10:17.

A SURE REMEDY

R. C. PORTER

[R. C. Porter has had charge for a number of years of important missionary operations in South Africa. He has recently been appointed to a similar position of responsibility in the Orient. On his way to this new field of labor he stopped off and visited Hinsdale. Seventeen years ago he was under my care, suffering from a serious case of nervous breakdown. While here he told the patients the secret of his present splendid robust health, which we are glad to pass on to others who need similar help.—Ed.]

There are many people that need something more than physical remedies in order that they may have good health. Here is a statement in Isa. 26:1-3:

"In that day shall this song be sung in the land of Judah; we have a strong city; salvation will God appoint for walls and bulwarks: Open ye the gates, that the righteous nation which keepeth the truth may enter in. Thou wilt keep him in *perfect* peace, whose mind is stayed on Thee: because he trusteth in Thee."

That is the best remedy when a person is down with nervous prostration. The physical treatments are important, but this is *highly* important: to be in a state of peace and rest, just trusting that the Lord will bring everything out all right.

"Trust ye in the Lord for ever: for in the Lord Jehovah is everlasting strength."

This is one of the remedies that I re-

ceived when I was taking my treatments for nervous prostration. I used to worry when things did not go to suit me and I did not think they were going right. There are many who are suffering from nervous prostration who have had the same experience. If they could only eliminate worry they would be in the way of permanent recovery.

I accepted this verse as the doctor gave it to me seventeen years ago and have eliminated the worry, and have simply trusted in God and gone forward believing God would take care of me and of His work and would bring everything out all right. And during the last fifteen years I have done more work than I ever did before, my health is better now and I am much stronger than prior to my nervous breakdown. I recently had a thorough physical examination to see whether I was getting to be an old man and whether I was fit to go to Asia, and they told me my arteries and my nerves were as good as a boy's. So I am a representative of what gospel treatments, combined with rational remedies, can do for a man.

"Come unto Me, all ye that labor and are heavy laden, and I will *give you rest.*" Matt. 11:28.

There is nothing better than that. Then nature has the very best opportunity to recover. Believe God will bring it out all right. Trust and not be afraid, and be at rest. We should each one of us come to the Master regardless of our present conditions, placing our cases in His hands.

Many remedies He used in connection with His work, and I believe He works with such remedies as are being used in this institution; but with it we need to have coupled a trust in God that will lead us to place our case in His hands and be at rest.

But "to whom sware He that they should not enter into His rest?" Heb. 3:18. He says, "Peace I leave with you, My peace I give unto you." We may go through this world of unrest—and the world is full of it; people are committing suicide all about us because they are at unrest and they do not know how things are coming out. But amidst it all Christ holds out the hand

and says, "Come unto Me, . . . and I will give you rest."

Now if we believe when the Lord says, "If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness," and then believe He is able to keep us from falling for the future, and believe when He says to cast all your *care* upon Him for He careth for you, we can be at rest. If every one of us will take that instruction of the Master and believe it we can be at rest. It does not matter how much turmoil there is all about us, we can be at rest. You remember when Elisha's servant was fearful and Elisha asked the Lord to open the eyes of his servant that he might behold the angels about him, he saw the place was full of chariots and angels. "The angel of the Lord encampeth round about them that fear Him, and delivereth them."

If we would believe God's Word we would walk trustingly, we would be at peace, at rest, because of what the mighty Lord can do under all these circumstances. "Let us therefore fear, lest, a promise being left us of entering into His rest, any of you should seem to come short of it. For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it. For we which have believed do enter into rest." Heb. 4:1-3.

Now if you are not at rest it is because you have not believed; and if you have believed, you are at rest. It does not matter how much disturbance there is about you, God's strength can place those everlasting arms about you and bear you up and bear you above all the experiences of life until He can successfully give you an entrance into His everlasting kingdom because you are at rest.

"And if any man sin, we have an *advocate* with the Father, Jesus Christ the righteous."

What do you do with an attorney? You never use him when you can handle your own case, but when it is beyond you. I had a case in court once that was beyond me and I employed a lawyer who had once sat on the supreme bench. I stated the case to him, and he said, "Now Mr. Porter, you just be at rest; I will take care of this

case." And I said, "You will have to or it won't be taken care of, for I don't know enough to."

He said, "That man will come to see you again as in the past, with his threats of what he is going to do, and you just tell him your case is in the hands of your attorney, and if he wants to know anything about the case you just tell him to see me." He said, "He may want to settle with you when he finds out who I am." I had tried to settle with him before but could not.

So when he came to see me I told him, "The matter is in the hands of my attorney; you will have to see him." He asked who, and I told him the name. The very next thing he said was, "For how much will you settle?" I could not handle the case at all, but the minute I told him the case was in the hands of my attorney he wanted to know the conditions and we settled in a few minutes.

Now we have an *advocate* with the Father, Jesus Christ the righteous, and when we place our case in His hands we may be at rest. He knows how to take care of it. And this is where so many fail: we take the case *out* of His hands. We can't carry it on. But let us remember that if any man sin he has an advocate with the Father, then leave it in the hands of the Advocate and be at rest. He has never lost a case yet. "Come unto Me," he says, and be at rest. And you may walk through any circumstances you may please and nothing can harm you.

Why, we see that in our mission work always. In our work in Africa we walk where the tsetse fly abounds,—and the inoculated tsetse fly is fatal every time. But we go trusting in God it will be all right. We go in the midst of fever and blackwater, which in the experience of many is fatal, but in all my experience in Africa not one of our missionaries has ever fallen from any cause; we lie down to sleep trusting in God that we will be cared for. I have learned as never before how to trust in God and be at rest. He will take care of us, and carry our case through to perfect success if we will but take Him at His word and be at rest.

Among Burma's Millions

R. A. Beckner

Burma.

ONE of the first things the Burmese ask you to do when you go to their house is to eat, and no matter how many houses you have been to just before, you have to sit down and have something to eat and to drink.

One of our greatest efforts in Burma just now is our literature and school work. We have come to that point where we realize that our proficiency lies not so much in men and means from America as in trained native help. This is an essential part of the missionary propaganda. It is impossible to train men from America to go and teach these millions the gospel. We must get hold of those on the ground and train them to train others.

We started our school simply on faith. We were asked to open a school there, to send some one there as a teacher. They said, "We will raise some money," and so Professor Thurber and wife of East Michigan came out to Burma. They came out to study the language first, but calls came to open the school.

So we opened the school about two and one-half years ago, no facilities, nothing except that the Burmese had collected a few hundred rupees. We have now twenty-five acres of land and a school building. In this we have our offices and teach our classes and our trades, for it is an industrial school. The building has cost something like twelve hundred dollars.

We teach Burmese and English books in the morning, and in the afternoon the trades. We have shoe-making, carpentry, and the cane department, making chairs, tables, etc., and then we pay the boys from the start. We take poor boys who have no money. You would not consider it much pay but we begin with half a cent an hour and they work from that up to four cents an hour. But working well, they are able to earn about half their expenses at school. We figure out it takes about fifteen dollars a year, with what a boy can earn, to support him at school.

We began school last year with thirty-five boys. At the close of the year, in May, when the long vacation came for the hot season,

we had one hundred and forty boys, and more would come had we given them any encouragement to come at all; but we had no room for them. What we lack is facilities.

The school opened this year with eighty boys. How many it has grown to in a month or two I do not know. The buildings are not



MR. AND MRS. BECKNER IN NATIVE BURMESE COSTUME.

finished yet. And best of all, since coming to America, before the school year closed, nine of the boys have been baptized, and twelve more have asked for baptism. These are the first-fruits, and we believe this is the beginning of the harvest.

If you want to know what Buddhism is get some recent book on "New Thought," modern theology or higher criticism. Go through it and strike out the name of God and put in Buddhism, and you have theoretically Buddhism, and then add to that all the superstitions and devil worship you ever heard of and you have it as it is in actual practice. And these boys have to go out and meet that.

One boy who came to us after we opened school had heard about the school; he saw one of the teachers on his way to school and he decided he wanted to come. He got there and no one knew anything about his coming. It meant quite a journey for a Burmese boy. One of the teacher's boys found him on the steps trying to find out where the school was. It had not opened up yet. He had no money so was given dish-washing to do, and that sort of thing, and has got to the place where he is about ready to finish up ninth grade, and wants to be baptized. We hope as soon as we get back there to be able to take him out with us and make a good canvasser out of him.

Our canvassing work, we believe, is another important feature in carrying the gospel to thousands of Burmese millions. Literature about Christianity can be sold to the heathen, and not only sold for a price to pay the cost of printing but almost pay for the cost of distribution.

We are printing now a thirty-two page quarterly magazine. We started it on faith with an issue of five thousand copies, and the Lord helped us to sell them all. That has been running now for a year and all of them have been sold. In two months I took orders for this magazine to the number of 1,065, and at the same time took orders for sixty-five yearly subscriptions for the Chinese paper, thirty-four for the Tamil paper, and some other subscriptions. Although I do not talk all these languages we find all these people in India.

JESUS IS COMING SOON

F. B. UNDERHILL,
Montrose, Pa.

"But of that day and hour knoweth no man, no, not the angels of heaven, but My Father only." Matt. 24:36.

We know not the day or even the year, but

Jesus told us what would take place just before He came so we know when His coming is near.

"And every eye shall see Him." Rev. 1:7. The apostles saw Him when Jesus ascended to heaven, and they will see Him come; for He will come in like manner as He went into heaven; and it will be the same Jesus that was taken up into heaven. See Acts 1:9-11.

Now we will look at a few things that are to take place before Jesus comes. "Knowing this first, that there shall come in the last days scoffers, walking after their own lusts, and saying, Where is the promise of His coming? for since the fathers fell asleep, all things continue as they were from the beginning of the creation." 2 Pet. 3:3, 4. (Jude 17, 18.)

We see and hear scoffers on all sides of us; so that is fulfilled. And in Matt. 24: 4-8 a number of things are stated to take place in the latter days: the frequency of wars, pestilences, storms on sea and land, earthquakes, famines, disasters of every kind, *universal* fear and evil, national distress and perplexity. See Luke 21: 25, 26. And we see all these things, so we know His coming is near. As the days of Noah and Lot, so shall the days be preceding the second coming of Christ. They were eating and drinking and marrying; so they are doing at the present time, for we hear of great banquets on all sides, and much about the so-called high livers, which are all signs that show Christ's coming is at hand. God's people will know when He is about to come, but on the world it will be a sudden overthrow. See Matt. 24: 37-39 and Luke 17: 26-30.

In the last days there will be great riches (James 5: 1-5), and at the time of the end "knowledge shall be increased." Dan. 12: 4. Knowledge has been increasing for the last century. So that is another sign of the end of this world, when Christ will come and set up His kingdom.

"This know also, that in the last days *perilous* times shall come. For men shall be lovers of their own selves, covetous, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, without natural affection, truce-breakers, false accusers, incontinent, fierce, despisers of those that are good, traitors, heady, high minded, *lovers* of *pleas-*

ures more than lovers of God." 2 Tim. 3: 1-4.

Do you see all of these things? Surely we see them being fulfilled all around us. So when we see all this coming to pass we know we are in the last days.

"Immediately after the tribulation of those days (the dark ages) shall the sun be darkened, and the moon shall not give her light, and the stars shall fall from heaven, and the powers of the heavens shall be shaken. And then shall appear the sign of the Son of man in heaven." Matt. 24: 29, 30.

The sun was darkened May 19, 1780, and the following night the moon did not give her light. The stars fell Nov. 13, 1833. One hundred and thirty-three years ago was the dark day. Eighty years ago next November the stars fell. So we may know by this Scripture that Jesus is coming soon, that He is even at the door.

"Now learn a parable of the fig tree; when his branch is yet tender, and putteth forth leaves, ye know that summer is nigh. So likewise ye, when ye shall see all these things (the dark day and falling of the stars), know that it (Christ's coming) is near, even at the doors." Matt. 24: 32, 33. And verse 35 says, "Heaven and earth shall pass away, but My words shall not pass away." Read entire Matt. 24: 29-35.

Yes, Jesus is coming soon. "Watch there-

fore: for ye know not what hour your Lord doth come." Matt. 24: 42. "And what I say unto you I say unto all, Watch." Mark 13: 17. "Therefore be ye also ready." Matt. 24: 44.

Are we ready for His coming? Are we prepared to meet Him in peace when He comes? Are our hearts right in the sight of God? Have we discarded all rubbish and sin from our hearts, that Christ may come and abide in our hearts? If you are not ready to meet Him, delay no longer, but *get ready*, get ready. Get ready to meet your God, for Christ is coming to take His children home with Him.

He says, "Behold, I stand at the door, and knock." Will you let Him in and abide with you? Do not refuse longer to let Him into your heart, for He is coming soon. Are we prepared to look up when He comes and say, "Lo, this is our God; we have waited for Him, and He will save us?"

We read in Rev. 22: 20, "He which testifieth these things saith, Surely I come quickly. Amen. Even so, come, Lord Jesus." Yes, He is coming soon. Behold, the Bridegroom cometh; go ye out to meet Him." For He will come and will not tarry. He will save us if we are only prepared to meet Him in peace. May every reader of this article get ready to meet our God.

Experiences of the Gospel's Power in China*

F. A. Allum

IT IS more than seven years since I had the privilege of going to China, and I am going to carry you on a little excursion through this "celestial" land; but I tell you it is far from celestial when you get there. The first place we stopped at was Hongkong. Then we went up to Canton. Next we sailed around on the eastern shore and came to Shanghai.

Then we received our first introduction to missionary life. It was a little different from what it is now. It was thought at that time that it was best for missionaries in the interior to adopt the native costume, and for the men to adopt the queue, and so I went through

the painful process. All this was done that we might do everything we could to bring to the Chinese the knowledge that we loved them. There was no other reason back of it. I will never forget the experience and the troubles that came to me in consequence of having that appendage. I remember when I would sit down at the table with my soup before me how that appendage would sometimes get into the soup. Sometimes when going through the Chinese doors that queue would get attached.

We were introduced to the native inns; they are indescribable. They give one a creepy feeling when you enter them. We first went

up the Yangtze River 640 miles to the great city of Hankow, the Chicago of China, then followed the railway north until we reached the station at Shan-si. That was our first home in China seven years ago.

A Native's Prayer

The Lord has been going out before us and blessing us in a wonderful way, and the people there are men and women who pray to God. The first night of our return journey, this year, we stopped at a little place called Shao Yao, where we have a church of thirty members. We slept at one end of the chapel, and when I awoke the next morning about half-past three I heard one of our native evangelists praying. I woke my wife and we listened to that man up there at half-past three in the morning, praying. He prayed on until almost five o'clock. We heard him pray that the blessing of God might rest upon his work, and praying for us, that we might have a peaceful journey. Tears rolled down my face, and I said, "Would to God that we, as foreign missionaries, might receive that same gift of earnest prayer that these Chinese evangelists have." I tell you, they put us to shame. I wish you could have heard that earnest entreaty, as it went up to the throne of God for His blessing upon the work. And that is only one of many.

There is today at this station one of our best evangelists in China. When this man came to us his wife was a raving lunatic. But that man prayed on, and we prayed with him. For a time this woman's case seemed hopeless, but her husband continued praying for his wife, and she also in her sane moments prayed for herself, until at our last general meeting at Yen Cheng that woman came and gave one of the sanest testimonies I have ever heard. And that was answer to prayer. As I listened to her testimony I looked over to see how the husband was taking it. He was a very stoical Chinaman; you know the Chinese are all stoical. But tears were running down his cheeks, and when his wife sat down, after telling how God had been good to her, he got up and told of her experience. Three times every day that woman kneels down to thank God for what He has done in her behalf, and she said, "Now I am going forth to tell

this gospel of God's love to my Chinese sisters."

Where the Natives Find Peace

I will relate another incident in reference to that place. I was preaching upon the beautiful thought of peace. I looked down upon the audience and said, "Do you know what peace means?" There was a poor, ragged old man sitting in the front of the chapel, and he got up and said, "I have peace in my heart." When I heard this man say that, my heart was filled with longing to do something for that people. He was the poorest man among us. His earnings were four cents per day in American money, and yet he said he had peace.

This man could neither read nor write, but I will tell you how he got that peace in his heart. Every morning before he begins his day's work he runs to our chapel and learns a text of scripture, goes and works till dinner time, and then comes back to learn another text. After his work is over he comes back again at night and spends nearly all his time in that little chapel learning texts of scripture that make him so happy and that bring him the peace of God. The Chinese have a proverb, "Silver and gold is not true happiness; true happiness is peace." And when this message comes to them it brings peace to their hearts.

At this place we sometimes have an audience of one hundred to one hundred and thirty, and the singular fact of it is that fully two-thirds of these are women. They walk ten, twelve or some of them fifteen miles every Sabbath, upon their broken, deformed feet, in order that they may listen to the gospel. For though foot-binding has gone out of practice, often in infancy the foot has been so twisted and the bone broken that it is impossible for the foot to become natural. But they hobble along on such feet as these to hear the gospel of God; and then they go back to their villages—often being the only one in the whole village that believes in Christianity. I tell you, there is something that brings joy to a man's heart as he goes out in the mission field. And I trust it will touch your hearts and lead you to follow in the footsteps of your Saviour in going to these fields.

*Stenographically reported.



Editorial Department

Conducted by Dr. David Paulson



WHO WILL HELP?

THE LIFE BOAT has been sailing life's troubled seas for nearly fifteen years and it is practically the only magazine of its kind afloat. Other similar magazines have appeared and then disappeared, while THE LIFE BOAT sails on with its one purpose, the salvation of souls and the spiritual and physical uplift of humanity.

Not only the reader is benefited, but also those who sell the magazine are conscious that they are engaged in the Lord's work. Mothers are anxious to have their children get an experience in selling this magazine, realizing that it will help to fit them later on for more responsible positions in the Lord's cause.

Our agents who are devoting their entire time to the work are having most excellent success. One agent has disposed of over eight thousand copies in the last six months, another nearly three thousand in two months. Those who order a few copies to try often write back like this:

"I have sold all the LIFE BOATS you sent me. The people are interested. Send me more at once." One agent in an eastern state who is using about two thousand copies a month, writes: "I am trying my best to increase the circulation of THE LIFE BOAT and expect to enlarge my scope throughout the state with 10,000 a month circulation. I am deeply interested in THE LIFE BOAT and what it represents and the good that it will do."

LIFE BOAT workers are found everywhere throughout the country distributing this soul-winning sheet and it has come like the rising of a new star into many darkened lives. The orders have come in so thick and fast that the September number was exhausted by the fifth of the month and another edition was run to supply the demand.

The field is large and more agents are needed. Write for terms.

HAVE YOU HAD THIS EXPERIENCE?

Did you ever feel impressed to talk to some one about his soul's salvation and yet sheer cowardice prevented you? The devil tries to make cowards of all of us when it comes to spiritual things.

People are not snatched from the devil's kingdom and into God's kingdom by a casual touch. Whenever a soul is saved some one goes through something of the experience Jacob had that night when he wrestled with the angel. The moment he gained that personal victory with God, that moment God reached down and touched his brother's heart.

The disciples met a man who was possessed with the devil. Every person today who is not fully surrendered to the Lord is possessed of the devil, only in a more fashionable and ethical way. It took something besides good talk, social service and a friendly hand-shake to get that man out of the devil's kingdom. In fact the disciples failed absolutely with their ordinary methods. And when they wanted to know why, the Master told them that kind went not out except by fasting and prayer. Whenever a soul is torn from the devil's grip the enemy will resist you like a dog does when you try to tear a piece of meat out of his jaws.

Such an experience can only be obtained by daily, personal communion with God, and that means secret prayer. It means that the Holy Spirit opens up the Word of God to us till it becomes a living reality in our own lives. I am more and more persuaded that the average so-called Christian is a total stranger to such an experience.

As a youth I was a member of the church and imagined that I was a Christian because my experience compared favorably with the average. Finally a terrible attack of diphtheria brought me to the very brink of the grave. I was dying and knew it. Then in awful despair I discovered my nominal Christian experience was a rope of sand. The

future was a blank and I faced eternity—lost.

I do not want any one who has come in contact with me to face that awful hour in such an unprepared condition. I cast my helpless soul at the feet of the Master and begged him to restore me to health and He graciously answered my prayer. But I *know* the future that awaits thousands of ordinary, easy-going, so-called Christians who have no concern over their souls nor the salvation of those with whom they are daily coming in contact.

A soul-winning experience can only be maintained by daily asking God to forgive our sins through the merits of His Son's blood, to plead Christ's perfect life before the Father as a *substitute* for our imperfect life; and as we do this our own souls make progress. From such a life goes out an influence that makes other people dissatisfied with their own selfish lives and makes them hunger and thirst for genuine spiritual victories. This opens the way for us to do spiritual work for them.

You who read these lines will have just such opportunities the next few months and I beg of you to dedicate your life fully to this larger vision. It will not make you any less useful for the ordinary affairs of life. Remember Daniel did not make a failure of his work as a prime minister because he had this closer walk with God.

MISS WAGGONER'S POEMS

For ten years scarcely a LIFE BOAT has appeared without a choice bit of poetry from Miss Pearl Waggoner's pen. These have inspired new hope in the hopeless and been the means in the hands of God of bringing back many a wanderer and uplifting the downcast. Miss Waggoner has now gathered together the best of these that have appeared in THE LIFE BOAT and in other magazines and has published them in book form under the title "Beyond the Shadow." Choice poetry is so scarce in these days that we feel sure that our readers will welcome this collection of *real* poetry. Prices are 45 cents in pamphlet binding and 75 cents in cloth. Orders should be sent to the author, Hinsdale, Ill.

ARE YOU LIKE THESE PEOPLE?

From time to time we receive letters like the following from some good people in one of the Western states who want to take the missionary nurses' course, but do not have all the necessary preliminary education:

"We are so anxious to begin the nurses' training that we may be fitted to lead the sick and suffering to Him who is able to heal all our diseases. Since we first were converted we have felt a great desire to work among the poor in the cities, but my health was not good and we thought we could not do it. But since we have lost all our children we felt we must get into the Lord's work and consecrate ourselves entirely to His service; but still my health was poor and every one said I never could stand it. But we took it to the Lord and asked Him to give me health and strength that I might use it in His service and He has. I have been nursing nearly all spring and summer and gaining in flesh and in strength all the time. I am enjoying perfect health now and now I want to get in the work where I can use the strength the Lord has given me, in His service for others.

"If it is thought best for us to wait until next summer before beginning the nurses' course can we not come to the sanitarium now and work and possibly take up some studies this winter? We would much rather come to Hinsdale than anywhere else, for while we want to learn to care for the sick yet we also want the training that will fit us to help the sin-sick to find rest in Him who is able to save to the uttermost."

When the Lord directs such people toward Hinsdale we do not write and direct them elsewhere. We invite them to come and have made provision to give such, in connection with their work here, the preliminary education which they lack.

We are glad to say that Miss Hattie Andre, formerly missionary to the Pitcairn Island, and more recently connected with important educational work in California, has decided to spend her year's furlough at Hinsdale and will take the general supervision of this preparatory school work.

Such pupils will be given an opportunity to earn their way in the various departments of the Hinsdale sanitarium. They will have the opportunity of the Bible and missionary studies in connection with the institution. They will also be furnished the educational opportunities that they desire and then be admitted into the regular nurses' class as soon as they are fitted for it, or encouraged to step into any other door God may throw open to them. A few more of this class can still be accepted.

DIVINE AND HUMAN GUIDANCE

It is always dangerous to travel so near the extreme edge of any truth that those who follow us will be likely to slip over the edge and be lost, while we may be saved by the skin of our teeth. We must not overlook the fact that there are many who are more or less influenced by us. That is a fearful responsibility, but we can not dodge it. Let us not forget that the driver who thought he could safely go within two inches of the edge of the mountain road was not as ideal as he who determined to drive as *far* from the edge as possible. That is a fine point, but it is a vital one in times of stress and strain.

David insisted on calling Saul the Lord's anointed when he had plenty of evidence that Saul was under the curse of God. But so long as the Lord permitted him to stand in a responsible capacity in His work David knew that if he wanted to build up loyalty for the next administration he had to show a certain kind of loyalty to the one that was then existing, even though it must have been at times trying to his natural human nature. And when he did fail to do so in even one particular he most heartily repented of it, and remember David was a man after God's own heart.

David's experience teaches us that we must relate ourselves to God's work in the earth the same when its leaders treat us shabbily as when they treat us well. What it is our *duty* to do when friendly hands are held out to us is our duty to do when they are not held out. The real point is that when everybody is good to us we are likely to go farther with men than God wants us to go, because it is pleasing to the flesh. On the other hand, when

those same hands are held out to us in a reproachful manner we are not likely to go as far as God wants us to, simply because it is not pleasing to the flesh.

The fact is, there is a *blending* of the divine and human in guidance just as there is in other things. Some people conclude because it is more pleasant to their feelings that they will be led by God only. Others make the greater mistake, because it is more convenient to them, that they will be guided *only* by men. He who says he will be guided *exclusively* by God without any reference to his spiritual church on earth is in danger of finally being led exclusively by the devil and still think that he is being led by God. In other words, he is "one of the elect" that has actually been deceived and will ultimately be among another group of "the elect" who have similarly been deceived by permitting themselves to be directed *exclusively* by men, believing that God was directing them in this way.

The true Christian goes through the heart-aching experience of reaching high enough up to know he is touching God, fasting and praying, humbling his soul until he *knows* that divine light is shining on his pathway from the throne of God. At the same time he is going through another experience that may be crucifying to his flesh, repugnant part of the time to his human nature, of being directed and guided by faulty, short-sighted men whom God is permitting to occupy positions of responsibility in his work in the earth.

Some do not recognize this *double* guidance yet it may be impossible to pick a flaw in the logic that they present for their program. No fault can be found with the light they have in reference to divine guidance. The trouble is they have no light on the subject of human guidance.

There may come times in our experience when the call of duty will come to us *exclusively* through human channels and when we ourselves have no personal convictions concerning it. That would be an extreme case, but I do not suppose Daniel had any special convictions that he ought to go to Babylon, neither do I suppose Joseph had any convictions that he ought to be carried to Egypt, just at the time when he *wanted* to be at home with his father. But these men secured such

an experience with God over the thing they did not have any convictions to have done, that God's program triumphed *in spite* of the men. I have seen some good men brood so much over the human side of this thing that to a certain extent it disqualified them from having God's triumph worked out of the whole matter.

Sooner or later there comes one supreme crisis in every human life. The manner in which it is disposed of to a certain extent settles that soul's destiny. Up to that time all the other crises have simply been paving the way for this one. After that one is passed successfully all the others are in a certain sense more easily disposed of because of having settled this one. This truth can be easily discerned in the various Bible characters.

Some who read these lines may be passing through the supreme crisis of their life right over this question. We may not be wise enough to point out to them how they should dispose of it, but we can pray for them. We are getting so near the end, the issues are becoming so complicated and perplexing that we can not solve all of them by our past experience or even by some truths that we used as keys in the past. More and more light will come to us that may modify to some extent our conceptions of some of the truths that have already been committed to us.

THE WIDOW'S MITE

"Enclosed please find five dollars for gospel work, one-half for China missionary work and the other half for home missions wherever you think most needful to bring the unsaved to Christ. This money is sent by a dear old Christian lady of seventy-seven years. When she handed me the money I thought of the widow's mite, for she is a widow and in very limited circumstances. I know she must have sacrificed real necessities of life in order to raise that amount, but her heart is filled with love for Christ and she feels anxious to do all she can. She is a great admirer of THE LIFE BOAT, and all your other missionary work she is deeply interested in, and you have her prayers."

The arm that lies unused through the years must atrophy and die.

A FARM FOR SALE IN THE ILLINOIS CORN BELT

Our old friend, Jasper L. Douthit, the head of the Lithia Springs Chautauqua near Shelbyville, Ill., offers for sale his splendid farm of 150 acres immediately adjoining Lithia Park. A part of it is a beautiful forest of trees, plants and flowers. Railway station only one mile away with a suburban electric line projected so as to pass the farm. One of the best known Chautauqua assemblies in the United States has been held here for twenty years past. Mr. Douthit, on account of his desire to retire offers this magnificent farm for \$9,000, which is much less than the price land is selling for in the immediate vicinity. THE LIFE BOAT is not in the real estate business but we have known of Mr. Douthit and his good work for years and we are glad to assist him in disposing of this property. Address THE LIFE BOAT for further information.

NEWS HERE AND THERE

Dr. T. J. Allen of Washington, D. C., called at Hinsdale recently.

Pastor W. H. Wakeham, former missionary to Egypt and more recently engaged in missionary work in England, visited Hinsdale. His inspiring talk at the sanitarium workers' prayer meeting Tuesday evening was highly appreciated.

Dr. and Mrs. A. L. Baker, of Pittsburg, Pa., are spending a few weeks in Hinsdale getting acquainted with the various lines of helpful work carried on.

Prof. S. M. Butler, principal of Oak Park Academy, Nevada, Iowa, visited Hinsdale recently, accompanied by his wife.

Dr. H. N. Greaves, who is conducting medical missionary work in British Guiana came out to visit old friends in Hinsdale while passing through Chicago. Dr. Greaves, while a medical student in Chicago some years ago, was actively connected with the LIFE BOAT medical missionary work there.

Mr. Roy Smith, formerly gymnasium leader and assistant cook in the Hinsdale Sanitarium, now located at Seattle, Wash., called to see old friends in the institution recently.

Carl Clough left on Monday to attend the Emmanuel Missionary College at Berrien

Springs, Mich., also Daniel Halvorsen, who has been in the employ of the sanitarium during the summer.

George M. Brown, formerly missionary to Havana, Cuba, visited old friends in Hinsdale recently while on his way to fill a recent appointment as instructor in the Maple Wood Academy, Minnesota.

The sanitarium family appreciated deeply the opportunity of listening to Arthur Burrage Farwell, president of the Chicago Law and Order League, who kindly came out and gave the patients and workers an inspiring talk on Sunday evening, September 7.

Mr. Walter McCumber of Minneapolis, Minn., and Miss Lillian Jordan of New York City have recently been enrolled in the freshman nurses' training class.

Dr. Paulson lectured on "Health and Healing" at Decatur, Ill., spoke before the County Teachers' Institute at Eureka, Ill., and gave several lectures on health at the Lithia Springs Chautauqua.

Prof. J. H. Haughey and daughter, Dr. and Mrs. O. R. Cooper and Mr. Herbert Campbell of Berrien Springs, Mich., were visitors at Hinsdale during the past month.

Mrs. Laura Alkire Magoon, a graduate of the first nurses' class, visited friends this week before leaving for Tennessee, where she with her husband will engage in missionary work for the mountaineers.

Mr. and Mrs. Julius Paulson and family of San Luis Potosi, Mexico, visited Dr. David and N. W. Paulson during the month. They expect to remain in this country about three months visiting friends and relatives in Minnesota, Dakota, and in the east. While here he gave two evening lectures to the sanitarium family on Mexico, its customs and present situation.

The sanitarium family were also fortunate in having as a guest Mr. S. M. Konigmacher of Blantyre, Central Africa, who gave a stereopticon lecture showing native life in the heart of Africa and views of several mission stations and schools for the natives which he has helped to establish.

The Life Boat jail workers were the recipients of a generous supply of song books for use in the jail services. They wish to thank

the Hope Publishing Company for this liberal donation.

The Hinsdale preparatory school will start about October first. Classes in the eighth and ninth grades will be formed. There will be room for a few more students who desire to enter medical missionary work, but who lack the necessary educational qualifications. Apply at once.

The LIFE BOAT workers have done remarkably well during the past month. Orders have been coming in thick and fast. A second edition of the September number was run to meet the demand. Who will help to circulate the October number? Write for terms.

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Have you some means to be used in the Master's work after you are dead and gone? Have you observed how frequently relatives or unscrupulous lawyers have succeeded in absolutely defeating the will and intentions of the donor?

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If you are interested in this matter write us and we will give you further suggestions and information regarding this annuity plan that so many sensible people are adopting.

The *Signs of The Times*, which is published weekly, is a valuable magazine for those who are seeking to understand the Bible. Write for sample copy to The Pacific Press, Mountain View, Calif.

WANTED.

To borrow several thousand dollars in sums of \$200 and upwards. Real estate security. Will pay six per cent interest. Address Dr. David Paulson, Hinsdale, Ill.

The Life Boat

DAVID PAULSON, M. D. Editor
N. W. PAULSON. Business Manager

THE LIFE BOAT is published at Hinsdale, Ill., by the Workingmen's Home and Life Boat Mission, incorporated.

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When writing to have the address of THE LIFE BOAT changed, be sure to give the old address as well as the new one.

MISTAKES.

The publishers of THE LIFE BOAT will be pleased to have their attention called to any mistakes that may occur, and will be glad to correct them.

PREMIUMS.

The attention of our readers is invited to our valuable premium offers. We are constantly in receipt of most appreciative letters from those who have taken advantage of these liberal offers.

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Full page, single issue, \$20; three months, \$50.

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THE LIFE BOAT magazine can be secured in quantities at wholesale rates from the following agencies in the city of Chicago:

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Hinsdale Nurses' Center, 2348 Park Ave.

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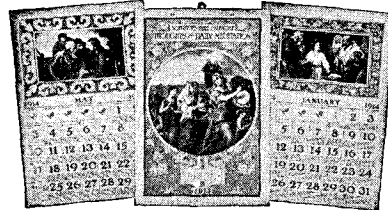
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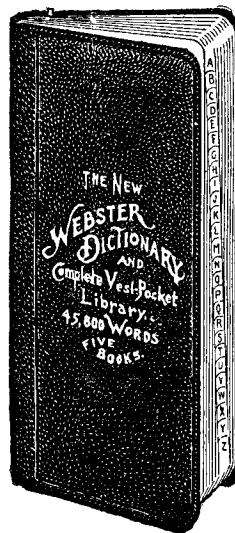


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DR. DAVID PAULSON, Pres. Life Boat Rescue Home
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"I hereby give, devise and bequeath unto the Life Boat Rescue Home, a corporation organized and existing under the State of Illinois, the sum of dollars to be paid out of real or personal estate owned by me at my decease, this money to be used for the maintenance of the institution known as the Life Boat Rescue Home for Girls, located near Hinsdale, Ill., and which is under the supervision of the aforesaid corporation."

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