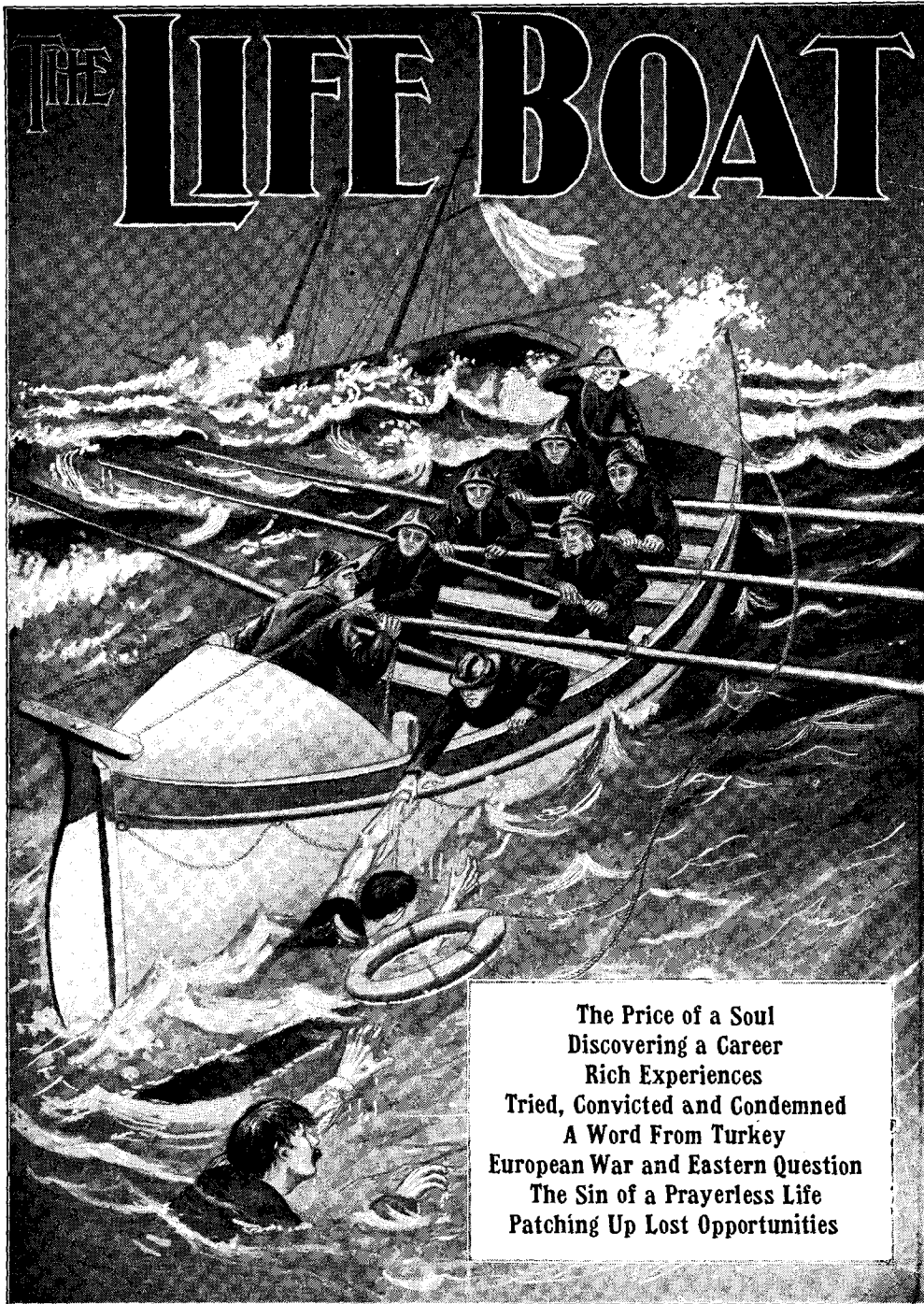


## The Special Prisoners' Life Boat Next Month

One Dollar a Year

PUBLISHED MONTHLY

10 Cents a Copy



The Life Boat Employs No One to Solicit Donations

Volume Eighteen  
Number Four

Windsor, Ill.

April, 1915

**John Wesley as a Health Reformer—by the Editor**



"Flow on forever, in thy glorious robe. . . . God doth give thy voice of thunder power to speak of Him eternally."

Scene on the banks of the Wabash river near the great battle ground at Tippecanoe, where Harrison and his men fought and conquered the Indians November 6, 1811. Tecumseh's trail is shown at the left of picture.

# THE LIFE BOAT

An Illustrated Monthly Journal Devoted to Charitable, Philanthropic,  
Health and Soul-Winning Work.

One Dollar a year

Ten cents a copy

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HINSDALE, ILL.

:: APRIL, 1915

Number 4

## John Wesley as a Health Reformer

David Paulson, M. D.

It is not very generally known that John Wesley, the founder of Methodism, wrote a book on health, entitled, "Primitive Physic," or, "An Easy and Natural Method of Curing Most Diseases." Its popularity is shown by the fact that it ran through at least thirty-seven editions, that being the imprint of the one that I am so fortunate as to have in my possession.

The same seeds of infidelity or skepticism that Voltaire and others sowed so freely in France, and which bore their legitimate harvest in the French Revolution, were also springing up in England and were threatening it with a similar upheaval during Wesley's childhood and early manhood. Unquestionably, John Wesley was a sort of John the Baptist to his generation, for God certainly used him to lead out in one of the mightiest spiritual revivals in modern times. But he was not only a great evangelist, but also, in every sense of the word a notable health reformer.

In the century before Wesley's time England began to become a great commercial nation, and this introduced to her people a group of new health-destroying agencies. I have in my library an old book on health written by an eminent English physician and printed in 1709—two hundred and six years ago—in which the author regrets that "on account of the increase of foreign trade in the last century there was introduced all the *hot regimen* from the hot climates, such as *tobacco, tea, coffee, wine* and *brandy spirits*, and *spices*, and these are *unnatural* to English bodies." The important point is that they are, of course,

as unnatural to English bodies *today* as they were two hundred years ago. By Wesley's time these health-destroying habits were beginning to bear their pernicious harvest.

### The Health of the Original American Indian

Early in Wesley's evangelistic experience he came over and spent several years as a missionary with an English colony in Georgia, where he had abundant opportunity to come in direct contact with the original American Indian. Of them he writes:

"Their diseases are exceedingly few, nor do they often occur, by reason of their continual exercise, and (till of late) universal temperance, and if any are sick or bit by a serpent, or torn by a wild beast, the fathers immediately tell their children what remedy to apply. And it is rare that the patient suffers long, those medicines being quick as well as generally infallible."

In this book he complains that in recent years, as medical theories have been multiplied, "simple medicines were more and more disregarded and disused, till in the course of years the greater part of them were forgotten, at least in the politer nations. In the room of these abundance of new ones were introduced . . . and these more and more difficult to be applied and being more remote from common observation."

### Expensive Drug Medication

Dr. George Dock, an eminent St. Louis medical authority, in a recent article on eighteenth century medicines, states that in Wesley's time the drugs used in an ordinary case of fever cost all the way from \$15 to more than \$250.

So it is not surprising that this great spiritual reformer wrote on this subject: "Experience shows that one thing will cure most disorders, at least as well as twenty put together. Then why do you add the other nineteen?"

#### Up-to-Date Dietetic Advice

Wesley gave the early Methodists the following excellent dietetic advice: "Abstain from all mixed or highly seasoned food; use plain diet, easy of digestion, and this as sparingly as you can consistently with ease and strength; all pickled, or smoked, or salted food and all high-seasoned is unwholesome." That was orthodox Methodist doctrine in Wesley's time. Unfortunately, the average Methodist today has backslidden from these correct health principles and many are paying a dear price in human suffering as a consequence.

Wesley said to the early Methodist preachers, which applies equally well to any preacher today: "Are you temperate in all things? To take one instance, in food, do you use only that kind and that degree which is best for both the body and soul? Do you see the necessity of this? Do you eat no flesh suppers? No late suppers? These naturally tend to destroy the best health. You may know if you do by a load in the stomach, by drowsiness or heaviness, and in a while, by weak or bad nerves."

Concerning suppers, Wesley advised: "Sup at six or seven on the lightest food; go to

bed early and rise betimes. Tender persons should eat very light suppers, and that two or three hours before going to bed."

#### The Coffee and Tea Drug Habit

Wesley said: "Coffee and tea are extremely hurtful to persons who have weak nerves." Not only do many good Methodists who have weak nerves drink tea and coffee today, but Christian people generally consider its use a *harmless* luxury. On this point Dr. Evans, formerly health commissioner of the city of Chicago, now the popular writer on health topics in the *Chicago Tribune*, wrote recently:

"Coffee is a drug; those addicted to its use are drug addicts. It is much the most widespread form of drug addiction. . . . The largest number enjoy their cup of coffee, and they care not at all whether it harms them. . . . Does the daily use of coffee as a beverage, continued for a series of years do harm? Yes. A horse can not be whipped daily for years without being harmed. A man can not be nagged continuously for years without being harmed. The very fact that when fatigue is slowing muscles and brain cells down coffee will whip them on, the very fact that under the stimulus of coffee capacity is unduly excited, is proof that harm will come if the process is kept up for a series of years. . . . It is the old question of the cost of something for nothing. When, through the



JOHN WESLEY

influence of coffee, you become able to do and do more than you would otherwise, you

must *settle* some time or other. That is just ordinary sense."

"In order that no misunderstanding may arise, I should say that physiologists regard coffee, tea, tobacco and whisky as drugs in the same sense that opium and cocaine are. . . . The craving for tea and that for whisky, the hunger for a cigarette and that for a dose of morphin are of the same kind. Each comes of an inborn willingness to cheat in playing the game of life. As a result, let us say, of a period of overwork, a person is nervous. If he is perfectly poised, he will hold himself in hand by exercise of will power until he can recuperate through rest. If he is not thoroughly balanced, he will soothe his nerves by smoking a cigarette or drinking a cup of coffee."

And Dr. Wiley of pure food fame says: "Fatigue is signal of danger, showing need of rest and recreation. Caffein extinguishes the red light, but does not close the switch."

#### **Some Common Sense Advice on Auto-intoxication**

I have profound respect for a man who had such a mighty message from heaven to proclaim that he could hold spell-bound outdoor audiences ranging from five to twenty thousand people, and yet could give his people the following important advice: "Costiveness can not long consist with health. Therefore, care should be taken to remove it at the beginning, and when it is removed to prevent its return by soft cool, open diet, or take daily two hours before dinner, a small teacupful of stewed prunes. Or live upon bread made of wheat flour with all the bran in it." And that was nearly one hundred years before Sylvester Graham emphasized this same great truth to the American people!

Modern medical science has now taught us the very intimate relationship between auto-intoxication and many common maladies. Although John Wesley did not have all these advantages, yet he taught some essential truths that many ministers of today would do well to heed.

#### **The Water Cure**

Dr. Dock credits Wesley with originating the important proverb, "Cleanliness is next to godliness."

In an age when blood-letting was in vogue, when the strongest medicines were recom-

mended for every trivial disorder, it is interesting to find Wesley recommending the use of water so extensively, both internally and externally.

In reference to the water cure, he wrote: "Cold bathing is a great advantage to health; it prevents an abundance of diseases; it promotes perspiration, helps circulation of the blood, and prevents the danger of catching cold." And he afterwards added this very important suggestion: "It is often necessary to use the hot bath a few days before you use the cold."

In reference to the cure of colds, Wesley wrote: "Obstructed perspiration (vulgarly called 'catching cold') is one of the great sources of diseases. Whenever there appears the least sign of this, let it be removed by gentle sweats." In these days, instead of following this sensible advice, the first thing some people think of is to go to the drug store and get a few grains of quinin, which *injures* the white blood cells more than it benefits the cold. That only shows how much more some people have backslidden since John Wesley's time.

#### **Nature's Remedies**

He was also an enthusiastic advocate of fresh air, stating: "When the nerves perform their office languidly, good air is the first requisite. The patient should rise early, and as soon as the dew is off the ground take a walk."

Wesley earnestly recommended active exercise and in this respect set a good example himself. He said: "A due degree of exercise is indispensably necessary to health and long life. Walking is the best exercise for those who are able to bear it. The open air, when the weather is fair, contributes much to the benefit of exercise, at least two or three hours a day; one half of this before dinner, the other before going to bed."

In Wesley's time electricity had only recently been introduced as a therapeutic agent. Wesley considered it to be far superior to all other medicines, saying: "I can not but entreat all those who are well wishers of mankind to make full proof of this. Certainly it comes the nearest a universal medicine of any yet known in the world."

#### **Temperance Teaching**

At a time when the use of stimulants was

almost universal, the following must have been advance teaching: "Strong, and more especially spirituous, liquors are a certain, though slow, poison. Experience shows that there is very seldom any danger in leaving them off all at once."

Years ago I became convinced that *tapering off* from a wrong habit was a snare of the devil. For upon the least provocation the victim tapers back into the habit. The only *sure way* to get rid of liquor, tobacco, tea or coffee, or any other habit-forming drug, is simply to *quit*, just as one stops lying, stealing, swearing or any other wicked habit. I once had under my care a man who was addicted to the use of morphin, liquor and tobacco. He wanted to be cured of one of them at a time. I asked him if he had three fingers in the fire whether he would be satisfied to pull them out one at a time?

Wesley did not recommend his followers to dispense with physicians, for he said: "In uncommon or complicated diseases, where life is in immediate danger, let every one apply, without delay, to a physician that fears God. From one who does not, be his fame ever so great, I should expect a curse, rather than a blessing."

#### Reaping What He Sowed

Wesley himself was an excellent example of the valuable principles he taught. Although he naturally belonged to a sickly family, and he himself weighed only 120 pounds, he lived to the advanced age of eighty-eight. Upon entering his seventy-second year, he wrote: "How is this, that I find just the same strength as I did thirty years ago? My sight is considerably better now and my nerves firmer than they were then. I have none of the infirmities of old age and have lost several I had in my youth."

A year later, writing on the same topic, he speaks of his always having been able to go to sleep immediately and although continually traveling, of never having lost a night's sleep in his life; and he concluded with an additional reason for his health: "May I add, lastly, evenness of temper. I *feel* and *grieve*, but, by the grace of God, I *fret* at nothing. . . . and this He doth in answer to many prayers."

Upon completing his eighty-second year, he

said: "Is anything too hard for God? It is now eleven years since I have felt any such thing as weariness. I dare not impute this to natural causes. It is the will of God."

#### The Prayer Remedy

It was natural that a man who had seen such mighty spiritual miracles wrought in answer to earnest prayer should appreciate the importance of prayer for the sick. On this point he says: "Above all, add to the rest (for it is not labor lost) that old, unfashionable medicine, prayer, and have faith in God, who 'killeth and maketh alive,' who 'bringeth down to the grave and bringeth up.'"

In reference to spiritual influence, he added these words: "The love of God, as it is the sovereign remedy of all miseries, so, in particular, it effectually prevents all the bodily disorders the passions introduce, by keeping the passions themselves within due bounds. And by the unspeakable joy and perfect calm serenity and tranquillity it gives the mind it becomes the most powerful of all the means of health and long life."

Whenever there has been a great spiritual awakening, there has *also* invariably been a revival of physical righteousness. When Christ walked this sin-cursed earth and spoke the greatest of all spiritual truths, He also healed the sick. As God is again beginning to work mightily in the hearts of His people, may we not confidently expect that there will be another great revival on the subject of health reform?

#### WISHED HE HAD FOUND IT BEFORE

(From the Southern Illinois Penitentiary)

"I have received your kind and welcome letter which was a cheer to me.

"I have a Bible which I enjoy very much. I am sure if I had found the Word of God before I wouldn't have made this mistake which I made. We have to look up and love our fellow men and pray for our enemies, which is God's will. How nice it would be if we all tried rather to help one another than to throw them down. I must say I am glad I have found a friend."

An untruthful man has the hardest kind of job keeping himself straight.

# Tried, Convicted and Condemned

Dr. D. H. Kress

[Our readers will want to make extensive use of this article to distribute among the boys in your neighborhood. Write for our special rate for LIFE BOATS in quantities for this purpose.—Ed.]

THE cigarette interferes with the intellectual development of our boys. According to estimates received from principals of schools, 90 to 98 per cent of the boys who fail in their studies in schools are cigarette users. It stupefies, dulls and ultimately destroys the developing mind, making it practically *impossible* to acquire useful knowledge.

As early as 1860, Emperor Louis Napoleon of France appointed a commission to make a careful investigation of facts pertaining to the influence of tobacco on intellectual development. So striking was the evidence obtained that in one day he caused the pipes of thirty thousand young men in Paris alone to be broken, and ordered the expulsion of all smokers from school. This would be a sane procedure for us, for possibly one-half of the public funds employed in the education of our boys is thrown away. Even from an economic point of view, there should be state or governmental interference with the sale of cigarettes and their use by boys.

## Not in Demand Anywhere

The cigarette injures the young man's future prospects in business. Judge Brewer, once chief justice of the United States, said: "No cigarette smoker can attain the highest position in the world." Young fellows addicted to their use are in all professions regarded as unreliable. Cigarette smokers are not in demand anywhere. Harriman, the railroad king, once said: "I would just as soon take my employes out of insane asylums as to employ cigarette users." The Reading railroad declares: "Men who smoke are liable to lapses of memory and it is not safe to trust the lives of passengers in the hands of men who have that failing."

In Canada recently nearly three-fourths of the young recruits for the navy were found to have defective vision which was attributed to the cigarette chiefly. Many of the accidents by land and sea are, without doubt, due to the cigarette, for not merely does it make the memory unreliable, but it affects the optic

nerve and causes partial color blindness. Reliable sight is very important on our trains and ships.

The best asset of any nation is her boys. It seems strange indeed that we should sanction by law the manufacture and sale of a product that is ruining them. While China is fully awake to the evils of opium, we are still *asleep* to our danger of the cigarette. In the parable of Christ, it was while men slept that the enemy sowed tares among the wheat. The results were not apparent until the time of the harvest. Then the question arose: "Whence are the tares?" The reply was: "An enemy hath done this." This fitly applies to America and the cigarette. For fifty years the enemy has been permitted to sow tares unmolested. The *results* are now becoming so apparent that something must speedily be done.

## Puritans Haters of Tobacco

The men who first landed in the New England states were all haters of tobacco. Hutton describes a Puritan of that day as one who "abhors a satin sail, a velvet cloak, and says tobacco is the devil's smoke." There are men still living who can recall the time when smoking on the streets of our eastern cities was not permitted. America then gave birth to some of earth's greatest men and as a result we have become a great nation. But America is not securely great. Her future is wrapped up in her boys of the present. To permit a practice which will ruin her boys physically, mentally and morally will ruin America as a nation.

Japan seems to be more fully aware of the evils of the cigarette than we are and has set us a worthy example. In the year 1900 a bill was introduced into the House of Representatives of Japan prohibiting the use of tobacco in any form by young men under twenty years of age. The reasons for introducing this bill are worthy of study. Mr. Nemote, member of the house, said: "I would like, briefly, to give you reasons why we

have introduced this bill. Recently even children in our public schools have come to smoke cheap imported cigarettes, the consequence of which we fear will bring our country down to the miserable condition of countries like China and India, *because tobacco, like opium, contains narcotic poisons which benumb the nervous system, weaken the mental power of children addicted to smoking, and thus to be true to our national policy, we must strictly prohibit the smoking of tobacco by children and young people. If we expect to make this nation superior to the nations of Europe and America, we must not allow our youths in common schools who are to become the fathers and mothers of our country in the near future to smoke.*

Hon. Mr. G. Kabota, in speaking of the bill, said: "This bill concerns the very dignity of the nation. I earnestly hope that it may become a law." In replying to a letter he had received in which it was urged, "Should this bill become a law of the nation, there would be a loss of 200,000 yen to the national treasury," he said: "*Nonsense! He is a traitor. He is willing to sacrifice the character of our youths simply for 200,000 yen. What wickedness! Such a person would most assuredly try to urge the use of opium by and by. As there are such traitors, this bill must, by all means, be vindicated before the public.*" This bill was passed and became a law in April, 1900.

## GIVING A MATCH OR GIVING JESUS

W. H. SEBASTIAN

[Brother Sebastian, a minister of the gospel among his own people in the Southland, spent several months at Hinsdale regaining his health. His godly Christian life was an inspiration to the other workers. He has now returned to the South and we publish here a recent interesting experience which he has had.—Ed.]

While waiting on a street corner for a car, a young man stepped up and asked me for a match. I hesitated a moment and then answered:

"I have something better than a match." Reaching into my pocket, I passed him a leaflet on "Tobacco."

He thanked me and handed me five cents, but I told him that I did not want the money. I said: "My friend, that cigarette will injure your health. Jesus does not want you to smoke. Are you a Christian?"

"No," he said, "I am not a Christian. I have been smoking and drinking and keeping bad company for a long time. I do not read the Bible."

He took a bottle of whisky from his pocket and showed it to me, then put it back. I said: "My friend, Jesus says: 'Today if ye will hear His voice, harden not your heart.'" The young man hung his head and while he was in that attitude I spoke to him the words which Jesus gave to me of salvation through His name.

I said: "My friend, will you not promise the Lord that you will throw away that cigarette and also the whisky? Will you not today give yourself to Jesus? Even now if you ask Him in a few words He will hear you. Jesus says He will cast away all your transgressions."

He threw his cigarette away, reached in his pocket and took the box and threw the remainder of them away. Then he took his whisky bottle and threw it into the street, breaking it in pieces.

I did not pay any attention to my car, but I grasped the young man's hand and he clasped it tight in his and thanked me for my words to him and asked me to write to him. We then separated.

Suppose that I should have given him a match? Is it not better to invest our spare nickels and dimes in the salvation of souls and dispense with candy, gum and other gratifications?

Hundreds and thousands of men just like this one pass us daily. They need Jesus. Will we give them a match, or Jesus?

Passing a home one day, I saw a small boy smoking. I called him to the fence and after a few words he threw away his cigarette.

"Sow beside all waters."

## THE SECRET OF HAPPINESS

SELMA PETERSON,

(Member Medical Evangelistic Class)

This seems to be a time when many are just ready for the gospel. Their hearts are longing for something they have not. We find this to be true in our house-to-house work in the city. They may at first stand aloof and appear indifferent, but these feelings all melt in the sunlight of prayer.

I have in mind one such instance. I was making daily visits to a certain home to care





STUDENTS' HALL—THE HOME OF THE MEDICAL EVANGELISTIC CLASS

The pioneer class which now occupies this home are praying the Lord to raise up someone to purchase this property so that the next class, who will also devote their time largely to the poor and needy in Chicago, may not have a high rent to pay on this building. Arrangements are also being made to have a large garden adjoining this property, so that the students can raise their own vegetables during the summer. They already have a cow and one hundred laying hens, which help materially with their expenses.

for the mother and baby. The mother made no profession of religion. Several times I felt it my Christian duty to speak to her about the Saviour, but thinking perhaps she would not approve of it I put it off. One morning I felt impressed to have prayer with her before leaving. She said she would be pleased if I would. So after reading a portion of the Word we had prayer together. While I was praying the mother began to weep. The Spirit of God came in and we had a precious season together. I left that home feeling very happy. The joy and peace that come into one's own life from these experiences are worth much.

It is the personal work, the *personal* touch that wins hearts.

Upon asking a very successful personal worker what his secret of success was, he said:

"I have no secret. The only way I know is to *get at it*."

Satan is always at hand to discourage us in "getting at it," but we need not fear, for "I can do all things through Christ which strengtheneth me."

In our city work we scatter much truth-laden literature. I believe as a result of this souls will be saved for the kingdom.

"Sow thy seed, be never weary,

Let no fears thy soul annoy;

Be the prospects ne'er so dreary,

Thou shalt reap the fruits of joy."

#### AN IMPORTANT ANTI-CIGARETTE HEARING

DAVID PAULSON, M. D.

I recently received an earnest appeal from Lucy Page Gaston to come over to Lansing, Mich., to attend the hearing on an anti-cigarette bill before the Michigan state legislature. She wrote that she had a big deal lined up and wanted my help, so I left on the evening train, arriving there next morning and met Miss Gaston. We went to the Y. M. C. A. rooms and pretty soon delegations of high school boys began to come in from Bay View, Saginaw, Grand Rapids, Kalamazoo, Cadillac,

Detroit and some other places. All had their hands full of petitions which they had secured and the spokesman for each party was loaded with a speech.

The legislative committee met in the house of representatives. A large number of the legislators were in their seats. The galleries were full to overflowing and the aisles downstairs were seated closely. It was a magnificent line-up. These representative boys spoke first, the speeches being delivered from the speaker's desk. These boys gave the best talks that I have ever heard on this subject. They did themselves proud. They had gathered the most telling statistics, comparing the smokers and the non-smokers in their schools. Those talks must have been eye-openers to those lawmakers.

As each one finished his talk he handed the chairman of the committee his bundle of petitions. Then I was called upon to present the scientific medical argument. Following me such men as the president of the ministerial association of Lansing, the state bacteriologist, the superintendent of the State Reform School, the superintendent of public schools of Lansing, ex-Representative Dunn, who introduced the bill two years ago, and a number of other equally influential men gave magnificent talks.

There were several anti-cigarette bills before the house, but the one we were all working for was to *outlaw* the cigarette entirely. I told them that they had succeeded in outlawing the public drinking cup in the interest of public health, thereby causing considerable inconvenience in many ways to the public by compelling them to carry individual drinking cups, etc.

I assured these lawmakers that where one individual had caught "some things" from the common drinking cup, ten thousand boys had caught damnation from the cigarette. I maintained that the lawmakers had better ground for compelling the man who wanted to smoke tobacco to use it in other forms than the cigarette than they had for compelling him to carry around an individual drinking cup in the interest of public health.

The May Life Boat is a special prisoners' number. Four dollars will send one hundred to your state prison.

## Patching Up Lost Opportunities

Kate D. Sanborn

Matron, Life Boat Rescue Home, Hinsdale, Ill.

WE have been quite busy at the Home lately. Five new girls have come to us within the last ten days. This necessitates almost a complete change of the work. We now have thirteen girls and eight babies. Since our last letter three babies were born in the Home and one of these has already

love and joy as she held the little one close to her.

One of the Home girls who has our motherless baby in charge has grown so fond of him that she hopes the parents will not come for him while she has to stay in the Home.

We are trying to get our house sewing, such



MISS SANBORN AND HER WHEELBARROW LOAD OF BABIES

been placed in a good home. We encourage the girls to keep their babies, but since it seems necessary for some of the girls to give their little ones away, it is a blessing to know they are placed in good homes. The one given away recently was the most frail-looking and the smallest baby in the Home, and still the face of the foster mother lighted up with

as surgical gowns and other supplies for the maternity room, also quilts, made up before the hot weather.

Oh, how our hearts ache as we think of the lost opportunities of some mothers. As never before, I realize the importance of mothers teaching their children that "it is *suicide* to try to live without God. The first step

we take away from God, the Source of life, is death, and as long as we are away from God we are in a dying condition. Without God our thoughts, our desires, our words, our actions—all of which constitute our habits—



FAT AND HAPPY

This baby and its mother were found one Sunday morning in the police station annex. The mother had been out of work for a month and the child was in a weak, sickly condition, having been sick all its life. After a few weeks' stay at the home this child became so rosy and well that it looked like another child. The mother has now found a place to work where she can have her baby with her.

are full of the poison of death." And again: "The fabric of a whole life work is sometimes ruined in a few days or months when the watch is taken off the life. Unguarded moments are the enemy's opportunities."

Girls, confide in your mothers.

#### ALWAYS TELL MOTHER

"Always tell mother. She's willing to hear,  
Willing to listen to tales of despair.  
Tell her when trials and troubles assail,  
Seek her for comfort when sorrows prevail.  
Take mother's hand when temptations entice;  
Ask her for counsel; seek mother's advice.

"Always tell mother. In mother confide;  
Foster no secrets from mother to hide.  
Train your thoughts nobly, nor let your lips speak  
Words that will kindle a blush on her cheek.  
Mother stands ready her aid to impart;  
Open to mother the door of your heart.

"Always tell mother. Your joys let her share;  
Lift from her shoulders their burdens of care;  
Brighten her pathway, be gentle and kind,  
Strengthen the ties of affection that bind,  
Tell her you love her; look up in her face;  
Tell her no other can take mother's place.

"Always tell mother. When dangers betide,  
Mother, if need be, will die by your side.  
Though you be sunken in sin and disgrace,  
Mother will never turn from you her face.  
Others may shun you, but mother, your friend,  
Stands, ever ready, to shield and defend,  
Mother's devotion is always the same;  
Softly, with reverence, breathe mother's name."

—Selected.

#### FROM SOME ABSENT ONES

CAROLINE LOUISE CLOUGH

We frequently get very beautiful letters from the rescue home girls after they leave the home. Many of them have to pass through severe trials and are sorely tempted, and we are sorry to say that some give way under the strain; but many remain true to the high ideals they came in contact with while at the Home.

One young woman who is boarding out her baby writes the following in a recent letter:

"I received your most welcome letter and was so glad to hear from you again.

"My little girl is getting along fine. She is so fat she can't walk. She has good care, but I do get so lonesome for her at times that the only way I can keep myself from worrying is by working until I feel as if I can drop off to sleep. My remedy for an aching heart is hard work. It seems to comfort me a lot.

"I have had so much trouble I just thought I would go out of my mind, but God sends us strength with all our troubles."

Another girl who has married since leaving the Home writes in a recent letter:

"I have been lonesome for the Home and the wonderful meetings I attended while there."

Another girl who now has a happy Christian home of her own writes:

"We want to get located where there is a church school by the time our children are old enough to go to school. I don't think they will have a chance to go to school very long, however, for I feel sure our Lord will soon come.

"The days I spent at the Home often come to my mind. Some of them were happy days and some sad. When I left there I had my mind made up I would always live right, the best I knew how, and try to help others that needed it.

"I still meet with sadness in my life, but I am happy with my little family. When I entered the Home my future life looked very dark for me. I prayed for the Lord to lead me aright and I'm sure He did. At that time I was looking forward for a happier life on this earth, but now I am looking for the hope beyond. It seems to me the Home was

the dearest place I ever came in contact with. I often talk to my husband of the times there and what good worship we had.

"I wish I had a picture to send you of my boy. He is a dear little fellow. He will be five years old next fall. He can certainly do some talking. I have been teaching him some little Bible stories and he remembers them well. He asks me nearly every day: 'When will Jesus come?' Sometimes he says: 'I wish it would be today, for I want to see my new home.' And he will tell me the things he wants to take with him. He can't see why he needs to leave his toys and such things behind.

"THE LIFE BOAT you sent me was welcome. I do enjoy reading that little magazine."

Still another girl who was so fortunate as to get a home for herself and baby in a good Christian family, where she is receiving Christian training, writes the following:

"I was glad to hear from you. I certainly like my place now. I got a letter from the Home and learned that the little boy boarder was gone. Poor little fellow. I saw his picture in THE LIFE BOAT. It is like hearing from an old friend to read THE LIFE BOAT. I am so glad that I get to read about the work they are all doing. It finds an interest in my prayers. That reminds me of my tithe for the old year, which I enclose.

"Mother and father want me to come home. I hope when I go I will give them the truth, but not until I am stronger to stand the temptation in going among the old friends. I will trust in the Lord to help me.

"My baby is so big now and can walk all around. I am so glad that I did not give her away. I get so lonesome for the girls sometimes."

Some of our girls leave us and forget to write back their appreciation, but we know that they will never get away from the training which they have received while with us, for God's Word shall not return unto Him void.

Four things come not back—the spoken word, the sped arrow, the past life, and the neglected opportunity.

## THE SIN OF A PRAYERLESS LIFE

Those who do not pray, and those who are saying prayers instead of *praying*, and also those who feel that their prayers are powerless, should read these stirring words on prayer by Dr. J. Wilbur Chapman, the noted all-around-the-world evangelist:

"Prayer is a clear command of Jesus Christ. Over and over again, He taught His disciples to pray, and times almost without number He made suggestions as to the prayer life of those of us who live today.

"Prayer is essential to Christian growth. When prayer languishes, spiritual development is impossible.

"It is communion with God. In the days of 1849, when men were seeking gold in California, one man struck it rich. He kept sending nuggets of gold home to his wife and children and beautiful presents in great profusion, but at last his wife wrote him and said: 'We are greatly pleased with your presents, but we have come to the time when with all our hearts we want *you and you alone*.' And that is God's feeling toward His children. We please Him when we pray.

"Prayer is fellowship with each other. When we pray together we are in truest harmony.

"Driving along the streets in Belfast, Ireland, in a rickety old cab with a distinguished minister who had come to take us to our first evening service, everything seemed gloomy within and without, until suddenly my friend dropped his head in his hands and in the most natural way began to pray. 'O God!' he said, 'bless our dear friends. Make them at home in Belfast and give them victory tonight.' The cab instantly filled with heaven. Prayer wrought the change. To miss prayer is to be *without* power; to neglect it is to sin.

## To Be Prayerless Is to Sin

"Sin *separates* us from each other. We may live in the same house together and be millions of miles apart morally because of sin. Sin destroys our peace of mind and makes us utterly miserable, but it possibly may be a new thought to some of us that to be prayerless is to sin. I do not know of anything that can be more sinful than for a Christian to

Four dollars will send one hundred May Life Boats to your state prison.

neglect prayer. If I should neglect to breathe physically or to eat food, I should by this means kill myself and this is self-murder. If prayer is the Christian's vital breath and I neglect to pray, then I am hindered spiritually and die to all that is best in God's plan, and this is sin.

"Feebleness in prayer is a mark of disease. If my prayer is faulty, it is because I am spiritually out of tune with God.

"My prayer life is the *index* of my spiritual condition, and to be prayerless is an evidence of weakness. I need to pray for my own sake and I need to pray for others. A vessel was in the grip of a storm on the Irish coast. The sailors had practically given up hope. The captain, with a speaking trumpet to his lips, cried out above the roar of the sea: 'Lads, there is little chance for us. If she goes down into the waves again we are lost.'

"She did go down and she came up like a thing of life. Speaking through the trumpet, he shouted once again: 'Lads, there is some one praying for us on the shore tonight and we shall be saved.' And so it was, for the fisher folk, with their minister, had gathered on the shore and were pleading with God to keep their loved ones safe.

#### What Prayer Can Do

"Every Christian ought to know how to pray. There is not a burden in the home but may be lifted by prayer.

"There is not a perplexity in business but the problem may be solved by prayer.

"There is not an ache in the heart but it may be eased or taken away by prayer.

"Prayer is always pleasing to God, and is always essential to revival. An old New England blacksmith became concerned for the people of the village, closed his shop and went to his home to pray, and it is a fact attested by history that at the time of his prayer a great revival broke out in his town where he lived.

#### Prayer Wins Others

"Prayer is the secret of winning our friends. It is usually easier to approach one by the way of the throne than by immediate personal contact. It is always *necessary* to successful work for God. If we pray, He will tell us what to do and to whom we should speak, and He will put them in our way. You have said that you were too busy to pray, or too tired,

but the Bible teaches that if we fail to pray we are guilty of sin.

"I heard Dr. Talmage say that his father once asked his mother if he could go into a nearby village to a place that was in the thought of his mother slightly questionable. She refused to let him go, and when her son persisted she said to him: 'If you go, I shall be on my knees all the time you are away.' He came back at one o'clock in the morning, saw a light in his mother's window, crept up close to listen and heard her pleading with God for him. He slipped into the house and into her room, fell upon his knees and said: 'Mother, I have come home, and I am sorry.' That night he came to Christ. Other parents became concerned for their children and Dr. Talmage told me that fifty of the young people in the community were converted.

"Prayer is the power that *moves* the world. Not to use this power is sin."

#### THE PRICE OF A SOUL

ELIZABETH A. KEMP

The springtime following my conversion was very dear to me, as God most wondrously used my life in the salvation of another. Through the guidance of my heavenly Father, I moved into the neighborhood of a sister belonging to the same church as myself. She was a good woman from the standpoint of the world. She belonged to the church, attended the services when she didn't care to go elsewhere. She would have been insulted if any one had doubted that she was a Christian, yet she attended the theater, played cards, approved of dancing, etc. Her children never heard her pray and had no desire to be Christians.

From the time of my conversion, I had been doing personal work, visiting the sick, the dying, telling the story of Jesus to sinners, and trying to show my heavenly Father how much I loved Him for His wonderful love and mercy toward me.

This woman's married daughter came to visit her, and as I lived next door, we became good friends. The daughter often came to my home and would listen to me while I would talk of Jesus and what He had done for me. She would return home and tell her mother what a queer little woman I was; always singing and praying and talking about Jesus.

Well, the time came for her to return home and she laughingly asked me if I intended to continue praying for her. I told her yes, I intended to pray for her. Jesus had died for her just as He had for me. I ask her to let me pray before she left and just to please me she consented. I asked God to open her eyes to her great need of a Saviour and left her case with Jesus. After her return home she would write to her mother and ask this question:

"Is Mrs. Kemp still praying for me?"

Her mother would tell me, thinking it a joke, but I always answered:

"Yes, tell Florence I am praying for her. Jesus loves her."

Well, in the fall, I moved away so as to be nearer my husband's work. My life was a very busy one, and I did not see my friend very often, but whenever I did she always said that Florence asked for me, and wanted to know if I was still praying. They could not understand the happiness I found in prayer.

The following winter, a little less than one year from my first meeting with Florence, she came again to her mother's home; this time to die.

She said then: "Mother, please send for Mrs. Kemp. I want her to tell me more about Jesus."

Oh, blessed privilege to tell others of Jesus. I went at once to her, and told her over and over again of His power to save. You see, I knew what Jesus could do. I knew His power to save. He had saved me. Oh, how I thanked God for the patience He had given me when they used to laugh at me. You see, by my patience I had won her confidence and she had watched my life, day after day, for ten months or more, and she knew that I was in earnest and that I believed what I said. I went to see her as often as I could for several weeks, and then one day she gave her heart to Jesus, making a full surrender and found that peace that the world can not take away. I had done all I could for her just then, so I went for a minister to baptize her.

About two weeks after, she fell asleep in my arms. I was with her the last three days and, truly, they were days of happiness for her and for myself. She was happy because

she had found Jesus. I was happy because I had obeyed God and had been a living witness for Jesus.

My Christian friends, remember always that your neighbors are watching your lives, and you never know just when or how God intends to use you in saving others. I have never ceased to thank God for the blessed privilege of being used by Him. When Jesus comes in clouds of glory I expect to see Florence again.

### REJOICING IN FREEDOM

(From an Illinois Prison Ex-Convict)

"I received your welcome letter a few days ago. Thank you very much for remembering me. I am very glad to say I have been at liberty on parole since September, almost six months now. I am getting along nicely, considering the hard times.

"As for answering your question about my soul's welfare, will say that I am getting along very well now. At one time I came very near falling because I was released so late in the fall and had to get ready for winter and when I got laid off I had nothing to go on much, and things looked so dark that I came very near giving up, but thanks to a good friend's advice and the guiding Spirit I did not give up."

### ANOTHER SET FREE

"Your letter of February 23d received today and I was indeed glad to hear from you again. It gives me great pleasure at this moment to have the privilege to write to you out of prison. I have been out on parole since the 21st of January.

"The Lord has heard our prayers and as soon as I get some money I will send you the \$25 which I promised the Lord I would send to THE LIFE BOAT Rescue Home."

### STRONGER IN GRACE

(From the Dannemora, N. Y., State Prison)

"It does my heart good to receive a good letter from you. I am stronger in the grace of Jesus Christ today than I ever was before. I love to praise Him and I read nothing but the Word of God all the time, and I feel so glad to tell you I have saved another man who is rejoicing in the blessed Lord the same as I."

# The European War and the Eastern Question

Prof. P. T. Magan

[During the midwinter convention Dr. P. T. Magan gave a series of studies that were of thrilling interest, bearing on the significance of this present war. We present herewith the second installment, almost word for word as first given, and believe it will be read with the deepest interest.—Ed.]

I BELIEVE the Bible outlines clearly the relation this war sustains in the history of the world. Turn to Matthew 24, and the opening verses. I do not want simply to interest you with mighty matters of history. I do not want to spend all of my time relating even the historical side of the prophecies which are involved in this struggle; but I want each one of you to get something in your own souls for your own *personal* walk with God, for your own putting away of sin, out of this thing. And if I can not bring about that in my talks I will feel I have utterly failed.

Now you know it is easy enough to give wondrous stretches of history showing how these things are the fulfillment of prophecy. And that history may interest you; it may thrill you; it may make you realize what a wondrous book the Word of God is; but if it does not take hold of our souls and make us realize that we must get down on our knees and *seek* God and put away our sins and endeavor to save the souls of men and women all around us,—if it does not do that, my friends, it has *utterly* failed of its mission. The devil *knows* the world is coming to an end,—but that is not going to save him. But the thing I am anxious for is that the Spirit of God shall so dwell in our midst in these meetings that there may really be a turning to God as a result of these things. Now this 24th chapter of Matthew says that:

"Jesus went out, and departed from the temple: and His disciples came to Him for to show Him the buildings of the temple. And Jesus said unto them, See ye not all these things? verily I say unto you, There shall not be left here one stone upon another, that shall not be thrown down. And as He sat upon the mount of Olives, the disciples came unto Him *privately*, saying, Tell us, when shall these things be? and what shall be the sign of thy coming, and of the end of the world?"

Now there is just one word in that verse I want to dwell upon, and that is that little word "*privately*." The Lord had been telling them the mighty stones of the temple would all be cast down, that the armies of Titus were yet to come, that Jerusalem—the city which they thought would last forever, would be made a heap of ruins. And after He had

preached all that to them, and after the multitudes had heard Him lay it all out step by step before them, the disciples came, and the record says they came unto Him "*privately*," saying, "Lord, what shall be the sign of Thy coming, and of the end of the world?"

My friends, there is only *one way* that you and I are really going to understand all these things, and that one way is the same way that the disciples took when they went to the Lord *privately*.

We have got to go alone upon our knees before the Lord and seek the Lord with all our hearts and pray to God with all our souls and confess our sins before the Lord; and then these things will *open up* to us. They went to the Saviour *privately*. And while I may talk to you for a few nights on these things, and you may grasp some thoughts from what I say, the real struggles will be fought out on your knees alone with Jesus Christ. The real thing will come right there, confessing our faults before the Lord and struggling before God to really understand these things in the depths of our own hearts and souls.

Now if we can understand what the prophecies of the Bible really teach in regard to this thing, then we will have a sure basis on which to work, and then we will know and understand in a definite way where we stand, and the whole thing will be so clear to us that it will be one of the great joys of our lives to know that we really understand the meaning of these things and where we are in the history of the world.

I wish you would turn to Jeremiah 37. You know it makes very little difference what you and I may *think* in regard to the *outcome* of all these things. If there is a prophecy of the Word of God covering any event in human history, that prophecy is going to be fulfilled. It may *look* as if everything is going the other way.

During Old Testament times the prophecy said that in a certain war the king of the Chaldeans would be successful; yet all the way



through that war until the very end it *looked* as if the king of Egypt, his enemy, was going to beat him and drive him off the face of the earth.

So I want to drive home to your hearts this thought: If there are any prophecies in the Bible covering this present struggle,—whatever those prophecies have to tell us is going to come true. Whatever those prophecies have to say in regard to the different nations, in regard to their part in this awful war,—that thing is going to be so; and you can take your stand upon what they prophesy; and even if to the very last ditch it looks as if it was going the other way you can trust the Word of God it is coming out just that way. Now I want to give you a little illustration of that (Jeremiah 37:6-8):

"Then came the word of the Lord unto the prophet Israel; Thus shall ye say to the king of Judah, that sent you unto me to enquire of me; Behold, Pharaoh's army, which is come forth to *help you*, shall return to Egypt into their own land. And the Chaldeans shall come again, and fight against this city, and *take it*, and burn it with fire."

Israel said, "We have an alliance now and the Chaldeans will never be able to take our city. We have a treaty, and we and the Egyptians together will be altogether *too much* for the Chaldeans; they never can do anything in the world with us." But the Lord said the army of Egypt would go back to his own land and the Chaldeans would come again.

When the army of Egypt came up the Chaldeans began to withdraw; and then they all began to laugh at Jeremiah and said, "Where is your prophecy now? The Chaldeans have gone away and *you* said they were going to take the city." "All right," says Jeremiah, "I say it again." "But," says the king of Judah, "they have gone away." "That does not make any difference; they will come back

again." The king of Judah did not believe it, and verse 9 goes on and says:

"Thus saith the Lord; *Deceive* not yourselves, saying the Chaldeans shall surely depart from us: for they shall not depart. For though ye had smitten the whole army of the Chaldeans that fight against you, and there remained but *wounded* men among them, yet should *they* rise up every man in his tent, and burn this city with fire."

Now I say that you and I have just as good a right to have confidence in the Word of God as did the prophet Jeremiah when he uttered those words. I believe that; that if the Bible outlines what is going to be the *end* of this present struggle,—although the men that are

going to bring that outcome about should every last one of them be wounded and should be lying in their tents with gaping, bleeding wounds in every one of their bodies,—yet if God could do it no other way those men would rise up, wounds and all, and wind that thing up.

Now, my friends, it is a wonderful thing to have *confidence* in the Word of God. It is the greatest thing in all the world, and to know that whatever the Word of God says is absolutely so; and that that thing is going to come out just exactly to the letter and to the dot as God said it would come out. You need not be afraid of it; you need not think that these worldly philosophers are going to

have it their way. It will come out just as the Word of God said it would; and if you and I will spend our time on our knees studying the Word of God and laboring to save souls, the Bible says "Israel shall *know*," and you will be able to tell those people that this thing will end so and so; and when it does end that way there will be confidence not in you or in me but in the Word of God. And if you can establish the confidence of men and women through these mighty world-

### SIGNS

PEARL WAGGONER

When birds we almost thought were dead

Begin once more their cheery song,  
When from the Southland geese o'er-head

Pass by in merry, boisterous throng;  
When softer tints bedeck the sky,

When breezes, too, grow mild again,  
Ah, then we know that spring is nigh,  
With summer following in its train.

And then in gladness one and all  
For summer days ahead prepare;  
All hear the plain and subtle call  
And rise to meet it everywhere.

And some make clothes, and some plant seed,  
And winter garb is laid away.

By signs which all the world can read  
We know that spring is on its way.

But other signs, and likewise sure,  
Are all around us thickening fast,  
Which tell, in terms no more obscure,  
Earth's history is almost past.  
The talk of peace, the sound of war,  
The tumult and the bloody fray,  
The nations angry more and more—  
All prove the end not far away.

In earth and sky, on sea and land,  
Are signs which all who will may read;

How few, though, seem to understand  
Or to the warning notes give heed!

... fast coming, unaware,  
Will mark probation time as o'er;  
Oh, then, to meet thy God prepare,  
For lo, e'en now He's at the door!

shaking events in the Word of God, you have gone a long way toward saving their souls in the kingdom of heaven. Because after all it is the Word of God that is going to save us.

### THE GREAT WAR AND MY CONVERSION

MRS. A. J. VAUGHN,  
Miller, Ind.

[Just such an experience as is related in this article and which could no doubt be duplicated by thousands in different parts of the world, is the encouraging side of this dark war. Has it brought any great lesson to *your* soul? If so, have you responded to it? Or are you trying to smother it and thus blight your future experiences in this world and destroy your hope hereafter?—Ed.]

The first news of this great European conflict came to me through the information of neighbors, and, desiring further details, I purchased a daily paper. As I was seated reading it, the thought struck me so forcibly, Oh, what an awful catastrophe! Such horrible crime and murder! Surely the Lord will not have mercy on such wickedness! From appearances His Spirit seems already to have been withdrawn from those nations.

Then the thought came to me, "How about yourself? The harvest is past, the summer is ended, and *you* are not saved." I pleaded with God that night for hours to give me another chance. I felt loaded down with all the sins of my past, and the future seemed dark.

After agonizing prayer, the load seemed lifted and such a peace came to my soul that is past understanding. Oh, that others would listen to the pleadings of that still small voice which has so often begged us to come unto Him. We may say in a careless and indifferent manner, "Oh, some other time!" But God has said, "My Spirit shall not *always* strive with man," and then, if we should finally conclude to lead a different life, it may be too late. How sad would be our lot!

I then decided to ask my husband's consent to have Bible readings held in my home. He assented and I wrote Sister Abrams in Chicago to see about a Bible worker for us. Through her efforts Bro. A. E. Thompson has come every Sunday. Shortly after Sister Abrams came and canvassed this town, which has a population of about eight hundred, with **THE LIFE BOAT**, and invited the people to attend the Bible studies which would be held in my home.

After a day of interesting experiences, she came to spend the evening with my husband and me. Following a day of hard work, he came home to tell us the steel mill was to issue a notice that all employes must live in company houses and land or suffer the loss of a position. He was discouraged and heart-sick. Sister Abrams grasped the opportunity to tell him of a better life, that the only place to be is safe in the arms of Jesus, and that these trials are just the work of Satan to draw us away from Christ. The right chord was touched and as we all knelt in prayer my husband poured out his heart to God in touching prayer. That was a happy night for us all. Sister Abrams went home after a day of toil, happy in the Lord, feeling well repaid for her labors.

Since then my husband, and also my own brother, who lives in this town, have been obeying the Lord.

Both my brother and husband work where they are in contact with many different types of men, including infidels, and not a day passes but they come home telling some experiences they have had in pointing others to Jesus. Through their efforts many have begun reading their Bibles to see if these things are true, and some are attending the Bible studies.

My husband has been to almost every house in town with literature concerning the war, and invited them to attend the Bible studies. Printed notices have also been put up in the postoffice.

I visited a family Sabbath afternoon where there are three generations all living together. The grandmother, who is ninety-three years old, is gradually losing her hearing and eyesight, and was so pleased that I brought my Bible to read to her. She remembered the falling of the stars in 1833, and I read the twenty-fourth chapter of Matthew, showing that the generation that saw those wonderful signs in the heavens shall not pass until Christ comes again. (Matt. 24:29-34.) After a pleasant afternoon I left them feeling happier, and they invited me to come again.

There are many homes about us wherever we go, where we may scatter seeds of sunshine and lighten the weary load. There are the old and feeble, the sick and afflicted, and even the young and happy. I want Christ

to be my example. His life of unselfish devotion to others while here on earth is the only pattern to look up to, and my desire is to so live and do that others may see that I have something that is far above the pleasures or riches of this world, and so lead them to long for something better.

The work has started here like a light that shineth in a dark place and God is blessing us all wonderfully. I ask the prayers of all interested that this blessed truth may sink deep into the hearts of the people of this town, that they may realize the perilous times in which we are living and that our King is soon to come, and that they may be found among the faithful who shall say, "Lo, this is our God; we have waited for Him, and He will save us."

### A WORD FROM TURKEY

DR. RUTH A. PARMELEE

[Dr. Parmelee, whose parents were missionaries in Turkey for some thirty years, returned to this country and secured a medical education. While studying in Chicago Dr. Parmelee attended our Sunday morning services at the jail and assisted with the music. Her words of encouragement were always an inspiration to the girls behind the bars. She with her widowed mother returned to her field of labor in Harpoot, Turkey, about a month before the European war began. We publish the following report recently received from Dr. Parmelee.—Ed.]

We were fortunate enough to come to this country before the uncertainties caused by this war. We did not know at the time what special reason there was for our coming so early in the spring, but we are now thankful that we are not among those delayed in the homeland. Here there is *need* and we can be of some use.

Our journey was as easy as could be expected, with the last two weeks of it in a wagon over rough roads. All along the road we were helped and cheered and were very thankful to reach our destination on the 20th of June. Our new associates gave us a royal welcome and made us feel at home.

During the first days of August we began hearing about the war. About the uncertainty of those days, which has continued up to the present time, the least said the better. Our letters are all going open these days, and coming open, for that matter.

There is much suffering and sorrow, and plenty of chance to extend the helpful hand and express Christian sympathy. I presume

these opportunities will grow greater as time goes on. There may be harder times ahead than we have seen yet. We have much to be thankful for—that it has been so quiet and our needs have all been provided for.

Two clinics a week, the care of the girls in the school, outside medical calls, some calling among the Turkish women, some leading of meetings, etc., fill up the time pretty well usually. I go down to the hospital often to assist in some operative work.

The sick soldiers were invited to the hospital and during the month of September over a hundred were treated, most of whom were Moslems.

I like to attend the Turkish service on Sunday morning for the sick soldiers and help with the music. Marked attention has been paid in these services and many orderlies and patients have begun to read in the hospital. The supply of Bibles and Testaments is being exhausted by these eager beginners.

The hard times and difficulty of travel have cut the receipts of the hospital, clinics and dispensaries to about one-fourth of the normal amount. Since the war has prevented the arrival of the medicines and supplies ordered and paid for before the war broke out, the financial situation is doubly acute. Though the soldiers provide all their food and medicine, they pay nothing for running expenses.

### EXPERIENCES OF A FORMER HINSDALE GRADUATE

EVA L. BORDEN,

1008 West Eleventh Street, Los Angeles, Cal.

[The following is a personal letter received from Miss Borden, who graduated some years ago from our Hinsdale Nurses' Training School. We believe her experience will help others to make their decision who may be today wavering between *duty* and *inclination*.—Ed.]

You will be interested to know of our visiting nurses' work here in Los Angeles. The Glendale sanitarium asked me to take charge of this work for their nurses in the city and I refused to do so on the plea that I was not well and needed a rest. I got my rest—six long months of it in the hospital, when I had to sit still and fold my hands and wonder whether I ever could work again. I tell you before I got through with it work began to look pretty good to me.

I had a most bitter experience, being cared

for by unconsecrated nurses and doctors, but when I prayed in humiliation, "O Lord, only let me take my place again in Thy work," then I began to get well.

Again this work in Los Angeles was offered to me, and this time I accepted it gladly as a most gracious privilege. Never before have I understood so well what it means to be working *with Christ*. All my old self-confidence has gone, for well I know that *only* infinite power alone can carry me through.

I felt this thing so keenly that I told the Glendale people they must send another nurse



MISS BORDEN

with me to help hold up my hands, so they have arranged to send each nurse a month at a time for the city work. Then when they return to the sanitarium they will come in to the city for Bible study with their patients or any such work as they find best not to pass on to their successors. In this way the nurses will continue their work after their month's stay in town, thus linking the sanitarium more and more with the city work.

We have only been in the work three weeks, but I've already had to send for a second nurse, and could keep a third busy, besides working harder than I ought myself. We have

made expenses and will be able to pay our rent out of our own funds this month.

The time certainly is ripe for this thing and the Lord is certainly blessing us wonderfully.

We have a class in simple treatments which is held in the homes of the people. One girl is studying the Bible and accepting the truth as fast as she sees it. Another is planning on studying with us. Both these young people will make workers for us and I am training them for our work.

My idea is to get everybody to work putting their new-found knowledge into practice.

One backslider has taken a new hold, and we have entrance into a number of homes where there is a glorious work to be done.

It is a wonderful opportunity and as I look over the field I wonder how I ever *refused* such a chance. And then sometimes when I lay plans and consider this thing and that, I am seized with this terrible faintness that reminds me that God only can do the work and I must let Him lead and direct.

You would be surprised at the sense of peace and comfort I have, and how I have learned to rest and *trust* the Lord to attend to His business.

I know He really doesn't need me to carry out His plans, for a few angels ever at His command could fix things up without any of our help.

But isn't it glorious that it is the privilege of a Hinsdale nurse to open up this work in this great, wicked city?

We have been so busy with missionary visits, Bible studies and treatments, that we have not had all the time for house-to-house work we like, but will do that in between times when we can.

Pray that I may keep my health at least long enough to get things in shape for another to take. And if I do have to quit and go to the woods, I am going to have a house big enough to take in some other poor, sick girl, so she won't have to go through what I did this summer. However, if it does her as much good as it did me, I ought not begrudge her the experience.

I am always interested in the work at Hinsdale and hope none of the workers you are training will have to go through my experience before they are willing to take up their cross.

## The Life Boat to Prisoners

Caroline Louise Clough

THE next number of this magazine will be the special annual prisoners' number and will be sent in large quantities to the leading prisons of our land. By the help of the Lord we have set ourselves to the task of furnishing attractive, soul-inspiring literature to the large prison audience in this country.



That the prisoners appreciate it, and that it leads many to a better life is evidence that we ought to keep on doing this.

One prisoner in southern Illinois writes:

"I have been reading your LIFE BOAT book, which I received from a comrade, and enjoy it very much."

Another prisoner in Montana who thought that he was too far gone to be saved has just recently begun to read THE LIFE BOAT and writes the following concerning it:

"Just received THE LIFE BOAT this morning and have read it and passed the others along. I never thought there was so much valuable information in THE LIFE BOAT as there is in these that you sent me."

The following from southern Illinois gives a glimpse of the good that is accomplished through sending THE LIFE BOAT and helping in a personal way through correspondence:

"I received your letter a few days ago, also THE LIFE BOAT. I was much interested in all

that was in the magazine, especially the article about Mexico and the article on "Autointoxication," also your sketch of orphan children. I know that God will greatly bless you for helping the helpless and only wish I had the money to help or was in a position to do something myself. But I can pray for your success, which I do daily.

"Your letters are an inspiration to me to keep on, and I am satisfied that I am gaining ground spiritually, for I find it much easier now than when I first started to quit sinning. I know God has heard and answered a part of my prayers at least.

"I must tell you of my good fortune. Some kind friend has sent me a nice cloth-bound copy of the book, 'Steps to Christ,' which I value more highly than gold."

While the world at large, and our large cities in particular, are educating criminals, there is need for some one to raise the standard. The terrible daring of four young automobile bandits in Chicago recently is only a sample of the training that is given in the poolroom and similar places which are frequented by young men and mere boys. At the door of the dime novel may also be laid the incentive to many an atrocious crime.

Who will send ten dollars to furnish one state prison with this special number next month?

### "BECAUSE THE LIFE BOAT WAS NOT AT HAND"

A young man has just left the California State Prison. While there, through the reading of THE LIFE BOAT magazine and through the missionary correspondence of several Christian friends he has been thoroughly and soundly converted and he has been intently preparing himself for a definite missionary career. Are such results worth while? We ask all our readers to remember that the next number of THE LIFE BOAT will be a special prisoners' issue. We want to send liberal quantities to all the great prisons of the land. Ten dollars will send 250 to your state peni-

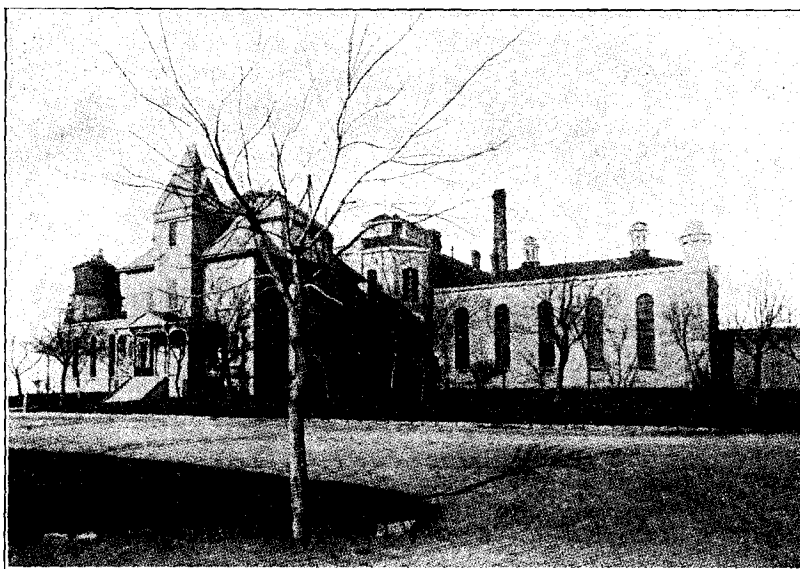
tentiary; four dollars will send 100. Any amount will be thankfully received and you will be casting bread upon the water that will return to you again, either in time or eternity. Will you risk something?

"It will give you pleasure to know that I will be restored to liberty on Friday, the 12th inst., so I will drop you a few lines to inform you of the happy event.

"I feel that the Lord has indeed anointed 'my head with oil; my cup runneth over.' The sins of the past have rolled from my soul

than useless if it had not been *preceded* by the restoration of my soul. And when I think of the countless numbers who are leaving these institutions every year, embittered against God and man on account of the privations they have suffered, I know it is because THE LIFE BOAT was not at hand at the *psychological* moment to catch their soul and give them an impulse for a better, nobler life.

"The course in public speaking which I have just completed has wonderfully improved my prospects of success in the field of work



THE SOUTH DAKOTA PENITENTIARY AT SIOUX FALLS

as the mists roll from the mountain side under the smiling rays of the morning sun. In my heart I am thankful that an all-seeing Providence laid its controlling hand on my destiny just as it did, and brought about this sequestration from the world at the period when I was so perilously near the brink which meant eternal damnation.

"The restoration of my temporal liberty so soon to take place is most welcome to me, but I can see that it would have been worse

I have chosen, and I pray that the Lord may give me wisdom.

"I trust you may continue the recipient of the manifold blessings that have always been showered upon your undertakings in the service of the Master. Words can not convey the full sense of my obligations to you, so shall not make an effort to express them. The contemplation of your unselfish devotion to suffering, sin-sick humanity is what caused that vision to dawn upon my consciousness."

The next Life Boat is a special prisoners' number. Will you help to send it to the prisoners?

## THE LIFTING UP OF CHRIST

W. J. WALTER

"And I, if I be lifted up from the earth, will draw all men unto Me." John 12:32. These words were spoken by Christ to show the kind of death He would die.

How can the child of God today lift Him up? By confessing faith in His death and life, accepting the blood spilt on Calvary. But what about those out of Christ that are not Christians? The life of the child of God should be such that Christ would be lifted up so as to draw the man or woman out of Christ to Him. We sometimes sing the song, "Christ, Only Christ." It is a good song to sing, but I fear we sometimes sing such a song and do not *grasp* its meaning. To have Christ, only Christ, means that we will do as Christ did.

What did He do? He went about all the country, preaching in their synagogues, healing all that were brought unto Him. He called the twelve, giving them power and authority over all demons and to cure diseases, to proclaim the kingdom of God and to heal the sick. (Luke 9:12.)

The words of the song, "Help Just a Little," express much. We may lift up Christ in little acts of kindness, speaking a cheering word to some one cast down. It is the little things we do that make us great. The great ocean is made up of little drops of water. The great sand banks are made up of tiny grains of sand.

The most noble thing a man or woman ever did was to stand up for Christ, thereby lifting Him up. Last night at the mission a poor sinner was struggling with this question. We talked with him for a while, showing him that the Spirit was speaking to his soul. He finally broke down and wept, saying he would surrender all. We kneeled down and prayed to God to accept him and keep him. He offered a simple prayer between sobs, asking God to be merciful to him and to save him from his sins.

When we stop to think that Christ would have come all the way from heaven to save just one sinner, it is a wonderful privilege to lead a sinner to Him. It is only a little we can do at most, but to see a sinner fall upon his knees and cry unto God for mercy thrills one's soul.

May God give all that read this article a greater desire to be soul winners and to lift Christ up so that others will be drawn unto Him. Darkness covers the earth and gross darkness the people, but through it all the life of a person hidden with Christ in God shines brighter and will attract the honest soul.

The Lord is blessing the work in Chicago. To Him be all the praise. You can help us by your prayers and means to carry the light of the gospel to the great city of Chicago.

## A HARD STRUGGLE AND A VICTORY

BY A CONVERT

I have known the Bible ever since I can remember anything. I came to Chicago about six weeks ago. I was hiding from a creditor and happened into a prayer meeting in Willard Hall, where I heard a great many men give their testimonies. I heard them say that God was the *same* yesterday, today and forever, that what He had done for them He could do for others, and if there were any who wished to be prayed for to hold up their hands. I raised mine.

I knew as much as they did about God's Word. I knew *about* it, but I did not *know* God. I knew *about* Jesus, but never recognized that He was the Christ. I went forward. They prayed and prayed and wanted me to see that God had forgiven me, but I did not feel at all satisfied. They showed me the verses in John where it says that He came unto His own, but His own received Him not. I thought they ought to be life-giving. Because I could not *feel* that I told them it was not satisfactory at all.

That evening I went down to the mission on State street. The same thing happened again. Several got up and gave their testimonies and then came the call. Again I went forward with the same result. Again I was referred to John 1:10, 11. I went away just as dissatisfied as when I came into the meeting. I had to have the thing proved to me before I was willing to believe it. I knew there was something in my life that would have to be cleared up.

I went out from that meeting and walked the streets. I was so restless I was not conscious of the fact that I was walking about. I continued to walk all night and until about four o'clock the following afternoon, when I

just got desperate. I said to God: "God, if Your business is to save men, save me now." But God said to me: "Well, I don't think you will be willing to do what I will want you to do."

Then the thought came to me that I must *first* write to the man that I had wronged and tell him that Christ had forgiven my sin; I did not want to do that, as he might give me all kinds of trouble. I then sought and accepted the advice of another man and did not write the letter. I was miserable. I sought the Lord again and He said: "Write to your creditor," and I promised the Lord I would if He would work for me with this creditor.

Some time later I wrote to the man I had caused trouble and told him that I could not pay back the money I had caused him to lose, but as I had accepted Christ I wanted to make every wrong right and he could do what he wanted to with me. In due time a letter came back to me, stating that he had canceled the debt. After that no one could shake my confidence in God under any circumstances.

I promised the Lord that I would praise Him for what He had done for me; I have been faithful to that promise, and the Lord has blessed my testimony. I feel that God has a work for me to do somewhere. I want to go back to South Africa, where I have formerly worked as a salesman, and preach the gospel.

I have been staying at the Workingmen's Home. We have Bible study and worship there. Night before last I had the privilege of talking at the mission. Seven went forward. God is willing to honor even the little message that I have to give.

### DISCOVERING A CAREER

CARRIE BUTCHER,  
Hinsdale, Ill.

[Miss Butcher, a graduate of the Hinsdale nurses' course, has heard the call of the needy and suffering in Chicago and has given up some attractive prospects to visit the homes of the sick and suffering and by her Christian ministry relieve suffering and point the sick to Christ the great Healer. Our readers will be interested in this report.—Ed.]

Perhaps you would like to go with me to visit a few homes in Chicago. These are our friends and they look forward eagerly to our visits among them. Do not look for wealth for it will not be found. Any little kindness that we can bestow, I can assure you

is greatly appreciated. How thankful I am that our Lord looks on the heart and not on the outward appearance!

The first is a poor sick mother with two children. The husband and father is in the Bridewell (city workhouse) for trying to choke one of the children while under the influence of liquor. After giving the mother a treatment, we invited another lady into the room who was staying with this family a few days and read a chapter from the Bible and also had a little prayer meeting together. While I was reading and explaining the Bible text the sick lady said: "I want you to call my boy. I want him to hear that." It reminded me of how eagerly the newly converted hasten to tell the old, old story of salvation that others may have a taste of this new-found joy.

The other lady then explained that her husband was a drunkard; they had separated, but were going to live together again and then we were to come and study the Bible with them and help the husband to live a better life.

If we do not visit them every few days, they say: "I was just going to write to you. I was afraid you had forgotten me."

### Came in Answer to Prayer

Next we called on an old lady who is unable to work, but her sister, who is about seventy-two years of age, works out by the day to support them. We met her at the door and she greeted us with, "Come in, come in! I was just praying that the Lord would send some of His saints in, and now He has answered my prayer. You know I can not find comfort in talking with the worldly. They can not understand."

We read and prayed with her. She prayed a most beautiful prayer of thanksgiving. Although the words she uttered were anything but polished, I am sure they were as acceptable in the sight of the Lord as though they came from the lips of the most cultured.

After buying some groceries for her from a nearby store, we left her and went to a home where we found an aged couple in the rear of a basement in a large rooming house. To get to them we had to feel our way through a long dark hallway to their two little rooms.



They are able to work but very little and some of our workers at Hinsdale paid their room rent for a time.

When we brought the receipt after paying the rent and gave it to them, I wish you might have seen their faces light up with happiness. We also gave them articles of clothing. The old gentleman shook hands with us about three times before we left them. He had even gone out to sell a pair of his wife's shoes to get them something to eat. After visiting the proprietor and his wife and having a talk with them they promised to furnish the old gen-

tleman with repair work to cover his room rent.

We feel it is not enough to just help these people physically and financially; such help is only an entering wedge to aid them spiritually. God is ever going before us into the homes of the people. We are trying to imitate Christ and bring Him into all the work. Many hard hearts become tender and susceptible to the truth.

I am so glad for the verse that says: "Inasmuch as ye have done it unto one of the least of these, My brethren, ye have done it unto Me."

## Rich Medical Evangelistic Experiences

Zada V. Hibben

[Miss Hibben, who is one of our graduate nurses, has been acting as matron in the medical evangelistic students' home since Ruth Stapp was called away by her father's illness. It is extremely gratifying to us to see how God has gone out before these medical evangelistic students in their work in Chicago. He has given them the hearts of the people, the favor of physicians, and most splendid experiences. In July they complete their one year's work; then as many of them as desire will go on and take the second and third years' nurses' class and have an all-round institutional nurses' training. All who wish to join the next medical evangelistic class, which begins the first week in July, should apply immediately.—Ed.]

**M**ANY precious experiences have been gained by the medical evangelistic class the past few weeks. The Lord gives us now and then a glimpse of what is being accomplished by our meager efforts. He has promised "They that sow in tears shall reap in joy. He that goeth forth and weepeth, bearing precious seed [margin—seed basket], shall doubtless come again with rejoicing, bringing his sheaves with him." Ps. 126:5, 6.

If only you might drop into our Sabbath afternoon meeting and hear from the lips of the workers their experiences, also see what it is doing for them individually, you would be able to answer for yourself the question, "Has the time and the money expended in this new medical evangelistic work been worth the effort?"

Of late we have had frequent calls from doctors in the city. In one instance we were called to give our method of treatment to a pneumonia case in a hospital. It was very interesting indeed to see how enthused even the nurses were over our way of treating these cases.

On another case the doctor expressed his appreciation of the care given his patient by

telling the worker that he could give her a recommendation. This worker stayed right in the home and cared for the sick mother and baby and also did the housework.

Just the other day a call came over the 'phone, asking if we would not assist in caring for a charity case. The following day I called at the home. The mother was helpless. She had every reason to be discouraged because of her physical condition and with three children under ten years of age and the father out of work for six months past. One thing that touched my heart was to see that they tried to keep things clean and tidy even with what little they had to make a home. I then began wondering what might be done to make her comfortable.

Knowing her diet had much to do with her physical condition, I asked what she had been having to eat. The oldest child interpreted for us, as the parents were Polish. Tears came to the mother's eyes as the little one replied: "Water." You can imagine how I felt. It was not many minutes before there was brought in to her such fruits and other foods as were best for her physical condition. And do you suppose I could forget those

bright, eager little faces? I afterward gave the mother a treatment and when the doctor called on her she told him that the treatment made her feel so much better.

Two or three days later two of the workers went in with supplies and cooked them a dinner. In this case, as in others, the clothing that has been sent us is very much appreciated.

In our work we always leave some of our gospel literature. Just now we are very low on our supply of tracts. If any one desires to have a part in this work in scattering seeds of truth and has the means and not the time, we will be glad to have such send us money for literature for free distribution. We also trust you will remember the many needs of this class who are working without pay and are looking straight to God for the necessities of life.

#### SETTING THE BIBLE AT WORK

ELIZABETH SMITH,

(Member Medical Evangelistic Class)

I have found great pleasure in pointing souls to Christ and in speaking a word of comfort to those who are discouraged. As you know, we not only give treatments to the sick but we have Bible studies too.

Some time ago I had an appointment to give a Bible study on the second coming of Christ. When we reached the house we found the lady very sick, so we put her to bed and gave her treatments. She had invited her neighbors to the study and they waited until we got her comfortable, then we studied with them. We had a blessed time together.

We also try to get Bibles in the homes that have none. We have placed twenty-two already in the homes. Some have just a part of the Bible and others have none.

In our district we have six who have accepted the present truth. One of these women has been a Sunday-school teacher but she says she knows more about her Bible now than ever before.

It seems to me now that hearts are just responding to the gospel and when I read Luke 14:23 where it says, "Go out into the highways and hedges, and *compel* them to come in," it gives me more encouragement to work. I want to be faithful to what God has called me to do.

#### FINDS DESERTED HOMES

LA VINNIA HANSEN

[This is a brief report from work in the Scandinavian district of Chicago. Miss Hansen is a member of the medical evangelistic class and feels she is having a wonderful experience in working for the needy poor.—Ed.]

We found one man that did not believe in God at all. He had not studied his Bible since he came to this country. We talked to him about the war and gave him some papers and he was interested enough to promise to study his Bible.

We came to one place where the people were very poor. The woman told us how her husband was converted while in prison. This winter he has been out of work and they have had a hard time. She said she did not mind it now, as he never came home drunk as he used to do.

We find so many poor homes now. In many cases the husband and father have deserted the family and the mothers have to work to support their children. They do not receive much help from charitable societies. We brought in some clothes which have been very much appreciated.

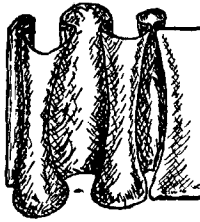
I enjoy the work more and more. We certainly feel when we give to the needy that it is more blessed to give than to receive. There is so much need of it at this time.

#### READ IT WITH MANY TEARS

(From the Indiana State Prison)

"Your letter is at hand. I was truly glad to hear from you, also to get THE LIFE BOAT, which was read with many tears. May God bless you in the good work you are doing. I have no greater joy than to hear of the love of God working in the hearts of the people, for I know that when we are willing to obey Him He hears us.

"My time is not long, but still I can be the instrument of helping some one. I am willing to be bound under any obligation, just so I can be with my wife and children and preach God's Word. I have now thirty-six chapters *by heart* and still searching His Word daily. Now these words are not just from the lips, but from the heart. I know the way is open for any one to work for God. It would be better for me to die now than to go out in the world and forsake God after He has opened the way so plain to me."



## Editorial Department

DAVID PAULSON, M. D., Editor



### OUR NEXT IS THE SPECIAL PRISONERS' NUMBER OF THE LIFE BOAT

Shortly after THE LIFE BOAT was started it was discovered that a few copies were finding their way into prisons and their contents were being eagerly devoured by the prisoners. This led to issuing a special Prisoners' Number, which was sent out in considerable quantities to different prisons. The response was electrical. It was evident that God had set His seal to this work.

So during all these years we have had an annual prisoners' number of THE LIFE BOAT and it has been sent out in immense quantities to prisoners all over the land. The results have been most gratifying. Men have been reclaimed and restored as the result of reading its pages. Prison officials have enthusiastically testified to its great value. Almost without exception we have had their most cordial co-operation in this effort.

Remember, the next number is a Special Prisoners' LIFE BOAT, and we are absolutely dependent upon our friends in the field to make this thing possible. We have the joy of producing the paper and *you* may have the satisfaction of making it possible to reach the prisoners, and thus you may enter into our joy. Ten dollars will send 250 copies to your state prison, four dollars will send 100. Any sum, however small, will be thankfully received. Enlist the children of your neighborhood in this project; get them to save their candy money or chewing gum money and save by denying themselves in other ways. Speak to some of your friends about the same matter. THE LIFE BOAT is the only paper in the United States that undertakes such a project.

I heard D. L. Moody say shortly before his death that he had just discovered that the prisons of America were the best and at the same time the most neglected missionary fields in the country. He said that he regretted he

had not learned that sooner, but he proposed during the remaining years of his life to give special attention to prison work. He was shortly afterwards laid to rest, but Moody told a great truth.

When men get into prison, the whole program of their lives is changed; that is the time they are *ready* for the gospel, peculiarly ready, as Moody discovered. Some of the men who are sent to prison are hardened, degenerate criminals. A much *larger* number are simply the victims of some unfortunate circumstance—a fit of passion or something they did while under the influence of liquor, etc. They are crushed, mortified, humiliated, and there is nothing they *need* so much as the gospel. All the great spiritual reformers of former days, without exception, were interested in prison work. Are you able to hear Christ's voice whispering to *you*: "I was in prison and ye came unto Me"?

### A MASTER HAND DIRECTS IT ALL

Present opportunities mean *present* duties. Every good opportunity that we enjoy involves a new responsibility for having accepted it. Every fresh incident that comes to us—that friend we meet, that incidental conversation,—is either intended as a *test* of character, or it is a *temptation* from the enemy. The first is directly directed by God, and even the second is *permitted* by him. Things are not running loose in this world. There is a master hand back of the scenery that is regulating the machinery. We must make it the study of our lives to *discern* what is wrapped up in the things that come our way.

### DO YOU DESIRE AN ALL-ROUND MEDICAL MISSIONARY NURSES' TRAINING?

The Hinsdale missionary nurses' course is three years in length and meets in points of training the highest recognized standard,

but in addition it has one *special* feature. The first year is a medical evangelistic year.

The students, instead of employing their time in doing institutional domestic work, which most of them are thoroughly acquainted with before they come, are led out *at once* into active, aggressive, medical evangelistic experiences. They at first accompany others who have had an advanced training and little by little as they gain experience then they do this work upon their own responsibility. Meanwhile, they are given regular class work, more than the equivalent of the ordinary first year nurses' course, but in addition they specialize on the very subjects they especially need in their work in the homes of the people.

God has in a special manner gone out before the medical evangelistic class the past year. It was freely predicted that more than half would speedily drop out. Instead of that, we are nearing the close of the year with as many students as entered. They are not only of good courage, but are developing a substantial experience and they have grown in grace and the knowledge of God. As they have helped others they have helped themselves. They have especially worked in Chicago.

Without an exception, they are enthusiastic about their work and the opportunities they have enjoyed. What a splendid foundation these young people have laid for the second and third years of the nurses' course, and those who do not wish to take any further training are prepared to go back to their homes as practical medical missionary workers.

Is *your* heart aching for just such an opportunity? Write at once for application blank and full information. And above all, dedicate your life fully to the Master's service.

#### A FAINT-HEARTED REPORTER

Baruch is the first verbatim reporter of which I find any record. He wrote Jeremiah's words in a book "at the *mouth* of Jeremiah." Jeremiah 45:1.

Jeremiah lived in the most stormy and critical period of Judah's history. Their national existence was threatened on every hand. Jeremiah's divinely inspired advice to *voluntarily* surrender to the Babylonians was distasteful to the patriotic sentiment of the people and

intensely humiliating to their pride, therefore Jeremiah and his message became so exceedingly unpopular as to endanger his life.

Baruch was shrewd enough to discern the signs of the coming storm, and evidently began to lay plans to save his own life—in other words, to leave the ship before it sank. The deep mental anguish he suffered is revealed in these words of his which have been left on record, "Woe is me *now!* for Jehovah hath added sorrow to my pain; I am weary with my *groaning*, and I find no rest." 3rd verse R. V. Then it was that there came from heaven, through Jeremiah, this heart-searching, as well as inspiring message to poor, panic-stricken Baruch—and to every one since then down to the present time who is in a similar state of mind: "Seekest thou great things for *thyself?* seek them *not.*" Verse 5.

There is nothing wrong in *seeking* great things if we are seeking them for God and His glory; but if we are selfishly seeking them for ourselves and for our own advancement—then sooner or later we shall lie down in sorrow. Jeremiah added, "For, behold I will bring evil upon *all* flesh, saith Jehovah; but thy life will I give *unto thee* for a prey in all places whither thou goest."

We are facing today the greatest crisis of the ages. Soon there will be trouble all over the world. God will again "bring evil upon all flesh." It is time we took to heart this advice given to Baruch. If we are seeking great things for ourselves in this day and generation, we will go down in the general ruin; if we are seeking great things for God then our life shall be given to us for a prey in all places whithersoever we go.

#### IS TURKEY ABOUT TO BE DRIVEN OUT OF EUROPE?

Students of prophecy believe that just before the coming of the Lord the Turk will be finally driven out of Europe and shall plant his headquarters in Palestine, and that there he shall come to his end and none shall help him; and "at that time" shall come the end of all things (Dan. 11:45; 12:1, 2).

On this interesting subject the *Chicago Tribune* says: "If the allies hereafter can dictate terms, they will find another method of keep-

ing a balance in the Balkans which will not require the presence of an Asiatic power at the entrance to the Black sea. . . . If the allies win, Turkey again will be an exclusively Asiatic government and the Ottomans will return to their cradle."

On the same subject Prof. Albert Bushnell Hart, the noted writer, says in the *Chicago Record-Herald* under this title, "The Sick Man of Europe Dying at Last":

"Tragic as are the obsequies of a soldier, how much more tragic are the obsequies of a nation, the last ceremonies over a proud empire which for half a millennium has caused its people to rejoice and its enemies to tremble.

"That is what the world is witnessing now. The Sick Man of Turkey is dying at last. The government offices are open; Constantinople is there; twenty millions of Turkish subjects still live, hundreds of thousands of men are called soldiers, and a score of vessels name themselves a navy. Nevertheless Turkey is seeing its last days. It may live weeks, months, perhaps a few years, but the end is in sight; the country is dying.

"What is this Turkey? How did it come to live? Why should it be dying? And who is to inherit the property of the defunct? These are questions which this article will attempt to answer.

"A few people in the United States can perhaps remember how, when they first studied geography, they learned that the empire of Turkey lay partly in Europe and partly in Asia. European Turkey included the provinces of Wallachia, Moldavia, Roumelia, Bulgaria, Servia, Bosnia, Herzegovina, Macedonia, Albania and Greece; the principal religion Mohammedan, many of the inhabitants Christians.

"At present European Turkey includes only the city of Constantinople and a district extending a few miles westward to Bulgaria."

Many students of prophecy believe that the great and final struggle foreshadowed in Rev. 16:12 in the Mohammedan territory of "the great river Euphrates," which will be participated in by "the kings of the east," perhaps Japan, China, etc., will culminate in the battle of Armageddon (verse 16).

Who knows but the entry of Turkey into this great and unnatural upheaval is the be-

ginning of the things that seers and prophets have seen from afar?

"Nevertheless we, according to His promise, look for new heavens and a new earth, wherein dwelleth righteousness. Wherefore, beloved, seeing that ye look for such things, be diligent that ye may be found of Him in peace, without spot, and blameless." 2 Pet. 3:13, 14.

#### NEWS HERE AND THERE

Mr. E. A. Dunn, who is conducting sanitarium treatment rooms in Ottawa, Ill., visited the Hinsdale work recently.

Miss Maud Erickson from Ottawa, Ill., has recently accepted the position of stenographer and bookkeeper in the Life Boat office.

Pastor Thomas F. Hubbard of Galesburg, Ill., was a welcome visitor at the sanitarium for a few days.

Rev. R. J. Patterson of Ireland, better known as "Catch-My-Pal" Patterson because of having founded the catch-my-pal temperance movement which spread like wildfire all over Ireland and is now being introduced in the United States, gave a lecture in the sanitarium gymnasium, at which time he told of how the Lord led him in starting such an effective movement in behalf of temperance.

Mrs. Dr. A. W. Hewitt of Flanagan, Ill., was a recent visitor at Hinsdale.

Mr. Omar R. Grantham, who some years ago was the head gentleman nurse at the Hinsdale sanitarium and in more recent years has been in New Orleans, La., called to see old friends recently while on a visit in the North.

Mrs. E. O. Farnsworth, a prominent educator of Minneapolis, visited Hinsdale last week while en route to San Francisco.

Mr. and Mrs. Geo. B. Starr of Boston, missionaries of long experience in this and foreign lands, visited the Hinsdale headquarters recently while on their way to Los Angeles, Cal.

Dr. Mary Paulson and Mrs. C. L. Clough enjoyed a week's rest in Attica and Lafayette, Ind., spending a few days at the Wabash Valley sanitarium located near Lafayette on the banks of the beautiful Wabash river.

Dr. Newton Evans, head of the Loma Linda (Cal.) College of Medical Evangelists, and Dr. P. T. Magan from Nashville, Tenn., spent

a few days in Chicago recently. The workers at Hinsdale enjoyed their inspiring talks to the family.

Dr. David Paulson was called to Lansing, Mich., recently to strike a hard blow at the cigarette, which had been brought up for condemnation before the state legislature. A large army of boy representatives from nearly a dozen leading Michigan towns were on hand and did their part to kill the cigarette in the state of Michigan. Lucy Page Gaston, the indomitable foe of the cigarette and the friend of the boys, was responsible for organizing this gigantic effort to put down this terrible evil to boys and young men.

#### WHY NOT BE YOUR OWN EXECUTOR?

Have you some means to be used in the Master's work after you are dead and gone? Have you observed how frequently relatives or unscrupulous lawyers have succeeded in absolutely defeating the will and intentions of the donor?

There is a better way. Give your property while you are alive, to the work that you desire and receive a fixed income or annuity on the same each year as long as you live. In this way you know that your property will not be frittered away from you so that you will have no support in your old age, and this annuity contract becomes immediately effective at your death. No one can change it in any manner.

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## The Life Boat

**DAVID PAULSON, M. D. . . . Editor**  
**N. W. PAULSON. . . . Business Manager**

THE LIFE BOAT is published at Hinsdale, Ill., by the Workingmen's Home and Life Boat Mission, incorporated.

Checks, drafts and money orders should be made payable to THE LIFE BOAT, Hinsdale, Ill.

Do not send currency in your letters, as THE LIFE BOAT will not be responsible for receipt of the same.

Single copies, 10 cents.

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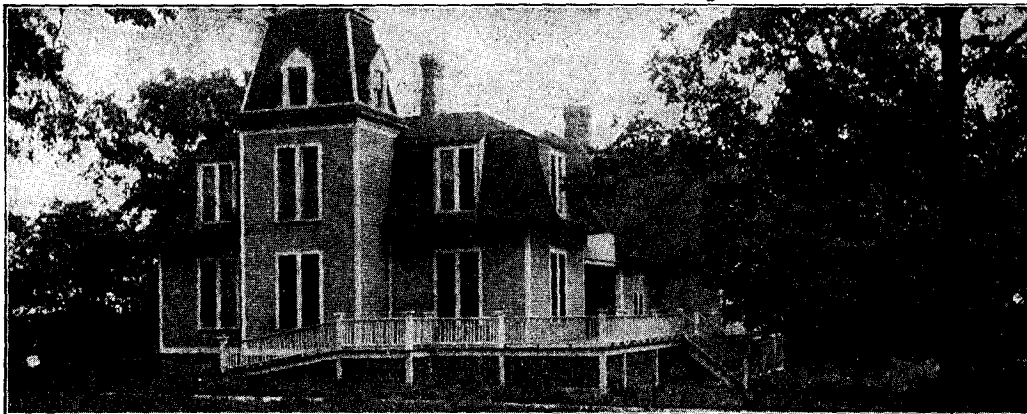
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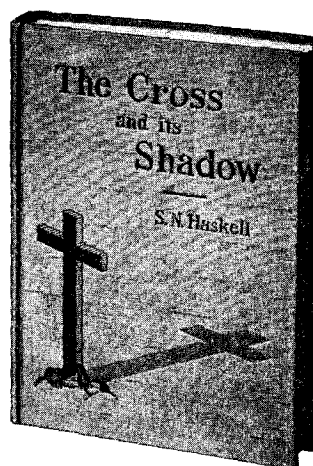
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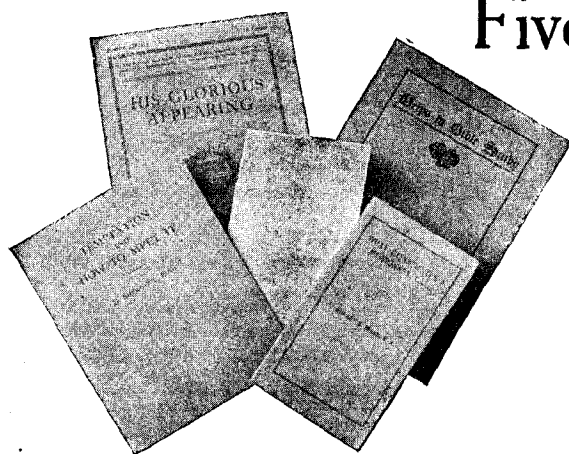
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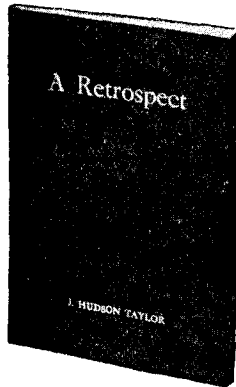
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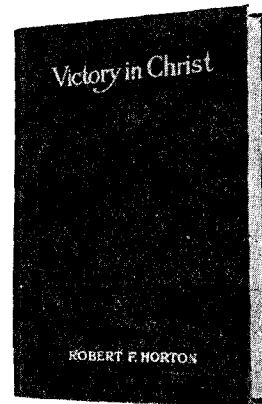
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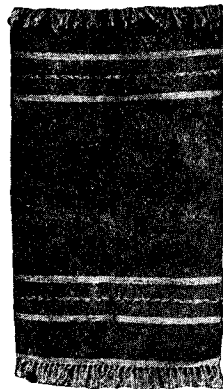
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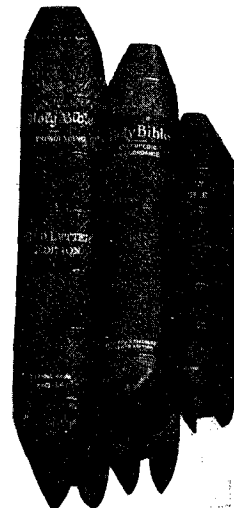
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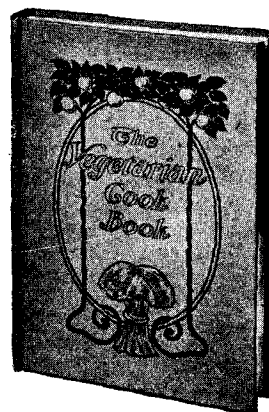
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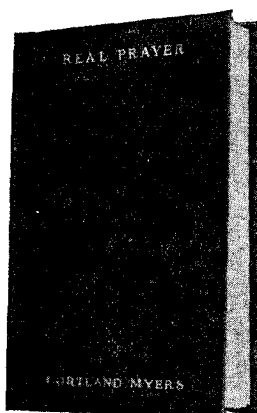
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This charming book, "Pastor Hsi," by Mrs. Howard Taylor, daughter-in-law of the late J. Hudson Taylor, founder of the China Inland Mission, has found such a warm reception by The Life Boat readers everywhere that we are offering it again this year. The author gives in a most fascinating manner the remarkable story of the life work of Pastor Hsi, the man who, after his wonderful conversion from heathenism, founded more than forty medical missionary centers in the province of Shan-Si. His remarkable faith and power in prayer has brought his work to the attention of the entire Christian world today. This book is an inspiration, and you can have it by sending us **ONE DOLLAR FOR YOUR SUBSCRIPTION** to The Life Boat for one year.



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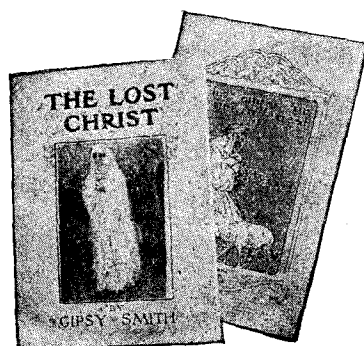
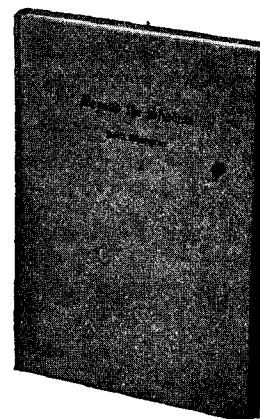


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During the past year upwards of half a hundred girls have been sheltered in this home. They have been carried through the saddest chapter of their lives. More than half these girls do not have a dollar, but they are received just the same.

The institution has no endowment and beyond the mere pittance that some of the girls are able to pay, it is entirely dependent upon the generosity of those who become interested in its work.

Address for further information

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—OR—

Are you interested in placing a part or all of your property so that you can receive a permanent annuity or income on it while you live?

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For those who desire to remember this institution in their wills we give here with a proper legal form for a bequest.

"I hereby give, devise and bequeath unto the Life Boat Rescue Home, a corporation organized and existing under the State of Illinois, the sum of ..... dollars to be paid out of real or personal estate owned by me at my decease, this money to be used for the maintenance of the institution known as the Life Boat Rescue Home for Girls, located near Hinsdale, Ill., and which is under the supervision of the aforesaid corporation."

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*Endowed by Nature*

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