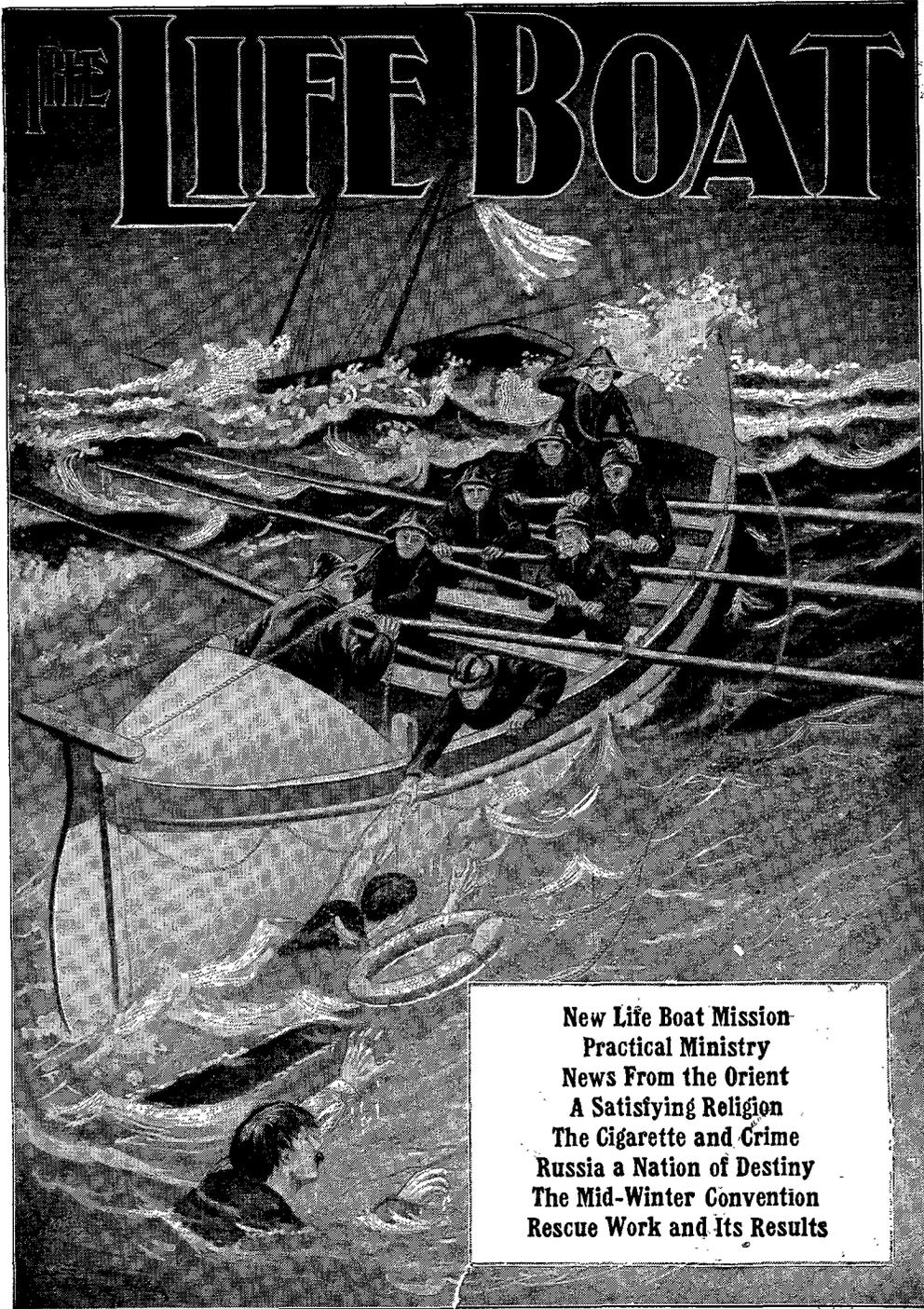


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Volume Nineteen  
Number Two

Windsor, Ill.

February, 1916

**New Light on the Cancer Problem—by the Editor**



## Send a Wireless

Pearl Waggoner

When life's paths lie thick before you  
And you can not see the right,  
When the soul for wisdom crieth  
And the whole heart longs for light,  
Then remember God still liveth:  
There is wisdom at His throne;  
None who seek of Him in earnest  
Will be left to choose alone.



'Tis in darkness faith must blossom:  
Quick your call by wireless send,  
Being sure—howe'er it seemeth—  
Something moves, the other end.  
Press not on without His leading:  
If the answer tarry, wait;  
Count not He has failed to hear you  
If the answer cometh late.



God is faithful who has promised,  
And Himself can not deny;  
Yours the promise: "I will guide you,"  
If on Him you keep your eye.  
"Him in all your ways acknowledge,  
And your paths He shall direct;"  
He has promised words of guidance  
Where the pathways intersect.



He who noteth e'en the sparrow  
Surely must His children know,—  
Has a plan for each, and careth,—  
Knows the rightful way to go.  
Lacking wisdom, look to Him then,  
Who your deepest need can feel,  
For His ear is never deafened  
To the heart's sincere appeal.



So whate'er the need or darkness,  
When you're at your own wit's end,—  
Like the boats their danger signal,  
So, your prayer for guidance send.  
Then unworried, in assurance  
On His promise calmly rest;  
When *He* clears the way before you  
You can *know* that way is best.

# THE LIFE BOAT

An Illustrated Monthly Journal Devoted to Charitable, Philanthropic, Health  
and Soul-Winning Work

One Dollar a Year

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HINSDALE, ILL.

:: FEBRUARY, 1916

Number 2

## New Light on the Cancer Problem

David Paulson, M. D.

THE cancer plague, from a medical standpoint, is the liveliest and yet the most deathly problem that confronts the human race. God has permitted the hand of man to banish yellow fever from our fair land. Medical science is slowly but surely compelling malaria to retreat. Diphtheria has been robbed of its terrors, and the death rate from tuberculosis is decreasing year by year, while that from cancer is increasing at an amazing rate.

### Cancer Stands Second

Dr. Charles A. L. Reed, of Cincinnati, Ohio, formerly president of the American Medical Association, says:

"I am not an alarmist, but I can not shut my eyes to the facts that are forced upon me in my daily experience. That experience teaches me that cancer is increasing in this country literally by leaps and bounds. Tuberculosis causes more deaths than any other one disease. Cancer is now *second* on the list. In less than ten years, if present tendencies are permitted to continue, their positions in the death-dealing category will be reversed. More than sixty thousand people died from this malady alone in this country last year. There were twice as many more people who were afflicted with the disease, most of whom will die this year."

In England, while the death rate from tuberculosis has been cut in two in the past generation, that from cancer has increased three-fold. There are cities in Great Britain where the death rate from cancer is already *greater* than that from tuberculosis.

### Too Much Civilization

Dr. Robert Bell, physician in charge of cancer research at Battersea Hospital, England, says:

"Cancer is to a large extent the *bitter fruit* of our so-called civilization. We are of necessity compelled to come to the conclusion that cancer is one of the many evils for which civilization is solely responsible."

Dr. Roger Williams, a cancer expert of world-wide reputation, has shown that wealth, with its tendency to luxury and idleness, greatly increases the *tendency* to cancer.

Dr. Ewing, another eminent authority, says that cancer chooses a notable portion of its victims among the well nourished and indolent. Cancer is a growing penalty on a *one-sided* civilization.

Dr. Bell furthermore declares that cancer is nature's protest against disobedience, and is the *penalty* she imposes upon those who have ignored her teachings.

### The Ideal Cancer Diet

Dr. Albert S. Gray, the popular health writer in the Chicago *Daily News*, says that a group of the most advanced physicians for a hundred years have testified that there is a close connection between cancer and *dietetic errors*.

Dr. Evans, formerly health commissioner of Chicago, states that people who belong to families where cancer predominates should live abstemiously.

More than twenty years ago, Dr. Banks, of London, suggested that the principal cause of cancer was the great *increase* in the consumption of animal food.

Dr. L. Duncan Bulkley, the senior physician to the New York Skin and Cancer Hospital, has been a close student of this entire question for more than thirty years, and has naturally had a wide experience with cancer cases. He has recently written a notable book entitled "Cancer, Its Cause and Symptoms." He asserts that the use of meat in England has *doubled* during the past generation, until now they consume 130 pounds for every man, woman and child in the land; and during this same length of time, cancer has increased *four-fold*; while in Ireland, where the consumption of meat is only one-third that of England, the deaths from cancer are only one-half as great. He states that in Italy, which consumes the least meat of any European country, the cancer death rate is practically the lowest in Europe. He calls attention to the striking fact that in the United States, the consumption of meat has increased until the Bureau of Agriculture in Washington has found that it has reached the excessive amount of 172 pounds for every man, woman and child in our land. At the same time, cancer has increased so rapidly that in some of our large cities, it is now responsible for seven or eight per cent of all the deaths.

#### The Relation of Meat Eating to Cancer

In a recent paper read before the American Medical Association, Dr. Bulkley said:

"In striking contrast to the enormous extent and increase of cancer in meat-eating communities may be mentioned the almost absence of the disease in regions where the diet is largely confined to the products of the ground. During a rather extensive trip through the far East, I was unable to see or even hear of any cancer, although I met a large number of medical men, and made inquiries in regard to the same in district hospitals, with a total of many thousands of patients. In Japan, Korea, China, the Philippines, India, Siam, and Egypt, I got the same response—that cancer is *rarely seen* among vegetarian people."

Ehrlich, a famous German investigator, found that when mice live upon a rice diet, they can not be inoculated with cancer; while mice living on a meat diet can be made to take cancer readily, and the cancerous tumors develop quickly, and continue to grow until

they destroy the animals. He even found that when cancerous mice were placed upon a rice diet, the tumors ceased to grow, and in many cases disappeared.

#### A Cancer-Free Community

Russell, who has made a monumental study of this question, makes this interesting observation in his book, "Preventable Cancer":

"The Russian Dukhobors have existed as a community about a century. They are plain-living, and do not eat flesh or stimulants. About seven thousand of them immigrated to Canada when expelled from Russia. They refrain from fish, flesh, and fowl as food, and live on fruit, vegetables, and nuts. Cows are kept for milk. No tea or coffee is drunk. Wholesome bread, jam, honey, and vegetable butter from sunflower seeds are eaten regularly. The houses are roomy, airy and clean. The people are scrupulously clean, regular and orderly. I have just heard from the manager that he has never known of any cancer among them."

Professor Madden, of Cairo, writes that it is the consensus of opinion among the medical men of Egypt that cancer is never found among the black races of that country who live almost entirely upon a vegetable diet, but is somewhat common among those who live and eat much more like the Europeans.

#### Other Dietetic Errors

Russell writes: "I have brought forward much evidence to show the disastrous effect of the excess in diet, of stimulants, and of alcohol, especially in the form of beer, and of hot drug drinks, such as tea and coffee, a *drug* belonging to the class of potent vegetable poisons which is the ordinary daily drink of millions of people. Moreover, these drugs are usually drunk hot."

Dr. Bulkley notes the fact that the people in the United States consume *one-third* of all the coffee produced, or more than Germany, Austria-Hungary, France and Great Britain combined.

Dr. Mayo, of Rochester, Minn., who has no doubt performed more surgical operations than any other man living, says that nearly one-third of all the cancers of man are those of the stomach. He raises the question whether it is not possible that there is something in the habits of civilized man, in his cooking or

the preparation of his food, that favors this condition; whether the taking of such hot foods does not have something to do with the development of cancer. He says that foods and drinks are often swallowed *hotter* than they can be held in the mouth, though the stomach is not so well protected as the mouth against the effect of heat; but as it does not have sensitive nerves, the injury is not immediately manifested by pain.

#### Tea, Coffee, and Cancer

Russell asserts that cancer has steadily and rapidly increased wherever there has been a steady and rapid increase in the consumption of rich foods and hot or toxic drinks, tea and coffee. He says that when natives among whom cancer does not occur, adopt this fare, they quickly become *subject* to the disease.

#### Auto-Intoxication Favors Cancer

Dr. Bulkley is convinced, after a vast experience with cancer cases, that there is a very close relationship between auto-intoxication, stagnation of the bowels, and cancer.

Dr. Arbuthnot Lane, an English surgeon of world-wide reputation, says that cancer is invariably the *last* chapter in the story of chronic intestinal stagnation. Dr. Bell insists upon the following three points as a *preventive* of cancer: thorough mastication of food, a daily complete evacuation of the bowels, and living in a pure atmosphere.

For the prevention of stagnation of the bowels, he recommends apples and carrots as especially excellent articles of diet, and genuine Graham bread, made of flour ground in an old-fashioned burr mill. He says the white bread so generally consumed is a poor substitute, and should be avoided.

We are fortunate in having here in the vicinity of Hinsdale just such a mill, and can secure genuine Graham flour for those who desire it.

#### Is Cancer Ever Cured?

Dr. Bulkley, in his recent book, records a number of cases of undoubted cancer in the early stages, where the disease *disappeared* when the patients were placed upon a strict vegetarian diet, with tea and coffee excluded, and proper attention was given to the bowels, and other hygienic measures were adopted.

Dr. Bell reports a case in which the open air treatment was given, the bowels were

thoroughly flushed every day, and the diet was restricted to non-cooked green garden stuff, vegetable juices, fruits, milk, and eggs beaten in milk; and within three months, all traces of the disease had disappeared.

#### Surgery, X-ray, and Radium

When the blood and the tissues have so nearly lost their *vitality* as to permit cancer to flourish, it is too much to expect, except occasionally, that even a thorough reformation will result in a cure. This article is written to *induce* tens of thousands who would otherwise have cancer within the next few years, to leave behind forever their juicy beefsteaks, and their toxic tea and coffee, and eat instead, plenty of fruits, green vegetables, and other wholesome foods containing the necessary "vitamines" and minerals that the blood needs, and that at the same time furnish sufficient bulk to stimulate the sluggish bowels.

Stagnation of the human sewerage system is a *more* serious matter than a similar condition in the city sewerage system. Some cases that can not be promptly benefited by diet alone can be helped by liquid paraffin. This is not a laxative, but acts merely as a lubricant. We can supply it to those who can not readily procure it at home.

At our present stage of knowledge, unquestionably competent surgery, performed in the early stages, holds out the best hope for the cancer victim. Only let it not be forgotten that the same hygienic program which would have prevented cancer in the first place should now be instituted to prevent its *recurrence*. The same principle applies equally well when cancer is benefited by x-ray or radium. None of these things can *cure* the cancerous condition in the system. Unless the *cause* is removed, they can at best only shrivel up the growth, and thus postpone the evil day.

#### The "Sure Cure" Delusion

Thus far, the so-called "sure cures" for cancer have all proved to be a "delusion and a snare"; and in view of the principles brought out in this article, they are likely to continue to be such, just as the "sure cures" for consumption were doomed to be failures. When we discovered that the consumptive needed *fresh air* to vitalize his blood, and *nourishing food* to build up his vitality, then we reached the real cause.

Unquestionably the same principle holds good for cancer; and the quicker the public becomes thoroughly converted on this point, the sooner we shall see a *mighty reformation*, and people will begin to eat for health instead of eating for destruction and disease, as they do at present. A momentary gratification of a perverted appetite is a *small* recompense for the terrible penalty that nature too often imposes sooner or later in the way of torturing death by cancer, or a wrecked brain from a stroke of apoplexy, or crippled circulation from partial heart failure, or a wretched death resulting from Bright's disease.

Every intelligent physician knows that these chronic diseases are rapidly *increasing* in every part of the civilized world; and directly or indirectly, the *root* of them can be traced to dietetic errors and other wrong habits. It can be truthfully said of this generation, "My people are *destroyed* for lack of knowledge." Hos. 4:6.

Let those who have treated *genuine* dietetic reform as a joke, tremble as they consider how *thin* and *ghastly* is the jest, when all around them are the sad and suffering victims of violated law. We have the divine assurance that as we reform, and obey God's natural law, He will add His special blessing, not only physically, but also spiritually. So "Come, and let us return unto the Lord and He will *heal* us." Hos. 6:1.

### CROSSED THE CENTURY MARK

J. R. BIRDWELL

[Not every town can boast of having a centenarian, but our nearest neighbor village to the west is now happy in the possession of such a person in Mr. Stanley, who crossed the century mark on January 12th. Mr. Birdwell, one of our medical evangelistic students, who has been attending this man in a previous illness, has written the following.—Ed.]

Jan. 12, 1916, is a date long to be remembered by all the people of Downers Grove, Ill. Both young and old united to celebrate the one hundredth birthday of their oldest citizen, Mr. D. C. Stanley. Schools, banks, and offices were closed half of the day, thus allowing the business men of the city to follow the nine hundred school children that marched by Mr. Stanley's home with banners and singing. The business men's club presented Mr. Stanley with a bouquet<sup>h</sup> of one hundred roses.

Bouquets were also received from the Sun-

day schools and from many friends. There was also received a box of one hundred choice oranges sent by a friend from California. The many letters and telegrams that were received from friends who could not be present added to the congratulations of honor to the aged man.

Mr. Stanley was born in New Milford, Pa., but has spent most of his life in the state of Illinois. When the excitement over gold in California was so strong Mr. Stanley went



NINETY-NINE YEARS OLD AND SPLITTING WOOD. THIS PICTURE WAS TAKEN ONE YEAR AGO

west, enduring many hardships on this journey. Then he returned to his old home in Illinois, and invested his gold in real estate.

Mr. Stanley's long life is perhaps largely due to his simple habits of living. He has always been a tiller of the soil—the God-given occupation to man. "Early to bed and early to rise," has been his program. He has never used liquor or tobacco in any form. His diet has always been simple and moderate.

It is not known that he ever had a quarrel with any one. He has been cheerful and thoughtful of others, his watch word being, "Mind your own business."

He has always enjoyed good health until six months ago when he fell and hurt himself and since that time he has been confined to his wheel chair.

I had the pleasure of waiting upon him during some of his recent illness and I found him to be a real gentleman, thoughtful of others and very appreciative.

Mrs. Stanley, his wife, was eighty years old last Christmas day and is still cheerfully doing her household duties.

## Some Interesting News From the Orient

R. C. Porter

[Pastor R. C. Porter, general superintendent of our missionary activities in the Orient, is now in the States and has recently visited Hinsdale, at which time he gave a report of the progress of the work among those who sit in darkness. We publish here a few of the interesting things he told us.—Ed.]

MY parish extends from the Persian Gulf all over Asia, including Japan. It has six hundred million people in it, or three-fifths of the world's population.

While visiting the work in the Philippines I was asked to hold a meeting in a place near Manilla. It was a rainy night, dark and muddy. But before the service began, the man at whose house the meeting was to be held said to me, "We have no place to hold meetings except my house, and there are more here than can get into the house. But I have an outbuilding that will accommodate them all. It is not a very desirable place, but the people are willing to go into it and they will be dry there and out of the rain, so I came to see if you would come there to talk to them." I said I would go anywhere the people would. If they could stand it, I could. So I went out pretty soon, and as I walked through the place I glanced up and saw the hens roosting on the rafters overhead, but it didn't disturb the people, and it didn't disturb me any.

### An Interesting Old Couple

At the close of the service, an old lady stepped up, and I said, "How far did you come?" She said, "I came between two and three miles."

"Did your husband come with you?"

"No, my husband is older than I and he didn't feel like venturing out tonight."

"How old is your husband?"

"Well, he is one hundred and thirty-six years old."

"Well," I said, "I don't wonder he didn't venture out tonight. Is your husband a Christian?"

"Yes," she replied. "He was baptized three weeks ago."

I said, "I must see him. My train goes early in the morning. Do you suppose I could see him at six o'clock?"

She said, "Yes, he is always up by that time."

And when I went over there the next morning with Bro. Finster, I expected to see an old gentleman, stooped over and walking with two canes perhaps and creeping around, but in place of that, he opened the door, a square shouldered man, straighter than I am, walking without a cane. He stood up and greeted us and talked as freely as we did about his hope and the gospel. I began to be just a little anxious to know how he knew he was one hundred and thirty-six years old, so I said, "How can you convince me you are one hundred and thirty-six years old?"

He said, "I have always lived in this place. I was born under the old Spanish régime and christened in that old church over there, and if you want to look it up, it is on the records over there that I was christened one hundred and thirty-six years ago."

"What diet have you lived on to preserve your health to such a great age?"

He said, "Aside from a little fish, I have *always* lived on fruits, nuts, grains and vegetables. I never have eaten any other kind of meat and very little fish."

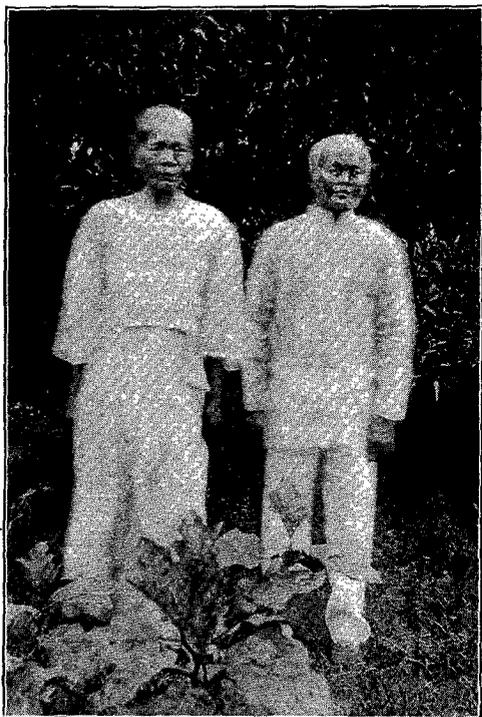
That is the *best* testimony in favor of vegetarianism I ever heard.

At the age of one hundred and thirty-six he was able to walk down into the water and be baptized into a new faith and could talk intelligently about it.

We took a picture of him and his wife. It was raining, and very early in the morning, so we did not get a very good one.

### All Vegetarians

Before leaving the Philippines I spoke to a gentleman who had been stationed there for several years, and he said he knew a number of the natives that were over one hundred years old, up to one hundred and twenty, and one died recently, it was reported in the city papers, who was one hundred and forty-two years old. And he volunteered the informa-



THE INTERESTING COUPLE MENTIONED ON PREVIOUS PAGE

tion that there was one peculiarity about all those old people—every one of them are vegetarians.

### A Family of Six Hundred Turned to Christ

Brother R. F. Cottrell was visiting churches in Honan, China, and a man, the head of a large family, had heard of him. He wrote down and said he was interested and would like to have him come to their place and preach the message to his people. Cottrell went, and said he would spend as much time

as he could with them. He landed up on the mountain top about nine o'clock at night. They gave him the best room there to sleep in, and the next morning his host asked him if he would like to have a little meeting before breakfast. He replied yes, but as there had been no announcement, he wouldn't like to trouble them at that early hour. Mr. Wong said he needn't worry about that, he would have a few come.

Bro. Cottrell supposed he would have a few gather, but they had a great iron gong suspended from a point above and he hit that thing, and when the gong sounded, within a few minutes about four hundred people came together. He was so inspired with it that he spoke the message with living power and it moved their hearts, and they asked for more meetings.

Just after the service, his host, Mr. Wong, asked if Bro. Cottrell would like to meet some of them. He said yes, so he was introduced to the first man, Mr. Wong. He said, "I am delighted to meet you, Mr. Wong."

Passing on, his host said, "Mr. Cottrell, meet Mr. Wong." "Mr. Wong, I am glad to meet you."

Then came the next, "This is Mr. Wong," and the next man, Mr. Wong.

Bro. Cottrell said, "How many Mr. Wong's are there here?"

"On this mountain top there are about six hundred, but if you count those down in the valleys and all of us, there are ten thousand."

Bro. Cottrell said, "I don't believe I need to be introduced to any more of them then, when I meet any one I can just say 'How do you do, Mr. Wong,' and I will be perfectly safe." The chief said, "That is right, you can't miss it, because they are all one family."

That is something like the old Abrahamic tribe. It was the tribe of Wong, like it used to be back in the early days, and they all settled around together and preserved the family together in one section, and they used to have feuds like the feudal days in Europe, but they said there they hadn't had one for a good many years.

When the time came for Bro. Cottrell to leave, the chief said, "Do you see that temple? That is our finest temple. We have decided to clear the idols out and have that for a Christian church."

Pointing in another direction, he said, "See

that temple? That is another of our largest temples. We want to have a school there. Can you send us a teacher?" Bro. Cottrell said he would try.

We have sent them the teacher, but they are still waiting for the preacher. When will we send him to them? It is for you here in Amer<sup>e</sup>



THE KOREAN WOMAN WHO WALKED 366 MILES TO ATTEND A MEETING

ica to say. And may God give grace to send workers for Christ to finish the work in the dark lands for Christ's sake.

#### Walked 366 Miles to Attend a Meeting

Just before I left Korea we had a general meeting. There was a very earnest Christian woman at that meeting, who walked three hundred and sixty-six miles to attend it. She came alone, but we never heard anything like a murmur from her, and when we began to talk words of life and salvation she enjoyed it.

She gave a testimony, speaking only of the light and truth that had come to her heart, how she had come down there and felt *repaid* for coming. And she went away loaded up to her ears with literature to carry back to her people three hundred and sixty-six miles away. And she was fifty-seven years old. I haven't seen greater devotion than that among us in this country? Have you?

#### SHUT OUT OF THE WORLD

This letter was written by an inmate of the Iowa Penitentiary to our Office Laborers' Missionary League, in care of THE LIFE BOAT. This League will be glad to correspond with any prisoner or any person who feels a need of spiritual help and a Christian friend.

"I received the May Special Prisoners' number some time ago and am very glad that I received it. I read every number that I can get. When I was out in civil life I bought it when I could.

"There are two articles in the May number that interest me very much. One is from Mr. Parsons, a gentleman whom I have met. I personally think that Mr. Parsons is worthy of every bit of praise that can be bestowed upon him. The other is by Miss Holberg, relating her experiences while doing her missionary work. We need a whole lot more like her in this great world.

"I am one of the unfortunates who have to spend part of their lives behind the prison walls, though I hold no ill feeling against anyone. I am here because of a misunderstanding and not having enough ready money to pay an honest debt. I will admit that old John Barleycorn was mixed up in it too. I hate to admit that part but an honest confession is good for the soul.

"I have no friends here in the United States that I care to correspond with while in here. I am serving a five-year sentence. I have been here a little over two months and in that time I have received only two letters and they were on business. I feel that I am shut out of this world altogether so I take the liberty to write this letter to you and your Missionary League. I am a native of Australia and have no friends in this country that are at all interested in me only in a business way.

"If you will send me THE LIFE BOAT regularly I will pay for it as soon as I am released from prison."

## A Satisfying Religion\*

Dr. P. T. Magan

I SUPPOSE that if there is one thing above another in our lives which encourages us and helps us, it is to know that some one else has a real deep personal interest in us. When we know that there are certain people who would almost give their lives for us; who would do anything in all the world for us, and think about us as much as they do about themselves, there is something in that which is a tremendous *stimulus* and it brings comfort and help and strength into our lives. We all recognize that. We say, so-and-so are lonely and forlorn; they have no one to take an interest in them. We say some one else is in a different situation, because he has many people that really love him and would sacrifice anything in his behalf.

It was written once by Lord Macaulay that every Puritan believed that God had a *personal*, individual interest in him, and you know I think that is one thing at the present time that is so *lacking* in the religion of today. We go to church because we like to hear a man preach, just because he is interesting. We go because there is a good organist, or some fine voices to sing in the choir, but the real thought in religion is to bring comfort and help and strength to a soul who needs it. And any religion which doesn't help a man out in time of trouble, isn't worth having, and if you and I are not getting that out of the religion which we have, we are not getting out of the religion of Jesus Christ what God designs we should. If that is just a mere form, a mere theory, we do not know the thing experimentally at all.

### Like Ten-Thousand-Dollar Beggars

I might use a very rough and crude illustration. Some one may say to me, "I have put \$10,000 to your credit in the bank." I may think that is very nice. I have \$10,000 to my credit, and yet I may go around the street in rags begging some one to give me a penny to get something to eat. Some one says, "Didn't Mr. So-and-So put \$10,000 to your credit in the First National Bank?" "Yes, I know it is

in the bank, but please give me a penny to get something to eat, won't you?"

That is the way we deal with the Lord. We admit in the Bible are all kinds of good things spiritually. We admit there is comfort for those who are sad, wise counsel for those who need it, hope and help for those in trouble, and all things we need in this life, and yet there are very, very few people that *know* what it is to really take the Bible and make its words their own; to really trust themselves on it and stand on its promises knowing God will fulfill those things just as certain as the sun rises and sets.

I have very often thought of one little verse in the 138th Psalm, the last verse, "The Lord will *perfect* that which concerneth *me*." Those were David's words and you know to make those words a real living factor in your life is a wonderful experience. You and I may say, "I want this," and, "I want that," and we go and pray for it, and don't get it.

The trouble in this case is that we do not really understand what prayer is. We get an idea that prayer is something to make God do things the way we want Him to do them. Like the child clinging to its mother's skirts and begging and crying for something and finally the mother gives it to the child, just because it pesters the life out of her. That is the way most of us pray. We think there is some kind of divine Santa Claus up in heaven and if we hang up enough stockings, and plead long enough, we will probably get the thing we are after.

### Our Prayers Are Not to Change God

Prayer is not to bring God down to us, but to bring us up to God. God is just as good as Omnipotence and Infinity and Eternity and all that is good, can possibly be, and the object of prayer is that I may commune with God and get my tangled-up, crooked soul into condition where I can appreciate the Lord and understand a little of His purpose and be willing and glad to have the Lord work His purpose out for me.

We should take that attitude of prayer that God's whole plan and everything He does is

\*Report of talk given at Hinsdale recently.

for our good, and, instead of begging Him for this and that, we will appreciate what God is trying to do, and will not ask God for the gift of the Holy Spirit in order that we may use it, but we will ask the Lord to get us into such a place where the Spirit of God can use *us*.

There is all the difference in the world between the two attitudes. The one is trying to make God the servant of the finite minds of men and women. Our minds are finite and we don't know and understand. We see through a glass darkly. We know a little, and then with our limited little puny knowledge we ask the Maker of the universe to come down to our idea of doing things. On the other hand, if we can change that basis and put ourselves in the hands of God and ask Him to do what He will with us and cause us to see light in the things He is doing, then peace and happiness is coming into our lives.

But we say even then we don't *understand* why it is that certain things are as they are. You know I love to think of those words in the 4th chapter of 1st Peter: "Forasmuch then as Christ hath suffered for us in the flesh, arm yourselves likewise with the *same mind*: for He that hath suffered in the flesh hath ceased from sin."

#### The Divine Boundary

The Bible makes it clear that suffering is one of the Lord's divine agencies to bring us nearer to God and to purify and cleanse and sanctify our lives. It is something, I suppose, that if we didn't have any of it, the world would go such a wild mad pace that we would wreck ourselves and all the hopes of posterity in hardly any time at all. But it is the very thought that God has put restraint and suffering and pain, into our lives which in a way act as a divine boundary and keep us all where we *belong*. So we have that Scripture, "Forasmuch then as Christ hath suffered for us in the flesh, arm yourselves likewise with the same mind: for He that hath suffered in the flesh hath ceased from sin."

Now, when suffering comes, instead of complaining and finding fault and worrying about it, God wants us in the midst of that suffering to *arm ourselves* with it. You think I am in no shape at all to fight any battle when suffering, but we must remember the *hardest* battle in the universe was fought when Christ was

suffering on Calvary for the salvation of us in this room this morning. The same road He followed, God has given to us. He has ordained some trouble and pain and woe in our life. You know you have to crush a flower or leaf to get the real fragrance out of it and pretty nearly you will find the same rule true everywhere. You may remember it says in Isaiah the bread corn is *bruised*. Try to nibble corn from the cob and you'll not get much out of it, but *bread* corn is bruised.

The word Bethlehem, the name of the place where Christ was born, means the house of bread, and all through the life of the One who was born there you have the idea of bruising and suffering. And if God gets the very *best* out of our lives, if we fulfill our mission to the world, it is only going to be because we pass through some of that bruising; some of that tribulation, and some of that trouble. And so when tribulation and suffering come to us, we want to thank God that *all* things work together *for good* and that He does do all things well and that in those very things He is trying not only to save us in this life and save our souls for the world to come, but trying to make us bigger men, better women and souls who will really be bread corn and a help and a blessing in every way to those around us.

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#### GOD'S FOOTPRINTS

An Arab guide was leading a French infidel across the desert and frequently the Arab guide would get down in the sand and pray to the Lord. It disgusted the French infidel; and, after a while, as the Arab got up from one of his prayers, the infidel said:

"How do you know there is any God?"

The Arab guide replied:

"How do I know that a man and a camel passed along by our tent last night?"

"I know it by the footprints in the sand."

"And you want to know how I know there is any God? Look at that sunset! Is that the footprint of a man?"—*Christian Herald*.

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#### PLEASED TO GET IT

(From a Prisoner in Indiana)

"I thought the little magazine was just fine and I read it from cover to cover and I found it to be very good reading matter. I was well pleased to get it."

## RESCUE WORK AND ITS RESULTS

KATE D. SANBORN

Matron Life Boat Rescue Home

[Extracts from a talk given at the mid-winter convention.—Ed.]

If ever there is a class of people in the world today that needs the comfort and joy which a knowledge of the soon coming of Christ brings, it seems to me it is these girls with their sad and disappointed lives. Many of them are not hardened sinners, but they simply have made a misstep, and are waiting for some one to hold out a helping hand to them and assure them that God has not forsaken them. They have a bright future before them if they will only allow God to plan their lives.

I believe eternity alone will reveal the good accomplished in the Home. We find very often the girls who have really been blessed the most are the girls we have been most discouraged with while they were in the Home.

The place has to be kept in order, of course, and that gives a general all-around training in domestic work. There is the morning and evening worship, and special studies for those who are particularly interested, and then the daily diet. They notice the difference in the diet and often questions are asked on principles I can not explain here. We also have class work in hydrotherapy and general health principles.

I will speak of one girl who was in the Home when I went there. Her father told me it seemed as though all through her life, even in babyhood, it seemed impossible for her to tell the truth, and in the Home she had the name of not telling the truth. She would tell a fib when it was absolutely unnecessary to do so. She had a fair education in some ways, but

was untidy, and it seemed almost impossible for her to do her work right. I thought, there was a girl who would not be blessed in any practical way by the Home.

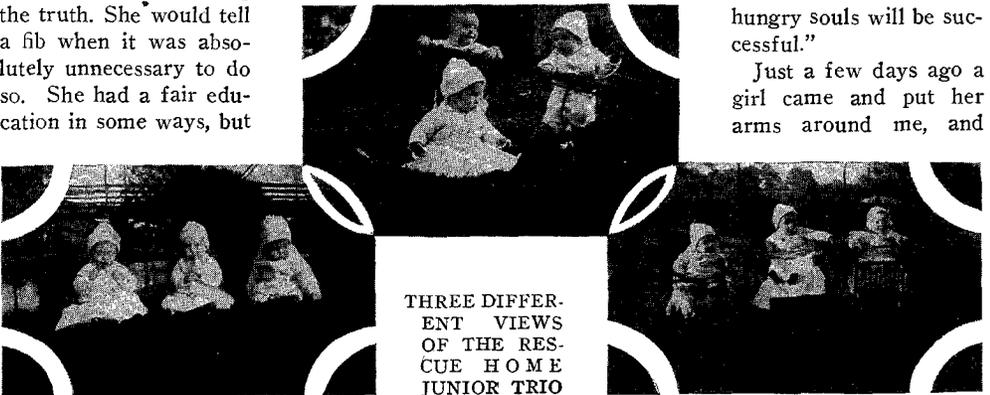
Months and months afterward we got a letter telling what an influence the Home had had on the life of that girl, and what a change had been made in her life.

Another case of a girl in the Home when I went there. She had been converted in the Home and was baptized, but I found her in a discouraged condition. She said the truth made more impression on her when she came to the Home, but she didn't care now and was going to worldliness again as soon as she left there. We hoped she would leave soon because we were afraid she had a bad influence on the rest of the girls, but no opportunity seemed to come to her to go, and afterwards we talked it over and thought perhaps the Lord wanted her there a little longer, and perhaps if we got at her right, she would take hold again, and so we reviewed some of the Bible lessons with her and she became deeply interested and took courage again. A home was found for her in a minister's family who had to go to the farm on account of his health. Some time afterwards we heard from them how well pleased they were with the girl and she sent tithes showing she was faithful.

Lately we have had sickness in the Home and I have not seemed to have much time for spiritual work on account of it, but I have held up the promises of God to Him when I have had so little opportunity to talk to the girls in a spiritual way, and this thought came to me: "Those who beg at midnight

for loaves to feed the hungry souls will be successful."

Just a few days ago a girl came and put her arms around me, and



THREE DIFFERENT VIEWS OF THE RESCUE HOME JUNIOR TRIO

said, "I am not sorry I came to this Home. Just think, I have found the Lord and will turn to Him again." And it is these experiences that make us forget the heartaches



BESSIE AND HER LITTLE BROTHER NORMAN WHO ARE BEING CARED FOR TEMPORARILY AT THE GOOD SAMARITAN INN AND THE HOME, RESPECTIVELY

and hours of discouragement as we look forward to the time when I trust we will meet many of those dear girls in the kingdom of God.

### ANOTHER LOOM WANTED

CAROLINE LOUISE CLOUGH

We need another loom at the Rescue Home on which to weave our rugs. This time we desire to purchase a fly-shuttle loom so that the weaving can be done in much less time, thus reducing the cost of production of our splendid rugs.

The manufacture of these rugs has proven

to be a valuable feature of the Home economy and has contributed considerable toward the maintenance of the Home during the past year, but our sales so far have been to the retail trade. We want to supply the stores, and to compete with other prices we must find a way to make the rugs in less time.

We find we can procure a splendid new fly-shuttle loom for fifty dollars, and if some of our friends will help us to get this we shall be thankful. During the next few months will be our harvest time as the rugs will be in demand at the opening up of summer.

### WANTS IT EVERY MONTH

(From the Dannemora, N. Y., Penitentiary)

"I will write you a few lines to let you know I received the two copies of your LIFE BOAT magazine. I thank you very much for them. I hope you can send them to me every month as there is some fine reading in them. I never read THE LIFE BOAT outside, if I had, I don't think I would be in prison today as it tells you how God can save sinners. I have only a few months longer to stay here and with God's help I will walk the straight path instead of the crooked path.

"I hope God will help you out with the good work you are doing there and bless you from day to day."

### PRACTICAL MINISTRY

ROSE MAX

[This report was given by Miss Max at the mid-winter convention. Miss Stiles and Miss Max, both members of the medical evangelistic class, have been working together in house-to-house visitation work in Chicago. The tasks which confront them are varied, but with God's help they cheerfully do anything to bring comfort and cheer.—Ed.]

To begin with, I want to say there is no line of school, or gymnastic work that I ever engaged in that is so fascinating as this, nor as satisfactory. One day while doing house-to-house work I went alone. I didn't like to very well, but Miss Stiles was with another girl and I prayed the Lord to direct me to the next place.

### Teaching a Lesson of Faith

One home I came to the woman didn't want me to come in, but I told her about our work and she said she was once a nurse herself, so she invited me in. She said she once lived in a nice home, but through her husband's drinking they had come to poverty. She was now

working in a factory and worked eleven hours a day and got fifty cents for it. The next Monday was her birthday and she had a fifteen-dollar rent bill to pay, and instead of having money ready for it, she had only fifteen cents and that was all.

I told her that we were Christians and when we got into difficulty, we took it to the Lord in prayer. I asked if she didn't want to pray, and I had prayer with her and when we got up from our knees she had tears in her eyes, and said, "I feel as though you are an angel. I have been so discouraged and you have given me new light." And she asked me to come often, and I have gone in several times since. Her husband hasn't worked yet, but I gave her a few Scriptures and told her to trust in the Lord.

#### Asked Help for Her Sons

Another woman we went to see, we left papers but she did not seem to care much about them, but said she would read a few articles. We talked about our work and we read the Bible to her and asked if we could pray with her, and she said when we left, "I feel as though you are closely connected with the Lord. I have two sons, one of them has gone to drinking and the other has gone into the world, and I am so burdened for them. I know you live close to the Lord and I wish you would pray for them." So, of course, we promised to pray for them, and Miss Stiles and I have done so.

#### Cleaned the House and Did the Washing

We went to see another woman. Oh! it was the worst place I was ever in. She lived in a basement and had eight children. She was sick in bed and the house was dirty, and the children didn't have hardly anything to wear and hardly any food, and what they did have was scattered all over the place.

The day before was wash day in our home and I was tired, but I asked the Lord to give me strength and courage to go in and work, and Miss Stiles and I asked the Lord to help us make the sun shine in that house even if it was not shining out-doors; so we cleaned the house. Then we asked her to get the washing together, and she had a good lot of it, too. We washed out all the white clothes, and got through at four o'clock in the afternoon, and left the colored clothes to soak. The next

day I wasn't able to go in, but Miss Stiles went and finished up and the lady thought we were angels to come and help her.

#### Prayed for the Baby to Sleep

I took care of a sick baby for about a week one time, and it seemed like it cried night and day and I had to have some sleep, so I prayed the Lord to give the baby sleep at night, because it needed the sleep as much as I did. I gave the baby his bottle and all the time it was nursing I prayed the Lord to make the baby go to sleep when it got through, and towards the last, it would sleep the whole night through and I knew it was the answer to prayer. I knew I couldn't do the city work all day and take care of the baby all night, too. I knew the Lord was close by me.

#### "Jesus Going to Make Mama and Papa Good"

We went to the jail one Sunday morning and I went to the annex part and there were two boys there, dirty little beggars they were, too; but they seemed to want to be loved. I took one in my lap and asked him where their mother and father were. He said they drank, and a policeman brought them there, so I concluded they were driven from home. They didn't know who Jesus was, so I told them about Jesus and if they would ask, Jesus would make their mama and papa good. He would hear them and they could go back and have a nice home. And when we prayed for the girls, the little fellow looked around and saw his brother sitting up so he got hold of his brother and said, "Kneel down because Jesus is going to make mama and papa good, and *you* pray, too." That child seemed to get the point and he prayed to Jesus for "mama and papa to be good."

We have had so many experiences like this, one after another. They all are not as satisfactory as we would like to have them, but we know the Lord is with us and is blessing our work.

### A FEW EXPERIENCES OF ONE DAY'S WORK

PEARL M. STILES

Member Medical Evangelistic Class

My first day's work in the city, after having been off duty for three weeks, was one of joy and interest to me. We made only eight calls,

but in every home we visited we were welcomed as old friends.

Our first visit was with a dear old lady whom we met early in the summer, and, who, because of a kindness we did her by giving her some treatments during an illness, had opened her home to us while working in her neighborhood.

Many times we have thanked Heaven for this home, for it indeed proved a home to us, as also she has proved a mother. After a little visit with her, we had prayer together and each one of us was strengthened for the day's work before us.

We next called on a happy aged couple. The husband is an invalid and unable to walk about much. His chiefest pastime is reading, which he enjoys very much. I had previously left with them the book entitled, "Thoughts on Daniel." This they had read evenings, and had so greatly treasured its contents that the wife said, "We read it as a book almost like the Bible."

Another home we visited was one in the basement of a three-story flat, so dark that the gas had to be lighted when any work was done. In this family are eight children, their ages ranging from thirteen to three years. The mother was ill and so discouraged that she could hardly talk to us at times because of the effort to choke back her tears. We remained with her a while and talked to her of the great love of God and of the soon coming of Christ, and at this she brightened up and seemed more cheerful. We told her we would visit her often and do all that we could to help her. And when we left she was of much brighter hopes and better courage.

Next we visited a lady who has just recently given herself to Jesus. We have been giving her Bible readings, and she is so interested and anxious to learn that it seems that she can not drink in the truths of the Bible rapidly enough to satisfy her thirst for them. She is so anxious for the salvation of others that she goes out and gathers in her neighbors to the Bible readings so that they may receive the same benefit that she herself does from them. At the close of our visit we had prayer with her, and I think I shall never forget the sweet simplicity of her prayer, and how she pleaded with God to please give her strength to live her life for Him.

Our last call was on a Swedish family who

lives in the attic of a three-story flat. The home is almost destitute of furniture and the family seems to be just about as scarce of clothes. I can hardly say that I know the father, but the mother is of a mentally progressive nature, and, I think, one who would make more of life if the opportunity was hers. She is not a Christian but seems anxious to study the Bible and learn more of its teachings. Before leaving we made an appointment with her for a Bible reading.

Although I am earning nothing in this work, yet I feel that it is the best position I ever had. For in doing personal work for souls one is brought to the conclusion which Christ expressed in His prayer in John 17:19, "And for their sakes I sanctify myself, that they also might be sanctified."

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### "LOOKING STRAIGHT TO GOD"

(From the Deer Lodge, Mont., Prison)

"I received your kind and welcome letter last week, also THE LIFE BOAT, which I enjoyed very much. I do so love to get a Christian letter, it seems to revive the soul. I had written to several people and got no reply but from you and one other. I know you have lots to attend to so I'll not feel hurt if you don't write again, but I shall keep looking for a letter just the same.

"My old friends have all forsaken me, but I knew they would, and I have had that experience of trying to live a Christian life before, and man has been my downfall each time, so this time I promised God if He would give me another chance, man would never come between us. I made my last start Feb. 8, 1914, and Feb. 21, 1914, I was arrested, and Satan with all his host tried to take the fort, but God was with me through it all.

"Yes, I am looking straight to God. Had I been looking elsewhere I would have fallen. How I wish I could be out of here where I could do something for the Lord. This has been a good lesson for me. I can see now what I could do when I get out, and am sure the Lord will prepare the way in due time.

"After reading of your work in THE LIFE BOAT it makes me anxious to do something too. It may be that my work is right here, and if so, then I am willing to stay, but it does not seem right. His will be done, however."

# Is Russia a Nation of Destiny?

David Paulson, M. D.

FOR centuries Russia has gone on conquering, and to conquer. She has annexed new territory until now she controls *one-sixth* of all the land surface on this earth. Napoleon thought *he* was conquering Russia. Directly he discovered she had conquered him.

Japan had apparently beaten Russia to a standstill, but that very year Russia made England, her old-time enemy, her ally; and now she and Japan are apparently working hand in hand to a common end.

The popular supposition is that Russia is again all but conquered; but now she is coming back, and German official statements admit that she is vigorously on the offensive.

## Stanley Washburn's Opinion

Stanley Washburn, the veteran war correspondent, has just arrived in Washington after having been with the Russian army practically since the beginning of the war. During that time he has had opportunity to talk with Russians from the Czar himself down to the humblest peasant. He has had unparalleled opportunities of studying the entire Russian military system and he says that "Russia is the country which will *win* the present world war for the allies." He says Russia can sacrifice five million men to accomplish victory in this war. None of the allies except Russia can make such a sacrifice. He further added, "Russia is to me today the most interesting country in the world. It is so because of its *great potentialities*. France, Germany, Great Britain, and the United States are well developed. Russia is not more than *one-tenth* developed. What the future has in store for Russia is *beyond* man's imagination."

## Some Interesting Prophecies

Three thousand years ago, Isaiah the prophet, caught a glimpse of the great modern missionary movement. In the 49th chapter, he saw converts coming from the north, and from the west, and also "These from the land of *Sinim*," the ancient name for China. 12th verse. The China Inland mission alone has had in less than a generation nearly thirty thousand converts.

The Lord also announced Cyrus, the great Persian general and king by name, generations *before* he was born. (Is. 44:28.) He

even revealed that he would say to Jerusalem, "Thou shalt be *built*"; and to the temple, "Thy foundation shall be laid." 28th verse.

Two hundred years later it was written, "Now in the first year of *Cyrus* king of Persia, that the word of the Lord . . . *might be accomplished*, the Lord stirred up the spirit of *Cyrus* king of Persia, that he made a proclamation throughout all *his* kingdom, and put it also in writing, saying, Thus saith *Cyrus* king of Persia, . . . The Lord God of heaven . . . hath charged me *to build Him* an *house* in Jerusalem." 2 Chron. 36:22, 23. The hopes of the children of Israel had been crushed, and they had been scattered to distant lands. There was apparently no future outlook for them, but prophecy had declared two hundred years before that a man by the name of *Cyrus* would arise and build Jerusalem, and the "Scripture *can not* be broken." John 10:35.

## Did God Anticipate Russia?

What has all this to do with Russia? Nothing, except to prove that if God has spoken concerning Russia, it will be *fulfilled*, no matter what the present human outlook may be.

In Ezekiel 38, we read these words, "Son of man, set thy face toward *Gog*, the land of *Magog*, the prince of *Rosh, Meshech and Tubal*, and prophesy against him." 2d v. R. V.

Here the Bible mentions Russia by name in *advance* just as it did *Cyrus* before he was in existence. In "Rosh," according to Gesenius, the great Hebrew lexicographer, is the first trace of the Russian nation. The descendants of *Meshech* settled near the Black Sea, and came to be known as *Moschi*, and later as *Muskovs*, and later, as *Rawlinson* says, they were called *Muskovites*, and built *Moscow*. In fact, according to the *Encyclopedia Britannica*, *Muscovy* was the name of Russia until about two hundred years ago, and she is still known by that name in Asia, so we have in this prophecy, Russia designated by name *twice*.

God further declares, "I will bring thee forth, and all thine *army, horses and horsemen*, all of them clothed with all sorts of armor, even a *great company* with bucklers and shields, all of them handling swords." 4th verse. Every schoolboy knows that the Cos-

sacks are generally horsemen and that Russia prides herself on the number of cavalry she can put into the field if necessary.

The fifth verse then prophesies concerning Russia's allies, "Persia, Ethiopia, and Libya *with them*; all of them with shield and helmet."

Ten years ago Russia had nothing to do with Persia. Every one remembers the "Shuster incident." That bright, brilliant American went over to manage the Persian finances and during his administration he was driven out and Russia and England came to an understanding in reference to Persia; England taking the southern part, and Russia the northern part as zones of influence, and literally to control them.

Again, ten years ago, Ethiopia or Egypt was in no way an ally of Russia. Now she is through the English influence.

"*Libya with them.*" That is a part of northern Africa, which is already controlled by the allies of Russia.

#### Notice the Parts Assembling

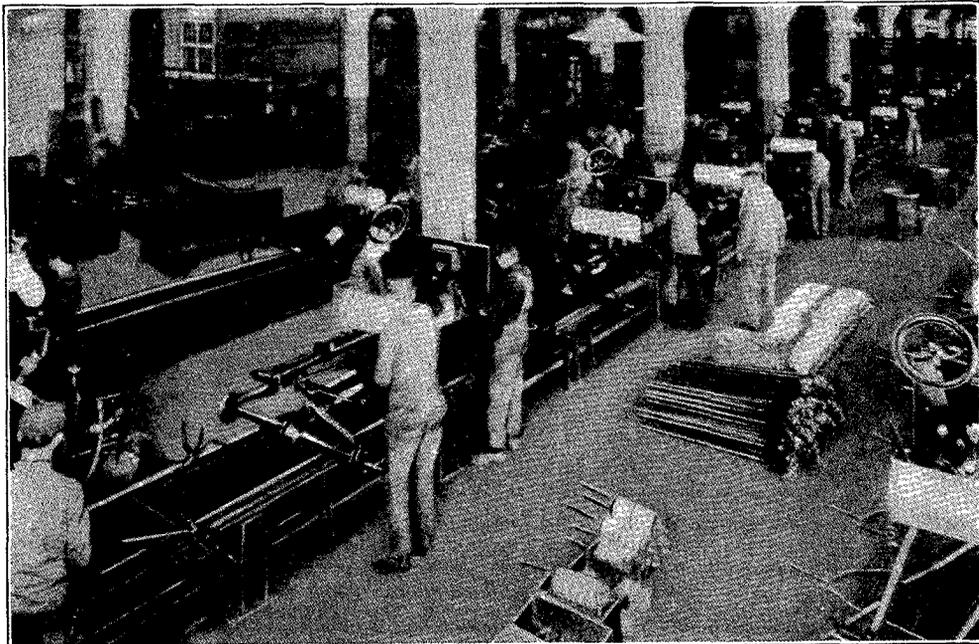
I recently went through Ford's great auto-

mobile factory in Detroit. The most interesting thing that I saw was the assembling of the parts. It was a wonderful thing to see in a few minutes' time a complete machine brought together.

So it is a wonderful thing to see the parts assembling that *fulfill* prophecy. When Shuster was forced by Russia to leave Persia, I wrote "Shuster episode" in the margin of Eze. 38:5, for I had seen that part assembled.

"Gomer, and all his bands." Gomer was the progenitor of the Celtic race. Some of them are already allies of Russia. "Togarmah of the *north quarters*, and all his bands." 6th verse.

Togarmah settled in the country where the Armenians now live. Russia does not *now* control that country, so that part has not *yet* assembled. We read that the Turks are killing off the Armenians, so when this war is over, the Armenians will have no love for the Turks. Something will yet happen so I can write "Armenia" opposite that verse, for the Bible declares it will yet become one of the allies of Russia.



ASSEMBLY DEPARTMENT, FORD'S MOTOR FACTORY

At the Farther End of This Carrier the Rear Axle Is Let Down. As It Travels Forward Other Parts Are Dropped on and Adjusted by the Workmen, and So, in Turn, Each Part Is Assembled, Until Finally a Complete Automobile Is Driven Away From This End of the Carrier Every Thirty to Fifty Seconds.

### The Divinely Appointed Program

"Be thou *prepared*, yea, *prepare* thyself, thou, and *all* thy companies that are assembled *unto thee*, and be thou a *commander* unto them." Eze. 38:7, margin, R. V.

Russia is now making military preparations as never before in all its history, and the Bible prophecies that Russia is yet to become a commander or *leader* among its allies.

If Stanley Washburn is correct, that Russia is the country which will win the present world war for the allies, she will naturally become a leader among them. Then *that part* of this prophecy will have been assembled.

How may it come about? The English people are quarreling among themselves. Lloyd George has publicly stated that the workmen are drunk so much of the time that they can not make enough munitions of war, and up to this very day, England has not had the courage to correct this great evil of intemperance in her midst, while Russia with one stroke has banished its great liquor evil and already the beneficent results that are nothing short of marvelous, are seen all over the nation. Although engaged in this terrific war, in one single month, the people put more money into savings banks than in any one entire year before the war was undertaken. That is the economic side of it. But that is only a faint illustration of the physical and mental benefit. Nobody but the Lord knows what this people may accomplish after having been delivered from this awful curse of intemperance.

My Bible says Russia will be a commander of them. Watch for the parts as they assemble. This war may not bring it about; then keep on watching. Why? For it is precisely in *our day* that this chapter is to be fulfilled.

### A Latter-Day Prophecy

"After many days shalt thou be ordered forward; in the *end of years* shalt thou come into the land that is recovering from the sword, and is gathered together out of many people, against the *mountains of Israel* (Palestine), which have been *ruined* for a very long time." 8th verse, Jewish version.

Every one knows how Palestine has lain waste for generations. "But it is *brought forth* out of the nations, and they shall dwell *safely* all of them." 8th verse.

It is in our day that there is a movement

on foot to make Palestine again the "Holy Land" and a *neutral* nation. The Jews have their great Zionist movement to that end. Newspaper dispatches inform us that the Pope desires Palestine freed from the Turks so as to preserve the *sacred memories* of Palestine. If the Turk is crushed in this war, perhaps Palestine will be declared neutral territory, so that those who shall gather there from the nations shall dwell *safely*.

Sir Edward Grey stood up in the British Parliament the other day and declared that England was in perfect sympathy with Russian ambitions in regard to Constantinople. As the *Chicago Tribune* says editorially, "This marks a striking *reversal* of English policy, for it has been England more than any other power which has thwarted those ambitions in the past."

Humanly speaking, neither England nor Russia are yet able to conquer Turkey, but watch for the parts as they assemble. Russia herself has declared, "Our confidence is *unshakable* that the ill-advised intervention of Turkey will only *hasten* the *fatal issue* to that empire and will open the way for Russian settlement of problems on the Black sea coast which *have been handed down* by our ancestors."

Next month we will consider some more of these prophetic hints concerning Russia.

### A NEW LIFE-SAVING STATION

GENE M. SCOTT

Along the shores and dangerous places there are stations with life boats for the saving of travelers on the storm-tossed sea.

Some few weeks ago our life-saving station, The Life Boat Mission, was opened for the saving of souls on the storm-tossed sea of life.

From the very beginning we have recognized the hand of God working with us, and by His Spirit He has led many souls to the mission. The opening evening we had a splendid attendance and with some help from our sanitarium family special music was rendered. Mrs. C. L. Clough spoke about the old Life Boat Mission and its work and wished that the new mission might be a continuation of the old work of saving souls. Bro. H. M. Walen also spoke of the future plans of the mission.

Several in the audience had been patrons

of the old Life Boat mission and told of the many blessings that they had received there.

After the evening meetings are over the men frequently stay for special prayer and spiritual talks and several of these men have made a new start.

Surely this is a great field of labor and to every man is given his work, not one is excused. Each has a part to act according to his capacity. No one will be able to resist temptation, to answer the purpose of God, and to live the life of a Christian, unless he shall take up his work, be it great or small, and do that work with conscientious fidelity.

### A TESTIMONY

This testimony was given at the Life Boat Mission on the occasion of the opening of the mission Friday night, December 24, 1915.

"Two weeks ago in a little meeting down stairs (in Mr. Kemp's Treatment Rooms) I came back to the Lord, and with the Lord's help I intend to keep following Him straight ahead. I broke my foot and became discouraged and started drinking and got down in the gutter, but I was converted in a little meeting downstairs. Since then the Lord has been keeping me and I have been very well. They almost despaired of my life but the Lord blessed the treatments that were given. I believed the Lord is going to heal my broken foot and so I can soon go back to work."

### THE NEW LIFE BOAT MISSION

H. M. WALLEN

[A few weeks ago the finger of Providence seemed to point again toward opening up the Life Boat Mission in Chicago.

Twelve long years the Life Boat Mission was conducted on State street. It was a beacon of light that came to be known nearly all over the country, but as the workers began to scatter, a group of them having to bend their energies to establishing the work out here at Hinsdale, it seemed wisdom to close it for the time being. Now it is being reopened at 34 South Desplaines street, which is between Madison and Monroe streets.

Brother and Sister Scott of the medical evangelistic class and Brother Walen, who took the medical evangelistic course last year, are especially leading out in this effort, and a group of other Hinsdale workers go in every night to assist.

Already the Lord is richly pouring out His blessing on this effort. We invite our friends, when they have to spend the evening in Chicago, to visit the mission. Walk west three blocks from the new North Western depot on Madison street till you come to Desplaines street. Then half a block south and you are at the mission.—Ed.]

The Life Boat Mission revived is surely the outcome of God's leading hand. The location of the rooming house that occupies the same

building was the outcome of prayer. When the Paulson Brothers were looking for a location for a rooming house, they were directed to this building and they found a very poor outlook. It was anything but encouraging. It meant an expense in cleaning it up that they could not meet.

So they left it with the Lord that if they were to take it the agents of the building would be willing to make certain repairs and improvements. This the agents did and now there is a clean rooming house conducted by these men. In the basement is the well-kept treatment room conducted by Brother and Sister Kemp, and the Life Boat Mission is in a commodious room on the first floor. We can surely see the leading hand of the Lord in all this work.

Bro. Scott and I found the room which the mission occupies needing a good cleaning, so we started in about ten days before Christmas and we held our first meeting Christmas Eve.

When we think of this large city, it seems an impossible task to warn every one of Christ's soon coming, but God has ways that we know nothing of in saving souls.

We are three blocks west of Union depot, and also from the new North Western station. The mission is located at No. 34 South Desplaines Street, in the heart of the rooming district. Saloons without number, and five-cent theaters are in every block. There are precious souls in that district and we are praying the Lord will use us as instruments for their salvation. Every day we can see God's hand at work; souls are inquiring how they can throw off their wrong doings. As one man said, "I would give all I have to get rid of this habit. I want peace."

We see a vision of what can be done for them and we are hoping soon that a suitable place will be provided where they can be cared for for a short time to recuperate and be brought more fully to Christ. Jesus is our only help and we can co-operate with Him to the saving of humanity.

Intemperance and the tobacco habit become a disease, and often have to be treated as such.

What is needed next is a good hygienic restaurant where good wholesome foods can be had. One man, in speaking about food after Dr. Wolfson's lecture one evening, said:

"I believe if I could get such good food as rice, oatmeal, etc., it would help me and take this burning out of my stomach. Everything is so wretched in the cheap restaurants near here." He was patronizing the five-cent lunch places. It is as he says, even in the best cafeterias it is hard to get simple food. We need a restaurant that can serve good wholesome meals at nearly cost so these souls can get the proper nourishment. We have among our number those who are willing to take up such a work as soon as means can be had to carry it forward.

The Life Boat Mission has its work and we invite those who are interested in such work to co-operate with us that storm-tossed souls shall find it a harbor of refuge. And as in the days gone by the old Life Boat mission on State Street did such a great work, we hope this one will be used of God to the salvation of many souls.

We are very much in need of a piano, as the instrument we now have is a small folding organ, rather hard to work, and a piano would be much better in singing praises to God. Any who would like to donate one or give a donation to help get one can do so by sending same to THE LIFE BOAT. It would please the workers as well as those who come to worship with us to see such an instrument there and it would give you a part with us in bringing encouragement to these wayfaring souls by songs of praise.

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### SOWING SEED UNDER DIFFICULTIES

LEON SAMKOFF

34 South Desplaines Street, Chicago

[Brother Samkoff is a converted Russian Jew. He is helping Mr. and Mrs. Kemp in their missionary treatment room work and is also visiting among his own people. We publish the following from reports he has sent in.—Ed.]

The work in the city reminds me of the parable of the Good Samaritan. The priest and the Levite pass by and don't pay any attention to the robbed and beaten man on his way from Jerusalem to Jericho.

Visiting the homes draws me nearer to my Saviour. My path grows brighter, my burden is lighter when I know that I can bring a ray of sunshine into the homes of the poor.

The native Russians are drifting away from the church because they are disappointed with the lives of the priests and they wait for somebody to come and give them something

better. I am very thankful to my Saviour that He gave me a small part in His great vineyard to bring the last message of mercy to my Russian people. I have had many blessings the past month. When I go to a home I ask them if there is anyone sick that I might relieve their suffering. Then I ask them if they will buy Russian books. Very seldom you will hear "No."

About two weeks ago I entered a Jewish home and spent about three hours speaking of the second coming of Christ. But many of the Jews in our day don't want to hear anything about Christ. The Russian people hear gladly about the second coming of Christ and ask me how they will be ready to meet their Saviour in the great day of His judgment.

One evening last week I went into one of the Jewish restaurants with some "Good Tidings" magazines and asked the men in the restaurant to buy. When they learned that it was a missionary magazine, as they called it, they told me to get out and never come back again.

From this place I went out and came to a Jewish bakery. Here they learned that I was a Jew and now believe in Christ. Then they asked me if I could give a reason why I believe in Christ as the Messiah to the Jewish people. I answered, "Yes, I will do so gladly." They showed a real interest in the message.

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### HEART-BROKEN AND FAR AWAY

(From a Prisoner in Wethersfield, Conn.)

"I received your letter and was very glad to see that somebody on the outside remembers me. I also received THE LIFE BOAT and read it with great interest. Especially my eyes fell on the article, "This War a Prophetic Landmark." On page 11 I saw an article in which some one said it costs to be a friend and have friends. I have found that out. It did cost me to have friends and I can see it every day so clear that it costs to make friends.

"Now, today, I am old, and gray and far away, heart-broken, and where are my friends now? But all this I can easily forget and forgive, but I long for my beloved ones, my own flesh and blood whom I raised up with so much difficulty. Christmas time has gone and I have not heard one word from any of my children."

# The Cigarette and Crime

D. H. Kress, M. D.

THE cigarette and crime are intimately associated. Practically all the youthful criminals are victims of the cigarette habit. The association is so common that judges of juvenile courts and others who have most to do with youthful criminals have been forced to conclude that the cigarette is the leading causative factor of youthful criminality.

The victim of the cigarette habit is a drug fiend as certainly as is the one addicted to the use of cocaine or heroin. Cigarettes are used *solely* because of the *drug* effect obtained, which in fact is very similar to that derived from these other drugs, and the one is about as difficult to give up as the other.

The cigarette produces in the boy not merely a criminal tendency, but what may be more properly termed a moral and criminal insanity,—a condition in which the disposition toward theft and murder becomes almost irresistible. He could not, if he would, be anything but what he is, so long as this habit controls him. His moral sense of what is right and what is wrong is unreliable.

As an illustration of this, I will cite the case of a boy who was bright, promising, and exceptionally obedient up to the age of eleven years. At the age of twelve a change in his disposition and habits was observed, the cause being unsuspected by his parents. He became nervous, irritable, deceptive, disrespectful to his mother, coarse in his conversation and conduct, careless in his dress, and slouchy in his gait. Petty thefts were discovered from time to time and unmistakably traced to him, but these always met with a firm denial, until almost forced to admit them. When rounded up in this manner, he would for a few minutes appear very repentant, and would promise to do better, and then shortly begin cutting some coarse jokes, talking flippantly, apparently forgetful of what had taken place. The boy had a good home and was well provided for. It was not until he stole a large sum of money that the discovery was made by the parents that he was a cigarette addict. By this time he had unmistakably developed a form of moral or criminal insanity. By being deprived of cigarettes for a couple of months

through a severe illness a change for the better at once took place in his disposition.

Nearly every one of the youthful automobile bandits and criminals that have terrorized our large cities the past few years, both in America and Europe, I have discovered by careful inquiry, are cigarette fiends. To this there is no exception that I have been able to discover.

The cigarette habit being a drug addiction just as is opium, the children of cigarette addicts are more apt to be defective physically, mentally and morally than children of parents who are non-smokers. The unstable, nervous system and weakened will power of such boys naturally makes easy victims to drug habits. The youthful criminals of today are not merely victims of this cigarette habit, but usually are the sons of cigarette or tobacco addicts.

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## ALONE, FORSAKEN

We recently received the following letter from the Stillwater, Minn., Penitentiary, addressed to the Office Laborers' Missionary League. If this brother, like so many others, could only get a glimpse of the love of God, and see how the Lord has been striving with him all these years to repent of his sins and turn to God, he would come, acknowledging his transgression, for we "all have sinned, and come short of the glory of God." "There is none righteous, no, not one: There is none that understandeth, there is none that seeketh after God." Rom. 3:23, 10, 11. To those who feel that they are innocent, yet at the same time are tempted to reproach God, I wish to call your attention to Is. 59:1, 2. God is the same God of love today as ever. He changeth not. When we humble ourselves before Him He will lift us up.

"Yes, I am one of the 'shut-ins.' The prison bars stare me in the face from one day's end to another. I am utterly disgusted with life and only longing for the end. I know this may seem absurd and foolish to you, but it is the truth.

"Once I was happy, surrounded by wife and children. Now all is changed, deserted by wife, children scattered all over the States. God

alone knows how they are getting along.

"For four long years I have been in this place and I know not when, or if ever, I leave it.

"Yes, I would like a letter from a friend or two. I am discouraged; have no ambition left; don't care what happens any more. And the more I read the Bible the less I believe in it. Why? Because from experience. If it is the word and laws of our God and Saviour Jesus Christ, then I have been forsaken by Him, because I know in my own clear conscience that I have no business here, that I am held for something I never even thought of doing.

"Well, I hope you can find some way of showing me light. God knows it is dark at present."

### "GET BUSY FOR JESUS"

Several years ago we began correspondence with a poor woman who had been terribly buffeted about by the devil and who had almost lost hope. She came back to God, gave up her old sinful life and has been spending her spare time since then in helping others up. We are cheered to get a letter like the following. What the Lord has done for this woman He can do for other women if they let Him.

"Your letter received today. So glad to hear from you again. I wrote you some time ago how lonely I was. Then these thoughts came to me, what business have I to say I am lonely when I am free and can go when I want to, stay as long as I like, no one to say anything.

"As I look around me I see so many that I might help in many ways if I will but get busy. So one week ago Sunday I started out to get busy and attend all the meetings I could and get all I could out of them and then go give it to some shut-in. And so I have been busy. Was in five meetings this last Sunday, one of which was the jail meeting. I had a chance to talk to ninety-nine prisoners.

"I just let Jesus have His way with me and Sunday night I was a happy woman because I had done my best for Him who has done so much for me. So you will never get a letter again saying I am lonely because as a Christian and one that is free to go or come as I please, I have no right to say I am lonely.

"I heard Sunday night in church of a lady within a mile of me that has not heard a prayer offered or hymn sung in over a year. Oh, if we will only look around us we can find plenty of work for Jesus and that is the best way to get the best of the devil. Just get busy for Jesus."

### ECHOES FROM THE MID-WINTER CONVENTION

CAROLINE LOUISE CLOUGH

The mid-winter convention this year began Thursday evening, Dec. 30 and closed Monday morning, Jan. 3. This was our seventh annual mid-winter assembly.

Our thoughts naturally turned back to the splendid ministry of Pastor O. A. Olsen, who had been such a help in these gatherings and who was with us last year, but passed away soon after.

This year Prof. J. G. Lamson of Grand Rapids, Mich., acted as chairman and gave the opening address. The key-note of the entire convention was struck the first night when Prof. Lamson read from Isaiah 61: "The Spirit of the Lord God is *upon me*; because the Lord hath anointed me to preach *good tidings* unto the meek; He hath sent me to *bind up* the broken-hearted, to proclaim *liberty* to the captives, and the *opening* of the *prison* to them that are bound." Then he read Christ's words in Luke 4:17-21, who in quoting that same text, said: "*This day* is this Scripture fulfilled in your ears." It hardly seems sacrilegious for us to rise up and declare by our lives and by our works that that Scripture is today fulfilled *in us*, because Paul and the other disciples who did mighty works in those days were *fulfilling* this Scripture.

Prof. Lamson continued with this same thought in his sermon on Sabbath, reading also from Isaiah 58, 59 and 60.

Dr. Magan arrived just in time on Saturday night to conduct the service and being led by the Spirit, opened his Bible to those *same* chapters in Isaiah and began to preach from them.

In the early morning devotional meetings, which were largely attended, the same thought of giving ourselves for service to humanity was carried through and it brought gratifying responses from our people. But it was a beautiful sight to see on Sabbath afternoon

the large gymnasium full of consecrated young people who by tens and dozens rose up and responded to the call for a complete consecration and a willingness to go and work for the Lord in this or in foreign fields, wherever the Master may call.

We were pleased to have with us during this convention some of our former workers. Mr. and Mrs. Austin Tyrer, who are carrying on successful medical missionary work in Lexington, Ky., were in attendance. Also Miss Bessie West, who graduated in the same class with Mrs. Tyrer, came from Fountain Head, Tenn. These workers gave most interesting reports from their work and we all felt that the influence of Hinsdale was gradually being extended beyond our own border.

The inspiring story of the starting of Mr. Kemp's treatment rooms in the slums was given by himself, and simple accounts of humble work done by the students were most interesting.

Pastor and Mrs. Covert, pioneers in the cause of God, were in attendance all through the meeting. Pastor Covert used the vesper hour on Friday night to tell of the pioneer days when the work was pushed forward through difficulties and hardships but when the workers were on fire with zeal to see the work go on.

Pastor W. A. Westworth was able to be with us only one night, at which time he gave us a most helpful talk.

During the day sessions an effort was made to get suggestions and to give suggestions. One helpful thought was brought out in answer to a suggestion that we need more Bible training. It was stated that we might study the Bible all our lives but if we do not get in *personal contact* with the Author of the book, we will not have any Bible to give to others. We must be prepared to give to our neighbors or "him that asketh thee," not only the living portion of God's word but an intelligent comprehension of the wonderful truths the Lord has given us on health reform and kindred subjects.

Many visitors came in from this and adjoining states, to attend this meeting. Among them was Mrs. Carl M. Keck of Washington, Iowa, who has been a warm supporter of our rescue work for a number of years. Mrs. Robert Tyrer and Mr. Calvin Kinsman of Austin, Minn., Mr. Christenson and daughter

of Hayward, Minn., Mrs. Stout of Grand Rapids, Mich., Oscar Olson, a former nurse, and a host of others from the Broadview Swedish Seminary spent some time with us.

We all felt that this convention had been a real uplift and we were thereby better prepared to face the new problems and increasing difficulties as our work enlarges. And we trust if time shall last that we may all come together for another mid-winter convention a year hence.

### A RESPONSE AND A REQUEST

DR. M. G. LEACH,

1019 S. Hackberry St., San Antonio, Texas

[The following letter was recently received from Dr. Leach, which we publish with the hope that some of our readers will feel a burden to keep her supplied with gospel literature so that she may continue the good work.—Ed.]

Thank you so much for putting the note in the September LIFE BOAT for me. As a result probably fifty magazines and papers were sent me, all of which we gave to the prisoners in the County Jail here.

Could those who so kindly sent papers have seen the eager faces and outstretched hands, and heard the pitiful appeal "Please give me that one with the picture on it" and then heard the words of appreciation and thanks that followed and the statement made, "It is so hard to get anything to read in here. I hope you will come again," I am sure they would send me a continuous supply of literature.

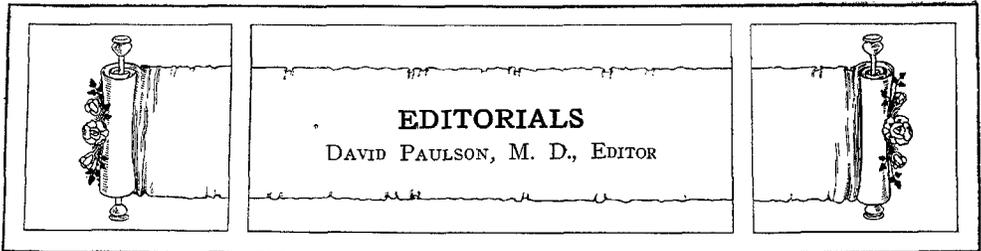
Many of the cells had five or six inmates and I tried to put at least one LIFE BOAT into each cell as far as I could but I did not have enough.

We also have permission to distribute literature in the city prison. We could go every Sunday if we had the papers.

The chaplain at Ft. Sam Houston, located here in San Antonio sent me word he would be glad to have some LIFE BOATS to distribute to the prisoners there. Am told they never have less than sixty inmates and often many more, their terms varying from thirty days to five years.

It seems to me here are three fine opportunities for seed sowing where nothing is being done.

Will you ask the readers of THE LIFE BOAT to send me a continuous supply of truth-filled papers, and claiming God's promise, "My word shall not return unto me void," I will faithfully do my part.



### THE PRISON PROBLEM

The prison problem is one of the liveliest questions before the American public today. We read of a millionaire philanthropist in New York who had allowed himself to be committed to prison, went through the regular daily routine of the ordinary prisoner so that he might learn from personal experience and personal contact the real facts regarding the prison problem. We see him afterwards laying aside a life of ease to become the warden of a great state prison so that he might apply the principles that he has learned.

Then we see great reformatory influences set in operation and then we see other forces set in operation to counteract this influence.

What do all those things mean? They mean that the prison question has become a live problem in this country.

#### The Biggest End of the Problem

But there is something bigger than the prison problem; that is, saving the souls of the prisoners. Shortly before his death, I heard D. L. Moody say that he had just discovered that the prisons of America were the *best* missionary fields in the world. He said that he regretted that he had not found this out before, but he proposed to spend a good share of his remaining days doing prison work. The great and good man was soon laid to rest, but prison work has gone on.

Once a year for sixteen years, we have issued a special prisoners' LIFE BOAT. We have sent them by the thousands to the prisons of America.

The prisoners look forward to this special May number just as children look forward to Christmas. It has become an annual feature, and we have not disappointed them in the past, and we do not want to disappoint them this year.

The LIFE BOAT could not be self-supporting

if those who are carrying it on did not do it purely as a labor of love, earning their living in other ways just as Paul did by sewing tents.

We have each year been dependent upon the contributions of our friends to make possible this great missionary effort.

#### The Worst Men Not in Prison

Some may ask, "Well, are not the prisoners a lot of degenerates, and wicked crooks?" By no means. The *wickedest* men are not in prison at all. They are on the *outside* buying privileges from law makers and police officers and corrupting the public in a thousand ways. The average crook is too sharp to be caught.

Are the prisoners all innocent? By no means. Many are in prison for some crime they committed while under the influence of liquor. Yet they were no more responsible for it at that particular time than you were for what you said when you were delirious in that awful attack of fever.

You say, *they* should have let the liquor alone. So should you and I have let *other* sins alone. But you excused it in your life because you didn't feel you could *conquer* it. That is the trouble with most of those poor fellows who get drunk. That is their *besetting* sin. We license the saloon evil. We still say to the saloon keeper, "We will stand right by you while you are making *fools* and *lunatics* out of your fellow men; and if your liquor makes them delirious, we will send *them* to prison for *what* they do."

Another group are in prison because they were swept off their feet by some terrible impulse of anger or outburst of temper. You say, they should have controlled themselves. So you and I should have known better than to have spoken hastily or unkindly to any living soul. You may say that is different. That may simply be because *we* are different, or else we never have had so terrible a temptation as that man had. Perhaps your mother

taught you to pray while the other fellow's mother was wicked to him and brought him up to be a child of the devil rather than a child of God. All this does *not excuse* either sin or crime but it is a side of the question many never consider.

#### Why the Prison Is Such Good Soil

When such men get into prison, they have time to *think*; they have time to *read*. Trouble and tribulation *draws* them toward something better. That is when THE LIFE BOAT comes with a message of peace. Are you willing to help send it to them?

Prison officials, almost without exception, have appreciated this effort on our part. They report to us that there are men who have been influenced by it to lead earnest, substantial Christian lives. We know others have gone forth as saved men to take up life's duties again. We believe we shall see them in the kingdom of God, saved and redeemed. Is it worth while? Most assuredly.

#### Will You Risk an Investment?

Four dollars will send one hundred LIFE BOATS to your state prison. Are you willing to invest that much? You may never see the results of it in this world, but if your prayers *follow* your donations, the Spirit of God will certainly water the seeds that are sown, and in the kingdom of God you will meet the fruits of it. "Cast *thy bread* upon the waters; for thou shalt *find it* after many days." Eccl. 11:1.

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#### THIS GRIPPE EPIDEMIC

For the past few weeks, almost the entire country has been visited by a terrible epidemic of influenza. The most serious previous attack was twenty-five years ago when it appeared in Hong Kong. A few weeks later it had reached Russia. Two months later Germany, France and Switzerland and other European countries had the grippe so severely that forty per cent of the inhabitants were afflicted. A few weeks later, it had reached this country and in some cities there were not enough able-bodied people to go to work to carry on ordinary business activities.

There is a special grippe germ that was responsible for that epidemic. Strangely enough this present plague is due largely to the streptococcus germ, a microbe that is present in

nearly everyone's nasal cavities. There has been an uprising of this tribe of germs, and they have gone forth with a fiendish activity and virulence to conquer and to kill.

Various explanations can be given for all this but none of them are very satisfactory. The greswome thing to consider is this: suppose the Lord should permit these germs to become *four times* as virulent as they were in this epidemic, *who* could survive their ravages? It would be to all intents and purposes, similar to one of the seven last plagues. A hundred thousand people were prostrated in Detroit and Cleveland. The death rate in Philadelphia doubled at once. Three thousand people were reported ill in a city like Battle Creek alone. In Chicago, fifteen per cent of the clerks and sales people could not report on duty, and the death rate from pneumonia was nearly trebled.

No cure nor specific has yet been discovered for this plague. The best medical authorities in Chicago suggested this: "Get into a hot bath—as hot as you can bear it—and stay there for thirty minutes, adding hot water to maintain the temperature. Wrap yourself in a warm blanket and go to bed under warm covers in a room not less than seventy degrees in temperature.

"In thirty minutes rise and sponge off your body in lukewarm water. Put on fresh night clothes and go to bed as usual. In the morning your sickness will be at an end or greatly relieved."

This certainly sounds reassuring, and with the additional suggestion to take liberal doses of castor oil, and use colon flushings, and live largely on fruit for a few days, is perhaps as good medical advice as can be given.

At such a time one is profoundly reminded of the time when the plagues broke out in the camp of Israel, and "Aaron ran into the midst of the congregation; and, behold, the plague was *begun* among the people: and he put on *incense*, and made an atonement for the people. . . . And the plague was *stayed*." Num. 16:47, 48.

The incense simply represented prayer. (Rev. 8:3, 4.) Every Bible student knows that in some respects Aaron was a weak brother, but he had such an experience with the Lord that when he ran out into the camp and offered incense the Lord stayed the plague. That repre-

sents an *advanced* experience in prayer. I fear most of us are as yet strangers to that kind.

When the seven last plagues shall be poured out, we know God has promised to deliver His people "From the *noisome* pestilence." Ps. 91:3. And they shall "Not be afraid. . . . For the *pestilence* that walketh in darkness." Verses 5, 6. It will be a fierce hour, for "A thousand shall fall at thy side and ten thousand at thy right hand: but it shall not come *nigh thee*. . . . Neither shall any plague *come nigh* thy dwelling. For He shall give His angels *charge* over thee, to *keep thee* in all thy ways." Verses 6-11.

It is well for God's people to remember that they are no better prepared for the seven last plagues than they were for this plague, and that thought ought to humble every child of God.

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#### A NEW DEPARTURE AT HINSDALE

The management of the Hinsdale medical missionary work, have decided from now on as far as possible, to fill every place in the institution with those who want to prepare themselves for definite missionary work. For this reason, they have just organized a ten weeks' special course for those who are now working in mechanical and domestic departments so as to give them a special and speedy preparation to enter the needy fields so that their places may be filled by those who are hungering for similar opportunities.

We earnestly plead that God's children everywhere may especially pray that God may direct us that no mistakes may be made that we may constantly keep in sight of the pillar of cloud.

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#### THE NEXT MEDICAL EVANGELISTIC CLASS

Fifteen people have already been accepted for the next class which begins July first. We are overwhelmed with applications. The best of all is, that it is a mature, substantial class who this year desire this opportunity. They are people whom we have every reason to believe will be able to go right out when their course is completed, and become leaders in medical missionary efforts.

There is a revival in regard to medical missionary work all over the land. Thoughtful

people are beginning to realize that medical missionary work will be the last work that God will have done on this sin-cursed earth. The Lord is stirring the hearts of young people to prepare themselves for the trying times that are ahead of us.

A consecrated medical missionary can be *ten times* more useful than one who does not have such a training. For this reason the devil is after every medical missionary ten times harder than he is after the other kind.

Scores have been swept off their feet by his temptations, but there is a new tribe coming to the front who are putting themselves completely on the altar. They are going to be wonderfully used of God in this closing work.

The medical evangelistic course is one year in length and covers most of the practical subjects that are especially essential. It gives opportunity to come directly in contact with field work, city work, mission work, and jail services, instead of simply spending their time doing mechanical things and taking classes. At the same time the theoretical instruction about equals that given in the ordinary first year nurses' class.

At the end of this medical evangelistic year, those who desire, and are accepted by our board are admitted into the second year nurses' class and thus receive technical training and experience in bedside nursing, care of surgical cases, etc., and graduate the following year from a full fledged three years' course.

Let those who have a mighty burden from the Lord write at once for further information and application blank as the present indications are that the class will soon be filled.

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#### THE GIFT OF PRAYER

The greatest gift that God can impart to anyone here on earth is the spirit of prevailing prayer. That may seem like a strange thing when every professing Christian is supposed to pray. But there are only a *few* of them that *pray*. The rest of them are *saying* prayers; and there is just as much *difference* between praying and saying prayers as there is between a corpse and a live man.

When the children of Israel began their wilderness wanderings, the Amalekites came out to make trouble for them, and, "Smote the *hindmost* of thee, even all that were *feeble* behind thee, when thou wast *faint* and *wearry*."

Deut. 25:18. That was a sneaky, contemptible sort of warfare, but the Amalekites, inspired as they were by the devil, were past-masters in that kind of warfare.

The devil is still stirring up the Amalekites to treat God's people the same way. If he hasn't tried to discourage, dishearten and crush you when you were "faint and weary," you may be pretty certain that you are *not* following the pillar of cloud at all.

What did Moses do? He "Said unto Joshua, Choose us out men, and go out, *fight* with Amalek." Ex. 17:9. That was the *human* end of it. And he said furthermore, "I will stand on the top of the hill with the rod of God in mine hand. . . . And it came to pass, when Moses *held up his hand*, that Israel *prevailed*: and when he let down his hand, Amalek prevailed." 11th verse. In other words, when Moses *prayed*, the children of Israel gained the victory, when Moses ceased to pray, the Amalekites were victorious. If Joshua and the soldiers had not done their part, Moses' prayers would have been in vain. On the other hand, don't forget the equally great truth that when Moses ceased to pray, then Joshua could not prevail.

This is a wonderful illustration of the *blending* of the human and the divine. Do you know why things are going so badly in your church? The human end of it may be well organized, but has anybody a burden from the Lord to go up in the mount alone with God and pray for the spiritual prosperity: pray that the devil may be defeated? If not, no wonder the Amalekites are *prevailing*. Try it, and you will see how much is in it.

### WILL YOU HELP PROVIDE HOMES FOR OUR MEDICAL EVANGELISTIC STUDENTS?

So far we have had no dormitories for our students here in Hinsdale. They have lived in ordinary houses. Dormitory life is more or less *artificial*. Young people must go out and live in ordinary houses again, not dormitories.

But now all our rooming facilities are more than filled. We must build a number of houses to provide for those who want to come for the next class.

We have decided to build some eight-room houses thus accommodating sixteen students

apiece. They will cost in the neighborhood of \$2,000, each. We are hoping and praying that there may be some of God's children who will be moved upon to furnish the necessary means to put up such a house. If God should see fit to answer our prayers in that respect, the house will be known by the donor's name. What better monument could be constructed?

Perhaps some who read this have a dead mother or father whose name they would like to *keep alive*, in some such way. Will you not consider this opportunity? None of these students come here to prepare for professional work. They come here with hearts aching to receive a fitting up that they may go to dark heathen lands to dedicate their lives fully for city missionary work, or wherever God may call them in His providence.

Read in this number of THE LIFE BOAT the experiences of several of the medical evangelistic students and you will become convinced that these are not superficial, frivolous, world-loving, ambitious young people. Ask yourself whether the Lord might not bless you in *providing* a home for such a group next year.

### SOMETHING GOD WILL NOT TRANSPLANT TO THE NEXT WORLD

Years ago in Chicago, one of our workers, while visiting a poor family where the mother was sick and the father was a drunkard, volunteered to take home with her for a few days the oldest girl, a child of seven or eight years, so as to lighten the burden to that extent. The little girl loved her new friend fiercely and soon the worker discovered to her amazement that her own hair had become infected with vermin.

That worker did not say, "Oh well, I am cleanly and of good habits and have a good reputation, what difference does it make even if I do harbor a few bugs in my hair?" No, indeed, she went after those invaders in dead earnest and did not rest until she knew that her head was *delivered* from the last one of those unwelcome visitors.

You say she showed good sense. Certainly; but I want to remind you that a few sins *inside* of the head are a thousand times *worse* than a few loathsome bugs on the outside. God will not *transplant* sin into the next world any more than a sensible housekeeper would want to buy second-hand furniture and move

it into her own house if she *knew* it was *infected* with bedbugs.

Sin is a horrible, loathsome thing. It cost the death of God's own Son to furnish the *antitoxin* necessary to destroy it. God will never take you or me into heaven unless we give Him a chance to save us from known sin, down here. So ask God to make you *hate* sin just like you do bedbugs and other vermin; then He will soon have a chance to help you get *rid* of it.

As a physician, I am anxious to see people delivered from headache, intercostal neuralgia, gastric ulcers, and to be cured from neuritis, rheumatism and all those other physical torments. But I am ten times *more* anxious to see them *cured* of their sins. If I were not, I should prefer to be an ordinary plain horse doctor, for I *know* that when we reach the end of the journey, we shall realize that to be *saved* from sin is the most important experience that could possibly have happened to us in this life.

If there are some miserable sins that you have been clinging to all this while, that over and over again God has put His finger on, and said, "My child, let me *help* you get saved from them," and you have said, "Oh, well, nearly everybody does those things, I prefer to compromise with them and put them under tribute," then remember they will become a snare to you. There is no more sense in your clinging to pet sins because other people do than there would be for your keeping bedbugs in your bedroom because you knew some of your neighbors had them.

When a mere child; I grew up in a sod house out on the western plains, and it was desperately hard under those conditions to keep the house free from vermin for I remember that my mother was constantly after them. Every few days, it was one of my regular tasks to get the oil can and squirt some kerosene into suspicious places. It was a day by day battle, but I don't recall that any of us thought she was fanatical for doing so. You and I must go after *sin* in exactly the same way. It is a *daily* battle, but God will help us so "Sin shall not have *dominion* over you." Rom. 6:14. And thus we may be on the *winning* side.

"Thy word have I hid in *mine heart*, that I *might not sin* against thee." Ps. 119:11. That

is the divine *antitoxin*. Are you applying it daily with the implicit faith that Christ will at the same time apply His blood to the sins that are past and give you divine grace to conquer the sins that you are now confronted with?

---

### HOW THE MONEY CAME

"I had been thinking of trying to send something to the greatest and most needed cause there is when I received your letter.

"I only wish I could send a lot of money but so many things need money I wonder why it has to be so scarce. It so happened I did not have a bit of money on hand. I asked God to help me. I looked under all the papers in and on the cupboard where sometimes I slip money and only found fifty cents, and this morning I was sweeping and moved a box and there was a dollar. Oh, how glad I was! I had dropped my pocketbook when coming home from town two weeks ago and the Lord caused it to get under there and me to find it just now. Oh, how good He is to us and I do thank Him so much."

---

### DO YOU WANT TO DO THE SAME?

"Several years ago I was a reader of your paper, THE LIFE BOAT, and desire to become one again. Although I have forgotten just how to address the paper and also the price, but I will enclose fifty cents and as soon as I hear from you will try and get other subscribers.

"I hope your work has been blessed abundantly since I last heard from you."

---

### WHO WILL FURNISH THE BIBLE?

"I take the liberty of addressing you, in regards to a Bible. As I am trying to prepare myself for Christian work when I leave this institution (Ohio State Penitentiary), I would like very much to have a Teacher's Bible with the Concordance.

"Now I hope this is not asking too much of you, but as I have no way of securing one I thought perhaps you would be so kind as to assist me at this time."

---

A clear conscience never kept a man awake at night.

# The Life Boat

DAVID PAULSON, M. D. . . . . Editor  
N. W. PAULSON . . . . . Business Manager

The Life Boat is published at Hinsdale, Ill., by the Workingmen's Home and Life Boat Mission, incorporated.

Checks, drafts and money orders should be made payable to The Life Boat, Hinsdale, Ill.

Do not send currency in your letters, as The Life Boat will not be responsible for receipt of the same.

Single copies, 10 cents.

Yearly subscription, \$1.00.

Special discounts when a number are sent to one address.

## Expirations

The date on the wrapper indicates when your subscription expires. We do not continue any names on our list after the expiration of the subscription, so please renew your subscription promptly.

## Change of Address

When writing to have the address of The Life Boat changed, be sure to give the old address as well as the new one.

## Mistakes

The publishers of The Life Boat will be pleased to have their attention called to any mistakes that may occur, and will be glad to correct them.

## Premiums

The attention of our readers is invited to our valuable premium offers. We are constantly in receipt of most appreciative letters from those who have taken advantage of these liberal offers.

## Rates for Advertising

Full page, single issue, \$20; three months, \$50.

Half page, \$12; three months, \$30.

One inch, column width, one insertion, \$1.00.

## Life Boat Magazine Agencies in Chicago

The Life Boat magazine can be secured in quantities at wholesale rates from the following agencies in the city of Chicago:

D. K. Abrams, wholesale nut store, 3529 Cottage Grove Avenue. Phone Douglas 6743.

Illinois Tract Society, 3645 Ogden Avenue. Phone, Lawndale 7022.

## NEWS HERE AND THERE

Prof. Wm. J. Osborn of Galesburg, Ill., attended the first half of the mid-winter convention at Hinsdale and rendered valuable help in making the musical part of the convention a success.

We are pleased to have with us at Hinsdale Mr. Harry Monroe, who for nearly thirty years has been superintendent of the famous Pacific Garden Mission, Chicago, where such leading evangelists as "Billy" Sunday, Mel Trotter, Tom Mackey, the late Dick Lane, and many others were converted. Brother Monroe is enjoying a much needed rest at the sanitarium.

Prof. A. W. Spaulding of Hendersonville, N. C., called on us again and reports success

in his lecture campaign in behalf of the Southern work.

Arthur Bliss of Milton Junction, Wis., visited his brother, Forrest Bliss, who is a student in the medical evangelistic class.

Mr. Edward Aram, of Fresno, Cal., a native Armenian, has recently connected with the Hinsdale work to take the medical evangelistic class, also Mr. and Mrs. Leslie Burgess of Cedar Lake, Mich.

Miss Bertha Hulthen, a Swedish missionary from Switzerland and co-worker of Alma E. Doering, the Congo missionary, is spending a few days in the Hinsdale Sanitarium.

Pastor R. C. Porter of Shanghai, China, visited Hinsdale last Tuesday and gave a most interesting account of the missionary work in the Orient, of which he has the supervision.

Miss Kate Sanborn was absent from the Rescue Home for a few days recently, having been called to visit her invalid father in the southern part of the state.

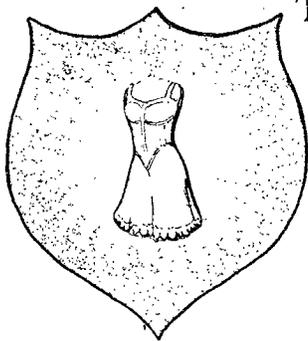
Dr. A. J. Sanderson of Berkeley, Cal., visited our Hinsdale work last month.

Pastor and Mrs. A. V. Gray, who for some eighteen years have been engaged in missionary work in China under the direction of the China Inland Mission, were among the welcome guests of the sanitarium.

Dr. P. T. Magan of Nashville, Prof. J. G. Lamson of Grand Rapids, Mich., Pastor W. A. Westworth of Chicago, and Pastor William Covert of Aurora, Mr. and Mrs. Austin Tyrer of Lexington, Ky., Mrs. Marie S. Stout of Grand Rapids, Mich., Mr. H. P. Field, Battle Creek, Mich.; Mrs. Carl M. Keck, Washington, Ia.; Mr. Oscar Olson, LaGrange, Ill.; S. W. Sensiba, Berrien Springs, Mich.; E. C. Wood, Springfield, Ill.; Gerald R. Williams, Battle Creek, Mich.; Flora J. Schmohl, Chicago; Mrs. Robt. Tyrer, Austin, Minn.; C. O. Darland, Oskaloosa, Ia.; Calvin D. Kinsman, Austin, Minn., and Dr. Estella G. Norman of Moline, Ill., were among the many friends and former workers who attended our mid-winter convention.

## NOTICE

The National Children's Aid Society, Douglas, Wyo., have beautiful mottoes, calendars, Bibles and religious books and periodicals for sale, the proceeds from which will go to benefit homeless children.



# The PATRICIA

## A SHIELD TO HEALTH

The PATRICIA GARMENT is a PERFECT SUBSTITUTE FOR THE CORSET and a great improvement in other respects, as it permits natural circulation, perfect respiration; and freedom for every muscle, with no bands or strings and countless buttons and buttonholes. There is no opportunity for girding the soft parts of the body, as it follows the natural curves, preserving the contour of the figure.

We are now able to furnish the Patricia health garment in stock sizes from 32 to 42 bust measure, made from the very best of materials and carefully shrunken before making. Write for further particulars and prices.

Address **THE PATRICIA GARMENT CO.**  
HINSDALE, ILL.

### WHAT WOMEN SAY OF THE PATRICIA

"I received the PATRICIA and think it is just the garment for health."

"I wish I might have the pen of a ready writer to express my appreciation of the PATRICIA garment. I simply will never be without it. It is absolutely all I could wish in every way.

"For comfort, style, saving of time in dressing,

saving in laundry—in fact I have never enjoyed any garment that has brought me so much pleasure. Once in possession means never without them."

"I have worn this garment now for three years and find it eminently satisfactory. I consider it superior in many respects to any other garment of its kind which I have worn and can heartily recommend it to other women."

We employ no solicitors for any of the various lines of helpful work that God has committed to us. If the Lord impresses you to assist us send the money directly to headquarters instead of to any individual that is a stranger to you.

### WANTED

To borrow several thousand dollars in sums of \$200 and upwards. Real estate security. Will pay five per cent interest. Address Hinsdale Sanitarium, Hinsdale, Ill.

### CLOTHING WANTED

The students of the medical evangelistic class who are visiting among the needy and suffering of Chicago find many who are in need of clothing. The barrels and boxes of clothing that have been sent in have already been distributed and more can be used. Men's clothing is also needed for our work in THE LIFE BOAT mission. Please send prepaid to Students' Hall, Hinsdale, Ill.

### SPECIAL NOTICE

Agents, your opportunity has come—the grandest state song ever written—the "Glory Song of California"—famous already all over United States. Only been out four months and the second large edition is now partly gone. Sample copy post-paid 25 cts. Write at once for agents' prices.

Waterbury Specialty Co., Pomona, Cal.

### Excelsior Treatment Rooms

Sanitarium treatments such as electric light bath, shampoo, salt glow, shower and massage are given by an experienced attendant, at 34 South Desplains St., Chicago. Mr. Harold Kemp, the proprietor, is ready to answer any call for help day or night.

### "The Flower Queen"

A beautiful 3-page Soprano Solo. List price 50c. Will be sent for 25c to anyone who mentions this paper. Write to Otto Lundell, 310 Unity Bldg., Chicago, Ill.

### Have You a Camera?

Let Me Do Your Developing and Printing

Many years' experience has taught me how to turn out first-class prints with "a finish" to them.

Send me your films and be sure of the best results.

**Quick Service Low Prices**

Any size roll film developed for 10c; film pack, 25c. Velox prints, 8c to 5c each.

**L. C. HARNER, Photographic Expert**  
Specialist in Developing and Finishing for Amateurs  
216 Hinsdale Ave., HINSDALE, ILLINOIS

# The Life Boat Practical Health Specialties

From time to time our friends write us that they find it difficult to carry out some of our health suggestions because they can not really procure in their own neighborhoods what we recommend. To accommodate such we have undertaken to carry these things in stock and send them to our readers everywhere by parcel post, express or freight.

## PRACTICAL HEALTH SPECIALTY No. 1. Natural Rice.

Eleven-twelfths of all the mineral that God put into rice is scoured off to produce the polished product that is ordinarily eaten. What is more important, the "vitamines," the lack of which, when people are fed on rice exclusively, produces beri-beri, scurvy and perhaps favors pellagra, are also contained in the covering of the rice. But people are so used to the inferior product that grocers do not ordinarily have natural brown rice in stock. We handle the genuine article. Price, ten cents per pound. Transportation additional.

NOTE.—Natural rice requires more cooking than the scoured variety, but it is worth more.

## PRACTICAL HEALTH SPECIALTY No. 2. Genuine Graham Flour.

The white flour on the market today has been over-processed by the steel roller milling methods, and, like the polished rice, it has been largely deprived of some of its most valuable ingredients, such as the germ, its most valuable mineral salts, and vitamins. In our vicinity there is an old mill which still grinds wheat with the old-fashioned stone burrs of our childhood days, and for the accommodation of our readers we will furnish this flour in hundred pound lots for \$4.00. Freight charges additional.

## PRACTICAL HEALTH SPECIALTY No. 3. Liquid Paraffin.

Stagnation of the bowels is the most common disorder among civilized nations and is perhaps by far the most common cause of our various chronic diseases. These diseases are not readily cured for the simple reason that the real cause is not removed. The laxative drug habit is the most common drug habit among mankind. Every remedy of this kind sooner or later loses its effect and, unfortunately, in every instance does the system more or less harm. Bulky food, plenty of green garden truck, and an abundance of fruit will relieve many of these cases. But some cases have such a tendency to hyperacidity and to intestinal irritation that the liberal use of these things actually seems to aggravate the condition.

Liquid Paraffin, or what we called White Russian Mineral Oil when we imported it from Russia before the war, seems to be a veritable godsend to thousands of these cases. Being a mineral oil it is not absorbed by the body. It merely lubricates and softens the bowel contents. It can be used with perfect safety as it does not create any laxative habit. The dose is from one teaspoonful to two tablespoonfuls three or four times a day as may be necessary. It can be procured in any town, but by buying it in large quantities we are able to furnish it to our readers at about one-half the prevailing retail price.

### Prices

1 Pint .....	\$0.35	Shipping weight.....	2 lbs.
1 Quart .....	.60	Shipping weight.....	4 lbs.
2 Quarts .....	1.00	Shipping weight.....	6 lbs.
1 Gallon .....	1.75	Shipping weight.....	10 lbs.

It is put up in tin cans so that it can be sent by parcel post. These rates do not include transportation charges.

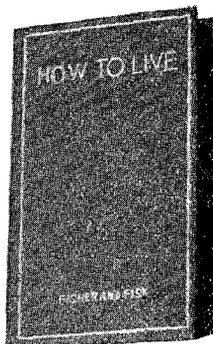
## HEALTH SPECIALTY No. 4. A New Health Garment.

So many inquiries are constantly coming to us regarding how to dress healthfully that we have decided to carry in stock a health garment that we can fully recommend. We would direct the attention of our readers to the notice on another page about the Patricia Health Garment.

THE LIFE BOAT, Hinsdale, Ill.

# NEW PREMIUM OFFERS

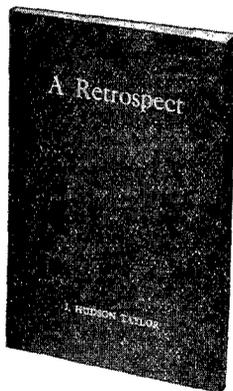
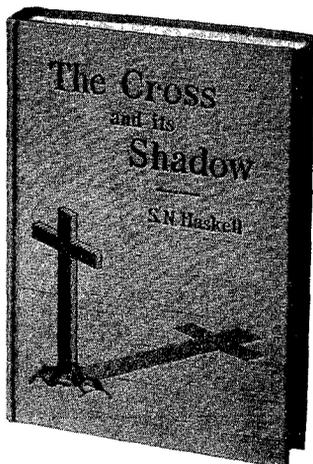
## "How to Live, or Rules for Healthful Living, Based on Modern Science"



By Irving Fisher, Professor of Political Economy, Yale University, and Dr. Eugene L. Fisk. Hon. William Howard Taft, formerly President of the United States, has written the foreword and in fact has edited the entire work. We quote the following from the Preface: "A sad commentary on the low health ideals which now exist is that to most people the expression 'to keep well' means no more than to keep out of a sick bed." This book has a splendid chapter on air, another one on food, another one on poisons, such as those due to constipation and those due to infected teeth, etc. A chapter on exercise, one on hygiene; a chapter containing the last word on alcohol and on tobacco, and how to avoid colds; signs of the increase of degenerate diseases, etc. By special arrangement with the publishers we are enabled to offer this book as a premium for one new subscription and 25 cents additional. Induce some one to subscribe for The Life Boat the coming year and receive this most excellent book.

## The Cross and Its Shadow

A new book by S. N. Haskell. This book presents the whole Old Testament sanctuary service in a new and living setting. The sacrifice of Christ for us is beautifully portrayed on every page. This book is a marvelous inspiration to a holy life and should be in every home. It contains 388 pages, 50 chapters and 218 illustrations, and will be given absolutely free for only two subscriptions to The Life Boat. Take advantage of this offer while it lasts.



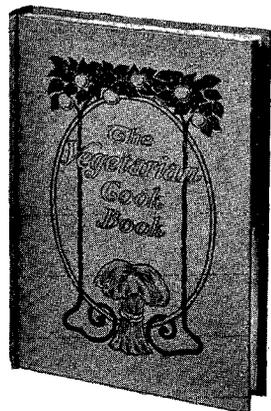
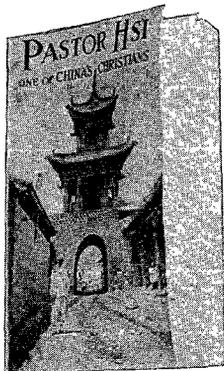
## A Retrospect

This book by J. Hudson Taylor is one of the most thrilling and inspiring books on the market today. We have sold nearly 4,000 of them. Should be read by every young person who desires to be of some use in the world. This red, paper-covered edition can be furnished with one subscription to The Life Boat at one dollar.

one subscription to The Life Boat at one dollar.

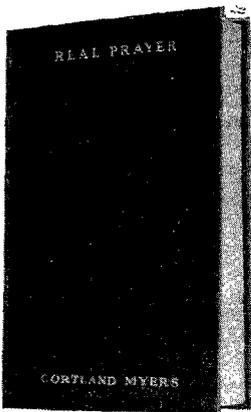
## Pastor Hsi

This charming book, "Pastor Hsi," by Mrs. Howard Taylor, daughter-in-law of the late J. Hudson Taylor, founder of the China Inland Mission, has found such a warm reception by The Life Boat readers everywhere that we are offering it again this year. The author gives in a most fascinating manner the remarkable story of the life work of Pastor Hsi, the man who, after his wonderful conversion from heathenism, founded more than forty medical missionary centers in the province of Shan-Si. His remarkable faith and power in prayer has brought his work to the attention of the entire Christian world today. This book is an inspiration, and you can have it by sending us one dollar for your subscription to The Life Boat for one year.



## The Vegetarian Cook Book

should be in every Life Boat reader's home. It is a splendid compilation of valuable recipes for a sane and sensible dietary. If you want to learn how to cook for health and not for drunkenness send us \$1.35 for The Life Boat for one year and this useful book. This is an unusual offer.



## Real Prayer

By Courtland Meyers. A most inspiring book on prayer. It will make you hungry for a personal experience in the power of prayer. This book will be sent you for only one subscription and fifteen cents. Send us \$1.15 and receive The Life Boat for one whole year and this splendid book.

## A New Webster's Pocket Dictionary

for only one subscription or renewal at one dollar. This book is really five books in one. It is not only a dictionary but a complete parliamentary manual, a rapid calculator, a compendium in business and social forms, a letter writer and literary guide, and a pronouncing and statistical gazetteer of the world. Everyone should possess a copy of this handy booklet; bound in Morocco and stamped in gold.



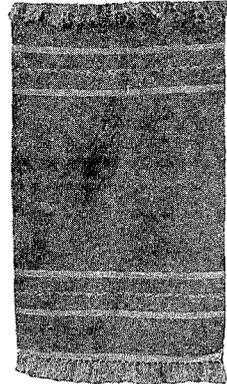
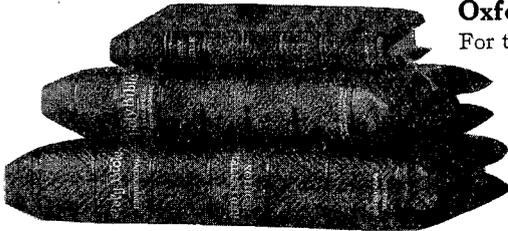
## A Fountain Pen

for only one yearly subscription and 25 cents extra. Every pen is guaranteed 14-carat solid gold and will do good service. This is your opportunity to receive a good fountain pen for a quarter and only a few moments of your time in securing the subscription.



## Oxford Text Bible

For two yearly subscriptions at one dollar each we offer the Oxford Text Bible, which is just a little larger than the ordinary size pocket Bible; contains six maps; size 5 1/4 x 3 1/2 inches, only three-fourths of an inch thick. Beautifully bound in French Morocco, divinity circuit, round corners, red under gold edges.



## A Beautiful Rescue Home Rug

24x52 inches, made from high quality new material which will not fade and is guaranteed to give excellent service, given for only two subscriptions at one dollar each and 25 cents extra.

## Genuine Oxford Teachers' Bible

For four new subscriptions or renewals to The Life Boat we will send you a genuine Oxford Teachers' Bible, printed on good linen paper, containing New Cyclopedic Concordance, with all helps, index, Bible dictionary, tables, etc., under one alphabetical arrangement, with new illustrations. The latest thing in Teachers' Bibles. Minion type, size 7 1/4 x 5 inches; bound in French Morocco, divinity circuit, round corners, red under gold edges.

## Red Letter Teachers' Bible

For five new subscriptions or renewals at one dollar each you can secure The International Red-Letter Teachers' Bible; self-pronouncing; contains the words of Christ in the New Testament printed in red, and the prophetic types and prophecies of the Old Testament which refer to Christ, also printed in red. It contains the combination Concordance, in which the helps are all under one alphabet. This Bible is No. 39670, size 6 1/4 x 9 1/4 inches. It is bound in French Morocco, has divinity circuit, round corners, red under gold edges and extra grained lining.

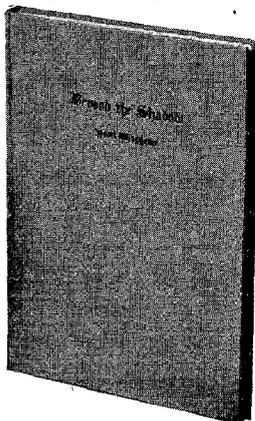
high quality new material which will not fade and is guaranteed to give excellent service, given for only two subscriptions at one dollar each and 25 cents extra.

## Beyond the Shadow

Miss Pearl Waggoner, The Life Boat poet, has recently collected some of her best poems and published them in book form. The book contains ninety-six pages. We will send the cloth binding free with two subscriptions to The Life Boat at one dollar each or a paper-covered copy for only one subscription. Subscribe now—before you forget it.

## Beautiful Gold or Silver Watch

free with eleven yearly subscriptions and one dollar extra. This is a seven-jeweled watch, gold-filled, with a ten-year guaranteed case and beautiful design. We have placed hundreds of these watches where they are giving the best of satisfaction. You will be pleased with this watch. Send us eleven yearly subscriptions and twelve dollars cash and receive this watch.



# Dictate to the Dictaphone

The Dictaphone is the busy man's ideal amanuensis — always there, always ready, invariably accurate, and unlimited in speed.

It saves his time, his money and his nerves.

He dictates just as he talks to the telephone and with no more thought of the instrument.

He does better work and more of it.

His typist writes more letters and better letters and does it more easily.

No office busy enough to find use for a typewriting machine is operating at 70 per cent of its potential efficiency without a Dictaphone equipment.

## THE DICTAPHONE

(REGISTERED)

The primary purpose of the Dictaphone is to conserve the costly time of the high-priced man. But the same result applies to the operation of transcription.

The typist does not do more *work* but more *letters*. And the better stenographer she is, the better Dictaphone operator she will become. For skillful stenography is not a product of nimble fingers but of brains. And every quality that has contributed to making a valuable stenographer, will be apparent in her work as a Dictaphone operator.



Send for Catalog

Let Us Show You What the  
Dictaphone Will Do for You

**The DICTAPHONE**

12 N. Michigan Ave.  
CHICAGO

# THE LIFE BOAT RESCUE HOME



Physicians, pastors and other workers are constantly perplexed as to how to properly extend a helping hand to the unfortunate girl. To meet this pressing need the charitable public assisted in erecting this splendid eleven-thousand-dollar institution.

The institution has no endowment and beyond the mere pittance that some of the girls are able to pay, it is entirely dependent upon the generosity of those who become interested in its work.

## SUPERIOR HIGH QUALITY RUGS

Made by the Girls in the Life Boat Rescue Home, Hinsdale, Ill.



These beautiful Rescue Home rugs are made from high quality *new* materials which will not fade and are guaranteed to give excellent service. They are made in two sizes; the larger ones are two yards long and one yard wide. The smaller ones are twenty-five by fifty-four inches. They are made of dark blue, trimmed with white, or a rich brown and white, or pink and white, and other light shades for bath room and bed room use. They can be made to order in sizes and colors to suit customer.

In purchasing these rugs you are not only getting a good bargain, but you are at the same time helping the Life Boat Rescue Home and the young women in the home who make these rugs.

If you are in need of rugs for your own home, why not purchase them of us and thereby help this good work along? These rugs will also make splendid gifts to your friends.

**Prices:** Larger size \$2.25, weight for shipping 3 lbs.; smaller size \$1.25, 2 lbs. Parcel post extra. *Address*

**Mrs. C. L. Clough, Supt., Life Boat  
Rescue Home, Hinsdale, Ill.**

# VISIT HINSDALE FIRST



*The Main Building*

A suburb of Chicago—trains every few minutes—fifty trains a day.

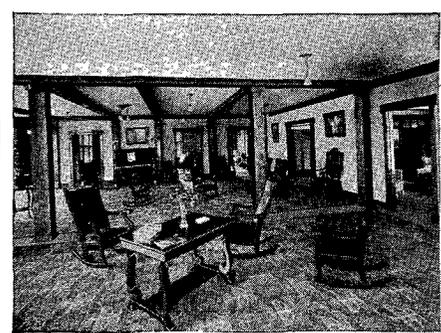
Sixteen acres of virgin forests, fruit orchard, cottages, lawns, shady walks, lawn tennis court.

A work cure department.

Musical entertainments and lectures.

No experiments or medical fads. Common-sense, honest treatment.

Electric light, private telephones in each room, a beautiful outlook from every window.



*The Main Parlor*

## Let Us Send You Our Booklet "Visit Hinsdale First"

It is completely descriptive and beautifully illustrated. Once you read this book and note the location, the charm of Hinsdale and the ability of this institution to benefit the sick, you will realize that we offer you every possible means of restoring your health and of becoming completely rested, among surroundings that are ideal. Write for booklet today. It is free. Address

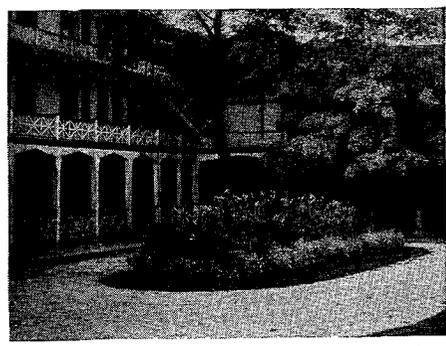
**The Hinsdale Sanitarium**

Phone  
Hinsdale 645

**Hinsdale, Ill.**

## *Endowed by Nature Equipped by Science*

*Do not go abroad for what you have at home. Were it possible for you to see Hinsdale as it is, you would come. So pleasant as to attract many guests who have no ailment. Patients are kept so busy getting well that they have practically no time to worry over their troubles. Pleasant, refined associates. Rates as low as ordinary hotel. Atmosphere delightfully different.*



*The Driveway*

Open air treatment, Swedish movements, hydrotherapy, electric light baths and electrical treatments, massage, scientific dietetics, sun baths, the work cure, and sensible health culture, cure thousands of invalids when ordinary means fail.

You will find any of these treatments not only beneficial but delightful and refreshing. We do not countenance routine of baths, the heroic reducing idea nor the starvation cure. Every case is decided on its own merits and treated accordingly. We rely on substantial, simple methods, offer all these features to be rationally enjoyed.



*A Glimpse of the Lawn*