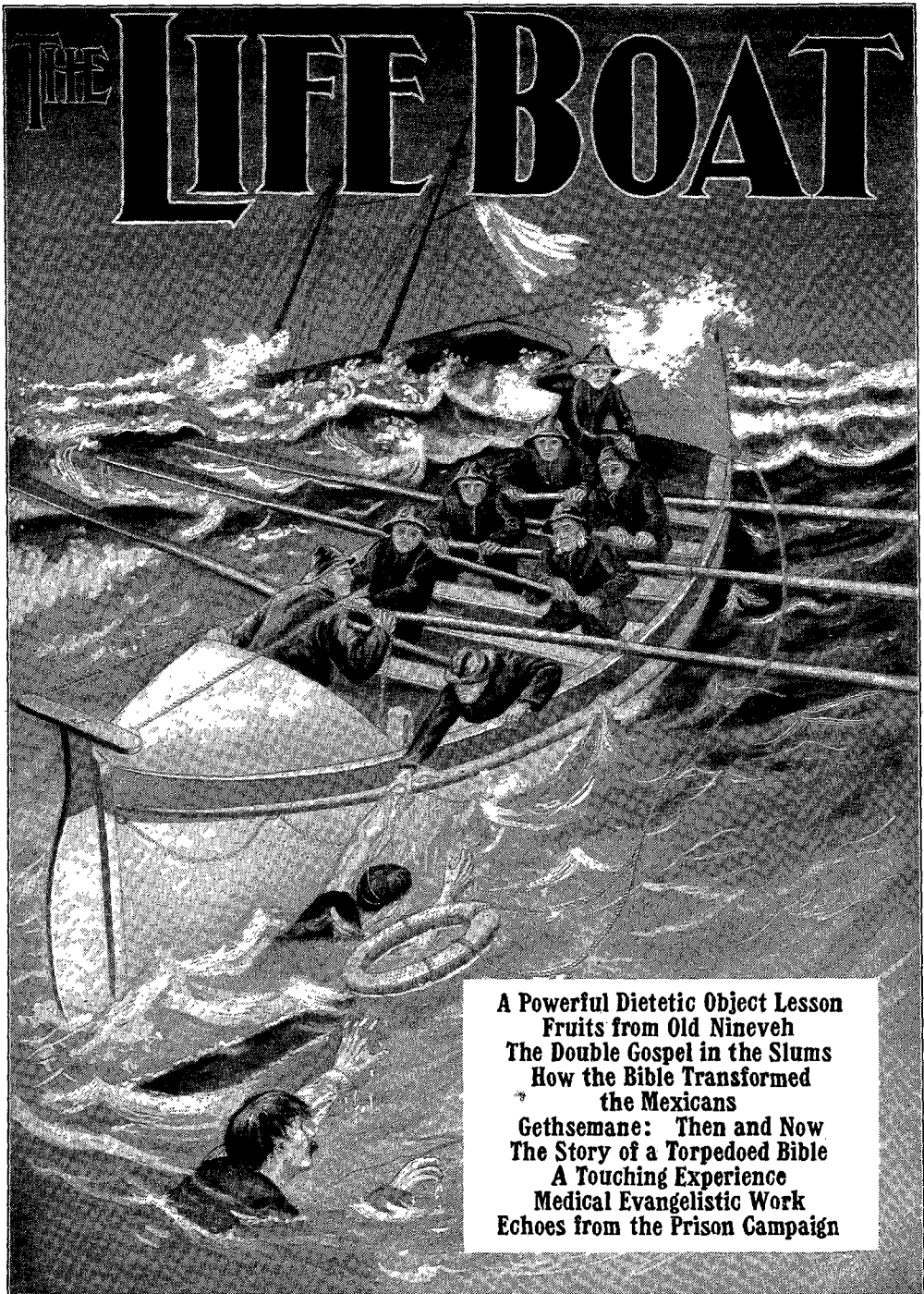


"The Entrance of Thy Word Giveth Light"

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**A Powerful Dietetic Object Lesson
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the Mexicans
Gethsemane: Then and Now
The Story of a Torpedoed Bible
A Touching Experience
Medical Evangelistic Work
Echoes from the Prison Campaign**

**Volume Nineteen
Number Six**

Winsdale, Ill.

June, 1916

The Greatest Achievement of the Age—by the Editor



Roses

Pearl Waggoner



Roses!—how the world is gladdened
By their presence bright:
Whether yellow, pink, or crimson,
Or of purest white!
In the time of gloom and sadness,
Or when gladness flows
Like a river, what so welcome
As a dewy rose?

Roses! Not a soul but loves them!
No one would neglect
A free chance to be the owner;
None, a rose reject.
None? Ah, yes, for many daily
Still will turn away
From the fairest of all roses,—
Though there's naught to pay!

'Tis because they're unacquainted
With the fragrance rare
Of the wondrous "Rose of Sharon."
Sweet beyond compare.
Other roses lose their beauty:
Soon their day is o'er;
Owning this one, it will sweeten
Life for evermore.

Jesus is the Rose of Sharon;
Is He dear to you?
Then with others share the fragrance
Till they want Him, too.
Every rose by God is given,
Just to show His love;
But in Christ His all He gave us,—
Even Heaven above.

THE LIFE BOAT

An Illustrated Monthly Journal Devoted to Charitable, Philanthropic, Health
and Soul-Winning Work

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Volume XIX.

HINSDALE, ILL.

:: JUNE, 1916

Number 6

A Powerful Dietetic Object Lesson*

Alfred W. McCann

[Last year in one of our health articles we used the terrible experiences of the sailors on the German war cruiser *Kronprinz Wilhelm* as a powerful illustration of the evils of the popular one-sided dietary which tends to acidify the blood and demoralize the system, and produces so many of our common ailments which are supposed to be brought about from other causes. Recently A. W. McCann, the noted food expert who was formerly connected with Dr. Wylie in government service, has written a notable article in the *Daily News* on the same subject. As he has had access to additional data concerning these German sailors we have secured permission to republish it in *THE LIFE BOAT* for the benefit of all our readers.—Ed.]

FEBRUARY 23, 1915, the *Kronprinz Wilhelm* sank the French passenger steamship *Guadeloupe*, from Buenos Aires to Bordeaux. There was more fresh meat aboard, with plenty of ham, butter, patent flour, potatoes and canned vegetables. The Germans seized it all.

Some of the crew were complaining of swollen ankles and pains in the nerves of the legs below the knees. They had never heard of the Madeira-Mamore poison squad. Many of them were complaining of palpitation of the heart, but they had never heard that heart involvement is one of the most marked symptoms of a severe acidosis.

They seemed able to eat, sleep and work, and apparently no plague could menace them out there on the high sea, for there still remained to them plenty of meat, tons of potatoes and enough sugar, white bread and butter to suffice another year.

March 25, 1915, with fifty of her men "acting queerly" and all of them manifesting a depressing lack of vigor, she sank the British steamer *Tamar*, from Santos to Havre, seizing 68,000 bags of green coffee and all the butter, lard, white flour and canned vegetables aboard.

Mineral Element Removed

She did not heed the fact that there is a balance of acid and base-forming elements in the "ash" content of all food.

She did not heed the fact that in the foods seized by her the base-forming elements had been removed for the sake of "refinement" and for the purely commercial reason that they might "keep."

She did not heed the fact that after a diet of refined food a mild chronic acidosis is set up which abstracts the lime salts from the fibrous tissues, muscles, nerves, cartilages and bones.

When the limbs of the German sailors began to swell they did not know that the swelling was due to the abstraction of these lime salts with the increased vascularity which follows.

They did not heed the fact that loss of lime salts causes irritability and weakness of the muscles with neuralgic pains. They did not know that the continued loss of lime salts causes effusion into the joints.

They did not know that following these stages in the progress of acidosis the cartilages soon become involved, and that this condition is in turn followed by thinning and erosion, which actually destroys the nerves and eventually terminates in paralysis.

Starving on So-Called Nourishing Food

The Germans were consuming enormous quantities of the refined foods of high caloric value so extensively relied upon throughout the United States and they looked in all directions but in the right direction for the cause of their trouble.

*Reprinted from *The Chicago Daily News* of May 15, 1916.

They did not know that the abstraction of lime salts is a cause of the rapid progress of tuberculosis. Their business was to raid.

March 27, 1915, the German cruiser sank the British steamer *Coleby*, bound from Rosario to St. Vincent with another cargo of whole wheat in her hold. Her coal, patent flour, butter, potatoes and canned vegetables were confiscated, but again the precious wheat was sent to the bottom.

Alarming conditions soon began to develop. Typical symptoms of paralysis, dilated heart, swollen gums, atrophy of muscles and pain on pressure over nerves, with considerable anemia, were noted. Fifty of the men could not stand on their feet. They were dropping at the rate of two a day. It seemed that a curse had descended upon the cruiser. The entire crew was going rapidly to pieces.

It was evident that the *Kronprinz Wilhelm* would either be manned by five hundred dead bodies in a few more weeks, or she would have to make a run for the nearest port. Her wireless had told her that Newport News had given harbor to her sister raider, the *Pinz Eitel Friedrich*. She would take a desperate chance against the enemy and make the dash.

With 110 Dying Men Aboard

That is why she was discovered Sunday morning, April 11, lying in the James river, with 110 dying men aboard, a floating wreck, a hospital ship, a lesson to the American experts who cry "beri-beri and polished rice," "pellagra and corn meal," when meat and white bread and other acidosis producing, refined, demineralized, debased, impoverished, foodless foods are the real issues.

Here was a crew of men living in the open air, eating the staple articles of diet for which American scientists claim so much, and because of which they tell us we are the best fed nation in the world. Fresh meat, all the butter and bread they could eat, boiled potatoes, canned vegetables, condensed milk, and tons of fancy cakes, biscuits and sugar with all the coffee and tea they could drink constituted their diet.

Why Americans Escape

There may be some skeptical souls who, notwithstanding the facts reported here, may ask: "But if German sailors eat typical American meals for two hundred fifty-five days and develop on such a diet of white bread and meat

a condition of malnutrition that results so disastrously, why do not the Americans themselves develop the same conditions?"

Americans do develop the same disease, but because they eat many offsetting foods which were outside the reach of the German sailors, the severity of the disease is modified accordingly.

On the *Kronprinz Wilhelm* the intensity of the cause determined the gravity and rapidity of the effect. There was no outside assistance, in the form of offsetting fresh vegetables and fruits to lessen that intensity.

The canned vegetables consumed, although theoretically contributing base-forming elements, actually aggravated the condition, for the reason that their juices were consumed. These juices, heavily contaminated with salts of tin and sheet iron, acted as an additional irritant to the kidneys, already taxed beyond their capacity with excess quantities of sulphuric, phosphoric, carbonic and amino acids, elaborated in the digestion of high protein and refined carbohydrate foods.

(The reason so many of the canned vegetables are unfit to eat is because of the cheap quality of material used in the can. Thus the contents become contaminated with metallic substances. For this reason fruit and vegetables should be canned in glass. E.D.)

Foods That Correct Acid Conditions

Americans eat onions, lettuce, asparagus, cabbage, carrots, parsnips, cauliflower, celery, apples, berries, oranges, grapes, fresh milk, eggs, beans, peas, lentils, nuts and other base-forming foods which assist Nature to combat or to modify some of the evil effects of the refined diet on which the Germans attempted to thrive for so long a period.

Thousands of children of the poor in the United States, exactly like the crew of the *Kronprinz Wilhelm*, do not obtain these offsetting foods in adequate quantities, and in the case of adults of means there are thousands who, making improper choices, deprive themselves of them needlessly. In the meantime the acidosis does progress sufficiently to interfere with the growth of the young and to rob the body, through lowered vitality, of its natural defense against diseases of many kinds.

Why So Many Mothers Can Not Nurse Their Offspring

It places a dreadful handicap upon pregnancy and makes normal lactation impossible. It predisposes to tuberculosis, appendicitis and

cancer. It does not pile its woes in a heap as was done on the German cruiser. It spreads them out thinly over a larger area and is followed by many preventable ills rarely traced to their true cause.

So true is this that even the state is beginning to discriminate against the physically unfit. The chief feature of the annual report of the New York city civil service commission, signed by Henry Moskowitz, president of the board, and Commissioners Darwin R. James, Jr., and Alexander Kehoe, submitted May 6, 1916, to Mayor Mitchel, records the adoption of physical standards under which out of 22,524 applicants for municipal positions during the year 1915, 7,639 were rejected.

To Scrap Heap with Victims

The state makes no attempt to educate the people concerning the meaning of inadequate nutrition or foodless food. Yet it already signifies the tendency of the times in throwing to the scrap heap the victims of such ignorance.

"There can be no doubt," says the report of the civil service commission, "that the elimination of the physically unfit from entrance into the city service will result in increased efficiency. There is no more reason for the city service to accept those who are so physically handicapped that they can not render the best service than for a railroad to employ men whose physical defects would render them a menace to life and property."

Notwithstanding the higher physical standards now being demanded in all departments of labor, no organized effort is being made, as far as food is concerned, to enable the workers of America to attain the physical perfections demanded.

It is in this light that the facts which we are about to record merit the attention of Congress, although there is not the slightest hope that Congress will call upon them for many years. The schools must first succeed in translating them for the benefit of the rising generation.

(After the German cruiser arrived at Newport News Dr. Perrenon, the ship surgeon, asked McCann to suggest a proper diet for these dying men. The dietetic prescription which saved their lives will be given in the next LIFE BOAT.—Ed.)

THE SECRET OF FRIENDSHIP

This poem was discovered by Mr. George Morgan of the banking firm of Morgan, Drexel & Co., in a country newspaper. He carried it in his pocket for five years, occasionally reading it to his friends. The author is unknown. Inquiries for copies of it were so frequent that he finally had it printed for distribution.

"If you have a friend worth loving,
Love him. Yes, and let him know
That you love him ere life's evening
Tinge his brow with sunset glow.
Why should good words ne'er be said
Of a friend—till he is dead?

"If you hear a song that thrills you,
Sung by any child of song,
Praise it. Do not let the singer
Wait deserved praises long.
Why should one who thrills your heart
Lack the joy you may impart?

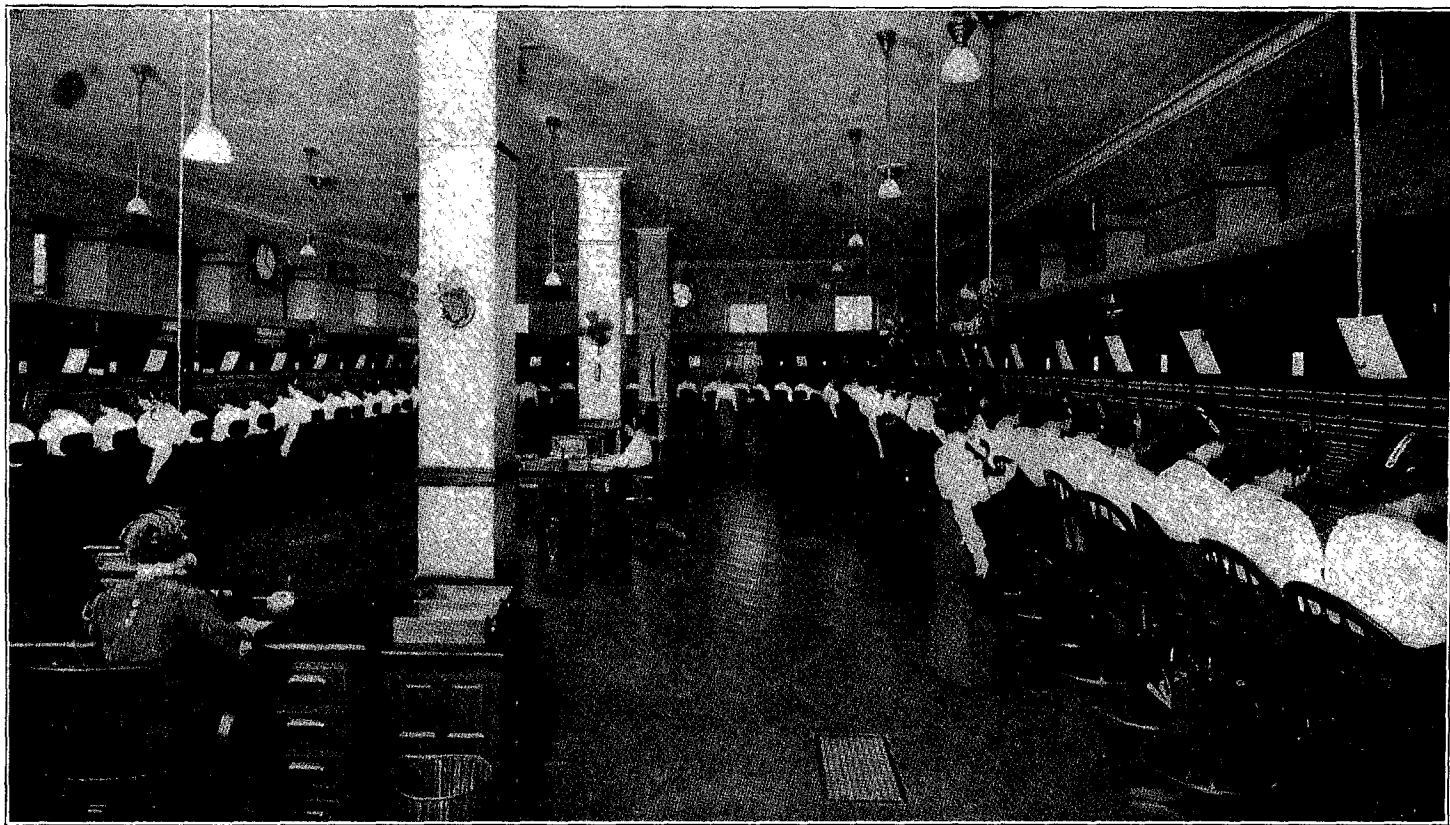
"If you hear a prayer that moves you
By its humble, pleading tone,
Join it. Do not let the seeker
Bow before his God alone.
Why should not your brother share
The strength of 'two or three' in prayer?

"If you see the hot tears falling
From a brother's weeping eyes,
Share them. And by kindly sharing
Own your kinship in the skies.
Why should anyone be glad
When a brother's heart is sad?

"If a silvery laugh goes rippling
Through the sunshine on his face,
Share it. 'Tis the wise man's saying—
For both grief and joy a place.
There's health and goodness in the mirth
In which an honest laugh has birth.

"If your work is made more easy
By a friendly, helping hand,
Say so. Speak out brave and truly
Ere the darkness veil the land.
Should a brother workman dear
Falter for a word of cheer?

"Scatter thus your seeds of kindness,
All enriching as you go—
Leave them. Trust the Harvest Giver;
He will make each seed grow.
So, until the happy end,
Your life shall never lack a friend."



From the National Geographic Magazine.

THE CHELSEA TELEPHONE EXCHANGE, NEW YORK CITY

A hundred operators take care of the thousands of trains of communication that pass hourly through this great center. The telephone and wireless have made it possible for each part of the world to know what the other part is doing each day.

The Greatest Achievement of the Age

David Paulson, M. D.

ON March 7, in Washington, there was held the annual dinner of the National Geographic Society in honor of the fortieth anniversary of the birth of the telephone. This occasion, a full report of which appears in the *National Geographic Magazine* for March, was an impressive one, in fact, there was demonstrated a latter-day miracle in the achievement of human discovery.

The eight hundred guests at this banquet in the New Willard Hotel, were each provided with a telephone receiver at his elbow. At one end of the great hall was a large map showing the great lines of communication from New York to San Francisco, to Seattle, and from Ottawa, Canada, to El Paso, Texas, and to Jacksonville, Fla. These stations on the map were fitted with electric lights, and as conversation was carried on with these different points the bulb on the map grew bright. Many of the men and women present justly felt that they were dining amid scenes closely bordering the supernatural.

Spanning the Continent with the Voice

The human voice was carried through the streams, across high mountains, plains and plateaus, in the twinkling of the eye.

Washington was in whispering distance of Ottawa. The guests at this banquet carried on conversation with General Pershing in El Paso, Texas, with Captain Gilmar of the United States Navy in San Francisco, as though they were in adjoining offices instead of thousands of miles apart.

The entire assembly of eight hundred guests were captivated as they listened to the five and three-year-old sons of Mr. and Mrs. Lawrence W. Harris in their home in San Francisco talk with their parents at this banquet.

Talking Without Wires at a Speed of 186,000 Miles a Second

Demonstrations were then made of the work of the wireless, using telephone wires part of the way when connecting up with the Arlington wireless station. It was last year that the wireless operator at Arlington sent a message clear across the Atlantic ocean to Paris, which was picked up in Honolulu.

Nature has made sound travel three hundred and sixty yards a second, while the wireless telephone has given it a speed of 186,000 miles a second. So Dr. Bell, the inventor of the telephone, has made the human voice able to travel nearly a million times as fast as it could before he invented the telephone.

The human voice is now no longer depend-



National Geographic Magazine.
SAYING GOOD NIGHT TO PAPA AND MAMMA
THREE THOUSAND MILES AWAY

These children in San Francisco are talking to their parents in Washington, D. C., and to the eight hundred other guests at the banquet.

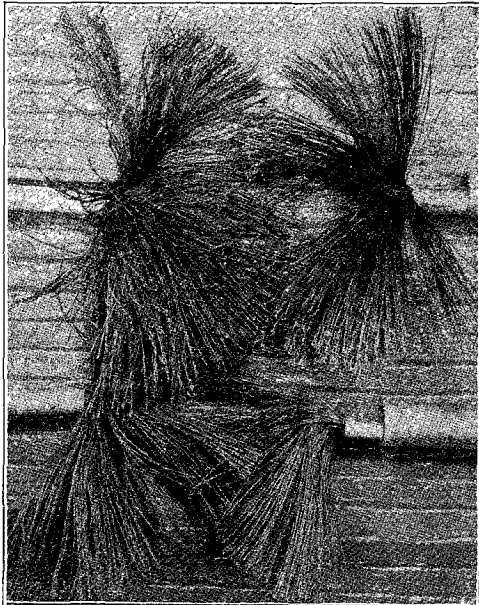
ent on telephone wires. The wireless waves, it is stated, can travel eight times around the world between the beats of the human heart.

It should not be difficult to believe that God can hear and answer the prayers of His children after such a demonstration.

After listening to that national song, "The Star Spangled Banner," sung at the Arlington station and the audience at the banquet joining in the singing, there was an awe and a hush of silence came over the guests as they realized

the presence of this supernatural power. The spirit of mirth and levity had no place among people who had witnessed such marvelous exhibitions.

Hon. Franklin K. Lane, Secretary of the Interior, was the first to make a speech. Among other things he said: "I can say that I feel humbled and meek and overwhelmed, for no man can say, after the things we have seen and the things that we have heard, that anything is longer impossible. There is probably not one man or woman here, who, forty-



National Geographic Magazine.

TELEPHONE CABLES READY FOR SPLICING

The largest cables contain two thousand four hundred individual wires, each one forming a communication of its own. What a fitting illustration of the wonderful telephone system of the human body—the nerves.

five years ago, would have said that it would ever be possible to talk across this continent by wire, much less to talk to New York and back again to this hotel by wireless."

Annihilating Distance

Mr. Theodore N. Vail, president of the American Telephone and Telegraph Company, who has under his direction the employment of two hundred and fifty thousand men and women, said: "There never has been a discovery or an invention that in the short life of forty years has so revolutionized that with which it has had to do.

"It might be said that the telegraph brings

all the world into immediate communication, and the telephone fetches your voice and conversation to the world.

"Intercommunication, of which the telephone is the latest exponent, binds this world together, draws its interests closer and will, in time, create a condition wherein all interests will be common to all people.

"Is it too much to think that in time it will be possible for any one, at any place, to immediately communicate with any one at any other place in the world by reasonably available methods; that *distance* will be *annihilated* and the whole world will be united in common interests, common thought, common traditions, and prejudices? Then and only then can there be a common people. It is making possible all things that can bring the extremes of mankind nearer together.

"This development is so definitely greater than that of the past, and has come so much *faster* than the minds of men could possibly become adjusted to it, that there has been no standard familiar to men's mind by which to measure it."

"What Hath God Wrought?"

Dr. Alexander Graham Bell, the originator of the telephone, then said: "I am really overwhelmed by the realization of the greatness of the demonstration that has been given us tonight. Wonderful! Wonderful! It brings back to mind the significance of the first message ever sent by the Morse telegraph, 'What hath God wrought?' I am overwhelmed in more ways than one. I can not claim very much credit for all this wonderful development.

"Away back in the old days I dreamed of wires extending all over the country and of people in one part of America talking to people in another part of America. It was the dream of a dreamer, today we have seen witnesses of the fact that there is no part of this continent that is inaccessible to the human voice. Where are wonders going to cease?"

A Few Comparisons with the Past

Mr. Bethell, vice-president of the American Telephone and Telegraph Company, made a few interesting comparisons. He spoke of the time when Cornwallis surrendered his sword to Washington, that a *swift* ship was dispatched to England to carry the news. Yet thirty-seven days elapsed before George III

knew that he had lost some colonies and gained some cousins.

He also spoke of that terrible bloody battle of New Orleans which was fought fully two weeks after the treaty of peace had been signed in the war of 1812. He also spoke of the time in 1843 when the Oregon bill was under discussion in the United States Senate and the senators considered that Oregon was so *remote* that it would require ten months for the representative of that far-away land to come to the National Capital and get back home again. Yet on this eventful night of March 7, the eight hundred guests of this banquet could one and all at the same time listen to a conversation in Portland, Oregon.

A Time of Fulfillment of Prophecy

On the occasion of the demonstration of this marvelous achievement it was left for Hon. Josephus Daniels, secretary of the navy, to very fittingly speak of its relation to Bible prophecy. He said: "We live at a time when the dreams of poets, seers, and prophets have been translated into *realities*. The finest things in the world are dreams. 'Where no vision is the people perish,' wrote one of the old seers, and another, whose vision seemed to over-leap centuries and even millenniums and focus itself upon *our own times*, said: 'Many shall run to and fro, and knowledge shall be increased.'"

But let us pause one moment and read that entire verse of Dan. 12:4. "But thou, O Daniel, shut up the words, and seal the book, even to the *time of the end*; many shall run to and fro, and knowledge shall be increased." Thus all can see that this great achievement in our day is a striking sign that we are *now living* in the time of the end.

Secretary Daniels goes on to say: "It is indeed wonderful what some of those ancient

wise men foresaw. Did Nahum get a foreglimpse of automobiles when he wrote: 'The chariots shall rage in the streets, they shall jostle one against another in the broad ways; they shall seem like torches, they shall run like the lightnings.' Nahum 2:4.

"Did old Jeremiah get a foreglimpse of the aeroplane as an army scout when he wrote (Ch. 48:40, 41): 'Behold, he shall fly as an eagle, and shall spread his wings over Moab. Kerioth is taken, and the strongholds are surprieth.'

"Truly the miracle of the twentieth century has been the discovery of radio transmission; it is the marvelous fulfillment—a fulfillment which we could not believe unless we had heard it with our own ears."

Its Significance to Us

The third verse of the second chapter of Nahum reads: "The chariots shall be with flaming torches in the *day of His preparation*." And in Matt. 24:14 we get a glimpse of the great work of the last days for which the Lord has made this special preparation. He says: "And this gospel of the kingdom shall be preached in *all the world* for a witness unto all nations; and then shall the end come."

Are we not living in a time when we not only see the gospel of the kingdom going to all the world, but in the face of these tremendous possibilities can not the saving message extend to all mankind in an incredibly short time when the Lord rises up to cut His work short in righteousness and to bring His soon-coming kingdom?

The question that comes home to each one of us is, are *we ready* for the closing events of this earth's history and the ushering in of the glorious kingdom of our Lord and Saviour Jesus Christ?



How the Bible Transformed the Mexicans

Julius Paulson

[The evening of May 10th in the Hinsdale Sanitarium parlor, we celebrated the centennial anniversary of the founding of the American Bible Society, at which time Mr. Julius Paulson who spent nearly twenty years in Mexico and who is now connected with the sanitarium, gave a most interesting account from personal observation of how the Bible has transformed the lives of some of the native Mexicans. Our readers will be deeply interested in reading this.—Ed.]

I HAVE often wondered if we who live in this favored land so filled with enlightenment and progress, stop to realize how much of these blessings we owe to the Bible. In these days many are scoffing at the Word of God, but yet you will remember that if it had not been for the Bible and the influence of it, we would not have had this great nation.

If we just wander across our American border into old Mexico and see that country from which the Bible is almost absent, we can appreciate more what it really does. There the people are in darkness, in superstition and ignorance, and down-trodden, and slaves, simply because the influence of that Book has not gotten the foothold it has in other civilized and Christian nations.

Many have said this people can not be influenced by the Bible, that they are not able to comprehend it. That is not really true. The Bibles that have been introduced into that country, where their influence has really taken hold of the hearts of that people, have made a wonderful effect upon them.

I have seen instances where the transforming power of that Word is little short of miraculous. We say the age of miracles is past, but if you could see what the Bible has been able to do with a few who have really accepted it and taken it into their hearts, you would say that miracles still live. Many instances have come to my notice in the years I have lived in Mexico, but I have not the time to enter into them, but I will tell you two or three notable instances of the influence of the Word of God and what it has been able to do, and then perhaps we will not be so prone to scoff at it and believe there is nothing to it and that it is old-fashioned.

The Transformation of Rodriguez

I remember a young man I knew twenty years ago. He was a terrible man. His name was Rodriguez. He was the fear of everybody in our community. He was drinking all the time and so dissipated that his family

couldn't live with him. He spent all his time carousing and was one sore and laceration all over his body. The disease had gained such hold on him it destroyed his sight in one eye. Everybody was afraid of him.

One day a converted Mexican got hold of him and taught him something of the Word of God. He didn't take to it kindly and didn't want anything to do with it. He had gone so far he had no ambition to be anything but a bandit and an outlaw. However, this missionary with the Bible continued to go and visit him and teach him something of its precepts, and finally he was led to accept it, and the wonderful transformation is really interesting. It changed his whole life. He had never had any money, never had any home, had just lived as he could and slept where he might.

When he became converted to the teachings of this Bible, he went to live with his family and started a business, and began to try to teach others of this Word. The strangest part of all is that his disease which was considered incurable, completely healed up and he became a respectable man and built up a large and successful business, and when the revolution broke out he was a very wealthy man, using all his means to advance the work of the Bible and Christianity in his town. Those who knew him before and after were really amazed at the wonderful change that the Bible could bring to a human soul.

An Entire Village Became a Wonder to the Country

There was a village in the northeastern part of Mexico (really a plantation) where several hundred poor people lived in helpless and indescribable poverty. A missionary went to the village seven or eight years ago and presented the Bible gospel. They became interested, and inside of two years the whole village accepted the gospel and teachings of the Bible, and the transformation was surprising.

They built themselves homes and quit steal-

ing and carousing and drinking and became respectable citizens. People would come for miles to visit that village and see these people who had become so changed. They built a large school and church and it is surprising what an influence they had in their community.

"They Don't Harm Anybody"

When the revolution came on and nearly everyone became a bandit, none of these people would join the bandit bands. When the large crowds would come through the country robbing towns and plantations, they came to this village and saw it was looking very prosperous. One of the chiefs said, "Let's rob these people, they seem to have something." And strange to say, the head bandit said, "We won't. They have a strange religion and don't harm anybody." And the last I knew they had never been molested "because," they said, "they were good people and nobody must trouble them."

Better Than a Jail to Keep a Mexican from Stealing

In the western part of the country a Bible missionary went to a plantation and a number of the workmen accepted the truth and became better men. The owner of the plantation, a wealthy man who had several hundred people working for him, noticed the change of life in the men and began to inquire into it and finally invited the missionary to his own home to tell him something about a teaching that would fix a Mexican so he wouldn't steal. He couldn't conceive of anything in this world outside of a jail that would stop a native from stealing. And so the missionary told him the teachings of the wonderful Book and he was truly converted himself and then hired missionaries to come to his plantation, and three or four years ago when I last knew of them, every single workman on that plantation was converted to Christianity and it is a model plantation.

The old Book will stand in spite of the fact that people are trying to condense it and others are trying to get away from it. Its precepts and teachings will stand as long as the world stands; in fact, as long as the universe stands.

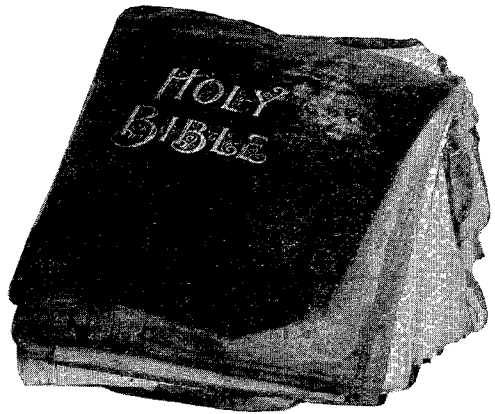
"Let the words of my mouth and the meditation of my heart be acceptable in Thy sight, O Lord, my strength and my Redeemer." Ps. 19:14.

THE STORY OF A TORPEDOED BIBLE

CAROLINE LOUISE CLOUGH

It was my privilege the other day to see and examine for myself in the offices of the Montgomery Ward building, Chicago, a large family Bible which had been torn out of its mail bag by a submarine while on a ship bound for Liverpool. The Bible was to be sent on to West Africa. Although a large book, weighing some eleven pounds, yet this Bible floated for weeks and weeks on the waters of the Atlantic and was picked up by a fisherman off the coast of Scotland.

The remarkable story appeared in the Chicago *Daily News* of May 9th. Quoting from



The family Bible which floated for weeks on the billows of the Atlantic, now in possession of Montgomery Ward & Co., Chicago.

an official of the large mail order house, it says:

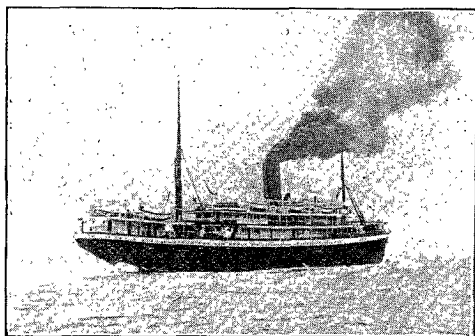
"On February 24, 1915, we received an order from a convert to Christianity in far-away Sierra Leone in the heart of darkest West Africa for a family Bible. Conditions for foreign shipment were discouraging, but we attempted it anyhow. The book, packed away in a stout parcel post bag, was on board the steamship *Falaba* when she was struck by a torpedo late in March of last year. Evidently the mail bag was torn open by the explosion and the Bible separated from the other contents and hurled to the surface. Weeks later it was picked up by a fisherman on the coast of Scot-

land where it had been washed to shore. How with its compactness and weight it could have floated that distance is a mystery to me. It was sent to Liverpool where the post marks were deciphered. On our orders it was returned to us because we wanted to keep it.

"In the meantime, J. Terry Morgan, the man who had ordered it, wrote, asking why he had not received the Bible. Before his letter reached us, however, we had mailed another copy of the Scriptures to him. But it was too late.

"The following letter from his mother to us tells the story:

"Sierra Leone, West Africa: I beg to report to you the death of my dear son, J. Terry



The steamship Falaba, which was sunk by a submarine, when the Bible was thrown to the surface.

Morgan, who departed this life on the 23d of May, 1915. I feel it to be a duty to give you this information, he being one of your customers."

The *Daily News* goes on to say: "This is the story of a Bible that neither a swirling torpedo from a German submarine nor the rushing billows of the Atlantic could conquer. The romance of the book which the torpedo could not destroy nor the waters encompass forever—which itself says the sea must some time give up its dead—reads like one of the classic mysteries of the sea."

In writing up the story of this wonderful book for a western paper, one of the officials of Montgomery Ward & Co. says: "Perhaps the very nature of the good Book was a protection to it. Perhaps providence especially guided the hand of the man who sent this particular torpedo on its way, for part of the torpedo must have torn open the mail bag and thrown the package containing the Bible free

of the wreckage and beyond the resistless vortex of the 'Falaba' when it took its death plunge."

Thus the Lord has verified, in this particular instance, His word found in Matt. 24:35, "Heaven and earth shall pass away, but my words shall not pass away."

Yet the Lord does not depend entirely upon the written Word, for in Jer. 31:33 the Lord says: "I will put my law in their *inward parts*, and write it in their *hearts*; and will be their God, and they shall be my people." And the Psalmist says: "Thy word have I hid in mine *heart*, that I might not sin against thee." Ps. 119:11.

It is only as we personally experience the transforming power of this Word in our own life that we will be able to stand in the day of the Lord's visitation.

CLIMBING UP

(From a Prisoner in Anamosa, Iowa.)

"I am expecting soon to go out to work under the honor system. A granite quarry is to be opened up and worked by honor men, the principal part of the quarried rock being crushed for county and state highways.

"The honor system gives those who are trying to reform encouragement and also a means of saving enough to keep them while finding suitable work after gaining their freedom.

"I loan my books to those who wish to read them, and one man wanted 'Bible Foot Lights' so badly that I let him have it. He is going out soon and he wanted to be sure he had a copy of it, as he wishes to have the people read it where he is going.

"Several say that they enjoy *THE LIFE BOAT*. I now pass it down one gallery (at least one copy), but it may go farther. One copy I place numbers on, though it does not change hands as fast as the one does that is passed from cell to cell.

"You may be sure that I shall not forget the help that you and the books and publications have done me. Upon my release I shall devote all the time I can spare in spreading the message in the homes wherever I may be.

"I thank you for your kindness in the past, and assure you that I shall try to awaken the people where I go to a knowledge of the truth."

Gethsemane: Then and Now

B. N. Mulford

Fountain Head, Tenn.

"Tarry ye here, and watch with me." Mat. 26:38.

THESE words spoken by our Saviour on that eventful night in Gethsemane should come to us with renewed force at this time. As Christ thus spoke to those three disciples whom He had especially chosen to be with Him at this time, He withdrew a short distance and began to pray. What a grand privilege that was to those three men. There knelt the Son "Who is the image of the invisible God. And He is before all things, and by Him all things consist." Col. 1:15, 17. There knelt the man Christ, "Made of the seed of David according to the flesh; and declared to be the Son of God with power, according to the spirit of holiness." Rom. 1:3, 4.

There knelt the Saviour of the world, "Despised and rejected of men; a man of sorrows, and acquainted with grief. Wounded for our transgressions, He was bruised for our iniquities; the chastisement of our peace was upon Him." Isa. 53:3, 5. There He knelt with the sin of the whole world resting upon him. In deepest grief came those words, "O my father, if it be possible, let this cup pass from me." Yet in the spirit of perfect submission he continued, "Nevertheless not as I will, but as thou wilt." Matt. 26:39.

After an hour of this agonizing prayer, can we imagine his disappointment when he turned to his disciples and found them asleep? How

broken must have been his voice, how bleeding his heart, when he said to Peter, "What, could ye not watch with me one hour?" And then the admonition, "Watch and pray, that ye enter not into temptation."

What those disciples missed upon that occasion can never be estimated. That was the crisis of the ages. Long ago, it was declared

in the words of Jehovah, that the seed of the woman should bruise the serpent's head. (Gen. 3:15.) Holy men of God had looked forward to this time, praying that they might see this day, but they saw it not. But at last the hour was struck; the curtain of time was withdrawn, and there was revealed, in the personage of Christ, the Saviour of the world. There was the Son of God manifest in the flesh, the glory of heaven, among men. Could those disciples have realized the greatness of the occasion, could they have sensed the solemnity of the hour,



"There knelt the Saviour of the world."

could they have understood the importance of the events before them, do you not think that they would have remained awake? But their eyes were heavy, and they slept—slept while the Saviour of the world, only a few paces beyond, was agonizing with God in that awful hour of trial, for the deliverance of the world. Yes, while Christ poured out his soul to the Father in tones of deepest anguish, his chosen followers, those whom he

had nourished and brought up, were asleep by his side.

It Might Have Been Different

What might have been the experience of those men had they watched with the Saviour in that hour? Would they have been better fitted to meet the world? Would they have been stronger promoters of the gospel? Had they actually entered into the experience with Christ, so far as it is possible for the sons of men to enter, and there watched the Saviour in His great wrestling, as the power of God was withdrawn, and the power of darkness enshrouded Him; had they leaned forward that they might not miss a single word, or even a single expression of his countenance; had they, too, continued in prayer, seeking God for deliverance; had they sensed the travail of His soul, and in that hour when heaven seemed shut up to the Son of God, had extended their hands to Him, and lifted up their voice in encouragement; had they been to Him a brother, a friend, is it enough to expect that we would not today have the experience of the denial? Would not the gospel have gone with even greater power in the days of Peter and James and John? Might not the kingdom of Heaven have been hastened, and the power of sin, ere this, have been forever destroyed? We can but ask these questions. Eternity alone will be able to answer them.

With such great possibilities before them—possibilities of joining with Christ in His hour of temptation—how sad must those disciples have felt when the Lord returned to them the third time and said, "Sleep on now, and take your rest: behold, the hour is at hand, and the Son of Man is betrayed into the hand of sinners." If they could but call back that hour of sleep, they would gladly watch with the Lord. Is it possible that they had missed their opportunity of following the Lord in His victory over sin? Though they had been following Jesus for several years, had they failed at the last moment? Had it been possible that the thing, for which holy men of God had been hungering for generations, had come before them and they sensed it not? In that garden, on that night, and in that hour the Saviour knelt in prayer. All the worlds (except this one), and all the angelic host, looked on in awe as the Saviour of man poured out His soul to God; but the disciples slept.

We think that *we* would have watched. Could we have had that opportunity, we think we would have used it. What a blessed privilege it would have been to us to be with the Saviour in that hour of trial. We would have remained by His side and buoyed Him up in His awful temptation. We would have strengthened His hands. This may be true, but listen:

Do you know that we are at this present time passing through a similar experience? Great though were the privileges, possibilities, and duties in the days of Jesus on earth, yet even greater are the same to us today. As truly as Jesus said to those three disciples on that night in Gethsemane, "Watch and pray," even so truly does He say to us, "Watch." Matt. 24:42.

Today a Time of Greater Importance

If that was a time of importance, this is a time of more importance. If it was well for men to be awake then, it is well for men to be even more awake today. If the Gethsemane of that day was an hour of trial and bitter anguish, the Gethsemane of today must be the same. If there rested on the Lord, nineteen hundred years ago, the weight of the sins of the whole world, there rests upon Him today the same and added transgressions. If He pleaded with the Father in that day, how much more must He plead with Him in this day.

But Christ is not alone today. In the Gethsemane of old, Christ prayed alone and won the victory; but in the Gethsemane of today we find Christ exalted to the throne of God, and man is left on the earth to fill up in his flesh that which is left behind of the afflictions of Christ. (Col. 1:24.) The disciples of old slept while the Saviour prayed, yet they had another opportunity, the end was not yet; but the disciples of today, if asleep, will be found at the feast without a wedding garment. (Matt. 22:11.) They will be caught as a thief in the night. (I Thes. 5:2.)

"The great day of the Lord is near, it is near, and hasteth greatly, even the voice of the day of the Lord: the mighty man shall cry bitterly. That day is a day of wrath, a day of trouble and distress, a day of wasteness and desolation, a day of darkness and gloominess, a day of clouds and thick darkness." "And I will bring distress upon men, that they shall walk like blind men, because they have

sinned against the Lord: and their blood shall be poured out as dust, and their flesh as the dung. Neither their silver nor their gold shall be able to deliver them in the day of the Lord's wrath." Zep. 1:14-18.

"The hour of His Judgment is come," Rev. 14:7. The trumpet is about to sound; the nations are angry, "and Thy wrath is come, and the time of the dead, that they should be judged." Rev. 11:18.

Not a Time of Slumbering

With these things before us, is this to be a time of slumbering? To him who would be a disciple of Christ in these last days of this earth's history when the wrath of God is about to be poured out without mixture (Rev. 14:10), to him who would stand in this awful time of trial, must come that devotion, that consecration, that humility of spirit, that anguish of heart that was found in the Saviour on that night in Gethsemane. As He poured out His soul to God for strength in that fearful hour of trial, even so we must do the same if victory be ours.

In this time of final struggle, "Let us hold fast the profession of our faith without wavering." Heb. 10:23. Let us not be like those disciples of old who slept while the Saviour prayed, but let us watch and pray, knowing that "Yet a little while, and He that shall come will come, and will not tarry." Heb. 10:37. Then when the Lord returns, He will not say to us, "Sleep on now . . . for the hour is come," but rather "Well done, thou good and faithful servant; thou hast been faithful over a few things, I will make thee ruler over many things; enter thou into the joy of thy Lord." Mat. 25:21.

THE GREAT COMMISSION

EDITH M. GRAHAM.

Just before Christ left his disciples to return to heaven he gave them their great commission. "All authority hath been given unto me in heaven and on earth. Go ye, therefore, and make disciples of all nations, baptizing them into the name of the Father and of the Son and of the Holy Spirit; teaching them to observe all things whatsoever I commanded you: and lo, I am with you always, even unto the end of the world." Matt. 28:18-20, A. R. V.

Some think that this commission was given only to the disciples, as representing the min-

istry, but the early church did not so understand. "Therefore, they that were scattered abroad went every where preaching the word." Acts 8:4. We are expressly told that those who did this were not the apostles, but other members of the church. "And at that time there was a great persecution against the church which was at Jerusalem; and they were all scattered abroad throughout the regions of Judea and Samaria, except the apostles." Acts 8:1.

"The words, 'Go ye into all the world, and preach the gospel to every creature' (Mark 16:15), are spoken to each one of Christ's followers. All who are ordained unto the life of Christ are ordained to work for the salvation of their fellow men. The same longing of soul that He felt for the saving of the lost is to be manifest in them. Not all can fill the same place, but for all there is a place and a work. All upon whom God's blessings have been bestowed are to respond by actual service; every gift is to be employed for the advancement of his kingdom."

There is one thing to be noted in this great commission, and it is that the promise, "Lo, I am with you alway," is given only to those who go out to seek the lost. The "New Testament in Modern English" brings out this thought rather more clearly than the other versions: "Go you out, therefore, and instruct all the nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit; teaching them to observe all that I have commanded you: and *then* I am with you through all time, even unto the completion of the age." Matt. 26:19, 20.

It is *then*, when we are doing our part to fulfill the great commission, that the presence of Christ is with us. Do we desire Him with us? In unselfish service to others we will find Him always at our side. So long as we will go in the appointed path, we will always find Him there with us. When we leave it and settle down in selfish ease, we leave Him too. Or if we leave it to give *all* our time to the work of the world, no matter how necessary that work may be, the result must be the same. Because the great commission has been given to every believer, it must be possible for each one to do his part in it, and all who are true followers of Christ will find ways and means of doing their part of God's work.

A TOUCHING EXPERIENCE

KATE D. SANBORN

Matron, Life Boat Rescue Home, Hinsdale, Ill.

We have nothing but an encouraging report of the work at the Home to bring to our readers this month. Several new girls have come and we made them welcome, while others have left us to start life anew. One girl with her week-old baby who had just been dismissed from the hospital came to us. Another poor mother whose husband had deserted her came to us to be cared for.

But there is one experience we had during the month that I wish to mention especially. Two Swedish girls came to us the month before. Both understood English, but the younger one could speak very little of our language. The younger sat with bowed head, while the elder one told their story. It was this:

"About two years ago I came to this country. My sister only seventeen, came last year. While on ship board she became acquainted with a girl about twenty-four years of age. The acquaintance was continued after her arrival in Chicago. The girl was evidently a bad character and she and my sister soon began to keep company with two brothers who were also of Swedish nationality. In the meantime my sister had obtained work in another family from where I was working as domestic.

"I tried to keep in touch with her and often called her by 'phone asking her to spend some time with me, but she so often answered that she with her lady acquaintance was going out with their boy friends. When it was too late I learned the awful truth of her fall, and was harassed by the words of her unprincipled friend that I should have been looking after her."

In anguish of heart this older sister said:

"What could I have done? I was working hard and had made every attempt to spend my spare time with her. How can I bear the shame of this thing?"

You can not know how helpless I felt when I tried to comfort and advise this dear girl. Her greatest concern was to meet and make known the truth to their godly parents who were expecting to come to this country. But I said that we must both pray to the Heavenly Father to give them strength to bear the sorrow.

I inquired whether her parents were not afraid to cross the ocean just now, but she told me that her father was a very godly man and he would trust to his God to bring them safely across since it was necessary that they come at this time. I also learned that both the girls had been carefully reared in a Christian home.

I assured the older girl that the sister



A home baby who is so fortunate as to have a home with its own father and mother.

would have the best of care in the Home, and I would do my very best to keep her from getting lonely. She departed that evening leaving the unfortunate sister with us.

Many times afterwards she came to see her sister who was getting along nicely with us with the exception of a few slight attacks of sore throat.

One morning she did not appear for breakfast and on going to her room I found she had an unusually sore throat. Although I had planned to go to Chicago on an early train

I postponed my trip until later in the day and did my best to relieve the poor girl. She was not so bad off but that some of the girls could have looked after her, but I realized she was a stranger in a strange land and I wanted to assure her of my love and interest in her welfare.

A few days later her parents arrived in Chicago. The next day three visitors arrived at the Home. They proved to be her father, mother and a Swedish Lutheran minister who



This little boy is enjoying the love and care of foster parents.

was a friend of her father's. Her father requested that she should not be told of their arrival until the minister had talked with her. So we arranged a meeting with the minister to take place in the office, the superintendent and I being present. Although they conversed in their own language we knew by her passionate weeping the moment he told her of her father and mother who were waiting for her in the parlor. She was then led, weeping, to the parlor.

I will not try to describe this meeting, but

will only say that the superintendent and I could not refrain from weeping. The father spoke comforting words to her as they had decided before their arrival that not one word of censure would be spoken. They promised to call for her the next day and take her to their home in Chicago, where the mother would give her the proper attention and care, and where she would have the love of kind parents to cheer her in her sorrow.

When they arrived the next day to take her home with them they could not seem to express gratitude enough for the kindness and care we had shown the daughter while she was with us. We were glad that we could offer sympathy and assistance in their time of need.

Our hearts and our doors are open for girls and young women who have wandered astray. We have many rich experiences as we endeavor to lead such back to the foot of the Cross and to know the love of their Master. We trust you will remember this work in your prayers.

FOUND A FIELD FOR LABOR

This letter is from an inmate of the California State Penitentiary, who is working for the salvation of souls right where he is. He is sending names for correspondence with our Office Laborers' Missionary League. There may be others who would like to correspond, such can do so by addressing the League in care of THE LIFE BOAT.

"Today has been a blessed day to me, full of God's sunshine and love. My joy was added to when about six men held up their hands for prayers at the meeting held here at eleven o'clock, and four had the courage to go forward to be prayed for. One of them expressed a desire for Christian correspondence. How happy I am that God in His mercy and love, after all these rebellious years towards Him, still finds a place for me in His vineyard where I can labor!

"Your letter of the 4th was very encouraging. There are so many aching hearts that we could help if we only knew them. For sometime I have been trying to get the missionary spirit in the young men and boys here, but sorry to say that I have not been successful so far. While I have been able

to get a few who are real Christians, who are willing and would like to interest themselves in the service for the Lord, alas! time or other duties of some sort prevents them from giving more time to it. Surely the field is large, but where are the laborers?

"I believe that our communication has come about through the Holy Spirit that the Lord should be glorified in giving your Office League an opportunity to serve the Master in this worthy field. There are many names I can send you for correspondence, but would not do so until I get the consent of the individuals themselves. This young man has been here now just about a month and had the courage to declare his intentions openly for the Christ life by going forward. I know that he is earnest in his intentions. He told me that all his friends and what few relatives he had went back on him in the time of his trouble, all but his wife. Only one who has passed through this practical experience knows the import of these words, 'I was in prison.' 'And ye have done it unto me.' I know of many such cases.

"I will forward one more name, that of a lifetimer, who expresses a desire for the better things of life. One who said to me that he reads and studies His Bible. He has only received one letter in about two months. Not much encouragement is it? I know he will welcome a word of encouragement from one of God's children in the outside world.

"Let us get busy. Satan is ever at hand with his soul destroying influences."

BALM FOR A LONELY HEART

(From a Prisoner in Auburn, N. Y.)

"Your much looked for and welcome letter came to hand yesterday and was very joyfully received and read.

"A few lines from a Christian friend, even though a stranger, is a balm for a lonely heart and surely gives one great cheer, especially those of us who are unfortunate enough to be confined within prison walls.

"God has been very merciful to those of us who are so unfortunate, having softened the hearts of many officials who are treating us humanely and trying to put us in a way to make good. Society is not quite so cold as in former days, and, praise God, the churches are taking hold of the prisoners'

problem and I am sure the time is coming when the crime in this country will have been reduced to a minimum and the prison will be looked upon as an institution of reformation and not as a 'Palace of Misery.' We receive fresh air, sunshine and plenty of recreation now.

"If a man is healthy in body, he also is healthy in mind. If he is physically strong he is able to work. If society receives him properly he has a chance to make good; such is reformation. Again if a man's mind is clear and good, literature and God's word are put within his reach. He will surely read it and be helped. Such is my case and hundreds of others are like it.

"I received the little tract with your letter and it all helps to keep one's mind in the proper channel."

SAD TO HEAR THEIR STORIES

(From the Ohio State Penitentiary.)

"Yours of the fifth received. I am always glad to hear from you, as your letters are a cheer and comfort to me in my lonely hours. I am studying my Bible every day and find it contains so much life. I pray God to give me a clear understanding of it, and to fill my heart with His Holy Spirit.

"There is only one thing that will reform and transform a man, and that is the love of God in his heart; I know that from experience in my own life. Kindness begets kindness and love begets love every time. Jesus' life teaches us to do good for evil. It is not the man that society sends to prison that really gets the most punishment, it is his dear family that he leaves behind him. I know these things to be true. Every day of my life in this great prison I see the effects of this. I hear men say that it is their wife and little children that must suffer, and how sad it is to hear their stories! If the people of this great country could only hear and know the truth as it is, I am sure that something would be done.

"Eighty-five per cent of the men who come to this prison are here on account of booze, and yet the Christian people of this great country will let it be made and sold. Oh, what a shame to them. God pity them I pray. I want to do my little part to help to get rid of old John Barleycorn, for it is the

cause of my being here today. But I blame no one but myself for being here. I am only paying the price of my sinful ways, the way of the transgressor is hard, and let me add to it *very hard*."

FRUITS FROM OLD NINEVEH

DR. THOS. S. SULEEBA,
Grand Rapids, Mich.

[Dr. Suleeba, a native of Mesopotamia, born and raised in the ancient city of Nineveh, visited Hinsdale recently and told our family of workers some of the terrible struggles and persecutions which he and his family suffered in accepting Christianity in his native land. His appreciation of the little ray of light from this enlightened country which penetrated to the depths of that Mohammedan land and brought his people into the light of Christ led us all to do more for the lost souls in foreign lands.—Ed.]

My grandfather, sixty-one years ago, was very desirous of getting a Bible. He was a deacon in the Assyrian church. The office of the deacon was to stand by the priest and hold the candle while the priest read the Bible. The Bible was kept chained in the church, and locked up. The priest would go there, unlock it, take it to the pulpit, read from it, then take it back, lock it up, and put the key in his pocket. My grandfather was very desirous of reading the Bible for *himself*. So he offered one hundred pieces of Turkish gold, each worth exactly \$4.84 in American money, for a Bible. \$484.00 is what he paid for a Bible sixty-one years ago in Mesopotamia. How much did you pay for your Bible?

I am thankful to say that now in my country we can buy Bibles in twenty-two different languages at ten cents each. I wish my grandfather had lived till now so he could have one too.

Buying a Space in Heaven

In my country, you can go to the priest and buy a place in heaven. For one dollar you are promised a place about a foot square. You get standing room in heaven for one dollar. If you can pay three or four dollars you get a little bigger place, enough to sit down comfortably through all eternity. If you can pay eight or ten dollars, you get enough to lie down on, and so it goes. The priest writes the order on a little piece of paper and puts it in a locket of your choosing: a gold locket, or silver, or bronze, then he hangs it around your neck with a chain and you wear it all your life; when you die it is buried with you. When the tomb opens, that opens too and you take the paper to St. Peter and he at once

escorts you to your place in heaven, bought on this earth. Don't you think my people need your bad pennies and crumbs that you send to foreign missions, that they may be enlightened by Christianity?

No Need for the Gospel

When the missionary came to my town, my father was the first one to be converted. When he first came, the people were good to him, the cobbler gave him shoes; the baker, bread; etc. My father was a candlemaker, so he took him some candles to light his way.

The missionary told him he came over there to preach the gospel. My father asked, "Why? We are not heathen here. We believe in Christ. Why do you preach the gospel to us?"

The missionary read some from the Bible for my father. My father had been a deacon all his life, and his father had before him, but he had never heard anything like that. So he stayed with the missionary and studied for four days. And then my uncle got angry because he was absent from the candle factory so long and went to look for him. He found he was about to change his religion, so he took a steel dagger and went to persuade my father to come back and if he wouldn't come, he intended to kill him to save him for the old church, so he wouldn't lose his reservation in heaven. So he also went to the missionary's home. What happened? He became interested too, and within eight days he was converted.

A Week Without Food, Water or Light

They then got Bibles and went out on the street to preach and teach the people. The priest took steps to stop them. He got them ordered from the next highest caste to the lowest of all. Then he took them in the basement of the church and locked them up without any food or water or light for a whole week. The next Sunday, they brought them up to the church and said they would give them one more chance and that would be the last. If they would come back to the old church they would be reinstated as deacons and have all their old honor back. If not, they would be turned over to the civil authorities and that meant death. For everyone accused in Turkey of preaching in opposition to Mohammedanism is sentenced to instant death.

But my father and uncle were not executed

just then, I am thankful to say. But they said they would rather die than give up their new-found religion.

Worse Punishment Than Ever

They were whipped on their bare feet first. That was done by making them lie down on their backs, then their feet were tied into a hole in a beam, and soldiers stood there and whipped with the lash on the bare feet until the toe nails were all torn to pieces and the blood spurted out. My father and uncle were not able to walk away from there.

Then they were taken to a prison, placed on the floor face downward, their hands and feet tied to the four corners of the room and stretched, and to make breathing more difficult, a thirty-five-pound stone put on their backs. They were kept there an entire week. On about the fourth day my uncle passed away, but my father lived on and was there with his dead brother beside him for the rest of the week. When my father got out, he again began preaching on the street.

How the Lord Saved Him

They caught him again and this time sentenced him to be executed. Just then a missionary was on the way who was a doctor. The night my father was to be executed, the governor was taken sick, and about to die. Someone told them a doctor was in town so he was called in, and saved the governor's life. They asked him what his charges would be, and he said he didn't want money, but asked for my father's release, not for any crime, but so he could serve God in his own way. They granted it. So the Lord worked that out and saved my father.

Now there are about sixteen hundred Christians there in Nineveh. They support seventeen missionaries and twelve students in college, seven young men and five young ladies, making twenty-nine people supported by that church.

A BIBLE EVENING

CAROLINE LOUISE CLOUGH

On the evening of May 10th we celebrated at Hinsdale, the centennial of the anniversary of the founding of the American Bible Society. We had a Bible evening which was one of deep interest. The story of the early struggles of the pioneers to introduce the Bible,

and thus mold the lives of the new settlers of this country by its influence was told by Mrs. Wolfson.

Mrs. Gaylord followed by giving us a glimpse of the extent of the work of the Society, and the figures showed a grand total of one hundred and seventeen million volumes of the Bible put into circulation during the last one hundred years.

An interesting part of this report was the fact that of this large number, more than seven million were circulated during the year 1915, as against less than three million for the first twenty-five years of the existence of the Society.

The Society has received and spent over thirty-eight million dollars and its work has been felt on five continents and the islands of the sea, having some two thousand workers engaged in this work in this country and abroad.

Mr. Colburn gave a few strong sayings of great men concerning the Bible.

Dr. Barber read an interesting little incident of pioneer life referring to the Indians' search for the "White man's Book of Heaven."

Dr. Wolfson read the story of a torpedoed Bible, and Mr. Julius Paulson gave some first-hand information of the marvelous power of the Bible to transform the heathen mind in Mexico.

These speeches were interspersed with touching songs concerning the Bible.

This LIFE BOAT may justly be called a Bible number as we have reproduced for the edification of our readers, some of the splendid things that were presented that night.

Luther in speaking of the power of the Word of God, especially at the institutions of learning, said:

"I fear much that the universities will be found to be great gates leading down to hell unless they take diligent care to explain the Holy Scriptures and to engrave them in the hearts of the youth. I advise no one to place his child where the Holy Scriptures are not regarded as the rule of life. Every institution where the Word of God is not diligently studied must become corrupt."

The same might be said of every home in our land. The Bible contains the *only rule* for righteous living, and each one of us should be daily students of that great book.

GIVING THE DOUBLE GOSPEL IN THE SLUMS

ELIZABETH A. KEMP,

Life Boat Mission, 34 S. Desplaines St., Chicago.

[Last week Brother Walen, who helped to start our Life Boat Mission last winter and who has given his entire attention to the mission ever since, left us for his home in Tennessee, where he has a large and interesting industrial educational work for the mountaineers. Mr. and Mrs. Kemp have now taken the immediate charge of the mission work for the time being. This with their treatment room work which they are carrying on in the basement beneath the mission room, will keep them very busy. But the Hinsdale workers and other city workers are rallying around them and much good is being accomplished. Ed.]

Opportunities are coming thick and fast to help others and tell them the story of Jesus. Last Friday was a day of rejoicing with us. We felt that God was very near to us. We felt His presence in the meeting.

It is customary for one of us to stand outside the door of the mission and invite the men into the services. Mr. Kemp was outside on last Friday night. A poor, heart-broken man came along, and was invited inside. He refused, feeling that he was unworthy even to enter the hall or to ask God for forgiveness. Mr. Kemp continued to plead with him and finally he came in and asked us to pray for him. We believe that he was truly repentant. He was provided with a room for two nights and with food. He was also taken downstairs to the treatment rooms, where Mr. Kemp gave him some much needed treatments, and he was greatly benefited physically. On Sunday night he left for his home in Minnesota.

God is also blessing our work in the treatment rooms. We are both kept busy and are having wonderful success with the different patients. They come to us sick and discouraged and after a few treatments, sometimes after one treatment, they feel like new men and women. They are indeed grateful for their restored health.

This gives us the opportunity of pointing them to the Great Physician, and we tell them of Jesus and His love. Every day the Saviour becomes more dear to us, as we minister to our fellowmen.

We had two very acceptable presents given us for the treatment rooms this past week. Mrs. Scott from Newark, N. J., called on us on her way to the Hinsdale Sanitarium. She was interested in our work, and made us a present of a nice new ten-dollar bill, for which

we were very grateful. We were also presented with a wall plate for giving galvanic, sinusoidal and faradic currents. These are very beneficial treatments.

We are expecting a good meeting tonight. Evangelist M. H. St. John will speak to us. Last night Pastor Webster spoke to us. We were pleased with the interest shown by one man who seemed anxious to know the truth regarding our Saviour.

We will tell you next month more of the work. We are happy in the service of our Lord and King, and are anxiously awaiting His coming in the clouds of Heaven.

A WORD FROM THE INN

LEAH CHAFFEE

[For several months past, some of our nurses in training have been looking after the work at the Good Samaritan Inn, a sanitarium for the sick poor located across the street from the Hinsdale Sanitarium. These workers have had some rich experiences in carrying burdens. Just now Miss Chaffee, a member of the senior class, is doing this work. She gives us the following brief report. Ed.]

During the three weeks that I have already spent at the Inn I must say that I have met with many good experiences. The Lord has been very near to me, and I can only praise Him for giving me a small part in His service.

At the beginning of each new day, we, the workers and myself, meet in our treatment room to consecrate our lives anew to the Master for that day and to seek for guidance and wisdom to be able to perform our duties that they may be acceptable in the Lord's sight. We also have a list for whom we have special prayer each morning, and we have seen results from our efforts.

Two of our patients have become deeply interested in the truth. One expressed herself that she had learned to love God since being here with us.

We have not only seen results from our labor for their spiritual needs, but also for their physical needs. One dear little woman who came to us a week ago, having lived on practically nothing but crackers and milk for nearly a year is now able to eat as hearty a meal as any healthy person and enjoys her food so much.

Our building has been practically full during the last two months. Our prayer is that the Lord will send us others who need just the help that we can give them here.

MEDICAL EVANGELISTIC WORK FOR ALL CLASSES

PEARL M. STILES

[Miss Stiles has spent several months of her one-year medical evangelistic course in the Chicago work, helping with the jail services, visiting from house to house, assisting in the mission services, giving treatments to the sick, caring for the needy, taking clothing to the destitute, etc. She has written this month, first, of her experience in the gospel services held Sunday morning in the Harrison Street Police Station, and also of the precious opportunities she is having of opening the Bible to interested readers. A new class of medical evangelists will be started July 12th. If, after reading this article, there is kindled in your heart a desire for a similar experience write for further information at once.—Ed.]

I shall never forget the services I attended at the Harrison Street jail this morning. During a song in the early part of the services the door of the prison was heard to unlock, loud voices were heard and we who were standing near the door of the ward knew that something was happening. At the close of the song I looked down the hall and there lay a man dead drunk. Shortly two policemen came dragging him (it seemed difficult to handle him otherwise) down the hall and into a cell near where I was standing. I could plainly see him as he lay there in the cell. He had been lying out in the rain, one side of his clothing was wet. As I looked at him I thought, were he one of my own brothers how anxious I should be until I could see him cleaned up and in a comfortable position.

My heart ached for him. I wonder if when he was a pure innocent little child he had a tender mother's care, if any body ever had loved him. Why was he there in that condition? Then the text of Scripture that says, "He came not to call the righteous, but sinners to repentance," made me know that there is a tender Father who cares and loves him so much that He gave His only Begotten Son, that whosoever believeth in Him should be freed from that bondage which is greater than iron bars, sin.

While I was thinking of the awful condition of this man, another in the same cell, awakened and looked bewildered for a while, then seemed to realize that he wasn't in a strange place.

I asked him if he would like to have us pray for him, and he said in such a sympathetic tone of voice, "Well, no, I don't care if you pray for me, but it won't do no good; I have always been like this. I can't help it. I don't amount to nothin' no how." And

with this he laid down again on his wooden bed.

This man reminded me of the many professed Christians whose spiritual experience is dead because of their pride and love of pleasure and gratification of selfish ambitions. The only difference is, generally speaking, they do not realize their condition while this poor man did.

In the women's corridor I was asked to talk to them. I had nothing prepared to say but the Lord gave me a message that reached hearts and those who were giddy and careless at the beginning had settled down to a sober frame of mind and with tears in their eyes said they wanted us to pray for them.

Our own souls were watered as we saw others being touched and drinking in the message of salvation to them.

"Though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool." Isa. 1:18.

House to House Work

For a number of weeks I had been devoting my entire time to studying the Bible with different ones in the district assigned to me, who had become interested in it through our conversations during previous visits with them.

Seeing the deep interest manifested by these souls and knowing that many more were just as hungry for the bread of life, I began pleading and praying for some one to be sent to take charge of the Bible work so that I might continue in the work of finding these other interested ones.

Finally one of my class mates was sent in to take this work of giving Bible studies. For this I was very thankful, for it seems that the work could have been given to no one who has a greater burden for the souls of those with whom they work than this sister. I felt the Lord had answered my prayer in the matter.

The end of the year drawing near, we have but a short time to work, and in my visits now I ask the people if they would like to have us come and study from the Bible about the signs of the times and the end of the world. This subject being uppermost in the minds of most all thinking people today because of the terrible situation in the Eastern countries and many seem eager to learn all they can about it, especially what the Bible

says regarding it. And during the last few days the number I have found who want Bible readings is so many as to again require most all my time with them. "The harvest truly is great, but the laborers are few."

It is such a sweet thing to know that the work you are doing is just what the Lord wants you to do, and this is the conviction that follows me each day that I go to the homes of the people and tell them of the soon coming of Christ and His desire for us all to be ready to meet Him when He comes. And the inspiration received through the manifested interest on the part of those who listen, waters my own soul and makes me wish that every year of the nurses' training course were a medical evangelistic year.

I hope all who read this article will be inspired to give more of their time in giving the message of salvation and of our soon coming Saviour.

of children and young folks. Every garment and every article in the box showed that much loving care and painstaking effort had been put into it; just the things that are needed for the many tiny infants. I wish we could show you some of these beautiful articles and the sofa pillows that were made by the children.

It was through the earnest efforts of Mrs. Minnie Douglass that this class was started. In her letter stating that the box had been sent she says:

"I am so glad I can write you that we have at last sent the box and I hope what it contains will help to make some of those dear girls happy.

"All the class have enjoyed the work and they were so willing to do it. It helped them in many different ways. They not only learned to sew but they also imbibed the spirit of doing missionary work.



The children's sewing class which remembered the home

REMEMBERED BY THE CHILDREN'S SEWING CLASS

We just received today a box from Columbus, Ohio, which was packed full with articles of clothing and useful things for our babies at the Rescue Home, made by a sewing class

"Before I packed the box I invited all the parents to come and see our work and they were well pleased to see the interest the children were taking. Many strangers came in also to see what the children helped to do. They have all been faithful little workers."

Echoes From the Prison Campaign

WE want to give our readers just a glimpse of how this wonderful campaign of **THE LIFE BOAT** in the prisons of this country is going.

Responses came in thick and fast from prison officials all over this country till the demand for this special **LIFE BOAT** far exceeded the supply. This appeal from the Missouri penitentiary gives you a glimpse of the tremendous fields before us:

"Our normal population is upwards of twenty-nine hundred and our average attendance at chapel service Sunday is about fourteen

From the Columbus, Ohio, institution we have the assurance that "**THE LIFE BOAT** will receive a hearty welcome by our people, as I have noticed in the past the men seem deeply interested in it."

Chaplain Van der Wart, who for many years has worked untiringly for the men and women of the Albany, N. Y., institution, sends the following hearty message: "**THE LIFE BOAT** has always been a welcome visitor at the Albany penitentiary, both the men and women inmates love to read it."

From the Industrial School at Lansing,



Addressing the last package of the first consignment of the Special **LIFE BOAT** for the prisons. Only a portion of the sixteen thousand copies of **THE LIFE BOAT**, which went into the prisons of this land, are shown in this picture.

hundred. I would be glad to get at least fourteen hundred copies. This would enable me to give every attendant at service one copy. **THE LIFE BOAT** is much appreciated by the better class of inmates of this institution."

We do not wish to weary our readers with a repetition of the kind messages that have come in from a hundred different leading institutions, but we must mention here a few statements culled here and there from these letters.

From Pontiac, Ill., reformatory, with its over nine hundred boys, comes the message: "Our boys will enjoy the books very much, as they *always do* enjoy **THE LIFE BOAT**."

Mich., comes the hearty greeting, "Our boys are not prisoners and we do not treat them as prisoners, nevertheless, they would appreciate reading **THE LIFE BOAT**."

The large Minnesota penitentiary, anxious to be included in this campaign, sends the following: "We appreciate your kindness in this matter and would be glad to receive 1,100 copies of **THE LIFE BOAT**. We note that the issue will go to press today and we sincerely trust that we have written in time to get our supply."

The chaplain of the Arizona State Prison promises to do his best with this **LIFE BOAT**.

He writes, "I shall do my best to induce every man in the institution, both inmates and officers, to read it carefully. Thanking you in behalf of the boys for this generous aid to make life more worth the living."

From the Trenton, N. J., penitentiary comes the message, "We will welcome THE LIFE BOAT."

From the Kentucky Reformatory, which, for many years has enjoyed THE LIFE BOAT, comes the following: "THE LIFE BOAT has, for many years, been a welcome guest in this institution, and we will be very greatly pleased to receive just as many copies as you can spare."

From Georgia comes the message, "We will do our utmost in co-operating with your good work by distributing them among the men, who, I am sure, join me in thanking you for your kind thoughtfulness."

A word of compliment comes from the San Quentin, Cal., penitentiary. "Your papers are very popular with the prisoners and we thank you very sincerely for the donation."

An expression of continued interest in THE LIFE BOAT comes from the chaplain of the leading Massachusetts institution. "Our men always appreciate this yearly contribution of your journal."

The hope that the life line may reach and save some poor soul in Pennsylvania is the burden of the following message: "I thank you in the name of eleven hundred men and women. We will appreciate the messages THE LIFE BOAT will bring us, and doubt not but that many hands will catch the life line tossed out."

Last we will mention a word in behalf of the girls in the Industrial School, Nebraska. The superintendent writes, "I feel the girls would receive a great deal of benefit from reading the books, and you will have the gratitude of myself and co-workers for your kindness."

Before this number of THE LIFE BOAT reaches its readers, some sixteen thousand copies of the May special LIFE BOAT will be read and reread at least from five to eight times for each copy till they are literally worn out.

We trust that this tremendous campaign which interested friends have made possible may result not only in bringing courage and uplift to thousands of hearts, but also in lead-

ing many a poor wanderer to the foot of the cross, there to find Jesus as his Saviour.

WANTED IN THE PRISON CAMP

Last year we sent twenty-five copies of this magazine each month to the Merial, Fla., Prison Camp. This letter is from the secretary of the Young Men's Christian League, an organization of the men in this prison camp. He writes:

"I received your most worthy letter and was certainly glad to hear from you once more. I highly appreciate your offer for THE LIFE BOAT and I will advise you that there are more or less twelve hundred convicts in this state.

"I have opened a campaign trying to raise money to help pay for this many copies and I believe the Lord will open a way for me. He has never failed me yet, and I do believe He will help me in this cause. There is much good to be derived if we seek in the right way. Pray for me that I may overcome some day."

DOING WHAT HE CAN

(From the Dannemora, N. Y., Penitentiary.)

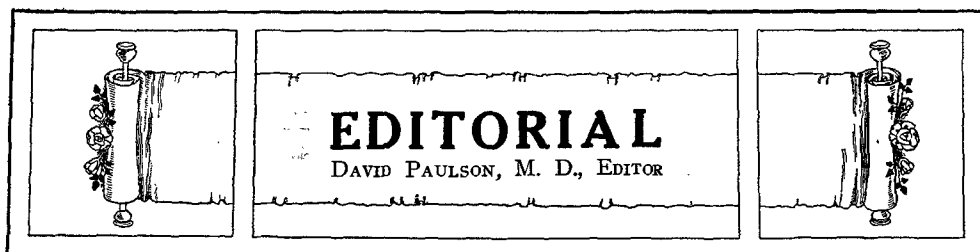
"I received a nice letter from you and I was more than pleased with THE LIFE BOAT. It does me good to read it. God is good to me. I am not only helping men in prison to the cross of Christ, but my testimony goes all over the world in the little LIFE BOAT that has the spirit of God in it.

"I was a sinner once, but praise God not today. I am thanking God for the angel He sent me who touched my heart and saved me. His Son Jesus Christ is my guide and I know if I follow Him I shall never go wrong.

"No matter how many sins we have done; no matter where we are; no matter how black our past has been as long as we are true to God and His Son, God will make us all happy. May we all rejoice and be ready to meet Him who gave His life on the cross for us."

DO YOU WANT TO COME?

This is the last call for recruits for the new class of medical evangelists. The class starts July 12. A few more can be received. Do you want to come? If the Lord is impressing you to take up this work, write at once for full information. Address the secretary, Mrs. C. L. Clough, Hinsdale, Ill.



WHY YOU GET SO LITTLE OUT OF THE BIBLE

So many admit that the Bible is uninteresting to them and complain when they do try to read it, that they get so little out of it. All such should take earnestly to heart Luther's advice to a friend. We have personally tried it and know that it works. Luther wrote: "We can not attain to the understanding of the Scripture either by study or by strength of intellect, therefore, your first duty must be to *begin* with prayer. And seek the Lord to deign to grant you in His rich mercy rightly to *understand* His Word. There is no other interpreter of the Word but the Author of that Word Himself. Even as He has said, 'They shall be all taught of God.' Hope nothing from your study and strength of intellect but simply put your trust in God and in the guidance of His Spirit believe one who has made trial of this matter."

The average decent Christian bows his head and asks the Lord to bless the food *before* eating it, but it is far more important to do the same before partaking of spiritual food for the nourishment of his soul.

DO SOMETHING

As you have read in this magazine thrilling accounts of what others have accomplished in the scientific world, the missionary in foreign fields, in restoring the sick to health, the work of our students in bringing cheer and happiness to the hearts and lives of the unfortunate in our large cities, bringing the gospel of cheer to the many thousands behind prison bars, caring for sick and suffering erring young women, has there not been kindled in your heart a desire to do something? You may feel that you are doing already all that you can, but is that really true? Are you making the most of your opportuni-

ties? Can you not do what you are doing, better? It was Emerson who said:

"If a man can write a better book, preach a better sermon, or make a better mouse trap than his neighbor, though he build his house in the woods, the world will make a beaten track to his door."

How true that is. In the great need all about us and opportunities facing us at every turn, ought we not to rise up and do something?

This present time is a challenge to us. Our neighbors need us and our own characters need the inspiration of greater activity. You may know of some sick neighbor who would appreciate a call, or some helpless invalid who is sad and lonely, or you may be able to give some time to the circulation of this magazine which of itself will do a world of good. If you feel that you ought to rise and do something, write us about it.

WHAT MEAN SUCH WORDS?

Gospel people are discerning somehow we are facing some kind of a crisis. This horrible war has shattered their dream of the stability and vitality of merely human civilization. And they feel that we have been casting behind our backs in this country as much as they have in Europe the simple faith that our forefathers had in the Bible and have been putting too much of our trust in civilization, higher ethics, new thought and all that kind of moral junk.

These are the concluding words of a powerful editorial in the New York *Tribune*: "We are choosing which way the country shall go in the era that is now opening, just as our fathers chose the nation's path in the days of 1860." But what was this country facing in 1860? The bloodiest war in modern times until this awful world-wide war. There were thousands of people in 1860 who smelt nothing

in the air except peace, plenty and good times, but the thoughtful class were not so readily deceived.

Are we not fulfilling in these days the inspired prediction of Christ? "And there shall be . . . upon the earth *distress of nations*, with *perplexity*; the sea and the waves roaring; men's hearts failing them for fear, and for looking after those things which are coming on the earth: for the powers of heaven shall be shaken." Luke 21:25, 26.

Are you taking any of these things to heart? If not, that day will come upon you unawares. "For as a snare shall it come on all them that dwell on the face of the whole earth." Verse 35.

DOES THE BIBLE SHED ANY LIGHT ON THIS AWFUL WAR?

Dr. C. I. Scofield of the Scofield Bible Company in a recent article in the *Sunday School Times*, under the title, "Does the Bible Throw Light on This War?" points out, among other wonderfully interesting things, the following:

"Four great empires are to dominate the scene; and these are of easy identification to the student of history, first, by the order of their succession, and secondly, by the characteristics given them in the prophecy. Empires in just the order given by Daniel have arisen, have possessed the characters ascribed to them by Daniel, and have passed away. The event has exactly justified the foreview. The Babylon of Nebuchadnezzar, Medo-Persia, the Greece of Alexander the Great, and Rome, have come and gone.

"And still not altogether gone." Dr. Scofield mentions the divisions of the Roman empires as predicted by Daniel in chapter two, and the final division into ten kingdoms illustrated by the ten toes of part iron and part clay. Then he says:

"Thus we are brought down to our own time. The division has come to pass. We are living in the day of it, and it is the nations formed out of ancient Rome that are (with the exception of Russia) engaged today in the war of wars—which may indeed be the death struggle of the present world system.

"For the prophecy of Daniel, confirmed by our Lord's own testimony, and reinforced by that other great book of the end-time, the Revelation, is clear that what follows the third

period of the fourth empire, the period of division and deterioration, is the kingdom which the God of heaven sets up, the kingdom which has no successor, but endures forever." (Dan. 2:44, 45.)

Are you preparing to be a subject of *that* kingdom? If not, you will be ground to powder, for it says in Dan. 2:44 that "It shall break in pieces and consume all these kingdoms, and it shall stand forever."

ARE YOU DISCOURAGED? READ THIS

We recently received a letter from one of our readers who is passing through severe trials and becoming discouraged. If you who read these lines are passing through a time of discouragement read our reply to this letter and take heart. We wrote this woman as follows:

"You are terribly discouraged, but you are neither lost nor beyond redemption. What you write reminds me of somebody who wrote quite a while ago. His name was David. He had a dreadfully discouraged spell just as you had and I suppose had just as good reason for it. You can read of his experience in Psalms 77. In the second verse he says, 'My soul refused to be comforted. I remembered God, and was troubled: I complained, and my spirit was overwhelmed.' In verse seven he says, 'Will the Lord cast off for ever? and will He be favorable no more? Is His mercy clean gone for ever? doth His promise fail for evermore? Hath God forgotten to be gracious? hath He in anger shut up his tender mercies?'

"Then light burst into David's darkness just as it will break into your darkness. He said, 'This is my infirmity.' Verse 10. It occurred to the poor man that he was sick and that was the reason things looked so terrible to him, but he decided that he would remember the word of the Lord, that he would 'meditate also of Thy work, and talk of Thy doings,' Verse 12, instead of talking about his own troubles. You will notice in each verse after that his courage comes up.

"Read that Psalm. I think it was written for your benefit. The Lord works good out of everything that happens to us and He is going to teach you something in this experience. Go

to the Lord and tell Him you will trust Him even though He slays you. He is too wise to err. He is not angry with you. You may have lost Jesus' love, but He hasn't lost His love for you. That is the most important thing. A child may not be able to hold on to the mother's hand, but as long as its mother can hold the child's hand, then the child will be safe. We have all crucified the Saviour, everyone of us. That is why He died for all of us. I commend you to the merciful God who knows how to help the afflicted."

AN ENCOURAGING LETTER

We take the liberty of publishing the following extract from a personal letter received from Pastor George B. Starr, formerly of Boston, now connected with the work in Loma Linda, Cal., believing that the heart-searching message that it contains will be appreciated as much by all our readers as it was by us.

"I spent this forenoon in the hills with the Lord, and tonight at six-thirty Brother S. N. Haskell went up with me to the same spot again, to unite our prayers for the blessing of God to rest upon His people. It seems as though the time has come to pray for and expect *large things* of God.

"First, deliverance from the bondage of sin in ourselves and triumphant victory, that will enable us to preach deliverance to others.

"Second, deliverance from bondage to the old world. I saw a good thing in one of Moody's sermons the other day, explaining why God could not fill many professed Christians with His Spirit. It stated that before it was safe to electrify a man, he must be entirely isolated from the world by putting glass feet under his chair, and then after he was entirely cut off from contact with the world, you could run all sorts of electrical currents through him until his whole body would radiate with it. So before God could safely electrify anyone with His Spirit, he must be *cut loose* from the world. "Come out from among them, and be ye *separate*, saith the Lord, and touch not the unclean thing (the old earth); and I will receive you, and will be a Father unto you, and ye shall be my sons and daughters'. 2 Cor. 6:17, 18.

"Evidently there must be a cutting loose, an isolation from all that is in the world, 'The lust of the flesh, the lust of the eye, the pride

of life.' The entire lot must go before God can safely electrify a man to powerfully preach the truth.

"I am determined as never before to be done forever with every form of sin, and compromise with self and Satan, and devote myself without reserve to the finishing of my part of the work and the hastening of the coming of the kingdom of God.

"We are certainly guilty of tremendous lukewarmness in the presence of such momentous incentive as we have to work. The coming King is at the door, the signs all fulfilled, and we heralding the message in a tame and lifeless manner when it should be with a *loud voice*."

A WORD TO THE BACKSLIDER

The Master has need of you. He has need of your talents and your training. The devil also wants you. If he can't get you in one way, he will try another. You are in need of a *deeper* experience in the things of God. Why not get the real thing instead of the partial thing? Study your Bible on your bended knees. It contains the light of truth, that you need. Dig out the truth from God's Word. You will be following the pillar of cloud by day and the pillar of fire by night and you will be led to the promised land. If you fail to do this, you will lie down in sorrow.

You need to fall on the rock and be broken. You need to confess the years of backsliding and doubt that have come into your life and like a little child begin again as you never knew how before, to get yourself and others ready for the kingdom of God.

There is going to be a group of people lost in the day of God who had supposed they would be among the elect. Their real influence has been such as to actually hinder the work of God in the earth when they supposed that they were wonderfully improving it. You are going to be among that group or you are not. It remains for you now to decide.

"Turn, O backsliding children, saith the Lord; for I am married unto you; and I will take you one of a city, and two of a family, and I will bring you to Zion." And again: "Return, ye backsliding children, and I will heal your backslidings." Jer. 3:14, 22.

And again the Lord says, "I will love them freely: for mine anger is turned away from him." Hosea 14:4.

OUR NEWS BUDGET

Mr. John G. Woolley, one of the leading temperance agitators of this country, with his wife, were recent visitors at the Sanitarium.

Miss M. I. Olmsted, of Battle Creek, Mich., an old time friend of THE LIFE BOAT and its work, visited the different institutions at Hinsdale, during the past month.

Mr. and Mrs. E. C. Jarvis, of Wheaton, spent a couple of weeks at Hinsdale.

Miss Ethel Haven, of Traverse City, Mich., has recently connected with the Hinsdale family of workers.

Mr. J. Norton Dolph, of Walla Walla, Wash., a warm friend of the Hinsdale movement, called while passing through Chicago from the East.

Mr. H. C. Allen, of the Cowee Mountain School, Leatherman, N. C., and editor of the *Mountain School Herald*, a magazine in the interest of self-supporting educational work in the South, made a brief call at the Sanitarium, while in this part of the country.

Dr. E. A. Richards, of Streator, Ill., spent a short time at the Sanitarium.

Mr. and Mrs. A. E. Serns, of Seattle, Wash., called while enroute to their new field of labor in Virginia.

Pastor C. L. White, of Holland, Mich., was a guest at Hinsdale for a couple of weeks.

Mrs. Lida F. Scott, of Montclair, N. J., called recently, accompanied by Miss Zada Hibben, whom THE LIFE BOAT readers remember as a graduate of the Hinsdale Sanitarium, who for a time was matron of the Rescue Home, and later in charge of the medical evangelistic city activities. Miss Hibben is now engaged in medical missionary work in Newark, N. J.

Dr. W. R. McGuffin, of Joliet, spent a week at Hinsdale recently.

Miss Nellie Hansen, of Underhill, Wis., is helping out in the nurses' department of the Sanitarium.

The Hinsdale workers all enjoyed a visit from Pastor W. C. White, of St. Helena, Cal., and especially his inspiring report of work

The Life Boat

DAVID PAULSON, M. D. Editor
N. W. PAULSON Business Manager

The Life Boat is published at Hinsdale, Ill., by the Workingmen's Home and Life Boat Mission, Incorporated.

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Do not send currency in your letters, as The Life Boat will not be responsible for receipt of the same.

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Special discounts when a number are sent to one address.

Expirations

The date on the wrapper indicates when your subscription expires. We do not continue any names on our list after the expiration of the subscription, so please renew your subscription promptly.

Change of Address

When writing to have the address of The Life Boat changed, be sure to give the old address as well as the new one.

Mistakes

The publishers of The Life Boat will be pleased to have their attention called to any mistakes that may occur, and will be glad to correct them.

Premiums

The attention of our readers is invited to our valuable premium offers. We are constantly in receipt of most appreciative letters from those who have taken advantage of these liberal offers.

Rates for Advertising

Full page, single issue, \$20; three months, \$50.

Half page, \$12; three months, \$30.

One inch, column width, one insertion, \$1.00.

Life Boat Magazine Agencies in Chicago

The Life Boat magazine can be secured in quantities at wholesale rates from the following agencies in the city of Chicago:

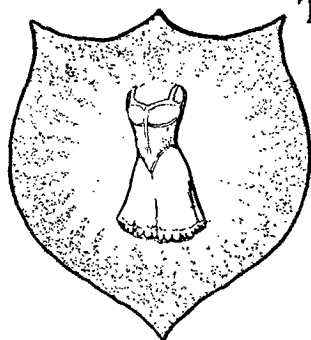
D. K. Abrams, wholesale nut store, 3529 Cottage Grove Avenue. Phone Douglas 6743.

Illinois Tract Society, 3645 Ogden Avenue. Phone, Lawndale 7022.

done in other parts of the field and his timely instruction.

During the past month the Hinsdale Sanitarium has been taxed to its utmost to care for the patients and guests. Sun parlors and waiting rooms have been converted into bedrooms and all the available nearby cottage rooms have been pressed into use.

Mr. H. M. Walen, who has been acting as superintendent of THE LIFE BOAT Mission, Chicago, left last week for his home in Tennessee. Mr. and Mrs. Kemp are looking after the mission in his absence.



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WHAT WOMEN SAY OF THE PATRICIA

"I received the PATRICIA and think it is just the garment for health."

"I wish I might have the pen of a ready writer to express my appreciation of the PATRICIA garment. I simply will never be without it. It is absolutely all I could wish in every way.

"For comfort, style, saving of time in dressing,

saving in laundry—in fact I have never enjoyed any garment that has brought me so much pleasure. Once in possession means never without them."

"I have worn this garment now for three years and find it eminently satisfactory. I consider it superior in many respects to any other garment of its kind which I have worn and can heartily recommend it to other women."

We employ no solicitors for any of the various lines of helpful work that God has committed to us. If the Lord impresses you to assist us send the money directly to headquarters instead of to any individual that is a stranger to you.

WANTED

To borrow several thousand dollars in sums of \$200 and upwards. Real estate security. Will pay five per cent interest. Address Hinsdale Sanitarium, Hinsdale, Ill.

IT BRINGS A MESSAGE OF CHEER

(From the Southern Illinois Penitentiary.)

"There is much need for words of comfort to those behind prison walls. THE LIFE BOAT truly brings a message of love and cheer to those that are down and castaway by what is known as society. There is but one society worth while. That you may find recorded in Rev. 7:13-17. I believe this promise is to me. I will accept it, anyway, and try to live so that when the Master comes I may be found worthy of the crown of righteousness that the Lord, the righteous Judge, will give me at that day."

SPECIAL NOTICE

Agents, your opportunity has come—the grandest state song ever written—the "Glory Song of California"—famous already all over United States. Only been out four months and the second large edition is now partly gone. Sample copy post-paid 25 cts. Write at once for agents' prices.
Waterbury Specialty Co., Pomona, Cal.

Excelsior Treatment Rooms

Sanitarium treatments such as electric light bath, shampoo, salt glow, shower and massage are given by an experienced attendant, at 34 South Desplains St., Chicago. Mr. Harold Kemp, the proprietor, is ready to answer any call for help day or night. Phone, Monroe 6135

"The Flower Queen"

A beautiful 3-page Soprano Solo. List price 50c. Will be sent for 25c to anyone who mentions this paper. Write to Otto Lundell, 310 Unity Bldg., Chicago, Ill.

Have You a Camera?

Let Me Do Your Developing and Printing

Many years' experience has taught me how to turn out first-class prints with "a finish" to them.

Send me your films and be sure of the best results.

Quick Service

Low Prices

Any size roll film developed for 10c; film pack, 25c. Velox prints, 8c to 9c each.

L. C. HARNER, Photographic Expert
Specialist in Developing and Finishing for Amateurs
216 Hinsdale Ave., HINSDALE, ILLINOIS

The Life Boat Practical Health Specialties

From time to time our friends write us that they find it difficult to carry out some of our health suggestions because they can not really procure in their own neighborhoods what we recommend. To accommodate such we have undertaken to carry these things in stock and send them to our readers everywhere by parcel post, express or freight.

PRACTICAL HEALTH SPECIALTY No. 1. Natural Rice.

Eleven-twelfths of all the mineral that God put into rice is scoured off to produce the polished product that is ordinarily eaten. What is more important, the "vitamines," the lack of which, when people are fed on rice exclusively, produces beri-beri, scurvy and perhaps favors pellagra, are also contained in the covering of the rice. But people are so used to the inferior product that grocers do not ordinarily have natural brown rice in stock. We handle the genuine article. Price, ten cents per pound. Transportation additional.

NOTE.—Natural rice requires more cooking than the scoured variety, but it is worth more.

PRACTICAL HEALTH SPECIALTY No. 2. Genuine Graham Flour.

The white flour on the market today has been over-processed by the steel roller milling methods, and, like the polished rice, it has been largely deprived of some of its most valuable ingredients, such as the germ, its most valuable mineral salts, and vitamins. In our vicinity there is an old mill which still grinds wheat with the old-fashioned stone burrs of our childhood days, and for the accommodation of our readers we will furnish this flour in hundred pound lots for \$4.00. Freight charges additional.

PRACTICAL HEALTH SPECIALTY No. 3. Liquid Paraffin.

Stagnation of the bowels is the most common disorder among civilized nations and is perhaps by far the most common cause of our various chronic diseases. These diseases are not readily cured for the simple reason that the real cause is not removed. The laxative drug habit is the most common drug habit among mankind. Every remedy of this kind sooner or later loses its effect and, unfortunately, in every instance does the system more or less harm. Bulky food, plenty of green garden truck, and an abundance of fruit will relieve many of these cases. But some cases have such a tendency to hyperacidity and to intestinal irritation that the liberal use of these things actually seems to aggravate the condition.

Liquid Paraffin, or what we called White Russian Mineral Oil when we imported it from Russia before the war, seems to be a veritable godsend to thousands of these cases. Being a mineral oil it is not absorbed by the body. It merely lubricates and softens the bowel contents. It can be used with perfect safety as it does not create any laxative habit. The dose is from one teaspoonful to two tablespoonfuls three or four times a day as may be necessary. It can be procured in any town, but by buying it in large quantities we are able to furnish it to our readers at about one-half the prevailing retail price.

Prices

| | | | |
|----------------|--------|----------------------|---------|
| 1 Pint | \$0.35 | Shipping weight..... | 2 lbs. |
| 1 Quart | .60 | Shipping weight..... | 4 lbs. |
| 2 Quarts | 1.00 | Shipping weight..... | 6 lbs. |
| 1 Gallon | 1.75 | Shipping weight..... | 10 lbs. |

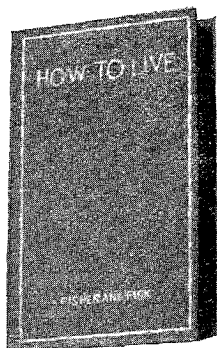
It is put up in tin cans so that it can be sent by parcel post. These rates do not include transportation charges.

HEALTH SPECIALTY No. 4. A New Health Garment.

So many inquiries are constantly coming to us regarding how to dress healthfully that we have decided to carry in stock a health garment that we can fully recommend. We would direct the attention of our readers to the notice on another page about the Patricia Health Garment.

THE LIFE BOAT, Hinsdale, Ill.

NEW PREMIUM OFFERS

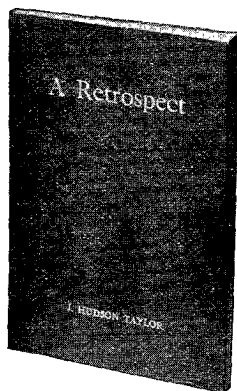


"How to Live, or Rules for Healthful Living, Based on Modern Science"

By Irving Fisher, Professor of Political Economy, Yale University, and Dr. Eugene L. Fisk. Hon. William Howard Taft, formerly President of the United States, has written the foreword and in fact has edited the entire work. We quote the following from the Preface: "A sad commentary on the low health ideals which now exist is that to most people the expression 'to keep well' means no more than to keep out of a sick bed." This book has a splendid chapter on air, another one on food, another one on poisons, such as those due to constipation and those due to infected teeth, etc. A chapter on exercise, one on hygiene; a chapter containing the last word on alcohol and on tobacco, and how to avoid colds; signs of the increase of degenerate diseases, etc. By special arrangement with the publishers we are enabled to offer this book as a premium for one new subscription and 25 cents additional. Induce some one to subscribe for The Life Boat the coming year and receive this most excellent book.

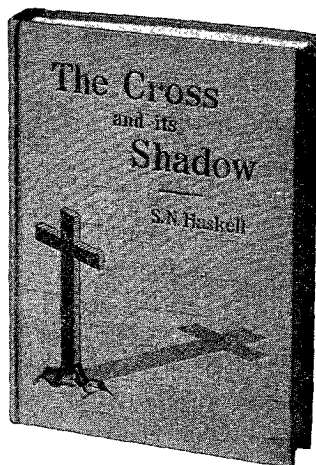
The Cross and Its Shadow

A new book by S. N. Haskell. This book presents the whole Old Testament sanctuary service in a new and living setting. The sacrifice of Christ for us is beautifully portrayed on every page. This book is a marvelous inspiration to a holy life and should be in every home. It contains 388 pages, 50 chapters and 218 illustrations, and will be given absolutely free for only two subscriptions to The Life Boat. Take advantage of this offer while it lasts.



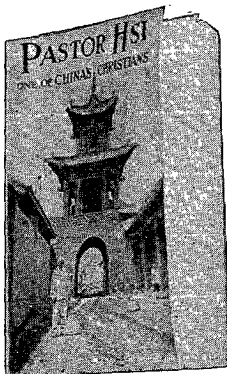
A Retrospect

This book by J. Hudson Taylor is one of the most thrilling and inspiring books on the market today. We have sold nearly 4,000 of them. Should be read by every young person who desires to be of some use in the world. This red, paper-covered edition can be furnished with one subscription to The Life Boat at one dollar.



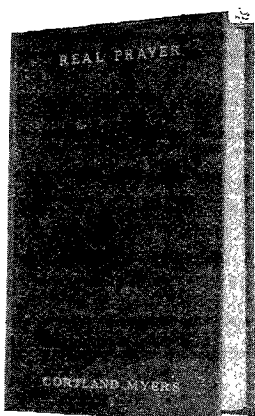
Pastor Hsi

This charming book, "Pastor Hsi," by Mrs. Howard Taylor, daughter-in-law of the late J. Hudson Taylor, founder of the China Inland Mission, has found such a warm reception by The Life Boat readers everywhere that we are offering it again this year. The author gives in a most fascinating manner the remarkable story of the life work of Pastor Hsi, the man who, after his wonderful conversion from heathenism, founded more than forty medical missionary centers in the province of Shan-Si. His remarkable faith and power in prayer has brought his work to the attention of the entire Christian world today. This book is an inspiration, and you can have it by sending us one dollar for your subscription to The Life Boat for one year.



The Vegetarian Cook Book

should be in every Life Boat reader's home. It is a splendid compilation of valuable recipes for a sane and sensible dietary. If you want to learn how to cook for health and not for drunkenness send us \$1.35 for The Life Boat for one year and this useful book. This is an unusual offer.



Real Prayer

By Courtland Meyers. A most inspiring book on prayer. It will make you hungry for a personal experience in the power of prayer. This book will be sent you for only one subscription and fifteen cents. Send us \$1.15 and receive The Life Boat for one whole year and this splendid book.

A New Webster's Pocket Dictionary

for only one subscription or renewal at one dollar. This book is really five books in one. It is not only a dictionary but a complete parliamentary manual, a rapid calculator, a compendium in business and social forms, a letter writer and literary guide, and a pronouncing and statistical gazetteer of the world. Everyone should possess a copy of this handy booklet; bound in Morocco and stamped in gold.



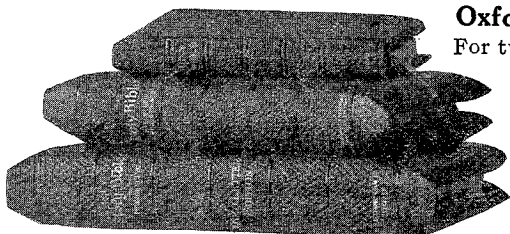
A Fountain Pen

for only one yearly subscription and 25 cents extra. Every pen is guaranteed 14-carat solid gold and will do good service. This is your opportunity to receive a good fountain pen for a quarter and only a few moments of your time in securing the subscription.



Oxford Text Bible

For two yearly subscriptions at one dollar each we offer the Oxford Text Bible, which is just a little larger than the ordinary size pocket Bible; contains six maps; size $5\frac{1}{4} \times 3\frac{1}{4}$ inches, only three-fourths of an inch thick. Beautifully bound in French Morocco, divinity circuit, round corners, red under gold edges.

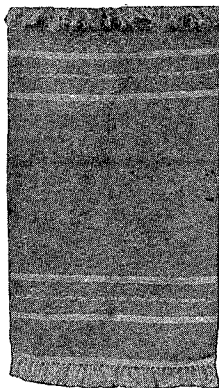
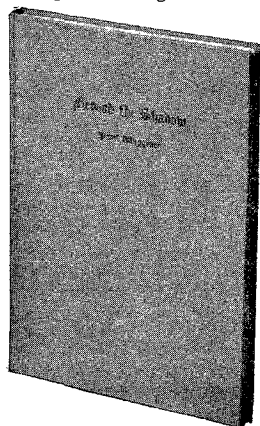


Genuine Oxford Teachers' Bible

For four new subscriptions or renewals to The Life Boat we will send you a genuine Oxford Teachers' Bible, printed on good linen paper, containing New Cyclopedic Concordance, with all helps, index, Bible dictionary, tables, etc., under one alphabetical arrangement, with new illustrations. The latest thing in Teachers' Bibles. Minion type, size $7\frac{1}{4} \times 5$ inches; bound in French Morocco, divinity circuit, round corners, red under gold edges.

Red Letter Teachers' Bible

For five new subscriptions or renewals at one dollar each you can secure The International Red-Letter Teachers' Bible; self-pronouncing; contains the words of Christ in the New Testament printed in red, and the prophetic types and prophecies of the Old Testament which refer to Christ, also printed in red. It contains the combination Concordance, in which the helps are all under one alphabet. This Bible is No. 39670, size $6\frac{1}{4} \times 9\frac{1}{4}$ inches. It is bound in French Morocco, has divinity circuit, round corners, red under gold edges and extra grained lining.



A Beautiful Rescue Home Rug

24x52 inches, made from high quality new material which will not fade and is guaranteed to give excellent service, given for only two subscriptions at one dollar each and 25 cents extra.

Beyond the Shadow

Miss Pearl Waggoner, The Life Boat poet, has recently collected some of her best poems and published them in book form. The book contains ninety-six pages. We will send the cloth binding free with two subscriptions to The Life Boat at one dollar each or a paper-covered copy for only one subscription. Subscribe now—before you forget it.

Beautiful Gold or Silver Watch

free with eleven yearly subscriptions and one dollar extra. This is a seven-jeweled watch, gold-filled, with a ten-year guaranteed case and beautiful design. We have placed hundreds of these watches where they are giving the best of satisfaction. You will be pleased with this watch. Send us eleven yearly subscriptions and twelve dollars cash and receive this watch.



Dictate to the Dictaphone

The Dictaphone is the busy man's ideal amanuensis — always there, always ready, invariably accurate, and unlimited in speed.

It saves his time, his money and his nerves.

He dictates just as he talks to the telephone and with no more thought of the instrument.

He does better work and more of it.

His typist writes more letters and better letters and does it more easily.

No office busy enough to find use for a typewriting machine is operating at 70 per cent of its potential efficiency without a Dictaphone equipment.

THE DICTAPHONE

(REGISTERED)

The primary purpose of the Dictaphone is to conserve the costly time of the high-priced man. But the same result applies to the operation of transcription.

The typist does not do more *work* but more *letters*. And the better stenographer she is, the better Dictaphone operator she will become. For skillful stenography is not a product of nimble fingers but of brains. And every quality that has contributed to making a valuable stenographer, will be apparent in her work as a Dictaphone operator.



Send for Catalog

Let Us Show You What the
Dictaphone Will Do for You

The DICTAPHONE
12 N. Michigan Ave.
CHICAGO

THE LIFE BOAT RESCUE HOME



Physicians, pastors and other workers are constantly perplexed as to how to properly extend a helping hand to the unfortunate girl. To meet this pressing need the charitable public assisted in erecting this splendid eleven-thousand-dollar institution.

The institution has no endowment and beyond the mere pittance that some of the girls are able to pay, it is entirely dependent upon the generosity of those who become interested in its work.

SUPERIOR HIGH QUALITY RUGS

Made by the Girls in the Life Boat Rescue Home, Hinsdale, Ill.



These beautiful Rescue Home rugs are made from high quality *new* materials which will not fade and are guaranteed to give excellent service. They are made in two sizes; the larger ones are two yards long and one yard wide. The smaller ones are twenty-five by fifty-four inches. They are made of dark blue, trimmed with white, or a rich brown and white, or pink and white, and other light shades for bath room and bed room use. They can be made to order in sizes and colors to suit customer.

In purchasing these rugs you are not only getting a good bargain, but you are at the same time helping the Life Boat Rescue Home and the young women in the home who make these rugs.

If you are in need of rugs for your own home, why not purchase them of us and thereby help this good work along? These rugs will also make splendid gifts to your friends.

Prices: Larger size \$2.25, weight for shipping 3 lbs.; smaller size \$1.25, 2 lbs. Parcel post extra. Address

**Mrs. C. L. Clough, Supt., Life Boat
Rescue Home, Hinsdale, Ill.**

VISIT HINSDALE FIRST



The Main Building

A suburb of Chicago—trains every few minutes—fifty trains a day.

Sixteen acres of virgin forests, fruit orchard, cottages, lawns, shady walks, lawn tennis court.

A work cure department.

Musical entertainments and lectures.

No experiments or medical fads. Common-sense, honest treatment.

Electric light, private telephones in each room, a beautiful outlook from every window.



The Main Parlor

Let Us Send You Our Booklet "Visit Hinsdale First"

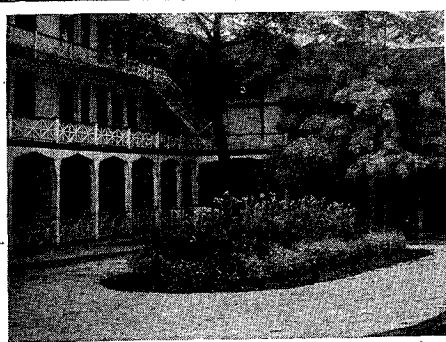
It is completely descriptive and beautifully illustrated. Once you read this book and note the location, the charm of Hinsdale and the ability of this institution to benefit the sick, you will realize that we offer you every possible means of restoring your health and of becoming completely rested, among surroundings that are ideal. Write for booklet today. It is free. Address

The Hinsdale Sanitarium
Hinsdale, Ill.

Phone
Hinsdale 645

Endowed by Nature Equipped by Science

Do not go abroad for what you have at home. Were it possible for you to see Hinsdale as it is, you would come. So pleasant as to attract many guests who have no ailment. Patients are kept so busy getting well that they have practically no time to worry over their troubles. Pleasant, refined associates. Rates as low as ordinary hotel. Atmosphere delightfully different.



The Driveway

Open air treatment, Swedish movements, hydrotherapy, electric light baths and electrical treatments, massage, scientific dietetics, sun baths, the work cure, and sensible health culture, cure thousands of invalids when ordinary means fail.

You will find any of these treatments not only beneficial but delightful and refreshing. We do not countenance routine of baths, the heroic reducing idea nor the starvation cure. Every case is decided on its own merits and treated accordingly. We rely on substantial, simple methods, offer all these features to be rationally enjoyed.



A Glimpse of the Lawn