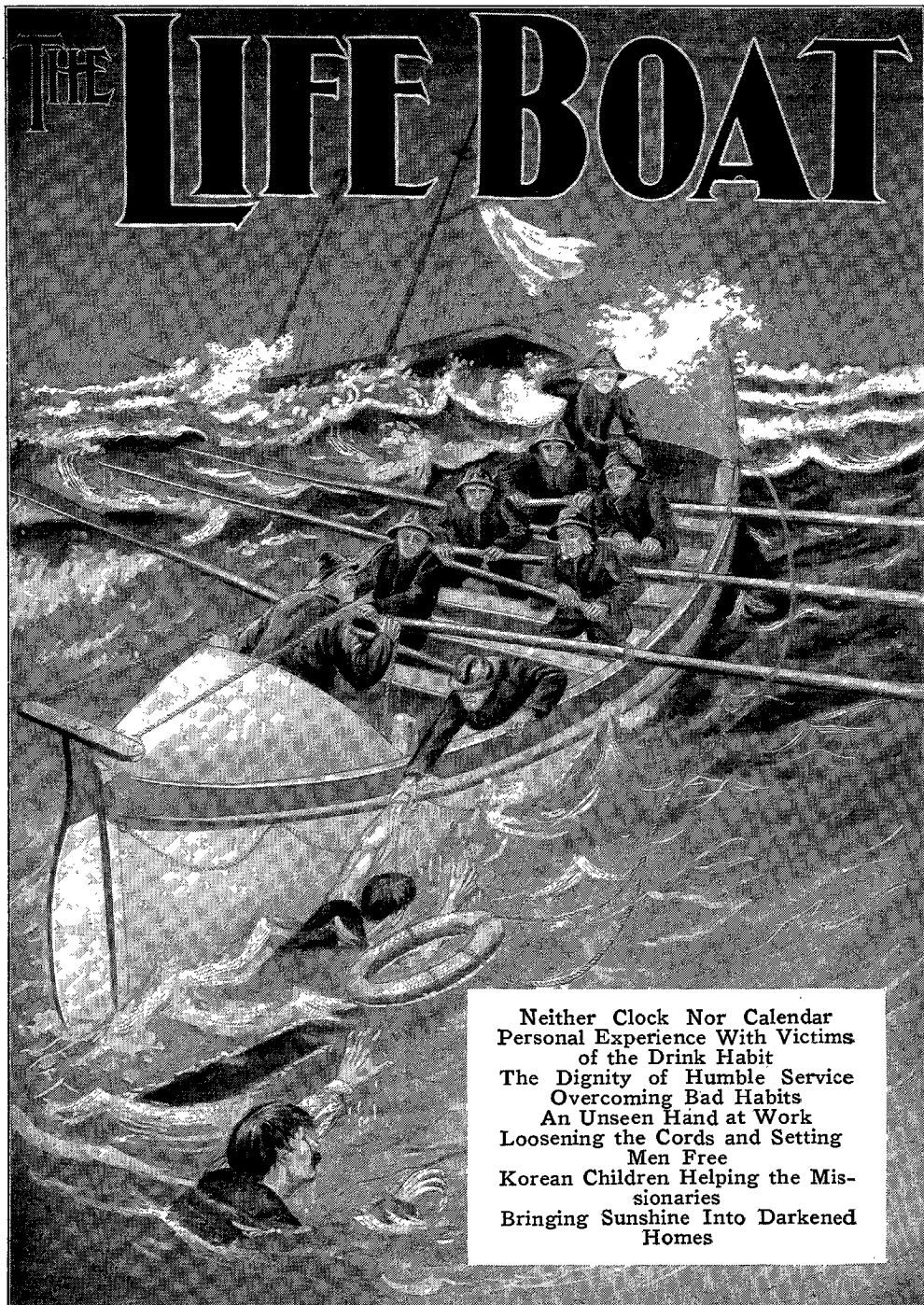


"Peace on Earth—Good Will to Men"

One Dollar a Year

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The Life Boat Employs No One to Solicit Donations

Neither Clock Nor Calendar  
Personal Experience With Victims  
of the Drink Habit  
The Dignity of Humble Service  
Overcoming Bad Habits  
An Unseen Hand at Work  
Loosening the Cords and Setting  
Men Free  
Korean Children Helping the Mis-  
sionaries  
Bringing Sunshine Into Darkened  
Homes

Volume Nineteen  
Number Twelve

Hinsdale, Ill.

December, 1916

Tuberculosis Again Increasing—Why?



## A Christmas Thought

SHOULD I DO LESS?

Pearl Waggoner Howard

No name so sweet as Jesus' name  
Is known on earth below;  
For me He suffered grief and shame  
No mortal e'er can know.  
Content to leave a radiant home  
To walk in shadows dim,  
A wanderer on earth to roam;  
Should I do less for Him?

Do less? No soul in all the earth  
Could ever go so far  
As did the One whose lowly birth  
Was marked by Bethlehem's star.  
Though royalty, He left His all,  
Earth's winepress trod alone,  
For drink had vinegar and gall—  
Forsaken by His own.

For me He gave the best He had—  
Met toil, and pain, and strife;  
That I might be forever glad,  
He gave Himself—His life.  
With love no mortal can conceive  
He gave up Paradise;  
Is but the little I must leave  
Too great a sacrifice?

The very most that I can do  
Is bound to be much less  
Than He did, or than He went through,  
That He my life might bless.  
But though I cannot give like He,  
Who passed death's portals grim,  
When He has given His best for me  
Should I do less for Him?

Nay, let me answer to the call  
Wherever He shall lead;  
For Him to give my best, my all,  
To fill a waiting need.  
So many souls in sin are lost,  
Nor know a Saviour's love,  
'Twill surely well be worth the cost  
To see them saved above.

# THE LIFE BOAT

An Illustrated Monthly Journal Devoted to Charitable, Philanthropic, Health  
and Soul-Winning Work

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Volume XIX.

HINSDALE, ILL.

:: DECEMBER, 1916

Number 12

## Tuberculosis Is Again Increasing—Why?

Daniel H. Kress, M. D.,

Washington, D. C.

THE mortality from tuberculosis, it appears, is again on the increase. The city of Cleveland reports a marked increase during the first six months of this year as compared with the same period of last year.

Toledo reports an increase, and I doubt not that in other large American cities the tuberculosis mortality is increasing.

This increase can only be ascribed to lowered vitality and increased carelessness in the prevention of the spread of the germs. It cannot be too often repeated that tuberculosis is a *communicable* disease. It is conveyed from man to man chiefly by contact. The one who has this disease is not necessarily a dangerous person in a community or home. Absolute cleanliness and carefulness on the patient's part make him a safe person to be about and associate with others.

The seriousness of this disease is not appreciated. In the state of Rhode Island dur-

ing the year 1905 there were no deaths from small-pox, thirty-five deaths from scarlet fever, eighty-four deaths from typhoid fever, ninety-nine deaths from diphtheria and croup,

and one hundred seven deaths from influenza, a total of three hundred and twenty-five deaths from these *five* diseases. The mortality from these diseases is higher than it ought to be. But during that same year there were reported one thousand and thirty-one deaths from tuberculosis. There were over three times as many deaths from tuberculosis as there were from small-pox, scarlet fever, typhoid fever, diphtheria and influenza combined. While the mortality from these five diseases is not as low as it should be, should we exercise the same care in the prevention of the spread of tuberculosis that we do,



Dr. D. H. Kress

even at present, in the spread of these other diseases, the mortality from this disease might be greatly lowered.



View in a Home in the Crowded Tenement District of Chicago. The Father Is a Victim of Tuberculosis and the Whole Family Is Exposed

All of these diseases, including tuberculosis, are germ diseases. There may be lowered vitality, but there can be no typhoid fever without the seed or germ which causes it. There may be lowered vital resistance in the throat tissues, but there can be no diphtheria without the specific organism which causes diphtheria. There may be emaciation, but there can be no tuberculosis without the tuberculosis germ.

To prevent the spread of tuberculosis the important thing is to prevent the spread of the germs which cause tuberculosis. This necessitates carefulness on the part of those who have the disease and carefulness on the part of those who are brought in contact with them.

It is important to give heed to this, for one-fourth of all the deaths between the age period of twenty and thirty years are still due to this disease in spite of the efforts made the past few years along the line of education by various organizations in preventing its spread. It seems that the closer people are packed together the more prevalent is the disease.

#### City Life Conduces to the Spread of Tuberculosis

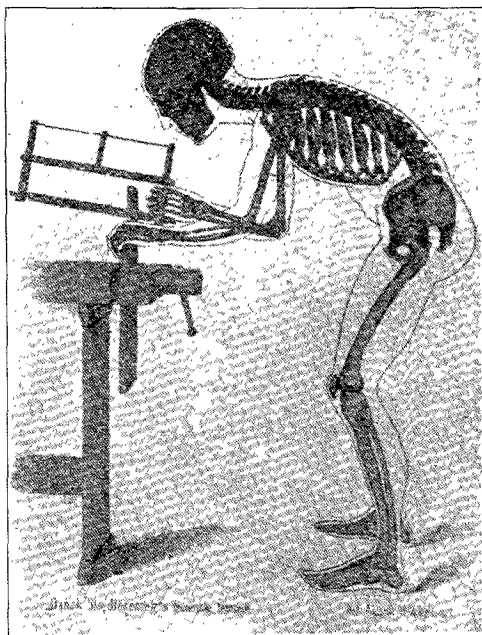
In some of our American cities the proportion of deaths from consumption to deaths from all other diseases rises as high as twenty to twenty-five per cent, while in newer communities of the west which are thinly populated the proportion is only eight to ten per cent.

Tuberculosis is probably as highly contagious as is small-pox, or these other diseases named. When exposed to small-pox, diphtheria or typhoid fever the discovery is made in a few days. The one thus exposed if infected is stricken down with the disease in less than two weeks. We are usually able to tell where the infection took place. With tuberculosis it is quite different, infection may take place and the person be unconscious of it for weeks, months or even years. Tuberculosis is, therefore, seldom traced to the source of infection.

The germs of the disease may be harbored in the lungs or other organs of the body for a lifetime and not do any serious injury.

It is only when the vital resistance of the tissues is lowered that they begin their destructive work, hence the importance of keeping up the general health. A severe cold, influenza, lack of suitable food, sedentary habits, impure air, worry, excessive toil, may all aid in lowering the vitality of the tissues of the body and fan into life the little spark that had been kindled possibly in infancy or early childhood.

The possibility of the germs being communicated through the food, and especially



Improper Positions While at Work Tend to Weaken the Chest

dairy products, should not be overlooked. Many a one who dies of consumption when adult life is reached had the germ planted in the body in infancy through the use of infected milk. Milk should, therefore, always be pasteurized.

#### Consumption Is Not Inherited

A tubercular mother may, however, convey the disease to the nursing child. An entire family of children may thus be inoculated. While the disease is not inherited, it is possible to inherit certain predisposing weaknesses. It is possible to develop and strengthen these

weak points. The gardener takes the weak, degenerate plant, and by cultivation improves it, and makes of it a healthy, thrifty plant. Each succeeding plant derived from it may be made an improvement on the one preceding it. Those who inherit contracted chests and weak lungs may, by suitable exercise and outdoor life, develop lung capacity, and overcome all inherited tendencies to this disease.

The difficulty lies, not so much in the inheritance of weak lungs as in the inheritance of the habits which are responsible for this

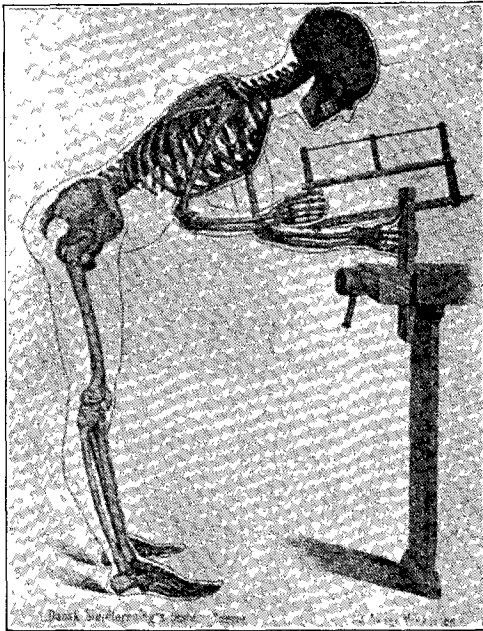
and as far as possible the person should keep in the open air, do outside work, dispense with every harmful practice. By doing this it is possible to live above the possibility of having the disease become active and cause death.

#### Tuberculosis May Be Wiped Out

A striking example of the way in which old-standing and long-tolerated diseases may vanish is afforded by the American occupation of Cuba. One of the direct results of the Spanish-American war, it is said, has been to prevent over 15,000 deaths annually (due to yellow fever) in the city of Havana alone. In fact, this disease, which had been responsible for every fourth death for centuries, has been practically wiped out. The inhabitants of this island had submitted to its ravages, as in civilized countries we in the past submitted to the ravages of consumption.

Dr. Barker, a member of the Philippine commission appointed by the United States Government to investigate and report the causes of the disease, stated at a reception tendered the commission by Dr. Osler that the habits of the people constituted the chief cause in its spread. He noted, he said, that when one individual died it was the custom of the others in taking their final parting to caress the dead, and to so conduct themselves as to make it certain to transfer the germs from the dead to the living. Those possessing lowered vitality would naturally fall victims to the disease.

Why does the plague still prevail in India? It is because of the ignorance of the people regarding the nature of the disease. It is said that one filthy water source in the center of the small towns frequently sufficed for bathing, drinking, and household purposes. Not only would this filthiness tend to undermine the health and prepare the individual for the germ, but the germs are in this manner communicated, and the susceptible naturally succumb. Proper sanitary regulations would go a long way toward wiping out the plague in India; but in order for public sanitary regulations to be made effective, the people must co-operate. Co-operation must be preceded by education. The people must understand and appreciate something of the nature of the disease, how it is communicated,



A Correct Position, Whether Standing, Walking or Working, Is Important

weakened heredity. It is the sins of the fathers which, when visited upon the children, cause children to succumb to the same diseases as the parents.

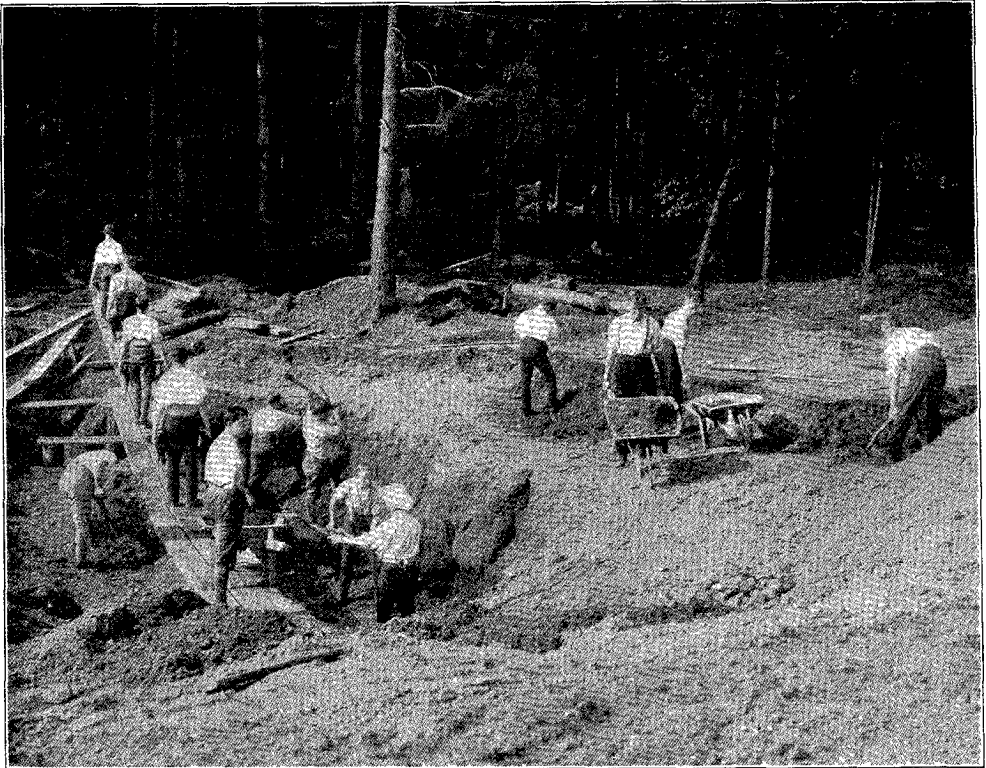
No one should settle down in apathy, and say, "There is no hope for me; I have inherited this weakness." The thing to do is to ascertain the causes of this weakened heredity and remove them. If the chest is narrow and contracted, suitable exercises should be taken to develop it. An erect posture in sitting, standing, or walking, is important. Deep breathing and singing should be practiced,



and how it may be eradicated. So far, in dealing with the plague, the Indian Government and the municipalities have had very little assistance from the people themselves. In fact, they did not wish for aid, and did their best to repel it. One said, "The plague is our kismet. God is punishing us, and can man oppose His divine resolve? It is wickedness to try." In civilized countries we have been inclined to regard consumption somewhat as in India they regard the plague.

of the tubercle bacilli, and second by fortifying the system and building up the barriers of defense against their invasion. To prevent the spread of the seed, and make the soil unsuitable for its growth, are the two things essential. The *first* should be always done, and the second should never be left undone.

*Consumption is a curable disease* providing it is taken in hand in time. If it is neglected it soon reaches the incurable state. Begin-



Tubercular Patients at Brompton Hospital, England, Working Out of Doors Under the Direction of a Physician. From "Auto-Inoculation in Pulmonary Tuberculosis," by Dr. Marcus Paterson.

When one member after another has been removed by consumption, sympathizing friends have stood by and said, "It is too bad, but it runs in the family." It is not God's will that families should be wiped out in this manner. It is God's will that men should live out the full measure of their days.

Consumption is a preventable disease. We may prevent it, first by preventing the spread

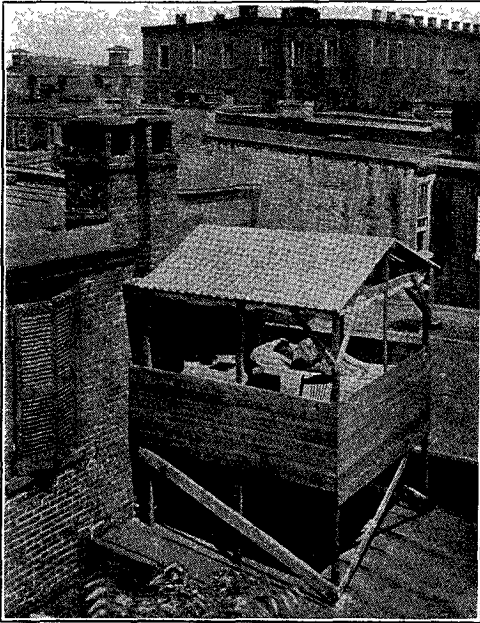
ing at a small point, like a spark in a house, it spreads rapidly if not extinguished. It is of the utmost importance to adopt curative measures at the very beginning of the disease.

#### Valuable Suggestions

There are certain precautions that should be observed. Persons suffering from tuberculosis should sleep in separate rooms. While there is an evening rise of temperature rest

and quiet in bed with nourishing, easily digested food is indicated. Patients should not expectorate in places of public resort. They should not marry, at any rate until the disease has been cured or checked. Even then care should be exercised by the one in whom the disease is latent.

It is estimated that sixty per cent of the nurses looking after tubercular patients in



An Inexpensive Outdoor Sleeping Shack for the Crowded City Dwellers

the past have died of the disease. This high mortality need not have been, for the tubercular patient is not necessarily dangerous. This high mortality is entirely due to carelessness.

Those caring for a tubercular patient should wash the hands with soap and hot water each time after attending the patient. The hands should, in fact, be kept surgically clean. It is through the medium of the hands chiefly the germ is communicated.

They should not take food out of the same dish as the patient or use the knives, spoons or other eating utensils.

They should destroy, by burning, all food the patient may leave, and boil in soap and water all spoons, cups, etc., after being used by the patient.

Care should be exercised to avoid the raising of dust in the bedroom. A damp cloth should be used in dusting.

As much air and sunlight as possible should be admitted into the room occupied by the patient.

If the patient is determined to keep the windows closed and objects to the room being properly ventilated, it would be no sin on the part of the attendant to refuse to remain with the patient, for both the life of the patient and attendant may be shortened by submitting to this unreasonable desire.

In cases accompanied by diarrhea, the stools should be disinfected, and hot water and soapsuds should be employed in washing the vessels.

When a room is vacated by a patient, the paper should be stripped off the walls, if it cannot be treated with a disinfectant solution, and afterwards burned.

The ceiling, floor, walls, etc., should be washed with some disinfectant solution and also all articles in the room. Then the room should be opened wide for several days to air and sunshine.

All the bedding should be washed and boiled, then placed out of doors for several days in the bright sunshine. The clothing which cannot be boiled in soap and water or placed in some disinfectant should be burned.

The patient should spit into small paper bags. These should be burned before the sputum dries.

To avoid infecting other parts of the body, the expectorations should never be swallowed. The extension of this disease is frequently traceable to this practice.

In carrying on a conversation with friends care should be exercised in coughing.

Kissing should be avoided. In speaking they should guard against getting so close as to send a spray into the face of the one with whom they converse.

Open air day and night is without doubt the greatest remedy for this disease. When this is combined with suitable moderate exercises and plenty of easily digested and nutritious foods, the chances for recovery are good in most cases.

---

A man is literally what he thinks, his character being the complete sum of his thoughts.



# Some Personal Experiences With Victims of the Drink Habit

The Late David Paulson, M. D.

THE influential, self-possessed *moderate* drinker may argue convincingly in favor of the reasonable and legitimate use of alcoholic stimulants. He is at the beginning of a way which may *seem* right unto him; but I have had abundant opportunities to see the other end of that same road and I know that it is death—and an awful death at that (Prov. 14:12).

My Bible declares that "every tree which bringeth not forth *good* fruit is hewn down, and cast into the fire." Matt. 3:10. I know from personal observation that the liquor traffic does not bear good fruit, hence I know that sooner or later it will be hewn down by God Almighty and cast into the fire. So as long as I live I propose with my voice, with my pen, and with my vote to co-operate with God in hewing down that tree.

## "At Last It Biteth Like a Serpent"

Again and again I have sat at the bedside of the delirium tremens maniac and have heard his piercing, blood-curdling shriek as he vainly endeavored to escape from his imaginary foes.

I have seen over and over again what had been a keen, clear-headed business man reduced to a poor, driveling, demented fool by constantly poisoning his nervous system with this toxin.

I have seen our lunatic asylums, our almshouses, yea, even our great prisons filled to the overflowing with the legitimate product of this awful poison.

But each of these human wrecks began their downward career by moderate drinking and thought they knew when to stop and sincerely despised the poor drunken sot who had reached the stage where he had lost his own self-control.

The Scriptures have pronounced an awful woe on this dreadful curse in all its stages from first to last and no human being can change that verdict any more than he can reverse the laws of gravitation or alter the course of the seasons.

An extensive experience in dealing with

drug slaves and the victims of the drink habit, has developed some definite convictions regarding their deliverance and permanent cure.

## The All-Around Cure

There are many so-called cures for the liquor habit, but there is only one cure that also delivers from the sin habit and that is why I recommend the gospel cure. But that includes intelligent physical co-operation, for the prayer of him that *turneth away* his ear from hearing the law is an abomination. (Prov. 28:9.) It is a mockery to ask God to save a drunkard from his thirst when his dietetic habits are constantly *creating* a thirst for liquor.

I remember a young man who had been with Lord Walseley in his famous military expedition into Egypt. Afterwards he became so cursed by the drink evil that when he finally dropped into our Life Boat Mission in Chicago he had been drinking steadily for eight days. During that time he had not had his clothes off nor had he sat down to a meal.

At the end of this terrible debauch he found himself homeless, without a penny in his pocket, his poor body all shaking and trembling, and every nerve calling for alcohol, alcohol.

The strains of the sweet gospel music were wafted into the street through the open door and reached his poor benumbed brain. Some one invited him in. He thought it would be a chance at least to sit down in a chair and rest.

He accepted the invitation to give his heart to God. The Spirit of God impressed him that he would also have to give up tobacco, to which he was as much a slave as to liquor. This poor degraded wanderer said, "Yes, Lord, if you will help me I will give it up." Then he began to pray, and a new peace and assurance came into his life.

As he walked out of the mission he threw his pipe and tobacco into the gutter, saying, "That is where you belong." His soul was

saved, but his body was yet full of poisons.

The next day with a prayer in his heart he started out to hunt for work. After searching in vain all forenoon the overwhelming temptation came to him that what he had accepted the night before was a myth and that God was not providing for him. Then he took out the little Testament that the mission workers had given him and the first verse that met his eyes was Luke 11:9: "*Ask*, and it shall be given you; *seek*, and ye shall find."

#### **Perspiration After Inspiration**

An hour later he had an opportunity to shovel nine tons of coal into a cellar under the sidewalk. He had to get into that warm underground place and shovel the coal back. Soon he began to perspire until his clothes were wringing wet. It was a severe Turkish bath, but just what he needed to eliminate the poisons that saturated his body.

With the dollar and sixty-five cents that he earned he went to our Workingmen's Home, had a good bath, some wholesome, simple, non-stimulating food, and a good night's rest. Then Providence opened the way for him to go out and work for the summer on a Dakota wheat field. When he returned we took him into our Chicago medical missionary training class. He soon became a faithful medical missionary nurse, led many other men to the foot of the cross, and today is a faithful, conscientious Christian man, loved and respected by all who know him.

#### **Eating for Strength Instead of Drunkenness**

One day in our Chicago medical missionary work the policemen brought in to us a man who had been ten days in the gutter and was apparently at the point of death. Physiological remedies and careful nursing soon wrought a marvelous transformation.

I then learned from him that he had stood up in one of the Chicago missions again and again and asked for prayers and yet had always gone back to drink. I assured him that God was not only willing but anxious to *deliver* him from his bondage; that he had been manufacturing the chains for his own slavery.

I soon discovered that he had an abnormal appetite for mustard, pepper, fiery spices, condiments, juicy beefsteaks and tea and coffee, all of which produce a thirst that water can not satisfy and really were constantly

arousing the awful craving for liquor which was sweeping him from his feet in spite of the prayers of the mission workers just as certainly as a hot stove would produce blisters.

I advised him to go to our Workingmen's Home, eat rice, well cooked grains, juicy fruits, refreshing vegetables, nourishing dairy products and abandon those other artificial thirst-producing foods. He did not seem to appreciate the importance of my advice, but promised, nevertheless, to carry out my suggestions.

For a few days everything went well. He had absolutely no desire for liquor. Then he visited friends on the North Side, who invited him to dine with them. The meal consisted of pork chops and all those other wretched things that are really the devil's toboggan slide down to the saloon door for all those who have inherited the liquor appetite. He told me afterwards that before he had finished that meal the craving for liquor so overpowered him that he would if necessary have walked into the mouth of hell to secure liquor.

He lost no time to get to the nearest saloon. Then it was ten days in the gutter. The officers of the law again brought him to us. He was so dropsical that his skin had burst in several places and the fluid was oozing out. In all appearances he only had a few hours to live, but God, in answer to our prayers, blessed the simple remedies we administered, and in a few days he was practically restored.

Then he told me that he had learned his lesson, that he had discovered the difference between eating for strength and eating for drunkenness [Eccl. 10:17], and henceforth he would carry out my dietetic advice to the letter.

#### **The Patent Medicine Delusion**

This man was soon filling a good position and in a few weeks was well and strong, with absolutely no craving for liquor, until a year and a half later, when suffering from a fit of indigestion, he went to a drug store for something to "settle his stomach." He was given a patent medicine which contained alcohol. The very first dose aroused the old drink demon, which led him directly to a saloon, which resulted in such a serious debauch that it ended his career.

From hundreds of cases where I have had

an opportunity to observe the close relation between diet and drunkenness I have selected this one of doping with patent medicines which are likely to contain alcohol, morphine and other unknown dangerous and demoralizing drugs.

### In Conclusion

First of all, the drink victim should be pointed to the Source of all strength. He should be admonished to intelligently cooperate by discontinuing at the same time the use of tobacco, tea and coffee, juicy beef-steaks, mustard and pepper, and other exciting and irritating foods.

For a few days, until the craving is completely smothered, it is well to live on an exclusive fruit diet, using it abundantly in its

various forms three or four times a day, adding to this plenty of water drinking and spending the time as far as possible away from all sources of temptations.

In almost every community there are some sad victims of the drink habit who sincerely desire to be delivered; but they know no way of escape. The priests and Levites of that same community are passing on the other side simply because they consider them hopeless cases.

I earnestly pray that this article may be used of God to create determination in the hearts of tens of thousands of Christian people to arise to their heretofore overlooked privilege, "To proclaim liberty to the captives and the opening of the prison to them that are bound." Isa. 61:1.

## Overcoming Bad Habits

F. A. Detamore

Singapore, Straits Settlements

MANY are the precious promises made by the Lord to the overcomer. In the book of Revelation, chapter 2, verse 7, we read: "To him that overcometh will I give to eat of the tree of life, which is in the midst of the paradise of God." Were this the only one in all the Bible it would be of sufficient importance, coming as it does from an unfailing Source, and holding out such inducements, to arrest the attention of anyone, however strongly he might be bound by the cords of lust, appetite, passion, habit. "To him that overcometh" is the promise made. Only to be an overcomer assures one of the glorious privilege "to eat of the tree of life, which is in the paradise of God." For an overcomer once to have this opportunity would mean that he would never again be subjected to the sorrows of earth; never more to even desire to commit sin; never to suffer pain, hunger, sickness or death. It would mean to live



Rajaiah, Who Has Been Disinherited Because He Has Chosen to Be an Overcomer.

an endless life in heaven surrounded by perfect joy and happiness. Surely this is worth striving for.

By human strength alone it is impossible for any man to overcome even the smallest of his sins or his bad habits. God is not in a position to deliver one from the bands of sin and Satan until the individual chooses to allow Him to do this, for we are created free moral agents and are given the power of choice. But as soon as any poor, weak, trembling soul falls at the feet of Jesus and surrenders himself to His power, and chooses to become His child, the creative might of God is manifested, and that man, that woman, that child becomes a new creature. He is "born again" and becomes a member of the household of God.

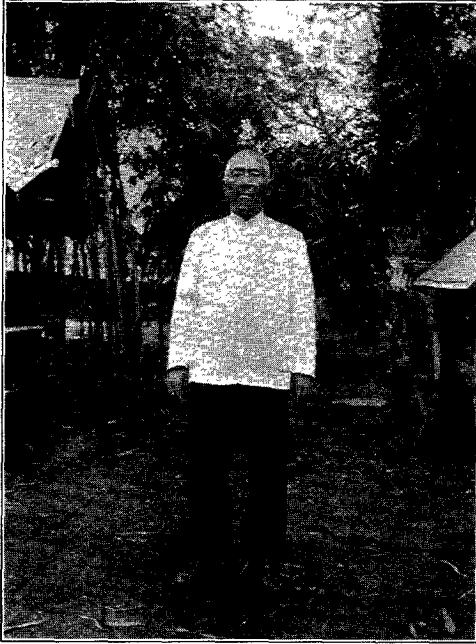
"Whatsoever is born of God overcometh the world; and this is the victory that overcometh the world, even our faith." So

many people struggle along for years trying to become overcomers in their own puny strength, only to find from week to week, from month to month, and from year to year that they are still held captive by their bad habits. All this is unnecessary. Surrender to God and

in the more favored portions of the earth where the name of Jesus is known to all classes of people.

### A Struggle With the Opium Habit

Over in Java a native was given to the habit of using opium. He wanted to be a Christian and go to heaven. He made a "start" in the right way, but he was taken unawares and "fell" because he trusted in his own strength. Almost despairing of eternal life because of this dreadful habit, he cried for help. Earnest prayer was offered for his deliverance, and he himself claimed the rich promises of the Lord. In the midst of the struggle it seemed as though it would take his very life and he asked for some medicine. We pointed him to the medicine of heaven, and he believed that God would bring him through all right.



E. K. Yeo of Batavia, Java, Who Gained the Victory Over the Opium Habit by the Power of God

faith in His promises is the one way to overcoming. The Lord "is able to keep you from falling." Jude 24. Have you fallen? "Humble yourselves in the sight of the Lord, and He shall lift you up." You cannot keep yourself from falling, and when you are down you cannot lift yourself up again, but you may chose to surrender yourself completely to the Lord and put your trust in His power that He can "lift you up" and "keep you from falling."

That God does keep His promises is being attested to by men and women in all lands. Human nature is the same the world over. The same struggle against appetite and passion is being fought, and fought successfully, by those who have long lived in heathen darkness and superstition, as has been waged



New Converts in Java Who Gave Up a Lucrative Business to Follow God

In a few days he began to rally. He had the victory. By surrendering to God and taking Him at His word he had found the source of all power and the secret of all victory. Though it has now been over a year, still this man is rejoicing in freedom for which he

longed so many years, but which he never realized before. As a result of this experience other men who were afflicted with the same habit came to him for help and they also were made whole by the grace of God.

Why should sinners grope in darkness when there is light and liberty for them in Christ Jesus? Why should souls who long for deliverance from some bad habit go on for years still committing the same sin against themselves, against their fellow men, and against their Creator? Christ was anointed with the Holy Ghost and sent to "preach the gospel to the poor; . . . to heal the broken hearted, to preach deliverance to the captives." By faith all may be set free. No cord of Satan, no band of sin, no power of habit is so strong but that Christ is able and willing to break it all asunder and set the captive free. "He that overcometh shall not be hurt of the second death." Rev. 2:11.

### ENCOURAGING YOUR NEIGHBOR

PROF. J. G. LAMSON  
Needham, Ind.

[The following words of encouragement were given by Professor Lamson at the morning worship hour on one of his visits to Hinsdale. We pass them on to encourage others.—Ed.]

I have some words of courage for you this morning. I think sometimes our work gets to be so entirely hum drum that we get tired of it. My desire is to find something from the Word that will give us courage and strength. The one result that we look forward to in our work is fruit at the end.

There is no use in trying to get a desired result spiritually unless we use the means God made. It is absolutely impossible to have a life filled with faith unless we exercise the spiritual muscles in the way God desires. Faith doesn't come like we buy a package at the store; we have to work for it.

"They helped every one his neighbor; and everyone said to his brother, Be of good courage." Is. 41:6. It is possible to speak a cheering word, a word of pleasantries, to give a smile that will make a leap in the heart of the individual you meet. It is the word of kindness quickly spoken, and after all, as we move around among others, the best thing possible is to say, "How is your courage?" "How is your faith?" There are a thousand modifications that can be used, and it helps. It helps get through the day's work.

Nothing will help like a good cheery word. It is cloudy outside, but the sun is shining.

Just as sure as we undertake to do the work of God, so surely we may claim the promise: "Fear not, for I am with thee. Be not dismayed." That is, don't lose your courage or lose your face. You know the Chinamen talk about losing their face. You needn't lose your face. "For I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness." Is. 41:10. There is a precious promise. You have read it a dozen times, but it will help us to read it again.

In connection with this I want to read the following instruction:

"Take an active part in the work of soul-saving. This work will give *life* and *vigor* to the mental and spiritual powers. Light from Christ will shine into the mind. The Saviour will abide in your hearts, and in His light you will see light."

"Consecrate yourselves wholly to the work of God. He is your strength, and He will be at your right hand, helping you to carry on His merciful designs."

It is not very difficult to get the idea that God is away off in heaven and you are on the earth, being perplexed with the cares of homely duties. It is easy for us to be so engrossed with these things and see them so much that we forget Jesus Christ is at our right hand.

"If Christians were to act in concert, moving forward as one, under the direction of one Power, for the accomplishment of one purpose, they would move the world." And Chicago is a very small part of it. It is just because we are divided and not united that we are not accomplishing what we might accomplish. "God wants us to help one another."

### FROM A SUBSCRIBER IN AFRICA

"THE LIFE BOAT has been in the past year a blessed boat which gave me joy, which encouraged me and which helped me out of several difficulties. This was not only done unto me, but to those to whom it was passed on after I read it. My wish and desire is that it should be, by God's blessing, a soul saving boat."

## KOREAN CHILDREN HELPING THE MISSIONARIES

MRS. RILEY RUSSELL

[Dr. and Mrs. Riley Russell are enjoying a fur-  
lough in the United States after years of faith-  
ful service as medical missionaries in Korea. The  
following is from an interesting talk given by Mrs.  
Russell to the Hinsdale Sanitarium Sabbath School.  
—Ed.]

The little boys and girls who come to Sab-  
bath School in Soonan, Korea, are all dressed  
up in bright colored clothes. Last winter we  
had sixty-five in the school and twenty-five or  
thirty in the kindergarten classes.

Most of the children there, when they wear  
anything, have on an old dirty white cloth,  
but the better class like to dress their children  
in bright colors. When I went to Korea I  
could better understand Joseph's coat of many  
colors. When any one sees a child with col-  
ored clothes on, they say his parents love him.  
When they heard we were coming to America,  
a native minister's wife gave some clothes to  
my son because she said when he went to  
see his grandma he must look as if his mother  
and father loved him.

The children come to the Sabbath School  
very nicely and all pray before beginning  
church services. It looks nice to see them  
do it. Last winter at the week of prayer  
some of us translated the readings into the  
Korean and the public school sent all their  
children to the meetings. We had nearly a  
hundred every evening. Every child would  
pray and give testimony, even those who  
were from heathen homes. The longing of  
the children to come to Jesus is wonderful.  
Sometimes whole families come to Jesus  
through the influence of the children, so the  
Sabbath School is most important.

### How the Death of a Child Won the Mother

I will tell you a story of a case I know  
about. A little girl lived in the interior  
where no Americans were stationed, but a  
Korean Bible woman held meetings, and  
among those who attended was a woman of  
considerable means who had a large house  
and was considered the wealthiest woman of  
the community. She had a daughter ten years  
old who attended the meetings with her. The  
child wanted to become a Christian. She  
had a song book and a Bible. She asked her  
mother to change her religion and become a  
Christian, but she hesitated because she con-  
sidered her caste, etc.

The mother's friends told her she was mak-

ing a great mistake, as her daughter was ten  
years old and it would be impossible to get  
her a husband if she was allowed to become  
a Christian, and it was time to be getting her  
a husband from among her caste. So she for-  
bade the child to go to the Christian meetings  
any more. Soon after this the little girl was  
taken sick and begged her mother to call in  
the Bible woman to pray for her, but the  
mother called in the sorcerers to beat drums  
and perform their heathen rites instead, and  
she became worse. One day she called for her  
Bible and song book, and sang a song or two,  
and died.

The mother was conscience-stricken and  
grief-stricken and was under conviction.  
Some time after that a missionary went there  
and someone told her to see this lady. She  
insisted on going to the child's grave and  
wanted to know if there wasn't some way by  
which she could see her daughter again. The  
missionary assured her that if she would live  
right, she would receive her child again in the  
resurrection. She wanted the missionary to  
put it in writing and sign her name to it. She  
told the woman she couldn't do that, but  
that she must change, surrender her life, and  
burn her idols. It was some time before she  
could, but finally she did so and with her  
son's wife, who was about twenty years old,  
she gathered up all the idols and burned them  
about one o'clock at night.

It was her son's second wife that helped  
her. Polygamy is common there among the  
wealthy. Her son had two wives, and this  
second wife said, "I am certain I must be a  
Christian. Teach me how."

In cleaning the idols out of the house they  
found them in all sorts of corners, one in  
the rice jar, and they were everywhere; there  
must have been a dozen of them.

So the old lady and her daughter-in-law  
both became Christians. The young woman's  
name is Oh Hulda. She has left her husband  
and child and is alone, and she is a most  
beautiful character. The mother has a good  
Christian experience, too.

All this came about through the life of  
one child. So we are interested in the chil-  
dren. When I first went there I would clean  
them up and teach them how to keep clean  
and send them to school, and from the start  
we have had a large attendance.



### A LIFE SENTENCE AND FRIENDLESS

It is to bring cheer and courage into the hearts and lives of such prisoners as this that THE LIFE BOAT goes into the prisons and other dark corners of the land. Many souls are led to Christ as a result and other hearts are cheered. Next spring a special effort will be made for the prisoners; will you help us make it a success? This man writes from Columbus, Ohio:

"Kind friends, I am writing this letter from a prison. This is my first time in a prison of any kind. I am confined in the Ohio Penitentiary at Columbus, Ohio. I have been here

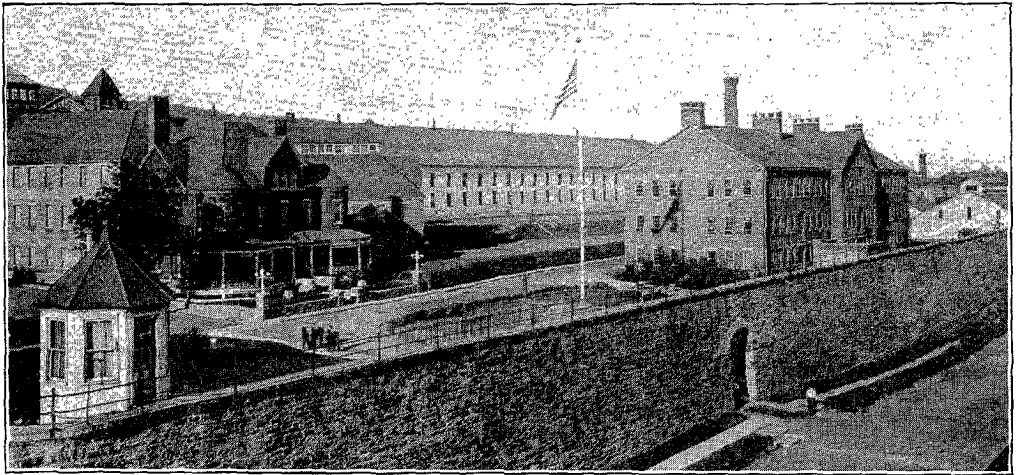
little cheer to one in trouble, please do so, for a letter here helps to drive away the past and brighten the future."

### LOOKING FOR PEACE

(From a Dannemora, N. Y., Prisoner)

"I received the August issue of THE LIFE BOAT and thank you for same. I enjoy it so much. The more I read it the more light it throws upon my daily life. Thank God that He has brought peace and comfort to my heart in such a simple way after many years of struggling.

"I am only a young man twenty-three years



The Dannemora, N. Y., Penitentiary. A Wonderful Field for Missionary Endeavor.

about eight months on a life sentence. I am nearly friendless. I have had no home since I was very small. I am thirty years old. Oh! it seems so hard to think of how long I will have to stay here, but I have found one Friend since I came here that will not desert me and that is our Saviour Jesus Christ. If I had only lived closer to Him I would not be here today. I have no one to blame but myself. But through drink and while under the influence of drink I committed a crime, so I am paying the penalty.

"I have been trying to live up to the rules here and make a man of myself whether in prison or out. I have been reading The Life Boat. I like to read it. I wish I could get it every month.

"Now if you can find time to write to me or have some one else who would like to give a

of age and my time will expire the twenty-seventh of November, 1916, and my whole heart's desire is to enter the Master's service and be a guiding light to my fellow men. I can plainly hear the small voice within me repeating the Master's words, 'follow Me, and I will make you fishers of men.'

"I was brought up by a good Christian mother, but that did not make me a Christian. I was taught to attend church and Sunday school, but I was not a bit better than the heathen boys that do not know what Sunday Schools look like.

"Here is what I would like to be enlightened upon. I have been converted, but I do not feel that peace of mind that I desire. Sometimes I am happy, then at other times I feel down-hearted. I seem to be longing for something I know not what. I have been told

that I have not let God come into my heart as He desires. Of course, I pray to God each night and day to make His way or His will plain to me and I feel confident that He will lead me home and give me a clear understanding."

## A Letter From Africa

### M. C. Sturdevant,

Rhodesia, South Africa

FOR the past two years my health has been such I could not stay on our mission station, so I have labored in the South as best I could for both Europeans and natives. Thirteen months were spent in Johannesburg, and though so feeble in health I could not do what I wanted to, nor half what I might have done for the openings before me, yet the Lord

such that I was advised by all means to get back to Rhodesia. This climate seems much better for me, though Mrs. Sturdevant's health has been splendid anywhere we have been in Africa. For this we are most grateful to our Heavenly Father.

Now that we are back in Rhodesia, we will not dare live on the mission station, the



Mr. and Mrs. Sturdevant and Their Mission Home

The Mission Schoolgirls and Their Dormitory

did greatly bless my labors there. We found the church there in quite a discouraged condition. Several had become discouraged and had given up. Others were not attending meetings, and little aggressive work was being done.

But the dear Lord came in by His power and set His approval to our efforts, so that soon a better spirit was manifest. The church became united, five dear ones were reclaimed, fourteen new souls were baptized and several others are rejoicing in the new found truth who are not yet baptized. Among these were several colored and native people, so that when we left we felt so thankful to God that He could yet use us in the salvation of souls. Never did we leave a people whose hearts were more knit to ours than those in the Transvaal, but our health became

work there being too trying, but we will be in touch with the mission we started with our own hands and which we have seen grow from a wild wilderness to a large developed station, now a school of over one hundred, some eighty being boarding students, with five European helpers on the station. We are thankful we are still able to labor somewhere and in some way for the Lord.

The Life Boat is dear to us and from its beginning it has been a constant visitor in our home and I trust always will be. It is a great help to us in missionary work and we always pass it on.

Oh, how I wish I was young again. I see so much to do, and the hearts of my fellow men are crying out for truth in a way we did not know of a few years ago. I want to begin over again. May we have your prayers?

## Neither Clock Nor Calendar

P. T. Magan, M. D.

EUROPE'S welter of war is now some four months past the two-year mark. As time goes by, it becomes increasingly evident that barring some tremendous, unlooked for and altogether unlikely catastrophe to some one or more of the belligerents, the holocaust of carnage is a long way from the time of the signing of the treaties.

Not long since, David Lloyd George, Britain's great war minister, stated that the edict of the allies was unchangeable and irrevocable—war to a finish, then lasting peace. In an interview given to the United Press on or about September 28 of this year, this same statesman made the remark, "Britain has only begun to fight; the British Empire has invested thousands of its best lives to purchase future immunity for civilization; this investment is too great to be thrown away." And in another part of the same interview he stated, "The inhumanity, the pitilessness of the fighting that must come before a lasting peace is possible is not comparable with the cruelty that would be involved in stopping the war while there remains a possibility of civilization again being menaced from the same quarter.

"Peace now, or at any time before the final and complete elimination of this menace is unthinkable. No man and no nation with the slightest understanding of the temper of this citizen army of Britons, which took its terrible hammering without a whine or grumble, will attempt to call a halt now."

When asked how long he figured that the war could or must go on, Lloyd George replied:

"There's neither clock nor calendar in the British army today. Time is the least vital factor. Only the result counts—not the time consumed in achieving it."

"It took England twenty years to defeat Napoleon and the first fifteen of those were black with British defeat. It will not take twenty years to win this war, but whatever time is required will be taken. And I say this recognizing that we have only begun to win. There is no disposition on our side to

fix the hour of ultimate victory after the first success. We have no delusion that the war is nearing an end. We haven't the slightest doubt as to how it is to end."

There can be no question but that the expressions of England's war minister accurately voice the sentiment of the allied nations. They are determined to fight to a finish, or, to use this noted Welshman's expression, "To a knock-out." There is with them neither clock nor calendar on the wall. No matter how long it takes or how many human lives must be sacrificed upon this the greatest altar of Mars that has ever been erected, or how much treasure is melted into munitions—the pitiless scourge must be kept up until there shall be no more danger of anything of the kind ever being possible again.

In a way, the same idea bears sway in the Teutonic mind. While undoubtedly Germany and her allies are willing for peace, they are not willing to have it on any sort of terms that the entente powers would be willing to offer, so that while they may not express this with the same brutal frankness as do British, Russians, and French, nevertheless their purpose is practically the same.

Mid-November marked a period which may well be accepted as the end of the campaign of 1916. In other words, from now on until spring, in all probability, weather conditions will be such that tremendous offensives on either side will not be possible. What is the condition today?

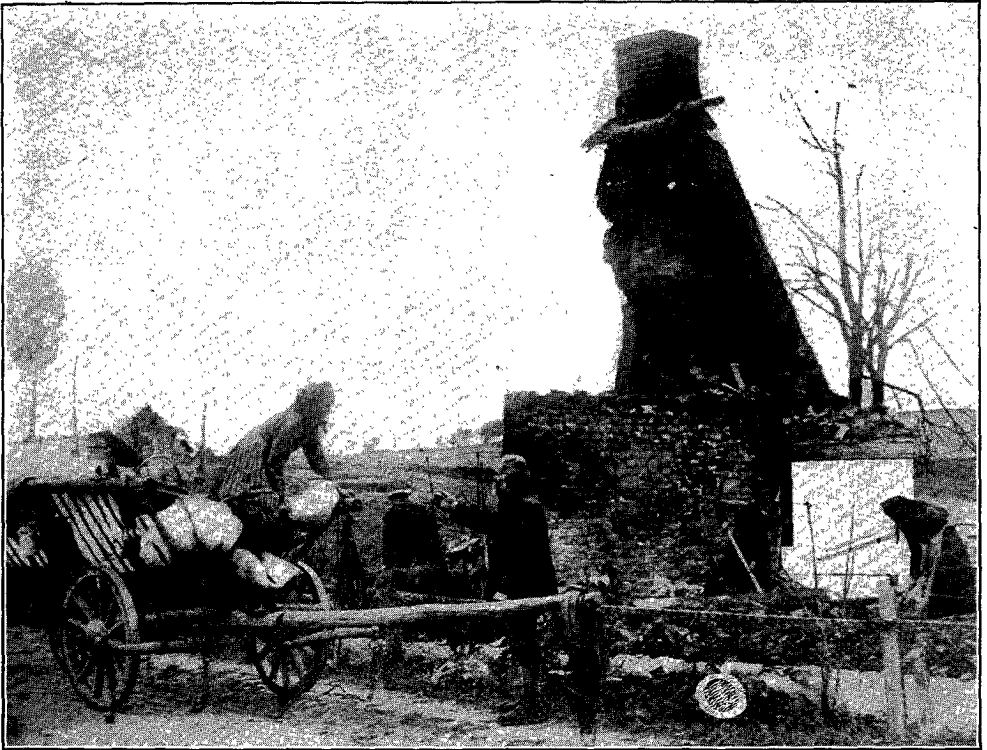
### What Has Been Accomplished

The campaign of 1914 has been considered by some noted military authorities, in the larger sense, a triumph for the allies. It is true that the Germans occupied Belgium, and much of Northern France, but, on the other hand, there stood the Russian occupation of an equal amount of Austrian territory and viewed from the standpoint of individual battles, that of the Marne, those of Flanders, the struggles around Lemburg, were more than a counter balance to the early German successes in the west and the single decisive

victory of Tannenburg, decisive only from the standpoint that it saved East Prussia.

But the second campaign, that of 1915, was without question a success for the Teutonic powers. They won a great victory before Ypres; they successfully repulsed the allied attacks in Champagne and Artois, and in the east they won mighty battle successes at the Dunajec and by the invasion of Russia. This last carried the troops of Austria and Ger-

allies. The year has seen the loss of the initiative by the Teutons, and of almost all the German strategical conceptions. At the beginning of the year Germany undoubtedly reckoned that Russia was out of the running for a long time to come as a result of the activities of the previous year. Therefore, she calculated that she could ignore Russia as she had chosen to ignore her in 1914. At the same time Berlin calculated that the



A Sad Sight Which Is Common in Europe Today. Polish Peasants Returning to Their Devastated Home After the Battle

many deep into the land of the Muscovites, regained almost all that had been lost the year before in Galicia, and hurled Russia Poland into the German lap. These brilliant maneuvers were quickly followed by the successful drive through Serbia to Bulgaria, and the little kingdom over which the war nominally started was crushed and ruined, and Constantinople was linked up to Berlin.

In 1916, however, the pendulum has swung the other way again. The advantage, though less decisive, has certainly been with the

army of Great Britain would be incapable of effective work for a long time, but the British army "arrived" July 1, 1916.

The Teutons undoubtedly decided that 1916 should witness the crushing of Italy. This task was assigned to the Austrians, who were to crush through the Trentino front, enter the Venetian plain, take up their position in the historic quadrilateral, conquer Venetia and set all feelings concerning the Italian peril to Trieste at rest.

But all of these plans failed. The mighty

German effort at Verdun lasted five months and accomplished nothing worth speaking of. The Franco-British forces began their big push. The Italians proved too much for the Austrians, and outside of their successes in Roumania, the Central Powers have had but little to comfort them during the present year.

While the allies have scored a victory on points during the 1916 campaign, they have accomplished nothing as far as a "knock-out" is concerned. In other words, from a military standpoint, to say nothing of the political angles of vision, the war is just as far from a decisive conclusion at the present time as it was on those fatal days of August, 1914, when the hoarse-throated cannon began their blatant talk.

### When Judgments Are in the Earth

What significance is there in all this? Back and forth in a death grip these belligerents have been swaying now for better than two years' time. Millions of lives and billions of treasure have been sacrificed and nothing has been gained. Verily it looks as if the struggle were a judgment from the hand of God with High Heaven standing in the shadow and punishing the inhabitants of earth for their sins.

Long ago a prophet wrote of "The days of visitation" and "The days of recompense" which were to come. Certainly it looks as if the world in its agony were enduring those days of visitation and of recompense at the present time. And another prophet proclaimed, "When thy judgments are in the earth, the inhabitants of the world will learn righteousness." Is. 26:9. Certainly the judg-

ments of God are in, the earth and when the war is finished, if anything, a worse state of affairs will be precipitated than exists today. Let every soul get ready to meet his God.

### WANTS TO COME CLOSER TO GOD

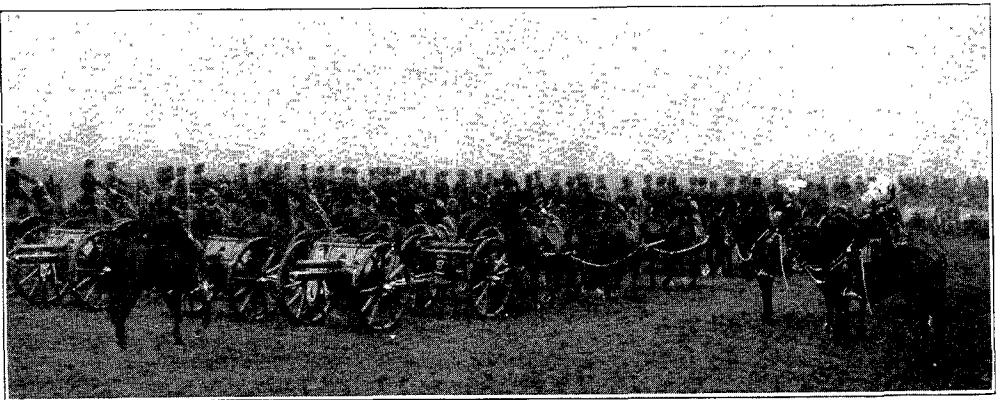
(From the Indiana Reformatory)

"Since my last letter to you I have been made a little better in two ways. First, by reading that very nice magazine which I have been getting right along. I wish to express my thanks to you and the mission for the great work that it is doing, also I wish that God would let me into some of the experiences which you have and the work of the mission. Second, by my giving a helping hand to the man at my elbow. THE LIFE BOAT is kindly received and thoughtfully read by him, then passed on to someone else.

"In reading over the last copy of THE LIFE BOAT I saw a very interesting article which struck me very much. It was the experience of Miss Peterson with the doll and also that feeling of her victory on the following morning at the beginning of her day's work. I would be very grateful and thankful to hear from her once in a while, because she can tell me a great truth and I would be very glad to hear how I may come closer to God and His people.

"I have made friends with a young man here from this state and he can hardly wait to get THE LIFE BOAT, for he keeps asking me for it all the time. Just as soon as I get through with it I pass it on to him.

"I will close, hoping to hear a word of good cheer from someone who takes an interest in the fallen men of life."

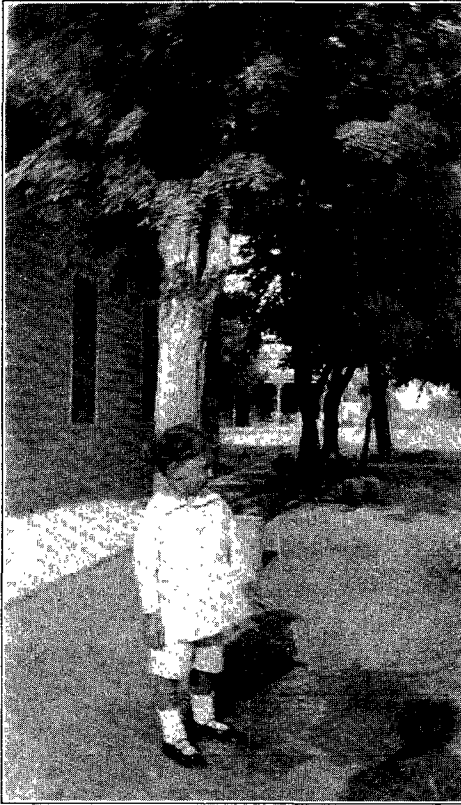


Thousands of the Flower of Manhood Are Marching to Their Death

### ARE YOU UNFORTUNATE OR DISCOURAGED?

CAROLINE LOUISE CLOUGH

Our Life Boat Rescue Home has been a blessing to hundreds of unfortunate women. Girls have found their way to the home who were destitute, disowned and cast out



One of Our Home Babies. A Charming Little Fellow

by their parents and in a desperate condition. They have been gently led to the Saviour and have found that He loves them and is seeking after them.

We receive many letters of appreciation from these girls after they leave the home, in which they state that the Christian influence of the home has made a great change in their lives. One dear girl wrote recently as follows:

"I spent several months in the Life Boat Rescue Home and consider it one of God's greatest blessings.

"My personal experience there was of the saddest nature and I grew closer to God through it all and became a better girl because of the gracious influence of the personal workers for God in that home.

"All the girls were treated with the utmost kindness. The sad hours became brighter for we learned to trust in our Saviour. I am sure each and every girl appreciated from the depth of her heart the blessings she received from God and the outsiders who donated to the up-



A Dear Little Girl Who Was a Boarder at the Home for a Few Weeks

keep of the institution. My prayers are ever for the home."

We have a very young girl in the home just now who has won her way into our hearts, and we know she will yet make a



good woman. Another one has been cast out by her people and is so glad for a place of shelter.

Our two little girls who have been in the home for three months left yesterday for Minnesota, where they will spend the winter on the farm.

Miss Chaffee, the matron of the home, is away on a vacation and Mrs. Gertrude Taylor, the housekeeper, is taking care of the work. Mrs. Taylor was for several years assistant matron of the Michigan Home for Girls, near Grand Rapids, which has recently been closed.

The work is going forward and we are of good courage. The home would enjoy a Christmas present of some Bibles and song books. We shall be glad to correspond with anyone who desires to write to us about this work.

### UNDER AFFLICTION

ANNA J. DICKINSON

[Miss Dickinson, the dear old lady who has made her home in the Rescue Home practically ever since it was built, has written concerning the loss of Dr. Paulson, who has so recently been taken from the work by death. While this experience has cast a sadness over the Home, yet the workers are of good courage and are glad for this opportunity to work for the Master.—Ed.]

Autumn is here with its sere leaf. Frosts have nipped fruits and flowers. A cloud of sadness hovers over the Home. He who may well be called our patron saint comes no more with groups of visitors to enthuse them with his own heart interest in this rescue work. Our hearts are grieved except as we remember, "Precious in the sight of the Lord is the death of His saints." Ps. 116:15.

A double affliction is the portion of the

Home, for we are bereaved of our gardener, janitor and faithful all-around worker, Mr. Purdon. Early in September, seeming in need of rest and treatment, he left us for a little while, we supposed. But his condition proved serious and he, too, has gone to his rest. We miss him, especially, as we face the near approach of winter. Surely the Lord has set us lessons of faith and patient courage waiting to see what He whose faithfulness never fails will do for us. We have tokens of that faithfulness in the one given to have charge in these days of discouragement. Her cheery presence and happy way of making the best of things gives just the atmosphere needed in this testing time when hearts are sore and needs so many.

The response to appeals sent out to old friends and helpers of the work gives assurance their hearts are still warm and ready to aid as the Lord prospers them.

A renewal of Bibles and song books for worship service is sadly needed. Our greatest need, however, is the prayers of devoted hearts that though to human vision our own strength and defense seems taken away, the sure word of triumph may be ours.

"It is better to trust in the Lord than to put confidence in princes."

"Ask what ye will His word is true,  
His power is all divine,  
Ye cannot test His love too far,  
His uttermost is thine.

"God does not mock believing prayer,  
Ye shall not go unfed;  
He gives no serpent for a fish  
Nor yet a stone for bread."

## God's Candles

Pearl Waggoner Howard

**B**RIGHTLY beam the starry candles  
In the canopy o'erhead;  
Silent sleeps the world beneath them,  
Where their little light is shed.

On the earth so deep the darkness,  
Nothing can our eyes discern,  
Till instinctively we raise them  
And our gaze toward heaven turn.

Oh, what lights, in endless myriads,  
Meet the entranced view!—  
Candles God has placed in heaven  
Telling of His watch-care true.

To remind us that our Father  
Slumbers never, neither sleeps,  
But throughout the hours of darkness  
Over all a vigil keeps.

# The Dignity of Humble Service

Agnes Jensen

[Our readers will be much impressed as they read this article from Miss Jensen, a member of the medical evangelistic class at Hinsdale. This gives a glimpse of the wonderfully interesting work which these consecrated young people are doing. It will warm your heart. To do this work many of the students are learning valuable lessons of faith and trust in God. They will be glad to receive financial help if the Lord impresses you to send it.—Ed.]

**A**BOUT eight months ago, while attending a school in Minnesota, I happened to pick up a LIFE BOAT in the library and became very much interested in the experiences of the city workers. I noticed in the magazine that a new class was to begin in July. I immediately wrote for an application blank, and now I am doing just the work which I have so much longed to do.

I have been doing city visiting work for nearly four months now. It has been a great blessing to my soul. As I have visited from house to house and seen conditions as they really are my heart has gone up in prayer that the Lord would send more workers into this great field. "The harvest truly is great, but the laborers are few."

In the morning before starting out on our day's work, we meet in Mrs. Clough's office to ask the Lord to be with us, and guide us to just the homes where He would have us go. Many are the blessed experiences we have during the day.

## Cheering an Invalid

In our house to house work we met with a woman who was suffering from an injury which she had received nearly a year ago. We told her of our treatments and told her we would be glad to help her. She said she would ask her doctor. About a week later we called again and gave her a treatment. We talked with the doctor; he told us if she wished to have us give her treatments it would be all right, but we would not be able to do her any good, as he had done all he could for her. We have been going to her home and giving her treatments for nearly two months, and can say the Lord has blessed in the treatments. Although she has not fully recovered, she has much less pain, and she seems happier and more cheerful than when we first went to her home.

## Ministering Practical Religion

One morning after giving this treatment I went to another home to give a Bible

study. I found the lady suffering from a large abscess on her arm. I gave her a treatment, which greatly relieved the pain, and then quieted the crying baby, and helped the little two-year-old boy get dressed. I then had to leave this home before giving my Bible Study, as I had other duties, but I advised the mother to go to a doctor.

The next morning when I came back the mother had gone to the hospital to have her arm cared for and she had left the children at home with an older child. She told the children that if I came while she was gone to ask me to stay until she returned. The first thing I did was to look for some clean clothes for the baby. After hunting a long time I succeeded in finding some unironed clothes, which I ironed, then I washed and dressed the baby. Just then the mother came home. I helped her to bed, making her as comfortable as possible. I then proceeded to wash dishes and sweep the floors. I stayed with her until two o'clock in the afternoon. I then had to leave to go to another home to give a Bible reading.

## Finding Real Need

As the days grow colder we find there are many people who have no fuel, and many without even enough clothing to keep them warm. We have been able to help some of these people by bringing to them some warm clothes which some kind-hearted people have sent to us to give to the poor and needy, but our supply of old clothes is nearly exhausted. We are trusting in the Lord to put it in the heart of some one, who has some warm, serviceable garments, that they have no further use for, to send them to Hinsdale to be given to the worthy poor in Chicago.

Another interesting feature of our city work is the Sunday morning services conducted at the Harrison street police station. Two of the young men speak to the men inmates downstairs, one in each corridor, and two of our lady workers talk to the women upstairs.

The rest of the company help in singing. Though many of the prisoners are indifferent, we have seen evidence of the power of God to touch hearts. Many a sin-stained soul has been touched by the tender influence of the Holy Spirit, and has given his heart to the Lord, desiring to live a purer and nobler life. Last Sunday morning we found all the women asleep on the benches. After singing a number of songs one woman was aroused. She was very much touched by the singing

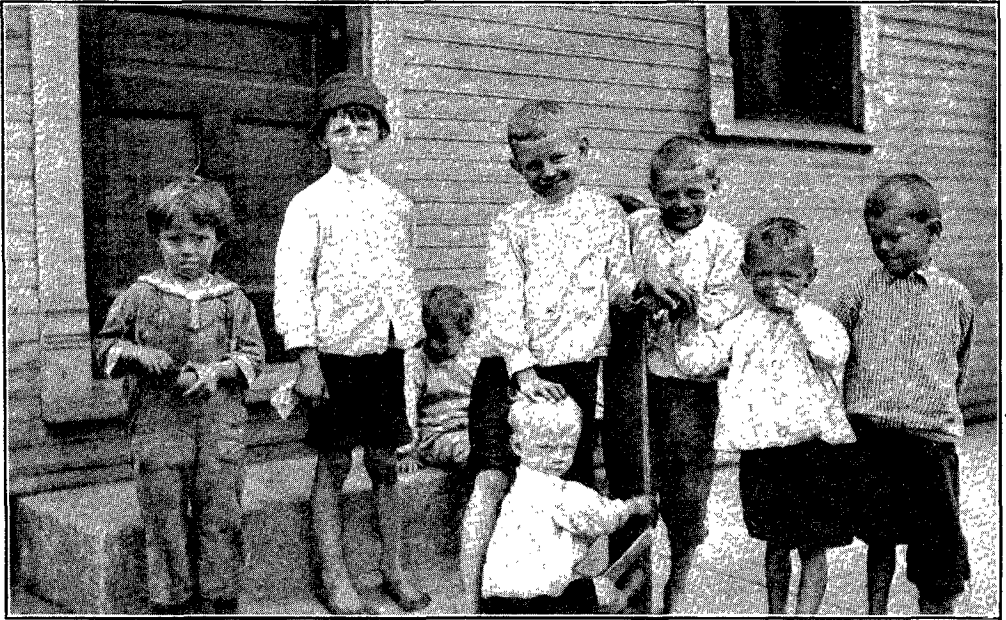
### MAKING LIFE A JOY

MISS KATE D. SANBORN

[Miss Sanborn, whom our readers will remember as being matron of the Rescue Home, has returned from her vacation and taken up medical evangelistic work in Chicago. She is having wonderful experiences and is of much help to the student workers. —Ed.]

Before the Master ascended on high he gave this commission to men:

"Go ye into all the world, and preach the gospel (which includes the gospel of health) to every creature."



In the Heart of Chicago. Some of the Streets Are Teeming With Young Life.

and expressed her desire to have us pray for her that she might live a better life.

Many who do not openly confess their longing for a better life, seem to be under deep conviction. We can but hope that the seed sown will fall on good ground and bear fruit for the heavenly kingdom. It is a blessed privilege to minister unto the least of the children of men.

"I was in prison, and ye came unto me." "Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me."

To have faults and not to strive to correct them is to add to them.

We are told that, "In every large city there should be a true representation of medical missionary work."

"Henceforth medical missionary work is to be carried forward with an earnestness with which it has never yet been carried." "The nurses who are trained in our institutions are to be fitted up to go out as medical missionary evangelists."

"There should be workers who make medical evangelistic tours." "Workers, gospel medical missionaries, are needed now."

Again, we know, "Those in our cities living within the shadows of our doors have been strangely neglected."

So it was with joy that I took up this

branch of work and my joy has increased as I have continued in it.

One woman telephoned for us to call on her. We did so, and found a dear elderly couple. The husband had remained home from work in order to meet us. They said two of our evangelistic nurses had treated the woman a year or two previous, and they had wished for them many times since. She was under the care of a physician, so we told her we would gladly treat her, but could not without her physician's consent. We spoke words of cheer and had prayer with her. She said, "Prayer always helps and I have been longing for someone to pray with me." At their request we returned the next day to meet the physician. He seemed glad for our help and said we could help each other.

#### Gave Health Instruction

At another home we found a woman whose five-year-old boy needed treatment, but the mother feared he would be hard to manage. The next morning we carried him a toy and asked to see his toys while the treatment water was heating. This seemed to win his confidence. However, he began to rebel when we started the treatment. The other nurse and I prayed silently, although neither knew that the other was praying and he soon quieted down. The mother is a bright little woman who grasps the principles of health and hydrotherapy readily and is now giving him the treatments herself.

As these mothers take tea, coffee and other harmful articles of diet away from their children upon our suggestion and we realize the difference it will make upon their future, physically, mentally and morally, we are grateful indeed for the privilege of making these visits.

#### Need Fresh Air and Sunlight

One day last week when it was too warm to wear a coat we found an old lady knitting in a semi-dark closed room. She was a neurasthenic and told us her troubles. She looked so bad, I put my arm around her and pointed her to the great Comforter, after which we knelt in prayer. She asked me if she needed drugs for her head, and I answered, "No, you need God's fresh air and sunlight more than anything else." And urged her to knit out of doors while it was so warm. The

eager way in which she looked forward to our next visit was pathetic.

One woman needed more help than we could possibly give, so the Associated Charities were notified. They gave her food and coal. Still many other things were needed, so we interested some of our friends at Hinsdale. They fixed a quilt and a comforter. From different ones we gathered baby clothes and other partly worn clothing. We had prayer with her.

We leave literature in each home and many openings are found for Bible studies. We never give a treatment without praying with the patient.

One woman invited us to visit their club, saying they would be glad to have our nurses talk to them. We met with them last Thursday to see if they wanted one or more health talks given by nurses or would like to have our workers hold a School of Health which would last three or four evenings. We were very cordially received and they were much pleased with the School of Health idea. They also invited us to give a health talk to the club in the afternoon. The secretary offered to advertise the meetings.

#### BRINGING SUNSHINE INTO DARKENED HOMES

MELANIE GREENER

Member Medical Evangelistic Class

The first of November I was assigned to the city work, which is carried on through the medical evangelistic class, and has brought joy and refreshing to many a weary soul; not only to those who have been visited, but to those also who do the visiting.

When the Saviour passed through the dusty, often wearisome streets in Galilee, He told His disciples, "Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me." Matt. 25:40. What is it that we, as disciples, ought to do to those who are weary and hungry? We must show them love, sympathy, encourage and help them wherever we can. How much do we ourselves appreciate the sincere love of a friend, the soothing words and the many answers to prayers from our dear Saviour, who constantly watches over us and would like to use us in finding some troubled soul? Just as much as we like such sympathizing, comforting help, just so much also would those who seem to be in the depths of darkness and

trouble like to have friends. The Saviour always knows where to send us, as we earnestly plead with Him to lead our steps aright and help us to find the needy ones.

In my short experience in city work I feel more and more the need of such workers. Every one who has found the Saviour and knows the comfort that He imparts ought to be constantly doing something for his neighbor, friend or even enemy, for to work for the enemy brings great blessing and heavenly peace to your soul.

While going from house to house visiting we find many who truly long for help and sympathy. Once it was a discouraged mother, who by speaking to her of the many blessings Jesus has promised, gladly rejoiced and took courage again; then again a sick father, the children small, so that not even the mother could go out to provide the most needed necessities; again some one who feels lonely in the large city with so many people who do not notice him.

Many of these dear city people hardly ever see the grass grow, much less the beautiful flowers, which are the wonders of creation. It does these people good to talk with them and they gladly accept the invitations to trust and follow Jesus, that we all by and by may go on to the promised land, where the beauties of a new world, not spoiled by the stains of sin, will shine brightly. They gladly toil on, for the promises of Jesus are stronger than the attractions of Satan. Jesus Himself toiled on this earth, and He knows just what we need to comfort us. If we only will trust Him day by day, yes, moment by moment, seeking the Lord, we will be able to bring help and sunshine into the homes.

Many times our help is needed in the home and we are never afraid of work, be it washing dishes, sweeping, or giving a soothing treatment to any one who suffers, just so we can help and cheer them. I believe it brings almost more joy to us than to the one we help. As we are helping in every line that we possibly can, we need the help of others, not only by their means, but through their prayers. Wherever we go, we see sadness, and occasionally we find many a happy, cheerful person where we least expect to find them. This work has indeed been a blessing to me. I can truly say that the Saviour has been very near and helped me.

## LOOSENING THE CORDS AND SETTING MEN FREE

A. C. FORD, JR.

[This report is from the medical evangelistic student who has been engaged in city mission work the past month. It is most interesting.—Ed.]

The past month I have been witnessing the power of God at work in the lives of those who have been under Satan's control. One man came into the mission a few weeks ago who was a slave to the liquor and tobacco habit. He was touched by what he heard and decided to do better. He left and was not heard of until several weeks later when he returned in an awful condition. His whole body was saturated with poison and his nerves were shattered. He had been tempted, and, trying to resist in his own strength, he fell. Brother Kemp gave him a treatment to help him physically. The man gave his heart to the Lord and by God's help gave up tobacco and drink, accepted the truth, and is today rejoicing and praising God for his restored manhood. He spent a few sleepless nights as a result of the past, but now his physical body can rest and he has peace of mind. Surely, God did work a miracle in the recreation of this man.

### "In Too Bad a Shape for the Lord"

One more experience. A man came into the mission so drunk that I had to lead him to a seat. He was on the verge of delirium tremens, but was very much concerned about his lost condition and his shattered powers. He thought that he was too wicked and in too bad a shape for the Lord to do anything with him. But I told him that the Lord came to seek and save the *lost*. And it is not those that are well that need a physician, but those that are sick. I gave him a course of treatment which has helped him very much. This touched his wife's heart. She could not understand why we were so good to them.

I began studying the Bible with them and they are both interested and have accepted so far all that has been given them from the Bible as truth. They are anxious to continue the Bible studies. I make regular calls on them and I am hoping and praying that they will accept the whole light of the gospel. They cannot understand why I should have found them in such a large city, but to the child of God it is simple. It is God seeking out those who are honest in heart.

In olden times when our Saviour was here among men, we are told that demons would sometimes take complete control of men and women. These unfortunate people would be compelled against their will to do the bid-dings of the evil spirits, and to speak things contrary to what they wanted to say. To some of them would be imparted superhuman strength, so that they were uncontrollable, the strongest cords and chains not being able to hold them fast. The evil spirits would throw down their victims, and cause them to abuse their bodies in various ways. They became a terror to friends and relatives.

But in Christ these evil spirits found their master. At the presence of Jesus the demons must confess Him as such. For it is recorded, "And unclean spirits, when they saw Him, fell down before Him, and cried, saying, Thou art the Son of God." Mark 3:11. As Christ came across these demon-possessed men he would invariably cause the demons to loosen their grip upon their suffering victims. This was a trying ordeal, and sometimes it seemed to leave them lifeless for a short time. But when rescued from Satanic control they always praised God for restored manhood. But the best part of it is that when Christ left this earth this power was not withdrawn, but was delegated to his faithful servants until the end of time. (Mark 6:7; Matt. 28:20.) And so we see the same mighty force at work in the lives of men and women today.

### AN UNSEEN HAND AT WORK

ELIZABETH A. KEMP

Life Boat Mission, 34 South Desplaines St., Chicago

Our hearts have been made glad this past month. God is with us and is answering prayer. I am sure our readers will rejoice with us when they hear how God has blessed us. We have had a bill of \$37.15 that it seemed as though we could not pay. We took it to the Lord in prayer and I feel that I must tell you how the Lord paid it. Yesterday a friend called and really wanted to let us have some money. He made it so very easy for us to return it that we accepted ten dollars. My husband took the money to the company where he owed the \$37.15, intending to pay that much on account, and what do you think happened? The God of heaven moved upon that rich man's heart and

he gave us a receipt *in full*. Surely we have a God that answers prayer. On Nov. 8, Sister Olsen of New Hartford, Iowa, sent us five dollars. You cannot understand how grateful we are to Sister Olsen. May God return it unto her a hundred fold.

And there is still more good news. A young brother in Wichita, Kan., one whom we all love for his noble life, and one who has shown us many kind acts in the past, still remembers us and has helped us twice when we were in need. We prayed to our Heavenly Father, and He impressed our brother to send us help. "God loveth a cheerful giver." 2 Cor. 9:7.

This month we have Bro. Nels C. Nelson from the Hinsdale Sanitarium with us. He goes from house to house looking for people that are sick and unable to have a doctor; also gives Bible readings to those that are interested in the Bible. Every day he calls on one poor man that is greatly in need of help. When the weather permits, he brings him down to the treatment rooms and this poor man has the benefit of all the latest treatments in hydrotherapy.

We have had some very enjoyable services lately. Miss Kate Sanborn, formerly matron of the Rescue Home, has been coming with her violin to the meetings, and we have certainly enjoyed some good music.

About five or six weeks ago, we sent a brother to the Hinsdale Sanitarium to work. This brother had taken a definite stand for God and the truth. We are more than pleased to say that he is doing well, growing in grace and in the knowledge of God.

Winter is just upon us, and it certainly makes our hearts ache as we see so many men in need of warm clothes. As you read this article remember what God says through the wise man: "There is that scattereth, and yet increaseth; and there is that withholdeth more than is meet, but it tendeth to poverty. The liberal soul shall be made fat: and he that watereth shall be watered also himself." Prov. 11:24, 25.

### THINKS IT THE BEST

"I would subscribe for THE LIFE BOAT if I had the money as I enjoy reading it more than any paper I ever read. I want to get some subscriptions for it soon."



## WHAT OF THE FUTURE

E. L. VOGEL, SR.

President Illinois State Gideons, Wheaton, Ill.

When great men are taken away to respond to the final call of death the question often arises by those who have been followers of their leader, "Who can fill his place? Will the work still continue to prosper? Will all the detail that has to be worked out be worked out just as well by someone else as when our leader was with us?"

No doubt this thought is in the hearts and minds of that noble group of earnest Chris-



E. L. Vogel

tian men and women who are located at Hinsdale, Ill., and are working unitedly together. Their hearts have been torn with anguish and sorrow because their beloved leader, Dr. David Paulson, has been called to rest.

It was the writer's fortune, on account of sickness, to be at the Sanitarium when the news arrived of Dr. Paulson's final passing away at Asheville, N. C., and it was my privilege to attend the beautiful funeral service in the chapel at the Hinsdale Sanitarium, October 18, 1916.

In thinking of the great work that Dr. Paulson accomplished as a leader among his

people, my mind reverts to three prominent figures who have made great impressions on the multitudes in our great cities. All three men of God who were thoroughly consecrated to His service and work.

The first man I have in mind is D. L. Moody. We all remember when the word was flashed across the country that he had been called to lay down his work. At that time, after the first shock of the news had been received, many of his followers almost became panic-stricken, thinking that as their leader had been taken away, now the work would lag. The facts are that D. L. Moody had builded well on a foundation that will endure for all time.

The Moody Church, with its many departments, has now outgrown its quarters and a great man has taken the leadership—our well beloved friend, Paul Rader. They have been compelled to erect a great tabernacle in Chicago holding over six thousand and the place is packed with people. The Moody Bible Institute, from a small beginning at the time of the death of D. L. Moody, is now the greatest institution of its kind in the world. The Mount Hermon, Mass., schools of D. L. Moody are in flourishing condition and so God has honored the memory and works of D. L. Moody in the lives of other leaders who are going forward with the work.

When Charlie Palmer died he was the national field secretary of the Gideon organization. At that time the Gideons had an enrollment of some three or four thousand members. At the present time, under the splendid leadership of the national president, A. B. T. Moore, and the very able work of John W. Weakly, National Secretary at the Chicago National headquarters, the work has progressed by leaps and bounds. They have an enrollment of nearly twelve thousand members and since the passing away of our beloved Charlie Palmer, we have taken up the great Bible work of placing a copy of the word of God in every hotel guest chamber in the United States and Canada, and up to the present time we have placed 350,000 copies of the Gideon Bible in the hotel guest chambers. So here again it has been proved that when the work is founded on the Word of God and on faith and hope in Him, even

when the leader is gone, the work will continue.

Here in Illinois, the Gideons of the Illinois State Camp have placed thirty thousand copies of the Word of God and have reached the lives and hearts of a great many unsaved traveling men.

The third man is Harry Monroe, that genial, lovable, God-fearing man, the man who stood at the very edge of the gutter and picked up dying men—the flotsam and the jetsam of a great city. A man who was always on the job in the Pacific Garden Mission to bring men to Jesus Christ. The man who was instrumental in God's hand to bring men like Mel Trotter and Billy Sunday to a saving faith. This man only a short time ago fell at his post and has left the work for others to finish. We are told that Mel Trotter, the great evangelist and worker, has been offered the position of leader of the Pacific Garden Mission.

At the great memorial service that was recently held at the Moody Church Tabernacle in behalf of Harry Monroe thousands of dollars were raised for the perpetuation of the work of the Pacific Garden Mission. Whether Mel Trotter or any other leader takes the leadership, there is no question but that the work will go on to the completion. Their plan is to erect a large steel tabernacle some day in the heart of the city and do a greater work than ever dear old Col. Clark, the founder of the mission, dreamed of.

So we feel and know that in the providence of God the Hinsdale work that has been put in operation by the genius of Dr. David Paulson will continue to grow and expand. His works will follow him in the years to come in the lives of consecrated men and women who will make Hinsdale a greater Hinsdale than was possible in the days that are gone. May this be so.

#### A TRIBUTE

We wish our readers could enjoy the beautiful letters of sympathy and esteem which have been received since our beloved editor passed away last month. At the request of a life-time friend, Leaton Irwin, Quincy, Ill., we publish this beautiful tribute:

"I would like to pay a tribute through your columns to the memory of Dr. David Paul-

son, who was the true friend of the downcast, the prisoner, the unfortunate, and the wayward, and whose life represented the highest type of efficient, unselfish service for his fellowmen less fortunately situated than himself.

"From our limited vision it is difficult to understand why the world must lose such a help to such men, but it ought to give everyone who has been helped by him a new grip on life to know that Dr. Paulson sacrificed himself for his fellows. It is true that he helped many more fortunately situated in a financial way than himself, but this was only incidental in his life, and he has thousands of this kind of friends also scattered over the country who will always revere his memory."

#### FROM AN INDIANA PRISONER

"I thank you for the *MAY LIFE BOAT*. It is a good paper and I read it through six times. It tells us how to live and what to do, and if we love God we cannot fail to enjoy its contents. I am in prison for sins done in the body—the sins I committed before I sought Jesus Christ as a Saviour to help me to learn of the divine grace He has in store for those who love and fear Him."

#### FROM A NEW YORK PRISONER

"I have nobody in this country and I do not receive any letters, and it is very hard for me when I see other men receive letters from friends or their loved ones.

"I humbly ask you for this great favor, and it would be much lighter for me to serve my time when I could occupy my mind with other things."

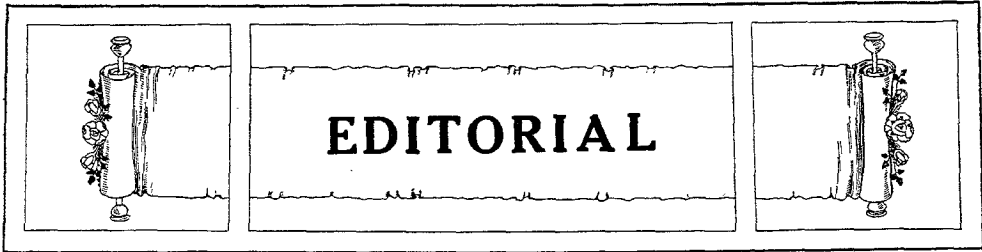
There is no real aristocracy except that of character.

Nothing can bring you sorrow but yourself.—Emerson.

Not failure, but low aim is crime.

Be always employed about some rational thing that the devil find thee not idle.

We may be sorry at the end of life that we talked too much, but we shall not be sorry that we prayed too much. Let us then make much of prayer.



### THE LIFE BOAT FOR 1917

With the January number begins our twentieth year for THE LIFE BOAT. For fifteen years this Magazine has been safely piloted by its recent lamented editor, Dr. David Paulson, and the souls that have been saved from the billows of sin through its influence will fill his crown with sparkling gems.

Prominent, authentic, and well-known writers will contribute from time to time to the columns of this Magazine. It will be filled each month with live, up-to-date instruction in health and soul-winning work, and heart-touching, soul-inspiring accounts of actual experiences in charitable and philanthropic activities. The work will go forward and we trust will reach a wider field of usefulness than ever before. We wish to express here our appreciation and gratitude for the many letters from friends of this work expressing their intentions to continue to loyally support it with their influence and their prayers.

THE LIFE BOAT has proved itself to be a good sailer, and is also a good seller. Our agents are discovering this and some are meeting with astonishing results. We are of good courage in the Lord, and as Joshua of old, we are ready to "Arise, go over this Jordan," claiming the promise to Joshua that, "As I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee." Josh. 1:5.

### THE HINSDALE MID-WINTER CONVENTION

December 27-31, 1916

The annual mid-winter convention, which has been such an important feature in the work at Hinsdale, will open this year on Wednesday evening, December 27, at 7:15 p. m., and for four days services will be held as follows:

An early morning devotional service will be conducted each morning. Forenoon and after-

noon sessions at 10:30 and 2:30, and sermon in the evening at 7:15.

Time will be spent in the discussion of principles of medical missionary work and methods, the training of workers and kindred topics. Reports will be given from former Hinsdale workers who have built up work in other places. The various missionary activities of the medical evangelistic work in Chicago, the Life Boat Mission and Jail services, the Life Boat Rescue Home, the Good Samaritan Inn, and other departments of the work will be presented.

The Sunday afternoon session will be devoted to health topics. New developments in medicine and the treatment of the sick will be presented by several physicians.

Dr. P. T. Magan will act as chairman of this convention. It is hoped that other prominent workers, such as R. D. Quinn of South Lancaster, Mass., Dr. E. A. Sutherland of Nashville, Prof. J. G. Lamson of Indianapolis, and others will be in attendance and will assist in making this meeting a success.

A cordial invitation is given all to attend who are able to do so. It is hoped that this meeting will give the work a mighty impetus, the results of which will be evidenced in the hearts and lives of our workers throughout the year 1917.

### BROKEN HEARTS AND THE PIECES

"God will accept a broken heart, but He must have all the pieces," so says the editor in the *Sunday School Times* of recent date. "To withhold one tiny piece is to distrust Him—and we cannot know the wonders of His healing love as He longs to make it known. But the moment we give Him all, God gives us all. We may have nothing but a sadly broken, shattered life to offer Him; that does not hinder Him at all if only He may have *all* the wreckage."

### THE NEXT WAR A WORLD WAR

In the *Literary Digest* of November 11, President Wilson is quoted as saying:

"This is the last war of the kind or of any kind that involves the world that the United States can keep out of. . . . War now has such a scale that the position of neutrals sooner or later becomes intolerable." And President Wilson *knows*.

Whither are we drifting? What is the significance of this great war cloud that is about to envelope the earth? Let us turn to the source of all light and truth—God's Holy Word, which is discredited and despised by so many in these days of *human* enlightenment. What does it say?

"And the nations were angry, and Thy wrath is come . . . and that thou . . . shouldst destroy them which destroy (or corrupt, margin) the earth." Rev. 11:18.

When the nations of earth have done their worst and there is wreckage and carnage from war and crime and disaster, "For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places," "then shall appear the sign of the Son of man in heaven: and then shall all the tribes of the earth mourn, and they shall see the Son of man coming in the clouds of heaven with power and great glory." Matt. 24:7, 30.

We are living in tremendous times, the times to which the prophets of all ages looked forward. How important then that we heed the Saviour's admonition, "Be ye also ready: for in such an hour as ye think not the Son of man cometh." Verse 44.

We all want to be among that number to whom our Lord shall say, "Come, ye blessed of my Father, inherit the kingdom *prepared for you* from the foundation of the world." Matt. 25:34.

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### THE MEDICAL EVANGELISTIC TRAINING COURSE AT HINSDALE

There is a wonderful opportunity at Hinsdale for consecrated young people who desire to receive a training in actual medical evangelistic work. A regular three years' course of missionary nurses training is conducted, during the first year of which the students are brought face to face with community medical

evangelistic work in the city of Chicago. Many homes are brightened, many down-cast, discouraged ones are lifted up, many sick and suffering are restored to health, many burdens are made lighter by these unselfish, consecrated workers. And at the same time their own hearts are made to rejoice as they see the joy that comes to those whom they help.

A new class starts the first of July each year. We should be glad to hear from any who are interested in taking up this work. Write to Hinsdale Sanitarium Training School, Hinsdale, Ill.

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### WEARING A STOLEN UNIFORM

An army spy is less easily discovered when he dons the uniform of his enemy, and consequently his errand works greater destruction to the enemy's side. The more natural he can appear in his stolen uniform the greater his deception.

Did it ever occur to you that there are spies in the spiritual realm wearing stolen uniforms? The "ravening wolves" in "sheep's clothing" are still on hand today doing their deceptive work as they did in the days of our Master. In fact, Timothy tells us that "in the last days" when "perilous times shall come" there will be many "having a form (or cloak) of godliness, but denying the power thereof," and he adds, "from such turn away." 2 Tim. 3:5.

It is a mockery to Heaven and a lie to those we meet for us to carry the badge or sign of godliness when our hearts are not sanctified. Our Saviour showed a wonderful heart of sympathy and love for the poor sinner by the roadside and for the poor publican and tax gatherer, but when He met the proud self-righteous Pharisees He rebuked them openly and unsparingly.

At the great judgment day those who have been wearing a "form of godliness" will discover themselves in their true light as they stand before the Judge of all the earth, but, it will then be too late and they will cry to the rocks and mountains, saying, "Fall on us, and hide us from the face of Him that sitteth on the throne, and from the wrath of the Lamb: for the great day of His wrath is come; and who shall be able to stand?" Rev. 6:16, 17.

## NEWS HERE AND THERE

Mr. and Mrs. H. A. Collins, of Havana, Ill., were recent visitors at Hinsdale.

Mr. E. L. Vogel, Sr., of Wheaton, Ill., President of the Illinois State Gideons, spent a short time in the institution.

Lotta E. Bell, of Detroit, Mich., spent a few days at Hinsdale.

Dr. Silas Yarnell, of Spokane, Wash., an old-time friend of the Hinsdale work, called recently.

Mrs. Cleora Webster, of Chicago, was a guest during the month; also Mr. and Mrs. J. C. Nixon, of Berrien Springs, Mich.

Dr. Newton Evans, of Loma Linda, Cal., who has been attending a medical council in Washington, D. C., stopped at Hinsdale on his return trip Westward.

Mrs. E. P. Weaver, of Berrien Springs, Mich., a graduate of the Sanitarium Nurses' Course, called at the institution recently.

Dr. and Mrs. Riley Russell, of Soonan, Korea, spent a few days in Hinsdale recently. Dr. Russell is taking a post-graduate course in Chicago.

Miss Augusta Blosser, of Chicago, visited the Sanitarium.

Miss Caroline Carleton, of Sappington, Mont, a graduate of the Sanitarium Nurses' Course, has now returned with her mother.

Dr. D. H. Kress, of Washington, D. C., is spending a few days in the Sanitarium.

Mr. Irving Borg, of Bear Creek, Wis., Miss Hilma Swanson, of Galesburg, and Mr. and Mrs. L. L. Hodges, of Toledo, Ohio, have recently connected with the institution.

Word has just been received of the safe arrival of Mrs. Pearl Waggoner Howard, the Life Boat poet, and her husband, in their new field of labor, Peru, South America. With it comes the promise of some interesting reports from her pen for future numbers of THE LIFE BOAT.

Pastor F. W. Paap, of Washington, D. C., spent a couple of days at Hinsdale recently. His instruction was enjoyed by the sanitarium family of guests and workers.

Dr. H. O. Parker of Asheville, N. C., was a recent visitor.

Dr. and Mrs. A. G. Larson of Hankow, China, were recent callers; also Prof. J. G. Lamson, of Indianapolis, and C. J. Tolf, of Aurora, Ill.



N. W. PAULSON . . . . Business Manager

The Life Boat is published at Hinsdale, Ill., by the Workingmen's Home and Life Boat Mission, Incorporated.

Checks, drafts and money orders should be made payable to The Life Boat, Hinsdale, Ill.

Do not send currency in your letters, as The Life Boat will not be responsible for receipt of the same. Single copies, 10 cents.

Yearly subscriptions, \$1.00.

Special discounts when a number are sent to one address.

#### Expirations

The date on the wrapper indicates when your subscription expires. We do not continue any names on our list after the expiration of the subscription, so please renew your subscription promptly.

#### Change of Address

When writing to have the address of The Life Boat changed, be sure to give the old address as well as the new one.

#### Mistakes

The publishers of The Life Boat will be pleased to have their attention called to any mistakes that may occur, and will be glad to correct them.

#### Premiums

The attention of our readers is invited to our valuable premium offers. We are constantly in receipt of most appreciative letters from those who have taken advantage of these liberal offers.

#### Rates for Advertising

Full page, single issue, \$20; three months, \$50.  
Half page, \$12; three months, \$30.  
One inch, column width, one insertion, \$1.00.

#### Life Boat Magazine Agencies in Chicago

The Life Boat magazine can be secured in quantities at wholesale rates from the following agencies in the city of Chicago:

D. K. Abrams, wholesale nut store, 3529 Cottage Grove Avenue. Phone Douglas 6743.  
Illinois Tract Society, 116 North California Avenue. Phone Garfield 3361.

#### FROM A PRISONER IN SOUTH DAKOTA

"I will write you a few lines today to let you know that I received your letter, which you wrote to me the 26th of July. I also got the little book that was in the letter which was called The Victorious Life, and I also got the August LIFE BOAT and I thank you very much for it, as it is very good reading and I like to read such books. I think that they read very much like the Bible. I like to read the Bible and I think that I understand it quite well, too, a good, big part of it."

### "THERE'S ROOM IN THE INN"

The Good Samaritan Inn is a small sanitarium for those in moderate circumstances. The sick poor are treated here on such a simple yet effective basis that the expense is within their reach financially. Write for further particulars. Address the Good Samaritan Inn, Hinsdale, Ill.

Some of our LIFE BOAT workers are meeting with astonishing success. Would you like to try the work? Write for further particulars.

We employ no solicitors for any of the various lines of helpful work that God has committed to us. If the Lord impresses you to assist us send the money directly to headquarters instead of to any individual that is a stranger to you.

### "The Mountain Flower"

A beautiful 3-page (sacred) solo for medium voice and piano. Price 25 cents.

Order from

Otto Lundell, 310 Unity Bldg., Chicago

### SPECIAL NOTICE

Agents, your opportunity has come—the grandest state song ever written—the "Glory Song of California"—famous already all over United States. Only been out four months and the second large edition is now partly gone. Sample copy post-paid 25 cts. Write at once for agents' prices.

Waterbury Specialty Co., Pomona, Cal.

### Excelsior Treatment Rooms

Sanitarium treatments such as electric light bath, shampoo, salt glow, shower and massage are given by an experienced attendant, at 34 South Desplains St., Chicago. Mr. Harold Kemp, the proprietor, is ready to answer any call for help day or night. Phone, Monroe 6135

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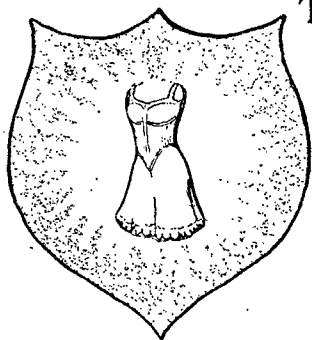
Many years' experience has taught me how to turn out first-class prints with "a finish" to them.

Send me your films and be sure of the best results.

**Quick Service Low Prices**

Any size roll film developed for 10c; film pack, 25c. *Velox prints, 8c to 5c each.*

**L. C. HARNER, Photographic Expert**  
Specialist in Developing and Finishing for Amateurs  
216 Hinsdale Ave., HINSDALE, ILLINOIS



# The PATRICIA

## A SHIELD TO HEALTH

The PATRICIA GARMENT is a PERFECT SUBSTITUTE FOR THE CORSET and a great improvement in other respects, as it permits natural circulation, perfect respiration and freedom for every muscle, with no bands or strings and countless buttons and buttonholes. There is no opportunity for girding the soft parts of the body, as it follows the natural curves, preserving the contour of the figure.

We are now able to furnish the Patricia health garment in stock sizes from 32 to 42 bust measure, made from the very best of materials and carefully shrunken before making. Write for further particulars and prices.

Address **THE PATRICIA GARMENT CO.**  
HINSDALE, ILL.

### WHAT WOMEN SAY OF THE PATRICIA

"I received the PATRICIA and think it is just the garment for health."

"I wish I might have the pen of a ready writer to express my appreciation of the PATRICIA garment. I simply will never be without it. It is absolutely all I could wish in every way.

"For comfort, style, saving of time in dressing,

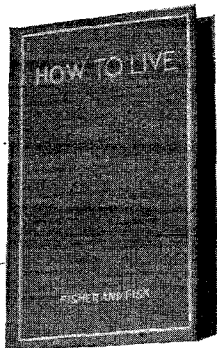
saving in laundry—in fact I have never enjoyed any garment that has brought me so much pleasure. Once in possession means never without them."

"I have worn this garment now for three years and find it eminently satisfactory. I consider it superior in many respects to any other garment of its kind which I have worn and can heartily recommend it to other women."



# NEW PREMIUM OFFERS

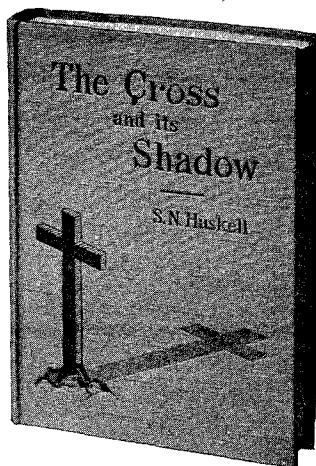
## "How to Live, or Rules for Healthful Living, Based on Modern Science"



By Irving Fisher, Professor of Political Economy, Yale University, and Dr. Eugene L. Pisk. Hon. William Howard Taft, formerly President of the United States, has written the foreword and in fact has edited the entire work. We quote the following from the Preface: "A sad commentary on the low health ideals which now exist is that to most people the expression 'to keep well' means no more than to keep out of a sick bed." This book has a splendid chapter on air, another one on food, another one on poisons, such as those due to constipation and those due to infected teeth, etc. A chapter on exercise, one on hygiene; a chapter containing the last word on alcohol and on tobacco, and how to avoid colds; signs of the increase of degenerate diseases, etc. By special arrangement with the publishers we are enabled to offer this book as a premium for one new subscription and 25 cents additional. Induce some one to subscribe for The Life Boat the coming year and receive this most excellent book.

## The Cross and Its Shadow

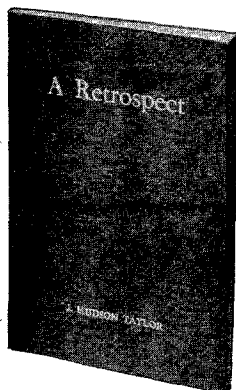
A new book by S. N. Haskell. This book presents the whole Old Testament sanctuary service in a new and living setting. The sacrifice of Christ for us is beautifully portrayed



on every page. This book is a marvelous inspiration to a holy life and should be in every home. It contains 388 pages, 50 chapters and 218 illustrations, and will be given absolutely free for only two subscriptions to The Life Boat. Take advantage of this offer while it lasts.

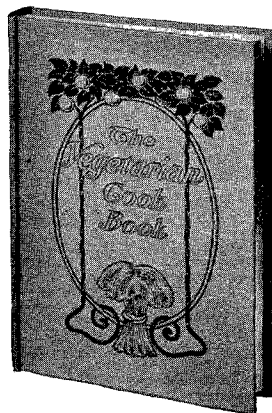
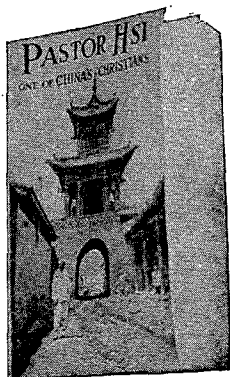
## A Retrospect

This book by J. Hudson Taylor is one of the most thrilling and inspiring books on the market today. We have sold nearly 4,000 of them. Should be read by every young person who desires to be of some use in the world. This red, paper-covered edition can be furnished with one subscription to The Life Boat at one dollar.



## Pastor Hsi

This charming book, "Pastor Hsi," by Mrs. Howard Taylor, daughter-in-law of the late J. Hudson Taylor, founder of the China Inland Mission, has found such a warm reception by The Life Boat readers everywhere that we are offering it again this year. The author gives in a most fascinating manner the remarkable story of the life work of Pastor Hsi, the man who, after his wonderful conversion from heathenism, founded more than forty medical missionary centers in the province of Shan-Si. His remarkable faith and power in prayer has brought his work to the attention of the entire Christian world today. This book is an inspiration, and you can have it by sending us one dollar for your subscription to The Life Boat for one year.



## The Vegetarian Cook Book

should be in every Life Boat reader's home. It is a splendid compilation of valuable recipes for a sane and sensible dietary. If you want to learn how to cook for health and not for drunkenness send us \$1.35 for The Life Boat for one year and this useful book. This is an unusual offer.

# The Life Boat Practical Health Specialties

From time to time our friends write us that they find it difficult to carry out some of our health suggestions because they can not really procure in their own neighborhoods what we recommend. To accommodate such we have undertaken to carry these things in stock and send them to our readers everywhere by parcel post, express or freight.

## PRACTICAL HEALTH SPECIALTY No. 1. Natural Rice.

Eleven-twelfths of all the mineral that God put into rice is scoured off to produce the polished product that is ordinarily eaten. What is more important, the "vitamines," the lack of which, when people are fed on rice exclusively, produces beri-beri, scurvy and perhaps favors pellagra, are also contained in the covering of the rice. But people are so used to the inferior product that grocers do not ordinarily have natural brown rice in stock. We handle the genuine article. Price, ten cents per pound. Transportation additional.

NOTE.—Natural rice requires more cooking than the scoured variety, but it is worth more.

## PRACTICAL HEALTH SPECIALTY No. 2. Genuine Graham Flour.

The white flour on the market today has been over-processed by the steel roller milling methods, and, like the polished rice, it has been largely deprived of some of its most valuable ingredients, such as the germ, its most valuable mineral salts, and vitamins. In our vicinity there is an old mill which still grinds wheat with the old-fashioned stone burrs of our childhood days, and for the accommodation of our readers we will furnish this flour in hundred pound lots for \$5.00. Freight charges additional.

## PRACTICAL HEALTH SPECIALTY No. 3. Liquid Paraffin.

Stagnation of the bowels is the most common disorder among civilized nations and is perhaps by far the most common cause of our various chronic diseases. These diseases are not readily cured for the simple reason that the real cause is not removed. The laxative drug habit is the most common drug habit among mankind. Every remedy of this kind sooner or later loses its effect and, unfortunately, in every instance does the system more or less harm. Bulky food, plenty of green garden truck, and an abundance of fruit will relieve many of these cases. But some cases have such a tendency to hyperacidity and to intestinal irritation that the liberal use of these things actually seems to aggravate the condition.

Liquid Paraffin, or what we called White Russian Mineral Oil when we imported it from Russia before the war, seems to be a veritable godsend to thousands of these cases. Being a mineral oil it is not absorbed by the body. It merely lubricates and softens the bowel contents. It can be used with perfect safety as it does not create any laxative habit. The dose is from one teaspoonful to two tablespoonfuls three or four times a day as may be necessary. It can be procured in any town, but by buying it in large quantities we are able to furnish it to our readers at about one-half the prevailing retail price.

### Prices

1 Pint .....	\$0.35	Shipping weight.....	2 lbs.
1 Quart .....	.60	Shipping weight.....	4 lbs.
2 Quarts .....	1.00	Shipping weight.....	6 lbs.
1 Gallon .....	1.75	Shipping weight.....	10 lbs.

It is put up in tin cans so that it can be sent by parcel post. These rates do not include transportation charges.

## HEALTH SPECIALTY No. 4. A New Health Garment.

So many inquiries are constantly coming to us regarding how to dress healthfully that we have decided to carry in stock a health garment that we can fully recommend. We would direct the attention of our readers to the notice on another page about the Patricia Health Garment.

THE LIFE BOAT, Hinsdale, Ill.

# THE LIFE BOAT RESCUE HOME



Physicians, pastors and other workers are constantly perplexed as to how to properly extend a helping hand to the unfortunate girl. To meet this pressing need the charitable public assisted in erecting this splendid eleven-thousand-dollar institution.

The institution has no endowment and beyond the mere pittance that some of the girls are able to pay, it is entirely dependent upon the generosity of those who become interested in its work.

## SUPERIOR HIGH QUALITY RUGS

Made by the Girls in the Life Boat Rescue Home, Hinsdale, Ill.



These beautiful Rescue Home rugs are made from high quality *new* materials which will not fade and are guaranteed to give excellent service. They are made in two sizes; the larger ones are two yards long and one yard wide. The smaller ones are twenty-five by fifty-four inches. They are made of dark blue, trimmed with white, or a rich brown and white, or pink and white, and other light shades for bath room and bed room use. They can be made to order in sizes and colors to suit customer.

In purchasing these rugs you are not only getting a good bargain, but you are at the same time helping the Life Boat Rescue Home and the young women in the home who make these rugs.

If you are in need of rugs for your own home, why not purchase them of us and thereby help this good work along? These rugs will also make splendid gifts to your friends.

Prices: Larger size \$2.25, weight for shipping 3 lbs.; smaller size \$1.25, 2 lbs. Parcel post extra. *Address*

**Mrs. C. L. Clough, Supt., Life Boat  
Rescue Home, Hinsdale, Ill.**

# VISIT HINSDALE FIRST



*The Main Building*

A suburb of Chicago—trains every few minutes—fifty trains a day.

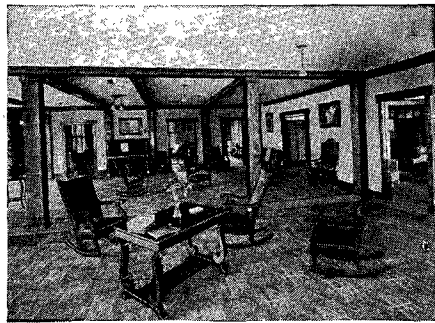
Sixteen acres of virgin forests, fruit orchard, cottages, lawns, shady walks, lawn tennis court.

A work cure department.

Musical entertainments and lectures.

No experiments or medical fads. Common-sense, honest treatment.

Electric light, private telephones in each room, a beautiful outlook from every window.



*The Main Parlor*

## Let Us Send You Our Booklet "Visit Hinsdale First"

It is completely descriptive and beautifully illustrated. Once you read this book and note the location, the charm of Hinsdale and the ability of this institution to benefit the sick, you will realize that we offer you every possible means of restoring your health and of becoming completely rested, among surroundings that are ideal. Write for booklet today. It is free. Address

**The Hinsdale Sanitarium**

Phone  
Hinsdale 645

**Hinsdale, Ill.**

## *Endowed by Nature Equipped by Science*

*Do not go abroad for what you have at home. Were it possible for you to see Hinsdale as it is, you would come. So pleasant as to attract many guests who have no ailment. Patients are kept so busy getting well that they have practically no time to worry over their troubles. Pleasant, refined associates. Rates as low as ordinary hotel. Atmosphere delightfully different.*



*The Driveway*

Open air treatment, Swedish movements, hydrotherapy, electric light baths and electrical treatments, massage, scientific dietetics, sun baths, the work cure, and sensible health culture, cure thousands of invalids when ordinary means fail.

You will find any of these treatments not only beneficial but delightful and refreshing. We do not countenance routine of baths, the heroic reducing idea nor the starvation cure. Every case is decided on its own merits and treated accordingly. We rely on substantial, simple methods, offer all these features to be rationally enjoyed.



*A Glimpse of the Lawn*