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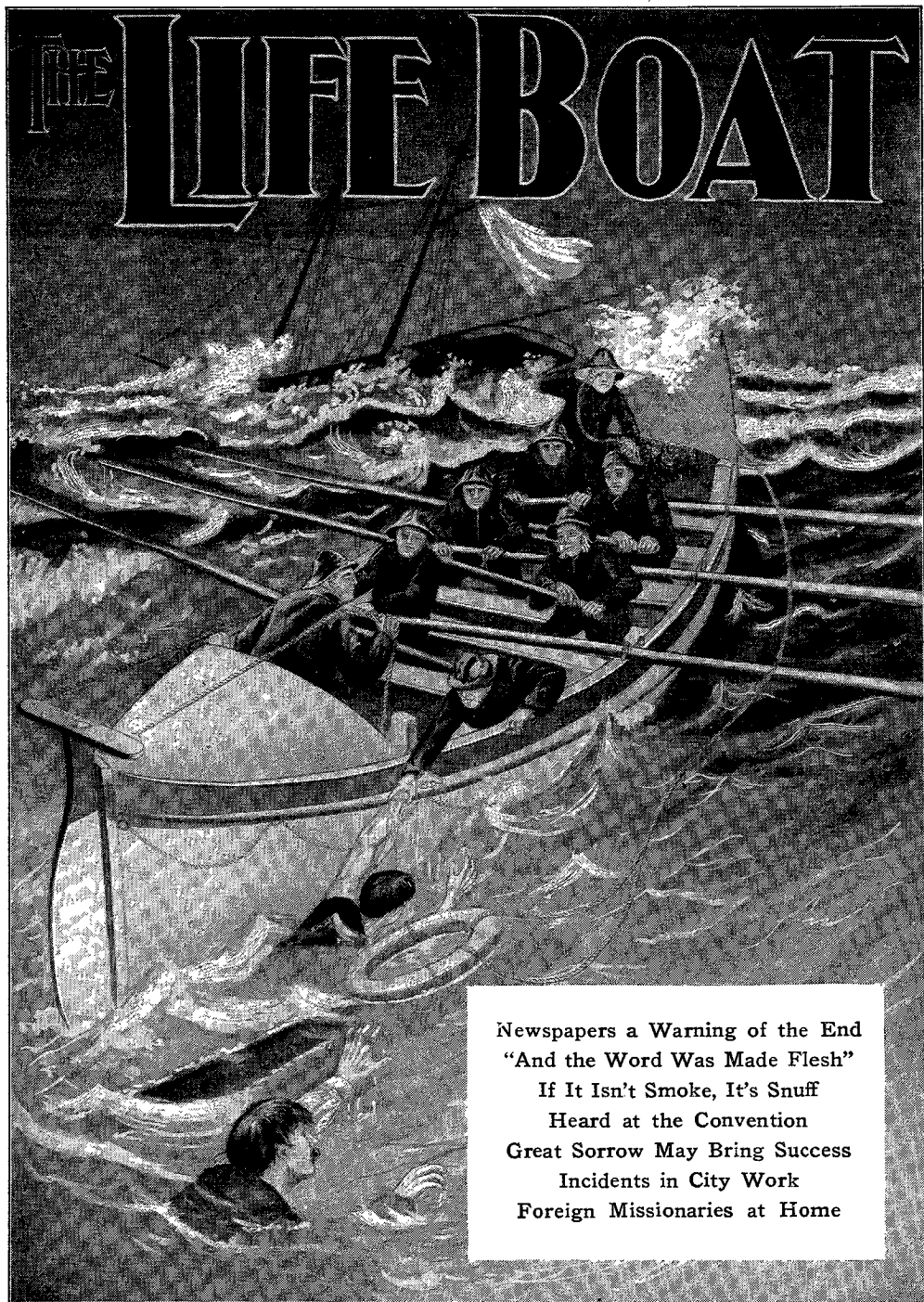
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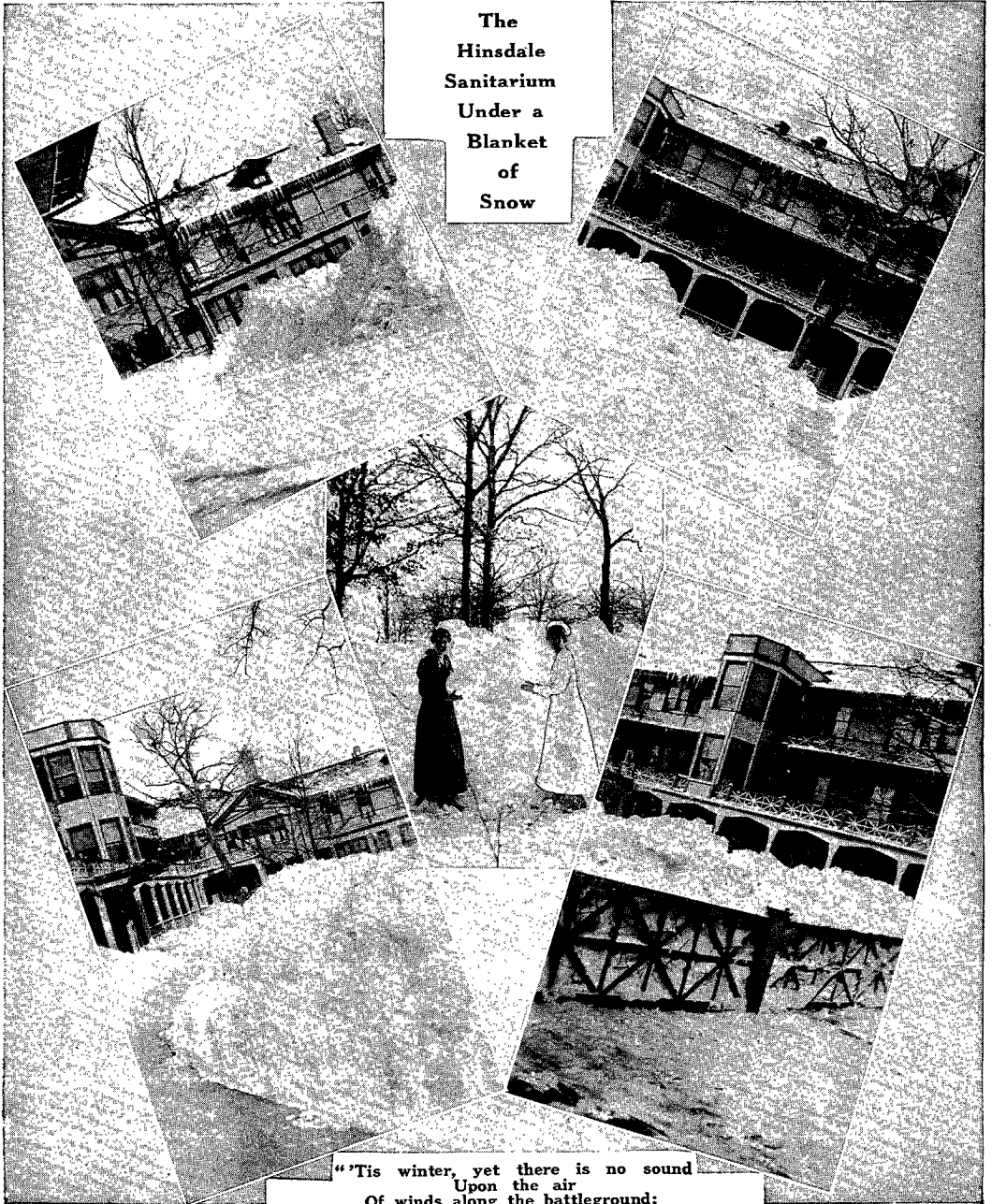
Volume Twenty-one  
Number Two

Hjnsdale, Ill.

February, 1918

**The Great White Plague—Geo. Thomason, M. D.**

The  
Hinsdale  
Sanitarium  
Under a  
Blanket  
of  
Snow



"'Tis winter, yet there is no sound  
Upon the air  
Of winds along the battleground;  
But gently there  
The snow is falling—all around.  
How fair, how fair!"

# THE LIFE BOAT

An Illustrated Monthly Journal Devoted to Charitable, Philanthropic, Health  
and Soul-Winning Work

One Dollar a Year

Ten Cents a Copy

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Volume XXI.

HINSDALE, ILL.

:: FEBRUARY, 1918

Number 2

## The Great White Plague

George Thomason, M. D.

Long Beach, Cal.

[On the evening of June 27, 1917, we listened to Dr. Thomason give his popular lecture, "The Great White Plague," at the "Bible Palace" in Long Beach. We took some notes and herewith give our readers the benefit.—Ed.]

THE high rate of mortality to-day is largely due to diseases in the body that develop through pernicious habits of living, eating and drinking. Two of these diseases we find to be tuberculosis and cancer. These subjects I desire to discuss with you to-night as they are of great importance.

These diseases are classed among those that are preventable to a great extent, and mortality is caused by ignorance of the disease. Therefore this question is one that may well be discussed in such a gathering as this.

Tuberculosis is one of the oldest diseases, if not the oldest, of which we have any record. In fact in the Old Testament there are certain scriptures which refer to tuberculosis. The cuneiform tablets in the old Assyrian ruins give a description of a disease which is analogous with tuberculosis. Hippocrates described tuberculosis quite in detail, and for several centuries there was no outline of tuberculosis so clear and so concise and lucid as that of Hippocrates.

Tuberculosis has been the most fatal of any disease of the human family. No other disease compares with it. The deaths from tuberculosis reach 150,000 a year in the United States. Think of the 400 deaths a day from this dread disease in the United States alone. Four hundred persons died to-day. In four hundred families in this country husbands are grieving for their wives, wives for their husbands, and parents for their children who have died from

tuberculosis. What has happened to-day will happen tomorrow, the next day, and every day. It seems too depressing a topic to discuss because it casts a shadow of gloom about us, but we must be aroused to the urgency of this matter and continue such a campaign as will eradicate this disease from our midst, and it lies within our power to do so. We speak of the horrors of war, but they are not so horrible as are those of tuberculosis.

In the great Civil War, 200,000 men died in battle during the four years. In the four years between 1904 and 1908, 630,000 people died of tuberculosis in this country. This was during a similar period of time, and yet the mortality was seven times greater from one disease alone.

The year following the Russo-Japanese war, there were more people died of tuberculosis in this country than died in the war. By the way, there have been seven international congresses held on this subject and the only question discussed at these gatherings was tuberculosis. At one of these, Victor C. Vaughan of Ann Arbor said that the terrible killing of an individual is, of course, murder, but that the killing of individuals through ignorance is also murder. It is not so reprehensible perhaps, but it is manslaughter nevertheless; and most of the deaths from tuberculosis are manslaughter.

This battle against tuberculosis should begin with educational work. It is a battle of the

people, by the people, and for the people. Therefore it should be discussed by the people, and the eradication of the disease should be undertaken by the people. This has been done to quite an extent, and we are glad to-day to note that tuberculosis has diminished fifty per cent in some countries in the last few years. We need education to steer us clear of the difficulties and from the shoals on which human barks are wrecked.

The American Medical Association has inaugurated a tremendous campaign against tuberculosis. In every state meetings are held and instruction is given, but nevertheless it is still a great white plague. It is still the disease that carries off more people, both old and young, than any other disease of which we have knowledge.

### **Tuberculosis a Germ Disease**

The tubercle bacillus is a very small germ, but you know the Bible says, "Behold, how great a matter a little fire kindleth." James 3:5. The tubercle bacillus is only about one-half the size of a red blood cell. The chief source of infection of the tubercle bacillus is found in human sputum. It has been demonstrated that one tubercular patient, through the sputum, can throw out from one to five billion bacilli per day. Thus you can see what a menace such a patient is to others. It is said that the danger zone around a tubercular patient is twenty feet. I know that sometimes the tubercular patient feels the zone is much greater than that. These patients need sympathy because they are isolated and made to feel that they are ostracized from society.

But the tubercular patient is not so dangerous an individual as one might think. If he is careful to take care of his sputum, he is not such a menace. In sanitariums for tubercular patients, where they exercise necessary care, it is the rarest thing for those who work with the patients to contract the disease.

It is found that the dust on the floor of these institutions, when grown in proper media and injected into a guinea pig, does not cause the animal to contract the disease.

The types of tuberculosis we are interested in are the human and the bovine. For years there was much discussion as to whether the bovine type was communicable to man, and it has been conclusively proven that bovine tuberculosis can be communicated to man. However, the human type is not communicable to

cattle. There is no doubt that one way of contracting this disease is through the cattle and hogs. At least one-half of the cases of tuberculosis in children is demonstrated to have originated in milk of tubercular cows. Sheep do not have tuberculosis, but cats do. I believe the time will come when cats will be eliminated from the household. I am glad to see less cats. People are waking up to the fact that kitty brings something into the home besides fleas. She brings tuberculosis, diphtheria, scarlet fever, and other harmful diseases. These spread rapidly enough without bringing them into the home with cats.

Tuberculosis enters the system by various channels. One common channel is by breathing. No doubt many of us have inhaled the tubercle bacillus to-day, but we are not all going to wake up tomorrow with tuberculosis because our vital resistance is at a sufficiently high point to resist invasion. Another important way the disease is transmitted is by cooking utensils and also by dust-laden air which gets on the food.

Bovine tuberculosis is transmitted by the use of milk. This emphasizes the importance of the thorough sterilization of milk.

### **Hereditary Tuberculosis**

How much influence does heredity have upon the transmission of tuberculosis from parent to child? We now know that even if the parent does have the disease, it does not necessarily follow that the child will get it. There may be a hereditary taint that is passed from the parent to the child, but the actual transmission of the disease from the parent to the child does not occur. The greatest danger comes from association of the child with the parent and contact with infection in the house. In other words, environment is more important than heredity in this instance.

Isolation of the tubercular patient causes a diminution in the number of such patients.

### **The Three D's**

There are three things that give rise to tuberculosis: dampness, darkness, and dirt. In other words, the tubercle bacillus cannot live where it is light and airy and there is plenty of sunshine. The germs cannot live in houses that are well lighted and ventilated. Thus the school houses and workshops must be well lighted and ventilated. Dr. W. A. Evans of the *Chicago Tribune* has said that bad food has killed thousands, bad water has killed tens

of thousands, but bad air has killed its hundreds of thousands. And this undoubtedly is true of tuberculosis.

The houses that we build to protect us from our enemies and to keep us warm in winter and cool in summer, and that we call castles, very often prove to be death traps. In other words, civilization has brought with it tuberculosis and other death-dealing diseases. Tuberculosis is a disease of cities. It lurks in overcrowded tenement districts.

### War and Tuberculosis

War conditions mean increase in the number of cases of tuberculosis. War means a return to uncivilized conditions. It has been found that the present warfare means a great

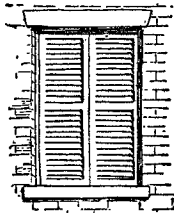
### When to Start the Cure

In the early stage when tuberculosis is beginning is the time when it is the most curable, and that is why one should recognize the first symptoms of this disease. As terrible as it is, yet this is the most curable disease of which we have any knowledge, if taken in time. In the sanitariums where tubercular patients are received in the early stages, 89 per cent of them go out cured, and 11 per cent go out greatly benefited. In Germany they have at least one hundred free sanitariums for tubercular patients, and every year 50,000 German men pass through these institutions for the cure of tuberculosis and go out cured.

One-half of the people in this country have



Intemperance and other excesses.



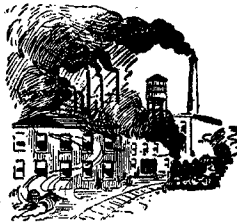
The closed window.



Overwork



Crowded sleeping, living and working rooms.



Smoke and dust.



Mouth breathing, often due to adenoids.

A striking picture used to illustrate the different things that cause tuberculosis. From the Metropolitan Life Insurance Co.

deal of darkness, dampness, and dirt. So with the war has come many of the diseases which formerly existed in these places before civilization found them. The French army now has on its sick list 175,000 soldiers with tuberculosis. It has aroused the French nation to the fact that something must be done to arrest this tremendous scourge. Tuberculosis not only affects the army, but also the navy. We think of there being plenty of fresh air on the open sea, but the war vessels when fully manned are much crowded. The number of cases in the navy is great. And this is another problem that must be faced and dealt with with a great deal of vigor,

at some time had tuberculosis. Every individual is endowed with a certain degree of vital resistance. When experimenting with animals, such as dogs, and we want to determine the effect of a germ, we attempt to undermine the vitality of that animal. If the dog is exhausted, we find it will take but one-third or one-half as many germs to infect that animal as it would if he were rested. Lack of proper nourishment also lowers the resistance. Some people, however, lower their resistance by eating too much. Lack of exercise will lower the resistance. The man who exercises every day until he gets tired and then takes a good bath will have a good appetite and good red blood,

and will be possessed of vitality and vigor, making it impossible for tuberculosis to get a foothold. It is within our power to determine whether or not we will be victims of tuberculosis.

Tuberculosis, the great white plague, the disease that has devastated the country, is a disease that can be controlled. It is a disease which the body can resist. It is for us to conserve our vital energy by careful habits of eating, drinking and by proper exercise. By living in harmony with nature's law and nature's God, we know that our bodies can be kept free from this disease. I hope to-night we may have a better appreciation of the vitality God has given us and endeavor to conserve it to the glory of God.

### TRYING TO OVERCOME THE STEALING HABIT?

Why not place clean, helpful, uplifting Christian literature in the hands of the prisoners to transform them into clean, law-abiding citizens. *THE LIFE BOAT* has been doing this for eighteen years and there are many clean, respectable men to-day in civil life who got their first uplift through reading *THE LIFE BOAT*. Will you help us send *THE LIFE BOAT* to the prisons this spring? The following letter is from a Massachusetts prisoner:

"Your letter has been received with tears, not tears of sorrow, but tears of gladness to think of a prisoner like me having a kind-hearted friend. I am living up to your advice not to be discouraged. Now when anything goes wrong or I get more work to do than other prisoners here, I say with a smile on my face, 'Work and win'; or better still, 'Trust in Jesus.' I have been praying to God for strength to help me and I have a feeling that He has because I am happier than I was before. I am going to make it the ambition of my life, and I know God will help me. I am praying constantly for strength to overcome my stealing habit and I know that the Lord is able to help me and I am trusting wholly in Him. Before I do anything wrong I say a little prayer and I overcome the wrong.

"I have read *THE LIFE BOAT* all through and it was very good."

### A FREE MAN AND MAKING GOOD

"I write you these few lines to let you know that I have been out of prison one month and

am making good. I am a man who will never forget a good, kind friend whose advice in *THE LIFE BOAT* came to me while a convict in prison for breaking the laws of man and who had spent about eighteen years of his life in four prisons, but who came back like the prodigal son in the Bible. I have come to my Father and am trying my best to do His will and His will alone.

"I wish that all the others that you have helped would even write you and tell you that all your talks in *THE LIFE BOAT* that come to the boys behind the walls have helped them, it would show them and others that even though they were convicts they had souls to save as well as the man outside the walls."

### WORK AMONG THE YOUNG PEOPLE IN ARGENTINA

MEDA KERR

[We are glad to have with us at Hinsdale just now Miss Meda Kerr, who was one of our first rescue workers to connect with the rescue home at Hinsdale. Since then she has been a missionary to Argentina, South America, having been connected with the River Plate Academy, near Buenos Aires, Argentina, S. A. Miss Kerr has returned to this country on a year's furlough to regain her health. We publish just a few words from her pen this time concerning her work in that far-away land.—Ed.]

Accompanying this article is a picture of the primary department of our school in Argentina, South America. The teacher, Susanna Block, has received all of her education here in this school. She is of Russian-German descent. When our school first started some sixteen years ago, her father could neither read nor write. He entered the school with his children, and side by side with his children he learned his letters and how to figure. Eld. Block is now one of our most able ministers in the Argentina conference. His oldest daughter has been in conference work in Chile for the last four years. Eld. Block expects to put all of his children through the missionary course and prepare them for missionaries.

Perhaps you would be glad to know something of our young people's work. Our Young People's Society is divided into bands. We have the Bible workers' band, canvassers' band, etc. Every Sunday afternoon the Bible workers' band goes out and holds meetings. In Racedo they have been holding meetings for a number of months. Usually the interest is good. They also hold meetings in private homes and in different parts of the country.



Susanna Block and her unique school of Argentina children.

The young people themselves do this. They usually have good meetings, especially with the children. The little tots will learn their lessons and are so anxious for the workers to come.

The young people enjoy this work. It has been a great help to them and it helps to

make our Society very interesting at times.

The canvassers' band has done splendid work. Our young boys between the ages of nine and eleven will get on their horses and go out into the country and sell "The Atalaya" (The Watchman).



The academy and students.



## Heard at the Convention

"THE world believes not what the minister preaches but what the church lives."

"The reason we need to be born again is because we were not born right in the first place."

"When the world sees those who do not live up to their profession it points at them in scorn."

"A cheap Christian character works more harm in the world than a character of the worldling."

"Live so that those who know you but do not know Him will want to know Him because they know you."

"The most powerful argument in favor of the gospel is a loving and lovable Christian."

"The most dangerous thing in all the world is to play with sin, to yield a little point here and surrender a principle there, and let down a little here and there and by and by you find yourself indulging in things that you would never dream that you could do."

"Many of us are like the person who does not know how to swim, he is afraid to trust himself to the water. But the only way to learn to swim is to plunge in, and then swim. That is what we need to do with the promises of God and the power of God, we need to plunge in and lose ourselves in God."

### Keeping the Inside Clean

"Some years ago in the city of South Haven there was an epidemic of typhoid fever. The authorities sought for the source of contamination. They examined the water supply and found the germs. Then they investigated the fountain source. They had laid a long pipe out in the lake so the water was supposed to be perfectly pure. A diver went down, and there, wedged up against the entrance into that pipe and held there by the suction of the water, was the half-decomposed body of a man. No telling how long it had been there. The secret was out.

"Well, dear friends, I leave you to make the application. If you were obliged to drink from a cup that is soiled, and you had no time to clean it up, and you just had to have a drink, where would you rather have it clean, on the outside or on the inside? If it had to be soiled, I am sure you would not want it to be soiled on the inside of the cup.

"If the fountain head is pure that which

flows forth from the fountain will be likewise pure. If there is impurity within it will be exactly like the contamination in the city of South Haven, and the whole being will be permeated with it and be corrupt, and that which flows forth from the heart, the words and the acts, cannot be clean.

### Seeing the Original

"An artist was visiting one of the art galleries on the Continent when his eye caught a masterpiece and he stood there and thought, 'Oh, if he could only copy that.' He brought his materials, paints and brushes, and he got everything all ready to begin the copying of that wonderful painting, when one of the guards came along and said, 'No painting allowed.' His heart sank within him, he wanted so much to get a copy. He then made up his mind that he would get it anyway. So he would come and sit for an hour before that wonderful work of art. He would drink it all in and rush away and paint and paint, and then rush back again and sit and look at it from all angles and rush away and paint.

"After awhile the picture was completed in his own studio and his friends came, and one said, 'Oh, but it is a masterpiece,' and after looking at it a little while he said, 'I must see the original.' Well, friends, when your nearest companion, those who are associated with you, when they look into your face, when they test your motives, when they see the life you live, I wonder if they say in their hearts, 'I must see the original.'"

### GLAD HE WAS NOT PASSED BY

From the Michigan City, Ind., Penitentiary

"Your letter together with THE LIFE BOAT and leaflet came in due time and it certainly made me feel good to have the mail man not pass me by for once. I thank you very kindly and have read what you sent.

"I try to be a good Christian and believe I am. It is a great help in here and when we figure that the twelve hundred of us in here are here because we did some act a Christian would not do, it is a pretty good thing to be a Christian.

"I live in a dormitory with about two hundred others and I pass THE LIFE BOAT on to others."



### FOUND HIS MISSION

A life-term prisoner from Sioux Falls, S. Dak., writes the following. It is to reach such honest hearts as these that we shall send *THE LIFE BOAT* by the thousands into the prisons of our country this spring. Will you help us?

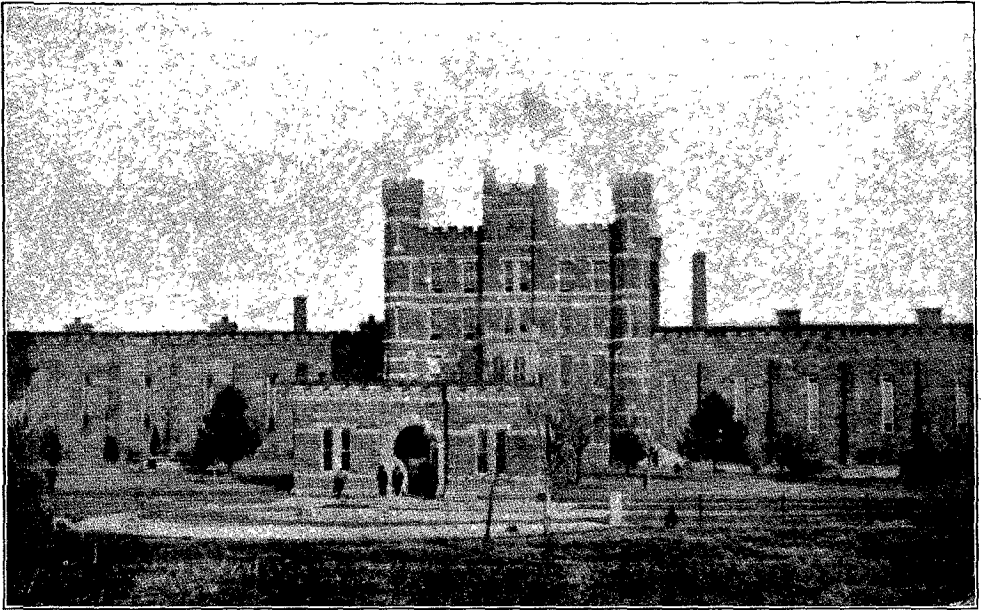
"During my eleven years behind the bars *THE LIFE BOAT* has constantly come to my cell and has always been welcome. You will find a dollar in this for which please send *THE LIFE BOAT* to my mother.

"For many years I craved a pardon so I could start a gospel mission and call men in

my life behind the bars, but I do it for the Lord who sacrificed His life on the cross that I may have everlasting life if I but believe and follow Him.

"I am still receiving ten copies of *THE LIFE BOAT* each month and distribute them to those who will read them.

"I honestly believe that being put in prison has hardened many a man against society, but on the other hand prison has been a gateway to Heaven for scores of men, because they take time to think and to read. The most solemn verse in all the Bible to me was spoken by Christ Himself. 'What shall it profit a



THE PENITENTIARY AT LANSING, KAS.

It is our desire to send several hundred *LIFE BOATS* into this institution this spring, and to send a similar quantity to all other institutions of its kind in this country. The men and women here need the uplifting influence of the gospel as presented in *THE LIFE BOAT*. Will you help us to do this? Ten dollars will pay for two hundred and fifty copies.

from the paths of sin. But the Lord has revealed to me that this great prison building can be my mission and I have accepted it. I would rather have one pardon from the Lord than ten thousand pardons from the governor, because a pardon from the latter lasts only as long as I live, but a pardon from the Lord lasts throughout all the ages of eternity.

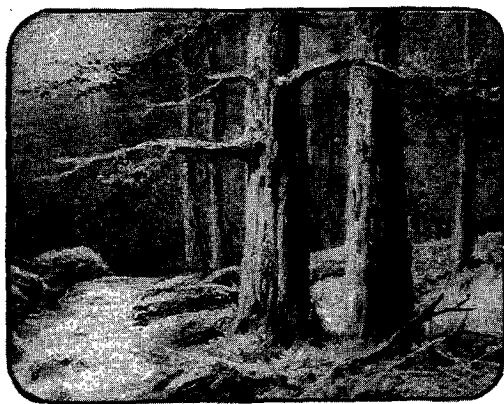
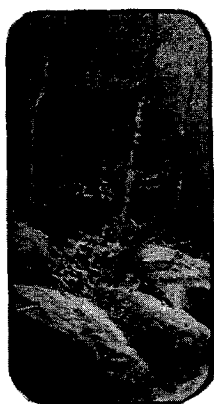
"If a man can crack a safe and escape with a big wad the people call him wise. But the Bible says a man that winneth souls is wise. (Prov. 11:30.) It is hard for me to sacrifice

man if he shall gain the whole world and lose his own soul?" Mark 8:36. Now friends, believe me, there are loyal hearts behind the bars and it is worth while in sending them good reading."

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"Full many a gem of purest ray serene,  
The dark, unfathomed caves of ocean bear,  
Full many a flower is born to blush unseen,  
And waste its sweetness on the desert air."

—Gray.



## If It Isn't Smoke It's Snuff

Daniel H. Kress, M. D.

"THERE is an evil which I have seen under the sun, and it is common among men." Eccl. 6:1. This may certainly be said of the cigarette habit. It is an evil, and certainly "it is common among men." But even the women are taking up with it.

The tremendous increase reported by the department of internal revenue for the past fiscal year is attributed largely to the increase of cigarettes by women. Recently a company of young women of a certain high school in Indiana are said to have acquired the habit of snuff taking. The use of snuff is tremendously on the increase. The fiscal year which closed June 30 shows an increase of 2,200,000 pounds in the consumption of snuff over the previous year.

The preacher said (Eccl. 1:9), "The thing that hath been, it is that which shall be; and that which is done, is that which shall be done; and there is no new thing under the sun." This is true of the cigarette habit and also of the snuff habit. There was a time in England when the inhaling of tobacco smoke was general. The reign of Queen Elizabeth was termed, "The golden age of tobacco." Men and women of all classes smoked. Smoking appeared to have been regarded as an essential characteristic of society men and women. One of their writers said, "Men use it everywhere; some for wantonness; some for health's sake; and with that insatiable greediness past understanding, they sucked the

recking, stenchy smoke thereof through an earthen pipe which they presently blew out again through their nostrils; so that the Englishmen's bodies were so delighted with the plant, that they seemed as it were degenerated into barbarians."

King James I said, "The mistress cannot in a more mannerly kind entertain her servants than by giving them out of her hand a pipe of tobacco." He said, "Is it not great vanity and uselessness that at the table a place of respect, of cleanness and of modesty, men should not be ashamed to sit tossing of tobacco pipes and puffing of smoke one to another, making filthy fumes thereof to exhale across the dishes, and infect the air, where very often men that abhor it are at their repast? Is it not a great vanity that a man cannot welcome his friend now, but straightway they must be in hand with tobacco? It has become, in place of a curse, a point of good fellowship, and he that will refuse to take a pipe with his fellows is accounted peevish, and no good company." All of this sounds very modern.

Smoking at the dinner table has again become quite common among a certain class termed the elite in our large cities. King James affirmed that "smokers tossing pipes and puffing smoke over the dinner tables forgot all cleanliness and modesty." In appealing to his subjects to abandon this habit he said, "Have you not reason, then, to be ashamed and to

forbear this filthy novelty, so basely grounded, so foolishly conceived and so grossly mistaken in the right use thereof. Sinning against God, harming yourselves both in person and in goods and making yourselves to be wondered at by all foreign civil nations, and by all strangers coming among you." It was customary then as it is to-day to inhale the smoke and puff it out of the nostrils. The greatest injury from smoking comes from inhaling the smoke. By inhaling, the smoke is brought in contact with a vast area of lung surface, the delicate membrane of which readily absorbs the poisons it contains. This was the most economical way of obtaining the full effect of the smoke. A single pipe, before it was exhausted, being passed around from mouth to mouth, served to gratify a number of people at a dinner table. Each taking his turn at it.

Among a tribe of Indians which originally inhabited Panama it was customary for the chiefs and great men to have their servants smoke and blow the tobacco smoke into their faces. They partook of the smoke in this manner and obtained the same results. It is said "They indulged in the luxury in no other way." There are a great many to-day who are unwillingly being smoked in this manner.

In the time of King James I smoking was so common that the air was always laden with smoke. Unwilling subjects were compelled to inhale the poison. To this they in time objected and finally they protested. Public sentiment was aroused to such a degree that the better classes, we are told, "became to regard smoking with an odium." Those who persisted in smoking were no longer welcomed into the best society. They were in fact regarded as veritable slaves and objects of pity. So intense became public prejudice against this custom that by the year 1793 one writer said now "it is most unusual in England or Scotland for a gentleman of politeness to smoke." In the year 1773 Dr. Johnson wrote, "Smoking has gone out." Smoking, we are told, was then considered synonymous "with blackguardism and the lowest vices." It was indeed "looked upon as vulgar to smoke."

But the devil was not inactive. Smoking having been tabooed, the use of snuff came into prominence through the French whose ideas and manners infected English society. The practice spread with great rapidity and in time also became general. The reign of Queen

Anne was spoken of as "the age of snuff." If a crowned head desired to acknowledge an obligation to an individual, it was generally done by the presentation of a snuff box, set with diamonds.

Following the battle of Waterloo the complementary rewards bestowed upon the soldiers and diplomats by the House of Commons, in one year, in the form of snuff boxes, it is said, amounted to twenty-two thousand, five hundred pounds or \$112,500.00. These were of various designs and were passed around in company to be admired. There were variously scented snuffs which were regarded as a cure for all ills. It was held in such high esteem that Moliere went so far as to say "There is nothing equal to snuff. It is the craving of upright men and he who lives without snuff is not worthy of life. It not only rejoices and purifies the brains of men, but it also instructs their souls into righteousness, and by taking snuff we acquire virtue." Napoleon abhorred smoking, but he carried snuff in his waist coat pocket and used it profusely. It is said "he calmed and stimulated his mind with snuff." The time came when fully one-half of the people of England of both sexes and all ranks took snuff.

We are told that "the brilliancy, gaiety and licentious excesses of the Eighteenth Century society was ushered in with snuff." Who knows but that the brilliant gaiety and licentious excesses of the twentieth century may be likewise ushered in with snuff. History may repeat itself. The sentiment against the smoking of tobacco in public places is increasing and will no doubt continue to increase. The time may come when public sentiment will be aroused against tobacco smoke. Men may demand the privilege of breathing pure air, and smoking may be abandoned. There is a possibility that it may be replaced by snuff. Snuff medicated with such drugs as morphine and even cocaine may become the problem of the future. Snuff taking is of course a filthy habit. One thing however can be said in its favor, the one who snuffs, snuffs to himself. The smoke inhaler compels those near him to inhale with him. He not merely pollutes the air he himself breathes, but he pollutes the air others are compelled to inhale. The one who snuffs injures himself and not his associates. The smoker injures himself and associates. Snuff-

ing is, from this viewpoint, less objectionable than smoking.

Somehow this weed, tobacco, cannot be downed. The devil is in it. The poetry quoted in our boyhood days, "Tobacco is a poisonous weed, it was the devil that sowed the seed," has in it more truth than poetry.

When snuff taking was at its height in England, we are told "to refuse a pinch in company was considered an affront." Many who were not addicted to the drug carried snuff boxes merely for fashions' sake, and not to appear odd or unsocial. Most of the snuff had substances added which made its use highly injurious.

In view of this bunch of high school girls having innocently become addicts to the use of snuff, it is well to bear in mind past history and the immense injury that may result from its use. Let us see that this habit does not make any further headway, or take the place of the one we are now fighting, that of smoking. The fact that there has been such an increase in the use of snuff during the past fiscal year as compared with the year before, should lead us to exert our efforts against this evil. To be forewarned is to be forearmed. Let us remember that it was while men slept the enemy sowed the tares.

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"A cigarette can add to a man's nervous trouble, subtract from his strength, multiply his sorrow, divide his mental powers, take from his work and discount his chances for success, deplete his pocketbook, bankrupt his morality and destroy his soul."

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### FIRST LETTER IN THREE MONTHS

From the Michigan City, Ind., Penitentiary

"I received your kind and welcome letter and was very glad to hear from you and to know that I have still a friend that will write to me. I have not heard from any of my people for a long time and your letter was the first one I got for over three months. I do not know if they have gone back on me or not.

"I received the little tract and I like it very much. It gave me some good advice. When I get through reading it I pass it around to the other boys. It helps me to see how far I wandered from the straight path. I used to belong to church when I was young, but when

I became a man I ran around with bad company and got into this trouble.

"If a man runs around with bad people and thinks that they are his friends they will get him into trouble in the long run. When I get out of this place again I am going to go with nobody and try and live a Christian life."

### A WELCOME VISITOR

From the Southern Illinois Penitentiary.

"Not having anyone else to write to that I think would care to hear from one in as lowly position as myself, I thought I would let you know how I appreciate the good work you are doing among the outcasts of God's world.

"I have had my share of sickness, sorrow and grief, but there have been times when I could feel the touch of the hand and hear the music of the voice and look into the eyes of those I love. Moments like these will pay me for all I have suffered. Then the consciousness of suffering wrongfully is a great help to one in my condition. My only hope and stay is fixed on Him that said, 'Father forgive them; for they know not what they do.' We are saved by hope. (Rom. 8:24). What consolation this eighth chapter of Romans is to me. Every line is inspiring to one that is striving to enter in at the straight gate.

"THE LIFE BOAT is a very welcome visitor to me. It is the same as reading the dear old Bible. I love the testimonies of those good women connected with THE LIFE BOAT as they go on their errands of love and mercy. They will hear the welcome words, 'Well done, good and faithful servant; enter thou into the joy of thy Lord.'

"I am receiving the *Signs of the Times*. It is certainly an eye opener to anybody that wishes to see the truth as it is in these last days."

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"It is a rare attainment to be able to refrain from speaking of the faults of others, although keenly alive to the fact that they exist."

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"If you go part way with the devil, you will go all the way unless you quickly and fully repent."

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"Four things come not back,—the spoken word, the spent arrow, the past life, or the neglected opportunity."

## How a Great Sorrow May Bring Success

Mrs. Maud Wilson Cobb

MANY have been spurred on to high achievements by the pangs of a great sorrow. They have found solace in their work. They have tried to banish the thoughts of the past by unceasing efforts. How thankful I am to know this is the truth and to be able to teach our girls and women who come into our Rescue Home that the hardest kind of work is required of those who would rise above the mistakes and sorrow in life. The closest possible application to grinding duties day in and day out, year after year, may be needed to be able to do this. Suffering sometimes spurs one on in efforts of this character. The remembrance of a great disappointment will sometimes cling year after year, and salvation is found in driving continuous efforts that send one to rest each night with brain and body exhausted by fatigue.

We teach our girls, no matter what sphere of life they occupy, to learn their lessons well. Even suffering and sorrow are not by any means without their lessons. They teach one the value of fortitude. They make clear to us our mistakes, they enable us to sympathize with others who pass through similar experience.

Remember also that there is no mental stimulus that will drive one more fiercely than the anguish of a keen sorrow. If one has never thought before, she will begin to think under such circumstances.

We have proved this in our Home here. The girl or woman who takes the most interest in the work and is doing all that her hands find to do and thinks and uses her brain is the one who is the most happy and able to help others. I have in mind the girls who have been in our Home the last two months. I will mention some of them in particular. These girls have had the interest of the Home at heart, and have worked and planned for the comfort of all, at times forgetting their own sorrow. Best of all, these girls have shown a deep interest in the study of the Bible.

As a result of their two months' stay in the Home, one of the girls married the father of her baby during the holidays although her little one had been adopted by a fine Christian family on the day he was four weeks old. The

very next day the father and grandfather arrived and told us *they* wanted to make a home for the baby and its mother, and would give them all the care, love and protection they could. They were sorry for the past, wanted to be forgiven, and said they would spend the rest of their lives to right the wrong our little sister had suffered.

After the marriage the grandfather and father and mother went for the little one, and with a Christian spirit the adopted parents gave back the little child who had been in their home about twenty-four hours, and we came home a happy little family.

Because of the cold weather and poor train service to the home that is being built for our little mother she is remaining with us and will go home when all is ready. How true in her case, "Weeping may endure for a night, but joy cometh in the morning." She wept all night because her arms were empty, her little one gone, but with an earnest faith in Jesus that He did care for her soul and that "All things work together for good to those who love the Lord" morning brought the message that those whom she had thought had forgotten her were on their way to ask her to forgive them their neglect.

Another dear little mother, whom I can never forget, when her little one was born, clasped her tired arms around my neck and moaned as though her heart had broken, "Oh, my little boy, my little man child, my baby boy, but mother Cobb, he has no name, no father, no home. O Jesus, let me die before I look into his little face and have his eyes tell me I can give him nothing." With an aching heart I said, "Let us give him to Jesus just now. We can tell Jesus we have nothing to give to the child, but we can give the child to Him and He can make it a child of a King." The child is now three weeks old. The brave little mother is happy to-day. She has been promised a good home with fair wages for a year with the privilege of keeping her little one and he will have the care for some time of a nurse in the home he is to be taken to, and the mother's work will be light. This has come to her because of the advice she accepted several months ago. The advice

given in the first part of this article. This girl has been a joy in our Home.

Another very young girl who thought she must give her little one away was made glad by letters from her father and mother, older sister and brother, to be sure and bring her little baby girl home with her. They did not have much of this world's goods but had forgiving hearts and lots of love and strength and would help her care for her baby. When her baby was three weeks old our nurse took the little mother to Chicago and helped her change cars in the city, and by midnight she was safe in her father's home where a welcome awaited her. Why? Because she trusted

more little act of kindness to help someone. Her gentleness has made her great. Sorrow has made her gentle.

A few weeks ago she received a letter saying, "You must take your two children. We can not care for them any longer." This poor woman has not a penny, no home, only a ten-day-old baby, a four-year-old girl, and a seven-year-old boy. What would you do if you were in the same position? This mother is frail in body but her faith is strong in the Lord. We are praying for a way to care for her and her children. Her greatest asset is her willingness to serve and be ready to do to-day what her hands find to do.



An attractive little family now being sheltered at the Home because of the neglect of the father.

in the One who said, "Neither do I condemn thee. Go and sin and more." She believed He would lead her to paths of peace. This girl was like a gleam of sunshine in our Home. Always ready to help and encourage the one next to her.

I will only take the time to give one more experience. One of our more matured girls, a married woman with two little children left in care of friends, has been with us since the fifth of November. Her life with us has been an example that any one might pattern from. Always a smile and never too tired to do one

We could write many more experiences, but time does not permit. We only want our friends to know that great truths and lessons can be taught in our Home and only eternity will reveal what it all means to keep this place as a beacon of light to those who need it.

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A wish is worthless unless it be translated into a noble deed.

"Don't be content with doing only your duty. Do more than your duty. It is the horse who finishes a neck ahead who wins the race."

# “And the Word Was Made Flesh”

J. G. Lamson

[Stenographic report of sermon delivered at the Hinsdale Sanitarium, December 27, 1917. Reported by Lucile Mallory.—ED.]

AND the Word was made flesh, and dwelt among us” (and we beheld his glory, the glory as of the only begotten of the Father), full of grace and truth.” John 1:14. There were a whole lot of people who did not behold His glory. There were hundreds and thousands of people dwelling in Palestine who saw nothing but a man—just a man. There was nothing “handsome” about the Saviour. His personal appearance was not such as to make people say, “What a handsome man He is.” The facts are, that when you came to look at him he was not a man, who, so far as his personal looks were concerned, would make a person desire him—so says Isaiah. It is true, there was something about him that made people love him, and they loved to get next to him—some of them—but it wasn’t because of any handsomeness or regularity of features. There was something else that drew men.

And this Word that was made flesh was the Word that was in the beginning. For “In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not anything made that was made. In him was life; and the life was the light of men. And the light shineth in darkness; and the darkness comprehended it not.” John 1:1-5.

My purpose is to make as simple and plain as possible, first, how the Word came to be made flesh; second, whether or not the Word is made flesh in any other way than in Christ; and third, what relation you and I sustain to the Word which is made flesh. Let us keep these three points in mind as we study how the Word was made flesh.

When Jesus was in heaven, before he was born as the Babe of Bethlehem, he was God. He created all things by the word of his power. Without him was not anything made that was made. He was God. He said to the people who were questioning him about his origin, “Before Abraham was I AM.” He dwelt with the Father. He was, if he chose to be, eternally with the Father. There came a time, however, when he was willing not to be with the Father,

and when the time came, the Scriptures tell us in Philippians, “Who, being in the form of God, thought it not robbery to be equal with God.” The word “robbery” gives a wrong impression,—a wrong thought. When a man robs he “grasps” something. He counted it not something to grasp to stay up there, equal with God, but “made of Himself no reputation, and took upon him the form of a servant, and was made in the likeness of men.” Phil. 2:6, 7.

What was the process by which the Son of God, the Creator of the heavens and the earth, the Maker of man could come in the likeness of man? Does the Scripture teach us anything as to how that took place? I ask your attention now for a moment to Heb. 2:14 for some instruction on that point.

“Forasmuch then as the children are partakers of flesh and blood, he also himself likewise took part of the same; that through death he might destroy him that had the power of death, that is, the devil.”

“He also himself likewise took part of the same.” Then how was it that Jesus Christ took part and came to be like the children of the race? Just the same as the children. But how did the children partake of flesh and blood? By being born. How did He partake of flesh and blood? By being born. Do the Scriptures tell us that is actually true? Let us turn to the story of the angel that came and told Mary how it was going to take place.

“And the angel said unto her, Fear not, Mary; for thou hast found favor with God. And, behold, thou shalt conceive in thy womb, and bring forth a son, and shalt call his name Jesus.” And Mary said, “How shall this be?” And the angel answered and said unto her, “The Holy Ghost shall come upon thee, and the power of the Highest shall overshadow thee; therefore also that holy thing which shall be born of thee shall be called the Son of God.” And Jesus, when he was explaining the situation as to how such things take place in talking to the wise old man, Nicodemus, made use of another expression which I wish to read before I make the argument. Jesus said, “Verily, verily, I say unto thee, except a man be born again, *he* cannot see the kingdom of God.”



Nicodemus said, "How can a man be born when he is old? Can he enter the second time into his mother's womb, and be born?" Jesus answered, "Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God. That which is born of the flesh is flesh; and that which is born of the Spirit is spirit." John 3:5, 6.

Now the rule, the law of life, the law of God is "that which is born of the flesh is flesh; that which is born of the Spirit is spirit." "Marvel not that I said unto thee, Ye must be born again." "Forasmuch then as the children are partakers of flesh and blood, he also himself likewise took part of the same." Where did Jesus get to be the Son of God? God was his Father. When that which is born of the Spirit is spirit (and Jesus was born of the Spirit and of Mary, his mother) he united in Himself divinity on the one side and humanity on the other side, and when he united divinity and humanity it was a new man. It was the first time that thing had ever happened.

God did make Adam as a man and did pronounce him good, and very good. Adam was righteous; but Adam sinned and fell from the favor of God, and then God did not dwell in Adam. It came to be necessary then for a new man to be made. There was nothing unusual in divinity dwelling in a righteous man, but for divinity to dwell in flesh that had sinned; for divinity to come into a man that had transgressed God's law and was under sentence of death,—for divinity to do that,—that was a brand new thing. Nothing like it had ever been in the universe of God, and so there came a time when God saw fit to cause to come to pass this thing of which I have read to you. "And there was born of the virgin Mary this Son." And just as the sons to-day partake of the nature of the father and the mother, just so Jesus partook of the nature of the Father and the mother.

#### **"When Divinity Wins a Person Never Sins"**

And Jesus Christ partook of that flesh and blood which had the heredity of over four thousand years of life in this world,—victory and defeat. From his mother he received humanity, but who was Jesus' Father? God. Then in him was united divinity and humanity. When the question would come to Jesus Christ as to a course of action, the question to be answered was, "Shall I or shall I not?" And when divinity said, "Do," and humanity said, "Do not," divinity always had its way. And

when humanity said, "Come on and do this, Oh, come on," divinity said "No." Divinity always won, and when divinity always wins a person never sins. Keep that, please. When divinity always has its way, you and I are always right, and in Jesus divinity always ruled.

Again, let me turn to Heb. 2:14-16. "Forasmuch then as the children are partakers of flesh and blood, he also himself likewise took part of the same; that through death he might destroy him that had the power of death, that is, the devil; and deliver them who through fear of death were all their lifetime subject to bondage. For verily he took not on him the nature of angels; but he took on him the seed of Abraham." The unity of humanity and divinity is the at-one-ment, so Jesus became our Atonement.

Well, he walked around Galilee and across Samaria and he walked about Judea and through the streets of Jerusalem, and hundreds and thousands of people saw him, and his fame spread abroad all through the country. People would rush out to see him as he went; and crowds followed him, and the blind heard the crowds go by and said, "What is the confusion?" and they said, "Jesus of Nazareth passeth by." Just a man,—the historical Christ.

#### **Have You Actually Seen Jesus?**

But we read of a person who sees something beside the man. "But we see Jesus, who was made a little lower than the angels for the suffering of death, crowned with glory and honor; that he by the grace of God should taste death for every man." Heb. 2:9. There were some who saw Jesus as they saw the man, that is, there were some who saw him after the flesh. There were some though who *actually saw Jesus*, and the difference between the individuals back yonder who saw Jesus and those who saw the man,—the son of Joseph the carpenter,—was the difference between those who were converted and those who were not. Those who saw in their Saviour the Son of God, Jesus, Immanuel, God with us,—they followed Him. Those who saw simply the man Christ Jesus,—just a man,—they cared no more for him than they would for any other street lecturer or somebody who came along the road and passed out favors. They took the favors as often as they could and then forgot to give any thanks,—which, by the way, is the manner with many to-day.

Now there comes a time, however, when some will not see Jesus Christ after the fashion

of seeing a man. "Wherefore henceforth know we no man after the flesh; yea, though we have known Christ after the flesh, yet now henceforth know we him no more." 2 Cor. 5:16. That is, after the flesh. We once knew him just after the flesh. We know him no more after the flesh. We know him now as the Son of God and son of man. We know him as divinity united with humanity. We know him as the Atonement.

(Concluded in next issue.)

#### "NO TIME"

(Rev. 10:6; 22:10, 11)

PEARL WAGGONER HOWARD  
Moho, Peru, S. A.

"I have no time,—I have no time!"  
How oft the phrase is heard!  
No time for prayer,—for mission work,—  
No time to read God's Word.

"No time!" 'Tis true, the time is short  
Till time no more shall be,—  
Until probation's days shall end  
And Christ in clouds we see.

The time in which we're living now  
Is solemn,—is sublime;  
Soon now earth's history shall close;  
No longer shall he time.

Soon, soon indeed shall be "no time"  
To cleanse one's life from spot,  
"No time" for study; but till then,  
Dear soul, oh, say it not!

Say, rather, that thou hast no time  
For seeking thine own will;  
No time to cherish grudge or doubt,  
No time for speaking ill.

So soon the end, there is no time  
For laying riches by;  
For sake of transient joys to lose  
A bank account on high.

And yet, for faithful ministry,  
For God's Word, love, and prayer,  
Time lingers yet; oh, use it well,  
And for thy God prepare!

Amid earth's scenes of sin and woe  
The end of time 'twill be,—  
The dawn of peace and changeless joy  
For all eternity.

#### LEFT ALONE TO SERVE TEN YEARS

From the State Prison, Richmond, Va.

"On reading your article in *THE LIFE BOAT* I feel that it relates to me in person, for I am now in prison serving a ten-years' sentence and am motherless, and fatherless, penniless and friendless, and have no one to intercede for me. Therefore I am very much delighted in knowing that you are interested in the one that is down and out.

"I also appreciate your kind offer which is entirely without price. I know that it is the spirit of God striving with you that makes you feel for the lonely and outcast. I will be very thankful for anything that you will do for me

or any one you will refer me to that can help me.

"I feel that if I could retrieve my past I would lead a different life, but the past we cannot call back, therefore, we must look ahead and reach for higher things in the future. All I want is a chance to prove that I can and will make good. For this is my first prison experience and I am sure it will be my last, for by God's help I intend to go the right way and live an honest and upright life."

#### "CHANGED MY WHOLE LIFE"

A prisoner from Leavenworth, Kan., writes:

"It is a pleasure to me to be able to write you these few lines. I have always been interested in your great work which you are doing and trust some day when my time is up in this prison to be able in some way to help you for it is a fine work.

"I used to receive *THE LIFE BOAT* each month, but as I had no more money I could not subscribe for it again. You do not know how much happiness it brought to me. Before I received *THE LIFE BOAT* I was as one who was lost, but when I read it through the third time it seemed as if God changed my whole life and I am glad as I wish to do as God would have me to do. Will you please try and send me a copy of *THE LIFE BOAT* as I would love to receive it."

#### THE EASY WAY

ROBERT HARE

When love turns the handle how easy the task;  
Each trial forgotten, for love will not ask  
The purpose or plan, and only the joy  
Is found in the service of love's sweet employ!

When love treads the path-way, though distant  
the end,

The way is not long for love has its friend;  
And in sweet communion the way is forgot,  
While love travels on, content in its lot!

When love lifts the burden, the burden is light,  
For love, in its toiling, finds joyous delight;  
And mountains are carried, with ease of a toy;  
In sweet self-forgetfulness service is joy!

When love counts its roses the thorns do not  
spoil,

The pain is forgotten along with the toil;  
Thus life is made bright in the mastery of love,  
And fitted to share with the angels above!

# \$2,000,000 FIRE

6,000 REPORTED  
KILLED IN QUAKE

BRITISH SWEEP  
ON HOLY LAND;  
KILL 1,000 TURKS

HALIFAX OFFICIALS COUNT  
5,000 DEAD AND INJURED

Eighty Killed  
When Torpedo  
Sinks Steamer

POWDER DEPOT  
IN RUSSIA BLOWS  
UP; 2,000 KILL

Coal Famine  
in Michigan

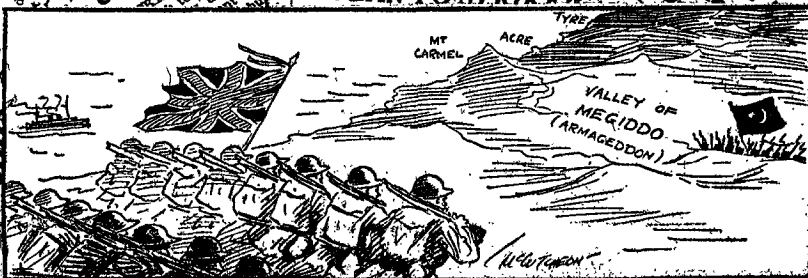
3,000 POLICEMEN  
IN QUAKER CITY  
PLAN TO STRIKE

MILLION GREEKS  
ARE MASSACRED;  
THROWN IN SEA

Blast and  
with

German Make  
More Efficient  
His Mo

RUSSIANS DYING  
FROM HUNGER BY  
COAL SHORTAGE



FRANCE HUNGRY;  
HALT MUNITIONS

ON TO ARMAGEDDON!

# The Newspaper A Warning of the End

Caroline Louise Clough

ON THE opposite page we have gathered together a few of the striking headlines that have appeared in recent numbers of the *Chicago Tribune*. A similar collection or possibly a much more striking one could be made from any of the leading dailies in the country to-day. There is pictured war causing death on land and on sea, famine not only for food but for fuel, disastrous fires and earthquakes killing thousands, great explosions wiping out thousands of people with one stroke and leaving as many more homeless, cruel massacres of millions, political and labor struggles, and the prediction that the armies of earth are virtually marching on to the last great battle of Armageddon.

Only a few years ago any one of these frightful disasters would have sent a thrill of horror around the world. Every detail of the report would have been read and talked about for days and weeks in every home in the land, but to-day the public eye has become so accustomed to such reports that the average person gives them only a passing notice.

As you pick up your morning paper and read there of some new calamity, some large ship sunk, a whole city wiped out by earthquake or disaster of some form, you can read in that paper a fulfillment of Bible prophecy written some two thousand or more years ago. For the Lord has said, "Surely the Lord God will do nothing, but He revealeth His secrets unto His servants the prophets." Amos 3:7. So this great war with its terrible toll of human life and the disasters on every hand were revealed to God's servants the prophets ages ago.

When the disciples came to their Master privately, saying, "Tell us, when shall these things be? and what shall be the sign of thy coming, and of the end of the world?" Jesus answered and said unto them, "Take heed that no man deceive you. . . . Ye shall hear of wars and rumors of wars: see that ye be not troubled: for all these things must come to pass, but the end is not yet. For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places." Matt. 24:3-7.

Mark in recording the same interview, says,

"There shall be famines and troubles." Mark 13:8.

Luke, the third gospel writer, gives us added light on the picture. He says: "There shall be great distress in the land, and wrath upon this people. . . . And there shall be signs in the sun, and in the moon, and in the stars; and upon the earth distress of nations, with perplexity; the sea and the waves roaring; men's hearts failing them for fear, and for looking after those things which are coming on the earth." Luke 21:23, 25, 26.

Going back nearly another thousand years we read from the pen of Isaiah, "Howl ye; for the day of the Lord is at hand; it shall come as a destruction from the Almighty. Therefore shall all hands be faint, and every man's heart shall melt: and they shall be afraid. . . . Behold, the day of the Lord cometh, cruel both with wrath and fierce anger, to lay the land desolate; and he shall destroy the sinners thereof out of it. . . . And I will punish the world for their evil, and the wicked for their iniquity; and I will cause the arrogancy of the proud to cease, and will lay low the haughtiness of the terrible." Isa. 13:6-11.

Jeremiah, in speaking of the day of the Lord which is right before us, says: "Behold, evil shall go forth from nation to nation, and a great whirlwind shall be raised up from the coast of the earth. And the slain of the Lord shall be at that day from one end of the earth even unto the other end of the earth; they shall not be lamented, neither gathered nor buried." Jer. 25, 32, 33.

Among many other prophecies in the Old Testament concerning these times, Joel gives the following: "Proclaim ye this among the Gentiles: Prepare war, wake up the mighty men, let all the men of war draw near; let them come up." Joel 3:9.

Malachi, in picturing the final scenes of the day of the Lord writes: "For, behold, the day cometh, that shall burn as an oven; and all the proud, yea, and all that do wickedly, shall be stubble: and the day that cometh shall burn them up, saith the Lord of hosts, that it shall leave them neither root nor branch." Chap-ter 4:1.

In the midst of the fearful scenes of that

last day we have the promise, "Unto you that fear my name, shall the Son of Righteousness arise with healing in His wing." And again, "Behold, I will send you Elijah the prophet before the coming of the great and dreadful day of the Lord. And he shall turn the hearts of the fathers to the children, and the heart of the children to their fathers, lest I come and smite the earth with a curse." Mal. 4.

The spirit of Elijah is a spirit of confession. When God's people turn to the Lord in this hour of distress and trial, confessing their sins, differences in families will melt away, the Spirit of Christ will make all of one spirit.

"Men to-day are facing a spiritual crisis. They are looking for an explanation of the wrong in the old world and for a religion upon which to reconstruct a new one when this war is over." So says a writer for the American Bible Society. To those who find that their knowledge of God and their Christian experience is not sufficient to bridge them over these trying times, we would refer them to God's Word, "In that day there shall be a fountain opened to the house of David and to the inhabitants of Jerusalem for sin and for uncleanness." Zech. 13:1.

"Therefore also now, saith the Lord, turn ye even to me with all your heart, and with fasting, and with weeping, and with mourning: and rend your heart and not your garments, and turn unto the Lord your God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of the evil." Joel 2:12,13.

So we have the Word of God a sure guide to lead us aright in these trying times. Let us study it and seek the Lord to know His will toward us, that when our Saviour shall appear in the clouds of heaven we may look up and rejoice.

## PROVIDENCE AT WORK

E. W. CAREY

In the days of Frederick William III. of Prussia a count had plotted against the king and had made an effort to do violence to the person of the ruler. The count was arrested and imprisoned in a fortress at Glatz. He had no companions to relieve the oppressive loneliness of prison life. He had no reading matter but the Bible. This was very distasteful to this man, who was opposed to religion and hardened in sin. Many solitary days passed

before he decided to make friends with this best of books. Gradually his heart was softened by reading it, and he found it to be the voice of God to his soul. The story is concluded in Dr. Besser's own words:

"On a rough, stormy November night, when the mountain gales howled around the fortress, the rain fell in torrents, and the swollen and foaming Niesse rushed roaring down the valley, Count M—— lay sleepless on his cot. The tempest in his breast was as fearful as that without. His whole past life rose before him; he was convicted of his manifold shortcomings and sin; he felt that the source of all his misery lay in his forsaking God. For the first time in his life his heart was soft, and his eyes wet with tears of genuine repentance. He rose from his cot, opened his Bible and his eye fell on Ps. 50:15, 'Call upon me in the day of trouble: I will deliver thee, and thou shalt glorify me.' This word of God reached to the depth of his soul; he fell on his knees for the first time since he was a child, and cried to God for mercy; and that compassionate God who turns not away from the first movement of faith toward Him heard the cry of this sufferer in the storm-beaten dungeon of Glatz, and gave him not only spiritual, but temporal deliverance.

"The same night in his castle at Berlin, King Frederick William III. lay sleepless in bed. Severe bodily pains tormented him, and in his utter exhaustion he begged of God to give him a single hour of refreshing sleep. The favor was granted; and when he woke again he said to his wife, the gracious Louise: 'God has looked upon me very graciously, and I am thankful to Him. Who in my kingdom has wronged me most? I will forgive him.'

"The Count of M——,' replied Louise, 'who is imprisoned in Glatz.'

"You are right,' said the sick king; 'let him be pardoned.'

"Day had not dawned over Berlin ere a courier was dispatched to Silesia, bearing to the prisoner in Glatz pardon and release."

There is converting power in the Word of God. This truth is declared in I Pet. 1:23. "Being born again, not of corruptible seed, but of incorruptible, by the Word of God, which liveth and abideth forever." The psalmist says, "By the word of the Lord were the heavens made, and all the host of them by the breath of His mouth." "For He spake,

and it was done; He commanded, and it stood fast," Ps. 33:6, 9. The same word that beautified the heavens and the earth is the word that comes to us in the gospel. "But the word of the Lord endureth forever. And this is the word which by the gospel is preached unto you." I Pet. 1:25.

It may be that some lonely soul who has no human teacher to come to him to show him the way to Christ will read these words. Such need not despair of the gift of God's grace. You have the Bible, and in this you have the words of eternal life. Read the Bible with a prayer that the Holy Spirit may be your teacher as you read; and read with a determination to walk in all the light which comes to you from the sacred page, and you will find that the Word is living and life-giving.

Another case among many which might be related makes it clear that the Word of God is the sword of the Spirit, and that it works effectually even without the aid of the human instrument:

"She was one of those who lived only for this world; the thoughts of her sins had never caused her any uneasiness; she was careful and troubled about many things, but neglected the one thing needful. One night, while alone in her room, she saw the lamp which lighted it suddenly go out. Although she was alone, she said aloud, thinking only of the accident which left her in the dark, 'There is no oil in the lamp!' The words thus spoken echoed in the room and sounded in her ears, but with a new sense. She recalled the parable of the five foolish virgins who had no oil, and whose lamps had gone out at the coming of the bridegroom; and from that moment, day and night, that word of God remained in her soul, as an arrow remains in the side of a stag who flies away from the hunters. It recurred to her constantly: 'No, I have no oil in my lamp! My God! what will become of me? I have not thy grace in my heart!' She was filled with fear; then she began to pray, and continued in prayer until God answered her favorably and gave her His peace."

Lonely one, do you want to be saved, but feel that no one cares for your soul? God cares so much for you that He gave His only begotten son to save you. The Son of God loves you so much that He gave up the glory and joy of heaven and came all the way to this dark world to rescue you from sin and

its results. The angels who have never sinned are glad to become your servant to aid in your salvation. This spirit of love for the lost also fills the hearts of God's faithful people in the earth. It may not be your portion to come in contact with those who care for your soul; but God cares, and His eyes run to and fro throughout the whole earth to show Himself strong in behalf of those whose hearts are reaching out after Him. He will find you, as He found Count M——, and as He found the worldly lady in her room. He has written you a love letter, the Bible. Read it prayerfully. It is able to make you wise unto salvation.

### A GLIMPSE OF THE JOY OF SERVICE

MRS. MAUD WILSON COBB,

Matron, Life Boat Rescue Home, Hinsdale, Ill.

No words of thanksgiving can voice our deepest gratitude for all the help received in this great work, and yet now at the beginning of another year there is added to the crying every-day needs another call ringing out, "We must clothe many of our girls."

I will state one experience. We received a telephone call asking us to meet a young girl in one of the Chicago railway stations. The call came from a town not far from Chicago from a nurse who had charge of the hospital work in a large factory where girls are employed. The nurse stated one of her factory girls needed our Christian help and had started to Chicago but did not have our address and she was afraid she would get into some other home, but she wanted her to be in THE LIFE BOAT Rescue Home, for she knew the influence was so helpful and every girl that she had known to spend some time in our Home was benefited in many ways. The girls had learned to live more healthfully and had a broader view of life and a richer Christian experience and knew how to read their Bibles with more faith and understanding.

The nurse telephoned us to meet the 2:30 train and not to fail, for the girl was a stranger in Chicago and might be lost in the crowd. We found we could only reach the depot a few minutes before her train was due if our train from Hinsdale would be on time. We were favored with a train on time, and when the Chicago train arrived we were at the gate. You will wonder how we knew our little unfortunate sister. No one will wonder

who has had experience in this line of work. We find an expression marked on the face calling for love and help, thus we make no mistake in addressing the one we are seeking.

Hundreds of people were passing through the gate at the depot entrance, and the first girl I thought might be our little sister answered to her name when I addressed her, and soon we were on our way home. I found this girl had married one year ago last October. Her husband deserted her last June. She had no home and had always been a delicate girl, and now the approach of motherhood caused her many hardships, having to do piece work and some days hardly able to stand at her work; she began to fail in health. We were fearful her condition would not be one we could help in our Home because of a dreadful cough. We thought, however, the girl might be starving for food and with every care possible in a few days we began to see an improvement. To-day her cheeks are rosy, she has no cough and has gained much in flesh and loves to work and does not tire easily.

She had no clothes to bring with her except the clothes she had worn in her work. How pitiful she looked, with a poor, thread-bare gown, her thin arms and hands and face would have appealed to one if their heart had been stone. Poor, worn-out shoes and underwear, but all were clean. How thankful we would have been to have opened a closet door and supplied this girl with clothes, but we did not have one gown or one suit of underwear or one loose dress or apron or stockings or shoes.

Do you understand, friends, what we will now have before us? Hundred of girls near Chicago are expecting to become mothers. Many are driven from home. The high cost of board and clothing will make them suffer for want of clothing and food, and in their delicate condition they will not be able to work and when they reach us they will be in the condition of this poor girl.

Can we afford to have empty clothes closets? We need clothing for mothers and babies. To-night we expect a little one. We have had to worry how we would clothe it. We have had seventeen little ones to clothe and provide warm blankets for since the first of November, besides some of the mothers of these little ones have needed clothes. We are indeed

thankful to those who have remembered us with clothing, food and money.

It would do your hearts good to visit our Home. It is like one big, happy family; since my return to the Home it is a daily pleasure to see the happy faces of babies and mothers. They all seem to catch the spirit of love and hope.

Here is one of our mottoes:

"To be happy, hopeful, buoyant, kind, loving from the very depths of our hearts, considerate, and thoughtful regarding the peculiarities and eccentricities of human natures, adjusting ourselves to each so as to produce harmony and not friction, to be pure in thought, word and deed, broad-minded and liberal, not given to petty fault-finding with our companions, moderate in methods of life, never adding a burden or sorrow where a little forethought would give pleasure, not hasty in speech or action, sincere, candid and truthful in every detail, conscientious in the execution of every duty, composed, unpretentious and simple, keeping close to nature's heart and always relying upon Him we most earnestly strive to serve, keeping ever before us that exemplary life as our rule of conduct toward our companions, by thus creating an influence for good. This is our idea of making life worth living."

[NOTE: Please send clothing for babies and young women by freight, prepaid, addressed to the Life Boat Rescue Home, Hinsdale, Ill.]

## ENTERING HOMES OF CARE

MILDRED IMSCHWEILER

[Miss Imschweiler, one of the first year nurses who was engaged in city work last month, gave the following interesting report at our Mid-Winter Convention.—Ed.]

I will try and tell you a few of our experiences. I am certainly glad the Lord has brought me to this work, and I want to praise His name for I know without His help I could have done nothing.

When first starting out in this work I thought I would not be able to do anything, and I wondered how I could come really near to the people, and finally I thought if I did not ask the Lord to bring me in close touch with them that I could do nothing. So I asked the Lord that I might have a winning way about me that would reach people.

We are working in a Bohemian district where it is difficult to speak with the people,



but we are coming in touch with them and give Bible readings and explain the verses to them. They have never seen the meaning in them before and they really appreciate these talks we have with them. Some of the people whom we meet we give treatments to.

There is one old lady I recall. Her husband has had hay fever and she has rheumatism and he has to take care of her. They are in a very destitute condition. He has a small pension, but aside from that they have nothing. When we first called at this home we were told that our girls had been there before and the woman said that she knew God had sent us to her. When we were there last week the woman told us that her husband had decided to keep the commandments of God. Surely their hearts are touched with the message we have brought to them. They can hardly wait until we come again. She always says, "You will pray with us, won't you?" She always wants a Bible reading, yet she feels as though she is taking too much of our time, and her husband stops his work to talk with us.

On Thanksgiving we took her a basket of food and she said she did not know what she was going to have for dinner, but she felt that she would get something some way, and she thanked us and thanked us, and said, "God bless you."

Another old lady is a little hard of hearing. It is hard to talk to her, but still we do make her understand that we are trying to do the Lord's work. This lady feels that we have something that other people have not, and she says, "I want you people to pray for me."

In another family there are five little children. The steps were so broken it was hard to get to the house. We found the family in a very poor condition. They have three girls and two boys. The only thing they have for a bed is a mattress and springs propped up on four chairs. The linen is just black, and they are certainly in a destitute condition. We helped them in giving them baskets for Thanksgiving. The woman said she was just on the way to the grocer's to see if she could not get something for dinner.

I am sure that we need your prayers, and I ask if you do pray for us that you remember this dear lady who is trying to obey the Lord.

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"Nothing that I have done can hold me from becoming what I intend to be."

## FOREIGN MISSIONARIES AT HOME

MAY BROWNELL

[Told at the Hinsdale Mid-Winter Convention by Miss Brownell, a member of the first year nurses' class who was at that time engaged in city work. If the experiences of these students appeal to you and you desire to enter the next class that begins July first, write to us.—Ed.]

We all love our city work, I am sure. We go two and two. Each couple is assigned a certain territory. In our first visits we simply call on the people and have a note book and keep track of all the homes and calls we make. Sometimes we find people who are interested, we find many sick people, and we give treatments and inquire about those who are interested in the Bible. The second time we call we try to deepen their interest in the Bible and arrange to give them Bible readings. My partner and I have had about ten Bible readers these last few weeks so that made ten calls during the week, and each day our day is full.

There are a good many nationalities in our territory, and sometimes we forget that we are in Chicago, and think we are in some foreign field. We can think we are traveling in Africa, Germany or Sweden. We may wash dishes for an old lady in Germany, or scrub the floor for some one in Africa, thus our experiences are really interesting.

There is one dear old lady that we visit. Her husband is a drunkard. She is a Christian, I believe, but she has not the faith that she should have. She said if we would only pray with her for her husband she thought he would give up drink. We can see real results from our work, I believe, but as the other girls say, it is nothing that we have done, we give God the glory.

There is another place where I have been treating a woman for rheumatism. She was unable to walk for about a month before we came, and we treated her for two or three days and the treatments, I am sure, would not cure anyone, because it was our first week in training and we did not know much. We prayed with her and she said she was cured the third day that we had been there, so we know that it was the Lord's help and not our treatments. There are many such experiences like this.

There is another lady who has rheumatism. We treated her twice and the third time we came she said she felt so much better that she could do all her work. Before, she had been

unable to do her work. Before we left she said, "Girls, be sure and pray for me, because I know it is the prayers that have been helping me." We know that we cannot accomplish this unless we are right ourselves, and we have not only seen results in helping others, but we have gotten results ourselves. We have learned so many things. In order to give to others we have to have a cup that is full and running over and it is the overflow that helps.

I have always been so timid in speaking to people about their soul's salvation, and it seemed as if personal work was the hardest work possible. Now it is much easier than it was before.

### WILL YOU HELP US GET MORE LETTERS LIKE THIS ONE?

Read this letter from an inmate of the Eastern Pennsylvania Penitentiary, then ask yourself if you would not like to be responsible for sending *THE LIFE BOAT* to such men. We want to send fifteen or twenty thousand copies into the prisons of this country this spring. You can have a part in this by paying for one hundred or more to your State Prison. Let us hear from you.

"Your letter received. Was glad to hear from you. I am trying to live as close as I can to my Master so when He comes I will be ready to meet Him. I get discouraged sometimes, but I leave all to Jesus. I talk to men every day about Jesus and His love. I always remember these men in my prayers and hope they will lead a straight life.

"I do not use tobacco of any kind. I have no use for those things now. I want to have a clean heart. Jesus has wonderfully blessed me since I took Him as my Saviour over a year ago. I know there are lots of men in sin here. I am going to ask them if they want to take Jesus as their Saviour and Comforter.

"May God bless you for sending friends my way when I needed them so badly, I want you to pray for me. I need your prayers.

"I read the little poem in *THE LIFE BOAT*, 'Blessed Land.' I hope to be on that blessed land some day. I am always glad to hear from you at any time. I received the October *LIFE BOAT* and the little tract you sent me. I thank you very much for them. *THE LIFE BOAT* has been a great help to me. When I get through reading it I pass it along. It is a fine little

magazine for all sinners to read and I know after they get through reading it they will come to Jesus and confess their sins and lead a straight life, so when Jesus comes they will be ready."

### WHAT THE PRISONERS WRITE OF THE LIFE BOAT

"You don't know how much I miss *THE LIFE BOAT* for it is the best book that I have read. Some day I hope to subscribe for it again."

"I thank you for *THE LIFE BOAT* you sent me. I enjoyed it very much. I hope you will send me more and after reading I will pass them on to others."



*From Sunday School Times.*

### THE GOSPEL TO THE PRISONERS

The gospel "is the power of God unto salvation to everyone that believeth." So to the man behind the prison bars it has power to loose the soul from the bondage of sin. Have you ever helped to send the gospel to the prisoner and tasted the joy of this service? If you have or have not, will you help us this spring to do it by sending *The Life Boat* into the prisons? Ten dollars will pay for two hundred and fifty *Life Boats* to your prison. Write us.

He that cannot forgive others, breaks the bridge over which he must pass himself; for every man has need to be forgiven.

# Incidents in the City Work

Mabel Levison

[At the recent Hinsdale Mid-Winter Convention the first afternoon was devoted to the problem of reaching the masses in our large cities. After a stirring talk on the principles which should underlie our work for the cities by Prof. J. G. Lamson, reports were given from the first year class who have been engaged in the work. Miss Levison was the first to give a talk, which we publish here.—Ed.]

I THINK it is not so much the way we do things as it is the spirit with which we do them. I remember the very first copy I saw of *THE LIFE BOAT*. It was when I was a real small girl and I studied that picture a great deal and somehow I always wished that the man could get hold of the life line that was thrown out to him, and as I heard the song, "Throw Out the Life Line," and especially the last line, "Soon will the season be o'er," I thought "we will have to work," and I set about to help my classmates the best I could in my small way.

Indeed, this is a great work, and it is full of opportunities for help. I might tell of one instance of a lady we visited. She had fallen down and hurt her knee about a year and a half before we visited her. She could hardly walk, so Dr. Wolfson promised to go in and see her. He ordered a few treatments and we treated her as best we could. We were busy with many others, so we did not call on her very soon again, but the next time we called we found she was jumping around and her knee was all right. Now I know that that was not just because of the treatments alone, but I know that it was the power of God that healed her.

I might tell of another incident that we had in connection with our city work. One day as we were carrying clothing to the poor in the city we had a few things left over and we hardly knew what to do with them, and I said, "Let us go back to our poor district. I know there are some poor people down on this corner." As I rapped on the door it opened just a little bit. There was no latch on the door and I did not mean to open it, but it opened anyway, and as it opened I saw a lady there in bed, and of course there was nothing to do but to enter and make myself known, and as soon as she found out that I was a nurse then she wasn't scared any more. I told her that I wanted to get acquainted with her. She could not understand me very well, being a foreigner, but she wanted to tell me that she had had a surgical operation. The children

told me what they knew about it. They did not understand just what it was. The little girl said, "We have too much troubles," and I thought, yes, you surely do. With a destitute home of only two rooms and few of the necessities of life, the mother ill in bed, and no one to care for the house and the four small children, but the children themselves, it was no wonder that the little girl felt the burden was too heavy.

We have one of the little girls here with us to-day. On Thanksgiving day we went there again with a basket of food for them, and they certainly seemed thankful and glad to get it, and they told us again about their mother. The little girls translated for us because the mother could not understand us very well, and we tried to tell them that we had come to help and do what we could. Later on our workers went there and cleaned up the house and the children. Little Katie is here to-day and she is going to sing a little song.

(The little eight-year-old girl in her dress that was well pieced, which she had evidently made herself, stood up and sang sweetly:

"Jesus loves me, this I know,  
For the Bible tells me so."

She went home happy, dressed in good warm new clothing, thanks to our patients.—Ed.)

## THE VISION

In haunts of wretchedness and need

On shadowed thresholds dark with fears,  
From paths where hide the lives of greed  
We catch the vision of Christ's tears.

The cup of water given for Thee

Still holds the freshness of Thy grace,  
Yet long these multitudes to see  
The sweet compassion of Thy face.

"It is character that decides destiny."

"Kindness is catching; and if you go around with a thoroughly developed case, your neighbors will be sure to get it. Be kind one to another."

## THE LIFE BOAT TO THE JACKIES

MRS. D. K. ABRAMS

3529 Cottage Grove Avenue, Chicago.

There never was a time in my Christian experience when I needed the Lord more than now, and I want to prepare to meet my God, for I realize His coming is near, even at the door.

It was my privilege with Mrs. J. T. Kemp to visit the Great Lakes Naval Training Station. We took with us papers and tracts and gave them away to the boys and we had many good talks with different ones. We also left copies of *THE LIFE BOAT* in the Young Men's Christian Association Building, and I gave to the man in charge a *LIFE BOAT* and tract, also the "World War" book.

We saw about fifteen thousand boys drilling. It was a sad sight to see those young men preparing for war. Mothers were there with their sons by their side and as I looked at their faces I saw a sadness there. God alone knows what it means to a mother to give up her boy and say goodbye perhaps for the last time. God bless the mothers and God bless our boys at the front and keep them and help them to put their trust in Jesus, for Jesus can do for us what no one else can if we will only let Him.

We look back on that day's work with joy for Jesus was with us and gave us a blessed privilege of working with Him for the salvation of souls. It has left an impression upon me that I shall never forget. I thank God for the experience.

Then we went to Fort Sheridan and took literature with us and had some good talks with different ones, also left tracts and papers in the Y. M. C. A. building. There we saw the trenches and some of the boys were trying them out. We also visited the hospital and the soldier boy who showed us through was such a nice boy. Sr. Kemp talked with him and gave him some tracts and papers and also gave him her name and address and asked him to write to her and she would send him some reading matter. I gave out *LIFE BOATS* and tracts to different ones. We had another blessed day for which we praise the Lord and I believe as a result of this day's work for Jesus, souls will have been brought to a knowledge of the truth and be saved when Jesus comes.

Let us keep in touch with our soldiers and sailors by writing and sending literature. They are sacrificing their lives for God and humanity. Let us send *THE LIFE BOAT* to these boys who are away from home and mother. God will bless us, and let us give of our means to help send *THE LIFE BOAT* to our boys at the different training camps. We know God will bless us. As we sow so shall we reap.

## HELP WANTED TO SAVE OUR OWN SHIPWRECKED ONES

Matron, Life Boat Rescue Home, Hinsdale, Ill.

We have a problem that must be solved at once. What shall we do for our little children and homeless mothers that we must care for in our Home? The saving "rafts" and "tugs" of *THE LIFE BOAT* Home have almost stranded on the Rocks of Hard Times. In the awful war times the cries from over the ocean are drowning out the pleadings of the suffering here. Not enough helpers for the rescue are gathering for our own shipwrecked ones. May quick hands be stretched to all. We must plead for enough allies for our own homeland. Can not an army of helpers be enlisted in the safe and comfortable homes of this great country to throw the life lines for the perishing here? Some could throw out a penny life line, some a dime life line, a dollar rope and a hundred dollar cable.

The Lord knows where His money is to be found, and as He sent His disciples out to hunt men, He also sent them to find money. We remember Christ knew hard times on earth and He sent Peter out to the lake to find money, and Peter found bits of money in the fish's mouth, just where the Master told him. Who will help to hunt money? The pennies and dimes will help us to buy shoes and warm clothing for our poor. Can not your Sunday school or Sabbath school or Missionary Society, or Christian Endeavor help a little?

Our girls come from all churches. Now we have three Catholic girls, two Methodists; the rest belong to the Congregational and Baptist churches. Quickly "lend a hand" if you can to throw out the life line in His name.

"The heart of him who lives, not to please himself, but to be a blessing to those who have so few blessings, will thrill with satisfaction."



## EDITORIAL

EDITORS:

Mary W. Paulson, M. D., Percy T. Magan, M. D.,  
D. H. Kress, M. D., Caroline Louise Clough

### THE NINTH ANNUAL MID-WINTER CONVENTION

December 26-30 our annual mid-winter convention was held at the Hinsdale Sanitarium. It was one of the best ever held in the history of the work. The early morning devotional studies were a source of inspiration and deepened the Christian experience of our workers. Each afternoon some phase of the medical missionary work was considered.

On Thursday afternoon the topic was "Our Duty Toward the Thousands in our Large Cities." Prof. J. G. Lamson led out in the study of principles underlying this work. Here are a few of the quotations which he read: "The spiritual darkness that covers the whole earth to-day is intensified in the crowded centers of population. It is in the cities of the nations that the gospel worker finds the greatest impenitence and the greatest need."

"There should be one hundred believers actively engaged in personal missionary work where now there is but one. Time is rapidly passing."

"There are great blessings in store for those who fully surrender to the call of God. As such workers undertake to win souls to Jesus they will find that many who never could be reached in any other way, will respond to intelligent personal effort."

"There are many with whom the Spirit of God is striving. The time of God's destructive judgment, is the time of mercy for those who have had no opportunity to learn what is truth."

Following this talk, Evangelist Ira Woodman of Chicago told of his experience in reaching the masses in the city.

Then several of our first year nurses gave brief reports of their own personal, humble experience in going from door to door.

On Friday afternoon the time was given to the discussion of the Gospel through the

printed page. Many little incidents were related showing that the Lord wonderfully blesses the distribution of gospel literature. Some of our workers told in a humble way of their own experience with THE LIFE BOAT. At the close of this session there was time for reports from our jail and prison workers. Bro. J. H. Reid and Bro. A. C. Ford, students in the institution, reported their own personal experiences.

The following afternoon a stirring sermon on the importance of cleansing the heart for the reception of God's Spirit, followed by a testimony and revival service, was like a refreshing rain after a continued drought. Many hearts were refreshed and revived, confessions were made.

At six-thirty in the evening an account was given of the gospel work for the soldier boys. At eight o'clock Arthur Burrage Farwell, President of the Chicago Law and Order League, spoke on the "Joy of Service."

On Sunday afternoon reports from the various departments of the work were given. Some of the splendid sermons at the evening hours will be published in THE LIFE BOAT. Prof. Lamson's sermon at the closing meeting on the "Return of the Jews," pictured the recent happenings in Palestine and their relation to the end of the world.

A large number of visiting friends were present. Many friends and relatives of our workers took this occasion to visit the sanitarium and enjoy the convention. Also a number of the sanitarium alumni returned. C. L. C.

### ARE YOU WILLING TO PAY THE PRICE?

"Many a man prays for a baptism from above who would run if he saw it coming; and not a few of those who plead so eloquently that their lips may be touched with a coal from off the altar would faint dead away

if they saw an angel go for the tongs. Spiritual privileges and power come at much cost, and few of us are really willing to pay the price."—*Selected.*

### GEORGE MULLER'S OBSERVATIONS

George Muller once said: "The vigor of our spiritual life will be in exact proportion to the place held by the Bible in our life and thoughts. I can solemnly state this from the experience of fifty-four years. Though engaged in the ministry of the Word, I neglected for four years the consecutive reading of the Bible. I was a babe in knowledge and in grace. I made no progress because I neglected God's own appointed means for nourishing the divine life, but I was led to see that the Holy Spirit is the instructor and the Word the medium by which He teaches. Spending three hours on my knees, I made such progress that I learned more in those three hours than in years before.

"In July, 1829, I began this plan of reading from the Old and New Testaments. I have read since then the Bible through one hundred times, and each time with increasing delight. When I begin it afresh it always seems like a *new book*. I cannot tell how great has been the blessing from *consecutive, diligent daily study*. I look upon it as a *lost day* when I have not had a good time over the Word of God.

"Friends often say to me, 'Oh, I have so much to do, so many people to see, I can not find time for Scripture study.' There are not many who have had more to do than I have had. For more than half a century I have never known a day when I had not more business than I could get through. For forty years I have had annually about thirty thousand letters, and most of them have passed through my own hands. I have nine assistants always at work, corresponding in German, French, English, Italian, Russian and other languages. As pastor of a church with twelve hundred believers, great has been my care; and, besides these, the charge of five immense orphanages, a vast work; and also my publishing depot, the printing and circulating of millions of tracts and books; but I have always made it a rule *never to begin work till I have had a good season with God* and then I throw myself with all my heart into this work for the day with only a few minutes interval for prayer."

### AN OPPORTUNITY FOR YOU

There never was a time in the history of the world when true genuine medical missionaries are needed more than to-day. Who is going to be ready to take care of the thousands of wounded young men as they come back to our country? Who is going to lend aid to the broken-hearted, nervous mothers and sisters? Who is going to help the thousands of nervous wrecks all over this country as the result of this war?

Perhaps the Lord is calling you to train yourself so that you may fill this opportunity. If such a call is coming to your heart do not pass it by. Why should you say, "Someone else will do it?" The call comes to *you*, personally.

At the Hinsdale Sanitarium there will be a splendid opportunity for you to start this training early this summer. If you are at all interested and would like to make inquiry about the medical missionary nurses' training course, write us. Address, Dr. Mary W. Paulson, Hinsdale, Ill. M. W. P.

### A SPECIAL PATRIOTIC LIFE BOAT FOR THE SOLDIERS AND SAILORS

Our boys are slipping away from us. Dr. R. W. Veach, Religious Work Director at Camp Dix, says in a recent *Sunday School Times*, "You Christian workers in American Army camps have *four months to do your job*." Some of these boys have never even seen a Bible or a Testament. They are total strangers to the things of God. They have had no religious training whatsoever. They are marching on to possible death.

Have we a duty as Christian people? Most certainly we have. There never was so great an opportunity for real effective work as now, right here in America, and the time is short in which to do it. In view of all this we have decided to issue a special patriotic number of THE LIFE BOAT. We want to send it by the thousands and tens of thousands into the camps that the boys may learn from it the simple gospel story. Part of the subject matter is already made up for this special number and we promise you a most interesting and attractive magazine which will sell readily and will be read eagerly. Look for further announcements of this number.

To reach the boys we must have more money. Since our last report of the soldiers' and sailors' fund, we have received the following:

Previously reported .....	\$297.54
A friend .....	6.28
A friend .....	5.00
Lida F. Scott .....	6.00
Mrs. E. M. Hoyt .....	1.00
Mrs. A. B. Wilson .....	5.00
Belle Bishop .....	1.00
Martha Hoppe .....	5.00
A friend .....	3.00
L. L. McCamly .....	5.00
Mrs. N. L. Edwards .....	5.00
Emma Weber .....	1.00
Mrs. Bessie Janes .....	1.00

\$341.82

We are already sending a few LIFE BOATS each month into the camps. But we must do more.

One Y. M. C. A. Secretary writes: "Please accept our thanks for the copies of THE LIFE BOAT. It is indeed good to know that you are interested in our work among the soldiers. And we assure you that the knowledge that our friends are thinking of us as we labor is an inspiration to us."

Another one in thanking us for THE LIFE BOAT writes: "The interest of the folks back home not only helps the boys, but cheers us up as well in the work we are doing."

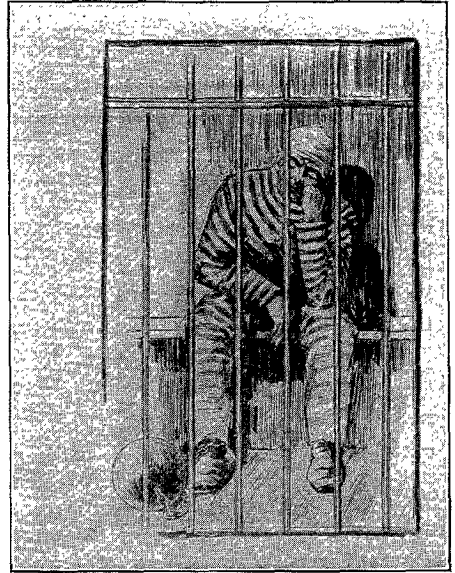
What can you do to help this good work along? Write us about it. C. L. C.

### HE IS IN TROUBLE—WILL YOU HELP HIM?

"You learned of a neighbor in trouble. It was in your thought to go to him to offer him help. But you did not do it. The day closed, and there was that brotherly kindness that you ought to have done, left undone. Yonder, at the ending of the day, your neighbor is still bowing in the darkness beneath his burdens. He might have been rejoicing had it not been for your sin of omission." So says J. R. Millar in the *Leavenworth New Era*.

So we say concerning the men and women who are behind the bars to-day. They are our neighbors in trouble. We know they are there. Ought we not to go and lift their bowed heads and start them on their way rejoicing?

THE LIFE BOAT is doing it. Just read the encouraging letters in this number from men behind the bars. They can be happy in prison. The bondage of Satan is a much greater bondage than the gray walls and iron bars of a



Will You Send Him THE LIFE BOAT?

prison house. When the conscience is clear and the soul stands before God cleansed and purified, the prison bars are as nothing.

Again this year we shall make a definite effort to reach *all* the prisoners by a special number of THE LIFE BOAT. One prisoner says, "There are loyal hearts behind the bars and it is worth while sending them good reading."

Will you help us do this again this year? Ten dollars will send two hundred and fifty LIFE BOATS to the sinking souls in bondage. If you cannot send that much, send what you can and the Lord will bless you. May we hear from you? C. L. C.

### WHO WILL TAKE HIS PLACE?

We have just recently received the news of the death of one of our faithful LIFE BOAT workers, who worked in and near Boston, Mass. For several years he has labored untiringly to secure subscriptions for THE LIFE BOAT, sending in long lists every few days. We miss him. But we are sure the Lord will reward him for his faithful service. Who



will take his place doing his work not only in Boston but in every city, village, and country? The price of *THE LIFE BOAT* is reasonable compared with present prices. The magazine is not filled with advertisements, but contains real meat and marrow. It is in a class by itself, doing pioneer work for the gospel.

Will you not help us to sail into your harbor? And like the sermon which our Master gave from the ship on Galilee, may it reach many hearts. Why not write to us for terms and instruction. Come and join *THE LIFE BOAT* family of workers.

C. L. C.

### SOLDIERS—WRITE US

We shall be glad to correspond with any of the boys in the training camps or elsewhere who feel the need of a friend or of Christian help and encouragement. Write to the editor.

### NEWS HERE AND THERE

Dr. E. A. Sutherland, of Nashville, Tenn., and Dr. P. T. Magan, of Los Angeles, Cal., were recent callers.

Prof. and Mrs. Thomas D. Rowe, of Berrien Springs, Mich., spent the holidays at Hinsdale.

Pastor W. H. Anderson, of Rhodesia, Central Africa, was a welcome guest. His talks concerning his work as a pioneer missionary were much appreciated by the sanitarium family.

Prof. and Mrs. J. G. Lamson, of Indianapolis, Ind., spent the holidays at the sanitarium.

The ninth annual mid-winter convention was held at the sanitarium this year Dec. 26-30. A large number of friends of the work were in attendance. Among the sanitarium alumni several attended the convention; namely, Valborg Leffler, Mary L. Smith, Grace Redwine, Oscar Olson, Mrs. J. C. Michalenko, Mary Strouf, Rachel Olson, and Geneva Erickson.

Mrs. Carl M. Keck and son, Burrell, of Washington, Ia.; Mrs. Lou K. Curtis, Berrien Springs, Mich.; Mrs. D. H. Lamson and Mary E. Lamson, of Sheridan, Ill.; Manuel Calero, Frank E. and Harvey E. Howard, Berrien Springs, Mich., Sol. C. Dickey, Winona Lake, Ind., were among the many guests during the convention.

## The Life Boat

Mary W. Paulson, M. D.....	} Editorial Staff
Percy T. Magan, M. D.....	
D. H. Kress, M. D.....	
Caroline Louise Clough.....	
N. W. Paulson - - - - -	Business Manager

The *Life Boat* is published at Hinsdale, Ill., by the Workingmen's Home and *Life Boat* Mission, Incorporated.

Checks, drafts and money orders should be made payable to The *Life Boat*, Hinsdale, Ill.

Do not send currency in your letters, as The *Life Boat* will not be responsible for receipt of the same.

Single copies, 10 cents.

Yearly subscriptions, \$1.00.

Special discounts when a number are sent to one address.

#### Expirations

The date on the wrapper indicates when your subscription expires. We do not continue any names on our list after the expiration of the subscription, so please renew your subscription promptly.

#### Change of Address

When writing to have the address of the *Life Boat* changed, be sure to give the old address as well as the new one.

#### Mistakes

The publishers of The *Life Boat* will be pleased to have their attention called to any mistakes that may occur, and will be glad to correct them.

#### Premiums

The attention of our readers is invited to our valuable premium offers. We are constantly in receipt of most appreciative letters from those who have taken advantage of these liberal offers.

#### Rates for Advertising

Full page, single issue, \$20; three month, \$50.

Half page, \$12; three months, \$30.

One inch, column width, one insertion, \$1.00.

#### Life Boat Magazine Agencies in Chicago

The *Life Boat* magazine can be secured in quantities at wholesale rates from the following agencies in the city of Chicago:

D. K. Abrams, wholesale nut store, 3529 Cottage Grove Avenue. Phone Douglas 6743.

Illinois Tract Society, 116 North California Avenue. Phone Garfield 3361.

Dr. D. H. Kress, of Washington, D. C., was also a recent caller.

Mrs. Maud Wilson Cobb, matron of The *Life Boat* Rescue Home, spent a few days in Akron, Ohio, recently.

As we go to press Hinsdale is slumbering sweetly under a heavy blanket of snow. For the first time in eighteen years we missed holding service on Sunday morning in the Chicago police station. Last Sunday the train service was completely paralyzed.

If you are interested in Bible study and would like to know what the Bible says about our times, send for a sample copy of the *Signs of the Times*. Address, Signs of the Times, Mountain View, Cal.

## Are You Wearing a "Patricia"

### A SHIELD TO HEALTH

The PATRICIA GARMENT is a PERFECT SUBSTITUTE FOR THE CORSET and a great improvement in other respects, as it permits natural circulation, perfect respiration and freedom for every muscle, with no bands or strings and countless buttons and buttonholes. There is no opportunity for girding the soft parts of the body, as it follows the natural curves, preserving the contour of the figure.

We are now able to furnish the Patricia health garment in stock sizes from 32 to 42 bust measure, made from the very best of materials and carefully shrunk before making. **Price \$4.00.** Write for further particulars and description of garment.

**"Once in possession means never without them."**

**"Just the Garment for health conservation."**

**"A splendid step in advance over corset wearing."**

#### WHAT WOMEN SAY OF THE PATRICIA

"I received the PATRICIA and think it is just the garment for health."

"I wish I might have the pen of a ready writer to express my appreciation of the PATRICIA garment. I simply will never be without it. It is absolutely all I could wish in every way.

"For comfort, style, saving of time in dressing, saving in laundry—in fact I have never enjoyed any garment that has brought me so much pleasure. Once in possession means never without them."

"I have worn this garment now for three years and find it eminently satisfactory. I consider it superior in many respects to any other garment of its kind which I have worn and can heartily recommend it to other women."

**Address THE PATRICIA GARMENT CO., Hinsdale, Ill.**

We employ no solicitors for any of the various lines of helpful work that God has committed to us. If the Lord impresses you to assist us send the money directly to headquarters instead of to any individual that is a stranger to you.

#### WANTED

Lady canvassers for spring curtain holders. Sells for ten cents, costs five cents. Send for particulars. Eureka Mfg. Co., 1116 No. Vandeventer Ave., St. Louis, Mo.

#### WANTED

To borrow several thousand dollars in sums of \$200 and upwards. Will pay five per cent interest. Address Hinsdale Sanitarium, Hinsdale, Ill.

### Excelsior Treatment Rooms

Sanitarium treatments such as electric light bath, shampoo, salt glow, shower and massage are given by an experienced attendant, at 34 South Desplaines St., Chicago. Mr. Harold Kemp, the proprietor, is ready to answer any call for help day or night. Phone, Monroe 6135.

## Have You a Camera?

Let Me Do Your Developing and Printing

Many years' experience has taught me how to turn out first-class prints with "a finish" to them.

Send me your films and be sure of the best results.

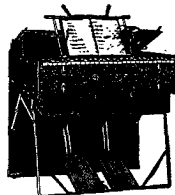
**Quick Service**

**Low Prices**

Any size roll film developed for 10c; film pack, 25c. Velox prints, 3c to 5c each.

**L. C. HARNER**, Photographic Expert  
Specialist in Developing and Finishing for Amateurs  
216 Hinsdale Ave. HINSDALE, ILLINOIS

## FABER FOLDING ORGANS

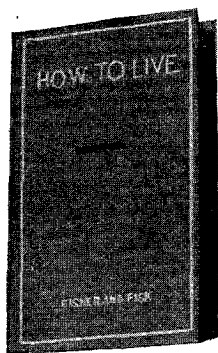


They are the most compact, have the largest volume and sweetest tone of any Folding Organ on the market. Send for illustrated catalogue, price list and free trial offer.

*Folds like a suit-case*

**HOMO FABER, Dept. 303**  
53 W. Jackson Blvd.  
CHICAGO

# NEW PREMIUM OFFERS

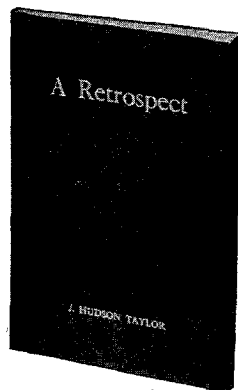


## "How to Live, or Rules for Healthful Living, Based on Modern Science"

By Irving Fisher, Professor of Political Economy, Yale University, and Dr. Eugene L. Fisk. Hon. William Howard Taft, formerly President of the United States, has written the foreword and in fact has edited the entire work. We quote the following from the Preface: "A sad commentary on the low health ideals which now exist is that to most people the expression 'to keep well' means no more than to keep out of a sick bed." This book has a splendid chapter on air, another one on food, another one on poisons, such as those due to constipation and those due to infected teeth, etc. A chapter on exercise, one on hygiene; a chapter containing the last word on alcohol and on tobacco, and how to avoid colds; signs of the increase of degenerate diseases, etc. By special arrangement with the publishers we are enabled to offer this book as a premium for one new subscription and 25 cents additional. Induce some one to subscribe for The Life Boat the coming year and receive this most excellent book.

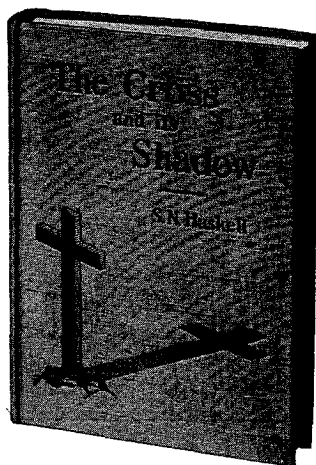
## The Cross and Its Shadow

A new book by S. N. Haskell. This book presents the whole Old Testament sanctuary service in a new and living setting. The sacrifice of Christ for us is beautifully portrayed on every page. This book is a marvelous inspiration to a holy life and should be in every home. It contains 388 pages, 50 chapters and 218 illustrations, and will be given absolutely free for only two subscriptions to The Life Boat. Take advantage of this offer while it lasts.



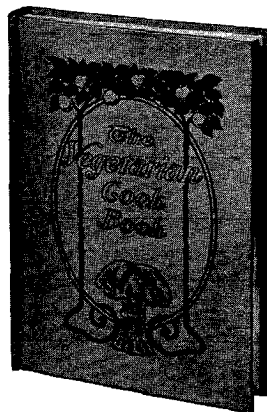
## A Retrospect

This book by J. Hudson Taylor is one of the most thrilling and inspiring books on the market today. We have sold nearly 4,000 of them. Should be read by every young person who desires to be of some use in the world. This red, paper-covered edition can be furnished with one subscription to The Life Boat at one dollar.



## Pastor Hsi

This charming book, "Pastor Hsi," by Mrs. Howard Taylor, daughter-in-law of the late J. Hudson Taylor, founder of the China Inland Mission, has found such a warm reception by The Life Boat readers everywhere that we are offering it again this year. The author gives in a most fascinating manner the remarkable story of the life work of Pastor Hsi, the man who, after his wonderful conversion from heathenism, founded more than forty medical missionary centers in the province of Shan-Si. His remarkable faith and power in prayer has brought his work to the attention of the entire Christian world today. This book is an inspiration, and you can have it by sending us one dollar for your subscription to The Life Boat for one year.

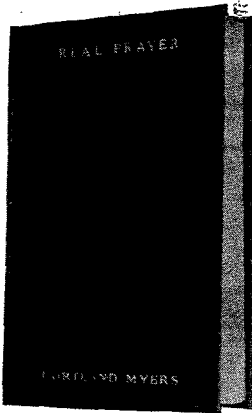


## The Vegetarian Cook Book

should be in every Life Boat reader's home. It is a splendid compilation of valuable recipes for a sane and sensible dietary. If you want to learn how to cook for health and not for drunkenness send us \$1.35 for The Life Boat for one year and this useful book. This is an unusual offer.

## Real Prayer

By Courtland Meyers. A most inspiring book on prayer. It will make you hungry for a personal experience in the power of prayer. This book will be sent you for only one subscription and fifteen cents. Send us \$1.15 and receive The Life Boat for one whole year and this splendid book.



## A New Webster's Pocket Dictionary

for only one subscription or renewal at one dollar. This book is really five books in one. It is not only a dictionary but a complete parliamentary manual, a rapid calculator, a compendium in business and social forms, a letter writer and literary guide, and a pronouncing and statistical gazetteer of the world. Everyone should possess a copy of this handy booklet; bound in morocco and stamped in gold.

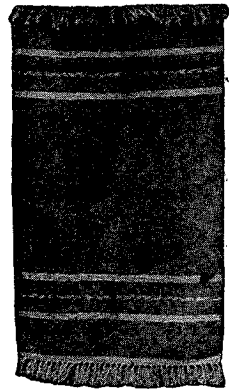
## A Fountain Pen

for only one yearly subscription at one dollar and 25 cents extra. Every pen is guaranteed 14-carat solid gold and will do good service. This is your opportunity to receive a good fountain pen for a quarter and only a few moments of your time in securing the subscription.



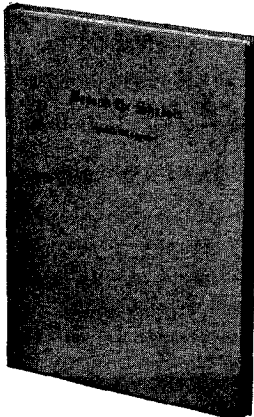
## A Beautiful Rescue Home Rug

24 x 52 inches, made from high quality new material which will not fade and is guaranteed to give excellent service, given for only two subscriptions at one dollar each and 25 cents extra.



## Beyond the Shadow

Pearl Waggoner Howard, The Life Boat poet, has collected some of her best poems and published them in book form. The book contains ninety-six pages. We will send the cloth binding free with two subscriptions to The Life Boat at one dollar each or a paper-covered copy for only one subscription. Subscribe now—before you forget it.



## Beautiful Gold or Silver Watch

free with eleven yearly subscriptions and one dollar extra. This is a seven-jeweled watch, gold-filled, with a ten-year guaranteed case and beautiful design. We have placed hundreds of these watches where they are giving the best of satisfaction. You will be pleased with this watch. Send us eleven yearly subscriptions and twelve dollars cash and receive this watch.



# The Life Boat Practical Health Specialties

From time to time our friends write us that they find it difficult to carry out some of our health suggestions because they can not readily procure in their own neighborhoods what we recommend. To accommodate such we have undertaken to carry these things in stock and send them to our readers everywhere by parcel post, express or freight.

## PRACTICAL HEALTH SPECIALTY No. 1.

### Natural Rice.

Eleven-twelfths of all the mineral that God put into rice is scoured off to produce the polished product that is ordinarily eaten. What is more important, the "vitamines," the lack of which, when people are fed on rice exclusively, produces beri-beri, scurvy and perhaps favors pellagra, are also contained in the covering of the rice. But people are so used to the inferior product that grocers do not ordinarily have natural brown rice in stock. We handle the genuine article. Price, fifteen cents per pound. Transportation additional.

NOTE.—Natural rice requires more cooking than the scoured variety, but it is worth more.

## PRACTICAL HEALTH SPECIALTY No. 2.

### Genuine Graham Flour.

The white flour on the market today has been over-processed by the steel roller milling methods, and, like the polished rice, it has been largely deprived of some of its most valuable ingredients, such as the germ, its most valuable mineral salts, and vitamins. In our vicinity there is an old mill which still grinds wheat with the old-fashioned stone burrs of our childhood days, and for the accommodation of our readers we will furnish this flour in hundred pound lots for \$7.50. Freight charges additional.

## PRACTICAL HEALTH SPECIALTY No. 3.

### Liquid Paraffin.

Stagnation of the bowels is the most common disorder among civilized nations and is perhaps by far the most common cause of our various chronic diseases. These diseases are not readily cured for the simple reason that the real cause is not removed. The laxative drug habit is the most common drug habit among mankind. Every remedy of this kind sooner or later loses its effect and, unfortunately, in every instance does the system more or less harm. Bulky food, plenty of green garden truck, and an abundance of fruit will relieve many of these cases. But some cases have such a tendency to hyperacidity and to intestinal irritation that the liberal use of these things actually seems to aggravate the condition.

Liquid Paraffin, or what we called White Russian Mineral Oil when we imported it from Russia before the war, seems to be a veritable godsend to thousands of these cases. Being a mineral oil it is not absorbed by the body. It merely lubricates and softens the bowel contents. It can be used with perfect safety as it does not create any laxative habit. The dose is from one teaspoonful to two tablespoonfuls three or four times a day as may be necessary. It can be procured in any town, but by buying it in large quantities we are able to furnish it to our readers at about one-half the prevailing retail price.

### Prices

1 Pint .....	\$0.45	Shipping weight.....	2 lbs.
1 Quart .....	.75	Shipping weight.....	4 lbs.
2 Quarts .....	1.25	Shipping weight.....	6 lbs.
1 Gallon .....	2.00	Shipping weight.....	10 lbs.

It is put up in tin cans so that it can be sent by parcel post. These rates do not include transportation charges.

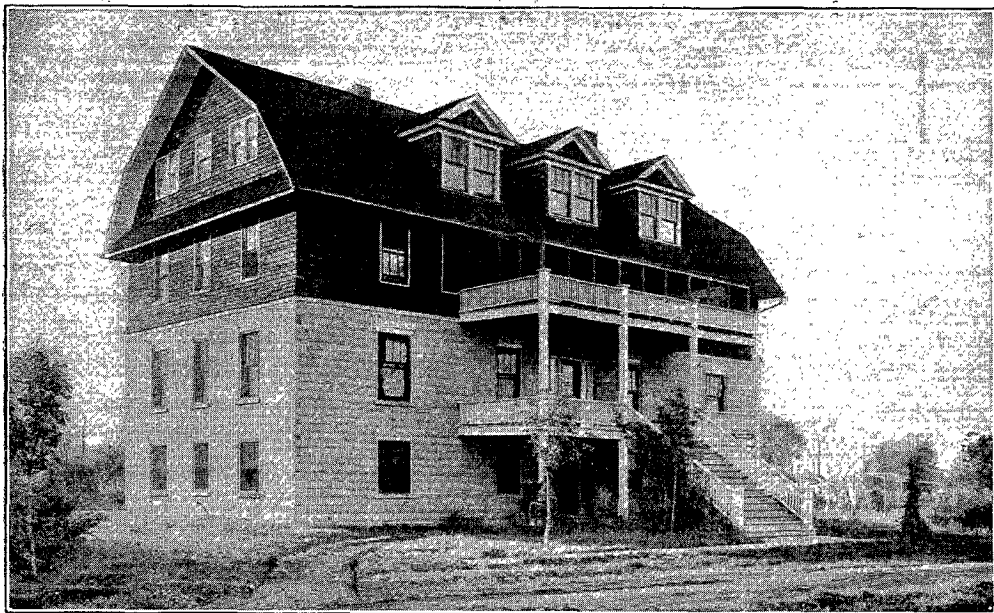
## HEALTH SPECIALTY No. 4.

### A New Health Garment.

So many inquiries are constantly coming to us regarding how to dress healthfully that we have decided to carry in stock a health garment that we can fully recommend. We would direct the attention of our readers to the notice on another page about the Patricia Health Garment.

THE LIFE BOAT, Hinsdale, Ill.

# THE LIFE BOAT RESCUE HOME, HINSDALE, ILLINOIS



Physicians, pastors and other workers are constantly perplexed as to how to properly extend a helping hand to the unfortunate girl. To meet this pressing need the charitable public assisted in erecting this splendid eleven thousand dollar institution and it was dedicated July 25, 1909, Judge Orrin N. Carter of the Illinois Supreme Court giving the principal address.

During the past eight years hundreds of girls have been sheltered in this Home. They have been carried through the saddest chapter of their lives. More than half the girls who come do not have a dollar, but they are received just the same.

The institution has no endowment and beyond the mere pittance that some of the girls are able to pay, it is entirely dependent upon the generosity of those who become interested in its work.

## Are You Contemplating Making Your Will?

Have you some means to be used in the Master's work after you are dead and gone? Have you observed how frequently relatives or unscrupulous lawyers have succeeded in absolutely defeating the will and intentions of the donor? There is a better way:

## Why Not Be Your Own Executor?

Give your property while you are alive, to the work that you desire and receive a fixed income or annuity on the same each year as long as you live. In this way you know that your property will not be frittered away from you so that you will have no support in your old age, and this annuity contract becomes immediately effective at your death. No one can change it in any manner.

In either case will you not generously remember the Life Boat Rescue Home?

If you are interested in this matter write us and we will give you further suggestions and information regarding this annuity plan that so many sensible people are adopting.

For those who desire to remember this institution in their wills we give herewith a proper legal form for a bequest.

"I hereby give, devise and bequeath unto the Life Boat Rescue Home, a corporation

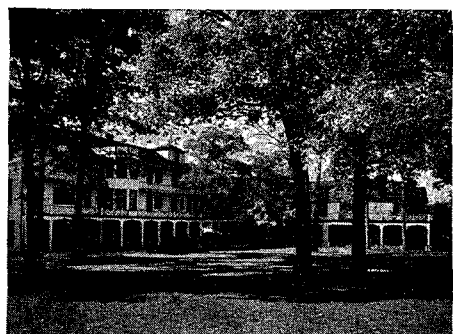
organized and existing under the State of Illinois, the sum of.....

.....dollars to be paid out of real or personal estate owned by me at my decease, this money to be used for the maintenance of the institution known as the Life Boat Rescue Home for Girls, located near Hinsdale, Ill., and which is under the supervision of the aforesaid corporation."

Address: **The Life Boat Rescue Home**

**Hinsdale, Illinois**

# VISIT HINSDALE FIRST



*The Main Building*

A suburb of Chicago—trains every few minutes—fifty trains a day.

Sixteen acres of virgin forests, fruit orchard, cottages, lawns, shady walks, lawn tennis court.

A work cure department.

Musical entertainments and lectures.

No experiments or medical fads. Common-sense, honest treatment.

Electric light, private telephones in each room, a beautiful outlook from every window.



*The Main Parlor*

## Let Us Send You Our Booklet "Visit Hinsdale First"

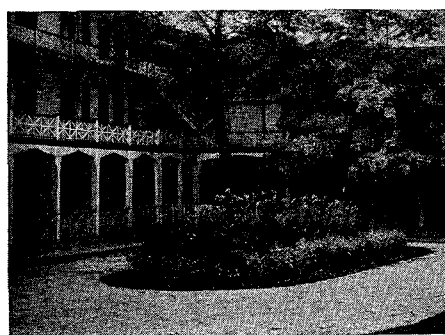
It is completely descriptive and beautifully illustrated. Once you read this book and note the location, the charm of Hinsdale and the ability of this institution to benefit the sick, you will realize that we offer you every possible means of restoring your health and of becoming completely rested, among surroundings that are ideal. Write for booklet today. It is free. Address

**The Hinsdale Sanitarium**  
**Hinsdale, Ill.**

Phone  
Hinsdale 645

## *Endowed by Nature Equipped by Science*

*Do not go abroad for what you have at home. Were it possible for you to see Hinsdale as it is, you would come. So pleasant as to attract many guests who have no ailment. Patients are kept so busy getting well that they have practically no time to worry over their troubles. Pleasant, refined associates. Rates as low as ordinary hotel. Atmosphere delightfully different.*



*The Driveway*

Open air treatment, Swedish movements, hydrotherapy, electric light baths and electrical treatments, massage, scientific dietetics, sun baths, the work cure, and sensible health culture, cure thousands of invalids when ordinary means fail.

You will find any of these treatments not only beneficial but delightful and refreshing. We do not countenance routine of baths, the heroic reducing idea nor the starvation cure. Every case is decided on its own merits and treated accordingly. We rely on substantial, simple methods, offer all these features to be rationally enjoyed.



*A Glimpse of the Lawn*