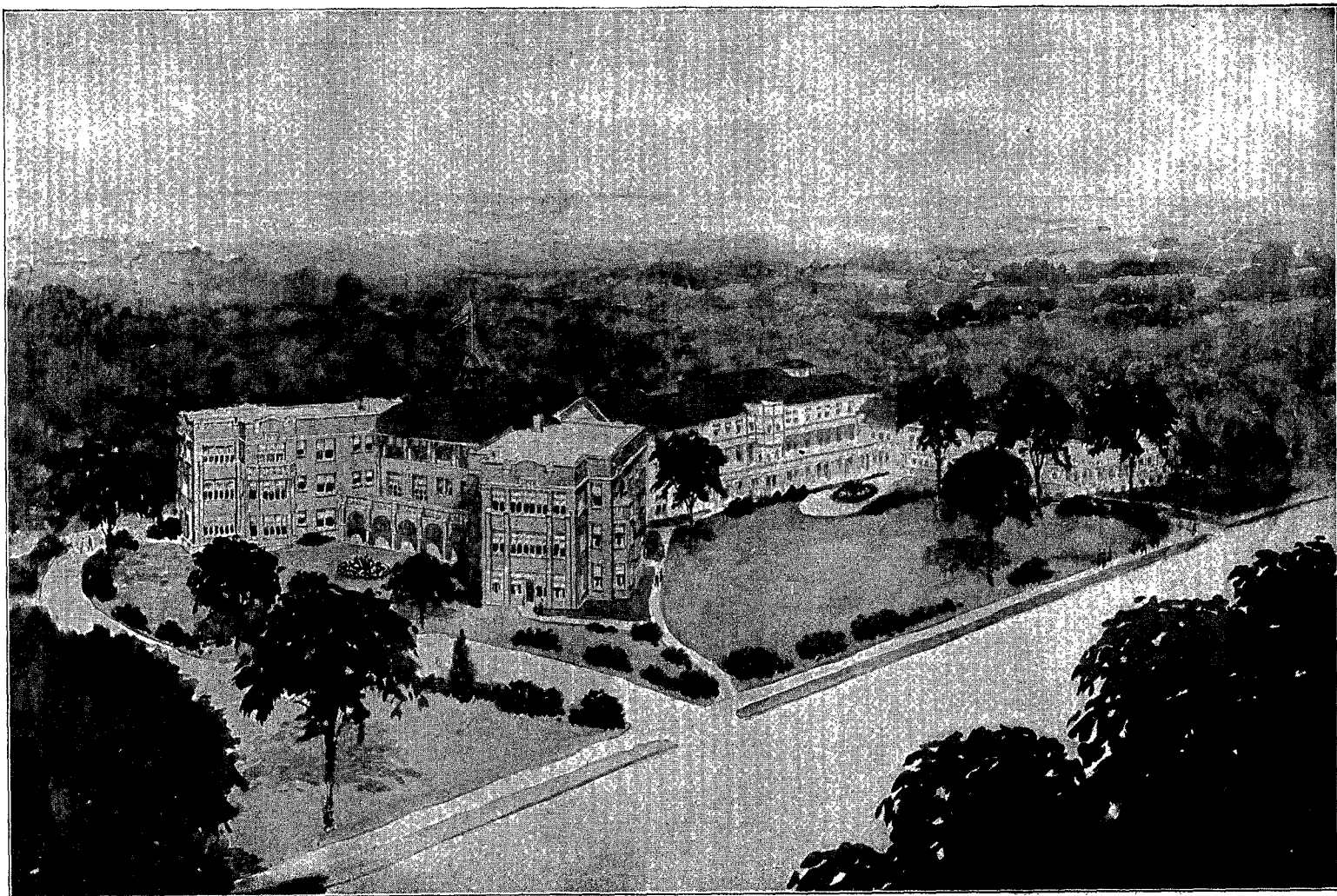
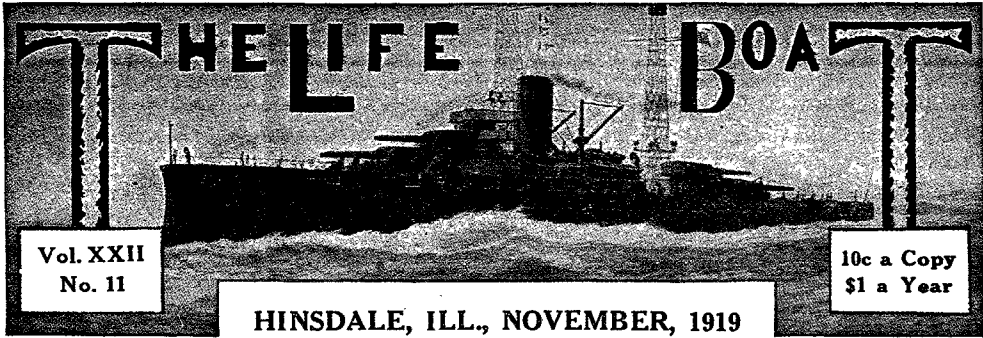


**The Life Boat Employs No One to Solicit Donations**

**The Story of Completing a Gigantic  
Task  
Meat as an Article of Food  
Charity Begins at Home  
Life's Great Objective  
What Four Young Women Did  
A Guide to Erring Feet  
Our City Work  
Prayer and Power**



**The Hinsdale Sanitarium, showing the present building with the new fifty-room addition now under construction, which will be completed March 1.**



## The Story of Completing a Gigantic Task

Ernest A. Bell

[Dr. Bell, by special invitation, gave a talk before our Hinsdale Missionary Volunteers on Oct. 17, in which he told briefly the marvelous story of how the Lord used him with others to clean up the terrible vice district of Chicago and how it led to the enactment of suitable laws to protect our young girls. Dr. Bell is still preaching to the multitudes on the streets of Chicago with wonderful results.—Ed.]

I DESIRE TO speak to you briefly of the way the Lord has led our little company of witnesses for Him. I wish to tell you in a few words and simple, some of the things that we have seen. Then I wish to answer a question as to things that remain to be done and to offer a suggestion or two as to where possibly you might best wade in.

In a prayer meeting in August, 1904, I said to a young missionary, who has now gone to China, "Will you come tomorrow evening for prayer with such others as will come?" to go out into the hideous night with the cross of our Lord and confront the awful wickedness at that time in Chicago. She took a moment to lift her heart to God and then said she would. I knew she would come, and that is why I turned to her.

The next evening, perhaps ten came to a little place of prayer in connection with a Rescue Home on South Clark street, and we continued in prayer for an hour or so; we went out, and more joined us, so that there were about fifteen of us to preach the gospel, in what I afterward called the vestibule of hell.

We were not organized. We were not financed, we were simply driven by the Spirit into that wilderness. There were at that time in Chicago near the Dearborn station some 700 painted girls, and into that lake of fire our little company went simply to sing and testify to the Gospel of our Lord on the street. We did not know at first what it would mean. It might have meant that some of us would

be murdered, we did not know, but our hearts were breaking and so we began. We sang hymns and preached the word of the Lord. We felt that the abstract Gospel was to be completed by the matter-of-fact gospel. We began to feel that Christ is King as well as Saviour, that he not only shed His blood on the cross for us, but that he arose and is Lord of all, and we said, if Christ is king, these things are incompatible with his kingdom.

### "If You Keep Coming We'll Go Out of Business"

One keeper of these dens said, "Don't come in front of my place so often or I'll not be able to pay my rent." Another said, "We will have to go out of business if you keep coming." Yet the hand of the Lord was with us in the night, and one evening I rode down town and found not only ten or twenty to help us that night, but there were fifty or more there to help. We flung out the banner and carried the cross.

We had been led to pray to God all that day, but that night the order came from the Chief of Police to stop our meetings. Then I had to get into governmental things, for the work of the Lord had been stopped by some of these men. And so I said we would go and see the Chief and find out for ourselves. I called up Miss Lucy Page Gaston, Arthur Burrage Farwell, Deaconess Lucy A. Hall, Eva Marshall Shonts, and a few other prominent workers, and the Chief was quite astonished to see such a company of people. "Now," I said, "Chief,

we are very much surprised to be stopped in this good work. I know we must obey you, but Chief, that is all criminal and unlawful," and we requested him to cleanse that street of resorts. The Chief said "I will, if you will not try to make me." A little later he told me that those awful men who kept these wicked places had offered him \$50,000 to let them go on with that work, but that he had replied to them, "If you had Marshall Field's money you cannot stay there after the first of May, if I am chief of police, so help me God."

So we had been led into a three-fold message for God. Many sinful men and boys knelt on the streets in the night. Some poor lost girls were saved, as we know, and are doing well.

Physicians and different groups of medical societies worked with us, and we thought that the Bible is the only book—that Christ is here to save man and all human institutions, and we prayed, "Thy kingdom come, thy will be done in earth as it is in heaven." We were preaching every night and distributing literature in sixty-eight different languages, and teaching men of the fearful consequence of evil doing and demanding that the city should repent and the State should repent and the Nation should repent.

#### Fined Only Two Hundred Dollars!

One morning about 1:30 several men and I, after touring the human stock yards at 22nd street, found in one of those human slaughter houses a sixteen-year-old girl just brought in from her mother's home to be an inmate of one of those human stock yards, and the reptile who brought her from her mother's home was with her. We told the officer to do his duty and we would stand by him before the judge. We went to court in the morning and this reptile was there who did this awful thing and who was found later to be doing it right along. The most that the judge could do under the laws of Illinois was to fine him \$200.00 for disorderly conduct. But if a man steals anything—a horse, a donkey, or any kind of animal, he should be punished and put in the penitentiary from three to twenty years, but the laws for protecting our daughters were as shameful as I have said.

I went down to Winona Lake and told them of the awful work that was going on. A little missionary woman that was with me sat in the Tabernacle and prayed all the while I spoke.

They printed all I said. They had court reporters and took it all down. They sent me fifteen copies of it. Our President said, "Now we must go over to Edwin W. Sims, and show him this and ask that a law shall be made to protect the American girls.

#### "Kept Demanding That the Wickedness Cease"

We had an interview with Mr. Sims, who was United States District Attorney, and we said thus and so, and gave him our arguments, good ones, too, and Mr. Sims made his argument, but we convinced him that such a law could be made and passed and forced.

A delegation went to Washington and I placed in President Taft's hands one of our books, and said, "Please, Mr. President, get this through the Senate," and he said, "Why yes, for American girls and all girls." Soon that tremendous law was enacted and has been enforced upon thousands and thousands. We kept demanding that this wickedness cease. Of course we must labor with it in the gospel sense.

About that time we were called upon to write books. We didn't plan it, but it was planned, and so a thousand or two missionaries were sent through the country and through Canada giving the message in volumes of five hundred pages. I wrote them partly on my knees. They went as far as Berlin and to China, Japan, Africa, and all over.

God's time came. Other societies were organized. Rich men and women took the matter in hand and required that these things should end, and they were ended in 1912-13-14.

#### Hammered So Hard Broke the Anvil

One of those wicked men said, "You have worked yourselves out of a job." We kept hammering so hard that we broke our anvil. But we were glad. We found that there were loads of wickedness still left. We went down town and attacked the wicked theatres that were there. Something was done in that direction, though not very much is being done about it, I am sorry to say. During that theatrical strike in New York the actresses said, "We are not striking for higher wages, but we are striking to live a virtuous life."

We kept praying and by and by we brought the gospel into the loop district of our city. Our cross is at times set up in front of the Federal building. We had it there in red, white

and blue on the evening of the Fourth of July.

We go on preaching the everlasting Gospel when the weather will permit it. And we are telling the people that the Americans can have any revolution they want, provided it doesn't go against the eternal religion of Jesus Christ.

Last night a little group, working with us, was praying with men on the street. You must fish where the fish are. There is a great Amazon of humanity flowing down State street, and if you know how to lift them up out of their sins into the heavenly life, that is the thing. If you follow Christ and be fishers of men, you can catch fish.

### A BOOK THAT CHANGES LIVES

#### Have You Read It?

"Six months ago I was practically down and out as a traveling man, as I was drinking heavily and was also guilty of other sins. I had made arrangements to go out for a night of revel. I accidentally (?) placed my hat over the Gideon Bible on my table and in lifting it to put it on to go out, in some way it caught the cover of the Bible and it opened to the 20th chapter of Exodus, and so from mere curiosity I began reading at the Fifth Commandment, "Honor thy father and thy mother, etc." I read on for quite a time. It brought back to me the prayers that my father and mother taught me, and my Christian home. Then and there I gave up my contemplated revel and gave my heart to Christ. I am living a Christian life today. I believe that God's hand opened the Bible for me at the right spot."

#### Would-Be Suicide Turned From Evil Purpose

A man went into a hotel in San Francisco to commit suicide, and laid a vial of poison on the table while making preparations for the final act. He had put the vial on a Gideon Bible. As he opened it his eyes fell upon the reference: "If discouraged or in trouble, read Psalm 126 and John 14." He read, threw the bottle of poison out of the window, knelt, and gave his heart to God. He is today an active church member and a good citizen.

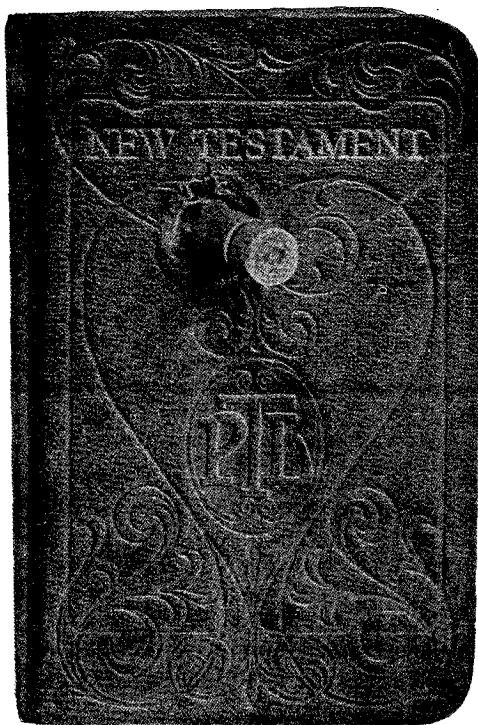
#### The Drinker and the Bible

A young man under the influence of liquor and very profane, came to a hotel recently, and finding a Gideon Bible in his room sat up

all night reading it. The morning found him a changed man, and he wrote to his mother that his former manner of living was a thing of the past as a result of his experience, and he was determined hereafter to live for God.

#### "Martha Home for Girls"

Dr. Dunbar Ogden, of Atlanta, tells the following: "During the campaign against vice in Atlanta one of the prominent landladies of the underworld was very defiant, but finally left for Birmingham. While in her



A Soldier's Testament that saved his life by stopping the bullet

hotel room she opened the Gideon Bible and read 'Martha served,' continued reading, was converted, returned to Atlanta and gave all her savings, \$2,000, to start a 'Martha Home' for girls, of which she is now the matron."

No physician like the Lord. No tonic like his promise, no wine like his love.

Jesus groaned that we might sing, and was covered with a bloody sweat that we might be anointed with the oil of gladness.

## Meat as an Article of Food

D. H. Kress M. D.

THESE exists a universal agreement among men of science everywhere that in civilized countries, and especially in cities, too much meat is consumed. Some maintain, however, that it is not wise to abandon its use altogether; that used in moderation, it is beneficial, and, in fact, an absolute necessity in the maintenance of the highest degree of health and vitality. To substantiate their claims, they say, the strongest and most highly civilized, and most aggressive nations, are meat-eating nations.

Others are just as emphatic in the assertion that the attainment of the highest ideals physically, intellectually and morally, is made possible only through the entire discontinuance of meat as an article of food. They refer to the semi-civilized nations which have, during the past few years, forced themselves into prominence and recognition as world powers, which are either total abstainers or moderate users of meat. They also affirm that the backbone of the meat-eating nations is found in the lowly peasants who seldom, if ever, eat meat, but who subsist on the simple products of the soil.

The affirmations made for and against the use of meat, are based merely on observation. It cannot be affirmed that a nation is great merely because meat forms a staple article of food, any more than it can be affirmed that a nation is great because of the morphine, cocaine, alcohol, nicotine, and other poisonous drugs which it consumes. It must be acknowledged that our greatest nations are also the greatest consumers of these poisons.

Appearances can not be relied upon in determining the health and vitality of a nation, any more than they can be relied upon to determine the health and vitality of an individual. The beer drinker, with his florid face, may appear the picture of health, but in reality we know he is not well. No one can habitually drink beer and be well. He may possess an abundance of tissue; but it is of inferior quality. He is lacking in vital resistance. Insurance companies have been forced, within the past few years, to pronounce the moderate user of alcohol in any form as a poor risk. A nation made up of beer drinkers may have the appearance of

strength, and, like Babylon of old, may say, "I sit a queen and shall see no sorrow," at the very time when her foundation is rotting and crumbling, and the handwriting on the wall unmistakably declares her doom.

The time was when alcohol was considered absolutely essential to attain and maintain the highest degree of health. During the past few years, however, the problem has been scientifically studied and placed upon a sound scientific basis. Instead of alcohol being now regarded as a nutrient and tonic, science recognizes it as a dangerous irritant and narcotic poison. While one under the influence of a small quantity of alcohol feels more fit, we know he is not so in fact. He may *feel* able to do more rapid and better work, but actual tests do not sustain him in his belief. Every test so far has demonstrated that alcohol depreciates working power, speed and accuracy. The medical profession is losing confidence in alcohol as a drug. It is seldom prescribed now by men of science. It has taken years for the superstition pertaining to alcohol to wear away. Accurate scientific experimentation has unmasked alcohol and it now stands before us as a deceiver.

The meat question must be determined in the same manner. Men of science know that the flesh of animals is not as nutritious as is generally supposed by the common people and that it does not compare favorably in nutritive value with some of the simpler and cheaper food products.

Wheat, rice, oats, corn, barley, beans, peas or lentils, at 5 to 15 cents per pound, are equal in nutritive value to three pounds of the best porterhouse steak at a probable cost of anywhere from 35 to 60 cents per pound. That it is possible to live, and live well, without the use of animal flesh, has for ages been demonstrated in actual life by whole races, and many in flesh-eating communities do without it altogether, and claim to enjoy better health as a result.

The meat habit is about as difficult to give up as is the use of beer or wine. The beer-drinker does not crave beer. He craves the excitation produced by the alcohol. Meat has concealed within its fibres poisons which, when absorbed, irritate and fever the tissues.

It is not meat the meat eater craves, he craves the stimulation produced by these poisonous wastes. The meat-eater experiences a feeling of strength due to the absorption of these poisons long before the meat has been digested. For this reason the meat habit, when formed, is about as difficult to give up as is the alcohol habit.

#### Is Meat a Suitable Food?

Most foods in the vegetable kingdom contain the tissue-building, heat-and-energy-producing elements and the salts in approximately the right proportion to meet the demand of the body. This is not true of meats. Meat is made up almost exclusively of tissue-building material. There always exists danger of getting an excess of this element if meat is used as an article of food to any appreciable extent.

Meat is not a safe food. Starch, sugar and fat, when burned within the body, form carbonic acid and water. Both are easily eliminated and are not injurious to the tissues. Meat, when burned, in addition to the carbonic acid and water which are formed, leaves behind a residuum. The tendency is for this irritant, popularly known as uric acid, to accumulate within the body, and, in time, for structural degenerative changes to take place in the blood vessels, the heart and the various glands of the body, indicative of old age.

Meat is an impure food. The air in ill-ventilated rooms inhabited by men and women is not the most suitable air to breathe. It will do in the absence of pure air, but should not be chosen in preference to it.

The protein in meat is an important food element, just as oxygen is an important element in the air, but it has associated with it body wastes. We cannot afford either to re-inhale eliminated wastes or to subsist upon food which is saturated with them.

Even the purest food forms poisons within the body. The organs of elimination are constantly engaged in the work of eliminating them. By subsisting upon meats, the body is forced to take care of or eliminate the wastes taken in with the food, in addition to the wastes normally formed. The man who is able to keep his body freest from these poisons will, other things being equal, be the best man physically, intellectually and morally.

#### Auto-Intoxication or Chronic Poisoning

Meat readily undergoes putrefaction in the intestines, and produces poisons which are re-

sponsible for many of our modern diseases. There were in the United States last year about 13,000 cases of acute ptomaine poisoning; fully three thousand of these died within twenty-four hours after the ingestion of the poison. But while one dies of acute ptomaine poisoning, a thousand die of chronic ptomaine poisoning, or what is termed auto-intoxication. All meat-eaters suffer more or less from ptomaine poisoning. The headaches, nervousness, insomnia and other disagreeable symptoms of the meat-eater are seldom attributed to the true cause. The many sudden deaths from heart failure, apoplexy and other degenerative diseases, are frequently due to the free use of meat.

Meat is apt to be diseased. It is safe to say one-half of the meat that is sold in our markets is derived from diseased animals. This affords a partial explanation for the rapid increase in cancer, and no doubt other perplexing diseases, during the past century. The seeds of disease may be directly planted in the human body by feeding upon the flesh of diseased animals, while at the same time the soil is being prepared for its growth, by the introduction of waste material found in meats.

Meat tends to dull the intellect and morals. The disposition of animals may be changed at will by merely changing the nature of their food. Animals when fed on grains, it has been found, remain gentle, and when given meat to eat, they become ferocious, quarrelsome and destructive. The wastes naturally contained in meat and the poisons developed within the body through the putrefactive changes which it undergoes, fever the blood and inflame the passions, making it more difficult to lead a pure life. In fact, no man can be at his best, either physically, intellectually, or morally, if he subsists largely on meat.

Manna and water were given to the children or Israel in order to make of them a healthy and clean people physically and morally. Pulse and water was the food desired by the Hebrew captives in Babylon, in order that they might have health of body and soundness of mind to serve their maker.

#### Meat an Unnatural Food

God placed man in the beginning in a garden and surrounded him with trees pleasant to the sight and good for food, and said to

him, "Of every tree thou mayest freely eat." He called his attention to the grains, nuts and fruits, and said, "To you it shall be for meat." Gen. 2 and 3. The horse, the elephant, the rhinoceros and the chimpanzee, etc., need give very little thought or study to the food problem which is so perplexing to man. They adhere to the original bill of fare and from it they obtain all the elements needed to build strong bones and muscles, and for the production of energy, strength and endurance. Should man subsist on these foods he too would find less need of worrying as to whether he should get an excess of one element and a deficiency of another. It is only when we live on unnatural foods that the difficulty of obtaining a well-balanced dietary arises.

In the absence or scarcity of better foods, man is justified to subsist on meat, but it is not to his own interests to do so, so long as more suitable foods can be obtained.

The fruits, grains, nuts and products of the vegetable kingdom appeal to all of man's senses. They are tempting to the eye; they appeal to the sense of smell, and to the taste, without the addition of mustard, pepper or

other condiments, because they are natural foods. With meat, in its natural and undisguised state, it is different. The sacrifice of life, the shedding of blood, appeal to none of the organs of special sense, and yet this is the food that we so much crave and are so loath to give up. To gather pears, peaches or nuts for the table is a delight and pleasure enjoyed by all. But to prepare a chicken or a lamb for dinner is repulsive.

In leading a people out of Egypt to the land of promise, God withheld from them the meats to which they had been accustomed and instead gave them manna to eat. He had promised to make of them a holy people on condition of obedience to his demands. This they promised, but *refused* to do. Therefore most of them perished in the wilderness. A meat diet being exciting and stimulating to the animal nature makes it more difficult to lead a Christ-like life. It was chiefly because of this that God attempted to wean them from the use of flesh as a food. The history of Israel is of special importance to those who are being led out of the world in these days to the land of promise.

## Charity Begins at Home

THERE is a popular adage "Charity begins at home," which may be said to have been adopted as the slogan of the Third Red Cross Roll Call. For the last four years the purse strings of America have been wrenched by the thousands of starving, suffering, dying peoples of the old world. The debt overseas is nearly paid. And with the appreciation of what has been achieved for the allies comes the realization of the broad field for like endeavor in America. This year her Roll Call is announced to ascertain whether the people who sponsored a foreign health program conducted by the organization they chose to entrust with their highest principles during the war, believe that that organization, through its experience and the genius of its origin, is qualified to raise public health standards in the United States.

The American Red Cross wishes to incorporate 20,000,000 "dollar" members and to collect \$15,000,000 to provide for the expenses of administering a public health program in America, and to complete relief work at home and overseas, while a part will be reserved

for use in case of famine, disaster, pestilence or such calamities.

The community nurse is the most effective way of solving the health problem, especially of rural communities. Her duties are to investigate and endeavor to secure the correction of insanitary conditions, to care for the sick and thus prevent cases from becoming serious, to organize classes in health subjects, such as dietetics, home-care of the sick, hygiene, first aid.

Through literature, lecture, motion pictures, poster and every known form of publicity, the Red Cross will endeavor to acquaint people with the present health conditions of the country. To arouse in them a realization of the grim figures which tell that every year 200,000 persons die of tuberculosis, which is a preventable disease; that one of every five children die before they reach the age of five years; that children lose a million school days every year from measles, and an average of nine labor days are lost by the workmen of America every year.

The Red Cross peace program includes an



intensive campaign against preventable diseases. The success which the American Red Cross has achieved overseas is almost a guarantee that through the efforts of the society under the more favorable conditions of peace, infinitely better conditions may be brought about within the United States. In Serbia alone, the American Red Cross Medical Units fought disease when, in communities of about 4,000 persons, the number of typhus cases

and to children in school, while classes will be conducted in the large factories and industrial centers.

Every medium through which America may be made a healthier place in which to live will be utilized by the Red Cross if the people give the organization their support in the Third Roll Call, which will be held November second to eleventh.

### TRIAL AND ITS BLESSING

A blacksmith, about eight years after he had given his heart to God was approached by an intelligent unbeliever with the question: "Why is it you have so much trouble? I have been watching you. Since you joined the church and began to 'walk square' and seem to love everybody, you have twice as many trials and accidents as you had before. I thought that when a man gave himself to God his troubles were over. Isn't that what the parson tells us?"

With a thoughtful but glowing face, the blacksmith replied:

"Do you see this piece of steel? It is for the springs of a carriage. But it needs to be 'tempered.' In order to do this I heat it red-hot and then cool it with water. If I find it will take a 'temper,' I heat it again; then I hammer it, and bend it, and shape it, so it will be suitable for the carriage. Often I find the steel too brittle, and it cannot be used. If so, I throw it on the scrap heap. Those scraps are worth less than one cent a pound; but this carriage spring is valuable."

He paused and his listener nodded. The blacksmith continued:

"God saves us for something more than to have a good time. That's the way I see it. We have the good time all right, for the smile of God means heaven. But He wants us for service, just as I want this piece of steel. And He puts the 'temper' of Christ in us by testings and trials."

"Ever since I saw this I have been saying to Him, 'Test me in any way you choose, Lord, only don't throw me on the scrap heap.'"

"But He knoweth the way that I take; when He hath tried me, I shall come forth as gold." Job 23:10.

When it is as natural for us to long for God as for an animal to thirst, it is well with our souls, however our feelings.



The Red Cross Community Nurse caring for the sick poor

numbered from ten to thirty, and in one year in the population of 5,000,000, 150,000 persons died of the disease. The organization has waged an intensive fight there with the result that on the first of September there were but sixty-five cases of typhus in the whole country. And the Red Cross was the only agency fighting the malignant malady.

The prevention of fatalities, because of neglect after accidents, will be another activity on the Red Cross all-American program. Over twenty per cent of the accidents which occur happen in the home, and in the year 1916, 4,000 persons were crippled by falling down stairs and more than a hundred died. First aid will, therefore, be offered to housewives,

## A SPECIAL PROVIDENCE

P. J. LAIRD

Several years ago I was called to conduct the funeral service of an aged sister who had passed away.

While arrangements were being made for the service, I was seated down in a room engaged in reflection, when a middle-aged gentleman came and sat by my side. We engaged in conversation and I was somewhat surprised when he said to me, "Do you know, I ought to have taken my stand for God fourteen years ago when this sister took her definite stand for the Truth. But instead I became interested in lodges and other forms of social life, and naturally tried to rise in their ranks. But today I realize that instead of rising, I have been falling, and today I am far from where I used to be in my Christian experience. I would be glad for your prayers."

The conversation ended and the funeral services proceeded, but I have always remembered that day on account of the bleak wind that blew over the hilly cemetery. Later from time to time I met this friend, and he was always planning to take his stand but somehow never did.

Later I became very much interested in a family who seemingly against great odds were endeavoring to conduct a school for illiterate white children in a district several miles removed from where this man was then living. Just as they had succeeded in erecting a small simple school house and had a good attendance and classes arranged they were advised that the place they were renting had been sold and they must move away. But God was watching over his own. The neighbors rallied to their help with the result that the school house was moved to a new location some miles distant, and its mission of love and mercy was again set in motion. However, the new place was leased for a term of three years only, and a few months before the expiration of the same, they were advised this place had been sold, and they were at a loss to know what would be the future of their school house and its work. They wrote to me asking that definite prayer should be made in their behalf.

At the time when the letter arrived, I was acting as chaplain of a large institution. The family were divided into several prayer bands, and this matter was made a very special sub-

ject for intercession. Several weeks passed away, and becoming anxious as to what had happened to our friends, I wrote them and was gratified to receive their reply yesterday advising me that my friend, with whom I was brought in contact at the day of the funeral, had some time previously given his heart to God. He had sold his property in town and bought the farm on which the school house of our story was standing. He had also decided to erect a house for himself on the farm, so the work was to go forward as usual and the school mistress, with a triumphant song of faith, said, "We are to stay right here. No moving of our stuff or the school house."

Dear friends, God is not dead, and he is waiting and able to hear the prayers of his believing children. And though we cannot always see the leading of his divine providence, we can and ought to use our God-given privilege of trusting where we cannot see his hand immediately at work.

While I have forgotten the author of these lines which I have so often loved to sing and experience, the words have always been a source of comfort and encouragement to me:

"I believe God answers prayer,  
I am sure God answers prayer,  
I have proved God answers prayer,  
Glory to His name."

If God smites with one hand he sustains with the other.

God's mercy is always in the present tense and so should our praises be.

The miser like the hog is of no use until he is dead—then let him die. The righteous like the ox is of service during life—then let him live.

## THE JOY OF SERVICE

ROBERT HARE

Lord, teach my feet to walk in quiet ways,  
Where love can smile and faith may view the stars,  
Where human greatness cannot shadow bud or bloom;  
And hope can read the glory through its prison bars!

Lord, teach my soul to think of humble things,  
Of little kindnesses that fashion grace,  
Until, some day, beyond the littleness of might  
I may, with all the holy ones, behold Thy face!

Then human greatness will no more annoy,  
And ties of poverty will all be riven;  
The soul expanding in love's sweet and holier clime,  
Will find its joy in service with the God of heaven!

# Life's Great Objective

A. G. Daniells

[We give here a part of the stenographic report of talk given by Pastor Daniells before the students of Broadview Swedish Seminary recently.—Ed.]

IT is becoming more apparent every day that this old world is a wreck—it is going down—and there is only one hope for it and that is the salvation of Jesus Christ. And that hope is found in His book to men.

I have chosen this scripture in Eccl. 9:10 to express the thought that is on my mind today: "Whatsoever thy hand findeth to do, do it with thy might; for there is no work, nor device, nor knowledge, nor wisdom, in the grave, whither thou goest." We are all headed for the grave unless the Saviour comes and interrupts our march. There is nothing that can be done to help ourselves or to help our fellow men, it is all ended when we come to the grave. So while we live we ought to do with our might what there is to be done.

Dear young friends, it is that earnest life that I want to talk to you about today. That life of zeal, that life of sincerity, that life of purpose. That life that has a definite objective and bends every energy to reach it. That is what I want to talk to you about. Every young man and woman should have a definite purpose. You can begin now as young as you are and just as you are to form that purpose. It is a terrible thing to lose time—to waste your life. A year wasted is lost, because there is no directness of effort. It is a terrible thing. I would like to have you young people see this and enter upon this life right now, today, at the beginning of this school year. It is within your power to make this year the best year of your life. That is better than to get \$7.00 a day for eight hours work—better than to get \$100.00 a day for eight hours work.

## Hezekiah's Obituary

To illustrate what I mean about having a definite purpose and pursuing that purpose until it is reached, I am going to read in 2 Chron. 31:20, 21, a statement about Hezekiah. It is his obituary. "And thus did Hezekiah throughout all Judah, and wrought that which was good and right and truth before the Lord his God. And in every work that he began in the service of the house of God, and in the law, and in the commandments, to seek his God, he did it with all his heart, and *failed.*"

Isn't that a strange ending? Is it possible that a man should do all that and then fail? But no, he did not fail. I did not read it as it was written. "He did it with all his heart and *prospered.*" He came off with victory. What a terrible record it would be if the statement was the reverse. If the obituary said, "He wrought that which was bad, wrong, and wicked before the Lord his God," what a terrible record that would be. But no, Hezekiah did that which was good and right and truth before the Lord and prospered.

## What Was Hezekiah's Work?

One time after reading that, the thought came to me, "What did Hezekiah do anyway? What lines of activity did he follow?" I thought I would go back to the beginning of his work. I stumbled on to something right away early. Here is the beginning of his work. Let us read here, "Hezekiah began to reign when he was five and twenty years." Then he was a king at twenty-five years. "He reigned nine and twenty years in Jerusalem. And he did that which was right in the sight of the Lord. In the first year of his reign in the first month he opened the doors of the house of the Lord and repaired them and he brought in the priests and the Levites, and said unto them, "Hear me, ye Levites, sanctify now yourselves, and sanctify the house of the Lord God of your fathers, and carry forth the filthiness out of the holy place." 2 Chron. 29:1-5.

If you will go on and read the record which I have not time to read today, you will find that this house of the Lord had been closed a long time. That the service of God had fallen. The lamps had been put out. The offerings had ceased to come. The place was filled with filthiness. The place was in a terrible condition.

Hezekiah came to the throne, and before looking after the affairs of his kingdom, came the service of God, the religious life of the people. The moral standards of the nation were to be made right, and as king, it was his duty to see that the house of God was in a proper condition, to see that the services of the sanctuary were kept up, to see that

the moral tone of the nation was made what it ought to be. That was the king's duty. But his predecessor had neglected it, and Hezekiah could not do anything while the king remained.

#### Put the Lord's Work First

Now the king had died who had allowed this situation to exist and Hezekiah, who was to come to the throne, became king at only twenty-five years of age. He understood the affairs of the kingdom.

Now the record says that the first year after his reign he began to look after the moral condition of the people. But it does not stop there, it says, "In the first *month* of his reign." Nowadays when kings are put on the throne there are weeks of festivities before they begin to actually reign. But Hezekiah began the first month. That is not all. These men who had allowed the service to go out, he brought back and, pointing to the condition, said, "Now you consecrate yourselves." Look at the record, "Now they began on the *first day* of the *first month* to sanctify, and on the eighth day of the month they came to the porch of the Lord, so they sanctified the house of the Lord in eight days; and in the sixteenth day of the first month they made an end." Verse 17. What day in the reign of Hezekiah did he start that important work? The first day.

When I got there in my study I said, "No wonder that obituary reads as it does. No wonder it says that Hezekiah did all that the Lord said." I imagine that the day Hezekiah was crowned, when they got through saying he was king, that he sat down and said, "Now men, we have got to get busy at the most important thing in my kingdom today." He did not spend the day in banquets, but got at the most important thing. That is what Solomon means when he says, "Whatsoever thy hand findeth to do, do it with thy might."

If you follow the life of Hezekiah, you will not wait until Christmas time for a revival. You will not wait until the year is out to realize that there is earnest work to do. I wish I could impress every student this year with the importance of this work.

#### A Dull Farmer Boy

When I was a lad we did not have any educational denominational advantages at all. We did not have one school in the world, not one. I was way out in the country. My father

was dead. My mother married a farmer that did not love me, and why should he, I was not his boy? But I used to think that he didn't love anybody. He kept me at work on the farm so that I did not have more than two or three months of schooling. I was so stupid in school that every fall I would start right where I left off the spring before. I hear that students should do thorough work on the fundamentals. I had that.

When I was eleven years old there came a yearning in my heart to get knowledge, but there I was, a great tall man on the farm. At sixteen, providence opened the way for me to break out of the situation and enter school. I went to a select school. The public school I could not get into at all as all the other students were ahead of me and my heart failed me. I tried, but it seemed I could not get my lessons.

#### A New Inspiration

I went over to the place where I was taking care of a doctor's horse and cow for my board, and I went up into the hay mow and cried. It seemed as though I wanted to die. Then I fell asleep. As I awakened a new inspiration came to me, and I thought, I'm going to that school and do it if I die trying. I went over to that school and went at it and got those lessons. I never hesitated to do anything I set my hand to after that. I do not think that one of you can tell a tale of discouragement that I have not waded it knee deep. It takes patient determination to do it.

#### The Best Thing in the World

The greatest need today is young men and young women with determination in their breast, not a wagon load of graduates, but young men and women with a *purpose*. Graduates that are weak in determination are not much value to us. Lilly-fingered boys are not worth much to us. Band-box girls are not much use to us. We want those that are determined, and have set their faces to do or die in the attempt. If we drag our way through the school and are propped up by the faculty, we'll not be much use after we're through. I would rather get right down to a hard job, having a definite purpose and follow that purpose, than to have a fortune dumped into my lap. One of the best things in the world is to have a definite purpose. That is the greatest thing that can come to us because that holds us, that is a balance to us,

that directs us, that is an inspiration to us.

I thank God for a Christian mother that gave me a purpose in my life. After my father's death, my mother had to wash people's clothes to feed her children. People said, "You had better give those children away." She said, "Not while I have finger nails." My mother took me alone before God and gave me to the Lord, and then prayed for fifteen years that the Lord would make me a preacher. It molded my whole life. I've had that one great objective to give my life to the work of God. Because of that splendid impulse, I began preaching when I was twenty years old. God helped me. I know what can be done by the help of God.

I am sorry to see boys and girls, year after year, dragging along a third-rate life. If I had not studied till midnight I would not have gotten through with that task, but I was bound to get those lessons, live or die, and I lived. I would like to see our students serious. I want to see our schools go in for something serious. It is called for. We have come to a terrible time in the world. The devil has shaped things so that millions of people feel that the ground is sinking out from under them. I think this is the most auspicious hour we have ever faced in the history of our work. Right now is the most promising hour I have ever seen since I began preaching.

### LEAVING JAVA

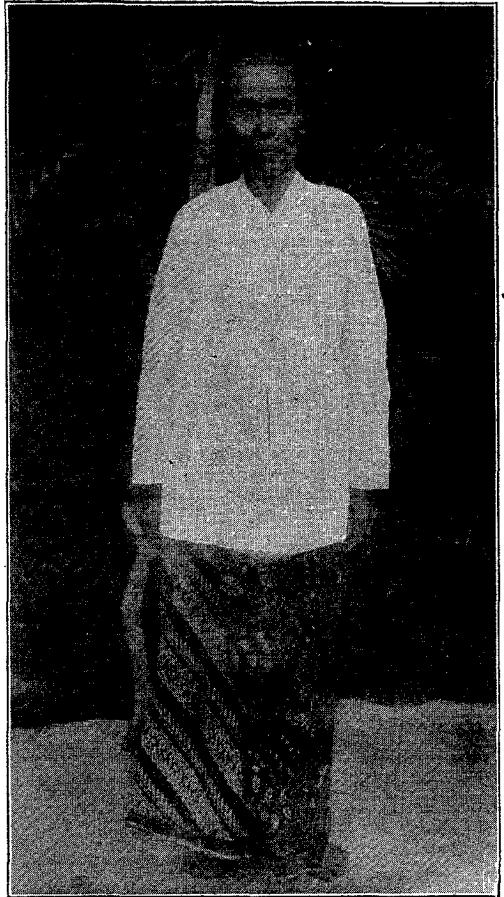
PETRA TUNHEIM

Owing to the intense heat in Java the last year, and much heavy work, my health was not good, so it was finally decided for me to leave the field. This of course I had to do with deep sadness in my heart, as there is no place in the world that I feel so much at home, as among the people of Java, with whom I have labored for so many years, and they have become very dear to my heart.

I had a very interesting visit with Brother and Sister Wood in Padang, Sumatra, my dear companion in the pioneer work in Java. I had not had the joy of being with them for years, and therefore it was all the more pleasant. For many years we were the only European workers in that field of thirty-five million people. It was rather strange that we all had to be called away at once, from our dear homes and people whom we love so

much. But we are only praying earnestly that the seed we have sown there with many tears at times, and the precious souls won as a result of it, will be a joy and rejoicing throughout the ceaseless ages, where we shall not suffer from the heat any more, nor say "I am sick."

A three weeks' stay in the high mountains



Ati, the Mohammedan woman, who sold a lot of our Christian literature in three days

of Sumatra in the cool air, was certainly invigorating. The hills there seemed like natural gardens everywhere, and one could not be satisfied in beholding the beauty. So often as I sat out in the open, listening to the melodious music of the various birds, hearing the waterbrooks dancing laughingly down over the rocks, and seeing hundreds of different evergreens arrayed in their most magnificent shades of colors, humbly nodding to

the passers by, then I often exclaimed: "Ah Lord, when thou hast made this earth so beautiful to the eye, what will the new one be in all its grandeur, to the longing pilgrim, after his wearied journey is over?"

One thing that impressed me in Sumatra, was the zealotness of the Mohammedan worship. Sometimes there would be two or three beautiful mosques in the one village. Their meetings are faithfully attended by all. At the time of sunset in the evening it was remarkable to see scores of them along the roads, nearing streams of water or ponds where they could bathe, then cover themselves with a snowy white cloth, ready to make their bows upon the little platforms, toward the sun as it was setting in the west. I thought surely if these people are so earnest in their false worship, how it should inspire us to be more zealous in calling upon the living God in these solemn times.

Leaving Sumatra for Shanghai, China, I stopped in Batavia for a week. This gave me time to go up to Soekaboemi to visit the dear company of believers there, accompanied by Ati, the faithful Japanese sister who sold a lot of literature in a couple of days. They were to have quarterly meeting and baptism that Sabbath. Two precious souls were ready and willing to follow their Master in humble obedience, but the one happened to be sick so had to wait until later. These had been instructed by the faithful members. One cannot read, but it was wonderful how intelligent she was on all the doctrine. Brother Ten Teck Liem and his sister Tan Kwie Nio have brought several into the message through their earnest labor. How hard it was to say good-bye to these very dear souls.

In Singapore I had to part with six of my dear children in the faith, of whom three are in the work. One of these is a young Japanese man, Minan, who has been in school two years now. He has made wonderful progress, and they can use him in the afternoons when not in school to translate English into Malay for the Malay paper. He is such a humble boy. It was so touching to see him with tears in his eyes repeating so many times, "I fear I will never see you again." Samuel and Marie Rantoeng have worked faithfully for years in the school, teaching in the Malay department. Dear souls, how hard to leave them!

Arriving at Shanghai, among the first ones

I met here was Miss Dowell. She told me that I had visited her home in Bathurst, N. S. W., Australia, fifteen years ago. Although she did not accept the truth at the time, yet the Bible readings given, and the literature left with them, had impressed their minds, so that she and her sister began to obey a few years later. "Cast thy bread upon the waters: for thou shalt find it after many days."

Another sister came to me next and said, I am Ida Grimstad (now Mrs. Girding) from near your own home, who used to be your pupil in church school when I was about seven years old." Yes that little humble school that was held in Ida's home at first, is as vivid in my mind now as if I saw it today. I can see the long home-made table, and some rough benches the children sat on. Louis, Ida's brother, wrote me a few years ago, and said: "Do you remember what a bad boy I was, and made you lots of trouble? I especially remember when you used to keep me after school and pray with me. That is what changed my heart and helped me to make a man out of me." He then went on telling how that nearly all of the children from that little school were in gospel work now. Surely church schools pay.

I am now staying at this beautiful sanitarium in Shanghai, where the doctors and nurses are all very kind. They are all doing their utmost to help and relieve ones suffering as soon as possible. My health has improved much during these three weeks I have been here, and I feel nearly as strong again as ever. I give a Bible study every evening, which some of the nurses, a lady doctor and a patient attend. They are deeply interested. "In the morning sow thy seed, and in the evening withhold not thine hand; for thou knowest now whether shall prosper, either this or that, or whether they both shall be alike good." Eccl. 11:6.

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The farther the church is above the world the fairer she is.

To search out the cause of our sorrow is often the best surgery for grief.

When it is very dark with us, let brave spirits say, "Come let us sing the forty-sixth Psalm."

The race of fools never dies out. No need of missionaries to teach men to be earth worms, they crawl naturally to the dust.

# Growth and Progress

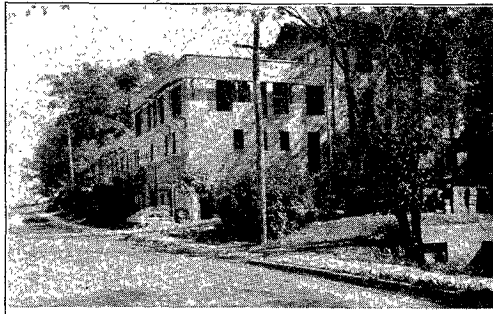
Caroline Louise Clough

WHEN we came to Hinsdale fifteen and a half years ago with the Doctors Paulson, we had a vision of a moderate-sized, modest institution where the sick could be cared for in this beautiful natural retreat. By a special providence of God the work developed rapidly until finally it seemed that the last stroke had been made to make the building complete.

Last fall the "flu" epidemic came and went, and in its wake were found strewn along the trail wrecks of former normal physical bodies. They began to knock on our doors in increasingly larger numbers until finally we were compelled to turn them away by the dozens every day. To refuse the appeals of the sick was heart-rending, so our Board voted to enlarge the work once more.

Mid-summer was reached and passed before all the plans were finally perfected and the contracts let, but now the work is progressing on all sides.

We have taken some pictures to give our readers a glimpse of the growth of the work and are also giving on another page a reproduction of the architect's drawing showing the sanitarium when completed.

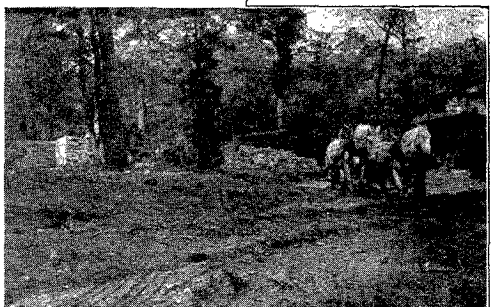
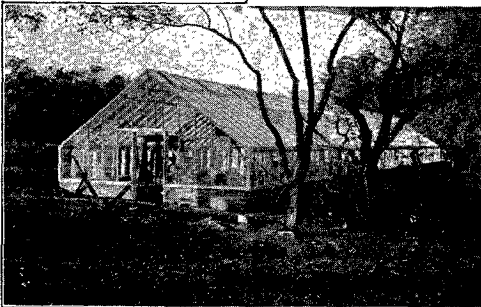


Our family of workers has already begun to increase in size, there being now 175.

We remember the Psalmist promised the Lord that he would do a certain thing "when thou shalt enlarge my heart," and so we feel that in the enlargement of this work we must also ask the Lord to "enlarge our heart." In other words, a larger, deeper, more advanced Christian experience is needed that this work may be saved for the Lord, and for carrying out the great principles of health, healing and salvation for which it was founded.

The increased size of the Hinsdale Sanitarium family of young people calls for more true fathers and mothers. It places a greater responsibility upon those who are leading out in the work. More earnest prayer, more personal study of the Word, more crying after God, more dependence upon God for wisdom and guidance, are needed, that this work may

send out a still brighter light into the darkness of sin and ignorance which covers the earth, and that Chicago especially may be doubly blessed by the ministry of our self-sacrificing workers.



## VIEWS OF BUILDING OPERATIONS FOR THE NEW HINSDALE SANITARIUM

Above: The north wing under construction which will provide new, up-to-date bath rooms and medical offices. Also two splendid nurses' class rooms.

Left: The large Sanitarium greenhouse under construction. During the winter months the patients can spend some time here caring for the flowers and plants, and thus diverting their minds from their own ailments.

Right: Excavating just south of the Sanitarium where the new fifty-room addition will be erected. In this will be provided the chapel which will seat some 350 persons.

## WHAT FOUR YOUNG WOMEN DID

MISS MABEL ROBINSON  
Nashville, Tenn.

[Miss Robinson with other workers felt a burden to establish a health and gospel center in Nashville, Tenn. After several attempts the work finally grew into a vegetarian cafe. Some of these workers visited Hinsdale recently and while here they told our young people of their struggles in getting a work started. We quote here from Miss Robinson's talk, believing it will inspire other young people to *risk* something to get God's truth planted in the earth.—Ed.]

When we opened our cafe we had only seven people, but the patronage soon increased until we had about fifty. Our dining room was real small, only about five tables, so the people had to come out in the serving room and the kitchen to eat, but they were so anxious to get our kind of food that we had to let them in.

We needed a larger place and also a more suitable location, so we talked it over with Dr. Sutherland and others and we decided to get a place nearer the center of town. We found a good location for a cafeteria with a nice front window to display our foods. There were four of us girls who started the work in this place, but none of us had any money.

We borrowed \$500.00 from a dear sister who was interested. She said we didn't need to pay it back until we had earned enough to do so. So we took the \$500.00 and bought what we had to have—ten tables, and chairs, enough so we could seat a good dining room—a new steam table, a new stove, and we also had to put in a partition between the kitchen and dining room.

The first meal, we had only fifteen patrons, as our old customers didn't know where we had settled, but by the end of the week we had eighty people, and the number has been increasing all the time until we have had from 125 to 150 for dinner every day.

Last summer we didn't feel that we could carry on three meals a day so we decided to drop the breakfast and supper and just serve dinner.

When we first started the work we had no money to rent a room, and so slept behind the counter for about three weeks. We finally rented a little cottage out from the center of town where we made our home.

### Established Treatment Rooms Also

The people speak very highly of the food we serve and there are many opportunities to tell them about the truth.

About a year ago this summer there was a nurse from Madison, Tenn., who undertook to start treatment rooms in the city, but she had a hard time. She finally got two other nurses to go with her and they opened treatment rooms right near the cafeteria. They are doing very well.

I forgot to tell you that we have already raised our \$500.00 but Sister Godsen said she never wanted the money back but we should give it to some one else to start another cafeteria with. And so that is what we did.

The first few months we didn't take any wages for ourselves, only our meals, so we had no money for our own at all. We never had very much, but have always had plenty to eat and plenty to wear. We all work together and then divide equally. If we see we are not going to have enough to take out some money, we don't take it. We always try to keep the cafeteria going first. The people in the treatment rooms do the same way.

## MEDICAL MISSIONARIES NEEDED

The October number of the *Missionary Review of the World* is a special Medical Missions number which would be of interest to all missionary physicians and nurses. Dr. T. Dwight Sloane of Nanking, China, writes: "There is today an imperative call to women of unselfish Christian spirit and thorough training who are willing to go as missionary nurses—to put their shoulders under the heavy end of the load and to help bear it for Jesus Christ." Dr. Sloane tells us that of the 70,000 nurses in training schools in this country last year, not more than fifty went out under missionary societies to serve their suffering sisters in foreign lands. The proportion of foreign medical missionaries to other foreign missionaries ranges all the way from one in thirteen to one in 121. The editor of this magazine gives the following good reasons why the medical missionary should go out to foreign lands and practice the double gospel of healing and salvation: "There is a great dearth of trained physicians and nurses in non-Christian lands, millions of people being beyond medical and surgical aid. There is untold suffering in non-Christian lands due to superstition and ignorance of the elementary principles of surgery, hygiene and sanitation. The doors of many closed lands have been opened through medical missions.



Many homes closed to other Christians have been opened to Christian physicians. Multitudes have been converted to Christ and their lives have been transformed through the medical missionary."

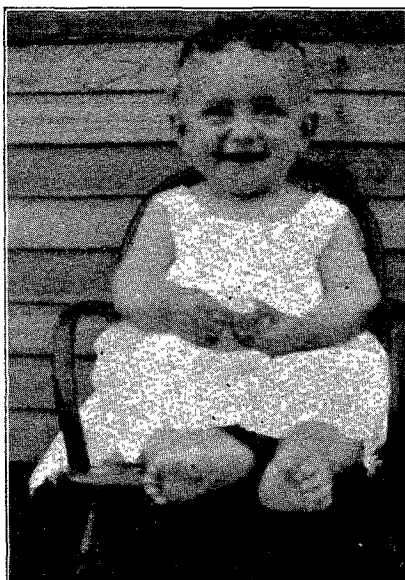
And the Editor adds, "A higher spiritual character is needed in many medical missionary candidates, but not lower technique. Such workers are needed today more than ever before."

## The Rescue Home a Guide to Erring Feet

Maud Wilson Cobb

OUR home has had a year of wonderful experiences. Homeless babies have brightened many childless homes. Broken homes have been built up again. Fathers and

we lost any babies by death, except three premature babies that died when born. We have had no infectious or contagious diseases. During the "flu" last winter, we did not have



"How could anyone help but love this smiling face." Two views of one of our babies placed in a foster home.

mothers who have about forsaken their unfortunate daughters have been able to fold them to their hearts again, after we have labored with them and told them how Jesus forgave Mary Magdalene and how she loved him for his pity, and followed him to his grave and was the first to welcome him at his resurrection.

### Counting Our Blessings

This year we have sheltered for a period of six weeks to seven months each, fifty girls. Twenty-six babies have been born in our home. Six girls are with us now. We have kept up the record of the past ten years in that no mother has died in the home, nor have

one case develop in the home. Fifteen of our girls have married. All are doing well.

I spent a day and night with one of our girls who was married last September. She has a lovely home and is very happy, and thanks God every day for His care and encouragement while in our home. She is sure she never would have had the home she has now if she had not learned to be a Christian. We have no fear of her future as long as she keeps up the standard of right living we found in her home.

### "The Girl Came Home a Christian"

Today, we had the eighty-nine-year-old grandfather of one of our very young girls

whose baby was born last May, call on us and have dinner. He said: "My little granddaughter is well, and we all love her baby boy. We have waited for the father to do his duty, but he has forsaken the girl and she loves him and will not part with the baby. We will adopt him so he can have our name. We want to thank your home. You helped to carry us through a sorrow we never expected to bear. It is the first condition of this kind that ever came to our family and it was hard to bear, but your Christian help meant so much to us that I came personally to tell you. The girl came home a Christian and she is more to us than ever, though she hides

many a tear that dims her eyes when she thinks of her unfortunate condition."

The world must not lose its pity for the unfortunate girl. It is pity that will save her soul. Even when the wayward girl seems hard and cold hearted, just whisper the word, "mother" or "father," and a mist will cover the eye.

#### "Let's Go Home"

While walking in the city one day I saw a girl who shrank from me. When I recog-



Officer Higgins, the large, good-natured policeman, stationed at Union Depot, who has saved many a girl traveler from getting into the hands of evil people, has advised many a wayward girl to return to her home and mother, and has even kept in touch with such after sending them to their homes.

Officer Higgins is deeply interested in our Rescue work, and is always ready to help us with any little favors that he can do. He appreciates letters of thanks like this one:

"We wish to thank you for sending our boy back home. We were aware of young girls being looked after, but this came as a surprise and we surely appreciate it."

nized her as a schoolmate from a village far away I called her name and she quickly turned her head. "Don't turn away, dear, I am still your friend. I am going home soon. Is there a message you would like for me to take?" She dropped her head and said: "Tell father and mother I love them just the same, but I cannot come home. Ask mother to pray for me as she used to. Even now, as I go to



This baby has been placed in the home of its uncle.

sleep I repeat my baby prayer, 'Now I lay me down to sleep, I pray the Lord my soul to keep. If I should die before I wake, I pray the Lord my soul to take.'" The tears were falling fast by now, and as I put my arms around her, I said, "Jesus has heard your prayer. He has sent me to bring you home. Let's go, dear. The train is about due. Leave all behind, and begin a new life." Into the depot we went. Her gaudy outside clothes were changed for plain ones. The train bore us toward home.

Today she sleeps in Jesus. Her dying prayer was, "Now I lay me down to sleep."

The mother and father are old and gray, but they say, "I know she will meet us in that day, because she was rescued in time to save her soul."

Friends, you may have a school friend or an old friend's son or daughter to help guide home. It means more than all the wealth in the world to hear a forsaken, sin-sick girl or boy say, "Tell mother and father I am coming home," and every girl we have had this year has gone home or staid with us. Seven of our girls have procured work, and some are making our home their home, for it is the only Christian home they know, and they do not want to go into the world alone. These girls have been with us several months and are now working to pay their expenses. When they came they were helpless—without clothes or money. Now their health is good and they have courage and faith to live. Did it pay to keep our home open another year?

#### LETTERS FROM HOME GIRLS

The first letter is from the mother of Jimmie, the little fellow whose picture appeared in the October LIFE BOAT. This sixteen-year-old mother has now started out to face the world and support herself.

In her first letter she writes:

"Your letter just received and I cried when I read it for I was so glad that you had not forgotten me.

"If you only knew how I miss my darling baby. I never knew what it was to love a baby until I had one of my own, and I think how I was going to hate him before he was born. But the Lord gave me the mother's love so that I may be good and do what is right, so that I can have my baby again, if not on this earth, in heaven. And all I have to do is be good and do what the Lord wants me to do. I cry every time I look at Jimmie's picture. I pray for him and myself every step I take. You know, Mother Cobb, I go out but little, but am always down hearted, for I am thinking of Jimmy night and day. Pray for me and Jimmy that I may have him in my arms some day. Please write and tell me how he is getting along. I am not sorry that I was baptized."

Such letters as these help us to realize that rescue work pays. Another young woman writes:

"I have had lots of trouble since I left, but

you know I had to pay for my sin, I guess, and that's why. I used to get lonesome and wanted to get back to the Home many times, but I started to work and so didn't have time to get lonesome.

"I was married a year ago last July and have a baby boy of nine weeks now. I am coming to visit you soon, before cold weather comes. Please write soon as I am longing to hear from you. You know I have you always in my mind because you have certainly been even more to me than a mother. There is not a day goes by that I do not think of the Home. Tell all the girls I send my regards and hope they may all do as you tell them to. They will never be sorry.

"I pray that God may protect you, for I know your struggles with which you have to deal.

"I remain as ever, one of your many daughters."

**COAL STILL NEEDED**

**Only About One-Third the Amount Raised**

THE LIFE BOAT Rescue Home is still greatly in need of funds to pay for the eighty tons of coal which we must put in now for the winter. Coal is costing us five dollars a ton this year in car-load lots. Here is a list of the coal lifters for this month:

Previously reported .....	\$58.00
Mrs. M. Butcher .....	5.00
R. A. Anderson .....	5.00
Mr. and Mrs. Mitchel Cunningham ...	5.00
L. Buckner .....	5.00
Mrs. A. P. Littlejohn .....	10.00
Mrs. Chester Steel .....	5.00
Mrs. Carl Keck .....	5.00
Mr. Morris Simons .....	5.00
Abbie D. Shafer .....	5.00
Clara Rider .....	5.00
Sarah M. Saunders .....	5.00
Lottie Guerne .....	15.00
<hr/>	
Total .....	\$133.00

You may have already put ten tons of coal in your own cellar, why not put ten tons in the Home cellar and thereby swell your bank account in heaven. Some may use only five tons for the winter. Will you put five more in the Home furnace room? Perhaps you have decided to close your house for the winter and will not need to buy any coal for

yourself, why not buy it anyway for the Home. Let us try and lift this coal pile in another month and may God bless you abundantly.

CAROLINE LOUISE CLOUGH,  
Superintendent.

**WE DON'T LIKE TO BORROW**

We had to actually borrow sheets from our neighbors last week to change for laundry. If any LIFE BOAT readers want to replace their old sheets and pillow slips with new, we would suggest that they send the old by parcel post to the Life Boat Rescue Home, where it will be gratefully received.

**ROOM FOR THE PRODIGAL DAUGHTER**

To the home of his father returning,  
The prodigal weary and worn  
Is greeted with joy and thanksgiving  
As when on his first natal morn.  
A robe and a ring is his portion,  
The servants as supplants bow,  
He is clad in fine linen purple  
In return for his penitent vow.

But oh, for the prodigal daughter  
Who has wandered away from her home,  
Her feet must still press the dark valley.  
And through the wild wilderness roam.  
Alone on the bleak barren mountains,  
The mountains so dreary and cold,  
No hand is outstretched in fond pity  
To welcome her back to the fold.

But thanks to the Shepberd who's mercy  
Still follows His sheep though they stray.  
The weakest and even the forsaken,  
He bears in his bosom alway.  
And in the bright mansions of glory  
Which the blood of His sacrifice won,  
There is room for the prodigal daughter,  
As well as the prodigal son.

—Selected.

Goodness expands the heart and makes it humble. The larger, the better, the nobler your heart is, the more you will be inclined to make allowance for others, and the more you will say and feel, "God be merciful to me a sinner."—Robertson.

## OUR CITY WORK

CAROLINE LOUISE CLOUGH

Our medical missionary city work has had a new impetus in the arrival of Miss Zada Hibben, a graduate of the class of 1913, who has had considerable experience in this line.

Miss Hibben's love for souls, her desire to see the principles of health and right living extended to the people who need them, has

work conducted by Dr. Paulson a few years ago in the city workers six-months training course. He said that as a result of that training which some of his church members had received, whole families have been converted and his workers were able to get into the homes of people they could not reach in any other way.

He closed his remarks by appealing to our workers to send him some one to teach his



A group of our Sanitarium workers ready to start for their day's work. Several go to the City to do house to house visitation work. Several go out with THE LIFE BOAT magazine, and others go out to solicit funds for our missionary nurses in foreign fields.

led her to return to this work. She was not satisfied to engage merely in professional nursing.

A few months ago the pastor of a live active church of Chicago visited our work at Hinsdale and gave a talk to our Missionary Volunteer Society, by special request, in which he told of the splendid system of missionary activity which his church had adopted. He said they had their church members divided up into missionary bands for personal house to house work, for the distribution of literature—for prayer—for the giving of clothing and other necessities to the poor, and also for giving Bible readings.

He then spoke of the need among his church members of having some knowledge of how to treat the sick in the home and of the splendid

people how to live right, and how to give simple treatment to the sick.

Now a definite work is on foot to meet this call and many others which have come in. Miss Hibben will give a part of her time, and will work in conjunction with our Sanitarium doctors and nurses in holding health institutes or schools of health in various churches and communities. Arrangements have already been made for the first health school to be held in this pastor's church. Christian workers are taking a deep interest in this line of work.

Aside from this, Miss Hibben has taken charge of the house to house visiting work, having several nurses assisting her. New territory has been entered, and with the LIFE BOAT magazine, they are going from door to door, looking for the poor and sick of the

community. Miss Hibben is also visiting other charitable and welfare organizations to become better acquainted with what they are doing.

Miss Hilma Swanson, one of our nurses who graduated this summer, asked for the privilege of engaging in this house to house visitation, for a few weeks, and has been visiting people that she met when engaged in the work during her first year of training. Miss Amy Klose, a junior nurse, and Miss Martha Brownberger of the first year, are also engaged in the work.

Aside from this four of our first year nurses are engaged in selling THE LIFE BOAT magazine in the nearby towns with good success. Will you not remember this work and the workers in prayer?

### "WE WELCOME THE MAGAZINE"

An inmate of the Rhode Island penitentiary writes us of the inspiration the men receive through reading THE LIFE BOAT. Others are sitting in darkness looking for light. We need more money to send more LIFE BOATS to these men.

"Your October LIFE BOAT received by your friend Lucas. Allow me to thank you for the poetry at the end of your narrative, 'Helping the Burden-bearers.' I have never read anything like it before. It has so touched my heart that I feel I am born anew just as the gospel of St. John 3:3 states, 'Except a man be born again, he cannot see the kingdom of God.'

"We who are shut-ins welcome your magazine which has a supernatural message, bringing the knowledge that our duty is to follow the footsteps of Jesus—that religion is a duty of man to God. Without your inspiring literature I could never have been able to see things as they really are, so your mission is doing more for humanity than many other publications together.

"I wish I could get the book advertised, 'Real Prayer.' I hope I am not asking too much."

Better death than false of faith. Those who are true to God shall never find him false to them.

The next best thing to living in the light of the Lord's love is to be unhappy until we have it, and to pant perpetually for it.

## LOSS AND GAIN

ROBERT HARE

Some time the heavy burden will be lifted  
That thou has bourne upon the weary road—  
Fear not, thy soul has through its tasks been fitted  
For truer service with thy God!

Some time, fear not, the distant, dim horizon,  
That melts so oft in bitter rain of tears,  
Will lighten with the flow of sweeter morning—  
Thy soul will then forget its tears!

After the night of pain day brings the glory  
And after toil the night brings quiet rest.  
Wait, then, and in His purpose, now unfolding,  
Thou shalt be found where all is blest.

Life's drudgery is not all of loss and sorrow,  
Its tasks and struggles weave in more than pain,  
From darkest mines bright diamonds oft are gathered,  
And bitter loss oft works our gain!

### FACTS THAT TELL THE STORY

C. L. C.

The *Union Signal* has been gathering up facts that are convincing concerning the effect of the Dry Law in the big cities. The editor quotes from the *Milwaukee Sentinel*: "Men who have been satisfied with a door step or a bunk on the bare floor and their coat for a pillow are actually demanding rooms and many of them are leaving for better quarters." In other words the "hoboes" are actually developing some self-respect. Let the good work go on. We may make good American citizens out of them yet.

Other reports show decrease in domestic troubles and less crime. One thing we have observed from personal experience. Our workers find fewer men behind the bars on Sunday mornings than ever before in the history of our work, and we know there are more happy families.

17,000 copies of this magazine enter the prison doors of all our leading states prisons every year. Several prisoners are converted each year and some are led into Christian Mission Rescue work as a result. How many copies will you supply?

It is to be feared that many of the children of the professors could plead very little of what their fathers have told them. When fathers are tongue-tied religiously with their offspring, need they wonder if their children's hearts remain sin-tied?

## Prayer and Power

D. H. Kress, M. D.

YE HAVE not because ye ask not. Ye ask and receive not, because ye ask amiss, that ye may consume it upon your lusts." James 4: 2, 3. Poverty of soul may be due to lack of prayer or to selfish praying. The one who fails to pray cannot expect spiritual strength. The one whose prayers savor of self can expect no answer. The one who prays merely as a matter of duty will soon cease to pray or his prayers will become formal and selfish. Prayer must have subject matter. Work and unselfish interest in others creates the inspiration and incentive to pray. "As the body without the breath is dead," so the soul without prayer dies. Air is to the body what prayer is to the soul.

Exercise creates the demand for air. Every organ and every cell of the body is active. Each performs its function, and in the performance of their function air is made a necessity. Let the work of these cease and breathing is at an end. As work creates the demand for air in the human body, work creates the demand for prayer in the soul. As air combines with the elements derived from the food and stored up in the tissues of the body, producing warmth and energy; so prayer enters into a divine combination with the bread of life in the soul and produces spiritual warmth and spiritual strength.

Food, the body is capable of storing up to be drawn upon in an emergency, but breathing has to be continuous. The word of God can be hidden in the heart for emergencies, but prayer must be continuous. A prayerless life is a life without power. No matter how much of the word of God may have been committed to memory, there must be a union of the two.

When prayer becomes continuous, or becomes as natural as breathing, the power of the enemy over the soul is broken. The apostles appreciated this when they concluded "We will give ourselves *continually* to prayer." There was a time when they did not do this. They led prayerless lives and they were losing out. Jesus saw it and said to Peter, "Satan has desired to have you, but I have prayed for you." Jesus did the praying while they slept in self-security. They at times recognized their danger and at one time came to

Jesus with the request, "teach us to pray." There was not much incentive to prayer. Their self-confidence made of prayer a non-essential. They passed through a most humiliating experience which led them to lose all confidence in themselves, and then they began to pray. Prayer brought pentecostal power and wonderful were the results then accomplished. The book of Acts is wrongly named The Acts of the Apostles. In reality, it contains a record of the *prayers of apostles*, and the Acts of the Holy Ghost, as a result of those prayers.

Prayer, to be effective must be unselfish. Prayer for friends, for neighbors and for enemies, whom we are trying to bless, is prayer that heaven hears and answers. It is possible to selfishly pray for light and for health and to receive neither until we begin to impart to others of such as we have. When the hungry are fed, the naked clothed, the prisoners and the sick visited, "Then," the promise is, "shall thy light break forth as the morning, and thine health shall spring forth speedily." Isa. 58:8. The man who made the appeal, "Lend me three loaves, for a friend of mine in his journey is come to me, and I have nothing to set before him," (Luke 11:6), was asking, not for himself, but for his friend. And because of his importunity in behalf of his *friend*, he received as many as he needed. He obtained all he asked for. So we are admonished, "Ask and ye shall receive." "Every one that asketh" to supply the needs of the needy, we are assured "*receiveth*," Luke 11:10. Poverty of soul and lack of spiritual power, is due to two causes, "Ye have not because ye ask not," or "Ye ask and receive not because ye ask amiss that ye may consume it upon your lusts." When believers give themselves to divine ministry the spirit of prayer will actuate them and results similar to Pentecost will again be witnessed.

There is health in store for the sick when they take an interest in others needs. We cannot selfishly receive merely to store up. The manna that was *kept* turned into corruption. Giving is living, denying is dying. If you are feeling blue, something for someone else go do, is a divine prescription for the sick and despondent. "Is thy cruise of com-

fort failing, rise and share it with another, and through all the years of famine it will serve thee and thy brother."

### A NEW EXPERIENCE WHILE SELLING THE LIFE BOAT

One of our young LIFE BOAT workers is trying to sell 2,000 copies this month. Since taking up this work she has had a new Christian experience, and the Lord is blessing her with success. We quote here from recent letters.

"I surely feel very much encouraged. Last evening I started to sell THE LIFE BOAT and in two and one-half hours I sold 110 copies. I know the Lord was with me for at sundown I felt impressed to go to my room and pray. There were several things came to me, but I know I asked God to help me sell 100 papers that night, and He did.

"THE LIFE BOAT is well liked here and so many spoke of how they enjoyed the last number which was August number. I hope to sell 2,000 this month, and I want to be remembered in your prayers.

"I am certainly glad I have taken up this work. I like it and want to do something worth while with my money. I can't help but think how good the Lord has been to me. I look at things in a different way. I want to prove to Him my appreciation of His favors by working for Him. Although I can't do much, yet I do not know how much one of these little LIFE BOATS will do. It surely has made one of my friends feel like she wants to help the unfortunate ones. The Lord has given me true Christian friends and I want to live each day so my life will be a help—not a stumbling block."

In a later letter she writes:

"Although I have written to you last I'll write anyhow as I am so happy over tonight's work. In two hours I sold 110 magazines. Yesterday in the rain I sold eighty-six with umbrella in one hand and books in the other.

"It surely proves that the Lord is willing to help me. I came over here with the mail carrier yesterday in the rain. Well, I went out with twenty-five at first, sold them all in a little while, and then went back after more. I had a good warm dinner, and went out with sixty more, sold them all, and so in all I sold eighty-six. I came home feeling some happier than when I started. 'Every cloud has a silver lining.'

"At Sabbath school, the superintendent called on me to give a little talk on the work I am doing. As a result I received six yearly subscriptions and sold eight magazines.

"A young woman with whom I am acquainted went with me to the county jail. There were seven men locked up. We asked the sheriff to allow us to hand each prisoner a LIFE BOAT. He gladly did. Such a sight I'll never forget, to see those nice looking, strong young men behind the bars and looking so sad. How thankful they were to receive the paper!

"I have two girls that are real interested in the work. The one who went to the jail with me wants to enter the LIFE BOAT work. It's wonderful how the people buy this paper. Both doctors and dentists, lawyers and ministers, and one or two in every business house. Pray for me, for I know it's the Lord and prayer that is doing the work."

### SUGGESTIONS FOR LIFE BOAT WORKERS

Be natural; speak in conversational tone; act confidently.

Get your prospects really to know THE LIFE BOAT, and they will want it.

You can be persistent without being a bore, if you are pleasant and tactful.

If you can do but little, do that little, so that it may be said of you, "She hath done what she could."

When closing your canvass, tactfully hand the paper to the customer, taking for granted that it is desired.

We may be satisfied that our position is the only correct one, but we cannot win people to our cause by blunt and sarcastic statements.

Are you increasing in efficiency? Acquiring ability to sell is a gradual process, it is not all learned in a day or a week, or even a month. Try to learn at least one new point each day.

Place a good strong closing thought toward the last of your canvass.

Enthusiasm, conviction, earnestness—those are the qualities that sell papers—and do everything else worth doing. "Nothing great was ever done without enthusiasm."

Don't try to tell all about almost every article. Refer more briefly to one or two special features. In whetting people's appetite



for a good article, give them just enough to make them want to read it. They will be more willing to read it than if you tell them all about it first.

Any arrangement of words without earnestness, personality, and life behind them will not sell *THE LIFE BOAT*. Put life and earnestness into your work. God must be in it with you.

On entering an office where there are five or six present one should quickly decide who is the leader or spokesman, and in a cheerful voice state her business, giving the leading points contained in the magazine (or that the magazine stands for) and while speaking hand a paper to each of the others. State the price and wait for the results.

—Selected.

### "GOD'S MILLIONAIRES"

"The blessing of the Lord it maketh rich, and he addeth no sorrow with it." Prov. 10:22.

#### The Millionaires of Friendship

Jesus Christ was called "The Friend of publicans and sinners." Jesus said to his disciples, "Ye are my friends if ye do whatsoever I command you."

A friend is one who needs us, and one whom we need. A friend is one to whom we are drawn. A friend is one in whom we confide with the surety of safety. Are you a friend?

Who are the people who have friends? Those who give helpful service, who drip with unselfishness as the flowers drip with the dew. One of the sweetest rewards of unselfish Christian thinking, planning, and living, is the joy and satisfaction of friendship. Christianity makes a man, or woman, friendly, winsome, attractive, because he forgets himself and remembers others.

#### The Millionaires of Kindness

The man who has thought for his fellow-men, whose kindness goes out to all with whom he comes in contact, is one of the Lord's assistant bankers; he handles God's coin after Him, the inexhaustible riches of God's kindness. Kindness brings joy, removes stumbling blocks or changes them into stepping stones. Kindness makes the highway plain and smooth. Kindness is a magnet to turn men's thoughts to God. Kindness is greatly superior to money. Kindness thinks of money only as a just measure of values. Kindness does not hoard. Kindness finds greatest pleasure in

giving and sharing. Read Rom. 12; Phil. 2:1-16. Kindness, simple, plain old-fashioned kindness, is more to this old world than unused riches. The man who is kind is one of God's millionaires.

#### Millionaires of Health

Abounding health is God given. Jesus said, "I am come that they might have life and that they might have it more abundantly."

The eye sparkles, the blood pulses with regularity through the veins. The step is elastic, no dragging feet. It is a pleasure to surmount obstacles! Energy, ambition, life; they all say, "Come on, here are heights to be scaled, victories to be won. You are the one for the task."

Friendship, kindness, health; all repeat the same truth, day by day, "God is wisdom, God is love."

—From *Home and School*.

### GET A TRANSFER

If you are on the gloomy line,  
Get a transfer;  
If you're inclined to fret and pine,  
Get a transfer;  
Get off the track of doubt and gloom,  
Get on the sunshine train—there's room,  
Get a transfer.

If you are on the worry train,  
Get a transfer;  
You must not stay there and complain,  
Get a transfer;  
The cheerful cars are passing through,  
And there's a lot of room for you,  
Get a transfer.

If you are on the grouchy track,  
Get a transfer;  
Just take a Happy Special back,  
Get a transfer;  
Jump on the train and pull the rope,  
That lands you at the station Hope,  
Get a transfer.

—Selected.

Contentment lies not in the enjoyment of ease—a life of luxury—but comes only to him who labors and overcomes, to him that performs the task in hand and reaps the satisfaction of work well done.

To be true to a smiting God, even when the blows lay our joys in ruinous heaps, is to be such as the Lord delighteth in.



# EDITORIAL

**EDITORS:**

Mary W. Paulson, M. D., Percy T. Magan, M. D.,  
D. H. Kress, M. D., Caroline Louise Clough

**VICTORY AND THANKSGIVING**

When the children of Israel had passed through the Red Sea, and when they saw the waters that had been a wall of protection to them overwhelm their enemies, they sang a song of victory that our country could well repeat again this year as we think of the wonderful deliverance from the terrible world war on November 11 last year when the armistice was signed.

Can we not sing a song of victory and thanksgiving in our own lives? Have we made progress in our Christian experience during the past year? Are there some of our besetting sins that we have buried forever in the waters of the Red Sea? If so we can sing a song of victory and thanksgiving that in the sight of heaven surpasses all the songs of victory that the nations of earth might sing.

C. L. C.

**"HOW LONG SHALL THE WICKED TRIUMPH?"**

The story of a young Russian woman as told in a recent *Chicago Tribune* is heart-rending in the extreme. We quote:

"Mlle. Kesewan Hocinska, a young Russian woman of the upper class, arrived in Reval last night after escaping in disguise through the bolshevik lines near Pskoff. She says the Reds still hold their power by terrorism. Every night in Gatschina she could hear regularly at 1 o'clock in the morning the sound of firing from a graveyard where the Reds executed their victims.

"She told of a woman friend who went with her seven-year-old child to protest against the arrest of her husband. The soldiers on guard at the jail beat the woman's brains out with the butts of their rifles and tortured the child, who still lives, but is an idiot. The husband was executed that night.

"Mlle. Hocinska said there are about 600,000 people in Petrograd now. She lived on two meals a day; in the forenoon she had a breakfast of tea made from tree leaves and bark and an eighth of a pound of bread each day. Dinner was a thin soup of sabbage and potatoes with tea and bread.

"Because Mlle. Hocinska belonged to the aristocracy she was compelled, with other women of her class, to dig entrenchments last June. She continually fainted from the unaccustomed work and was taken to a hospital, where she almost died of starvation and neglect.

"Although she tried to obey every communist law, Mlle. Hocinska said she could endure the privations, insults, and the daily menace of death no longer, although people attempting to escape were immediately shot.

"She is now in Reval, sick and penniless, but happy at being out of the clutches of the bolsheviks."

"Lord, how long shall the wicked, how long shall the wicked triumph? How long shall they utter and speak hard things? They break in pieces thy people, O Lord, and afflict thine heritage. They slay the widow and the stranger, and murder the fatherless." Ps. 94:3-6.

"Behold, the tabernacle of God is with men, and he will dwell with them, and they shall be his people, and God himself shall be with them, and be their God, and God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain; for the former things are passed away." Rev. 21:3, 4.

What a contrast between these two scenes! Will it not be worth while to strive to be in that company with whom our Heavenly Father has promised to dwell, when all the turmoil of this life is over?

C. L. C.

### A GRAVE 48 MILES LONG

We are still pained at heart when we think of the thousands of our fine boys whose lives were sacrificed in the great war, but just think of a grave forty-eight miles long needed to bury those killed by accident in the United States during the nineteen months of our participation in the war. "The casualties from accidents each year are twice as great as were the casualties among the United States soldiers, sailors and marines during the war," said C. W. Price, general manager of the National Safety Council. The world is becoming more and more unsafe. Is your soul safely anchored to the Rock of Ages?

C. L. C.

### WHO IS TRAINING YOUR CHILDREN?

Are you sure that your children are having placed before them the highest ideals of manhood and womanhood? Do you know where they are every hour of the day and night? Are you sure that they are not coming in touch with some corrupting influence that is making its stain upon the character?

You cannot be sure that they are not being trained in sin and vice if you allow them to go around the corner to the movies. There is no influence so demoralizing in our modern community life as some of the scenes portrayed in the ordinary moving picture show house. There are some pictures that are wholesome and above the criticism of the most carefully trained mind. But your children are not going to discriminate and they may see the vice of a wicked community portrayed in the minutest detail.

Have you noticed developing in your girl a desire to copy by dress and manner a common character. And yet you have trained her so carefully that she has never even seen such a person. Do you know where she gets her ideals? She finds them in the movie characters. Do you know the chances that you are taking of her some day finding respectable life too tame and seeking to follow the unnatural, and even vile life portrayed through the movie stars? I say again, you are running a risk.

Of course, not all the girls who attend movies go wrong, but I have had many a girl who was down and out tell me that it was the movies that first started her in the wrong direction. The small moving picture houses

are thronged with children. These places can be made one of the greatest factors, outside of the schools, for the education of the young in travel, in industry, health promotion, and right living, and thus save our young people from being trained in crime. Why not help to make them so.

C. L. C.

### THE SUREST THING IN THE WORLD

It has been said that there are only two sure things in this world—death and taxes. But of these two, death is even a little more sure than taxes.

Under the caption, "What Interests People," a hundred-thousand-dollar-a-year newspaper editor recently stated that to interest people only slightly or not at all, tell them the truth; and if you want to be permitted to continue to tell people the truth, it is necessary to put sugar around it. But there seems to be no form of sugar or sweetness of any kind that can exist near the truth that "it is appointed unto all men once to die." This is a truth which is bitter—so very bitter that many people refuse to believe that when a man dies he is really dead.

It is a sad fact, yet a fact nevertheless, that every human being born into this world must die. It is also a solemn thought, but as true as the Bible itself, that every accountable human being is on the way either to the life that has no end or to the second death from which there is no resurrection.

A man who has made what is generally supposed to be a success in life has two desks, one in his home and the other in his office. On top of each of these desks he has placed a skull, with these words written across the front: "Life is short." His object, as he jokingly says, is to keep him from going fishing. A more worthy object would be to help keep him from going to the wrong place after he is through with this short life.

Death is such an absolutely certain thing that many people have had their own tombstones set up complete in every detail except the date of death. Many of the Chinese buy their coffin years before they die, and have it in the house ready for that occasion.

When we know that we are going to be obliged to do some difficult or disagreeable task at a specified time, we make special preparations for it; but while every sensible person knows that he must die, compara-

tively few make complete preparations. One is never prepared to die until he is prepared to live eternally in that place where there is to be neither sorrow, pain nor death.

A minister once stepped suddenly into the shop of one of his parishoners and asked: "Did you expect me?"

The surprised man answered, "No!"

"What if I had been Death?" asked the minister, and left as abruptly as he had come.

Death does come to many very suddenly, without a moment's warning. Suppose it should come to you, reader, as you lay this paper down! Are you ready? Suppose you should go to sleep tonight and never awake until the resurrection morning! Are you prepared for a part in the *first* resurrection?

Bishop Perry's definition of a fool is, "One whose plans all end this side of eternity." It is a terribly short-sighted policy not to make plans for eternity of first importance and plans for this short, preparatory life of secondary importance.

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#### FROM OUR SUBSCRIBERS

"It seems I cannot get along without THE LIFE BOAT. I have taken it a good many years. May our Heavenly Father bless you all for the good you are doing is my prayer."

\* \* \*

"Through a lady distributor, I came into possession of a copy of THE LIFE BOAT. The tone of the magazine appealed to me. Find enclosed \$1.00 in check for a year's subscription.

"By sending a copy at your early convenience, and thereafter regularly, you will highly oblige the writer."

\* \* \*

"I have had two copies of THE LIFE BOAT handed to me and enjoy reading them so much that I have decided to subscribe for one year.

"From what I read in THE LIFE BOAT, I know you are doing a good work, and hope you can keep on as long as time shall last.

"I wish you great success in your work."

\* \* \*

"A little book called THE LIFE BOAT was given me to read and I came across a plea from a prisoner serving time in Auburn prison. He wants to become one of your steady readers, so here is one of God's dollars. Send him the book for one year.

"Give me his name and address and I will send him a Testament. Through you God has a chance at this man. That is the kind I want to see saved. I would rather pray for the men and fallen women than any other class of people—especially when church folks pass us up.

"Now may God bless you in your work in saving souls.

"From a man that never drew a sober breath for twenty-seven years and six months. Converted Oct. 26, 1898. Bless His name."

\* \* \*

"Dear LIFE BOAT People:

"A long time ago we used to take your little magazine and loved it very much, but I have not seen a copy for a long time now. Perhaps not for seven years. I have been passing through a severe trial now for some time and it seems I cannot bear it as I should, and somehow I keep remembering the little paper, and the work you were doing, and it seems to me I could find more comfort in it than anything.

"I do not know if you are printing it now or not, or what the price is now, but I am sending you \$1.00, which I hope will pay for a year's subscription. Please send the September number soon.

"May God bless you in the work for our Master, I pray. Pray for me please."

\* \* \*

"I have had the pleasure of getting a copy of THE LIFE BOAT every now and then, and read them through and pass them on to others. I am janitor or custodian at the post office here and some of the folks in the offices get them. When they get through with them they put them in the waste baskets and I watch for THE LIFE BOAT when I gather up the waste paper and read it and pass it on to others. If others do the same, those little LIFE BOATS will do a lot of good and may be the means of getting some new subscribers for you."

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#### ARE YOU A SUBSCRIBER?

After reading these words of appreciation from our readers do you not want to subscribe and enjoy THE LIFE BOAT's visits for one year? Now is the time, as a special series of articles that you cannot afford to miss will begin soon. Send in your dollar now while you think of it.

## The New Hinsdale Sanitarium

**T**HE HINSDALE SANITARIUM has had the largest patronage for the past year in its history. For many months it has been possible to accommodate only a small percentage of those who wished to come for care and treatment, therefore, it was decided a few months ago to build a substantial three-story addition to the south of the present building, consisting of fifty patients' rooms, parlor, writing room, library, special treatment room, sun parlors, "work cure" and a chapel large enough to accommodate 350 people; also to enlarge and thoroughly equip our present ladies' and men's bath and treatment rooms, building over them complete new offices for our physicians, to remodel and enlarge our kitchen, serving room, patients' and helpers' dining rooms, and business offices.

When completed, the Sanitarium will be well equipped to do thorough work and will be able to accommodate about 160 patients. Notice the artist's picture of the building when completed, shown on the inside of front cover of this magazine.

All this construction is well under way and will be finished, ready for occupancy, March 1.

### Have You Money to Loan?

We have most of the money on hand for the completion of these additions, but still wish to borrow a few thousand dollars. We will give the note of the Sanitarium, signed by the president and secretary of the institution, bearing interest at six per cent, payable semi-annually, running for whatever length of time may be desired—one, two, three or more years. As additional security, we will give Hinsdale Sanitarium first mortgage, six per cent, gold bonds.

Anyone having money to loan between now and the first of March on the above conditions, or who may wish further particulars, address The Hinsdale Sanitarium, Hinsdale, Illinois.

### NEWS HERE AND THERE

J. S. James, returned missionary from India, made a short call at the Sanitarium recently while passing through Chicago.

Mrs. Dr. B. E. Nicola of Attleboro, Mass., was a recent visitor.

Dr. Elmer Otis, who has been stationed in Porto Rico for a number of years, called while on his way to Moline, Ill., where he expects to locate.

Pastor A. G. Daniells told our Hinsdale family recently something about the advancement of the Gospel message in foreign lands and the need of workers in all these fields.

John L. Shaw, former missionary to India, now connected with the Washington (D. C.) Missionary College, and F. M. Wilcox, editor of the *Review and Herald*, also of Washington, were welcome visitors recently.

Miss Melanie Gretener, one of our nurses who was so very ill with "flu," pneumonia and other complications last year, has now returned to Hinsdale for a brief stay.

Pastor Herlinger and family of Brookfield, Ill., spent a few days at the Sanitarium recently before going to their new field of labor in Dakota.

Dr. W. B. Holden of Portland, Ore., spent a couple of days at Hinsdale recently.

Two of our Hinsdale graduate nurses, Miss Sylvia Bossert and Mr. Ulric Jeffers, were united in marriage at the home of Miss Bossert in Wisconsin on Sept. 30. They expect to remain with the Hinsdale work.

Mrs. M. W. Cobb was called to Evansville, Ind., recently on the death of her brother, and serious illness of her sister.

E. R. Potter of Oklahoma City was a recent caller.

Miss Zada Hibben has recently returned to the Hinsdale work and is now in charge of the city and school of health extension work.

Our sanitarium young people have taken a deep interest in the Harvest Ingathering campaign, raising funds for our nurses and other missionaries who have gone to foreign fields. Something like \$800.00 have already been procured in this way.

THE LIFE BOAT workers are meeting with splendid success. One little worker wrote yesterday: "I sold 165 copies in five hours and took one subscription. THE LIFE BOAT is surely the best paper to sell."

Miss Helen Steinel of Milwaukee, Wis., was a recent caller. Miss Steinel was accompanied

by Mr. and Mrs. H. H. Hicks and family, also of Milwaukee.

Pastor S. E. Wight of Nashville, Tenn, an old-time friend of our work and workers, visited Hinsdale Oct. 20.

Our coal fund for the Rescue Home continues to grow. We have the amount about one-third raised. We still need about \$265.00. Notice item on page 338.

If your boy were straying far away  
From home and friends tonight,  
If you knew that he had wandered  
From the path of truth and right;  
And you knew not, as the shades of evening  
Settled round your door,  
Where in all the world you'd find the boy  
Your heart was aching for;  
Oh, how you'd pray to God to send  
Someone to touch your boy,  
To lead him to the sacred truth  
Which brings such light and joy!

—JONATHAN HUGHES ARNETT.

"Please find one dollar enclosed for THE LIFE BOAT which I have so thoroughly enjoyed. Could not get along without it. It is just like getting a letter from home every month. I surely enjoyed this last one."

"The weakest follower of Christ has entered into alliance with infinite power."

## FUGARD & KNAPP Architects

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Designers and supervisors of the erection of the new Hinsdale Sanitarium. We accept commissions in all parts of the United States.

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With Music for the Piano, "The Mountain Flower," "The Wonderful River" and "His Loving Voice." Standard sheet music size, ordinary voice, all three for 50c, postpaid. Order from

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## BOOKS WE RECOMMEND

If this magazine has interested you, we would refer you to the following books and magazines for further study. They can be procured from our office or ordered direct from the publishers:

**The Marked Bible** is a new booklet by the late Prof. C. L. Taylor. It brings out Bible truths in story form, being an actual account of a missionary's experience on shipboard. The book is having a remarkable sale. Price, 15c per copy.

**On the Trail of Livingstone.** By W. H. Anderson, pioneer missionary to the heart of dark Africa. A thrilling and inspiring book for young people, and one of deep interest to all. Published by the Pacific Press, Mountain View, Calif. Price, \$1.00.

**The Home Dietitian.** By Belle Wood-Comstock, M.D. This book fills a long-felt need for scientific instruction in dietetics for the home, discussed in such a simple, practical style that it is suitable for the busy housewife as well as the student of dietetics. The book can be procured by writing the author, Pasadena, Calif., and enclosing \$2.00.

**Bible Readings for the Home Circle.** A compilation of Bible readings touching all the leading points of Bible topics. A valuable book for young converts who desire to learn more of the wonderful Book of Truth. Price, \$1.50.

**Ministry of Healing.** One of the most remarkable books ever written on the subject of health and healing, with instruction for the upbuilding of the Christian home. We have a few copies of this splendid book on hand which we will furnish at \$1.50 each.

**The Signs of the Times** is a weekly periodical which deals with Bible truth and its relation to the times in which we live. \$1.50 per year. Published at Mountain View, Calif.

**The Watchman Magazine.** A live up-to-date, illustrated monthly magazine dealing with world-wide current topics from the Scriptural standpoint. \$1.50 per year. Address, Nashville, Tenn.

## LIVE HYGIENICALLY TO BECOME HEALTHY

If you want the very best grade of cooking oil (or salad oil) be sure to get **GOLD MEDAL VEGETABLE COOKING OIL**, sold at wholesale prices to all. We ship all over the United States. Very low rates.

Get our prices on olives, health foods, oils and groceries.

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1527 Shelby St. St. Paul, Minn.

# The Life Boat

An Illustrated Monthly Journal Devoted to  
Charitable, Philanthropic, Health and  
Soul-Winning Work

Entered as second-class matter July 17, 1905, at the P. O. at Hinsdale, Ill., under Act of Congress of March 3, 1879. Acceptance for mailing at special rate of postage provided for in section 1103, Act of October 3, 1917, authorized April 11, 1919.

Mary W. Paulson, M. D.....	} Editorial Staff
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The Life Boat is published at Hinsdale, Ill., by the Workmen's Home and Life Boat Mission, Incorporated.

Checks, drafts and money orders should be made payable to The Life Boat, Hinsdale, Ill.

Do not send currency in your letters, as The Life Boat will not be responsible for receipt of the same.

Single copies, 10 cents.  
Yearly subscriptions, \$1.00.  
Special discounts when a number are sent to one address.

### Expirations

The date on the wrapper indicates when your subscription expires. We do not continue any names on our list after the expiration of the subscription, so please renew your subscription promptly.

### Change of Address

When writing to have the address of the Life Boat changed, be sure to give the old address as well as the new one.

### Mistakes

The publishers of The Life Boat will be pleased to have their attention called to any mistakes that may occur, and will be glad to correct them.

### Premiums

The attention of our readers is invited to our valuable premium offers. We are constantly in receipt of most appreciative letters from those who have taken advantage of these liberal offers.

### Rates for Advertising

Full page, single issue, \$20; three month, \$50.  
Half page, \$12; three months, \$30.  
One inch, column width, one insertion, \$1.00.

### The Life Boat Magazine Agencies in Chicago

The Life Boat magazine can be secured in quantities at wholesale rates from the following agencies in the city of Chicago:

D. K. Abrams, wholesale nut store, 3529 Cottage Grove Avenue. Phone Douglas 6743.

Chicago Book & Tract Society, 812 Steger Bldg., 28 East Jackson Blvd.

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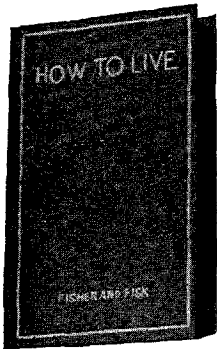
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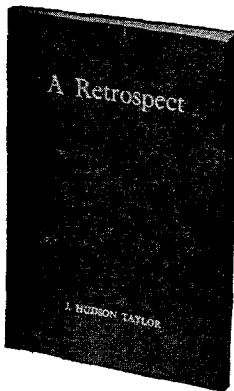
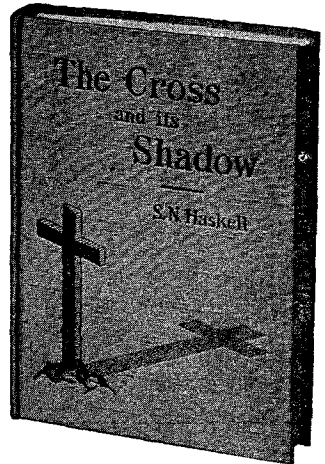


## "How to Live, or Rules for Healthful Living, Based on Modern Science"

By Irving Fisher, Professor of Political Economy, Yale University, and Dr. Eugene L. Fisk. Hon. William Howard Taft, formerly President of the United States, has written the foreword and in fact has edited the entire work. We quote the following from the Preface: "A sad commentary on the low health ideals which now exist is that to most people the expression 'to keep well' means no more than to keep out of a sick bed." This book has a splendid chapter on air, another one on food, another one on poisons, such as those due to constipation and those due to infected teeth, etc. A chapter on exercise, one on hygiene; a chapter containing the last word on alcohol and on tobacco, and how to avoid colds; signs of the increase of degenerate diseases, etc. By special arrangement with the publishers we are enabled to offer this book as a premium for two new subscriptions and 25 cents additional. Induce some one to subscribe for The Life Boat the coming year and receive this most excellent book.

## The Cross and Its Shadow

A new book by S. N. Haskell. This book presents the whole Old Testament sanctuary service in a new and living setting. The sacrifice of Christ for us is beautifully portrayed on every page. This book is a marvelous inspiration to a holy life and should be in every home. It contains 388 pages, 50 chapters and 218 illustrations, and will be given absolutely free for only two subscriptions to The Life Boat and 25c extra for mailing. Take advantage of this offer while it lasts.



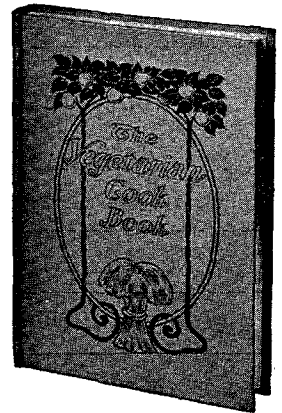
## A Retrospect

This book by J. Hudson Taylor is one of the most thrilling and inspiring books on the market today. We have sold nearly 4,000 of them. Should be read by every young person who desires to be of some use in the world. This red, paper-covered edition can be furnished with one subscription to The Life Boat at \$1.10.

This red, paper-covered edition can be furnished with one subscription to The Life Boat at \$1.10.

## Pastor Hsi

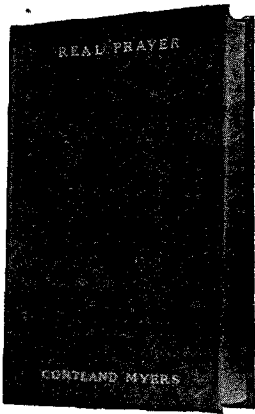
This charming book, "Pastor Hsi," by Mrs. Howard Taylor, daughter-in-law of the late J. Hudson Taylor, founder of the China Inland Mission, has found such a warm reception by The Life Boat readers everywhere that we are offering it again this year. The author gives in a most fascinating manner the remarkable story of the life work of Pastor Hsi, the man who, after his wonderful conversion from heathenism, founded more than forty medical missionary centers in the province of Shan-Si. His remarkable faith and power in prayer has brought his work to the attention of the entire Christian world today. This book is an inspiration, and you can have it by sending us one dollar for your subscription to The Life Boat for one year.



## The Vegetarian Cook Book

should be in every Life Boat reader's home. It is a splendid compilation of valuable recipes for a sane and sensible dietary. If you want to learn how to cook "for health and not for drunkenness" send us \$1.50 for The Life Boat for one year and this useful book. This is an unusual offer.





## Real Prayer

By Courtland Meyers. A most inspiring book on prayer. It will make you hungry for a personal experience in the power of prayer. This book will be sent you for only one subscription and twenty-five cents extra. Send us \$1.25 and receive The Life Boat for one whole year and this splendid book.

## A New Webster's Pocket Dictionary

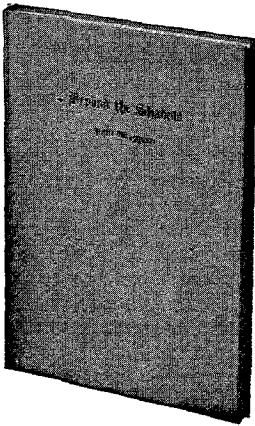
for only one subscription or renewal at one dollar. This book is really five books in one. It is not only a dictionary but a complete parliamentary manual, a rapid calculator, a compendium in business and social forms, a letter writer and literary guide, and a pronouncing and statistical gazetteer of the world. Everyone should possess a copy of this handy booklet; bound in morocco and stamped in gold.



## A Fountain Pen



for only one yearly subscription at one dollar and fifty cents extra. Every pen is guaranteed 14-carat solid gold and will do good service. This is your opportunity to receive a good fountain pen for fifty cents and only a few moments of your time in securing the subscription.



## Beyond the Shadow

Pearl Waggoner Howard, The Life Boat poet, has collected some of her best poems and published them in book form. The book contains ninety-six pages. We will send the cloth binding free with two subscriptions to The Life Boat at one dollar each or a paper-covered copy for only one subscription. Subscribe now —before you forget it.

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Address **THE PATRICIA GARMENT CO., Hinsdale, Ill.**

# Liquid Paraffin

Stagnation of the bowels is the most common disorder among civilized nations and is perhaps by far the most common cause of our various chronic diseases. These diseases are not readily cured for the simple reason that the real cause is not removed. The laxative drug habit is the most common drug habit among mankind. Every remedy of this kind sooner or later loses its effect and, unfortunately, in every instance does the system more or less harm. Bulky food, plenty of green garden truck, and an abundance of fruit will relieve many of these cases. But some cases have such a tendency to hyperacidity and to intestinal irritation that the liberal use of these things actually seems to aggravate the condition.

Liquid Paraffin, or what we called White Russian Mineral Oil when we imported it from Russia before the war, seems to be a veritable godsend to thousands of these cases. Being a mineral oil it is not absorbed by the body. It merely lubricates and softens the bowel contents. It can be used with perfect safety as it does not create any laxative habit. The dose is from one teaspoonful to two tablespoonfuls three or four times a day as may be necessary. It can be procured in any town, but by buying it in large quantities we are able to furnish it to our readers at about one-half the prevailing retail price.

### Prices

1 Pint .....	\$0.45	Shipping weight.....	3 lbs.
1 Quart .....	.75	Shipping weight.....	4 lbs.
2 Quarts .....	1.25	Shipping weight.....	6 lbs.
1 Gallon .....	2.00	Shipping weight.....	10 lbs.

It is put up in tin cans so that it can be sent by parcel post. These rates do not include transportation charges.

Address **THE LIFE BOAT, Hinsdale, Ill.**

# THE LIFE BOAT RESCUE HOME, HINSDALE, ILLINOIS



Physicians, pastors and other workers are constantly perplexed as to how to properly extend a helping hand to the unfortunate girl. To meet this pressing need the charitable public assisted in erecting this splendid eleven thousand dollar institution and it was dedicated July 25, 1909, Judge Orrin N. Carter of the Illinois Supreme Court giving the principal address.

During the past eight years hundreds of girls have been sheltered in this Home. They have been carried through the saddest chapter of their lives. More than half the girls who come do not have a dollar, but they are received just the same.

The institution has no endowment and beyond the mere pittance that some of the girls are able to pay, it is entirely dependent upon the generosity of those who become interested in its work.

## Are You Contemplating Making Your Will?

Have you some means to be used in the Master's work after you are dead and gone? Have you observed how frequently relatives or unscrupulous lawyers have succeeded in absolutely defeating the will and intentions of the donor? There is a better way:

### Why Not Be Your Own Executor?

Give your property while you are alive, to the work that you desire and receive a fixed income or annuity on the same each year as long as you live. In this way you know that your property will not be frittered away from you so that you will have no support in your old age, and this annuity contract becomes immediately effective at your death. No one can change it in any manner.

In either case will you not generously remember the Life Boat Rescue Home?

If you are interested in this matter write us and we will give you further suggestions and information regarding this annuity plan that so many sensible people are adopting.

For those who desire to remember this institution in their wills we give herewith a proper legal form for a bequest.

"I hereby give, devise and bequeath unto the Life Boat Rescue Home, a corporation organized and existing under the State of Illinois, the sum of.....

.....dollars to be paid out of real or personal estate owned by me at my decease, this money to be used for the maintenance of the institution known as the Life Boat Rescue Home for Girls, located near Hinsdale, Ill., and which is under the supervision of the aforesaid corporation."

Address: **The Life Boat Rescue Home** Hinsdale, Illinois

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Sixteen acres of virgin forests, fruit orchard, cottages, lawns, shady walks, lawn tennis court.

A work cure department.

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No experiments or medical fads. Common-sense, honest treatment.

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*The Main Parlor*

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It is completely descriptive and beautifully illustrated. Once you read this book and note the location, the charm of Hinsdale and the ability of this institution to benefit the sick, you will realize that we offer you every possible means of restoring your health and of becoming completely rested, among surroundings that are ideal. Write for booklet today. It is free. Address

**The Hinsdale Sanitarium**

Phone  
Hinsdale 645

**Hinsdale, Ill.**

## *Endowed by Nature Equipped by Science*

*Do not go abroad for what you have at home. Were it possible for you to see Hinsdale as it is, you would come. So pleasant as to attract many guests who have no ailment. Patients are kept so busy getting well that they have practically no time to worry over their troubles. Pleasant, refined associates. Rates as low as ordinary hotel. Atmosphere delightfully different.*



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Open air treatment, Swedish movements, hydrotherapy, electric light baths and electrical treatments, massage, scientific dietetics, sun baths, the work cure, and jensible health culture, cure thousands of invalids when ordinary means fail.

You will find any of these treatments not only beneficial but delightful and refreshing. We do not countenance routine of baths, the heroic reducing idea nor the starvation cure. Every case is decided on its own merits and treated accordingly. We rely on substantial, simple methods, offer all these features to be rationally enjoyed.



*A Glimpse of the Lawn*