

MIDDLE EAST

Messenger

VOLUME IX

THIRD QUARTER 1960

NUMBER 3

ARISE, O CHURCH, AND FINISH THY TASK

G. R. NASH, *Secretary*

Sabbath School Department, General Conference of S. D. A.

"Go ye therefore, and make disciples, or Christians of all nations, baptizing them in the name of the Father, and of the Son, and the Holy Ghost" (Matt. 28: 19, margin).

It is not enough to warn men. They must be wooed to Christ. They must be saved from sin, and prepared for heaven. There can be no substitute for soul winning.

It has often been said that no department of the church offers a greater soul-winning opportunity than the Sabbath school. The messenger of the Lord in *Counsels on Sabbath School Work*, page 61, states that "The object of Sabbath school work should be the ingathering of souls." And again on page 10 we read: "The Sabbath school should be one of the greatest instrumentalities, and the most effectual, in bringing souls to Christ."

The God-inspired words "most effec-

tual" should challenge our evangelistic planning for 1960. Would it not be wonderful if every Sabbath school class in our adult divisions would consider themselves as rescue squads, or say a lifeboat crew, with the teacher as the captain. They could then go out and rescue the people in the neighborhood. What wonderful results might be realized in souls won to the message if all could get this vision. "Where there is no vision, the people perish."

1960 has been designated by the Sabbath School Department as "*Branch Sabbath School Year*." We believe that this is one of easiest and "most effectual" ways to win souls for Christ.

We believe that this is the hour when a new rallying cry of Sabbath school soul-winning evangelism should be sounded. As never before there must be earnest work in winning souls for Christ. This call must ring out contin-



Pastor C. E. Moseley, Jr., Field Secretary of the General Conference spends three months visiting the Middle East Division

uously until every believer responds to it. We are not to think or talk about obstacles and difficulties, or about restricted opportunities. This will only tend to dampen our enthusiasm and defeat our purposes. With courage and strength in the Lord we must lay our plans for a greater forward movement. Let us take deeply to heart the following words:

"God's people have a mighty work before them, a work that must continually rise to greater prominence. Our efforts in missionary lines must become far more extensive. A more decided work than has been done must be done prior to the second appearing of our Lord Jesus Christ. God's people are not to cease their labors until they shall encircle the world.

"The vineyard includes the whole world, and every part of it is to be worked. . . . New territories are to be worked by men inspired by the Holy Spirit. New churches must be established, new congregations organized. At this time there should be representatives of present truth in every city, and in



Lebanon-Syria Ministerial Institute held at Middle East College May 30 to June 2. Pastor C. E. Moseley stands in center of front row.

the remote parts of the earth. The whole earth is to be illuminated with the glory of God's truth. The light is to shine to all lands and all peoples. And it is from those who have received the light that it is to shine forth. . . .

"God is the great Master-Worker, and by His providence He prepares the way for His work to be accomplished. He provides opportunities, opens up lines of influence, and channels of working. If His people are watching the indications of His providence, and stand ready to cooperate with Him, they will see a great work accomplished. Their efforts, rightly directed, will produce a hundred-fold greater results than can be accomplished with the same means and facilities in another channel where God is not so manifestly working."—*Testimonies*, vol. 6, pp. 23, 24.

"The work of God in this earth can never be finished until the men and women comprising our church membership rally to the work, and unite their efforts with those of ministers and church officers."—*Gospel Workers*, p. 352.

"Long has God waited for the spirit of service to take possession of the whole church, so that every one shall be working for Him according to his ability. When the members of the church of God do their appointed work in the needy fields at home and abroad, in fulfilment of the gospel commission, the whole world will soon be warned, and the Lord Jesus will return to this earth with power and great glory. 'This gospel of the kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come.'"—*Acts of the Apostles*, p. 111.

"Let the gospel message ring through our churches, summoning them to universal action."—*Testimonies*, vol. 7, pp. 13, 14.

The sands of time are sinking. Probation's hour is fast closing. What we do must be done quickly. We must enlarge our plans, and proceed with our God-given task with increased rapidity. The time has come to put away all lethargy and complacency. We must give ourselves to the completion of our task. We must make plans to enter the unentered areas—the cities, towns, and country places—where as yet there are no representatives of the church.

The burden of my appeal is that our leaders and Sabbath School members everywhere will get a vision of their God-given task and will go forth conquering and to conquer. Branch Sabbath School Evangelism is easy, most gratifying, and one of the most effectual methods of strengthening and enlarging the parent school and church, as well as a most successful method of establishing new work in dark areas. The challenge to you is to have at least one

Branch Sabbath School for each parent Sabbath School. We believe that some schools will have several Branch Sabbath Schools—including Sunday Schools, Community Bible Schools or Story Hours for children—and pray that God will grant it to be so.

May the magnitude of our task, the state of the world, and the needs of lost humanity, arouse us to action and cause us to seek God for the spiritual preparation so necessary to accomplish the heaven appointed task assigned to us, is my earnest prayer.

THE TRUTH ABOUT VITAMINS

HULDA CROOKS, *Assistant in Nutrition*

Department of Pharmacology

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Many scientific volumes have been written about vitamins. The general population, however, is exposed more to sales propaganda than to facts. The truth about these vital food factors needs to be presented repeatedly. It is well known that a diet complete with everything but vitamins will speedily result in sickness and death. These vital factors are essential for the utilization of the life processes.

Every natural food contains its own nutrients with its own quota of vitamins which are organic substances, and of minerals which are inorganic. The amount of vitamins required by the body is very small and so the amount present in foods is small. Because they come in such minute quantities, vitamins

remained unknown until the intense research program early in the present century discovered the first of them. Since then many have been isolated and identified and more are still being added. Their amazing role in all metabolic processes continues to unfold.

As long as a dietary contains a proper balance of natural foods, the health is protected. However, when a deficiency is produced by a severely restricted diet or by foods that have been much processed and refined, then diseases appear indicative of the lack. It was not until such a lack appeared that vitamins were searched for and discovered. Deficiency diseases occur in vast populations of earth. In continental Africa, where refined cornmeal, casava



International Temperance Association representative in Turkey, Brother L. C. Miller, Mrs. Miller, Melody Jean, and Cynthia Sue.

root, and tapioca are the principal articles of diet, serious nutritional diseases exist. Large areas of the Orient depend chiefly on polished rice. Beriberi has afflicted these peoples for ages. About half of the corn eaten by humans is degerminated cornmeal. A main dependence upon corn, without sufficient other foods to balance its lack, made pellagra a dreaded disease in several countries. It has been discovered that the cause was primarily a deficiency of nicotinic acid.

In many lands people suffer for lack of sufficient food of a variety to maintain health. This is not so in food-abundant America. Frank deficiency disease is not common there; however, it is impossible to estimate how much misery exists because of borderline deficiencies. Through commercial milling, refining, processing, and preserving to prevent spoilage and to provide easy to prepare foods for our fast modern way of life, we have departed far from the ways of our forefathers. A little over 100 years ago the American per capita consumption of sugar was about ten pounds per year. Today they use ten times that much. In fact, they consume a fifth of all the sugar produced in the world—pure calories without vitamins or minerals. It used to be that a man took a sack of wheat to the mills and returned with a sack of whole wheat flour, but 20th century Americans prefer white bread and white flour products from which thirty per cent of the nutritious outside of the kernel has been removed. The table below shows something of the loss sustained in high extraction milling of flour.

Breakfast cereals also suffer heavy losses, as the figures in the table for rice reveal.

Refined flour, cereals and their products are now frequently "enriched." However, only a few of the vitamins and minerals lost in the milling are returned in certain amounts. These are usually thiamine, niacin, iron, and sometimes riboflavin. Thus, the "enriched" product is still much poorer than the natural grain from which it was made. Unless all the nutrients removed in the milling were known, it would indeed be impossible to "enrich," "restore," or "fortify" a refined product to its original value. Beneficial results are being reported from enrichment of refined foods in areas where better eating practices seemed too difficult to institute. However, a more generous consumption of such normally vitamin- and mineral-rich foods as unrefined cereals, legumes, vegetables (especially green leafy ones), fruits, and milk is recommended by all nutrition educators. The judicious use of wheat germ, rice polishings, food yeasts, or similar products, adds not only an abundance of the B-vitamins and miner-

NUTRIENT CONTENT OF WHEAT FLOURS (BRITISH)

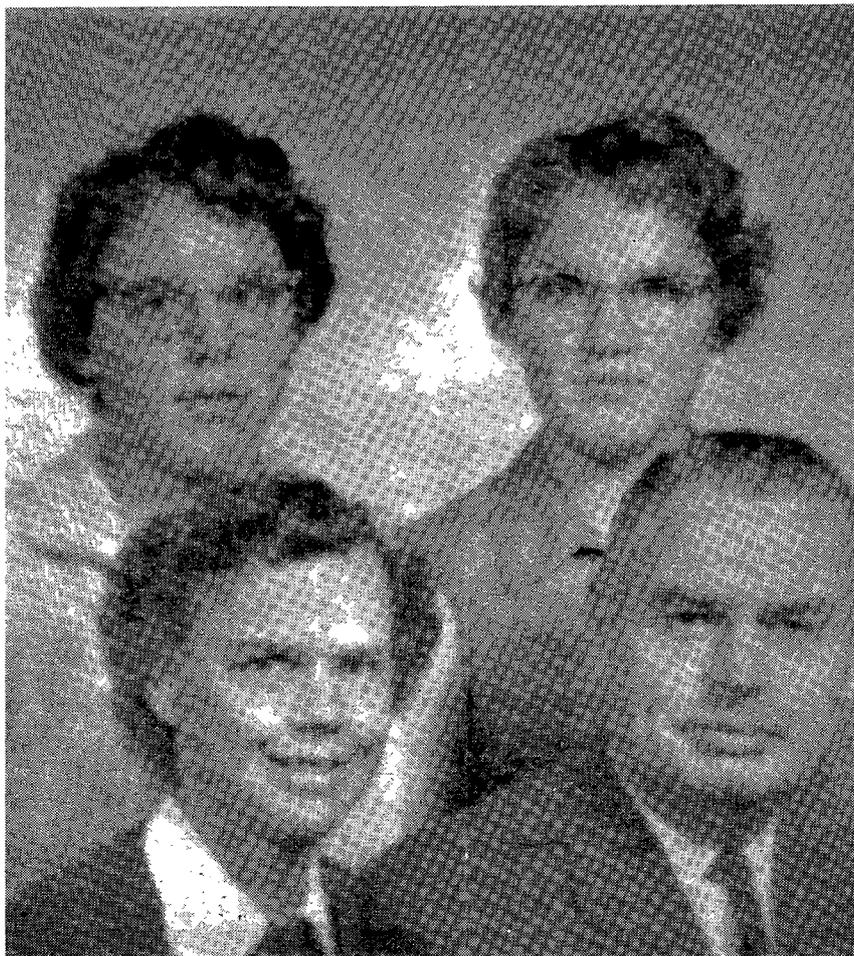
	THIAMINE (mg.) (per cent)	RIBOFLAVIN (mg.) (per cent)	NIACIN (mg.) (per cent)	PYRIDOXINE (mcg.) (per cent)	PANTOTHENIC Acid (mg.) (per cent)	BIOFIN (mcg.) (per cent)
100 per cent Wheat Flour	0.40	0.12	6.00	500	0.80	7.0
80 per cent Extraction (Graham)	0.24	0.05	1.40	250	0.37	2.3
70 per cent Wheat Flour	0.10	0.035	0.72	150	0.34	0.8

Robert S. Harris. "Supplementation of Food with Vitamins." Reprint, *Agricultural & Food Chem.* 7:88 (1959)

NUTRIENT CONTENT OF RICE

	THIAMINE (mg.) (per cent)	RIBOFLAVIN (mg.) (per cent)	NIACIN (mg.) (per cent)	PYRIDOXINE (mcg.) (per cent)	PANTOTHENIC Acid (mg.) (per cent)	BIOFIN (mcg.) (per cent)
Rice, brown	0.39	0.06	4.1	620	1.52	12.0
Rice, white	0.05	0.03	1.1	37	0.75	5.0
Rice, converted	0.28	0.09	3.2	68	1.38	8.0
Rice, parboiled	0.75	0.05	3.0	100	1.37	10.0
Rice, polished	2.20	0.22	33.0	2000	3.33	57.0
Rice, bran	2.40	0.20	33.6	2500	2.77	60.0

M. C. Kik. "The Nutritive Value of Rice and Its By-Products." Univ. Ark. Agric. Exper. Sta. Bull. 589, May, 1957.



Middle East College president, Elder E. L. Gammon, Mrs. Gammon, and daughters Mary and Kathy.

als to the diet, but also protein at reasonable cost.

In America there seems to be an anxiety on the part of many lest they, or their families, fall short on vitamin intake. This awareness has fallen as a ripe plum into the lap of the commercially minded. By radio and TV, billboards, magazines, and door-to-door peddling, people are urged to protect their health and increase their vitality by the daily use of bottled vitamins and minerals. A compelling force attends this supersalesmanship. Not long ago an editorial in *Modern Drugs* of 1958 summarized its effectiveness in this way:

"The most ardent pharmaceutical salesman would privately admit that, during the last twenty years, the American public has been most successfully stampeded on the subject of supplemental vitamins."

Stampeded! How else can one account for some \$234,810,000 spent for vitamins in one year? One company alone took in \$20,000,000 for unprescribed vitamins, and doctors ordered \$29,000,000 by prescriptions. Some of these supplements contain a long list of vitamins and minerals, the least expensive in large amounts and the expensive ones in small amounts. While in deficiency states vitamin supplements may give dramatic relief, they are money wasted if consumed when not needed. A few of the known vitamins are positively harmful when taken in very large quantities.

Many people take supplemental vitamins daily in addition to an abundant diet in the belief that such a practice increases one's vitality and efficiency. This concept was put to the test by the U. S. Army in the winter of 1953 in the mountains of Wyoming (Ryer et al., *Am. J. Clin. Nutrition* 2: 97, 179, 1954).

Eighty soldiers on regular Army rations were divided into two groups. The control group received additional placebo (inactive pills) while the experimental group received large supplements of B-vitamins and ascorbic acid. For ten weeks these men were put through severe physical tests to measure the degree of improvement in performance as the study progressed. They were also examined at intervals with psychological tests. The records at the end of the ten weeks revealed that both groups had improved equally in the performance of the physical tests and that the mental keenness of the supplemented group was no greater than that of the controls.

This study and others of a similar nature indicate that a good diet cannot, normally be improved by large quantities of added vitamins. The Food and Drug Administration of the U. S. Department of Health, Education, and Welfare reminds us:

"Nutrition authorities agree that the best way to buy vitamins and minerals

is in the packages provided by nature." (Food Facts vs. Food Fallacies, July 1958.)

Whenever possible, these vital food factors should be obtained from the garden, orchard, field, or food market unless the doctor prescribes supplements for some specific reasons. Nor is it hard to obtain them thus inexpensively. Whole grains, legumes, vegetables (some leafy) and a little milk (even skim milk) with a few culinary accessories to make palatable dishes, provide every known nutritional need. Add to this a selection of fruits and a few nuts or oily seeds and even a king could not dine more wholesomely. To such a feast vitamins came in their birthday suits. See!

THE CHRISTIAN HOME

RUTH NASHED MALAKA, *Teacher*
Cairo Day School, Egypt.

The Christian home was meant to be,
A little heaven on earth you see;
A place where dwellers young and old
Are members in God's great household.

A place where Eden's clime doth reign,
A place where love should banish pain,
A place where clouds are rolled away
To let the sunshine warm the day.

A place where virtues should be seen,
Whose members on their Saviour lean,
A place where angels love to dwell,
And songs of gladness ever swell.

A place where Christ is the dear Guest,
A place where Christ is honored best,
A place where prayer is ever heard
With simple trust in God's true Word.

A place where weary travelers find
A sweet repose for soul and mind;
A hiding place from storms around,
A shelter where danger is found.

A place where nerves are e'er made calm,
A place where souls find a sweet balm,
A place where rest and peace abound
Regardless of what's all around.

A place where every passing day
Finds us more Christlike all the way,
Till Christ the Prince of peace and love
Receives us in His home above.

Vitamin A is there robed in gold and green. Enough for a day's supply is furnished, for example, by one of the following highly colored foods: a medium-sized carrot, a small sweet potato, a small serving of greens, half

of a cantaloupe, six apricots, or two cups of tomato juice.

The B vitamins—thiamin, riboflavin, niacin, as well as the lesser publicized members such as pyridoxine (B6), pantothenic acid, biotin, choline, inositol and others are abundant in whole grains, legumes, nuts, and other seeds. The bran, germ, and polishings of grains are especially rich sources, as is also food yeast.

Vitamin C (ascorbic acid), so abundant in citrus fruits, is widely distributed in the plant kingdom. The National Research Council's generous recommended allowance of 75 mg. per day is supplied by six ounces of orange juice. But as much is found in the same weight of fresh cabbage. Cooked greens such as turnip, mustard, or kale are equally high in vitamin C while raw greens are twice as high. Cooked broccoli, contains about one-third more of this vitamin than oranges. Potatoes, both Irish and sweet, rutabagas, tomatoes, sauerkraut, and many other vegetables and fruits also supply a good or fair amount. Even far northern climates produce natural supplies of vitamin C. Fresh vegetables, herbs, and berries provide a good supply in spring and summer. Even young leaves of shrubs and trees are used by the natives. Rose hips, berries dried on the bushes, and tea from the needles of evergreens can be used. The tropics are also provided with sources of this vitamin.

Widely differing diets can be wholly adequate as has been demonstrated by many people in many climates. In fact, those who deal with world food problems advocate that populations be taught to depend upon their own countries' resources whenever possible. In some places excellent native foods are not used for lack of an understanding of food values. It has been shown that many wild edible greens and fruits (even berries) excel cultivated ones in vitamin and mineral content. A dietary built around legumes as a protein stable and such grains as a country produces is rich in all the members of the B vitamins unless the grains are highly refined. With some leafy green vegetables or suitable fruits to provide Vitamin A and C (ascorbic acid), and a little milk, such a diet will be abundant in all the vitamins known.

In the light of the most recent scientific findings, no more up-to-date counsel could be given than was given over have a century ago:

"Let us make intelligent advancement in simplifying our diet. In the providence of God, every country produces articles of food containing the nourishment necessary for the upbuilding of the system. These may be made into healthful, appetizing dishes." C.D.F. 94.

"If we plan wisely, that which is most conducive to health can be secured in almost every land. The various preparations of rice, wheat, corn, and oats are sent abroad everywhere, also beans, peas, and lentils. These, with native or imported fruits, and the variety of vegetables that grow in each locality, give an opportunity to select a dietary that is complete without the use of flesh meats." M.H. 299

Spiritism in Egypt

C. V. BRAUER, *Secretary*
Sabbath School Department
Nile Union

During the past few months spiritism has become very popular in Egypt. All over the country young and old, rich and poor, Moslem and Christian have experimented with the current "fad" by which a basket is placed upon a table, over a piece of paper, and a pencil is wedged into the basket with the point in position to write on the paper. Those gathered around the table then, following the reading of a verse from the Bible or the Koran, ask questions of the spirit that occupies the basket and the questions are answered in writing as an unseen hand guides the pencil over the paper. Thousands have indicated that their questions have been answered correctly.

To meet this "attack" our pastors and evangelists have held public lectures on the doctrine of "Spiritism." Large numbers have been helped to see the true source of the "spirits." In Heliopolis, Wadie Farag opened his current evangelistic campaign with a well-advertised address on "Spiritism." In the audience were university professors, pastors of other churches, and several well-known spiritists. The Heliopolis church was packed and several hundred were turned away.

This meeting led to an invitation to Brother Wadie to join with three others in a public discussion of "spiritism" in the university. The other speakers were: the editor of a leading magazine and the man responsible for the current popularity of the "basket;" the leader of the spiritists in Egypt; a leading Moslem sheik, who spoke against spiritism from the Moslem viewpoint. Brother Wadie Farag was invited to speak as the representative of the Christian viewpoint and the Lord greatly blessed his words, with the result that practically the entire audience of 1,000 university students vocally agreed with the Biblical position. From this gathering and from other meetings on this subject Seventh-day Adventists in Egypt have received much favorable comment and interest in our beliefs.

Mother Farag was born May 15, 1897. On March 15 at twenty-two minutes to five she passed quietly to her rest.

She leaves to mourn her husband, four sons and five daughters. Besides these, two brothers, one sister, eight grandchildren and a host of friends.

A faithful and dedicated mother has gone into the portals of death. The courage she showed and the faith she revealed in her life live on—though her breath has been stilled.

Never will those who knew her forget the lovely Christian spirit and unselfish dedication that she manifested toward her family, friends, and the church she loved.

"I am ready—my journey is over," are some of the words she expressed while still conscious. She listened to the promises in God's Word with eager hunger, feasting on the blessed hope of a soon-coming Saviour.

Her sons and daughters, all in the blessed truth, are living testimonies of the fruits of her labors, her prayers and her wise counsel.

"Blest sleeper, angel hands have smoothed
The sorrows of thy careworn brow.
Thine anguish hath the Spirit soothed,
And all at rest, thou sleepest now.

" 'Asleep in Jesus,' safely there
Thy rest shall e'er unbroken be,
Till His sweet voice shall clothe thee fair
In gorgeous immortality.

"Weep not; for heaven hath called her 'blest.'
But this one thing make sure with thee,
That in the morn, when breaks her rest,
Thou'lt join her in eternity.

"When morning comes! the night all passed,
And sin and death all gone, O joy!
What meetings then, ever to last!
What ceaseless bliss, free from alloy!

"To us who wait the trial comes,
To her the victory is sure,
Then set your faces, weeping ones,
Toward heaven; to the end endure."

(*Author Unknown*)

A. G. ZYTKOSKDE, *President*, Nile Union

FROM HERE AND THERE

MIDDLE EAST DIVISION

* Brother A. W. Fund visited Cyprus, Turkey, and Jordan in the interest of auditing and treasury duties. He is now taking up his new duties as manager of Middle East College.

* Pastor R. A. Wilcox has visited nearly every center of our work in the division in the past few months. His suggestions and leadership are helping to build up the faith and activity of the workers and believers.

* Pastor Anees Haddad has gone to the All European Institute of Scientific Studies for the Prevention of Alcoholism held in Paris, France. He was accompanied by his wife and Brother Salim Hasbany of the Lebanon Mission.

* Pastor G. A. Keough is expected back in Beirut about July 15. His family will follow soon after school is out in England.

* Pastor W. E. Olson and his family have started on their furlough. They are driving from the Middle East in their car, and will cross the Atlantic by boat.

* Pastor R. C. Darnell is gradually taking over his departmental duties now that Pastor E. L. Gammon has arrived and is taking up his work as president of Middle East College.

* Pastor V. A. Fenn has arrived to take over his duties as treasurer and auditor and transportation agent for the Middle East Division. He comes to us with a background of experience that enables him to take up these duties

with good knowledge and understanding.

* Brother F. Brennwald, one of the General Conference auditors, was in Beirut in June to audit the division books.

* Pastor C. E. Moseley, Jr., a field secretary of the General Conference, is just completing a three month itinerary of the entire division field. He has given excellent help to our pastors, evangelists, Bible instructors, and other workers, as well as to the laity and inquirers. His visit will long be remembered as one of spiritual profit to many.

* The mid-year division committee meetings were held in Beirut June 27 and 28, during which time plans were made for the last half of 1960. Pastor J. E. Chase, of the General Conference Radio Department, was present as he began his visit of about six weeks in this division.

* The Middle East Division has greatly appreciated the very timely help of Dr. C. E. Randolph, associate secretary of the Medical Department of the General Conference, in the Benghazi Hospital during a special period of transition.

* Mrs. R. A. Wilcox received word that her mother had passed away in the United States on April 19. Middle East workers and believers unite in expressing their deep sympathy to Sister Wilcox and the family.

* A baby girl, named Rebecca Gay Olson, was born May 3, and became an important part of the W. E. Olson family.

* Recent visitors at the division office included Elder and Mrs. T. C. Murdock of Mountain View College in the Philippines; Elder D. S. Laursen and family of Karmatar, India; W. L. Murrell and family of Rangoon, Burma; Miss Rosemary Richards of Singapore; Dr. J. P. Munsey and family, and parents, and Miss Rae Anna Brown, Benghazi Hospital; Elder and Mrs. R. P. Abel of the Bangkok Sanitarium; Doctors Warren of San Diego, California; Brother Don Donesky and family from India; Elder and Mrs. C. P. Sorenson of the Far Eastern Division where Elder Sorenson is the division president; Dr. Donald Davenport and Elder C. L. Butterfield of Long Beach, California; Dr. A. O. Mazat and family of Singapore; Dr. R. F. Waddell and family from the Bangkok Sanitarium; Brother J. W. Peeke of the General Conference Insurance Department; Bruce Roberts and family of Nigeria; Pastor A. G. Zytoskee from Cairo; Pastor Chafic Srour from Amman; Pastor Behnam Arshat and Brother Adnan Fargo from Baghdad; ministers from Syria; and Pastor and Mrs. Don Rees of the Southern Union in the United States where Pastor Rees is the president.

EAST MEDITERRANEAN UNION

* Pastor Chafic Srour has been called to serve as a union evangelist and Brother Naim Meshni has been appointed acting president of the Seventh-day Adventist Church in Jordan. Pastor Srour will have charge of the Beirut Evangelistic Center during the summer.

* Brother George Ghazal was married to Miss Nazeera Ghazal on May 29. The officiating pastors were Shukri Nowfel, Maurice Katrib, and Wayne Olson.

* Elder V. A. Fenn, in addition to his duties in the division, is now the new secretary-treasurer and auditor of the East Mediterranean Union.

CYPRUS

* A much appreciated visit to the island was made in June by Pastor C. E. Moseley, Jr., from the General Conference.

* Pastor Don Rees president of the Southern Union Conference, residing in Decatur, Georgia, together with his wife visited the Christakos family on June 11.

* Pastor Aram Aghassian writes that he and his family are getting nicely located and that they are enjoying their work among the Armenians of the island. He has rented a house near the church in Nicosia, and is busy making plans for evangelistic meetings.

IRAQ

* Brother Salam Aboujaudi in addition to his other duties has been appointed Sabbath school secretary for the Seventh-day Adventist Church in Iraq. He has written that an apartment has been arranged for them in the school building adjoining the Mosul church.

* Brother and Sister Sammi Akrawi came to Beirut from Kuwait to enjoy a vacation, and to attend the alumni week end at Middle East College.

* Miss Nawal Abdul Messih spent a short period in Basrah assisting Pastor Salim Majeed. Brother Fuad Milad Elaimy also spent two months with Pastor Majeed.

JORDAN

* Brother and Sister Antoine Jabbour left Jordan at the end of May to take up new duties at Middle East College in Lebanon.

* Brother Salim Hasbany has been appointed secretary-treasurer for the Seventh-day Adventist Church in Jordan. At present he is in Paris attending the Institute of Scientific Studies for the Prevention of Alcoholism. Upon his return he will be moving to Amman.

* Miss Hana Jubran has been visiting Beirut after her school in Amman closed for this term.

* All schools in Jordan will open

earlier this fall and therefore they have been required to close earlier this spring. Our schools had a good year.

LEBANON

* Pastor Maurice Katrib is holding a very well attended series of public evangelistic meetings in the Beirut Arabic church in Mousseitbe.

* Pastor Manoug Nazirian has been holding a small effort in the chapel of Beirut Arabic school, and he has also had a very fine group of some twenty people attending a cottage meeting near the town of Juni north of Beirut.

* Brother Henry Jeha has accepted a call to serve as principal of the Middle East College elementary school this coming school year.

* Brother George Khoury has taken up his duties as full time pastor of the Beirut Arabic church. On April 11 his home was blessed with the arrival of a small daughter whom they have named Nina.

* Miss Nasiba Melki, a nurse from the Washington Sanitarium and Hospital, is visiting her parents and grandmother in Bishmazzine, Lebanon.

* Pastor George Raffoul baptised one in North Lebanon in May.

* Brother Shahada Halabi has been doing very good work assisting the colporteurs in Lebanon. For March he reported eight colporteurs working 22 weeks, or 780 hours, sold LL. 1545.25 worth of literature, of which LL. 974.70 were books. They reported having offered 94 prayers and obtained 43 Bible course enrollments.

SYRIA

* The home of Pastor Towfic Issa has been blessed with a little son whom they have named Nasr. He was born on May 15. This news was conveyed to us when he and the other ministers of Syria visited Beirut in June.

TURKEY

* Brother L. C. Miller writes that they are nicely settled and have started immediately to study the Turkish language in Istanbul. Pastor Mondics and Sister Anahid Benzatyán are also studying language.

* Brother J. W. Peeke and Pastor C. E. Mosley, Jr., from Washington, D. C., were among recent visitors in Istanbul.

NILE UNION

* The senior class of the Nile Union Academy was organized with Zacharia Youssef as president, and Nathan Malaka as secretary-treasurer. Pastor W. R. Lesher was chosen as sponser. The class went on a trip to Alexandria May 12 to 16 in the school bus. Points of interest visited included the museum, aquarium, zoo, and Rashid.

* The academy junior class was organized choosing Shakir Aziz as president, Fowzi Wanis as secretary-treasurer, and Brother Hanna Watson as sponsor. The class took a one-day trip to Suez on May 25.

* The MV spring week of prayer was conducted by Elder R. H. Hartwell April 29 to May 7, in the Nile Union Academy.

* Eighty new theatre type seats have been installed in the academy chapel, and new chairs have been purchased for the dining room and library.

* Visitors passing through Cairo have been: R. P. Abel and wife from Thailand; Rae Anna Brown of Benghazi Hospital; G. T. Chapman, manager of Loma Linda Foods, and wife; D. J. Donesky from India; Dr. J. P. Munsey and family, returning to the United States after a term of service at the Benghazi Hospital; T. C. Murdoch, president, Mountain View College, Philippines, and wife; W. L. Murrill and family from Burma (Mrs. Murrill is the sister of Neal Wilson); L. A. Piper from Australia; Dr. C. E. Randolph, associate secretary of the General Conference Medical Department; Dr. G. R. Rigsby and family from Ethiopia; Dr. C. S. Small and family from India; C. P. Sorenson, president of the Far Eastern Division, and wife; the Drs. Warren of Paradise Valley Sanitarium; R. L. Watts and family from India; R. A. Wilcox, Middle East Division president; L. G. Unwin from Australia.

EGYPT

* The Seventh-day Adventist organization in the Southern Region of the United Arab Republic has been officially recognized by the government as a national religious denomination. This recognition gives our work a status equal to that of any other Christian group. The drive to obtain recognition began in 1957. After a period of waiting for final denominational clearance denominational recognition was obtained in April 1960. Pastor Neal C. Wilson and Brother Ramsis Mina initiated the drive for recognition and Pastors A. G. Zytoskee and Hilal Dose carried it through to victory. In many respects this recognition is a miracle of God's grace in behalf of His remnant church.

* Workers reporting baptisms for the first quarter, 1960 are: Abadir Abd El Messih, pastor, Souhag district, 5; Fikry Mikhail, pastor, Assiut district, 4; and William Gayed, pastor, Central Delta district, 3.

* R. H. Hartwell, secretary, Middle East Division, recently spent two weeks in Egypt itinerating throughout the field in the interests of the home missionary

work. Hilmy Berbawy, Nile Union home missionary secretary, accompanied Pastor Hartwell in his visit to nearly every church group in Egypt.

* On May 2 a boy, named Wissam, was born to Brother and Sister Samaan Fungary. A first born son, Fathi, was born May 4 to Brother and Sister Hayat Fouad El Hawi. Brother Hayat is an assistant to Mrs. Erna Kruger of the Matariah Mercy Home.

* The six eighth grade girls of the "special" school recently spent a graduation picnic in Alexandria. Their teacher, Aziza Habib, is now back to normal following an appendicitis operation.

* The week of prayer at Heliopolis school was conducted by Elder C. V. Brauer. Separate services for the primary and junior age groups were held. Twelve from the junior group have requested baptism.

MIDDLE EAST PRESS

* Recently Brother A. E. Ashod, the Armenian editor for the Middle East Press, and his wife left on a three month trip through the division field. They will visit our Armenian friends and believers in Iraq, Iran and Turkey.

* Typesetting has now begun on our first major Spirit of Prophecy publication in Arabic—*Patriarchs and Prophets*. The first nine chapters are now set also for our first major Spirit of Prophecy publication in Armenian—*The Desire of Ages*. We thank God that soon these wonderful books will be available in the local languages. Let us pray that they will be instrumental in bringing a revival to the peoples of the Middle East.

Middle East College

President, E. L. Gammon Dean, K. L. Vine Business Manager, A. W. Fund

* Pastor E. L. Gammon and his family arrived in Beirut on May 10. He has already taken up his duties as president of Middle East College, and we are all looking forward to progressive years under his administration. Much appreciation goes to Pastor R. C. Darnell who so ably administered the college during the interim.

* The college family enjoyed a most inspiring week of prayer under the leadership of Pastor A. G. Zytoskee, president of the Nile Union. His theme for the week was "What lack I yet?". It was most thrilling to see the young people testify for their Lord and surrender themselves anew to Him and His service.

* The Middle East Press will be closed for its annual vacation August 14-28. Our summer schedule will begin June 15. The working hours will be from 7:00 a. m. - 12:00 m. and 12:30 p. m. - 2:15 Sunday through Thursday. Fridays we will close at 1:45 p. m. Those who will be planning to contact or visit our publishing house during the summer please note this schedule.

BENGHAZI HOSPITAL

* Leaving April 3, on the same plane with Doctor and Sister J. P. Munsey, Jaydine, Rebecca, and Doctor Munsey's parents, who had been visiting them in Benghazi for a few weeks, were Miss Maha Azar, returning to her home in Jordan after completing the nurses' course in Benghazi, and Miss Rae Anna Brown, going on vacation. Miss Brown is now back in Benghazi and busy at her work.

* The hospital staff was happy that Dr. O. Rouhe of Modesto, California could be with them for nearly two months. All enjoyed working with him very much, and they will be pleased if the time ever comes that he can join them again. He left May 15 to join his wife and daughters in Spain.

* On May 13 Doctor C. E. Randolph, of the General Conference Medical Department, arrived in Benghazi where he has been kept busy. He plans to remain until one of the regular staff doctors arrives from the United States. * Sister Wadie Youssef and Hilda were in Cairo for several weeks, but now they are back home in Benghazi.

* From January 1 to May 31, 1960 the in-patient census has averaged nearly double that of the same period of 1959.

* There are several additions to our faculty for the 1960-61 school year. Brother A. W. Fund will be manager of the college. Brother Antoine Jabbour has been called to be cashier and accountant. Brother Henry Jeha has accepted the call to Middle East College elementary school as principal, and Brother Zaher Farag has been called to connect with the education department.

* May 28 was a high day at Middle East College. Ten young people followed their Lord in baptism. We trust that they will have an active part in the Lord's vineyard in these closing days. The officiating minister was Elder K. L. Vine. Another seven candidates were baptised in June.

* Home Coming week-end was celebrated June 10-12 with former graduates of the college taking charge of nearly all activities on the campus. At the annual alumni banquet on Sunday night the election of officers resulted in choosing Brother Henry Jeha as president of the Alumni Association, Miss Shahin Ouzounian as secretary-treasurer, and Mrs. Latifa Jabbour as editor of the organization's news letters. Brother Nourhan Ouzounian, and Miss Najwa Nabti, outgoing officers, gave their reports in a very acceptable manner. Emphasis was given to the need for local chapters of the Alumni Association in each place where five or more graduates of Middle East College are residing in one country. Pictures showing college activities in former years were on display.

* Elder C. E. Moseley, Jr., of the General Conference Religion Department was our guest speaker at two chapel periods. His messages were encouraging and helpful.

GREETINGS TO THE YOUTH OF THE MIDDLE EAST.

E. L. GAMMON, *President*
Middle East College

We thank God that He has permitted us to serve the youth of the Middle East. It is our sincere desire that the Middle East College fulfil God's plan in behalf of the young people sent to its halls.

Our prayer is "That our sons may be as plants grown up in their youth; that our daughters may be as corner stones, polished after the similitude of a palace: That our garners may be full, affording all manner of store; that our sheep may bring forth thousands and ten thousands in our streets: That our oxen may be strong to labour; that there be no breaking in, nor going out; that there be no complaining in our streets. Happy is that people, that is in such a case: yea, happy is that people, whose God is the Lord." Ps. 144:12-15. "Be of good courage, and let us behave ourselves valiantly for our people, and for the cities of our God: and let the Lord do that which is good in his sight." 1 Chron. 19:13.

We, at Middle East College, are at your service.

YOUR COLLEGE

KENNETH L. VINE, *Dean*
Middle East College

Already a flood of applications is pouring into the office of the secretary of admissions of Middle East College. Why is it that so many desire to come? This is easy to answer, for this is God's school, planted in Lebanon for the training of the future leaders of His cause

in this thrilling but difficult corner of the vineyard. The campus is beautifully situated on the foothills of the Lebanon mountains, overlooking the blue Mediterranean. Its buildings are attractive and the whole atmosphere is one of Christian friendship and industriousness. Its faculty is not only an instructional body but a group of friends—elder brothers and sisters who are interested in each student as an individual and in his or her particular development mentally, physically, and spiritually. No wonder students love to come to Middle East College!

Maybe you too would like to come to college for the 1960-61 school year. If you do, then why not read the following carefully and act immediately.

COURSES OFFERED:

1. Secondary, College Preparatory: The last four years of secondary work are offered, leading to college entrance.

2. Secondary, General Secondary: Two four-year terminal courses are offered to those students desiring to finish their schooling at the end of the 12th grade. Emphasis is in either the stenographic or the industrial fields.

3. Junior College: Two two-year courses on the college level are offered to students desiring either elementary education or secretarial.

4. Senior College: Five four-year curriculums are offered leading to the Bachelor of Arts degree with concentration in the fields of business administration, elementary education, English, history, and religion. Minors are also offered in the above fields (except religion) and in music, science, secretarial science, secondary education, Biblical languages, and Arabic.

ENTRANCE REQUIREMENTS

Either of the following will satisfy minimum entrance requirements:

1. A certificate of completion of high school college preparatory requirements from an accredited high school.

2. A minimum of five London, Oxford, or Cambridge General Certificates of Education on the ordinary level, which must include a language (Arabic is required of all Arabic speaking students), history, pure maths, science, and any other subject.

3. A certified government certificate of the 12th grade level (according to the American system).

EXPENSES

For dormitory students an approximate figure which includes tuition, fees, room, rent, laundry, food, books, etc. is LL. 1425.00 for the school year. The expenses vary with the student's needs, however.

HOW TO EARN YOUR MONEY

Many students take advantage of the colporteur scholarship plan of coming to college. For details of this plan consult your local publishing secretary and the college bulletin. Most students earn part of their way through school by working for the various departments of the school as the college needs, and in this way they are able to learn a trade as they train their minds and hearts. For more details, why not write to the Secretary of Admissions, Middle East College, P. O. Box 1170, Beirut, Lebanon? You will be sure to find further inspiration to come to the only college for *you* in the Middle East.

CHURCH CALENDAR OF SPECIAL DAYS

July	2	Home Visitation Day
Aug.	6	Home Missionary Day
Aug.	13	Christian Education Day
Aug.	20-27	Missions Extension Week
Aug.	27	Missions Extension Day
Sept.	3	Home Missionary Day
Sept.	17-Oct.29	Ingathering Campaign
Sept.	24	Thirteenth Sabbath
Oct.	1	Home Visitation Day
Oct.	1-8	Voice of Prophecy Campaign

DIVISION DIRECTORY

President	R. A. Wilcox
Secretary	R. H. Hartwell
Treasurer and Auditor ...	V. A. Fenn
Cashier	Nora Atkins

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Home Missionary and Sabbath School	R. H. Hartwell
Medical	Wm. Wagner, M. D.
Ministerial	W. E. Olson
Publishing and Radio ...	R. C. Darnell
Temperance and Missionary Volunteer	A. A. Haddad

MIDDLE EAST MESSENGER

R. H. Hartwell Editor

Published quarterly as the official Organ of the General Conference of Seventh-day Adventists, Middle East Division, P. O. Box 2020, Beirut, Lebanon.