

THE Missionary Worker.

VOL. 10.

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No. 23.

The Sabbath-School.

Life and Death.

So he died for his faith. That is fine—
More than most of us do.
But say, can you add to that line
That he lived for it, too?

In his death he bore witness at last
As a martyr to truth,
Did his life do the same in the past
From the days of his youth?

It is easy to die! Men have died
For a wish or a whim—
From bravado or passion or pride;
Was it harder for him?

But to live—every day to live out
All the truth that he dreamt,
While his friends met his conduct with doubt
And the world with contempt.

Was it thus that he plodded ahead,
Never turning aside?
Then we'll talk of the life that he lived.
Never mind how he died.

—Ernest Crosby.

Bath Sabbath-School Convention.

THE Bath Sabbath-school held its third annual convention on Sabbath, October 13th. Two sessions were held, one in the morning at 10.30, and one in the afternoon at 2.30. We were pleased to have with us Elder George Nickels, who is labouring at present in Bristol.

Brother Nickels was chairman of the convention, and opened the discussion of the first meeting with a paper on teaching. Some very helpful suggestions were brought out.

Papers on "The Missionary Aspect of the Sabbath-School," and "Young People's Work," were presented by the editor of the WORKER. In both papers, the fact that the Sabbath-school is pre eminently an instrument in the hands of God for missionary service was made most prominent. In the general discussion of these papers, several expressed themselves as feeling confident that if the Sabbath-school was conducted with the purpose in mind of making known the truth locally, and of training the children and youth for active missionary service, our work would not at present be suffering so

greatly from want of labourers. Churches which are now calling aloud for ministers and Bible workers, would find in their own midst the means of accomplishing what is needed.

Other papers presented were, "The Value of a Child's Soul," "Reviews: Objects Sought and How Obtained," "Regularity and Punctuality," "The Best Way to Study the Lesson," "The Greatest Need of Our Sabbath-School," "Singing."

The attendance was good at both sessions, and a live interest was taken in the discussion of the different subjects presented. At the close of the convention several stated that they had never seen so clearly the importance of the Sabbath school in church work, and expressed their determination always to be faithful in attendance at and interest in the Sabbath-school. We hope that the convention will prove to have been the cause of bringing the Bath Sabbath-school up to the highest standard of proficiency, as every one of our Sabbath schools ought to set itself to do.

Comparative Financial Report for Quarter Ending September 30, 1906.

Church.	Tithe.		First-Day Off.	
	1906	1905	1906	1905
	£ s. d.	£ s. d.	£ s. d.	£ s. d.
Balham,	5 4 11½	15 19 3		5 4 ½
Bath,	9 14 0½	21 0 6	7 4	10 11½
Brighton,	2 3 6	2 2 4		6 6
Bristol,	5 0	1 2 0		
Caterham,	27 13 7½	19 8 11	2 6	17 9½
Catford,	18 3 13½	14 15 9		6 9½
Conference,	42 3 6½	17 18 6	4 0	4 3 ½
East Cowes,	6 12 0			3 9 0½
East Dulwich,	17 2 6	18 5 0½	12 6	1 18 1
Edmonton,	5 15 4	1 0 0		11 4½
Hastings,	3 12 0			
Ilford,	1 7 0			
Individuals,	16 11 0	149 13 6		
Leytonstone,	9 16 10	13 17 5	7 5	20 1 9½
North Kensington,	28 10 3	22 11 1		
North London,	164 9 5½	166 10 11	6 6	11 6 6½
Plymouth,	30 7 8½	44 1 10	16 5	1 19 7
Southampton,	26 1 11½	41 3 7		2 14 1
Southsea,	18 14 8½	16 5 4	6 6	1 4 3
Total,	434 8 6½	565 15 11½	3 3 2	46 15 8½

IF we are following Christ, His merits, imputed to us, come up before the Father as sweet odour. And the graces of our Saviour's character, implanted in our hearts, will shed around us a precious fragrance. The spirit of love, meekness, and forbearance, pervading our life, will have power to soften and subdue hard hearts, and win to Christ bitter opposers of the faith.—"Testimonies for the Church," Vol. V.

The North London Good Health League.

THE first meeting of the season of the North London Good Health League was held in Duncombe Hall Sunday, Oct. 28th. It had really seemed as if we were doomed to have no meeting at all, for the rain came down in torrents. However, to our great surprise and delight over one hundred were sufficiently interested to brave the elements.

Professor Salisbury was in the chair, and made some excellent remarks, after which an inspiring address was given by Brother M. E. Olsen on the "Objects of the Good Health League." This was followed by a well rendered quartette, "Sleeping on Guard." A practical demonstration on the "Care and Treatment of a Pneumonia Patient," by Nurse Howarth, from Caterham, was well received, and a reading on "Why Christians Cannot Smoke," with a further contribution from the quartette, completed what was pronounced by many present to be the best League meeting ever held in North London.

The idea of holding our meetings on Sunday night is an experiment which we think will result in an increased attendance at the ordinary Sunday night services. Our League has now a membership of over forty, and the spirit of co-operation and unity manifested by the church at large is indeed very gratifying to the officers.

With the Lord's special blessing we hope to establish a good strong League in North London

this winter, with some vigorous monthly meetings, and if any friends of the movement who have no such organisation in their vicinity would like to help us in our work, they may send their contributions to the treasurer, Brother V. Walkden, 28 Landseer Road, Holloway, N. who will gratefully acknowledge all such truly practical sympathy. E. H. MARSH, Sec'y.

Southsea Sabbath-School Convention.

A SABBATH-SCHOOL convention was held in the Southsea Sabbath-school, Sabbath, October 27th. The regular Sabbath-school was held in the morning, and the convention in the afternoon. At both the morning and afternoon hours there was a large attendance.

We were privileged to have with us Elder Wakeham, the president of the Conference. Elder Wakeham acted as chairman of the convention, and gave a stirring address on the Sabbath-school as a means of training missionaries. He showed that the lessons which one learns in successful Sabbath school work are invaluable in active missionary work. First, there are the lessons on the Message contained in our quarterlies; and besides these, there are the practical lessons that we learn of regularity, punctuality, methods of teaching the truth, the interesting of children, patience, and many others.

Sabbath-School Report.

Quarter ending Sept. 30, 1906, compared with corresponding quarter, 1905.

SCHOOL.	MEM'SHIP.		AT DA' CE		CLASS S.		TOTAL DONATIONS		DON. TO MISSIONS.	
	1906	1905	1906	1905	1906	1905	1906	1905	1906	1905
Balham	39	42	20	26	5	5	1 13 6	1 8 3	1 13 6	1 8 3
Bath	38	38	30	22	4	4	13 9	11 8½	13 9	9 0
Brighton	6	6	6	6	1	2	2 8	3 3	2 8	3 3
Bristol	12	13	7	11	1	1	7 6	10 0	7 6	10 0
Caterham	28	25	29	20	1	2	2 6 10½	1 16 6½	2 6 10½	1 16 6½
Catford	43	45	34	34	5	4	1 16 6½	2 3 2½	12 4½	13 10½
Dorset	4		4		1		9 5½		9 5½	
East Cower	19	20	17	16	2	2	1 17 4½	1 18 6½	1 10 0	1 10 0
East Dulwich	20	24	17	20	2	2	2 3 3	3 0 9½		
Edmonton	28		24		3		7 0½		7 0½	
Hastings	23		23		2		7 5½		7 5½	
Higher Penwath+ (Crelly)	3	5	2	4	1	1	16 7½	1 8 1½	16 7½	1 8 1½
North Kensington	57	65	53	51	9	8	2 8 9½	3 5 0½	16 8½	1 8 3½
Leytonstone	54	55	25	29	4	5	2 17 7½	2 5 7½	2 17 7½	1 1 7½
North London	77	70	73	45	10	9	3 19 2½	5 0 6½	3 3 8	4 19 3½
Plymouth	45	50	40	35	6	6	1 13 8½	1 4 3	15 0	1 4 3
Portsmouth	52	44	30	33	5	3	2 2 5	1 19 8½	2 2 5	1 18 8½
Romsey	11		9		2		5 6		5 6	
Southampton	23	16	12	12	2	2	17 0	16 0	17 0	16 0
Individual							11 6		11 6	
Totals	582	518	455	364	66	56	26 17 9½	27 11 6½	20 16 7½	22 13 0½

The superintendent of the Sabbath school, Brother Jerome, read an interesting paper on "Who Should Help in the Sabbath School?" This paper showed that every member of the school should be called upon to help the officers of the school in every way possible, especially in the work of teaching. One of the difficulties with which the superintendent has to contend, is the securing of willing and faithful teachers. Brother Jerome felt that every member of the school should be willing and prepared to teach whenever asked.

Other interesting papers were, "How to Secure Prompt and Regular Attendance," "How to Study the Sabbath-School Lesson," "The Kind of Teaching One Gets Most Help From," "How Parents Can Help the Sabbath-School Teacher," "The Best Way of Interesting and Instructing Children."

Time was allowed after each paper for a general discussion from the floor, which opened the way for many interesting and helpful remarks from different members of the school. The papers were interspersed with songs from the children and other members of the school. At the close of the convention, all felt that the meeting had been a real success, and that if the suggestions brought forward were put into practice, the Southsea Sabbath-school would be a powerful instrument in the hands of God for spreading the truth in that place.

A Book of Absorbing Interest.

BROTHER FRANK PARTRIDGE, of Ipawich, has sent us a copy of a very interesting letter which he has received from a Congregational minister, to whom he sold a copy of "Great Controversy." We give the letter in full.

Dear Mr. Partridge,

I thank you for your letter and paper. I should have been glad to attend the Conference you mention. I can well believe they will be helpful meetings. I am much interested in the "Great Controversy." Have not got quite through it yet, as I am reading every word of it to my wife, and we discuss it as we go along. We are somewhat restricted in our opportunities, as we must both be at liberty at the same time.

It is of absorbing interest. We have just got to "Modern Revivals." We are not quite clear about the Sabbath question, and I have had to place one or two queries in the margin. But the book is well reasoned and scriptural. I hope you will place a great many.

We have been so fascinated lately with the missionary books. Have just read one on Corea. I think the great commission will soon have been obeyed. The teaching in the "Great Controversy" respecting the Sanctuary is rather startling. I have never met with any similar statement.

I hope you will have a good time next month.

Sincerely thanking you for your kind thought of me,

I am, Yours very faithfully, —————

The Work in Wales.

A "Good Health School" in Cardiff.

ON Monday, the 22nd of October, we commenced a "School of Health" in our new hall. This continued over the 25th, and proved a splendid success.

On Monday night the writer lectured on "A Minister's View of Food Reform," and though the audience was not a large one, we had a good time.

On Tuesday, we met Dr. Olsen at the railway station, and took him straight to the hall, where he lectured at 3 p.m. on "The Common Sense Diet," the foundation of which is fruits, nuts, cereals and vegetables. He contrasted these with different flesh foods, showing the much greater nutritive value of the former. We think nearly all present determined that in the future it would be better for body and mind to discard flesh, and eat the good things God has given, which are better able to build us up and to keep us in good health.

In the evening the chair was taken by Brother G. W. Bailey, who made a first-class chairman, introducing the doctor with a few good, sound sentences. The subject of the lecture was "The Training of the Body." At this meeting we had a good attendance, and the plain, simple talking of the doctor interested everyone present. The splendid interest was fully manifested when the doctor called upon the whole congregation to take a few simple breathing exercises. Everyone took part, and in a little while all seemed fired with enthusiasm.

On Wednesday morning, the doctor and I spent a very pleasant time visiting Brother and Sister Bailey in their "house on wheels" (the Bible van) at Caerphilly, getting back to Cardiff in time for the afternoon meeting, when the doctor spoke on "How to Secure Health." His prescription was written on the blackboard in easy English, and the good value of each of the ingredients was expounded to us in simple language, so that all could understand. This was far different from the unintelligible hieroglyphics of the ordinary prescriptions given by other doctors. The prescription is as follows:

- No. 1. Fresh air: To be taken at all times, night and day.
- No. 2. Pure water: In easy quantities as needed, half an hour before, or two hours after meals. (It is not good to drink at meals.)
- No. 3. Pure food: At regular intervals, and not more than three times a day.
- No. 4. Exercise: May be taken with care at any time when convenient, but fifteen or twenty minutes of this should be taken each day.

No. 5. Clothing: Should be good, and equally distributed over the body.

No. 6. Bathing: Tepid or cold every morning; hot at least once a week.

The above, with God's blessing, we are confident will greatly help to secure and keep health.

The evening meeting was under the presidency of Brother S. Joyce, who, with a few well chosen remarks, asked the doctor to give us his lecture on "Hydrotherapy at Home." After introducing the subject, the doctor invited a patient to take his place on the treatment bench. This poor patient, we found, had all kinds of ailments from a headache to a sprained ankle. However, the skill of our doctor was equal to all this, and with his own hands he administered compresses, fomentations, and packs, which seemed to work marvels upon the patient, who was afterwards pronounced perfectly cured.

The afternoon meeting on Thursday was presided over by R. Edwards-James, Esq., a local solicitor and food reformer, who showed great interest in the School of Health by becoming a member of our Good Health League. "The Care of the Eyes, Ears and Throat," was the subject of the doctor's remarks, and much interest was manifested by a splendid audience. The large number of questions asked showed that the doctor had gained the confidence of most of his hearers.

The chairman of the evening meeting, A. F. Allwood, Esq., is also an enthusiast in food reform, and in his address he said that he did not know much about the doctrines of the friends who worship in this hall, but he had come to the conclusion that they were preaching a "full Gospel." He had been a member of a church for fifteen years, but had never heard the subject of the care of the body mentioned from any pulpit, or by any minister. He had been very much helped by the doctor's lectures, and he could not help saying that the doctor was acting in a very Christlike manner in "going about doing good." He was glad to make his acquaintance, and was sure that a treat was in store for the congregation, as the doctor was to lecture on "The Cure of Disease." This was the last lecture of the series, and the hall was well filled with interested people. The advertised drugs, nostrums, and "cure-alls" which are gulling so many throughout the world, had no sympathy from the doctor. He spoke of the cure of disease by natural means in earnest, spirited tones that inspired and thrilled the congregation. The Lord was certainly present

by His Spirit, and the instruction was well received by all.

We cannot tell you all that took place, but we look upon this School of Health as a very successful one, and we continue to pray that the truths to which we listened will prove to be an entering wedge indeed, and that many may yet be brought into the full blaze of the truth as a result.

At the close of the meeting, a Good Health League was organised, and a number of outsiders became members. We hope to hold meetings once each month, and so keep up the interest already begun. The world is sadly in need of the great truth which God has given to us. Let us do our part to enlighten the dark places by letting our light shine. The time is short, and we are called upon to finish God's work in the earth. The good use of the "right arm of the Message" must not be forgotten. We want to share in this good work right to the end, and come behind in no good thing. Brethren, pray for the work in Cardiff.

W. H. MEREDITH.

Newcastle and Leeds.

I ENJOYED the privilege recently of speaking at the opening meetings for the present season of the Good Health Leagues in Newcastle-on-Tyne and Leeds. Brother Joseph Brandt, the president of the former, with the assistance of Elder Marchus, Brother Bonnett, Brother Slater, and others had worked up a very good interest. Dr. T. M. Allison, Honorary Physician to the Hospital for Women, was in the chair, and took a deep interest in the proceedings; also making some excellent remarks. The outlook is excellent for a great work in Newcastle. Brother Bonnett has placed an order for 10,000 copies of the Christmas number of *Good Health*. The push and enthusiasm shown by his wide-awake sons and daughters, should stir our young people everywhere to renewed effort.

At Leeds, also, the outlook is full of possibilities. The people who came out to the meeting showed a deep interest. Some had come long distances, Brother Andrews, the leader, having put himself to the trouble of taking personal invitations to nearly all the *Good Health* readers. Leeds needs some more work with *Good Health*. There must be many thousands in that great city who would gladly take the magazine if they only knew what it would do for them. Brethren Andrews and Ellis are doing what they can, but more help is needed.

We hope to hear good words from all the other Leagues.

M. E. OLSEN.

Our Work in Scotland.

Visiting the Churches.

FOR more than a fortnight Elder Andross and the writer have been visiting the churches and companies of Sabbath-keepers in Scotland. Our first visit was at Paisley, where sixteen precious souls were baptized, and a church of seventeen members was organised. Officers were duly elected, and the elder (Brother Miller) and deacon (Brother Clarke) set apart to their sacred calling. On Sabbath morning, October 13th, we met with the Glasgow church. We had a good attendance, and all were glad to have Brother Andross with us once more, and to listen to the message which the Lord gave through him.

Sunday evening we were with the company at Greenock. Here Elder and Sister Knight are labouring earnestly to sow the seeds of truth. Some have stepped out into the path of obedience and are rejoicing in the light of the truth. A company of about thirty were gathered to hear the Sabbath question presented. We were pleased with the eager interest manifested by this company. Sister Knight has been invited to address gatherings of women and girls in two different districts. In this way she is getting into touch with some of the leading women of the place. We are expecting to see a good strong church developed here on the banks of the Clyde.

During the week we visited Brethren Monteith and Haining and their families at Kilmarnock, conducting one service and celebrating the ordinances with them. It was indeed a precious season, and the first time these two families had had such a privilege for two years. We hope it will not be long before some labourer can be sent to this place to develop the interest awakened by the earnest efforts of these dear brethren and their families.

We enjoyed spending a night with Brother and Sister Baird at their country home near Mauchline. Here there is a good opening for presenting the truth, and before the winter is over we are expecting to have meetings conducted in a village near where Brother Baird lives.

At Falkirk, Sister Blanche's room was well filled with Sabbath keepers and interested people on Tuesday evening. One brother and his wife have begun to obey the truth recently in Falkirk. We spent one evening with the Kirkcaldy church. The company from Wemyss, together

with the members of this church and their families, made quite a gathering. The message of the soon coming of our Saviour was presented with power, and the brethren and sisters were greatly encouraged. In Dundee, Sister Duncan had invited the Sabbath-keepers and some who are seeking for light to gather at her house. We presented the two prominent features of our faith—the coming of the Lord and the Sabbath—both Brother Andross and the writer addressing the little gathering.

Sabbath and Sunday, October 21st and 22nd, we were in Aberdeen—the “Granite City” of the north. A most beautiful city it is. In population it is now the third city in all Scotland. Here we held five services, and for the first time the ordinances of the Lord's house were celebrated in this city by Seventh-Day Adventists.

On Monday, after a ten hours' ride *via* the Great North of Scotland and Highland railways, we arrived in Wick. Brother and Sister McKay were at the station to meet us. On Tuesday, Sister Grigor came from Bonar Bridge, and in the afternoon, after a short service, we had the privilege of baptizing Sister McKay in the Baptist Church, which was kindly opened to us by the deacons of the congregation there. In the evening we had a preaching service in a cottage, and afterwards celebrated the ordinance of humility and the Lord's Supper. On our way south we stopped for almost three hours in Inverness, the old capital of the Highlands. We were very deeply impressed with the people of the North. There being no large cities, they are not huddled together, but live on farms or in villages. Agriculture and raising sheep and cattle are the chief industries. Along the sea coast there are fishing villages, and during the fishing season all the little harbours swarm with small craft loading and unloading the fish and barrels. From what we saw of the people we are convinced that the truth will reach many of them, and that they will gladly obey it. Engaged in the pursuits of country life, and surrounded by the mountains, they have a solidity of character that is of great worth in these days of instability.

On our return journey Brother Andross stopped in Dundee for one night, and conducted a service, while the writer went on to Edinburgh and arranged for meetings there. We were with the Edinburgh church over Sabbath. While there we baptized seven candidates, and had two preaching services besides celebrating the ordinances. Letters were granted to three, and two were received into the Edinburgh

church on the Sabbath, besides the right hand of fellowship being given to three who will unite with the Mission church. One sister who had kept the Sabbath for twelve years, met with us for the first time. Some had come from Falkirk and one from Dundee to participate in the ordinances. In the evening we visited two of our brethren in the Royal Infirmary. Brother David Gunn, the elder of the Kirkcaldy church, has been in the hospital for seven weeks, having undergone two operations. We were glad to find him of good courage, and making progress toward recovery. Brother Love, from near Glasgow, has also been under treatment there. He also seemed of good cheer.

On Sunday evening Brother Andross addressed a large gathering at East Wemyss on the "Message for Our Day." Brother and Sister Bacon are doing earnest work in this part of Fifeshire, and there is every indication of a good strong church being raised up. Monday, October 29th, we returned to my home in Glasgow, having visited ten churches and companies, besides three towns where we have none, baptizing twenty-four dear souls, belonging to seven different towns, and conducting about twenty-five services, besides visiting many families. We believe it has been a blessing to all our people in Scotland, and that the plans that have been laid since will result in gain to the cause of truth along all lines of our work.

S. G. HAUGHEY.

Kirkcaldy and East Wemyss.

I AM glad to report that the work is making steady progress in this part of the great harvest field. The members of the Kirkcaldy church are all remaining steadfast, and doing their part faithfully to advance the truth in that place. Two earnest souls have recently been baptized and united with the church, for which we praise the Lord, and take courage.

Brother David Gunn, the elder of the church, has been in the Edinburgh Infirmary now for some seven or eight weeks, undergoing a serious operation. All have felt a great sympathy for Brother and Sister Gunn, and have proved the truth of the words of the Apostle Paul in 1 Cor. xii. 25, 26. We desire the prayers of the WORKER family, that God may speedily restore our brother to health and strength, and to his usual place in the church, where his presence and help have been so much missed.

I spend Friday evenings and Sabbath mornings with this church, and precious seasons of refreshing we are having together. On Wednes-

day evening, October 17th, we were glad to welcome Brother Andross, who has been visiting the churches and companies in this field. The hall was well filled, nearly all the members being present, with a good number of friends, twelve of the latter coming from Wemyss. The message which the Lord sent to us through His servant was solemn and impressive, and sank deeply into the hearts of all present.

Concerning the work in East Wemyss, since our last report to the WORKER our meetings have been transferred to a smaller and more convenient hall, where we can hold Sabbath school as well as Sunday evening services. The hall is the property of The United Free Church, and was granted us by the deacons at a very small rental. In this we recognise the favouring hand of God. Our Sunday evening services are growing in interest, and the attendance seems somewhat on the increase. Our Sabbath school is also growing in attendance and interest. Quite a number of young people from the village attend and manifest a live interest in the lessons. We hope by this means to reach some of the parents. Many precious souls are in the balance with reference to obeying the truth. We desire the prayers of our brethren and sisters that they may soon take a very decided stand for the Lord.

On Sunday, October 28th, Brother Andross, accompanied by Brother Hanghey, was with us, and spoke in the evening on the subject of "God's Message for To-Day." We had an attendance of fully eighty adults. The interest was excellent, and the direct convincing message made, we know, a lasting impression on the hearts of many, and will bring forth fruit in due season.

Our courage is good, and we feel more and more that it is time God's people should arise as one man and finish the work, and thus hasten the glorious appearing of our Lord and Saviour Jesus Christ. Yours in the blessed hope,

A. E. BACON.

It Shall Not Return Unto Me Void.

THERE are many precious promises in God's Word for the workers, and one of the most encouraging is that found in Gal. vi. 9. "Let us not be weary in well-doing: for in due season we shall reap, if we faint not." It is not always necessary that we should sow in tears, to reap in joy; nor yet is it necessary that the seed, "which is the Word of God," should be sown only in the adult mind and heart in order to reap a rich reward. It has been demonstrated

over and over again that the seeds of truth sown in the hearts of children have yielded a glorious harvest.

About six years ago we lived with Brother and Sister Lamie in Newarthill, near Motherwell, where we held children's meetings every Wednesday evening. Sister Lamie gave some bright health talks, and on Sunday evenings the writer gave them some instructive Bible lessons. We began our meetings with eight bright-faced children, but very soon our numbers increased to sixty-four, with whom we had many enjoyable meetings. Four years after, while canvassing *Present Truth* in Wemyss, Fifeshire, a woman asked me if I was ever in Newarthill, stating that her little girl had recognised me as an old teacher. When I told her I was, she told me one of her little girls had been to our meetings there, and used to come home and tell them what we taught. The father, having been exercised over the Sabbath truth for many years, was quite interested. To-day, Mrs. Hunter, with her sister, Mrs. Scott, is rejoicing in the Third Angel's Message. Mr. Hunter has not yet taken his stand with us, but we pray he soon will. As a result of the interest raised there by these dear souls, meetings are now being held at Wemyss, and soon we hope to hear of others taking their stand for the Master on the side of truth.

"A little child shall lead them."

ALEX. MONTEITH

To Every Sabbath-Keeper.

THE solemn fact that we are living in the time when God has put His hand the second time to recover the remnant of His people and thereby to finish His work in the earth, has taken a fresh hold upon many souls, who are coming up nobly "to the help of the Lord, to the help of the Lord against the mighty." Like the Apostle Paul, they will not allow anything to move them, neither do they count their lives dear unto themselves, that they may *finish* their course with joy. Acts. xx. 24.

This is beautifully illustrated in the steady and ever-increasing flow of consecrated workers into the dark places of the earth, and in the faithful and untiring efforts of so many loyal souls at home.

To assist this last named class, the publishers of *Good Health* have spared neither pains nor expense in the preparation of the holiday number of that most valuable magazine, that it may be very potent in carrying the "gospel of health" to all parts of the British Isles.

We are all agreed that the health principles

constitute the "right arm" of the last Message of mercy, and therefore that it should occupy as prominent a place in our work as our right arm does upon our body.

The "Spirit of Prophecy" declares plainly that *Present Truth* and *Good Health* should go hand in hand, the one is the complement of the other. Let us not therefore become onesided in any respect, but lay our plans to give the whole Message as rapidly as possible to a people who are perishing for lack of the very words of knowledge set forth so clearly and forcibly in our literature.

The Lord promises that a willing people shall come to Him in the day of His power, and as we see these words being fulfilled so beautifully by our people all over this country we thank God and take courage, believing that there will be a hearty response to the call for extra help to circulate the 75,000 copies of *Good Health* between now and December 6th, so as to be free to devote the remainder of that month to work with the special number of *Present Truth*.

According to the latest statistics, we have 1,693 believers in this field. If we divide 75,000 copies of *Good Health* amongst these in equal proportion, we shall give each member about forty-five; hence we call for an order from each Sabbath keeper for *at least* forty five copies of the December number of *Good Health*.

We do this because we desire all to have a share in the blessing resulting from this work. Our book agents can easily handle this paper as a help while soliciting orders for their books, or devote a few hours of each Sunday to dispose of some. *Present Truth* agents have the privilege of selling a copy of *Good Health* to every one of their customers who is willing to buy one, and surely our members can also devote a few hours to aid in spreading the gospel of health which has done so much for each one of us. Those handling *Good Health* regularly can increase their lists by reaching into new territory with this special number, and where any of our people know of respectable persons who do not smoke or drink intoxicating liquor, and who because of lack of employment are in distress, we would be pleased to know that you had invited them to join you in the work with this special *Good Health*. I believe this would be a most excellent way of rendering assistance to such needy persons, and at the same time helping in the good work of making known the precious truth concerning the care of our bodies.

I believe all have a desire to do their part as to the Lord and not to man, so we ask you to send in your orders early, as they will be filled in the order in which they arrive at the Office. We had not sufficient papers to fill all orders last year, and have only planned to print 5,000 more this year, although we have an increase of about 200 in our membership. Therefore we advise you to order early to avoid disappointment.

S. JOYCE.

The Missionary Worker.

Printed Fortnightly. Annual Subscription, 1s. 6d.

Address all communications to

The Worker, 451 Holloway Road, London, N.

Sunset Calendar.

FRIDAY, November 9th, 4.19 p.m.

" " 16th, 4.9 "

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WE have seen a copy of the Christmas number of *Good Health*, and after a careful reading and a study of the general make up of the paper we can say that it is the best holiday number of the magazine yet published. We have space to mention no more than its special features, and to ask you to read carefully the articles in this WORKER by Brethren Joyce and W. C. Sisley. The first article of the paper is a "Christmas Greetings" by the editor, followed by "The True Foundation for Permanent Health," by Dr. J. H. Kellogg; "Common Winter Ailments: Their Prevention and Treatment," by Dr. A. B. Olsen; "The Living-in System and the Nation's Health," by Brother M. E. Olsen; "Round Shoulders: Their Cure," by Mrs. Lenna Whitney-Salisbury; "Is Cancer Curable?" by Dr. Franklin Richards; "Causes and Treatment of Influenza," by Dr. J. J. Bell; "Gowns for Growing Girls," by Dr. Eulalia Sisley-Richards; "Food for the Lungs," by Mrs. E. G. White; a "Food and Cookery" department; and editorial notes. The number is profusely illustrated, and no better pennyworth will be found among all the holiday specials that will be placed upon the market. We hope it will have the large circulation which it deserves.

A Missionary Opportunity.

THERE is just now a fine opportunity for doing some excellent missionary work, which we hope every reader of the WORKER will make the most of. I refer to the Christmas number of *Good Health*, which will be off the press now in a few days, and ready to be placed in the hands of the people who need the practical, helpful instruction which it contains so abundantly.

Our *Present Truth* agents will find this number of the health magazine an excellent means of getting their regular customers to take *Good Health* also. It will give them an excuse for calling at the houses of former customers, and thus getting in touch with them again. The attractive cover and good variety of illustrated articles

which make this number of the health paper so saleable, cannot fail to open the way for other literature. Hence there is every reason why our paper and book agents should put forth their best energies in pushing the sale of these seventy-five thousand copies of *Good Health*.

But the rank and file of our churchmembers should also lend a helping hand. Get a good supply, and sell to your tradesmen and to chance acquaintances and neighbours. Take an occasional afternoon, and canvass a few streets in your vicinity. You will get a rich blessing in thus coming directly in contact with the people who need these life giving principles, and you will be surprised to see how quickly the paper will sell. Some copies you will want to give away to your friends, with a hearty Christmas greeting, and perhaps an invitation to become regular subscribers.

Orders for this number of *Good Health* should be sent in very early, for with the blessing of God and the hearty co-operation of all our faithful members, we hope to see the whole edition cleared out about the end of November, thus making way for the Christmas number of *Present Truth*, which will likewise be full of good things, and will come in for a full description later.

Let churches and individual canvassers put forth one united effort to put both papers in the hands of the people, and great blessing cannot but result to the cause of truth.

W. C. SISLEY.

Study.

NOWHERE is study more needed than in our Sabbath-schools. It cannot be too strongly emphasized. Teachers in the public schools who fail to study and improve are soon left behind, and replaced by those who have energy and determination enough to study. This ought to be so in our Sabbath-schools. . . . Attention, application, accuracy, method, punctuality, and despatch are all essential to good teaching. We should study these things, but above all things else we should not neglect to diligently search the Word.

Teachers, of course, should be students. They cannot teach unless they are. They may fill the place, and stand up and make motions during the period of the recitation; but this is not synonymous with teaching. But let none get the idea that only teachers should study. Every member of the class should be a close student of the lesson. It is laborious work for a leader to be compelled to drag through a recitation a half-dozen or more persons who are ignorant of what is in the lesson.—*Sabbath School Worker*.