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Welcome to PASTOR E. W. PEDERSEN

Secretary, Home Missionary
and Temperance Departments

By A. F. Tarr



SINCE the time that Pastor Axel Varmer was called to the leadership of the Vejlefjord Mission School, the Northern European Division has found itself deprived of a Home Missionary secretary. This has undoubtedly resulted in loss to the field, though not nearly as great a loss as would have been the case had there not been strong Home Missionary secretaries in all of the unions all ready to shoulder additional burdens.

During all of this period the Division has sought to find a suitable successor to Pastor Varmer, and in that search has given thought to many names. It was finally decided that no better selection could be made than that of one of our own number who had for many years been engaged in mission field service in East Africa.

Much as we dislike recalling a missionary from his post in foreign service, we felt that the need in the Northern Euro-

pean Division was such—and the man we proposed to call was such—as would warrant the call being placed. We knew of no available person who could better meet our need than Pastor Emmanuel Pedersen, and with his background of aggressive mission service we thought that he could bring into the department a freshness and an energetic leadership that would inspire the entire field in its Home Missionary endeavours.

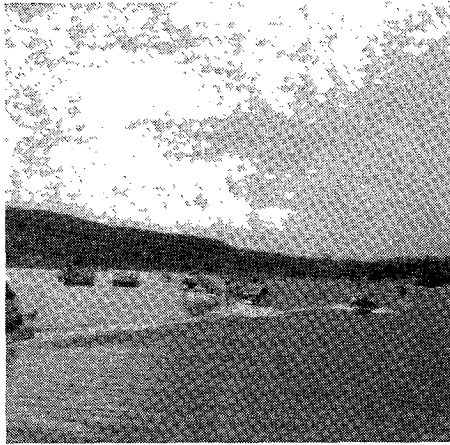
Accordingly a call was placed with the South African Division for Pastor Pedersen to reconnect with his home division to meet its very urgent need. Pastor Pedersen, though strongly attached to the country of his adoption, accepted our call and he has with his family at last arrived in Denmark, his home country.

Housing shortage will for a few months prevent Brother and Sister Pedersen from setting up house in England, but Brother

Pedersen has himself already spent some days in the Division office and by the close of the year it will be arranged for the whole family to move from Denmark to Division headquarters in Edgware.

We welcome Brother and Sister Pedersen and their two children most cordially to the Northern European Division, and we bespeak for Brother Pedersen the support of all of our members and workers in the heavy responsibilities which have now been placed upon him. Brother Pedersen will, in addition to his Home Missionary activities, be secretary also of the Temperance Department, which is going to become a growing force in the Northern European Division as in other divisions of the world field.

And so, once more, a most hearty welcome to Brother and Sister Pedersen and their two children Kirsten and Glenn, from Africa to Northern Europe.



Left: Five hundred MVs in twenty-two motor launches "invade" the fjords near Mandal, South Norway.

Right: A group of MVs in Finland practise a song for MV meeting on the lake-side.



AN MV INVASION FLEET

By E. L. Minchin

YES, it was a real fleet of twenty-two motor boats laden with nearly 500 Missionary Volunteers. Where was it? Oh, it was among the beautiful fjords around Mandal in South Norway during our recent MV camp. What a sight it was! Happy, singing, Christian youth from Denmark and Norway enjoying one of the high days of a wonderful camp. Pretty Norwegian flags fluttered from the stern of each boat as we wound our way in and out of the inlets and fjords. At one place all the boats came together and we sang choruses and folk songs. Those fjords just rang with the voices of hundreds of Christian youth. At another pleasant spot we tied our boats to the shore, sat on a grassy slope, and listened to a thrilling Gospel message from Pastor W. R. A. Madgwick of Newbold College.

But that was only one day out of seven never-to-be-forgotten days at this, the largest youth camp of the season. One of the highlights was on the Sabbath evening when 600 Advent youth, many of whom were in uniform, marched and sang through the streets of Mandal and led the way to a great open-air amphitheatre where hundreds came to listen to a stirring youth evangelistic programme of songs, talks, and demonstrations. As a climax, the youth leaders, with flaming torches, ran to a nearby hillside and formed a great blazing cross. Yes, it is the light from the cross that illumines this dark world, and our youth in Scandinavia are pledged to carry its redeeming

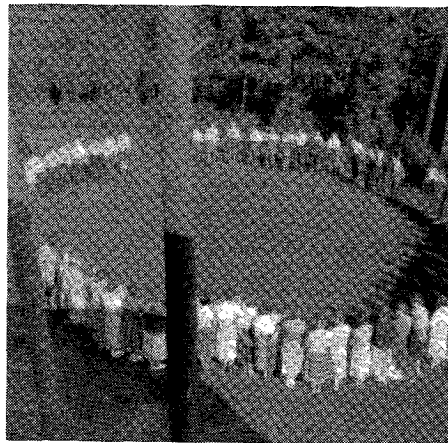
message to the millions in their beloved countries.

Perhaps the greatest moment of the camp came on Sabbath morning. Each evening through the week, the challenge of the MV Legion of Honour had been sounded to a tent crowded full of eager, earnest youth, culminating with a consecration service on Friday night. Sabbath morning a special call was made to those youth who had not surrendered to Christ before, or who desired to be baptized. In a few moments fifty-one precious youth had come forward, most of whom were between thirteen and seventeen years of age. It was a glorious sight—a group large enough to compose a fair-sized church.

Yes, our youth camps are recruiting grounds for the Lord Jesus. May these young recruits ever be true to their great decision.

This was not the only camp this summer where great blessings were experienced. Between 2,000 and 3,000 Advent youth and juniors have camped in our homelands this summer.

We thank God for a loyal band of youth leaders throughout our Division. We thank Him, too, for a growing army of splendid youth who eagerly respond to consecrated leadership. Our sons and daughters in the North lands will not fail God in these last and adventurous days.



Morning Watch time in Finnish Youth Camp.

THE TALE OF TWO CHURCHES

By C. L. Torrey,

Treasurer, General Conference

ONE Sabbath last summer I was asked to speak at a certain church in a medium-sized town. It had taken me considerable time to find the church, as it was located on a narrow side street surrounded by old dwelling-houses. After parking my car, I stood and looked at the church building. So far as I could see, it had not been painted for many years. Some of the boards had rotted and doubtless the decay had penetrated quite deeply.

I started to walk up the front steps. Some of the boards were loose and it was really quite unsafe.

I walked on into the church and sat down on a shabby looking seat. The majority of the members were already there and Sabbath school was about to begin. I glanced at the rostrum. It was unkept. The interior had needed redecorating. I thought, "What would a little paint do to this place!" No interest seemed to have been taken at all in this church by the elder or deacon.

After the service I discussed the condition of the church with the elder and the deacon. They readily agreed that the church needed to be repaired and repainted. But said they: "The people of the church are poor and the conference has given us no money for this work; therefore, we can do nothing. Some day the conference officers will realize that something must be done and funds will be provided; then we will repair and paint it."

So often we find this attitude where church leaders and members are concerned. It had never occurred to the elder and the deacon to place the burden upon

the churchmembers to beautify the house of God. When I suggested to these leaders that the men of the church, some of whom were good carpenters, might donate their time to repair the church, and an offering be taken for the purpose of buying paint, it seemed to be a brand new thought to them. They had been looking to the conference for the money instead of to themselves, and in the meantime they were apparently satisfied to sit with their hands folded and wait it out.

I then inquired if they had insured their church against fire. The answer was in the negative.

The pitiful condition of the church had its detrimental reaction upon the churchmembers. They did not like to invite people to their church to worship until the conference repaired and repainted it, so no new members had been added for a long time. It might have been so different if the members of the church had taken a financial interest in keeping the house of God in good repair and beautiful.

Later on I had occasion to attend church in another town, and what a different situation obtained. This church was also surrounded by older dwellings, some of which were unkept, so that the church so beautifully painted stood as a light in the midst of its surroundings. As I walked up the front steps, all in good repair, a lady with a big smile extended her hand in welcome and invited me to join in worshipping in her church.

As I walked inside, I noticed that everything was order and harmony. The members were a happy group. And why not? How could they be otherwise? The rostrum was neat and clean; the interior had been beautifully decorated. Truly this was God's house and the strains of the first hymn were good to hear as the voices of members poured out their joy and praise to God for His goodness and love.

The members of this church love to invite their friends and neighbours to attend the church service and as a result there were many new members praising God for showing them the light of truth.

The servant of the Lord has said: "To the humble believing soul, the house of God on earth is the gate of heaven. The song of praise, the prayer, the words spoken by Christ's representatives, are God's appointed agencies to prepare a people for the church above, for that loftier worship into which there can enter nothing that defileth."—*Testimonies*, Vol. 5, page 491.

The financial responsibility of keeping

our church buildings and the furnishings in good repair belongs to the members of the church. They can find happiness and satisfaction in making their church a place where the angels and the Holy Spirit will love to visit them. Surely these holy, heavenly agencies cannot be happy in anything less than the best.

God loves His church—every member of it. "Enfeebled and defective, needing con-

stantly to be warned and counselled, the church is nevertheless the object of Christ's supreme regard."—*Testimonies*, Vol. 7, page 16.

We should feel it our duty and privilege and indeed a pleasure to share in the responsibility of keeping our churches in good repair for our heavenly guests and also to attract strangers who may join in worshipping with us.

Items of Interest from the British Isles

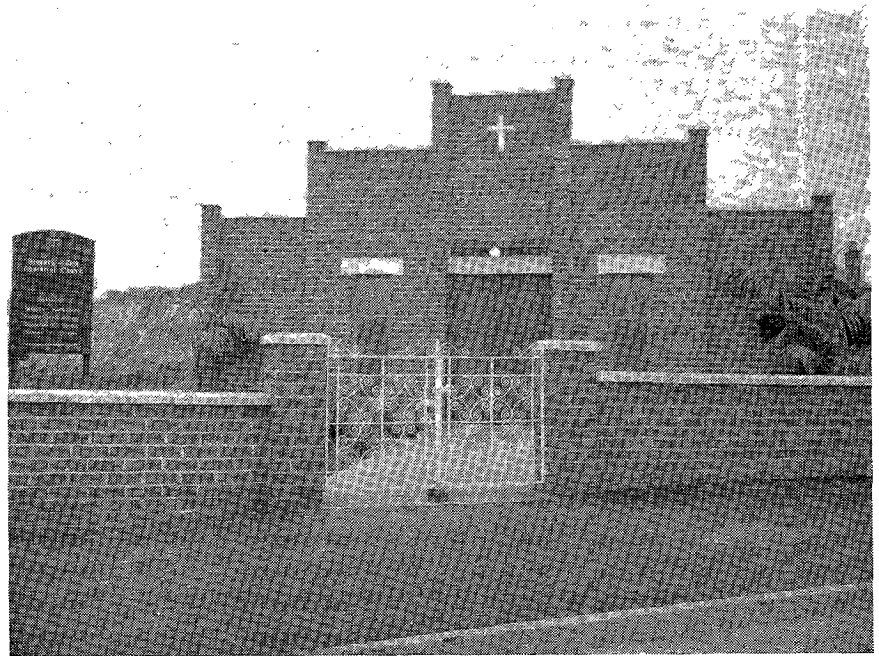
By W. W. Armstrong, *President*

IT IS now some time since we gave a short account of the work in this Union, so we now gladly furnish a further report of our activities during the past few months.

We have recently had our conference sessions and days of fellowship and we were impressed by the willing spirit that was shown on every side by our good members as we went around. It is quite obvious that the burden of evangelizing our big cities rests heavily upon our membership and they are ready to follow whatever lead we give. We are glad to say, too, that the resolutions passed, reflected the desire both of the ministry and the laity to prosecute the work of the Lord vigorously. We were especially

pleased as we visited the big city of Glasgow, in Scotland, to witness the flaming zeal for the Lord among our members there. Pastor Ian McGougan has done splendid work in that city with only a small band of workers and a moderate budget. Over forty souls have been gathered out for the Lord and added to the church. Pastor McGougan is planning to conduct a second campaign in that city this autumn.

Moving over a little to the east, we come to the town of Dunfermline, which was virgin territory until just over a year ago, when Pastor C. D. Baidam entered that place and raised up a group of nearly thirty members, and against many difficulties succeeded in building a representa-



A new church in Dunfermline, ancient capital and Royal Burgh of Scotland, where in consecrated ground, lie the bones of Scottish kings.

tive church in that town. He is planning to launch out in new territory this coming autumn when he enters the town of Kirkcaldy.

Coming down to London we find considerable activity. The past few months have been very busy ones, planning for the purchase of a new evangelistic centre. Those of you who have had the *Review and Herald* will have seen the pictures of the centre which we have now acquired, and all our plans are being hastened so that this building may be re-equipped and re-decorated for this coming autumn campaign. We are glad to say that the General Conference has agreed for Pastor G. E. Vandeman to remain here until next March to continue the splendid work which he has done during the past year. Two hundred souls have been baptized already. Recently a special meeting was called when Pastor H. M. S. Richards passed through London, and it was encouraging to see the crowd that had attended Brother Vandeman's campaign last year, readily return. We know there are scores who are studying this message, and, we hope, will take their stand before long.

Plans are being laid for our leading evangelists to conduct strong campaigns in many of our big cities. We are glad to have the services of Pastor T. J. Bradley, who will lead out in a big campaign in Birmingham, a city of over a million people. Sheffield, York, Kettering, and Cardiff are some of the other towns where new evangelistic work will be commenced this autumn.

In Ireland there is great difficulty in obtaining halls, but this is not deterring our workers. They are renewing their energies in personal work, and lately splendid baptisms have been the result of their combined work. It is worthy of note that of all the Voice of Prophecy interests, forty per cent are now coming from Catholic and Presbyterian Ireland. The Voice of Prophecy is running a strong programme throughout the Union. The King's Heralds (of London), composed of four of our lay brethren, are doing splendid work, and the balance of their harmony is outstanding. One of the members of this quartette left his business in the west of England and found new work here in Watford in order to be able to give his services to this phase of our work. For the next three months they are out every week-end singing, travelling long distances, and returning in the early hours of the morning. Their work of sacrifice is well accepted by all. Under the leadership of Pastor C. R. Bonney, we are expecting strong Voice of

Prophecy campaigns to be started in many of the smaller cities of Great Britain this autumn.

Much more could be said of our plans, but time will not permit, except to say that wholeheartedly we are tackling the great problem which God has laid upon us. In His strength we go forward.

PREJUDICE BROKEN DOWN

By C. R. Bonney

THROUGHOUT the world the Voice of Prophecy radio work and the Bible correspondence schools are combining as a mighty force to place before the millions just what we believe as Seventh-day Adventists. This is very noticeably breaking down the widespread prejudice which has tended to hinder our evangelistic work. Here in the British Union many evidences of this have been brought to our notice just recently. I would like to cite one of them as an example.

After going to Canada for about twenty years a preacher came back to one of the country districts in the south of England with a great urge to open the Bible to the young and old of his community. For that purpose he built his own little church.

Just two years ago he heard of the Voice of Prophecy Bible School and so wrote for the lessons. He became very interested and took great care to have every doctrinal point made clear by sending in to my office many questions. When the subject of the Sabbath was reached he studied it from every possible angle. To our surprise he wrote in to say that his church was now the Sabbath-keeping church, and then a few weeks afterward asked whether the Voice of Prophecy would like to take over his church and run all the meetings.

At this stage I felt that our local minister should visit this good gentleman in order to investigate just what was the real situation. In due time an interview was arranged when during the course of conversation our minister mentioned Seventh-day Adventists. At this the good gentleman emphasized that he would have nothing to do with Adventists, for he knew that they held many beliefs that were unscriptural and forthwith produced one of the pamphlets written against us. He would not believe that the Voice of Prophecy had any connection with the Advent church and declared clearly that he was willing for the Voice of Prophecy to take over his church because he knew that they

had the truth, but not Seventh-day Adventists.

It took a long time for our worker to convince this man that the Bible school was a part of the Advent church, and all that he had read previously was wrong concerning our beliefs. His hatred of our church was very marked.

The outcome of this is that now our minister has been conducting meetings in that little church. The preacher and others there are making decisions to become members of God's remnant.

PRODUCTIVE EVANGELISM—2,500 BAPTIZED

By G. D. King

CLEARLY the time has come when the church must give attention to the urgent challenge of an unfinished task. As never before, the leadership and people must "Arise and shine" in order that the witness of our message may be heard and heeded by those in darkness. In all parts of our territory the call to use every means available for the propagation of "the truth" must be sounded, and effective methods for spreading the message must be found and utilized with utmost efficiency.

Within recent years, our radio programmes and Bible correspondence schools have been effectively and fruitfully engaged in service, and, from recent reported figures, it is evident that the nine correspondence schools within our Division are playing an increasingly important part in our evangelistic programme.

The first correspondence courses in our Division were organized in Britain, Holland, and Denmark in the year 1947. Later schools were started in Finland, Sweden, Norway, Iceland, and West Africa in 1948. The volume of students taking the courses has been increasing year by year and, for the first six months of 1953, 10,000 students were enrolled and 7,258 graduated from the courses. The most interesting and arresting figures from the latest reports received from the schools, however, indicate that since 1947 the total baptisms of students have been approximately 2,500 and the gifts in offerings to the schools have amounted to just over \$63,000.

These are indeed encouraging figures and surely indicate that here is a potential force in evangelistic endeavour worthy of

our most prayerful and practical support. Every Voice of Prophecy card distributed and every radio listener enlisted is a link in the chain of potential baptisms resulting from this fruitful form of evangelism.

When we realize that about 350 souls were baptized during the first six months

of 1953 from our Bible correspondence school contacts, we are surely impressed that God is richly blessing this form of evangelism. We have every reason to be encouraged with these results, believing that God has greater things in store for us as we move "Forward in Faith."

their faithful part in the preparations.

The opening service was on Friday evening, July 31st, when Pastor E. Keslake, the president of the Sierra Leone Mission, spoke to the young people concerning seven important Sabbath days. The most important was "This Sabbath Day," on which occasion we should offer ourselves more completely to God.

On Sabbath, after an interesting Sabbath-school period, the dedication service took place, with a congregation of 700 (the normal seating capacity of the church being 650).

The church choir rendered service for the first time. To the beautiful tune "Crimond," they sang the twenty-third psalm, ending with the words: "And in God's house for evermore, my dwelling place shall be."

Pastor J. O. Gibson, our union president, directed our minds back to the dedication of Solomon's temple. He reminded us that, from the outset the temple was made a house of prayer. Pastor Gibson called us to make a dedication of our own selves, as did the people of ancient Israel, that the glory of God might be manifest in our temple.

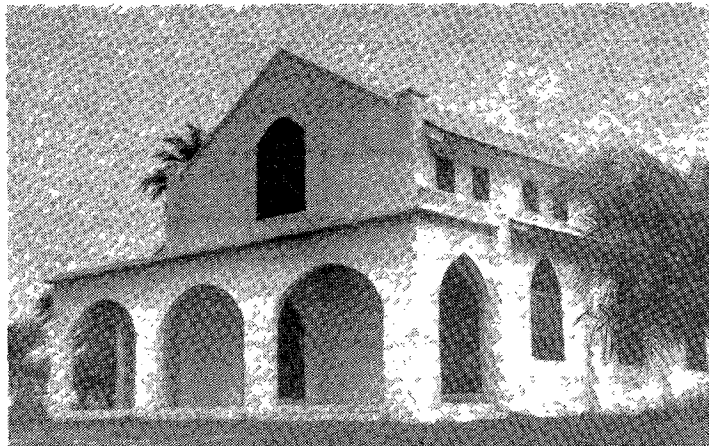
Pastor J. J. Hyde, President of the West Nigeria Mission, then led the people in the act of dedication; and Pastor D. V. Cowin, the Union Educational and MV secretary, offered the dedicatory prayer.

It was very fitting that, in the afternoon, we should meet together around the Lord's table for our communion service. Pastor Hyde spoke of the great yearning of Christ to be with His people: "I would that they also whom Thou hast given Me, be with Me where I am." Pastor W. G. Till, President of the North Nigerian Mission, led out in the act of communion, together with Pastor A. E. Farrow, Acting President, and Pastor A. J. Dickay, the Associate President of the East Nigerian Mission.

The organ voluntaries, played by Mrs. Fitcher, added to the prayerful atmosphere of this occasion, as of the other services.

Sunday dawned bright and fair. Almost with the sun, visitors were seen gathering around the church. This was the special day for the local people. The church service was due to commence at 11 a.m., and well before that time it was evident that less than half the people would be able to enter. Already there were 700 cycles parked outside the church.

Eventually, some 1,100 people were packed into the church, and twice the number outside took up their stations at



Forsythe Memorial Church, Ihie, East Nigeria

By W. G. A. Fitcher, *Headmaster, Secondary School, Ihie*

GREETINGS from the faculty and the 130 teacher training, evangelist, and secondary students at Ihie.

We have just experienced a wonderful week-end of blessing and fellowship.

That a special week-end was before us was evident from the much increased bustle and activity, as grass was cut, paths were cleared, and buildings were made to look even more attractive.

"You must have been expecting a visit from the school board," some sceptic might say. That person would indeed be correct, for a board meeting, and even a union committee was to be held. These meetings brought to us the Christian fellowship of our brethren from the union mission at Accra, from the Bekwai Training College, and from the missions in Sierra Leone, Gold Coast, and West, North, and East Nigeria.

If you had analyzed the bustle more carefully, however, you would have noticed that our activity during this week of preparation was focused particularly upon one building—our beautiful new church. For, coinciding with the visit of so many

brethren from the West African field, we had planned the dedication of the Forsythe Memorial church.

Perhaps I should explain the name of the church. It carries the name of one of our faithful members in Florida, U.S.A. This lady, Dr. E. Forsythe, an oral surgeon, who is now eighty-six years old, wished to make a contribution to help our West African Mission work. God led her to donate a sum of \$6,000 (£2,250) for the establishing of a church at our Training College. To her donation, the West African Union Mission added a sum of £300. In August, 1950, the ground was broken, and work commenced. And now, just three years later, the church was ready to be presented to God.

We certainly must mention our debt to Mr. L. Downing, our principal, who was responsible for the plans and the actual building of the church. Our evangelist director, Pastor A. E. Brendel, and his African assistant, Mr. Imo, had also spent much time and energy in preparing for this event. Nor should we forget to mention the village members of the church, and the students also, who have all played

the windows, or as near as possible to the external loud speaker.

Pastor Farrow led in the reading of Psalm twenty-four, while Pastor Nzotta, a charter member of the church, and now district leader at Umuobiakwa, put the questions in verse eight and ten, to which the choir responded.

The Principal told the story of the church and the sacrifice which made the building possible.

An inspiring sermon was now delivered by Pastor H. J. Welsh, Principal of our Bekwai Training College, in the Gold Coast. "The omnipotent God dwells within these church walls only as He dwells in the hearts of the members. We must worship Him in spirit and in truth. True worship within the church is reflected in a life of Christian service by the members of the church."



OUR LATEST INSTITUTION

By G. D. King

OUR believers throughout the Division territory will be interested to know that the Advent Press in Accra, Gold Coast, is now in operation and constitutes a further strong witness for the Advent message in that important and fruitful territory.

The accompanying picture gives some indication of this fine structure and the manager, Pastor H. S. Pearce, writes as follows: "We have had a share of difficulties and doubtless they are not all past, but the Lord has been very kind and gracious to us and, hearing our prayers,

After the dedication hymn by the choir, Pastor Till led in the dedicatory prayer, and the congregation rose to their feet to sing the Doxology.

As a thank offering on this joyful occasion, the people returned to God the sum of £85.

And so our series of inspiring services drew to a close. God's dwelling place is now established at Ihie.

As hundreds, even thousands, of students, during succeeding years, meet with God in His house, we ask that you, dear fellow-member, will pray with us for the fulfilment of the final verse of the dedication hymn sung by the choir:

And in the great decisive day,
When God the nations shall survey,
May it before the world appear
That souls were born to glory here.

HEALTH REFORM— GOD'S GREAT GIFT

By H. Karstrom, Ph.D.

(Continued from August issue.)

MODERN science of nutrition has plainly demonstrated that from a protein and vitamin point of view, a meat diet is not essential at all. Furthermore it has been discovered that a copious consumption of meat is even harmful, because:

a. All animal products, especially those with a large percentage of fat, contain more or less cholesterol—a complicated organic substance belonging to the so-called steroids, which gradually during the years are deposited in the walls of the blood vessels (later there is also a deposit of calcium) causing arterio-sclerosis and diseases closely allied therewith in the blood circulatory organs. Very comprehensive statistics from the United States of America in 1948 reveal among other things, that fifty-six per cent of all deaths are caused by angina pectoris, coronary disease, organic heart disease, and cerebral hæmorrhage—that is, diseases which all imply arterio-sclerosis. According to another statistical report made in 1940, sixty-two per cent of all deaths of persons sixty-five years of age and over, are caused by arterio-sclerosis, high blood pressure, degenerative diseases of the heart, the blood vessels, and the kidneys. As a general cause of all the general diseases is cited an abundance of flesh diet. Alvar Wilska, professor of physiology in Helsinki University, writes concerning this: "Diseases of the blood vessels, many of which lead to heart failure, cerebral hæmorrhage, and softening of the brain, as well as gallstone troubles, gout, and to some extent rheumatism, are caused by abundant flesh diet. Man was made to live principally on grain foods, and he is often punished already in this life if he turns away too much from this course of living."

b. Its high protein percentage largely promotes the above-mentioned diseases.

c. By excessive heat, such as frying, grilling and roasting, animal products, especially fat, form cancer-producing matters, carcinogenic compounds, which according to Professor Alvar Wilska belong to the so-called mortamins, which take life, contrary to the vitamins which give life. Cancer is one of the worst scourges in the present age. *About one-fifth of the deaths in middle age are caused by this dreaded disease.* It has become more and more evident that one of the chief reasons for the terrible spread of cancer is that modern man subjects his

has performed many miracles on our behalf. It is good to hear the rumble of the presses as I write."

Throughout the whole of West Africa we have a loyal band of colporteur-evangelists who are accomplishing great things for God as they spread the message through the printed page. The building of the new Advent Press in Accra will mean much to our total witness of evangelism throughout the West African Union territory. We solicit an interest in your prayers on behalf of this important phase of evangelism in that field.

food to excessive heat—often together with animal fat, as when frying, or without fat, as in roasting, when carcinogenic compounds are formed. We should be clear on the fact that when different articles of food are subjected to excessive heat, the forming of carcinogenic substances is possible.

7. *Vegetarian meals should be prepared without grease and spices.*

"Fruits, grains, and vegetables, prepared in a simple way, free from spice and grease of all kinds, make, with milk or cream, the healthful diet.

"Grains and fruits prepared free from grease, and in as natural a condition as possible, should be the food for the tables of all who claim to be preparing for translation to heaven."—*Counsels on Diet and Foods*, page 314.

In the *Testimonies* the use of fat in the preparation of food is counselled against and it obviously refers to animal fat:

"You should keep grease out of your food. It defiles any preparation of food you may make."—*Ibid.*, page 200.

"Your appetites are morbid, and because you do not relish a plain, simple diet, composed of unbolted wheat flour, vegetables and fruits prepared without spices or grease, you are continually transgressing the laws which God has established in your system."—*Ibid.*, page 124.

"As a family, you are far from being free from disease. You have used the fat of animals which God in His Word expressly forbids."—*Ibid.*, page 393.

Because of this counsel we understand now more clearly the wisdom of the instruction in the Word of God, "Ye shall eat no manner of fat, of ox, or of sheep, or of goat." Lev. 7:23. God has in Holy Writ more than three thousand years ago warned man against animal fat, but it is only in our own time that science has been able to give the reasons for it. *We ought therefore to avoid frying and roasting either flesh foods or vegetables, especially in animal fat. Vegetarian dishes, cooked or fresh, consequently form the most healthful diet.*

The use of many kinds of spices in our day has brought about a perverted appetite. The same is true also of cooking salt. If we want to escape many ailments, and a desire for alcoholic drinks as well, then we should put away the use of spices and reduce greatly the use of cooking salt. (Study further *Counsels on Diet and Foods*, pages 311, 340, 345, 420.)

8. *Use sugar temperately.*

Inasmuch as the white, refined sugar is a carbohydrate without vitamins and

minerals, and because the increased use of sugar in our time takes the place of other substances of foods which are rich in vitamins and minerals, sugar has most appropriately been called a "wolf in sheep's clothing." Such diseases as dental caries, which is much on the increase in our day, and diabetes, as well as infantile paralysis (polio), are connected with the increasing consumption of sugar. (*Study Counsels on Diet and Foods*, pages 327, 328.)

Professor Alvar Wilska who has closely studied the sugar problem in relation to the occurrence of dental caries and polio, has referred to the following facts against

The New Gallery

As the result of much newspaper publicity, our readers in many places are fully informed of the recent purchase of the New Gallery, Regent Street, London, for the development of an evangelistic centre in that great city. Pastor Vandeman and his corps of workers are looking forward with considerable pleasure to opening their autumn campaign in this new centre on October 25th next. Our prayers will be with this group of workers as they set out once again to gather the people of London to hear God's special message for this time.

E.B.R.

sugar and its use as a food-product:

1. White granulated sugar is, relatively speaking, a new food product which in the eighteenth century was to be had at the chemist's shop only. But gradually it came to be used as a food-seasoning product (spice) and eventually it was numbered with the food products, the consumption of which has increased year by year. About 1850, for instance, the world production of sugar was only about 2,000,000 tons per year; in 1900 about 10,000,000 tons, and in 1948, 29,000,000 tons. This shows how sugar plays an important part among the food products.

2. But sugar is a "dead" food product, without vitamins and minerals. Therefore as sugar consumption increases, more harm is done to the human body from a vitamin and mineral point of view, for it will replace other food products which contain vitamins and minerals.

3. In comparison with starch, sugar is a carbohydrate with small molecules whose resorption is fast and causes the sugar in the blood quickly to rise abnormally high. In this way the activity of the liver and the pancreas run the risk of being exposed to too heavy a strain. The high percentage

of sugar in the blood causes an increased formation of insulin, the hormone of the pancreas, which in turn reduces the sugar in the blood below normal. This condition creates a feeling of feebleness or exhaustion, as well as a desire for sugar. This diseased condition has been called *saccharism*, and in many instances it resembles *alcoholism*.

If this abnormal consumption of sugar continues year after year the effect will be that the pancreas will not be able to produce sufficient insulin, and diabetes will set in.

When eating products rich in carbohydrates, such as grain and potatoes, the change of the starch to sugar takes place gradually and slowly and does not interfere with the functions of the liver and the pancreas. During the two world wars the consumption of sugar in the belligerent nations was greatly reduced. With this reduction there took place also a reduction in the cases of diabetes, almost half of the normal before the wars. After the war, with the increase in the usage of sugar, the increase of diabetes has again been noticed.

4. An abundant sugar consumption causes formation of fat in the organism as well as in the blood vessels and thus gives rise to diseases of the blood vessels.

5. Inasmuch as sugar is a good basis of nutrition for streptococci and staphylococci, an abundant consumption of it will raise the percentage of sugar in the tissues and thus promote the increase and contentment of these bacteria in the organism.

6. Inasmuch as a thorough scientific investigation has been able to prove that the presence of dental caries is a direct result of sugar consumption, and inasmuch as dental caries often bring along many different diseases, we understand that the consumption of sugar should be carefully regulated, and abuses resisted.

(To be continued.)

PASTOR ROBERT HARE

RECENT word from Australia reports the death of Pastor Robert Hare at the age of ninety-four years. Pastor Hare was probably the oldest ordained minister in Australia. He was ordained to the ministry in 1888 in the United States and then proceeded to labour in New Zealand and Australia, where over many years he rendered a highly fruitful ministry. Pastor Hare is known among our people throughout the world as a hymn writer and poet of more than usual ability. We extend to his loved ones our Christian sympathy in this loss that has come to them. E.B.R.

NEWS FLASH

PASTOR A. F. TARR, President of the Northern European Division, left London on September 9th for Washington, D.C. and Los Angeles, California, where he will attend special committee meetings and the Autumn Council which is to be held in Washington, D.C.

Recently we welcomed back to Division headquarters Pastor T. J. Bradley, following upon visits to Sweden and Finland, where he associated with the workers in those fields in two inspiring Ministerial Institutes. Several days after his return, Pastor Bradley proceeded to Birmingham where, on September 20th next, he begins a public evangelistic campaign in the Theatre Royal. Associated with Pastor Bradley in this campaign will be a group of nine or ten selected workers from among the staff of the North England Conference. Much is expected from this effort in this city of more than a million people. The prayers of our worker family are invited in the support of this special work.

Elder and Mrs. W. R. French arrived safely at Southampton on September 15th. Elder French comes to us for a period of special service as head of the Bible Department of Newbold Missionary College. This appointment, together with that of Dr. Gibbs, is an indication of the fulfilment of plans for the development of a senior college at Newbold.

A welcome arrival at Newbold Missionary College recently was Dr. P. T. Gibbs, who comes to us as head of the English Department of the College. Dr. Gibbs is a well known teacher in our American colleges, having recently served in the Pacific Union College as the head of the Department of English.

A few days ago it was our privilege to welcome back to his homeland Dr. P. Schuil and family, who have, during recent years, been connected with the Netherlands Training School at Huis ter Heide. Dr. Schuil and his family were privileged to spend a few weeks visiting their friends and relatives in Finland prior to returning to the British Isles for service once again at Newbold Missionary College.

A recent visitor to London as a delegate to the first Congress of the World Confederation of Physical Therapy, was Mr. B. Rost, Associate Medical Secretary of

the West Nordic Union. Brother Rost reports having enjoyed the meetings of this notable gathering, where some 1,500 delegates gathered from ten or more nations.

It is with pleasure that we announce the call to the mission field of two more workers from our Division. Mr. and Mrs. Amott Milward of Norwich, England, have been appointed to the work in Nairobi, Kenya Colony, East Africa. Both these young people are graduates from Newbold Missionary College. Brother Milward is to take charge of the church school for missionaries' children in Nairobi, and Mrs. Milward is to serve as housekeeper for the children of missionaries living in the school hostel. We wish for Brother and Sister Milward a very happy period of service in the East African Union.

Nurse Ulla Sundell of Finland, under appointment to the Kendu Hospital, East Africa, left by air for her new sphere of service on September 15th. Nurse Sundell trained as a general nurse in Sweden, served for a time in the Hultafors Sanitarium and recently has spent a few months gaining special hospital experience in London.

Miss E. Buck, for a number of years a Bible instructor in the North England Conference, has received a call to connect with the British Columbia Conference, Canada. We wish Miss Buck the rich blessing of the Lord as she takes up her work as a Bible instructor in this new field.

One of our Norwegian nurses, Miss Ruth Tobiassen of Kristiansand, Norway, has recently returned from a period of service in the Middle East. She is now on furlough in her home country and reports having an enjoyable time with her friends and relatives there. We express the hope that this period of recuperation will prepare Miss Tobiassen for another term of active service as she will later return to her chosen field of service.

For some months past our churches in London and in other parts of the British Isles have greatly appreciated the ministry of Pastor W. Raitt, for a number of years a successful missionary in the East African Union. Brother and Sister Raitt have been spending part of their furlough visiting relatives, as well as renewing acquaintance with many of our church people. Early in October, Pastor Raitt expects to return

to Tanganyika where he is to lead out as the Publishing Department secretary. We wish very much of the blessing of the Lord to be with Brother and Sister Raitt as they return to their chosen field of service.

Pastor P. Stearman and family, formerly of Norwich and in recent years an active missionary in various parts of the West African Union Mission, has now permanently returned to the British Isles. This return has become necessary because of the educational needs of the children. We extend a warm welcome to this family after their long sojourn in West Africa and assure them of our prayerful support as they very soon move to the city of Bristol, where Pastor Stearman will assist in the care of our churches in that area.

A few weeks ago Brother Herbert Logan and his family found it necessary to return to the homeland owing to serious inroads of tropical sicknesses upon the family health. Brother Logan particularly has suffered rather severely in his health, arising from the risks of service in the mission field. He has been spending a brief holiday with his family in Scotland and together with his wife and children will shortly connect with the North England Conference for evangelistic work in that field.

E. B. RUDGE.

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