

"ARISE, SHINE ; FOR THY LIGHT IS COME, AND THE GLORY OF THE LORD IS RISEN UPON THEE."

VJL. VI.

ROME, N. Y., DECEMBER 2, 1896.

No. 47.

STILLING THE TEMPEST.

BY S. M. COBB.

'Twas evening, the day with its labor, Its toils, and its burdens gone by; The Master fatigued with its duties, Asleep in the vessel did lie.

Reposed in the silence of slumber, Not long he's permitted to be, For fiercely the winds are now blowing,

And rough and tempestous the sea.

The angry and rough surging billows Leaped high as if maddened by pain, And wildly the billows are raging. And lashing the shore of the main.

Each moment their peril increasing, The voyagers decided to bear The news of their danger to Jesus, That he in their labor might share.

Awakened by words of emotion, "Oh, carest thou not that we die?" He arose with the sea in commotion, And threatening and angry the sky.

He spake to the wild foaming billows The word of command, "Peace be still;" And quickly the high leaping breakers Obeyed the Master's will.

Now calm and at rest are the waters, The storm and its fury subside;

The words, "Peace be still," from the Master, Have conquered the winds and the tide.

But fiercer than Galilee's tempest, A storm is raging within, And harder and fiercer the conflict Against the billows of sin.

No labor or human endeavor, Those dark mighty billows can stay, And alas! we perish dear Master, Awaken and save we pray.

He speaks, and how fondly I cherish Those words which my heart doth instill; He speaks to my soul in its anguish. The life giving words, "Peace be still."

How quickly like wings of the morning. Our souls with delight doth he fill,

And the dark threatening clouds are all rifted, As he speaks the glad words, "Peace be still," My Pilot, my Master, my Savior, Forbid that thy people should be Ingulfed in the waves of destruction, Though rough and tempestous the sea.

TO OUR SABBATH-SCHOOLS.

DEAR BRETHREN AND SISTERS IN THE SAB-BATH-SCHOOLS: The work of the Lord is still onward, and the rapidly increasing omens of sure and speedy victory, inspire our hearts with courage in the upward onward way; and in no way do we see more marked evidences of this than in our Sabbath-schools. But our watchward is onward, and we can never be satisfied with anything less than a constantly increasing growth and interest in the Sabbathschool work; and while we have every reason to praise the Lord for the manner in which He has led us, and for His blessings upon this branch of the work, we believe that our schools have not yet attained to that degree of usefulness, or are in a condition to exercise that degree of power and influence which in the providence of God is their privilege to do.

I feel therefore that the golden opportunities now offered us, to come into closer relation with God can not and must not be passed by unimproved. We are nearing the close of another year with all of its results and consequences thus far developed in the past, a record of which is chronicled in the books on high.

But another year with all of its privileges and blessings, its opportunites and duties, together with its wonderful possibilities, is right upon us; and how to improve the coming year so fraught with importance to divine acceptance, is a matter that should now arrest the attention of both the officers and the members of our Sabbath-schools. But I feel that all of our efforts in this direction will be abortive unless our schools with their individual members do first, most vividly sense the importance and and magnitude of our work, and the relation our schools sustain to the present issue. Oh! do we fully appreciate the situation? Do we sense our duties and realize our dangers? Do the old, the middle-aged, and the young all feel that they must act some part in the closing work?

We must be active now. To those who are not comes the question, "Why stand ye here all the day idle?" "Go work in my vineyard." But if we heed not the call, and if upon our shoulders we permit to be placed no burdens, while others are bearing many, and yet unequal to the task; to such the words will soon be spoken, as to those of old, "Curse ye Meroz, said the angel of the Lord, curse ye bitterly the inhabitants thereof, because they come not to the help of the Lord, to the help of the Lord against the mighty." Each one should be doing something in some way for the advancement of the cause cf God, and in this our schools can participate, and never was there a better time to begin than now.

Shall we not all seek the Lord for a closer connection with Him, and will not all of our schools in this great State unitedly seek the Lord with contrition of soul, pleading that as individuals we may be true to God and to the interests of his work, and that our Sabbathschools may occupy a higher, a grander, and a nobler place in our own hearts, and that it may serve as a more important factor in the great issue of the present time.

S. M. Cobb.

SELECTION FROM "NIGHTS OF WEEPING."

WE hear of the "rod of the wicked," and we are told that it "shall not rest upon the lot of the righteous." This may mean that wicked men are God's rod for chastening His people. and that though permitted to light upon them, it shall not rest or abide upon them, but shall be destroyed, as was the Assyrian, who was used by God as the "rod of His anger" for afflicting Israel. In this sense it gives us the blessed assurance that the triumph of the wicked over the saints is short; that their devices and oppressions shall last but for a moment, and that the church's sufferings at their hands shall soon be over. Wicked men may be "the sword of God," as was Pilate, when he lifted the sword against the man that was

Jehovah's fellow, or as Herod was when he beheaded John in prison; but that sword shall soon be broken. A wound now and then it may inflict, but that is all. It neither moves nor smites, save when God allows. Nor does it come, save with a blessing on its edge. "They mean it not so," yet God means it, and that is enough for us. He makes the wrath of man to praise Him. "There shall no evil happen to the just; when he shall hear of evil tidings he shall not be afraid."

But the "rod of the wicked " may mean that rod, with which He smites the wicked in His fierce anger. In this sense there is no rod for the righteous. Such a rod neither lights upon them nor rests upon them. Their rod is not the rod of the wicked. It is the family rod. They have done with wrath. Over them no curse can ever rest. "There is now no condemnation to them which are in Christ Jesus." The rod may seem to speak of frowns and anger; but it is only a seeming; there is not a glance of vengeance in the chastener's eye. It is a correcting rod, not a destroying one. Its object is not to punish but chasten; not to injure but to bless. "God distributeth sorrows in his anger," but these are not for his saints.-Horatius Bonar.

WHAT PROMINENT DOCTORS SAY OF DOCTOR KELLOGG'S BOOKS.

Some of the medical men in this State have been reading Doctor Kellogg's works. The following testimonials show that they appreciate them. Doctor Kellogg's books on physiology are now being used in the public schools in this city, and in other parts of the State.

"I have hastily examined with interest the three books written by Doctor J. H. Kellogg. I know the work of Doctor Kellogg so well, know his enthusiasm as a scientific man, his great opportunities for investigation of the subject on which he writes, and his clear presentation of his subject, that I am sure these books will find and deserve popular demand."—E. Hitchcock, Jr., M. D., Professor of physical Culture, Cornell University, Ithaca, N. Y.

"I have examined Ladies' Guide, and it gives me pleasure to say that in common with all of Doctor Kellogg's works it is of a very high order. His statements are clear and comprehensive, and the treatment it recommends

Township.	County.	Agent.	Hrs.	Days.	Ords	Value.	Miscel.	Del.	Val.
Bible	Readings.								
Westfield.	Chautauqua.	J. S. Fritts,	30	4	5	\$7.00		2	\$3.00
Walkil,	Orange,	Wm. Seewald,	16	2	2	4.00	\$5.70		
Hornellsville,	Steuben,	G. F. Evans,	33	6	13	38.00	3.40		
Great	Controversy.								
Jamestown.	Chautauqua,	Sarah C. Haskins,	8	2	1	2.25	\$.25	6	16.25
Providence.	Saratoga,	Clarence A. Parker,		2			3.90		
Castile.	Wyoming,	M. A. Vroman,	18	4			15.40		
Stanwix,	Oneida,	F. G. McAlister,		3			4.50		
Miscellaneous s	ales.					33.15			
T	otals,	7 Canvassers,	105	23	21	\$84.40	\$33.15	8	\$19.25

The Canvassing Work.

is modern, rational, and effective. It ought to have a place in every family."-P. M. Neary, M. D., Cortland County physician, Cortland, N. Y.

After a careful examination of Ladies' Guide and Man the Masterpiece it gives me pleasure to state that I consider them both such works as will prove to be helpful to all parents who are desirous that their children shall develop i ito strong, healthy and pure minded men and women. I consider them works fit to be placed in the hands of young people old enough to appreciate the importance of the facts so clearly and properly stated by the author."—F. J.Cheney, A. M., principal of Cortland Normal School.

"During my casual reading of some of the writings of J. H. Kellogg, M. D., I have been particularly impressed with their scientific originality and adaptability to the common people. I have always held that the more the people informed themselves of their physical constitution, and the proper care of the same, the more easy it is for us as physicians to treat them, and the less liable they are to need us."—Miles D. Goodyear, M. D., Groton, N. Y.

Our people ought to have these books. We have some on hand now, and will sell them at a discount for a short time.

J. R. CALKINS.

NORWICH.

Our week of prayer readings were much enjoyed by our little company. We were favored by the presence of Elder W. A. Westworth from Friday evening to Sunday evening. For four days we had two meetings per day, and three on Sabbath. This season leaves all in good courage, and we stand a united company firmly resolved to press the battle to the end.

Sister M. E. Dixon of Haynes, Sister Sarah Prosper of Oxford, and Brother O. A. Pratt of North Pharsalia. were with us in enjoying this good feast of God's good things. We ask your prayers in our behalf.

F. W. BARTLE.

TO FAR OFF INDIA.

Doctor and Mrs. O. G. Place left Rome on Monday evening on the 11:58 for New York en route for India. Doctor Place has been selected by the General Conference to take charge of the medical missionary work in India, and will have his headquarters at Calcutta. The doctor has attained a wide and enviable reputation as a skillful and successful physician and surgeon, having had several years' experience at the head of the sanitarium at Mount Vernon, Ohio, and later of the sanitarium at Boulder, Colorado. The success of both of these institutions was due largely to his efforts.

For the past week he has been visiting his brother. Elder A. E. Place of this city. Last Sabbath the doctor delivered a very able address in the S. D. A. Church on the subject of missionary work in India. Elder Place accompanied them to New York, and will spend some time visiting the churches in south-eastern New York.

The doctor and Mrs. Place left this morning



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on the St. Paul for Europe, and will spend some time in visiting the hospitals and medical schools of London, Paris, and Berlin, and will also visit Jerusalem on their way to their field.

CUT THIS OUT.

The sun sets on Fridays from now on as follows :--

Dec.	11 at 4 : 28.	March	26 at 6 : 18.
"	18 '' 4 : 29.	April	2"6:26.
"	25 " $4:33.$	-,,	9, 0, 6: 34.
Jan.	1 '' 4 : 39.	;;	16 '' 6 : 42.
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March	5 " $5:54.$	••	18"7:39.
••	12 '' $6:02.$,,	25 '' 7 : 40.
,,	19 '' 6 : 10.	July	2", 7:40.

APPOINTMENTS.

No providence preventing I will meet with the church at Newburgh, Sabbath, Dec. 5.

A. E. PLACE.

NOTICE.

The N. Y. Food Co., Oxford, N. Y., is our name now. We will gladly serve you in supplying anything you need in the line of foods that are wholesome. Why can we not buy your flour, sugar, grains, and health foods, and save you money? The more people we do for the cheaper we can work. Make a'l remittances payable to F. W. Bartle, Manager.

Øbitnary Notices.

JENKS.—Leon youngest son of J. S. and Lillie Jenks, aged seven years, three months, sixteen days, was killed by a falling tree, Nov. 9, 1896. Funeral was held in the Methodist church at Igerna. Sermon by Elder Jenkins, the pastor. J. S. JENKS.

PRATT. —Gilbert George Pratt fell asleep in Jesus Nov. 17, 1896. Our darling was three months, and fourteen days old. He seemed to be a little sufferer all the days of his life. We are so glad that he was trusted to our care as long as he was, and may the great God of heaven and carth keep and guide his father and mother so that they may meet him in heaven. GEORGE PRATT.

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