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From reports at hand the Uplift is going better than in former years. Two Unions, the Northwestern and the North-east India, report that they were over the top with some thousands to spare on January 15. South India has gone out in real earnest for a quick campaign. Kottarakara and E. D. Thomas Memorial schools have had excellent results. Pakistan has a good start in three centres and reports will be in from others soon. Burma and Ceylon will begin a little later.

Best of all, God has wonderfully impressed the hearts of those contacted. Never has the Harvest Ingathering seemed so fruitful of spiritual contacts. Men everywhere reach out with eager hands for the tracts with a spiritual message.

I trust that every believer will watch for souls. By the time this goes to press the churches will have launched the greatest Lay Harvest Ingathering drive in the history of Southern Asia. By united effort God's people will accomplish great things. Let our motto be:

Consecration — Obedience — Diligence



| 5                  | 1        |
|--------------------|----------|
| Northwestern       | 33,000   |
| Northeast          | 37,000   |
| South India        | 39,350   |
| Pakistan           | 35,000   |
| Western India      | 16,180   |
| Ceylon (Will begin | n later) |
| Burma "            | •        |
|                    |          |
| Total for Division | 160,530  |

Jan. 23



Science and the Spirit of Prophecy Agree

# DIET OR DIE !!

"DIET OR die, Dolly." It was a hard sentence that the doctor pronounced that day, for Dolly Dimples was the fat lady of the circus. Day after day she gorged herself with ten thousand calories, until she had reached the weight of 555 pounds. She was five feet eight inches around the waist, and an even seven feet around the hips, with a bust measuring  $741/_{2}$ inches. But the day came when Dolly had a heart attack and her doctor pronounced the ultimatum. She realized that she either had to give up life or food. The doctor placed her on an 800 calorie diet, but after forty-nine years of overeating it was a real struggle to practise self-control. With much discipline and many prayers, Dolly succeeded in taking off 401 pounds in fourteen months. Now she weighs 122 pounds and is happier. than she ever was when she was ruled by her uncontrolled appetite.1

Overeating is a real hazard, not only to those who are extremely obese, but also to a large percentage of the population. Obesity has been indicted as America's foremost health hazard, and listed as a causative factor in almost all of the diseases of middle and old age —heart disease, diabetes, atherosclerosis, cancer, nephritis, cirrhosis of the liver, hypertension, arthritis.

. . . Overweight people are poor anæsthetic and surgical risks. It has been proved past doubt that most of the obese are overweight simply because they eat more food than is needed by the body. "Overweight is a greater life shortener than the killer cancer. It has been estimated that the average life span would be increased by one to four years if the 20 million Americans who are overweight would reduce."<sup>2</sup>

M. Hindhede, M.D. says, "As a result of extensive studies in this field, I am convinced that the overnutrition, the result of palatable meat dishes, is one of the most common causes of disease."<sup>3</sup> "Cancer could be reduced if people didn't eat so much," thinks Dr. Harold P. Rusch, editor of "Cancer Research."

"A drastic reduction in the incidence of almost all forms of cancer would be achieved if the caloric intake were reduced sufficiently to decrease most people's weight slightly below the accepted optimum.

"Unfortunately this would mean that many persons would be constantly hungry. Today, with much money and food at hand, Dr. Rusch reports, the average person will not give up the joy of eating just to reduce his chance of developing a tumour. Dr. Rusch predicts that in the future there may be a renewed interest in dieting to reduce the metabolism and thereby slow any cancer growth."<sup>4</sup>

"Many modern nutritionists believe that we live on about half of what we eat and tax our heart by compelling it to overwork on the other half.

"To check on this theory, Dr. Clive M. McKay of Cornell University began experimenting with rats and discovered that he could double their life span by reducing their intake of food by one half. His rats, which normally live on an average of 600 days, lived 1068 days under a low food regime.

"Professor Leonard A. Maynard, commenting on this experiment said: "The eat-as-they-please rats had the shortest life span; those that went on a diet in middle age lived longer. The oldest rat, which lived 1400 days—or an equivalent of 140 years—never had a square meal in his life!"

"There is considerable evidence

in these experiments with rats that tends to prove this theory. But just how it applies to the life span of humans is not definitely known. Ethnologists point to the Hunzas and other Asiatic races who are renowned for their vegetarianism and abstemiousness as proof that there is a correlation."<sup>5</sup>

Speaking in Stockholm, Sweden, before a gathering of 1000 heart experts from 40 countries. Dr. Paul Dudley White, President Eisenhower's heart specialist, stated that overfeeding may be affecting the health of the world more than starvation. He declared: "If overnutrition should be found to be an important factor in the increase of the universal threat of coronary heart disease in the leading citizens of the world, it may play even more of a role in the destiny of the world than undernutrition of hundreds of millions of representatives of the common man."6

The primary dietary faults of industrial workers which influence health, work efficiency and emotional stability are: inadequate breakfasts; consumption of high calorie, low nutrient snacks; and overeating.<sup>7</sup>

"One of the most serious hazards to health is overnutrition in infants and children. There are many dangers associated with excesses as well as with undernutrition."8 Many children are conditioned to overeat from the time they get their first solid food, and thus a habit is formed which deepens with the years. Even when unhealthful foods and beverages are eliminated from the diet it is possible to overeat. Not only the obese, but those who do not have excess flesh are in danger of overtaxing their stomach and digestive organs by too much food. This is especially true of people who do not have sufficient exercise.

These facts have been brought to our attention during the past few

Oh, do not pray for easy lives; pray to be stronger men. Do not pray for tasks equal to your powers; pray for powers equal to your tasks. Then the doing of your work shall be no miracle, but you shall be a miracle. Every day you shall wonder at yourself, at the richness of life which has come to you by the grace of God.—Phillips Brooke.

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years, but in 1870 Sister White brought out the truth that even those who live according to health. principles can err in the quantity of food. They can eat immoderately of a healthful quality of food.9 In 1890 she wrote, "As a people, with all our profession of health reform, we eat too much. Indulgence of appetite is the greatest cause of physical and mental debility, and lies at the foundation of a large share of the feebleness which is apparent everywhere."10 "Our danger is not from scarcity, but from abundance. We are constantly tempted to excess. Those who would preserve their powers unimpaired for the service of God. must observe strict temperance in the use of His bounties, as well as total abstinence from every injurious or debasing indulgence."11 "It is sin to be intemperate in the quantity of food eaten, even if the quality is unobjectionable. Many feel that if they do not eat meat and the grosser articles of food, they may eat of simple food until

#### SOUTHERN ASIA TIDINGS

they cannot well eat more. This is a mistake. Many professed health reformers are nothing less than gluttons. . . . Overeating has a worse effect upon the system than overworking; the energies of the soul are more effectually prostrated by intemperate eating than by intemperate working."12

"Overeating is the sin of this :age."13

Read Miss Van Gundy's article in the July 9, 1957 issue of "The Youth's Instructor" and Counsels on Diet and Food, The Ministry of Healing, The Witness of Science and 2T, p. 354-376 on this subject.

- "Coronet," Feb., 1956, p. 34, "Story of Dolly Dimples."
  "Food and Nutrition News".
  M. Hindhede, M.D., "Modern Ernahrung."
  Harold P. Rusch, M.D. editor of "Cancer Research," Univ. of Wisconsin Professor of Oncology, quoted in "L & H", July 1957.
  "Today's Food", Winter, 1957.
  Dr. Paul Dudley White, quoted in "Today's Food," Winter, 1956.
  "Darry Council Digest", March, 1957.
  2T, 412, 413, 1870.
  "Counsels on Health," 130.
  "Counsels on Diet and Food," p. 29.
  2T, 412, 413, 1870.
  CDF, 133.

#### CHRISTMAS CAROLLING DELHI

G. R. JENSON

THE members of the Christmas choir of the New Delhi church were privileged to sing Christmas carols at every leading hotel in the Delhi area, with but one exception. On Sunday evening, December 20, we concluded our evangelistic series of meetings. Five minutes later the members of the choir were climbing aboard an open truck, and we were on our way! Our work took us also to the Diplomatic Enclave residential area, and out to the Sunder Nagar area. Every evening had its thrills!

We were leaving the lobby of one of the large hotels in the Civil Lines area, when the lady who had so graciously arranged our visit there told me this incident. She said that a certain man came up to her and curtly said, "Well! I didn't know these people were Seventh-day Adventists....I thought they were Presbyterians!" In return she said, "What difference does it make if they are Eighth-day Adventists? They're grand people!"

The longest night for our group was on Christmas eve. On this evening we visited three of the largest hotels in New Delhi. Midnight found our group slumped down in chairs in the lobby of the Ashoka Hotel, waiting for our turn to sing before more than a thousand people gathered in the main dining room of the hotel. The party had reached an intense pitch of fun and excitement, when the manager of the dining room came and said, "Get ready to sing next, Mr. Jenson." This announcement was like a shot of adrenalin in our arms, and when we had finished singing a medley of four carols before the guests, they responded with a vigorous applause. The manager of the hotel personally came and said, "These carols were the best part of our entire programme for the evening!" We were tired, but delighted.

Financially, this has been the best year ever for our carolling. Our total receipts for the five evenings amounted to Rs. 1,309.45.

We are grateful to God for this delightful opportunity of witnessing before so many of our faith in the Babe of Bethlehem's manger!

SOUTHERN ASIA DIVISION

# Calendar of Special Days and Offerings 1959

|           | ×   |
|-----------|---|
| Jan. 1-Fe | b. 28 Division Uplift Campaign                    |
| Feb. 7    | Laymen's Uplift Rally Day                         |
|           | and Home Missionary Offering                      |
| Feb. 14   | Tithe Covenant Day                                |
| Feb. 28   |   |
| March 7   | Uplift Victory Day<br>Christian Home and Family   |
|           | Altar Day and H. M. Offering                      |
| March 14  |   |
| March 21  |   |
| April 4   | Home Visitation Day-with                          |
| · ·       | "Our Times" and H. M. Offering                    |
| April 18  | Educational Day and Offering                      |
| May 2     | H. M. Day and Offering                            |
| May 9     | Disaster and Famine Relief                        |
|           | Offering  |
| May 16    | Spirit of Prophecy Day                            |
| June 6    | H. M. Day and Offering                            |
| June 27   | Mid-summer Offering                               |
| July 1-3  | 1 Youth Evangelism                                |
| July 4    | Medical Missionary Day                            |
| īī        | and H. M. Offering                                |
| July 11   | Bible Society Offering                            |
| July 18-2 |   |
| July 25   | MV Share Your Faith Day-                          |
| August 1  | MV Share Your Faith Day<br>H. M. Day and Offering |
| August 8  | Temperance Day and Offering                       |
| August 1  | 5 Sabbath School Rally Day                        |
| August 2  |   |
| Sept. 5   | H. M. Day and Offering                            |
| Sept. 12  | Mission Extension Offering                        |
| Oct. 3    | Neighbourhood Evangelism                          |
|           | and H. M. Offering                                |
| Oct. 10   | Voice of Prophecy Offering                        |
| Oct. 24   | Colporteur Rally Day                              |
| Nov. 7    | Lay Witnessing Day and                            |
|           | H. M. Offering                                    |
| Nov. 7-14 | ······································            |
| Nov. 14   | Week of Sacrifice Offering                        |
| Dec. 5    | Dorcas and Welfare Evangelism                     |
|           | Day and H. M. Offering                            |
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THIRTEENTH SABBATH OFFERING

| March 28 | Southern African Division |
|----------|---------------------------|
| June 27  | Middle East Division      |
| Sep. 26  | Far Eastern Division      |
| Dec. 26  | Southern Asia Division    |

NORTHWESTERN INDIA UNION President: T. R. Torkelson Secretary-Treasurer: L. E. Allen Office Address: 27 Barakhamba Road, New Delhi

## NORTHWESTERN UNION CONSTITUENCY MEETING

#### S. JAMES

**F**IFTY-TWO delegates were present at the Northwestern India Union Biennial Constituency meeting held at Hapur from December 29 to January 3. The delegation included Pastor N. W. Dunn, Associate Secretary of the General Conference, Pastor D. S. Johnson, our Division Secretary, Pastor R. E. Rice, President of Spicer Memorial College, and Brethren N. R. Fouts, H. Osmond, and S. James.

Heart-stirring messages from Pastors Dunn and Johnson and other brethren were, of course, the main highlight of the session. God's presence was felt in all the meetings, and it brought cleansing and consecration to all assembled.

The Union president's report showed that there are 22 organized churches in the Union with a total membership of 1,116. This represents a net increase of 142 since the close of the last two years. Further, during the 1957-58 biennial period there was a total of 187 baptisms as compared to 184 during the previous biennium.

Reports were rendered by Local Section presidents and Union departmental secretaries, all of which indicated progress. L. D. Paul, the Union Publishing Secretary, reported a spectacular sale of Rs. 173,171.45 during 1957-58 against a sale of Rs. 135,868.83 during 1955-56. Our regular and student colporteurs sold Rs. 308,426.75 worth of gospel literature in the last four years—a splendid achievement indeed!

Dr. I. R. Bazliel, the Union Medical Secretary, reporting on the Simla Sanitarium and Hospital, said: "There have been many 'firsts' in 1958. October, for the first month in the history of this institution, collected Rs. 16,200. It is the first time we had a maximum of 125 patients a day. It is the first time that we have had an annual cash income of over Rs. 100,000 by the 15th of December, and during the last three months, our operating has shown a gain.

Pastor B. M. Shad, Union Educational Secretary, reported that there are 14 schools in the Union, employing 39 teachers, with an enrolment of 568. During the biennium under review 31 students were baptized.

Much time was devoted to the study of many and varied plans for the finishing of God's work in this Union. Of course, evangelism by the traditional method, which is proclaiming the gospel by the tongue, received renewed emphasis, which resulted in setting the following goals for 1959: City Efforts, 5; Village Efforts, 15; Lay Efforts, 20; Voice of Youth Efforts, 3.

Other goals set were: Sabbath School Membership, 3,312; Sabbath School Offerings, Rs. 28,000; Uplift, Rs. 28,000; and Literature Sales, Rs. 85,000.

These goals can be reached and exceeded if each worker and church member does faithfully what the Lord expects of him in this day of great opportunity and need.

The Thousand Rupee Offering, taken on Sabbath, which had been announced and planned for for weeks in advance, proved to be more than a TWO THOUSAND RUPEE OFFERING. This offering is to be used as a Trust Fund to help churches in the Union to obtain needed furniture and hymn books.

On Sabbath afternoon a very impressive ordination service was conducted with Pastor Dunn as speaker. Brethren E. F. Gardner, S. Sunder Dass and Saudagar Chand were set aside for gospel ministry by ordination.

As usual, the report of the Nominating Committee was awaited with eager anticipation. The committee recommended the following appointments which were unanimously accepted by the constituency:

Education and M. V. Secretary, and Principal of Hapur School, B. M. Shad; Publishing Secretary, L. D. Paul: Voice of Prophecy and Temperance Secretary, Fagir Chand; Home Missionary and Sabbath School Secretary, C. R. Holford; Medical Secretary, I. R. Bazliel; Ministerial Secretary. G. R. Jenson; Public Relations & Religious Liberty Secretary, T. R. Torkelson; Dorcas & Home and Parent Education, Mrs. T. R. Torkelson; Book Depot Manager, Enos David; Principal of Roorkee High School, L. P. Tolhurst; Medical Director of Simla Sanitarium & Hospital, I. R. Bazliel; North India Section Director and Treasurer, W. H. Mattison; North India Section Secretary, S. M. Isaac; Upper Ganges Section President, I. M. Chand; Upper Ganges Section Secretary-Treasurer, Sunder Singh.

At the closing service Pastor and Mrs. L. E. Allen, who served the cause of God in the Northwest for over 35 years, and who will be returning home permanently in a few months, gave their parting message as found in Joshua 1:6, "Be strong and of a good courage." Our hearts were moved to fervently desire the faithfulness which has characterized these veterans in God's cause. We wish Pastor and Mrs. Allen many more years of fruitful service for God in their homeland.

The food committee headed by Pastor G. J. Christo and accommodation committee, headed by Pastor B. M. Shad, contributed much to the satisfaction of the varied tastes and physical needs of the delegates.

The cover-page of L. P. Tolhurst's report of Roorkee High School contained this startling quotation from the Spirit of Prophecy:

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Principal Tolhurst's remarks in his opening paragraphs were: "Many years ago Sister White gave God's people the warning and advice found on the cover page of this report. She also declared in *Fundamentals of Christian Education*, page 285, that parents are not able to counteract the influences that work on their children's minds in public schools. If God's

(Continued on p. 7.)

PAKISTAN UNION President: C. H. Hamel Secretary-Treasurer:

R. G. Burgess Office Address: 32 Mozang Road, Lahore

#### A CHRISTMAS GIFT

#### E. R. REYNOLDS

**TUESDAY**, December 23, saw the inauguration by the teachers and students at Chuharkana, of an experiment and, we hope, something of a new tradition, when a gift of over Rs. 80/- was made to help a village school with some needed equipment.

A Christmas tree, decorated for the occasion, stood at the front of the chapel. Near the close of the morning assembly exercise and programme, Principal R. K. Hamilton made the call for gifts from the students and teachers. When all the figures were in the total was Rs. 80/11.

This was not the fruitage of some haphazard plan. Almost a year ago the idea of sharing our blessings with someone less fortunate than we was placed before the student body. For the past number of years each Christmas season has seen the exchange of gifts among the students. But though this sharing with each other has something of the Christmas spirit in it, there is always the thought of something tangible in return. At the presentation of the new idea for Christmas giving, it was suggested that we might give to some village school which does not have as many facilities as we have—limited as ours may be—and the group voted to give the plan a try.

Early in November, the faculty placed a number of suggestions before the student body for their selection. It was voted at that meeting to use the money for refinishing a number of short desks of a kind no longer used in our school—the kind before which the pupils sit on the floor to do their study. These would then be presented to the village school at Madar, where a permanent church school is established.

All entered heartily into the plan and we are certain that when the desks are ready for presentation to the school at Madar, there will be two groups of happy people—the receivers and the givers, who have learned the truth of the statement that "it is more blessed to give than to receive."

#### NORTHEAST INDIA UNION

President: W. F. Storz Secretary-Treasurer: A. R. Appel Office Address: Karmatar P.O., Santal Parganas, Bihar.

#### RONIA BAPTISM

#### A. I. JOHN

UNDER the able leadership of Pastor H. T. Burr, the Gospel work in the East India Section is progressing in the real sense of the word. At present, in different parts of the field, a number of Evangelistic efforts are in progress and many souls are being won to Christ. It was my privilege together with Pastor H. T. Burr. and K. Gopala Rao to be present at Ronia when twenty-three were baptized. Ronia is about 50 miles from Ranchi. It is one of the largest churches in the East India section.

Pastor J. P. Tiru who conducted

the baptism had been assisted in preparing the candidates by M. Guria and three laymen, S. Kandulna, J. Topno, and N. Kandulna. Out of the twenty-three, five were prepared by these consecrated lay workers.

Just before the baptism, Pastor Burr spoke on the "Significance of Baptism" and then examined the candidates. After the baptism we walked the three miles back to the church where Pastor Burr conducted the Lord's Supper with about 120 members present.

Not only in Ronia, but in every part of the field our workers are carrying out the Heaven-ordained plan of "preaching the Word" and bringing souls to Christ.

# WESTERN INDIA UNION

President: F. E. Spiess Sec.-Treasurer: C. N. John Office Address: 16 Club Road, Byculla, Bombay

## SOUTH MAHARASTRA YOUTHS CAMP

#### S. B. GAIKWAD

About forty young people attended the MV camp at Panhala during December. The camp was well arranged, and successful—the young people say. The programme was so arranged that every minute of the day was provided for. The morning and evening devotions were a blessing to all. There were progressive classes, hikes and campfires, a time for rest and a time for games.

On Sabbath we conducted Sabbath School under a mango tree. In the service which followed we found refuge and strength in the Lord. In the afternoon during the MV meeting we played Bible games which the students enjoyed very much. After that we had a memorial service. The workers and students each brought stones with which we built a tower as a memorial of God's Church, reminding us that the Church is a building of which each member is a "lively stone."

In the evening we had an inspiring candle service when each of us dedicated his life to the Master and pledged to "Share His Faith."

# THE LAND OF KINGS AND PATRIARCHS

#### D. K. Down

IDINGS had reached Jerusalem that powerful armies were on the march. Hezekiah realized that a prolonged siege without an adequate water supply could be disastrous for the defenders of his city, so he decided on a bold scheme. In the brook Kedron there was a fountain hidden in a rocky cave. Its level was just a little above the level of the Southeast wall of the city. A tunnel hewn through the hillside could bring the waters inside the city and its source could be hidden from the besieging army. So Hezekiah "made a pool and a conduit and brought water into the city." 2 Kings 20:20.

One afternoon we drove down the Kedron valley to what is now known as the "Virgins' Fountain." Our children wore bathing suits and I rolled up my trousers and we made our way down the slippery steps to the mouth of the fountain. Women with petrol tins on their heads were drawing water here and youths were splashing about at the entrance. With torch in hand and a local youth to guide us we entered the tunnel. The first twenty yards of the tunnel was very low and one-year old Teddy had to cling tightly to my shoulders. The water was icy cold and more than knee-deep.

The tunnel is cut through limestone rock and the pick marks of the workmen are easily seen. But their engineering methods had not developed very far and the tunnel. twisted and turned as the workmen, who were tunnelling from both ends, endeavoured to cut towards each other. After half an hour of groping along the narrow channel we at last saw a gleam of light ahead, and it was really very welcome. The tunnel roof rose to about 20 feet high for the last 30 yards and we emerged at the Pool of Siloam. An inscription at this lower end had been cut into the rock face telling of Hezekiah's engineering feat, this has since been removed to the Istanbul museum. but we at least saw the "Hole" where the writing had been taken out, and later saw the actual inscription at the museum.

The Pool of Siloam where the blind man was told to go and wash (John 9) is still used by the local women to draw water and wash clothes. It is rather narrow and unimposing but as it was once inside the city walls, it must have provided a good water supply to Jerusalem's defenders.

Bethlehem is only six miles from Jerusalem. Once again crossing the Kedron we wound down into a deep valley and then up another group of hills to the place where Jesus was born. A huge church stands on the place where the Lord was supposed to have been born in a limestone cave. We were not impressed with either the church, the







Pool of Siloam at the lower end of Hezekiah's tunnel.

cave or the grotto where some of the Virgin's milk dropped as she fed the holy child, and the rocks turned white!? Nor were we interested in the caves nearby where the shepherds were keeping their flocks by night. Desire of Ages says Jesus was born in a "rude building," not a limestone cave and of course there is no trace of any buildings which existed in Christ's time. Moreover the "Shepherds were abiding in the field," Luke 2:8, and not sheltered in a cave as tradition says. The latter idea no doubt sprung from a feeble attempt to harmonize the birth of Christ with December 25. The tourist policeman told us that in the winter time there is sometimes snow in Bethlehem and the shepherds keep their flocks in caves at night. But in summer they can stay in the open fields as they probably were doing when the angels appeared to them.

But we were interested in the rocky hills on which Bethlehem is built and I was also interested in something I saw in the Jerusalem museum. It was a feeding trough of solid white limestone—a large slab of rock with a shallow depression in the top. It would be quite suitable for a newborn babe and probably when Mary laid her babe "in a manger" it was, perhaps something like this.

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#### PREPARE TO SERVE—CHOOSE NURSING AS YOUR CAREER

Giffard Memorial Hospital School is a Higher Grade accredited school, recognized by the Andhra Nurses' and Midwives' Council for the education of male and female nurses.

AIM: The aim of the school is to prepare Christian young men and women as professional nurses who can render the highest type of skilled nursing service in any environment and in so doing, aid mentally, physically, and spiritually the individual or the locality they serve.

#### ADMISSION REQUIREMENTS:

Age: The school is open to young people between the ages of 18 and 30 years. In some cases girls of settled character will be accepted if they have not quite passed the 18th birthday.

*Education:* Students accepted for nursing must be eligible for college. Preference will be given to those who have attended our Division High Schools if they have passed a recognized examination qualifying them for college. A good working knowledge of English is essential.

Application: Forms may be obtained from the Superintendent of Nurses by sending Rs. 2.00. These should be filled out and returned by the end of March.

For further information write for a prospectus.

From Bethlehem we travelled another twenty miles south to Hebron. The cave of Machpelah where Abraham and Sarah are buried lies beneath a huge square mosque and we were not interested enough to pay Rs. 5 to enter. I noted, however, that the oak trees all grow in this vicinity, for it was under the oaks of Mamre that Abraham was visited by the angels. Gen. 18:1. The authorized version says "plain of Mamre" but Patriarchs and Prophets, p. 133, quotes the revised version which says "under the oaks of Mamre." There is no plain at Mamre but there are oaks.

"And the men rose from thence and looked toward Sodom." Gen. 18:16. From the Hebron valley it is only a short walk up the hill to where a good view can be seen of the Dead Sea where Sodom and Gomorrah once stood. Later on we travelled down through Beersheba to the southern end of the Dead Sea where the modern tourist resort of Sedam now stands. We parked our trailer-house by the water's edge and slept overnight in Sedom. Next day I visited the local potash factory which is ex-

tracting mineral from the briny waters. Huge heaps of bright yellow sulphur are piled up by the roadside. I was interested to notice that the word "brimstone" in Genesis 19:24 is described in most dictionaries as "sulphur". "Brimstone and fire from the Lord out of heaven" destroyed Sodom. Another inflammable material found in the region is pitch. The engineer to whom we spoke told us that large chunks of pitch float on the surface of the sea quite frequently. The preceding month a piece of pitch forty tons in weight had floated ashore. He broke off a piece that was lying on the ground nearby and set a lighted match to it. In a moment it was burning furiously.

Lot's wife looked back "and became a pillar of salt". Genesis 19: 26. All around this south-west edge of the Dead Sea the surrounding hills consist of solid rock salt and pillars of salt protrude in some places. I doubt if any of them is Lot's wife but there is no shortage of pillars of salt around there. In fact we walked through a tunnel about 50 yards long which goes right into the side of the hills. The tunnel walls, roof and floor are all hard rock salt.

## CONSTITUENCY MEETING

#### (Continued from p. 5.)

messenger gave this instruction so many years ago we can rest assured that she would emphasize the same truth a hundred times over were she alive today.

"Studies show that 75% or more of Adventist youth receiving their education in non-Adventist schools leave the Truth. This is indeed an alarming statement, but we have only to look back over the years to see that its truthfulness has been demonstrated in our own Union field. How many precious young people have been lost to God's cause because some parents imagined that the world had more to offer than the schools which God has established."

Let us hope, pray and work that the coming biennial period may be most fruitful in every way in the history of the Lord's work in the Northwestern India Union.

#### ARMENIANS-SPECIAL NOTICE

Four hundred Adventist Armenians in the Middle East Division are requesting that we print an Armenian periodical. If one is published quarterly or monthly we wonder how many Armenians in other parts of the world would subscribe? Any Armenians who would care to become subscriber for such a periodical kindly contact the undersigned giving address, and suggestions.

> Raymond H. Hartwell, Secretary Middle East Division of the General Conference P. O. Box 2020, Beirut, Lebanon



• G. A. Huse, Publishing Department Secretary of the General Conference, made a brief visit to our headquarters in Poona. In the Prayer Meeting on January 20, Elder Huse emphasized that we as a people must exercise great faith and accomplish extraordinary things for God.

● The Ceylon Union reports a total tithe income of Rs. 47,515.63 up to December 31, 1958. This is an increase of Rs. 772.93 over the total for 1957. Out of this total the lay members' tithe amounts to Rs. 39,242.74. We thank God for the faithfulness of our laymen. ● Pastor V. D. Edward, V. O. P. Secretary of the North Tamil Section, shares the good news of the first baptisms in Arkonam. With these 12 newly baptized members and others interested in the mes-

# Southern Asia Tidings

Official Organ of the SOUTHERN ASIA DIVISION of the General Conference of Seventh-day Adventists

All articles carrying the credit line, "Review and Herald" are taken from the general ehurch paper of Seventh-day Adventists, published at Takoma Park, Washington, D. C.

| Editor<br>Associate Editors | Mrs. O. W. Lance<br>O. O. Mattison<br>D. S. Johnson |
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#### DIVISION DIRECTORY

| DIVISION L          | INCLIONI                |
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Published by D. S. Johnson for the General Conference of Seventh-day Adventists, S. A. Division, Poona, and printed by L. C. Shepard at the Oriental Watchman Publishing House, Salisbury Park, Poona 1. 2,200-3703-59 sage, we trust the gospel will take root in this part of our field and influence others to a greater knowledge of the truth.

• J. F. Ashlock represented the Southern Asia Division at the conference of the Christian Society for Radio and Audio-Visual Service which was held at the Leonard Jabalpur, Theological College, January 20 to 22. At this conference many of the delegates expressed appreciation for the contribution Seventh-day Adventists are making in the fields of audiovisual aids, especially for our publications and the fine quality of vocal and instrumental recordings of the Voice of Prophecy. While in Jabalpur Pastor Ashlock counselled with Pastor G. J. Christo, Brethren G. S. Wilson and Terrence Davin and met with our believers in the home of Mrs. Walker.

• The annual MV camp of Spicer Memorial College was held at the Government Holiday Camp at Malavali, December 25-31. Mr. M. E. Cherian served as Director and was assisted by the Western India and Division MV Secretaries.

"God and Youth" was the theme featured in the Sabbath services and camp fire devotionals under the leadership of Pastor R. L. Rowe. Dr. W. C. Mackett was the chairman of the forum discussions. Mr. D. H. Skau and Pastor J. F. Ashlock conducted the counsel hour for the high school and college groups respectively. The Salisbury Park Senior MV Society has started the New Year with the investiture of 11 Master Guides. This adds up to the 66 Master Guides in the Salisbury Church. On January 23, Miss Gloria Thomas presented an interesting programme promoting MV classes at which time twenty young people enrolled for the Master Guide class which will be promoted in 1959.

• According to word just received from the office of the Publishing Department Secretary, the total sales by our Literature Evangelists in 1958 were Rs. 54,983.36 higher than the sales in 1957, making a

## FOR SALE

Kodak Retina AII 35mm camera with 3 portrait lenses and parallelex correction grange finder, flash gun, blue filter, polar screen, lens hood, ring adapter. Rs. 650. Contact R. H. Shepard, Spicer College.

total sales achievement of Rs. 514,-340.47.

The Literature Evangelists throughout Southern Asia are to be commended for their good work in 1958.

In 1909, the Lord's messenger wrote "As the work advances, our publications in all languages should increase in circulation." We are seeing the fulfilment of this prediction, and we thank God for the progress of the publishing work in Southern Asia.

Our believers throughout the field will be interested to know that 59 book manuscripts are now in the process of preparation, and will be coming from the Press as rapidly as possible.

May God bless us all as we participate in the great work of literature evangelism.

# TESTIMONIES ON UPLIFT

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#### Lessons from the Life of Nehemiah

IN years past, I have spoken in favour of the plan of presenting our mission work and its progress before our friends and neighbours, and have referred to the example of Nehemiah. And now I desire to urge our brethren and sisters to study anew the experience of this man of prayer and faith and sound judgment, who made bold to ask his friend, King Artaxerxes, for help with which to advance the interests of God's cause.

Men of prayer should be men of action. Those who are ready and willing, will find ways and means of working. Nehemiah did not depend upon uncertainties. The means which he lacked he solicited from those who were able to bestow.—*Christian Service*, p. 171.