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THROUGHOUT the world a certain time every year is set aside for special consideration of the interests and work of the Voice of Prophecy. In some places a whole month is given over to this work while in others a week is set aside. In the British Union, from which I have recently come, the month of September was one of the busiest months of the year for all our church members.

In co-operation with the Home Missionary Department the whole membership was organized for action. Cycling bands were formed, buses and coaches were hired and private cars were utilized so that as many members as possible could go out into the towns and villages with Voice of Prophecy enrolment cards.

In one month almost one-and-a-half million cards would be distributed and thousands of new students enrolled. This "Enrolling campaign," as it was called, gave the Voice of Prophecy a great lift every year; and what satisfaction and joy the members experienced as they learned of Voice of Prophecy students being baptized in the districts where they helped in this yearly campaign. We are hoping that a similar annual campaign can be planned for this Division.

The Voice of Prophecy radio work and Bible correspondence schools are recognized as great evangelistic agencies in every country where they are being used.

This is being demonstrated here

Why a Voice of Prophecy Offering ?

C. R. BONNEY

in the Southern Asia Division. A great work is being accomplished and hundreds of souls are being saved each year, but still there is much more we can do. It is sad to know that, due to lack of funds, some of our branch schools are cutting down their enrolments of new students.

This means that people who are asking to study the message which God has given to us are refused because the Bible school just hasn't the money to cover the cost of the lessons and the postage.

The special Voice of Prophecy offering which is to be taken in all our churches on October 10th is to help the Bible schools in each of our Unions to remedy this situation.

We have felt for some time that there is a great need for a new course of lessons on the life and teachings of Jesus Christ. Our Voice of Prophecy schools are regularly receiving letters from students asking for further information on Jesus Christ. We must not

deny them but do our utmost to tell them all we can about the Saviour of the world. By doing this we will see a greater work done and many more souls saved for the kingdom. Jesus said, "If I be lifted up I will draw all men unto Me."

Convinced of the truth of this statement we are working on the production of a new set of twenty lessons on "The Life and Teachings of Jesus Christ." At first this course will be offered in English and then, as soon as possible, it is to be translated and offered in the various languages of Southern Asia. This venture will cost money, but many more souls will find their personal Saviour.

Your Voice of Prophecy offering on October 10th will also help in launching this new course in your language. In this way it will be used for evangelistic work in your Union. We are depending on your help. **BE SURE THAT THE VOICE OF PROPHECY OFFERING IS TAKEN IN YOUR CHURCH ON OCTOBER 10.**

Your Part in the Proclamation of the Message

N. G. MOOKERJEE

"NOT UPON the ordained minister only" says the inspired message, "rests the responsibility of going forth to fulfil" the gospel commission (A. A., p. 110). Each one must do his part in order that the world may be warned and Jesus may come.

The Voice of Prophecy prepares the ground, so much so that students who study the lessons on returning back to God His rightful portion, begin to pay what they call their "tithe" and do not expect an acknowledgment. This is one of the ways they live out the Truth. Our workers, representatives and secretaries are carrying on the work of meeting students and helping them solve their particular difficulties in order to take their stand for the Lord. But there still remain many who should be contacted. Graduates are coming out of our schools at the rate of almost 4,000 a month, and unless every man, woman and child who bears the name of Seventh-day Adventist is mobilized into immediate action, we shall lose and our adversary will gain.

It was only a few months ago that I was in a large town and, the day being Sunday, I attended a Protestant church with the district worker. That morning there must have been over 1,200 people present and it was difficult to get a seat. Finally we were squeezed into a pew at the end of which a young man of 24 was seated reading his Bible, for there were a few more minutes before the service was to begin.

The district worker introduced me to the young man, telling me how interested he was in studying the Bible and, though a Hindu, had already graduated from two of our courses. I was also given to understand that this student was awaiting baptism.

During the service, a call was made for the church members to

vote in a group of young people who had expressed their desire to join the church. Imagine my disappointment when I saw this young man rise to his feet and join the ones who desired membership in the church. We had lost. Someone else had won. Someone along the line, had failed. "Hundreds, yea, thousands, who have heard the message of salvation," are still waiting to be contacted and brought in!

Only two weeks ago I was waiting at a home for the return of a school-teacher—a Voice of Prophecy graduate, who had asked for an interview. When the teacher returned home and introductions were over, he brought out a New Testament from his pocket. He mentioned that he always carried it with him so that he could study it whenever he found time. He asked me to explain text after text which he had not understood thor-

oughly. We lost track of the time for my young friend had much to ask. It was late when I rose to go from his home, and what a delight it was to receive the assurance from him that he was ready to take his stand. Yes, dear friends, there are many such individuals who should be contacted.

"The Saviour's commission to the disciples included all the believers. It includes all believers in Christ to the end of time. . . . All to whom the heavenly inspiration has come are put in trust with the gospel. All who receive the life of Christ are ordained to work for the salvation of their fellow men. For this work the church was established, and all who take upon themselves its sacred vows are thereby pledged to be co-workers with Christ." D. A., p. 822. May you be richly blessed with a harvest of souls, as you labour for your neighbours and friends.

JUST A FEW FIGURES

but

What will the full story be in the eternal kingdom?

1. Since the opening of V. O. P. schools in Southern Asia over 22,000,000 pieces of Gospel literature have been posted to inquirers.
2. Over 10,000,000 test papers have been marked.
3. Over 3,000,000 pieces of literature, telling the story of salvation, are being sent out from our schools each year.
4. Over 1,100,000 applications for our lessons have been received.
5. 160,000 have finished one of our courses and received diplomas.

We are hoping and planning for even greater things, but we are depending on you to introduce your neighbours, relatives and friends to the Voice of Prophecy Bible schools by scattering the application cards.

Shall we not all co-operate in helping the Voice of Prophecy to do its important appointed part in finishing the work of God in Southern Asia?

A Union President Speaks

OF ALL the agencies the Lord has introduced for the proclamation of the finishing of His work in these latter days, none is more important than the Voice of Prophecy. How we do thank God for this wonderful branch of our work! In no other way could we reach the thousands who have been contacted and drawn to the Lord today. We thank God for our Voice of Prophecy schools, for our Voice of Prophecy workers and for the entire programme.

Sometimes, however, I wonder if we are really capitalizing on the wonderful interests that we have. It is my conviction that the main work of our Voice of Prophecy secretaries and representatives is not to endeavour to make all of the contacts and follow-ups themselves, but rather to promote, encourage and inspire our church and lay members as well as the rest of the working force to enter into the programme of making contacts with those who are studying the V.O.P. lessons. This is our real work. We cannot possibly hope to make all of the contacts with just a few secretaries and representatives. We must call upon the vast potential of our working force and lay members to assist us in this.

I firmly believe that, if we could contact all of those who are asking for contacts and not only make a visit now and again but actually have Bible studies with them, we would multiply the results from the work of the Voice of Prophecy.

May God bless each one of you as you continue to promote this phase of the Lord's work, and may your efforts be fruitful in bringing many, many souls to the kingdom of heaven.

—E. L. SORENSEN

The Voice of Prophecy an Evangelizing Power

S. THOMAS, V.O.P. Secretary, South India Union

"For He will finish the work, and cut it short in righteousness; because a short work will the Lord make upon the earth." Romans 9:28.

THE VOICE of prophecy has been initiated under God in this denomination for the specific purpose of evangelizing the world. Every nation, kindred, sect, community and people in Southern Asia is to be reached with the third angel's message. But when we consider the immensity and greatness of our task in the light of our resources, we wonder how this can possibly be achieved. Nevertheless, we have the assurances and the promises of God. He will finish the work, He will "cut it short in righteousness," and "a short work will the Lord make upon the earth."

Approximately one-fifth of the world's seething population find their homes within the boundaries of our territory. To reach these masses with the gospel message, it has taken many years of hard labour, wise planning, and an enormous amount of money. What has been accomplished? A small constituency of 20,000. Surely we could exclaim, "What little has been done! How much is to be done in so little time!"

We have reached the most serious and critical time the world has ever experienced. Holy Writ tells us that soon there shall be "time no longer"—"no more delay." If each worker preaches this message to one hundred people per month, with the present working force including the laity, it would take several thousands of years to warn each man and woman in this Divi-

sion and the investment of crores and crores of rupees!

We have tried every method at our command, but with each passing decade our task becomes more and more complex and stupendous. Events which affect the promulgation of the gospel are shaping rapidly. However, the Lord has His own method.

The Voice of Prophecy has come into being at such a time as this to give a finishing touch to the herculean task committed to us. It is the newest, greatest and quickest evangelistic force in God's church.

As one of the pioneer workers I can say with all sincerity, no line of work has thrilled us more than that of the Voice of Prophecy. Several churches have been organized in South India and work started in many new places as the result of the Voice of Prophecy.

In 1958 South India baptized 1,050 souls; more than the whole Division was able to do a few years ago. Now what makes the difference? It is the Voice of Prophecy. The intelligentsia, as well as the ordinary masses of people, are now receiving the message. It is penetrating not only into towns, cities and villages, but even into penitentiaries. Just a few days ago the writer had the privilege of visiting a central jail in South India in response to the request of 25 V.O.P. students, some of whom have completed the course and are asking for baptism. A Bible study was given to them. It is marvellous to note the change wrought in their lives. Eternity alone will reveal the full influence of this wonderful evangelistic force.

September 12 — Mission Extension Offering

What Our Students Say About Voice of Prophecy

Brought Me Peace

"I have learned about many religions like Hinduism, Sikhism and Mohammanism. But all these religions did not make my heart glad. After this I began to study about Christ. It is a great kindness of yours to have brightened my future by sending me these lessons. Now my heart is completely at peace. What I gained from Christ was not gained by me from any other religion."

Made of Me An Evangelist

"I have organized a branch Sabbath school in my home and I now have 25 regular members. I realize that my life is in danger all the time, but I know that Jesus walks by my side and nothing will happen to me if I live close to Him."

Completely Changed Me

"In the world of today, darkened with so much of anxiety, uncertainty and fear, the knowledge of truth which you are disseminating fills a longfelt want. As I write this I shall be failing in my duty, if I do not mention how your course and lectures have drawn me close to my Saviour. From a bottomless pit steeped in sinful lusts and pernicious pleasures, I have been lifted bodily by an unseen hand and now, thank the Lord, He has placed my feet on higher ground. It is my constant prayer that He may lead me all the way as I press on the upward way."

Helped Me Pay Tithe

"Your lessons on tithe upset me. The whole night I was struggling within me and my wife joined with me discussing all the impossibilities of paying one tenth. We were in debt; none of my nine children were getting an education, we did

not have food to last until the end of the month and our debts were increasing. In the morning I studied the lesson again. My wife and I knelt and prayed and received courage. Finally we decided to send our tithe apart from our other offerings. Please accept it and pray for us."

Saved Me from Suicide

"A year ago I was the most discouraged man in all India. I had finished college and obtained a very good post in the Government, but through bribery and jealousy one of my colleagues was promoted to the post that I should have had. I felt it was no use trying to live any longer in this world so decided to end my life. I went down to the canal and was walking along the pathway. My heart was very heavy. A terrible rage was burning

within me. As I was walking along and looking down at the ground suddenly a card fluttered in front of me. I stooped down, picked it up, and found that it was an enrolment card of the Voice of Prophecy. I read it. A voice seemed to say to me, "Enrol immediately." I went to a bench, sat down and stared at it. It seemed like a message from God. An unseen hand seemed to guide me while I signed my name and filled in the card. I went home and waited. A few days later I received your lessons. Today I want to testify to the wonderful change that has been wrought in my life through the study of your lessons. A great peace and calm has come into my heart. Now I do not trouble about what my fellow companions do to me for I have found Jesus and He has come into my life."



BECAUSE YOU PRAYED

*Because you prayed God touched
Our weary bodies with His power,
And gave us strength for many a trying hour
In which we might have faltered had not you,
Our intercessor, faithful been and true.*

*Because you prayed God touched
Our lips with coals of altar fire,
Gave Spirit fullness and did us inspire
That when we spoke, sin-blinded souls did see;
Sin's chains were broken, captives were made free.*

*Because you prayed the dwellers in
The dark have found the Light.
The glad good news has banished fearsome night,
The message of the cross so long delayed
Has brought the Light at last because you prayed.*

—Author Unknown.

Bangalore and Madras :

Busy Days

O. O. MATTISON

AT THE close of the mid-year Division committee meeting, I left for Bangalore to join the South India Union in committee work from July 15-17. It was an inspiration to meet the departmental secretaries, and hear the inspiring reports of the progress of the work during the first half of the year.

Brother Abraham, of the Division office, and Pastor H. Weeks, of the General Conference Public Relations Bureau, joined us in committee work for a day and time was given to planning for the strengthening of the public relations work throughout South India.

Sabbath was indeed a high day, beginning with a very inspiring vesper service Friday evening at which time Brother Weeks addressed the workers and believers in attendance in the auditorium at 3 Spencer Road. Sabbath morning he spoke to the students at Krishnarajapuram, returning in time for the 11:00 service at the Bangalore church.

Sabbath afternoon our people gathered to listen to a symposium by the field leaders of South India. How it thrilled our hearts to hear of the progress in the local sections of the field; the many efforts that have been held; the victories won, the encouraging number of souls baptized, the churches under construction, local section offices being built and plans for the remainder of this year.

A song service closed the Sabbath. Then Brother I. K. Moses took over and in his unique way conducted a very interesting programme. First, there was the welcome for Miss Ella May Stoneburner and her mother, who recently joined the working force in Bangalore, and Brother and Sister Potts and their children. Miss Stoneburner recently returned from the States, where she finished her Master's degree, and is taking up

her responsibilities as Health Visitor of the Union and co-ordinating with this the Dorcas and welfare work. I am confident as she heads up this important phase of the Home Missionary Department and closely co-ordinates it with the work of Brother Maywald, who so vigorously promotes the Sabbath school and home missionary work, we will see many improvements throughout the Union. It was a joy to welcome Miss Stoneburner to the Union office.

Brother and Sister Potts have been in Bangalore for several weeks, but busily engaged in study of the Kanarese language in the language school, preparatory to evangelism throughout the Kannada section. The Kannada field has so few workers that his joining the staff will be a great strength to them as they endeavour to reach into the many unentered districts of that field.

After a very cordial welcome had been extended to these workers, the programme was turned into a farewell for the Sorensen family who have given such noble leadership to this Union for the last six years. While it was with heavy hearts that their fellow labourers bade them farewell, it was heartwarming to see the love and fellowship that was manifested by all and the determination of those carrying responsibilities to see that the field continues to progress in carrying on the wonderful programme that Brother Sorensen has promoted during his term of service. All wished them a very pleasant furlough after presenting them with tokens of esteem.

Early Sunday morning the local presidents, secretary-treasurers and others who represent public relations interests in the local sections entered into a day of very constructive workshop activity conducted by Brethren Weeks and Abraham. The workers were in-

spired by the material given them from the Public Relations Bureau and their eyes were opened to the wonderful possibilities that are theirs in the South India Union.

On July 21 I arrived in Madras in time to attend the evening meeting of the effort that had been going on for four weeks in that city. Brother Watts and his team had chosen a very ideal spot—a maidan back of the large Moore Market—where they had erected their "Silver Pavilion." I wondered just what the mid-week attendance would be during rainy weather. The previous Sunday night meeting had been attended by a crowd far beyond the capacity of the pavilion, so it was an inspiring sight to see the people come an hour before the meeting was to start to listen to the fine music and enter into the song service conducted by Brother D'Costa. Brother Arulraj, a recent graduate from Spicer College, was at the piano.

Mrs. Beach, Sr., mother of Brother Beach of Hyderabad, had joined the working staff a few days before, and she and Mrs. Watts were busy at the entrance, distributing song books, Voice of Prophecy cards and other literature that had been provided. As Brother Watts, who believes in starting on the minute of the hour announced, and Brother Anbiah stepped onto the platform, I looked over the congregation and saw that the tabernacle was very comfortably full. People who had Bibles had brought them and entered into the study of the hour in a very studious way.

Brother Ratnaswamy, a veteran in assisting in and conducting efforts of his own, was taking a keen interest in all who attended. I felt that here was a well-organized team, working with the one great objective of seeing that those who

(Continued on p. 8.)

Roorkee :

Temperance Rally and Revival

W. M. McGHEE

RIGHTEOUSNESS by faith, an old subject presented in a new setting, became a living experience to nearly one hundred students and teachers at Roorkee High School during the MV Week of Prayer, July 18 to 25, thanks to prayer and the quiet working of the Holy Spirit on young hearts.

In response to the consecration call on the final Sabbath morning twenty-two joined the baptismal class; fifteen boys, five girls and a man and his wife. In the afternoon five bands of missionary-minded young men, totalling nearly 30 boys and men teachers, enthusiastically co-operated with the writer in holding an out-door temperance rally in Gandhi Park attended by 200 people. About twenty men pledged themselves to quit smoking cigarettes immediately.

Prior to the temperance rally friendship teams of the Roorkee Missionary Volunteer Society had walked the three miles from the school to the city, distributed 850 pieces of literature, and personally invited Sikhs, Hindus, and Muslims to the rally. At the conclusion of the rally they enrolled 286 students for the Voice of Prophecy correspondence course in three languages.

During the rally Brother L. P. Tolhurst, principal of Roorkee High School, introduced several of his students to the audience, disclosing in doing so the dietary and social standards of the school. The fact that no flesh foods, no tobacco, no alcoholic beverages, nor tea or coffee are used, and that no cinema-going is permitted seemed to intrigue our friends. Fathers enquired about admitting their sons into Roorkee High School, and one young lad walked back three miles with our students to attend the evening M.V. meeting. He, too, wishes to enter the school.

The girl students, not to be outdone, formed a mailing band un-

der the enthusiastic leadership of Mrs. Tolhurst and are planning to conduct their own branch Sabbath school in a near-by village.

Using colour filmstrips based on *Steps to Christ* in his evening meetings and simple illustrations from nature, and experience on the blackboard in morning chapels, the speaker built on the theme, "How to become sons of God." The theme chorus was "By and By We'll See the King." Brother Lall Singh translated, being assisted in part by Brother S. M. Isaac.

The principal had organized eleven prayer bands, utilizing each staff member as a leader. The staff assembled daily preceding chapel to pray, and student prayer bands met after chapel. Daily afternoon periods of counselling were scheduled for personal interviews where the speaker prayed with students over particular problems. The closest fellowship and harmony prevailed throughout between the principal, the staff and the speaker. What a blessing this unity proved to be!

Although in the beginning several disciplinary problems threatened the spirit of the week, God's power of love finally prevailed. Several who had struggled all week gained victories, among them the very ones who had caused anxiety at the start!

Then came the final Friday fellowship night when two-thirds or more of the student body testified for Jesus. Following the meeting about twenty boys and girls came to the speaker for individual prayers over special problems. One senior girl's prayer was answered the next morning when her younger brother, for whom she had been greatly concerned, gave his heart to God and joined the baptismal class.

May these precious children of the church grow up into Christ from their new-found experience and may those who decided to devote the rest of their lives to work for God go forth, under the Spirit's power and constrained by the love of Christ, to preach the Advent message in this generation.

Northwest :

Temperance Rallies

FAQIR CHAND

DURING the second quarter of 1959 the Northwestern India Union Temperance Department conducted 15 temperance rallies which were attended by over ten thousand people in the various cities and towns of the northwest.

In Lucknow, the capital city of Uttar Pradesh, government officials of the Prohibition Department gave their cinema van and sent their own operators with us to the various parks of Lucknow to show our films on tobacco and alcohol.

The writer had the privilege of addressing hundreds of educated people, who gathered on the beautiful lawns of Aminabad Park. People admired the work being done for the public, and many pledged to give up their evil habits. Our church members were also benefited by the films shown.

In the city of Kanpur the films "One in 20,000" and "Suzan and the Dragon" were shown to our church members. Many outsiders came and they spread the news to

other people. The next day we received an invitation from the postal department who, joining with their telegraph and engineering departments, arranged the show in their own premises. They brought their own chairs and benches to accommodate the visiting friends. Here again many pledges were made.

In India's capital city, Delhi, these films were first shown to our church members and then to the general public in Gandhi Park near the railway station. There again the health department of Delhi, in consultation with the Nasha Bandi Samiti of Delhi, brought their own cinema van and showed the films for us. Thousands of people were standing on the lawn with their eyes fastened on the screen. Many people were heard blaming each other as being a prey to these evil habits. The lung operation scene brought fear to many smokers.

In Simla our hospital chapel was too small to accommodate a large crowd, so we started a double shift system, which worked beautifully. People pledged by raising hands that they would keep away from the influence of these evil habits. After seeing the film in Simla, a lady who is the head of a similar organization in Delhi requested us to show the film to her organization.

In a Punjab village two young men were heard, one saying to the other, "Mr. Bill Johnson was rich enough to pay for the operation, but we are poor. If we get lung cancer, how can we pay for the operation? We had better give up this evil habit and be saved."

In Fategarh Churian the worker went with the village drum-beater and was able to gather around three thousand people to the meeting. It was the largest crowd we have had in a rally like that.

The films were also shown in Amritsar and Batala.

Let us do more to boost the work of temperance, which makes numerous friends and prepares the ground for evangelism. Jesus spent more time caring for the physical needs of the people than anything else. When bodies and minds are in good condition God can be worshipped more effectively.

Hyderabad (Andhra):

Public Relations Meeting

I. SUBUSHANAM

THE VISIT of Pastor Howard B. Weeks was of interest to the citizens of Hyderabad and members of the church. A special garden party was arranged by Pastor P. E. M. Beach, on August 5, at his residence, and a number of prominent citizens and liberal donors to our Medical and Educational Service were present. Newspaper editors greatly enjoyed the evening with Pastor Weeks, who was formerly a newspaper editor.

The local newspapers gave good publicity to his visit. The *Deccan Chronicle*, August 7, in an 8-inch column reported the visit of Pastor Weeks and the function held in his honour. They referred to the worldwide work being done by Seventh-day Adventists. Following is an excerpt from the report: "The visitor had warm praise for the work of the Indian Government in keeping the people informed. . . . Mr. Weeks also stressed the urgency for understanding among peoples of various nations, through

better communications: 'If we do not take steps to make ourselves understood to others we shall surely be misunderstood and misunderstanding always leads to conflict.'"

We were happy to have Brethren C. N. Abraham from the Division, Pastor I. K. Moses, from the Union, representing public relations, and Pastor S. Thomas of the Voice of Prophecy.

A special meeting for members of the Hyderabad and Secunderabad churches was arranged at the headquarters of the South Andhra Section. Those in attendance learned of the importance of public relations work in the church and denomination. Pastor Weeks' visit has greatly strengthened the opinion of the public of Hyderabad regarding Seventh-day Adventists, and each member feels he must live up to the message we hold and be true representatives of the Public Relations Department.



Photo: Courtesy P. E. M. Beach

Some of the guests present at the garden party. Left to right: I. Subushanam, H. B. Weeks, P. E. M. Beach, Begum Kushro Jung, N. Nargabushanam, Begum K. Lateef, Major-General The Nawab Kushro Jung Bahadur, Mrs. Beach and Mrs. N. Armstrong.

Assam :

Difficult Yet Fruitful You Are a Sabbath School Teacher

C. SAIKHUMA

MERLIN L. NEFF

LEAVING home on June 24, since there was no other possible means of transportation due to the heavy rains, I walked all the way from Damcherra to Lwarpet. Although it is almost impossible to obtain a boat during the rainy season, one Voice of Prophecy student, a doctor, providentially arranged for one from there to Borabegra. Again, carrying the projector and my bedding, I walked about 15 miles to my destination—Borai Khal. This journey, though difficult, was fruitful.

At Sakawrdai village I had the pleasure of performing the marriage of a couple who had been studying our message for a long time and had recently been baptized.

During my meetings in this place four accepted the message and plan to be baptized when I visit them next time. We heard many others say, "This is the Truth!"

Our believers in isolated Cachar have created an interest near their village and have requested that an evangelist visit them. I expect to have an inspiring experience at that village.

Kindly remember in your prayers these fellow believers who are in flooded and isolated sections of Assam. There is a striking evidence of the working of the Holy Spirit in this area.

BUSY DAYS

(Continued from p. 5.)

came were not neglected but given personal attention as well as a message which would appeal to the hearts of all.

Many stayed for discussions after the sermon, when a Biblical picture was shown.

Brother E. N. Simon and his staff are to be commended for the good work that they are doing in the school. May the Lord continue to bless every phase of the work in the great city of Madras and throughout the Union.

As Sabbath school teachers it is our business to help adult class members to think. We must help them change their habits, their attitudes, and their ideas. We have the largest number of conversions among young people up to the age of fifteen or sixteen years, because their minds are flexible. They are ready to learn the truth and follow it. The door closes tighter and tighter as we grow older.

It is more difficult to teach adults than youth, because they do not want to learn. We need to be better, stronger teachers because we have a harder problem with adults.

CREATE A DESIRE TO LEARN

It is the duty of the teacher to create the desire to learn. It is not enough for us to have the bucket filled with knowledge ready to pour it in. We must have our class members receptive so that they are eager to soak up the truths. Therefore, one of the chief responsibilities of a teacher is to stimulate interest.

GOOD SPEECH A PART OF GOOD TEACHING

Our language should be so clear that everyone can understand each word we speak. Sabbath school superintendents might well conduct voice tests for their teachers with tape recorders. Get your teachers together, and have them speak into the microphone for three minutes. Have someone competent in public speaking check each voice and show how it could be improved.

Our pronunciation should be correct. When we handle the truths of God's Word we should be accurate, and not allow poor language to mar the message. Jesus

declared, "By thy words thou shalt be justified, and by thy words thou shalt be condemned" (Matt. 12: 37).

WORDS GIVE IDEAS

A teacher should aim to make his words so simple and clear they cannot be misunderstood. Too often we generalize and take Bible terms for granted. We speak in theological language that the man in the street, yes, and even the members in our church do not understand today. Ask certain leading questions from time to time to find whether the class members understand what you are saying. If they do not, go back over your material and simplify it.

EXCHANGING IDEAS ENRICHES EVERYONE

Good teaching is drawing knowledge out of your students. That is why teaching is so wonderful. When you teach you are questioning, you are watching for answers, and you are seeking a response. Note what the messenger of God says:

"It is not the best plan for teachers to do all the talking, but they should draw out the class to tell what they know. Then let the teacher, with a few brief, pointed remarks or illustrations, impress the lesson upon their minds."—*Counsels on Sabbath School Work*, p. 115.

The good teacher draws the students out, makes them think, helps to mould true ideas in the mind. It is not a sign of ignorance for a teacher to admit that he does not know the answer to every question. He can say to the class, "Let's look it up for next Sabbath. I don't know the answer, but I am ready to search for it." Let us try to find out!

For Youth; Chasing Tin Rabbits

R. H. WOOLSEY

I PASSED a dog-race track the other day. I didn't go in, of course, but I was set to thinking about those greyhounds inside who are trained to chase a mechanical rabbit. The rabbit, running on a track, is remotely controlled so as to keep just ahead of the hounds, spurring them on to ever faster speeds.

Have you ever wondered what the dogs would do if they caught the metal rabbit? I read recently that this did happen once. When the dogs were finished, there was nothing left but a heap of scrap metal! Poor dogs—frustration when they don't catch the rabbit and frustration when they do!

Multitudes of people in the world today are like those greyhounds. Satan sets a "tin rabbit" in front of them and off they go for it, lickety-split. "Have a good time while you can," Satan suggests. "Be like the gang. Show independence of your parents or the church or God. Ignore the wholesome values of life such as honour, education, a good character, and a close walk with God."

When these "tin rabbits" don't bring happiness, bigger ones are brought out: "Try a smoke or a movie or a beer and forget your troubles."

A little mongrel dog peeping in through the board fence at those fleet greyhounds racing around the course thinks, "My! Wouldn't I have fun chasing the rabbit with those fellows! Hear that crowd! Why, those dogs are the centre of attraction! What a life that would be." The poor pup doesn't know that the dogs in the race track are

never really free, though they may look free as they dash down the course. But the rest of the time they spend in cages. Perhaps you have seen them in their special cage-trailers on the highway, as they are taken from one race to another.

I'd rather be an ordinary dog, following my master through the woods, free to roam fields and meadows, than to be a thoroughbred in a cage, whose only excitement is the frustrating chase of a mechanical rabbit around a ring. I'd rather be a Christian, looked down on by the world, but enjoying the fellowship of Jesus and the freedom of His love, than to chase the fleeting things of this world and be bound in Satan's chains.

The beloved apostle Paul calls our attention away from this world's tin rabbits. "If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. Set your affection on things above, not on things on the earth." Col. 3:1, 2. When we seek the things above we won't be interested in acquiring riches or the passing fancies of this world. The opinions of worldly friends won't sway us. Our life will be built on eternal principles, not on desires of the moment.

As Jesus ascended to heaven the disciples had their attention drawn upward. So, if our eyes today are on Him, we will have our sights raised. Our hearts and our thoughts will be on heavenly things. Even our conversation will be heavenly: "For our conversation is in heaven; from whence also we look for the Saviour, the Lord Jesus Christ." Phil. 3:20. We will be getting ready for the second coming. What a contrast to the rabbit-chasers—"whose end is destruction, whose God is their belly, and whose glory is their shame, who mind earthly things!" Phil. 3:19.

With Jesus lifted up in our hearts, our thoughts will be centered on His work in heaven, where He is preparing an eternal home for us. We will consider the Word He has given us and the work He has left for us to do

before He returns. Jesus prayed for His disciples, "They are not of the world, even as I am not of the world." John 17:16. As the activities of the world become more feverish and frenzied, then "look up, and lift up your heads; for your redemption draweth nigh" (Luke 21:28). "And the things of earth will grow strangely dim, in the light of His glory and grace."

Let's take another analogy from "man's best friend." A good foxhound is expert at picking up the scent, distinguishing a fresh trail from an old one. He must be quiet at first, lest the fox take alarm at his baying and get too much of a head start. He must have good wind, enough endurance for a long chase. But above all, he must keep his mind on the task at hand. When on the trail of a fox, if a rabbit suddenly darts out and the dog forgets the fox for the rabbit, he is "scratched"—he is disqualified as a foxhound.

So we must keep our eye on the goal of eternal life—let nothing distract us from that prime objective. Paul says, "I press toward the mark for the prize of the high calling of God in Christ Jesus." Phil. 3:14. Shipwrecks, stonings, the offer of lucrative positions—he never wavered in his determination to grasp the important things in life. And he urges us, "Let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, looking unto Jesus the author and finisher of our faith." Heb. 12:1, 2.

No tin rabbits for Paul! Nor for us! Like Paul, may we instead receive the crown of righteousness that shall be given to all who love Christ's appearing.—*Review and Herald*.

SPECIAL REQUEST

All evangelists who have their handbills printed in English are requested to place the Editor, *Our Times*, Box 35, Poona 1, India, on their mailing lists. Thank you.

Science and the Spirit of Prophecy Agree

Don't Clog Your Machine With Carbon (Carbohydrates)

THE late chemist, Edwin E. Slosson described white sugar as an *almost* ideal food; cheap, clean, white, portable, imperishable, unadulterated, germfree, highly nutritious, completely soluble, altogether digestible, easily assimilable, requiring no cooking, and leaving no residue! But in his conclusion he placed the warning, "*Its only fault is its perfection. It is so pure that man cannot live on it.*" (Italics ours.)

Scientists have tabulated the indictments against pure white sugar on seven main counts:

1. Sugar is definitely habit forming, and once the taste for quantities of sweets and sweet foods is acquired, it usually continues to grow. Many people interpret such cravings as meaning that the "system needs sugar"; however, this craving is not based on a physiological need any more than is the craving for alcohol or morphine.

2. Concentrated sugars irritate the lining of the alimentary canal, drawing an abnormal amount of water from it. This may be illustrated by putting a piece of hard candy in the cheek and allowing it to remain for a time. The lining of the cheek becomes dehydrated, and sore.

3. The highly refined sugars such as white sugar *draw on the mineral reserve* of the body to digest them, but do not put anything back in the way of minerals after digestion to maintain the reserve.

4. Most sugars do not digest until they get into the intestinal tract, and therefore may be an important factor in causing *fermentation and gas* in the stomach.

5. They *take away the appetite* for other foods. This factor should be taken into consideration in planning menus. This is the reason for serving the dessert at the close of the meal.

6. An over-consumption of sweets leads to *overeating*, which is a big factor in overweight, with all its disadvantages.

7. A large quantity of this type of food very definitely causes *damage to the pancreas*, with possible resulting diabetes. It may also have an unfavourable influence on arthritis and other chronic diseases.² (Italics ours.)

There is still some controversy as to how sugar influences tooth decay. "It is not certain, . . . whether the increased incidence of dental caries is the result of deleterious action of the soluble sugars on the teeth, or whether decay is caused by failure to ingest other adequate nutrients when sugar is eaten extensively."³

An interesting study was conducted in Australia and reported in the *Dental Digest* showing a direct correlation between diet and poor teeth. It dealt with 81 children who had been living in an orphanage since soon after birth. They ranged from four to nine years old. Their diet was simple, consisting mainly of whole meal bread, whole meal biscuits, whole meal porridge, wheat germ, fruits (both fresh and dried), raw and cooked vegetables, butter, eggs, milk, and fruit juices with practically no meat. The children also received vitamin concentrates, honey, and molasses as well as nuts.

Sugar (either white or brown), white flour products and tea were not included in the diet of these children.

When their mouths were checked it was found 63 of the 81 had perfect teeth, and the average number of bad teeth for the whole group was 0.58. A group of comparable age in the city of Sydney had an average of 9.57 bad teeth for each child. The diet of these children was not perfect, yet it produced a group of children having one-eigh-

teenth of the decay of a comparable group of children eating the usual foods and sweets.⁴

Regardless of how the damage may be caused, the teeth suffer when large amounts of refined sweets are consumed. "At the College of Medical Evangelists an experiment was conducted on some rats to determine the effect diet might have on the incidence of tooth decay. It was decided to feed these animals food obtained from the cafeteria plus between-meal snacks. The rats were divided into two groups. One group was given only foods prepared in a simple and natural way. Whole grain cereals and breads, cooked and raw vegetables, fruits in abundance, legumes, milk, eggs, were the foods used. The animals were fed only two meals a day, and nothing was given to them between meals. There were no sweet desserts in this diet. At the end of the test period it was discovered that there was an average of only 0.62 of a cavity per rat.

"The other group of rats were fed in a manner comparable to the way many people eat today. They were given refined breads and cereals, sweet desserts, and between-meal snacks of candy, cookies, soft drinks, etc. In other words their diet did not heed the counsel given to us through the Spirit of prophecy.

"The teeth of these rats presented a sad picture—30.7 cavities per animal. Most of these cavities were very deep; in fact, an average of three cavities in each animal penetrated into the nerve of the tooth."⁵

Mr. I. R. Rose, father of the Australian Olympic champion swimmer Murray Rose, expresses his convictions about refined sugar and an athlete's needs in the following paragraph:

"For Murray we have always found that the ideal diet is a high

protein diet until about a week before a major period of racing. He is then changed to a diet which is high in carbohydrates and sugars to produce maximum energy. Sugar, as everyone knows, is important as a producer of fuel. But the refined white sugar which most people eat (in Australia at the rate of 130 lbs. per year) has had the valuable minerals and vitamins removed, and is positively harmful. Dr. Clive M. McKay of Cornell University has been quoted as saying: 'We would all be better off if sugar had never been discovered as a human food.' We subscribe to that statement completely, and Murray has substituted for white sugar and candy, the concentrated natural sugars found in dried fruits such as dates, raisins, figs, etc. Whenever sweetening is required he has had honey or dark brown unrefined sugar. As sugar is stored by the body in the form of glycogen, for many months before the Olympics Murray was drinking a daily pint of freshly squeezed carrot juice for its sugar and other valuable contents, as well as a pint of fresh pineapple juice. Like most athletes who reach world standard,

Calendar of Special Days and Offerings 1959

Sep. 5	H. M. Day and Offering
Sep. 12	Mission Extension Offering
Oct. 3	Neighbourhood Evangelism and H. M. Offering
Oct. 10	Voice of Prophecy Offering
Oct. 24	Colporteur Rally Day
Nov. 7	Lay Witnessing Day and H. M. Offering
Nov. 7-14	Week of Prayer
Nov. 14	Week of Sacrifice Offering
Dec. 5	Dorcas and Welfare Evangelism Day and H. M. Offering

THIRTEENTH SABBATH OFFERING

Sep. 26	Far Eastern Division
Dec. 26	Southern Asia Division

"OUR TIMES" EXCHANGE FELLOWSHIP

Some churches and M. V. societies could use many more copies of our new magazine *OUR TIMES* in their literature distribution work. On the other hand, some of our readers would like to contribute clubs to such groups who could effectively use them. The purpose of this exchange fellowship is to bring these two interests together. Send your requests for copies of *OUR TIMES* and also offers to supply them, to the Editor, *OUR TIMES*, Box 35, Poona 1, India.

A club of 25 to one address may be supplied by a donor for only Rs. 2.50 a month or Rs. 30.00 a year. In quantities of less than 25 the regular single subscription rate of Rs. 3.00 a year will apply.

Murray eats plenty of honey. We have found honey one of the best energy producers of all. It is a 99 per cent predigested dextrose, and its energy value is rapidly available."⁶

Long before modern scientists had performed the many experiments which have proved the dangers of overuse of refined sugar Mrs. White sent warning after warning to our people.

"Sugar is not good for the stomach. It causes fermentation, and this clouds the brain and brings peevishness into the disposition."⁷

"Far too much sugar is ordinarily used in food. Cakes, sweet puddings, pastries, jellies, jams, are active causes of indigestion. Especially harmful are the custards and puddings in which milk, eggs, and sugar are the chief ingredients. The free use of milk and sugar taken together should be avoided."⁸

"I wish we were all health reformers. I am opposed to the use of pastries. These mixtures are unhealthful; no one can have good digestive powers and a clear brain who will eat largely of sweet cookies and cream cake and all kinds of pies, and partake of a great variety of food at one meal. When we do this and then take cold, the whole system is so clogged and enfeebled that it has no power of resistance, no strength to combat disease. I would never a meat diet to the sweet cakes and pastries so generally used."⁹

"It is better to let sweet things alone. Let alone those sweet desert dishes that are placed on the

table. You do not need them. You want a clear mind to think after God's order. We should now come into line with health reform principles."¹⁰

"Could we know that animals were in perfect health, I would recommend that people eat flesh meats sooner than larger quantities of milk and sugar. It would not do the injury that milk and sugar do. Sugar clogs the system. It hinders the working of the living machine."¹¹

"I frequently sit down to the tables of the brethren and sisters, and see that they use a great amount of milk and sugar. These clog the system, irritate the digestive organs, and affect the brain. Anything that hinders the active motion of the living machinery, affects the brain very directly. And from the light given me, sugar, when largely used, is more injurious than meat."¹²

Sister White is not condemning the use of small amounts of sugar, or the use of natural sugars in moderation, i.e. fruits, dried fruits, honey, unrefined or raw sugars, etc. The scientists agree with her counsel and advise us to avoid the "empty calories" and to "choose our calories by the company they keep."

1. "The Sugar Bowl," D. Van Gundy, "How to Keep Well," Nat. Home Health Educ. Serv., 46.
2. Ibid.
3. "Nutrition and Diet Therapy," Proudfit and Robbins, 50.
4. R. R. Steiman, D.D.S., "God's Nutritional Plan," "R & H," May 30, 1957.
5. Ibid.
6. M. Long, "Champion Swimmer is Health Reformer," "Australasian Record," Mar. 25, 1957.
7. MS, 93, 1901.
8. MH, 302, 1905.
9. Letter 10, Mrs. E. G. White, 1891.
10. "R & H", Jan. 7, 1902.
11. 2T, 369, 1870.
12. 2T, 370, CH, 150.

Miscellany

● S. James of the Division Temperance Department has just completed an extensive tour in the churches of the Western India Union, which included Sabbath services in the Surat church on the 8th of August, in the Bombay church on the 15th, and Hatkanagle school on the 22nd. Brother James also visited Lasalgaon school, Nagpur, and numerous smaller churches in the Akola and Kolhapur districts.

● V. D. Edward, S. Isaac, and S. D. Moses have teamed up for another series of meetings in Arkonam which opened on the 19th of August at the Good News Auditorium on Sholingar Road.

● A series of public meetings conducted in a tent opened in Maymyo, Burma on Sunday night, August 9. 600 people were present for the opening lecture.

● The bulletin from the East India Section started publication with the July number 1959. The August issue reports total literature sales of Rs. 29,060.05 to the end of June. The goal was Rs. 25,000.00. A. I. John and the 18 regular and student colporteurs are to be congratulated on this good progress.

● An error occurred in the July 15 report of Northeast Union colporteur sales, for which we are sorry. Total deliveries during May 1959 were Rs. 17,594.22. During the first seven months of 1959 Rs. 50,521.18 worth of literature has been sold, which is Rs. 6,421.18 above the goal to be reached to date and Rs. 5,164.93 more than sales for the same period in 1958.

● Church buildings are under construction in several places in the East India Section. C. J. Jensen reports that the Patna church will be ready for dedication about the first of October. H. Lakra reports that the village church building at Tilsiri is just about completed. D. S. Laursen was recently on hand when the corner stone was

laid for the church building at Devadala. The Barobisha Church which has been under construction for several years has now been completed.

● B. G. Jagtap, senior instructor at the Kolhapur District Centre of the Social Education Organizers, recently visited Spicer College with four other instructors. M. E. Cherian received a letter from this group congratulating the Spicer College administration on the educational principles followed in operating our schools. Mr. Jagtap particularly commends the teachers and students for their unity in the work and devotion to this unique system of education.

● Elder F. D. Nichol, Editor of the *Review and Herald*, visited Poona on the 28th and 29th of August. Elder Nichol is visiting numerous church centres around the world and will be spending several weeks in the Far Eastern Division just as he did in Southern Asia in 1950.

● Up to July, 1959, 157,958 persons have successfully completed the Voice of Prophecy Bible correspondence courses and received their certificates. There are 481,225 enrollees, and during the month of July alone 148,865 lessons were sent out. The reports from contacts during efforts and through personal contacts of workers in the field is most encouraging. These are the "reaping months" for Voice of Prophecy interests.

● Twenty-two joined the baptismal class at the close of the Week of Prayer, conducted at Roorkee High School by W. H. McGhee.

● The Educational Department of the General Conference reports that 367,621 students are enrolled in 4,859 schools and colleges around the world. The Southern African Division has the largest number of schools and colleges, with 1,424 schools and colleges, which includes 1,408 primary schools. The North American Division comes second with 1,125 schools and colleges of which 804 are primary schools and 307 intermediate and secondary.

● Dr. Stanley Sturges reports from Banepa, Nepal that the roof is on the hospital, and in spite of the rains the plastering and flooring will soon be completed. He also reports some special contributions which have come in to help with the water system, furnishings and surgical supplies. The need at this institution for dedicated nurses, medical supplies, and funds is very great. It is hoped that the first in-patients can be cared for by January, 1960.

● J. G. Corban conducted the Week of Prayer in the Salisbury Park Church and the English Elementary School at Poona. There are twenty-seven young people in the baptismal class formed at the close of the meetings. V. P. Muthiah conducted the Marathi meetings, and assisted in the elementary school.

● G. W. Maywald conducted the Week of Prayer at Spicer Memorial College. A baptismal class was organized for the young people in that group who had not previously prepared for this rite.

Southern Asia Tidings

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