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Messenger

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**You can help ADRA to feed
this 102-year-old lady in
Ho Chi Minh City.**

— Give Generously on July 14 —

... see story on page 12

Precious Moments with Prayer

Since his arrival in Singapore, Mr. Rayburn Smith, Publishing Department Director of the SAUM, has shared his favorite subject in many worship services and prayer meetings. That subject, prayer, is a vital one to every Christian.

Because this series on prayer has been such a blessing to many who have heard it, the Editors have requested him to share it with MESSENGER readers. "Precious Moments with Prayer," below, is the first in the series.

The famous evangelist D. L. Moody was once addressing a group of children in England. To get their attention he began with a question, "What is prayer?" expecting no reply.

To his amazement, little hands went up all over the room. He asked one young boy to answer. The answer he gave was beautiful.

"Prayer is an offering up of our desires unto God for things agreeable to His will in the name of Christ, with confession of our sins and thankful acknowledgement of His mercies." (*The Kneeling Christian*, p.51)

If someone were to ask you or me what prayer means to us, what would our answer be? How important really is prayer to us? Is it something we do because we are Christians and we should pray? Or is it the opening up of our hearts to God?

An old Jewish mystic once said, "Prayer is the moment when Heaven and Earth kiss each other." (*The Kneeling Christian*, p.52) What a beautiful thought.

In Psalm 8:4,5 we are told that man was created lower than the angels, and Mrs. White tells us in *Steps To Christ*, p.94,

"Our heavenly Father waits to bestow upon us the fullness of His blessings. It is our privilege to drink largely at the fountain of boundless love. What a wonder it is that we pray so little! God is ready and willing to hear the sincere prayer of the humblest of His children, and yet there is much manifest reluctance on our part to make known our wants to God. What can the angels think of poor helpless human beings, who are subject to temptation, when God's heart of infinite love yearns toward them, ready to give them more than they can ask or think, and yet they pray so little and have so little faith? The angels love to bow before God; they love to be near Him. They regard communion with God as their highest joy; and the children of earth, who need so much the help that God only can give, seem satisfied to walk without the light of His Spirit, the companionship of His presence."

If the angels regard their communion with God as their highest joy, shouldn't we, being created lower than the angels, consider our time with God the most precious time we have. But do we?

Do you find it hard to make time for your devotional life? There is a reason why. Listen to this statement from

The Great Controversy, p.519, "Satan well knows that all whom he can lead to neglect prayer and the searching of the scriptures, will be overcome by his attacks. Therefore he invents every possible device to engross the mind."

We are also told in *Steps To Christ*, p.94, "The darkness of the evil one encloses those who neglect to pray."

I don't know about you, but I want to keep the old devil as far away as I can. It seems to me that one of the best ways to do that is to stay close to Christ through prayer.

In *Christ's Object Lessons*, p.159, Mrs. White gives a beautiful prayer that I would like to share with you:

"Lord, take my heart; for I cannot give it. It is Thy property. Keep it pure, for I cannot keep it for Thee. Save me in spite of myself, my weak, unchristlike self. Mold me, fashion me, raise me into a pure and holy atmosphere, where the rich current of Thy love can flow through my soul."

In the next few issues of the MESSENGER I would like to cover some of the different aspects of prayer. But for now, let's close with a poem (author unknown) that I recently found on prayer:

*I got up early one morning
and rushed right into the day;
I had so much to accomplish
that I didn't have time to pray.*

*Problems just tumbled about me,
and heavier came each task.
"Why doesn't God help me?" I wondered.
He answered, "You didn't ask."*

*I wanted to see joy and beauty,
but the day toiled on, gray and bleak;
I wondered why God didn't show me.
He said, "But you didn't seek."*

*I tried to come into God's presence;
I used all my keys at the lock.
God gently and lovingly chided,
"My child, you didn't knock."*

*I woke up early this morning,
and paused before entering the day;
I had so much to accomplish
That I had to take time to pray.*

Christian Leadership Seminar

Elder Don Reynolds, Special Assistant to Elder Neal Wilson at the General Conference, presented a series of employee-centered talks on Christian leadership at the SAUM headquarters April 29 to May 1. He encouraged all those present to adopt the servant-leader example of their Master, Jesus Christ.

Along with the leadership program, Dr. Gerard McLane, health educator at Youngberg Adventist Hospital, also spoke twice a day. He gave practical health lectures illustrated with slide presentations.

Church leaders from the SAUM, various Missions, SAUC and Youngberg Adventist Hospital, as well as several friends from the Singapore Methodist churches, attended the seminar and fellowshiped together during the lunchtime vegetarian meals in the SAUC cafeteria.

Prior to the meetings in Singapore, Pastor Reynolds conducted similar seminars in the Philippines and in Guam. He then proceeded to Bangkok to hold a similar three-day program.

— Dr. George Thomson, Acting Education Director, SAUM

SAUM Retreat at Batam Island

After many months of planning by the SAUM Social Committee, with the support of the Union officers, the day finally arrived for the retreat at Batam Island. Located about 20 kilometers from Singapore, Batam is one of the numerous islands of Indonesia. It is a peaceful area with a lot of jungle vegetation.

A total of 51 people, including SAUM staff and their families, boarded the late afternoon ferry for Batam on Thursday, April 12. After settling into their rooms at the Batam Fantasy Island Hotel, many in the group swam or relaxed until dinner and worship.

Pastor Fred Fuller, the pastor and Bible teacher at Far Eastern Academy, presented a series of interesting and challenging talks on Balaam. The SAUM family felt blessed by the Word of God as Pastor Fuller spoke every morning and evening.

The retreat was truly a RETREAT from the pressures of work. It was a time for workers to be with their families, to be alone for reflection or to mingle with the group. It was a time to lay aside the day-to-day burdens and loads of correspondence, and just sit back and relax and revive.

The Sabbath came to a close with rain falling gently as the SAUM family gathered for sundown worship on the covered jetty. God provided a special ending for His special day by first setting a complete rainbow in the eastern sky, with one end touching the ocean and the other over the jungle. But, as if that were not enough,

while the group sang praises to God, He briefly gave a second rainbow arching over the first.

On Saturday night a power black-out slowed down the dinner and delayed the social activity. But once the lights came back on, the group seemed to revert to their youth as they played many interesting games. The participation and the laughter made each of the staff realize the unique closeness among the SAUM family.

Several members of the group spent Sunday morning at a nearby island where the West Indonesia Union Mission has recently purchased land for the "Echo of Hope" radio station.

Truly the retreat was a time of refreshing for those who attended.

— SAUM Social Committee Members

AWR-Asia to Broadcast Special GC Session Reports

For the first time, Seventh-day Adventist Church members in Asia will be able to hear broadcasts direct from a General Conference session as it happens. The GC session begins on July 5, and AWR-Asia will have coverage on July 7 through 14.

The one-hour reports in English will be broadcast five times a day so that church members in Asia will have a variety of times to choose from. The regularly-scheduled English programs will not be aired during that week.

The programs will include up-to-date news of the church in the Soviet Union, latest developments in Eastern Europe, ADRA projects in the Far East, and other interesting reports. Over 50,000 people from 190 countries are expected to attend the 10-day session.

The AWR-Asia English program special broadcasts during the SDA General Conference session (July 7 to 14) will be as follows:

AWR-ASIA ENGLISH PROGRAM SCHEDULE

July 7 to 14, 1990—General Conference Reports

SINGAPORE TIME	FREQUENCY
0800	15125kHz
1000	13720kHz
<i>(Saturday and Sunday only)</i>	
1200	15225kHz
<i>(Monday through Friday only)</i>	
1800	13720kHz
0000	11980kHz
0700	15125kHz

■ PENINSULAR MALAYSIA ■

VOP Student Keeps Sabbath for 20 Years

From the little town of Jerantut in the Pahang state of Peninsular Malaysia, a letter came to the Voice of Prophecy headquarters in Singapore. A certain Mr. Wong indicated his interest in God's truth.

The VOP passed the name and address on to the nearest Bible worker, Mr. Jenssen New, who cares for the SDA group in Kuantan, 180 kilometers from where Mr. Wong lived. Too far to travel to contact the student, Mr. New thought. But at the bottom of the visit slip from the VOP, he found a telephone number written below the address, and phoned from his home. As the two men talked on the phone, it soon became evident that Mr. Wong was genuinely interested. Mr. New determined to drive that 180 kilometers at his own expense.

The following Sabbath, when his church service was over, he set off to find Mr. Wong. Arriving in Jerantut, he visited another VOP student, who helped him trace down the address of Mr. Wong.

When they arrived and began to talk, Mr. New discovered to his amazement that Mr. Wong had been a Sabbath keeper for nearly 20 years. His first exposure to the Sabbath and the Bible had come through Voice of Prophecy lessons when he was only 17 years old.

Brother Jenssen New suggested that Mr. Wong join a local Protestant church so that he could keep in touch with other Christians. He had tried once upon a time, he replied, but was disappointed because Christians should refrain from breaking God's commandments, and he was convinced that Saturday is the true Sabbath. Mr. Wong had studied all the VOP courses, including the advanced course on Daniel and Revelation, and he knew the significance of the Sabbath. He knew the principles of tithing. He knew about clean and unclean foods.

As a result of this contact, Mr. Wong has opened his home for Sabbath worship meetings, with Jenssen New as his pastor, although Brother New can only visit once in two months because of the distance involved.

Truly the Lord is reaching His people in the remote villages of Southeast Asia. Many are out there just waiting to be contacted and drawn into fellowship with the family of God.

— Samuel Money, Church Ministries Director, PEM

"The Vision and Mission of Pathfinders"

Camp Sardon Jubir Kajang, in the State of Selangor, buzzed with Pathfinder activity during the first Mission-wide Pathfinder camporee of the Peninsular Malaysia Mission, held April 26-29. About 160 Pathfinders took part in the weekend activities with the theme "The Vision and Mission of Pathfinders."

Pathfinders learned the skills of bandaging, knot tying, fire building, communication by using semaphore flags, and fancy drill. They also took part in Bible quizzes. In the evening, leaders conducted an introduction service and an investiture service. Three campers were invested as Master Guides, and many others in the lower classes.

Pastor Simon Siew, Mission Youth Director and pastor of the Penang English Church, planned and organized the camporee, assisted by many pastors and church members throughout Peninsular Malaysia. Others who took part in the camporee included Pastor G. C. Johnson, SAUM president, Pastor David Leoh, PEM president, Mr. Lim Cheng Beng, PEM treasurer, Pastor Samuel Money, PEM Church Ministries Director, Pastor Shupinar Koubong, SAUM Associate Church Ministries Director, and several pastors from Peninsular Malaysia. Pastor Danson Ng, the Singapore Mission Youth Director, also brought three of the Singapore pathfinder leaders to participate in the camporee.



A candidate being examined for baptism during the camporee.

The heavy rain which poured on two consecutive nights did little to dampen the spirit of the campers. In spite of soaked tents, the Pathfinder spirit remained. One young man from Kuantan was baptized during the camp, and the youth went home with a vision to do greater work for the Lord, with a resolution to double the youth membership by the end of 1990.

— Shupinar Koubong, Assoc CM Director, SAUM

PAH Helps Meet Spiritual Needs

A Chinese woman, Mrs. Tan, came to PAH for the treatment of severe pain after having undergone surgery for a cancerous lump in a Kuala Lumpur hospital some time before. Staff physician Dr. Fam Siow Leong attended to her, and shared with her the Christian's hope. Every visit, Dr. Fam was able to help her understand a little more about the plan of salvation. Bible studies followed with Mrs. Hannah Lai and Pastor Lee Chok Woh, PAH chaplain.

Realizing that she had little time to live, Mrs. Tan requested baptism. She was anointed, and then baptized in a swimming pool on the hospital compound. Before she passed away a few days later, Mrs. Tan spoke to Mrs. Lai in front of her husband and relatives, requesting Mrs. Lai to help her mother to join the church and to remove all the idols from her home in Alor Star.

Another woman with an 18-month-old baby had a peculiar problem. Madam Loh's baby would waken with a fever in the middle of the night, crying and refusing to sleep. The various doctors consulted found nothing wrong with the child. Relatives believed that the little girl was bothered by the spirit of a lady who had burned to death in the same house years before. One clinic nurse advised Madam Loh to take the baby to Penang Adventist Hospital.

At PAH, the doctor admitted the child to the pediatric ward for observation, counselled the mother, and informed the chaplain's department about Madam Loh's

spiritual need. Hospital personnel prayed for the baby, and continued to talk with the mother. When the baby was discharged from PAH, Pastor Lee went to the home to have special prayer for her there. Since that time, the mother, baby, and a teenage daughter have been attending church.

Relatives of PAH staff members are also responding to the gospel message. The mother of the commissary supervisor was baptized recently, and the wife of another employee has also requested baptism.

— James Wah, Pastor, PAH Church

Missing Members

Penang English Church is trying to update its membership list. If anyone has information regarding the whereabouts of any of the following missing members, please contact the Church Clerk (Mrs. Reba Rowsell), Penang English SDA Church, 465 Burmah Road, Penang, Malaysia:

Corrine Aeria, Sang Tong Amornsuk, Andrew Cheah Hock Seng, Baby Cheah, Thomas Chee Ah Hock, Chong Chin Fee, Lily Chong, Patrick Chu Too Kiah, Fong Lai Fun, Brian Hammer, Ho Sai Leong, Lawrence Huang Keng Lock, Jennifer Leong Soon Leng, Lian Hong Ngin, Allen Lim Hooi Keong, Lim Phaik Kooi, Ernie Roy Mapletoft, Joan Veronica Mapletoft, Adaline May Sim, Edmond Tan Choong Kheng, Samuel Thiagaraja, Elsie Wong, Sophia Wong, Yuen Yook Cheng.

■ SABAH ■

Harvest 90 Wins 30 Souls for Christ

February 21 to March 10 was a busy time for the SDA Church in Pinawantai during the evangelistic series entitled "God Loves You" which attracted more than 100 people each night. During the effort, 55 people enrolled for Bible studies, although some were unable to continue the studies because of parental opposition.

On March 10, a total of 30 young people dedicated their lives to God through baptism, as Pastor George Lee, district pastor of the Kudat Church, led out.

— Severinus Umpok, District Pastor for Parapat, Pinawantai



Church elder Lausin Bangkuai and Pastor George Lee (from left) and Pastor Severinus Umpok (back row on right) rejoice as thirty youth give their hearts to the Lord.

Evangelism in Narinang

Many of the church members took an active part in two special weeks of evangelism in the Narinang SDA Church April 15-28. Mrs. Evelyn Griffin, of the SAUM, was the main speaker for the effort, while church members led out in children's meetings, health presentations, and other aspects of the program. On one occasion, an 11-year-old boy, Kelex Gindol, presented part of the evening's message about the signs of the second coming of Jesus.

On the closing Sabbath, Mr. Seridon Moginas wanted to share his testimony with the church. He related his experience of joining the Seventh-day Adventist church 25 years earlier. However, because of the influence of friends, he left the church and became involved in devil worship and witchcraft. On several occasions he tried to cast a spell on certain church members. When he saw that his charms were not working, he confronted them and attempted to start a fight with them in order to cause them bodily harm.

Each time he tried to hurt these church members, they met him with kindness and love, and he was unable to carry out his intentions. Because he had not harmed them, he said, the devil became angry with him and turned on him, causing his body to become swollen and painful. It was at this time that the pastor visited him, and read to him many Bible verses showing that the power of Jesus is much stronger than that of the enemy.

This brother felt the Spirit of God working in his life, and he made his decision to re-join the church. At the close of his testimony, he asked each one in the church for forgiveness for the things he had attempted to do to them.



At the close of the evangelistic effort, as a result of the dedicated work of the elders and church leaders faithfully giving Bible studies and holding baptismal classes, 37 people were baptized. A number of others are continuing to study and prepare for baptism in the future.

— Mahani Gindol, Narinang District Pastor

Athletics and Baptism in Keningau Church



Campers and villagers begin to gather for Sabbath School under the trees at Kampung Ulu Senangang.

Keningau—a lethargic, relaxed town in Sabah where cows and donkeys have for years freely tramped the concrete thoroughfares side by side with sleek cars and buses—is stirring today, thanks to the energetic Seventh-day Adventists who have made things begin to happen.

On March 31, the Keningau SDA Church was vibrant with life as it ended its 12-day Voice of Youth crusade and witnessed the baptism of nine young people. Church members combined their efforts in this thrust to win souls. Twenty-four young speakers covered the theme, "The Last Great Hope." Eight singing groups provided music, and one medical practitioner conducted a free clinic with two nurses and one pharmacist assisting.

Two months prior to the evangelistic effort, Pastor Sambuling Lajanin and church elders Paul Gitang and Moises Sumile began a variety of activities building up to the meetings. Early in January, the church choir reorganized after a two-year lull, and a male chorus was formed. Then the church held a Visitors' Day and special dinner.

On Sunday, January 21, the church began an athletic program on the church compound. The volleyball and sepak-takraw games drew large numbers of men and women from the community. They organized the Keningau SDA Amateur Athletic League for the ongoing sports events.

A youth camp February 2-4 in Kampung Ulu Senangang, with tents pitched beneath rustling rubber trees near a waterfall and clear pool, offered outdoor fun and fellowship. Campers visited several nearby homes to sing hymns and offer special prayers for the hill residents, and invited the people to the campfire and athletic gatherings. Village youth joined the campers for swimming, hiking, track and field sports, socials under the stars, a Bible quiz, and worship services on the theme, "Finding God through the Year 1990."

When the evangelistic effort began on March 20, many visitors and church members were present. Speakers for the series included people from a variety of professions: a doctor, a public health nurse, the principal of a Montessori school, a pharmacist-trainee, a local trader, a secretary, an engineering contractor, a young mother, several SDA students, and a number of other Seventh-day Adventists witnesses for the Lord.

On March 31, the evangelistic effort ended with the baptism of nine people. That evening the church also held an awards ceremony, at which Pastor Charles Gaban,

Sabah Mission President, gave out the trophies for the athletic events.

All this was just the beginning. Several more people are currently preparing for baptism. Also being planned is a large scale visitation of hospitals, medical clinics and homes, and a youth festival, to include handicrafts, fine arts and dramatics contests, and cultural programs, leading up to an even larger evangelistic effort.

— *Moises Sumile, Keningau Church Elder*

■ SARAWAK ■

Church Dedicated in Batu Pengansah

May 5 was a big day in Batu Pengansah, but it all started long before. When Muda ak Mail opened his little shop along the Punda Road, he kept his shop open on Sabbath. He would sell to others, but he would not sell anything to Adventists on Sabbaths.

Yes, he was an Adventist, but he had much yet to learn. Gradually the Holy Spirit convicted him that the fourth commandment really meant that he needed to completely close his business on Sabbath. He continued to grow spiritually, and one day the Holy Spirit brought another conviction to him—he should not be selling alcoholic drinks or tobacco in his store. So he cleaned the stocks off his shelves and destroyed them out behind the shop.

Some expressed concern that his business would diminish because he was not selling these products nor was he opening his shop on Sabbath, but to the contrary, his business was increasing tremendously. Next the conviction came that he should not sell unclean foods, and so he cleaned these off his shelves and destroyed them. In their place he is now stocking vegetarian foods, Bibles, and other similar merchandise.

Not only has his business increased, but his spiritual growth has also been contagious. Quite a large group have begun studying the Bible, and when other Adventists moved into the area, his house was no longer able to contain those who were meeting there to worship each Sabbath. A church building was necessary, but how?

Muda rallied together the church members and others in the surrounding area. They gathered all the materials they could and began building, but they needed extra funds to finish the church construction. When they appealed for assistance, Pastor Robert Burton, a teacher at Ayer Manis School, and his family and friends back



in Canada answered. They raised sufficient funds to complete the building, and a group of nearly 30 people actually came to Sarawak and helped to put the finishing touches on the church early this year.

Then on May 5, members from several churches in the surrounding area came together with the members in Batu Pengansah to celebrate the dedication of the new house of worship. Officiating at the ceremony were Pastor Daniel Walter, Sarawak Mission President, Pastor Edmund Liah, Mission Secretary, and Pastor Burton, who preached the dedication sermon.

God's Spirit is bringing conviction to the hearts of many people along Punda Road, and the Sarawak Mission praises the Lord for this bright light which stands as a gospel beacon to all who pass by.

— *Daniel Walter, President, Sarawak Mission*

■ SINGAPORE ■

SDA School Holds Bible Camp During Holidays

The SDA School and Youngberg Church united efforts recently to hold a Gospel Camp for students of the SDA School following an inspiring Gospel Week conducted by Mr. Del Johnson from the Far Eastern Division.

More than 70 students and counsellors spent four days in late April at a hideaway campsite in Sembawang, on the northern coast of Singapore. Counsellors were Youngberg Church young people and teachers of the SDA School.

The program was specially tailored to suit the needs of the students. All talks were limited to no more than 15 minutes, with plenty of time given for group interaction as they exchanged views on the topics. Many shy youth, who had not previously led out in any group sessions, did so with gusto. Students were pleasantly surprised that their teachers and principal could be so human—playing, laughing and singing like they did.

The camp included a spiritual feast, planned by SDA School chaplain Mr. Quek Boon Chuan. Teacher Kenneth Chee mapped out a very interesting treasure hunt, and Youngberg Church elder Roland Chin led out in several games which evoked plenty of laughter.



Joyful parents just witnessed the baptism of their children.

The highlight of the camp was no doubt the baptism of two students, Derek and Eva Chin, son and daughter of Roland and Susan Chin. Pastor George Johnson, President of the SAUM, baptized the two students in the ocean just as the sun was setting on Friday evening.

Such was the enthusiasm of the students that talk has already gone around concerning the NEXT Gospel Camp. One student who desires to be baptized then has begun inviting her friends to attend the camp and witness the event.

— Michael Lim, SDA School Principal

CM Evening Boat Cruise

The Church Ministries department of the SAM organized an evening boat cruise in a large Chinese junk on Sabbath evening, February 24. With an unexpectedly good response, 95 members from the Singapore SDA churches took part in the outing. Unfortunately, 25 more had to be turned away because of lack of space.



CM Director Danson Ng welcomes the junk cruise participants.

As the boat rocked on the rippling waves and the breeze caressed the smiling faces, the group sang together at sunset, and listened to the sundown worship message by Pastor George Johnson, President of the SAUM. Later they enjoyed the delicious vegetarian buffet dinner and played several get-acquainted games on board the boat.

When the uplifting evening of togetherness came to a close, many in the group asked, "When can we have the next cruise?" It was indeed an opportunity for young and old to meet and fellowship together in a relaxing and cooling atmosphere.



Young people had the opportunity to make new friends and strike up a friendly conversation.

— Danson Ng, Church Ministries Director, SAM

Music Ministry in Singapore

The Music Ministry project of the Singapore Adventist Mission has been operating now for several years. Beginning with large choral and hymn festivals conducted under the direction of Mrs. Loralyn Horning, new avenues of ministry have now been entered under the direction of Mr. John Neumann.

One of the avenues of service which is being developed is a music resource center, through which church choir directors will have access to new sacred choral repertoire. Working in conjunction with the minister of music for the Wesley Methodist Church, Mr. Lim Swee Hong, this service should soon be available. Hinshaw Music, Inc. has provided the Music Ministry with single copies of their choral music and given permission to legally photocopy the music through the resource center. This will greatly increase the availability of church music in Singapore.

The Music Ministry has also attempted to make ministers as well as congregations more aware of worship attitudes. Mr. Neumann has conducted worship services in several of the Singapore SDA churches, in which the congregation had a more participative role in the worship of Jehovah. He has also given several presentations on how to more fully make use of the new SDA Church Hymnal.

In 1989, the National University of Singapore requested the services of Mr. Neumann to assist in the development of their choral program, and this is still continuing. Contacts have also been made with the Ministry of Education regarding voice and choral music.

Several new cassette recordings are in the making. Mrs. Rena Phua has worked diligently on this project. In an effort to provide worship materials for remote churches of the Southeast Asia Union Mission where there are no musical instruments, Mrs. Phua has recorded approximately 30 different hymns designed to be used in a worship setting. These have an introduction and all of the stanzas played so that the congregation can sing along with the cassette. This and other musical cassettes will soon be available through the Singapore Adventist Mission.

The SAM Music Ministry Project, under the sponsorship of Mr. Tan Hian-Tsin, has reached out to people in the Singapore community in public and private ways, to develop friendship and trust. Although Mr. Neumann is returning to the USA to continue service through teaching, the Music Ministry Project will continue to reach out through concerned lay workers.

— John Neumann, Music Ministry Coordinator, SAM

San Yu Students have Gospel Week

San Yu High School had a special Week of Spiritual Emphasis April 2-6. During the week, students attended chapel every day to listen to talks presented by Dr. Russell Standish, the Health-Temperance Director of the SAUM. The theme for the week was "Our God is the Lord."

During the week, Dr. Standish also visited classes and talked with the students. He mingled well with the students, and even had a few friendly table-tennis matches with them during recess. The students enjoyed the talks as well as the new songs taught them by members of the Thomson Chinese Church.



Dr. Russell Standish presents God as Lord to the San Yu High School students.

At the conclusion of the week, 131 students indicated that they accept Jesus as their personal Savior. One student in the Secondary Three class sealed her decision to follow Christ during this week, and she was baptized the following Sabbath.

During the June school holidays, there will be a Voice of Youth Camp for those students who want to learn more about Jesus. The theme for the camp will be "Following Christ."

— Toh See Wei, Chaplain, San Yu High School

Pastor Liklikwatil Retires

Although Pastor H. Liklikwatil officially retired two years ago, he only ended his service in Singapore on April 17, when he and his wife left to join their children in the USA. Pastor Liklikwatil served the Seventh-day Adventist denomination for 33 years. During his years of service, he did pastoral work for 18 years. He worked for 16 years at the Southeast Asia Publishing House, and was the editor at the time of his retirement. Since then, for the past two years, he has pastored the Youngberg SDA Church.

— Sim Chor Kiat, President, SAM

■ THAILAND ■

160 Hmong Youth Attend Lampang Camp

The Youth Department of the Thailand Mission held its second camp for 160 Hmong young people on March 19-25 at Lampang, in the northeastern part of Thailand.

Pastor George C. Johnson, SAUM President, gave the devotional messages and the Sabbath worship services, emphasizing the coming of Jesus. Other speakers for the camp included Dr. Steve Bassham, Thailand Mission President, who spoke on Satan's deception; Dr. Jon Dybdahl, Vice President of Mission College in Thailand, who talked about faith; and Dr. Nancy Bassham, Church Ministries Director of the Thailand Mission, who gave health messages. Pastor Rungsit Saejang, Thailand Mission Youth Director, spoke on the effect of AIDS; Miss Rianthong Boontem, Child Evangelism Director of the Thailand Mission, talked on how to teach children creatively; and Pastor Shupinar Koubong, SAUM Associate Church Ministries Director, spoke on how youth can witness for Jesus.

Each day the program began with calisthenics, followed by a devotional talk, breakfast, then camp inspection. The various speakers took up the mornings from 8:30 to 12:00 and the early afternoons from 2:00 to 4:00. Different groups put on skits and games during the remainder of the afternoon time. Although the schedule was tight, the youth enjoyed the lectures, discussions, recreation, and fellowship with young people of different villages.

On Sabbath, 16 young people were baptized. As the camp ended the following morning, amid tearful farewells, many youth went home with a vision to do more for God so that more young people will be ready when Christ comes.

— *Shupinar Koubong, Assoc CM Director, SAUM*

BAH has Health Promotion Outreach

A group of 16 pastors, nurses, nursing students, and a doctor from Bangkok Adventist Hospital spent the night of February 17 driving to Chiangmai, and the following day travelled another 50 kilometers to reach Doi Sang to spend several days in a special health outreach program.

The little mountain village of Doi Sang with its 40

Hmong families has a small Adventist church on the hillside. It had no proper sanitation, however, and no medical facilities. Under the leadership of Pastor Siroj Sorajjakool from the Theology department of Mission College at Muak Lek, the group wanted to help improve the health condition of the people at Doi Sang, educate the villagers in healthful living, promote family planning, and provide medical treatment. Another major goal of the project was to give third- and fourth-year non-Adventist nursing students an opportunity to participate fully in the physical, social and spiritual aspects of the Seventh-day Adventist church, and to create in them an awareness of the SDA lifestyle.

Pastor Somchai Chuenjit and Pastor Atikom Sriratanaprat, from the chaplaincy department of BAH, and Mrs. Krissana Chuenjit and Miss Kamporn Yimleun from the BAH health education department worked with Pastor Siroj and the nursing students in Doi Sang. Dr. Linda Chaiyakul also helped for two days in seeing some of the 190 patients from three different villages who came for treatment.

While the doctor and nurses were busy with the patients, all the men and some of the student nurses worked on building two toilets and two shower facilities on both ends of the village.

The group members had morning and evening worship together each day. The leaders also took time to get better acquainted with the nursing students, most of whom



BAH nursing students help to build sanitary facilities in the Hmong village of Doi Sang.

were from non-Christian backgrounds. As a whole, the group felt that they were drawn closer to God and to one another as they promoted healthful living and shared the message of salvation with the Hmong people of Doi Sang.

— *Somchai Chuenjit, Chaplain, Bangkok Adventist Hospital*

First Ladies' Chapter

Fifty ladies, ranging in age from 19 to 77, met together at the Ubol Church recently. Pastor Keo Ayuperm, the Northeastern District leader, and his wife, Pranee, organized this first Ladies' Chapter of Thailand's Northeastern Province. The ladies came from 13 different churches in the district.

Dr. Nancy Bassham, Church Ministries Director of TAM, spoke on the family and on the pastoral spouse. Miss Rienthong Boontem, the new CM Associate Director for Children's Ministry, spoke on various aspects of children's Sabbath School. Mrs. Robyn Scale, the new Health Director for Thailand Mission, gave interesting and demonstrative lectures on healthful living.

Mrs. Pranee taught the ladies to sew simple blouses. They took part in crafts and church projects during the afternoon, and had a cooking class in the evening.

All who participated in the program made a commitment to go and start small ladies' prayer groups in their own churches.

— *Pastor Keow Ayuperm, Northeastern District Leader*

PAH Doctor Called "Phuket's Mother of Medicine"

The March edition of the *Phi Phi and Krabi* magazine in the beach resort town of Phuket featured the work of Dr. Linda Caagbay, the pediatrician at Phuket Adventist Hospital. Author Chris Miller, in the article "Dr. Linda—Phuket's Mother of Medicine," stated, "She is considered to be the second mother of many children in Phuket. Calling her 'mother' is the people's way of showing respect for her dedication and expertise as a doctor and her selflessness as a person Whether Dr. Linda does God's work or mankind's, she does it with dedication and a wholeheartedness that is recognized by everybody." The author went on to say, "Increasingly she is being called the Mother Teresa of Phuket, a title that embarrasses her and one that she prefers not to admit to. But the comparison is in many ways apt. She, like Mother Teresa, works herself repeatedly beyond the point of exhaustion because of her belief that she serves a higher call than simply her calling as a doctor."

Dr. Caagbay, who comes from the Philippines, is a highly successful pediatrician, particularly in the area of treating diarrheal diseases, dehydration, and dengue fever. She naturally attributes her success to the great guidance given to her by her heavenly Father.

— *Russell Standish, Health and Temperance Director, SAUM*

Kler Kho Academy Dies, Eden Valley Academy is Born

In 1986, Kler Kho Karen School was founded on the banks of the Moei River. A beautiful school with lush green mountains on three sides, it was built by the Karen and for the Karen with the help of its Australian principal and administrator, Miss Helen Hall.

Intense fighting between the Karen and the Burmese, however, forced students and staff to grab books and rice and evacuate to the jungle on many occasions. It seemed best to move the school further into Thailand, to a more secure area.

On February 28, Miss Hall announced at assembly that this would be the last time students would sit on the bamboo floors of Kler Kho School. We were all eager to see the site for the new school, but first there was work to be done. We had to pull down the old buildings and take the school, board by board, bamboo pole by bamboo pole, across the mountain pass to the other side into our "Eden Valley."

It did not take us long to take the buildings apart. Quickly we shouldered our planks of wood, and set off—some boards were so big that two or three students had to carry them together. As we viewed the delightful scenery in the valley, our aching muscles suddenly found new strength, and we eagerly began to explore the land. A small river twists around the school land, meanders across the flat rice fields, and disappears entirely into a huge cave. The rocky mountains behind the school provide shade from the hot afternoon sun, and give us a sense of security from the war.

The first day of moving ended with satisfaction and happiness. Next morning, however, found us with our enthusiasm almost entirely evaporated. Our legs and backs were sore. We had aching muscles where we did not even know we had muscles before. The hot sun was already beating down, and we faced the long walk back to fetch more pieces of our old school. Some students said it would be better to run away and return home until school re-opened, but others persisted that if we did not help to build our school, who would? Then there would be no school, and we would lose our opportunity to study and to learn in English.

Of course, Eden Valley Academy is not yet a proper school. A Fly and Build team is coming soon from Australia to help us put the school into order. By the time the school is built, the holidays will be almost over, but we will return for a short visit to our parents before starting the new school year.

— *Aung Kyah Nyunt, 10th grade student, Eden Valley Academy*

■ VIETNAM ■

ADRA Begins Projects in Vietnam

Although ADRA has only been established in Vietnam within the last year with the appointment of Dennis Tidwell as director of ADRA-Indochina, yet in this brief period much has been accomplished.

Over US\$400,000 worth of pharmaceuticals have been sent from the United States to Vietnam. ADRA donated another US\$15,000 to the city of Danang in order to assist in reconstruction following typhoon Cecil, which occurred in the middle of 1989.

ADRA's largest project to date has been the provision of primary health care facilities to three districts of Long An Province, west of Ho Chi Minh City (formerly Saigon) and bordering on Cambodia. With the assistance of ADRA South Pacific, ADRA-Indochina has been successful in obtaining A\$300,000 from the Australian Government for use in upgrading medical facilities in the region over a three-year period.

Long An Province has well-organized medical service, but because of the ravishes of war, the hospitals and clinics are very poorly equipped. There is also a real need to increase the expertise of the health care workers. ADRA is supplying the Provincial Polyclinics and Commune Health Stations with much-needed basic medical equipment. In addition, seven seminars are planned in order to train village workers and health workers from the clinics in basic and more advanced health care.

In Tan An, the provincial capital of Long An Province, ADRA has equipped a sewing factory with over 20 specialized electric sewing machines. This factory had previously utilized antiquated treadle machines. ADRA is also planning to provide modern electric machines for sewing leather goods in a cooperative factory situated north of Hanoi.

Members of the ADRA team visited a truly pathetic old people's home in Ho Chi Minh City. There they met a 102-year-old widow who had lost her only two sons during the Vietnam war. Conditions in the home were appalling. One room housed 91 men. They shared a single toilet—a putrid, unsanitary place where a large basket serves as a receptacle and is emptied when full. As the inmates of the home eat their meals, flies from the toilet cover the food and the odor of the toilet fills the room.

The home has over 600 people living in it. Not all are aged. Some are maimed, blind, halt, or demented; some are quite young. Each day they receive only two meals, since the weekly allowance of about 90 cents US to cover food, clothing and medical care for each individual inmate does not permit more. Each meal consists of a huge plate of rice with one vegetable, usually poor quality green

beans or cabbage. Once a month they receive a little fish, and twice a month a little meat. They get no fruit.

One cannot help being touched by these people in a present-day poor house. ADRA has undertaken to build modern hygienic toilets and provide one nutritious meal per week to each of the 600 residents. When they tasted the first of these meals from ADRA, the inmates exclaimed that they had not eaten so well for 15 years, yet it was a modest meal by normal standards. When ADRA personnel next visited the wards, they received



spontaneous applause from the grateful residents. But surely this is the least ADRA can do for those so underprivileged.

ADRA has made arrangements to bring highly qualified Seventh-day Adventist physicians from Western countries into Vietnam in order to work for short periods with Vietnamese doctors and demonstrate new and advanced techniques. The first of these, a surgeon, will be arriving in Vietnam in September for a stay of one month.

Dr. Joan Coggin, cardiologist from Loma Linda University, accompanied the ADRA representatives into Vietnam in May. She met with Dr. Trung, Medical Director of Ho Chi Minh City; with Dr. Cuong, Deputy Minister for Health in Hanoi; and with other leading doctors. Dr. Coggin plans a liaison between the doctors in Loma Linda and ADRA, to assist ADRA in meeting the needs of the medical institutions of Vietnam.

ADRA has also arranged for the teaching of English in the University of Agriculture. In addition, plans are underway for digging wells and providing water tanks in a number of regions. Thus, ADRA can hopefully make a significant contribution to the people of Vietnam. The organization is already well known there and its work much appreciated. □

■ HEALTH ■

“Just a Little Bit of Exercise”

A 1986 study of 16,936 males who graduated from Harvard University in Boston, Massachusetts (USA) from 1916 through 1978 showed that regular exercise is a critical factor in determining longevity. Many studies have previously concluded that moderate regular exercise will reduce the risk of dying from heart disease. This study was one of the first to conclude that moderate regular exercise reduces the risk of dying from most all disease, not just heart disease.

This is significant. In order not to die from these diseases, you must not have the negative lifestyle risk factors we know so well. Not only will exercise and healthy activities help you live longer, but they will also help you to feel better. And feeling good is great!

This Harvard study showed that men who burned 2,000 calories per week through exercise had mortality rates one-quarter to one-third lower than those who burned up fewer calories. Two thousand calories of exercise is equivalent to approximately five hours of brisk walking, about four hours of jogging, or little more than three hours of racket sports for one who knows how to play.

Up to a certain point, more exercise also increased the benefits. Beyond that point, however, the study showed that an exercise program which burned more than 3,500 calories per week tended to cause injuries which negated most of the benefits derived from exercise.

Most people do not need to worry about too much exercise. Why? Because they don't get any exercise. If you exercise at least moderately, you will soon begin to secrete a hormone called beta-endorphin in the pituitary gland in the brain. This hormone has morphine-like characteristics in that it provides a tremendous sense of well-being as well as relief from minor pains or discomforts. And this endorphin is legal.

New research also tells us that being happy will cause the body to secrete this hormone. So when you are happy, smiling, and exercising, you should be receiving a double blessing, as "a merry heart doeth good like medicine." (Proverbs 17:22). Over a hundred years ago, Ellen G. White told the church, "Healthful exercise in the open air will strengthen the muscles, encourage a proper circulation of blood, and help to preserve the body from disease." (*Medical Ministry*, p.81)

A regular exercise program, when combined with good nutrition and a healthful lifestyle, will help you to reach the potential with which you were created. Most of us have not been able to live up to our full potential because of our unhealthful lifestyles. Understanding the rules of health, and practising them in your lifestyle will go a long way toward helping you to get the most out of life.

— Gerard McLane, Director, YAH Wellness Center

■ SIGNS OF THE END ■

Seventh-day Adventist church members in Vietnam are experiencing increasing difficulty in the practice of their faith. In recent months, worship and the propagation of the Gospel have become more difficult for the workers and members of the SDA Church in Vietnam.

This year, one of the Vietnam Mission leaders has been forbidden to be away from Ho Chi Minh City overnight. Pastors and elders are not permitted to preach in churches other than their own. No new elections of church officers have been allowed for the past 15 years, and no Mission sessions have been permitted. Ordination of new pastors has been forbidden by the authorities.

Of even more concern has been the recent arrest of two Seventh-day Adventist church members from Ho Chi Minh City. They travelled to the mountain region of the country in order to do humanitarian work for their people, including the distribution of clothing. The husband and wife and their little three-year-old daughter were each placed in separate jail cells. The child's persistent crying

so upset the jailers that they released her after two days, and she is now with relatives in Ho Chi Minh City. After some time, the husband was also released. But the wife remains in prison and has been subjected to interrogation. The couple are lay members, and undertook their trip to the Dalat area entirely on their own to witness and to help others.

In the same region, the authorities have confiscated 15 bicycles supplied to the lay pastors by the generous gift of Vietnamese members residing abroad. Further, eight precious Vietnamese Bibles shared by the members in that area have been impounded, and their meeting together for services in private homes has been forbidden.

God's people certainly need the prayers of fellow believers around the world as they seek to serve Him, to worship, and to take God's last message to their fellow citizens in Vietnam. □

Six good reasons to study in a Christian



"I first heard of SAUC in 1987 through a cousin who previously studied here. That was the year I was applying to universities in England and desperately wanted to go there. My parents, though, did not share the same views. They knew how expensive it would be for them to send me there but still did not want to disappoint me.

While I was still waiting for a reply from one of the universities, my parents heard of SAUC and talked to me about trying it out for a while. Singapore is so close to Bangkok, they felt much safer sending me here. Besides, it would cost them less than half of what they'd spend were I to go to England.

Not only does SAUC offer diverse and dynamic courses, it is also affiliated with Walla Walla College in Washington. The Walla Walla degree and the reasonable college fees are valid and sensible reasons why SAUC is the college I choose to graduate from."

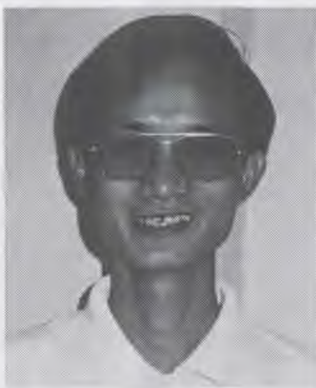
— *Chareonjeet Narula*
junior Office Administration major
Thailand

"SAUC is a Christian college, and so it operates on Christian principles. Since I am a dorm student, I attend the morning and evening worship every day. It is good to start and end the day with God, who loves and cares for men.

After the combined evening worship, with guys and girls meeting together, there is a fine time for chit-chatting with friends. The dorms provide a good environment for friendship.

In the dorm, there are students from 12 nations, with more races and dialects, and even broader differences in family background, attitudes and habits. Dorm life is a good place to meet real challenges. For students who are preparing to live among people and contribute to their needs, it is an opportunity for development of tact, wisdom and adaptation."

— *Bliss Thein*
freshman Business major
Myanmar (Burma)



"It was supposed to be a college in Kuala Lumpur for me, then off to one of Australia's universities. It was all planned out, when my mother suddenly changed her mind.

Why? Why? I was planning to study law and psychology, but she sent me to SAUC instead. What could SAUC provide? I wasn't enthusiastic about coming to SAUC because I was not interested in any of the courses it offers.



Through the years that I've attended SAUC, I have begun to see why my mother changed her mind. It was a special education that she wanted me to have—the kind of "education" that no other schools would provide. She wanted me to give myself to God and to learn more about Him.

I thank my mother for changing her mind. Now, when she and I think of SAUC, we both think of the same thing—Christian education!"

— *Gillian Loh*
senior Education major
Peninsular Malaysia

Southeast Asia Union College

n college in Singapore



"I studied in non-Christian, government schools for 14 years. Therefore studying in SAUC is something new and better for me. SAUC is a center of Christian education, promoting Christian principles and character development. It also promotes total health—physical, social, mental and spiritual—for the overall development of a person.

As the enrollment is small, the teacher-student ratio is small. Students in general are better educated and instructed due to the personalized teaching and the dedication of Christian teachers.

I love to study in SAUC because it is an ideal place for self-advancement and discipline. It helps me to share my faith with others, be a better Christian, and be ready for the second coming of our Lord."

— Chan Shee Wai
senior Theology major
Singapore

"It is a privilege to study in SAUC because in my country I could not study in the university or other colleges because of Sabbath classes and examinations. After I graduated from Burma Union Bible Seminary, I wanted to go abroad to study, but my country does not issue student visas. Our family prayed for God to open a way for my brothers and me to study abroad.

After about one year, God opened the way for us. I am glad that I can study in SAUC, so I do not have to worry about Sabbath problems. Also SAUC is affiliated with Walla Walla College, so I can get a degree from the States without having to go there, which would cost much more.

One of the things I like about SAUC is that I have a chance to know almost every student and every teacher in the college, since it is a small institution. SAUC is like my second home. I shall always treasure the time I have spent at SAUC."

— Marla Ba Khin
sophomore Office Administration
major
Burma



"South America was nothing new. I grew up there. I've been to almost every country on that continent. Central America? Well, I've been there also. North America, then? No big deal either. That's where I've lived for the last 12 of my 22 years of life. Europe, and the cultural experience I'd get if I went? I don't get excited about aimlessly wandering about city squares gazing dizzily up at cathedral ceilings. Besides, I detest being labeled as one of those tourists who try to be so sophisticated.



Ah! But Southeast Asia? The land of the gentle people? That's different. I still dislike the tourist stuff. But when I heard there was a chance to live in Singapore, and actually eat, laugh, study and just live with the people, I jumped at the chance.

Now, nine months later, the reasons I came are realized—I mingle with these people, I eat and laugh with them, they are my friends. And most of all, I understand their ways a little. I am learning. That's why I came."

— Daniel Moore
senior Religion/Psychology major
Walla Walla College

— *the school with a difference.*

■ DEVOTIONAL ■

The Priceless Education

I have always had a deep sense of gratitude for the faith and love my parents exhibited in sending my twin brother and me to a church school. The Newcastle SDA School was a 12-grade school with less than 50 students. The majority of our church members preferred to send their children to the Government schools, believing the academic standards were higher there. Many reasoned that they wished their children to have success in life, and thus it was imperative in a highly competitive educational system for their children to get the "best" education.

But my mother and father possessed a different faith. They were poor, but they struggled to pay our school fees, though education in Government schools was free. In their sending me to church school, I recognized that my parents valued my salvation more than secular attainments. They recognized that "In the highest sense, the work of education and the work of redemption are one" (*Education*, p.30).

Believing this, my parents did not dare to send their children to a school of such limited educational principles that it ignored the redemption of its pupils.

An Educational Coaching College in Sydney adopted the slogan "Knowledge is Power." But such a slogan is totally unacceptable to a Seventh-day Adventist, for it was knowledge that brought total impotency to Adam and Eve in the Garden of Eden. The British educator Findlay made a minor improvement when he stated that "Knowledge is Power when it is used." But many use knowledge to become addicted to drugs or to commit crimes. It is only in a Christian school where proper knowledge is taught, for "Knowledge is power, when united with true piety" (*Testimonies to the Church*, Vol. 4, p.427).

I recall two sets of parents in my home church who did not share my parents' convictions on the value of Christian education, nor did they demonstrate their faith in God's leading in the lives of their children. Both felt that because their children had ambitions to study medicine at the University, they would be disadvantaged academically if they attended our little "insignificant" church school.

One child did ultimately achieve his ambition—he became a surgeon. He now smokes, drinks alcohol, and is divorced. The second did not, but he too is now outside the family of God, drinks alcohol, and left his wife and four children for another woman. These young people obtained an education perfectly designed to produce these sorry consequences in their lives. In fact, their parents had afforded them a pitiful education which was vastly inferior in the training in those things which truly matter most in this world.

My own dear parents, by contrast, wanted only the best for their kids. And our God did not fail them. I am so grateful that they believed that "True education is the education of those ideas that will impress the mind and heart with knowledge of God the Creator and Jesus Christ the Redeemer" (*Fundamentals of Christian Education*, p.534).

— Russell Standish, Health/Temperance Director, SAUM

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