

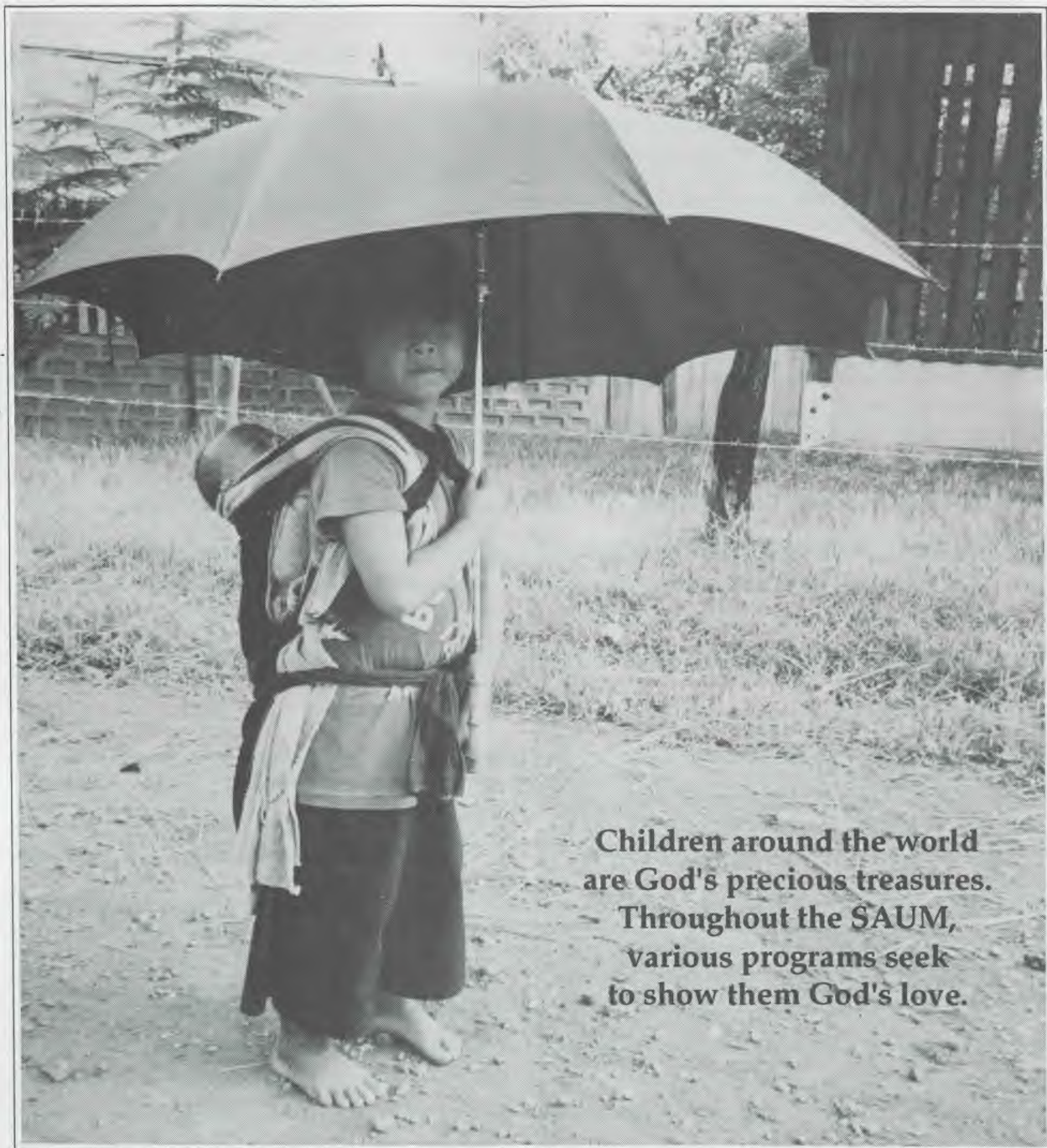
SOUTHEAST ASIA UNION

# Messenger

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**Children around the world  
are God's precious treasures.  
Throughout the SAUM,  
various programs seek  
to show them God's love.**

## Precious Moments with Prayer

### Part 3 — Take Time to Pray

In Matthew 6:7, we find another aspect to prayer. Jesus says, "But when you pray, do not use vain repetitions as the heathen do. For they think that they will be heard for their many words."

When we have little children, many times we teach them a sentence or two of a memorized prayer so they can learn how to pray. But it is important for us not to carry this habit into our adulthood.

What happens when we get a little older and wake up late for work or school? Do we feel that we really should pray, so we hit our knees to the floor and say something like: "Thank you for the good night's sleep, and give us a good day today. God bless the preachers, the missionaries, and the colporteurs. Be with Uncle John and Aunt Susie. Thank you. Amen." And we rush out the door!

Have you ever prayed like this? Though I am ashamed to admit it, I have done this far too many times.

Could this also be considered "vain repetition?" I believe it could. If we talked to our friends and said the same thing day after day in the way we sometimes talk to God, we would probably lose some friends!

"Many, even in their seasons of devotion, fail of receiving the blessing of real communion with God. They are in too great haste. With hurried steps they press through the circle of Christ's loving presence, pausing perhaps a moment within the sacred precincts, but not waiting for counsel. They have no time to remain with the divine Teacher. With their burdens they return to their work. They must give themselves time to think, to pray, to wait upon God" (*Education*, p. 260).

If we follow the instructions given, our prayer life can be the richest part of our Christian experience. God has all the time in the world to listen. Why not take time to talk to Him?

— Rayburn Smith

Dear Friend:

How are you? I just had to send a note to tell you how much I love and care about you.

I saw you yesterday as you were talking with your friends. I waited all day hoping you would want to talk with me also. As evening drew near, I gave you a sunset to close your day and a cool breeze to rest you—and I waited. You never came. Oh, yes, it hurt me—but I still love you because I am your friend.

I saw you fall to sleep last night and longed to touch your brow, so I spilled moonlight upon your pillow and face. Again I waited, wanting to rush down so we could talk. I have so many gifts for you; you awakened late and rushed off to work. My tears were in the rain.

Today you look so sad—so all alone. It makes my heart ache because I understand. My friends let me down and hurt me many times too, but I love you!

Oh, if you would only listen to me! I love you! I try to tell you in the blue sky and in the quiet green

grass! I whisper it in the leaves on the trees and breathe it in the colors of the flowers. I shout it to you in mountain streams, and give the birds love songs to sing! I clothe you with warm sunshine and perfume the air with nature scents. My love for you is deeper than the oceans, and bigger than the biggest want or need in your head! Oh, if you only knew how much I want to walk and talk with you. We could spend an eternity together in heaven.

I know how hard it is on this earth. I really know! And I want to help you. I want you to meet my Father. He wants to help you, too. My father is that way, you know.

Just call me—ask me—talk with me! Oh, please, please don't forget me. I have so much to share with you!

Okay, I won't hassle you any further. You are free to choose me. It is your decision. I have chosen you, and because of this I will wait—because I love you!

Your Friend,  
Jesus

## God's Amazing Providence

August 2, 1990 dawned like any other day. However, before the day was over, there was to occur to my husband and me one of the most traumatic experiences in our lives. It was an experience which served to remind us how much we must depend on God's providence and how meaningful it is to belong to the great Adventist family.

At 1:40 p.m. that day, I was teaching a speech class when a colleague burst into the classroom, waving her arms frantically and calling out that my ten-year-old daughter LeAnn had been seriously injured in an accident in front of Southeast Asia Union College. I raced to the scene of the accident only to find that she had already been taken to Youngberg Adventist Hospital close by. Elder and Mrs. George Johnson drove me to the hospital immediately.

In the emergency room, one look at my daughter was sufficient to plunge me into despair. She was covered with blood and grease from head to foot, and there was a gaping hole where her left eye was supposed to be. For a few terrifying moments my husband and I thought her left eye had been torn out of its socket. We clung to each other as we tried to fight off waves of panic, the agonizing screams of our daughter echoing and reechoing in our ears.

Our panic intensified when we learned the details of the accident from eye witnesses. They reported that LeAnn had been hit by a van while crossing the road. The impact had flung her into the path of an oncoming car which ran over her and dragged her for a distance.

After emergency treatment, LeAnn was admitted to the intensive care unit of the hospital. As we sat by her bed all through the dark hours of that long night and the anxiety-ridden days that followed, the future threatened to be very bleak indeed. We did not know the extent of our daughter's injuries. Neither did we know if she would survive her injuries. Even if she were to survive, we wondered if her mental and other faculties would be severely damaged.

Throughout this dark experience we were sustained by two things: the belief that the life and future of our daughter lay in the hands of an all-loving God, and the love and support of our friends and fellow believers who rallied around us with their prayers and words of faith and encouragement.

Minutes after the accident, prayers were already ascending to heaven on LeAnn's behalf. At the Southeast Asia Union Mission, the Far Eastern Division, Southeast Asia Union College, and at SDA School where LeAnn was a student, our brethren, faculty and students interrupted meetings and classes to have special prayer for her. In the days that followed, many



more of our friends in other parts of the world joined in praying for her recovery.

Contrary to the expectation of everyone, LeAnn was out of the intensive care unit in five days, and was discharged from the hospital in less than three weeks. Two months to the day after the accident, LeAnn is back in school. Her left eye is intact, though the gaping hole was only a fraction of an inch from her eye. Except for a few scars, there appears to be no mental or emotional damage done. She is the same lively and fun-loving girl, a living testimony to the amazing providence of God and the power of prayer.

This nearly-tragic experience has also strengthened our faith in a God who still performs miracles. It has helped us to better appreciate the privilege of being a part of the great Adventist family. Most importantly, it has caused us to reset our priorities in the training of our child to fulfill the purpose for which God must have spared her life.

— Mary Wong,  
General Studies Department Chairman, SAUC

**Editor's note:** News of the accident appeared in all major newspapers in Singapore. In the *Straits Times*, the 9 x 7-inch article with the headline "Hit twice — but girl lives," carried a large photo of LeAnn and the enlarged quote from her father, "I'm not angry with the hit-and-run driver. I want him to know that my daughter is recovering."

LeAnn is the daughter of Dr. David Wong, who until General Conference session was the Church Ministries and Education Director at the SAUM. The day before the accident, he had assumed his new responsibilities in the Far Eastern Division Church Ministries Department.

## ■ PENINSULAR MALAYSIA ■

### Raised from the Dead

Pastor Samuel Money, Voice of Prophecy director for the SAUM, recently shared a thrilling story from Kuantan, a city on the eastern shore of Peninsular Malaysia.

Mr. Jenssen New is an active young worker. Though he lacks formal theological training, he is currently serving as the pastor of the Kuantan church. He has also worked as a literature evangelist for several years.

During a recent evangelistic effort, a relative of one of the SDA members was seriously injured in an accident. The man, a mechanic, was working on a dump truck when it collapsed, crushing him between the heavy truck body and the engine. He was rushed to the hospital, unconscious and with his ribs crushed. His heart and lungs were seriously affected, and he had to be kept alive by mechanical means. He had apparently escaped injury to his head, so although he was in a very critical state, his brain had not been damaged.

Prior to the accident, the mechanic, a free thinker, had shown no interest in religion. After the accident, however, the Seventh-day Adventist relative called his pastor, Jenssen New, and the young people of the church to pray for his dear one. They had special prayer at the hospital, though the doctors offered no more than a 5% chance of the recovery of the mechanic. The family had already gone to a spirit medium and asked what his chances were for recovery. The spirit medium had replied that the man would die.

After the prayer, the mechanic was miraculously healed. Three weeks after the accident, the man was discharged from the hospital. Although his voice was almost gone, the mechanic testified to everyone that it was Jesus who had brought life back to his body. Doctors and other medical professionals all expressed extreme surprise at his recovery.

Now the mechanic is at home. He is taking Voice of Prophecy lessons under the special attention of Mr. New, and is hoping to be baptized soon.

Praise God that in these closing days of earth's history, when the devil is making every effort to deceive and is bringing strife and commotion on the world, the Spirit of God is working with great power. "Where sin abounded, grace did much more abound." (Romans 5:20)

Jesus promised in John 14:12 that the members of His church and those who believe on Him would participate in "greater works" than those performed by the Savior Himself. In these last days, men and

women of God who dedicate their lives and hearts to the finishing of Christ's task on earth, will witness the working of the Spirit of God in a wonderful manner.

— George C. Johnson, President, SAUM

### Johor Bahru Church Gets Facelifting

The Johor Bahru Church renovation which began in 1988 is now complete.

Two years ago, Mrs. Auber, the church treasurer, and Mr. Lim San Hoe, a church elder, began by raising about M\$13,000 to put up new fencing. But other work needed to be done, so stage by stage the ceiling has been lowered by several feet, the walls have been plastered and painted, the flooring has been totally re-tiled, and the pews have been repainted and cushioned. A new organ also adds much to the spirit of worship.



The Johor Bahru Church is much more attractive since its extensive renovation.

With the new shine on the building, the church has also renewed inactive members. From a cell group led by lay pastor Chong Kam Fatt, two new members have joined the Johore Bahru Church. Mr. Chong also plans to begin an Adventist Youth Fellowship in the church soon. Ms. Jenny New and Mr. Ang Yat Yao have started another cell group. The Johore Bahru Church is not only renovated, but also rejuvenated in outreach activities.

— Samuel Money, VOP Director, SAUM

## Muar Pathfinders have Food Fair



Enthusiasm runs high as Pathfinders sell food at the fair.

The Muar and Malacca Churches held their Pathfinder Food Fair '90 on September 2 in a joint effort of the two Pathfinder clubs.

The individual Pathfinder clubs have very few members, but they have a strong and cohesive spirit. Working together to plan and carry out the food fair, their main objective was to attract more non-Adventist youth to join their clubs. In fact, although most of the current members are not baptized Seventh-day Adventists, they pray that more souls will be won to Jesus Christ through their activities.

The food fair was coordinated by Pastor Terrence Sim, and by Muar Pathfinder director Mr. Danny Mak, Malacca Pathfinder director Mr. Pham Saw Seng, and Mrs. Anna Shia.

— Shupinar Koubong, Acting CM Director, SAUM

## The Witness of Godly Medical Missionary Work

The witness of godly medical missionary workers often extends far beyond their years of service. In the 1950's, Dr. Dewane Brueske worked as a physician at Penang Adventist Hospital. He was a man not only of high medical skills but also of great personal dedication to God, a dedication which was evident to his patients.

Early this year, Dr. Russell Standish received an invitation to lecture in St. Raphael's Catholic Hospital in New Haven, Connecticut (USA). He was assigned the topic of Medical Missionary Work. The only other information he had was that it was sponsored by a Dr. K. J. Lee who formerly lived in Penang.

Only when he reached the hospital did Dr. Standish

learn the whole story. As a young man, Dr. Lee had been very concerned about the health of his father. The older man was suffering from severe gall bladder disease, but refused medical attention until he was, as Dr. Lee described, "orange" with jaundice. Finally the father consented to go to Penang Adventist Hospital, where he underwent surgery. Dr. Lee and his father had a lasting impression of not only the skill but also the dedicated work of Dr. Brueske.

Last year, when Dr. Lee's mother died, he wished to create a memorial to her. In her honor, he decided to fund an annual lecture on medical missionary work, to be held in the hospital where he practices. For the first lecture, he felt he must have a medical missionary from Penang Adventist Hospital, thus Dr. Standish received the invitation. The presentation was videotaped so that those on duty at the time might see it later.

May Dr. Brueske's example and that of many others be a challenge to each hospital worker, that every one may be a true medical missionary.

— Russell Standish, Health/Temperance Director,  
SAUM

## Pontian Junior Pathfinders have Camp

Ever since the work among the juniors and earlites started eight years ago, the Pontian SDA Church has been working persistently in this area. The Pathfinder club, started four years ago, is now active with 20 members.

On May 21-23, the club held a Junior Pathfinder Camp on the church compound. This camp drew 28 young people, including 12 non-members. The three-day camp allowed the youth to enjoy activities such as campfires, march and drill, knot tying, forums, talent-time, and telematches.

The youth responded very positively, and indicated that they hoped camps of this sort would be organized more often. According to camp leader and Pathfinder director David Lee, he had a double objective in planning this camp. First, he desired to train the Pathfinders to be leaders and to love witnessing. Secondly, he wished to bring in new members.

"Churches should organize activities for their juniors and earlites because this is a very receptive age," remarked Mr. Lee. He went on to say that the youth "need an organization of their own and a place where they have their sense of belonging."

— Elmo See, SAUC Student

■ SABAH ■

## Pathfinders Challenged to Take Initiative and Be Ever-ready

"Take Initiative and Be Ever-ready" was the theme of the first Junior Pathfinder Fair held in Sabah. Of Sabah's 50 Junior Pathfinder clubs, 536 juniors from 30 clubs took part in the fair.

The fair, held August 10-12, took place on the football field of Sabah Adventist Secondary School. During the fair, there were exhibitions of crafts and honors tokens. Juniors working in teams demonstrated skills in free-style cooking, sending messages by flag (semaphore), bandaging, knot tying, and basic drilling.

Mission workers, pastors, teachers and church members came to support this first Junior Pathfinder Fair. Every club which came received a token of appreciation for participating in the fair. And the young people went away with the spirit of taking the initiative and being ever-ready to help other juniors find the true path leading to their heavenly home.

— Shupinar Koubong, Acting CM Director, SAUM

## Sabah Holds Senior Camporee

On September 14-16, the camporee for senior Pathfinders (from age 14 upward) was held in Telupid, Sadakan, on the western side of Sabah, 115 miles from the Sabah Adventist Mission headquarters in Tamparuli.



Because the Pathfinder clubs are mostly concentrated in the eastern part of the country, the Sabah Mission leaders decided to conduct the camporee in the western side this year to motivate churches and clubs in that area to be stronger in their Pathfinding activities.

In the camporee, many events tested skills and knowledge. Pathfinders demonstrated their abilities in free style cooking in a primitive but clean way. They had quizzes on Bible knowledge, Bible doctrines and Church history. Many other activities also kept them involved and interested.



Teachers from Sabah Adventist Secondary School, pastors, and Church Ministries leaders from the Sabah Mission worked together to organize this senior Pathfinder camporee. Church members and others also gave good support to the programs.

Although it rained heavily the last two nights of the camporee, flooding the football field where tents were pitched, the Pathfinders maintained a good spirit throughout and went home with many pleasant memories.

— Shupinar Koubong, Acting CM Director, SAUM

## Pacific Union College Students Help ADRA

From August 14 to September 7, twelve students and two faculty members from Pacific Union College (USA) helped to construct gravity-fed water systems in Sabah.

Under the leadership of Pastor Keith Jacobsen, PUC chaplain, and Mr. Larry Taylor, the group worked in the villages of Kampong Kitompu and Kampong Tambailik, located about 50 km. from Kota Kinabalu.

They laid out approximately three and a half

kilometers of pipe to bring clean water to the villages from a clear spring in the mountains. The Catholic and Seventh-day Adventist church members in the villages worked with the student volunteers in constructing the water system. The project was a good opportunity to foster a closer relationship between the members of the two churches.

At the end of the project, the villages organized a farewell gathering, in which the village chief and representatives from both the Adventist and the Catholic churches expressed their appreciation for what ADRA had done to help the villages to have clean water.

Before leaving Sabah, all of the PUC volunteers climbed Mt. Kinabalu.

— James Lai, Director, ADRA/Sabah



Villagers help set a water storage tank in place.

## ■ SARAWAK ■

### “Gonding”

“Gonding” is a word not found in dictionaries, as its usage is confined to Sabah. It is one of the charms sorcerers frequently use to ensure the safety of the village and families living in the vicinity.

Recently, Pastor Ginduk Laung conducted a stewardship seminar in the village of Losou, in the Tintapon area of Kota Belud district, about 40 miles from the Sabah Adventist Mission headquarters. While there, Pastor Laung went to an old house where an elderly sick woman stays.

The old woman’s left hand and leg were paralyzed. Pastor Laung massaged them, and after some time she was able to move the hand and leg again. He learned that the lady was the chief sorceress of that village, but she had not been able to do anything to cure her sickness.

After Pastor Laung prayed with her, he left with much courage. That night the woman had a strange dream. In the dream, she saw a man carrying two big bundles on his shoulder. He came into her house and laid the bundles on the floor. He opened one of the bundles, which contained all kinds of foods that Adventists cannot eat, such as betel nuts. He opened the other bundle, which contained unclean meats. Then the man in the dream told her that if she would stop taking all unclean foods she would be healed. Then the man disappeared from her dream.

A few days later, Pastor Laung visited the old woman again, and then he learned about her strange

dream. He gave the old sorceress a convincing explanation of the dream. She went to the corner of her hut and took out the “gonding” and gave it to Pastor Laung. She expressed her desire to give up all of her charms and to follow the true God. Now she is taking Bible studies with Pastor Anton Tobi, and is eager to be baptized as soon as she finishes her studies.

— Shupinar Koubong, Stewardship Director, SAUM



Gonding, a protective charm, is kept in a dark corner of the house, believed to be the favorite haunt of the “courteous person,” the name they call the devil for fear that harm will come upon them if they call him by anything unfriendly.

## A.S.I. Holds First Sarawak Meeting

On May 20, Pastor Minoru Inada, director of the Adventist Self-Supporting Institutions Association (ASI) for the Far Eastern Division, met with Seventh-day Adventist professionals and businessmen in Kuching.



*Some Adventist businessmen and professionals fellowship with Pastor Inada at the first Sarawak ASI gathering.*

The purpose of the ASI is to encourage Adventist business and professional people, as well as self-supporting institutions, to develop methods and to lay plans for exerting an evangelistic influence on the public which they serve or have contact with.

Those who met with Pastor Inada in Kuching expressed a deep interest in the goals of this association, and are now planning to form a Sarawak chapter of the ASI.

— Daniel Walter, President, Sarawak Mission

## Sarawak Pathfinders Gather at Ayer Manis

On August 6-8, 160 Pathfinders and their directors and staff convened at Ayer Manis School campus for a two-day Pathfinder Fair. They represented 14 clubs from around Sarawak.

The fair aimed to bring the Pathfinders closer to one another through social activities, and closer to God through devotional talks and lectures. Pastor Shupinar Koubong, the SAUM Youth Director, shared timely counsels with the young people.

In the early part of the mornings and the latter part of the afternoons, Pathfinders had games and a telematch. The telematch included a variety of events. There was a slipper relay, egg throw and drill demonstration. And there were competitions in sewing buttons, frying eggs on paper, fire building and pancake making, along with numerous other interesting events.

During the heat of the day, Pathfinders gathered in any of three areas where they could earn AY honors. The honors offered were semaphore signaling (communication), temperance, and personal witnessing.

A variety of crafts were on display in the science room for the Pathfinders to enjoy. The exhibits included decorations made from bread dough, flowers from plastics, boats, drawings, camp furniture, and many kinds of knots.

The Sarawak Pathfinders left for home encouraged that the church cares for their spiritual and physical development.

— Edmund Liah, Youth Director, Sarawak Mission

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## ■ SINGAPORE ■

### A First for Singapore Pathfinders

On the morning of September 6, five Singapore Pathfinder clubs made their way by hired boats across the blue waters from Clifford Pier in Singapore to Sisters' Island for the first Singapore Adventist Mission Pathfinder Camporee.

The clubs included the oldest Pathfinder club in Singapore, the Eagle Club from Seventh-day Adventist School, and four other clubs all organized during 1990. The new clubs were from Balestier Road Church, Dunman Church, Jurong Church and San Yu High School.

On reaching the island, Pathfinders set up camps and had the opening ceremony. The young people experienced team work, the opportunity to work in cooperation with each other. Many expressed that the time from September 6 to 9 was not long enough, and they wished they could stay on longer.

On Sabbath, one of the highlights of the camp was the baptism of Jeffrey Lam, a member of the Eagle Club. Pastor Jonathan Ng, Chaplain of Youngberg Adventist Hospital, performed the baptism at the beach near the campsite.





Pathfinders of the Singapore Mission enjoy their first camporee at Sister's Island.

Leading out in the camporee were Pastor Danson Ng, Church Ministries Director of Singapore Mission; Pastor Shupinar Koubong of the SAUM; Pastor Peter Wong, Dr. Thomas Huang, and Mr. Samuel Siew. Pastor Simon Siew, from Peninsular Malaysia, also took part in the programs.

Each Pathfinder director had an opportunity to tell Pathfinders of plans for the coming year. The group also shared testimonies, and many were inspired to do more witnessing for their Lord.

— Shupinar Koubong,  
Acting CM Director, SAUM

## YAH Holds Week of Prayer

Emphasizing that the success of a hospital is not buildings but people, Pastor John Lee, President of Adventist Health Services/Asia (AHSA), spoke on the theme of recommitment during the annual Week of Prayer at Youngberg Adventist Hospital from September 3 to 7.

Pastor Lee shared with the hospital staff his personal experiences in health-care ministry. He also reminded them of the need for disinterested benevolence and the hospital's commitment to the community. He stressed that a strong commitment to the work of the Lord brings compassion for the people in the community that the hospital is serving. He further challenged the staff to be good professionals in the healing ministry, following the example of Jesus.

The hospital administration appreciates the ministry of Pastor Lee. The messages were very timely for all the staff as they move on to greater heights of service just at the completion of the total renovation of the hospital building and the upgrading of the equipment and facilities.

— Jonathan Ng, Head Chaplain, YAH

## YAH Reopens O.B Unit

On Sabbath, September 22, Youngberg Adventist Hospital (YAH) staff were reminded of God's creative power in a unique way. After five long years, the first cries of a newborn baby once again resounded through the hospital corridors. YAH has reopened its OB-Gyn unit.

Under the leadership of Director of Nurses Jean Goh and staff nurse Elaine Tan, the nursing team includes midwives and OB trained staff nurses. Two OB physicians from the community, Dr. Esther Ng and Dr. W. H. Kee, have already begun admitting patients to the new unit. Within five days of the first delivery, four more babies were delivered, including one set of twins.

A recent article in a Singapore newspaper reported the shortage of OB beds in local hospitals. The following day, YAH switchboard operators received more than 20 telephone enquiries from expectant mothers. Tours have been arranged for pregnant women, and plans for prenatal classes are in progress.

With the recent completion of the first phase of the YAH redevelopment plan, the "old" hospital has a new face. As they enter the main entrance, former patients and visitors are pleasantly surprised by the bright, cheerful atmosphere. Newly tiled floors, ceilings, and full-length glass walls enclose the main lobby. Receptionists sitting behind open counters warmly greet and assist them. All three floors of the existing hospital have been completely renovated, and the hospital is now centrally air-conditioned.

"To honor God in all that we do" is the goal at YAH. God has blessed Youngberg Adventist Hospital with a new facility. As hospital staff glance at the newborn babes in the nursery, they praise His name and give Him thanks, not only for His creative power, but also for his "recreation" of YAH.

— David McFadden, Staff Physician, YAH



The newly-renovated nursery has already received several newcomers, and awaits several others booked for November and December.

## YAH Holds Nutrition Seminar

From September 10 to 13, Youngberg Adventist Hospital hosted a seminar for the Nutrition School for Vegetarian Cooking Demonstrators. The seminar, sponsored by the Community Services Department of the Singapore Mission and the Adventist Better Living Center, was presented by Mrs. Marjorie Dodd and Ms. Myrna Fenn from Australia.

During the four-day seminar, 12 participants from the SDA churches in Singapore, learned about the various aspects of preparing nutritious meals. They learned not just food preparation, but also the advantages of exercise and weight control, the fundamentals of metabolism and nutrition in the body,

lifestyles, as well as other related health topics.

On the last day of the seminar, each participant was to demonstrate and give a presentation on any nutritious food preparation. One participant commented that he had enjoyed the seminar and the added privilege of being able to learn more about healthful food preparation and healthy living the Christian way.

Those who attended received a certificate from the Nutrition Education Service, as well as a 300-page Vegetarian Cooking Demonstrator's Manual.

— Patrick Stephen Jaswan, SAUC Student

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## ■ SOUTHEAST ASIA UNION COLLEGE ■

### WWC Instructor Returns to SAUC as Regular Staff

The latest addition to the SAUC staff is Dr. Robert Gary Brendel from Walla Walla College (USA). He is here with his wife, Norma, and daughter, Kris, who is studying at SAUC. The Brendels also have a son, Jeffrey, who is a physiotherapist in the USA.

During the second quarter of 1988, Dr. Brendel came to SAUC as a visiting professor from WWC. He enjoyed the small college and the closeness of students and staff, as well as the food and culture of the Far East. He and his family arrived back in Singapore on September 5, 1990. This time he is here as a regular staff member, and hopes to stay for several years.

Formerly a professor of education and psychology, and the director of the Counselor Education Program at WWC, Dr. Brendel holds degrees in religion, history, education, and counseling psychology.

At SAUC, Dr. Brendel is teaching in the Education Department, and is currently teaching History of Civilization, Educational Evaluation, and General Psychology. While at SAUC, he plans to set up a guidance and counseling program for the students.

— Gillian Loh, SAUC Student

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## ■ THAILAND ■

### Radio-L.E. Work Draw Souls

In planning for Global Strategy in Thailand, the Thailand Mission (TAM) decided to enter Kampanghet City, located halfway between Bangkok and Chiangmai. The Mission asked Mr. Sookjai Boonma, a literature evangelist and active layman, to move with his wife and two children to this city of over 640,000 people.

In April they began broadcasting radio programs in Kampanghet. "Joy in the Morning," on FM radio, is

sponsored by the Thailand Mission Radio Department. In less than a month, two listeners wrote in to participate in the radio game and to request literature about Christianity.

After four months of making friends through intensive house-to-house visitation, three young men requested baptism. On July 18, Pastor Rangsit Itsaringkarn, TAM Secretary, conducted the baptism in the Ping River.

— Danny Pung, Radio/Communications Director, TAM

## Korat Church Welcomes New Members

On June 30, the Korat Church members accepted 11 new members into their fellowship by baptism. The number includes older people and youth, but all have one thing in common. They all have the desire to "walk with the Lord."

— Danny Pung, Communications Director, TAM

## God First

The Thailand Mission keeps trying, with God's help, to strengthen its stewardship program throughout the country. From September 20 to October 3, church leaders visited 13 churches in the northern area of Thailand.

Pastor Shupinar Koubong, SAUM Stewardship Director; Pastor Rungsit Saejang, TAM Stewardship Director; and Miss Raen Thong, TAM Children's Evangelism Director, conducted stewardship programs and children's programs relating to stewardship in Lahu, Khamu, Hmong and Thai churches.



In Chiangkong, Khamu children, with heads wrapped for treatment of head lice, learn new songs during the special stewardship programs.

The team members talked with the various groups and explained to them the true concept of stewardship: total life commitment to God. Many of those attending indicated their desire to accept and follow the principle of "God First" in making use of every gift that God has placed upon His stewards to manage.

God's blessing has been evident in the Thailand Mission through the strong stewardship program. By August this year, the mission treasurer has reported a total of over 5.2 million bhat of tithes returned. For the

same period last year, only 2.5 million bhat had been turned in.

If each member follows the divine principle—God First—the rest will be added according to His will.

— Rungsit Saejang, Stewardship Director, TAM

## Fourteen Now Walk with Him



Fourteen accept Christ in response to Sattahip Church members' Macedonian call.

During the second week of June, Pastor Siroj Sorajjakool, head of the Seminary Department of Thailand Mission College in Muak Lek, along with two junior seminary students, Siranchai and Vinai, held a two-week Bible study program for the Sattahip Church, about 160 km. southeast of Bangkok.

Although the Sattahip church has no full-time pastor, the church members have been reaching out to their neighbors. Because they had a number of people interested in Bible studies, the church requested the Thailand Mission to send a pastor to study the Bible with the group.

Arriving in the area, Pastor Siroj arranged study topics and timings with the people who were interested in studying. During the mornings he gave Bible studies to those who lived in the Pattaya area, and in the evenings he studied with those living in Sattahip.

During the second week, seminary students Siranchai and Vinai gave Bible studies, and followed up with a program of visitation to both members and Bible study interests. After ten days of Bible study, home visits and prayer sessions in both Pattaya and Sattahip, 14 people requested baptism.

Pastor Rungsit Saejang, the Church Ministries Director for Thailand Mission, baptized the 14 new believers at the seaside near Pattaya.

— Danny Pung, Communications Director, TAM

## Memoriam

**At Rest :** Dr. Donald P. LaTourette, former missionary to Thailand, died of a heart attack in Modesto, California (USA), August 29, 1990. Dr. LaTourette was to have returned to Thailand on September 15 to serve as a volunteer worker at Mission College.

On February 3, 1941, Dr. LaTourette, his wife Elsa, and their little daughter Carolyn Louise, sailed from Los Angeles to serve in the Bangkok Mission Clinic. On December 8 that year, the war broke out in the Pacific, and the LaTourettes were interned as enemy aliens

along with several other expatriate workers. During her internment, Mrs. LaTourette gave birth to her second child. In July 1942 the group of prisoners of war were repatriated.

Over the years, Dr. LaTourette repeatedly gave relief service to the medical institutions in Thailand. He also helped to purchase land and construct buildings for the development of the SDA work in Thailand.

— C. Y. Wu, Secretary, SAUM

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## ■ VIETNAM ■

### Back in Vietnam

Fifteen years after the Seventh-day Adventist Church evacuated foreign workers from Saigon (now called Ho Chi Minh City), an Adventist expatriate has gone to live and work in Vietnam again. Elisabeth Forrester, an Australian, flew to Ho Chi Minh City on September 3. Under the auspices of ADRA Indochina, she will teach English at the University of Agriculture and Forestry for one year.

At the university, located in the quiet countryside just outside crowded Ho Chi Minh City, Miss Forrester will help develop English language skills of university students and others who are hoping to study in other countries.

She first became interested in English language teaching while serving in Thailand in 1984. During that time she felt a calling to someday serve in Indochina. She returned to Avondale College, where she graduated in 1989 with a B.Ed, after which she earned a Diploma of Teaching English as a Second Language from Wollongong University.

Although she will not be working directly with the church in Vietnam, Elisabeth will likely find opportunities to fellowship regularly with the youth in Ho Chi Minh City and share her English expertise with them.

— Dennis Tidwell, Director, ADRA Indochina

### ADRA Sends Surgeon to Vietnam

During the past two years, ADRA personnel have opened several projects in Vietnam, including well-drilling and the preparation of sanitary facilities for impoverished and handicapped persons. ADRA has also contacted medical officers and personnel of the Health Department of Vietnam to learn where help is most needed.

Dr. Trung, Director of the Ho Chi Minh City Health Department, indicated that there was a need for up-to-date medical information, and the staff of Binh Dan Hospital invited ADRA to bring in overseas surgeons or surgical staff to share information.

In response to this request, Dr. Stemple Johnson, along with an operating room technician, Mrs. Kathy Roy, and Dr. Johnson's mother, Mrs. Shirley Johnson, arrived in Ho Chi Minh City on September 6. They stayed for three weeks, working primarily in the Binh



Dan Hospital. Dr. Johnson and Mrs. Roy work in the Parkview Memorial Hospital, a Seventh-day Adventist institution in Brunswick, Maine (USA).

In Ho Chi Minh City, there are approximately 20 major hospitals. Having from 340 to 1000 beds each, they function as referral centers, with patients coming in from among the 30 million people living in any of the 15 or more South Vietnamese provinces which they serve. The two medical schools in Ho Chi Minh City use these hospitals for teaching and training.

Binh Dan Hospital, a 340-bed hospital in Ho Chi Minh City, cares for patients needing general or thoracic (chest) surgery as well as for urology patients. With 50-55 full-time doctors on the staff, Binh Dan admits an average of 1,100 patients a month, with an average hospital stay of 10 to 14 days. Outpatient visits average between 60,000 and 80,000 a month. In their six regular and two emergency operating rooms, doctors perform approximately 450 major surgeries and over 300 minor operations each month.

During his stay in Vietnam, Dr. Johnson held conferences and surgical rounds at Binh Dan Hospital in the early mornings and late afternoons. The sessions

primarily covered new approaches to treatment of liver/bile duct diseases and the use of laparoscopic surgery with or without laser. Question and answer sessions followed the conferences.

From 8:00 a.m. until early afternoon on most working days, Dr. Johnson and Mrs. Roy participated in up to six major operations, including all forms of general, thoracic and urological surgery. During their stay, they also had opportunity to visit other medical facilities in Ho Chi Minh City, including an 870-bed obstetrics/gynecology facility, where there are approximately 60 babies delivered per day. Because it is a referral center, over 40% of the deliveries are complicated. The team also had the opportunity to visit and take part in surgical procedures at an 800-bed children's hospital, one of two such referral centers in Ho Chi Minh City.

Dr. Johnson felt that the team's three-week stay in Vietnam was mutually beneficial, and hopes that more such visits can include concentrated seminars, workshops, or health education programs.

— Mrs. Shirley Johnson

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## ■ HEALTH ■

### Low-Fat Diet is Best

For years doctors have known that a high-fat, high-cholesterol diet is the primary cause of heart disease. This year Dr. Dean Ornish, at the University of California in San Francisco, has shown that even a moderate-fat diet can continue the progression of atherosclerosis, or hardening of the arteries.

Dr. Ornish, published in *Lancet*, July 21, 1990, showed the results of a one-year study on 48 men, all having significant blockage in their coronary arteries. Of these, 28 were assigned to the experimental group eating a low-fat vegetarian diet (10% of their calorie intake from fat) with no cholesterol. They stopped smoking, took moderate exercise and had stress management training. The other 20 men were assigned to a usual-care group. They ate the usual American Heart Association "Prudent Diet," consisting of 30% of calories coming from fat, allowing up to 300 mg. of cholesterol a day.

The good news reported by Dr. Ornish showed that those on the very low-fat vegetarian diet reduced their average cholesterol by 24%. Furthermore, their narrowed, plaque-filled arteries actually widened, allowing more blood and oxygen to reach the heart. This meant that

heart disease had begun to reverse. Those who made the most beneficial lifestyle changes showed the greatest reversal.

The control group on the usual-care diet, however, showed only a 5% cholesterol drop, and their coronary arteries showed increased narrowing. This meant that their heart disease had actually worsened.

The bad news about this is that the typical lacto-ovo-vegetarian diet can easily include 30% or more of its calories from fat, including cholesterol. This vegetarian diet which includes the use of milk and eggs will not give protection from the scourge of heart disease unless it is also very low in fat.

In his conclusion, Dr. Ornish states, "The moderate diet recommendation in the Prudent Diet does not go far enough to effectively influence (or reverse) the progression of coronary heart disease."

Seventh-day Adventists have known this for years. God, in His wisdom and love for humanity, has given many evidences of an ideal diet. The diet in the Garden of Eden, the manna in the wilderness, and Daniel's diet in Babylon are good examples. Now, as we prepare to

live in the Heavenly Canaan, we must adhere to the best possible lifestyle. "One of the highest attainments in the Christian life is to control appetite. . .without this victory, all hope of heaven is vain." (*Christian Temperance and Bible Hygiene*, p. 206)

"As we near the close of time, Satan's temptation to indulge appetite will be more powerful and more

difficult to overcome." (*Counsels on Diet and Foods*, p. 59) Only if the appetite is controlled by God's spirit will His people be in a position to recognize and completely yield to God's will in every aspect of life.

— Gerard McLane, Director,  
Youngberg Wellness Center

## ■ ADVENTIST WORLD RADIO ■

### Relocation of Guam AWR Station Pending

In Guam, a Japanese developer has purchased nearly 300 acres of land surrounding the Adventist World Radio (AWR) facilities. He plans to construct four large hotels, hundreds of condominiums, private homes, an 18-hole golf course, a water theme park and a shopping center.

Because AWR is right in the center of the planned construction, the developer has offered to relocate the radio station at his expense, make a large contribution to purchase new equipment, and fund the ARW-Asia endowment to assist with continued operation of the station. In addition, he has guaranteed that there will be no loss of air broadcast time.

At present, negotiations are in progress. The relocation plan would enable the station to expand from the present two 100 kw. transmitters to its full potential of four 100 kw. or larger transmitters. This would allow for broadcasting on four different frequencies at the same time, says Allen Steele, manager of AWR-Asia.

It will still be vital, however, for SDA churches and church members to give generous support for AWR. The station will still rely on donations for programming expenses and to pay for the electricity to run the transmitters.

Listeners to AWR broadcasts will be interested in the following broadcast schedules, which will be in effect until March 31, 1991.

#### AWR-ASIA Broadcast Schedule W-90

September 30, 1990 through March 31, 1991

S'pore Time	Language	Frequency (kHz)	M.B.
0800	English	15610	19
	Mandarin	15225	19
0900	Burmese	15610	19
	Mandarin	15225	19
1000	English	13720*	21

	Mandarin	15225*	19
1100	Mandarin	15225*	19
1200	Mandarin	13720*@	21
	Mandarin	15225*	19
1300	Mandarin	13720*	21
	Mandarin	15225	19
1400	Mandarin	13720*	21
	Mandarin	15225	19
1500	Mandarin	13720*	21
	Mandarin	15225*	19
1600	Mandarin	13720*@	21
	Mandarin	15225*	19
1700	Mandarin	13720#	21
	Mandarin	11980	25
1800	English	13720	21
	Mandarin	11980	25
1900	Mandarin	11980	25
2000	Mandarin	11980	25
2200	Burmese	13720	21
	Mandarin	11980	25
2300	Mandarin	11980	25
2400	English	11980	25
0100	Sign Off		
0400	Mandarin	9495	31
0500	Mandarin	9495	31
0600	Mandarin	15225	19
0700	English	15610	19
	Mandarin	15225	19

#### Key to symbols:

\* Broadcasts Saturday & Sunday only

# Cantonese and Shanghainese weekends only

@ Mandarin, Saturday; Hakka, Sunday



*"I came from a very strong Buddhist family. I was not accepted by any school because of my naughty character, but in the end I landed in an Adventist school which accepted me.*

*At first I hated all the school activities, especially the worship and other religious programs. After some time I decided to give the Pathfinder club organized by my school a try.*

*I found out that the activities of the Pathfinders were very interesting. I participated in every activity, including the religious part of it. I found Christ through the Pathfinder activities and association with the Adventist youth. In the end, I decided to study the Bible, and was baptized in spite of strong opposition from my parents. I am still an active Pathfinder for God until this day.*

*I am very interested in working for the Lord as a pastor.... I am determined to become a pastor, so now I am very active in all the religious inreach and outreach programs of the church and my school.*

*I am very thankful to have become a Seventh-day Adventist through the Pathfinder club and its activities.*

**— Vicky Yap, Sabah**

*"I hate Seventh-day Adventists!" I never liked to even associate with an Adventist because I believed with all my heart that [my former church] was the true religion in the world.*

*One time a public evangelistic effort was held close to my village. I decided to join in one night, and it so happened that the preacher was preaching on the Sabbath. I came to know that the Sabbath was not on the first day of the week, which is Sunday, but on the seventh day, which is Saturday.*

*I was so curious about it that I confronted the preacher after the meeting and made an appointment to see him. On the day set aside for our meeting, we hotly discussed the Sabbath. In the end I came to realize that it was true, as the Bible said.*

*I decided to study more, and I invited my wife to study along with me. In the end, we were baptized into the Adventist church. There are no Adventist members at all in my village. We were the first Adventists from that area, and we are determined to help others to follow in our footsteps.*

*Since I was baptized, I am a very strong supporter of the youth/Pathfinder activities."*

**— An active Pathfinder in Sabah**

*"My parents were very strong in [their] religion, and so was I. I was once a strong drinker and smoker. I was a young man that could never stay at home, but was always roaming around, looking for entertainment where there was drinking and gambling.*

*I came in contact with some Adventist youth who told me of all the many interesting activities in their church. One of the activities was the Pathfinder club. I went along, and sure enough, it was interesting.*

*I continued to attend the Pathfinder meetings and participate in their activities. Through all these and the friendly spirit of the Adventist Pathfinders, I was led into the right and true path.*

*I was later baptized into the Adventist church, and today I am still active in the Pathfinder club."*

**— A youth from Sabah**

**Reach out to the children —  
Be sure YOUR church has a  
Pathfinder Club.**

■ DEVOTIONAL ■

## Alone with God

Every single moment He spent with His Father in prayer meant greater, surer victory. Though the tempter sought to inspire Christ with his own sentiments of doubt and distrust, "If thou be the Son of God..." (Matthew 4:3), the tempter could gain no victory. Satan took every opportunity to tempt Him to lose faith in His Father. But again Satan failed, for Jesus took the Word of God as His assurance of His divine mission.

Daniel, who was among many Jewish captives in a heathen land, relied on that personal communion with God. This was the secret of the power in his life. Daniel always found the time and place to be with his God. Though Daniel faced determined prejudice, he never failed to present his problems before God in prayer. God honored Daniel's loyalty by entrusting to him a very important job in Nebuchadnezzar's government. Though Daniel was very busy as the Prime Minister of Babylon, he was never too busy to take time to be alone with God.

We may not be as elevated as Daniel, but we still can be alone with God, no matter where we are. Accustomed as we have been in the world to material representations of deity, it may seem hard for us to trust in an invisible being and to be alone with Him. We can be successful in our work, hold important positions in any line of work He calls us to do, but we can also dishonor God if materialistic concerns become our priority in life. We must be conscious that our relationship with the Lord is far more important than anything that the world can offer. We must not allow our work, business, or positions to jeopardize our relationship with the Lord. We may be very busy with the business world, appointments, meetings, studying, teaching, etc., but we can never afford to be too busy to be alone with the Lord.

It is our Lord's great desire that every believer take the time to be alone with Him. For our Omnipotent God longingly invites us to take time to commune with Him. "Be still and know that I am God." (Psalm 46:10)

"It testifies that the closer our communion with God, and the clearer our knowledge of His requirements, the more fully shall we be conformed to the divine image, and the more readily do we become partakers of the divine nature." (*Patriarchs and Prophets*, p. 330)

Remember, though Satan is extremely busy trying to destroy us, he trembles when he sees the weakest of God's saints upon their knees.

As Jesus entered the wilderness after His baptism, He was at first shut in by the Father's glory. Absorbed in communion with God, He was lifted above human weakness. But then when this glory was removed, He was left alone to battle against the fiercest temptations the devil himself could contrive. Even though Jesus was suffering from the effects of 40 days of fasting, the strength He had gained from His time alone with God sustained Him.

— Attie Gara, Pastor, Roban-Julau District, Sarawak

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