

Canadian

SIGNS OF THE TIMES



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The FOUNDATIONS of a
CHRISTIAN HOME

Photo by
Larobert



THE FOUNDATIONS OF A CHRISTIAN HOME

By W. A. SPICER

NOT merely in far lands and among untutored tribes does the word of Holy Writ work its transformations. Less spectacular, perhaps, but with the same divine power, it is bringing forth its heavenly fruitage in hearts and homes in staid old Christian communities.

What a blessing is the Christian home where daily a portion is read from the Holy Book, as husband, wife, and children pray to their heavenly Father for daily supplies of grace, with thanksgiving for every good gift of His love and care.

Perhaps of all Robert Burns' pictures of old-time Scotland, none is more familiar than that of the prayer hour in the cottage when, "the cheerful' supper done,"

"The priestlike father reads the sacred page.

Then kneeling down to heaven's Eternal King,

The saint, the father, and the husband prays:
Hope 'springs exulting on triumphant wing,'
That thus they all shall meet in future days,

There ever bask in uncreated rays,
No more to sigh, or shed the bitter tear.
Together hymning their Creator's praise,
In such society, yet still more dear,
While circling Time moves round in an
eternal sphere."

Well does the poet of the Highlands add:

"From scenes like these old Scotia's grandeur springs."

For years I have preserved the story of the establishing of the family altar in one newly founded home. It has seemed to me one of the finest pieces of prose writing I have ever seen. By the accident of an editorial connection I knew the writer as a quiet, earnest Christian man with graying hair. He took up the pen to tell this sacred memory of starting the new home many years before:

"HOW WE STARTED OUR MARRIED LIFE

"Mabel's people were old-fashioned Methodists, and mine were Lutherans.

"Mabel's people were dead when I

met her. She was living with an aunt at the old home. When we were married, the aunt left, and we went back there to begin our life together. I shall never forget the feeling that came over me when the friends were gone, and I realized that we were actually alone together in our own home.

"Mabel stood by the table in the center of the room, and by some chance my eye fell on a large book that lay near where her hand rested. I went over and picked it up. It was an old, stiff-covered, well-worn, much-marked Bible.

"'Is this yours, Mabel?' I asked quietly.

"'It is now,' she answered. 'It used to be grandfather's.'

"'Do you read it much?'

"'Every day,' she said.

"I was thumbing the pages through, and trying to find words for an idea that was taking shape in my mind.

"'You know,' I finally said, 'we al-

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Canadian SIGNS of the TIMES

FORMERLY THE CANADIAN WATCHMAN



¶ Published monthly, except in the month of May, when two numbers are issued, by the Canadian Watchman Press, Oshawa, Ontario, Canada. Entered as second-class matter at the Post Office, Oshawa, Ontario, January, 1921. Subscription Rates: Single yearly subscription, \$1.00; six months' trial subscription, 60 cents; single copy, 10 cents.

¶ Change of Address: Please give both old and new addresses. Expiration: unless renewed in advance, the magazine stops at the expiration date given on the wrapper. No magazines are sent except on paid subscriptions, so persons receiving the SIGNS of the TIMES without having subscribed may feel perfectly free to accept it.

¶ Printed by Maracle Printing Company, Oshawa, Ontario.

Vol. XXIII March, 1943 No. 3

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EDITORIAL PAGE

An Absurd Position

A YOUNG man who professed not to believe in the existence of God reasoned like this: "I believe only the things I see; and I have never seen God. I have heard you Christians talk about Him; but no one has ever seen Him. Therefore, I can not believe in such a being. There is no God."

There are many vital forces in the world to-day, which we have never seen and can not understand; yet we believe in them. In fact, the real and abiding things are those which are unseen, while the tangible, visible objects with which we are acquainted can not be depended upon. They are only temporary. The apostle Paul expresses the thought in these words: "The things which are seen are temporal; but the things which are not seen are eternal." 2 Cor. 4:18.

Take, for instance, the flags which are flying from our public buildings and from the masts of our ships at sea. They are made of pieces of cloth of different colors and markings. They are but the seen emblem of the unseen patriotism which is in the heart of every true citizen. Men have died that their flags might be kept afloat; not merely for the cloth or material of which they are made, for it is worthless in itself, but for the patriotism which burned within them, much felt, but unseen. We haven't seen patriotism, but no one can doubt its existence. It is still with us.

We see the windmills turning; but where is the wind? We can not see it; but pass through a devastated area after it has done its work of destruction, and all doubt of its existence will be removed.

The church which we see standing on the corner to-day may be gone to-morrow, but the religion of Jesus Christ which the church represents will go on and on. We have seen its fruit in the lives of transformed men and women and we have felt its power in our lives. It is a real, transforming power even if it is unseen.

There is a force hidden in the hearts of men and women called love, which leads them to dare and to die. A parent will sacrifice life itself for the child he loves. We have felt it, we have witnessed its wonderful power; but who has ever seen it?

A gentleman asked a little fellow on the street, "Laddie, is your home in this town?" "Sure, our home's in this town! We ain't got no house for it yet, but papa's building one." The house is seen; the home, unseen.

There is an unseen force running the motors of our factories and lighting our houses; it is called electricity. We enjoy its blessings, even though we can not tell just what it is. But who would dare to deny its existence?

Our libraries are filled with books. We see them, we handle them, we read them. But in every book worth

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EVIDENCES OF CREATION

By A. BUCKWALTER

AN agnostic who once crossed the Sahara desert in company with an Arab guide observed for days the Arab's characteristic faithfulness as he knelt on the burning sands and called upon his god at the time of prayer. One evening as the Arab arose from his knees, the agnostic with a contemptuous smile asked: "How do you know there is a God?" For a brief moment the Arab gazed in wonderment at the scoffer and then solemnly replied: "How do I know there is a God? How did I know that a man and not a camel passed my hut last night in the darkness? Was it not by the print of his foot in the sand? Even so," and he pointed to the setting-sun's last rays as they flashed across the lonely desert, "that footprint is not that of a man."

The Arab was right for Divine handiwork or "footprints" as he called them are seen on every hand. God alone is a sufficient cause for the wonders of the universe. There is no other satisfactory explanation. Before Creation there was a Creator; "In the beginning—GOD." Gen. 1:1. A professor once asked a student, "How does the Bible begin?" In answer, the student replied, "With Creation." The Professor's rejoinder was: "Mine does not, it begins with God." And it is vital that we begin just where the Bible begins—with God. And where else could the Bible begin, for how could inanimate nature which has no mind, plan and guide its development, formulate governing laws and obey them, and blindly operate with mathematical and astronomical precision?

No thinking person would attribute a chance origin to any of the works of man. Why then postulate a theory that would make the accidental variations of unguided nature responsible for the origin of the works of God? Does not common sense itself teach that the very existence of a work requiring forethought, arrangement and scientific construction necessarily involves the pre-existence of its maker? No one will deny that the construction of this earth, to say nothing of the rest of the universe, required more planning, wisdom, and creative art than any human being ever possessed.

Are we ready to admit that chance and accident are infinitely more capable than the ingenuity of the human mind? A satisfactory explanation of the origin of this planet and the myriad forms of life upon it is unthinkable without the recognition that both are the result of a supreme intelligence. "For every house," as Paul pun- gently puts it, "is builded by some man; but he that built all things is God." Heb. 3:4.

The wide acceptance of the theory of evolution has lead many to erroneously conclude that the Creationist viewpoint is contrary to science. Nothing could be farther from the truth. For "there is no clash between the Bible and the results of true scientific research. Geology, astronomy and other sciences have had to retrace their steps more than once and acknowledge their mistake; the first chapter of Genesis will never have to do that." Space permits us to here set forth only two of the manifold scientific evidences supporting the Creationist viewpoint.

Chemical Evidence

The amazing chemical reactions that take place in the human body and

in the universe about us testify to creative power. The evolutionist must assume that somehow the stream of life got started out of non-living matter and all too readily have many adopted the superficial fallacy that one cell of living protoplasm is a very simple thing and could easily have happened. Suppose a Chemist with all the scientific knowledge at his disposal should attempt to make a living cell out of non-living substances. Consider the magnitude of such a task. The three constituents of a living cell are fats, carbohydrates and proteins. Fats are the simplest of the three. They in turn are composed of three elements: carbon, hydrogen and oxygen. Confined together in a vessel these elements fail to show even the slightest tendency to form fats, and for a chemist to prepare fats from them would *require many slow and carefully controlled chemical reactions*. For example to prepare the principal fat in the olive, it would require twenty separate chemical reactions. Where in evolution's scheme of accident and chance can one find such control?

Glucose, the simplest of the carbohydrates, can be built up from the same three elements but *only through a series of twenty-three planned and controlled chemical reactions*. As Dr. O. L. Brauer has put it: "It is unthinkable that the unguided force of nature could possibly bring about the conditions necessary to reproduce any of these reactions, let alone all of them."

Proteins constitute the most vital part of protoplasm and every living cell must contain several of them. *They are so complex that they have so far defied the scientist to reproduce them in their naturally occurring form*. They may be separated into a group of about 18 simpler substances known as Amino Acids. It calls for an average of 20 reactions to build each of these amino acids out of their constituent elements, or a total of 360 reactions to provide the 18 found in the proteins. On what possible grounds could it be reasonable to suppose that accidental variation achieved in the

Life's Purpose

ROBERT HARE

When life at last is ending,
When day at last is done,
What will that life have fashioned
At setting of the sun?

Is there some noble purpose
It measures day by day?
Or do its precious moments
All heedless drift away?

The sunlight burns, and night shades
Call for the vesper bell,
But when the darkness gathers
Oh, say, will all be well?

Will something live to whisper,
"Each task was nobly done,"
Or must life prove a failure
At setting of the sun?

Be brave and walk with courage
Where others faint with fear;
All clouds have silver linings
When God Himself is near.

dawn of life what the world's greatest chemists can not now accomplish after centuries of experiment?

But even if the chemists were able to produce the proper chemical proportions of a living cell, how could they make it take on life? Chemical combinations are not able to create life. Not only is it unthinkable that the chemical combination of a cell could be formed without the direct planning of a Superior Intelligence, it is also unthinkable that life can be generated independent of the Author of Life. Without the miracle of imparted life there can be no living cell. Again quoting from Dr. Brauer, we learn that, "To get carbon activated, so that it would take its place in the protein molecule in the living cell the carbon would have to be heated to at least 300 degrees C., which would of course kill the protein, as the living protein could stand not over 80° C., at the most. This blocks all artificial methods at the outset." Nothing but the miracle-working power of the Life-Giver is sufficient for these things. Surely it is but the expression of the only reasonable faith to say: "I believe in a personal Creator because the chemical composition and life of a living cell demand the intelligence and life-giving power of the Creator."

But this is merely one infinitesimal part of the vast universe of chemical wonders. Take for another example one microscopic glimpse at the chemical phenomena of the human body. The liver cells constitute a chemical laboratory so remarkable that no comparison can be found anywhere in any of the laboratories constructed by man. As far as scientists know now at least ten and possibly many more chemical processes all necessary to life take place in diminutive laboratory which it is said is "no greater than about one-hundred-thousandth part of a pin's head." No chance combination of molecules and atoms could be held responsible for such phenomena. Inevitable is the conclusion that A UNIVERSE WITHOUT GOD IS A CHEMICAL IMPOSSIBILITY.

Mathematical Evidence

"The very fact that all the laws of science have a mathematical basis should be ample proof that they proceed from some profound intelligence.

It requires exact, deep thinking to understand the laws of higher mathematics. These laws are not, and could not be, the result of chance; they must have been ordered by a higher intelligence." These words of Professor H. W. Clark, taken from page 130 of his book "Genes and Genesis," reveal another phenomenon of the universe that is inexplicable unless we acknowledge the mathematical ingenuity of a super-intelligent mind. If a man must be a thinking and a reasoning being to understand the mathematics of the universe and its laws; how could they have possibly had a beginning without thought or reason?

No one would expect a billion lettered cards tossed together into the north-west wind to fall in such a way as to form an accurate paragraph on Canadian History; and yet we are expected to believe in all seriousness that

atoms and electrons by the billions have fortunately fallen together into law-abiding stellar systems. Chances of that being true, as Professor Montague of Columbia once observed, would have to be represented by a fraction with a numerator and denominator of such length as to reach from this earth to one of the fixed stars.

Who ever heard of inanimate objects organizing themselves into systematic groups? Whoever heard of a globe of the world manufactured by accident or a chart of the heavens drawn by chance—have you? Then who can accept the theory that the world and the heavens are the result of a blind array of self-operating forces—can you? Is design and perfection the result of accident? Can harmony and co-ordination be the children of chance? Can chaos father cosmos? The

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Director of Public Information.



- A sweet little miss,—Joyce Densmore, a friend of some of Canada's fighting men. "Unless ye become as little children," we are told, we cannot enter the kingdom of God.

CHRIST THE ANSWER TO ALL OUR NEEDS

By W. B. OCHS

THE needs of the world to-day are many; but the greatest of all needs is Christ and His power.

A few years ago when the Honorable Richard B. Bennett was prime minister of Canada, he delivered an address in the city of Calgary, Alberta, and in his remarks he raised the question, Has the church failed? The following Sunday morning many preachers took this question as their theme. One of the ministers said; "The church has wealth, culture, and numbers; but what she needs is the power of Christ. She needs to climb the stairs and get into the upper room." Then he went on to say: "We may have knowledge; but our knowledge may be our ruination. Machinery we have; but machinery may mean our destruction."

These statements contain much food for thought. Methods, machinery, and plans are good. They are vital in the proclamation of the gospel in all parts of the world. But let us remember that the Holy Spirit does not flow through methods, but through men. He does not anoint plans, but men. Christ and His power are inseparable. To need one is to need the other, and to have one is to have both.

The saddest condition of an individual or an organization is not to recognize the need of Christ and His power. We need Him to guide us through the uneven paths of life. We need Him to inspire our missionary zeal. We need Him to keep our spiritual life aglow. We need Him to solve our many problems and prepare us to meet our God in peace.

Some years ago the *Ladies' Home Journal* offered a prize for the best essay on the subject, "The Most Practical Method for the Attainment of World Peace." Among the thousands that were submitted, one had but two words, "Try Jesus." Jesus is indeed the only answer to the problem. The nations of earth have tried, but failed. Why? Because Jesus has been left out of their reckoning. The League of Nations has failed. The balance of power has failed. The disarmament

plan has failed; and all the treaties have failed. To-day the nations are engaged in the greatest conflict ever known because Jesus has been left out of their reckoning.

Christ is the answer to all our needs, because all spiritual power centres in Him. Before leaving this world, He said to His disciples, "All power is given unto Me in heaven and in earth." Think of the power of one angel, and then of the power of all the angels combined; yet Jesus could say that all this power was given Him.

HE ANSWERS

*Are you doubting, Christian,
Yielding to despair?
Have more faith: remember,
God does answer prayer.*

*Are you burdened, Christian,
With a weight of care?
Journey on: remember,
God does answer prayer.*

*Are your foemen, Christian,
Lurking everywhere?
Never fear: remember,
God does answer prayer.*

*Do they seem so distant,
Heaven's glories fair?
Pray them nearer, Christian,
God does answer prayer.*

*"Jesus, Lord, come quickly."
Soon, thro' cleaving air
Come He will: for, Christian,
God does answer prayer.*

—John Dunnnett.

No wonder He taught us in His model prayer to say, "For Thine is the kingdom, and the power, and the glory, forever."

There was as much electrical energy or power in the world a thousand years ago as there is to-day. Men's eyes were closed to the possibilities of this power, and consequently it was not used. Through the centuries, men and women have been weak spiritually. Their spiritual eyes were closed to the power available in Christ. Moses said, "The Lord is my strength." The word "strength," we are told, comes from a

word signifying "twisted together." Therefore, when the psalmist said, "The Lord is the strength of my life," he meant to say, My life is twisted together, or intertwined, with His life. The strength of the Lord becomes our strength when we are securely linked with Him.

The power of Christ is placed at our disposal. In His farewell message to His disciples, Christ said, "Ye shall receive power, after that the Holy Ghost is come upon you." His strength, by faith, becomes our strength. Someone has rightly said: "We may be strong in the Lord and in the power of His might. Receiving Christ, we are clothed with power, and the indwelling Saviour makes His power our property."

The power of Christ is given only on certain conditions. The Lord does not open the windows of heaven and pour out His Spirit upon us, unless we are willing to fulfill the conditions upon which He can give that power. Of the many conditions that might be given, upon which we receive the Spirit of God, let us briefly think of the following:

It is hard to recognize our weakness. It is contrary to human nature. We love to speak of our strength rather than our weakness. The apostle Paul had a thorn in the flesh. He desired to be free from it. So he sought most earnestly for deliverance, but the thorn was still there. A second time he sought the Lord and pleaded with Him for healing; but the thorn remained. The third time he sought the Lord he agonized in his soul. He felt that he could do a greater work for God if this thorn could be removed from his life; and while he was praying, pleading for deliverance, the Lord said to him, "My grace is sufficient for thee: for My strength is made perfect in weakness." When the apostle heard these words, he cried, "Most gladly therefore will I rather glory in my infirmities, that the power of

In the April **Signs of the Times**

Tea and Coffee Rationing

Are you getting all the tea and coffee you want? If not, you may get some help and encouragement from this article by Dr. D. H. Kress.

The Right to World Leadership

Will there be another world ruler?

Read this discussion by L. H. Davies.

What Next?

Many are asking that question to-day. What is the next scene in the world drama? Does the Bible give us any light?

H. B. Taylor will answer some of these questions as he discusses this question.

Christ may rest upon me." 2 Corinthians 12:9.

As long as we feel that we are strong in ourselves, we cannot expect the indwelling of the Spirit of God. An engineer once said, "If you want the power of Niagara, then you must get down low enough to use it." So it is with the power of Christ: If we desire to have it, we must in our own estimation be humble enough to receive it.

We are in the world, but not of the world. Christians must live in the world, but they need not be filled with it. He who touches the sins of the world must not expect to remain unspotted. We cannot have Christ and the world at the same time. As long as we serve sin, we cannot serve Christ who did no sin. As long as we are servants of unrighteousness, we cannot be servants of Christ, who is our righteousness. This separation from the world has been made possible through Christ. He was called Jesus, for He was to save His people from their sins. Matthew 1:21. In coming to this world, Christ did not come to save us from sorrow, for He was a man of sorrows and acquainted with grief.

He did not come to save us from temptation, for He was tempted in all points like as we are. He came to deal with that something that blights the home, that breaks hearts, that digs graves, that insults God, and that killed the prophets and robbed heaven. He came to save us from sin, and to prepare us for a place in the kingdom of glory.

This separation from the world has not only been made possible through Christ, but complete in Him. He saves to the uttermost. There is power in Christ to make a saint out of a sinner; to take the idol worshiper and turn him into a worshiper of the true God; to take the dirty, filthy, evil words out of a man's mouth, and fill it with the praises of the Lord. Yes, there is power in Christ to take the slave of evil habits and make him a servant of the living God.

Prayer, Faith, and Obedience

These are an inseparable trio. Prayer strengthens our faith and leads us to obedience. The call to-day is: "Back to God; back to prayer; back to the inner chambers of intercession." The man who is too busy to pray is busier than God ever intended that he should be. Prayer is one of the essential characteristics of strong leadership. Prayer unites us with heaven. Without this union we are powerless. As the disciples of old, we should say to-day, "Lord, teach us to pray." The result of prayer is faith and obedience. Without these we cannot hope to receive the power of Christ. It is not great talents or great learning or great preachers that God needs; but men great in

holiness, great in faith, great in love, great in fidelity, great for God, men always preaching holy sermons in the pulpit and living holy lives out of it.

Faith and obedience are two of the outstanding characteristics that will be found in the lives of God's people when Christ comes the second time. Faith, prayer, and obedience—these prepare the heart for the power of Christ. When the heart is prepared, floods of spiritual power will be poured upon those who are ready to receive it. The one who lives such a life will reveal the life of Jesus.

May the words of the following poem always express the sentiment of your life and mine:

"I want to live a life, dear Lord,
That other men may see
The glory of Thy righteousness
Exemplified in me.
Oh, demonstrate Thy mighty power
To make a sinner whole;
Control my mind, possess my heart;
And fill my empty soul.

"Forms and ceremonies, Lord,
May serve an outward part,
Yet nothing but Thy saving grace
Can change a sinner's heart.
Oh, may I feel the blood applied,
And new life surge within;
Cleanse body, soul, and spirit, Lord;
And save from inbred sin.

"Then shall this mortal frame of mine
Be subject to Thy will:
To think, to speak, to act, or by
Thy grace be still.
The power of endless life
Shall thrill me through and through;
And nothing else shall be my aim.
But Thy sweet will to do."

● We need Christ to-day to lead us over the uneven paths of life. We need Him to help solve our many problems. We need Him to keep our spiritual life aglow.





Some
PRACTICAL ADVICE
For
EVERY ONE

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NO scourge of modern times has wreaked such havoc as did the influenza pandemic of 1918-19. More lives were lost by its ravages than by the first World War during its course of four years. This disease, therefore, is worthy of careful study and consideration. Especially is this true because in the past influenza has frequently recurred in cycles. With the present debilitated condition of a large part of the world's population, we can have no assurance that another severe epidemic may not soon sweep the world.

Unfortunately, the term "influenza" is frequently used in a loose manner. This is true because the disease occurs in both a very severe and a mild form. The latter is frequently confused with various upper respiratory diseases, such as pharyngitis and the common cold.

True influenza is an acute disease, very contagious in its nature. The onset is sudden, with severe, generalized aching all over the body. The head aches, and marked weakness is present. The complications are probably more serious than the disease itself, the most important being a fatal type of pneumonia.

Influenza occurs in outbreaks of various extent. When localized, it is usually mild in nature. When the outbreak covers a large area, it is called an epidemic. When world-wide in extent it is spoken of as being pandemic, and is then in its most severe form.

While there are some who speculate regarding the occurrence of influenza as far back as the siege of Troy, the authentic history runs back only to an epidemic in 1323, although an epidemic in 1173 was probably due to this disease. In modern history a widespread epidemic occurred in 1889-90. While there have been slight waves of influenza since, the great epidemic of 1918-19 is outstanding in our times. In that epidemic, it has been estimated, a half million lives were lost in North America alone.

Upon realizing the importance of a disease, we first inquire concerning its cause. For many years it was thought that a bacillus was the causative fac-

BY CLYDE A. HAYSMER, M. D.

tor. While this may be true of the pandemic type, the evidence today points to a virus as the cause of at least the epidemic variety. A virus is smaller than a bacillus and cannot be seen by the usual type of microscope. There are several strains, or types, of this virus which cause slightly different clinical symptoms. Since the influenza virus is very exacting in its requirements, the most usual method for its cultivation at present is to use the membranes of the developing, unhatched chick.

The next question to draw our attention is, How is influenza transmitted? The newer knowledge regarding the cause of the disease has been so recent that complete information regarding its transmission has not yet been acquired. It is known, however, that the infection is largely air-borne, and that is probably the most important method of transmission during an epidemic. There is some evidence to show that in an epidemic the infection may be carried very long distances.

The rapid spread is probably due to the short incubation period, however, which permits a speedy increase in the number and distribution of cases. The most contagious period is thought to be in the early stage of the disease. Contaminated foods and other articles are also a factor in its transmission.

Escape from contagion in an influenza epidemic depends on avoiding infection or on having a high individual resistance. The simplest way to prevent exposure is to avoid crowds and contact with those who have the disease. It is very difficult to avoid such contact, however, as many in the unrecognizable early stages of the disease

may spread it. Some recent investigations have shown that exposure of the air to ultraviolet light or its treatment by vapor of propylene glycol greatly lessens the spread of influenza among animals. The same would probably be true of man.

How valuable the application of these principles will prove can be told only by further investigation. General body vigor produced by exercise, prop-

er diet, and hygienic living undoubtedly has considerable influence in protecting against this disease, as well as against other ailments.

Inquiry is frequently made regarding the value of the use of masks. As a temporary covering of the nose and mouth, if it is necessary to be in contact with a case of influenza, a mask may be of value. Its universal use by

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- If you suspicion you have influenza, go to bed, and stay there. Eat lightly and take plenty of water.

A SURE WAY TO PROSPERITY

Follow the Bible's Instruction About Your Money

By CARLYLE B. HAYNES

ADAM brought a real injury upon the earth and upon all its inhabitants. As a result of his sin a curse has rested upon mankind and upon the earth ever since.

Adam failed in a great test. Many to-day are failing under a similar test.

God gave Adam the world and everything in it. He withheld only one thing. That was one of the trees of the Garden of Eden, the tree of the knowledge of good and evil.

This tree, He said, is Mine. You are not to touch it. Do not take of its fruit. Everything else I have given you. Enjoy these other things. But let this tree alone. It does not belong to you. It is Mine.

This tree was intended to serve as an everlasting reminder that all Adam possessed had come from God. It was to keep ever fresh in his mind that he was the steward of God. He was to recognize and acknowledge the great truth of the ownership of God by refraining from touching the tree.

There are two theories of ownership in this world. One is right. The other is wrong. One is Christian. The other is pagan.

It is the pagan theory which prevails to-day both in the world and in the church. There are people in all churches who hold and practice the pagan theory of ownership and govern their lives by it.

The primitive pagan conception of ownership was that the best title to property is conquest and physical force.

The right and Christian principle of ownership is set before us by God. He said: "All the earth is Mine." "The land is Mine." Exodus 19:5; Leviticus 25:23.

David said of Him, "All that is in the heaven and in the earth is Thine."

When the Israelites gave vast treasure for the erection of the temple of God, David declared, "All things come of Thee, and of Thine own have we given Thee." 1 Chronicles 29:11, 14.

David also wrote, "The earth is the Lord's, and the fullness thereof." Psalm 24:1. God said, "Every beast of the forest is Mine, and the cattle upon

a thousand hills." Psalm 50:10. He says further, "The silver is Mine, and the gold is Mine." Haggai 2:8.

That is God's theory of ownership. He admonished His people to accept it and govern their lives by it.

In ancient times Israel did, and see how it worked out. They recognized that the land did not belong to them. All that the land produced belonged to God. And so every year, in recognition and acknowledgment of this, they gave a first tithe (tenth) of all they raised, for the support of the priests and Levites, God's representatives among them. This was a perpetual guarantee and testimony that they were only tenants and not owners.

Their law required a second tithe for the support of their national feasts. Besides these two tithes there were twelve kinds of offerings.

Israel took care of the poor. Olive trees could not be shaken twice. The vineyards could not be gleaned twice. Sheaves of grain left by the reapers could not be gathered. All this was in the interest of the poor. Then every third year there was a third tithe for the poor. Thus, between one fourth and one third of Israel's entire income was turned over for purposes which God had specified.

With all this instruction before them in the true theory of ownership, it was unnecessary when Jesus came for Him to teach the principle of divine ownership. All He needed to do was to interpret it. And it is surprising to many to learn how much Jesus had to say about money and property.

One verse in every six in Matthew, Mark, and Luke is on the subject of money. Sixteen of the thirty-six parables of our Lord deal with the right or wrong use of money.

There are those to-day who complain because ministers speak so much on the subject of money. People clamor for "the gospel." If this matter of money is foreign to the gospel, then Jesus spent much time preaching something that was not gospel, and much of the New Testament is taken up with themes foreign to the gospel.

The pagan theory of ownership prevails in the world to-day—go out and conquer, grasp, and what you get is yours. Is it? It is this theory which is cursing mankind to-day. Might makes right? That is pagan.

The Christian theory of ownership is different. All that we have comes from God, even the physical strength and energy used to make a living. And all the living we gain by it also belongs to God.

We should acknowledge this truth, and recognize God's ownership of all, by returning to Him that which He has reserved as His own, the tithe.

The tithe stands in the same relation to us as the tree of the knowledge of good and evil did to Adam. We ought not to touch it. If we do use it for ourselves, then we commit the same sin Adam did; we take what does not belong to us. And we can expect nothing but the same curse to rest upon us.

The plan which God would have every child of His follow is called the tithing plan. It was first revealed to God's ancient people, the Israelites. It received the endorsement of Christ and His apostles in the New Testament, and it has been transferred to the gospel age as God's plan for His people to-day.

The plan is explained by God in Leviticus 27:30-32. One tenth of what the Lord gives us belongs to Him. So completely is it His that it partakes of His own character. It is "holy." It never was ours. It is His. It is "holy unto the Lord."

For us to use the tithe would be to use something not belonging to us, to take what belongs to God, to use a holy thing, to profane what is sacred.

This ought not to be done, and it cannot be done without turning what was designed to be a blessing into a curse.

Anciently the tithe was used to support those who ministered about holy things. Numbers 18:20-24. The New Testament plainly states that this ancient practice of tithe paying was ordained of God for the support of the gospel ministry in its work of preach-

ing the gospel. 1 Corinthians 9:13, 14. Jesus endorsed the tithing system in Matthew 23:23.

It is not that God needs our money or that the church and the gospel will fail for lack of money that God has established the tithing system. Not at all. He wants men to practice this matter of tithe paying because of a great principle, and because He desires to bless them when they recognize that principle.

If God's ownership of all things and our stewardship of the things He gives

us is recognized and acknowledged by our adoption of the tithing plan, this blessing will become ours. God invites you to make a test on this matter.

He pledges His word that those who are faithful in the payment of tithes will receive from Him such a blessing there will not be room enough to receive it.

He promises, moreover, to care for their crops, to keep the devourer from destroying their produce, to prevent the vine from casting its fruit before the time, and to prosper all the works

of their hands. Malachi 3:10-12.

Surely such a blessing as this means something. It means that we will get along better upon the nine tenths of our income which is left, than with the ten tenths. To grasp the ten tenths and refuse to pay tithe means bringing a curse upon ourselves. Verses 8, 9. Here not to pay tithe is called robbery. Nine tenths with God's blessing upon it will go much farther and accomplish much more than ten tenths with God's curse upon it.

Are you paying tithe?

HAS GOD LOST CONTROL OF THE WORLD

Or Are We To Blame For The Present Chaotic Condition?

By L. ASTLEFORD

THE standards which govern the lives of men and women in the days of our fathers are thrown to the four winds. Lewdness, immorality and vice of every description is rampant. Human life is counted little better than the life of an animal. Devil-possessed men are taking the lives of thousands of helpless men, women and children. Despite the efforts of police, magistrates, courts, prisons, penitentiaries and gallows the work of evil goes on. Meanwhile proud aggressive nations with their swords, tanks, guns and bombers are making the cities of earth little better than a heap of ruins. The work of destruction is so deadly and cruel that it is hard to tell who are the better off, those that are blown to pieces by the cruel death machines or the millions that have been reduced to slavery of the cruelest type.

As the work of terror and destruction spreads from city to city and from country to country many are led to ask, What has happened to our boasted twentieth century civilization? Is it going to pieces before our eyes and can no one save it? Has God lost control of the world?—Is the devil now in charge?

While at times it may look as if the devil has taken charge of the forces of destruction around this old globe yet nothing is more clearly taught in nature or in the pages of secular and sacred history than the sovereignty of God. Look at the flowers of the field, observe the systematic arrangement of their leaves, the delicacy and beauty of their flowers. These all declare that they did not come by chance. Then as you gaze into the starry heavens on a clear night and see the wonders of

heaven you are lost in wonder and amazement. You recall that astronomers have told us that many of these stars are many times larger than our own planet, that some of them travel at a speed of 1,000 miles per minute, that they are so far away in space that if they had only commenced to shine in the days of Abraham their light would not yet reach us. The astronomer for the Elgin Watch works in America said that the movements of the heavenly bodies are so accurate

Director of Public Information.



- Master Gordon Thompson on arrival at a Canadian port. His father was killed at Narvik, and his mother died of shock and grief. The suffering and misery in our world are a result of our wilful disobedience.

CONSIDER THE BEAM

THE brakes screeched loudly and the train came to a quick, grinding stop. Everyone was curious, sensing the unusual. Several crowded to the door attempting to look out, while others just pressed their faces hard against the windows.

There were two young women, however, who were more enterprising than most of the others, so, in order to get first-hand information as to the cause of this unscheduled stop, they opened the window wide and put their heads out. This all happened just as a heavy gust of wind carried the cinder-laden air back along the train. As a result both these young women's eyes were filled with the sharp, stinging particles. Quickly they

drew in their heads, their eyes streaming with tears. For a few moments they wiped them in a vain attempt to dislodge the annoying material. Finally one called on the other to help her. She promptly replied: "How can I help you when I cannot see?"

There they sat, a picture of utter helplessness in their suffering; and I think, too, somewhat of a parallel case to all who find themselves in the condition pictured in Matthew 7:4, 5: "How wilt thou say to thy brother, Let me pull out the mote out of thine eye; and, behold, a beam is in thine one eye? Thou hypocrite, first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote of thy brother's eye."

By Alexander Clark

that they would not be out a second in 100,000 years. We are lost in wonder and amazement and exclaim with David of old, "The heavens declare the glory of God; and the firmament sheweth His handiwork." Psalms 19:1. Then we think of another Scripture which says, "Lift up your eyes on high, and behold who hath created these things, that bringeth out their hosts by number: he calleth them all by names by the greatness of his might, for that he is strong in power; not one faileth." Isaiah 40:26 and then there comes to our minds another passage from the New Testament where the Apostle in speaking of God's creation uses this language, "upholding all things by the word of his power." Hebrews 1:3. Yes, dear reader, God created this earth, so that it is his by right of creation, and when through transgression Adam and Eve allowed it to come under Satan's power the God of heaven sent His Son to die for man and to bring back the earth also. Thus the earth belongs to God by creation and redemption. God still rules above and He rules in this earth also for we read, "The Most High ruleth in the kingdom of men." Dan. 4:25. And in His own good time the Lord will put a stop to all the confusion and sin and destruction that is now in the world.

Jesus possesses all power in heaven and earth beneath. (Matt. 28:18.) And when the Hebrews, walled in on either side by high mountains, the Egyptian army behind them and the Red Sea before them, cried unto God for help He opened a way for His people through the depths and when their pursuing enemies tried to follow

after them the Lord let the waters of the Red Sea swallow up the hosts of the enemy. Exodus 14. Again when a confederacy of five Canaanitish kings came against Israel in the days of Joshua in answer to the prayer of that one man the Almighty stopped the course of the sun and moon in the heavens for a whole day in order that the day might be lengthened so as to give victory to God's people. Take your Bible and read this, friend, for it is a very interesting passage of Scripture. Joshua 10:1-14. And those experiences are not confined to Bible times, for God is always the same He never changes. "Jesus Christ the same yesterday, to-day, and forever." Hebrews 13:8. In one of the Netherland's colonies less than a hundred years ago the following experience took place. Mr. Blank owned 100 slaves. One of these had offended her master and he ordered that she should be clubbed. After she had received a reasonable amount of beating for the offence the one administering the punishment queried, "Is that sufficient?" And Mr. Blank, who had just filled his large pipe with tobacco exclaimed, "No. You beat her till I smoke every bit of tobacco out of this pipe. And if the God of heaven tries to prevent it He cannot do it. I defy Him and His Son, Jesus Christ. That woman will take her beating and no one can stop it." It was a clear blue sky above that witnessed the beating of that poor slave for three minutes. And then something happened, Jesus Christ did not come down from heaven to stop it. But heaven said, "It is enough." And a bolt of lightning struck the old master and he died instantly and the beating

stopped. The writer has visited the spot and has a picture of the son of the slave holder.

Thousands will say if God can do all that—and friends He did it once and He can do it again—why does He not stop all the cruelty, wickedness and destruction that is now going on in the earth? Here is the answer. Man deliberately chose to do wrong. (Gen. 3:1-24); (Rom. 5:12), and this is the natural fruitage of our sowing. (Gal. 6:7.) Had man obeyed God there never would have been this trouble in the world. We read, "O that thou hadst hearkened to My commandments! then had thy peace been as a river, and thy righteousness as the waves of the sea." Isaiah 48:18.

Since the French Revolution there have arisen in Europe and America a large number of French, German, British and American philosophers whose writings have been studied and revered in the great European and American centres of learning. In the writings of these pagan philosophers the Bible story of creation has been set aside and the evolution theory has taken its place. The Ten Commandments, Sermon on the Mount and the Golden Rule have been scoffed at and derided and instead pagan and heathen ideas have been held up before the youth of our time.

Much more of this kind of teachings from the so-called great philosophers of earth might be quoted but why burden the reader with this Anti-Christian Pagan Philosophy? The deliberate rejection of the Ten Commandments, the Sermon on the Mount and the Golden Rule and the acceptance of this wicked paganism by a large share of the instructors and students in the schools of the world prepared the world for the terrible wickedness and wanton bloodshed that is now going on.

God could instantly stop all this trouble just as easily as He destroyed the corrupt civilization of Noah's day or as easily as He destroyed wicked Sodom and Gomorrah by fire in the days of Lot. But in the words of Peter, the Lord "is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance." 2 Peter 3:19. One day, in the not too far distant future, man's cup of iniquity will be full. And the Lord will rise out of His place to punish the inhabitants of earth. We read: "For, behold, the Lord cometh out of his place to punish the inhabitants of the earth for their iniquity: the earth also shall disclose her blood, and shall no more cover her slain." Isaiah 26:21. Again we quote: "For, behold, the day

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LESSONS for TODAY

From the Life of ENOCH

By A. R. OGDEN

“AND Enoch walked with God”—A most wonderful biography—and it did not take a volume of several hundred pages to tell it! What more could any man or woman wish than to have the immortal words left of his life record—that he “walked with God.” A relative or friend might write a great volume telling of all the good things that a man had done and the great accomplishments of his life, but after all is said and done, what greater and better record could be left than is this one of Enoch? Couched in three or four short words—*he walked with God*. No greater, more lasting, and eternal record could be left of any person’s life. Dear reader, what more would you want your friends to say—and desire heaven to record of you than that you walked with God during your earthly journeyings and wanderings?

The story has been told of two little boys who got into quite a lively conversation—discussion—a real argument—of how it could be and what it meant when the Bible says that, “Enoch walked with God.” After exchanging opinions one of the little fellows spoke up very earnestly with a beam of delight and said, “I know what it means—it was like this—“Enoch as a little boy got into the habit of taking little walks with God every day, and the older Enoch grew the farther he walked with God in young manhood and advancing years—until walking with God got to be his regular habit, and one day they walked together all the day—evening came on and the day was almost over—the darkness of night was about to fall—and God turned to Enoch and said—“Enoch, we are nearer *My home* tonight than we are to *your home*, let us go to *My home* and stay tonight.”

I think the little fellow in his simple childish way had it just about right—so Enoch went *home* to stay with God that night—and has been there ever since, for the divine word further says,—“and he was not; for God took him.” Genesis 5:24. Yes Enoch was taken from this earth of sin, and has been residing for these several thousand years in the glory and bliss of God’s eternal presence ever

since,—all just because he learned to “walk with God.” Let us believe as the little boy in his simple faith grasped it—that Enoch began to walk with God as a little boy, so it was easy for him as a grown up man to continue every day in that walk. May all boys and girls, men and women learn the lesson.

“Enoch” never died, he stands out in Biblical record as a representative of a class of people. He was the first man ever to be translated from this world of sin and taken to heaven. There will be a large group ready for translation when Jesus returns to the world the second time. (1 Thessalonians 4:16, 17.)

Yes there will be a large group translated when the dead are raised—resurrected—“Then we which are alive . . . shall be caught up,” translated. So Enoch was a type of all who will eventually be translated from earth to heaven without ever dying—without passing through the tomb! Blessed and glorious anticipation! But how did Enoch prepare for translation? As the little boy put it just by daily walking with God—just so all that will be ready for translation at Christ’s coming must have learned the secret of walking with God every day—may it become as simple and real to us as to the little boy in the story. It must become just that real and practicable to each and every one of us who shall enjoy the blessed reality of translation. To all who believe that the event of Christ’s second coming is near, the subject of “translation” becomes very definitely real—and an event, an experience, not to be long postponed.

“Enoch’s walk with God was not in a trance or a vision, but in all the duties of his daily life. He did not become a hermit, shutting himself entirely from the world, for he had, in the world, a work to do for God. In the family and in his intercourse with men, as a husband and father, a friend, a citizen, he was the steadfast, unswerving servant of God.”

“In the midst of a life of active labour, Enoch steadfastly maintained his communion with God. The greater and more pressing his labours, the more constant and earnest were his

prayers.”—Gospel Workers, p. 51, 52.

The above beautiful and forceful comments from a well known Christian writer should afford thought and stimulus to *all* who are preparing for translation at the second glorious appearing of our Lord and Saviour, Jesus Christ. Enoch’s walk with God was not visionary. It was very real in the every day affairs and duties of his daily life. From the same writer we quote further these thrilling and encouraging thoughts, viz., “Enoch had temptations as well as we. He was surrounded with society no more friendly to righteousness than is that which surrounds us. The atmosphere he breathed was tainted with sin and corruption, the same as ours: yet he lived a life of holiness. He was unsullied with the prevailing sins of the age in which he lived. So may we remain pure and uncorrupted. He was a representative of the saints who live amid the perils and corruptions of the last days. For his faithful obedience to God, he was translated, so, also, the faithful, who are alive and remain, will be translated. They will be removed from a sinful and corrupt world to the pure joys of heaven.” Testimonies Vol. 2, page 122.

Comment upon such a sublime and clear presentation of Enoch’s life and walk with God—should be an encouragement and inspiration to men and women living to-day to live a life in preparation for Christ’s coming that whether by death—and the resurrection from the tomb,—or whether we should be among those who “are alive and remain,” we all may have so walked with God that with Enoch and all the redeemed we shall enjoy the blessings of an everlasting dwelling with our God.

“And all the days of Enoch were three hundred sixty and five years. And Enoch walked with God: and he was not; for God took him.” Genesis 5:23, 24. But the apostle Paul leaves this witness, viz., “By faith Enoch was translated that he should not see death; and was not found, because God had translated him: for before his translation he had this testimony, that he pleased God.” Hebrews 11:5.

Let the reader note that Enoch had the testimony, in his life, *before* translation he had it, that he pleased God. He did not wait for translation day before he pleased and walked with God. So must you and I dear reader learn to please God, “walk with God” before translation if we are ever ready for translation. It will be too late to wait until translation day to have this testimony. Let us live and walk as did Enoch.

“O let me walk with thee, my God,

As Enoch walked in days of old;
Place thou my trembling hand in
Thine,
And sweet communion with me hold;
E'en tho' the path I may not see,
Yet, Jesus, let me walk with Thee."

The Flu

Continued from page 9

the mass of the people during an epidemic, however, is of little advantage.

In the past, vaccines have been of very little benefit. When it is remembered that the natural immunity (resistance against disease) acquired by an attack of influenza is only of short duration, it can be seen that even if vaccine causes the development of an artificial immunity, it would probably be transient. Recent experimental work with the newer types of vaccines produced by use of influenza virus, however, shows a definite benefit from them over a period of at least eighteen weeks. This is a very hopeful development. The use of serum from patients who have recovered from the disease also offers prospects for important developments in the near future.

The course of influenza is rapid. Following an incubation period (the period between exposure and the onset of symptoms) of approximately two days, the symptoms develop rapidly. In an uncomplicated case the fever lasts from one to five days. The respiratory symptoms affect the mucous membranes of the eyes, nose, and throat, and commonly of the bronchial tubes as well. Likewise, in the uncomplicated case the recovery is generally prompt. The fever usually falls rapidly, but may drop gradually. While the immediate recovery is often prompt, a considerable period of general debility frequently follows.

An epidemic of influenza is very likely to occur in waves, the first wave being predominantly of the uncomplicated type. In the second wave, from five to fifteen per cent of the cases are of the pneumonic type. It is this severe complication that accounts for the high mortality. The third wave is again less severe.

While the treatment of influenza should be under the direction of a physician, there are many things that are of importance for the family of the patient to know and be able to do. By far the most important part of the treatment is to go to bed and stay there. Upon feeling the onset of the generalized aching so common in influenza, one cannot safely defer going to bed. I remember an experienced physician's telling me in my younger

days, "When in doubt what treatment to follow, put the patient to bed." In influenza the advice to go to bed is given not because of any doubt as to the best treatment, but because staying in bed is the most important feature of treatment.

The patient should be kept warm in a room that is well-ventilated but not drafty, as drafts tend to increase the likelihood of complications, particularly pneumonia. It is well to start the treatment by being assured that the colon is well emptied. This is best done by means of a warm enema of tap water or water which contains one level teaspoon of salt to a pint of water. Subsequently the bowels should be kept open by the use of more enemas or a mild laxative.

The diet should be light. During the acute stages a liquid diet is preferable. This should contain a moderate amount of fruit juice—preferably of the citrus fruits—vegetable broths, and milk. In addition it is necessary to use a large amount of water. Total fluid intake should be at least four quarts a day.

Water treatments are of distinct value. It is impossible to give the details of their administration here. Fomentations to the spine and chest, with a hot foot bath, is an excellent treatment. This greatly relieves the aching and is also a circulatory stimulant. The treatment should be followed by a cool sponge bath and light alcohol rub. Drenching sweats are to be combated by frequent changing of the clothing and bedding and by the use of sponge baths or alcohol rubs. As in all other treatments, extreme care must be used to avoid chilling the patient. A dry chest pack is valuable for preventing any accidental exposure to drafts.

If during the course of the disease the patient develops a chill, notify the physician at once, as this is one of the frequent signs of a developing pneumonia.

After the fever subsides to normal, stay in bed for at least two or three days and then gradually resume activities. This reduces danger of relapse or development of complications.

Has God Lost Control?

Continued from page 12

cometh, that shall burn as an oven; and all the proud, yea, and all that do wickedly, shall be stubble: and the day that cometh shall burn them up, saith the Lord of hosts, that it shall leave them neither root nor branch." Mal. 4:1.

The Lord Jesus loves us and wants to save us from our sins. "Behold, now is the accepted time; behold, now is the day of salvation." 2 Cor. 6:2. Tomorrow will be the day of wrath and judgment of a wicked world that have turned their backs upon the Saviour. "Therefore thus will I do unto thee, O Israel: and because I will do this unto thee, prepare to meet thy God, O Israel." Amos 4:12.

Editorial

Continued from page 3

while there is an idea, a seed thought, unseen. Without this unseen idea, the book is utterly worthless.

These bodies of ours are visible, tangible; but the spirit that animates them is invisible.

We can see the brain, but not the mind.

Love, joy, peace, mirth, are all about us, brightening our lives. We are stupid and vain, yet we pride ourselves on being clever, and say we believe only what we see!

No, we have not seen God, but we have seen His stately steppings in our midst. We see Him in the beautiful flowers, in the sun and the rain. We talk to Him, and He answers our prayers. He comes into the lives of men and transforms them. Take a powerful telescope and study the great universe, and His greatness overwhelms us. Study the smallest of His creation through a powerful microscope, and we see convincing evidence of divine power.

No, we have not seen Him, but we are daily enjoying His blessing, beholding His wonders, and feeling His power in our lives, and we know He lives and reigns, loves us and cares for us, and will one day take us to Himself. P.

Christian Home

Continued from page 2

ways used to have worship at home. I was brought up that way.'

"So was I," she answered softly.

"I always liked it."

"I did too. It seems a long time, though, since real worship was held in this house—not since father died. I've tried to pretend, just by myself, sometimes; but I couldn't make it seem just as it used to."

"We're just starting our home, Mabel," I said after a while. "It seems to me it would be nice if we could plan for worship night and morning. How would you feel about it?"

"'I'd be glad if we could.'
 "'You would really be pleased?'
 "'Yes, Arthur, I would.'
 "'Would you like to start tonight?'
 "'Yes, tonight.'

"We sat down, and I turned the pages till I found a scripture; I don't know what the verses were. I've often wondered, and wished I could recall them. I read, and then we knelt side by side, and both prayed to God to make us a strength and help to each other in doing His will, and to make our home a blessing.

"That was the way we started our married life, and that was the way it always was. Everything that came to us we took together to the Lord.

"That first time was many years ago. We kept up the morning and evening prayers all through our married life, and God surely did reward us.

"Now I am alone, except for three of our five children. The other two sleep with their mother, and we who remain are waiting to see them at the coming of the Life-giver. We hope we shall not have long to wait."

Scientific Evidences of Creation

Continued from page 5

field of scientific investigation reveals intricate laws and mathematical arrangement that to the deep thinker can be satisfactorily explained only on the belief that a Master mind was behind the creation of all things. Whether we study the great or small, it is evident for, "The algebraic and geometric relations existing among the electrons that make up one atom of matter are as exact as are the laws that uphold the planets in their courses." A universe without God is A MATHEMATICAL IMPOSSIBILITY.

Anyone candidly contemplating the myriad of scientific wonders of the universe and being fully aware of their tremendous implications, would, it would seem, cry out in humility and wonderment as did the Psalmist of old: "O Lord, how manifold are thy works! in wisdom hast thou made them all." (Ps. 104:24.)

The Science of the universe demands a master scientist.

The Chemistry of the universe demands a master chemist.

The Mathematics of the universe demands a master mathematician.

A philosopher shipwrecked on the Island of Rhodes spied some mathematical figures drawn on the sand and cried out with joy, "Vertiga hominum vides"—I see the footsteps of men—and comforted his despairing companions by assuring them they were not

cast ashore on a desert isle or an abode of savages but rather of men who were civilized and wise as evidenced by the impressions of their thinking left upon the sand. The scientific wonders of the universe confronted everywhere are the impressions of God's thinking. And he who joyfully acknowledges the handiwork of God is in a position to bring hope and assurance to shipwrecked humanity. Mankind need not despair as though eternally abandoned on a desert shore, and left at the mercy of savage elements of chance. The manifold evidences of the Creator's power and planning are cheering omens that His plan for the redeemed and the "new earth wherein dwelleth righteousness" shall not be frustrated or annulled.

Ask the Doctor?

"What can be done for a dropped kidney? I suffer a great deal of pain."

A dropped kidney, if truly diagnosed, may cause discomfort, for it is likely that the ureter which leads from the kidney to the bladder will be kinked or bent upon itself and will prevent a normal flow of urine from the kidney to the bladder. Ultimately, this may injure the kidney. If one tends to be rather thin, he should attempt to bring the body weight up to normal. The wearing of a fairly tight girdle may help to hold the

organ in a better position. Taking the knee-chest position several times a day may give temporary relief. If there is continued distress, however, surgical treatment by which the kidney is lifted or suspended will ultimately give the greatest relief.

"What causes a child to grind his teeth at night? I have heard that the grinding is due to worm infestation."

Grinding teeth at night is sometimes the result of a child's having worm infestation. However, nervousness, which many children experience, may be the cause. Inadequate rest, a programme of activity that is not well adapted to the child's temperament, or disturbed digestion may contribute to the symptoms. A careful study should be made to determine whether worms are present. A sample of the stool should be examined with the microscope to determine whether the eggs of worms are present. These eggs are specific in shape and form, so that a diagnosis can be made. If they are found, then a determined effort should be made to eliminate them.

"What is a good prescription for treating athlete's foot?"

There are a number of valuable prescriptions available in treating athlete's foot, which is a form of fungus infection of the skin. One of the most widely used, and a very useful prescription, is Whitfield's ointment, obtainable in any drugstore. As some skins are more sensitive than others, this ointment should be used with a proper consideration of the condition of the skin after several applications. In general, its intermittent use is best. Soaking the feet for a few minutes daily for three or four days successively in a solution of potassium permanganate 1:5000 keeps the condition under control.

BOOKS FOR PARENTS

*They should be in every home where
there are children*

- All About the Baby**—Practical details for the mother who wants to know what best to do for her baby. 364 pages \$3.25
- Growing Boys and Girls**—Deals with the age of pre-adolescence or from 10 to 13 years. 314 pages \$2.90
- Days of Youth**—This book takes up the period of adolescence, fourteen to twenty years. 320 pages \$2.50
- Through Early Childhood**—Following "All About the Baby," covers the training of the child from the third to the ninth year. 348 pages \$2.90

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... ITEMS OF INTEREST ...

- Frogs and toads cannot swallow without closing their eyes.
- The average family on this side of the Atlantic spends about \$10.00 a year for newspapers.
- The British Broadcasting Company recently reported that it was sending messages over the air in forty-six languages.
- English children are now enjoying carrot lollipops, made of a carrot on a stick and coated with a sugar syrup coating. The children like them and it is a pleasant way to get their vitamin A.
- In the three years of war since 1939, of the allied ships sunk by our enemies, twenty per cent were destroyed by submarines; mines claimed twenty per cent; surface raiders took twenty per cent, and long range bombers forty per cent.
- The Alaska highway was partially completed, on November 3 of 1942. On that date the crews working from the north and south met each other, and what seemed almost an impossible task was done in one year. Of course much work still remains to be done. Some one has suggested that it be called the "Alcan" highway.
- Wheaton College is an unusual co-educational institution, located at Wheaton, Illinois. It has twelve hundred students and forbids them to dance, smoke, play cards, or attend the movies. There are two such schools in Canada, Canadian Junior College, Lacombe, Alberta; and Oshawa Missionary College, Oshawa, Ont.
- There is such a shortage of labor in London hotels that proprietors are thinking of asking guests to make their own beds and clean their own rooms. We are experiencing a similar shortage in Canada as some of you know full well. We are doing a good many things we didn't think we could or would do, and are none the worse for the doing.
- Wars may be lost or won on morale. We can help in keeping up the morale of our army by writing regularly to our boys in service. Have you used any of the "V . . . — Mail" letters? You write your letter on a sheet provided by the post office. This is photographed and the small film is flown over the ocean, where it is reproduced in readable size. This "V . . . — Mail" plan not only gets to the addressee quicker but it saves lots of space. Eighty-five thousand ordinary letters will weigh about a ton. These same letters on films will weigh only 20 pounds. The cost of sending a "V . . . — Mail" letter is only ten cents.
- An average adult Canadian citizen will use about 6 pounds of salt a year to season the food served to him at the table. Of course he gets additional salt from preserved foods, and natural salts put into the food by nature.
- The color of the shell of the egg has nothing to do with the food values inside the egg. A brown egg is no richer than a white one.
- Medical supplies valued at more than \$8,000,000 have already been sent to Russia by the Red Cross of North America.
- Last year Canadian industry produced 31,522,000 pairs of shoes.
- The Bell Telephone Company tells us that their business has increased from 5,200,000 calls a day as the peak in the years 1929-30, to an average of 6,600,000 calls a day in 1942.
- Edmonton, Alberta, has a street car library. An old car, which had travelled about a million miles was painted a pretty blue and cream, and had special lighting installed. It visits two sections of the city each week, giving people a chance to enjoy the books without tramping miles for them. More than one thousand people used the library during its first week of service.
- Big red-cheeked apples are now being grown at Beaverlodge, in the Peace River district, 429 miles north of the 49th parallel. When settlers were making their way to this new district 33 years ago, the news agent went through the train in a jesting way calling out, "Grand Prairie apples! Peace River oranges." Little did he dream that in a few years apples would actually be growing in that northern district.

Director of Public Information.



• Members of a Canadian Army ski patrol on manoeuvres outside the city of Ottawa.