

Signs of
The TIMES

Canada's Journal of Hope and Health

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Science Vindicates the Bible

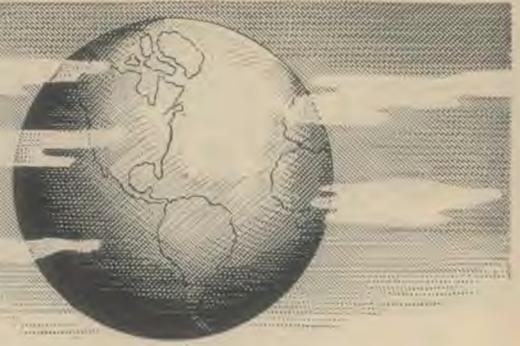
(See pages 4, 7.)

The Way Out (See pages 8, 9.)

H. W. LAMBERT

THE WORLD AS WE SEE IT

A Prophetic Interpretation of Current Events



★ The Forgotten Sufferers

WITH admirable regularity newspapers and magazines have depicted the progress of the Korean war. Headlines call our attention to advances, retreats, cities taken or lost, rivers crossed, hills captured and the huge losses of the enemy in killed and wounded. Altogether, war is a grim business for the contenders. There are hardships and risks of which we who are within the security of our own offices know nothing.

Our sympathy and our prayers go out to those of our boys who are fighting so valiantly on the other side of the earth, and to their parents and other loved ones who are suffering nearly as much in anxiety.

However, there is another class of sufferers about whom comparatively little has been written. We have seen their pictures on occasion—small, peculiarly dressed men, women and children—the Koreans themselves. Some Korean families have fled before advancing armies at least four times. It is one thing to be a trained and armed soldier in the midst of war, but it is still another thing to be a grandfather, a grandmother, a mother, or a child—a civilian.

We suppose that few people who read these lines have ever experienced trouble comparable to that of tens of thousands of these little Korean men and women. If you would know real trouble, real suffering, try leaving your home with an advancing army at your back in sub-zero weather, taking your wife and children with you, and carrying your possessions on your back. And while you have that picture in mind, add to it the fact that the Korean knows not where he is going. He has no hotel reservations. And food! That admittedly is the sixty-four-dollar question.

As far as the Korean is concerned this test-tube war, waged upon the soil of his native land, is uninvited and unsolicited.

He is the unfortunate victim of divergent political ideologies and blundering statesmanship—statesmanship that divided a united people of one race arbitrarily at the thirty-eighth parallel. But prior to that, of course, was the blunder that led to the blunder of the thirty-eighth parallel—the blunder of allowing the Russians to invade North Korea at all.

We are sure that divine Providence will hold individuals responsible for personal conduct. What of nations? That question can be answered only in the light of the way in which God has dealt with the nations of history. We recall that in ages past a considerable number went beyond the limits of divine forbearance.

However, as far as the Korean refugee is concerned at the moment, we suppose his chief anxiety is how long the war will last, how he will feed his family, who will rebuild his house, restore his business and the productivity of his fields.

It is a truism that the innocent suffer with the guilty, and oftentimes their suffering is the greater.

★ Christ or Rooney

SOME things which occur in relatively small ways and in small places are indicative of a national trend. We think we saw such a thing in our small city of 35,000. As we passed along the street our attention was directed to the advertising in front of a motion-picture theatre. The picture being shown was of Jesus, the Prince of Peace—The Sweetest Story Ever Told. We watched. A few people dribbled in—one, two, and once in a while, three.

In the next block another motion-picture theatre was showing Mickey Rooney in the Fireball. A hundred people were waiting in line. We know, of course, that people have a right to go

where they want to. They do that too, and that's what they were doing when they went to see the picture of Mickey Rooney instead of the picture of Jesus Christ. But the fact of the "want to" in this case is worrisome.

Why would people choose to see Mickey Rooney rather than Christ? Obviously, because they are more interested in Rooney than they are in Jesus. But what is the significance of this? What is its import? Just this: Rooney represents the world and worldliness; Christ represents spirituality, heaven and eternity. Rooney represents the glitter, gloss and tinsel—those things which are transitory in their nature. Christ, on the other hand, represents those things that are lasting, permanent, enduring—eternal life, time without end.

Can it be that men and women, young and old, place a greater value upon things earthly than upon things heavenly? If all other factors in our comparison are equal, such must be the conclusion. This is a sad and regrettable, even terrifying, conclusion; yet, it appears to be sound and wholly justifiable.

We have come to a time in this world's experience when, and we are sorry to say it, many are but little interested in Christ and eternal life. Pictures depicting crime, lust, murder, war, and other sins have greater appeal than those showing the inexpressible love of God in the gift of His Son. Mammon is this world's number one god. Unrighteousness is preferred to righteousness, hatred to love, lust to purity, and sin to holiness.

What does this indicate? The Bible gives the answer in word pictures. The first one is found in Matthew 24:37-39: "As the days of Noah were, so shall also the coming of the Son of man be. For as in the days that were before the

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flood they were eating and drinking, marrying and giving in marriage, until the day that Noah entered into the ark, and knew not until the flood came, and took them all away; so shall also the coming of the Son of man be."

The wicked city of Sodom was a type of this earth in its condition of wickedness just before Jesus comes the second time. The Sodomites were busy doing a thousand and one things, just as people are today. The trouble was, they were not doing the right things. They were not worshipping God. They, in fact, had no time at all for Him in their minds. They were occupied in their pursuits of gain and pleasure. And because they were, they had no time for the most important thing of all—eternal life.

Still another word picture is given us in 2 Timothy 3:1-5: "This know also, that in the last days perilous times shall come. For men shall be lovers of their own selves, covetous, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, without natural affection, trucebreakers, false accusers, incontinent, fierce, despisers of those that are good, traitors, heady, high-minded, lovers of pleasures more than lovers of God; having a form of godliness, but denying the power thereof: from such turn away."

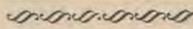
So accurate is this description of present world conditions that it is difficult to conceive that it was written upwards of two thousand years ago. Yet it was. It was written by inspiration for this "last day" condition that we see before us in all the earth. The hundred waiting in line to see Mickey Rooney, and the relatively few entering to view Jesus, the Prince of Peace, constituted a fulfilment of divinely inspired prophecy. It was a sign of the times, a voice

Notice To Subscribers

With this issue the *Signs of the TIMES* is reduced in size and in price. The magazine has been made slightly smaller, and its pages have been reduced from twenty to twelve. The subscription price has been reduced from \$2.00 to \$1.00, and the single copy price from twenty-five cents to ten.

These changes are made with the confidence that they will make the *TIMES* a still more effective soul-winning journal, thus rendering a greater service to humanity and to the world.

The unexpired portion of each subscription has been doubled according to months. That is to say, if your subscription has five months to run before expiration, it will now run ten months. We believe this will be fair to our subscribers in that it will compensate for the smaller size of the magazine.



Some words are so vitally important that their addition or deletion means life or death.



CANADIAN PACIFIC RAILWAYS

crying out in warning that the world has reached the antitypical Sodomite conditions, and that the next great act in the drama is the coming of Christ and the end of the world.

★ Three Little Words

THREE missing words in a train dispatcher's orders caused a disastrous wreck in which sixteen lives were lost. Following is a newspaper account of the tragedy:

"An official of the Canadian National Railways said last night that omission of three words from a train order was responsible for yesterday's collision between a troop train and a Transcontinental flyer in which sixteen persons were killed and two missing.

"The official said the words 'at Canoe River' were dropped from a message given the conductor of the troop train.

"The full order should have read something like this: 'The troop train will wait at Canoe River for the Transcontinental Train No. 2 to pass. The troop train will then proceed west to Gosnell where it will wait for the second section of the Transcontinental, Train No. 4, to pass.'

"The conductor of the Transcontinental got the full order. The official said that with the words 'at Canoe River' left out of its message, the troop train crew got the impression it was to wait at Gosnell, about ten miles west of Canoe River, for both passenger trains. A few minutes after it passed Canoe River, the collision occurred."

How important are words! In this case the three missing words would have saved sixteen lives. However, in other cases three too many words might result in equally disastrous results. No wonder God gives grave warning in the concluding verses of the Revelation to

those who would take the liberty of tampering with His Inspired Word.

"I testify unto every man that heareth the words of the prophecy of this book, If any man shall add unto these things, God shall add unto him the plagues that are written in this book: and if any man shall take away from the words of the book of this prophecy, God shall take away his part out of the book of life, and out of the holy city, and from the things which are written in this book." Revelation 22:18, 19.

There seems indeed to be a most direct and pertinent comparison between the addition of words to and deletion of words from a train dispatcher's order and the warnings given here. For the sake of comparison we shall liken God to the dispatcher, and the Bible to the dispatcher's orders. The Bible constitutes God's orders of salvation to the lost race. Any additions thereto could well prove disastrous to heaven-bound travellers. On the other hand, deletions might prove equally grave.

God's Word, like the train dispatcher's orders, is not to be tampered with. The destiny of many may depend upon its accuracy. Yet there are some who in their interpretation of Holy Writ would add to or subtract from it. But serious indeed are the penalties attached thereto. For taking away from the words of the Bible, God will take away that person's part from the book of life, from the holy city, and, in fact, from all eternity.

God has said that if a man shall presume to add to His Inspired Word, to him shall be added the plagues that are written in the Book. Why are such severe penalties attached to this act? Because the plan of salvation contained within the pages of the Bible deals with an exceedingly precious thing—the eternal life of those for whom God gave His Son.

The Answer to

A BIG ?

The Bible Gives It

By ROBERT LEO ODOM

THE libraries of the world are stacked high with books in which are recorded the happenings of the past. Myriads of newspapers and radio newscasts are flooding us with reports on current events and trends. Most of these sources of information about world affairs are quite dependable.

But when you seek reliable information about the future, to how many dependable sources can you turn? Hence the big question: Does the Creator of this world intend that its inhabitants shall blindly grope their way along the road of destiny to an unknown future?

The answer that God has given to our big question is very clear. "Surely the Lord God will do nothing, but He revealeth His secret unto His servants the prophets." Amos 3:7.

The world was warned one hundred twenty years beforehand that civilization would be wiped out by a flood in the days of Noah. (Genesis 6:3.) The birthplace of the Messiah was announced seven centuries before He was born, and the very year in which He would make His public appearance was made public more than five hundred years beforehand. (Micah 5:2; Matthew 2:4-6; Daniel 9:24-27; Mark 1:15.)

One day Christ's disciples heard Him make some striking predictions concerning the future of the temple in Jerusalem, and their interest in the hereafter was greatly aroused. So they put to Him this big question that is of great interest to us: "What shall be the sign of Thy coming, and of the end of the world?" Matthew 24:3.

In response to that inquiry, the Saviour mentioned many things that would take place in the future as signs that His return and the end of the world was approaching. However, He was very emphatic in stating that "ye know neither the day nor the hour wherein the Son of man cometh." Matthew 25:13. "Of

that day and hour knoweth no man, no, not the angels of heaven, but My Father only." Matthew 24:36. There was to be no time-setting for His second advent.

Nevertheless, we can know *with certainty* when the second coming of Jesus is very near, although we are not told the exact date when it will take place. The Master said: "Now learn a parable of the fig tree; When his branch is yet tender, and putteth forth leaves, ye know that summer is nigh: so likewise ye, when ye shall see all these things, *know that it is near, even at the doors.*"

The signs were to be definite happenings that would serve as beacons of light along the shores of time. They need only to be noted in their chronological order for men to know whether or not the ship of Zion is nearing the port of destiny. We shall note briefly these great signs recorded in Matthew 24 and Luke 21, in the order in which they have occurred during the centuries.

Pointing to the magnificent temple in Jerusalem, Christ said: "See ye not all these things? verily I say unto you, There shall not be left here one stone upon another, that shall not be thrown down." Matthew 24:2.

Christ made it very clear beforehand that the destruction of the temple of Jerusalem would not be accomplished by an earthquake, nor by lightning, nor by the carrying out of an architectural plan to dismantle the building and erect a new one in its place. "When ye shall see Jerusalem compassed with armies," said He, "then know that the desolation thereof is nigh." Luke 21:20.

In A.D. 70 the legions of Rome, under the command of Titus, besieged Jerusalem, captured the city, and destroyed it. More than one million Jews perished, and most of the survivors were sold as slaves in the marts of the nations. Approximately six hundred thousand persons in Jerusalem died from hunger during the siege.

Concerning the next specific milestone on the road to destiny Christ said: "Then shall be great tribulation, such as was not since the beginning of the world to this time, no, nor ever shall be. And except those days should be shortened, there should no flesh be saved: but for the elect's sake those days shall be shortened." Matthew 24:21, 22. This would be one of the greatest crises ever experienced by the church of Christ.

The persecutions waged against Christians by the Jews and pagans in the first centuries were terrible, but far more frightful and cruel were those which the true followers of Christ later suffered at the hands of political ecclesiasticism during the Dark Ages. Jesus had already foretold this, saying: "The time cometh, that whosoever killeth you

will think that he doeth God service." John 16:2.

In A.D. 533 the Emperor Justinian issued a decree ordering all Christians to recognize the bishop of Rome as "the head of all the churches." In 538 his troops, commanded by Belisarius, expelled the Arian Goths from the city of Rome, making it possible for political ecclesiasticism to begin its supremacy over the peoples of Europe.

Reaction against that tyrannical union of church and state culminated in violent eruptions of atheistic hatred for Christianity in some lands. A notable case was the Reign of Terror and the Revolution in France from 1793 to 1798. Spain, Mexico, Italy, and other countries also experienced upheavals against the tyranny of political ecclesiasticism.

Because of the pressure brought upon him by the leading civil governments, the bishop of Rome suppressed the obnoxious Jesuit Society in 1773. Twenty-five years later General Berthier led his French forces into the city of Rome, and took the pope prisoner. Two years later the pontiff died in exile in France. Thus in 1798 politico-religious despotism was given a mortal wound after the 1,260 years of supremacy which began in the year 538.

Does the Saviour's prophecy continue down to the present time? Indeed, it does. Peter admonished men to study "a more sure word of prophecy; whereunto ye do well that ye take heed, as unto a light that shineth in a dark place." 2 Peter 1:19. In compliance with this wise counsel from the apostle, we shall continue, in the next article of this series, our study of the signs set forth in the Lord's great prophecy.

The Bible has the answer to more questions than most people imagine. It answers the burning question of Matthew 24:3.



H. A. ROBERTS

Signs of The TIMES



BIBLE ANSWERS



Do you have unanswered Bible questions? If so, you are invited to send them to the EDITOR, Box 398, Oshawa, Ontario.

Dear Bible Answerman: Taking a modern view of the story of Jacob and Esau, one would think that Esau would be commended, and Jacob condemned for his deception and cunning in robbing his brother of his birthright and his father's blessing. Later, when Jacob met Esau he expected to be killed, but Esau forgave him. God said: "Jacob have I loved, but Esau have I hated." Quick, B.C.

There is not, nor can there be, an excusing of Jacob's sin. He practised deception and acted a lie. This God did not approve. Jeremiah 48:10 says: "Cursed be he that doeth the work of the Lord deceitfully." God is not glorified when such means are used even to carry on His work. It is far from His will.

However, in the case of Jacob and Esau it is necessary that we give consideration to God's plan for these brothers. Although Esau was the firstborn, and because of that fact would ordinarily have inherited the birthright, it was not God's will that he should have it. The birthright gave the holder a double portion of his father's estate, and also made him priest of the household. For the latter, Esau was wholly unqualified. God said of him that he was a "profane" person.

Esau's mind dwelt upon the things of this world. He was a hunter. He had little regard for the birthright until after he had lost it. This is shown in the fact that he was willing to dispense with it for a meal of red lentils. The satisfying of his hunger meant more to him than did the priestly heritage.

Jacob, on the other hand, coveted the priesthood. He was of such a spiritual nature that his soul longed for that closer communion with God which Esau despised. The mistake Jacob made was in not waiting on the Lord to give him the priesthood in His own way. Jacob undertook to hasten and insure the matter by defrauding his brother. He obtained the birthright, but he brought upon himself only trouble. He was forced to leave his home and did not return for twenty years. When he did return, Esau would have killed him indeed but for the fact that God interceded in his behalf and changed Esau's intent.

The following quotation shows what

one author says of Esau: "Esau had lightly valued the blessing while it seemed within his reach, but he desired to possess it now that it was gone from him forever. All the strength of his impulsive, passionate nature was aroused, and his grief and rage were terrible. He cried with an exceeding bitter cry, 'Bless me, even me also, O my father! Hast thou not reserved a blessing for me?' But the promise given was not to be recalled. The birthright which he had so carelessly bartered he could not now regain. 'For one morsel of meat,' for a momentary gratification of appetite that had never been restrained, Esau sold his inheritance. . . ."

"Because of his indifference to the divine blessings and requirements, Esau is called in Scripture 'a profane person.' He represents those who lightly value the redemption purchased for them by Christ, and are ready to sacrifice their heirship to heaven for the perishable things of earth. Multitudes live for the present, with no thought or care for the future. Like Esau they cry, 'Let us eat and drink; for tomorrow we die.' They are controlled by inclination; and rather than practise self-denial, they will forgo the most valuable considerations.

"Multitudes are selling their birthright for sensual indulgence. Health is sacrificed, the mental faculties are enfeebled, and heaven is forfeited; and all for a mere temporary pleasure,—an indulgence at once both weakening and debasing in its character. As Esau awoke to see the folly of his rash exchange when it was too late to recover his loss, so it will be in the day of God with those who have bartered their heirship to heaven for selfish gratifications."—*Patriarchs and Prophets*, E. G. White, pp. 181, 182.

Dear Bible Answerman: I have heard that when Jesus returns the second time, He will come secretly and take the good people to heaven and leave the wicked here upon the earth. Is this true?

I regard this as a most important question. What could be more vital to the Christian than to know the very manner in which his Lord shall return? This is one thing about which Jesus gave a specific warning:

"Then if any man shall say unto you, Lo, here is Christ, or there; believe it not. For there shall arise false christs, and false prophets, and shall show great signs and wonders; insomuch that, if it were possible, they shall deceive the very elect. Behold, I have told you before. Wherefore if they shall say unto you, Behold, He is in the desert; go not forth: behold, He is in the secret chambers; believe it not. For as the lightning cometh out of the east, and shineth even unto the west; so shall also the coming of the Son of man be." Matthew 24:23-27.

Jesus foresaw the coming of "false christs and false prophets" who would deceive and mislead people as to the true manner of His return. They would say that Christ had come already in the "desert," or in the "secret chambers," as do the spiritualists today. Our Lord's second coming will not be a secret one. It will be as obvious as the lightning that flashes from one side of the heavens to the other.

More than one scripture teaches us of this pertinent fact: "Behold, He cometh with clouds; and every eye shall see Him." Revelation 1:7.

This tremendous event is one that cannot be concealed. "Every eye" shall see Him come. It cannot be otherwise, because He will come in His own glory, in the glory of the Father, and in the glory of all the angels. Might as well try to hide the sun's shining, as to make secret Jesus' return!

Speaking of Jesus, Revelation 1:16 says: "He had in His right hand seven stars: and out of His mouth went a sharp twoedged sword: and His countenance was as the sun shineth in his strength."

Still another scripture that makes the literal, visible coming of our Lord clear, is 1 Thessalonians 4:16, 17: "The Lord Himself shall descend from heaven with a shout, with the voice of the Archangel, and with the trump of God: and the dead in Christ shall rise first: then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in the air: and so shall we ever be with the Lord."

It might be pertinent to add in this connection that while Jesus did not give us the day and hour of His return, He did give us signs which would mark the time of that event. These signs are to be seen in the world today. He warned us to watch and to be ready. Those who are unprepared will be numbered with the wicked, and will be left here upon the earth—but they will all be dead. (See 2 Thessalonians 1:8, 9; Revelation 6:14-17; 2 Thessalonians 2:8.)

Science VINDICATES the BIBLE

Proof from the Test Tube of the Bible's Veracity

By LLEWELLYN A. WILCOX

A COUNTRY parson in old Yorkshire spent many hours trying to teach an illiterate parishioner how to read the Bible. After considerable hard work which ultimately showed some success, he was called away for some time. When he returned, one of his first inquiries was how the man was getting along in his reading of the Scriptures. The man's wife, proud of his scholastic attainments, replied for him, "Oh, he's out of the Bible now, and into the newspaper!"

That illustrates very well the popular attitude toward the Old Book. In the days of our fathers it was revered as the Word of God, and believed to be divinely inspired and authoritative. Now we are told that it is a book of Oriental folklore, written thousands of years ago when practically nothing was known of science, and that it therefore contains many scientific inaccuracies.

It is my conviction that if the Bible is either scientifically or historically inaccurate, it no longer bears the imprint of a revelation from God, and thus ceases to be an authority in matters of religion. The Bible cannot be religiously beneficial and scientifically false.

People accept the viewpoint that the Bible is out of date simply upon credulity. Somebody so informed them who was supposed to know—but who didn't. I submit that it is unfair to the Bible, to ourselves, and to others, to accept blindly such an allegation without personal investigation. If one hasn't time to examine the Bible, what right has one to doubt the Bible? For any so-called scientist, or any individual who has respect for science, to impeach or to accept an impeachment of the Bible without really knowing what is in the Bible, is to adopt an unscientific attitude.

Years ago Mr. Thomas L. Masson, a well-known American editor, wrote: "If

you want to know anything, the Bible is where you must go to find it. It contains all the latest news. No newspaper man, no sage or *scientist*, no philosopher or statesman has ever been able to get up early enough in the morning to get ahead of the Bible. It is the most economical of all books in all the world, for it renders all other books superfluous. Any part gets better every time you read it." (Italics mine.)

Mr. Masson wrote as editor of a *secular* magazine.

In this article I set for myself the task of proving what he said, so far as the *scientist* is concerned; of disproving the

ignorant libel that the Bible is either outmoded or uninteresting; of confirming, therefore, that it is a Book not less worthy of our reading, our studying, our believing and obeying, than in any day since any part of it was written.

This article is not written to "defend" the Bible. The Bible needs no defence. "As well talk," said Charles Spurgeon, "of defending a lion. Let it out! It will defend itself!" In this article we are just going to "let the Bible out" to speak for itself. Contrary to science? The Bible does not claim to be a textbook on science, but by science we shall prove it true.

1. If any book between the covers of the Bible is considered hopelessly archaic, it is, of course, the book of Genesis. And yet the second chapter of that book tells about a surgical operation performed under an anaesthetic!

2. Back of that, to the very first chapter. We think of advertising, particularly by means of electric and neon signs, as comparatively recent, but remembering that science tells us that the sun is the source of all energy, think of Genesis 1:14: "God said, Let there be lights in the firmament of the heaven . . . ; and let them be for signs." As long as one looks up into the heavens and sees the sun, moon, and stars, they are signs hung out to tell us that God is still doing business! That's not so far behind the times, is it? Particularly when the



EWING GALLOWAY

The Bible is not primarily a scientific book, but rather a religious book. However, when it makes a scientific statement, as it often does, the accuracy of the statement may be relied upon.

sun, moon, and stars regulate the times!

3. If these illustrations seem in any sense to be a play on words, here is one that is not: Did it ever strike you as an interesting fact in the old story of Noah's ark (which today provokes such amusement), that the dimensions of the ark are the proportionate dimensions of a modern ship? Did it ever strike you as strange how the "myth" of a titanic deluge is a part of the legends of so many ancient and primitive peoples the world around? And if there were no such a deluge, how account for hundreds of geological evidences of a vast upheaval and flood action in areas of high altitude far removed from any sea?

4. Did it ever strike you as interesting that many of our health laws, our sanitary regulations, our knowledge of the isolation of contagious diseases, quarantine, medical inspection, and fumigation, are to be found in their basic idea in the book of Leviticus, chapters twelve to fifteen?

5. Let us be very contemporary. You pick up your morning paper and read as nothing unusual about an automobile collision on Broadway. But you can read about that in the Old Testament. You didn't know that, perhaps. Yet all you have to do is turn to Nahum 2:4: "The chariots shall rage in the streets, they shall justle one against another in the broad ways: they shall seem like torches, they shall run like the lightnings." Sounds like what happened to your fender in a traffic jam last Sunday—or like those speedsters roaring down the highway at eighty miles an hour last night.

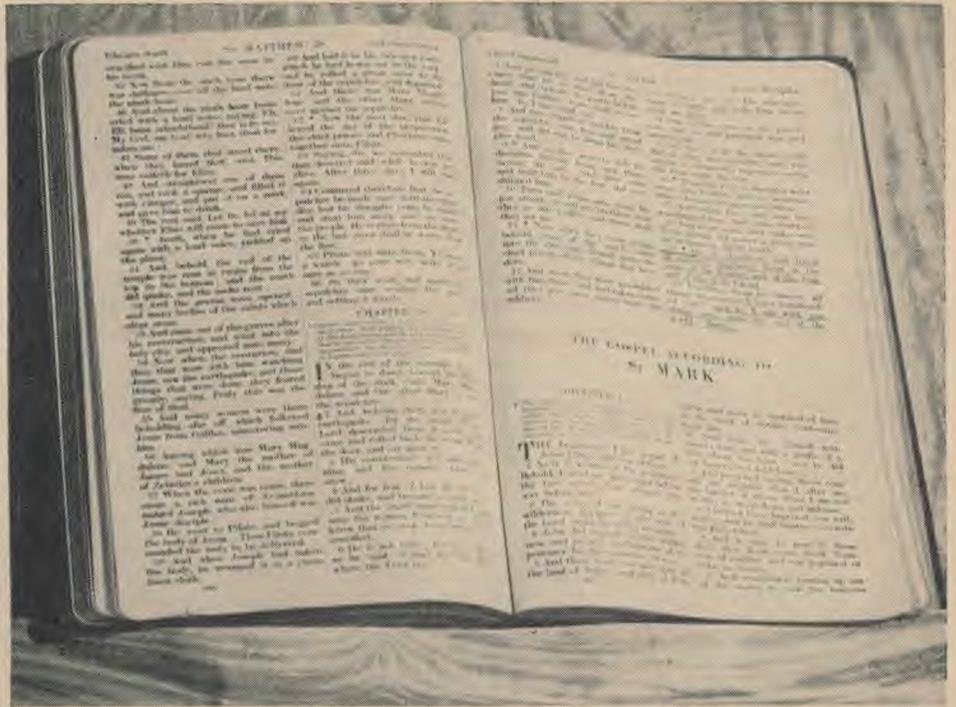
We challenge the doubter with a series of texts and questions:

1. Genesis 2:7: "The Lord God formed man of the dust of the ground." How in such an age of "scientific ignorance" did the author of Genesis know the now well-established fact that the elements of the human body are the elements of the earth? *Who told him?*

2. How could he know about the fixity of species when, in the first chapter of Genesis and of the Bible, and so long before the experiments of Luther Burbank, he laid down nine times over that inexorable scientific Mendelian law, "Each after its kind"? *Who told him?*

3. Leviticus 17:11: "The life of the flesh is in the blood." How could Moses in those words so far antedate what is the basis of all medicine—the condition of the blood, the blood count, the haemoglobin, the proportion of the white to the red blood corpuscles, the efficacy of blood transfusions in the preservation of life? *Who told him?*

4. Job 28:25: "To make the weight for the winds." Today we know that every square inch of the earth's surface



RELIGIOUS NEWS SERVICE PHOTO
The Old Book is as up to date as tomorrow's newspaper. This is true because God is its author.

at sea level has about fifteen pounds of air weighing down upon it. As late as the Renaissance the scientists said air had no weight. How did Job know that it did? *Who told him?*

5. Job. 26:7: He "hangeth the earth upon nothing." In the age when they believed that the earth rested upon the back of a turtle, or upon the shoulders of Atlas, how did Job know that this planet was suspended in space? *Who told him?*

6. How did he anticipate in Job 10:10-12 what modern embryology has only

recently come to know about the development of the babe within the womb? (See also Psalm 139:13-16.) *Who told him?*

7. Ecclesiastes 1:6, 7: "The wind goeth toward the south, and turneth about unto the north; it whirleth about continually, and the wind returneth again according to his circuits. All the rivers run into the sea; yet the sea is not full; unto the place from whence the rivers come, thither they return again." How did Solomon know so very long prior to the coming of science about air currents and the circulation of water? *Who told him?*

8. Isaiah 40:22: "It is He that sitteth upon the circle of the earth." The Greek philosopher Anaximenes taught that the earth was the shape of a table; Leucippus, that it was the shape of a drum; until the days of Columbus scientists believed it was flat. Will you tell me how, six or seven centuries before Christ, Isaiah knew that the earth was round? *Who told him?*

There is but one answer. God told them. If these writers of antiquity had written out of their own unaided wisdom, the Bible would be full of the errors of the times in which they wrote. But in 2 Peter 1:21 we are provided with an explanation. Wrote that New Testament fisherman who became the preacher of Pentecost: "Prophecy came not in old time by the will of man: but holy men of God spake as they were moved by the Holy Spirit." By inspiration they wrote wiser than they knew!

Why does science (and I refer to its

THE VOICE OF PROPHECY

Radio Log

TUNE IN EVERY SUNDAY

Alberta—			
Calgary	CFCN	1060	8:30 AM
G. Prairie	CFGP	1050	8:30 AM
British Columbia—			
Vancouver	CKWX	980	9:30 AM
Vernon	CJIB	940	9:00 AM
Victoria	CJVI	900	10:30 AM
Manitoba—			
Dauphin	CDKM	1230	10:05 AM
Winnipeg	CKY	580	12:00 M
New Brunswick—			
Moncton	CKCW	1220	9:00 AM
St. John	CHSJ	1150	3:30 PM
	FM-CHSJ	100.5	3:30 PM
Newfoundland—			
St. John's	VOAR	1230	1:00 PM
Ontario—			
Ottawa	CKOY	1310	10:30 AM
Sudbury	CHNO	1440	9:15 AM
Toronto	CFRB	1010	10:30 AM
Windsor	CKLW	800	10:30 AM
Prince Edward Island—			
Ch'lott'n	CFCY	630	1:30 PM
Quebec—			
Montreal	CKVL	980	8:00 AM
Saskatchewan—			
Regina	CKCK	620	8:00 AM
Saskatoon	CFQC	600	10:30 AM

demonstrated facts, not its hypotheses) vindicate the Bible? Because the One who made the universe is the One who gave us the Scriptures, and the Maker knows the thing that He has made. Between the book of nature and the book of revelation there is therefore no contradiction, for they have both one Author!

Private Jennison of the British forces in World War I had been brought up by a godly mother who, when he left for the front, tucked in his shirt pocket a tiny copy of the Bible, which he promised to read every day. There were cer-

tain passages in it which she had marked—promises of protection to those who love God. And so, one day, he carried it “over the top.” Yonder, behind the enemy lines, a German picked the boy for his target. Private Jennison reeled—and fell.

But he didn't stay down. To the amazement of his buddies, he staggered to his feet, dazed and stunned—but alive. In that pocket over his heart he had carried that Bible. It had caught the impact, and actually stopped the bullet.

Interesting, you say? Yes. But more

than interesting. There was something, I think, significant in the attested fact that the bullet stopped, leaving its blackening trace upon them, at the very words of Psalm 91, verse 4—“HIS TRUTH SHALL BE THY SHIELD AND BUCKLER.”

Carry God's truth, as it is in the Bible, not *over* your heart, but *in* it. Out amidst life's conflicts, and in the hour of temptation, it will save you; in the hour of trial it will comfort you; and in the hour of death it will pillow your head with the promise of eternal life!

The WAY OUT

*Men, the World Around, Are Looking for the “Way Out” of Trouble
The Bible Reveals That Way.*

By R. B. THURBER

OUR hearts beat with the heart of the world in a great longing for relief from the agony of war and the many anxieties that torture us. Both victory and defeat threaten peace, and black despair engulfs us. For sanity's sake, will someone show the world the way out!

The magazine *Life*, which pictures current life in all its stark reality, said in an editorial, “The way out is the sound of a voice, but a voice coming from something not ourselves, in the existence of which we cannot disbelieve. It is the earthly task of the pastors to hear this voice, to cause us to hear it, and to tell us what it says. If they cannot hear, or if they fail to tell us, we, as laymen, are utterly lost. . . . In myriads of thoughtful minds there is a sense of need for some better hope . . . than any now being offered mankind. There is a sense, too, that this hope will not be forthcoming unless quickly some fresh, some braver, some wiser voice begins to speak. . . . Distressed, despairing men are listening for that voice.”

Distracted, despairing men, that VOICE may be heard *now!* The writer does not presume to be, or to have, that VOICE, but he echoes it. We earnestly invite the reader to follow on with us and discover *the way out*. Peace and our very lives hang in the balance.

The Bible merits our strict attention now, for it is not only a guide to morals, but a prophetic Book. Most of its thousand forecasts have become history, and every one was accurately fulfilled. Many

are being fulfilled before our eyes, and some of its most vital predictions are yet to be fulfilled. Thus it lights the way in that “dark place,” the future. It is an up-to-the-minute Book—and beyond. It should be the statesmen's textbook in the present emergency.

The sixty-six books of the Bible-library were produced by some forty writers of varied personalities and stations in life, who lived centuries apart; yet, being divinely inspired, it is a unit in its teachings when rightly understood. It has a marvellous appeal for every people of every language and every class. The writer of this tract has carried it to persons of all sorts around the world, and can testify to its universal appeal.

The Book contains history, narratives, songs, proverbs, prophecies, sermons, letters, and other forms of literature. For every experience in life, the seeker for

spiritual help may find a proverb, a promise, a sermon, a prophecy, and a parable to suit his case, and a biography containing a parallel experience where in a man or woman or child chose the right way out, and the result; and another where the wrong way was chosen, and the result. The Bible is incomparable as a guide to individual and national conduct. The compelling fact is that man *needs* the Scriptures, and cannot live a complete and happy life without their guidance.

The Old Testament part of Holy Writ has for its nucleus the ten-commandment law of God, and all its other writings support the law. This is “the law and the testimony.” But in it is more or less hidden the Person of the Bible, Jesus Christ. The New Testament portion reveals the Person, Christ; records His life and sayings, and the experiences, revelations, and letters of His in-

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spired followers. It also shows how He and they kept and magnified the law.

Our Authorized and Revised versions of the Bible are complete and dependable as God's message to mankind. Attempts have been made through the centuries to make additions to the text, such as the Apocrypha and certain letters of the early fathers of the Christian church. But those give evidence in themselves of being uninspired of God, and contain doctrines directly contrary to the truths of the original Word.

The Word contains, within itself, safeguards against change. "Ye shall not add unto the word which I command you, neither shall ye diminish ought from it" (Deuteronomy 4:2), warns the author of its first books, Moses. And the last writer, John, cautions, "If any man shall add unto these things, God shall add unto him the plagues that are written in this book: and if any man shall take away from the words of the book of this prophecy, God shall take away his part out of the book of life, and out of the holy city." Revelation 22:18,19.

The Bible's claim of being the truth cannot be successfully challenged. It is not a textbook of all knowledge and science, but is a manual of all facts. There is nothing in its teachings contrary to true science. This has been disputed; but it is surprising how science has changed, and the Bible "stands fast." Formerly, science denied creation, and does yet. But Sir James Jeans, the noted British scientist, says in his *Eos*, page 52: "Everything points with overwhelming force to a definite event, or series of events, of creation at some time or other." Said the Reverend E. F. Gill before the British Association, "Today, scientists of the first rank have almost unanimously declared that science demands the intervention of a Creator."

Fifteen centuries before Christ, Job said, "He . . . hangeth the earth upon nothing." Job 26:7. Yet the scientist Copernicus did not discover the suspension of the earth in space till fifteen centuries after Christ. Job spoke of the weight of the winds. (Job 28:24, 25.) But science did not find that the air has weight until Galileo in A.D. 1630. Affirmed the writer of the epistle to the Hebrews in the first century of the Christian Era, "They [heavens and earth] shall wax old as doth a garment." Hebrews 1:10. Says Sir James Jeans in, *The Universe Around Us*, page 306: "Not until the twentieth century was the progressive ageing and disintegration of matter by radioactivity discovered."

Times without number the scholarly critics of the Bible have been proved wrong by their successors. They said that Abraham at his time could have been no



H. A. ROBERTS

Today many human panaceas are advanced for the world's ills. These all fail. God, however, offers a panacea that is sure and certain. Said Jesus: "Come unto Me, all ye that labour and are heavy laden, and I will give you rest."

more than an untutored savage; that there was no such nation as the Hittites; that Joshua didn't capture Jericho; that Belshazzar was a myth. Later, archaeology discovered abundant evidence in unearthed tablets that the Bible accounts were true, and the would-be scholars wrong.

Of no other book ever written has there been so much said in its praise. No other book has had so many books written about it. For millenniums it has stirred the admiration and amazement of billions of earth's people of every race and language. It has been chiefly instrumental in building civilization, transforming nations, bringing happiness and prosperity to the human race.

Unbelievers in it, even its enemies, laud its truth, beauty and power to influence men's lives for good. Their witness is most convincing. They say it is unsurpassed in literary merit, unparalleled in high ideals, unaccountably loved by the multitudes who find in it a help in every emergency.

This wonderful Book is the best seller, the most widely distributed, and the most universally read of all the books of all time, for it registers in every mind and heart that hungers for truth and life and joy. Uncounted myriads of its read-

ers testify freely to this. Every copy of it destroyed by its enemies is a seed for a harvest of a hundred more copies. Every shadow cast upon it only makes it shine the brighter. Every blow struck at it bounds harmlessly off.

There must be a reason for this towering pre-eminence of the Book, a profound and stirring reason. For no book, as a piece of literature, can produce such amazing results as do the Holy Scriptures. It is not just another sacred book of another world religion. It is unique among books because it is more than a book. It is the REVELATION of God, the Creator of the world and man.

And that REVELATION is centred, and has its sum and circumference, in Christ, the divine Son of God. And, most wonderful, it reveals the mystery of Christ's renouncing the glories of heaven to come to this earth to be born and live and die, as men are born and live and die, that divinity might save humanity from deserved eternal death. This is the mighty fact of the Bible, and alone explains its tremendous power in human life.

Study, meditate, pray, with the Bible as history's greatest, and man's one indispensable, BOOK.

Choose Your

FOOD AND DRINK

Carefully, Because Your Body Is Made of Them

By D. H. KRESS, M.D.

AMERICANS spent in 1948 for alcoholic beverages \$8,800,000,000, or more than \$66 for every man, woman and child under the flag. For education they spent \$5,200,000,000, and for religion, including contributions to churches, they gave \$1,340,000,000. While we do not have the figures for Canada, we suppose that the ratio holds about the same. What, we ask, is the reason for this abnormal craving for alcoholic beverages?

There is a definite relation between the food and the drink of Canadian and American peoples. The saloonkeepers in former days evidently recognized this. They kept a lunch counter for their patrons, but not because they felt sorry for the unfortunate poor. With them it was wholly a matter of business. The secret of the free-lunch table could be discovered by taking an inventory of the food that was upon it. Upon that lunch counter were found only highly seasoned foods: sausages, pickled pigs' feet, smoked ham, mustard, pepper, a good supply of salt, and other irritating products. Experience had taught the saloonkeeper that these foods created an unnatural thirst and led the eater to the bar for a drink of the beverages for sale there. The success of the beer saloon depended largely upon the foods served its patrons.

The sad thing was that many a well-meaning wife and mother was supplying her husband and sons at home with the same kind of food that was found on the free-lunch table in the saloon. Many an honest mother's prayer was thus neutralized. Seldom if ever do we find users of alcohol among those who subsist on such simple foods as fruits, grains, nuts, and milk, without an excess of salt.

At a public gathering in England some years ago, Staff Captain Husdon, matron of the South Newington Inebriates' Home, England, in relating her experience and surprise in the treatment of her inebriates by the adoption of such a diet, said: "Speaking generally, the benefits of this diet are incalculable. Lazy, vicious, bloated, gluttonous, bad-

tempered women who had hitherto needed weeks and even months of nursing and watching, to my astonishment and delight, under this new treatment, made rapid recovery."

History furnishes evidence that the most temperate races of people derive their nutrients chiefly from such a diet. For a number of years we have depended upon such foods in the treatment of alcoholics.

Another important factor in creating a desire for liquor, is tobacco. Lady Nicotine and John Barleycorn form an unholy alliance. The worst cases I have had to deal with were usually excessive smokers. Those who refused to give up smoking while under treatment invariably went back to drink again. They

were known to us as repeaters. This applied to both men and women. I never, in my practice, considered an alcoholic cured who failed to give up the use of tobacco.

The following is a letter I received from Mr. J. W. Clydesdale, Barrister and solicitor, of Perth, West Australia. In referring to his experiences in the adoption of the health diet, he said: "Although a stranger to you, I feel I ought to write and tell you how grateful I am to you for placing within my reach the health foods. And I am the more pleased to do this because I feel sure there are many of my fellow beings who must be suffering quite as much as I did before I stopped eating animal foods, and to whom my case may serve as an example of the good that may come to them from the adoption of a nonanimal-food diet.

"To begin with, let me say that indigestion in one form or another has, I believe, been my enemy from my undergraduate days down to this year, and that I had never, so to speak, a week free from nervous sick headache of a disturbing character throughout that long period. Of course, I consulted medical men, and took no end of medicines of one kind or another to cure me, but no lasting good ever came to me from their use.

"The matter continued until I came to this state (West Australia), when my condition began to grow gradually worse, chiefly due, I concluded, to the large amount of animal food in use here. Add to this an indiscriminate use of alcohol and tobacco, and I venture to think you can more clearly imagine than I can describe what the result was after a few years. Needless to say, in a few years my nervous system became utterly shattered; brain fag ensued, and terrible physical suffering and prostration, which in the end rendered me helpless and wholly unfit for my profession. Again, medical men were consulted, and a little relief was obtained; but after six months of treatment, I seemed almost as bad as ever. By this time I was beginning to despair of ever again enjoying health.

My Heart's Garden

I have a garden in my heart

Wherein are grown with tender care
The sweetest flowers, choice and fair;
And as I walk along the path
I note their fragrance in the air.

The Pansy, bright with kindred thought,
Is friendship's flower, good and true,
And there it blooms, my friend, for you;
There's love for all created things
Within the Morning Glory blue.

The Tulip grows for courage strong,
And by its side, the Daffodil
Speaks faith and trust through good and ill;

The Bluebell chimes from leafy tower
The peace that all my days shall fill.

There, nearest to the fountain deep,
A fadeless flower, is love's Red Rose,
And every day it sweeter grows;
And close beside it, fresh with dew,
The White Rose, sorrow, sweetly blows.

The Keeper comes with gentle step,
And waters each one with His love—
The fragrant dew from heav'n above;
And when He sees the soil is fit,
He plants one more my heart to prove.

—Helen J. Anderson.

I again consulted another medical man who told me that my only hope lay in doing one of two things—going for a twelve months' sea voyage, or engaging in some manual work in the open air, preferably work on a farm.

"I accordingly went to work on a 'market farm.' For months I continued in this wretched state, my life a burden to myself and a nuisance to everyone else, when one day a new hand was engaged. . . .

"In a little while I learned to my astonishment that this man was a vegetarian, and had been for years. I resolved to stop forthwith using tea and coffee. I persevered, and after a few months gave up the use of meat, fish, fowl, butter, condiments, alcohol and tobacco, and yet I felt better, stronger, and happier than ever. To sum up, if ever there was a real meaning in those words of Scripture, 'Ye must be born again,' I claim to have found it.

"I am now in my forty-seventh year, but I feel as though I was only twenty years of age. I am simply revelling in good health; and before I left the farm a few weeks ago, I could do as hard a day's work in the field as the average working man, and yet not feel the strain so much as the meat eater.

"I need only add in conclusion that my present excellent condition of health is a matter of comment in Perth and neighbourhood."

The editor of the London *Clarion* about the same time related a similar experience. He made the following statement:

"I have turned vegetarian. My friends are surprised; so am I. But whereas they are surprised that I have adopted a vegetable diet, I am surprised that I did not do it years ago.

"I have known for quite forty years that flesh-eating was horrible. I could tell you things about the slaughtering of animals that would make your blood curdle. I have known for more than twenty years that flesh-eating was unhealthful. Yet I have gone on eating meat. And now I am wondering why I did it.

"In one way the effects of this diet have surprised me. I have been a heavy smoker for more than thirty years. I have often smoked as much as two ounces of tobacco a day. If there was one thing in life which I feared my will too weak to conquer, it was the habit of smoking. Well, I have been a vegetarian for eight weeks, and I find my passion for tobacco is weakening. It is astonishing.

"Again I have found that I have no use for wine.

"Why do I write these confessions? Because these things have come upon me as a revelation. Because I begin to see that the great cure for the evil of national intemperance is vegetarianism. Let our temperance friends consider this. If we can get people to give up eating meat, the drink problem will solve itself."

In order to be treated scientifically and successfully, inebriates should be placed not behind prison bars, but where they can have the benefit of out-of-doors

employment, and the pure air and the beautiful things of nature, and where they can have access to the fruits which hang temptingly over their heads, and the simple products of the soil. At creation man was placed in a garden and surrounded with trees "pleasant to the sight, and good for food." The command was: "Of every tree . . . thou mayest freely eat." Had man continued to subsist on this original diet, alcohol beverages would have been unheard of.

To treat alcoholics successfully, homes should be established in the country where they may be kept under medical supervision and treated in a rational manner, instead of, when arrested, being placed in a stuffy dungeon or cell and served the very foods which were responsible for the craving they had for drink.

A noted writer has well said: "Many who would not be guilty of placing on their table wine or liquor of any kind will load their table with food which creates such a thirst for strong drink that to resist the temptation is almost impossible. Wrong habits of eating and drinking destroy the health and prepare the way for drunkenness. There would soon be little necessity for temperance crusades, if in the youth who form and fashion society, right principles in regard to temperance could be implanted. Let parents begin a crusade against intemperance at their own firesides, in the principles they teach their children to follow from infancy, and they may hope for success."—*Ministry of Healing*, E. G. White, p. 334.



KEYSTONE

Many think that if the market basket does not contain flesh meats they have nothing to eat. However, God did not give meat as the primary diet in the Garden of Eden. He allowed it only after sin had upset the original plan.



H. A. ROBERTS

As a beverage, milk contains excellent body-building material. This cannot be said of tea or coffee.



The DOCTOR'S VOICE



Send your health queries to the Doctor's Voice,
Box 398, Oshawa, Ont.

Vitamin C for Colds

Question: How effective is vitamin C in combatting colds and other illnesses?

ANSWER: Impressive claims were made for vitamin C at one time, but with the advent of sulfa drugs, penicillin, etc., its use was never stressed. It has always been considered good practice to give citrus fruit juices to patients suffering from influenza and any illness associated with a high fever. Citrus fruit juices and tomato juice, which are good sources of vitamin C, are also good sources of vitamin A, which is protective to the mucous membranes and to a certain extent tends to keep resistance to colds up to a maximum. It has been reported that in acute rheumatic fever response to four grams of vitamin C daily is almost as dramatic as to Cortisone. This would be the equivalent of ten 100-mg. tablets four times a day, which is at least ten times the amount usually given. It is actually well tolerated.

Diet for High Blood Pressure

Question: Is there a special diet for high blood pressure?

ANSWER: The important feature in diets for those with high blood pressure is that salt intake be restricted. No extra salt should be taken on the food. Meat and fish, excepting canned salmon, are high in salt, particularly salted varieties. Most fruits and vegetables are low in salt. Bananas and raisins, which formerly were considered exceptions, have now been exonerated and are permitted. Animal fats, including butter and eggs, are best restricted. In extreme cases the rice diet (consisting of boiled or steamed rice, fresh or cooked

fruit and fresh tomatoes) will often relieve distressing symptoms, but is very monotonous. Those who are overweight should reduce gradually under medical supervision.

Gas

Question: I am bothered with gas, especially after taking milk or beans. This seems to be more troublesome since I have been on a vegetarian diet. Can you suggest anything to help?

ANSWER: In general it is best to take a few simple foods at a meal and to space the meals five or six hours apart. The evening meal should be light. Fruits and coarse vegetables (cabbage, Brussels sprouts, turnips, onions, beans, etc.) should not be eaten at the same meal. Fruit digests faster and tends to ferment if stomach emptying is delayed by the vegetables. Too free use of liquids at mealtime dilutes digestive juices. Desserts should be taken only rarely. If on this programme you are still troubled with gas, try charcoal tablets, two after each meal, which, though an old-fashioned remedy, are often very effective.

Estrogen Addiction

Question: What is estrogen addiction?

ANSWER: This is a rather new term. Ovarian hormones act by depressing the pituitary and ovarian function when given in large doses, or when dosage is continued over a period exceeding three or four months. The patient becomes rather dependent upon the hormones for a certain sense of well-being, but at the same time suffers certain undesirable side effects associated with the pituitary depression. It

is known, of course, that the pituitary regulates adrenal function. If the adrenals are depressed then weakness follows even to the extent that the administration of adrenal hormone (Cortisone) might seem to be indicated. Hence, during the menopause ovarian hormones usually are prescribed in courses none of which should exceed three or four months at the most.

Premenstrual Tension

Question: What is the cause of premenstrual tension?

ANSWER: This condition with accompanying nervousness, soreness of the breasts and sometimes bloating is considered to be due to either an overproduction of estrogen (one of the hormones of the ovary) or to inadequate inactivation of the hormone by the liver. Not so long ago estrogens were administered for this condition and did actually aggravate the condition at times. Adequate protein and vitamin B in the diet, which would tend to improve liver function, are helpful, together with restriction of salt about one week before periods.

Black Coating on Tongue

Question: What is the cause of black coating on the tongue?

ANSWER: The black coating is usually due to a fungus. It is more apt to develop if too much fat is being taken in the diet and if there is inadequate consumption of vitamin B. Best natural sources of vitamin B are whole-wheat bread, legumes, nuts, wheat germ, yeast extracts, prunes, black molasses, etc. In persistent cases the tongue can be painted with an aqueous solution of gentian violet.