

Signs of
The TIMES

Canada's Journal of Hope and Health

10¢



Our Wonderful New Home
(See pages 6, 7.)

The Mark of True Worship
(See pages 8, 9.)

THE WORLD AS WE SEE IT

A Prophetic Interpretation of Current Events



★ The Enemy's Ruse

Nor long ago in the Korean warfare the Allies feigned a landing back of the front. A week before, practice landings were made on the beach of a distant island with the idea that this would be reported by spies. To still further deceive the enemy, strafing runs were made on the beach apparently chosen as the landing site.

Cruisers, destroyers and landing boats moved in. The enemy's shore batteries did their best to hold off the landing. This ruse succeeded in diverting a great deal of the enemy's strength from the front. It pinned down one or two divisions of enemy troops.

This deceptive strategy works very well in warfare, but this writer would point out that there is another warfare going on—a spiritual warfare in which every person has a part—in which Satan is the master deceiver.

It was by such measures that Satan—then Lucifer—in heaven deceived millions of angels. He induced them to rebel with him against the government of God: "There was war in heaven: Michael and His angels fought against the dragon; and the dragon fought and his angels, and prevailed not; neither was their place found any more in heaven. And the great dragon was cast out, that old serpent, called the Devil, and Satan, which deceiveth the whole world: he was cast out into the earth, and his angels were cast out with him." Revelation 12:7-9.

This was about the time of the creation of Adam and Eve, and immediately Satan began his deceptive practices, the first of which succeeded in bringing the human family into the bondage of sin.

He made Eve think that if she ate of the forbidden fruit she would be like God.

Four thousand years later when Jesus visited this planet for the purpose of redeeming man Satan tried his deceptive devices again—this time unsuccessfully. He first wanted the Lord to turn a stone into bread. After that he tried to get Him to jump off the pinnacle of the temple; and as a last device he told Him that he would give Him all the kingdoms of the world if He would only worship him. But none of these worked.

Satanic warfare has not changed. The enemy of our souls is still up to his same old deceptive tricks, and the tragic fact is that he is deceiving and destroying millions as he did Eve. To avoid being deceived we would do well to read 1 Peter 5:8 carefully and often: "Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour."

★ How Is Your Temperature?

THE fever thermometer, a little glass tube that costs about a dollar, has estab-

lished itself as being wholly reliable. In the hospital the nurse takes and charts a patient's temperature three or four times a day. The first thing the doctor does is to examine the chart. The temperature recording tells him how his patient is doing. If there is a sudden rise in temperature, the doctor knows at once that something is wrong.

It is unnecessary to go to the hospital to prove the thermometer's reliability. In every home mother checks junior's health by that little glass tube, just to see whether he is able to go to school—whether that headache of which he complains is real or imaginary.

God, too, has a thermometer by which He measures our spiritual temperature. It is called "love," and zeal and obedience are the mercury. God's thermometer is as reliable as is the little glass tube. By these attributes God is able to tell whether the Christian is normal; that is, whether he loves His Creator with all his heart, soul and mind, and his neighbour as himself. If he does he will keep the faith, obey God's commandments, and zealously propagate the gospel.

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H. M. LAMBERT

Even as the mercury in the little glass tube registers the patient's temperature, so our obedience to God's laws and our zeal for His work indicate our love for Him.



REVIEW AND HERALD

Undoubtedly long-frustrated Russia will one day suddenly attack to gain control of the Bosphorus and the Dardanelles.

★ Turkey

IN THE minds of most military men Turkey occupies the most strategic geographical position of all nations. This unusual situation exists: Turkey holds territory in both Europe and Asia. Turkey controls those coveted straits, the Dardanelles—the straits that separate two continents.

It was Napoleon Bonaparte who said that the nations controlling the Dardanelles rule the world. Does Russia want Korea? Perhaps. Does it want more territory in Europe? Again we say perhaps. Does this great northern power want the oil of Iran and the wealth of the Dead Sea? Undoubtedly. But in our opinion there is no place on earth more desired by the men of the Kremlin than the Straits of the Dardanelles, that natural outlet to the southern seas.

From time immemorial Russia has coveted this entrance into the Great Sea. Ancient Russian rulers laid their plans to get it but never succeeded. And it may be depended upon that the present masters of the Kremlin have top-drawer plans for the taking of this vital military position.

Western nations know this, and that is why the United States has its entire Sixth Fleet based in the Mediterranean Sea. Turkey has been receiving American aid for the past five years. During that time more than a billion dollars has been given. The Turkish Army has been reequipped. Roads have been built, communications improved, agriculture stimulated and the economy greatly strengthened.

Eighty per cent of Turkey's population lives in rural villages. The rural Turk lives on an estimated two thousand calories a day. The Turkish soldier receives about seventeen cents a day dur-

ing his two-year conscription. In the nation today there are thirteen hundred American army and civilian instructors, and one hundred British.

Turkey has united with the Western powers against its ancient enemy, Russia. This is not much different from what it has been for the past century and a half. Repeatedly this Eurasian nation has been called the "sick man of the East," because it did not have sufficient strength to maintain its strategic position against aggression. Bible prophecy indicates that it has been helped: "But tidings out of the east and out of the north shall trouble him; therefore he shall go forth with great fury to destroy, and utterly to make away many. And he shall plant the tabernacles of his palace between the seas in the glorious holy mountain; yet he shall come to his end, and none shall help him." Daniel 11:44, 45.

One of these days Turkey will be headline news. According to Bible prophecy, it would appear that Russia, long frustrated, will attack suddenly in an effort to take the Straits that would give that country a warm-water outlet to world commerce. Military planners, anxious to know the future, would do well to study what Bible prophecy has to say about the activities of the king of the north.

It would seem, according to Daniel 11: 45, that under the pressure of the attack and the inability of its former allies to come to its aid, Turkey will move its capital from where it is now to Jerusalem, the holy city, between the seas in the glorious holy mountain. When this takes place we may know that the second coming of Christ is imminent: "At that time shall Michael stand up, the great Prince which standeth for the children of thy people: and

there shall be a time of trouble, such as never was since there was a nation even to that same time: and at that time thy people shall be delivered, every one that shall be found written in the book." Daniel 12:1.

★ Refugees

WEST Germany has 10,000,000 refugees. Most of these are Germans who have fled from Russian-dominated East Germany. The problem created by these pitiful, homeless people for the West German government is tremendous. They have no money, no work, no place to live, and many are sick.

Ten million men, women and children are enough to make several large cities. These are the result of war, the result of inflamed passion, of lust and greed. A single individual, as in this case, may bring about unbelievable suffering, loss of property and of life. The Bible tells us that the "love of money is the root of all evil." It would appear that the "love of power" ranks a close second.

A refugee is a man without home or country. He is a transient in the world, hoping against hope that he will find some place where he and his family may take root—some place that he can again call home.

There is a sense in which all of us are refugees—transients. We call this earth our home, yet according to God and the Bible it will provide us no permanent residence. Abraham regarded himself a "stranger and a pilgrim" on the earth, and he looked for a city "whose builder and maker is God."

We are in Abraham's class. It may be that we have accumulated large fortunes. We may own houses and lands, stocks and bonds, or great industrial plants. It may be that we plan to add to all this and to become a "great one" in the earth.

If this is the case, now is a good time to disillusion ourselves. The divine prediction for this earth is that it will be destroyed. (Read Jeremiah 4:23-26.)

When Christ comes the second time, this earth will become a place of desolation. There will be no inhabitant, no birds and no life of any kind. The proud palaces of men are shaken down by the earthquakes of the last day. The wicked are destroyed. The righteous are taken to heaven and the earth is depopulated. We are in truth but refugees upon the earth. We have no permanent abiding place. We are but transients. This planet is not now our eternal home. God has no plan to perpetuate this earth in its present sinful condition. But the Christian has both a hope and a promise. God will recreate this earth and make it the eternal dwelling place of the redeemed.

MANY have been saved just in time. A minute later would have been *too late*. What marvellous providences have led to their salvation just in time! God often moves in a mysterious way His wonders to perform in the saving of the lost. This may be seen from the following incident.

A young minister in the prime of life went down to the beach for a swim. It was early in the day, and not many people were around. Being a strong swimmer and in fine form, he enjoyed his swim and made good headway directly

ahead! What's that in the water? It's a man!" Thus cried out the son of the skipper of a fishing smack. The father looked, and sprang to the oar, calling out, "Row for very life!" The men put forth all their might. The body was seen to sink and rise again, and to do so the second time, but nearer the vessel. "Bend to your oars for one last pull!" cried the skipper. They did so and reached the body. Quickly the body was lifted into the boat, and every effort made to restore life. At last willing hands carried the restored man ashore, happy in the

a cost, I cannot go on just as I did as though it were all nothing. I want my life to show out my gratitude and love and praise."

The hearts of some of those listening fishermen were touched at the wondrous story of how fully God had saved him just in time, and they also sought for and found the same full salvation in Jesus. Many others, though they know it not, are likewise in danger of disaster, yet are without the salvation of Jesus. In the providence of God some of them are led to see just in time their lost and undone condition, and are led to cry out to Him for themselves, as did the drowning minister, "Lord, *save me or I perish—a vile sinner!*"

When they do this the same assurance comes home to their hearts, "The blood of Jesus Christ His Son *cleanseth us from all sin.*" They are led to lay fast hold upon this wonderful truth as they accept Him as their own personal Saviour. Jesus, with tender compassion, helps them to see Him paying on the cross the price of their salvation, and they are led to exclaim also, "Lord, *I believe that precious blood was shed for me!*"

The light of heaven shines in upon their souls. The peace of heaven is applied to their hearts, and Jesus clothes them with His own beautiful character, His robe of righteousness. He bestows upon them sacred, heavenly joy, so that they are prepared to stand as monuments of His saving grace in this strenuous age. He enables them to bear witness to the truth for these last days with great power. He prepares them for His glorious appearing in the clouds of heaven.

"Praise Him! praise Him! Jesus, our blessed Redeemer!
Heavenly portals, loud with hosannas ring!
Jesus, Saviour, reigneth forever and ever;
Crown Him! crown Him! Prophet, and Priest, and King!
Christ is coming over the world victorious,
Power and glory unto the Lord belong;
Praise Him! praise Him! tell of His excellent greatness;
Praise Him! praise Him ever in joyful song!"

—Fanny J. Crosby

"We may keep so near to God that in every unexpected trial our thoughts will turn to Him as naturally as the flower turns to the sun. Keep your wants, your joys, your sorrows, your cares, and your fears, before God. You can not burden Him; you can not weary Him. He who numbers the hairs of your head is not indifferent to the wants of His children."

Saved in Time

By JOHN WALTER HALLIDAY

away from the beach. At length he stopped for a little rest, and to his surprise found that he had gone beyond the distance he intended to go. He turned back, but soon discovered that he was in a current that would take him out to the open sea. He struggled on till utterly exhausted, and then gave himself up for lost.

He had ministered to a large congregation. But now, with death staring him in the face, he awoke to the realization that he was not prepared to die—he had no true hope of salvation, no hope of eternal life. Terror seized him. What was he to do? The very waves seemed to be roaring in his ears the fearful condemnation of the scripture, "When I have preached to others, I myself should be a castaway." 1 Corinthians 9:27. He had been preaching a Christ he himself had never truly known.

He turned away with horror from all this mere profession, and out there in the ocean turned his heart longingly toward God. With all his remaining strength he made a mighty appeal to be saved, as he cried out: "Lord, *save me or I perish—a vile sinner!*" Quickly there flashed into his mind the wonderful and all-sufficient promises: "The blood of Jesus Christ His Son *cleanseth us from all sin.*" 1 John 1:7 "Whosoever believeth in Him should not perish, but have everlasting life." John 3:16. He humbly and gratefully drank in the words of eternal life, murmuring with his last effort, "Lord, *I believe that precious blood was shed for me!*" The peace of heaven came into his heart with divine assurance of Christ's full salvation, and he knew no more.

A little later, these words rang out over the water, "Father! Father! look



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possession not only of physical life, but of eternal life as well!

Was the conversion of the minister a true and thorough one? Indeed it was, for a week later he was there in the same fishing boat, telling what great things the Lord had done for his soul. He said: "When you saw me in the water that morning, could I help myself? I did not help you to save me. You did all the work, and I got all the good.

"Now, my friends, do you not see how it is with the Lord? He, the Sinless One, suffered in our stead. He took our place, and offers us His place.

"Do you think, however long I may live, I shall ever cease to have gratitude and love for the men who did so much for me? This is how it is with the Lord. When I know He has saved me at such



BIBLE ANSWERS



Do you have unanswered Bible questions? If so, you are invited to send them to the EDITOR, Box 398, Oshawa, Ontario.

Does Genesis 1:28 mean that the earth was populated before the creation of Adam and Eve?

No, it does not mean that. In order that we may deal intelligently with this verse we quote it as follows: "God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth."

The word "replenish" means to refill, but as we examine the original text and consult other versions we find that the correct word here is "fill" rather than "replenish." With this in mind the text would read, "Be fruitful, and multiply, and fill the earth."

Were the days of creation twenty-four-hour days as we know them today, or were they indefinite periods of time, as some say?

There is no reason to believe that the days of creation were different from the days we have at present. The weight of evidence is all in favour of the twenty-four-hour period. We see from the record of Genesis 1 that there was an "evening" and a "morning" in connection with each of the creation days. For instance, Genesis 1:13 says: "And the evening and the morning were the third day."

On the third day God created the vegetation, but He did not make the sun until the fourth day. It must follow that if the creation days were indefinite periods of perhaps millions of years, the vegetation must have lived through a long period of darkness and an equally long period of light, either one of which would have been impossible.

The Bible tells us that Adam was created on the sixth day, and that he died when he was 930 years of age. If the idea is true that each day of creation represented a long period, then it must follow that Adam is still alive, and that we are yet in the sixth day of creation.

All of these things add up to total absurdity. The best way is to take God at His word. Had He meant that each day of creation was an indefinite period He would have said so.

When God gave the children of Israel manna in the wilderness, why did He withhold it on the Sabbath?

God did this that He might teach the Israelites lessons in Sabbath observance. The Sabbath was to be kept holy to God. No manna fell on that day, and they were instructed not to go out to gather it. God told the people to gather a double portion on the day before the Sabbath, and they were to lay up for the Sabbath a portion of that gathered on the day before. If they gathered more than they needed on any other day it bred worms and spoiled, but not so that which was gathered on Friday.

As a further lesson in Sabbathkeeping they were instructed in the preparation of the Sabbath food on the day before. "This is that which the Lord hath said, Tomorrow is the rest of the holy Sabbath unto the Lord: bake that which ye will bake today, and seethe [boil] that ye will seethe; and that which remaineth over lay up for you to be kept until the morning." Exodus 16:23.

A FRIEND OF JESUS

*Am I a friend of Jesus,
And trust His hand to guide
Me o'er life's restless ocean,
Whatever storms betide?
Why should I dread the tempest,
Or billows ever fear,
If I will daily seek Him
And feel His presence near?*

*To be a friend of Jesus
In faith to Him must go
And ask, in deep contrition,
His grace on us bestow.
True courage, love and wisdom
He'll grant us to the end,
To glorify and praise Him,
Our Saviour and our Friend.*

*Let's be a friend of Jesus,
And help Him souls to win
By lifting up the Saviour
Who cleanses from all sin.
And when life's work is ended
And we no more shall roam
We'll meet our blessed Pilot
And be anchored safely home.*

—Mrs. C. R. Hyatt

Please explain this statement from 1 Corinthians 10:12: "Wherefore let him that thinketh he standeth take heed lest he fall."

Some Christians are overconfident in their own strength. They rely upon themselves rather than upon God, who alone is able to keep them from falling. A notable example of this is found in the promise of the Israelites at Mt. Sinai to keep the commandments. They thought they could do it. They didn't know that it is impossible for any man to obey God and keep His commandments unless there is first complete submission to God and unless God abides in the heart.

Another example is found in the bold declaration of Peter that he would go to prison and death with Christ. Christ told him that before morning he would deny Him three times. And this Peter did. Had Peter realized his own inability and said, "Lord, with Thy help I will go to prison and to death with Thee," all would have been well.

Said Jesus, "Without Me ye can do nothing."

Some people are baptized by immersion, some are sprinkled and some have water poured on them. Which is right?

The Bible tells us that there is "one" baptism (Ephesians 4:5). This being true, it must follow that all the modes now in use cannot be right.

To find the proper method of administering this sacred rite we must go to the Bible and see how Jesus was baptized, and how the disciples did it. Matthew 3:16 tells us that Jesus, "when He was baptized, went up straightway out of the water." It is evident that it was necessary for Jesus to go down into the water before He could come up out of it. We learn from this reference that Jesus was "buried" in baptism: "Know ye not, that so many of us as were baptized into Jesus Christ were baptized into His death? Therefore we are buried with Him by baptism into death." Romans 6:3, 4.

John the Baptist baptized at a place called Aenon because there was much water there. (John 3:23.)

Philip baptized the Ethiopian eunuch under the special direction of God. The method he used should settle all controversy: "As they went on their way, they came unto a certain water: and the eunuch said, See, here is water; what doth hinder me to be baptized? And Philip said, If thou believest with all thine heart, thou mayest. And he answered and said, I believe that Jesus Christ is the Son of God. And he commanded the chariot to stand still: and they went down both into the water, both Philip and the eunuch; and he baptized him." Acts 8:36-38.

OUR WONDERFUL *New Home*

The land where there will be no housing problems

By W. H. BRANSON

GOD'S purpose in saving men is that they may be with Him throughout eternity. This has been our heavenly Father's constant desire ever since the day when man left His presence in the Garden of Eden. This longing was constantly revealed by Jesus Christ while He was upon earth. When gathered with His disciples for the last supper, He declared, "I go to prepare a place for you. And . . . I will come again, and receive you unto Myself; that where I am, there ye may be also." John 14:2, 3. In His prayer just before going to the cross the Saviour said, "Father, I will that they also, whom Thou hast given Me, be with Me where I am." John 17: 24.

The love of God for His earthly children can never be satisfied until this plan is realized. It is for this that He gave His only-begotten Son. His original purpose is now about to be fulfilled. The signs of the times of which Jesus speaks, the last-day events which the prophets have so long foretold, have nearly all come to pass. Those who love and serve Jesus are soon going to heaven. The time has almost come when the Prince of Peace will take His people to Himself. This earth in its present state is not our home. Abraham and his posterity confessed that they were but strangers and pilgrims here. They desired a better country. They looked for a city that had foundations, whose builder and maker is God. Their desire and hope is not to be disappointed. "God is not ashamed to be called

their God: for He hath prepared for them a city." Hebrews 11:16.

When Jesus comes with all the angelic hosts to gather His people, His trumpet voice will call the sleeping saints to life. Angels will gather the redeemed from the far ends of the earth and with the living righteous they will ascend together to meet the Lord in the air. These are the sons and daughters of God, bound together in perfect unity by the chords of Christ's love, His own peculiar people from every tribe and nation of earth, all who have been willing to accept God's great salvation. Now they are going home. They will leave behind the sorrows and cares of earth and will dwell in Emmanuel's land. Their countenances will reflect the glory of God. The gulf made by sin, which separated them from their Creator, is removed. They are to spend all eternity basking in the sunlight of His presence.

It will be a great day when Christ leads this triumphant company from earth to heaven. As King of kings and Lord of lords, He will ride forth at the head of His army. His countenance will be "as the sun shineth in his strength." "A fire shall devour before Him, and it shall be very tempestuous round about Him." Psalm 50:3.

As the redeemed host approaches the New Jerusalem, the gates of solid pearl swing open on their glittering hinges, and Jesus bids His people enter saying, "Come, ye blessed of My Father, inherit the kingdom prepared for you from the

foundation of the world." Matthew 25: 34.

But the saints are not to remain in heaven forever. It was God's original purpose that man should dwell on the earth. This purpose is finally to be carried out. The earth in its present condition, however, corrupted by sin, is hopelessly ruined and beyond repair, but God knows how to renovate it. He who made the earth in the beginning declares that He will purify it with fire. The apostle Peter assures us that "the elements shall melt with fervent heat, the earth also and the works that are therein shall be burned up." 2 Peter 3:10. This melting, purifying process, the destruction of the wicked and all the works of sin, takes place after the resurrection of the ungodly who lie in their graves for one thousand years after the saints are raised and taken to heaven. The righteous come to life in what is called in the Scriptures "the first resurrection." The wicked come up in what is called by Christ "the resurrection of judgment," or the second resurrection. John 5:29, A.R.V. At the end of the one thousand years, which the saints spend in heaven, God makes a final end of sin. It is then that the earth becomes a sea or lake of fire, not utterly to destroy the earth, but to purify and cleanse it. When this has been done the earth is made new. Then is fulfilled the prophecy of the apostle John, "I saw a new heaven and a new earth: for the first heaven and the first earth were passed away; and there was no more sea. . . . And He that sat upon the throne said, Behold, I make all things new." Revelation 21:1, 5. The universe will be clean. The foul blot made by sin will have been forever removed. The earth, once so corrupt, will again have become a safe place in which man may live.

All that was lost in the fall will be restored. This restoration, thank God, will include the return of Eden, man's paradise, to the earth. Man will walk by the side of the river of life, with free access to the tree of life and the beauties and glories from which he has so long been exiled.

When the fires of purification have

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RELIGIOUS NEWS SERVICE PHOTO

It cost the price of Calvary to bring man back to his lost home, the glories of which we cannot picture in our fondest dreams.

done their work, the city of God, the New Jerusalem, will become the capital of the new earth. This wonderful city with its walls of jasper, its gates of pearl, and its streets of gold, the incorruptible inheritance of the saints, complete with many mansions, descends from heaven. The apostle John declares, "I John saw the holy city, new Jerusalem, coming down from God out of heaven, prepared as a bride adorned for her husband. And I heard a great voice out of heaven saying, Behold, the tabernacle of God is with men, and He will dwell with them, and they shall be His people, and God Himself shall be with them, and be their God." Revelation 21:2, 3.

But the saints are not to dwell only in the city. They are also to establish homes in the country. The entire earth will be theirs. "The kingdom and dominion, and the greatness of the kingdom under the whole heaven, shall be given to the people of the saints of the most High." Daniel 7:27. As Adam and his posterity were bidden to go forth from Eden and replenish and subdue the earth, so the redeemed will go forth from Jerusalem to inhabit all sections of the new world. They are not to spend their time in idleness. They are real people living in a real earth, and their time is to be employed in useful labour. (See Isaiah 65: 21-23.)

After six days of creation week, when the heavens and the earth were finished and all the host of them, when God looked upon all that He had made and saw that it was very good, the Creator rested on the seventh day from all His work which He had made, "and God blessed the seventh day, and sanctified it: because that in it He had rested from

all His work which God created and made." Genesis 2:3.

The Sabbath therefore is an institution of divine origin involving a definite portion of time set apart and sanctified as the memorial of God's creative power. On the very first day after Adam and Eve were placed in the Garden, when the earth lay perfect and new from the hand of the Almighty, the Sabbath was proclaimed and dedicated to the glory of the divine Creator. Man was called upon to spend those holy hours in contemplating the wonders of his Eden home and praising the One who had given him all things richly to enjoy. Ever since that day the weekly cycle has been a reminder to the faithful child of God of those happier days in the dawn of time when peace and harmony reigned supreme throughout all the paradise of God.

When the children of Israel were released from Egyptian bondage and had made their way across the Red Sea into the wilderness en route to the Promised Land, they were reminded of the Sabbath in the giving of the manna, which fell during the working days of the week, with a double supply on the sixth or preparation day. Then came the words of the fourth commandment given from Mt. Sinai, "Remember the Sabbath day, to keep it holy." Exodus 20:8.

"The Sabbath was not for Israel merely, but for the world. It had been made known to man in Eden, and, like the other precepts of the Decalogue, it is of imperishable obligation. Of that law of which the fourth commandment forms a part, Christ declares, 'Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law.' So long as the

heavens and the earth endure, the Sabbath will continue as a sign of the Creator's power. And when Eden shall bloom on earth again, God's holy rest day will be honoured by all beneath the sun."

Throughout eternity the weekly observance of the Sabbath will serve as a reminder of the unalterable purpose of God concerning the earth which He created and the people which He formed to inhabit it. It was His divine plan that beings made in His own image should dwell in a goodly land in peace and perfect happiness, constantly developing their powers to His glory. Throughout the long, dark reign of sin when hope grew dim in the hearts of men and the enemy of all righteousness often seemed about to triumph, the purpose of heaven was never altered. The true followers of God were never entirely crushed. The Sabbath was never entirely disregarded. Now in these last days, the prophetic angel of the apostle John cries for a return to the worship of "Him that made heaven, and earth, and the sea, and the fountains of waters." Revelation 14:7.

In the new earth there will be an eternity in which to build and beautify a home and develop a country estate. No invading armies will march in to pillage and destroy. No thieves will break through and steal. The soil which was cursed for Adam's sake will yield its full strength once more. The beasts of the field will no longer be ravenous or cruel. "The wolf also shall dwell with the lamb, and the leopard shall lie down with the kid; and the calf and the young lion and the fatling together; and a little child shall lead them."

Not in our fondest dreams can we picture the glory of that land. "Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love Him." 1 Corinthians 2:9. Higher than the highest thought can reach is God's love for His children, and this love will be made manifest in the reward that He waits to lavish on them in the future life.

Even now the Saviour is making up the company of those who will inherit the new earth. His wounded hand trembles with eagerness to inscribe your name in the book of life. It cost the price of Calvary for the Son of God to bring man back to his lost home. Only through Him can man regain his right to the tree of life that he may eat and live forever.

He longs to take from you the filthy garments of sin and clothe you with the white robe of His righteousness. He will wash you in His precious blood and make your life as white as the driven snow. He waits to welcome you to His heart and home. Will you not come to Him today and be saved?



REVIEW AND HERALD

The Sabbath, a memorial of creation, identifies the worshippers of the Creator-God.

From the beginning the Sabbath was a sign memorializing the work of creation and pointing out God as creator. (See Genesis 2:2, 3; Exodus 20:8-11; 31:17.) This memorial is called a sign between God and His people, identifying them as worshippers of the Creator-God. (See Ezekiel 20:20.) As a memorial the Sabbath would be an influence separating men from the sins and idolatry of the world, and setting them apart as His. It would be a sign of sanctification. (See Exodus 31:13; Ezekiel 20:12.)

Very early in history God's place as Creator was usurped by another. Under a host of names and symbols the sun-god was almost universally worshipped as supreme. Consequently, the Sabbath sign of allegiance to the Creator was displaced by a day dedicated instead to the sun-god. It was "the day of the Sun," or *Sunday*.

Who was this god of the sun worship that displaced the worship of the true

The MARK of TRUE WORSHIP

A Message for the Last Days

ONE OF three final messages to be given before the day of the Lord's appearing includes this: "Worship Him that made heaven, and earth, and the sea, and the fountains of waters." Revelation 14:7. That which necessitates this call to worship God appears in the stern and solemn warning that follows, in verses 9-11, against the worship of a usurping power named "the beast." The full significance of the message is found in the previous chapter. There it is seen that the beast against whom such warning is given has, previous to this time, usurped the place of God in the world, and is accorded almost universal worship.

In his epistles John speaks again of this power, calling him "the Antichrist." (1 John 2:18.) The Greek is *Antichristos*, a word which does not necessarily mean an enemy of Christ, as many have supposed. In its original signification "Antichrist" means a *substitute Christ*, a vice-Christ, or deputy Christ—one filling His place before the world, and if an enemy, then a false deputy Christ, a usurper.

The apostle Paul writes of an imposter who is generally recognized as this Antichrist of prophecy. He is revealed as one who would sit in the temple or church of God, "setting himself forth as God." 2 Thessalonians 2:3, 4, R.V. Whose sub-

stitute or deputy is this imposter? This is shown in the prophecy of Revelation 13. Here it is seen that the dragon or Satan (Revelation 12:9), would place this usurper upon the throne of the world to rule by the power and authority that he would invest in him. (See Revelation 13:2.) He would be the vicar, not of Christ, but of Satan. (See Revelation 13:4.)

In the great final drama of earth's history, as previewed in the visions of Revelation 13, 14, the segregation of earth's inhabitants into two camps under the banners of their respective kings, Christ and Satan, is particularly noticed. The worshippers of the beast and thus of Satan are said to receive the "mark of the beast," while those who worship God are pictured as receiving in their foreheads the name of their God, whose law they are said to obey. (See Revelation 13:16, 17; 14:1, 12.) In Revelation 7:2, 3 the name thus placed upon God's servants is called "the seal of the living God." In Ezekiel 9:2-4 it is said to be "a mark," set "upon the foreheads" of God's true worshippers who grieve over the prevailing idolatry.

God? The great original pretender to the throne of God was Satan, first known as "Lucifer." (See Isaiah 14:12-14; Luke 10:18.) This name meant "Light Bearer," "Shining One." In the American Revised Version and the margin of the Authorized Version it is translated "day-star," which among the ancients was the sun. The fallen Lucifer, taking the sun as his symbol, had, in the prevailing sun worship, well-nigh accomplished his avowed purpose of usurping God's throne. On earth he, in the person of the sun-god, was supreme.

Down the centuries Satan, in his usurped office as "god of this world," ruled largely through human agents. Such were the pharaohs of Egypt, the kings of Babylon, and the emperors or caesars of Rome, who ruled as the avowed deputies of the sun-god. With the establishment of the Christian church the usurper's throne seemed about to fall. The armies of Emmanuel turned the world upside down.

In spite of a frantic struggle to maintain supremacy, the usurper's army was swiftly lost to the armies of King Jesus. But insidiously the usurper was finding an entrance into the church. In a large section of Christendom there occurred that "falling away" from the primitive faith that had been foretold as a forerunner of the Antichrist. (See 2 Thessa-

By

ALICE M. ROGERS

Ionians 2:3, 4.) It consisted in the adoption of heathen rites and practices. The Jesuit-trained Will Durant tells of it in these words:

"Victorious Christianity, half surrendering, wisely took over much of the faith and ritual (of paganism); and under new forms and phrases, they continue in the Latin world to this day."—*Caesar and Christ*, p. 595.

Among the heathen rites and practices adopted was the ancient day of the sun, masked of course, as a Christian festival. Of the cult of the Roman sun-god, Mithra, Professor Gilbert Murray, of Oxford University, says: "It had so much acceptance that it was able to impose on the Christian world its own Sun-Day in place of the Sabbath."—*History of Christianity in the Light of Modern Knowledge*, chap. III, cited in *Religion and Philosophy*, pp. 73, 74.

Significantly, the section of Christendom that compromised with ancient sun worship acknowledged as its head one who very early began to tower over the church, claiming the very title "Vicar of Christ," which we have seen to bear the exact meaning of the word "Antichrist." Answering further to prophecy, this supposed deputy Christ obtained his power, and seat, and authority from the Roman deputies of the sun-god, the caesars.

"When the Roman Empire became Christian, and the peace of the church was guaranteed, the emperor left Rome to the Pope, to be the seat of the authority of the Vicar of Christ, who should reign there . . . to the end of time."—P. C. Hayes, *Papal Rights and Privileges*, pp. 13, 14.

Stephen Keenan, in *A Doctrinal Catechism*, page 174, and Henry Tuberville, in his *Abridgement of Christian Doctrine*, page 58, cite the change of the Sabbath to Sunday as proof of the power of the papacy. In response to a letter asking if the Roman Church claims the change of the Sabbath as a mark of her power, Cardinal Gibbons, who until his death was considered the highest Catholic authority in America, wrote:

"Of course, the Catholic Church claims that the change was her act. . . . And the act is a mark of her ecclesiastical power and authority in religious matters."

Similarly Priest Enright states that in keeping Sunday instead of the Sabbath "all the world bows down in silent obedience to the mandates of the Catholic Church."

Thus Sunday appears as the mark whereby homage is rendered to that power which we have identified as the Antichrist or "beast."

The picture in Ezekiel 9, of the sealing or marking of God's true children

who grieve over the "abominations" that have crept into and marred the worship of the true God, is preceded in chapter 8 by a list naming the specific abominations over which God's servants thus grieve. It is an array of idolatrous practices passed down from paganism to the church; and climaxing the list is sun worship. Surely the picture is not of an open and avowed sun worship, for those taking part are the professed worshippers of Jehovah. Is it not a picture of the masked sun worship of a professed Christianity which, by keeping the day of the sun, bows in submission to him who in disguise sits in the seat of the sun-god.

Multitudes of God's loyal servants, in times past, though honouring Sunday,

have not in heart bowed the knee to the sun-god, understanding not the significance of this day, and believing it instead to be truly the Sabbath of the Lord. "The times of this ignorance God winked at," forgiving and covering the imperfections of His servants with the perfection of the holy Jesus in whom they placed their trust. Now, as the day of God draws near, He sheds a great light upon all the world, commanding all men everywhere to repent, and, separating themselves from the idolatry that through many centuries has marred the Christian faith, honour only the Maker of heaven and earth, receiving the Sabbath sign which denotes them as His.

Help in Daily Living

THERE is an eloquence far more powerful than the eloquence of words in the quiet, consistent life of a pure, true Christian. What a man is has more influence than what he says.

The officers who were sent to Jesus came back with the report that never man spoke as He spoke. But the reason for this was that never man lived as He lived. Had His life been other than it was, He could not have spoken as He did. His words bore with them a convincing power, because they came from a heart pure and holy, full of love and sympathy, benevolence and truth.

It is our own character and experience that determine our influence upon others. In order to convince others of the power of Christ's grace, we must

know its power in our own hearts and lives. The gospel we present for the saving of souls must be the gospel by which our own souls are saved. Only through a living faith in Christ as a personal Saviour is it possible to make our influence felt in a skeptical world. . . .

The badge of Christianity is not an outward sign, not the wearing of a cross or a crown, but it is that which reveals the union of man with God. By the power of His grace manifested in the transformation of character the world is to be convinced that God has sent His Son as its Redeemer. No other influence that can surround the human soul has such power as the influence of an unselfish life. The strongest argument in favour of the gospel is a loving and lovable Christian. . . .

Trials and obstacles are the Lord's chosen methods of discipline and His appointed conditions of success. He who reads the hearts of men knows their characters better than they themselves know them. He sees that some have powers and susceptibilities which, rightly directed, might be used in the advancement of His work. . . .

The fact that we are called upon to endure trial shows that the Lord Jesus sees in us something precious, which He desires to develop. If He saw in us nothing whereby He might glorify His name, He would not spend time in refining us. He does not cast worthless stones into His furnace. It is valuable ore that He refines. The blacksmith puts the iron and steel into the fire that He may know what manner of metal they are. The Lord allows His chosen ones to be placed in the furnace of affliction, to prove what temper they are of, and whether they can be fashioned for His work.—E. G. White.

THE VOICE OF PROPHECY

Radio Log

TUNE IN EVERY SUNDAY

Alberta—			
Calgary	CFCN	1060	8:30 AM
G. Prairie	CFGP	1050	9:30 AM
British Columbia—			
Chilliwack	CHWK	1270	10:30 AM
Vancouver	CKWX	980	9:30 AM
Vernon	CJIB	940	9:30 AM
Victoria	CJVI	900	10:30 AM
Manitoba—			
Dauphin	CDKM	1230	10:05 AM
Winnipeg	CKY	580	12:00 M
New Brunswick—			
Moncton	KKCW	1220	9:00 AM
St. John	CHSJ	1150	3:30 PM
	FM-CHSJ	100.5	3:30 PM
Newfoundland—			
St. John's	VOAR	1230	1:00 PM
	CJON	930	7:30 PM
Ontario—			
Ft. William	CKPR	580	10:30 AM
	FM-CKPR	94.3	10:30 AM
Ottawa	CKOY	1310	10:30 AM
Toronto	CFRB	1010	10:30 AM
	FM-CFRB	99.9	10:30 AM
Windsor	CKLW	800	10:30 AM
Prince Edward Island—			
Ch'lott'n	CFCY	630	1:30 PM
Quebec—			
Montreal	CKVL	980	8:00 AM
Saskatchewan—			
Regina	CKCK	620	8:00 AM
Saskatoon	CFQC	600	10:30 AM

AVOID CANCER

By W. H. ROBERTS, M.D.

A BUSINESSMAN who came to America from Scotland in his youth and who made good, used to encourage others with these words of wisdom, "You can have anything you want, within your capabilities, if you are willing to pay the price. The price is not necessarily money." This formula is true also of health, which cannot be bought, and which is not the result of accident but the reward of self-control.

You can even have freedom from cancer, but you must pay the price. The price may be abstemiousness in diet, the giving up of bad habits, in fact, anything that is undermining your physique.

We do not know the exact nature of cancer. It may be a parasite, more often attacking bodies weakened by age or disease or nutritional deficiency. It is not dissimilar to the mistletoe sapping the vitality from the oak, or the wild orchid of tropical regions. Some investigators have reported a virus as constantly being present in cancerous tissue as revealed by the electron microscope. Howard W. Blakeslie, reporting on a meeting of the Society of American Bacteriologists, spoke of a queer-looking germ found in every one of several hundred cases of cancer. Animals suffer from cancer too, which is one reason for looking askance at the meat on the menu.

Some say that if we live long enough, one of every twelve of us will develop cancer. We must remember, as Dr. L. H. Appleby of Vancouver wrote recently, "Old age is a privilege denied to so many." On the other hand, there are eleven out of twelve chances that we will not get cancer; and as we shall see, there is something that we can do about it.

Where carcinogenic agents are being administered to laboratory animals the incidence of appearance of tumours is materially reduced where the caloric intake is cut down. Better be a little underweight than overweight after the age of forty. In one colony of young adult mice known to have a high incidence of cancer a certain number receiving a high carbohydrate diet had an incidence of cancer to the extent of eighty-eight per cent. Among a group fed a low caloric diet sufficient to cause them to maintain their weight, but to be constantly hungry (at least searching for food) only two per cent developed cancer. Diabetes in older age groups is often associated with obesity; consequently, as one would expect, the incidence of cancer among diabetics is higher than in the population at large.

Vitamin B deficiency among other things impairs the capacity of the liver to metabolize sex hormones, which is thought to be a factor in the development of cancer of the breast. If women with cancer of the breast came to treat-

ment within one month of discovery of a lump, twenty per cent more would have "five-year cures." Vitamin B deficiency is also a factor in the development of cancer of the pharynx in certain anaemic women. Persons afflicted with pernicious anaemia have a low gastric acidity and are twenty times more likely to develop cancer of the stomach than are persons with normal gastric acidity. Vitamin B and iron deficiency of long standing are probably causes of pernicious anaemia. Be sure therefore to get your vitamin B and iron as found in whole-grain cereals, legumes, nuts, prunes. Grape juice and grapefruit juice are also rich in iron.

Let us take the matter of cancer of the lung. Cancer of the lung used to be about seventh on the list as regards the most frequent type of cancer in males. Now it is first. This seems to be due to the great increase in the habit of tobacco smoking. The incidence of cancer of the lung is rapidly increasing among women for obvious reasons. Apparently, it gets you after about twenty years of smoking. The Cancer Bulletin of August, 1950, has this striking statement under the title "Tabac":

"The Tobacco Shops of Paris are distinguished at night by diamond-shaped red lamps which brightly illuminate the narrow streets. These red lamps have a new and grim appropriateness, for if we accept the conclusions of several different groups of investigators, tobacco

Health is not the result of accident, but the reward of self-control.

DIRECTOR OF PUBLIC INFORMATION, OTTAWA



might well be found to contain dangerous carcinogenic agents." Of 650 patients with epidermoid and related carcinomas of the lung studied at Barnes Hospital in St. Louis, there were only ten nonsmokers.

Why get cancer of the lung? Why smoke? But if you must, then the advice of Dr. Leo Rigler, chief of the Department of Radiology at the University of Minnesota, should be followed, "Save your X rays and you may save your life." Dr. Rigler is of the belief that "sleeping cancers" of the lungs may lie dormant for at least a year before producing symptoms. Even then, the symptoms are not always recognized as cancer. They are often confused with "a cold I can't shake," or "my cigarette cough."

In women, cancer of the uterus and of the uterine cervix have a special significance. Dr. Joe V. Meigs of Boston, speaking before the American Congress of Obstetrics and Gynecology in Cincinnati, March, 1952, stated that cancer of the cervix is a disease of the young married, that is, those who marry before the age of twenty years and bear children. Some psychologists have suggested that the best age for the young woman to marry is twenty-five or twenty-six. This would seem like a good idea.

Cancer of the uterus itself appears most often in women after the menopause; about ninety-six per cent arise after menstruation has ceased. About one third of the cases are in women who have had no children. More often it occurs in women who are overweight, who have high blood pressure, and who have a tendency to diabetes.

In spite of all the publicity, people with cancer, on the average, are not coming in to see their doctors earlier. Fear that there really might be something seriously wrong seems to deter them. If one's vitality and weight have suddenly started to slip, then it is time to see a doctor.

Progress being achieved in the fight against cancer is well summarized in the Cancer Bulletin of July, 1950, under the title "Victory" as follows: "The Winged Victory, majestic and breathtaking, stands at the crest of a wide flight of stairs in the Louvre. This magnificent work of art was thought to have been wrought on the island of Samothrace in the fourth century B.C., as a salute to an ancient naval victory. Its symbolism is now more general. Its powerful lines suggest a victory of greater magnitude, the victory, for example, of man over the destructive elements of his environment. Today, one of the most serious of these forces is cancer. But it, too, is yielding before the power of knowledge. Survival rates are rising and will rise."

FEBRUARY, 1953



WHY ANN TEASED SALLY

ANN finished pasting the last picture in her geography notebook, then, leaning over, slyly pinched Sally, who was practising. There was a shriek and a scuffle.

"Ann, you're always annoying Sally," scolded mother.

Soon there was more trouble—Sally's music had disappeared. Mother, exasperated, sent Ann upstairs.

"You never punish Sally; she's your pet," muttered Ann, making a face at Sally as she passed.

"It's just a constant fuss," mother complained, after the girls were in bed. "I've ignored it, thinking the girls would outgrow this bickering, but I believe they're getting worse. They are so nearly the same age, they ought to enjoy each other."

"Well, who's to blame?" inquired father.

"Why, Ann, of course; she's always teasing Sally."

"She must have some reason. If we could get at the cause of the teasing, we might stop it."

"Cause of the teasing? I have thought of that. I wonder if there really is a definite cause." Mother, meditating on this, slowly rolled up the darned stockings. "Last winter, the teacher suggested that we give Ann more attention, so she wouldn't think we were partial to Sally. I said, 'Ann isn't jealous,' but I could see the teacher was not convinced."

Mother went on darning and turning the matter over in her mind. A little while later she looked up. "Alfred," she said, "I'm afraid I'm to blame. The teacher is right; Ann is jealous. Do you remember how Ann loved to carry her pink baby-blanket about and would never go to sleep without it? Well, one day I wrapped Sally in this blanket. I remember I didn't ask Ann to lend it to Sally; I just took it. Ann cried very hard and scorned the larger blue blanket I gave her. After that, I never could leave her alone with Sally, although up to that time she had delighted in her baby sister. Once I found Ann sitting on the baby; another time she was pounding her with her little fists. Sometimes she took the pink blanket away from the crib. Although she was only a baby herself, I

punished her to keep her from doing such things again."

"Then you were busy with Sally and naturally turned Ann over to me," said father. "She liked me but wanted you."

"Yes, I remember how she often came asking, 'Do you love me, Mamma?' I would answer, 'Of course'—but in a casual way. She was so aggravating, pulling Sally's hair and snatching her toys, that I really didn't feel very loving."

"That wasn't a good way to improve her disposition, was it? I think I've heard you say that Sally was sweeter than Ann—right before the girls, too. You thought they didn't understand."

"But I'm afraid they did," their mother admitted. "Do you think Sally is selfish?"

"She can't help being a little selfish; we've been so partial to her. Suppose we try being partial to Ann for a while. It will do them both good."

Rushing downstairs the next morning, Sally shouted, "Ann mussed my curls!"

Mother, forgetting her new resolution, was angry and started for the stairway, but father's eyes reminded her.

"Sally, you provoke Ann by making so much of your curls," she said. Then she added, "Try to stop running to us with everything."

The surprised Sally went meekly upstairs.

"See the sunshine on Ann's hair!" exclaimed father at breakfast. "How it brings out the gold!"

"Yes, your hair is lovely, Ann," said mother, "and you've combed it nicely. Straight hair has so much style. How about a ribbon? What colour suits Ann's hair? Sally, you say. Her dress is neutral, so her hair decides the choice."

Sally forgot herself in considering a headband for her sister's hair, while Ann beamed with happiness over the unusual attention.

"That was fine," said mother after the girls had gone off happily to school.

"Yes, it worked like magic," father agreed, "but there will have to be a lot more of this. We can watch the teasing. When it stops, we shall know that Ann is no longer jealous of Sally and that we are treating the two girls with equal fairness."—Janette Stevenson Murray in *National Kindergarten Association*.



The DOCTOR'S VOICE



Send your health queries to the Doctor's Voice,
Box 398, Oshawa, Ont.

Burning of Mouth and Tongue

Question: I am sixty years of age, and have a large family. I am troubled with gas and burning pains in my mouth and tongue. I have worn false teeth for fifteen years. Could they be the cause of my trouble? I am overweight.

ANSWER: In your case it would seem advisable to lose weight. On such a diet, it is advisable to take a multiple-vitamin capsule once daily.

Sometimes burning of the mouth or tongue is relieved by injections of liver extract at two-week intervals, whether or not pernicious anaemia is present. In any case, it would be a good idea to have a blood count done. Charcoal tablets, two after each meal, will often relieve gas. If your stomach were low in acid you would require dilute HCl (hydrochloric acid) as prescribed by your local physician.

I do not believe that your false teeth have anything to do with your trouble, except as they limit thorough chewing of food.

Stroke

Question: I am a woman of eighty-two years, and had a stroke on my left side. Will you tell me what care I must have to get better. I cannot use my left arm at all. I can use my left foot if there is a person on either side of me to help along, but with no help, I would fall right over. I have been in this condition for four months.

ANSWER: Exercise is the best way of overcoming disability due to a stroke. This is particularly important where the arm is affected. Make an effort to touch the opposite ear over the top of the head; place hands be-

hind the neck and shove the elbows back; attempt to touch the tip of your shoulder blade on the same side from below; finally make a full range of motion of your arm. This should be done five minutes every hour.

Heat and massage to the affected arm for five or ten minutes in the morning would help work out some of the stiffness.

Diet to Avoid Stroke

Question: What diet should one go on in order to avoid a stroke? Both my parents have had strokes. What causes high blood pressure? Is this an old-age disease?

ANSWER: Strokes may or may not be associated with high blood pressure. They may be due to aneurysms, or weak spots in the walls of the blood vessels that have been present since childhood. More often, however, they are due to hardening of the arteries. The only prevention we know of is to restrict animal fats including meat, eggs and butter. Meat can be substituted by cottage cheese, legumes and nuts. Eggs can be restricted to three or four a week, skim milk may be used instead of whole milk, and margarine can be used instead of butter. As far as the cause of high blood pressure is concerned it may be due to a previous childhood infection such as scarlet fever. Complications due to scarlet fever are minimized these days by early use of penicillin. More often high blood pressure is a disease of stress and is associated with worry, anxiety and fatigue. The free use of salt may tend to elevate the blood pressure.

Hiccoughs

Question: I am a man over seventy years of age, and have been troubled greatly with hiccoughs, sometimes for five or six days. What foods should I eat to stop them?

ANSWER: Hiccoughs are due to spasm of the diaphragm. So-called gassy foods such as cabbage, beans, fried foods, cakes, pastries, etc., could aggravate. Local conditions such as spasm of the inlet of the stomach or diaphragmatic hernia (hiatus hernia) sometimes are a cause. If such were present a bland diet might help, which would also exclude meat and fish.

Chest Pains

Question: I have frequent pains on the left side of my chest. Also the muscles underneath my left breast feel as though they are all tied up in a knot. My local doctor attributed it to an affection of the muscles only. The more I think about it the worse it seems. I should like to be reassured that it is nothing serious.

ANSWER: Left submammary pain (pain beneath the left breast) is a frequent complaint, particularly in women, and is often related to fatigue. Anything that would improve your general health or build up your blood if anaemia were present would help to eliminate the pain. You should be sure to get at least eight hours' sleep every night and go to bed by ten o'clock. Stimulants including tea, coffee, tobacco and spices are best avoided. Diet should be adequate. Eat a substantial breakfast and noonday meal. The evening meal can be light. If fibrositis of the muscles were present, heat and massage would help.