

Signs of
The TIMES

Canada's Journal of Hope and Health

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MARGIE M. LAMBERT

THE WORLD AS WE SEE IT

A Prophetic Interpretation of Current Events

★ Why Don't We Think?

A MEMBER of Parliament said to me not long ago, "People don't think now-a-days." He was right: People don't think. If they did *Life Magazine* would not, could not, print that series, "The World We Live In," by Lincoln Barnett. If people thought they would reject and protest this visionary pseudo-scientific account of the beginning of things.

Mr. Barnett puts great reliance in evolutionary science which he says began with Charles Darwin. But Mr. Darwin did not set forth his ideas as facts nor does the writer of "The World We Live In" claim them so to be. He speaks of Darwin's deductions as "theories." A theory, a hypothesis, is but a guess, and evolutionary science is not a true science because it cannot be proven. It is founded upon a "guess" which can be far removed from actual fact.

The word "science" has come to be a god or at least a "near-god" in the minds of a great many people. However, let us remember that in this case we are not dealing with astronomical science, medical science or any other science which reposes upon a basis of proven facts, but with theories and speculations that go billions of years into the dim distant past and attempt to tell us what took place. That this is ridiculous is demonstrated by the fact that men live less than 100 years and most of us could not give the name of our great grandfather or tell where he was buried. No date in secular history can be proven and established beyond 1000 B.C. It must therefore, be regarded as somewhat ironical that some men who live such a short time attempt to tell their fellows what happened such a very great while ago.

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CANADIAN NATIONAL RAILWAYS

In all nature we find no departure from the fixed species. As God decreed so long ago at creation, animals bring forth after their kind, birds after their kind, and insects after their kind. What is true in the animal kingdom is true also in the plant world, and all this in spite of the teaching of evolution.

But the worst of it is that Mr. Barnett's writings, lead to the rejection of the divinely inspired creation record. The Bible declares for the creative act of God in which "He spake, and it was done; He commanded, and it stood fast." Bible creation means that the Divine Being, by a miraculous act, brought the earth into existence by the Word of His power. He made something where nothing before existed—that is creation. It glorifies and honours God. Evolution is far removed from creation although Mr. Barnett quotes the Bible and attempts to reconcile the two. Evolution, as Mr. Barnett states "grew out of shadowy beginnings." It took millions, yes billions of years to develop the human race to its present physical, mental and moral status.

Mr. Barnett asks this pertinent question, "What is life?" He answers it by saying: "All that can be said is that through some agency certain giant molecules acquired the ability to duplicate themselves." *Life Magazine*, Sept. 7, page 54. This is a frank admission to those who think. It is tantamount to saying, "I don't know." From this positive declaration of ignorance of the beginning of life the author adds this further illuminating confession: "From such shadowy beginnings there emerged the wondrous procession of living things—the incalculable hordes of flying, swimming, crawling and ambulatory creatures that have moved across the face of the planet down aeons of terrestrial time."

The following paragraph is still more illuminating as the writer guesses, speculates and theorizes:

"As to how life itself was first created science can only speculate. It is *theoretically possible* that on some distant day at the very dawn of time, when the earth's rocks were still soft and oceans and air seethed with chemical turbulence, certain organic compounds in the hot sea were synthesized by solar radiation, by lightning discharge or by *unknown catalytic* agents into a complex molecule, structurally akin to the protein molecules that form the building blocks of all life and capable of generating units like itself. In time these primordial molecules *may have combined* into clusters to form an organism analogous perhaps to a bacterium. Then *somehow* more complex entities evolved and acquired the art of photosynthesis—of utilizing the energy of the sun. These *may have been* the blue-green algae, whose limy deposits have been found in the oldest of Pre-Cambrian rocks. They were *probably* the first authentic members of the plant world." (Italics mine.)

Note the supreme degree of uncertainty in these words and phrases: "Speculate," "theoretically possible,"

"unknown catalytic agents," "may have combined," "somehow," "may have been," "probably." Instead of speculating, instead of guessing, instead of theorizing, instead of saying, "it might have been," "I guess it was," or "maybe it happened that way," why not take the inspired Word of God for it? How much more reasonable it is to believe that a Supreme Being brought the earth and its creatures into existence by His miraculous power, than to believe that this wonderful creation evolved over a period of billions of years.

All that is known or can be known apart from the inspired Word of God, must be learned from the fossils that fill the earth in unbelievable numbers. Among the most prominent of these were the trilobites, a many-legged animal that did not often exceed two feet in length.

What is a fossil?

It is the skeletal remains of some animal, fish or bird that has been preserved in the earth for a great length of time.

How did these animals, fish and birds become fossils?

This is a question which evolution has never been able to answer satisfactorily. Normally when an animal dies his flesh decays in a short time and his bones in a somewhat longer time and that is the end. But not so the fossils.

It is safe to take as our first premise the fact that no animal, fish or bird willingly became a fossil. Yet there are billions of fossils embedded in the rocks. How did they get there? It is inconceivable that these creatures bored into the mud or rock simply to give men (their supposed descendants) who would live millions of years later a record of their life and experience.

Since it is clear that all these creatures

of earth did not voluntarily become fossils, it must follow that they were overtaken by a world-wide catastrophe that buried them in the mud of the earth's surface. This mud through chemical change has become today the rocky tomb of both plants and animals.

The Bible gives an account of just such a catastrophe in its story of the great flood. The waters covered the highest mountains where many fossils are to be found today. It continued to wash back and forth over the entire earth's surface, bringing together great quantities of pre-flood vegetation, which by the changing currents of the water was covered by layers of mud. Thus through hindered oxidation this buried vegetation—giant trees and ferns—became the great coal fields of the world today.

In like manner animals and entire schools of fish were buried. They remain as a testimony of the world that was, and of the destruction that overtook them. Animals do not die naturally and become fossils. Therefore the fact of their presence in all the world tells unmistakably of a world-wide disaster.

At this time the climate was changed. That which was mild, even tropical, in Alaska and Siberia became suddenly frigid, freezing in the mud and water great numbers of hot weather animals and plants.

For hundreds of years tropical mammoths, an elephant-like animal, having giant tusks, have been washed out of their refrigerated tombs by the changing currents of the summer streams. These animals have been hunted through the centuries for their tusks, and these tusks have provided the largest amount of ivory used in making piano keys and billiard balls. Very often when the mammoths are found their flesh is in a good state of preservation, and sometimes they are found with unchewed tropical plants in their mouths, and undigested food in their stomachs.

How does evolution account for all this? It cannot and does not, because evolution has no place for a world-wide catastrophe in which all life was destroyed. Evolution calls for great periods of time and a gradual change. Such a theory robs God of the glory due Him by His wonderful work of creation. God demonstrates His right to reign and rule by the fact that He made all things animate and inanimate.

Some say that it takes too much faith to believe in creation, but I submit that it takes infinitely more faith to believe that we reached our present state of perfection by evolving from tadpole to monkey to man over a period of millions of years.

Why Don't We Think?

A Prayer

O Lord, direct my path today
 Into the way of peace;
 'Tis not in me my steps to guide
 Or bid sin's conflict cease;
 The road is steep; my footsteps
 keep,
 Grant me Thy way of peace.

O Lord direct my heart alway
 Into Thy wondrous love;
 My soul's affection ever set
 On heavenly things above;
 'Till faith is sight and darkness
 light
 Grant me Thy gift of love.

—Mrs. M. H. Cooper



EWING GALLOWAY

God's Cup

By

INEZ BRASIER



I WILL take the cup of salvation, and call upon the Name of the Lord." So sang David, the shepherd of Israel, after a long life of strange vicissitudes. He was hunted as a pretender to the throne, his motives impugned, his character maligned, yet through it all he had learned that there was blessing only in the cup which the Lord held to his lips.

Sometimes, as we read the story of his eventful life, we wonder why he called all those soul-wrenching experiences the cup of salvation. And sometimes, too, we wonder how those bitter griefs, those heart-searing experiences, those separations and heavy burdens which are ours, can have anything of blessing in them.

Our Father sees that we need each trial to bring us close to His heart of love where He can tenderly care for us. He knows that in no other way would we learn the priceless lessons of patient trust and faith in Him. The shepherd of eastern lands at the close of the day holds to the sheep's lips a cup brimming with cold water. So God bids us drink deeply of His cup of sorrows that we may experience His understanding and infinite love for us. Paul, the great apostle, wrote to the harassed Christians of his time, "We have peace with God through our Lord Jesus Christ . . . And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; and patience, experience; and experience, hope: and hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which

is given unto us." Romans 5:1, 3-5. Can we not make their experience our own, and say with the Master, "The cup which My Father hath given Me, shall I not drink it." John 18:11.

But that cup is not compounded alone of the blessing of grief, trouble and loss. In it there is also the blessing of forgiving love. We need not live our days bowed with a load of sin and burdened with a sense of guilt. "There is forgiveness with Thee, that Thou mayest be feared," "the forgiveness of sins according to the riches of His grace." Psalm 130:4; Ephesians 1:7.

Think of His promise the night He ate the Passover Supper with His twelve disciples. "This cup is the new testament in My blood, which is shed for you." Luke 22:20. Now He lives to intercede for us before our Father's throne, claiming the power of His shed blood to forgive and then to restore His image in our hearts. His Spirit pleads for us to come, sin-burdened as we are, to possess this blessing. His heart of unfathomable love yearns over us. Oh may we let it draw us to Him that we may know His riches of forgiving mercy! The cup of blessing . . . is it not the communion of the blood of Christ? "Their sins and iniquities will I remember no more." 1 Corinthians 10:16; Hebrews 10:17.

There is the blessing of peace and calm in His cup—that peace and calm available to us through the "blood of His cross." He is the Prince of peace. When, through His grace, we put all sin from the heart, He floods it with the "peace that passeth understanding" and

the calm which no experience can disturb. "Peace I leave with you, My peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid." John 14:27.

The little birds come north in the spring. They sing despite the coldness of the wind, the snow and the rain after they arrive. God cares for them and soon their songs are heard above their nesting places. Just so would He have us trust Him in all our needs, knowing that all things which come to us are for our final good, that they are in His plan for us. We may claim His promise, "My God shall supply all your need according to His riches in glory by Christ Jesus."

The cup our Father holds has many a spiritual blessing. Paul spoke of them when he wrote to the church in Ephesus, "Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ." Ephesians 1:3. He waits for us in heavenly places—the places where He is holding the cup brimming over with spiritual riches, blessings of care through our days and nights, blessings of a good mind and a sound heart attuned to sweet communion with Him.

Oh the rich blessings of God's cup of salvation made possible through the gift of His Son! They are the water of life, the wine of His redeeming sacrifice, to quench our thirst for Him. "If any man thirst," Jesus calls today as in that hour He spoke to those who thronged Him, "let him come unto Me, and drink." John 7:37. "Ho, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat; yea, come, buy wine and milk without money and without price. Wherefore do ye spend money for that which is not bread? and your labour for that which satisfieth not? hearken diligently unto Me, and eat ye that which is good, and let your soul delight itself in fatness. Incline your ear, and your soul shall live." Isaiah 55:1-3. "Let him that is athirst come. And whosoever will, let him take the water of life freely." Revelation 22:17. What more can He say to assure us of His proffered blessings?

Drink deeply of this cup and know His love and tender care. Then we shall have His peace and calm, the assurance that all is well with our souls. The deeper we drink, the more this cup will brim with blessings of heart and of mind and of soul. Then we shall exclaim with David, "My cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever." Psalm 23:5, 6.



BIBLE ANSWERS



Do you have unanswered Bible questions? If so, you are invited to send them to the EDITOR, Box 398, Oshawa, Ontario.

Was Jonah really swallowed by a whale, or is that as some say, a big fish story?

Jesus accepted the Old Testament story of Jonah being swallowed by a whale or a big fish. Some contend that this is impossible, but not so. In comparatively recent times we have an instance in which a man was swallowed by a whale and lived through it. This remarkable experience occurred more than sixty years ago, and an account of it was given in the Literary Digest, April 4, 1896:

"In the month of February, 1891, the whaler 'Star of the East' launched two whale boats with an equipment of men, to pursue a superb whale that was observed at some distance. The huge creature was harpooned to death. While it was writhing in its last agonies, one of the whaleboats was struck by its tail, and shattered to pieces.

"The sailors who were in this boat were thrown into the water. Eventually all but two were saved by the other boats. The body of one of these men was recovered. But the other, a man named James Bartley, could not be found. They gave him up for lost, and went about their work of handling the carcass of this monarch of the sea.

"When the monster had ceased moving, and its death was quite certain, it was hoisted alongside the ship, and the work of cutting it up began. A day and night were devoted to this task. When it was ended, the stomach of the whale was opened. What was the great surprise, as well as joy, of the whalers, to find in it their lost comrade, James Bartley. He was unconscious, but still alive.

"Quickly and joyfully drawing him on deck, they began at once the work of resuscitation. They had much trouble reviving him, but at last they succeeded. For several days he was delirious, and could not even speak an intelligent word. Gradually he regained his usual strength. But not until three weeks had elapsed did he recover his reason, and was able to narrate his impressions to them.

"I remember very well," he said, "the moment when the whale threw me into

the air. Then I was swallowed, and found myself inclosed in a firm, slippery channel, whose contractions forced me continually downward. This lasted only for an instant. Then I found myself in a very large sac. By feeling about I realized that I had actually been swallowed by a whale, and was in his stomach. I could still breathe, though with much difficulty. I had a feeling of insupportable heat, and it seemed I was being boiled alive.

"The horrible thought that I was doomed to perish in the whale's belly tortured me. And my anguish was intensified by the calm and awful silence that reigned about me. Finally I lost consciousness of my frightful condition."

"James Bartley," the paper adds, "is known to be one of the most hardy whalers. But his experience in the whale's stomach was so terrible that he was obliged to undergo treatment in a London hospital upon his return. Nevertheless the general state of his health was not seriously affected by this accident. The only effect was that his skin was terribly tanned by the action of the gastric juice.

"The captain of the 'Star of the East' adds that cases where furious whales have swallowed men, dead or alive, are not rare, but that this was the first time he ever saw the victim come out alive after such an experience."

I would like to believe the Bible and the plan of salvation, but I do not have faith. How can I acquire faith by which I can believe and be saved?

This is a good question. Many do not know how to believe. Yet it is not hard; in fact, it is very simple. Everyone has faith. It would be impossible to live in this world unless you had faith in relatives, loved ones, friends and business associates. We have faith as we lie down to sleep that we will awake again the next morning. We have faith that the sun will rise, the rain fall, and that the plants and flowers will bloom in the spring.

All this operation of faith seems like a very natural procedure, but how did we get that way? It is a thing that has grown on us from childhood. The sea-

sons have always followed each other in regular order, and we have come to believe that they always will. We look for them. We anticipate winter by buying winter clothes in advance. But it would be well for us to remember that this rests upon a very definite promise of God. God has said that while the world stands the seasons shall continue.

As faith in worldly and temporal things has grown upon us, so it must be in spiritual and eternal things. "Faith cometh by hearing, and hearing by the word of God." Romans 10:17. Here we have the divinely given way for the acquirement of faith. Read the Bible. Go to Church. Hear sermons. Claim the promises of God. Faith grows by exercise. As you see that God is faithful in keeping one of His promises, you acquire faith to believe that He will keep all His promises.

Faith is defined in one place as being the "substance of things hoped for, the evidence of things not seen." James 11:1.

Faith, reduced to its simplest, most understandable form, is simply *believing what God says*.

Did God make a mistake in creating man?

No, I don't think so, and I don't believe that God thinks so. A mistake was made all right, but it was not on God's part. It was on man's part. God's purpose in creating man was good. He made him pure and perfect. His heart was filled with love and kindness. He was noble and upright. He was perfect physically and mentally—not a sickness, not an ache or pain. God endowed him with great mental powers, and with the ability to develop still further his mental capacity.

God gave to man the ability to know good and to increase in goodness. He withheld from him just one thing—the knowledge of evil. God in His love would save man from all the sorrows and woes attendant to this knowledge. But Adam and Eve were not content, they coveted that which they did not have. They mistakenly thought that a knowledge of evil would be of benefit to them. They believed Satan's lie when he told them that they would become like God. Consequently they disobeyed God and plunged themselves and their posterity into the depths of evil.

God made man upright, but man made himself sinful and corrupt. Man made the mistake from which the race is today suffering, not God.

Why did not God destroy sinful man and start over?

That is not God's way. Instead of
(Please turn to page 11)



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and them to keep them in remembrance of the creation of the world." Comments on Ezekiel 20:12.

Justin Edwards says the following in his *Sabbath Manual*: "It commemorates the work of God as Creator."

The Sabbath as a Sign of Sanctification

"And the Lord spake unto Moses, saying, Speak thou also unto the children of Israel, saying, Verily My sabbaths ye shall keep; for it is a sign between Me and you throughout your generations; that ye may know that I am the Lord that doth sanctify you." Exodus 31:12, 13.

"Moreover also I gave them My sabbaths, to be a sign between Me and them, that they might know that I am the Lord that sanctify them." Ezekiel 20:12. Twice God tells us that the Sabbath is His sign of sanctification.

Rev. A. R. Fausett, commenting on Ezekiel 20:12, states that the Sabbath is "a kind of sacramental pledge of the covenant of adoption between God and His people."—*Critical and Experimental Commentary*. God gave us the Sabbath as a sign of sanctification and of adoption into the family of God.

GOD'S PURPOSE *for the Sabbath*

By GEORGE S. BELLEAU

GOD GAVE the Sabbath to man as a memorial of creation, as a sign of sanctification, as a physical gift for the body and mind of man and as a protection against apostasy and idolatry.

"In the fourth commandment, God is revealed as the Creator of the heavens and the earth, and is thereby distinguished from all false gods. It was as a memorial of the work of creation that the seventh day was sanctified as a rest day for man. It was designed to keep the living God ever before the minds of men as the source of being and the object of reverence and worship."—*The Great Controversy*, pp. 53, 54.

The Psalmist tells us "He hath made his wonderful works to be remembered." Psalm 111:4. "Oh that men would praise the Lord for His goodness, and for His wonderful works to the children of men!" Psalm 107:8. The Sabbath has been given men as a time to pause and remember God's wonderful works of creation. It is the earth's birthday to be remembered fifty-two times a year. It is a particular day just as your birthday

is a particular day. It cannot be changed to another day unless creation takes place again and God rests on a day other than the seventh day.

God Himself cannot change the Sabbath, since He *blessed* the first seventh day of time thus making it richer than the other six days. "The blessing of the Lord, it maketh rich." Proverbs 10:22. He *sanctified* the seventh day as the Sabbath thus setting it aside for a holy use. No other day has been set aside or reserved for holy use. The seventh day was the only day of the seven days of the week that God set aside for man to rest and worship his Creator. No church, man or council can change the fact that God made the Sabbath on the seventh day as a birthday and memorial of creation for all time. Our faithful observance of the Sabbath shows our gratitude and thankfulness to God for all the blessings of creation we enjoy.

Dr. Adam Clark says, "The religious observance of the Sabbath was the first statute or command of God to men. This institution was a sign between God

John Wesley makes it clear that Christ never changed or abolished the ten commandment law. "The moral law contained in the ten commandments, and enforced by the prophets, He (Christ) did not take away. This is a law which never can be broken, which stands fast as the faithful witness in Heaven."—*Wesley's Sermons*, Vol. 1, Sermon 25.

That godly man, John Wesley, again takes his stand on God's unchangeable law in another sermon. "Remember the sabbath, to keep it holy. Six days shalt thou labour and do all thy work; but the seventh day is the Sabbath of the Lord thy God. It is not thine, but God's day. He claims it for His own. He always did claim it for His own, even from the beginning of the world."—*John Wesley's Works*, Vol. 6, pp. 352, 353.

Sabbath Observance Prolongs Life

Dr. Blackie says, "The Sabbath is God's special present to the working-man; and one of its chief objects is to prolong his life, and preserve efficient his working tone."

"An association of twenty physicians voted yea unanimously on the question: 'Is the position taken by Dr. Farre, in his testimony before the Committee of the British House of Commons, in your view correct?'—that men who labour six days in a week will be more healthy and live longer, other things being equal, than those who labour seven; and that they will do more work, and do it in a better manner."—6000 *Sermon Illustrations*, p. 568.

Rev. Robert Jamieson in his comments on the making of the Sabbath as recorded in Genesis 2 says: "Moreover, the researches of the most eminent physiologists have brought them to the conclusion that the human constitution has been framed on the principle of a seventh portion of time being dedicated to the enjoyment of repose, and that the man who faithfully gives to his body its weekly interval of rest, and to his mind a relaxation from the pressure of worldly pursuits and cares, is the better fitted for resuming, with new zest and fresh vigour, the duties of the ensuing week. In a medical point of view, then, the Sabbath forms part of the remedial system of nature; and while the darkness of night affords a frequently recurring but brief alternation of rest from labour by inducing sleep, which has been called justly, in a certain sense, 'kind nature's sweet restorer,' the seventh day gives a fuller, a longer, and more adequate compensation to the physical and mental powers jaded or exhausted by the continuous exertions of the six previous days."—*Critical and Experimental Commentary*.

True Sabbath Observance Protects Against Apostasy

The devil and his angels must have had a strategic conference after the fall to decide on the best way to make men forget God. In that hellish conference



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it was decided that if men could be made to give up their Sabbath observance, they would soon forget God. This devilish programme has worked.

Did you ever stop to analyze what conditions in the world would have been if men had always been faithful in Sabbath observance? There would be no heathen nations, no idolaters, no infidels or atheists.

Sabbath breaking is a sign of apostasy just as Sabbath keeping is a sign of sanctification. Blackstone once declared that "a corruption of morals usually follows a profanation of the Sabbath."

"No other institution which was committed to the Jews tended so fully to distinguish them from surrounding nations as did the Sabbath. God designed that its observance should designate them as His worshippers. It was to be a token of their separation from idolatry, and their connection with the true God. But in order to keep the Sabbath holy, men must themselves be holy. Through faith they must become partakers of the righteousness of Christ. When the command was given to Israel, 'Remember the Sabbath day, to keep it holy,' the Lord said also to them 'Ye shall be holy men unto Me.' Exodus 20:8; 22:31. Only thus could the Sabbath distinguish Israel as the worshippers of God."—*Desire of Ages*, p. 283.

Any plain reader would understand that the Sabbath was ordained for man as man, to commemorate creation and Jehovah God as the creator, against the idolatry whose ignorance of the origin of all things, it was foreseen, would tend to multiply gods. Hence the saying of the rabbins, 'He that violates the Sabbath denies the Creator.'—Tract # 271, Presbyterian Board of Publications, p. 3.

Professor M'Owen (Methodist) in his work on the Sabbath, pp. 12, 14 states: "The Sabbath was instituted to commemorate the creation of the world. To furnish the world with a standing demonstration of the falsehood and absurdity of idolatry, he instituted the Sabbath. By blessing the Sabbath and hallowing it, by resting therein, and by challenging it for himself, God stamped it with his own image and superscription, and hence its desecration was reckoned among the Jews as a sin of treason against his infinite majesty."

That is why God starts the fourth commandment with the word "remember." Are you remembering God's Sabbath to keep it holy?

Sabbath Distinguishes God's People

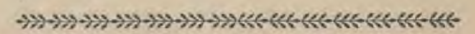
"The Sabbath was not for Israel merely, but for the world. It had been made known to man in Eden, and, like the other precepts of the Decalogue, it



THE VOICE OF PROPHECY
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Manitoba—				
Dauphin	CKDM	1230	10:05	AM
Winnipeg	CKY	580	12:00	PM
New Brunswick—				
Moncton	CKCW	1220	9:00	AM
St. John	CHSJ	1150	3:30	PM
	FM-CHSJ	100.5	3:30	PM
Newfoundland—				
St. John's	CJON 930 Sat.		9:15	PM
	VOAR	1230	1:00	PM
Ontario—				
Ft. William	CKPR	580	10:30	AM
	FM-CKPR	94.3	10:30	AM
Ottawa	CKOY	1310	10:30	AM
Toronto	CFRB	1010	10:30	AM
	FM-CFRB	99.9	10:30	AM
Windsor	CKLW	800	10:30	AM
Prince Edward Island—				
Ch'lott'n	CFCY	630	1:30	PM
Quebec—				
Montreal	CKVL	980	8:00	AM
Saskatchewan—				
Regina	CKCK	620	8:00	AM
Saskatoon	CFQC	600	10:30	AM

is of imperishable obligation. Of that law of which the fourth commandment forms a part, Christ declares, 'Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law.' So long as the heavens and the earth endure, the Sabbath will continue as a sign of the Creator's power. And when Eden shall bloom on earth again, God's holy rest-day will be honoured by all beneath the sun. 'From one Sabbath to another' the inhabitants of the glorified new earth shall go up to 'worship before Me, saith the Lord.'—*Desire of Ages*, p. 283.



You May Escape From Despair

To you whose actions always only say, "We'll smoke and drink today, tomorrow die":

There's sure escape from your deep, sad despair.

It is an enemy has brought you there.

Your Maker has not counted you as trash; He's bailed you out, by risk divinely rash—

He risked all heav'n, that He might bring you there,

In case you might appreciate such care And proof that you are anything but trash;

And leave your idols, and for safety dash: Receive His love and righteousness so fair. These gifts, He will exchange for your despair!

With these, in you, you'll live, and never die!

His love and righteousness—life's law, are they.

—Lulu May Andersen

Seven

A Sign of REDEMPTION

By R. A. RENTFRO

WITH THE threat of World War III, and Armageddon at the door of modern civilization, men and women everywhere are looking toward the horizon of tomorrow for just a few illusive beams of hope. Men and women, under the present-day pressure of living, are seeking rest and peace for their troubled hearts.

Jesus Christ foresaw this present frustrated age, and knew of the worries and fears which trouble our minds. He gave the solution to the problem when He said: "Come unto Me, all ye that labour and are heavy laden, and I will give you rest. Take My yoke upon you, and learn of Me; for I am meek and lowly in heart: and ye shall find rest unto your souls." Matthew 11:28, 29.

The Sabbath—God's holy day—has come down to us through the corridors of time as a symbol of the peace and soul-rest which Christ gives to the weary and struggling sinner. In fact, the Sabbath is a memorial of our faith in the God who made the heavens and the earth, "and all that in them is." God's word makes this very plain. "And hallow my Sabbaths; and they shall be a sign between Me and you, that ye may know that I am the Lord your God." Ezekiel 20:20.

"But," you may wonder, "is the Sab-

bath now a sign of the true God, or did that apply only to Old Testament times?" How comforting it is to know that this very question is answered specifically in the book of Exodus. God put Himself on record by saying, "It is a sign between Me and the children of Israel forever: for in six days the Lord made heaven and earth, and on the seventh day He rested, and was refreshed." Exodus 31:17.

The Sabbath is actually a symbol of the peace of mind which the redeemed saint may have in Christ. God showered His love upon this planet by His creative power. He shaped the beauties of nature by His skillful hand, He made man in His very own image. Also He showered forth His love upon man through the rest and peace of the Sabbath.

The earth was fresh and new from the hand of the Creator. There was found joy and tranquility in the heart of man. The earth was new. And, how blessed it is to know that every child of God finds a thrilling new peace of mind the very day he accepts Jesus Christ as his Lord and personal Saviour. All things become new and beautiful that first Sabbath morning. So we see the beauties of new life opening before us as we live the Christ-life and find the peace of the Sabbath soul-rest which

Adam found when the earth was new. We read, "Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new." 2 Corinthians 5:17.

One of the profound facts of sacred Scripture is that Jesus Christ created this world, and that the Sabbath which He instituted, blessed and sanctified to be a memorial of the creation, was also to be a symbol of our release from sin and our final sanctification. We read it here, "Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light: Who hath delivered us from the power of darkness, and hath translated us into the kingdom of His dear Son: In whom we have redemption through His blood, even the forgiveness of sins: Who is the image of the invisible God, the firstborn of every creature: For by Him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by Him, and for Him: And He is before all things, and by Him all things consist. And He is the head of the body, the church." Colossians 1:12-18.

Sanctification or holiness is a work of redemption. Like the work of creation

The Bible contains a record of God's plan of redemption. It is the same for everyone. God does not alter it to fit one case and another, but those who are saved will conform to it in faith and obedience.



H. M. LAMBERT

itself, this requires creative power. This is made clear as we read the prayer of David, when he realized that his only hope for true peace of mind and redemption was for God to perform a creative miracle within him. The weight of sin and the pangs of conscience caused him to cry out, "Create in me a clean heart, O God; and renew a right spirit within me." Psalm 51:10.

The Sabbath is a symbol of our deliverance from the bondage of sin. God asked ancient Israel to recall their bondage and the delivering power of the arm of God. "Remember that thou wast a servant in the land of Egypt, and that the Lord thy God brought thee out thence through a mighty hand and by a stretched out arm: therefore the Lord thy God commanded thee to keep the Sabbath day." Deuteronomy 5:15.

Actually there is a deep significance in this scripture, not apparent to those unacquainted with the facts. In Egypt, through oppression and idolatrous surroundings, the keeping of the Sabbath had become not only obsolete, but well-nigh impossible. The deliverance of the children of Israel from bondage was that they might keep God's law, Psalm 105:43-45, and particularly the Sabbath, the great seal, sign, and memorial institution of the law. The recollection of their previous bondage and their oppressed condition in Egypt, was to be an additional incentive for keeping the Sabbath in the land of freedom. The Sabbath, besides being a memorial of creation, was to be also a memorial of their deliverance from bondage, and of the great power of God as manifested in this deliverance. Egypt stands as a symbol of the condition of every one in the world under the slavery and domination of sin, so the Sabbath is to be kept as a memorial of the deliverance from this slavery by the wondrous power of God through His Son Jesus Christ.

God said that the Sabbath was to be a special gift to His people, and that it would be a reminder or a sign to them: "Moreover also I gave them My Sabbaths, to be a sign between Me and them, that they might know that I am the Lord that sanctify them." Ezekiel 20:12.

Sanctification, like creation, requires creative power. And as the Sabbath is the appropriate sign or memorial of the creative power of God wherever displayed, whether in creation or in the deliverance from the human bondage from sin, it is to be kept as a sign of the work of sanctification. This will be one great reason why the children of God will keep the Sabbath throughout eternity. It will remind them not only of their own creation and the creation of

God's universe, but also of their redemption from the clutches of sin.

Jesus Christ is the source of truth, and it is through Him that we are sanctified or made holy. Paul put it in these words: "But of Him are ye in Christ Jesus, who of God is made unto us wisdom, and righteousness, and sanctification, and redemption." 1 Corinthians 1:30.

As the Sabbath is a sign or a memorial of sanctification, and as Christ is the one through whom the work of sanctification is accomplished, the Sabbath is a sign or memorial of what Christ is to the believer. Through the Sabbath, God designed that the believer and Christ should be very closely linked together.

More than that: Each and every redeemed child of God will remember God's great love and creative power down through the ceaseless ages of eternity. We read something of this beautiful thought in the book of Revelation as John foresaw the saints praising God in Heaven, "Thou art worthy, O Lord, to receive glory and honour and power: for Thou hast created all things, and for Thy pleasure they are and were created." Revelation 4:11.

The Sabbath will forever be an integral part of the worship of the saints. Lest we forget—if that were possible in heaven—our minds will be centred upon the Creator who made all things, and the same Creator who by His same matchless power, delivered us from the chains and shackles of sin. We will never forget the tremendous blessings of creation and redemption, for we read, "For as the new heavens and the new earth, which I will make, shall remain before Me, saith the Lord, so shall your seed and your name remain. And it shall come to pass, that from one new moon to another, and from one Sabbath to another, shall all flesh come to worship before Me, saith the Lord." Isaiah 66:22, 23.

The Sabbath, which is the memorial of God's creative power, will never cease to exist. When this world of sin and

fear gives way to that blessed day of God's tomorrow, the fact upon which the Sabbath institution is based, will still remain; and those who shall be permitted to live in the new earth, will still commemorate the creative power of God, while singing the song of Moses and the Lamb. (See Revelation 15:3.)

Regardless of the day—Friday, Saturday or Sunday—which man may observe as the Sabbath, there will be but one day which will be observed throughout eternity.

Someone has said, "Sanctification is the work of a lifetime." Yes, a holy life, today as always, is a full-time endeavour. Jesus leads each of His lambs to the fold only as the lambs are willing to be led.

When Queen Victoria first came to the British throne, the whole of India was not under British rule; and it was only during her reign that the Punjab became her possession. At that time the Maharajah was a mere boy. In order to show his allegiance to the Empress of India, he sent Queen Victoria the wonderful jewel, known as the Koh-i-noor diamond. This magnificent offering was placed in the tower of London, among other carefully guarded crown jewels.

Some years later, when the Maharajah was a grown man, he paid a visit to England, and went to Buckingham Palace, to pay his respects to the Queen. He was taken to the state apartments, and after bowing to Her Majesty, he requested that he might be allowed to see the Koh-i-noor. Greatly wondering at his request, the Queen, with her usual kindness and courtesy, gave orders that it should be brought under armed guard, and shown the Maharajah.

After a little time the priceless jewel was brought in, and presented before the young Indian prince. Very reverently he took it in his hands, and walked over to the window, where he examined it carefully. Then, while the onlookers gazed in wonder, he turned and knelt at the feet of the Queen, saying with

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The HOW of a Happy Marriage

The Wife's Responsibility

By HAROLD SHRYOCK, M.D.

THE WIFE as well as the husband has a responsibility in maintaining happiness in the home. One of her obligations is to cultivate neatness. Admittedly, the work of home-making is strenuous and a wife just naturally becomes weary. With weariness comes the temptation to become careless. Neatness has a magic of its own, however, and repays the extra effort that it requires by the sense of well-being which it imparts. A few moments spent in maintaining personal neatness, makes a wife the more attractive, especially to her husband. With this, he is more appreciative. And, as he expresses appreciation, the wife receives that mystical stimulation which enables her to forget fatigue.

Neatness in maintaining the home as well as in personal appearance has similar magic results. When the home is untidy, the entire family seem depressed and indifferent. But the husband is generally willing to sacrifice for the home that is always neat and attractive.

There is a delicate line beyond which a wife cannot safely go in administering the affairs of the family. I refer to the he-man peculiarity in which a man resents his wife's intrusion into those affairs which he instinctively feels are "for men only." Admitting that a wife's capabilities are fully equal to those of her husband, she should still focus her attention on those phases of home life which are feminine. A man prides himself in being "head of the house." He resents his wife's attempt to "wear the pants." He is on guard lest he be beat at his own game. So, when it comes to ordering repairs on the car, to arranging for the removal of an old tree in the yard, or to negotiating real estate transactions the husband is convinced that these and other similar functions should be carried on only with his knowledge and consent and, preferably, by his personal arrangement.

Another pet peeve which a husband reserves for himself is nagging. Usually a husband and wife disagree on their definition of nagging. What the husband calls "nagging," is merely, "offering a suggestion."

As far as the wife is concerned, her suggestions are prompted by a sincere interest in the affairs of the home. She does not mean to rob her husband of his status as "head of the house." She is naturally and properly jealous for the

continued success of the family enterprise. It may even be that she revels, just a bit, in having attracted so fine a husband and, therefore, wants to demonstrate to herself and others that he is really hers and that she is at least a co-partner. If the wife could understand the background of her husband's resistance to anything that approaches nagging, she would surely desist in the interest of cordial relations. Every husband was once a boy. And when a small boy, he naturally and properly followed the instructions given him by his mother. But there came a time in his experience when he began to take pride in the approach of manhood. About that time, he was "off the girls" and everything feminine. He even became somewhat resentful of his mother's attempts to direct his life. He became fearful that the fellows would tease him about his mother's apron strings unless he made sure of his emancipation.

A husband's over-protection against the possibility of a nagging wife is a carry-over from that period in his early teens when he deliberately tried to emancipate himself from feminine influences. When his wife becomes too solicitous or too explicit in her directions, he hears, as an echo in his memories, the voice of his mother calling him home from the vacant lot. And, grown man that he is, he still resents it as much as he used to fear the taunts of his teammates when they would say, "Mama's calling you. She wants you to do the dishes."

A consideration which is even more important is the policy a husband and wife follow in maintaining personal fidelity. The husband who is really appreciative of his wife and who prizes the happiness of his home will take reasonable precautions to make sure that she never has reason to doubt his faithfulness to her. He will, of course, abstain from all kinds of alcoholic drinks for the effect of alcohol is such as to relax a person's standards of propriety. He will abstain from remarks and from jokes that cast any reflection on the sacredness of marriage. He will avoid being alone with another woman even though it may be for perfectly honourable reasons. He will show his wife the courtesy of keeping her informed on his goings and comings and of his approximate whereabouts. If it becomes advisable for him to show appreciation to his



W. I. R. PHOTO

Marriage is a co-operative business. Both the husband and wife must invest understanding, unselfishness and tolerance with each other's faults.

secretary, he will ask his wife to present her with an appropriate gift. He will even run the risk of being misunderstood rather than to allow another woman to engage him in conversation about intimate matters or to confide her personal troubles. He will be friendly to all but consistently formal in his dealing with women other than his wife.

Similarly a wife owes it to her husband and to the good name of their home to take consistent precautions against questions that might be raised about her loyalty to her husband. She should never confide personal matters in another man, even a relative. She should not allow a man to call on her at home when she is alone though his errand be one of business. Should she observe that any man seems to be personally attracted to her, she should mention this promptly to her husband.

When a man and woman choose each other for life companions and establish their own home, their home should be a separate unit, and except for their own children, they should permit no one to enjoy its seclusion. A young husband and wife should preferably not make their home with the parents of either. They should not allow an unmarried brother or sister to live with them in their home. They should studiously

cherish the sacred bond of confidence that exists between them and guard it as their most precious and priceless asset.

When properly appreciated and consistently guarded, the state of matrimony becomes the greatest source of human happiness. The methods of cherishing this greatest of all assets are not mysterious and complex. Even though the price is high and the payments are perpetual, the rewards are great and the resulting happiness continues throughout life.

Note: This is the second of four articles by Dr. Shryock on "How to Make the Marriage Work." The third will appear in the March Signs—Ed.

A Sign of Redemption

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great emotion in his voice: "Madam, I gave you this jewel when I was too young to know what I was doing, I want to give it again, in the fulness of my strength, with all my heart and affection and gratitude, now and forever realizing all that I do."

What a beautiful parallel we may read in this story! You may have always heard about the Lord Jesus, who loved you and gave Himself for you. You may have known Him all your life; but will you now, that you are old enough to understand what you are doing, like this young Maharajah, kneel before Him and give Him your heart and life? For, remember, the same Jesus who created this earth in its original beauty, is able by His same creative power, to give you a new heart.

Bible Answers

(Continued from page 5)

doing that He gave His only begotten Son to redeem all who would be redeemed from the curse of sin and the bondage of Satan. That "whosoever believeth in Him (Jesus) should not perish, but have everlasting life." John 3:16.

Do you think there are any circumstances under which God would excuse disobedience?

I know of nothing in the Bible that so indicates. God is greater than any circumstances. He is able and willing, in response to faith and the will to obey, to come to the tempted one's help, and He has so promised. He has said that He will permit no temptation to assail man that is stronger than that man is able to bear, but that He will with the temptation prepare a way of escape. He will open a door that the tried one did not see. But God requires faithfulness and perseverance in obedience.

Some worry about food and clothing, but God says this: "Therefore take no thought (that is, no anxious thought or worry), saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? (For after all these

things do the Gentiles seek;) for your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you." Matthew 6:31-33.



EDUCATIONAL CURIOSITY

By M. Louise C. Hastings

LITTLE Olive came running to me with a perfect dandelion head gone to seed. "What is it?" she asked. When I told her, I said, "I'll recite you a verse about it.

'I think there is a gold mine
underneath the grass
For dandelions are springing up
everywhere I pass;
But if you wish to pick them
you'd better not delay
For soon they'll turn to silver, and
then they'll blow away.'

Her eyes were bright. "Now play you are the wind and blow the seeds away," I said. She blew and laughed with delight. How lovely it is to enjoy such things with little children!

One day the "neighbourhood gang" appeared at my back door with a turtle. "Do you know what kind this is?" one of them asked. I brought out my books and we identified it as a spotted turtle. "What will he eat?" "What can we feed him?" came the questions. We consulted another book. "He will eat meat," I said. "Why not try a little Hamburg steak?" And off they went.

What mothers have to go through when the collecting of Nature's secrets begins!

"Mother says we can't keep these snakes in the house," said Kenny. "No," one of the girls answered thoughtfully, "I wouldn't think so." When next I saw the boys, I asked, "How are the snakes?" "Oh, they all got away, and the lizards as well, and the turtle," I was told, and off they started on further fascinating investigations in the woods.

When a mother has a background of nature love and nature lore she has a wonderful opportunity to interest, not just her own family but, the other children in the neighbourhood, too. Her knowledge opens to them a new world, and if they are allowed to ask questions, and they are answered intelligently, the children have an educational advantage,

which some day they will recognize and appreciate.

Mothers who are thus sympathetically inclined would do well to form a little Nature Club for the neighbourhood children and have a regular day each week when one of the mothers will take them on a walk in the woods, or along the brookside, or through the fields. With a picnic lunch thrown in such walks will draw continued interest. All sorts of things can be collected. If the mother presiding one week does not know all the bits of nature collected, let her never be discouraged. Another mother may know, and there are always books. It does the children no harm if every specimen is not identified until the books are consulted. This makes them familiar with nature books, and as they grow older they will want to use them. I have noticed how interested some of the boys and girls who visit me on my back porch are in my nature books.

It is a good idea, however, for the mother to know her subject somewhat before she suggests various things for the children to do. Billy was busy digging up a pailful of mosses. He showed them to his little friend, Janet, and her mother. "Those will look pretty set close to your mother's pansies, won't they?" said Janet's mother. Billy thought he would surprise his mother and, without consulting her, carefully planted them. They did look very pretty. Several days afterward, however, Billy's mother said to Janet's mother, "Did you hear Billy crying the other day? He had brought home some moss and planted it all around my lovely pansies. I made him dig it all up. The earth on moss is acid and I could not have it around my pansies!" Explanations followed, and Janet's mother decided she would be more careful in how she made suggestions regarding things about which she knew but little.—National Kindergarten Association.



The DOCTOR'S VOICE



Send your health queries to the Doctor's Voice,
Box 398, Oshawa, Ont.

Backache

I have pains in my back from very low down up to about six inches from my waist. The pains sometimes go into my hips, thighs and legs, and the entire area is very tender to touch.

Backaches are most often due to the strain of a ligament or to associated disorders of the several joints in the lower back. It is only rarely that pelvic disorders are associated. X Rays of your back would show whether or not arthritis or congenital anomalies were present. Blood count and sedimentation rate would indicate whether or not rheumatism were present. Herniated intervertebral disks are fairly common. In these cases pain is characteristically referred down one or both legs, along the course of the sciatic nerve; that is, down the back of the thigh and then along the side of the calf to the foot. There is in these cases often a definite history of injury. The disk referred to is like a thick felt pad between the vertebrae—it may if it is displaced press upon adjacent nerve roots causing the pain. In these latter cases two or three weeks in bed on a firm mattress with boards underneath will often set things right. Thereafter the patient must avoid lifting anything heavy from a disadvantageous position. A general physical examination is always advisable.

Dizzy Spells

For several years I have been

troubled with severe dizzy spells, diagnosed as Menieres Syndrome. I have tried several medicines but nothing seems to help much. Please advise if there is any new treatment for this type of sickness.

Menieres Syndrome is benefited by a low salt diet, which would exclude meat and fish, and by taking nicotinic acid 50-100 mg. before meals and at bed time. The disturbance is apparently due to altered fluid pressure within the inner ear. Salt exerts an osmotic pressure so that if the salt content of the inner ear were increased, fluid would be absorbed and dizziness might ensue. Nicotinic acid causes a dilatation of small capillaries, with generalized skin flush. Presumably blood supply to the inner ear is increased thus favouring fluid exchange. Nicotinic acid is a vitamin, being one of the vitamin B complex. Known aggravating factors are the caffeine of tea and coffee, the nicotine of tobacco, drugs such as quinine and aspirin.

A newer method of treatment is to have a series of injections of streptomycin daily for one week under a physician's supervision. This knocks out the disturbing stimulation arising from the inner ear. I believe it would be a wise precaution to have the hearing checked by an E. N.T. specialist and to take the treatment under his direction. It is reported that the treatment gives permanent relief.

Parkinson's Disease

Does excess heat have an adverse effect on persons suffering from Parkinson's disease?

Yes. In cases of this kind the heat regulating centre seems unduly sensitive, particularly where drugs are being taken which dry up the secretions. Accordingly during hot weather, dry skin, lassitude, loss of appetite, may be indications of an impending heat stroke. Outdoor exercise during the summer months is discouraged on this account.

Epileptic Children

Should epileptic children continue with their education?

Dr. W. Lennox of Harvard has emphasized that unrecognized and untreated emotional burdens may interfere with drug control of seizures; and that even if seizure-free, the patient may remain unhappy and unproductive. He definitely believes that children should continue with their education, on the following basis. When the person's will requires his body to work and his mind to think, muscle and brain cells increase their output of carbon dioxide and lactic acid. The shift toward acidity of the brain tends to decrease its electrical activity and to inhibit seizures. In other words an active brain can combat its own illness. Where attacks are very mild there is often a lessening of frequency of attacks as the patient grows older. This is probably due to the effects of body hormones.