

REPORT *of* PROGRESS



FOR
SOUTHERN UNION CONFERENCE

AND
SOUTH-EASTERN UNION CONFERENCE

Vol. 3

NASHVILLE, TENN., FEBRUARY 9, 1909

No. 6

STRENGTH FOR THE DAY

If it costs me such efforts to conquer
The hasty or unkind word;
If at each faint breath of temptation
The depths of my spirit are stirred;
If I stumble and fall at each hindrance
When a Christian should conqueror be,
Dare I think, dare I hope, O my Saviour,
That I could have died for thee?

Dare I talk of the martyr's courage,
And the love that went smiling to death—
I, who fail in such simple duties,
Forgetting my hope and my faith?
Then a light broke in on my sadness,
These words brought comfort to me—
"Accepted in Christ," the beloved,
"As thy day, thy strength shall be."

—Anonymous.

AN UNPUBLISHED TESTIMONY

I HAVE a message to speak to the churches. If we are to make known the story of the cross in all parts of the world, our missionary efforts must not be allowed to weaken. They must be kept vigorous and strong. The efforts we put forth to dispel the darkness of error will always be proportionate to our faith in God, manifested in our obedience to his commandments. With faith and courage and hope we are to extend the knowledge of present truth. We have not always met, as we should, the obligations in missionary effort, that our knowledge of present truth places upon us.

The manifold wisdom of God has been displayed in the organization of his church in the earth for the representation of the truth in the world. In their zeal for the cause of righteousness, his servants are to reveal a faith that works by love, and purifies the soul from every slothful habit, a zeal that reveals itself in watchfulness unto prayer, humble heart-searching, a readiness to examine self, that they may detect their own defects of character, and avoid the evils of self-exaltation. This faith and zeal are essential or our labors for the perishing will weaken, and Christ will be disappointed in his church.

The powers of the Godhead have pledged their might to carry out the purpose that God had in mind when he gave to the world the

unspeakable gift of his Son. Every act of self-denial, every earnest surrender to God, is an element in God's design for the increase of the piety and zeal and earnest faith of his people. The Holy Spirit unites with the powers of grace that God has provided to turn souls to Christ. We are to labor as Christ labored for the salvation of dying souls. And as we work, our hearts are to be encouraged by the thought that every soul converted through our efforts will become another instrumentality in the work of recovering the lost. Guided by the same Spirit that led some one to work for him, he will take up the work and labor in the spirit of his Master.

Every professed believer in Christ will be tempted by Satan. "And many among them shall stumble, and fall, and be broken, and be snared (mark that word), and be taken." Notwithstanding all their knowledge of the Word of God, all their light, and their position as expositors of Bible truth, many shall "stumble, and fall, and be broken, and be snared, and be taken." The ruin of this class is certain. Then the charge is given, "Bind up the testimony, seal the law among my disciples."

A wealth of moral influence has been brought to us in the last half century. Through his Holy Spirit the voice of God has come to us in warning and instruction, to confirm the faith of the believers in the spirit of prophecy. Repeatedly the word has come, Write the things that I have given you to confirm the faith of my people in the position they have taken. Time and trial have not made void the instruction given, but through years of suffering and sacrifice, have established the truth of the testimony given. The instruction that was given in the early days of the message is to be held as safe instruction to follow in these closing days. Those who are indifferent to the light and instruction, must not expect to escape the snares which we have been plainly told will cause the rejectors of light to stumble, and fall, and be snared, and taken. If we study carefully the second chapter of Hebrews, we shall learn how important it is that we hold steadfastly to every principle of truth that has been given.

MRS. ELLEN G. WHITE.

JUNIOR READING COURSE

Lesson 5.—A Fragment of Life and Death

"Child Life in Mission Lands," pages 80-93.
Test Questions, page 94.

It would be well to note in connection with this lesson the biography of Mary Reed in the *Instructor* of Feb. 9, 1909.

Notes

EVILS OF THE HINDU RELIGION. There are many religions in India, but Hinduism controls over two hundred million people, which is about two thirds of the population of India. The Hindus believe there is one supreme spirit or god, called Brahma. Each being has an immortal soul, which after death must pass into some other form, such as an animal or plant, before it can return to Brahma. For this reason they worship water, stones, plants, trees, and animals, for in them they believe may be the soul of some of their ancestors. This belief makes them very kind to all animals. In Bombay there is a hospital in which sick and crippled horses, cows, dogs, cats, monkeys, and even snakes and insects are cared for. The people are very superstitious. Life is to them a desperate struggle to escape future suffering. No sacrifice is too great to win the favor of their gods. Some of the people stand for months, and even years, with their arms extended until they wither and become useless; others clench the hand until the nails grow through the flesh; while still others leap through sacrificial fires. They are waiting to hear of the Saviour who died to save them.

A VILLAGE in India consists of from twenty to one hundred compounds. These compounds are pieces of ground two or three rods square, enclosed by a high wall. Within this we find one or more mud huts, the number varying with the wealth of the owner, placed against the wall so as to leave a space or court-yard open to the sky in the center. The walls of these compounds join each other so that the entrance to the village is sometimes hard to find. There is usually a large tank in the center of the village, which is kept nearly full of mud and water. Here the people wash themselves and their clothing, here the cattle come to drink, and here the large, black buffaloes like to take their daily

bath. There are said to be more than five hundred thousand of these villages in India.

GAMES. Hindu boys are fond of play as are other boys, and have all sorts of games among themselves, such as marbles, kite-flying, top-spinning, etc. One of their games is to put a lot of sweets, parched rice, and other eatables into a paper bag, and hang the bag on the branch of a tree. Then, by turns, the boys being blindfolded, walk toward and strike at it with a stick. They often miss it, and this causes great amusement to their companions. When, however, the bag is at last open, its contents are divided among all taking part in the game.

NEW ORLEANS, LA.

MRS. SAXBY and myself were invited to take charge of the work in this city last April. But on account of a serious surgical operation that Mrs. Saxby was obliged to undergo at the sanitarium at Boulder, Colo., after we had started on our way, we were delayed in reaching this field until in September. I am glad to report that she is slowly but surely regaining her health and strength.

About the middle of October the workers began to come in. The last addition to our home of ten was the arrival of Sisters Lackey and MacDonald. They left last Sunday, Jan. 24, for Mobile, after a stay of nearly three weeks with us. They easily sold 1,300 of the *Bible Training School* in this time. They were an inspiration to both of the little companies here. We were certainly glad of their opportune visit to our city, and for all they were able to accomplish.

During the last four weeks, Sister C. H. Wilson has been able, under the blessing of God, to sell 900 copies of the special temperance number of the *Watchman*. The temperance issue is becoming quite active here. Many are very pronounced for or against the liquor traffic.

Sister S. E. Richardson returned to this city Nov. 9, and immediately entered upon her periodical work with her characteristic enthusiasm. She has since sold twenty-two hundred of *Life and Health* and the monthly *Signs*, especially the Christmas number. Frequently the same person will take both, each month.

During the last ten weeks there have been sold, including the special *Review and Herald*, nearly seven thousand of our truth-laden periodicals. We praise the Lord for this bountiful seed-sowing.

Iowa very kindly sent us a Bible worker, and paid her transportation here and her salary for one year. The West Michigan Conference sent us two young ladies to train for city work. Both were attending school at Berrien Springs. Their transportation and board for the first year were paid. We certainly appreciate these tokens of genuine interest in this needy field.

We have two trained, self-supporting nurses, one from Tennessee, and the other from Michigan.

We would be much pleased to have the canvassing phase of our work represented in our

mission. We have room for more workers in this large city. If any are impressed to take up this line of work, I would like to correspond with them at once.

We see evidences of growth in the finances and spirituality of both companies. We are desirous to reach that degree of consecration that will cause the windows of heaven to open in blessings upon our work.

We are certainly glad to be in this hard field. Our courage is good. The Lord has spoken good things of this city. Pray for the work.

W. H. SAXBY.

WORK FOR THE COLORED IN NEW ORLEANS

ABOUT two years ago I came to New Orleans to labor for the colored people. A sister was busily engaged holding Bible studies with some interested persons, and there was an active little company of white believers, which was organized with ten members in 1905. In two years its membership increased to twenty-one, with a small young people's society, using fifty *Watchman* per week in missionary work. Later three of the number entered the work elsewhere, several left the city, three left the faith, and another was laid to rest. This reduced our number of eight, and only two of these live in the county. I gathered our little force together, and we began work with the *Family Bible Teacher* on the envelope plan. None accepted the light, but in this way a goodly number were brought to a full knowledge of the truth, and were left without excuse. We looked to the Lord as did David (Ps. 121:1), and Ps. 120:1 expresses the result. We began work with the *Watchman*, gradually enlarging our club to three hundred a week. The Lord blessed us, and two sisters accepted the faith, took right hold of the paper work with us, and are having good success. Many thousand copies of the *Watchman* have been sold among the colored people here, and we are expecting a rich harvest of souls as the result. They are already beginning to produce fruit. We have had several accessions recently, which have increased our membership to twenty-four.

We are holding our meetings in the front room of our mission home, which is about thirteen by sixteen feet in size, but we will soon have to seek larger quarters. This will have to be done if we reach the class of people we desire to reach. We all think the time has come to establish a memorial to present truth among the 100,000 colored people of this great city. Some are to be reached with the message of the coming of the Lord in this generation, and there will never come a more favorable time to do it than now. Therefore we are praying that the way may open for us to secure a tent and good consecrated help as soon as the weather will permit.

No public meetings have ever been held among the colored people in this state. There are only two little torches burning among them, one here and one near Newellton. This torch was lighted by a faithful canvasser, who sold "Bible Readings" to them, five or six years ago. One of these books fell into

the hands of a local Free-Will Baptist, who tried to study it, but he followed the course of the man mentioned in Acts 8:31, requiring help. In April, 1907, I went to his assistance, and found him at his home reading his Bible, and trying as best he knew how to obey all of God's commandments. A few others joined him, taking the Bible as their guide. A little later I held a series of meetings with them, and the whole neighborhood was invited to attend. After a ten days' study, nine besides the elder's wife and two of his children decided to obey all the commandments of the Lord, and their little Sunday-school then became a little Sabbath-school. In July I baptized seventeen persons, including two children, after which they were organized into a Seventh-day Adventist church. The ordinances were celebrated, and the Holy Spirit was present in much power.

A mission school has been established, and is doing good work. Sister Stella Glasco is in charge. We have also a mission school in New Orleans under the management of Brother Clarence L. Campbell. It opened late last November with nine children, until the enrolment is now thirty-one. The people want schools, and are making good use of their opportunity. Their church membership has increased to thirty. Let us remember them at the throne of grace.

We want to hold a camp-meeting this spring at Baton Rouge, the capital of this state, when we hope to have the Newellton church with us. The brethren are beginning to plan for it already. Let us pray that our hopes may be realized, and that we may see good results.

A. C. CHATMAN.

NOTE.—Brother Chatman thought it was a pity that the weekly *Watchman* had been discontinued, but he promised to do all that could be done to make the monthly *Watchman* a success. He will be much pleased to know that we are to have a missionary paper, the *Gospel Sentinel*, and I am sure he will find that a greater field will be covered with this paper than with the *Watchman*, on account of its low price, for every church will be able to take just twice as large a club as they have been able to take in the past.

ALABAMA CONFERENCE TITHE

For the Year Ending Dec. 31, 1908

Mobile No. 1	\$235.37
Birmingham No. 1	770.19
Montgomery No. 1	311.75
Juniata	84.56
Elkwood	145.93
Huntsville	448.53
Marlow	236.62
Attalla	120.40
Birmingham No. 2	283.20
Montgomery No 2	214.95
Individuals	417.85
Citronelle	22.69
Mobile No. 2	93.13
Oak Level	97.57
Gadsden	50.39

Total

\$3533.13
HELEN MCKINNON, Treas.

We are responsible not only for what we are, but for what we might be.

NASHVILLE CHURCH MISSIONARY SOCIETY

Balance Sheet for Last Quarter of 1908

RECEIPTS			
Cash on hand Oct. 1, 1908.....	\$13.54		
Received on weekly payments.....	40.23		
Second Sabbath collection.....	6.85		
Individual donations.....	3.95		
Personal.....	1.60		
Thanksgiving collection.....	87.00		
Railway reading racks.....	.04		
Total cash.....	\$153.21		
DISBURSEMENTS			
<i>Watchman</i>	\$21.18		
<i>Life and Health</i>	6.40		
<i>Liberty</i>	3.25		
Tracts.....	8.00		
Church treasurer (Thanksgiving).....	87.00		
Subscription to <i>Watchman</i>75		
Alteration to church pulpit.....	6.30		
Proportionate share to book case.....	4.50		
Pigeon-hole rack for tracts.....	1.25		
Thanksgiving circulars.....	4.00		
Express.....	.60		
Stamps for letters and papers.....	3.00		
Paper, ink, envelopes, etc.....	.55		
Car fare.....	.75		
Wrapping paper.....	.20		
Cash Balance.....	5.48		
Net Worth.....	\$153.21		
Cash on hand.....	\$ 5.48		
Stock of tracts.....	13.17	Total.....	\$18.65
Total.....	\$18.65		

Balance Sheet for Nine Months Ending Dec. 31, 1908

RECEIPTS	
Received on weekly pledges.....	\$124.05
Special donations.....	23.05
Second Sabbath donations.....	29.60
Weekly collection.....	.45
Church expenses.....	3.25
<i>Life and Health</i>	10.42
<i>Watchman</i>	1.25
<i>Liberty</i>	1.75
Paper racks.....	.27
Personal.....	1.60
Thanksgiving collection.....	87.00
Total.....	\$282.78
DISBURSEMENTS	
<i>Watchman</i>	\$53.24
<i>Life and Health</i>	26.70
<i>Liberty</i>	9.95
<i>Life Boat</i>	1.00
Tracts.....	30.65
Donation to poor.....	5.00
Bible worker.....	24.63
Church expense.....	9.55
Reading racks.....	7.50
Book case.....	4.50
Pigeon holes for tracts.....	1.25
Thanksgiving circulars.....	4.00
Thanksgiving collection (treasurer).....	87.00
Subscription to <i>Watchman</i>75
Office expenses.....	11.58
Cash on hand.....	5.48
Total.....	\$282.78

Mrs. W. M. CROTHERS, *Missionary Sec.*

FISHERS OF MEN

THE most wonderful and sublime work ever given to mortal man is that of laboring for the salvation of his fellows.

The value of souls in the sight of God can only be known by the price he paid for their redemption—the sacrifice of his Son, Jesus.

And this sacrifice would have been made to save even one.

When Jesus called Simon and Andrew from their fishing nets to be his disciples, he said unto them, "Follow me, and I will make you fishers of men. And they straightway left their nets [their business] and followed him." The same call, given to James and John, met with the same response. Matt. 4:18-22.

To gain one soul for the kingdom of God will be worth more to us, and is a greater achievement, than the wealth of the world gained through any earthly enterprise.

Through the goodness of God we have the privilege of participating in this work; but its exalted character is not fully realized, nor is the privilege duly appreciated. Let us each leave our nets, become "fishers of men," and have an interest in the most profitable business and the greatest work in the universe. The eternal Father, the Captain of the host, and the angels of God are all interested in the work of gathering out of this world a people for the habitation of heaven. Deeper interest or greater love were not possible than that expressed in the death of the Saviour for fallen man. O that his professed followers might have more of the spirit of the great Missionary. Nothing earthly is more precious than even this life; how much more that eternal life which is in Christ Jesus, and which he has given unto us. Let us labor to bring men into touch with life by bringing them to the Lord, for he that "hath the Son hath life, and he that hath not the Son of God hath not life."

Of how little worth are the pleasures, the honors, the riches, and the occupations of this world. Why not become "fishers of men," and, working with Christ, prepare both ourselves and others for the world to come and the mansions above? Then, when Christ, who is our life, shall appear, shall we also appear with him in glory. J. F. BAHLER.

AN ENCOURAGING REPORT

THE following letter, received by a brother who sent its author the pamphlet, "Who Changed the Sabbath," should cheer his heart, and encourage others to sow the seeds of truth:—

"Some time since I received from you 'Change of the Sabbath,' and have read it through very carefully; and with the Bible understanding I already had, it has proved to me without doubt that Saturday is the real Sabbath. So now we will continue to observe it as the rest day of creation. We are thankful for the light; and while I am a farmer of moderate means, I want to give away some of 'Change of the Sabbath,' that others may have light on the subject. Please send one of the books in cloth and two in paper covers. I know of no one on the plains who keeps Saturday as their Sabbath; and if people will accept the little book, I will give more of them along as I am able. I have a family and could not act as agent, but I will sell at cost to those who wish to pay for the books."

CANVASSING REPORT
For Week Ending Jan. 23, 1909

Southern Union Conference				
NAME—	Book	Hours	Value	Deliv'd
ALABAMA CONFERENCE				
W G Ringgold.....	BFL	12	\$16 50	\$14 00
Hugh W Jones.....	H&H			
M L Ivory.....	BFL	48	3 00	15 00
Mrs M J Shaffer.....	—	17	13 00	87 50
W C Wales.....	BFL	30		1 00
KENTUCKY CONFERENCE				
M Wheeler.....	BFL	38	25 65	17 15
M J Weber.....	BFL	38	35 50	2 00
LOUISIANA CONFERENCE				
A B Cheek.....	D&R BR	11	8 00	1 75
O F Frank 2w.....	GC	57	69 50	17 45
H C Brogley.....	CK	10		10 20
A Wood.....	BFL sofp	20	11 25	
TENNESSEE RIVER CONFERENCE				
H C Balsbaugh.....	sofp	33	40 00	8 15
R H Hazelton 2w.....	D&R	70	24 00	25 00
Mamie Moore.....	D&R	28	30 85	7 75
T J Pipkin.....	MOF N	28	20 00	50
RECAPITULATION				
Alabama Conference.....		107	32 50	117 50
Kentucky Conference.....		76	61 15	19 15
Louisiana Conference.....		98	88 75	29 40
Tennessee River Conf... ..		159	114 85	41 40
Totals.....		440	297 25	207 45

Southeastern Union Conference

CUMBERLAND CONFERENCE				
F B Sedore 2w.....	BFL	70	72 25	1 40
Fred Meister 2w.....	BFL	71	32 25	
G A Slade.....	D&R	35	11 70	2 35
E A Clarke.....	D&R	35	9 35	
W S Fulbright.....	D&R	36	12 70	
Miss Ada Woolsey.....	BFL	25	21 75	
FLORIDA CONFERENCE				
Gracie Hunter.....	BFL	40	10 50	1 50
R B Williams.....	D&R	16	3 50	
GEORGIA CONFERENCE				
Mrs E E Kurtz.....	NTP	10		7 60
Miss Emma Zook.....	NTP			16 75
Mrs R O Terry.....	D&R	23	25 40	1 50
Mrs A L Manous.....	D&R	1		1 50
Martin Grim.....	D&R	13	2 75	7 50
J A Kimmell.....	GC	10	11 00	3 40
NORTH CAROLINA CONFERENCE				
W H George.....	D&R	34	34 38	1 50
Neill Q Smith.....	CK	28	4 20	70
R L Underwood.....	D&R	39	61 00	15 50
M L Branch.....	CK	27	8 70	
W E Lanier.....	D&R	41	59 50	19 00
G L Kerley.....	D&R	39	9 75	25
T G Barksdale.....	CK	40	17 00	
SOUTH CAROLINA CONFERENCE				
Mrs E A Wing.....	D&R	15	10 15	17 90
J B Rise.....	D&R	5	5 00	7 50
Joseph Revans.....	GC	32	22 50	
G B Case.....	BFL	25	19 50	1 50
C E Sutton.....	BFL	29	42 00	6 00
J R Harden.....	BFL	33	17 50	7 25
Rose Lull.....	MISC	16	3 00	11 45
J A Woodall.....	BFL	43	65 45	1 90
W P Darnell.....	BFL	28	52 35	1 35
RECAPITULATION				
Cumberland Conference.....		272	160 00	3 75
Florida Conference.....		56	14 00	1 50
Georgia Conference.....		57	39 15	38 25
North Carolina Conf... ..		248	194 53	36 95
South Carolina Conf... ..		226	237 45	54 85
Totals.....		859	645 13	135 30

NEVER believe what people say against a book or your work, but what they say in favor of it, believe; then in most cases you will be right both ways.—*Lake Union Herald.*

THE canvasser needs daily to study his book, that he may have something fresh to feed the people. Two days was the longest that the manna was fit for use.

Report of Progress

PUBLISHED WEEKLY

By The Southern Publishing Association of Seventh-day Adventists, 24th Ave. North and Howard Street, Nashville, Tenn.

SUBSCRIPTION PRICE, 50 CENTS A YEAR

Editor: Mrs. W. M. Crothers

Entered as second-class matter, March 3, 1908, at the post-office at Nashville, Tenn., under the Act of Congress of March 3, 1870.

BY WAY OF REMINDER

CANVASSER'S institutes have been appointed in several conferences as follows:—
North Carolina, —, Feb. 5-17.
Kentucky, Bowling Green, beginning Feb. 7.
Alabama, Birmingham, March 4-17.

NOTICE

THIS paper is mailed each Tuesday. All matter, other than canvassers' reports, designed for publication in any special issue, should be in the editor's hands not later than the preceding Wednesday to insure its insertion.

A CORRECTION

IN the report of the Alabama Conference there was one name left out of those receiving ministerial credentials. The names should read as follows: A. J. Haysmer, E. Van Deusen, C. C. Webster, T. B. Buckner, and W. S. Cruzan.
HELEN MCKINNON.

INSTITUTE PICTURE

THE picture which Brother Waters took at the canvassers' institute in Birmingham, is fine. This picture shows the conference officers and the canvassers and delegates who were present. Those wishing one of these pictures can get it by addressing Brother W. A. Waters, R. F. D. 1, Box 10, Crichton, Ala. Price, 30 cents.
R. I. KEATE.

ALABAMA COLORED INSTITUTE

ALL our colored brethren who are canvassing and those thinking of taking up this line of work should plan to attend the canvassers' institute to be held in Birmingham church, March 4 to 17.

Elder Haysmer will be present and will preach at night. Brother A. F. Harrison, the general agent for the Southern Union Conference, and the writer will be present to conduct the studies in the canvassing work.

All who are planning to attend from outside Birmingham, please let me know so that all necessary arrangements can be made for them.

Brethren and sisters, pray for this institute.

My mail will reach me quicker by addressing me at Fort Payne.

R. I. KEATE.

JUNIOR READING COURSE

DEAR YOUNG FRIENDS: I feel sure you are all interested in the articles prepared for the Junior Reading Course, which are now going through this paper. These are notes on "Child Life in Mission Lands," and each member of the Junior Young People's Society should have a copy of this book for study. It is well illustrated, and may be had by sending twenty-five cents to the Southern Publishing Association, Nashville, Tenn.

THE NEXT GENERAL CONFERENCE

WE would again remind you that the next session of the General Conference will be held on the campus of the Foreign Mission Seminary, Washington, D. C., May 13 to June 6, 1909. This will be the most important conference ever held by Seventh-day Adventists. The cause has now reached into nearly all parts of the world, and missionaries from these regions will be at the conference with thrilling accounts of the work in their field. Far-reaching plans for finishing the work will be laid.

Comparatively few of our people can attend the conference, but all may be brought into daily touch with it through the excellent system that has been planned by the General Conference officers for reporting the proceedings. The *Daily Bulletin* will give a detailed account of the doings of the conference. This will be much more satisfactory to most of our people, especially to those who have known the real value of the *Bulletin* in the past. It was very much missed at the last meeting of the General Conference. As we have already stated, the price will be 50 cents for the session. Order through your tract society, or from the General Conference, Takoma Park, Washington, D. C. No order should be sent later than April 11. If you wish to get the full account of the conference proceedings, note the foregoing dates and instruction about ordering, and act accordingly.

MISSIONARY REPORTS FROM KENTUCKY

For Last Quarter of 1908

LOUISVILLE CHURCH

Visits ..	10
Talks on truth ..	38
Letters received ..	9
Letters written ..	5
Bible readings ..	12
Hours of Christian help work ..	5
Garments given away ..	47
One ton of coal ..	—
Provisions ..	\$3.45
Dry goods ..	3.00

LEXINGTON CHURCH NO. 1

Visits ..	28
Readings ..	8
Letters written ..	12
Letters received ..	16
Papers distributed ..	602

SCATTERED REPORTS

Pages of books and tracts ..	2080
Papers distributed ..	257
Bible readings held ..	25
Visits ..	50
Letters written ..	65
Letters received ..	20

MRS. J. L. BURRILL, Corresponding Sec.

LIFE AND HEALTH FOR FEBRUARY.

IN just a few words we wish to call your attention to the February number of *Life and Health*, a very practical health journal, which has proved itself very popular among the people. Its aim is to teach the well to remain well, and to help the sick to recover their health.

"Fresh Air," by Dr. Otis, is of vital interest. Among other things he says: "There is no one thing so potent to prevent disease, so effective to maintain general healthy action of the body, so powerful to heal sickness, as fresh air." He further calls it the "general panacea."

"A Faith that Works against Disease," by Dr. Harding, gives clearly the relation of faith to healing. The writer shows that only he whose faith is built upon the Great Physician can be sure of definite results; that faith is not simply a condition of the mind which reacts upon the human system, but a vital force which calls down the life from above.

Those who suffer with sore throat will find "Preventive Treatment for Sore Throat," by Dr. Ruble, most valuable.

The editor, Dr. Heald, has written two important articles: "Cancer: Its Cause and Treatment," and "Treatment of Tuberculosis." Articles of this nature are certainly opportune when each day is recording the ravages of these awful scourges.

Busy housewives will find many helpful recipes in Mr. Cornford's "Cooking Lessons," while every mother who has little children should not fail to read, "When Baby has the Croup," by Dr. Godsmark.

The needs of our children in our large cities are considered by Mrs. Parsons, the president of the International Children's Farm School League. She contributes an excellent article entitled, "Children's Gardens," showing the physical and moral uplift which came to hundreds of New York City's poor children as the result of their turning farmers on a plot of ground only 250 x 135 feet. Incidentally it shows what the league is trying to do for the children of the cities.

Agents will find the February magazine a rapid seller. If you have never done any work with *Life and Health*, let us tell you how. It's easy.

PRICES

Single copies, 10 cents; 5 to 20 copies, 5 cents each; 25 to 500, 4 cents a copy; 500 to 1,000 copies, 3½ cents; and 1,000 or more, 3 cents. Yearly subscriptions, \$1.00.

Address this office.

EVERY structure not of the Lord's designing will crumble; every work not authorized by him will come to naught; every plant that he has not planted will be rooted up. The triumph of truth and righteousness over falsehood and iniquity involves the removal from the kingdom of God of all things out of harmony with his purpose. He has promised that, and the day when that promise will be fulfilled is not long hence.—*Review and Herald*.