

REPORT *of* PROGRESS



THE SOUTHERN

UNION CONFERENCE

Vol. 3

NASHVILLE, TENN., APRIL 13, 1909

No. 15

"OUR thoughts are odors, and we cannot seal them

So close with actions but they will creep out;

And delicately fashioned souls will feel them,
And know them sweet or vile, beyond a doubt."



THE IMPORTANCE OF PHYSICAL CULTURE

MRS. E. G. WHITE

PHYSICAL culture is an important part of all right methods of education. The young need to be taught how to develop their physical powers, how to preserve these powers in the best condition, and how to make them useful in the practical duties of life. Many think that these things are no part of school work; but this is a mistake. The lessons necessary to fit one for practical usefulness should be taught to every child in the home and to every student in the school.

The place where physical training should begin is in the home, with the little child. Parents should lay the foundation for a healthy happy life. Life is not given us to be spent in idleness and self-pleasing; great possibilities have been placed before every one who will develop his God-given faculties. For this reason the training of the young is a matter of the highest importance. Every child born into the home is a sacred trust. God says to the parents, Take this child, and bring it up for me, that it may be an honor to my name, and a channel through which my blessings shall flow to the world. To fit the child for such a life, something more is called for than a partial, one-sided education, that will develop the mental at the expense of the physical powers. All the faculties of the mind and body are to be developed, and this is the work which parents, aided by the teacher, are to do for the children and the youth placed under their care.

Every mother should see that her children understand their own bodies, and how to care for them. She should explain to them the construction of the muscles and their use. Exercise is an important aid to physical development. It quickens the circulation of

the blood, and gives tone to the system. If the muscles are allowed to remain unused, it will soon be apparent that the blood does not sufficiently nourish them. Instead of increasing in size and strength, they will lose their firmness and elasticity, and become soft and weak. Inactivity is not the law that the Lord has established in the human body. The harmonious action of all the parts,—brain, bone, and muscle,—is necessary to the full development of the entire human organism.

The first lessons are of great importance. It is customary to send very young children to school, where they are required to study from books that which taxes their young minds. This course is not wise. Many children have been ruined for life by urging the intellect and neglecting to strengthen the physical powers. Many have died in childhood because of the course pursued by injudicious parents and school-teachers in forcing their young intellects, by flattery or fear, when they were too young to see the inside of a school-room. Their minds have been taxed with lessons, when they should have been kept back until the physical constitution was strong enough to endure mental effort. Small children should be left as free as lambs to run out-of-doors, to be free and happy, and should be allowed the most favorable opportunities to lay the foundation for a sound constitution.

The mother should be the teacher, and home the school where the child receives his first lessons; and these lessons should include habits of industry. Mothers, let the little ones play in the open air; let them listen to the songs of the birds, and learn the love of God as expressed in his beautiful works. Teach them simple lessons from the book of nature and the things about them; and as their minds expand, lessons from books may be added, and firmly fixed in the memory. But let them also learn, even in their earliest years, to be useful. Train them to think that, as members of the household, they are to act an interested, helpful part in sharing the domestic burdens, and to seek healthful exercise in the performance of necessary home duties.

It is essential for parents to find useful employment for their children, which will involve the bearing of responsibilities as their

age and strength will permit. The children should be given something to do that will not only keep them busy, but that will interest them. The active hands and brains must be employed from the earliest years. If parents neglect to turn their children's energies into useful channels, they do them great injury; for Satan is ready to find them something to do if their hands are left idle.

And the children should be instructed to take their exercise in doing something that will be beneficial to themselves and helpful to others. The exercise that develops mind and character, that teaches the hands to be useful, and trains the young to bear their share of life's burdens, is that which gives physical strength and quickens every faculty. And there is a reward in virtuous industry, in the cultivation of the habit of living to do good.

The approval of God rests with loving assurance upon the children who cheerfully take their part in the duties of domestic life, sharing the burdens of father and mother. They will be rewarded with health of body, and peace of mind; and they will enjoy the pleasure of seeing their parents take their share of social enjoyment and healthful recreation, thus prolonging their lives. Children trained to the practical duties of life will go out from home to be useful members of society. Their education is far superior to that gained by close confinement in the schoolroom at an early age, when neither the mind nor the body is strong enough to endure the strain.

The children and youth should have the lesson continually before them, at home and in the school, by precept and example, to be truthful, unselfish, and industrious. They should not be allowed to spend their time in idleness; their hands should not be folded in inaction. Parents and teachers should work for the accomplishment of this object—the development of all the powers and the formation of a right character.

Heaven is interested in this work in behalf of the young. The parents and teachers who by wise instruction accustom them to think of and to care for others, are helping them to overcome selfishness and to close the door against many temptations. Angels of God will co-operate with these faithful instructors.

Angels are not commissioned to do this work themselves; but they will give strength and efficiency to those who in the fear of God seek to train the young to a life of usefulness.

other, while the city was plowed like a field. Well might the Saviour weep in agony in view of that fearful scene."

JUNIOR READING COURSE

Lesson 13: "Christ Our Saviour," pp. 59-80.

The Good Shepherd

1. WHY is the title "The Good Shepherd" an appropriate name for Jesus? Does it inspire with courage?

2. Name five of Christ's wonderful miracles which prove his power to save to the uttermost.

Riding into Jerusalem

3. Why did Jesus at this time allow his disciples to show him kingly honors?

4. In the multitude surrounding the Saviour mention six classes of people who were evidences of his miracle-working power.

5. Note the result to Jerusalem of rejecting the Saviour.

6. Observe carefully the titles inspiration here gives for the Son of God.

Take These Things Hence

7. Contrast Christ's demeanor toward the priests and rulers in the temple court with that toward the sick and suffering who so soon occupied the place.

8. "Had the voices of those rejoicing children been silenced, the very pillars of the temple would have cried out in the Saviour's praise." Why?

The Passover Supper

9. Why was this the last Passover that was ever to be kept?

10. When was the Lord's Supper instituted?

11. What were the disciples taught by the lesson of feet-washing?

Notes

WEeping over Jerusalem.—As the triumphal procession reached the brow of the hill overlooking Jerusalem, Jesus beheld the city which had been his special care for more than a thousand years. The vision was before him of what she might have been—the queen of kingdoms, the mighty metropolis of the earth—had she but accepted her Redeemer. This picture of beauty fades from his sight and he realizes what Jerusalem now is in subjection to the Ruman yoke, and the terrible retribution which would be visited upon the doomed city. He saw Jerusalem encompassed with armies, the besieged inhabitants driven to starvation and death, mothers feeding upon the dead bodies of their own children, and both parents and children snatching the last morsel of food from one another, natural affection being destroyed by the gnawing pangs of hunger. He saw that the stubbornness of the Jews, as evinced in their rejection of his salvation, would also lead them to refuse submission to the invading armies. He beheld Calvary, on which he was to be lifted up, set with crosses as thickly as forest trees. He saw the wretched inhabitants suffering torture on the rack, and by crucifixion, the beautiful palaces destroyed, the temple in ruins, and of its massive walls not one stone left upon an-

LOUISIANA EXPERIENCE MEETING FOR MARCH

BROTHER S. C. SAXBY of Lake Charles has purchased a supply of tracts to distribute to his milk and butter customers. He says, "I cannot preach like others, but I must do something to spread the truth."

Brother Monroe Simons of De Ridder reports a new Sabbath-keeper in his neighborhood. Brother Norred of Hodge writes that his sister has begun to live the truth. Why not every Sabbath-keeper in the State go to work for his neighbors?

Brother Reynolds reports a splendid institute at New Orleans. He hopes that our sales of books will reach the \$10,000 mark this year.

A colored Baptist minister from Mystic, La., who has been keeping the Sabbath for a year, attended the institute in New Orleans, and will canvass for our books this year.

At Jennings Brother C. L. Collision found a good interest among the colored people. He sold a great many books among them.

Sister Bickham has been compelled to seek a different climate on account of her health. Let us all pray for her early recovery.

With their monthly reports the following workers send words of good cheer, as follows:—

Sister Frances Goodwyn: "I have seen the goodness of God strikingly manifested toward me since and during my last illness." She writes of one reader who is keeping the Sabbath, and another who is deeply interested.

Sister Wilson: "We have had some bright experiences in the last month."

Sister Edna Walker: "The longer I stay the better I like the work here."

Sister Young: "I am of good courage, and the outlook is good."

Brother McLennan: "I have twelve readings a week. I am of good courage in the Lord."

Elder Saxby reports more workers in the Mission and everything onward.

All reports show good work being done.

Sister Rees' work for the Sabbath-school is resulting in larger contributions to missions.

Mrs. Lenora Maxwell in Hammond, and Mrs. S. E. Richardson in New Orleans, are selling hundreds of our good papers each month.

The second-Sabbath readings are being sent to all the isolated ones. Good letters are being received from them.

Now a good long pull to reach to camp-meeting. "In union there is strength."

E. L. MAXWELL.

NASHVILLE SANITARIUM

In another column we have begun a series of articles on the origin and early history of the Nashville Sanitarium. The articles following the one in this week's issue will be very interesting.

Several new patients have registered at the Sanitarium since our last report. A number have returned to their homes very much improved and well pleased with their stay with us. We are very thankful for this, for the best kind of advertising is to send people home well and satisfied.

Elder A. J. Haysmer spent the afternoon with us Sunday, April 4, and preached to the patients and family Sunday night. We appreciated Elder Haysmer's visit very much.

The May number of the WATCHMAN will contain half a page "ad" of the Nashville Sanitarium, showing a beautiful illustration of our building. You will certainly want to distribute a large number of this excellent paper, and be sure to show the people our Sanitarium advertisement.

Here is your opportunity to take the nurses' course. The Nashville Sanitarium offers a complete course of three years, with plenty of opportunity for practical work. We will start a new class June 1, 1909, and would like to hear from all those who would like to enter this class.

B. W. SPIRE, Manager.

EARLY HISTORY OF THE NASHVILLE SANITARIUM

For some time we have felt that it would be very interesting to our people to know something of the origin and early history of the Nashville Sanitarium. The humble beginning, the rich experiences, and the progress this work has made amid so many difficulties, should inspire us all with unbounded confidence that God's hand was in this work from the beginning, and that he has an important work for this institution to do.

The following is taken from an address by L. A. Hansen in the Tabernacle at Battle Creek, Mich., May 28, 1904:—

"It is now seven years since Mrs. Hansen and I went to Nashville to begin medical missionary work. We did not go in response to a demand on the part of citizens who had raised a fund to establish a branch sanitarium, as has been the case in some places; we went in response to the earnest appeals from Sister White in the *Review*, calling for workers to go to that 'most needy and sadly neglected field in the world.' In these appeals it was stated that medical missionary work would afford the best means for gaining entrance to the people, breaking down walls of prejudice, and opening the way for other truths and other lines of work. We have found this to be indeed so in our experiences, and I will speak of some things along these lines, not to call attention to individuals connected with the work, but to glorify God for his many providences.

"When we went to Nashville, the only representation there was of our work in any way was a small but faithful company of believers. There was not anything there in the way of a sanitarium interest. Of course we did not foresee the future development of the work in that city. We did not know that it was to be a center of the work in the South. But it seems now, as though the Lord was leading out to have the first steps taken in

establishing an important center. Not long ago Elder Butler stated, in conference, that when they began the publishing work, they found among the citizens a good welcome and a friendly attitude, due, he thought, to the influence of the sanitarium work that had been done.

"We began our work by house-to-house visits, first calling on the physicians to let them know we were prepared to give treatment at residences. This gave us entrance to some leading homes in a manner that made us many good friends.

"The success of this house-to-house work was such, by the blessing of the Lord, that it soon created a demand for treatment rooms. We had no means with which to start, but the Medical Missionary Association advanced us three or four hundred dollars, and in one way or another we were able to fit up a very humble beginning. This, however, was the beginning of a good work, that has gradually grown until now it is recognized by our brethren and sisters as being an important enterprise in the advancement of the truth.

"It was particularly the great need that made an opening for the work. There were many sick people. There were many who needed instruction in the principles of health. Wherever there is such a need and there is some one who can give the help needed, there you can begin medical missionary work. There was plenty of need, and only two of us, so we had all that we could do. We have had no time up to the present to sit down and take our ease. We have never had to sit in our office chair waiting for something to turn up.

"Our city treatment rooms began, as I say, very humbly. We had but few facilities, few furnishings, not even matting to cover our floors. But people seemed to bear with our poverty, and recognize that we had something that did not consist altogether of facilities. The work advanced from one thing to another. We opened a food store and supply department, from which we ship foods and sanitary supplies to all parts of the South. We had to enlarge our quarters from time to time. A dining-room was opened to the public.

"The influence of this work from the very beginning has been to break down prejudice. As you know, Tennessee was at one time the hot-bed of Sunday legislation and persecution of Seventh-day Adventists. We had to meet much unfavorable sentiment. But as we have been enabled to reach all classes of people in a way that answered their needs, walls of prejudice, thick and high, have been broken down."

(To be continued.)

PROGRESS IN VICKSBURG, MISS.

I AM thankful to say the work at this place is progressing. During the week of prayer the Lord came very near. I have received many blessings from our Father. I wish ev-

It is time your order for the "General Conference Bulletin" was in. Send 50 cents to-day to Mrs. W. M. Crothers.

eryone could have witnessed the deep work of the week-of-prayer week, and understood its meaning. Truly our Father in heaven knows what is best for his children. As we draw nearer and nearer to him, we become more and more like him and can understand him better.

The children's lessons, led by experienced members of the church, were good, and the spiritual discernment of the children excellent. During the meeting an invitation was given to the young people, and every one came forward and gave themselves to God, testifying, and asking help from the One who is willing and able to give. The Lord has begun a good work among the children. Help us with your prayers that he may finish it. I know he is able.

At the close of the Sabbath we had a shower of the Holy Spirit. The church seemed to recognize that many opportunities had been lost, and covenanted to be ready and waiting to be used at all times, as the Master hath given instruction, Go work to-day in my vineyard, and I will pay you your wages.

MRS. H. A. CONSTANTINE.

NASHVILLE CHURCH MISSIONARY SOCIETY

Balance Sheet for First Quarter of 1909

Receipts

Cash on hand Jan. 1, 1909.....	\$ 5.48
Received on weekly pledges.....	35.56
Morning Watch Calendar.....	2.20
General Conference <i>Bulletin</i>	18.50
Thanksgiving Offering.....	21.85
Donations ..	2.20
Subscription to <i>Liberty</i>25
Sales of <i>Watchman</i>	5.40
Sales of <i>Sentinel</i>	5.00
Donation to Brethren Rogers and Crawford ..	41.83
Second-Sabbath collection.....	3.20
Subscriptions to <i>Protestant Magazine</i> ...	3.60
Subscriptions to <i>Review and Herald</i>50
Total ..	\$145.57

Disbursements

Morning Watch Calendar.....	\$ 3.00
<i>Life and Health</i>	7.60
Conference <i>Bulletin</i>	18.50
<i>Protestant Magazine</i>	3.70
<i>Watchman and Sentinel</i>	19.38
<i>Liberty</i> ..	5.05
<i>Youth's Instructor</i>	2.20
<i>Review</i> ..	.50
Thanksgiving offering (church treas.)..	21.85
Bible worker (church treas.).....	5.00
Money sent to Brethren Rogers and Crawford ..	41.83
Pamphlets, books, and tracts.....	8.25
Part expense of set of Testimonies (church library).....	3.00
Expenses of office.....	3.90
Cash balance.....	1.81
Total ..	\$145.57

M. H. CROTHERS, Church Missionary Sec.

You intend to have the "Bulletin"? Then order it right away.

CANVASSING REPORT
For Week Ending March 27, 1909

Southern Union Conference

NAME—	Book	Hours	Value	Debit
ALABAMA CONFERENCE				
I W Peavy.....	BFL	22	25 00	
W C Wales.....	BFL	1	2 00	1 00
Carl Matthews.....	BFL	6	6 00	
K Skidmore.....	—	41		2 50
R L Lindsay.....	BFL	18	31 00	
D F Rans.....	—			49 15
Bessie H. Rans.....	MISC	10	15 50	9 25
KENTUCKY CONFERENCE				
M J Weber.....	BFL	35		76 00
M Wheeler.....	D&R	45	75 75	11 80
Mrs A Reynolds.....	BFL	40	31 75	3 25
Charlsey Allran.....	BFL	41	31 50	2 00
H C Carmichael.....	—	23	23 50	
H E Beck.....	—	47	34 85	6 75
LOUISIANA CONFERENCE				
A B Cheek.....	D&R	43	29 00	9 00
O F Frank.....	GC	25	33 25	11 00
E Booth.....	CK	30	38 75	12 15
G S Rogers.....	D&R	20	13 25	75
H C Bagley.....	GC	52		21 35
C L Collison.....	D&R BR	41	76 35	54 35
J N Steel.....	GC	23	15 25	2 25
Wm Olmstead 2w...MofN		76	64 75	12 75
Jno Harzman 2w...MofN		97	37 25	10 50
MISSISSIPPI CONFERENCE				
J S Fry.....	D&R	46	78 50	8 50
A C Maddock.....	D&R	43	25 25	3 00
W H Haddon.....	MofN	19	5 40	8 20
H G Miller.....	BFL	25	12 55	4 85
Virgil Smith.....	DofA	48	54 25	2 25
Emily Billops.....	BFL	50	22 00	19 16
Celestia Wilson.....	BFL	22	8 25	3 55
Mary Mundy.....	BFL	13	5 10	7 00
TENNESSEE RIVER CONFERENCE				
C H Chenault.....	D&R	57	60 25	7 50
F J Fry.....	BFL	15	12 40	
Carrie Goldcamp.....	BFL	19	12 35	
R H Hazelton.....	MISC	25	14 00	9 90
M E McCaughan.....	BFL	19	19 00	
J S Moore.....	D&R	49	19 95	20 30
Mamie Moore.....	D&R	27	42 05	2 75
Ben Romines.....	BFL	24	1 00	71 35
Chas Romines.....	D&R	24	3 50	103 50
Wm J Keele.....	WATCH			19 50
SUMMARY				
Alabama Conference.....	98		79 50	62 90
Kentucky Conference....	231		197 35	99 80
Louisiana Conference....	407		307 85	124 10
Mississippi Conference...	266		211 20	56 51
Tennessee River Conf...	259		184 50	234 80
Totals ..	1261	980 40	578 11	

I USED to help my mother with the house-work, and it has always been my impression that no boy gets closer to his mother than the boy who can help her in her daily tasks; and no man can ever grasp the richest fruits of life who has not been close, very close, to his mother.—John Hay.

It will soon be too late to get the first numbers of the "Bulletin." "I can't get along without it."

Report of Progress

PUBLISHED WEEKLY

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Editor: Mrs. W. M. Crothers

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BY WAY OF REMINDER

THIS paper is mailed each Tuesday. All matter, other than canvassers' reports, designed for publication in any special issue, should be in the editor's hands not later than the preceding Wednesday to insure its insertion.

NOTICE

THE canvassers' institute announced for McKinney, Ky., to continue two weeks, beginning April 15, will be changed to Millidgeville, Ky., one mile from Moreland station on the Q. & C. Railroad.

C. F. DART, *Field Missionary.*

WANTED

TO CORRESPOND with a Seventh-day Adventist sister who desires a permanent home with family of two.

MRS. W. J. J. JORDAN.

Bowling Green, Ky.

THE SIGNS OF THE TIMES MONTHLY FOR MAY, 1909

THE May number of the *Signs of the Times Monthly* magazine is one of the best numbers ever yet issued. The illuminated cover design is very attractive. Following are the titles of some of the leading articles:—

The Great Controversy, by Mrs. E. G. White.

Evolution and Creation, by George McCready Price.

The Chapman-Alexander Movement, by Elder R. A. Underwood.

The Sabbath Question, by Elder C. L. Taylor.

The Seventh Chapter of Daniel, by Elder E. J. Hibbard.

The Emmanuel Movement, by Elder Geo. W. Rine.

Are You Willing? by Elder W. B. White.

True Divine Healing, by Dr. D. H. Kress.

Principles and Practises, Pagan, Papal, and Protestant, by Elder Geo. A. Snyder.

Bible reading on The Fate of the Wicked, by Elder John O. Corliss.

This number will contain a Religious Liberty Department, in which attention will be called to the Sunday legislation that has been dealt with by so many legislatures in the various States during the past winter.

Interesting articles will appear in the Home and in the Temperance Departments, as usual.

Agents Wanted Everywhere

Single copy, 10 cents; 5 to 25 copies, 5 cents per copy; 25 to 500 copies, 4 cents per copy; 500 to 1,000 copies, 3½ cents per copy.

Regular subscription price in the United States and Canada, \$1.00 per year, Foreign subscriptions, \$1.25.

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"SCRIPTURAL EVIDENCES"

The Most Practical and Comprehensive Help to Bible Study Ever Printed in Convenient Pocket Size

THIS little work contains all-told over 2,200 references, or an average of nearly one hundred twenty-five references to each of the eighteen subjects treated, exclusive of the chapter entitled, "The Holy Scriptures." The book contains over three hundred propositions, each of which is clearly proved by plain texts of Scripture.

The plan of the author has been to make the Bible its own expositor. In some cases, however, quotations are made from writers and scholars of recognized standing. The high character of the men quoted makes this feature of the book exceptionally valuable.

The unique arrangement of the general index enables the student to find instantly any text upon any subject treated in the book. The following letter from E. R. Palmer, Secretary of the Publishing Department of the General Conference, refers especially to this feature:—

"To-day I was greatly pleased to receive a copy of 'Scriptural Evidences,' by Elder W. M. Crothers, and particularly pleased to find it so beautifully bound. I showed it to Professor Prescott, and he expressed himself quite emphatically in favor of the unique arrangement. He thought the book would be very, very useful. I hope it may have a large circulation, and will do all I can toward that end."

This little book is not designed alone for the minister or Bible reader, nor yet for the student in school, but for everybody who is interested in Bible study to any degree. It is not a creed nor a confession of faith, and yet there is nothing better to put into the hands of the neighbor or friend who asks, "What do you people believe?" Those newly come to the faith should have it as a ready defense against the attacks of all who may try to overthrow them, and as an aid to the ready answer that is due all who ask the reason of our faith.

The book is attractively bound in two styles: English cloth and red leather. It is a convenient pocket size, 3¼ x 6 inches, contains 212 pages, and sells for 30 and 60 cents. Order of your tract society, or direct of the publishers, Southern Publishing Association, Nashville, Tenn.; Atlanta, Ga.; Fort Worth, Texas.

NOTICE

Tabernacle Training-School for Colored Workers

SEEING the need of trained colored laborers for active field-work, we have decided to conduct a laborers' training-school in connection with our Twentieth Century Gospel Campaign in the State of South Carolina during the present year. We are in a position to take individuals who are aspiring to become workers in the South into the Tabernacle Training-School, giving four months of practical field-work. The training will be given in such lines of work as will enable the laborer to meet the conditions in this peculiar field.

Instruction will be given in the following branches: Canvassing; how to distribute our denominational literature; how to give Bible readings; new methods of advertising our meetings; how to labor for those in large cities; how to care for tent and grounds; public speaking, taking notes; sacred music, anthems and gospel songs; how to manage tent campaigns; how to financier a tent effort; how to bind off the work after an effort has been made. Classes in these studies will be held daily.

We desire those who wish to secure a field experience, to write for other details. No one need to write who does not intend to become a worker in some branch of the message. Tuition free; board, \$4 per month, with lodging free. If an individual is industrious, board can be made by handling our literature during the campaign, thereby gaining the four months' experience free. Write at once before too many applicants are received. The campaign begins at Sumter, S. C., June 15.

SYDNEY SCOTT.

601 Green Ave., Greenville, S. C.

TENNESSEE RIVER CONFERENCE

Tithe for March, 1909

Memphis No. 1.....	\$381.88
Nashville No. 1.....	358.71
Nashville No. 2.....	32.03
Leach ..	23.96
Springville ..	9.64
Paducah ..	7.62
Jackson ..	4.28
Individual ..	.76

Total .. \$818.88

Offerings

Thanksgiving Ingathering	\$82.90
Foreign Missions	55.70
Religious Liberty	9.76
Sabbath-School Offerings	5.00
First-Day Offerings	3.70
Second Sabbath Offerings63

Total .. \$157.69

THOS. E. PAVEY, *Treas.*

PROMISE—prayer—performance are three links in the chain of blessing. If the middle link is missing, we have no right to expect the third.—D. L. Moody.

"Do it now."—Order the "Bulletin."