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# THE SLIGONIAN

VOL. VI

TAKOMA PARK, D. C., APRIL, 1922

No. 7

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**M. E. CADY, President,**

**Takoma Park,**

**Washington, D. C.**

# THE SLIGONIAN

VOL. VI

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No. 7

## IS IT WORTH WHILE?

JAMES E. LIPPART

THERE hangs on the walls in Edmonston's Studio (Washington, D. C.), a picture of a small newsboy sitting on a box, the "Herald" under his arm, his head resting on his hands and his arms in turn braced upon his knees, looking dejectedly at the cause of all his misery—some smoking cigarettes lying on the ground. Beneath the picture is the caption, "What's de use?"

How many students have ever felt or looked like that little chap? Few possibly in similar circumstances. What student has not retired to some quiet nook, braced his head in his hands, breathed a few deep sighs, and from the depths of his discontent murmured, "What's the use?"

Maybe your conscience is lagging because your "college education" has interfered with your studies, or six weeks' examinations are looming up like a phantom in the distance. Probably an empty notebook stares you in the face; or again, you may be behind several themes in rhetoric, besides lacking several hours of history or literature reading. Wrapped in conjecture, with several large wrinkles of thought on your forehead, the question is tossed around in the mind—"What is the use of my sacrificing and slaving to obtain a college education? Why not get a job and have a good time?"

Viewed in the light of eternity you are not making a sacrifice, but for the sake of argument let us study this question and consider why.

Did you ever try to sharpen a pencil with a dull knife? It was a slow process, was it not? And again what a pleasure it was to get a sharp knife and to see the chips fly! A tree may be cut down with a dull axe, but a keen-edged one does the work quicker and with a less expenditure of energy. Now to complete the analogy, a Christian with an average education, consecrated to the Lord, can do a great work, but a well-educated Christian, consecrated to the Lord, can do a far greater work in a shorter length of time.

Contrast Peter and Paul for an illustration. Peter was an uneducated fisherman; yet the Lord used him marvelously for the salvation of souls, and on the day of Pentecost three thousand souls were converted. Now look at Paul, who probably had as good an education as any one of his day. There is no character in history who has done greater service for Christianity or humanity in general than Paul. The Lord did not call a fisherman for the work of a Paul, but one whose intellectual powers were equal to the gigantic task.

*(Continued on page 17)*

## AESTHETIC LABOR—ART

MARY GLENWRIGHT

ART—the outward expression of man's rational and disciplined delight in the forms and laws of the creation of which God has made him a part.

Art, which is aesthetic labor, is one of the most satisfying and pleasurable works with which man can occupy himself, because it is in some sense the manifestation of his ideals. It concerns itself with the expression of beauty in form and color. It is an evidence of man's enjoyment. Pictured on the canvas are seen the woodland pathways where man delights to stroll, the blue waters beside which he muses, and the angry waves which are synonymous of his own passions.

If you love art for art's sake or if you are tired of the sordid life around you, just step into our studio and get an inspiration from the pictures copied from nature.

Perhaps the members of the class in College Art will be sitting at their easels. As they apply their brushes you will see the erstwhile blank canvas or board a living tree, babbling brook, or peaceful homestead illumined with the brilliant hues of the setting sun or again it may be the laughing face of a child at play.

When these promising artists have twisted their tubes and laid aside their palets and are gone, we will look more closely at the studio itself. It occupies a room well-lighted on two sides, with blackboards on the remaining sides. Around the border of the blackboards is displayed the pictures made by the students.

In one corner is a cupboard containing vases, statues, plaster casts, clay models of fruit and animals and various objects, besides copies of famous pictures, and scenes from our own peaceful Sligo made by our teacher, Miss Spicer.

In another corner is a cabinet upon the top of which is built a cardboard doll house made by the Normal Arts class. We peep inside and we find it divided into four rooms all furnished with modern paper furniture. The floors are covered with paper rugs designed by some student in the class; the wall paper is also of an original design.

In still another corner a Japanese stand on which rests a vase containing a sprig of green suggests the idea for an object picture.

On the board perhaps we will find illustrated in colored crayon a Bible scene,—it may be the babe Moses in the bulrushes. As those in the normal training class tell the Bible stories, they illustrate them by pictures so the children whom they are going to teach the truth of God's word will be more vividly impressed.

Thus we find the art studio a workhouse where the implements used are brushes, oil and water color, charcoal, colored crayon and paper; a workhouse where one learns to appreciate the Master Artist's handiwork; a place where a training is received that will enable one to make the instruction of the children more entertaining and effectual.

## THE CRITERION QUARTET

SONGS from the Southland, songs from old New England, songs from across the sea were listened to by an enthusiastic audience when the Criterion Quartet from New York stepped briskly across the platform of Columbia Hall, Saturday night, March 19.

As an opening number the quartet sang "Carmeña" by H. Lane Wilson. "Sally in Our Alley" and "Annie Laurie" two old songs from England and from Scotland, were thoroughly enjoyed.

We were all glad to see Mr. Madison appear on the platform with his violin, and we were far from being disappointed when he played Concerto No. IX by De Beriot.

By general request the quartet sang several beautiful religious selections.

Among the encores was an original composition cleverly sung by the quartet. One could almost see the lively parade of boys as they sang "The Drum." Amid deep silence came the rat-a-tat-tat of the tenors and baritone and then the "boom" of the capable bass.

Mr. Young sang "Vale" by Russell, and "Before the Dawning" by Chadwick. After numerous hearty expressions of appreciation he sang that sweet old English melody, "Drink to Me Only With Thine Eyes," and his tender interpretation was appreciated.

As a closing number they sang that beautiful and well-known selection of Sullivan's "The Lost Chord."

The accompanist for the evening was Mr. Harold B. Hannum. His skillful and sympathetic accompaniments added much to the success of the evening's program.

## THE LANCASTER REUNION

MYRTLE BROWN

"In a quaint New England village  
Where the breezes come and go,  
Beautiful in balmy springtime  
Or winter's chilly snow,  
Nestles our own Junior College  
With its halls and classrooms dear,  
For its sake we love this village.  
And are glad we came from there."

THERE had been rumors for weeks, but one day the postman had an extra heavy load and the invitations came out. However it was not until Sunday evening, February 26, that anticipation met realization.

The gymnasium had been decorated to represent, as nearly as possible, the places about Lancaster so dear to every student. In one corner was Parker's Log Cabin, in another the rustic bridge at "The Meeting of the Waters;" and in still another the familiar old watering trough at the corner where we waited so often for cars to Clinton, and above it on the wall was the very suggestive little verse:

"Under a spreading ellum tree  
The village horse-trough stands  
And to most of us who've stood around,  
And talked or washed our hands—  
The place is dear  
For many a tear  
Because of friends who've said goodbye  
Even as you and I."

(Continued on page 17)

## MEMORIES OF ACADEMIA

JAMES E. LIPPART

THE ANNUAL reunion of the students and teachers of Mt. Vernon College-Academy, and the residents of "Academia," was held in the college gymnasium, Wednesday evening, February 22.

The gymnasium was tastefully but simply decorated under the leadership of Mr. George Rapp. The refreshments, consisting of sandwiches, baked beans, salad, cocoa, cake, and Washington sundaes, were excellent, and to Mrs. Salisbury and her assistants belongs a great deal of credit in satisfying our appetites. After disposing of this repast we felt, as voiced by one of our after-dinner speakers, "too full for words."

An interesting program was given consisting of speeches, a recitation, and musical selections. Interesting reminiscences were given by Elder N. S. Ashton, president of the Ohio Conference; Prof. C. L. Stone, principal of Mount Vernon Academy; H. H. Votaw ("Uncle Heber"), superintendent of Federal Prisons; Evangelist James Shultz of Charleston, W. Va.; and Dr. Salisbury. Approximately one hundred former Mount Vernonites were there and it was the unanimous opinion of all that the occasion was a most pleasant one.

An encouraging thought about our Alma Mater, as brought out by several speakers, is that the great majority of students who have passed through her doors are actively engaged in the Lord's work—many filling positions of trust and usefulness not only in the homeland but in all parts of the earth. May our Alma Mater continue ever to be the strong factor that will give character to the work of God.

## OUR PRE-MEDICS

EUGENE CHAPIN

THIS course is one of the most important in the school, yet it seems many times as though it is the least heard of. It is not a separate department, as the work is taken in the various departments of the school.

The larger portion of the science classes are composed mainly of students intending to take up the study of medicine or planning to do medical missionary work. Last year a large class completed their pre-medical training here, the majority of whom are in Loma Linda at the present time.

The department of Physical Science is in charge of Professor J. N. Kimble, whose classes in physics and chemistry are known to be among the largest and most interesting in the school. New equipment is being continually added to this department. The department of Biological Science under Professor G. F. Wolfkill's enthusiastic guidance has been completely rearranged and equipped for efficient work.

If one of W. M. C.'s old students were to enter the laboratory it would be with an exclamation of surprise. There are the well-constructed and beautifully finished dissection tables, a lecture desk of improved design, and a cabinet with separate lockers for the students' books and instruments. Then too, a new set of models and supplies used in the study of biology, zoology, and physiology has been secured.

The city of Washington contains institutions of learning which make it in itself the means of a liberal education. Here are situated the most important

*(Continued on page 23)*

## MISSIONARY DEPARTMENT

### WE HEAR FROM JAPAN

Yokohama, January 31, 1922

My dear Miss —

I WAS greatly delighted to receive your kind letter and a pamphlet which arrived here in good record time. I can assure you that it cheered my heart to receive them.

Allow me to give you a short account of my history in connection with the religion of Jesus. I trust to do so is not quite out of place.

I was born in a heathen family, my father being an atheist, and mother a buddhist. At the tender age of nine I first attended a Sunday school session which was conducted by an American lady. I can clearly remember the joy I used to feel in my small heart to hear the story of Jesus.

Seventeen years had passed since and I had forgotten all about Jesus, but your esteemed letter led me back to Jesus again. Although I am not a Christian, I belong to the membership of the Yokohama Young Men's Christian Association and I am deeply interested in your religion. I promise that I will read the pamphlet you kindly sent me and study the truth which it contains.

From the name of the school where you are receiving your education, I judge that Mr. William Y. Kamoda had given you my name. He is an old friend of mine. I am glad to know he is a Christian now. He is a young man with high and noble aspiration. He has always been an inspiration to his associates while here, and we all loved him much. I sincerely hope he is getting on nicely. We are all waiting for his return with great interest. Do not keep him in America forever, but let him come home, for we need him here. If this God whom you worship is the same God which my friend Mr. Kamoda believes, He surely must be the God worth worshipping.

It has been my greatest desire to come to America to get an education. I can assure you that America is the country of my admiration and the Americans are the nation of my adoration.

If you should ever come this way across the Pacific, please do not fail to let me know of your coming here. I shall take you around the city and show you many interesting sights of Japan. Japan is a country with many beautiful mountains, lakes and cherry blossoms; I feel sure that your visit

here would be one that you would long remember.

I have no doubt that you are doing a noble work; let me encourage you greatly in your endeavor.

Again thanking you for your nice letter written by your beautiful hand to your unknown brother in Japan,

I am yours very cordially,  
Good-bye,

### DOES IT PAY?

RUTH LESLIE

**P**ARDON me, but aren't you a Missionary Volunteer? And may I ask your name?"

"My name is Alice Walters. Indeed I am a Missionary Volunteer!"

"Well, the reason I ask this is because I saw you hand a couple of papers and tracts to the lady across the aisle when she boarded this train at Baltimore. I am a Seventh-day Adventist, and my name is Myrtle Jackson. I am supposed to be a Volunteer myself, but this is the first time I have seen any one really do the work of the King's Pocket League. Won't you tell me a little about your work?"

"Oh, it is a broad work, Miss Jackson. As leader of the Correspondence Band, which is a real live wire in the Missionary Volunteer Society at Washington Missionary College, thirty-five of us are corresponding with 266 people all over the States, also across the Pacific. Since the last of October we have written 108 letters, mailed 1,859 papers,—that is "Present Truth," and 893 "Leaves of Autumn." Answers have been received from about twenty-five of these. But if you could just

read some of these letters, I'm sure you would feel as though it wouldn't be one bit of trouble to wrap at least ten papers every other week, and send them out on the wings of prayer and faith, that God would touch hearts searching for light and truth."

"Oh, Miss Walters, you do make me feel so ashamed of myself! My home is in Collegeville, and I have attended school there for several years, and as a student I find myself absorbed in my studies all the time. Really to tell the truth, I have no time to strengthen my spiritual life."

"Here is a letter we received from the home field. This man says: 'I wonder if I told you that you have helped and encouraged me, and set me to thinking more earnestly than ever before. You are surely engaged in a glorious work, the only thing in life that really counts. The papers you have been sending are doing more good in our family circle than you realize. Your last letter set me thinking on points that I had either forgotten or never knew. Yes, it is the individual personal surrender of oneself to Jesus that counts. The copy of "Present Truth" you sent me, and "What Must I Do to Be Saved?" I would like more of, to distribute among my friends. I would be glad to buy a number of them.'

"Here is what a traveling salesman writes: 'Your pamphlets, many of which my wife forwards to me, are read over and over again. We certainly enjoy them. My Christian life has been like the tide of the ocean, sometimes I walk close with God, other times with Satan.'

(Continued on page 26)

## HERE AND THERE WITH THE VOLUNTEERS

EDNA BRILL

OUR Foreign Mission Bands are progressing in their different studies of foreign friends to whom some day they hope to tell the wonderful story of salvation.

The work of the Ministerial Band has been conducted mostly in Bible Readings and in the band meetings every other Friday evening. The work of preaching has largely been taken up by the advanced students of the Ministerial Seminar. Besides this, meetings are being held wherever openings occur.

Our Christian Help Band is engaged in active work. Several of the members have visited some of the poor families living in the neighboring woods, have given them literature, and have also organized a colored Sabbath school.

Just recently one of the members of the Literature and Correspondence Band received a letter from a prominent Hungarian violinist of New York City. He expressed his appreciation for the literature sent him, and said that he would be glad to do his part in furthering this cause. How encouraging!

It is a great privilege to have members of the General Conference Committee come out to speak to our Young People's Leaders' Band regarding lines of service for the young people. The Young People's leader at the Capitol Hill Church sent a call for some college student to help increase the interest

of the young people of their church. The Young People's Leaders' Band filled the breach by sending one of its members. He is receiving a good experience and at the same time helping others.

Not very long ago the Missionary Volunteer Society meeting was conducted by the young ladies of Central and South Halls. The topic was "How to Spend Our Sabbaths." They had an unusually interesting program, and the sacredness of the Sabbath was impressed upon all.

In the talk on "Reform in Sabbath Observance," the thought was brought out that we should jealously guard the edges of the Sabbath. Remember that every moment is consecrated, holy time. It will suffer no loss if we take plenty of time for preparation that we may welcome the Lord's day with quietness of mind.

It is well to do good on the Sabbath day and to read that which will lift our minds to nobler and higher aspirations, such as reading the Bible.

An ideal way of spending the Sabbath is by visiting the sick and by writing missionary letters. These, with many other good thoughts, were brought out and were appreciated by all who had the privilege of hearing them.

This is just a glimpse of what our Missionary Volunteers are doing, and they have high hopes of accomplishing greater things in the future.

## WHY A W. M. C. GRADUATE?

WALLACE V. SMITH

WHERE shall I graduate?" is a question that should concern every young man and woman who has spent three years in college. The reason is obvious. Each and every one wants to finish at a college which will in fact as well as theory round off his college education. W. M. C. accomplishes such through its environment and competent instructors.

Capable teachers, Christian students and good equipment, are essential for an enjoyable senior year. Teachers are not sought of the elementary or mediocre type but men and women of character and purpose who, like Job, stand for right and love God; teachers who do not stop when you have a cleaned and polished exterior but help one to have a clean heart, and help one to get rid of ignorance, bigotry, laziness and self-contentment. We have such teachers.

We need students, senior students. What kind? Students who are full of work. This is a place where work is not only expected but required, and cheerfully given. College is not a place to lead a gay social life, but a place where one can develop socially, physically, mentally, and spiritually.

Although we need equipment, especially in our physical science laboratories, we are situated as no other denominational college is, to give abundant material for research or specialization in history, Bible, statistics, and education.

The Washington Sanitarium, the General Conference, the Review and

Herald Publishing Association, and the many advantages of the Capital of our nation all contribute toward making W. M. C. a highly favored college.

W. M. C. has a high standard of scholarship in order to help each student understand and value his own powers, and to teach him how to use them not only here but later in his life work.

Don't you want to be a graduate of W. M. C.?

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"Talent is too much idolized, and station too much coveted. There are too many who will do nothing unless they are recognized as leaders; too many who must receive praise, or they have no interest to labor. What we need to learn is faithfulness in making the utmost use of the powers and opportunities we have, and contentment in the lot to which Heaven assigns us."—*Selected.*

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"Success in any line demands a definite aim. He who would achieve true success in life must keep steadily in view the aim worthy of his endeavor. Such an aim is set before the youth of today. The heaven-appointed purpose of giving the gospel to the world in this generation is the noblest that can appeal to any human being."

—*Selected.*

## BEING HANDED A LEMON

R. BOYD JAMES

A LARGE majority of people have many peculiar ideas of the foreign fields in general, India included. The main reason for this is that missionaries on furlough often tell only one side of mission life. Many amusing questions are asked that show the impressions people have gained. Persons have asked many times what provisions are made for protection against the "savages" of India, or if the missionary has to carry arms, or have a bodyguard. But in all India the only dangerous places exist in the midst of the dense jungles, and the dangers are not from natives but from wild animals.

The foreign missionary does, however, have many amusing experiences and sees peculiar customs. The first impression he receives is the natural born curiosity of the native.

When we first went to South India, the natives, not having seen a white person before, pressed around us, examined our clothing and skin, asked innumerable questions about our families in general, how much money we had, what our salary was, and various other questions which to us in our homeland would have been considered an insult. Then they were not satisfied until they examined our suitcases and trunks and other paraphernalia, and understood how we got in and out of our—what seemed to them—complicated clothing.

One interesting custom is their method of greeting. After decking you out in flower wreaths and showering you with blossoms, the reception committee comes forward and presents

each member of the party with a real life-sized lemon. It's being "handed a lemon" proper, but it conveys a different meaning in India than in this country.

Another striking thing is the faithfulness of the converts in bringing in their offerings. As the members come to Sabbath school they place their offerings on the floor in front of the superintendent's table. Here will come one woman with a basket of rice, another with two eggs; others bringing garden produce, and a richer member may be seen coming with a squawking chicken as his offering to missions. So all through the mission life, incidents happen that brighten the life of the worker, but the greatest reward comes from the winning of souls to Christ and seeing the evidences of a change in the lives of the natives.

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"At every stage of development our life may be perfect; yet if God's purpose is fulfilled, there will be constant advancement."—*Selected.*

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"The value of courtesy is too little appreciated. Many who are kind at heart lack kindness of manner. Many who command respect by their sincerity and uprightness are sadly deficient in geniality. This lack mars their own happiness, and detracts from their service to others. Many of life's sweetest and most helpful experiences are, often for mere want of thought, sacrificed by the uncourteous."—*Selected.*

# SANITARIUM DEPARTMENT

## DR. MILLER'S RECENT TRIP

C. E. GARNSEY

DR. MILLER gave us the following interesting report of his recent trip which we are passing on to the readers of THE SLIGONIAN.

After several busy operating days, he took the midnight train to New York. The Temple church was visited, and as the service had already been arranged for, the Doctor contented himself with meeting friends and taking a quiet walk around the grounds of the Columbia University.

In describing the visit to the New England Sanitarium at Melrose, Massachusetts, he told us that it is a beautiful place, ideally located and with many advantages for making it a successful institution. He found Dr. Elliott and Dr. Carr in charge of the medical work and about forty-five patients under their care. The Doctor was impressed with the efficiency of the nursing staff, and spoke very highly of the work of the supervising nurses.

He told us that Dr. Elliott, together with Mrs. Brown, our former matron, and Miss Olive Smith, met him at the station. Mrs. Brown had sustained a fracture of her arm which required resetting, and he was pleased with the way the operating staff prepared for, and assisted with this work.

Every member of the family was

present at the chapel period, at which Dr. Miller spoke of the future of the medical work, and how the Washington Sanitarium was relating itself to this work in other lands.

He was glad to shake the hand of Mr. McKeen, and he brought back kind regards from Mrs. Brown to all our family.

Dr. Dunscombe is expected to arrive in Melrose soon from Porto Rico, to take up the work of superintendent. Dr. Elliott will then connect with the work here at Washington.

Dr. Elliott deserves much credit for starting the Dispensary work in Washington. He has since been connected with the Melrose Sanitarium.

Mr. Willard Venen who graduated here last September, has been asked to take charge of the X-ray Department at Melrose, which he is very capable of doing. After a two weeks' vacation with his parents, Mr. Venen will leave for the New England Sanitarium.

Dr. Miller then went to the quaint town of South Lancaster where visitors are always welcome. Professor Machlan is very happy in his work and hopes it will never be necessary for him to leave South Lancaster again. Their junior college will soon be made a senior college.

Here Dr. Miller again met Mrs. H. L. Lindsay (formerly Winifred Fredrick) who has charge of the hydrotherapy department and is doing splendid work. The Doctor tells us that they have one of the nicest treatment rooms he has seen. He also shook hands with Professor Butler, the former business manager of Washington Missionary College.

At Oshawa a very warm reception was given the Doctor. Here he found many of the students earning their way through the college by sawing wood and milking cows. It reminded Dr. Miller of the early days when he used to build up his muscles in the same way.

He told us that the dining room service is excellent and the food appetizing, although the food is more simple and the variety less marked than ours.

During Dr. D. H. Kress's recent visit to Oshawa a number of the students became interested in the nursing work here and some are planning to take the nurses' course soon.

The school there is in need of a good hydrotherapy department, hence Dr. Miller suggested that our family raise \$1,000 to equip such a department. He also suggested that the Washington Sanitarium send a capable nurse there to teach hydrotherapy, and support her for a year.

At Berrien Springs, the next stop, the Doctor found it snowing hard, and was glad to see Professor Griggs at the train to meet him. He was very much interested in the way a large number of the students were making their expenses by building window frames and screens, for which they find a ready market. He found that 40% of the students are earning their expenses in this way.

Here he met Professor Wood, Professor Sorensen, and Mrs. Kuhn.

At Chicago, not having time to visit the Hinsdale Sanitarium, he called up Dr. Hopkins and found that everything was going nicely there.

At Mt. Vernon there are nearly 200 students and at least 40 of them are wanting to take the nurses' course. Here Dr. Miller was given the morning worship period and four class periods. He told the students about the Sanitarium here and how they can obtain both R. N. and B. S. degrees in five years. He also saw a number of patients and arranged for several operations.

He enjoyed his trip very much, and feels that our institutions must keep in touch with the others.

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## NEWS OF INTEREST

THE Senior Class spent a very enjoyable evening at the home of Miss Helen Miller. Miss Miller is taking charge of our Pharmacy work. This position has been left vacant by our Mr. Venen, who was called to the X-ray and Laboratory departments of the Melrose Sanitarium.

The members of the Freshman class are rejoicing because all but one of their 50 members are on strictly medical duty. Three or four of our nurses have had very slight attacks of the "flu" but have quickly recovered.

Miss Fancheon Roth, who has been most faithful in her work as Supervisor of the Hospital for the past two years, is taking three months fur-

lough. She will spend her time visiting in the beauties of California—a trip to which she has been looking forward for several months.

At the last Sanitarium Board meeting it was decided that in addition to the 25 per cent. of net earnings which has been voted to China, another 25 per cent. will be given to the medical work in Russia.

At the entertainment given Elder Knox at the Takoma Park Church just before he was leaving for the west, Doctor Miller presented him with an album from the Sanitarium Family, containing a large number of early and late photographs of the Sanitarium buildings and departments, together with a history of the institution. Elder Knox has been president of the Board for years and has always been a warm friend of the institution.

The Victrola for the Nurses' Home has been purchased with subscriptions from the family, and the nurses are all happy over the prospects of having their own music for their entertainment when off duty. A patient has made them a gift of a number of excellent records. Anyone wishing especially to be remembered by the nurses should send them a record for the machine.

Doctor Miller has recently spent a week in visiting the colleges and academies in the Union, becoming acquainted with the students and others who are planning on entering the Nurses' Training Course in June. He also visited a number of prospective patients. Doctor Miller has taken such an active part in the work of the institution and his leadership and counsel

has meant so much to its success that he is spared for an entire week with difficulty.

The Seniors had an appreciation party for Miss Roth on the eve of her departure for California. They presented her with a beautiful brown traveling case.

Miss Morris has been very successful in providing exceptionally interesting musicals and other programs during the past months.

LIBRARY? Yes, we are really starting a library and it is getting larger every day. It will soon push its way out of the small quarters and take possession of one of our new classrooms. The nurses would appreciate any addition you may wish to make to this feature of the work.

The Sanitarium Training School is having its new Domestic Science rooms fitted up in the basement of the Sanitarium Annex. It will be an ideal diet kitchen in every sense of the word with Doctor L. E. Kress and Miss Myrta Corner in charge.

A new Sterilizer has been installed in the operating room and the room refinished. We are glad for this.

A short time ago the carpenters "raised the roof" of the nurses' dormitory. The nurses have tried to "raise the roof" many times with fairly good success, making a four-story building out of the "Old Barracks Building."

The same carpenters are now at work upon our gymnasium. It is being raised from its foundation and enlarged 30 feet to the front. This will give us a larger hall for our services. The first floor will be used for a store and other purposes.

*(Continued on page 26)*

## MY IDEAL—

[It is a pleasure to pass on the following paragraphs from the Ninth Grade class in Composition-Rhetoric. We thank Miss Mallatt and her class for these contributions.

—Ed.]

## TEACHER

MY IDEAL teacher is one who meets her class each morning with a smiling face and a cheery greeting; one whose poise and dignity command the attention and respect of her pupils. She imparts her radiant personality with her teaching in such a way that it makes the lesson interesting and lively. She is always willing to lend a helping hand, and gives the welfare of her pupils first place in her tho'ts. Under her teaching, learning is a pleasure!

CLAUDE A.  
PLATT



Ninth Grade Composition-Rhetoric Class

## CHUM

My ideal chum is one who possesses good qualities and lives up to principles because they are right, and not for fear of losing a friend. Some qualities that an ideal chum should possess are: Godliness, loyalty, trustworthiness and gentleness. H. COURSEN.

## CITIZEN

My ideal citizen is one who lives up to all the best interests of his town or city, who respects laws and obeys them, who reveals true Christianity to his fellowmen and neighbors, and who looks after the welfare of others in seeing that laws are enforced. In

short, an ideal citizen is one who boosts his city and does not knock it.

H. HOXIE.

## SCHOOL

A graduate from an ideal school should be prepared to meet the real duties of life. Such duties require more than the ed-

ucation received through the study of books; they require that the soul and the body be trained as well as the mind.

HAROLD BRODERSEN.

## AUTHOR

My ideal author is one whose works are interesting because of the charm—  
(Continued on page 27)

## EXCHANGE DEPARTMENT

### OUR SOUTHERN NEIGHBOR

HELEN JEANNE SAWERS

IT is a lovely spring day and as I sit here by the window all sorts of tender memories come back to me—memories of happy days at Collegedale, memories of the quietness that pervades the campus. But I'd like to tell you something different, something you realize how true it is.

"Every one of us always comes here saying they have learned the spirit of the South quietly and secretly, and nevertheless so.

Collegedale is in the South, there is a different set of principles upon which it is based and the training one needs to live here.

Heart and hand are united as you would see in the workshops of the Mission Bands. They make furniture and baskets, engage in the Harvest Ingathering work and give Bible readings. They wash dishes and sweep halls and they go out into the mountain homes and do the best they can for those who are ill. Students come and go, but their influence lives on. Many of the suspicious, hardened mountaineers are yielding to their persistent efforts.

Don't you feel that such schools are what we need everywhere?

We students here in W. M. C. who have had the privilege to know and love Collegedale feel that way about it, and intend that the ties which bind us shall be made of co-operation and fellowship.

### AT S. V. A.

W. OTTELL

the Shenandoah mountains in the beautiful season. The sky is the bluest blue. The air is their southern with sweetest perfume. The orchards waft their fragrance everywhere and are blessed from her with her Creator.

Do you love flowers? Come with me. The little anemones and spring beauties are the first flowers to make us glad as they peep from under the dead leaves and show their pretty faces. The fields and woods are filled with violets and bluets and wild roses! Arbutus trails along mountain slopes and nestles close to the fresh green mosses and ferns.

The Shenandoah River silently winds in and out in its course, but the brooks and streams which are its tributaries chatter merrily as they hasten to carry the melted snow from the hillsides.

As the sun sinks into the west the sky is filled with a wild array of crimson and gold. Fleecy clouds flit to and fro, receiving a pink tint as the sun kisses them good night.

Surely God's works are manifest in nature. The very being thrills with joy and gladness when His wonderful love for us is shown in such a season as spring—in the Shenandoah Valley,

the country homes, and the city of Mt. Vernon. Some procured more, some less than their quota, but all shared in the general rejoicing at the close of the day. During the whole campaign over \$300 was raised.

A music club has been organized this year, the first of its kind in the history of the school. It meets about once a month for recitals and general musical studies.

Thanksgiving vacation came. Several students took the only cure for homesickness, and after a few days at home, returned, being refreshed and invigorated.

The week of prayer followed soon, and all hearts were solemnized. As the young minds grasped the wonderful possibilities in store for each one of God's children, there was a general breaking down of pride and self-sufficiency. Re-consecration was entered into with joy, and many of the younger students gave their hearts to the Lord for the first time.

For two evenings, February 25 and 26, the Choral Society entertained the students and friends of the school with "harmony sublime." Mr. Harry Chalmers, harpist from Akron, assisted by Professor Miller and Miss Bond, delighted the audience the first evening. The sacred cantata, "The Nativity" was rendered by fifty well-trained voices the second evening, with harp and piano accompaniment, Professor Miller directing.

Now we find ourselves well on in the second semester. We are mustering our strength and courage for the final tests of the year, ever keeping in mind that these small experiences are only a fitting for God's great tests at the end of our earthly journey.

## FROM FRIENDS IN OHIO

EDNA M. KENNEDY

AT the opening of the school year, the enrollment at Mt. Vernon Academy was nearly two hundred.

There has been a good cooperative spirit among teachers and students this year. Early in September a "Welcome" reception was held for all; and the next week all the merry hearts enjoyed a camp-fire supper by moonlight in the woods near the Academy. Not long after the young men entertained the young ladies with a supper, supplemented by a few choice literary gems.

On Wednesday, October 26, the whole school devoted the day to Harvest Ingathering. They went out in bands of from six to ten in each, and worked the small towns in the vicinity,

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## SPRING!

THERE is only one season that can truly represent youth with all its beauties and bounties still in the bud, and that is—yes, you are right—Spring.

Summer, the prime of manhood, soon passes; autumn and winter bring ripening old age and rest. There is joy in summer, but too often only a flitting pleasure; there is a tender pathos and sometimes even a tragic despair in autumn and winter. Thus the drama of the seasons comes to an end, having fulfilled a noble mission with solemn dignity.

Spring is here on its annual visit. What has it for you? What opportunity for success in life's drama does it bring to you?

Is there the possibility of winning more souls for Christ during the coming months? Is there an opening for greater and wider service for God?

Is there dawning upon you the necessity for a college training—a Christian education?

The budding trees, the swollen streams, the green blades of grass, the fresh breezes, the joyful songs of birds are speaking to many a young

man and woman the message: "Your life must unfold in blessings to your fellowmen."

"I must be in W. M. C. next year," is the ready response. "I must now take the path that will lead me to college next September."

The seasons of maturity and full development are ahead; but the harvest of the future comes as the result of the present sowing.

For what kind of harvest are you planning? H. B. H.

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Observation more than books, experience rather than persons, are the prime educators.—A. B. Alcott

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#### OUR PRE-MEDICS

(Concluded from page '8)

government research departments, museums, and libraries. The Congressional Library, one of the best in the world, is an object of interest to all, and of particular use to the student. In the Library of the Surgeon-General we have what is regarded as the largest compilation of medical works in America.

Of special interest to all pre-medical students is the Washington Sanitarium and Hospital where they may see and learn many things of interest and value to them. All these features unite in making Washington, and especially W. M. C., one of the best places for young men and women to spend their time in preparation for the study of medicine.

#### THE TAIL-END

YOU have it preached to you "from the time you are born till you ride in a hearse" that

Well begun  
Is half done.

So you strike out on each new task with the vigor and enthusiasm born of wise determination, but then,—there comes that harrowing process of "*finishing up*." Harder than all the rest of the work put together, is that tail-end, and the most important part too.

It pricks you, it irritates you, it haunts you so that you have no rest, but still (if you're as human as the rest of us) you put it off nevertheless. That's the queer part of it. You'd think we'd know enough to see that, as one man put it, "the best way to get rid of duties is to discharge them," but we don't.

Hence, the poor tail-end suffers the result, and is neglected till the last minute of the last hour, finally being rushed through 'most any way, just so long as it can pass.

But we really feel a bit ashamed of ourselves for "easing up" toward the end, do we not? Then let's start a little individual reform movement, and see if we can't number ourselves with the Finish-it-up Tribe. A membership there brings with it the deepest kind of satisfaction.

Let men erect all the monuments they will to the one who begins his work well, but personally we give the laurel to the man who finishes the task clear through to the TAIL-END.

R. I. G.

## SPRING BREEZES

Elder J. I. Beardsley, president of Oakwood Junior College, spoke in chapel Monday morning, February 20. He told us of his interesting experiences in the colored college in the South, and of his work among these people. He left a plea for any who are interested in this line of work to go down and help them.

We were glad to have Professor Machlan with us again last month. That he received a rousing welcome will not be doubted by anyone who was in chapel on February 22.

John Thompson, an old graduate of W. M. C., who is connected with the educational work in the South, was here for a few days attending the constituency meeting.

Mabel Vaughn, a Mt. Vernon classmate of Mildred Keyler and Esther Read, was a recent visitor at W. M. C.

The Southern Reunion is an event which will be long remembered by those fortunate students who came from the South. It was held in the Dining Room, February 22. All the tables were taken out with the exception of one, and chairs were placed around the fireplace, giving the room the look of home. Southern songs were sung and southern speeches were made, and a delicious southern supper was served.

Edythe Detwiler is with us again minus her tonsils. They were removed February 24.

Several girls in Central Hall will remember that Irene Grampp's birthday comes in February. They will not soon forget the birthday supper sent from Irene's home.

February 27 was a great day in the Dining Room. The tables were changed, and everyone was anxious to see opposite whom he would sit for the next six weeks.

We were all surprised to learn that Professor Osborn was seriously ill in the Sanitarium. He was operated upon for goiter. He recovered rapidly, and we are glad he is able to be with us again.

Professor Preiner is another one of our faculty who has recently had to forego the privilege of meeting his classes. He was in the Sanitarium for a few days suffering from an attack of the grippe.

Professor Lehman has been leading our singing in chapel during Professor Osborn's illness, while Miss Emma Mallatt has been taking charge of his vocal classes.

Elder Straw, the educational secretary of the South African Union spoke in chapel March 3. "When the gospel is finished in all the world, it will be finished in Africa too," was clearly pressed home to the students.

A collision of his motorcycle with the college truck left Professor Kimble with a broken leg. He is rapidly on the way to recovery at his home.

On March 4 instead of the regular worship hour the South Hall girls greatly enjoyed a Bible study, conducted by Miss Nelson and several of the girls, on the "State of the Dead." They were shown how our Bible workers meet the people in their homes and answer their many questions.

A merry group of students met at the home of Professor Werline, the College Librarian, Saturday Evening, March 4. They enjoyed the long-looked-for taffy pull promised them for their work done in the library in preparing the books in the new system.

We are pleased to see Esther Hicks back in school again. We missed her while she was ill for about a week.

We had a unique and very interesting chapel program on March 6. The Juniors, who had just been organized, gave us a representation of one of their class meetings.

The Daniel and Revelation class has had the privilege the past month of having two returned missionaries speak to them. We appreciated the talks of both Elder Olsen of India, and Elder Straw of Africa.

The spirit of "argumentation" is certainly abroad these days. The Rhetoric classes have come to debating, and debates on important questions are under way. Just come into the chapel on any Monday, Wednesday, or Friday morning and the future orators of the country can be plainly heard and seen.

Professor Foote is going to attend the General Conference in San Francisco as one of the reporters.

The students who came from East Pennsylvania are rejoicing because March 7 they were invited to Miss Julia Leland's home to spend the evening. Games were played, songs were sung, and refreshments served.

The home girls feel that they were fortunate in having Mrs. Andross, Mr. Hennig and Dr. Kress talk to them during various evening worship hours.

The Food Show in the city was well attended by delegates from W. M. C., a large number going down to sample the different kinds of food.

Helen Howe is living in South Hall now.

Mr. Glunt has been seriously sick. Under Warren Harding's excellent care, however, he has already recovered.

## REVIEW AND HERALD

The Review and Herald held its annual meeting of the constituency in the Takoma Park Church on the evenings of February 21 and 22. The reports were more interesting than usual, as they were given on the screen rather than read. We enjoyed having the members of our constituency here for even so short a visit.

A business meeting of the Cooperative Welfare Association was held the evening of

March 6 in the cafeteria building. Several important matters were discussed and committees appointed to bring in reports.

Having sold her house, Mrs. Ruby Daniells has purchased a lot on which to build again.

The children of the church school had a sale of delicious food and artistic fancywork in front of the Review Monday afternoon, March 6. The proceeds were to be used in buying reed with which they are going to learn to make baskets.

Mr. Palmer, the head of the Underwood Typewriter Company in this city, recently came out to the office and gave some of the stenographers the February test. Three of the girls won medals.

A letter from the Far East tells us that Mr. and Mrs. Dye, former employees of the Review and Herald, may have to return to this country because of Mrs. Dye's ill health.

Mrs. Chase has been called away from the office for a few days on account of the death of Mr. Chase's mother.

Edna Brill almost thought she was at home when she was given a surprise birthday supper in the Dining Room on March 8. Her friends were afraid that she would not be surprised, but she declared that she had never received such a shock in her life.

President Cady announced in chapel, March 10, that Dr. Salisbury had a surprise for us. The surprise consisted in a standard writing and spelling test. The young men remained in the chapel and took the spelling test while the young ladies went to the different rooms and displayed their skill in writing; then the young men took their turn at writing and the young ladies took the spelling test.

The Juniors do not intend to let the rest of the school year go by without having a good time. Miss Lacey entertained them Thursday, March 9, at a dinner. The table was decorated in the class colors, and the food carried out the same color scheme.

Saturday night, March 11, was a great occasion. The Students' Association gave a real masch in the gymnasium with an orchestra for accompaniment. After we were tired out with marching refreshments were served. Several musical selections were then rendered.

## DOES IT PAY?

*(Concluded from page 10)*

"This man is so eager to have more literature that he gave his present address and also the one where he would be two weeks from that date.

"There are others I could read to you, but will not take more time. You can plainly see, Miss Jackson, that God has many souls who are searching for light.

"You know the Lord doesn't need our cooperation to carry forward His work. He is not dependent on our money, time, or labor; but the church is very dear and precious in His sight. It contains His jewels, and encloses His flock. He yearns after it with the greatest love. This is why He allows us to work for Him, and he accepts our labor as a token of our love and loyalty.

"It is a blessed privilege to work for the King of Kings, Miss Walters. If you ever feel downhearted and discouraged, just take a nice long walk, but first of all put some "Leaves of Autumn," "Signs," or "Present Truth" into your pocketbook, and give one of these silent messengers to the first person you meet. You will be surprised to know how happy it will make you feel."

"Indeed, it is all true, and I must say before we part today, that I have determined to live closer to Jesus, and give Him a little of my time at least once a week. I will join the Correspondence Band next Sabbath."

## SANITARIUM NEWS

*(Concluded from page 16)*

An "All Musical" program given a few weeks ago, in charge of Mr. Robert Edwards and Professor Osborn, was considered a grand success by all present. We shall look forward to another such program with pleasant anticipation.

A number of our nurses had the pleasure of enjoying old acquaintances and talking over by-gone school days at the Mt. Vernon Reunion and also at the South Lancaster Reunion.

The treatment-rooms at the Hospital have recently been enlarged and remodeled. They are now being used, and nurses find it a real pleasure to give treatments in these pleasant, well-equipped rooms under the supervision of Mrs. C. E. Garnsey.

We have missed Miss Etta Reader from her post of duty for a few days, as she recently had her tonsils removed.

The Foreign Mission Band, which meets every Tuesday morning, has been fortunate in securing some of the returned missionaries, who are staying here for needed rest and treatment, to address their meetings. Elder Brown, of South America, was the most recent one.

**FOUR MONTHS—FOR WHAT?***(Concluded from page 18)*

months—for what? Sam Carson spent his time to produce a lasting benefit.

Many wish to return to school next September. Four months in the canvassing field with God's blessing, will enable us to meet our expenses for a whole school year. Assisting in tent efforts or other conference work, also stands open to us, whereby we may obtain funds to further our education.

In any of these lines we not only obtain temporary benefit, but we are building for eternity. Be a young man like Sam, or a young woman like Mary!

**MY IDEAL—***(Concluded from page 19)*

ing manner in which the thoughts are expressed. He is a well-informed person and a keen observer who loves his subject, and has a sincere motive in presenting it to the public.

ARTHUR G. ROGERS.

**CHRISTIAN**

An ideal Christian, to my mind, is one who is persevering both in work and in recreation; one who lives by the Golden Rule, who practices what he preaches, who does not go about with a long face and a slow step; but rather with a quick step and a hearty laugh that brings cheer into the life of many who would otherwise be in the despair of sin's disgrace.

EUGENE ANDERSON.

**SCHOOL—W. M. C.**

I like W. M. C. because of its pleasant location, its well-equipped buildings, and because of its activities and educational advantages. It affords many interesting and profitable

places for the different classes to visit. For example the classes in history and government have access to the various libraries containing the original documents. Those in the zoology class can visit the zoological park and the museum which contain an almost endless species of insects and birds, and also the large aquarium. Those studying music have a good opportunity to attend concerts in the city, and hear famous artists. Could much more be desired?

ANNA RYDEN.

**TEACHER**

The ideal teacher loves her subject and her students. She wins the good will and confidence of her students by dealing fairly with them and by taking a personal interest in each individual.

ROSELINE WHITCOMB.

**CHRISTIAN**

The one who lives in such close relationship to the Saviour that his life overflows in acts of unselfish labor and love, having charity toward all, to my mind, is an ideal Christian.

EDITH M. NUTTER.

**CHUM**

My ideal chum is one in whom I can safely confide. She is a good companion, a noble Christian, and an active worker; one who can enjoy fun when it is time for fun, and work when it is time for work.

HAZEL ARKEBAUER.

**AUTHOR**

One who is well-acquainted with his subject matter, portrays beauty, and teaches a moral, is, to my mind, an ideal author.

DOROTHY KONIGMACHER.

## CHRISTIAN

What must I do to be an ideal Christian? I must be loving, kind, helpful, faithful, earnest, and happy, daily striving to fulfill the will of my heavenly Father. LOTTIE DICKERSON.

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## TEACHER

A teacher who makes it his business to learn the characteristics of his students, and studies how to approach them from their point of view, always bearing in mind their future welfare, may well be called an ideal teacher.

ELWOOD COLLIER.

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## CHRISTIAN

My idea of an ideal Christian is one of a good character, a high aim, one who loves his neighbor as himself, loves his enemies as his friends, and practices all that he preaches.

EVELYN WALTER.

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### THE DELIGHTS OF GYM CLASS

YOU'RE weary of Latin, you're tired of Spenser,—come with me to "gym" class, and throw the world of worries aside for a while. "Breathe in, breathe out"—it will fill you with the exuberance of the brisk April air. "Close ranks; single file"—we'll have a march, a sprightly one too, for Miss Davis is at the piano!—Or shall it be "Three Deep"? What is more fun than a period of gym? I like it; don't you?

Education is only like good culture,—it changes the size, but not the sort.

—H. W. Beecher

If you feed a young setter on raw flesh, how can you wonder at its retaining a relish for uncooked partridge in after life?—George Eliot

True eloquence scorns eloquence.

—Pascal

The man who has no enemies has no following.—Donn Piatt

The pest of society is egotists.

—Emerson

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