



VOLUME 13.

DES MOINES, IOWA, TUESDAY, AUG. 20, 1901.

NUMBER 7.

Workers' Bulletin.

ISSUED WEEKLY BY THE
MISSIONARY DEPARTMENT
OF THE IOWA CONFERENCE,
DES MOINES, IOWA.

JESSIE V. BOSWORTH, Editor.
WILLIAM E. PEERIN, Assistant Editor.

TERMS: 25 CENTS A YEAR IN ADVANCE.

"WHAT WILT THOU HAVE ME TO DO?"

JESUS, Master, wilt Thou use
One who owes Thee more than all?
As Thou wilt, I would not choose,
Only let me hear Thy call;
Jesus, let me always be
In Thy service, glad and free.
—Frances Ridley Havergal.

THE WATERLOO CAMP-MEETING.

As we study our times in the light of God's word, we are convinced that the angels will soon let loose the four winds. How sad this will be for those who are not ready for that event! God's past dealings with the people show that His Spirit can not always strive with man; so, my dear brother and sister, let us work with all our capabilities, that we may have a part in this warning message, which closes with this generation. Human souls are hanging in the balances; and how glad I am that the Lord has, by His Spirit, given to each one his work right at this time.

There are many who can not preach, neither can they give their time to Bible work from house to house; but they all can come to camp-meeting, if they plan wisely. All the brethren and sisters of north-eastern Iowa need the benefit of the Waterloo camp-meeting, which is to be held in the Chautauqua Park, on the north side of the Cedar River, one mile out of the city toward Cedar Falls, Sept. 3-8. Expense, loss of time, or business interests, should not be considered when thinking of

coming to this camp-meeting. This statement may seem somewhat radical to some, but I am sure it is the certain sound of the trumpet at this time; and that God's people now, as in the past upon such occasions, will move in a body, and follow the pillar of cloud, which is moving this way.

Come, brother; come, sister; come, all the children. The grandest outpouring of the Spirit of God ever realized in the State of Iowa is expected at this meeting. L. F. TRUBEY.

A WORK FOR ALL.

EVERY true Christian is a missionary, and may find an ample field right in his own home and neighborhood. Every one has sufficient ability to engage in this work, and our talents will increase and develop with use. Are there those who would gladly work for the salvation of their fellow men but who do not know just how to begin? Let us suggest a work especially timely just now, and one which all, old and young, may do. The *Midsummer Good Health* for 1901 is attractive, and will be accepted and read, often when religious reading matter would be rejected; and it contains information that is life-giving if heeded. In Testimony No. 6 we read: "The people must have light upon health reform... The influences that are associated with health reform will commend it to the judgment of all who want light, and they will advance step by step to receive the special truths for this time... We are to do *all in our power* to lead men and women to see the necessity of these principles, and to practice them." Are we each doing "*all in our power*" to advance this line of work? We ask our missionary secretaries to present the work of distributing the *Midsummer Good Health* before the members of the local

societies next Sabbath. Let us know soon how many copies you can use. Every church should take at least one hundred copies. "Many, many will be rescued from physical, mental, and moral degeneracy through the practical influence of health reform."

FROM COPENHAGEN, DENMARK.

I HAVE been thinking for a long time of writing for our dear paper, the BULLETIN. We are much cheered by this little messenger; and we search its pages with interest, eager to find some names that are dear to us. And we are not disappointed, for every paper is laden with good news. We are glad to note the progress of the cause in our home State, and our prayer is that much more may be accomplished, and that other workers may be developed for the great vineyard of the Lord. Surely, the field is large, and urgent calls are coming for workers who are fully consecrated and have an eye single to the glory of God. We have recently held our annual Conference in Odense, the capital city of the Island of Fyen. The meetings were held in a hall, and those in attendance had rooms in different parts of the city. Union and harmony prevailed, and the general expression was that it was the best Conference held here for years. The truth is gaining ground in this country, for which we praise the Lord.

Our people had a splendid opportunity to let the light on health reform shine while the Peace Congress was in session at Frederikshavn recently. All the delegates were invited to visit our Sanitarium, and partake of a "peace breakfast." There were about one hundred and fifty of them, all of the better class of people,—senators, lawyers, college professors,—all learned men. The breakfast was en-

joyed to the utmost, and many words of praise were spoken. They were surprised that such a bountiful meal could be prepared without bloodshed. A call was made by many of them for some one to teach healthful cookery. As these men return to their homes in different parts of the country, they will carry a part of the truth with them. There are yet many honest souls to be called out, and great good will surely result as they have their attention called to the gospel of health first. We are very thankful to be permitted to have a part in carrying the bread of life to hungry souls. May the Lord help us to be faithful. We are having what is called warm weather here, but very few days have yet been as warm as in Iowa. My husband is attending the Conference in Germany. Much love to all our Iowa friends.

MARY B. HANSEN.

July 20.

TRAINING SCHOOL FOR MISSIONARY
MOTHERS.

PROBABLY the best opportunity afforded anywhere for acquiring a practical knowledge of child training is the Missionary Mothers' Course at the Haskell Home, Battle Creek, Michigan. This course includes instruction in all phases of child culture, feeding and dressing of children, their physical care in health and disease, mental and moral training, what to do in emergencies and simple diseases, lessons in hydrotherapy, hygienic dressmaking, physical culture, healthful cookery, temperance, missionary work for children in cities, kitchen garden, and a practical experience in the direct control and management of children, which is invaluable.

The plan of the Home is unique. The children are not herded together as in many institutions for children, but are divided into family groups, each of which is cared for by a "mother" who sustains the same relation to the children that the natural mother does in her own family. Pupils may be received into the mothers' course at any time. The present is a particularly desirable opportunity for entering this excellent course. Those who desire any further information should correspond with the chairman of the Visiting Committee, Mrs. E. H. Whitney, Battle Creek, Michigan.

J. H. KELLOGG, M. D.

"DISCRETION in speech is more than eloquence."

FIELD REPORTS.

OELWEIN.

WE are still located in this place, although since our last report we have moved our tent from the east side of the city down near the central part. Since moving, our attendance has not been large at any time, perhaps on an average about fifteen. A few come quite regularly and seem interested, and all who attend are a thinking class of people. Among them is a United Brethren minister, who has missed but a very few times and shows a deep interest in the subjects presented. We are glad to report that one family have promised to walk in the way of God's commandments, and kept their first Sabbath August 10. Some are still interested, and we have hopes that they will follow soon.

Our book sales have amounted to \$32.80; amount of donations received, \$9.83. Beside this we have sold fifty copies of *Good Health*. We are of good courage. Although the battle goes hard at times, we know that we have a Commander who never lost a battle. Brethren, remember the work in this place. We may not remain here much longer, as it begins to look as though our work was about done here.

August 15.

W. E. FREDERICK,
A. W. JOHNSON.

IDA GROVE.

WE came to this place immediately after camp-meeting, and found a beautiful western town, and a nice clever class of people. Although there are nine churches here, the people seem to care very little for religion. After a few weeks, Eld. Starr came this way, and upon looking over the town it was decided that it would be best to conduct the work here by means of tent meetings. Although it looked very rainy the first two nights, we had a fair attendance. The third night was Sunday night, and as there were nine other appointments for religious services, we did not expect many; but to our surprise the tent was full. The interest grew until twice as many came as the tent would hold. This stirred the ministers, who began to warn their flocks, which was effectual in keeping some away. One of the Quaker ministers came to hear us one night. After meeting he came to us and said that they did not teach the ten commandments, because they were not perfect as God wrote them on the tables of

stone, and that Christ came to remodel them and make them stronger. "So," I said, "you deny the commandments, the Lord's supper, the Sabbath, and baptism. What have you left?" He replied, "Christ, and Him crucified." Two of their ministers came the next night, but went away no better satisfied. Sunday evening, July 18, they began a course of lectures in their church, to show the people that we are wrong. In spite of all opposition, three have promised to keep all the commandments, although we have not yet spoken on the Sabbath question. Others we believe will soon follow. While many are staying away, we have a good, solid audience. Our tents are pitched in a nice grove, the best location for a tent meeting that we have ever seen, with every advantage that Nature can give. But all this will avail nothing unless souls are converted to God.

G. R. HAWKINS,
EMMA HAWKINS.

WEST UNION QUARTERLY MEETING.

SABBATH, August 10, it was my privilege to unite with the West Union church in quarterly meeting service. There were present brethren from Hawkeye, Wadena, and Albany, making a total attendance of about thirty. The Lord was present in a marked manner, and all felt that it was good to be there. The meeting was held at the home of Bro. Seeley, of Fayette. Bro. Seeley is ninety years old, and a pioneer in the message, having been connected with it during the forty-four movement. He still maintains the spirit of that message, which is inspiring. A visit from any of our brethren passing that way will be appreciated by Bro. and Sister Seeley.

I trust that the blessing of God may continue with the West Union church, and many souls be gathered in through their efforts.

W. E. FREDERICK.

THE BOOK WORK.

REPORTING.

Most of our good canvassers in the field are very faithful in sending their weekly reports, but there are a few whose reports come irregularly. This may be the fault of the post office department, but a word concerning this part of the work may not be amiss. It must not be supposed that the matter of reporting is a small or unimportant affair. In order that the work may be thoroughly organized, it becomes

necessary that there be officers who shall have the general oversight. These officers can know of the progress of the work only by the reports returned. They can afford help and counsel only as they know of the real condition, which knowledge they must gather largely from reports returned.

Satan will tempt us to think that it does not matter so much what we do in such a small thing. Let us not listen to his arguments, but take the little time and trouble required to make our reports regularly. Further, it should be remembered that two reports should be sent weekly, one to the State Agent at Modale, Iowa, and the other to the central Office, 603 E. 12th St., Des Moines. If you fail to write to the Office, your report does not appear for the encouragement of your fellow workers; and if you fail to write the State Agent, he has no data from which to make his reports, and so our State has not a proper showing in the international records. More important than all of these considerations, is the fact that slack and unfaithful work is recorded against our names in that record book that is ever faithfully kept by the angels, who never fail to report.

THOS. H. JEYS.

LEWIS HILLIARD, GRANT CITY: "Praise the Lord for another good week. There is nothing that will keep us in better courage than talking truth to the people. It is my desire to go forward, with ever increasing faith."

OSCAR N. CONKLIN, HAMILTON: "I am still trying to advance the message of the coming kingdom. The work is a pleasure to me, and I wish I might devote my entire time to it."

CANVASSING REPORT FOR WEEK ENDING AUG. 9, 1901.

	Hrs.	Ord.	Val.	Helps.
PROPHECIES OF JESUS.				
-Lewis Hilliard.....	44	12	\$22.75	\$4.55
THE COMING KING.				
John Casperson.....	23	10	\$10.00	\$.50
Tilda Ward.....	8	1	1.00	.50
HOME HANDBOOK.				
Elbridge Adams.....	20			\$1.05
MISCELLANEOUS.				
O. N. Conklin.....	6	3	\$ 4.00	\$1.75
Phebe Vosburg.....	23	1	1.00	3.15
Ruby McSparran.....	19			1.15
DELIVERIES.				
Books. Value. Helps. Lost.				
O. N. Conklin.....	2	\$ 2.00		
Ruby McSparran.....	1	1.00		
SUMMARY.				
No. of agents.....				7
" " orders.....				27
Value of ".....			\$ 38.75	
" " helps sold.....			\$ 12.45	
Total value.....			\$ 51.20	
Value of deliveries.....			\$ 3.00	

THE SANITARIUM.

CONDUCTED BY EMMA A. PERRINE, M. D.

HEALTH HINTS.

In order to have good health and enjoy life, we must live right. A proper diet is the most essential point to consider. We must select our food with regard to proper food elements. If our occupation is such that we are very active, and out of doors a part of the time, a diet that contains more of the nitrogenous elements is the best. The foods largely containing this element are the legumes,—peas, beans, and lentils. It is also abundant in eggs, the gluten of wheat, and in protose,—a nut product. For students and those doing more brain and less physical work, a diet consisting of toasted breads, well cooked grains, fruits, and nuts, is excellent. Too great a variety should not be used; four or five articles of food at a meal are sufficient. Each meal should consist of a different variety from the one preceding it. In this way all the varieties of food can be used, and the system receive the proper nourishment. If the head aches and the digestion becomes slow, a diet consisting of nothing but fruits for two or three days will relieve the headache, and clear the system of impurities.

NOTES.

SEVERAL new patients were added to the list last week.

DR. J. D. SHIVELY returned from his visit at Osceola Tuesday last.

DR. EMMA PERRINE was called to Pleasantville Friday last, to see one of her patients, who is dangerously ill.

VARIOUS improvements are being made in almost every department of the institution, indicative of growth and development.

A NUMBER of the patients are enjoying a special diet table where they can have the most carefully selected diet, adapted to their physical condition.

MR. AND MRS. J. C. BARCUS returned from their summer vacation last Wednesday, much benefited by their rest; also Misses Delta and Kittie Vaughn and Bro. George Edgar, from their homes at Mt. Pleasant.

It is not safe to trust to physicians who have not the fear of God before them.—*Christian Temperance.*

THE SABBATH-SCHOOL.

CONDUCTED BY A. HELEN WILCOX.

FRESH THEMES TO BE PRESENTED.

THE soul should be like a treasure-house, full of rich and fruitful stores. In the pulpit, in the Sabbath-school, in the prayer-meeting, and in society, we should have fresh themes with which to enlighten others. We should follow the example of Jesus, who was the perfect Teacher. He educated men by revealing to them the character of the living God. He said, "This is life eternal, that they might know Thee, the only true God, and Jesus Christ, whom Thou hast sent." This is the important subject to impress upon the minds of youth; for they must have a knowledge of the paternal character of God, in order that they may be led to subordinate temporal to eternal interests....

Oh, that every man, woman, and child who deals with human minds, may have the truth in-wrought in the soul, that it may be revealed in spirit, in word, in character, and in action! The sanctifying power of the truth should lead every one who teaches in the Sabbath-school, or holds a position in our institutions, to have such an experience that he may say, "I know whom I have believed." There is transforming power in the religion of Jesus Christ, and this power must be seen upon us in far greater humility, in more earnest, living faith, that we may become a light to the world. Self must be humiliated, and Christ exalted. Why is it that those to whom God intrusts some work in His moral vineyard are so easily lifted up? Why is it that many seem to think that a responsible position exalts the man? Why do they become so self-sufficient, when they are so utterly dependent upon the atoning Sacrifice? Why is there with some so great a want of tenderness, so little heart work?—It is because those who are self-sufficient have not fallen upon the Rock and been broken. This is why there is so little trust in God, so little earnest, contrite repentance, so great a lack of fervent prayer. Well may the questions be put by every instructor: "Have I received the Holy Ghost since I believed? Have I received Christ as my personal Saviour?" Let these questions be solemnly answered.—*Testimonies on Sabbath-school Work.*

"If you would please men, please God."

Workers' Bulletin.

DES MOINES, IOWA, AUG. 20, 1901.

—WATERLOO camp-meeting, Sept. 3-8.

—MISS ADA TERWILLEGGER is out of the city for a few weeks' vacation.

—MRS. F. W. PATTERSON, of this city, spent last Sabbath with her home church at Massena.

—MRS. A. BAKER, of Polk City, will meet with the church here for a few weeks while visiting in the city.

—MRS. BERTHA JORGENSEN, of the Clinton company, is in Chicago, having been called there by the illness of her sister.

—ELD. T. H. JEYS is among the workers at the Sioux Rapids camp-meeting, and will endeavor to give the canvassing work its share of attention.

—As a result of the tent effort at Sioux Rapids, an interest has been aroused among the Danish people; and to further develop this, services will be held in their language at the camp-meeting, by Eld. N. C. Bergersen.

—ELD. L. F. TRUBEY writes very encouragingly concerning the work at Waterloo. The workers there can use clean, late copies of the *Signs* to good advantage. Who will assist them in this way? Please address Corner Franklin St. and Oak Ave.

—SISTER DELLA WALLACE is in attendance at the Sioux Rapids camp-meeting, to represent the Missionary Department and assist in the Sabbath-school work. Instruction will be given in regard to conducting reading circles and young peoples' societies, also on the different lines of missionary work.

—SISTER LIZZIE NEAL writes from Ottumwa: "The work in this city is onward, and surely the Lord has a people here that must be gathered out. Bro. and Sister Adams are well and working hard. I am indeed thankful to be associated with them in the work. We enjoyed a visit from Eld. Starr the first of the week."

—BRO. ARTHUR SHRAKE and Sister May Chitty were united in marriage at Udell, Iowa, Tuesday evening, August 13, Eld. L. F. Starr officiating. Bro. Shrake has recently joined the corps of Iowa workers; and as he thus gains the companionship of one of our Bible workers, we wish for them ever increasing happiness and usefulness in the cause of the Master.

—In the *Signs* of Sept. 4 will appear the first number of a series of articles on Spiritualism by Eld. W. A. Colcord, of Australia. The following are some of the headings: Origin of Modern Spiritualism, The Source of Its Power, Taught from the Pulpit, Its Relation to Christ's Coming, Its Final Deception, The Scriptures Our Only Safeguard. This series will run for about three months. Now that the relationship between Protestantism and the Roman power, and their attitude toward Spiritualism, so clearly indicate that "the time has come for the marvellous working of Satan," shall we not arouse and warn those who do not understand the deceptions of the enemy. What more effectual means of enlightenment can we use than the *Signs* containing the above series? The subscription price for that time is only 40 cents; a club of five copies for three months, \$1.00; ten copies, \$2.00.

—The revision of the book, "Marvel of Nations," by Eld. Uriah Smith, is nearly completed, and agents are wanted in this Conference. The prospectus will be out about Sept 1, and the book ready for delivery about Sept. 15. It is six and one-half inches wide and nine inches long, and has 320 pages and 150 illustrations. Cloth, plain edges, \$1.25; cloth, gilt edges, \$1.50. Address this Office.

—SUBSCRIBE for the *Bible Students' Library* now, and thus secure the following forthcoming numbers: "Relation of the Law to the Gospel," by F. C. Gilbert; "The Science of Christianity;" "The Sabbath in History." The price of each of the last two will be about 25 cents, but by subscribing for the *Library* you will get all for 25 cents. Order of this Office.

—We are now prepared to fill orders for "Christ's Object Lessons" in the Danish and German. We ask all who have given us orders for these to repeat their orders now, so that there may be no mistake in sending the books.

—"CAN We Know" and "Church Organization" have recently been issued as Nos. 31 and 32 of the *Words of Truth Series*. The former sells at $\frac{1}{2}$ cent per copy, and the latter, which is by Eld. A. T. Jones, at 2 cents.

—In giving the resolution passed by the Conference Committee in regard to the matter of allowing the workers for freight, it should have stated that 500 lbs would be the limit instead of \$5.00.

—We ask our missionary secretaries to give especial attention to the article entitled "Work for All."

—"We should never give sanction to sin by our words or our deeds, by our silence or our presence."

—ONE of the most timely little tracts recently published is entitled "The United States as a Christian Nation," *Apples of Gold Library* No. 71. The author, L. A. Smith, treats the subject in his usual terse and striking manner. Because this nation has not a Christian government, it does not necessarily follow that it is antichristian; but if the State tries to be Christian, it becomes surely antichristian. Price of tract $\frac{1}{2}$ cent per copy; 40 per cent discount on orders for fifty or more. Just the thing to set people thinking. Do you not wish some to enclose in your letters, or to hand out to your neighbors?

AN OPPORTUNITY TO HELP.

OWING to the crowded condition of the Sanitarium, the Board has purchased of Dr. R. H. Habenicht the adjoining lot with a house of nine rooms, which is to be fitted up as a home for the nurses. This will allow more rooms in the main building for patients, so that they can come and learn of the principles which if followed will lead them to life eternal. If any of the brethren or sisters wish to help in this worthy cause of fitting up this missionary home, we would be glad to correspond with them. A nice plan would be for a family or a church to furnish a room, or those who can not afford to do this, separate articles of furniture, or the money to purchase the same. All donations will be gratefully received, and the donors will thus help along a worthy cause in our own home institution. Address

IOWA SANITARIUM.

BUSINESS NOTICES.

UNDER this head, short business notices will be inserted at twenty-five cents per issue.

FOR SALE.—A good, well established grocery business. Small investment; terms reasonable. Owner wishes to sell because of ill health. Address M., 100 N. Franklin St., Waterloo, Iowa.

QUARTERLY MEETING.

SIGOURNEY, Aug. 24, 1901.

Opportunity will be given for baptism or for uniting with the church. We desire very much to see or hear from all the members at this time.

W. M. ADAMS.