



VOLUME 13.

DES MOINES, IOWA, TUESDAY, DEC. 31, 1901.

NUMBER 26.

Workers' Bulletin.

ISSUED WEEKLY BY THE
MISSIONARY DEPARTMENT
OF THE IOWA CONFERENCE,
DES MOINES, IOWA.

JESSIE V. BOSWORTH, Editor.
WILLIAM E. PERRIN, Assistant Editor.

TERMS: 25 CENTS A YEAR IN ADVANCE.

A SONG OF TRUST FOR THE NEW YEAR.

"THERE is never a day so dreary,
But God can make it bright;
And unto the soul that trusts Him,
He giveth songs in the night.
There is never a path so hidden,
But God will show the way,
If we seek for the Spirit's guidance,
And patiently watch and pray."

THE PASSING YEARS.

THIS number of the BULLETIN will scarcely reach its readers before the hands of the great clock of time will point to the year 1902. The years come and go, making many changes. Often the remark is made, "How the years are passing!" There comes to us the thought of the better days foretold in Isaiah's vision, when "the former things shall not be remembered, nor come into mind." There is something pathetic in looking back upon the years that are past, and the faces that have vanished from our sight; and often men and women sigh for the days of old, as they reluctantly take up the duties of the new.

There are some things which the years take from us which we can not keep, and one of these is innocent childhood. One of our great poets has painted childhood surrounded by a heavenly light. He sees the little ones like a cloud of glory traveling down through the world. But as they grow in years, they grow away from God,—the rainbow vanishes, a cloud hides the silvery moon, and the glow of beauty

passes away. This is a sad picture, but too true. What can we do for our children? As they grow up to face the stern realities of life, they need the tender care of the good Shepherd. Parents, shall we not at the beginning of this new year pray for the baptism of the Holy Spirit, that we may know how to train the little ones entrusted to our care.

The changing years take from us childhood, our illusions, our petty fancies, and many other things; but there is no reason why they should take from us the freshness and roseate glow of life, even though we are growing older with the passing years. The essence of childhood is the single eye, the guileless mind, the tender conscience, and abiding hope and trust. These we all need during the coming year. O for the fluent and plastic mind that is ever adapting itself to new truths and beauty on every hand! "Verily I say unto you, Whosoever shall not receive the kingdom of God as a little child, he shall not enter therein."

One of the sweetest pictures in the world is that of an old man crowned with a halo of whitened hair, yet young for liberty and progress. The older we grow the younger we should be. Conservatism, narrowness of thought and aim, lingering at the rear of the army of progress, hasten on age, making men old before their time. It is sad to see men and women standing in the waning light of the setting sun holding on to crumbling leaves and worm-eaten fruit. Our passing years should bring to us opportunities for spiritual development, opportunities to grow in tenderness and sympathy for our fellowmen, to show the life that seeketh not her own, to be like the Master. Such a life as this the coming year may bring to each one of the BULLETIN family.

We should ever keep before our eyes the glory of our soon coming King. O, think what God has in store for those who love Him! "Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love Him." The rapid flight of time will soon bring us to that day. "And the ransomed of the Lord shall return, and come to Zion with songs and everlasting joy upon their heads: they shall obtain joy and gladness, and sorrow and sighing shall flee away." Therefore, "forgetting those things which are behind, and reaching forth unto those things which are before," let us "press toward the mark for the prize of the high calling of God in Christ Jesus." May the coming year be the brightest in the experience of each of the readers of the BULLETIN, in making rapid progress toward the kingdom of God. Go onward, ever onward. L. F. STARR.

MISSIONARY WORK.—NO. 10.

DUTIES OF THE SECRETARY.

HE should keep in touch with all the members. "Put on therefore, as the elect of God, holy and beloved, bowels of mercy, kindness, humbleness of mind, meekness, long-suffering; forbearing one another, forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. And above all these things put on love, which is the bond of perfectness." The one who can feel for all his brethren and sisters the tender love and sympathy breathed in this text, and who will not allow himself to be influenced and controlled by personal feeling and prejudice, is the one who can fill the office of secretary most acceptably. If these are harbored in the heart, they are sure to make themselves felt, creating envy,

jealousy, and criticism, thus hindering the progress of every good work.

It is the secretary's privilege to feel when elected to office, that he is "the elect (or one chosen) of God" to do that special work in the church, and the love of Christ should so fill his heart that he will heed the admonition: "If he have a quarrel against any, even as Christ forgave you, so also do ye." "Moreover, if thy brother shall trespass against thee, go and tell him his fault between thee and him alone: if he shall hear thee, thou hast gained thy brother." Every true secretary will labor with this spirit, visiting all the members, praying with them, and counseling with them regarding the lines of work in which he is planning to have the society engage, encouraging every one according to his ability, to engage in some line of missionary work. One who can not, or will not, do this comes far short of the standard reared by Christ for His fellow workers.

DELLA WALLACE.

GRANT CITY.

For some time we had planned to hold a meeting with the brethren and sisters in this part of the State. The meeting was held Dec. 17-22. The character of the message given was calculated to inspire the people with a greater desire to walk in the light of God as given for this generation. Our work should be of the character of that of Elijah and John the Baptist. "The word of the Lord came unto John." It was not his word, but the voice of God speaking through him. The word of God is a living word. The work of John the Baptist was not circumscribed; it was not limited to any one place. He was the messenger sent to prepare the people for Christ's first advent. So likewise God's servants to-day are to preach the message in the spirit and power of Elijah, to make ready a people for the coming of the Lord.

As of old the axe was laid to the root of the tree, and God's people took a definite stand in favor of reform. Five young people gave their hearts to the Lord; others came forward to seek the Lord, and gained a victory over sin. Officers were elected, and different lines of work were presented. Dr. Emma A. Perrine set forth in a practical way the medical missionary work. Eld. N. C. Bergerson assisted in the meeting. May God bless this church, and may they be fruitful in every good work, abounding in the grace of God.

L. F. STARR.

OBITUARY.

ROBERTS.—Died, at Perry, Iowa, Sabbath, Nov. 9, 1901, of cancer and a complication of diseases, Mrs. L. P. Roberts, aged 88 years and 4 days.

Sister Roberts united with the M. E. church in early life, and continued in that faith until three years ago, when she accepted present truth under the labors of Brn. Henry and Wm. Johnson in tent meetings at Perry, and was baptized by Eld. C. F. Stevens. She has been a faithful worker, occupying responsible positions in our church and Sabbath-school. We miss her much, and mourn with her children, of whom there are eight; but not without hope, for we know she will come forth in the first resurrection. The funeral services were conducted by Rev. A. H. Collins, of the M. E. church, who used as his text 2 Tim. 4:7.

MRS. LEONIE T. HABENICHT.

DAVIS.—Died, near Pleasanton, Iowa, Nov. 2, 1901, Austin, son of Mr. and Mrs. Geo. Davis, aged 18 years.

Austin never made any profession, but was always a good, faithful boy. He respected the Sabbath, and attended Sabbath-school at Davis City, and was loved by all. Funeral services were conducted by P. Kirk, and the remains were laid away to rest in Hamilton cemetery until the sounding of the last trumpet.

CORA M. DAVIS.

THE BOOK WORK.

ARE YOU PLANNING?

PLANNING for what?—To attend the Teachers' and Canvassers' Institute to be held at Marshalltown, Iowa, Feb. 4 to March 30, 1902. Who should attend?—Those whose hearts God has stirred to feel the importance of these lines of work; young people of both sexes who are willing to consecrate themselves for whole-souled missionary effort. Prof. Bralliar's bookkeeping class will be an excellent place for our missionary secretaries to get just the help needed to keep their society books properly. We hope a goodly number will avail themselves of this opportunity to prepare for more efficient service. Many of our older brethren, who have been long in the way, might not only receive a new inspiration themselves, but also be a source of encouragement to those who are younger or newer in the faith. We hope and expect to meet some of this class at our institute.

What text books should be taken?—

Bring whatever text books you have. The different studies will be treated topically, and all books will be used for reference. As a suggestive list the following may be named: Bible, concordance, arithmetic, grammar, geography, physiology, "Patriarchs and Prophets," "Great Controversy," "Early Writings," "Desire of Ages," "Steps to Christ," etc. Teachers, or those contemplating teaching, will want their books on theory and practice of teaching, such as, "Home and Church School Manual."

Who should not come to the school?—Those who are not willing to enter heartily into the work of the school would better stay away. Any who may be looking for a "good time" should look elsewhere. Those who are in any way likely to fall in love with anything except good hard work, may well pause and consider that there will be much labor and little time for anything else. Those who are unwilling to impose upon themselves the restraints incident to a school of this kind, and to fall heartily into line, co-operating with instructors and one another, will do better to remain at home.

What will the expense be?—The cost of board must be borne by the students. We hope to make this as light as possible consistent with the provision of plenty of good wholesome food. To this end we solicit from our brethren donations of food or money. It is estimated that the cost of board will not exceed \$1.25 per week. Other expenses, such as, room rent, heat, etc., will be borne by the Conference.

What articles should be brought?—Plenty of bed clothing and all such toilet articles as may be desired. Chairs will be provided.

What educational tests will be required for admittance?—None. The only qualification insisted upon is a willingness to enter heartily into the work. Classes will be organized to meet the needs of any who may attend. The end sought will be to fit those in attendance for actual work.

Who will give instruction in canvassing?—Bro. O. E. Cummings, our district canvassing agent, has consented to have charge of this department. Prof. Floyd Bralliar will have charge of the teachers' work, and will teach one class in Bible, bookkeeping, physiology, psychology, and missionary geography. The writer will teach one class in Bible, arithmetic, and grammar.

When is the best time to enter?—By all means come at the beginning if pos-

sible; but if this is not possible, do not hesitate to come later.

Who is expected to take an interest, and aid in making the school a success?—Every S. D. Adventist in Iowa. This can be done in a number of ways. 1. Pray for the students and teachers. 2. Donate toward the expenses of the school. 3. Search diligently for those who should attend, and encourage them to come.

To whom may I write for further particulars?—Thos. H. Jeys, Modale, Iowa.

CANVASSING REPORT FOR WEEK ENDING DEC. 20, 1901.

	Hrs.	Ord.	Val.	Helps.
CHRIST'S OBJECT LESSONS.				
Henry Johnson.....	8		\$10.00	
Calvin V. Starr.....	1		1.25	\$ 5.00
H. L. Stenberg.....	28	3	3.75	2.00
E. E. Gardner.....	28	9	11.25	
G. A. Larson.....	4		5.00	
Wm. Guthrie.....	5		6.25	
Henry Rorholm.....	17		21.25	5.50
Jessie Welsh.....	10		12.50	12.25
John A. Pines.....	36	6	7.50	

DELIVERIES.

	Books.	Value.	Helps.	Lost.
Lewis Hilliard.....	25	\$35.00	\$ 1.00	
Lloyd Manfull.....	5	6.25		
Ollie G. Manfull.....	13	16.25		
Mrs. H. L. Stenberg.....	1	1.00	2.00	
A. A. Tolliver.....	44	100.00	8.25	1
Henry A. Johnson.....	3	15.50	25.75	
Henry Rorholm.....	27	33.75		
Jessie Welsh.....	19	23.75		
Andrew W. Johnson.....	10	12.50	4.65	
Wm. Guthrie.....	80	100.00		
E. E. Gardner.....	21	26.25		
H. L. Stenberg.....	50	62.50		
Calvin V. Starr.....	19	23.75		
Henry Johnson.....	30	37.50		
John A. Pines.....	6	7.50		

SUMMARY.

No. of agents.....	17
" " orders.....	63
Value of ".....	\$ 78.75
" " helps sold.....	\$ 66.40
Total value.....	\$145.15
Value of deliveries.....	\$501.50

THE SABBATH-SCHOOL.

CONDUCTED BY A. HELEN WILCOX.

QUESTIONS ON 'TESTIMONIES ON SABBATH SCHOOL WORK.'

(January Study, pp. 53-58.)

Second week.

1. Should unconverted persons be invited to teach in the Sabbath-school?
2. What is the effect of such a teacher's influence?
3. Study the qualifications of teachers as follows: (a) Condition of heart. (b) Connection with Christ. (c) Students of the Word. (d) Efforts to improve. (e) Time for prayer.

A LETTER FROM THE SOUTH.

Dear Children: I am sure you love to hear of the work at Oakwood. How are you, and what have you been doing since I last wrote? How many of you

have been kind to papa, mamma, brothers, and sisters? If I could see all of your faces just now as you read this, I wonder what I would read there? Would some of you drop your eyes, and not want me to look into them? Do not be scared, but look right at me; because if we have not been good, we want some one to help us, and this is just what I wish to do if I can find out who need help. I am sure there are many who are doing the very best they can, and I am so glad that this is so. Because I have neglected writing for so long a time, you may think, Bro. Jacobs has forgotten us; but this is not so. I often, very often, let my mind run over the State of Iowa, visiting the different places where I have been; and as I was anxious for you then, I am also anxious now that you shall develop into men and women who will do good work for Jesus. Shall I be disappointed? It has been a long time since I wrote you last, and perhaps I will never write you again in this way, because you who remember me are getting so much older. When I left Iowa nearly six years ago, you were from four to ten years old. Soon some of you will be called to the North, East, South, and West, to carry the message to others. How many of you will be ready to go?

Well I must not close without telling you something about the farm and school. I know that you are interested in this place and all of its belongings. We have been prospered on the farm, our crops are good and this has been the case every year since we came here. The Lord has certainly had a care for all of our crops, knowing there would be many to feed. There are over sixty that live off of the products of the farm. Our fruit was fine, and many of our peach and plum trees were too full. One man from Wisconsin, looking for a place to locate, took a picture of some of our plum trees, and he said that he never saw anything like it for fruit. We sold twenty-four dollars' worth of plums and twenty-seven dollars' worth of peaches. We also sold some grapes, of which we had at least a ton and a half. I want to say to you, dear children, that we appreciate the fruit very much, and that it was your money that bought the trees. You remember that I spoke of this once before. Little did I think then that I would stay here long enough to see such a fine supply of fruit as we raised this year. We had bushels of peaches that would only lie on the top of a good sized teacup; they would not drop down into it. If any of you come down, we will see that your pockets are filled with peanuts.

S. M. JACOBS

(Concluded next week.)

THE SANITARIUM.

CONDUCTED BY EMMA A. FERRINE, M. D.

HEALTH HINTS.

NERVOUSNESS in some form is a very prevalent disease of to-day. Few, even among those considered healthy, are free from it. The immediate cause of nervousness is a lowering of the vital force, because the expenditure of vital energy exceeds the income. The more common influences leading to this condition are overfeeding, overwork, lack of exercise, and overdressing. Injurious mental states, such as, anger, remorse, and grief are strong influences in lowering the vital powers. Worry is perhaps the most injurious of all mental states. Very often the work of digesting and excreting a quantity of food which is far in excess of the needs of the body, is the cause of nervousness.

The term overwork also implies faulty methods of work. The driving, hustling habits of work so common among Americans are simply a result of, and also a cause of, nervousness. To overwork is folly, from every standpoint. Not only is the person injured beyond all comparison to the value of the thing accomplished, but the work itself is almost always defective. Lack of ventilation is also an indirect cause of nervousness, through the fact that the lungs are unable to get from impure air the proper amount of oxygen, or to void their accumulated poison; thus the general vitality suffers.

The cure for nervousness is to be found,—not in drugs, but in such a course of living as shall bring about a correct balance between the income and outlay of the body, and thus preserving the vital energy. With the co-operation of the patient in adhering strictly to correct methods of living, there is no reason why all nervous people cannot be greatly benefited, if not entirely cured of this dread malady.

NOTES.

THE Sanitarium is at present well filled with patients.

DR. J. D. SHIVELY was called to Madrid last Sabbath to see a patient.

MISS MARY HASKELL was called home to Garwin, last Friday, by the illness of her brother.

OUR senior nurses have been working hard to get their work all up to date by the first of the year.

MISS BESSIE YOUNG left recently for her home at Dubuque. After a short vacation, she will connect with the bathrooms at Cedar Rapids.

Workers' Bulletin.

DES MOINES, IOWA, DEC. 31, 1901.

—1902.

—WE wish for each of the BULLETIN family a year of joyful service for the Master.

—BRO. J. W. DORCAS met with the church at Adel Thursday and Friday of last week.

—BRO. AND SISTER G. R. HAWKINS have been laboring at Dubuque during the past week.

—BRO. C. W. LARSON has been enjoying a visit from his brother Julius Larson, of Ruthven.

—MISS MINNIE WOLFORD, of Pilot Mound, is teaching a church school at La Grange, Ohio.

—BRO. ANDREW JOHNSON writes of good meetings held with the church at Winthrop last week.

—ELD. E. G. OLSEN spent the closing days of the week of prayer with the churches at Algona and Ruthven.

—BRO. ALFRED M. CHAPMAN, recently from Union College, is now employed as our Conference President's stenographer.

—THE annual offerings should be forwarded to Missionary Department Iowa Conference, 603 E. 12th St., Des Moines.

—BRO. AND SISTER H. L. STENBERG met with the church at Pilot Mound during the last three days of the week of prayer.

—MRS. A. T. SQUIRES, of Diagonal, called last week on her way to spend the holidays with friends at her old home in Pella.

—BRO. AND SISTER A. L. LINGLE have been called to give instruction in nursing, and also to do practical nursing work, in connection with Healdsburg College.—*Pacific Union Record*.

—BRO. C. E. RENTFRO expresses gratitude for new experiences gained in the work for "Christ's Object Lessons." He has been working at Storm Lake, but now returns to Sioux Rapids.

—THE columns of the BULLETIN are open for the publication of reports of meetings held during the week of prayer. This will be one means of sharing with each other the blessings received, serving to unite more closely our hearts and efforts in this onward movement.

—THOSE who read the report of the branch Sabbath-school in South Des Moines will doubtless be interested to learn more about the work there. A Christmas dinner was served to the poor children of that neighborhood, which was partaken of by about sixty. Following the dinner a program of recitation and song was rendered, in which the children took part. Each child received a sack of popcorn and nuts, with some fruit and a pretty motto card; and several baskets of food were sent to poor families. The work of preparing for the dinner was committed to the young people, with a few of experience to superintend, the older members of the church furnishing the food, etc. It is hoped that this effort may aid in reaching the hearts of these people.

—ELD. L. F. TRUBEY is still at Glen Elder, Kansas. He has been improving the opportunity, while visiting his parents, of interesting the people of the neighborhood in present truth. He writes of engaging in Bible work, the result of which is an urgent call for public meetings.

—THE week of prayer, we trust, has brought to all our churches such a refreshing from the Lord as shall fit us all for better service. Shall we not continue this revival throughout the coming year? Yes, even until the redeemed shall join in the final song of victory?

—BRO. AND SISTER G. A. LARSON passed through Des Moines last week on their way from Albia to Winterset.

—BRO. AND SISTER GEORGE OLSEN, of Kelley, were visitors at the Sanitarium last week.

—MRS. W. U. HUNT, of Ames, called while in the city last week.

NEW CLUB RATES ON THE "SIGNS."

A CHANGE has been made in the club rates on the *Signs*, to go into effect Jan. 1, 1902, by which the isolated missionary worker and the small church will be supplied at the same price as the largest church. The uniform rate on all clubs of five or more is now 70 cents per copy. This will bring the *Signs* within reach of many who can not secure papers through a large club. Please also notice carefully the following special offer: From any one taking a club of five papers the publishers will accept single subscriptions at the rate of 83 cents per year. In other words, they will only charge the club rate of 70 cents plus the cost of sending out such subscriptions separ-

ately. This will be a help to those engaged in missionary correspondence. The subscription can be changed to another name at any time without extra cost. This is much cheaper than to remail the papers from a large club. Fuller particulars concerning this are given in the new lesson pamphlet. See last three pages. Note all that is said concerning the matter carefully. We hope that all our missionary societies will use as many copies of this our pioneer missionary paper as is possible.

THE HASKELL HOME TRAINING SCHOOL.

PROBABLY few know of the great opportunities afforded for training in connection with the Haskell Home at Battle Creek, Mich. The Home is not simply a place of refuge for homeless waifs, but is a school in which an effort is made to regulate the whole life of the child in accordance with the best methods of training,—physical, mental, and moral. The kindergarten and primary school, and the different grades of the higher school are all represented in the educational work, together with manual training in its different phases, including wood sloyd and all the different forms of hand craft.

Those who enter the school for training receive instruction in all these branches. A course is also given in nursing in connection with the Sanitarium Training School for Nurses. There is no better opportunity afforded any young woman who desires to prepare herself for usefulness than is presented by this excellent course of instruction. There is just now an opportunity for a dozen bright, well educated women to take up this course. For further information address Haskell Home, Battle Creek, Mich.

BUSINESS NOTICES.

UNDER this head, short business notices will be inserted at twenty-five cents per issue.

WANTED, A FARM HAND.—I have a Scandinavian friend, a Sabbath-keeper, who desires a Sabbath-keeping young man to work for him through the summer and fall. Good wages to the right person. Reference desired. A Scandinavian preferred. Please correspond with me. E. G. Olsen, Forest City, Iowa.

APPOINTMENTS.

JACKSONVILLE,	Jan. 1- 4, 1902.
Harlan,	" 5, "
Blencoe,	" 7, "
Onawa,	" 8, "
Council Bluffs,	" 9-12, "
Atlantic,	" 13-16, "
Stuart,	" 17, 18, "
L. F. STARR,	
N. C. BERGERSON.	