## SPECIAL MEDICAL EDITION



# Medical Ministry

### Dr. A. W. N. Druitt

mere function of the State.

admonition to His early workers , and consequently handed down to us are found in Luke 9:2 when He says. "Preach the Kingdom of God AND heal the sick." This work then is a sacred responsibility given by Christ Himself, which must be carried on until He Himself shall come to reward His workers. It is only of recent years, that the "right arm of the message" has sought to attain its proper strength, and almost daily the use of this "right arm" is being witnessed through the world.

The Master Himself spent a large portion of His early ministry healing the sick. relieving suffering humanity, and restoring God's original image in the bodies as well as the minds of those who had long been wracked by the ravages of sin. He was not content just to show the world His power of changing the spiritual life of individuals but often did He seek first to heal the body. In His parable on the good Samaritan. He pointed out the weakness of the leaders of the church in failing to recognize their duty to those who were physically suffering, thinking that their job was simply to provide spiritual food for the people. It was not until the Samaritan approached that the work of mercy was witnessed and with it came the commendation of the Master Healer whose closing memorable words

THE WORK of healing the sick was never to become a stand out clear and distinct for us today, "Go and do likewise." Christ's great words of So we as God's true remnant church must be found when He



comes "binding up the wounds," as well as preaching the gospel, for by endeavouring to bring physical healing we shall to many bring spiritual healing too.

Medical ministry is one of the mighty weapons given to this church for the carrying of the gospel message to all the world in this generation. But it is surprising how slow we often are to realize this power whilst those who seek to oppose the work of God know only too well of it. The devil places many obstacles before this work to try to hinder its progress. We, on our part, must do all we can to foster and live it out in our lives.

Medical ministry has the power to reach every class of humanity. from those in kings' palaces to those in the humble dwellings. From every walk of life its power can be used to create friends, break down prejudice, and influence souls in higher spiritual things. The message from the Master Healer must reach out to every man with its cleansing life-giving touch.

Paul had to bring the attention of the early Christian people. especially to those in Corinth, the reminder that their bodies had to be "the temple of the Holy Ghost," if God were to use their lives in service for Him. How perfect must the (Continued on page 4)



FRONT VIEW of the HOSPITAL at

27 HOPE ROAD

### **Denominational Diet**

The importance of diet, as we understand it today, in relation to health can hardly be over-emphasized. Yet it is only within the present century that such importance has begun to be realized and the science of dictetics to be firmly established.

The dietary principles laid down in the Spirit of Prophecy were indeed "Reforms" in those days, yet, almost without exception, these very principles are now not only accepted, but actually advanced by modern medical science as prime essentials both in the treatment of disease and in the maintenance of adequate health.

One of the most recent advances of knowledge in the science of dietetics concerns the influence of diet on mental health, and not a few of the researches made in this direction are now coming to be regarded as important factors in psychosomatic medicine — that newest branch of medical science.

Yet, over three-quarters of a century ago, the Servant of the Lord declares that "wrong habits of eating and drinking lead to errors in thought and action" and "indulgence of appetite strengthens the animal propensities, giving them the ascendancy over the mental and spiritual powers". "The Sanctified Life". p. 20.

She was most emphatic about this and spoke out repeatedly against certain foods and beverages, and against certain prevalent habits such as overeating, showing the evil effect they had on the mental and moral powers. But her ideas were by no means accepted at the time either by the public in general or the medical porfession in particular. In fact, the doctors of the day ridiculed all such ideas. Dietitians had not yet come into being and the idea that food could influence the mental processes or have a therapeutic significance had not occurred to current medical thought. How different the present view!

Our distinctive denominational doctrines, on the therapies which were then regarded as religious peculiarities, have come to acquire sound scientific standing in the medical world. Had we only grasped the principles so clearly laid down so long ago by the Servant of God, even though we might have been considered fanatical at the time, we should by now, without doubt, be occupying a position of pre-eminence in the science of medical dietetics, for in the field of diet therapy has come the most remarkable reorientation resulting in recognition to an astonishing degree of the fundamentals then laid down. But what have we done?

Even during her lifetime (1909) the Servant of the Lord was compelled to write: "More than forty years ago the Lord gave us special light on health reform — but how are we walking in the light? How many have refused to live in harmony with the counsels of God?" "Let those who are teachers and leaders in our cause take their stand firmly on Bible grounds in regard to health reform and give a straight testimony to those who believe we are living in the last days of this earth's history. A line of distinction must he drawn between those who serve God and those who serve themselves."

"I have been shown that the principles that were given us in the early days of the message are as important and should be regarded just as conscientiously today as they were then. There are some who have never followed the light given on the question of diet. It is now time to take the light from under the bushel and let it shine forth in clear, bright rays." *Tes. Vol. 9, p. 158.*  "I have been intsructed that we are not to delay to do the work that needs to be done in health reform lines. Through this work we are to reach souls in the highways and byways." Vol. 9, p. 168...

"Keep the work of health reform to the front, is the message I am instructed to bear. Show so plainly its value that a widespread need for it will be felt. Abstinence from all hurtful food and drink is the fruit of true religion. He who is thoroughly converted will abondon every injurious habit and appetite." Vol. 9, p. 113-

People are to be taught how, by carefulness of eating and drinking, they may keep well. The diet question is a subject of living interest and "the question of health reform is not as agitated as it must and will be." Mrs. E. G. White's *Letter 73a*, 1896.

Is it now time for us to awake out of sleep, to seek again the old path, to return to the Edenic ideals of diet, to give the trumpet a certain sound? Otherwise, what are we to understand by the repeated statements that our medical work must be regarded as a vital part of the Third Angel's Message—the very "right arm" of that message — and therefore just as much a part of this Advent Movement as any other division of denominational work? The work of teaching the people how to prepare a dietary which is both wholesome and appetizing is of the utmost importance.

"God designs that the great subject of health reform shall be agitated and the public mind deeply stirred to investigate; for it is impossible for men and women, with all their sinful, health-destroying, I brain-enervating habits to discern sacred truths, through which they are to be sanctified, refined, elevated, and made fit for the *(Continued on page 6)* 

Page Two

THE BRITISH WEST INDIES UNION VISITOR

February, 1950

### History of Andrews Memorial Hospital and Clinic

It was in 1943 that the General Conference and the officers of the Inter-American Division realized that it was high time that some form of medical work should be started in this Division. Doctor C. R. Anderson in his practice in Washington was approached and invited to commence this work. In March 1944 the property at 27 Hope Road was purchased. Later in the year, with the aid of the Conference workers and the good members of the North Street Church, a property behind that church was obtained. Towards the end of 1944 the first doctor and the first nurse for the Inter-American Division arrived in the Island of Jamaica.

April 1945 saw the clearing of the ground behind the North Street Church and the commencement of the erection of the present clinic building and by the end of 1945 the clinic was in functioning order with the help of E. E. Walters for the Pharmacy, Mr. Crooks in the Laboratory, and Misses Lena Henriques and Ellice Hogg in the Social Service Department. Also in the year 1945, Miss Ruth Munroe started lecturing in pre-nursing subjects at the West Indian Training College. Seven young ladies had commenced their training and towards the middle of 1945 an impressive service was witnessed at the North Street Church in the presence of Elders Nelson, Calkins, Torrey, and Doctor Walton when these seven young ladies received their nursing caps.

The official opening of the clinic by the Deputy Governor, the Honourable H. M. Foot, O. B. E., took place on December 12, 1945.

The year 1946 brought many new workers to join the staff of the hospital. In January of that year Miss Edna Parchment became Treasurer for the institution,

and in still with us. Miss Ruth Munroe, who had done very good work in the establishing of the Nurses Training School, was recalled to the Far East and Miss Ruth Mitchell took her place. Doctor and Mrs. A. W. N. Druitt and family arrived from England on October 15, and on October 16 Miss Rebecca Carroll, a graduate from Australia, but having spent many years in the States, arrived to help with the nursing supervision. A few days later Mr. and Mrs. Pleasants and family arrived, the former to take charge of the Physiotherapy Department and Mr. and Mrs. Luce to help with the kitchen and purchasing. Mrs. Luce was a graduate nurse and helped out with the nursing problems as well.

Towards the end of 1946 a long-waite for day arrived and that was the groundbreaking ceremony for the proposed nethospital building in the front of the property purchased at 27 Hope Road following which the foundations were laid. In 1947 the building programme was slow, and eventually stopped owing to insufficient funds, but towards the end of that year we had good prospects of finishing the central block of the hospital unit.

The end of 1947 and the beginning of 1948 witnessed a solicitation campaign conducted by Elders R. E. Gibson, Business Manager, and B. M. Heald, loaned by the New York Conference. Funds to the amount of over  $\pounds 2,000 - 0 - 0$  were obtained and also a special grant by the Government to the amount of  $\pounds 5,000 - 0 - 0$  was received to help with our building programme. Nineteen forty-eight saw great changes in the shape of the building and the structure rapidly grew.

The end of 1948 we were very sorry to see Mrs. Anderson return to the States on account of ill health, but early in 1949 it was with deep regret that we witnessed the departure of Doctor C. R. Anderson who had devoted almost five years of wholehearted service for the promotion of the medical work here in the Island.

Mr. B. R. Hamilton took over the duties of Business Manager of the institution following the call of Elder R. E. Gibson and family to take charge of the work in the Bahamas. A further grant of £1,500 was given by the Government to help finish the East wing of the hospital.

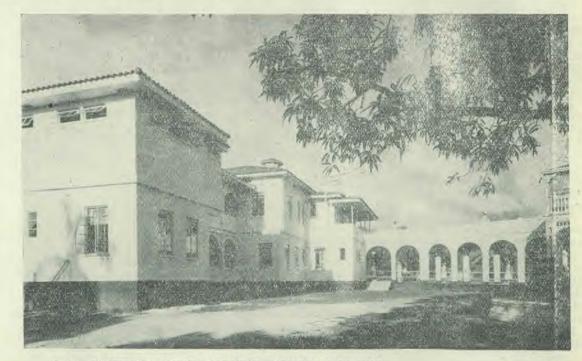
For the next six months of 1949, Doctor Druitt laboured alone in the medical work. Miss Ruth Mitchell rendered valuable assistance and has given untiring service in an endeavour to carry on the administrative work of the Matron as well as to carry the full load of teaching the nurses. Part-time service for three of these months was rendered by a lady doctor from England, and then in August was witnessed the long anticipated arrival of Doctor and Mrs. Shone from England. Immediately a large portion of the heavy strain of the work was relieved.

In November 1949 Mr. McIntosh came back to his native land from the States to take charge of the Physiotherapy Department following the departure of Mr. Pleasants and family back to the States.

For the last two years the Kingston and St. Andrew Corporation have been giving grants to the Clinic on James Street in recognition of the charity services that have been rendered there. These grants accumulated to the amount of £850-0-0 for which we were very gratsful, and with this amount a Children's-Ward extension to the clinic was built in accordance with the agreement with the Kingston and St. Andrew Corporation. This building was completed in Dec., 1949.

And now as 1949 closes we can look back with great thankfulness to God for

(Continued on page 4)



THE BRITISH WEST INDIES UNION VISITOR

Page Three

### REAR VIEW

of the

#### HOSPITAL

showing double walkway connecting the new building with the

old.

### An Institution That Is Different

The Andrew's Memorial Hospital and Clinic of which every Seventh-day Adventist in Jamaica should be proud aims at rendering medical and spiritual help to suffering humanity. This will partly be accomplished by training women, not only to become skillful nurses, but to use their knowledge of bringing those under their care to the great Physician.

It is not in great deeds but in numberless small ways that we build the spirit which brings to our hospital and clinic those who are looking for more than material values. These, without doubt, could be obtained in other hospitals. Here are a few of the numberless ways our less fortunate brothers have been helped.

There were many from whom hope had departed. We helped to bring sunshine to them. There were those who needed the bread of life. We read to them from the word of God. Many had lost their courage. We were privileged to speak to them words of cheer. We prayed for them. Many were suffering from soul sickness, which no earthly balm or physician could heal We prayed for those souls, and told them of the wonderful balm in Gilead, and the great Physician there.

It is very inspiring to listen to the testimonies of patients concerning our work. This is how one puts it, "This place is God sent. I like the Christian attitude of everyone." And another, "I would not have had such a peaceful rest, had it not been for that good night prayer of my nurse." And still another, "I shall never forget that sincere prayer doctor prayed for me when I was taken to the surgery for my operation."

This is one of the many experiences of student nurses in this institution:

It was 9:30 p.m. A student nurse was about to leave the room of her patient. She gave a last look to see if everything was just right. Yes, the many tasks that were necessary to prepare this sick woman for rest was completed, yet something was lacking-that good night prayer. Doubt crept into her mind and she questioned, "Why, would this patient who belonged to such an influential circle accept my offer to pray for her?" At length she went nearer to the patient and spoke rather softly, "Mrs. Blank, would you like me to ask Jesus to watch over you this night?" Her reply was, "Yes, nurse, and thank you ever so much." The prayer was short and simple, but the hearty "amen" Mrs. Blank uttered revealed the measure of her appreciation.

Speaking on behalf of the student nurses, I think we would be "reckoning without our host", should we fail to extend to our noble faculty our heartfelt gratitude for piloting us these years. May God continue to bless them as they strive to influence other youth of Jamaica and others from West Indian Islands to seek that which is ennobling and elevating.

Fourteen young women have left this institution with the training that will enable them to sail the sea of life and at last anchor safely into the heavenly port. A few months later, and ten girls will join this group, and nine a year later.

It is our desire to share that deeper spiritual experience which is a part of our institution. We want to become more and more humble in the assurance that there are among us godly teachers and fellow students who have an intelligent knowledge of the realities of heaven and whose motto is "Others, Lord, yes others."

Dear Reader, may we solicit your prayers? Thank you.

- A Student Nurse.

### Medical Ministry

#### (Continued from page 1)

temples of Adam and Eve have been in the Garden of Eden when everything was perfection prior to the entrance of sin. How wonderful to have a body that attains to perfect health and never had an achor pain. Such was the temple of the Holy Ghost in our great grand-parents before sin came along to marr their super structure. And with sin has come all the diseases of the body that we have today, gathering in momentum it seems as the centuries pass by, at times killing thousands in its train as pestilences sweep the land.

Modern science has certainly made tremendous strides at holding back much of the avalanche of diseases. This has been done by improved sanitary conditions, housing estates, etc., and providing preventive medicine including immunization, as well as remarkable curative agents for the actual killing of the germs causing the disease. There is still plenty of scope for science to still further exert its influence in the finding of more potent remedies for certain diseases that still kill hundreds and thousands of lives every year, and there is still plenty of scope for gospel workers and believers to rid their lives of many sins which can eventually give rise to these diseases.

There is a part for us all to play as individuals in fitting ourselves into this great medical ministry programme; and that is, to make sure that to the best of our ability these bodies of ours are fitted to be temples where the Holy Ghost may dwell. If this fact could remain uppermost in our minds as we grow up through the various ages of man - the infant in learning regular habits for the care of the body which will remain throughout life when once established; the youth and young adult in preventing his body from becoming abused and defiled with the prevalent diseases that are in the world, realizing that ninety-five per cent of the cases in the mental assylum are there as a result of alcohol and venereal diseases that it brings with it; and the older adult in seeking medical attention as soon as symptoms present themselves rather than

hoping for the best and then seeking aid when the disease has progressed beyond the limits of medical treatment, if these facts and many others can be borne in mind to make better temples of our bodies, then God can use us more fully to carry this great Second Advent Message to all the world in our generation, and the medical ministry can exert the power and strength of its "right arm" to help to complete this task of "turning the world upside down" for Christ.

### SPECIAL PRAYER and SPECIAL OFFERING Sabbath, February 18, 1950

It was voted by the Union Committee to ask the membership of the Union to join unitedly in a day of special prayer for the progress and success of the Medical Work in the British West Indies Union. May your petition and that of your church be heard in Heaven on SABBATH, FEBRUARY 18.

We are also asking each one to give at least a shilling for some urgently needed equipment in a special offering to be taken on the same day.

- R. W. N.

### Port Maria Clinic

For many months it has been our desire to make available to the members in the country districts of Jamaica the same facilities that are available to those who live in Kingston and to those who visit our clinic here from the country. As recently as December 1949 a new venture was started in the parish of St. Mary, and I am glad to report at this early stage that the clinic, being held every Tuesday at Port Maria, is already making good contacts, and I trust is being of material help both for our believers in that district and for members of other denominations. Already many non-Adventists have been treated in that clinic as well as church members, and we are glad for the welcome that has been extended to us in this start of our country clinics. We are trusting that this is just the commencement of a string of similar clinics in different parts of the island.

### History of A. M. H.

#### (Continued from page 3)

the rapid growth of this medical work in the Inter-American Division and we look forward in 1950 to greater records in this needy mission programme. May the Lord prosper the work of the medical missions in this great Inter-American Division.

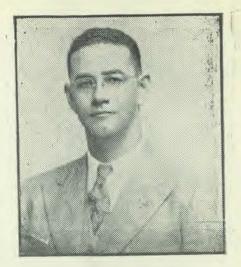
THE BRITISH WEST INDIES UNION VISITOR



Dr. John Shone, M.D. (London)



Miss Ruth Mitchell, R. N., Matron



Elder B. R. Hamilton, Business Manager

### A Message from

### The Business Manager

The oft repeated statement from the Spirit of Prophecy that "the medical work is the right arm of the message" is nothing short of a realization in Jamaica. We have looked forward for the accomplishment of this realization for many years and thank God we are almost there now as the Andrew's Memorial Hospital and Clinic have opened their doors for the helping of humanity. We are endeavouring to help in a spiritual as well as a physical way all those that come under our care.

Many of the "Visitor Readers" have had personal contacts with the staff of the hospital and clinic workers to know that we are trying to make things pleasant and comfortable for our patrons. We sincerely hope and trust that more of our people will embrace the opportunity of having their medical needs taken care of in our hospital and clinic.

One of the peculiarly hard matters to talk about, and yet it must be done, is that concerning finances. We wish we could give to every one all the medical care, hospitalization, and medicines free, but you understand, I am sure, that this is not possible, as the funds to meet those bills must be met somewhere. Friends, you know that we do not have the money to do all we would like, and unless our patrons are faithful in the payments of their dues to us, we will be embarrassed to meet our creditors.

Although we are forced to make these few things clear, we want you to bear in mind the passage that we should not be slothful in business and that we should be the head and not the tail. I, personally, look forward to the time when many of you will have the chance to see the medical units of our own. As you well know, we do not only look after the needs of our people, but we are operating medical institutions for all who want to come, and we may be filled up at the time that you plan to come, so a word ahead of your arrival to look over these places should be in our hands so that we can make arrangements for you to see as much as we would like you to.

Pray for the success of this great Advent Movement in all its branches. Pray for us as we endeavour to do our part and success will be ours.

- B. R. HAMILTON.



A typical room in the new building containing bed, bedside table, chest of drawers, chair, running water, clothes closet, lavatory and shower.

### From Our Correspondence File

I am deeply appreciative of your kindness to L P. at the clinic. — P. H., Constant Spring P. O.

- L. M., England

I wish to express my appreciation and thanks to the excellent attention of the staff attached to your institution and in particular to my doctor for the added spiritual instruction. It is my fervent wish that the Andrews Memorial Hospital goes from strength to strength.

-J. M., Junction P. O.

I have been amply satisfied and grateful to my Lord who thro' His Holy Spirit guided me to meet such amiable, kindhearted, true Christian people. You have exemplified to the world at large and to Jamaica, in particular, that there is nothing impossible with God; and I believe it is because the institution is built on the foundation stone of the rock of our salvation that success follows your wonderful work for aid of suffering humanity. I thank you all from the bottom of my heart for the kind treatment meted to me from the Sister, Nurses and attendants. I cannot forget the prayers offered for me by those Christian nurses before I retired to rest at nights and the kind manner in whch they attended to my comforts.

-J. C., Half Way Tree P. O.

We are deeply moved at the contrast between this Hospital and the many with which we are well acquainted, and this we know is directly due to the Christian influence which permeates the whole place. I shall not hesitate to tell others of the wonderful experience my wife had while there; truly it was joy untarnished to be with you, to meet the nurses and more so to have them attend you. This is equally true of Doctor and yourself (Matron). May God so have it that more hospitals like this be established and wield an influence throughout our island that in all hospitals the personnel will appreciate the real joy in service. Please accept a big THANK YOU from the depth of our hearts for everything.

- D. A. Christiana P. O.

Dear Matron.....Let me ask you to convey to the entire staff a big THANK YOU for their kindness and attention to my dear wife and myself during her stay at the hospital, and let me ask you to accept a very special THANK YOU for your loving manner, gentle kindness and attention and sincere devotion to your duty ..... The memories will always linger with me and again I thank you.

- O. L., Port Antonio P. O. I have been a visitor and patient at Seventh-day Adventist institutions in England, Australia, Switzerland, and Denmark and lately at the Andrews Memorial Hospital and the best compliment that I can pay the latter is to say that it more than equals the others in kindness, nursing, and other modern facilities. What one most wants, I think, in a hospital is to have a mind at peace and this I found completely in the Andrews Hospital.

- D. W., Mandeville P.O.

### THRO' THE YEARS

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It was at the first portals of Andrews, As advancing pioneers we stood, Glancing way out in the future

As far as our human eyes could. The clouds that hovered our pathway,

Were as dark and as black as night, But Christ our sure captain and leader Was never far out of sight.

Many the opportunities that faced us, And many the hardships too,

But the fervent prayers offered Were in no wise few.

So with heart and hand we laboured, Among patients both rich and poor

- Till Jamaica was filled with the tidings "A. M. H. is the place to go."
- Young ladies started their training-probes To graduates they go,

Nurses full-fledged and alert,

Were ready their knowledge to show. Technicians, dieticians and typists were

eager

Their part to play

As the doctors and matron directed by God, Were ready to lead each day.

Andrews today is so different,

From the original of five years ago, There are new buildings, staff members, And other workers, because we have grown so.

But the spirit of Christian devotion, zeal Courtesy and good will to all.

Will linger forever with us,

And strengthen each faltering wall.

Mem'ries both happy and sorrowful,

Adorn our avenue of time.

- Happy because we are fulfilling The task to which we are assigned.
- Sorrowful that some of the pioneers Only started and then had to go.
- Not sharing the satisfying harvest, Of the seeds they helped to sow.
- May each beam of this powerful lighthouse

Spread its radiance at home and afar, Guiding the sinsick, heartsick and dying

- To Christ the physician of all.
- Then when our journey is ended,
- And we glance o'er the pathway we've trod,

May we joyfully enter our rest, thro' the glorious portals of God.

- B. KELLMAN.

#### The British West Indies Union Visitor

DEPARTMENTAL	SECRETARIES	
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R. W. Numbers Clyde O. Franz	President Secretary-Treasurer	
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R. W. Numbers Clyde O. Franz	Asst. Editor	

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#### **Denominational Diet**

(Continued from page 2)

society of heavenly angels in the kingdom. of Glory." "Health Reformer", 1872,. October, p. 314. (Mrs. E. G. White).

How important a place, then, the principles of health reform are to occupy in preparing men and women to inhabit the kingdom of God. Around us we see everywhere ominous warnings of a fast approaching end; to us has been committed a message for the bodies and souls of men in these last hours. How greatly we need a renewed realization that the one reason for our existence as a remnant people, the one reason for our health institutions and our whole health work is to make ready a people, sound physically, mentally and spiritually, to meet God in peace.

The heart cannot preserve consecration to God while the appetite is deliberately indulged at the expense of health and life. Let us, then, by careful attention to all the principles of health reform, so clearly portrayed by the prophetic pen for our admonition upon whom the ends of the world are come, "cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God";  $(2 \ Cor. \ 7:1)$  not only that we may have the sensible satisfaction of regaining our proper prominent position in the science of dietetics, but also, that we may prepare to meet our God.

- Dr. JOHN SHONE.

YOUR FUTURE! Young Men & Young Ladies THE ANDREWS MEMORIAL HOSPITAL AND CLINIC

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are willing to train one person for each of the following:---LABORATORY TECHNICIAN PHARMACIST

PHYSIOTHERAPIST. SEND in your application with qualifications and, if available, a photograph to the Medical Director by February 28, 1950.

February, 1950

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