THE WEST MICHIGAN HERALD.

"Watchman, What of the Night?"

VOL. I.

GRAND RAPIDS, MICHIGAN, MARCH 11, 1903.

No. 10.

THE WEST MICHIGAN HERALD. Issued every Wednesday by the

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Evangelical Department

MEETING OF THE EXECUTIVE COMMITTEE

At a meeting of the executive committee of the West Michigan conference, held in Grand Rapids, February 23 and 24, 1903, at which all members of the committee were present, the following recommendations were passed by unanimous vote:

WHEREAS, Circumstances are such that Brother C. D. Rhodes, of Battle Creek, Michigan, can not serve as a delegate for the West Michigan conference to the General Conference, March 27 to April 13, and he having tendered his resignation; therefore

Resolved, That in accepting his resignation, we hereby express our sincere regret that our delegates to the conference are to be deprived of so valuable a member.

WHEREAS, Prof. J. Grant Lamson, of the Cedar Lake Academy, has tendered his resignation as a member of the West Michigan delegation to the General Conference to be held in Oakland, California, March 27 to April 13, 1903, assigning as his reason therefor that the school interests would suffer by his absence for so long a time; therefore

1. *Resolved*, That we hereby express our appreciation of his loyalty to the school at so great a personal cost.

2. Resolved, That we accept his resignation with regret that circumstances have made it necessary to present it, and assure him of our purpose to support his hands in his endeavor to make the school a success.

WHEREAS, Dr. S. P. S. Edwards is no longer an active member of the West Michigan conference; and,

WHEREAS, His duties in connection with the general work to which he has recently been called are such that his time and attention are almost wholly consumed with matters outside our territory, thus taking him out of active touch with our conference interests; therefore *Resolved*, That it is the sense of this committee that our work should be represented in the approaching General Conference by a delegate who is conversant with the needs of the cause in this field, and who will be able to return when the conference is over and give to the work here the benefit of the knowledge and experience gained in the conference.

Resolved, That it is the sense of this committee that we dispense with the general camp-meeting and spend the time in doing tent work in new fields, with the view of following up the interests with local camp-meetings wherever warranted.

WHEREAS, Prof. E. A. Sutherland, president of Emmanuel Missionary college, has expressed a desire to this committee, through our chairman, to have conference furnish this one or more field tents, with necessary living tents, for the use of the students of the college Bible class in the field work during the summer vacation; also that he (Professor Sutherland) desires this conference to put at least one good and competent minister with each company of students; therefore

Resolved, That we accept of Professor Sutherland's proposition, and do our utmost to make the summer's work profitable to the cause as well as to the students.

WHEREAS, The Cedar Lake Industrial Academy board of trustees, at a recent meeting decided to better equip that school and its farm, and have reported to us that \$2,000 will be needed to make the necessary improvements; therefore

Resolved, That we proceed at once to raise the said \$2,000 by special donations, and otherwise.

WHEREAS, The corresponding secretary of the Sabbath school department has expressed a desire to enlist the children of the Sabbath schools of this conference in active missionary work; therefore

Resolved, That we approve of her plans, and heartily lend her our full support.

Elders M. B. Miller, S. M. Butler, and W. C. Hebner were selected as delegates to fill the places made vacant on the General Conference delegation by the resignations named above.

A. G. HAUGHEY.

I HAVE been pleased to learn, through reading the *Review*, and from letters from Elder J. S. Washburn, that a church building in Washington, D. C., formerly known as the Central Methodist Protestant Church, has been purchased by the Second Seventh-day Adventist Church, of that city. A house of worship was greatly needed by our people in the section of the city where this property is situated. The purchase of this church will provide a suitable place in which witness can be borne to the truth we advocate. The building will stand as a memorial for God.

THE WASHINGTON, D. C. CHURCH

This property must now be paid for. Some payments have already been made, but a large sum must yet be raised to complete the payments. We therefore ask those who have means to act as the Lord's helping hand by doing something to help free this church from debt. Every penny given will help. If all will give what they can, the indebtedness will soon be liquidated. We pray that those who can help in this enterprise may be constrained to do so by their love for Christ. We regard the purchase of this property as a wise step, and your co-operation in assisting the brethren there to pay for it will bring you into harmony with the beneficent purpose of the gospel.

Let those who have means use it wisely. It is a talent lent them by the Lord to be used when called for to advance his cause. In the place of spending money for selfish pleasure, let every one deny self and lift the cross. God's blessings will follow.

Do not all of our people desire to share in the privilege of paying for the house of worship in Washington, D. C.? If every one of the believers in this country would give something, the necessary sum would be raised, and the amount given by each would scarcely be missed. Let us help our brethren in the national capital; for they are too poor and too few in number to bear the burden alone. Those who share in this missionary enterprise by making gifts large or small, according to their ability, will ever after feel a deeper interest in the progress of the Lord's cause in Washington. Those who respond to this call, making gifts to the Lord for the purchase of this church property, will receive a rich blessing for so doing.

MRS. E. G. WHITE.

THE WEST MICHIGAN HERALD

March 11, 1903.

Educational Department

MUSIC

Music occupies an important place in the worship of God. It is interesting to study from the Scriptures the use made of it, both in religious and public services. In Ex. 16:21, we read that the children of Israel expressed their gratitude to God for their deliverance at the Red Sea by singing. David chose some from among the people to have oversight of the singing, and they ministered "before the dwelling place of the tabernacle of the congregation with singing until Solomon had built the house of the Lord in Jerusalem, and then they waited on their office according to their order." When it was told Jehoshaphat that the children of Ammon, Moab and Mt. Seir were coming to meet him in battle, he and his people sought the Lord most earnestly, and the Lord comforted his heart and told him to go forward to meet them, and promised to be with him. In laying his plans, he appointed a band of singers to march in front of his army, and "when they began to sing and praise, the Lord set ambushments against the children of Ammon, Moab and Mt. Seir, and they were smitten." When they were returning to Jerusalem from this victory, they did so with "psalteries and harps and trumpets."

After the captivity, when the chil-ren of Israel returned to Jerusalem to rebuild the temple, among the company mentioned were "two hundred singing men and women." These took an active part in all that was done. When the builders laid the foundation of the temple, they sang together by course. They were a distinguished class, as special mention is made of them in the temple worship. A certain portion was set aside for their maintenance, and certain cities were given to them for their dwelling places, and chambers in the inner court of the temple were alloted to those in attendance. Many and varied were the instruments used in the service of song, and the temple worship in Jerusalem must have been very grand and impressive.

From these references, and many others which might be given, we see the estimate the Lord places upon music in his worship. He tells us to "come before his presence with singing," and to teach and admonish one another "in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord."

There is power in Christian songs. Many hearts have been touched by them, and through their influence have been led to Christ. They are a source of inspiration and encouragement to the Christian. Trials, perplexities, and discouragements are lightened by singing some good hymn the subject of which is of the love of God, and the theme of redemption, and the joys and hope of the new life in Christ.

We should cultivate this gift and encourage the children to take an active part in the singing of the Sabbath services. They should be taught that singing is as much a part of worship as is prayer.

MRS. S. M. BUTLER.

SOMETHING TO CONSIDER

I HAVE no desire to see church school teachers paid exorbiant wages; I think they should go to their work in a spirit of sacrifice. But what I want to inquire into is, how should they be met by the church when they come in the spirit of sacrifice to assist in the education and salvation of your children? Should you as a church meet the teacher in cold indifference, and in a niggardly manner deal out the pittance of wages a month behind time, and the last month or two be left unpaid at the close of the term, or if paid, so long afterward as to make it exceedingly embarrassing to the teacher.

And from a spirit of indifference, in a church where twenty or twenty-five pupils should attend, send six to ten. Is this your response to the spirit of sacrifice on the part of the teacher to save your children?

That we should have church schools is a settled question. That every parent in the church [should] make all possible effort to send every child of suitable age, and [that] every church member [should] assist financially, is the only consistent view to take of our responsibility.

God, by the mouth of the prophet Amos, pronounces a woe upon those who now are at ease in Zion, stretching themselves indifferently upon their couches, while their children are drifting to destruction. The next view the prophet presents is the young, wandering from sea to sea to hear the word of the Lord when it is too late. They faint from thirst in the terrible famine, fall and never rise again.

Parents, your interest or indifference will in many cases shape their destiny. May the judgment reveal that you have met the church school work in the spirit that its importance demands, and saved your children.—Elder R. C. Porter in Missouri Worker.

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Financial			
TITHES AND OFFERINGS FOR THREE	MONT	HS	
TITHES AND OFFERINGS FOR THREE ENDING DECEMBER 31, 1902	1 1 2 2	-	
Allegan	\$ 132 49	21 65	
Allendale Benton Harbor	117	22	
Brookfield	22	00	
Berrien Springs		49	
Blendon	118		
Bedford	35	00	
Belding	48	74	
Cedar Lake		24	
Carson City		42	
Clifford Lake		47	
Carlton Center	31	48	
Covert	17 11	50 35	
Ceresco	60	38	
Denver Diamondale	49	57	
Decatur	66	51	
Edmore	88	44	
Gowen	21	00	
Grand Rapids	77	18	
Kent City	45	57	
Lyons	31	99	
Lakeview	22	03	
Maple Grove	45	00	
Mendon	75	81 65	
Mecosta Monterey	17 118	68	
Orange	86	84	
Otsego	68		
Potterville	36		
Paw Paw	25	15	
Quincy	146	02	
Sand Lake	33	45	
Wright	311	54	
Waverly	115	99	
West Leroy	34	75	
Miscellaneous, per R. & H.	1304		
Individuals	60	27	
Total	\$5590	78	
OFFERINGS			
Annual Offerings	\$ 15	50	
Haskell Home	47	33	
Cedar Lake Academy	79		
Christiana Publishing House		50	
Southern Publishing Association	1	50	

E. A. MERRIAM, Treas.

SABBATH SCHOOL REPORT FOR QUARTER ENDING DECEMBER 31, 1902

DECEMBER DEL COM		
Number of Schools		76
Present Membership	24	23
Average Attendance	18	143
Total Expense of School	\$162	39
Amount Donated to Missions	410	54
Donated to Orphan's Home	99	86
MRS. S. M. BUTLER, S	ec'y	

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Happy is the man that findeth wisdom, and the man that getteth understanding. For the merchandise of it is better than the merchandise of silver, and the gain thereof than fine gold and all the things thou canst desire are not to be compared unto her.—*Bible*.

2

THE WEST MICHIGAN HERALD

March 11, 1903

Medical Department

THE BLOOD

IN order that all the cells of the body may live and perform their individual work, they must be supplied with nourishment. This is brought to them by the blood, after being properly prepared by the digestive organs. The blood also carries to the cells oxygen which has been absorbed from the air in the lungs. Thus while the blood going to the cells carries life, it carries away from the cells waste products, which if retained in the body would cause disease and death.

The blood is a thickish, opaque fluid, normally of a dark red color, composed of a liquid part, the plasma, in which are found floating red and white blood cells, called corpuscles or blood plates. The blood is contained in a practically closed system of tubes. Its entire weight is between eight and nine pounds. The formed elements in the blood make up about one-half the weight of the blood. In one cubic millimeter of blood we find about five million red cells, seventy-five thousand white cells, and two hundred and fifty thousand blood plates.

The red blood cells are made in the red bone marrow and in the spleen. Before they enter the blood they possess a nucleus, but when found in the normal adult blood they are non-nucleated cells. These cells are short lived, so new cells are constantly being formed. We call these cells red, because the iron coloring matter which they contain unites with the oxygen in the lungs and causes the cells to look red. These cells are therefore the oxygen carriers to all parts of the body, and they in return for the oxygen they give to the tissues receive the impure gas, carbon dioxide.

Often at the division of a very small blood vessel, especially the capillaries, the red cells are caught and elongated by the division of the current, the one half of the cell extending into the one and the other half into the other branch of the vessel, while the cell oscillates back and forth. When again free, the cell immediately resumes its normal shape. Thus we see that the red cells are very elastic.

The white blood cells are formed in the lymphatic glands and in the spleen; their proportion to the red cells is about one to three to five hundred. When at rest these cells are round, but under ordinary circumstances their form is very changeable. Being composed of food elements, they are often used by the tissues for food. They have the power of sending out finger shaped processes of their own substance by which they move and take up foreign particles, such as germs, dust, etc., and for this reason are sometimes called phagocytes. Because of their motion they may be seen to wander from the smaller blood vessels,—especially when the latter are altered by disease,—by penetrating their coats, and thus find themselves entirely outside of the circulation. This is why they are also called "wandering cells."

Thus we see that these wonderful cells serve as food to the tissues and protect the body from disease germs. They also help to maintain the narmal composition of the blood, and assist in the absorption of fats from the intestines and take part in the process of blood coagulation.

The third element of the blood is the blood plates. They are extremely delicate and transient structures, colorless and round.

Their proportion to the red blood cells is one in twenty-five to one in forty. They have to do with the coagulation of the blood, and are supposed by some to be derived from the nuclei of broken down white blood cells.

The plasma or fluid of the blood contains about 8.2 per cent. of solids. These consist of complex food substances and salts derived from absorption of the foods in the intestines. The remaining part of the plasma consists of water.

In the circulating blood, the behavior of the formed elements varies. The more rapid central current contains very nearly all the red cells, while at the surface of the current are found most of the white cells. In a retarded circulation the white cells are seen to glide along the walls of the vessels.

We have thus considered in a very brief way the blood, and will next take up the circulation and see how it is related to hydrotherapy.

P. S. BOURDEAU, M. D.

MEDICAL MISSIONARY WORK

Medical missionary evangelists will be able to do excellent pioneer work. The work of the minister should blend fully with that of the medical missionary evangelist. The Christian physician should regard his work as exalted as that of the ministry. He bears a double responsibility; for in him are combined the qualifications of both physician and gospel minister. His is a grand, a sacred, and a very necessary work.

Medical missionaries who labor in evangelistic lines are doing a work of as high an order as are their ministerial fellow-workers. The efforts put forth by these workers are not to be limited to the poorer classes.—*Mrs. E. G. White.*

News From the Field

EMMANUEL MISSIONARY COLLEGE

It was the writer's privilege to attend the memorable meeting of the faculty and students of Emmanuel Missionary college, held at the close of the Object Lessons' canvass. About one hundred. students assembled in the college chapel Thursday evening, February 26, to relate their experiences during the five weeks' campaign. It was inspiring to listen to faculty and students relate their experiences in selling "Christ's Object Lessons." There was a ring in the testimonies which comes only from those who have performed some unselfish act. All appeared to think that their experience in canvassing was the best they could have obtained. This is what the canvassing work is designed to do for all who engage in it heartily. In one of the Testimonies it is written: 'It [the canvassing work] calls into action the highest mental qualities, and this continual exercise, strengthens and purifies the mind and heart. The influence upon one's own life as well as upon the lives of others is incalculable."

It would be difficult to find a more earnest class of young people. These young people have certainly shown a commendable spirit in leaving their studies to take up this work. It indicates something when the entire student body, with the faculty, is willing to devote five weeks of their time to helping forward this enterprise.

Professor Magan made a statement which ought to impress every parent. He said he could recall times in the history of Battle Creek college when out of a membership of four or five hundred students, only ten or fifteen could be induced to respond to such a call. Parents should do all in their power to send their sons and daughters to this school that they may be trained for missionary service. Here all the surroundings have a tendency to uplift and ennoble the feelings.

The students had returned from their field work prepared to take up their studies with renewed zeal. But another call awaited them. Elder Allen Moon, the president of the Northern Illinois conference, was present at the meeting, and he asked that some of them go to his conference to assist in the sale of Object Lessons. Professor Sutherland stated that he did not feel like urging the students who had already done so nobly to again leave their school work. He then called upon those who would volunteer to go to Illinois to rise to their feet. About thirty arose in response to this invitation, and Elder Moon left with twenty-six students the following morn-

3

THE WEST MICHIGAN HERALD

The spirit of labor is surely coming. ing upon the hearts of our young peo-W. H. HECKMAN. ple.

BIG RAPIDS

SINCE returning from the Grand Rapids institute, the work in this place seems to be growing. I have been holding Bible readings in several families. I spent all of the time I could spare from my Bible work during the "Christ's Object Lessons" campaign in canvassing for the book. I found most of the people friendly, and although it seemed hard to get them to take the book, I found it an excellent opportunity for securing openings for Bible readings. The homes of eight families are now opened for Bible studies as a result of this work. I feel thankful for this, for I believe the Lord desires a permanent light in this city.

Sister Emery has been a great help in opening up the work. Since coming here three months ago, she has spent nearly every afternoon canvassing for some of our smaller books. She has sold over twenty besides loaning and giving away many tracts and papers. Through this work, she has found one interested family with whom she is now holding Bible readings. MRS. W. E. VIDETO.

BERRIEN SPRINGS CHURCH SCHOOL

SINCE our last report four have been added to the school, and one has moved away.

Last Tuesday afternoon we started out again with fifty Life Boats. Part of our company canvassed the town, and the rest stayed in the country, two boys driving about seven miles. Some disposed of their papers in a very short time, the smallest girl selling six.

Our experiences were varied, some being invited to come again, and others closed the door and told the children they would have nothing to do with the paper; yet this did not discourage the children. One lady kept two of the girls over an hour, and visited with them, saying she would pay them for the paper when she thought they had been there long enough. A great many of the people know of the work of the Life Boat and welcome it in their homes.

Twenty Signs were distributed, besides taking subscriptions for four Life Boats. Part of the money is to be used in sending the April Life Boat to the prisoners, and the rest is to go for our school garden.

The next morning we had an experience meeting which all seemed to enjoy very much.

ADA C. SOMERSET.

Obituary

TRAVIS .- Norman L. Travis, a respected pioneer and business man of the village of Otsego, died at his home in that village, February 25, 1903. Mr Travis was born in the state of New York more than eighty years ago. He had been a resident of the village of Otsego for nearly half a century, and many of the most honored citizens are members of his immediate family.

The funeral services were conducted on Friday, February 27, at the late home of the deceased, where a large circle of relatives, together with many friends had assembled. The theme chosen by the speaker was the statement of Christ, "I am the way, the truth and the life."-John 14:6.

A. G. HAUGHEY.

WILBUR. - Ellen Smith was born in Ogdensburg, St. Lawrence Co., N. Y., September 27, 1845. She died March 2, 1903, at her home in Allegan, Michigan. With her parents she moved to Michigan when a child. Her girlhood days were spent in Mt. Clemens and Detroit. In 1867 she was married to John I. Wilbur at Jackson, Michigan. Together they lived in Jackson and Ingham counties until twelve years ago when they moved to Allegan. There were born to them nine children, four sons and five daughters. Two sons died in early infancy. In 1893 the husband and father died. She with her family remained in Allegan.

She was a member of the Seventhday Adventist church of Allegan. Her last days were those of great suffering, and though she would have been glad to live she was resigned to die. She often said, "God's will be done." She lived a quiet Christian life, and exerted an influence for good that was felt by all around her. Her children were very faithful in caring for her. An aged mother and seven children are left to mourn their loss.

"We miss thee from our home, dear mother,

We miss thee from thy place; A shadow o'er our life is cast,

We miss the sunshine of thy face; We miss thy kind and willing hand,

Thy fond and earnest care:

Our home is dark without thee; We miss thee everywhere.'

The writer was called to Allegan, March 5, 1903, where he met with the mourners and friends and spoke to them from Psalms 116:15.

A. G. HAUGHEY.

News and Notes

March 11, 1903

-Miss E. McHugh has returned from Detroit where she went to take part in the East Michigan canvassing effort.

-Elder Haughey will leave for the General Conference in Oakland, Sunday, March 15. The other delegates from this conference will go one week later.

-We have received word that the school at Bauer had a successful time selling tracts at Holland. We trust we may have a report of their work for our readers next week.

-We are told in the appeal in be-lf of the Washington church "that half of the Washington church every penny given will help." Can not all of our Sabbath school children give at least a penny for this worthy cause?

-Elder W. C. Hebner has recently spent some time with the Mecosta and Horr churches. At the former place the church school work was given careful consideration, and plans are being laid to open a school in September next.

-Word from W. E. Videto brings glad news to this office, and we take pleasure in passing the same on to the readers of the HERALD. "The Denver church is willing to continue the Object Lesson's campaign until its quota of books is sold."

-A typographical error occurred in Miss Lemon's article last week on the "Chest Pack." The first line in the second paragraph begins, "For giving this bath two strips or bandages should be provided." The word 'pack'' should be substituted for "bath" in this sentence.

-S. M. Butler will visit the Sand Lake church next Sabbath, March 14, in the interests of the educational work. It is desired to hold two meetings with only a short intermission between. The brethren will please take notice, and provide themselves with such refreshments as may be necessary.

-The subscriptions to the March Advocate have come in so rapidly that it will be necessary to print an edition of forty or fifty thousand copies. This exceeds the expectation of the publishers. We are truly grateful to our people for the energetic manner in which they have taken hold of this matter.

-Many are heeding the call, "Go work to-day in my vineyard," and are selling tracts, Life Boats, "Christ's Object Lessons" and the larger books. There is now opportunity for all to engage in some line of missionary work. Are you not impressed to take a more active part in this closing work?

4