The West Michigan Herald.

" Watchman, What of the Night."

VOL. III.

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The Prayer-Meeting.

"The prayer-meetings should be the most interesting gatherings that are held; but they are frequently poorly managed. Many attend preaching, but neglect the prayer-meeting. Here, again, thought is required. Wisdom should be sought of God, and plans should be laid to conduct the meetings so that they will be interesting and attractive. The people hunger for the bread of life. If they find it at prayer-meeting, they will go there to receive it.

"Long, prosy talks and prayers are out of place anywhere, and especially in the social meeting. Those who are forward and ever ready to speak, are allowed to crowd out the testimony of the timid and retiring. Those who are most superficial generally have the most to say. Their prayers are long and mechanical. They weary the angels and the people who listen to them. Our prayers should be short and right to the point. Let the long, tiresome petitions be left for the closet, if any have such to offer. Let the spirit of God into your hearts, and it will sweep away all dry formality."—Gospel Workers.

The Spirit of Sacrifice an Essential Element of Worship.

Webster defines Spirit as "disposition of mind excited and directed to a particular object, essential elements" etc, this is illustrated in Deut. 34-9 and Numbers 14-24. Essential elements in Ex. 31-3 and Rom. 8-9.

The same author defines sacrifice "To surrender, or suffer to be lost.

What then is the essential element in the spirit of sacrifice? Answer. Love. See 1st Cor. 13-3.

How then is love the essential element of worship? See John 4-24.

God being a spirit what is His nature or the essential elements of the spirit in which we must worship Him? Answer. Love. See 1st John 4-8 last clause. Thus we find the spirit of sacrifice is an essential element in worship.

W. D. LAKIN.

Sell Books.

There are many people among us who might sell a few books each month; there are a few people who might sell many books each month. If every one would do what they can a large number would be disposed of, and much good would be accomslished, as the experience gained by those who are engaged in the work will be of untold value to them, and may be to others, while the influence of the books read will be revealed in the judgment. We have the word of the Lord for it that His word shall not return unto Him void, but that it should accomplish that which He pleases, and prosper in the thing whereunto He sends it.

The "Story of the Seer of Patmos" is a new book just off the press, written by Eld. S. N. Haskell and we are sure that many will want a copy, and after reading it use it in taking orders from others.

The Third Angels message is represented as going forward with rapidity and power, "speaking with a loud voice." How can we represent that work while in a state of inactivity?

The Lord is speaking to us to-day, saying: "Go work to-day in My vineyard," and we are informed that if those addressed would obey this injunction, the Lord would prepare the way before them, putting them in possession of means whereby they could go." If the means should be supplied by the means of the books sold, it would be as liberal a fulfilment as though it were miraculously supplied. Then why not expect the Lord will call some of His people to the work of selling books?

S. D. HARTWELL.

From the Field.

BENTON HARBOR.

We have our tent pitched at the foot of Morton Hill on East Main street and have had three meetings to date. Our attendance is good and the people seem much interested so far. Our congregation is increasing every night. Our courage in the Lord is good and we hope to receive a harvest of souls here.

J. D. REAVIS. R. C. HORTON.

Sept. 10, 1905.

PALO.

Sabbath Sept. 9th I met with the church at Palo, this is a small company and there were not many present but the Lord came very near. A very earnest study of the

Sabbath-school for the day and review of the previous weeks lesson developed much interest. A "heart to heart" talk based upon the relation we are priveleged to sustain to the work for to day and how we may co-opperate therewith, together with echoes from our good camp-meeting followed all felt that the meeting had been a "feast to their souls." I am of good courage.

W. D. LAKIN.

BLOOMINGDALE.

It was my privilege to meet with the company at Bloomingdale last Sabbath, the 16th, and baptize two good souls, some of the fruit of the faithful labors of Brethren Collier and Reavis at their tent meeting at Berlamont the fore part of the present season. One more faithful sister of the same company was baptized at the late Allegan campmeeting.

Brethren Collier and Kneeland now have their tent favorably located in the village of Bloomingdale, with encouraging prospect of accomplishing good in that place also. These young laborers have much to encourage them when they see souls accepting the last message that is being given to a dying world. It is a mistake to conclude that this message has already about done its work in old fields like ours. The same earnest, faithful work that was done by the pioneers of this message will surely bring similar results. There are many precious souls yet all about us to be gathered in. May these dear young men, with all the other workers, be clothed with power from above, that their labors may always be successful to the salvation of many souls to be stars in their crowns of final rejoicing.

H. NICOLA.

WRIGHT.

Sabbath and Sunday Sept. 9 and 10 was spent with the Wright church. On Sabbath, at 10 o'clock a.m. a very interesting Sabbath-

school was held during which in place of the usual general exercises a missionary program had been arranged, consisting of singing and recitation by the younger members, and a general view of the missionary operations of various fields presented by Sister Iles, after which a liberal contribution was made to the Foreign Missionary work.

After Sabbath-school it was our privilege to speak to the church presenting the importance of consecration to the service of God, as co-laborers with Him. Good attention was paid to the word spoken.

On Sunday a meeting was held in the interest of the Fall Missionary campaign, with a good attendance, considering the busy season. As nearly every family are taking the Review & Herald, the succeeding steps of the missionary program were dwelt upon and a few orders were taken for the leaflets, and we believe several of the brethren will take up work in their neighborhood, as much of the time as possible, and we trust good results in both the church and the field will follow.

It was a pleasure to meet the brethren of this church especially those who have been long in the service of the Master, and many pleasant acquaintances were formed. There are several young people in the Wright church and we hope to see many of them engaged in the Master's service ere long.

The church-school opened on the 11th under the direction of Sister Winifred Trunk.

S. D. HARTWELL.

East Michigan Camp-meeting.

The East Michigan camp-meeting was held at Holly. It was located on the banks of a little ravine, a short distance from the village, and only a little ways from the Adelphian Academy.

A very quiet, restful spirit prevailed during this session of the East Michigan Conference. Elders G. B. Thompson, K. C. Russell, F.

C. Gilbert, and Brother J. B. Blosser were present during the meeting. There seemed to be no schisms or fault-finders upon the ground.

Elder Slade, the president, gave a very encouraging opening address which showed the conference to be in a prosperous condition. One church of seventeen members was admitted, and the report showed that some companies had been organized. There has been a steady increase in the tithes of a little more than \$100.00 per month.

Elder E. K. Slade was re-elected as president. E. I. Beebe was recommended for ordination and credentials and was elected vicepresident and conference secretary and treasurer. It was voted to make Holly the headquarters of the conference work aside from the Missionary Department of which Brother Frank Hiner was to remain in charge and continue his work in Lansing. It was voted to form a Religious Liberty Department, and Professor J. G. Lamson was elected secretary. Some other decided recommendations were voted regarding the work of the ministers and church officers, especially upon the question of the tithe.

Take it all in all, this was a very profitable meeting.

A. G. HAUGHEY.

Medicial.

The Value of Out Door Life.

The things of nature are God's blessings, provided to give health to body, mind and soul. They are given to the well to keep them well, and to the sick to make them well.

The garden of Eden, the home of our first parents, was exceedingly beautiful. Graceful shrubs and delicate flowers greeted the eye at every turn. In the garden were trees of every variety, many of them laden with fragrant and delicious fruit. On their branches the birds caroled their songs of praise.

Adam and Eve, in their untainted purity, delighted in the sights and sounds of Eden. And to-day, although sin has cast its shadow over the earth, God desires His children to find delight in the works of His hands.

Life in the open air is good for body and mind. It is God's medicine for the restoration of health. Pure air, good water, sunshine, the beautiful surroundings of nature,—these are His means for restoring the sick to health in natural ways. To the sick it is worth more than silver or gold to lie in the sunshine or in the shade of the trees.

It was not God's purpose that His people should be crowded into cities, huddled together in terraces and tenements. In the beginning He placed our first parents in a garden, amidst the beautiful sights and attractive sounds of nature, and these sights and sounds He desires men to rejoice in to day. The more nearly we come into harmony with God's original plan, the more favorable will be our position for the recovery and the preservation of health.

MRS. E. G. WHITE.

Educational.

The Seven Elements in the Fine Art of Teaching.

- I. The sense of importance of the calling.
- 2. The duty of knowing and of studying.
- 3. The process of interpretation.
- 4. The authority that comes by sincerity.
- 5. The spirit of unselfishness, generosity and sacrifice.
 - 6. Sympathy.
 - 7. Solid weight of character.

Personal Work With Children.

It is a well-established fact that in order to gain any sort of controlling influence over children, we must first of all get close to their hearts and affections.

We must know them thoroughly;

and they, in turn, must know and trust us.

We cannot easily deceive them as to our worthiness. A child's eves are clear and keen, and though he may be innocent of the falseness and sham of the world, himself, yet he can detect it in the grownups with an almost marvelously unerring judgment. And a child's confidence is a sacred thing; he does not bestow it upon one until he sees that the recipient is worthy. It is plain, therefore, that we must strive to be worthy of the love and confidence we seek; then we may teach them to trust us, and they will see that we are in sympathy with their lives, their joys and sorrows.

We must not try to talk down or live down to them. We are going in the wrong direction, if we do that. Children live in the clouds, at their best moments; they aspire to ideals of perfection which we would not dream of. They have not been taught soberness of judgment and reasonable proportion by life's bitter failures, and far be it from us to lower their standards or their enthusiasms. Rather let us, if we can, rise to their levels, and be one of them and with them. Then we can lead them as we will.

Can we bring about this close companionship between ourselves and our pupils in class-work alone? I think not. That work needs the aid, the strengthening, of the personal touch of the teacher upon each individual pupil's heart and life. It is only when we can draw each heart to us by a separate cord of individual love and interest that we can bind the class into a whole, mighty for good and strong in possibilities.

If we will be strong factors in the lives of our pupils, we must know them in their home lives, their school lives, their work and play. We may call upon them; we may gather them in our own parlors, greet them on the street; but always we should be their friends and ready helpers. Do we not stand somewhat in the same relation to them as the pastor of the church does to their fathers and mothers? Let us then, if we accept the office, try to fill it well. I believe thoroughly in personal, individual work.

But it is the confidential, tenderly spoken word, to one child alone, at some golden instant of opportunity, which weighs in the balance of life's decisions. A word of earnest heartfelt praise to the boy or girl who has tried and gained some small victory over sin; a gentle word or look of sorrow for one who has failed, with the never-to-be omitted hope for the future's bettering; a quiet little talk of counsel for the preplexed or tried or troubled one—these are the things which count, after all.

Let them be spoken in the home of child or teacher, or on the street, even in the pause of waiting for a car—oh! the world is full of golden chances. Do we look for them and find them? But whenever and however the chance comes, we must know the child—his life and thoughts, his hopes and fears—he must know us, and we must be worthy. If one of the links be broken, the charm is broken, too; and the opportunities we seek and need will not appear to us.

Let us forge them with prayer, and then go hopefully forth to our beautiful work.

CORA S. DAY.

THE NOBLER AMBITION.
LEE FAIRCHILD.

One need not stand upon the mountain top

Where big winds blow and there is little
room

In order to succeed, if he but stop

Down in the valley and help make that
bloom.

One need not lead an army in the field

And this mad world with Joye's dread
thunders jar

To win a fadeless crown, if he but wield

The wand of Peace and so prevent a war.

-Success.

news and notes.

Elder A. G. Haughey spent last Sabbath at the Grand Rapids church.

Elder S. E. Wight was re-elected president of the North Michigan Conference.

Brother S. D. Hartwell occupied the hour for service at the Otsego church last Sabbath.

Elder M. S. Burnham has returned to Benton Harbor to assist in the tent meeting at that place.

The family of Brother S. D. Hartwell are now located in Otsego. We are glad to welcome them.

Elder A. G. Haughey spent a few days last week at Holly attending the East Michigan campmeeting.

The Palo and Portland companies will meet with the church at Lyons September 23 and 24. The missionary work will be considered.

Brother B. F. Kneeland informs us that the tent meeting at Bloomingdale commenced Sunday evening, September 10, with a good attendance and interest.

The Missionary Convention appointed for October 7, by the General Conference, has been postponed one week on account of the collection for the South which is to be taken October 7.

Clemen Hamer, who has spent the past two years in London, has connected with the work at the Emmanuel Missionary College. He will teach music and assist in the Commercial Department.

We hope the Bangor, Covert and Hartford churches will remember the Sabbath-school convention and missionary meeting at Bangor September 22-24. All the churches that are near by are invited.

Wanted: To correspond with a motherly Christian woman (not under 35 years of age) in harmony with every phase of the Third Angel's Message, with more love for souls than money, concerning the position of house matron in the "Michigan Home for Girls." Address Mrs. W. H. McKee, R. F. D, 64, Byron Center, Mich.

Wanted: A Christian carpenter to donate one month's labor to complete work on the Michigan Home for Girls before winter. Or, two carpenters to come two weeks. God will bless every self sacrificing effort to bless others in need. Address Mr. W. H. McKee, Superintendent Michigan Home for Girls, R. F. D. 64, Byron Center, Mich.

Battle Creek.

W. C. Kellogg's name is trying to appear on the sick list this week.

A. L. Bayley went over to Holly Friday afternoon to spend a couple of days at the camp-meeting there.

I. L. Hill and family of Missouri, have returned to Battle Creek, and are planning to spend the winter with the Sanitarium.

Dr. Read and Dr. Waggoner deliverd the sermons on the Sabbath to the audiences at the Sanitarium and the Tabernacle.

We were greatly pleased to receive a flying visit from M. N. Campbell one day last week. He looks of good courage.

W. H. Heckman returned from Grand Rapids Thursday; he had been there with his wife attending the Bourdeau-Sisco wedding. Mrs. Heckman remains till next week.

Mrs. C. N. Sanders left Battle Creek Thursday, expecting to spend a few days at the camp-meeting with her husband who is there. Mrs. A. L. Bayley is taking her place in the school during her absence.

Mrs. Lamson and daughter Mary are attending the camp-meeting at Holly and at the same time enjoying the society of their son and brother, J. G. Lamson and wife. Miss Mary Lamson is to connect with the school there this coming year.

Last week on Sabbath afternoon baptism took place in the tabernacle and six or seven candidates were received into the church. Eld. N. Nicola presided over this ordinance and it was a very impressive ceremony. We are glad to see our young people taking this step.

In order to complete files for binding, the Sanitarium Library has need of the following:

REVIEW-

1895, Feb. 12.

1898, Feb. 15.

1900, Jan. 2.

1902, Aug. 12.

SIGNS-

1897. Dec. 2.

1900, Dec. 5.

1902, Jan. 8, 15, 22, 29, June 4.

PACIFIC HEALTH JOURNAL,

[Now Life and Health]

1902, January, March.

1904, January, June.

LIFE AND HEALTH—

1904, July.

Any one who can supply any of these will confer a favor which will be much appreciated. In case it would be necessary to make some charge, we would like to hear of this beforehand, but any that can be donated may be forwarded at once. Postage will be refunded if desired.

Would like to correspond with any who could furnish any entire year of these mentioned previous to the dates given, also any of the Instructor for past years.

Address Sanitarium Library, care of Miss A. Bowen, Librarian, Battle Creek, Mich.