

A. & Daniels

The West Michigan Herald.

"Watchman, What of the Night."

VOL. III.

OTSEGO, MICHIGAN, OCTOBER 4, 1905.

No. 38

THE WEST MICHIGAN HERALD.
Issued every Wednesday by the West Michigan S. D. A. Conference. Otsego, Michigan.

Rate: 25 Cts. per year (50 numbers) in advance.

Entered Sept. 23, 1903, at Otsego, Mich., as second class matter, under Act of Congress of March 3, 1878.

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A Prophecy of the Crucifixion and Resurrection.

"Come and let us return unto the Lord, for he hath torn, and he will heal us; he hath smitten, and he will bind us up. After two days will he revive us; in the third day he will raise us up, and we shall live in his sight. Then shall we know, if we follow on to know the Lord, his going forth is prepared as the morning, and he shall come unto us as the rain, unto the-earth." Hosea 6:1-3.

The language of this text is prophetic and specific. It does not admit of frequent, or occasional applications. Jesus identifies himself with his people. See Isa. 9:6; 53:4-8; 63:7-9.

We have been "torn" by sin, Jesus was torn for our sin; but Jesus receives the chastisement. Zech. 13:7. After two day will he revive us; in the third day he will raise us up, and we shall live in his sight.

Jesus was "chastised, smitten and bruised" for us on the sixth day,

and two days thereafter, or the third day he was revived or raised from the dead, and with him the eternal life of his people was assured. 1 Thess. 4:14; 1 Pet. 1:3.

A. SMITH.

The Value of the Testimonies.

The following selections from the Testimonies show us what the Spirit of Prophecy has to say about itself and its office in the church. The writer is evident that the instruction contained in these excerpts is timely.

"Many are going directly contrary to the light which God has given his people, because they do not read the books which contain the light and knowledge in cautions, reproofs and warnings." Vol. IV p 390, 391.

"The word of God is sufficient to enlighten the most beclouded mind and may be understood by those who have any desire to understand it. But notwithstanding all this, some who profess to make the word of God their study are found living in direct opposition to its plainest teachings. Then, to leave men and women without excuse, God gives plain and pointed testimonies, BRINGING THEM BACK TO THE WORD that they have neglected to follow." Vol. II p 445.

"I do not write one article in the paper expressing merely my own ideas. They are what God has opened before me in vision—the precious rays of light shining from the throne. . . . I was told to gather up the light that had been given me, and let its rays shine forth to God's people. I have been doing this in articles in the papers." Vol. V p. 67.

The written testimonies are not to give new light, but to impress vividly upon the heart the truths of inspiration already revealed. . . Ad-

ditional truth is not brought out but God has through the Testimonies simplified the great truths already given and in his own chosen way brought them before the people to awaken and impress the mind with them that all may be left without excuse. The Testimonies are not to belittle the word of God but to exalt it and attract minds to it that the beautiful simplicity of the truth may impress all. Vol. II pp 605, 606.

M. N. CAMPBELL.

Life and Health for October Now Ready.

As we look over the pages of October number of LIFE AND HEALTH—the first Fall Campaign issue, we are greatly pleased with its contents and believe it to be the "best yet."

It has a full-page frontispiece showing a Russian Officers' Convalescent Ward in a Japanese Hospital, and each department is made attractive with a new heading. The articles are of unusual interest and importance, as will be seen by the following partial list of contents:—

GENERAL ARTICLES.

Chronic Rheumatism of the Joints, by George A. Hare, M. S., M. D.

Extremes in Diet, by Mrs. E. G. White.

The Daughter in the Home—The Little Tot, by Augusta C. Bainbridge.

A Twofold Conversion—A story, by Mrs. M. E. Steward, A. M.

THE MEDICAL MISSIONARY AT WORK.

A visit to a Japanese Hospital (Illus.) by S. A. Lockwood, M. D.

HOUSEHOLD SUGGESTIONS.

Making Bed Comforts.
Orderly Home-Making, Mrs. D. A. Fitch.

Miscellaneous Helps.

FOR THE MOTHER.

The Power of Mother's Voice
(Poetry.)

The Home Life, by Mrs. E. G. White.

Tact with Children.

Why Single Blessedness is Preferred, by Mrs. M. C. Wilcox.

Making Children "Show Off"—
A place for Boys (Poetry.)

QUESTIONS AND ANSWERS.

Two Pages, by George A. Hare,
M. S., M. D.

BY THE EDITOR.

Prepare for the Winter Diseases—
Guard the Child against a Crippled Heart—
Growing Pains—Food Frauds—
The Cause of the Social Evil—
Mental Influence in Sleeplessness.

NEWS NOTES.

Three pages of the latest information concerning Pure Foods, Sanitary Progress, etc.

The price is five cents a copy. The rate in quantities is \$2.50 a hundred. 2½ cents each for 25 or more copies to one address. On less than 25 copies and more than 6 copies, 3 cents each.

Orders for LIFE AND HEALTH should be sent to West Michigan Tract Society, or to LIFE AND HEALTH, Washington, D. C.

From the Field.

STURGIS.

After camp-meeting we reshipped our outfit to Sturgis, Mich. Fearing the tent would not reach Sturgis in time to pitch it so we could begin meeting Sunday evening, Sept. 2, I wrote the brethren at Glenwood I would be with them Sabbath, Sept. 2. We expected there would be baptism, but sickness hindered, but it will take place at some future time.

We began drawing our outfit on Monday afternoon Sept. 4 and began meeting Sept. 7. We secured a location for the tent on the farm of Mr. Rusterhultz, three miles from Sturgis, being two miles nearer than we were before camp-

meeting. The attendance was small for a couple of meetings, but kept on increasing until we now have a fair hearing. There are four families we have strong hopes will yet accept all the truth. Two of these families attended our meetings before we moved and greatly stirred and two members in one family and one in the other had said they would live the truth. One met with some opposition in her home. But we are praying God may open the eyes of the opposing parties to see, and their heart to believe Gods message for this time.

We have been presenting the Sabbath and are now giving the Messages of Rev. 14:6-12. God give us wisdom to present His truth to the people that we may see its compelling power and obey, and to this end we ask the prayers of God's faithful children, that we may be kept humble and be channels through which God can work to save souls.

JAS. M. IRVING.

W. C. HEBNER.

COVERT AND BANGOR.

I am glad to report that the church-school at Covert opened Monday, Sept. 25. I feel so interested in the school. Some very nice desks have been made, also two blackboards, and the school has been equipped to quite an extent with our own text books.

Our series of meeting began at Bangor Monday evening, Sept. 25. Subject—Is Jesus Coming in This Generation? I am looking forward with interest to this work in Bangor and hope souls will be gathered in.

M. JAFFARY.

Medicial.

Fresh Air in Sleeping Rooms.

The lack of fresh air in a sleeping room is responsible for many of the morning bad feelings. The close, unpleasant taste in the mouth, the uncomfortable feeling

about the head, the languor of the whole body are often the result of poorly ventilated sleeping rooms. Free ventilation is not always possible in apartments. When one has a large house, with airy chambers, it is easy to ventilate properly; but in small bedrooms it is not always possible to admit fresh air at night without someone taking cold.

Yet one must have fresh air in the sleeping room. One woman who has three children occupying one of the rooms of her tiny apartment always airs the rooms after the children are in bed and the last thing before she retires. She covers the children up snugly, opens the windows, and, while they are raised, shakes out the clothes that have been worn during the day and hangs them where they will air thoroughly in readiness for the morning. The air in the room is changed and freshened before she closes the windows.

This is a good plan, but, of course, it is only a poor substitute for the pure air that ought to be coming into the room all night. There is a simple arrangement by which this can be procured. A board about five inches high should be made to fit into the window. Its length must be just the width of the window, and it should be hinged in the middle that it may be the more easily taken out and in. It must be fitted into the window casing just below the bottom of the sash. The window is then closed as far as possible with the board in. This leaves a space between the upper and lower sash by which the fresh air is admitted in an indirect way.

—Success.

Remember that talking is one of the fine arts,—the noblest, the most important, and the most difficult,—and that its fluent harmonies may be spoiled by the intrusion of a single harsh note.

OLIVER WENDELL HOLMES.

Obituary.

Miss Edith M. Donaldson, the only daughter of Dr. and Mrs. G. W. Donaldson, died at her home at Kent City, Mich., Sept. 14, 1905, at the age of 15 years, 8 months and 6 days. She was born Jan. 8, 1890.

The immediate cause of her death was hemorrhage of the stomach.

Edith was a patient sufferer for many years although her last illness lasted only three days. She was of a loving and cheerful disposition. Mentally Edith was far in advance of her years, and was loved by all of her acquaintances.

To Brother and sister Donaldson Edith's death is a hard trial. Nevertheless they realize that all things work for good to them that love God. They fully believe to meet her again at the resurrection of the just, when the trumpet shall sound and the voice of God shall be heard throughout this earth to impart immortality to His sleeping children, and then to join her no more to part.

May the Lord send His sweet comforter in their home during the lonely days yet to come.

J. W. HOFSTRA.

Bear Up, Bear On.

To weary hearts, to moaning homes,
God's meekest Angel gently comes;
No power has he to banish pain,
Or give us back our lost again;
And yet, in tenderest love, our dear
And heavenly Father sends him here.

There's quiet in that Angel's glance,
There's rest in his still countenance!
He mocks no grief with idle cheer,
Nor wounds with words the mourner's ear;
But ills and woes he may not cure
He kindly trains us to endure,

Angel of Patience! sent to calm
Our feverish brows with cooling balm;
To lay the storms of hope and fear,
And reconcile life's smile and tear;
The throbs of wounded pride to still;
And make our own our Father's will!

O thou who mournest on thy way,
With longings for the close of day,
He walks with thee, that Angel kind,
And gently whispers, "Be resigned;
Bear up, bear on, the end shall tell
The dear Lord ordereth all things well."

--Selected.

A Desire to Accommodate Pays.

There is nothing people appreciate more than being served by those who really enjoy accommodating them. What a comfort, at a strange hotel especially, to be served by those who seem anxious to please us, who seem to take real pleasure in making us feel at home, and comfortable! There is no one quality which will help youth along more rapidly than the cultivation of this desire to please, to accommodate. It appeals to everybody; it creates a good impression.

What a pleasure and a comfort, when traveling, to be served by pleasant, good-natured people who try to please us! A surly, impudent Pullman porter often destroys the pleasure of a whole journey on a train. An impudent clerk in a hotel office can make everybody in the house uncomfortable, and such service is dear, even if it could be had for nothing.

It is noticeable that a boy who always tries to help wherever he can, and to make everybody comfortable, who is accommodating in everything, is very popular, and other things being equal, most likely to be promoted.

Educational.**First Impressions of Cedar Lake.**

Dear Herald:—It has been some time since I reported, but will tell you how Cedar Lake impressed me. From various reports I hardly knew what to expect when I came to Cedar Lake. It is true there are some stumps here, but they remind me of one who, upon visiting the Alps, could see nothing but a cesspool in the back yard of some peasant's hut. That cesspool was all in all to him. We find there is something besides stumps in Cedar Lake.

In the first place I found a courteous welcome on the part of Brother and Sister Butler, and I notice this is extended to all who come. The home life of the Academy is one of good cheer and coun-

sel. No pains have been spared to make the Academy home ennobling and uplifting. The hygienic conditions are unsurpassed. The excellent meals and well filled cellar show much care on the part of those in charge. The barn and its yard are examples of neatness. Everything has a place and everything is in its place as much as possible. Things are not at loose ends. Even the pine stumps are being extracted at the rate of forty a day.

"Is it a good place to study?" asks one. One of the best in the world, for truly it is "Far from the maddening crowd's ignoble strife," and 'tis not so difficult to keep the "even tenor" of one's way. And yet, the isolation is not one of living to one's self. Good telephone service in the Academy and ample mail facilities keep us in touch with the busy world. We can know of diplomatic slatings or cabinet changes as soon as those living on the spot.

A word on their reading matter. The whole aim is to improve the morals. A strong factor in this is the purity of one's reading. Tastes are either hereditary or acquired. Frequently the former is wanting, so a taste for wholesome literature must be acquired. With this in view, besides our denominational literature, such excellent periodicals as the Literary Digest, the Moderator Topics, the American Review of Reviews, etc., visit the home.

The Academy location abounds in natural advantages. Nature's hand did not forget the future of Cedar Lake when she was molding a Matterhorn or shaping a Yosemite. The hand of a Moses must have smitten a rock here, for purer, colder water I never drank. A flowing well is found in nearly every home in the hamlet.

And such a wealth of flowers! Golden rod, asters, fringed gentians, closed gentians, lobelias, iron weed, pitcher plants, ferns—and such wild ferns I never saw. In fact Bro. Avery, a member of

the church, says the flora is well represented and has promised me some botanical rambles.

Insect life is profuse here too. It is truly a fertile field for the entomologist. Butterflies, moths, beetles, snakes, lizzards, toads, frogs, etc., make this a good place for nature study.

Then there are the "eternal hills." The Academy is situated on a hill which is girded by surrounding hills. The rise in the distance which adds splendor to the scene. More than once in my brief stay here, as I have looked upon the scene have I repeated.

"Sweet Nottingham! Thy charms I prize,
Where yonder hills abruptly rise,
Which gird thy valleys green:
At dawn, at noon, at close of day,
Along these heights I love to stray
And gaze upon the scene."

J. C. BROWER.

Academy Notes.

Miss Mae Parker returned to the Academy Thursday evening.

J. C. Brower, who comes to the Academy as a teacher, arrived Monday night, Sept. 25.

Brother Moses Whitmarsh and wife of Traverse City, who expect to attend school at the Academy this year, arrived Sept. 20th.

Some fall plowing has been done. The piece of hay land has been plowed and seeded to rye which will be turned under another year and the land used for growing potatoes.

Miss Inez Morey and Vivian Black, students from Edmore, were at the Academy Friday arranging their room. Clarence Long and Edward Finch, the two students who have been working on the Academy farm during the summer, are busily engaged pulling stumps. They are ably assisted by John White and Mont Buck, two resident students.

News and Notes.

Send in your orders for the "Story of the Seer of Patmos."

Brother J. B. Buck of South Monterey gave the office a call last Monday.

The office has a supply of the weekly offering envelopes for the churches.

We shall be glad to hear from our church-school teachers through the columns of the Herald.

The editor visited the Sabbath-school at Kellogg last Sabbath. This school is increasing in interest and numbers.

Do not forget to order Sabbath-school lesson quarterlies before next Sabbath. You do not want to miss one lesson.

Brother E. A. Merriam spent last Sabbath with the company at Byron Center. He reports a very interesting and profitable time.

Doctor Julia A. White has accepted a position in the new Sanitarium in California and will go to her field of labor next month.

The Sabbath-school secretary's report blanks have been sent out and we hope the secretaries will fill them out correctly and send them in promptly.

Brother M. N. Campbell writes that he is enjoying his work in Kalamazoo. He is conducting cottage meetings in three different sections of the city with a good attendance that is increasing each week.

Miss Bessie Hilliard, who has been doing faithful work canvassing in South Haven, is in the hospital at Kalamazoo sick with typhoid fever. Her case has been a serious one, but she is improving for which we are thankful.

Doctor Patience Bourdeau-Sisco has accepted a call to connect with the Sanitarium in Washington, D. C. The West Michigan Conference committee are looking for a doctor to take the place made vacant by her resignation.

The October number of the "Life and Health" is a very interesting one. We are glad to note the fact that this journal is improving. Send fifty cents to the West Michigan Tract Society and will receive "Life and Health" for one year.

The Manuel Arts Building at the Emmanuel Missionary College has been converted into a dormitory for the young men. Some changes have been made in the young ladies dormitory which make it much better. The farm crops are quite good and on the whole the prospect is encouraging.

The "Convention Number" of the Sabbath-School Worker has reached us and we wish that every Sabbath-school officer in the West Michigan Conference had a copy of it. This is just what you need to help you plan for a Sabbath-school convention. The publishers will furnish this number at the rate of five cents for two copies. Let every Sabbath-school superintendent get a copy of this number and plan for a convention. We hope every Sabbath-school will take a club of the "Worker." The regular yearly subscription price is thirty-five cents singly. In clubs of two or more to one address, twenty-five cents each.

Notice.

I wish to correspond with all the church-school teachers in the West Michigan conference who are not employed. If there are any churches who do not have a school at present, but desire to have one this year, please notify me.

A. G. HAUGHEY,
Otsego, Mich.