

VOL. V. OTSEGO, MICHIGAN, JANUARY 23, 1907. No. 4 Allendale Financial. West Michigan Conference Re-12 70 Berrien Springs 59 63 ceipts for December, 1906. West Michigan Conference Re-Byron Center τ3 40 Tithe \$2293 17 ceipts for November, 1906. Bedford 125 17 Ohio Conference 4 00 **Bushnell** 39 46 E. Mich. Conference 2 18 Tithe \$2897 38 Belding 10 09 Weekly Offerings 51 05 Sabbath-school Offerings 26 71 Battle Creek 1316 10 Expense -10 Weekly Offerings 40 05 Bangor 17 10 West Mich. Sanitarium 7 75 Annual Offerings -12 77 Bloomingdale II 26 Cedar Lake Academy Colored Work 6 50 193 63 Burlington 3 00 Bills Receivable 5 00 Mission Board Offerings 39 64 Carson City 10 46 Annual Offerings 997 66 International Pub. Ass'n. 177 81 Charlotte 40 93 Free Will Offerings 25 55 00 Conference Imp. Fund Clifford Lake I 56 Mission Board Offerings 29 65 West Mich. Sanitarium 6 75 Convis 8 00 O. H. F. T. D. Fund Southern Field 1 8 37 747 37 Decatur 2 40 C. O. L. Fund African Native Workers F'd. 4 00 I 25 Denver Center -35 41 Southern Field 8 35 Cedar Lake Academy F'd. 12 50 Douglas 59 54 Birthday Offerings 41 Tent and Campmeeting F'd. I 12 Eaton Rapids -68 African N. Workers Fund 4 00 India Orphan Fund - 32 20 E. Mich. Conference 27 51 Edgefield Mission Free Will Offerings -13 50 75 East Leroy 160 85 12 45 Conference Imp. Fund Self-denial Fund I 75 Glenwood 56 26 India Orphan Fund 17 23 Pacific Press Pub. Co. 15 17 Grand Rapids 166 92 Colored Work 35 01 Birthday Ofierings I 50 Greenville 75 62 Jewish Work I 30 Mid-summer Offerings 7 40 Grand Ledge 54 62 West India Training School 17 00 Haskell Home I 00 Grandville 8 40 International Pub. Ass'n. 63 32 O. H. F. T. D. Fund 257 38 Homer 9 63 Self-Denial Fund 4 34 Dr. Hill's Mission Work 9 21 Hesperia 27 80 West India Pub. Co. 9 00 Hastings 51 95 Total 4509 18 West India Tr. School 18 00 Individuals 93 00 W. H. Anderson's Work 5 00 Kalamazoo 100 00 Tithe for December. Southern Miss. Society I 35 Lakeview 28 10 Allegan Jewish Work 109 01 I 00 Lowell 10 80 Blind Work 12 50 Bangor 13 10 Monterev Williamsdale School Battle Creek 3 00 701 26 2 00 Bedford Natches Miss. Church 2 00 N. Y. Conference 15 50 \* 46 56 Belding 24 63 Otsego 9I 07 Benton Harbor 80 91 Total, \$3,865 69 Ohio Conference 30 39 Berrien Springs 48 30 WEST MICHIGAN TRACT SOCIETY. Ontario Conference 8 25 Bloomingdale 11 38 West Mich. Herald \$ 2 75 Potterville 30 14 Byron Center 5 18 Merchandise 27 12 Paw Paw 19 44 Carlton Center 41 95 On Account 159 57 Carson City 16 86 Portland 49 32 Cedar Lake 60 93 Rothbury 8 40 Total, \$189.44 Charlotte 37 32 West Leroy 22 60 Convis II 00 Tithe Receipts for November, 1906. Waverly 92 87 Clifford Lake II 7I Agnew \$ 26 45 Covert 8 59

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### THE WEST MICHIGAN HERALD.

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## Obituary.

275 61

Sarah McAllister was born in Fairgrove, Michigan, June 10, 1869, and died near Otsego, Michigan, December 27, 1907, aged 37 years, 6 months and 17 days. At an early age she was baptized and united with the Seventh Dav Adventist church at Watrowsville, and remained a faithful and consistant member of that denomination until her death. In 1890 she entered the mission work and labored in the cities of Detroit, Bay City, Saginaw, Muskegon and London, Canada. In 1898 she was united in marriage to J. P. Miner, who with one child survives her. Being a genial and sunny disposition, she

was loved by all who knew her and will be greatly missed by a large circle of friends, but especially in the church where she was always ready to help. Besides her husband and child, she leaves an aged father and two brothers to mourn their loss. Although we feel our loss deeply, yet we sorrow not without hope, for we know that in a brighter home we will see our loved one again. Elder Haughey conducted a short service at the home, and the remains were taken to South Monterey and a sermon was given at the church. Interment was made at the South Monterey cemetery.

## Medical.

# The Importance of Healthful Living.

We learn from III John 2 that it is the desire of the Lord that we may prosper and be in health. This is not, however, the same as saying "Be ye warmed and filled" and at the same time making no effort to supply such necessities. For, as stated, we find that the Lord not only wishes that we be in health, but at the same time gives us the knowledge whereby we may retain health; and, if lost, regain it.

A great deal of such instruction we can get from the Bible. How true it is, that we are to search here, as for hidden treasures. And happy the man that turns his attention here in search of gain. Such an one will not be disappointed. Then, what we learn from the Bible is enlarged and adapted to our present needs in the instruction given us through the spirit of prophecy. Such instruction is not in any sense arbitrary, or adapted only to certain classes, but is perfectly rational, and if rightly followed, will add much to the health and happiness of all, prevent sickness and misery, and keep our mental faculties unclouded, able to appreciate and comprehend anything the Lord may wish to bring to our attention. It is only with such a

mind, unclouded with refuse and waste poisons, that we can attain such a position ultimately, where we can walk with God.

From such instruction we learn how to live in order to be sound physically, which should place us as a people, above the world; and enable us to pass through the perilous times before us, when as recorded in the Psalms "A thousand shall fall at thy side, and ten thousand at thy right hand;" and be free from plague and immune to the existing diseases.

During this time we will require the protecting power of the Lord; but we cannot consistantly ask for such protection unless we are doing our part; are doing what we can to keep ourselves above disease.

Knowledge of this kind is prized as valuable by certain people of the world, who prize it for what may be termed the worldly profit there is in it; for the amount of happiness it gives them in the shape of sound health and the amount they save by avoiding doctor's bills, and the incidentals resulting from human ills.

In these truths we also are given simple but rational and very powerful means for treating ourselves, and restoring health should we become sick. The simplicity of these means has caused some to pass them by and seek out some fraudulent, high-sounding, guaranteed cure, which in the end leaves them, of course, much the worse off. The Lord never designed nor intended that man should treat disease by taking poisonous medicines internally.

In the cases recorded in the Bible we have use made of only external applications in the treatment of disease. And as marvelous results followed such treatment then, so we can expect results now from the use of such simple measures when applied with knowledge. And such knowledge is within reach of all, and should be put into practice by all those who are expecting to be translated. Would it not be a good idea to live now - hum of industry," but never conwith this event in view, remembering that our bodies are also to be preserved blameless. Stop and think! Are we sufficiently acquainted with the truths that will mean so much to us then? Why are there so many sick among us? Some, we will allow are suffering from diseases wholly unpreventable. But how many more are dving, as Israel of old, for lack of knowledge.

There should be a revival among us on healthful living, and then we will reach that place, where it can be said, that there was not one feeble person among them.

The Lord wants to help us to such a position, but if we refuse to follow the directions he gives us, will we ever reach such a destination? We must do our part, and do as directed if we ever wish to stand where he would have us to stand. By all means let us do it. Study what the Lord has given us on this subject, and don't throw it aside because others have made mistakes in following such instruction.

### L. J. OTIS.

### Educational.

### How to Receive Co-operation.

One of the surest means of securing co-operation of the whole church, which is so much desired, is to do such practical, thorough work in the school room every day, that it will recommend itself to those who will take interest enough to investigate the work being done.

Make your school a model of industry, neatness, and order. Give to each class its proper time and attention, and your very best endeavor. Be enthusiastic in your work-like begets like. Furnish work enough so that all are kept busy. Remember where idle hands find employment. Maintain perfect order, but do not expect stillness of the "pin drop" kind. There

must be something of "the busy fusion or disorder.

Let a school such as I have described be conducted for a few months, in the fear of God, by an earnest Christian teacher, and the problem of church co-operation is solved.

While confined to my room, it is a source of untold pleasure to me to receive so many encouraging, hopeful letters from our teachers. I take the liberty of quoting from one received a few days ago from Sister Irma Parks, of Charlotte.

"You undoubtedly remember the discouraging report I sent in, in regard to the condition of our school supplies; well for your encouragement as well as my own I will tell you that now, we have a good, large Webster's unabridged dictionary of which we were very much in need, which has been donated by one of the patrons, who by the way, was sending no children. Also now we have a large map of Michigan and one of the world, these donated also. Our school library, which, by the way, was minus at the beginning of school, now consists of twenty-one volumes and we have the promise of many more in the near future.

This week Monday we had an addition of four scholars to our school which numbers twenty-four. One from Potterville, and the parents of the others came here on account of the church school. We also have a school missionary society Friday afternoon."

The same spirit has been manifested in our new school at Otsego where Brother Waller is teaching. One of the patrons loaned the school nearly 100 volumes, including a dictionary, gazetteer of the world, and a set of cyclopedias. Also a set of physiology charts.

This most practical kind of cooperation I hope will spread from school until all our schools are furnished with these much needed supplies.

CLIFFORD A. RUSSELL.

## The 1907 Religious Liberty Collection. Sabbath, February 2.

The annual collection for the Religious Liberty Department, appointed by the General Conference Committee will be taken this year on Sabbath, February second.

It will be remembered that this is the only general collection which is taken for the support of this important line of work, and futhermore, the department has no other resources by which to carry on its work. Hence it is necessary that this collection should be a liberal one.

There has never been a time in the history of our work when the demands were so great upon us to exert our very best efforts in laboring and sacrificing for the cause of religious liberty as now, for the enemy was never so active in seeking to deprive men of the exercise of the rights of conscience as now.

Intelligence has just been received that twelve hundred persons had been summoned to court in the city of Boston for the violation of the New England Sunday law. A Sunday closing crusade is also on in Williamantic, Conn., and in California a desperate effort is being put forth to secure a change in the State constitution which will provide for a Sunday law in that State. So the battle is on in many places throughout the country.

The latest news which show a little of the fruitage of what this movement means is the arrest of three of our own people in Spartanburg, South Carolina. Their trial was appointed for January 10.

It should not be forgotten that there is also a Sunday bill pending in Congress, the outcome of which no one can say.

Shall we not willingly sacrifice of our substance in helping stay the relentless and fearful oncoming tide of intolerance and persecution which will soon overtake us by enlightening the honest ones?

All collections should be sent through the regular channels.

K. C. RUSSELL.

## The West Michigan Herald.

Issued every Wednesday by the West Michigan S. D. A. Conference, Otsego, Michigan.

Rate: 25 Cts. peryear (50 numbers)in advance. Entered Sept. 23, 1903. at Otsego, Mich., as

second class matter, under Act of Congress of March 3, 1878.

Margaret Haughey, - Editor.

## From the Field.

## SULLIVAN.

There are evidences that now is a favorable time for the work to get started here. Some years ago a union church was built by the Baptists which now can be bought at a favorable price, as the membership has all moved away except one family, and they are willing we should hold services in the church.

Sabbath, December 29, with but little time to prepare, four adults and one child met and sought a preparation for the service that we as laymen might be required to render here.

Yesterday, January 5, there were eight in attendance with promise of further increase, and some help from Brother Whitmarsh in the near future.

It was suggested that a Sabbathschool be organized, which was done. We feel the need of the grace that comes through the faithful prayers of God's people that this humble effort, with his blessing, may be to His glory in a joyful harvest of souls.

#### JOHN A. SHAFFER.

#### BELDING

Thus far in our work this winter we are able to report the gain of one dear soul to this great message. We have visited this home twice, believing that God would hear our prayers, and He has heard. During the first visit we spoke of the importance of living the truths that are to test the people before Jesus comes.

This lady told us that for two years she felt that she ought to keep the Sabbath, she having been raised an Adventist, but upon the death

of her mother ten years ago she gave up the truth, which she now holds dear. While I visited at other places my wife talked with her and helped her to see the truth as it is in Jesus. The husband is much opposed to the truth and has forbidden us to visit at his home. He would not come near us the morning we left, saying we had ruined his home. This poor man is not a Christian. He needs a Saviour. The prayers\_ of God's people are needed in this case. In your prayers do not forget that the effectual fervent prayers of a righteous man availeth much.

There are yet two brothers and three sisters who may be won to the truth by the right labor for them and living the truth before them. One sister plans to attend school next fall. I spoke on the prophecies at this home and the husband said he did not hear a word of what had been said; tho in the same room, and listening intently.

Pray for us that God may give wisdom to instruct this one who stands alone, and against opposition.

> JAMES M. IRVING, ELLA K. IRVING.

### Cedar Lake Academy Notes.

Only a few more weeks left in this term. It is rushing the physic and physical geography classes to finish up their subjects on time.

The present enrollment is seventy-four up stairs and twenty-three in the church school. The dormitory facilities are heavily taxed.

The new officers of the young people's society are: Leader, Miss Nellie Nelson; ass't., Oliver Denslow; secretary, Arthur Gunney; ass't. secretary, Belle Olmstead.

The school and the church were much pleased to have the privilege of entertaining the delegates of the recent session of the West Michigan Conference. It did not prove nearly so much of a task as we had anticipated, and it was a great blessing. We trust we will have the pleasure of entertaining our friends again. The academy family were all made happy by a nice Christmas present, we are going to call it from Brother John Carmen of Potterville. It consisted of two barrels of fine canned fruit and two barrels of apples. It did our eyes good to see the apples for they could not be obtained around here this fall on account of the frost.

#### For Sale.

One acre of land, with a house of six rooms, wood shed, good cellar, coal bin in cellar. Poarch full length of kitchen and wood shed with good well and cistern pumps on the poarch. A good barn 14x18, chicken house and park. Plenty of fruit, a good church and church school about one square from the house. Will sell cheap. Address, Charles W. Derickson, Bedford, Mich.

## news and notes.

Do not forget Young People's Day Sabbath, January 26. We hope that each church that carries out the program, will have a secretary to send in a report so we will know how many churches are interested in the Young People's work.

The West Michigan Conference sent the North Michigan Conference one thousand dollars recently to help pay their laborers. We quote the following from a letter written by Elder S. E. Wight to Elder A. G. Haughey:

"Your letter came in due time and was read but I did not answer because I wanted to have time to get my breath. Our auditing committee met New Years and instead of being one thousand dollars behind we found we were something like twelve or thirteen hundred behind. We went to auditing just the same as though we had an abundance and at noon your letter came, and I assure you that it lifted the cloud. It was a great surprise to us all. None of us expected any such help, but we are very greatful for the kindness of the West Michigan Conference."