

# RECORD

January 31, 2009

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SAN REMO, NEW SOUTH WALES

Australian Christian musician Paul Colman, who is currently based in America, has spent a week speaking to, worshipping with and singing for Seventh-day Adventist tertiary students in Australia.

The students were attending the annual Adventist Students Association (ASA) convention, held this year from January 5 to 11 at Camp Breakaway on the Central Coast of New South Wales.

The theme of the convention was "Opening the door," and aimed to challenge students to live the life God wants for them.

The convention was separated into two

parts, with daytime activities attended mostly by the 100 on-site participants. Students were involved in water activities and other sports, as well as a competition based on popular reality TV series *The Amazing Race*.

Speakers like Rodney Brady, chief financial officer of the South Pacific Division, and Jonathan Duffy, CEO of the Adventist Development and Relief Agency Australia, also gave talks on topics that included world poverty, action the Christian church can take and church pioneer Ellen White during the convention.

*(Continued on page 7)*



In RECORD, we have something worth cherishing and supporting.

# A community of RECORD

**T**HREE YEARS AND ONE WEEK — THAT'S how long I will have worked at Signs Publishing Company when I turn out the light and close my office door for the last time, tonight. It's been a great three years filled with writing, editing and preaching. I have truly enjoyed it!

This year I return to my first love—school chaplaincy—and church pastoring. But, for this last fleeting moment, I'd like to reflect on what my time working on RECORD and *Signs of the Times* has taught me.

I can sum up *Signs* magazine in a sentence: *Signs* is a magazine that touches heart, body and soul. Putting such a ministry-laden magazine together each month has been an honour. I had few surprises when working on *Signs*—it was pretty much what I expected. But RECORD will take more than a sentence to explain.

My opinion of RECORD has changed dramatically over the past three years. When I started, my concept of RECORD was a glorified newsletter that tells Adventists when they are born, reborn, married and deceased, and what they should think about along the way.

Now I know so much more. Yes, RECORD is a primary way of keeping tabs on our extended church family. Yes, RECORD is filled with great articles inspiring thought. But RECORD is also a place where Adventists come together to share their passion and purpose.

Where I once saw RECORD as a static periodical, I now see it as a living, breathing

body of Adventist community in the South Pacific. The primary cause for my change of perspective has been your response and interaction with what we publish.

My first editorial last year “30, single and seeking” (February 16) is a prime example of this. The response was overwhelming. We received dozens of letters from people who resonated passionately with the topic. We published some and the conversation really got rolling!

But what amazed me was the response beyond words—people took action. A Sydney church ran a “speed dating” night. A Melbourne woman held a “singles tea” in her home. And RECORD staff operated an impromptu “dating service”—forwarding personal letters of interest to correspondents! Furthermore, the two women interviewed in the article—although RECORD can't take full responsibility for this—are now in relationships. Who would have guessed a simple editorial could cause such action?

The truth is, it can't. Articles are just words on paper. What caused the response and action was the role RECORD plays in our Adventist community. RECORD brings the diverse and distant community of Adventists together on a weekly basis. RECORD creates and nurtures family. RECORD provides a vocabulary of community—a way of talking about the issues, stories and possibilities of our church.

Did you know the South Pacific Division is the only division in the worldwide church to have a weekly magazine? In RECORD,

we have something worth cherishing and supporting.

Aside from the feedback received after an article or editorial, there is something else that changed my understanding of the role RECORD plays in our church. We published a series of articles profiling healthy local churches. I had the privilege of writing four of these articles, profiling churches in Lilydale (Vic), Broken Hill (NSW), Berri (SA) and Fremantle (WA). I visited each church, interviewed their leaders and researched their church history. Then I wrote the articles. Each article was weeks, if not months, in the making—and it was a fun process! I learned so much about those four churches and you did, too, through my articles.

This experience showed me another reason RECORD is so valuable to our church. RECORD shares our local stories with our global community—and it helps us locally by showing us what is working elsewhere. I say global because RECORD reaches far beyond our division. The printed magazine is received by subscribers all over the planet, and the online version is regularly downloaded by Adventists in other nations.

RECORD is a catalyst. RECORD is a discussion starter. RECORD is a guide. RECORD is a network hub. RECORD is a wise friend. RECORD is the heartbeat of a church—our church.

*David Edgren*



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Our vision is to...  
**know**  
*experience*  
 and **share**  
 our **hope** in Jesus Christ!

# Local programming increases on Hope TV

RINGWOOD, VICTORIA

Australian programming has increased on Hope Channel International, mostly due to “Project Hope—Australia” (“TV ‘Project’ shares Hope with the world,” News, August 30, 2008).

An analysis of a typical week of programming on Hope Channel this month shows there are episodes from 18 locally-produced series. With usual repeats, this added up to 31.5 hours throughout the week, according to Pastor Calvin Townend, Hope Channel coordinator for the Australian Union Conference (AUC).

Most of these programs feature on Friday night and Saturday. Pastor Townend says, “When you look at Sabbath—Friday night to Saturday evening—there are nine hours of locally-produced programs, which represents 37.5 per cent of Sabbath time.”

Pastor Townend adds, “I remember when we started on Optus B3, which is now Optus D2, in November 2004 in Australia and New Zealand, we were delighted to see one or two local programs in a weekly schedule.”

Five new “Project Hope—Australia” produced series are being rolled out on

Hope Channel this quarter—“My Story, His Story,” “My story, My Song—Queensland,” “EdgeTV,” “Amazing Stories of Amazing Grace” and “God’s Storyteller.”

“EdgeTV is currently airing on Friday nights on Hope Channel in the 10 pm timeslot, with repeats of the shows scheduled throughout the week.

“In addition to providing more than 220 half-hour segments, ‘Project Hope—Australia’ has been a catalyst in encouraging further local production,” says Pastor Townend. “The Western Australian and South Australian Conferences now have a production unit and we can look forward to further programming from them soon. Other conferences are looking at similar initiatives.”

He adds, “My communication with both Brad and Kandus Thorp, president and vice-president of Hope Channel, indicates they are hoping to do a ‘Project Hope—New Zealand’ either this year or next. . . . We dream of ‘Hope Channel—South Pacific’ with even more local programming.”

Mr Thorp says that while Hope Channel seeks to appeal to families, the “seeker” is the focus. The inclusion of youth and children’s programs means it can be



On set for the filming of “EdgeTV” as part of “Project Hope—Australia.”

a “channel of choice for families.”

Pastor Townend says, “Hope Channel has huge potential to connect with Adventist and non-Adventist people. I am receiving many favourable comments from viewers and their support is indicated in increasing fundraising support.”

An initiative of Pastor Ken Vogel, general secretary of the AUC, and Leeann Erickson, Hope Channel administrative assistant, also means viewers can access a user-friendly AEDST Hope Channel weekly schedule through <www.hopetv.org.au>. The schedule is also still available on the Hope Channel website, <www.hopetv.org>. —Adele Nash/Calvyn Townend

More @ [www.hopetv.org.au](http://www.hopetv.org.au).



◆ Childers church, Qld, joined with the Isis Ministers Fellowship to provide food hampers for less fortunate families in their local area. The congregation of nine provided five cartons of non-perishable groceries. A special offering was collected on December 6 to provide the perishables and, with the assistance of the Sunshine Coast churches, who visit Childers

twice yearly, \$A454.50 was raised. The Neighbourhood Centre was overwhelmed that the church with the smallest membership delivered the most when the cheque and baskets were delivered. —Harold Wilson

◆ The power supply of the 80-bed Atoifi Adventist Hospital, Solomon Islands—the only medical facility for about 150,000 villagers on Malaita—will get a boost, thanks the donation of a recently-repaired hydro generator. David Nunn, who has been helping communities in the South Pacific for

more than eight years, is including the generator in his next shipment to the hospital. Two containers, also containing an X-ray machine, ultrasound equipment, beds and medical supplies, will be sent. The generator will provide enough electricity to power the hospital’s life support equipment, water filtration system, security lights, and fridges to store blood and food. —The Taranaki Daily News

◆ The baby Jesus stolen from Mount Isa church, Qld, has been found but a wise man is still on the loose. Figures of baby Jesus,

shepherds and a wise man were taken from the church’s nativity scene display. Pastor Malcolm Eastwick said the nativity scene had been in front of the church for less than 24 hours before the figures went missing. He said the church had conducted their Christmas carols service without baby Jesus in His manger. Police contacted Pastor Eastwick to tell him the figures of baby Jesus and the shepherds had been located. However, Pastor Eastwick said he was disappointed to discover the figures had been damaged. —The North West Star

# Avondale School of Aviation takes off for 2009

COORANBONG, NEW SOUTH WALES

Avondale College has reopened enrolments for its School of Aviation, with enrolments still being accepted for the 2009 aviation course. This year, students will be able to obtain a Private Pilot Licence and a Certificate IV in Aviation (Commercial Pilot Licence). Advanced students will then progress to Air Transport Pilot Licence Theory and Instructor Rating.

The School of Aviation also prepares students for the Night Visual Flying Rules Rating and the Command Instrument Rating (single and multi-engine aircraft). Flight and theory training will be available in full-time, part-time or casual mode.

Financial concerns had led to the decision to close the School of Aviation during 2008 ("Aviation at Avondale to end," News, November 24, 2007).

But it is anticipated that the School of Aviation will change ownership during 2009, ensuring a strong future for its programs. Courses for students will not be affected, the same teachers and courses will continue, and the school will still operate at the same venue.

The change in ownership will also ensure the School of Aviation will continue to train pilots for the work of the Adventist Church.

"The change in ownership will give us the opportunity to continue to meet the needs for pilots, both domestically and internationally," says chief pilot and flying instructor Garry Fraser.

He adds, "We have a strong reputation for flying and training, and we will be able to continue that. The aviation programs of the Adventist Church will also be well served. Former graduates of the School of Aviation will also be able to continue their training."

Graduates of Avondale's School of Aviation are highly regarded in the airline industry. Many are currently employed as pilots with major commercial airlines.

Pass rates in theory exams are two to three times above national averages and, in the past seven years, two Avondale Aviation students have been awarded the Sir Donald Anderson Trophy for being Australia's top female pilots in professional air transport licencing exams.

—Kristin Thiele

More @ [www.avondale.edu.au](http://www.avondale.edu.au)

## Signs editor signs up for new work

WARBURTON, VICTORIA

Signs of the Times associate editor Pastor David Edgren will be leaving his role to work for the Victorian Conference as chaplain for primary students at Nunawading Christian College and assistant pastor at the Wantirna church.

In his time at Signs Publishing Company, Pastor Edgren worked on 33 issues of Signs of the Times, has been involved in around 120 podcasts and wrote 16 RECORD editorials. Pastor Edgren says, "Working at Signs has helped me refine my writing skills and develop editorial skills. It has been an honour to be one of a handful of editors to produce the Signs magazine in the past 120 years. I could have never dreamed of such a unique opportunity! It's the kind of thing that shapes you as a person."

"Dave has made a significant contribution to Signs and RECORD during the past three years, as well as to the wider church in a variety of ministry avenues," editor Nathan Brown says. "He has been a creative and energetic member of our editorial team, and has brought a real ministry focus to his editorial role. We are sorry to see him leave Signs, wish him well in his continued ministry and hope he will continue writing for us from time to time."—Adele Nash



◆ **Auckland Seventh-day Adventist High School (ASDAH)** Year-12 student **Fuamatala Siaso** and her older sister, **Leinati**, a former student of the school now studying at **Auckland University**, have won the 2008 Counties Manukau district piano duets open

championship at **Pukekohe, NZ**. It is the fourth year in a row the sisters have won the event. Their winning number "**The Mill**" was selected by Tala and her ASDAH music teacher, **Ms Burnett**. But the duo's winning way hasn't been confined to the Counties Manukau district piano duets competition. In 2006, the sisters won the **Auckland district piano duets open championship**, as well as the **Taupo district competition** at Lake Taupo. The championships are organised by the **New Zealand Mod-**

**ern School of Music**, which encourages creativity and improvisation in practical work.  
—Fitu Ah-Young

◆ The end-of-year prize giving at Longburn Adventist College was extra special this year. During the ceremony on December 15, four Year 7 students were baptised: Georgia Van Oostveen, Justin Lino, Litani Sekona and Daniel Hamerich. One student, Mao Maeda from Japan, was baptised at the Saniku graduation on November 28. Mao came

for 6 months with an exchange group from Saniku, Japan—Longburn Adventist College's sister school. Mao was raised in a Buddhist/Shinto household.  
—Julene Duerksen-Kapao

◆ The **Adventist Development and Relief Agency** is among "**The Razoo 100: The Definitive Guide to Charitable Giving**," an overview of 100 world-class charitable organisations making a real impact in the world, according to Razoo, a Washington, DC-based independent charity evaluator. Phil-

DAYS AND OFFERINGS: ◆ FEBRUARY 7—SOUTH PACIFIC RECORD OFFERING

# Polish Adventists in Australia enjoy fellowship

MELBOURNE, VICTORIA

Around 600 people from across Australia attended the 17th Congress of Polish Adventists, which was held at the Oakleigh Polish church in Melbourne from December 25 to 28. The theme of the congress was “Are you ready to meet Him?” and this message was woven through the program of sermons, a concert and musical items over the course of the congress.

Congress organisers invited two guest speakers—Pastor Clifton Glasgow, a young evangelist from New Zealand, and Pastor Bruce Price—who shared messages of hope with their audiences. All of the presenters explored different ways in which to share God with others.

On the first night, a musical titled “The Choice” was presented by the members of the Polish Adventist church in College Park, Adelaide, with dialogue in Polish and English. The musical featured solos and choral performances and the story was set in Roman-administered Palestine, and followed the life of a young Roman centurion who made his choice for Jesus.

The congress was closed with a concert,

which has become a traditional part of the event and featured musical items from a number of the attendees.

The aim of the congress was to integrate and unite the Polish Adventist community in Australia, while reinvigorating their desire for the return of Jesus.

It was the first congress of the 17 held to be broadcast live online, thanks to Living Ministry Media from Adelaide, South Australia. It was estimated 1000 people viewed the program online from around the world, including Australia, Poland, Germany, France and the US. President of the Polish Union Conference Pastor Pawel Lazar viewed the congress online and sent his greetings to attendees.

The Polish congress also celebrated its 35th year last year, with the first held in 1973. They serve as an organisational tool for Polish Adventists living in Australia, as well as providing spiritual and social encouragement. The next Polish Adventist Congress is planned for 2010 in Melbourne. —*College Park Adventist church communication team*

More @ <<http://collegetherparks.adventist.org.au>> or <<http://casey.adventist.org.au>>

# New version for Adventist websites

WAHROONGA, NEW SOUTH WALES

The process of upgrading all of the almost 1000 websites belonging to Seventh-day Adventist churches, schools and ministries in the South Pacific Division has commenced.

By the beginning of February, all websites will be powered by the software netAdventist 3.0.

“We are very excited to have started the transition period into version 3.0,” says Scott Wegener, Adventist Media Network’s web developer. “It will take a bit of work for webmasters to get their websites polished but it will be worth it in the long run. It won’t happen overnight but it will happen.”

Improved features of netAdventist 3.0 include custom site designs, sub menus, mailing lists and the ability to share content pages with other compatible websites.

The public will be able to access netAdventist 3.0 websites from February 4.

In October last year, the new netAdventist 3.0 software was demonstrated and tested by more than 50 people at the first South Pacific web conference held at Wahroonga (“Web conference previews online future,” News, November 8, 2008).—*Melody Tan*

More @ <http://web.adventistconnect.org>

anthropic community leaders and Razoo researchers selected the honorees from a field of 1.6 million non-profit organisations. ADRA was noted for its leading role in the area of Malnutrition and Hunger. For the fourth consecutive year, ADRA was recently awarded a top four-star rating by Charity Navigator, America’s leading charity evaluator, for a high level of financial accountability and transparency. This rating is granted to less than 6 per cent of US charities. The **Better Business Bureau** also recognised

ADRA for a fifth straight year for displaying high charitable accountability standards. *The Chronicle of Philanthropy*, the leading news source for charities, placed ADRA in the **top 400 US charities** again in 2008, something it has done every year since 2004.—*Adventist Review*

◆ The **General Conference’s Office of Adventist Mission** recently debuted its **first multi-lingual edition of the Adventist Mission DVD**, a resource informing members of mission

projects worldwide. In addition to English, the free quarterly DVD now includes **French, Portuguese and Spanish**. Since 2006, the quarterly DVD has been sent to every Adventist congregation in North America and each administrative office around the world. While some regions will continue to reproduce the audio for their language group—such as Korean and German—this marks the first time the DVD has been mass-produced in multiple languages. “We’re already getting great feedback on

this from Portuguese- and Spanish-speaking countries,” said **Dan Weber**, one of the DVD’s producers. Each DVD features about a dozen stories of varying length, showing ways Adventists around the world are sharing God’s love through mission. The DVD is typically viewed during Sabbath School, church, between worship services or in homes. Each DVD has at least one story written for and narrated by a child.—*ANN*

More @ [www.adventistmission.org](http://www.adventistmission.org)

# Wahroonga church celebrates 50 years

WAHROONGA, NEW SOUTH WALES

**W**ahroonga Adventist church celebrated 50 years in its current church building on November 29, 2008. More than 1000 people attended the day, among them former members who had travelled from the United States, New Zealand and locations across Australia.

Pastor Vern Parmenter, whose father, Pastor Keith Parmenter, was the minister at the time the church building opened, led Sabbath school in the morning. In the afternoon, he recounted his life as a

teenager, youth pastor and elder at the church.

The worship service featured Pastor John Carter, who was the pastor at Wahroonga from 1984–85. The service also featured “The Lord’s Prayer,” sung by vocalist Kamahl and a rollcall of pastors from the past five decades.

The afternoon program was attended by more than 800 people and included the dedication of the refurbished pipe organ. Calvin Craig, visiting from the US, sang “Open the gates of the temple,” which he sang at the official opening of the church. Author Max Ward read a poem written for the occasion.

Neil Moodie, who helped clear the land so the church could be built, travelled from New Zealand to attend the celebration. The first couple married at the church, Isabel and Arnold Paget, were also there, enjoying an opportunity to “catch up with old friends.”—*Tracey Bridcutt*

More @ <http://wahroonga.adventist.org.au>



Wahroonga Adventist church celebrated its 50th anniversary at the end of November.

# Union president becomes Jamaica's Governor General

KINGSTON, JAMAICA

**F**or the first time in the 47-year history of Jamaica, a Seventh-day Adventist will hold the nation's highest office.

Pastor Patrick Allen, president of the church's West Indies Union, is expected to take office as Jamaica's sixth Governor General in late February. Jamaican prime minister Bruce Golding announced his appointment in a Parliament session on January 13.

“It is astounding and I don't think I can wrap my head around it. I'm not sure what the Lord is doing here but He has some Joseph and Daniel role for me to perform,” Pastor Allen told *Adventist Review*. “I'm just praying about it and making myself available for God to use me in whatever way He chooses.”

Pastor Allen will resign his present position as West Indies Union President, and a special executive session will be held on February 10 to name a successor.

Pastor Allen will represent the Queen on ceremonial occasions, the opening of parliament and presentation of honours.—*Mark Kellner/Adventist Review/*

More @ [www.adventistreview.org](http://www.adventistreview.org)

◆ Solomon Islands Western Province premier **Alex Lokopio** recently opened the Seventh-day Adventist **Pathfinder camporee** at Kukudu, Kolombangara. About **4000 Pathfinders** attended the week-long event. Mr Lokopio said Western Province is proud to host such an important gathering. “We are proud indeed to host this big gathering,” he said. The Pathfinders also took part in a major clean-up in Gizo. Those who went were selected on the basis they had never been there before.—*Solomon Star*

◆ A large fire has damaged the **Upper Columbia Conference** building, which oversees more than 100 churches and 30 schools in Eastern Washington and sections of Idaho and Oregon, US, on December 28, 2008. There were no serious injuries or fatalities reported in the fire that ruined roughly two-thirds of the building. The blaze started around 5 am, spreading from the **Adventist Book Centre** store, located in the building, to the rest of the facility. Officials said the cause of the fire has not been determined. “We are extremely grateful there was no loss of life or

even a serious injury in this tragic fire,” said **Max Torkelson**, conference president. According to the press release, the rebuilding process could take 12 to 18 months. The Upper Columbia office housed the studio for **Spokane's Positive Life Radio, 104.9 FM**, and **He's Alive TV, UHF Ch 39**. Staffers are currently assessing the damage and are working to get the stations back on the air.—*ANN*

◆ A 20-year-old **Peruvian woman, Virgen Mary**, gave birth to a baby boy on **Christmas Day** and named him **Jesus**, Peru's state news agen-

cy said. The baby's father, **Adolfo Jorge Huamani**, 24, is a carpenter. “Two thousand years later, the story of Bethlehem is relived,” read the headline about the birth in *El Comercio*, the main newspaper in Peru, a predominantly Catholic country. The mother, **Virgen Maria Huarcaya**, delivered the 3.5 kilogram boy, **Jesus Emanuel**, in the early hours of Christmas at the central maternity hospital in **Lima**, the capital. The parents had decided to name the boy after a famous soccer player but the coincidence was too great.—*Reuters*

IS YOUR CHURCH DOING SOMETHING EXCITING, INNOVATIVE OR INSPIRING? EMAIL [RECORD@SIGNSPUBLISHING.COM.AU](mailto:RECORD@SIGNSPUBLISHING.COM.AU)

# Adventist tertiary students open doors

(Continued from page 1)

Mr Colman presented a number of the evening talks, as well as the Sabbath service. He also performed evening concerts for the congress attendees.

Every evening, Mr Colman would speak to more than 120 people, sharing his testimony, as well as insights on his music and relationship with God.

The theme of the convention was based on Revelation 3:20, where Jesus says, "Behold, I stand at the door and knock."

"The convention gives tertiary students a chance to network and for spiritual growth," says Michael Brady, one of the organisers of the convention. "And we also hope students will be encouraged to develop a deeper daily relationship with God, not just at church or at conferences."

As part of the convention program, Mr Colman also gave a concert on January 7 at the Central Coast Adventist School. The concert attracted more than 400 people. It was also an opportunity for the three support acts: Kate Hollingsworth and Richard Sedgeman, Black & Bleach, and the Partons—who all attended the convention—to showcase their considerable musical talents. All funds raised from the community concert went to support



Ryan Williams and Bec Alsop enjoy hitting the beach during the convention.



Students take part in outreach in Sydney during the convention.

ASA's ministry.

Michael Brady, convention convenor, says, "Other highlights of the convention included 'iRock'—a musical performance challenge, a formal dinner, waterskiing, and a Country and Western Night. And, of course, the seminars presented by Mr Brady, Mr Duffy and Pastor John Skrzypaszek."

Newly-elected ASA President Lachlan Rogers described the convention as a great opportunity for students of university age to connect with one another. "It was heaps of fun catching up with old friends and making new ones," he said. "This was definitely one of the best ASA conventions in recent years."

The convention is a "practical example" of one of the ways in which ASA is carrying out its mission of developing, training and supporting Adventist tertiary student communities across Australia. "We provide support for local student groups to grow in Christ and share their faith. We are excited about God, friends and having fun," says Mr Rogers.

ASA chaplain and associate youth director for the South Pacific Division Pastor Nick Kross described the convention as a very successful event. "It's been over a decade since we've had this many students attend a convention," he says.

—Melody Tan/RECORD staff

More @ [www.myasa.org.au](http://www.myasa.org.au)

## New start for students in Gatton

GATTON, QUEENSLAND

The Adventist Development and Relief Agency (ADRA) Australia is gearing up to assist 20 young people who have left school early, or who are thinking of leaving early, to get set for work in Gatton.

Queensland state government minister for Employment and Industrial Relations John Mickel says the government will fund the "Focus 4 the Future" project, aiming to keep young people on the path to employment and learn more about the options available to them.

"Thanks to a \$A100,230 grant from the Skilling Queenslanders for Work initiative, ADRA Australia will offer a variety of accredited training, personal development and job preparation activities," Mr Mickel says. "Two intakes will be conducted in 2009, and each group will complete 17 weeks at Gatton Theatre, which has been refurbished with a commercial kitchen, computer training room and dedicated youth space."

ADRA Australia project manager Ngaire Dare says "Focus 4 the Future" would inform and motivate each person who joins the project to choose a pathway into the workforce that suits each individual.

"We'll develop a transition plan with each person that looks at the skills they have and the skills they will need in the workforce," Mrs Dare says.

"Each participant will complete the course in 'Skills for the Future,' as well as modules from Certificates I in Retail and Information Technology. The project also includes team-building activities, work experience, driving lessons and training for the participants who are old enough, and a hospitality project to introduce them to kitchen operations and table service."

Twelve months after the previous group of young people to receive this kind of assistance completed the course, 71 per cent are in employment or further training.

—ADRA Australia/Candice Jaques

More @ [www.employment.qld.gov.au](http://www.employment.qld.gov.au)

# Why be vegetarian—Part 3

BY SUE RADD

**A**T THE FIFTH INTERNATIONAL Congress on Vegetarian Nutrition (ICVN), held in March last year at Loma Linda University (California, USA), Professor Walter Willett, a Harvard University-based authority on nutritional epidemiology, presented perspectives on ageing and the impact food choices can have on it.

Ageing isn't just about looking in the mirror to see more wrinkles and greying hair. Speakers at the ICVN were clear that ageing isn't one thing—various changes occur within the body and the search is on to be able to manipulate these changes in a positive fashion.

Key changes that occur during ageing include the loss of lean mass (our muscles), development of insulin resistance, oxidative damage to macromolecules such as DNA, proteins and fats in the body, mitochondrial damage, glycation, telomere shortening resulting in cell death, hardening of the arteries and loss of brain function.

## Diet and diabetes

Professor Willett said, "Insulin resistance is right at the root of the list of problems affecting our society, leading to metabolic syndrome—and these feed off each other. For example, as the duration of type 2 diabetes increases, there is a significant increase in the risk of dying from a heart attack—12 times higher than normal after having had diabetes for 25 years.

So how can what we choose to eat help avoid these problems? Many studies have shown that vegetarian diets postpone and reduce the risk of coronary heart disease and, in non-vegetarians, a healthy diet and lifestyle can help people avoid 82 per cent of the coronary heart diseases currently experienced in the world. Now it seems a vegetarian diet can help both those with diabetes and those at risk of developing it.

Plant-based diets work by providing more wholegrains, nuts, legumes, fruits and vegetables, which have been shown in population studies to be linked to a reduced level of insulin resistance. Profes-

or Willett cited a randomised study on the Mediterranean diet, conducted over two years with patients who have insulin resistance. With the Mediterranean diet—one that is high in fruits, vegetables and multigrain products but low in meat products—50 out of the 90 patients experienced a resolution of the syndrome, compared with only 12 out of 90 in the control group.

A Harvard Nurses Health Study also found that 92 per cent of type 2 diabetes is preventable by simultaneously reducing five modifiable risk factors—quitting smoking, keeping your body mass index (BMI) below 25, engaging in moderate to vigorous exercise, keeping alcohol intake very low and having a diet score in the upper 40 per cent.

## Ageing and antioxidants

The free-radical theory of ageing was first proposed 50 years ago, and various antioxidant nutrients and plant foods are thought to be important in all parts of the body. Thus, what's good for your eyes is good for your heart and also your brain. As the brain is less protected from oxidation than other parts of the body, it may need even more—or "supercharged"—antioxidant foods.

Dr James Joseph, research physiologist at the Jean Mayer USDA HNRCA Laboratory at Tufts University, presented his findings from studies conducted over several years on high-antioxidant value foods at the ICVN. Foods high in antioxidants include strawberries, blueberries and spinach. In tests conducted in the laboratory, he found that such colourful plant foods retard the onset of age-related declines in brain function and can improve memory.

## Calorie restriction or calorie selection?

Dr Donald Ingram, professor and director of the Nutritional Neuroscience and Ageing Laboratory at Pennington Biomedical Research Centre in Louisiana (US), spoke about the challenge of slowing



*Dr Donald Ingram, director of the Nutritional Neuroscience and Ageing Laboratory at Pennington Biomedical Research Centre in Louisiana (US).*

ageing and the possibilities of even "turning back the clock."

Dr Ingram reviewed the evidence that calorie restriction modulates ageing. Research in this field began in the 1930s with Professor Clive McKay at Cornell University, who first showed the lifespan of rats could be significantly extended by giving them less food to eat on a daily basis. While still ensuring people are consuming healthy food and obtaining enough nutrients from it, the message is to eat less to live longer.

The major features of calorie restriction include a reduced incidence and delayed onset of age-related diseases such as heart disease, cancer and diabetes, as well as improved immune function, reduced inflammation, increased stress resistance and better behavioural performance later in life. Several studies are currently being undertaken with humans, and early data shows a reduction in risk factors for these chronic diseases. However, a significant reduction in calories—for example by 30 per cent—is a tough treatment for extending life! Imagine if you were consuming 2100 calories (about 8800 kilojoules) per day—this would mean dropping your intake to 1400 calories (less than 6000 kilojoules) every day!

Dr Ingram posed the question of whether individuals should eat less generally and live longer or eat more specifically to live longer. Making better food choices and eating things with fewer calories, such as fruits and vegetables, could be beneficial in this respect.



## Whole plant foods are best

The “blue” zones of the world where the greatest number of centenarians live—such as Okinawa, Sardinia, Costa Rica and even California among Seventh-day Adventists—all enjoy heavily plant-based diets, thought to be one of the main reasons for their exceptional longevity. Such diets are loaded with calorie-restriction mimetics—substances found in plant foods that literally mimic the effects of calorie restriction in the body.

In a session entitled “Food, not nutrients, is the fundamental unit of nutrition” at the ICVN, Dr David Jacobs from the University of Minnesota clearly illustrated that food synergy exists and the effect individuals can expect from whole plant foods is “more than parts of the food or an equivalent cocktail of compounds.” It isn’t that nutrients have no value but relying on nutrients alone may be fooling people. “Stop trying to make drugs out of this stuff—just eat the foods,” he said.

## Going nuts

It would have been inconceivable 20 years ago for nuts to be given the same “weighting” as fruits and vegetables in studies allocating dietary scores, Professor Joan Sabate from the School of Public Health at Loma Linda University told ICVN attendees. But today, nuts are known to be associated with positive health outcomes and are starting to be as “revered” as other high-profile plant foods. The first population-based study in the world relating the frequency of nut consumption to lowering heart attack risk was published in 1992 by Professor Sabate, and he presented additional data—published and unpublished—from the past six years.

Nuts protect against heart disease and anyone with cardiac risk factors or a family history should incorporate nuts and seeds into their daily diet. Six years ago, four large population studies showed increased nut intake reduced heart disease risks. The more often nuts were consumed, the stronger the protection. According to Professor Sabate, an 8.3 per cent reduction in heart disease is evident for each weekly serving of nuts.

He and his team at Loma Linda also recently pooled analysis data to examine the effect of nuts on serum lipids. They combined individual data from 25 dietary trials on nuts and found an overall total cholesterol decrease of five per cent.

Nuts also possibly lower the risk of dia-

betes in women, although it is unknown if they work the same way in men. The Nurses Health Study showed that peanut butter consumption on at least five days per week was linked with a 20 per cent reduced risk of diabetes.

And although nuts are feared by many dieters, they are not related to obesity, according to the latest information. Professor Sabate said new data shows no connection in men but in women, an inverse relationship exists, meaning those who eat nuts more frequently actually have lower BMIs.

In a nutshell, nuts are very good for you.

## Environmental benefits of vegetarianism

One of the sessions that generated most interest at the ICVN focused on climate change and food production. Albert Einstein once said, “Nothing will benefit human health and increase chances for survival of life on earth as much as the evolution to a vegetarian diet.” This statement is backed up by research conducted by Hal Marlow, professor in the Department of Environmental Health at Loma Linda University, who compared the environmental impacts of a vegetarian diet to a non-vegetarian diet.

Professor Marlow found significant differences in the use of water, pesticides and other markers of planetary health, according to the type of diet followed. Compared to their vegetarian counterparts, Adventist omnivores were estimated to use 810 additional litres of water per week. Modern agriculture is very water intensive—data was shown for California, where one third of the water expended for irrigation goes to support the livestock industry. In terms of using less water by diet followed, Professor Marlow’s study found in favour of vegetarians by a factor of three to one.

Worldwide, 2.5 million tons of pesticides are used annually. The World Health Organisation estimates 1 million pesticide poisonings occur each year, and it has been suggested pesticides may cause cancer and other negative health issues. With regard to pesticides, meat eaters were responsible for an extra four grams per week being applied to plants humans consume and those grown to feed animals for meat production.

Professor Marlow concluded his presentation by stating, “What you eat matters. We have a duty to take care of this planet.”

## Food choices and greenhouse gases

Dr Annika Carlsson-Kanyama, associate professor for the Energy and Environmental Security Group at the Royal Institute of Technology (Sweden), looked at the life cycle of various food products and how this affects greenhouse gas emissions. The life cycle process is complicated and involves consideration of greenhouse gas emissions at each stage of the food’s life, including processing, transportation and storage considerations. To illustrate, Dr Carlsson-Kanyama gave an example of sushi consumed in Sweden. When you eat sushi there, its origin involves fishing outside Chile (to catch food for fish!), farming salmon in Norway, flying salmon to Taiwan to be processed, shipping sushi to Europe and finally selling it in Stockholm.

While carbon dioxide is the major greenhouse gas, Dr Carlsson-Kanyama also considered methane and nitrous oxide—methane is 25 times and nitrous oxide 285 times stronger than carbon dioxide. She calculated emissions of greenhouse gases for 22 food products. These ranged from 400 grams to 30 kilograms per kilogram of food product. Locally-produced vegetables were at the lowest end of the scale, while beef was the most climate-unfriendly item.

Foods creating the least amount of greenhouse gas emissions were mainly vegetarian, unprocessed and could be transported by boat if necessary. Processing foods or transporting them by aeroplane increases the emissions. Initiatives are starting to be seen in Europe, which will advise the public about the likely environmental impacts of various foods. For example, Tesco—the largest supermarket chain in the United Kingdom—will be putting a carbon label on all its 70,000 items sold.

Whichever way you look at it—by water or pesticide usage, or greenhouse gas emissions—the bottom line is that minimally-processed plant foods sourced locally and plant-based diets composed of these foods are better for planetary health, as well as the health of its human population. **R**

*This is the third of a three-part series looking at aspects of vegetarianism. For more information, visit <www.vegetariannutrition.org> or <www.sueradd.com>.*

**Sue Radd is a nutritionist, author and speaker, based in Sydney, New South Wales.**

# Stepping into Avondale's future

BY NATHAN BROWN

**D**R RAY ROENNFELDT BEGINS SERVING as president of Avondale College at a time of change, economic instability and uncertainty. An academic restructure, the voluntary administration of ACF Investments Limited and staff redundancies all came within the last three months of 2008. However, 2009 promises to be a good year in which to lead—the academic restructure and the staff redundancies will stabilise Avondale's financial position and the number of applications indicate enrolment may yet equal or better the record set in the past year.

Dr Roennfeldt graduated as a registered nurse from Sydney Adventist Hospital's School of Nursing in 1969. He then completed a Bachelor of Arts in theology at Avondale, graduating in 1973. He has also earned a Master of Arts in religion and a Doctor of Philosophy from Andrews University (Michigan, US). His denominational experience includes serving as a local church minister in New South Wales and as a district director and educator in Papua New Guinea. He began lecturing at Avondale in 1991, and served most recently as a senior lecturer in and dean of the Faculty of Theology.

RECORD asked Dr Roennfeldt some questions about the challenges and opportunities that come with stepping into his new role.

**The global financial crisis has impacted negatively on Avondale. What is the state of the college's finances?**

My guess is the long-term impact of the global financial crisis on Avondale College is still not completely clear. However, we've already experienced some of its effects. These have included the fact that the South Pacific Division will probably not be able to increase its allocations to Avondale's budget for 2009, loss of interest income from the college's reserves and the fact that ACF Investments has gone into voluntary administration. This last factor alone has meant Avondale has to find from elsewhere the substantial funds

promised by Avondale Foundation for scholarships, research and additions to the women's residences.

At the same time, though, Avondale is certainly not in any danger of having to close its doors. Rather, while our operating reserves are less than they should be, the college council has approved an interim balanced budget for 2009. Some painful decisions have had to be made in order to accomplish this but those decisions have been made with the long-term viability of the college in mind.

**The North Cooranbong land development will provide an endowment fund for the college. How much money will the development contribute to the fund and when do you expect to begin receiving the money?**

I'm confident the land development project will contribute substantially to the financial sustainability of the college. Although the project is ahead of schedule, money is not expected to flow to the college for another five years or so. Large sums have been expended to bring the development to this point and that outlay has to be recouped before the college benefits, then the project is expected to take as many as 20 years to complete.

We don't know precisely how much will be contributed to the endowment fund—and the financial climate will obviously impact on this—but it should be substantial.

**Avondale has applied for university status twice now without success. Is becoming a university still on the agenda and, if yes, what do you need to do before making another application?**

Becoming a university is still on our agenda. However, there is now an intermediate step we'll take as soon as we reach the criteria—that of becoming a university college. The key steps we have to take involve increasing our staff research output and funding, as well as growing the number of research degree students. Both of these will involve finding additional resources. I'm confident we can do this but we need



Ann Stafford

*Incoming Avondale College president, Dr Ray Roennfeldt.*

to be careful in that if we gain university college status, we have to be sure we are capable of functioning as a fully-fledged university five years later.

**What impact will the income from the endowment fund have on any possible future application for university status?**

Avondale can't afford to "fritter" the money away as it comes in on short-term projects. Rather, the majority of the capital needs to be invested so Avondale's future is secure. So the endowment fund is essential but we are wanting to get to university college status before the endowment fund is realised, then it will be vital to moving us to the next level.

**The academic restructure seems to be proactive rather than reactive—the college has reduced the number of faculties from seven to four. Why restructure and what impact will it have on students?**

We plan to restructure the academic program, with changes to be phased in over the next year. The Faculty of Lifestyle Education and Visual Communication will be split between the Faculty of Education and the Faculty of Arts, and the Outdoor Recreation program will continue to be offered through the Faculty of Education. This change will be in place by the

beginning of the 2009 college year. By the end of 2009, the Faculties of Arts, Business and Information Technology, and Science and Mathematics will combine into a single unit. This sort of change has been strongly advised by the university status panel and academic experts. We want to maintain a strong teaching and learning environment, while utilising our people and financial resources to reach our strategic goals.

**A record number of 301 students graduated from Avondale this past year. Many of them, among other things, served as volunteers, raised money for mission work and stood to support the elimination of poverty. Seven of their classmates joined the church through baptism. Are these typical of the young adults who choose to complete their tertiary education at Avondale?**

Yes, we are proud of our graduates and students, and the contribution Avondale has made to their lives. But they are also the result of the families and communities that have nurtured and supported them throughout their lives. Older generations sometimes criticise the attitudes of younger generations but I find them to be young people who care deeply about others and desire a strong relationship with God.

**When we reflect on the pioneers of Avondale College, what qualities would you like to see in those making decisions about and those serving at the college today?**

I want the people who are serving at the college and making decisions about the college to be positive about the Adventist faith and the possibilities of transmitting their faith to young people. Of course, we also need people who are top-class teachers, researchers and support persons.

**How has Avondale changed—both positively and negatively—since you graduated?**

This is actually a difficult question. So much has changed since I was a student at Avondale. For example, we could not have imagined the library facilities we now have and the way the computer dominates our lives. While students are more independent and mobile than they were, our faculty and staff are just as committed to giving personal attention to their students as they were in the past. I don't actually see the changes in terms of positives and negatives—things are just different.

**Describe your leadership style.**

My leadership style is one of openness to people by way of consultation, facilitation and affirmation. I still see myself as a person who has been called to pastoral ministry, so pastoral care of staff and students will be at the top of my agenda.

**What will you use to measure your effectiveness as a leader at Avondale?**

I've thought a bit about this, especially in light of the fact that my job description lists a set of key performance indicators which can't actually be measured. But probably the key for me will be clear indications of how well we are working as a team. That involves, firstly, the administrative team. If I'm totally stressed and working 24/7, and the rest of the team have no idea where we're going, this will be a sign that I'm not being effective as a president. And the same applies to the rest of the team. At the same time, I know there are no perfect presidents or colleges.

**How do you see Avondale contributing to the wider church?**

Avondale College still provides teachers, nurses, pastors, financial managers and other professionals for the Adventist Church. And we will continue to do that. However, the majority of our graduates will not be employed by the church. But I hope they will have a great impact on the wider church as active members and we have challenged them to be people of faith, wherever they are and whatever they do.

**In your opinion, what makes an institution like Avondale uniquely Adventist?**

This is an important question, given the fact that increasing numbers of Christians from non-Adventist backgrounds are taking advantage of an education at Avondale. I believe that for the college to be uniquely Seventh-day Adventist means we will intentionally foster a balance of the primary relationships—divine-human, human-human and human-environmental, as il-



lustrated in Creation and the Sabbath. In addition, the "adventist" dimension also means that in this life, even an excellent education is not enough. Hence, Avondale's long tradition of service and excellence will not be changing anytime soon!

**How can church members contribute to or support the work of Avondale College?**

I highly value the support of church members to Avondale over more than 100 years. We still need that support. I hope church members and leaders will continue to encourage young people to come here, they will think of Avondale as an option for postgraduate study, they will support the needs of the college through giving time and money, and those with special expertise in education and management might become involved with Avondale's vision. I also want to appeal to church members to remember we're doing our best in an imperfect world. Even with our good intentions, sometimes we make mistakes.

**Former president Dr John Cox described you as having a "large vision" for Avondale. Could you summarise that vision in one sentence?**

I see Avondale as a respected Adventist university with more than twice the present number of students, with a thriving teaching and research program but most importantly, where people are still confronted with the claims of Jesus Christ and motivated for service to community and church. **R**

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*Nathan Brown is editor of RECORD.*



# Doorways

BY MALCOLM FORD

**G**ONE THROUGH THE BACK DOOR,\*\*  
 I hear them say:  
 So what was through  
 The front door  
 Made them think  
 They'd want to stay—  
 Once they'd crossed the threshold?  
 What was it, they were told?

Were they coddled into thinking  
 They'd be walking streets of gold?  
 Yet unprepared to journey  
 Death-shadowed Valley Way:  
 Uncertain at the Cross road  
 And the questioning delays.

Be careful at the front door  
 That you don't shout "heav'n on earth!"  
 That you don't portray the gospel  
 As a swinging New Age church.  
 For when the passion story  
 Begins to take effect;  
 Checking exit by the back door  
 Is what you might expect. **R**

\*This poem was written in response to "Within the lines" by Lawrence Tanabose, Editorial, December 13, 2008.

Malcolm Ford writes from Whangarei, New Zealand.

## Record Roo








Hi kids!  
 When the brothers arrived back in Egypt with their little brother, Benjamin, Joseph let Simeon out of jail and put on a big feast for them. He let them head back for Canaan but he had one more test for them...

### Bible Text




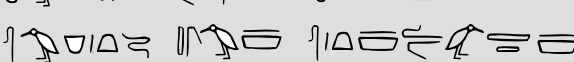
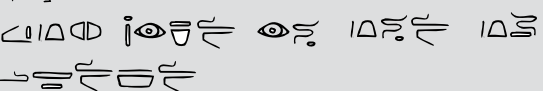
Now Joseph gave these \_\_\_\_\_ to the \_\_\_\_\_ of his house: "Fill the men's sacks with as much \_\_\_\_\_ as they can carry, and put each man's \_\_\_\_\_ in the mouth of his sack, Then put my \_\_\_\_\_, the \_\_\_\_\_ one, in the mouth of the \_\_\_\_\_ one's sack, along with the \_\_\_\_\_ for his grain." And he did as Joseph said. Genesis 44:1, 2 NIV

### Spot the Difference

What was the penalty for stealing? Write the answers to the hieroglyph clues in the shapes below. The clues read left to right.

1. 
2. 
3. 
4. 
5. 

### Clues

1. 
2. 
3. 
4. 
5. 

### Key

- |  |  |  |  |  |  |  |  |  |  |  |  |
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Answers to clues: 1. Pack animal 2. Slave 3. The grain was carried in this 4. Jacob was Joseph's... 5. You live in one of these. Answer to puzzle: Death.

## Systems of salvation

ALAN A JONES, NSW

“Defining ‘sin’” (Letters, December 20) does not offer three definitions of sin but rather, three systems of salvation held among us. All Adventists agree that transgression of the law is sin. However, sin is much more than the transgression of a commandment. It is rebellion against the Lawgiver. We are born with a rebellious, fallen, carnal or sinful nature.

The first of the three systems of salvation the letter hints at seems to be “believe in Jesus and sin all you like.” This is cheap grace. Fortunately, few Adventists follow that way.

The second position is that a person is justified by faith alone, on the basis of Jesus’ atoning sacrifice, completed on the cross. It seems most Adventists believe that while sanctification may be a nice way to say “thank you for saving me” and is God’s will for the believer, it is the fruit, not the root, of salvation. The Scriptures speak of sin having dominion over the believer no more. They speak of the warfare between the “flesh” and the “spirit.” Nevertheless, sin is so intertwined with our nature that it continually trips us up (see 1 John 1:7-10; Romans 3:23; Luke 11:2, 4).

The third position suggested by the letter is essentially salvation by justification plus sanctification—and self-sanctification at that. This was the Galatians’ error. Though still held by some Adventists, I do not find it taught by Scripture.

## Unholy snacking?

JENNY FABIJAN, SA

I was disturbed by “No ‘slump’ here” (Letters, December 6). It appears the writer took offence at Sanitarium Nutrition Service advocating snacking and preferred instead that we sustain our energy from drinking water with lemon juice added. What concerned me was that this letter then quoted the Bible about our bodies being the Temple of God to forbid the use of snacking. Nowhere in the Bible does it say, “Do not snack”; nowhere in the Bible does it say, “Drink water with added lemon juice.” Rather, the Bible texts they quoted tell us to do all to the

glory of God.

As a church, we need to be very mindful of what we advocate and why we advocate it. Do we promote vegetarianism as a healthier lifestyle choice or do we believe it will give us a direct line to heaven? Our church has a unique set of guiding principles but we need to ensure they are biblically based. To quote the Bible and interpret the passages as we choose in order to promote a particular lifestyle choice is bordering on fanaticism.

**To quote the Bible and interpret  
the passages as we choose  
... is bordering on fanaticism.**

## Believe or leave?

ROY BUTCHER, VIC

I was dismayed to read in “Ministers look to church for environmental leadership” (News, December 13) that 7 per cent of 278 ministers do not “believe in a six-day creation, as described in the Bible.”

If each of these ministers, on average, care for two or three churches with 100 attendees each, we have a situation where close to 2000 people attending Adventist churches in Australia are under the influence of ministers, paid by our tithe, who do not believe in an important part of Fundamental Belief No 6 on Creation. The truth of a six-day Creation is tied in, not only with Sabbath observance but also with correct principles of biblical interpretation.

I feel that I reflect the views of many when I say that any minister who does not believe in all of our Fundamental Beliefs should, in all honesty, resign, and be encouraged to do so by church leadership.

## New light?

LEOPOLD HAMULCZYK, VIC

I was a bit surprised by a statement made about one of the upcoming conferences to be held at Avondale College, mentioned in “Conferences on the calendar for college” (News, December 20). Apparently, at the “New Perspectives” conference, “many of the ideas will be introduced for the first time and may not be perfectly conceptualised.” Does this mean the arguments

are not watertight? And “some may not be compatible with existing belief systems or doctrinal positions.” Does this mean the ideas presented will go against our existing doctrines?

We Adventists have a watertight theology. Any new light must build on old light. If it goes against it, it is not new light. Sometimes we must be reminded that we were free to join this church and are free to leave but we are not free to destroy the pillars of our faith from the inside.

## Sharing Creation

JASON STEHN, QLD

This year can be a great opportunity for the church to share the creation message. February 12—known as “Darwin Day”—will celebrate the 200th birthday of Charles Darwin. As well as that, 2009 will also be the 150th anniversary of the book *Origin of the Species*. And reports indicate Victoria is also going to introduce humanism as part of the religious education program in schools.

What are the churches and the conferences going to do about these opportunities? Are we prepared to provide answers to people that may ask us about creation and evolution?

The media, schools, universities and peers present the theory of evolution as fact. Evolution is first introduced to our children through dinosaurs, then other evolution mechanisms come through. Evolution is a powerful attack against Christianity that can cause even some devoted Christians to lose their faith.

This is a big opportunity to spread the Word of God and a great opportunity to equip the church for the challenge of the upcoming year. It would be a big pity if we don’t utilise this major opportunity.

**Note:** Views in Letters do not necessarily represent those of the editors or the denomination. Letters should be less than 250 words, and writers must include their name, address and phone number. All letters are edited to meet space and literary requirements, but the author’s original meaning will not be changed. Not all letters received are published. See masthead (page 2) for contact details.

## Positions vacant

▲ **Executive Assistant—Adventist Development and Relief Agency (ADRA) Australia (NSW)** is seeking an administrative professional to manage and maintain the agency's office environment and provide administrative support to the CEO. This full-time position requires excellent time management and organisational skills, knowledge of computer applications, the ability to communicate and work well with people, and coordinate office activities. For further information, please visit the position vacant section of the SPD website at <[http://spd.adventist.org.au/dept/human\\_resources/vacancies](http://spd.adventist.org.au/dept/human_resources/vacancies)> or contact Cindy Cox on (02) 9489 5488. **Applications in writing** should be forwarded to Human Resources, ADRA Australia, PO Box 129, Wahroonga NSW 2076; email <[ccox@adra.org.au](mailto:ccox@adra.org.au)>. Applications close **February 12, 2009**.

For more employment options go to [hr.adventistconnect.org](http://hr.adventistconnect.org)



## Anniversaries

**Bean**, Ron and Evelyn (nee Wightman) were married on 14.8.1948 in Sydney, NSW. They recently, celebrated their 60th wedding anniversary in Canberra National church, in the presence of their large family, including their 11 grandchildren, 14 great-grandchildren and close friends. A special treat for the occasion was a wonderful booklet, documenting and celebrating the family life of Ron and Evelyn, produced by their granddaughter Lyn de Klerk.

**Paine**, Robert and Ellen (nee Hunt) were married on 5.8.48 at the Ipswich (Qld) Adventist church. Bob and Nell celebrated 60 years of marriage with an afternoon tea in Kilsyth, Victoria. They have four daughters, Robyn, Margaret, Jennifer and Jeanette; eight grandchildren and two great-grandchildren.



**Savige**, George and Shirley (nee Beeton) met as SHF workers at Coorانبong and were married on 1.10.1958 in the old Village church in Coorانبong, NSW. On 28.9.08, they celebrated their golden wedding anniversary, surrounded by about 100 friends and relatives in the Dora Creek church hall. This much-appreciated couple have been stalwarts in the Dora Creek church for many years. Shirley has undergone major surgery in the last few years on two occasions and is still recovering. They received citations from the Governor-general of Australia, the Prime Minister of Australia, the Governor of NSW, the Premier of NSW, the lord mayor of Lake Macquarie, and the Member of Parliament for Lake Macquarie. We wish them God's rich blessings as they continue in deep love for each other and their Father in heaven.

**Stippel**, Clarrie and Shirley (nee Amos) were married on 25.11.1948 in Coffs Harbour Anglican church. They were both baptised into the Adventist Church in 1955, and have been active members of the Coffs Harbour church since then. They celebrated

their diamond wedding anniversary at a luncheon with close family. They have two children, Christine Mitchell and Daryl, five grandchildren and five great-grandchildren. Shirley



and Clarrie are greatly loved and respected, not only by their family and church family but by the many their lives have touched.

**Smith**, Ray and Ruth (nee Gillis), were married on 11.10.1948 at Arcadia, NSW, by Pastor W Gillis. Ray returned to his home at Collinsvale, Tas, with his bride, where they have lived ever since. They have held various church offices during this time and Ruth has



been the church organist for over 50 years. They celebrated their 60th anniversary with church family at a luncheon on 11.10.08. On 12.10.08, they were joined by their three children and three grandchildren, together with extended family members and friends, for a quiet afternoon tea.

## Appreciation

**Lemke**, Pastor Ern. Mrs Val Lemke, Lester and Dr Mel and families, wish to express our deep appreciation to our dear friends across Australia, NZ and the Pacific, who sent beautiful cards and flowers, letters, phone calls and emails, which have comforted us greatly. We thank each one of you for your prayers, love and compassion, and your overwhelming support during our sorrow in losing our beloved husband, father, grandpa and great-grandpa. Please accept this as our personal, grateful thanks and appreciation. May God bless you all.

## Weddings

**Albert—Tolhurst**. Sebastian Ionut Albert, son of Mr and Mrs R Albert (Coorانبong, NSW), and Esther Nadia Tolhurst, daughter of Ewan and Lucette Tolhurst (Tamworth), were married on 14.12.08 in the rotunda in Lakeside Park, Toronto. The wedding breakfast was held in the Toronto Royal Motor and Yacht Club facility.

*Leonard Tolhurst*

**Boca—Beloff**. Dennis Daniel Boca, son of Viorel and Daniela Boca (Brisbane, Qld), and Annalese Vera Beloff, daughter of Boris and Christine Beloff (Brisbane), were married on 11.1.09 in the Sanctuary Cove chapel.

*Andre van Rensburg*

**Cameron—de Garis**. Daniel Cameron, son of Dr Paul and Sharyn Cameron (Northcote, Vic), and Sarah de Garis, daughter of David de Garis and Jacqueline Leslie (Melbourne), were married on 21.12.08 in North Fitzroy church.

*Billie Sparrowhawk*

**Coates—Bird**. Andrew Charles Coates and Lorraine May Bird were married on 7.12.08 in Ravenshoe church, Qld.

*Dave Kelsey, Dana Howard*

**Davey—Thomas**. Cameron Wayne Davey, son of Loren and Helen Davey (Ayr, Qld), and Stephanie Nicole Thomas, daughter of Shane and Elizabeth Thomas (Townsville), were married on 21.12.08 in the gardens of Rydges Southbank, Townsville.

*Dave Kelsey*

**Edwards—Cazalet**. Dean Phillip Edwards, son of Matt and Robyn Edwards (Napier, NZ), and Estelle Cazalet, daughter of Robert (deceased) and Maureen Cazalet (Auckland), were married on 12.10.08 in Royal Oak church, Auckland.

*Martin Luke*

**Ellis—Harman**. Evan James Ellis, son of Mostyn and Dellwyn Ellis (Pukekohe, NZ), and Sarinah Kasih Harman, daughter of Ian (deceased) and Elly Harman (Dunedin), were married on 16.11.08 in Papakura church, Auckland.

*David Ellis, Gary Ellis, Ben Timothy*

**Entermann—Placer**. Alan Entermann, son of Roy and Marjorie Entermann (Ipswich, Qld), and Elizabeth Placer, daughter of Stan and Mirella Placer (Melbourne, Vic), were married on 21.12.08 at Chateau Wyuna, Mt Evelyn. The couple met at an evangelistic meeting.

*Frank Williams*

**Fletcher—Newton**. Leighton Greig Fletcher, son of Alan and Sue Fletcher (Auckland, NZ), and Lisa Elizabeth Newton, daughter of John Newton (Auckland) and Margaret Fletcher (Hamilton), were married on 30.11.08 in Cambridge church.

*Martin Luke*

**Flour—Frame**. Alexandre Shanon Hamish Flour, son of Damas and Heather Flour (Papeete, Tahiti), and Rhonda Joy



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Frame, daughter of David and Christine Frame (Invercargal, NZ), were married on 30.11.08 in Invercargal church. The couple have now moved to Australia.

*Mel Trevena*

**Gwynne—Altmann**. David Llewellyn Gwynne, son of Peter and Rosemary Gwynne (Toowoomba, Qld), and Alisa Maree Altmann, daughter of Brian and Pamela Altmann (Bray Park), were married on 14.9.08 at Glengariff Historic Estate, Dayboro Valley.

*Clive Butcher*

**Inch—Johns**. Mathew Gregory Inch and Patricia Maree Johns were married on 14.12.08 in Townsville church, Qld.

*Dave Kelsey, Ernst William*

**Mann—Hearn**. William (Bill) Jonathan Mann and Robyn Kay Hearn were married on 21.12.08 in a picturesque little chapel at "Hilltop on Tamborine," Wongawallan, Qld. The reception was held at the same venue.

*Andre van Rensburg*

**Todino—Walsh**. Luigi Todino and Tracey Maree Walsh were married on 26.12.08 in Burwood church, Vic. Luigi and Tracey are both visually impaired and were accompanied by their guide dogs.

*Andrew Kapusi, Darrell Croft*

**Ward—Young**. Lindsey Ward, son of Terry and Debra Ward (Gold Coast, Qld), and Fiona Young, daughter of Ashley and Ruth Young (Ankara Youth camp, SA), were married on 14.12.08 in *Our Lady on the Sea* chapel, on a boat, Gold Coast, Qld.

*Ashley Young, Ken Lawson*

**West—Gredig**. Samuel Warren West, son of Terry and Chris West (Palmer's Channel, NSW), and Renee Gredig, daughter of Brett and Julie Gredig (Toowoomba, Qld), were married on 14.12.08 at Yamba, NSW.

*Wayne Gredig*

## Obituaries

**Jung**, Noel William, born 2.10.1924 at



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Ballina, NSW; died 17.12.08 in St Vincents Hospital, Sydney, NSW. He was predeceased by his son, Gregory, in 1964. He is survived by his wife, Joy (Lismore); and his children, Janelle (Lismore), Rodney (Lismore), Christopher (Lismore), Carolyn (Casino), Dale (Sydney) and Brian (Casino). Noel worked in a range of occupations in his life but his passion was for his Saviour and his Saviour's church. He was a founder of the Brisbane Waters Pathfinder club in the 1960s and helped build the Central Coast Adventist School. He lived the last 37 years of his life in the Lismore area, using his retirement to work as a literature evangelist. He sleeps in certain hope of the Resurrection.

Paul Geelan

**Kimber**, Margery Gertrude (nee Rowntree), born 13.11.1924 at Ardrossan, SA; died 4.12.08 in Lyall McEwin Hospital, Elizabeth Vale. In 1955, she married Herbert (Bert) Arthur Kember. She is survived by her son, Robert, and his wife, Helen (Montague Farm); her granddaughter, Jade; and her brother and sister-in-law, Lawrance and Beryl Rowntree (Ardrossan). She lived on a farm at Ardrossan till her late 20s. Margery and Bert were baptised in Elizabeth church in 1961. She worked in Pathfinders, Dorcas welfare, and as a counsellor for Lifeline and Careline. She loved to drive and give people a lift in her car.

Lee Bouditch-Walsh

**Miller**, Elaine Joy (nee Tutty), born 1.10.1934 near Wagga Wagga, NSW; died 28.11.08 at Toowoomba, Qld. Elaine married Keith Miller in 1967. She is survived her husband; her children, Peter and Lorraine; and granddaughters, Jasmine and

Isabelle. Keith joined the ministry in 1983 and together, he and Elaine served in Brisbane, Sunshine Coast, Gold Coast, Western Australia and Norfolk Island. She trained at Avondale College as a Primary school-teacher, also working as Assistant Youth Director for the North NSW Conference and, later, as Dean of Women at Avondale College. Elaine was a devoted wife, mother and grandmother. She was laid to rest in the Toowoomba Garden of Remembrance. Having "fought a good fight," Elaine awaits the Master's life-giving call on the Resurrection morning.

John Rabbas, Douw Venter,  
Clive Butcher

**Sprott**, George, born 10.2.1918 at Fife, Scotland; died 12.12.08 at Redcliffe, Qld. His wife, Isobel, predeceased him in 1997. In 1999, he married Phyllis. George is survived by his wife; his son, Less; his daughter, Morag and Bob; his granddaughter, Anita; his grandson, Stuart and Jane; his great-grandson, Jakob; his stepsons, John, Ian, Phillip, David and Peter; and his step-grandchildren, Ivan, Chelsea, Amy and Yvette; his sister, Chissie; and his nephews, Ken and Rod (Scotland), and his many friends. He was baptised on 12.12.1952. George was a faithful worker for Sanitarium. He held many positions in his church. George will be sadly missed by all who knew and loved him. He lived for Jesus and rests now until Jesus comes.

Humberto Rivera

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# 2

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## Finally

Where our work is,  
there let our joy be.

—Tertullian

live by  
day-to-day living—and  
before us to do—  
sibly ordinary—  
of the ordinary and beyond the  
Sometimes in big ways and sometimes in  
seemingly infinitesimally small ways, we  
are **C**ommitted to changing the world  
In this way, our lives become less about  
ourselves and our individual stories. In  
the **w**ords of Messrs Claiborne and Har  
“the peculiar**R**ity of the church [this ‘r  
Amishness’] is not for its own sake  
for the sake of the whole creation  
cities and neighbourhood**D**s in v  
find ourselves.”  
So as we face the larger and  
cisions of our lives, ordering  
meeting the opportunities  
by that great **C**ome, experiencing we  
to about the ordinary of which  
by that great **C**ome, experiencing we

“the vocabulary of community.”

**R-E-C-O-R-D**  
—it’s how we spell “church”

**RECORD offering, February 7**