



40 YEARS OF ATSIM

NATIONAL CAMP REFLECTS ON
IMPORTANT LEGACY 10

NEWS

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BOARDING SCHOOL 4

ADVENTIST RECORD | FEBRUARY 16, 2019
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SEASONAL ATTENDANCE DISORDER

The local church is hard work. Seriously. It can be discouraging, disheartening, political, mundane, stressful, lonely and overwhelming. But it can also be wonderful. A place where you feel loved, accepted, supported. Those experiences can both happen at the same church and with the same people. Just a different season.

Have you heard of SAD? Not the emotion, although it may involve emotions. I'm talking about the medically defined condition called Seasonal Affective Disorder.

Particularly prevalent in Northern Europe and the lands close to the Arctic Circle, SAD is caused by a lack of sunlight through the cold, dark winter months. Residents in some of these places only see a few hours of daylight per day and consequently, don't receive sufficient Vitamin D from the sun. Symptoms can include loss of motivation and energy, weight gain, and general feelings of gloominess and irritability.

I've had a couple of different seasons of SAD—Seasonal Attendance Disorder—when it comes to church. For me, there was a season of disconnectedness as I struggled to settle into a church home after moving away from the church I had grown up in.

Another season came while my wife struggled with her mental health. I didn't much feel like being at church (with or without her), and struggled with feeling isolated and overwhelmed. It was hard to hold up the pretence and keep a stoic face when I felt like life was crumbling. And yet I would say our church is generally supportive, open and accepting. We've also experienced a season of conflict at church. But we've made up and keep going to church, the same church.

My motivations for going to church week by week have changed. Some weeks it is a sense of duty that pushes me into the car and drives me to church. Other times it is to catch up with friends or to see someone who will be speaking or attending.

There are a multitude of factors for why someone may feel disconnected from church. Sometimes it's hard to be at church because of young children or

maybe illness or grief keep us away.

My love for and belief in God never left, but I struggled to connect or, some days, even want to be there.

It has been hard at times, but we've kept going.

Yet sometimes even I view people who are struggling with church engagement harshly. We wonder and we whisper without knowing the full story. It would be better if we provided a sympathetic ear, without passing judgement. Even then, they may not be ready or able to tell the full story.

Church attendance does not save us. We are to

be Christ's bride, the church, in our actions and everyday lives. We are called to sacrifice, heal, show mercy and do the right thing. The rituals and repetition of church cannot save us. Yet they can provide an important connection.

As Hebrews says, we are not to "cease meeting together". When we stop going completely, it can often lead to gradual disconnection from Christ. And worship in community can lead us to a fuller expression of faith.

But some seasons are harder than others.

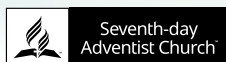
As the author of Ecclesiastes wrote, "There is a time for everything and a season for every activity under the heavens . . . a time to weep and a time to laugh, a time to mourn and a time to dance" (3:1,4).

If you find yourself in a SAD season with your church, it's important to remember that it will pass . . . if you're willing to stick it out. We cannot give up hope in this season as we navigate it—or our connection with those who are in the midst of it. God uses seasons of dissatisfaction and difficulty to bring new levels of maturity and understanding to our church engagement. He can use the wilderness to call us into a relationship and deeper love of Him and others.

So if you're reading this in a season of SAD, be encouraged. After winter, the sun always returns.

CHURCH ATTENDANCE DOES NOT SAVE US.

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"Lindsay Duggie from Mung-
karta community, NT, attended
the ATSIM camp. He has been
having Bible studies with the
Tennant Creek Bible worker."

GET REAL

During my recent holiday, I had the privilege of visiting Universal Studios in Hollywood.

This was an amazing experience—seeing how humans can develop scenes that look so real. There's a wall that looks like a full house; rushing water that looks like an impending flood. There are rides that use sounds, wind and animated pictures that make you feel like you are travelling in space and yet you are just in a room.

Universal Studios was indeed amazing, but all these innovative ideas have been put into play in order to trick the audience into thinking that what they see is real. And people love it, because movies and animated films take them on magical adventures and awesome journeys that one can only dream about. Lots of people enjoy living in this fantasy.

Jesus offered to give us life to its fullest in John 10:10. It is a real life and not fantasy. Jesus offered us joy, peace, rest, happiness, long-suffering, goodness, purpose, etcetera.

In fact, Jesus has a plan for each one of us. That plan is not to harm us but for us to prosper. The life that He promised in John 10:10 may not be as glamorous or luxurious as a Hollywood life—it may not even be as comfortable. But it will definitely be packed with unforgettable adventures, memorable journeys and true joy, satisfaction and peace.

I want to live life to the fullest in 2019 and to one day be in that wonderful place called heaven that no man or machine can ever fully reproduce or even comprehend.

And guess what, it's all real! I hope you too will make the decision to claim the life that Jesus offered for you in this life and for eternity. Blessings for this year, 2019.

MAVENI KAUFONONGA
TPUM PRESIDENT



FIJI MISSION TO PRIVATISE BOARDING SCHOOL

JARROD STACKELROTH

The Seventh-day Adventist Church in Fiji has decided to privatise Navesau Adventist High School in Tailevu, Ra, from this academic year, 2019.

The decision follows the Fijian government's implementation of the Open Merit Recruitment Selection System (OMRSS) in 2016, which meant religion could no longer be a factor in choosing the heads of religious schools.

This has become an issue for the Church, and especially at Navesau, one of two boarding schools the Church owns in Fiji.

"We have been gradually stopped/stymied from teaching periods of Bible as a subject," said Trans Pacific Union education director Bev Norman. "The only time we can hold the classes are from 8-8:40am. However, day students arrive at 8:30. This is unacceptable."

The decision to privatise Navesau comes after a lack of productive dialogue with the government.

"The Adventist Church in the past three years has written to the Ministry of Education, and has had discussions with the former and current permanent secretaries, the Minister of Education and with the Prime Minister on the subject of considering faith or religion as a criteria to be included in the selection of teachers and school leaders appointed to Adventist schools, but on all occasions our request was denied," said Dr Nemani Tausere, education director for the Church in Fiji.

The Adventist Church is not alone in looking to take action; however, it is the first denomination to declare it will privatise a school.

"The Seventh-day Adventist Church supports the call made by the head of the Catholic Church recently to include faith as a criteria in the selection of leaders for faith-based schools," said Pastor Joe Talemaitoga, general secretary of the Adventist Church in Fiji.

The other private systems are watching with interest to see how the government responds.

The Fijian government claims to offer universal, free education by paying teacher wages and funding schools around the country.

However, at Navesau, the Church will now be responsible for the salaries of teachers and staff, and the school will no longer receive the Ministry of Education (MOE) grant.

"We are privatising Navesau because of our faith that is based on the truth of God's Word, the Bible," Dr Tausere said.

"The Church commends the MOE on the introduction of the OMRSS. However, the Church believes that in the field of education, unlike some other departments in government, the MOE should consider an additional and important criteria—faith—in the selection process of teachers and school heads."

More than 95 per cent of schools in Fiji are owned and operated by faith-based organisations.

"The role of teachers and especially school leaders in the operation of schools is vital in the

total development of a child, mentally, physically, socially and morally," Dr Tausere added.

"Faith is the heart element in one's performance and is not discriminatory."



NAVESAU STAFF WITH FIJI AND TPUM EDUCATION OFFICERS.

PROPOSED AMENDMENT BILL RAISES RELIGIOUS FREEDOM CONCERNS FOR ADVENTIST SCHOOLS, CHURCHES

TRACEY BRIDCUTT

The Seventh-day Adventist Church in Australia (AUC) is concerned that proposed amendments to the Sex Discrimination Act could adversely impact both Adventist schools and churches.

It has voiced these concerns in a submission to the review of the Sex Discrimination Amendment (Removing Discrimination Against Students) Bill 2018. Adventist Schools Australia has partnered with Christian Schools Australia in a separate submission.

The bill, introduced to Parliament by Senator Penny Wong on November 29, 2018, proposes amendments to the Sex Discrimination Act 1984. It aims to "remove the capacity of bodies established for religious purposes that provide education to directly discriminate against students on the basis of their sexual orientation, gender identity or intersex status".

The bill fired debate between the Government and the Opposition late last year, and no consensus could be reached before the final sitting day of Parliament for 2018. Consequently, the Senate referred the bill to the Legal and Constitutional Affairs Legislation Committee for review. The committee was due to report back by February 11. Submissions to the inquiry closed on January 21.

AUC general secretary Pastor Michael Worker said the principle of removing discrimination against students sits comfortably with the Adventist Church's beliefs, doctrines and tenets of faith. However, he believes the bill not only poses a threat to schools upholding Adventist beliefs, but could also have consequences outside the classroom. For example, it could impact the teaching of Adventist beliefs and principles in Sabbath School classes and at Pathfinder meetings.

"The Church believes that the bill does not adequately address the competing rights that are at play in this discussion," said Pastor Worker, who is also director for Public Affairs and Religious Liberty for the Seventh-day Adventist Church in Australia.

"It is our contention that positive protections should be enacted that protect the rights of faith-based organisations while removing any unfair discriminations that might exist."

Pastor Worker said there is no evidence to verify claims that LGBTIQ+ students are being expelled from Christian or other faith-based schools because of their sexual orientation.

"Adventist schools continue to maintain and operate an open enrolment policy that accepts students from



all walks of life, providing they are willing to respect the tenets, doctrines and principles of our faith," he said.

Religious freedom was again in the headlines on December 13 when the government released its long-awaited response to the Ruddock review into religious freedom. Prime Minister Scott Morrison has pledged to introduce a religious discrimination act to protect the rights of Australians of faith.

"Clearly, there is a lot happening in this space, and things are moving very quickly," Pastor Worker said.

"I would ask all of our church members to continue to pray about these issues and for our nation's leaders as they deliberate over matters that could have serious implications for the Adventist Church in Australia."

To view the Church's submission (No 191): https://www.aph.gov.au/Parliamentary_Business/Committees/Senate/Legal_and_Constitutional_Affairs/Sexdiscrimination/Submissions

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STUDENT STUDY REVEALS CORE OF ADOLESCENT HEALTH

ADELE NASH

Students from a faith-based system in Australia who self-rated their health are helping researchers at Avondale College of Higher Education discover what sets them up for success.

Findings from the study, which appeared in the *BMC Public Health* journal, show 61 per cent of the 788 participants reporting “very good” or “excellent” health. This is a similar finding to one revealed in a study

conducted by the Australian Bureau of Statistics in 2014 and 2015. But the Avondale study, with half the participants reporting an affiliation with a Christian faith, also found the students had low rates of alcohol consumption (11 per cent), tobacco use (4 per cent) and marijuana use (3 per cent).

Physical and mental health were of equal importance, with students who slept more each night, engaged in more physical activity and consumed more fruit and vegetables reporting higher self-rated health.

“Often when we talk about health and wellbeing, our minds jump to exercise and diet,” said Dr Darren Morton, lead researcher in the Lifestyle Research Centre at Avondale College and one of the study’s authors, “But it’s a lot bigger than that.

To optimise the health of our young people, we need to not only focus on the physical but the mental.”

The study showed different layers of factors influence self-rated health. Mental health, body mass index and vitality make up the first layer, while the second layer comprises sleep hours, physical activity, fruit and vegetable consumption and a vegetarian diet.

Sleep is particularly influential, said Dr Morton. “There’s an increasing mental health crisis in the adolescent cohort and the study showed sleep is an important driver of that.”

One of the largest challenges: screen time and insomnia. Early intervention to create healthy behaviours around rest, relationships, diet and physical activity is important, Dr Morton said. “We need to set young people—and their families, caregivers and guardians—up for success.”



STUDENTS PARTICIPATED IN THE SELF ASSESSMENT.



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ADVENTIST AWARDED MEDAL OF THE ORDER OF AUSTRALIA

VANIA CHEW

Many years of service to his local community has seen an Adventist man recognised in the 2019 Australia Day honours.

Robert (Bob) Kalaf was awarded the Medal of the Order of Australia (OAM) in recognition of his services to the Cooranbong (NSW) community, including building the Waratah Medical Centre, and helping to establish the Cooranbong shopping village and Morisset industrial estate. He was president of the Cooranbong Chamber of Commerce from 1990 to 2006 and also volunteered as a swim squad coach at Avondale School for 11 years.

A member of Avondale Memorial Seventh-day Adventist Church, Mr Kalaf plans to start divesting himself of business entities so that he can devote his attention to his family and to his involvement as a project manager for Eyes for India, a charitable organisation that has restored the eyesight of 6000 blind people in India in 10 years.

"It's certainly an honour and a privi-



BOB KALAF.

lege to have been awarded this medal," said Mr Kalaf, who will receive the OAM at an official presentation at Government House.

"But it's really God who deserves the glory. My desire is to help my community as Christ has instructed us. I want to work for God and do His services. I hope others will be motivated to contribute to their community too."

ASIAN AID APPOINTS NEW CEO

SUE BOURKE

Asian Aid has appointed a new CEO, businessman Paul Esau.

"Paul brings to the team a strong financial and business background," said chairman and acting CEO Dr John Hammond.

"The board is confident he will further



PAUL ESAU.

strengthen Asian Aid's accountability and transparency to ensure we continue to use our donations in the best possible way to strengthen outcomes for vulnerable children and their communities throughout Asia."

Mr Esau will be based three days a week at the Asian Aid head office in Wauchope (Northern NSW) and two days a week in Cooranbong.

"I am grateful to be part of the Asian Aid team," Mr Esau said.

"Working together I trust that we will strengthen connections both within Asian Aid as well as externally in order to fulfil our purpose of giving hope to children and their communities."

Asian Aid is an independent supporting ministry of the Seventh-day Adventist Church.

NEWS GRABS



HONOURING ELIZABETH

Elizabeth Moses, granddaughter of the first Seventh-day Adventist in the Bahamas, has celebrated her 100th birthday. She was honoured by family, Adventist leaders and even the Governor-General for her service to the community and her local church, including Pathfinders and Sabbath School. —ANN



A BABY NAMED ADRA

With the severe hunger crisis happening in Yemen, Abdo didn't know how he was going to feed his family of nine. But he was able to join one of ADRA's food assistance programs, providing his family with critical food and other resources. Abdo was so thankful that when his wife gave birth shortly after, they named the baby girl Adra! —ADRA.org



ARMY CHURCH

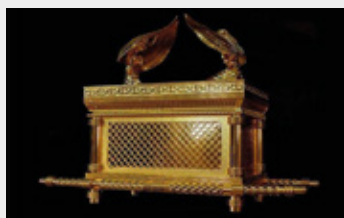
A small group of Adventist Burundi soldiers assigned to a peacekeeping mission in Somalia have found a way to share their faith, planting a church right in their base camp. The Seventh-day Adventist Burundi Army church now has 200 members. —ECD

HOT TOPICS



NO OTHER GODS

Chinese authorities have ordered a church to remove the biblical First Commandment from a display on the grounds that it contradicts the policy of China's President Xi Jinping. The move reflects China's policy of "sinicisation", which has seen religion coming under increased pressure to be subservient to the state in its teachings and practices. —*Christian Today*



WHERE ARK THOU?

An investigative team known as the BASE Institute has uncovered information suggesting the Ark of the Covenant might be hidden at a secret Ethiopian church. However, others claim that it is actually a replica of the ark. —*Relevant*



SAVE OUR PLANET

Humanity has wiped out 60 per cent of the world's animals—mammals, birds, reptiles and fish—since 1970, according to a report from the World Wildlife Fund. The "Living Planet Report 2018" also warns that the annihilation of wildlife is now an emergency that threatens our civilisation. —*WWF*

ADVENTIST STUDENT WILDLIFE WARRIOR OF THE YEAR

BRENTON LUCHOW

An Adventist school student from New South Wales has been recognised by the Irwin family as Wildlife Warrior of the Year.

Molly Henry, a student at Central Coast Adventist School, was invited to the Steve Irwin Gala Dinner in Brisbane (Qld) in November last year, when she received the award from Australia Zoo and the Steve Irwin Foundation. The team at Australia Zoo told Molly's mum, Melinda, that Terri, Bindi and Robert Irwin, who presented the award, personally picked Molly as she had been a stand-out individual among the Wildlife Warrior group.

Molly joined the Australia Zoo Wildlife Warriors in March 2018 and has been full-steam ahead ever since, organising various fundraising opportunities such as making and selling wildlife keyrings, holding an Easter raffle and creating tiger t-shirts. She also opted out of birthday presents, instead requesting that friends and family make donations to the Wildlife Warriors fund. Through her efforts, she has so far raised an incredible \$A2904, placing her as the second highest fundraiser for Wildlife Warriors in the world.

"Molly has always been passionate about animals and wildlife," her mum said. "From a very young age she has rescued animals that need help, including a tawny frogmouth, a cockatoo and many brush turkeys. We call her the bird whisperer, as she can get any wild bird to sit happily on her arm and will spend hours with them. We started seeing the passion develop even more and now that she is old enough to make a difference she has embraced it and will do whatever she can."

Molly participates in many conservation projects, from planting native trees in the local area to helping

yellow-bellied gliders and swift parrots. Each year she makes pouches in her own time for the baby animals at the Australian Reptile Park, and has donated more than 50 pouches so far.

Molly's commitment and dedication to the environment has significantly changed the way her family live, as they have stopped using single-use plastic products and now have eco-friendly options like stainless steel straws, Keep-Cups and beeswax wraps. Molly even collects old mobile phones from family and friends, sending them to be recycled to help save gorillas whose habitats are being destroyed by mining for the minerals used in phone manufacturing.

Molly's dedication to wildlife is something she takes seriously and she regularly encourages her friends to do the same.

"I am so proud to be fundraising for Australia Zoo Wildlife Warriors [to] help make a difference," she said. "If we all work together anything is possible, so never give up on your passion because it is worth it."

Molly's dream is to visit primary schools and educate children on the importance of the environment and conservation while they are young and care about such issues.

"We are incredibly proud of her achievements and the beautiful young lady she is growing into," Mrs Henry said.



MOLLY WITH TERRI, BINDI AND ROBERT IRWIN.

Photo: Australia Zoo



HOLIDAY FUN FEST

Planning school holiday activities can be a challenge for any family when there are six weeks to fill. In an effort to make this a little easier, a group from Roma Adventist Church (Qld) held an inaugural Holiday Fun Fest from January 14-18. Backed by an enthusiastic team, Rachel Steinhart said the week of activities was better than she could have imagined. "We didn't know how many people would come or if anyone would show up, but it has worked out really well," she said. Between 25 and 30 children turned up each day to enjoy craft and science activities, songs and games. The team plan to run Fun Fest again next January. —*Western Star*



BLESSINGS FROM BSP

The Bank of the South Pacific (BSP), the largest national bank in Papua New Guinea, invited its staff to nominate a charity or community organisation they would like to support. Operation Food for Life's (OFFL) Born Free Sanctuary was chosen as the recipient, and has continued to receive blessings from BSP. Staff from the bank helped to build a heavy duty security fence and wall to secure the sanctuary, and provided mattresses and pillows for the dorms where the children live. Just recently, the bank's treasury team also donated solar power lighting, fans, chargers and digital learning equipment to the learning centre. —*Dennis Perry*



WEET-BIX WINS

Sanitarium's Weet-Bix Cholesterol Lowering has been crowned as an ABA100 Winner for Product Innovation in The Australian Brand Awards 2018. The awards identify, recognise and reward Australia's most innovative consumer products, with general manager for Innovation, Paul Ginn, saying the purpose of the project resonated well with the team. "I am humbled that this product has won an ABA award, and excited about the positive impact this product is having and will continue to have in our community," he said. —*SanCo News*



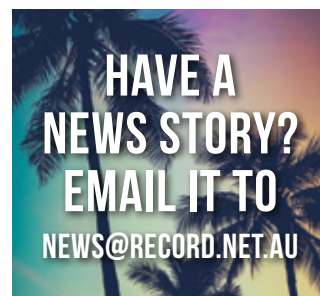
SAN SURGEON FINALIST

A Sydney Adventist Hospital surgeon has been announced as a finalist in the 2019 NSW Women of the Year Awards. Ear, nose and throat surgeon Payal Mukherjee is one of four finalists for the NSW Premier's Woman of the Year, an award that recognises an exceptional achiever who has made a significant contribution to NSW and is a strong role model for other women. As a mother to a young daughter, Associate Professor Mukherjee is committed to inspiring young women into pursuing STEMM (Science, Technology, Engineering, Mathematics and Medicine) careers in surgery and medical technology. —*Record Staff*



FREEWHEELING FUN

The 2019 South New South Wales Big Camp Billy Cart Derby was a roaring success. Held on January 13, the derby offered entrants the opportunity to test their homemade machines against electronic sensors set up to provide split-second time trial data, and a downhill run with sweeping turns and jumps. The youngest age category was 5-8, with older entrants commencing their run successively higher up the hill. The gold-rimmed *Encyclospedia* was the sole casualty of the competition—it lost a wheel halfway down the course, but its driver skilfully managed to maintain control and prevent a capsiz. —*Kent Kingston*



BUILDING CONNECTIONS

Conferences across Australia, including Western Australia and South Queensland, have held special days of "spiritual renewal", where new education and ministerial staff have been introduced and specially prayed over. The combined meetings also gave the new staff a chance to meet and interact with existing staff, building a team mentality to start the new year. —*Record staff*



PATHFINDER TRAINING

About 45 participants in the Nadi district (Fiji) attended Pathfinder basic leadership training at Fulton College on January 25-27. During the three-day training, participants completed modules in the history, philosophy and purpose of Pathfinders, club leadership, club organisation, club programming and planning, teaching the Pathfinder curriculum, camping and outdoor education, and drill and ceremonies. —*MyMission Fiji*



HEALTHY HOBART

Adventist churches around the southern region of Tasmania recently united to reach out to people attending the 2018 Royal Agricultural Show. Passers-by were provided with a free health assessment and advice by health professionals. More than 100 patrons passed through and shared their health concerns, with many also signing up for future programs run by churches local to their area. —*Tasda*



National Camp

CELEBRATES 40 YEARS OF IMPACT

More than 200 Indigenous Australians gathered at Victor Harbor, South Australia, for the Aboriginal and Torres Strait Islander Ministries (ATSIM) national camp from January 16–21.

From Geraldton (WA) to Kuran- da (Qld), from Finke and Tennant Creek (NT) to Port Augusta (SA), from Hammond Island in the Torres Strait to Tasmania, and everywhere in between, they flew, caught buses and drove great distances to gather in the beautiful coastal town. One lady even said she'd flown in from Sri Lanka for the event.

Camped at the Adare Uniting Camp and Caravan site, set about 500 metres from the ocean, the multipurpose venue provided cool sea breezes and picturesque walks to nearby Granite Island and the township of Victor Harbor.

With a heatwave blasting much of Australia, the cooler temperatures were a blessing for many of the camp attendees. Some had travelled from areas experiencing 50-degree heat while some of the desert people had never been to the ocean before.

Each of the evening programs featured a slide show of historic photos, showcasing the different regions where ATSIM has been working over the past 40 years. Connie Toga, who ministers in Mildura, Victoria, shared ATSIM history in workshops and presentations throughout the week-end. A large cake was also provided to celebrate ATSIM's 40th birthday.

While some of the focus was on the past, the camp also provided encouraging signs for the future.

"A lot of people at this camp are new faces," said ATSIM national director Pastor Darren Garlett. "Often, most are from Kempsey, Cairns and WA but this year we've got a large group from the desert (Central Australia).

"Those who have attended our camps for years have commented that there are so many new faces. This just shows the work of ATSIM is growing right across the country and reaching out to people and they're responding and camp is such a big part of that."

Church leadership also showed their strong support of ATSIM at this camp: Pastor Jorge Munoz, president of the Seventh-day Adventist Church in Aus-

tralia, featured as the adult age-group speaker; and South Australian Conference president Pastor David Butcher opened the camp on Wednesday night, attended on Friday night and delivered the final message on Sunday.

"ATSIM for us is an incredibly important ministry," Pastor Munoz said. "Every time we go to Mamara-pha graduation, we see the impact of ATSIM in this country. People come there not knowing anything about Christ. [They] spend a term, a year, a couple of years there, and the changes are noticeable. [They] go back to their communities and begin to transform their communities."

An example of this change is the remote community of Finke (NT). A few years ago there were no Adventists there. Now one-fifth of the community attend church and a number were in attendance at the camp.

"We are looking to transform many communities through the work of ATSIM," Pastor Munoz continued. "It is not us of course, not Mamara-pha. It is the Holy Spirit working through the lives of those who come to Mamara-pha and are part of ATSIM, that will



cause changes to happen."

That the Holy Spirit is working across these Indigenous communities is evident. Testimonies featured heavily throughout the weekend as those who have seen their lives changed were given many opportunities to stand up and share how it had happened. Testimonies of healing from serious illnesses, freedom from addictions and faithfulness were shared. A number of stories even involved dreams, with one aunty from the Torres Strait describing how she had dreamt of a man who

came into her shop. A few weeks later, she saw the man, who posted a flyer for a Revelation seminar and was the pastor who was running the program. After attending the program, she became an Adventist.

"Having testimonies at our camps is a very special part of it," said Pastor Garlett. "Real stories that people can relate to, it highlights their journey and, for our visitors, they can see that here are people just like them who are searching for something, they've found Jesus and turned their lives around. The same can happen to them. If only they want to put their hands in Jesus' hand."

ATSIM national camp wasn't just for the adults. A range of children's divisions were run, from Tiny Tots to Youth, with their own speakers and activities. The Primary division, led by Alice Springs pastor David Gilmore, featured a mini tabernacle where the children learnt about Jesus through the stations of the sanctuary. The youth travelled out to Ankara, South Australia's youth camp on the Murray River, on Sunday for a day of water skiing.

Children's entertainer Dan Warlow sang songs, told stories with his puppet Jed, and played on his guitar, keeping the children enthralled in a special one-hour performance.

Then, after closing Sabbath together, humour, singing and laughter

rang across the campground as a concert showcased acts from around the country. Most groups sang gospel songs, some in their local languages, while people smiled and nodded. People gathered around the outdoor market stalls and picked through hand-woven baskets and jewellery. There were also hand-painted bowls and boomerangs for sale, with some of the proceeds donated to support re-opening Karalundi, a remote boarding school in Western Australia run by Adventists.

"It has been a refreshing time, a spiritual time," said Pastor Munoz. "We've been able to focus and refocus on the work of ATSIM. We've tried to make the messages very practical this week and help the members of ATSIM from around the country to go back and put something into action."

Pastor Garlett agrees. "The national ATSIM camp has been a success," he said. "We've had people come from all over Australia for worship, for fellowship and they've had a great time— young and old, they've all enjoyed it, had lots of fun together and most of all they've been drawn closer to Jesus."

The ATSIM national camp is held every three years.

JARROD STACKELROTH, EDITOR,
ADVENTIST RECORD.

check your blind spot

That's the problem with blind spots. They're awfully hard to see. You have to twist your head around uncomfortably to check whether you're on a collision course with another vehicle, a pedestrian or an obstruction. But what about when we're not driving?

So many of us are oblivious to how messy and noisy we are when we eat. Or how grating or obnoxiously loud our voices are when we're "WHAT'S THE MATTER, I'M JUST HAVING A NORMAL CONVERSATION". We talk endlessly about ourselves and never ask about anyone else's life and struggles. Or we blithely throw around bigoted opinions and use language that causes deep hurt. And heaven help the person who dares to ask that we moderate how we express ourselves.

Do you have biblical blind spots? Is there clear Bible teaching you simply cannot see, or would rather not? The weird thing is that other people's blind spots often stand out like billboards. Many evangelicals persist in believing in a secret rapture, even though 2 Peter 3:10 makes it clear that Jesus' second coming will not be a quiet event: "The heavens will disappear with a roar; the elements will be destroyed by fire . . ." Catholic and Orthodox believers hold that Mary, Jesus' mother, was (and still is) a perpetual virgin, even though Matthew 1:25 says that Joseph "... did not consummate their marriage until she gave birth to a son . . ." Which she did. Which means they did. And so she wasn't.

At this point it's tempting to saddle my heretical hobby horse and chase a few Adventist sacred cows around the paddock. For example, is our prohibitionist stance on alcohol biblically justifiable? Is tithing a genuinely New Testament teaching? Don't get me started on ordination!

But who would that help? Adventists continue to avoid the scourge of alcohol for good reason and return a faithful 10 per cent of their income for use in the important ministry and mission of the Church.

No, our most critical blind spots are much closer to the heart. Sadly, it's often basic biblical doctrines we ignore, while holding fast to denominational identifiers. Do any of these verses shine a light on your blind spot?

- "For if you forgive other people when they

sin against you, your heavenly Father will also forgive you" (Matthew 6:14). Holding onto hurt is a human thing to do. But it's also self-destructive and failing to forgive endangers our connection with God, even our salvation.

- "Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving" (Ephesians 5:4). It's easy to get carried away when we're hanging out with our friends—we start by having good, clean fun, but one joke leads to another and everyone's laughing . . . except the grieving Spirit of God, who is witnessing our descent into the gutter.

- "Those who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge people into ruin and destruction" (1 Timothy 6:9). So much of our culture is built on the premise of chasing wealth and its accoutrements—seeking promotions, holidays, car loans, renovations and real estate speculation. Meanwhile, the Bible's pleas for generosity to the poor and justice for the oppressed go unheard.

- "I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart" (Matthew 5:28). In our visual, oversexed media landscape, lust is normalised. But Jesus reminds us that the abuses called out by #MeToo have their roots in where we allow our eyes and minds to wander.

- "I fear that there may be discord, jealousy, fits of rage, selfish ambition, slander, gossip, arrogance and disorder" (2 Corinthians 12:20). Does this describe your congregation? Is there discord or gossip? Jealousy? Arrogance? Before your church can positively impact the community, some blind spots need to be addressed—repentance and reconciliation need to take place.

If you're certain you have no blind spots, let's remember Jesus' warning to those clear-eyed Pharisees: "If you were blind, you would not be guilty of sin; but now that you claim you can see, your guilt remains" (John 9:41). It's safer to admit that we probably do have blind spots, even if we can't see them right

now, and to make the Jericho beggar's prayer our own: "Lord, I want to see" (Luke 18:41).

KENT KINGSTON EDITOR,
SIGNS OF THE TIMES.



Famous Filmmaker



A third generation Adventist, Eric Were was born on June 21, 1914 in South Australia. After two years of post-secondary technical education, Eric qualified to work as a carpenter in the building trade, and then went on to spend 25 years as a sign-writer and commercial artist, including work in photography. Five of those years were spent working in film production in Canada.

He married Elizabeth (Bessie) Fisher and, after her death, married Betty Fletcher in 1961, thereby gaining a step-daughter, Bronwyn.

Eric Were took on the role of photographer at the Adventist Media Centre in Wahroonga (Sydney, Australia), initially in a freelance capacity, before becoming a formal member of the team as a photographer and artist.

Eric's outstanding ability soon had him on a "roving commission" to produce films for most of the world divisions of the Adventist Church.

For example, Eric spent 4.5 months in the Southern Asia Division of the world Church during 1968. He spent five months during 1970 in a similar capacity in the South American Division. Eric's original 1950 vintage Paillard-Bolex HK-16 movie camera, over a 30-year period, did filming for the Church in more than 70 countries, according to its second owner, Pastor Max Townend, who used it in the South Asia Division and the Far Eastern Division of the Church during his time as a missionary in those regions.

One notable experience was in the late 1950s when Eric smuggled his

camera into Russia by taking it out of its case and hiding it in the clothing in his luggage. While in Russia he was caught filming for the upcoming General Conference session and, highly motivated while being chased, succeeded in escaping arrest and with all his equipment too! This was no mean feat as Eric was a substantial gentleman!

Particularly well-known and notable Eric Were movie productions were his *Cry of New Guinea* and *How Great Thou Art*. His movie documentaries were effective promotions of the mission of the Church and helped the Media Centre establish a reputation for quality creative work, which continues to the present.

A complete set of his film prints has been preserved in the Heritage Collection at Avondale College and they are progressively being digitised.

In addition to his photography, Eric was a gifted artist and writer and, in his retirement years, he engaged in meticulous research of his family history—pioneer Adventists in South Australia—and published his findings as *The House that Were Built: A history of the Were family from the Conquest to the Colonies*. Two of his best known other books were *Perilous Paradise* and *No Devil Strings*.

Survived by his second wife and step-daughter, Eric Were died in South Australia on January 3, 1997.

LESTER DEVINE, DIRECTOR EMERITUS OF THE ELLEN G WHITE/ADVENTIST RESEARCH CENTRE AT AVONDALE COLLEGE.

DIGGING IN HIS WORD

WITH GARY WEBSTER

THE SILVER SCROLLS: THE SECRET TO ABUNDANT LIVING

The oldest known copy of Scripture, dating back to the 7th century BC, contains the famous benediction of Numbers 6:24-26, which comes from God Himself through His priests.

READ Numbers 6:22,23,27.

But more important than the age of these words is what they say. First is the pronouncement of not only a blessing of happiness and contentment in life from God, but also of His keeping or watchful care over us.

READ Numbers 6:24.

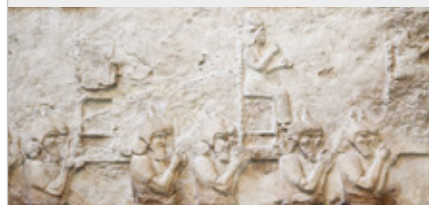
Then comes the promise that His face will shine upon us, which means life and salvation for us, flowing graciously out of His character of abundant kindness and mercy.

READ Numbers 6:25; Psalms 44:3; 27:1; Exodus 34:6,7.

The benediction ends with the assurance that in "lifting his face on us" God doesn't just promise to shower all these blessings on us collectively, but rather individually and personally. Such personal love results in us experiencing His peace, rest and wholeness.

READ Numbers 6:26; Colossians 2:10.

Fascinating, don't you think? The oldest piece of Scripture our torn, broken and lonely planet possesses is of God's assurance to help each of us personally if we turn to Him.



TWO SMALL SILVER SCROLLS WITH THE PRIESTLY BENEDICTION WERE DISCOVERED NEAR THE OLD CITY OF JERUSALEM IN 1979.

HEALTH NUTTERS

is it time to rediscover
our health message?



My mum is proudly what some may call a “health nutter”. Relishing the fitness craze of the ‘80s, she became an aerobics instructor, telling us tired teenagers that, “if you want to have energy you have to use energy!” My siblings and I knew that if we told mum we had an ailment, the prescribed remedy would be a glass of water.

A few years ago, Mum announced she was changing her diet from vegetarian to vegan. We collectively agreed that this was the icing on the health nutter cake—a sugar-free cake of course!

I actually admire Mum’s dedication to health. It has paid off. She certainly doesn’t look her age. So three years ago, when I experienced some health problems, I began researching, doing all I could to learn how to reclaim my health. I read books, explored YouTube and watched documentaries. I decided to “go vegan” as well. My health improved significantly.

In the 1800s, Ellen White said, “Tell

them that *the time will soon* come when there will be no safety in using eggs, milk, cream or butter, because disease in animals is increasing . . .

The time is near when . . . the whole animal creation will groan under the diseases that curse our earth” (*Counsels on Diet and Foods* p 349, italics added). We need to consider whether this time has come. As we ponder this, I’d like to share seven things I’ve learnt on this journey.

1. GOD GAVE US A PROPHETIC WORD REGARDING DIET

God gave Ellen White visions, not only of deep spiritual significance, but also guidelines on how to physically thrive in these last days. “*I was shown* that God would give to His command-keeping people a reform diet, and that as they received this, their disease and suffering would be greatly lessened” (*Counsels on Diet and Foods* p 481, italics added).

Did you get that? God clearly told us what we were to eat in order to thrive.

It wasn’t Ellen White’s idea or a feeling she got while praying. God showed her in a vision.

2. WE HAVE BEEN GIVEN CLEAR INSTRUCTIONS REGARDING HEALTH EVANGELISM

God showed Ellen White that health education was to be a means of service to others and an avenue to share the gospel. Mrs White said God wanted us to have “centres of influence” in all our cities. Places where people could come and receive health education in the form of scientific lectures and cooking classes, and eat in a cafe providing wholesome foods. “As the people are taught how to preserve physical health, many opportunities will be found to sow the seeds of the gospel of the kingdom” (*Testimonies for the Church*, vol. 7, p 115).

3. VEGAN ADVENTISTS ARE BLESSED WITH LONGEVITY

In nearly all the resources I have explored, there is a reoccurring theme—the Adventist Health Study. In *The Blue*

Zones, we read that Adventists living in Loma Linda “have participated in a ground-breaking health and dietary study . . . as a group they currently lead the nation (USA) in longest life expectancy.” The Adventist study, one of the largest studies of its kind, has shown that Adventists have lower rates of cancer, heart disease and diabetes compared to other Californians. The more the Adventists moved toward a vegan diet, the lower their rates of obesity, type 2 diabetes and overall mortality.

4. SCIENCE CONFIRMS WHAT ELLEN WHITE WROTE MORE THAN 100 YEARS AGO

With rising rates of obesity, heart disease, cancer and diabetes, the Western world has become obsessed with diets. Our media is filled with conflicting information. The public is incredibly confused. However, when we look to reliable scientific studies for answers, the evidence aligns lifestyle disease with the consumption of meat, dairy and eggs. In addition to the Adventist Health Study, The China Study, by Dr Colin Campbell, found that Chinese people who consumed low amounts of animal protein in their diet had lower rates of cancer. Dr Michael Greger’s New York Times best seller, *How Not to Die*, describes hundreds of scientific studies which demonstrate that a plant-based diet prevents or reverses our top 15 causes of death.

5. OUR ROLE IS TO CARE FOR GOD’S CREATION

At Creation, we were instructed to “dress and keep” our world (Genesis 2:15). Genesis 1:26–28 says that we are to have dominion over the earth. The word “dominion” implies care given by a king. As a benevolent king takes care of his subjects, we are to care for our environment. According to the documentary *Cowspiracy*, the single most effective thing we can do to save the environment is reduce animal agriculture. It accounts for more greenhouse gas emissions than the combined exhaust of all the world’s vehicles and up to 80 per cent of water usage. 91 per cent of the

Amazon rainforest’s destruction is due to clearing for cattle grazing. In addition to forecasts of fishless oceans in the future, National Geographic studies show that 46 per cent of the plastic in our oceans is from the fishing industry. Taking shorter showers, saying “no” to straws, using recycled paper or riding your bicycle to work are minor benefits compared to not eating meat and dairy.

In 2018, the controversial Australian film, ironically titled *Dominion*, was released. This two-hour animal welfare tragedy documents the reality for many animals that are bred for our purposes and how we have become a society that exploits animals.

Despite our best efforts to regulate the industry and kill “humanely”, animals are suffering at our expense like never before in earth’s history. Have you ever considered what happens to the unwanted male chicks of the egg industry? Or the surplus calves in the dairy industry? In Australia alone, up to 620 million land animals are killed every day to meet consumer demand for animal products. Many animals spend their short lives in factory farms, standing in manure, having no sunlight or room to move. Meanwhile approximately two-thirds of all antibiotics in Australia are used in the animal agriculture industry. Information such as this is stirring people’s consciences, driving them to make informed choices about what they eat. As Christians it is our responsibility “to lighten, instead of increasing, the weight of suffering which his (man’s) transgression has brought upon God’s creatures” (*Patriarchs and Prophets* p 443).

6. OUR HEALTH MESSAGE OPENS DOORS

Imagine if your middle-aged executive friend was diagnosed with heart disease and you were able to suggest they attend your church’s health education service. Imagine if your neighbour was lamenting about her children’s diet and you were able to invite her to your church’s free cooking classes. Imagine if your vegan colleague wanted to go out for lunch and you were able to suggest

your church’s cafe. Imagine if visitors were impressed and intrigued by your church’s healthy basket lunch. Since becoming vegan I’ve experienced some of these scenarios. In fact my friends have almost invited themselves to health programs at my church!

7. VEGANISM IS BECOMING MAINSTREAM

Joe Rogan, director of *Cowspiracy* and *What the Health*, asserts, “Everything that vegans were before—weak, weirdos, not really part of society—is changing. This is the future, this is now, this is strong . . . being looked up to rather than weird. It’s part of the norm. It’s cool and hip. Everything it wasn’t a few years ago it now is.”

As people seek better health, care for the environment and support animal welfare, the number of people becoming vegan has quadrupled in the past five years. Veganism is one of the fastest growing movements of our time. Consequently, *The Economist* magazine has declared 2019, “The Year of the Vegan”.

As a denomination we are always seeking relevance and ways we can connect with our community. The world is seeking a cure to lifestyle-related diseases and ways to save our planet from environmental destruction. Many are turning to a plant-based diet to achieve this. Is it possible that God guided us to promote veganism in order to provide us with a relevant evangelistic tool for 2019–“The Year of the Vegan”? I believe so. May we see our health message in a positive light—that it is a God-given lifestyle that gives us abundant health, fulfils our role as caretakers of the earth, and gives us an amazing opportunity to serve and show God’s love. I pray we will individually embrace this movement and continue corporately to establish “centres of influence” in multiple locations across our cities, fulfilling God’s plan.

Personally, I think my mum is right. I believe it’s time.

TRACEY CHATHAM FORMER SENIOR LECTURER
AT AVONDALE COLLEGE OF HIGHER EDUCATION.

THE ULTIMATE STORY

The Great Controversy

All humanity is now involved in a great controversy between Christ and Satan regarding the character of God, His law and His sovereignty over the universe. This conflict originated in heaven when a created being, endowed with freedom of choice, in self-exaltation became Satan, God's adversary, and led into rebellion a portion of the angels. He introduced the spirit of rebellion into this world when he led Adam and Eve into sin. This human sin resulted in the distortion of the image of God in humanity, the disordering of the created world and its eventual devastation at the time of the global flood, as presented in the historical account of Genesis 1-11. Observed by the whole creation, this world became the arena of the universal conflict, out of which the God of love will ultimately be vindicated. To assist His people in this controversy, Christ sends the Holy Spirit and the loyal angels to guide, protect and sustain them in the way of salvation. (Genesis 3; 6-8; Job 1:6-12; Isaiah 14:12-14; Ezekiel 28:12-18; Romans 1:19-32; 3:4; 5:12-21; 8:19-22; 1 Corinthians 4:9; Hebrews 1:14; 1 Peter 5:8; 2 Peter 3:6; Revelation 12:4-9.)

In 2017, a young man walked into a church in Sutherland Springs, Texas, and opened fire, killing 26 people and wounding 20 others. The event sent shockwaves around the world. How could someone do that, particularly in a church? It reminds us clearly that we live in a world that is at war. Even in the South Pacific, a relatively safe part of the world, we feel the effects of conflict all around us.

But how did this conflict and war start? Long ago, Lucifer questioned God's character. In his heart there began a strange but fierce conflict. Truth and loyalty to God were struggling against jealousy and pride.

I am a film-maker and I love listening to and telling stories. During my film school studies, I came across an

interesting statement by a well-known screenwriter.

"All drama is conflict: Without conflict you have no action; without action you have no character; without character you have no story; and without story you have no screenplay" (Syd Field, *Screenplay*, p 196).

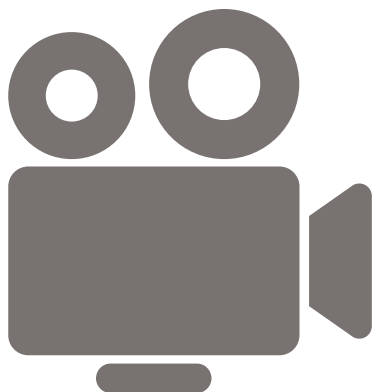
Stories reveal how characters respond to conflict through their actions. Watching a story allows us to see how someone deals with conflict, which reveals their character. Their actions, not their words, reveal who they are.

How God dealt with Lucifer's accusations would prove whether or not they were, in fact, true. He had two choices—present the plain truth about the goodness of His character and restore peace in the universe by remov-

ing evil; or present the truth wrapped in a story to show His love through His actions. He chose the latter. So how does the story play out?

As a film-maker I enjoy looking at the structure of stories and one structure we learned early in our study was called the "Beat Sheet" by Blake Snyder. It is very formulaic and predictable but pretty much every Hollywood film fits loosely into this structure. What I find amazing is that God's story also fits closely with this pop culture formula (see table, opposite).

Why is it important to me? The story structure provides closure and a resolution to the catalyst. It beautifully describes how willing God has been to get involved in our mess and to come down to our planet to save us.



This beat sheet structure essentially describes the human experience. We are all looking for a happily-ever-after. Hollywood uses this proven structure and it sells to the public because we all long for something more. As Solomon says in Ecclesiastes 3:11, "He has planted eternity in the human heart."

It's no surprise then that human hearts resonate with stories that mirror the ultimate story, a story we know as the great controversy.

The great controversy demonstrates the ultimate truth about love. It provides the only real solution to our lives. But unfortunately, Hollywood sells cheap versions of this story, fake and incomplete with heroes who find power from within; good and evil are often flipped, and with all this the viewer is left confused and empty.

Ellen White writes, "Millions upon millions of human souls ready to perish, bound in chains of ignorance and sin, have never so much as heard of Christ's love for them" (*Desire of Ages*, 640). Who will tell them? She goes on to say, "Were our condition and theirs to be reversed, what would we desire them to do for us? All this, so far as lies in our power, we are under the most solemn obligation to do for them."

The conflict in the great controversy story has revealed God's character of love for us in a way that no other could have done. It is a character that I want to get to know and share with others.

He is the Author and Finisher of your story and mine. Let's share this salvation story with the world.



BEAT SHEET FILM STRUCTURE—BLAKE SNYDER	THE GREAT CONTROVERSY BETWEEN CHRIST AND SATAN
Opening Image: Visually represents the tone of the story	There is war in heaven
Theme Stated: What is the story all about?	Is God's character love?
Set up: Introduces what the main character is missing	Satan is cast out of heaven and there is now discord in the universe
Catalyst: A moment of massive change	Humanity falls
Debate: How does the main character react to the catalyst? Does he/she go on the journey?	How will God save us? And do we even deserve it?
Break into Act 2: Main character decides to go on the journey with a clear goal	God promises to crush the serpent's head and to save humanity
B story: This is usually a love story that echoes or explores the theme	The love story between God and Israel. Israel is to represent God's character to the world
Promise of the premise: The promise of things to come	Through Abraham, God promises to give His Son Jesus as a payment for our sins
Midpoint: This is often a false ending and the clock starts ticking	Israel turns from God and is taken captive
Bad guys close in: Physical and emotional challenges build up against the protagonist and their goal	God's character is maligned and misunderstood. God's love interest even persecutes His messengers
All is lost: The goal now seems impossible. Something or someone dies and makes way for something new to be born	Jesus hangs on the cross
Dark night of the soul: The quiet before the storm. The theme is repeated	Jesus lies in the grave. The universe realises the extent of God's love
Break into Act 3: Something miraculous happens that propels them forward	Jesus is raised to life
Finale: The coming together of the A and B stories. The main character leads everyone to victory	God's character is revealed through us and then Jesus comes back
Final image: Opposite of the opening image, proving that a change has occurred	Peace on the new earth



NICK LINDSAY

Producer, cinematographer and editor for Adventist Media.





Always Ready, Always There With Your Help

While disasters vary, the impact is often the same: shattered lives, a shortage of crucial resources like food, water and shelter, and hopelessness.

This past year, ADRA has responded to hundreds of disasters worldwide. In amongst the heartache and destruction, people are finding hope in the dependable help that you enable ADRA to provide.

INDONESIAN TSUNAMI:

Everyday life for Dewi, her husband Abyasa, and their two children changed in the blink of an eye on September 28, 2018.

Dewi was with Abyasa and their youngest child, Budi, when the Indonesian tsunami hit, wiping out their village. There was no outrunning the wave. Budi was ripped from Dewi's arms by the waves, and Dewi was dragged into oblivion.

Hours later, Dewi awoke, bruised, broken and alone. She waited days to be reunited with the rest of her family but, to this day, Budi has not been found.

Dewi's family are currently living in a resettlement camp, with shelter and clean water provided by ADRA. Yet, in the midst of despair, they are hopeful. "We have hope that comes from the help of others," Dewi says.

AUSTRALIAN DROUGHT:

When the drought spread across Australia, Anna struggled to keep her farm going. Her farm didn't qualify for assistance programs because it had not been operating as a viable farming business for two or more years. She says the assistance she received from ADRA when no government programs could help, put her mind at ease.

"We were all so encouraged after receiving the drought assistance," she says. "It really lifted our spirits. As much as the financial aspect helped, the compassion and understanding from ADRA staff has been a real blessing."

AUSTRALIAN BUSHFIRES:

One after the other, disasters impacted Glenn's life at the end of 2018 relentlessly. After months struggling through severe drought, his livelihood was then subjected to the threat of bushfires.

"Having just been through the drought where we were buying feed for our animals to now having what feed was on the ground burnt out, our resources have been pretty well spent," Glenn says.



Firefighters and locals worked tirelessly to battle the flames, but exhaustion quickly set in. It was then that the community received greatly-needed resources supplied by ADRA.

"There was an immense sense of gratitude and tears of thankfulness," Glenn says. "Thank you for your support and may the Lord continue to use ADRA to help in times of crises."

"In times of disasters, it is our goal to be always ready and always there for people in need," says ADRA Australia CEO Paul Rubessa. "An immediate response is made possible only through existing disaster funds that ADRA can use straight away when a disaster strikes."

"I am inspired and humbled by the generosity of ADRA supporters who ensure vital disaster funds are always available to help those most in need."

The Disaster and Famine Relief Offering on February 16 helps to ensure ADRA can replenish and maintain the funding needed when crises strike. Your donation to this offering will help to restore hope for those most in need.

ASHLEY STANTON, MEDIA AND COMMUNICATIONS COORDINATOR, ADVENTIST DEVELOPMENT AND RELIEF AGENCY (ADRA) AUSTRALIA.



Tomato, borlotti bean & rocket salad

A delightfully fresh and colourful salad, this barbecue super side is bursting with flavour and high in fibre. A great dish that'll be a hit when entertaining.

Find this recipe and hundreds more at:

Australia: sanitarium.com.au/recipes
New Zealand: sanitarium.co.nz/recipes



/ [sanitariumaustralia](https://www.facebook.com/sanitariumaustralia)
/ [sanitariumnz](https://www.facebook.com/sanitariumnz)

HOW TO HOST THE ULTIMATE VEGETARIAN BBQ

The iconic backyard barbecue has long been the domain of the meat-lover, but the rise of vegetarianism and plant-based eating has seen veggies become the star of the show.

In fact, one of the biggest food trends in recent years has been flexitarianism—eating predominantly, but not strictly, vegetarian—with more than two million Australians, and almost half a million New Zealanders, stating their diets are “almost all” or “all” vegetarian.

The key to a good barbecue is finding the balance between protein, plenty of veggies, and substantial grain and carbohydrate dishes. Tick all the boxes with a well-planned menu filled with extra flavour from herbs, spices, pickles, sauces and condiments. Here are our top tips to host a very veggie barbecue:

MIX & MATCH: Just like any dinner party, make sure you provide plenty of flavours and options. Yes, it's a barbecue, but that doesn't mean you're only serving grilled veggies. Consider other cold dishes that will support the grill—this is where you can get your grains and legumes in too.

Why not try: A fresh Caprese salad, borlotti bean salad or Moroccan chickpea salad.

SUPER SIDES: While salads are a must, a barbecue isn't complete without some substantial sides and, happily, some of the tastiest ones are vegetarian and pair perfectly with any grilled veggies.

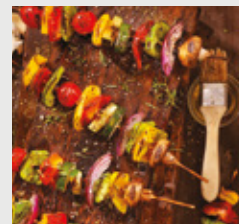
Why not try: A zesty coleslaw, buttered corn cobs or creamy potato salad.

GO FOR MEAT ALTERNATIVES: If you don't want to make your own meat alternatives, don't stress. There are plenty of ready-made meat-free alternatives stocking supermarket shelves.

Why not try: Some options from Alt Meat Co, Bean Supreme or Veggie Delights that will satisfy any barbecue guest, from koftas to patties, sausages and fillets. Visit lhf.net to see their full range of products.

Interested in more ideas? Why not try some of our other delicious tips. Recipes are on our website.

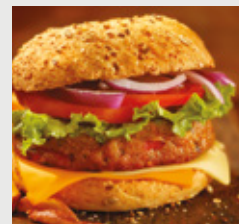
TOP VEGGIE BBQ TIPS



INVOLVE YOUR GUESTS

The best part of entertaining is time spent with family and friends, so get them involved. Plan dishes that guests can make their own way so they can cater for their own needs.

Why not try: Veggie skewers or Mexican burgers (see website).



CLASSIC SWAP

The best thing about a vegetarian BBQ is that you can still enjoy burgers and sausages, just look for plant-based alternatives.

Why not try: Lentil patties or corn and coriander fritters (see website).



MORE THAN VEGGIES

Fruit on the BBQ may seem strange but the char-grilling process brings out delicious caramelisation, taking your dessert to the next level.

Why not try: Grilled fruit kebabs or cinnamon-sprinkled pineapple rings.

Sanitarium
health & wellbeing

Kids Space

Waddamooli Kids!

(Palm Island for Hello)

Safe IN THE Storm

Jesus is tired after a long day. He asks His disciples to take Him by boat to the other side of the Sea of Galilee, away from the crowds. Jesus falls asleep. Suddenly a severe storm arises. The disciples try to save themselves and their boat. They finally remember that Jesus is on board and wake Him, crying for help. Jesus calms the storm and asks the disciples, "Where is your faith?"

I need to remember that Jesus is always near.

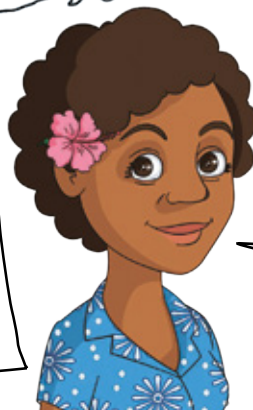


Find THE Word

S	A	S	D	Y	I	N	G	S	E	E	M	Y	J	U
B	E	G	L	D	T	D	B	E	E	Q	C	S	M	Z
M	O	L	N	E	N	N	N	A	A	J	U	A	H	G
J	C	A	P	I	E	I	Z	V	S	S	S	U	E	A
S	F	A	T	I	N	P	W	I	E	R	T	W	V	P
E	G	R	M	Q	C	T	I	J	O	L	O	A	C	E
V	U	E	I	H	I	S	H	N	Z	M	R	Q	G	S
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E	H	M	C	B	O	K	T	D	A	L	R	L	I	A
F	D	B	F	U	R	F	B	I	H	Z	O	Z	L	K
E	S	E	W	Q	C	A	L	M	N	E	S	S	E	C
Z	D	R	K	Q	X	I	M	W	D	Y	L	L	E	A
S	B	K	Z	L	V	T	O	D	B	E	D	P	G	G
B	J	L	Z	C	V	H	X	X	V	Q	H	B	U	Y

Memory Verse

"Peace I leave with you; my peace I give you...Do not be afraid.
John 14:27"



Jesus will help me when I am in trouble

WORD BANK

JESUS	DYING
LIGHTNING	SPEAK
BOAT	SEA
CALMNESS	STORM
PEACE	DISCIPLES
SLEEPING	WIND
CROWD	GALILEE
FAITH	SEVERE
REMEMBER	HELP



Go to <http://thetuis.tv/> and find out the latest adventures from the Tui family.



REFRESHING APPROACH

The refreshing approach in the January 26 editorial, “Reading Revelation”, will, I’m sure, be appreciated by many. I think in the past the emphasis on specific interpretations has narrowed our understanding of this fascinating book and distorted its panoramic view. We know all about the great disappointment of 1844, but what about some of the disappointments in Adventist prophetic interpretations modern generations of Adventists have experienced? I don’t hear anyone addressing this concern. As the editor says, “It seems our faith gets reduced to formulaic proof-text faith.” Revelation’s mystical paradox of lion and lamb sets the stage for one of the most provocative studies in end-time events.

Malcolm Ford, NZ

CREATED EQUAL

In response to “Why the SPD supports women in ministry” (*Adventist Record*, December 22, 2018), we should recognise that men and women are created equal, in the image of God (Genesis 1:27), in salvation (Galatians 3:28), in the commission to evangelise (Matthew 28:19,20) and the Holy Spirit is available to all (Acts 2:17).

The Seventh-day Adventist Church empowers all to spread the gospel and base our beliefs on Bible teachings (2 Timothy 3:16).

While culture accepts women in leadership roles, the Adventist Church ought not to be led by society but by the Word of God.

There is no biblical precedent for women to be ordained as pastors.

In the Garden of Eden, God establishes male leadership (Genesis 3:16). Paul states the pastoral role is for men and this is based on the order of creation (1 Timothy 2:11-14)—not the society of Paul’s day or our day.

Women’s ordination is

not supported by Adventist Church history or Ellen White.

Spiritual gifts and church offices are different. The office of bishop/overseer is limited to men (1 Timothy 2:11-3:7). Spiritual gifts are given to men and women. The spiritual gift of preaching does not qualify one to be ordained.

At the 1990, 1995 and 2015 GC sessions, our global Church family decided not to ordain women to pastoral ministry and not to allow individual divisions to decide for themselves.

The South Pacific Division’s direction challenges Church unity. We need to follow the decisions of our worldwide Church family.

Ulo Pukk, Vic

LITERATURE MINISTRY

“Publishing ministry gets a boost” (December 22, 2018) represents the view of South Pacific/Adventist Media (AM) leaders (“to harness ‘total member involvement’ for distribu-

tion of literature”). However literature evangelists (LEs) are shattered by the detail behind the restructure—termination of 13 Australia-New Zealand team leaders, for one new AM literature ministry coordinator to both recruit-train-mentor LEs across Australia and New Zealand and promote member literature distribution.

In 2012, the SPD restructure of LE work ended area managers’ salaries; they became self-supporting with a stipend. The 2019 change terminates their roles and stipends. Each restructure questions the “profitability” of LE ministry. Should profitability be the measure? What other ministries are defensible on profitability?

LE ministry motivation does not come from profitability but by seeing the printed Word change lives, and the counsel of Ellen White: “I have been instructed that the canvassing work is to be revived . . . to be carried forward with increasing success” (*Colporteur*

ministry, p 17). And further: “The Presidents of our Conferences and others in responsible positions have a duty to do in this matter” (*Southern Watchmen* 1905).

Selling Christian books is a battle with the devil who sees hearts soften to God with each home visit.

We ask AM/SPD to commit to strengthen this ministry by God’s measures of profitability, because “In the current technological environment, it is relatively easy to shut down a radio, TV or internet broadcast, but it is quite another matter to confiscate books scattered among millions of people” (Lemuel Jimenez *The Printed Prophets*, p 27, 2013).

Sandy Wallis, Vic

NOTE: Views in “Have your say” do not necessarily represent those of the editors or the denomination. Comments should be less than 250 words, and writers must include their name, address and phone number. All comments are edited to meet space and literary requirements, but the author’s original meaning will not be changed. Not all comments received are published.

Obituaries

BOYCE, Marie Elizabeth (nee Adrain), born 25.2.1930 in Belfast, Ireland; died 15.1.19 in Tweed Heads Hospital, NSW. She was predeceased by her son Lawrence in 2002 and her husband Lowry in 2012. She is survived by her son David (Brisbane, Qld); 13 grandchildren; and five brothers and sisters. Marie and Lowry moved from Ireland to Queensland in 1951 and became Seventh-day Adventists in 1954, joining the South Brisbane church where they worshipped for 30 years. They finally settled in North NSW and became members of Kingscliff church for 15 years. An active and faithful church member for more than 60 years, Marie was also a seamstress and a great cook and will be missed by the church family.

Vern Parmenter

GREEN, Alwyn Ronald, born 25.6.1927 in Wickham, NSW; died 4.1.19 in Cooranbong. In 1964 he married Glory Bowditch, who predeceased him in 2011. He is survived by his son David Green and Emma McPhee (New Lambton), stepchildren Allan and Gail Bowditch (Lake Cathie), Lee and Robyn Bowditch-Walsh (Adelaide, SA), Cherie Bowditch (Windale, NSW); nine grandchildren; and five great-grandchildren.

dren. Mick, as he was affectionately known, was a man of pleasant, humble disposition, ever kind, thoughtful and unselfish. He was much loved by his family and Swansea church friends and his commitment to the annual ADRA doorknock appeal was renowned.

Roger Nixon, Allan Bowditch

LONGSON, Verna Sylvia Pearl (nee Parker/Hampson), born 9.5.1930 in Gawler, SA; died 19.1.19 in Alton Lodge, Cooranbong, NSW. She was predeceased by her husband Kenneth in 2003. She is survived by her children Diana (Cooranbong), and Terry and his wife Lindsay (Gold Coast, Qld); four grandchildren; nine great-grandchildren; sister Gloria (Adelaide, SA), and brothers Edward (Ted) (Brisbane, Qld) and Leslie (Les) (PNG and Gold Coast). In 1946 Verna moved to Sydney where she was first employed at Sydney Adventist Hospital. She then attended Avondale College and worked for a short time at Signs Publishing Company before returning to the San where she remained a loyal and dedicated employee until her retirement. Verna had a strong belief in God and loved her family dearly. She was a quiet and caring person who was always helping others.

Barry Wright

MCDONALD, Alan Robin (Rob), born 30.5.1944 in Whanganui, NZ; died 30.10.18 in Palmerston North. He was predeceased by his son Chris. He is survived by his wife Ruth; children Marion and James (Australia), Andrew and Chelsea (Palmerston North, NZ), Hamish and Orelle (Rangiwahia), and Kylie and Stephen (Thames); many grandchildren; and sister Gloria Greenfield. Rob was a very active member of Feilding church, serving as an elder among other duties for many years. As a builder he was a practical man but also had a great love for nature and creation. His delightful sense of humour and his gentle, godly ways will be sadly missed by all who knew him. His faith and assurance of salvation was strong to the end and a blessing to those who visited with him.

Murray Strawbridge

WALLACE, Donald Robert, born 19.7.1934 in Newcastle, NSW; died 17.1.19 in Cooranbong. In 1965 he married Lyn Greene. He is survived by his children Ursula Line (UK) and Vaughn (Dora Creek, NSW); two grandchildren; and two great-grandchildren. For many years Don was a faithful employee of the Sanitarium Health Food Company in Cooranbong and also a deacon at Memorial church. He was known to be a man of integrity and

strong of faith. Don was involved in a number of fly'n'builds to Vanuatu and was recognised as a highly skilled surfer. He rests awaiting the coming of Jesus.

Roger Nixon

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Finally . . .

Hard work always pays off: mere talk puts no bread on the table.

- Proverbs 14:23 (MSG)

NEXT ISSUE: ADVENTIST RECORD, MARCH 2

POSITIONS VACANT

ASSISTANT MANAGER, ACA WAHROONGA, NSW

ACA Health Benefits Fund is looking for a qualified, highly competent and experienced accountant with excellent managerial skills to join our management team. To do this role effectively you will need a CA or CPA qualification; a minimum of five years accounting experience; proven exposure to organisational management; proven ability to effectively manage a team; and excellent computer skills, including a good grasp of Microsoft Word, Outlook and a high level of proficiency in Excel. You will need to multi-task and focus on both the financial and operational aspects of the business. Previous experience in the insurance or health industry would be ideal but not essential. Only those who have the legal right to work in Australia may apply for this position. For more information please contact fund manager Jody Burgoyne: <hr@acahealth.com.au> or 1300 368 390.

Applications close February 28, 2019.

SENIOR FINANCIAL SYSTEMS SPECIALIST, RMS WAHROONGA NSW

The South Pacific Division (SPD) of the Seventh-day Adventist Church is seeking a highly qualified and experienced candidate to be the senior financial systems specialist to manage the information technology capacity and achieve the business objectives of Risk Management Service. This full-time role, based at the SPD head office in Wahroonga, is responsible for ensuring the successful completion of analysis, design, building, testing and implementation of solutions, as well as providing ongoing support of solutions and data management. For full selection criteria please visit the South Pacific Division's Human Resources website: <adventistemployment.org.au>. The appointing body reserves the right to fill this vacancy at its discretion and close applications early. To apply, please send a cover letter, your CV, three work-related referees and the contact details of your Adventist church pastor, to: Human Resources, Seventh-day Adventist Church (SPD) Ltd, Locked Bag 2014, Wahroonga NSW 2076, Australia; email <hr@adventist.org.au>; or fax (02) 9489 0943. **Applications close March 17, 2019.**

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