Sabbath Rest: Yours for the taking 14

Humpty Dumpty: a tale of bad things happening to a "good" egg 13

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Action

HE STUDIED AT AVONDALE.

Thanks Jarrod for sharing stories of transformation.









EDITOR'S NOTE:

Working in the unexpected

Jarrod Stackelroth Editor

"

And it is often only then, that we turn to prayer. As a last-ditch effort. As a desperate cry. A call for help and strength. A solution to our problems. What's your deepest fear? I thought mine was unexpected spiders. I'm not that scared of spiders, in sight and obvious—but unexpected ones, showing up in my high school English folder or my tuckshop finger bun (yes I am scarred)—those are the ones I hate. Not knowing where they are, where they're going or when they might jump.

If your skin is crawling, I apologise. Now you know how I feel about spiders. If I thought a bit deeper, I could probably come up with rejection or inadequacy as my true deepest fear. I remember as a kid, being afraid to go to the front counter and ask for serviettes. I was paralysed by fear. Fear that I'd be told no and rejected. Or maybe that I'd be humiliated in front of everyone for asking. Or maybe just the unexpected.

Come to think of it, maybe my deepest fear is the unexpected. The unpredictable, uncontrollable circus of life that happens to us all. The fact that our carefully crafted facades crumble in the face of uncertainty, tragedy and unexpected humiliation. Being exposed, left naked on the side of a cliff by the fickle fortunes of life is a great fear of us all, and so we fortress ourselves with insurance, control, certainty and truth.

I try to exercise so much control over my own life, that there is little room to be surprised by the unexpected. Yet it comes seeping through. That is the nature of life on this planet. The unexpected will bust down our carefully crafted walls creating craters in our caution. And it is often only then, that we turn to prayer. As a last-ditch effort. As a desperate cry. A call for help and strength. A solution to our problems. Sickness, death, grief, hurt–we look for rescue from a strength outside of ourselves. To fight back the tides of rejection and unexpected pain.

But what if we prayed before the storm? What if our prayers were grateful, thankful and grounded? If we sought blessings for others before ourselves.

Daniel's desperate prayer may well have shut the mouths of the lions. But I have a sneaking suspicion that his three times a day, in sickness and health, prayer at the window routine was more instrumental in keeping those feline fangs firmly clamped. Now I'm not saying there is a volume or a magic formula we can reach that will make prayer work for us. Prayer is more mysterious and more accessible than that.

I know God answers prayers. He's answered my prayers—undeserving and selfish though they may be at times.

Once I asked my wife what her deepest fear was. With a tear in her eye, she told me: "Never carrying my own child; never falling pregnant."

At the time I was thinking of spiders. Her raw, unmasked grief surprised me. And so we prayed. People prayed for us. And now, when I hold my little girl, I know God answers prayers. But even before He answered that prayer, He was working on me, asking me if I would still pray if that prayer wasn't answered. Reminding me that if I never became a biological father, He would still provide. And I still needed to pray.

I rejoice when I hold our answered prayer in my arms. But I also know, not everyone gets the answered prayer that they're after. Not every desperate prayer is answered. Not every faithful prayer warrior with a three-times a day routine gets the lions' mouths shut.

God works and moves in the unexpected. Daniel and his friends were captives, and every time they faced their very greatest challenges, God showed up the most. My need for control and my fear may be stinting my prayer life, as I use it instead to dictate to God what I want and need. Rather than building a relationship and listening. Could my prayer life be less an inconvenient and squeezed routine added to my hectic lifestyle? Is there more to prayer than formulas and wishlists?

Maybe I need to embrace the unexpected, just as I embrace my daughter and the other blessings God has given me. The unexpected could be an opportunity for me to grow in faith and exercise my prayer life. Just not unexpected spiders.



INSIGHT:

Lay leaders

Glenn Townend South Pacific Division president These are some of the faithful lay disciples I met in Papua New Guinea recently.

Esau was a heavy drinker but he was doing well as a bank manager. His son Jake was friends with an Adventist teacher's family. Jake wanted to attend the local Adventist school to be with his friend more often. Jake introduced his family to the whole of the Adventist teacher's family. They became friends. The Adventist family continually provided whatever Esau's family requested—going the sec-ond mile in kindness. This had a profound effect on Esau. He had never seen such kindness. He asked to come to church and in two years in Sabbath school class he and his wife Esmay learned so much of the Bible. He hadn't realised, when it came to the Bible's teachings, he was so ignorant. His family were soon baptised. Esau became a businessman—he tried cattle, then chicken and then chili production but all his ventures failed. Eventually he tried copra and succeeded. Esau used his new-found wealth to educate his children and the children of the Adventist family. Today, as a semi-retired businessman, he has given land for other church members to farm and help them become copra farmers.

James and Daniele own a convenience store that closes on Sabbath. Every morning they start their working day with staff by reading the Bible and following through the Discovery Bible Reading questions. This reminds them that God is with them as they serve their customers. Through this business they give away Adventist books and tracts. Customers return, sometimes months later, and tell them how much they appreciated what they have read. One such person had so many questions that it led to personal Bible studies and a commitment to being a disciple of Jesus through baptism.

George operates a successful manufacturing plant. COVID-19 restrictions meant he and his family were unable to worship at church so he started a small group every Sabbath morning, inviting friends, neighbours and colleagues. The group outgrew the house, so they met under orange trees—more than 120 of them. George and this group have built a new church building that seats 150 on his property. May God continue to use us all to serve others as His disciples.





Some of the program participants at the graduation ceremony.



Youth providing a guard of honour for Pastor Townend and Pastor Yani. Eastern Highlands Simbu Mission president Pastor Joanis Fezamo (right) received both leaders at Goroka airport.

CHIP first for Pasifika churches

Q Auckland, NZ | Adrielle Carrasco/Record stafft

In a first for the Pasifika churches in North New Zealand, a group of 41 Pasifika men and women completed the Complete Health Improvement Program (CHIP) in Auckland, New Zealand. In doing so, the outcomes exceeded expectations, particularly in light of COVID-19 restrictions on gatherings.

The majority of the Mizpah and Rehoboth congregations which joined together to run the program are Tongan. In addition, a few members from the Tokoroa church—about two hours south of Auckland—joined to swell the numbers. Starting out in faith, initially all meetings were held via Zoom. However, as restrictions were eased, it was possible to run a hybrid mode, where the weekday meetings were held via Zoom, with a Sunday in-person session in which food demonstrations and tastings were possible.

"We see this program as a breakthrough on so many levels," said Adrielle Carrasco, director of Adventist Health Ministries for the New Zealand Pacific Union Conference (NZPUC). "There was not a single participant who did not see positive changes in their overall health.

"One of our biggest challenges was finding a laboratory to process any pre-assessment blood tests as the laboratories were overwhelmed with COVID-19 testing. However, the group opted to use the 'My Wellness Snapshot' questionnaire via ELIA Wellness, and this proved appropriate as it showed major behavioural changes in favour of positive lifestyle and wellbeing. These changes would not necessarily have been reflected in blood tests alone.

"The beauty of using the 'My Wellness Snapshot' was that we had written pre and post results that focused on wellbeing—and wellbeing is quite often where we see the greatest change in those who complete CHIP."

At the graduation ceremony many of the participants gave emotional and heartfelt testimonies on how much they had learned and gained from the program. All committed to continuing the health journey they were on.

President warmly welcomed in PNG

Lae, PNG | Jacqueline Wari

The Seventh-day Adventist Church in Papua New Guinea warmly welcomed South Pacific Division president Pastor Glenn Townend when he visited last month.

Guards of honour, singing, gift presentations and meals awaited Pastor Townend and Papua New Guinea Union Mission president Pastor Malachi Yani at the Central Papua Conference in Port Moresby, Eastern Highlands Simbu Mission (EHSM) in Goroka and the Northern and Milne Bay Mission in Popondetta.

In Port Moresby, Pastor Townend met with the Executive Committee before travelling with Pastor Yani to Goroka the following day. Young people formed a guard of honour for both pastors at Goroka airport.

EHSM president Pastor Joanis Fezamo, secretary Pastor James Kiangua, directors and other staff also joined the youth to welcome the leaders. They were then driven to the EHSM office where they were welcomed by more youth, Pathfinders, Adventist Community Service members and missionaries.

In the afternoon the leaders visited Bena Adventist Primary School, Kama Adventist Primary School and Kabiufa Adventist Secondary School.

The following day they travelled to Guasa and Karimui, two of the 17 districts in EHSM. They returned to Goroka in the afternoon and visited small groups until dusk.

Pastor Townend also conducted evening meetings at Kama Seventh-day Adventist Church in West Goroka.

Back in Port Moresby they met with PNG Prime Minister James Marape.

The following day they spent time with the administration of the Northern and Milne Bay Mission and visited some historical sites.

Pastor Townend took the worship service on Sabbath to end the visit.



Dr Carter's career has been one of following God's call over a period of 40 years.



The parade started in Fatumaru Bay, finishing at Seafront stage.

New Australian education leader announced

Ringwood, Vic | Record Staff

The Australian Union Conference (AUC) Executive Committee has appointed Dr Jean Carter as national director of Adventist Education, commencing in January 2023.

She is currently serving as associate national director of Adventist Education-Quality Assurance to National Directorship.

"Dr Carter was nominated unopposed and the vote was unanimous," said AUC president Pastor Terry Johnson. "Dr Carter brings broad experience and expertise to the role, which will be a real blessing to Adventist education into the future. Dr Carter is the first woman to be the Union director and we could not be more pleased for her and our Adventist schools in Australia."

Dr Carter's career has been one of following God's call over a period of 40 years. The first eight years of her

career were spent leading small primary schools in Australia and New Zealand. She then moved into tertiary lectureship at Longburn College in New Zealand and Avondale College in Australia. This led to Dr Carter being appointed to the South Pacific Division as a curriculum development officer. She then spent time in the Greater Sydney Conference as a primary and secondary principal. For the majority of the past 15 years, Dr Carter has worked in education director roles in North New South Wales, Greater Sydney and the AUC.

Dr Daryl Murdoch, retiring national director of Adventist Education, said he is delighted at the appointment of Dr Carter. "Jean is committed to Adventist education serving the mission of the Church, and will bring great insight and wisdom to the role. I wish her God's richest blessing," Dr Murdoch said.

3000 march to celebrate 150 years of Adventist education

Port Vila, Vanuatu | Cecile Trief/Juliana Muniz

More than 3000 people marched through Port Vila (Vanuatu) on August 12 to celebrate 150 years of Adventist education. Vanuatu Mission (VM) and ADRA staff; students, parents and staff from all five Adventist schools based on Efate Island; leaders of other denominations, national and local government officials joined the celebrations.

Leading out the parade were the Vanuatu Mobile Force (VMF) and the Comforters brass bands, who played marching tunes of hymns well known to Adventist church members.

Participants were impressed by the number of people present, most of whom had their lives impacted by the Adventist education system.

"The values of Adventist education-taught and lived in our Adventist schools-are second to none," said Vanuatu Internet Governance Forum director Jackson Miake, former Aore Adventist Academy student. "I am a proud product of Adventist education."

Continuing the celebrations on Sabbath, August 13, a special program

emphasised how God leads His people through the ages. Educators and pioneers who have served as staff members, teachers and school administrators in various schools over the years were honoured with a Certificate in Honour of Service and a Medal of Recognition.

"Back then we had to wait for three months to receive our salary due to transportation issues," shared one of the honoured educators. "But we had nothing to fear because the God of yesterday is the same today and tomorrow."

The day ended on a positive note as VM president Pastor Charlie Jimmy reinforced the commitment to God's command to "be strong, be very courageous as we continue to uphold biblical and eternal values in our schools".

Adventist schools in Sanma and Malekula islands also held celebrations in their respective territories.



"Heritage Heroes" have been created to reflect the #heroes4God theme.

Special day to celebrate the history of the Adventist Church

Cooranbong, NSW | Tracey Bridcutt

A South Pacific-wide program is being planned for Sabbath, October 22 to celebrate the history of the Seventh-day Adventist Church.

The special online program promises to be both interactive and engaging with elements to appeal to the whole family, including uplifting music, a heritage play, a Pathfinder honour and an SPD-wide Kahoot! challenge. It will go to air at 2pm (AEST) live from *Sunnyside*, the historic former home of Ellen White in Cooranbong, New South Wales.

October 22 has particular significance for Adventists as it was on this date in 1844 that many Christians predicted Jesus' second coming. It was out of this "great disappointment" that the Seventh-day Adventist Church was born. Thus, the upcoming Sabbath program is entitled "The Great Appointment".

"While Jesus did not come on that day in 1844, the promise is still there that He will soon return," said South Pacific Division (SPD) heritage director David Jones. "Those pioneers in 1844 were heroes for God. Our theme for this special program is #heroes4God and we want to challenge our church to step up for God especially in a world that seems so out of control. We have no fear for the future when we look at our past and see how God has led. He has appointed us for these times!

"The program on Sabbath, October 22, will be a celebration of our heritage and the beginnings of our Church. We are encouraging churches to make a day of it by having a church lunch then tuning in all together. Some churches might like to 'dress-up' to celebrate their own beginnings."

During the program Australian Union Conference (AUC) ministerial association secretary Pastor Brendan Pratt will present a message entitled "Longing to Be With Jesus–Why October 22 Matters".

"Making time to remember our story is an essential part of moving forward," Pastor Pratt said. "We remember the passion, inspiration and challenges that drove our founders and shaped the Church we are part of today. It inspires us to play our part in God's bigger story."

The AUC will also have sermon outlines available for local church pastors and elders to adapt for their use for the Sabbath morning service.

The Great Appointment will be available for viewing on the Adventist Heritage Centre and Adventist Media Facebook pages.

making headlines

Historic Adventist women

Students at Pacific Union College (US) have helped document the role of women in Adventist history by submitting new research to the Encyclopedia of Seventh-day Adventists. Maud Sisley, Alma McKibbin and Ruth Temple were pioneers in mission, education and healthcare. They were once household names but their stories were forgotten-buried by time and societal change from the Church's collective memory. In researching and publishing the stories of extraordinary women, the students were able to restore these names to the pages of Adventist history.-NAD



Grant for new eatery at SAU

Southern Adventist University (US) will launch a new whole-foods, plant-based eatery on campus in late 2022 thanks to a grant from Ardmore Institute of Health. "Our vision of providing more food options that nourish the body, soul and spirit is becoming a reality," said Cindy Rima, a nursing professor instrumental in securing the grant.-*Adventist World*

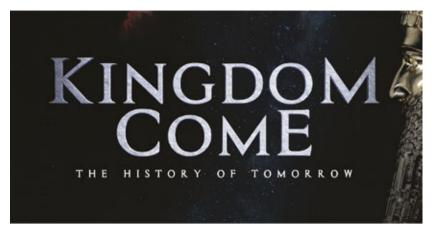
Heritage-listed church

Canberra National Seventh-day Adventist Church has been officially heritage listed. The statement of historical significance says the church, designed by prominent Australian architect Ken Woolley, is an excellent example of Modernist church design.—*The Riotact*

An end to bed sores

Tiny smart bed sensors in hospital mattresses could put an end to painful and potentially life-threatening pressure sores. The new technology monitors movement and records heart and respiratory rates, prompting nurses to adjust the patient's position.—**UniSA**

flashpoint



Hitting 17 million views

Documentary film *Kingdom Come: The History of Tomorrow*—an initiative of the North New South Wales Conference—hit 17 million online views in late June, just as the two-man production team boarded flights to Europe to film the next two episodes, *Dominion* (on Daniel 7) and *Downfall* (on Revelation 13). Featuring expert historians and thought leaders including Pastor David Asscherick, Professor Andrew R George, Professor Paul Cartledge and Dr Steve Kershaw, the film is available online in eight languages—including the most popular Portuguese (*O Próximo Reino*) and Spanish (*El Próximo Reino*) versions. The producers plan to release the full prophetic trilogy in 2023. Watch Part 1 at <kingdomcome.com.au/watch/>.**–Julian Archer**



Boosting food aid

With the need for food relief increasing across the country, ADRA Victoria was invited to join Coles and SecondBite's annual Winter Appeal campaign. This year's campaign directed its funds to SecondBite so they can continue providing food for those in need. Bringing a boost to the initiative, ADRA Victoria is assisting the efforts by distributing food to its 30 centres across the state. The initiative was featured on TV by Channel 9's *A Current Affair* and Channel 7's *Morning Sunrise* programs. Celebrity Chef Curtis Stone, ADRA clients and volunteers were part of the filming, which took place at Nunawading church. "This was an incredible opportunity to raise awareness about the work that ADRA does to help those in the community who are struggling," said ADRA Victoria director Rebecca Auriant.**–Kymberley McMurray/Juliana Muniz**



New chaplain

Priscilla Mariassouce is the new chaplain on Avondale University's Lake Macquarie campus. An alumna from 2018, she returns to Avondale with local church pastoral and school chaplaincy experience. When asked how she would define success as a chaplain, Ms Mariassouce responded, "That people feel safe with you." Ms Mariassouce is married to Zayne and they have a young son.**–Record staff**



Missionary hearts

As a direct result of outreach by local churches on the west coast of New Ireland Province (Papua New Guinea), a new Adventist church has been planted in Namatanai District. Around 30 members from churches in Kamdaru and Wagin, including seven young people and four community members, were actively involved in establishing the church plant. Missionary volunteer Wesly Joro conducted the evangelistic campaign which ended with seven baptisms. –**Record staff**

flashpoint



Prayer with Fiji leader

South Pacific Division (SPD) leader Dr Nick Kross recently spent time with Fijian Member of Parliament, Tui Dakua, to pray with him and offer support.

Dr Kross, SPD Public Affairs and Religious Liberty (PARL) director, was in Fiji with SPD director of ministry and strategy Dr Sven Ostring and discipleship strategy leader Pastor Danny Philip, for meetings with Trans Pacific Union and Fiji Mission leaders. While there he reached out to Mr Dakua, the deputy minister for youth affairs and one of several Adventist politicians serving in the Fijian parliament.

"Mr Tui sees it as an answer to prayer that he has been elected into public office," Dr Kross said. "He is a dedicated Adventist who is vocal about his faith. In fact, he now has youth groups from other religions sending him messages on a Friday night saying 'Happy Sabbath'."

Dr Kross also met with a group of Fijian Adventist business leaders to get an understanding of the issues they face working in the public arena.

"We recognise there are many Adventists who are playing very significant roles across the South Pacific Division and as a Church we are very proud of these people, and we will do our best to support them and to help them be effective witnesses within their spheres of influence." – **Tracey Bridcutt**



Reducing family violence

ADRA Vanuatu-through its family life education project Blossom-signed a Memorandum of Agreement (MOA) with Vanuatu Skills Partnership (VSP) in Port Vila on August 17. Through this MOA, ADRA Vanuatu's Blossom project will work collaboratively with VSP to integrate Family Life Education (FLE) into the activities carried out under the rehabilitation program with inmates and parolees at the correctional centre as well as with clients at Elang Family Support Services Centre. ADRA will also provide support to VSP in terms of incorporating FLE into certain skills development activities and professional staff development. These approaches through family life education contribute to ending violence against women, girls and family in Vanuatu and are in line with Vanuatu government policies.-**Nancy Lagdom**



Fellowship and sports

Young people gathered in Christchurch, New Zealand, for a weekend of spiritual growth and sports during the first of two Back II Back sports weekends on August 12 and 13. Hosted by Addington Samoan Youth, the Friday night program featured a special message by Longburn Adventist College chaplain Kofi Amoah, who addressed the importance of young people having each other's backs as they follow Jesus. The Sabbath afternoon program was hosted by the Bishopdale youth where Mr Amoah shared a second message. On Saturday night participants met at Pioneer Stadium for a volleyball tournament where 15 teams played. "It was clear that everyone was there to connect and give all the glory to God," said South NZ Conference youth director Pastor Jeremy Flynn.**–Record staff**

New model to transform the Avondale experience; students to benefit

hanges to the way students experience life at Avondale University are not just the latest markers but milestones on the university's road map for sustainable transformation.

The announcement on August 24 of the Avondale Model will bring enhanced flexibility, academic excellence, affordability and fun to the university. "It's a personalised approach for a new generation of students looking for an outstanding education with strong employment outcomes," said Avondale vice-chancellor Professor Kevin Petrie, "and it's our response to the significant challenges in higher education post-COVID."

The model features:

- Digitally enhanced study options that will see all courses offered in flexible face-to-face and online modes over a six-semester academic year;
- · Refreshed, digitally enabled learning spaces;
- A new scholarship that will reduce tuition costs for eligible students beginning an undergraduate degree in business;
- The return of directors in the men's and women's residences on the Lake Macquarie campus;
- A new scholarship that will give eligible students fully-subsidised accommodation in the residences;
- An expanded wellbeing program that builds student resilience through experiential learning; and
- New-look plant-based meal options for students and members of the community.

The course and learning space renewal comes from a consultative collaboration with staff and students in 2021.

The student engagement strategy addresses aspects of the student experience identified through the consultative collaboration. It is funded by the Seventh-day Adventist Church in the South Pacific in collaboration with Avondale University Partnerships Alliance, a company that raises money for Avondale.

"All of us-council members, administrators, academics and professional staff-want to see a transformation of the Avondale experience," said Professor Petrie, "but it will be a transformation that maintains a targeted approach to our course and student life offerings."

Renewal of course offerings and learning spaces

Building on outstanding results in the 2021 Quality Indicators for Learning and Teaching survey about student experience, Avondale will draw on the expertise of its staff members and the lessons of COVID-19 to embed digitally enhanced learning across all courses. In-person, on-campus courses will continue, along with fully online and hybrid learning. The objectives? To make studying at Avondale accessible to even more students and to give existing students more flexibility with their studies.

The renewal begins with a digital transformation that will enable Avondale to break study units down into smaller modules. "We'll bring teams together to work with lecturers and course convenors to develop quality digital learning resources to enhance the quality of face-to-face and fully online learning," said Professor Kerri-Lee Krause, who initiated the renewal when she began her role as provost and senior deputy vice-chancellor this past year. "We know students learn more effectively in more compact blocks."

Developing the modules will lead to the introduction of



shorter semesters with fewer units in each—the plan is to implement a six-semester academic year with two units per semester by 2025. According to Professor Krause, this will give students a greater sense of motivation and momentum.

"The evidence shows that greater focus on learning in more compact blocks contributes to stronger student outcomes, improved retention and enhanced student satisfaction." She expects the focus on high-quality, modularised learning, personalised support and strong employment outcomes will attract more students. "This flexibility means we'll be delivering fit-for-purpose learning to meet student and industry needs," she added.

Supporting the course renewal in business is a scholarship that will reduce tuition costs by A\$600 for every study unit. The scholarship is for new full-time students who begin a Bachelor of Business in 2023 and is available for each of the three years of the course. A limited number will be offered on the basis of merit.

Revitalisation of on-campus student experience

A deep understanding of how students learn best has informed plans for the redevelopment of learning spaces to encourage collaborative learning. In addition, a new residential scholarship, the expansion of a wellbeing program and a "significant" investment in the delivery of food services will "revitalise the experience for students on our Lake Macquarie campus", said Professor Petrie.

The scholarship will offer a limited number of students fully subsidised accommodation in the residences for 18 months, beginning in 2023. First-year students who enrol full-time in an Avondale degree course will be eligible to apply. All first-year students in the residences in 2023 will have the opportunity to participate in an expansion of a wellbeing program. The Avondale Character Experience Laboratory develops character through wholistic experiential learning. Evidence from a trial of the program this year shows significant improvement in "life satisfaction" scores reported by students.

"The concept of living and learning environments has gained momentum over the past few years," said Professor Petrie. "The value-add for residential students is a powerful motivator, so we're keen to see whether rolling this program out to a wider range of students will work."

A new approach to catering from an external contractor will give students more flexible meal packages and access to high-quality plant-based food aligned with Avondale's emphasis on health. It will also further open the Lake Macquarie campus to members of the community.

The Avondale Model is a new way to experience Avondale "and one that strengthens our core", said Professor Petrie. "Vibrant, face-to-face student experiences, both on campus and in digitally-enhanced environments, are an opportunity for even greater transformation."

Brenton Stacey

Public relations and philanthropy officer, Avondale University.







World Pathfinder Day

oving the Lord my God I will . . .".

If you know how to finish this sentence, there's a good chance you are, or have been, a Pathfinder. An elite group of nature enthusiasts able to navigate with a topical map and compass, tie obscure knots, follow drill commands, survive in the bush with just a space blanket and some matches, and tap into extreme stealth to capture the opposition's flag (surely a Saturday night game of "Capture the Flag" is a universal essential when on a Pathfinder camp).

I must admit that I did not always love being a Pathfinder. I did not want to spend my weekends doing more work when I was meant to be taking a break from school. But over time, as I grew in maturity and reflected with great fondness on my experience, I have realised that being a Pathfinder has been pivotal in my faith journey.

My Pathfinder journey started at a small club that had a flexible approach to the curriculum and attire. Our leaders were enthusiastic and knowledgeable about nature, and it was impossible to not also be excited when you found a wildflower when out on a hike or the Orion constellation when learning about the stars. This Pathfinder club eventually stopped when there were no longer enough kids signed up to participate, and no-one available to lead the club. So the remaining five of us relocated to a new Pathfinder club at a different church, one with more kids. This one was completely different to the first.

My second club was hard work. Expectations were higher than what I was used to as we strove for (and attained) A-grade status, but the reward was greater. There were more Adventist kids to connect with, more resources to learn from, and dedicated and passionate leaders who were genuine in wanting the best for the kids under their care. Through my formative teenage years I attended this club, staying anchored in my faith through the distractions, due to the connections and experiences I had at my Pathfinder club.

I can't honestly tell you that I would be working for Adventist Record, writing this piece, if I had not been a Pathfinder. I know that others may not have had the same experience or outcome as mine, but there is something special about the Pathfinder program. As an adult, when ministry called my husband and I to relocate overseas, it was once again in the worldwide Pathfinder family where I found my sense of belonging.

With today being World Pathfinder Day, we want to celebrate what it means to be a Pathfinder. Thank you to all who have volunteered time, resources and energy into the Pathfinder program. The late nights planning, exhausting weekends away, and energy spent encouraging teenagers to learn and get outdoors, does not go unnoticed or unappreciated. We appreciate you, whether we realise it at the time or not. And you may never know how you have impacted someone's life through your involvement with Pathfinders.

If you have the opportunity to join a Pathfinder club, give it a go! Or if there's not one in your local area and you're able to start one, go for it! It may be hard work, but trust me, it's worth it.

Humpty Dumpty: a tale of bad things happening to a "good" egg

Humpty Dumpty climbed up a wall

You see Humpty was down in the dumpties, there was a lot going on for this poor little egg. There were expectations, life, bills and study and the family and, and, and . . . So Humpty decided to climb a wall and escape the rat race of life just for a moment—you know, just take some time to breathe. Unfortunately, life wasn't that terrific from on top of the wall either. Overwhelmed with life he'd had enough and so . . .

Humpty dumpty had a great fall

You guessed it. There was only one option in poor Humpty's mind, and it seemed a pretty good option, well at the time anyway. Luckily a good Samaritan shopkeeper from over the road had witnessed the whole event and immediately set down what he was doing and administered first aid. He called for help and made sure Humpty would pull through. Humpty may have had a few lumps and bumps and some bits of shell cracked off here and there but all up he was going to be OK. The shopkeeper and the townspeople were upset; they knew this "good" egg and didn't realise he wasn't doing so good after all.

You see Humpty would have been OK if it wasn't for the cracks that were already forming in his shell that he hid under his clothes or behind his warm and captivating smile. He was always the life of the party and would do anything for anyone who was in need. How could such a good egg have got so broken and no-one even noticed?

Just in the nick of time . . .

All the king's horses and all the king's men

Arrived to help poor humpty get to the hospital and get him all patched up. There was one problem though: Humpty was carrying way more shell than could fit around one good egg's perfect oval body.

You guessed it, they . . .

Couldn't put Humpty together again.

You see Humpty was carrying the weight of everyone else's problems. He even carried eggshell thrown at him through insults and criticism. Humpty had been used and abused, rolled around and pushed aside. But he tried to be better and he put all his effort into being nice in return. People liked him. He was dependable and would do anything for anyone. Sure, people took advantage of his generosity, but for one or two kind words, it was worth it. They took what he gave and left him with their broken eggshells.

Humpty realised he couldn't carry the weight any longer. Their expectations far surpassed what he could ever hope to give, and that's when it all fell apart.

Once all the scars had healed and they had painted over all the cracks, they wrapped him in cotton wool, sent him to



a dozen psychologists and counsellors who tried to put all the extra broken pieces back in. They realised they were never going to fit, wrote a script for some antidepressants and told him to go home and imagine a better life over the wall.

Then one day Humpty met a Person who was different to all the others. He told Humpty He could help him. And one by one, they took all the broken pieces and put them where they belonged. Humpty got better because he realised there was Someone who truly loved him and wanted to help him.

The story doesn't end there-the Person showed Humpty that you don't have to try and put all the pieces back together. It is important to deal with things and grow from them, even when they are so painful and personal. Some pieces were never Humpty's to begin with—he realised all the insults and the abuse wasn't his problem. Sure it hurt but the other person must have felt so much worse, to consider such a thing. Humpty learned to forgive others and himself. He introduced others to his Friend and his Friend helped them too.

Humpty still goes and sits on that wall to this day. Sure he still gets sad sometimes. He still feels the bite of depression hit and the trials of life and the pain of the past become overwhelming. He still takes his medication. But Humpty knows that when he calls out for help, his Friend will be there in a jiffy and knows exactly what to do to make things better.

Depression and suicide are real. They hit you when you least expect it and don't let go easily. Don't wait till it's too late-seek help (including professional help and medication), there is no shame in it. The greatest shame is losing some of the most beautiful people in the world because they didn't realise how amazing they were.

To learn more about depression and suicide, visit Beyond Blue. For crisis support or suicide prevention, please call Lifeline on 13 11 14 (AU), 0800 543 354 (NZ), 1543 (Fiji), 3260011 (PNG) or equivalent in your country.

SABBATH REST: YOURS FOR THE TAKING

Do you need a break? Are you feeling stressed, worn out and overwhelmed? Let's face it: We're living in a world filled with ever-increasing demands on our time and attention. Many are working harder than ever only to find it more difficult to make ends meet—which sometimes results in addictions, anxiety and conflict. Relationships suffer, health declines and real solutions seem out of reach.

If you're suffering from the anxiety of living in the modern world, you're not alone. According to Beyond Blue, 17 per cent of Australian adults have experienced some type of anxiety disorder within the past 12 months. At any one time, 15 per cent of New Zealanders will also be affected. Clearly, many of us are overwhelmed. This is NOT how our Creator designed life to be, but how can we get out of that discouraging and even dangerous cycle?

More and more people are turning to what might seem to be an unlikely solution: the idea of a "sabbath".

The Original Sabbath Day

The idea of a sabbath didn't just appear out of thin air. It comes from the Hebrew word *shabbat*, meaning to stop, pause, cease, or rest from labour and activity. Genesis 1 describes God creating all the living creatures on earth, including the first man and woman. Genesis 2 then says, "And on the seventh day God ended His work which He had done, and He rested on the seventh day from all His work which He had done. Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made" (Genesis 2:1–3).

Where did this idea of taking time to rest after a period of work come from? Straight from the Creator God, who modelled that behaviour right at the beginning of the Bible.

In other words, the idea of a sabbath has been around

forever. But what about the word "Sabbath"? That word appears in many biblical passages, including Exodus 20:8: "Remember the Sabbath day, to keep it holy."

This is something God cared enough about to write into the Ten Commandments: "Six days you shall labour and do all your work, but the seventh day is the Sabbath of the Lord your God. In it you shall do no work . . . For in six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and hallowed it" (Exodus 20:9–11).

"Sabbath" is not just a vague idea. It springs from a specific event in history: God's rest from His work of creation. As such, it applies to a specific day each week! God's intention was that His children, the entire human race, would benefit from a weekly rest throughout our entire lives. God wants us to work hard and then to take a well-deserved rest.

All too often, we don't stop until we must stop.

Maybe that's why God tells us the Sabbath is mandatory. He must command us to take a break each week, because there's always another load of washing to do, another space to clean, another report to submit.

As human beings, we too often do things that are good for us only when we suddenly must do them. We don't exercise or take care of our health until something causes us pain. When we notice the suffering and negative consequences of neglecting our health, we feel compelled to act.

That might be why God had to tell us plainly that a Sabbath rest is important for us. In His mercy, He created and scheduled time for us, because He knows that we often don't do things, even things we know are good for us, unless we absolutely must.

And the Sabbath is, indeed, very good for us!

The Sabbath Was Made for Our Good

The apostle Paul wrote, "So let no one judge you in food or in drink, or regarding a festival or a new moon or sabbaths, which are a shadow of things to come" (Colossians 2:16,17). There's much misunderstanding about this verse, but let's focus on one phrase: "sabbaths, which are a shadow of things to come".

Paul was saying that as good as Sabbaths are for giving us rest, they symbolise something greater that is yet to come.

We find texts elsewhere in the New Testament that support this idea, such as Hebrews 4:1: "Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it." Because of their disobedience, the Israelites did not enter the Promised Land. But, if we are faithful and obedient, we can enter God's kingdom at Christ's second coming.

Regarding the seventh-day Sabbath established when God rested from His work of creation, we read, "For He has spoken in a certain place of the seventh day in this way: 'And God rested on the seventh day from all His works'" (Hebrews 4:4).

What does this mean? Simply that if we are people of God, the Sabbath rest should mean something very important to us. We should be observing that weekly rest in our lives now.

The Greek word here translated "Sabbath rest" is *sabbatismos*, coming directly from the Hebrew word *shabbat*, which refers to the weekly Sabbath.

Clearly, Christians are to observe the weekly Sabbath! But it goes far beyond even that. If Sabbaths are a shadow of things to come, every seventh day that comes around in the calendar is also a prophecy of a coming millennium Sabbath, when God's kingdom will fill this earth after Christ's second coming.

Notice what the book of Hebrews encourages us to do: "For whoever enters God's rest also rests from his own work, just as God did from His. Let us, therefore, make every effort to enter that rest, so that no-one will fall by following the same pattern of disobedience" (Hebrews 4:10,11, Berean Study Bible).

We're reminded to live our lives in

such a way that we may enter the rest of God's kingdom at Christ's return.

There is hope for this tired, worn-out world: a new world is coming. That new world will be peaceful and full of joythe violence and tension of this age will be no more.

Notice how Scripture describes that world:

"Then justice will dwell in the wilderness, and righteousness remain in the fruitful field. The work of righteousness will be peace, and the effect of righteousness, quietness and assurance forever. My people will dwell in a peaceful habitation, in secure dwellings and in quiet resting places" (Isaiah 32:16–18).

The weekly seventh-day Sabbath is symbolic of that coming age of peace and prosperity.

The True Purpose of the Sabbath-in This Life and Beyond

Jesus taught His disciples a lifestyle of peace and tranquillity that did not depend on outside circumstances and was compatible with working hard. Notice His promise:

"Come to Me, all you who labour and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light" (Matthew 11:28–30).

If you long for relief from the burdens of life, learn from Jesus Christ. He has the answers, and He will give you peace if you are obedient to His will and respond to His love.

If you worry about your life and the world around us, remember Jesus' comforting words:

"Do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? Which of you by worrying can add one cubit to his stature?" (Matthew 6:25–27).

We can have peace of mind. God knows the anxiety this world produces, but He offers us a weekly Sabbath—a total break from work for a 24-hour period, week in and week out. Doesn't that sound wonderful?

Just imagine that every Friday at sundown, you left your work behind. You spent time with your family. You read the Bible and reflected on God's plan for you. You went to church on Sabbath with others of like mind and fellowshipped with them. You spent the remaining hours of the Sabbath not mowing the lawn or doing chores, but going for walks and reflecting on what you've learned.

That's the way God designed the Sabbath, not the way the Pharisees made it a burden. The Pharisees actually disapproved of the way Jesus and His disciples kept the Sabbath (see Mark 2:23,24). The Pharisees accused Jesus and His disciples of breaking the Sabbath, but Jesus turned their accusation around and explained the right perspective:

"He said to them, 'Have you never read what David did when he was in need and hungry, he and those with him: how he went into the house of God in the days of Abiathar the high priest, and ate the showbread, which is not lawful to eat except for the priests, and also gave some to those who were with him?' And He said to them, 'The Sabbath was made for man, and not man for the Sabbath. Therefore the Son of Man is also Lord of the Sabbath'" (Mark 2:25–28).

Yes, Jesus Christ–our Saviour–is Lord of the Sabbath. He created the Sabbath, establishing it as a 24-hour period to step back and think about our life. Every one of us can claim this gift for ourselves.

So, do you need a break? Do you need rest?

The Sabbath isn't just an idea of snatching some downtime now and then; it is a weekly gift from God to refresh us and give us peace. The Sabbath is also a promise of a better world to come—a gift that God has given to an anxious world. That gift is yours for the taking.

"A PLACE THEY MADE UP IN THE BIBLE?"

riting a book can be an all-consuming endeavour, requiring an intensity of focus and an amount of energy that seems absurd for how much of it is the requirement to simply sit still for long enough. Even more so, when the book is based on an intense personal experience.

But that was the task I had set myself: two weeks travelling with a tour group through Jordan, Israel and the Palestinian Territories, exploring many of the key places and stories of the Bible, writing in my hotel room late into the nights and early in the mornings, as well as on the bus in between. Then writing for most of a day during a long wait in the back of a Starbucks in the Queen Alia International Airport in Amman, on much of the long flight home, and then more writing, re-writing and revising across the following week.

Wanting to share as much of the experience as I could with those who might never be privileged to take such a trip, I was trying to get it down while the reactions were fresh, the details sharp and the reflections at their most intense, even if as jumbled as the experience itself. As well as telling the stories of travel in exotic and interesting places, my writing project was wanting to share some of the insights into reading the Bible stories that can be gained from visiting the places where they happened and to reflect on how such experiences might change how we understand them. And at the end of that intense three weeks, I had completed the manuscript that would become Of Falafels and Following Jesus: Stories from a Journey Through the Holy Land,* with additional reflections to be added from two friends with whom I shared the journey.

It was almost at the end of this time that I shut the computer for a break and headed to my usual Thursday evening "old man's" basketball game. I play in an over-30s league—and have done so for quite a few years with many of the same teammates. Because of the life stage of people in this league, some of us will miss games from time to time because of work and other commitments and some of the team will regularly bring their kids to help keep score and to cheer us on, even if with only occasional enthusiasm.





As I have missed games from time to time because of my travel for work, that Thursday evening, one of my teammates asked about where I had been the previous week, perhaps chiding me about what could be more important than our basketball team. I thought back to where I had been the previous Thursday and told him that, at that time the previous week, I had been walking the stone-paved streets of the Old City in Jerusalem. That's quite a thing to be able to drop casually into conversation. And, with increased interest, he started asking about my trip and what I had been doing there.

But our conversation took an unexpected turn-for both him and me-when his elementary school-aged daughter tapped him on the arm to get his attention and, speaking more to her father than to me, half-asked, "But I thought Jerusalem was a place they made up in the Bible."

We paused for a moment, before the father began gently teasing his daughter about what she was learning at school. And I pulled out my phone and began showing them photos of a few of the places I had visited with a brief travel narrative, interrupted by the previous basketball game coming to an end and our team needing to begin our warm-up shoot-around.

But the brief exchange left me thinking. Consumed as I was with crafting profound reflections on the stories of Jesus and my intense experiences and focus on these stories over the previous three weeks, for that girl—and perhaps for her family as well—the most relevant thing I had to share was a few photos of real places that might move her a step closer to beginning to think about the possible reality of some of the stories of the Bible or even the potential credibility of the Bible itself.

We might lament the growing biblical illiteracy in our societies. This is real and no less a relevant concern even within some of our church communities. But we should also embrace this challenge and note the opportunity that comes with it.

The challenge is that we need to meet people at a much lower level in their knowledge, experience and understanding of what our faith is about. My teammate's daughter is a long way from a Bible study, much less a detailed explication of each of the 28 Fundamental Beliefs, the finer details of an obscure prophecy, or an argument about the day on which she "should" be going to church. Let's not assume that our concerns are the things other people most need to hear. My literary reflections on the contested nature of holy places and the politicisation of the temple, from the time of David and Solomon to its rebuilding by Herod the Great, would not answer this girl's query about whether Jerusalem is a more believable place than a fairy-tale kingdom.

If we really want to share our faith, rather than merely saying what we think we ought to say, we need to begin by listening, asking careful questions and then listening some more. This is modelled in some of the key "witnessing" stories in the New Testament—for example, the woman at the well in Samaria (see John 4), the disciples on the road to Emmaus (see Luke 24:13–27), and Phillip and the Ethiopian on the road to Gaza (see Acts 8:26–38). Each of these conversations happened amid the activities of life and the conversations began where the people were, not with the conversation we might think most important or pressing.

When we do this, the opportunity we have is that of a fresh hearing for the stories, teachings and promises of Jesus. When the opportunities arise, I can share Bible stories with people like my teammate's daughter without them knowing how the stories end, without their cultural baggage, without assuming that we know what they mean. And with our own stories and experiences of faith, we can invite them to share in exploring these stories together, which in turn will help us see and appreciate them with new eyes. And, in its own way, that is as valuable as a trip to the Holy Land.

*A little product placement never hurts. The book is available from an Adventist bookshop near you: <https://adventistbookcentre.com.au/ of-falafels-and-following-jesus.html>.

Nathan Brown

book editor, Signs Publishing Company, Warburton, Victoria.



Pumpkin and chickpea soup

\rm 8 Serves 6 💮 Prep 10 🕖 Cook 55

Packed with the goodness of legumes, this soup is high in fibre and protein and low in saturated fat.

Ingredients

2 cloves garlic
750g butternut pumpkin, peeled and cut into 2cm thick pieces
8 sprigs fresh thyme
2 tbsp olive oil
1 leek, finely sliced
2 x 440g cans of chickpeas
4cm knob of ginger, peeled and finely chopped
2 cups vegetable stock, salt-reduced
1 cup water, plus extra if needed

Tips

Serve with chopped parsley leaves, a drizzle of yoghurt and crusty wholegrain bread on the side. This recipe has over half the recommended daily serve of vegetables per serve.

Method

- 1. Preheat oven to 200°C. Place garlic whole with skin intact into a roasting tray with pumpkin.
- 2. Scatter thyme over the pumpkin and drizzle with half of the olive oil. Cover loosely with foil and bake for 20–25 minutes.
- While pumpkin roasts, place leek slices into a heavy based pot with the remaining olive oil and fry over a low heat for 3–5 minutes until they are soft and translucent. Add chickpeas, ginger and stock and simmer for 10 minutes.
- 4. Squeeze roasted garlic into the pot, discarding skins. Add the roasted pumpkin and cup of water, bring to the boil then remove from heat.
- 5. Puree soup, adding extra water if desired, until smooth.

Nutritional Information (per serving)

ENERGY	CALORIES	PROTEIN	FAT	SATURATES	CARBOHYDRATE
1343kJ	320	14g	11g	2g	33g
SUGARS	FIBRE	CALCIUM	SODIUM	IRON	POTASSIUM
9g	14.5g	195mg	598mg	7.7mg	916mg

Recipe of the Week

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While Samson slept, Delilah betrayed his trust and cut off all his hair. This left Samson helpless to an attack from the Philistines. They tied Samson's arms between two great pillars in their temple so they could laugh at him. Samson called out to the Lord to restore his strength. The Lord answered and Samson broke down the temple.

Victory came when Samson acknowledged his power came from God.

MEMORY VERSE "But thanks be to God! He gives us the victory through our Lord Jesus Christ" (1 Corinthians 15:57).

TU



Go to http://thetuis.tv/ to find the Tui family's latest adventures.



Whole of Scripture

The writer of "I'm sorry! We have to break up . . ." (Feature, August 6) rightly reminds us that Jesus should be the centre of our faith and of our preaching.

A good place to begin would be to talk about the subjects that Jesus talked about. For example, Jesus talked about prophecy. He began His preaching by telling the people that "The time is fulfilled . . ." (Mark 1:15). He chided the disciples for being "slow of heart to believe in all that the prophets have spoken . . . And beginning at Moses and all the Prophets, He expounded to them in all the Scriptures the things concerning Himself" (Luke 24:25-27).

Jesus talked about the Ten Commandments: "If you love Me, keep My commandments" (John 14:15).

Jesus talked about the Sabbath: "the Son of Man is also Lord of the Sabbath" (Mark 2:28).

Jesus talked about the state of the dead: "Our friend Lazarus sleeps" (John 11:11). He said that "the hour is coming in which all who are in the graves will hear His voice and come forth—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation" (John 5:28,29).

And then there is the book that

is "The Revelation of Jesus Christ" (Revelation 1:1). We have plenty of subject matter, when we talk about Jesus-we have the whole Bible. As Jesus said "Search the scriptures . . . these are they which testify of Me" (John 5:39).

Jesus also warned us that there will be false Christs (Matthew 24:24), so we need to study the whole of Scripture, so that we will be prepared, and not deceived by the wrong "Jesus".

Allan Fisher, NSW

Before doctrine

I didn't like it, but the article "Breaking up with the church" (August 6) posed a very important point, one I do wish more of us understood. Jesus should be uplifted before doctrine! Now I love Bible study and doctrine, but we need to remember what Jesus Himself said: "You search the scriptures because in them you think you have eternal life, but they are what testifies of me!" (John 5:39 Elizabethan memory translation!)

Years ago I gatecrashed a pastors' seminar (with my pastor's invitation) led by Derek Morris, at that time editor of *Ministry*, now leading Hope Channel. I will never forget his emphasis: whatever you preach, whatever doctrine you teach, uplift Jesus and make a call to come to Him.

Elizabeth Ostring, NZ

Prayer is the key

Referring to the article "We have to break up" (August 6).

I can understand where [the author] and many others are coming from. It is sad, but leaving is often not the best answer, either in marriage, school or the church. I have been an Adventist all my life and nearly all my adult life held office in the church; be it teaching or something more involved, board meetings, eldership etc.

I am now well past retirement and am blessed with great church family but when things have not been as good, I found that the ones who held on were the winner.

Our Father does not want us to leave His precious church but to work under the Holy Spirit to better it for His glory. Prayer is the key. I have observed prayer will make things happen, if we wait on the Lord. It is His church, He will see it through.

Our pioneers had problems too but praise God they stuck with it until God worked [with them]. I pray all of us will too.

Eunice Hancock, via email

Weddings



MUNOZ—SCHUR. Roberto Nicolas Munoz, son of Jorge and Liliana Munoz (Ringwood, Vic), and Sabrina Kathlin Schur, daughter of Carl Schur (Morisset Park, NSW) and Adele Currie (Morisset), were married on 22.5.22 at Glasshaus, Cremorne, Vic. The couple met at Burwood church and will continue living in Melbourne.

Jorge Munoz-Larrondo



PAYET—TORLAO. Adrian Payet, son of Immier and Margaret Payet (Cooranbong, NSW), and Rosanna Mae Torlao, daughter of Luciano and Marilyn Torlao (Sydney), were married on 24.8.22 at the Hoxton Park church. They met during an evangelistic series in Blacktown and plan to set up their new home in Sydney.

Geoff Youlden

Obituaries



BEE, Christina McLeod (nee Douglas), born 4.3.1935 in Dunbar, Scotland; died 9.7.22 in Albany, WA.

On 4.7.1961 she married Jonathan, who predeceased her. She was also predeceased by her son, Gary. Christina is survived by her children, Bruce, Heather Randall and Katrina; 14 grandchildren; 24 great-grandchildren and was this year blessed to become a great-great-grandma. Christina and her husband moved to Australia when she was pregnant with their first child in 1962. After being a stay-at-home mum, she became an enrolled nurse for many years, working in hospitals, aged care and as a volunteer ambulance officer. She was also loved by her friends at the Albany church where she was a member since the 1970s. She is remembered for her love of

singing and great sense of humour. Geoffrey Plewright

BRITTEN, Jill Annette, born 27.1.1935 in Bathurst, NSW; died 16.8.22 in Bathurst. Jill is survived by her children, Peter, Annette Lynne, Jennifer Lapson, Michelle Keating, Kerrie Arnhold and Matthew; foster child, Tamika Davies; 18 grandchildren; and six great-grandchildren. Jill was known for charity work in the community and international aid. She rests in the certain hope of the resurrection.

Rein Muhlberg

ESAU, Joseph, born 14.3.1943 in Mullumbimby, NSW; died 3.8.22 in Caloundra, Old. On

15.2.1967 he married Beverley Nevell. They were later divorced. Joe is survived by his former spouse (Caloundra); daughters, Natalie and VJ Bell (Caloundra) and Kylie and Shane Tapping (Mansfield); and grandson, Lucas Tapping. Joe worked for Sanitarium and drove taxis for many years and would openly share his faith with his passengers. Joe enjoyed using his gift of singing, being a part of many choirs. He was always very welcoming and liked talking with anyone. He loved his family, church and God and he looked forward to seeing his Saviour.

Scott Wareham

FORD, Elizabeth Joan Isabell (nee Cornell), born 13.9.1930 in Dalby, Qld; died 30.6.22 in Kingaroy. She was predeceased by her husband, Ron; and children, Cheryl (1959) and Rhonda (1961). Joan is survived by her children, Geoff (Toowoomba) and Linda (Kingaroy); and siblings Mary and Russell (both of Kingaroy).

Gavin Rowe

GRAFFIN, Francis Roy, born 17.6.1937 in Kalgoorlie, WA; died 5.8.22 in Burleigh Heads, Qld. On 31.12.1960 he married Muriel Ann Pomery. Roy is survived by his twin brother, Ron (Perth, WA); sons, Malcolm (Murwillumbah, NSW) and Linton (Burleigh Heads, Qld); daughter, Jenelle Edser (Brisbane); five grandchildren; and three great-grandchildren; nephews and nieces. Roy passed away peacefully in the sure and certain hope of the resurrection.

Keith Godfrey



MITCHELL, Donald Claude, born 25.6.1933 in Perth, WA; died 13.7.22 in Sydney, NSW. Don was

predeceased by his wife Judy in June 2020. Don is survived by his son Mark and wife Margriet, daughter Christine (husband was the late Greg Hodgen), daughter Karen and husband Graham Bridcutt; eight grandchildren and four great-grandchildren. Don was a faithful member of the Adventist church and was an accomplished organist. He loved his music, was enthusiastic about theology and enjoyed photography. He now awaits the return of Jesus and the resurrection.

Rein Muhlberg

RABE, Betty Margaret (nee Daft), born 27.12.1930 in Lietinna, Tas; died 16.5.22 in Glenorchy, Tas. In 1949 she married George (Peter) Emmerton with whom she had six children. In 1980 she married Len Rabe, who predeceased her in 2005. She was also predeceased by her daughter, Beth Emmerton. Betty is survived by her children, Tom, Christine Christie, John, Peter and Annette Bryan (all of Tas). Betty and Len lived in Berriedale. During this time Betty involved herself with several community organisations including CWA, Red Cross, Neighbourhood House and others. After the passing of Len, Betty remained active and would often be found adjusting and mending clothing for others.

Peter Watts

SHANNON, Bernice Irene (nee Freitag); born 24.8.1935 in Perth, WA; died 27.7.22 in Redcliffe Aged Care Home. She was married to Aubrey, who died in 2001. She is survived by her daughter, Debbie and son, Dale. Bernice was a gentle and unassuming follower of Jesus, who enjoyed reading her Bible. She fought a good fight, kept the faith and awaits the crown at Christ's return

Gary Webster

WEBSTER, Pastor Jeffrey Fenton, born 7.8.1931 in Dubbo, NSW; died 21.7.22 in Victoria Point, Qld. On 4.2.1957 he married Else Attinger. He was predeceased by his son, Mark Webster in 1982. Jeff is survived by his wife (Victoria Point); daughters, Jennifer and Paul Marcus (Lake Macquarie, NSW) and Bettina and Andrew Schmidt (Bowral); six grandchildren; and

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six great-grandchildren. Jeff was a tall, friendly and easy-going person who served his time as a literature evangelist, becoming publishing director in South Australia. He was then called to fill the same role in North New Zealand and South and North Oueensland. On 8.9.1990 he was ordained in Bendigo and served as a pastor in Bendigo, Warragul and Leongatha churches before retiring to Nowra, NSW. He moved to the ARV in Oueensland in 2018 where he died peacefully. Adored by his family, Jeff loved his God, his church, his wife, his family, his garden, travel and cricket.

Bob Possingham, Neil Tyler, Neil Peaty

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Can you tell your SERP from your schemas? Do you search for alt tags in every image? Do you like keywords but aren't stuffy about it? Are you looking to use your skills and knowledge to help the Church better serve the community? This is your chance to be a part of an exciting and dynamic ministry of the Adventist Church that's all about connecting and supporting community mums in their motherhood journey. If this is you, why not contact us by emailing <corpserv@ adventistmedia.org.au> for a copy of the full job description. The appointing body reserves the right to fill this position at its discretion and to close applications early. Only those who have a legal right to work in Australia may apply. **Applications close October 10, 2022.**

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INC JOU	E ON AN CREDIBLE VRNEY Gary Kent	Broadcast Schedules	
9GEM	Sun 18 Sep, 8:30am	Overcoming Addictions	
3ABN	Fri 23 Sep, 8pm* AEDT	The Penguin's Shepherd	
TVNZ 1	Sat 24 Sep, 5:30am	Five Shipwrecks and a Mothers Love	
9GEM	Sun 25 Sep, 8:30am	Henry Lawson	
3ABN	Fri 30 Sep, 8pm* AEDT	The Mystery of the Silver Scrolls	
TVNZ 1	Sat 1 Oct, 5:30am		
9GEM	Sun 2 Oct, 8:30am	The Kindness Challenge	
3ABN	Fri 7 Oct, 8pm* AEDT	Meet your Marvellous Brain	
TVNZ 1	Sat 8 Oct, 5:30am		

*3ABN also airs on Sun, 2:30pm and Wed, 4:30pm AEST

[1] The Incredible Journey | tij.tv

YouTube

Our programs can also be viewed on our YouTube Channel **youtube/TheIncredibleJourney** and our website **tij.tv**



SINGLE ADVENTIST MINISTRIES NATIONAL CONVENTION

Friday 30th DEC 2022 - Tuesday 3rd JAN 2023 WHERE: Adventist Alpine Village, 122 Tinworth Drive, Jindabyne NSW

KEYNOTE SPEAKER: PR DARREN CHEERS THEME: DEVELOPING HEALTHY RELATIONSHIPS

FULL ACCOMMODATION & MEALS: \$390 EARLY BIRD FEE: \$360 UP TO 25th OCT. 11pm APPLY ONLINE 25th July, 11am CLOSE 12th December 2022, 11pm

events.adventist.org.au/event/info/7208

SAVE THE DATES, START PLANNING, ORGANIZE TO CARPOOL

CELEBRATE NEW YEAR'S EVE WITH FRIENDS!

Enquiries AUCSAM Registration Coordinator:

snswsinglesministries@adventist.org.au

Or Wilma Falcke 0424 097 484 (AH or Text)

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MISSION SPOTLIGHT SOUTH PACIFIC DIVISION

Is your Sabbath School class wondering how your weekly Mission Offerings have been invested in God's work? Don't miss the amazing reports next quarter—all from the South Pacific Division!



CONTACT YOUR LOCAL ABC TO GET YOUR MISSION QUARTERLY OR SIMPLY DOWNLOAD THE MISSION STORIES HERE.

THE 13TH SABBATH OFFERING FOR 4TH QUARTER 2022 WILL HELP TO:

- ESTABLISH HOPE CHANNEL TELEVISION AND HOPE FM RADIO IN PAPUA NEW GUINEA, AND
- PRODUCE THE RESCUE A TELEVISION SERIES FOR CHILDREN BASED ON THE CONFLICT OF THE AGES BOOKS.















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