



# Canadian Union MESSENGER



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## Is Inflation Getting to You?

DR. W. J. CRAIG, *Science Instructor, Kingsway College*

In November, 1973, the results of a 3½ year, \$2.5 million Canada-wide survey of the national dietary habits were released by Ottawa. The Nutrition-Canada Survey clearly pointed out many nutritional problems presently existing in our society. On top of the list of problems was that of obesity.

Studies revealed that more than one half of the adult population is overweight.<sup>1</sup> This problem applies to both sexes. Furthermore, three out of every four women forty years old or older were found to be obese. The Canadian Heart Foundation has observed that heart disease is increasing amongst the young too. They note that many teenagers are overweight by the time they leave high school.

Dr. Z. I. Sabry, National Co-ordinator of the Nutrition Survey summed up his findings by stating that "Canadians are eating too much and exercising too little."

An excess of 120 calories per day will result in about one pound gain per month. Clearly, small caloric excesses over long periods of time will lead to obesity. Also, a sedentary life style decreases our need for calories so that excesses are converted to body fat. The life style we are enjoying in 1975 is the main contributor to our health problems.

### Diseases Associated with Obesity

Many diseases are associated with obesity. The risk of sudden death from a heart attack is increased sixfold if you are obese. Being a diabetic and obese, the risk is increased eight times. Hypoglycemia (an abnormally low and erratic blood sugar level) is often associated with obesity. It is estimated that four out of every five obese persons may be latent, or undiagnosed diabetics.<sup>2</sup> Heart and kidney disease is more common amongst obese people.

Since it takes almost a mile of extra capillaries to nourish each extra pound of fatty tissue, we see that with excess weight, there is a corresponding increase in blood volume which means the heart works harder to pump more blood through a more extensive circulatory system. Increased blood pressure and hypertension are common companions of obesity.

Obesity is the major factor associated with elevated serum triglycerides (i.e. fats in the blood). Persons with elevated triglycerides have a 2-3 times greater risk of heart disease.

### Eating Habits

Many people associate high-starch diets with obesity. If we examine the eating habits of developing nations we can see that this association is not necessarily valid.

The main culprits have been pinpointed in the overuse of sugar and visible fats (oils, margarines, spreads, etc.). These two groups combined account for more than one-third of the average Canadian's daily caloric intake. Far too many sweets, high-

calorie desserts, and refined foods are being consumed. These foods are deficient in vitamins and minerals and do not lead to abundant health of mind and body. Thus we refer to these foods as supplying "empty calories" to our diet.

A study of overweight women who were eating 2,200 calories a day showed that 500-600 calories were obtained from between-meal snacks. By eliminating these snack calories one could lose up to 50 lbs., in one year.

### Snacking

Snack foods that are high in sugar tend to elevate the insulin in the blood. In normal persons, insulin promotes glucose metabolism in fatty tissue and strongly inhibits fat mobilization.<sup>3</sup> All this adds up to an increase in the size of fat cells. For obese persons, experimental studies have shown that adipose tissues show a defective response to insulin with the development of maturity onset diabetes and an elevated risk of heart disease.

Egyptian sand rats are normally sleek, thin and active in their natural habitat. When placed in a laboratory cage and fed a high sugar diet under sedentary conditions, they develop obesity, diabetes, and eventually die in a coma. Studies reveal that animals fed a high sugar diet, convert glucose to fat twice as fast as animals on a high starch diet.

### Bulky Foods

Consumption of foods having a high water and fiber content (e.g. fruits and vegetables) result in fewer calories being consumed while satiety is maintained. In a very interesting experiment<sup>4</sup> both obese and normal weight persons were given a concentrated or high caloric liquid food preparation and a few weeks later a low caloric liquid food preparation that was nearly two times less concentrated. This was done in such a way that the change was not readily detected. What were the results?

Both obese and normal weight persons consumed less volume of the concentrated food preparation, but ended up receiving 60% more calories on the concentrated food. It is apparent then that satiety is reached along with a much reduced caloric intake, when less concentrated food (e.g. of a bulky and fibrous nature) is consumed.

We were advised years ago<sup>5</sup> to be aware of the effects of a concentrated diet containing foods deficient in vitamins and minerals.

It takes 1 foot of sugar cane to make 2 tablespoons of sugar and about 1 dozen ears of fresh corn to make 1 tablespoon of margarine. Since sugars and visible fats supply little in the way of vitamins and minerals, we conclude that the free use of such concentrated foods is not advisable.

Overeating, even of good food, produces disabilities other than obesity. Overeating "has a depressing influence upon the intel-

lect. . . Overeating, even of the simplest food, benumbs the sensitive nerves of the brain, and weakens its vitality."<sup>6</sup> The excess food places a burden upon the liver and "produces a morbid condition of the system."<sup>6</sup>

God is preparing a holy and happy people who are healthy in mind and body, and who are spiritually renewed. It behooves us to shape up and reduce our personal inflation that we may enjoy the abundant life here and be prepared to enter the life hereafter. "Wherefore, seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight."<sup>7</sup>

#### References

- <sup>1</sup> *Nutrition Canada. National Survey, 1973, p. 76. Government Printing, Information Canada, Ottawa.*
- <sup>2</sup> *Postgrad Medicine, 28, A101 (1965).*
- <sup>3</sup> *Physiological Chemistry of Lipids in Mammals, chap. 22, E. J. Masoro, 1968, W. B. Saunders Co.*
- <sup>4</sup> *Psychosom, Med, 33, 436, (1971).*
- <sup>5</sup> *Education, p. 204.*
- <sup>6</sup> *Counsels on Diets and Foods, p. 102, 3.*
- <sup>7</sup> *Hebrews 12:1.*

(to be continued)

## New Voice of Prophecy Daily Broadcasts to Cover Much of Ontario and Portions of Quebec and Manitoba

Much of Ontario and portions of Quebec and Manitoba will be covered in the early morning hours by a major new station release of the VOICE OF PROPHECY's daily 15-minute broadcast beginning February 3. The program on Chicago's 50,000 Watt WMAQ (670 on the dial) will be aired Monday through Friday at 5:45 a.m. (Eastern Time.)

A coverage map prepared for The VOP indicates the stations' signal at that time reaches out more than 750 air miles from Chicago.

Many persons whose work requires them to be awake during the night and others who are preparing for a new day's activities, will welcome this new release.

It is being made possible by The Voice of Prophecy's Readiness Fund of 1974. Because that fund is now depleted, a new 1975 Readiness Fund is being set up with special gifts from VOP friends so that broadcasting may continue to immediately take advantage of good time periods for the program as may become available.

### Voice of Prophecy Baptisms Show Sharp Increase in Canada

The Voice of Prophecy Statistical Report for the year end 1974 for North America has been received at the union office. The comparison in baptisms through this media of evangelism is most encouraging and is as follows:

1972	126 baptisms
1973	127
1974	366

Much of the success of the work of the Voice of Prophecy depends upon us as individual church members in

1. Our zeal in distributing enrollment cards to those with whom we come in contact, and personally enrolling them if possible;
2. Our faithfulness in following up interests.

The Voice of Prophecy returns to us the names and addresses of those who are following through with the Bible Correspondence Lessons, and it is our friendly following up of these interested

persons that often results in their full acceptance of the truth and ultimate baptism.

The Voice of Prophecy has been sowing the seeds of truth for many years; now are our greatest days for reaping.

W. E. KUESTER, *Secretary*  
*Radio-Television Department*

### FRIENDS OF CANADA REUNION

West Covina, Southern California  
Social evening for all Canadians, and friends of Canadians, to meet and renew friendships at Clifton's Cafeteria, West Covina, Thursday, March 13, 1975, 6:30 p.m. Do come! So many are looking for you and will be delighted to see and visit with you.

### Evangelistic Meetings To Be Held in Edmonton By Canadian Union Evangelist

Lawton G. Lowe, Ministerial Secretary, Canadian Union, opens another "IT IS WRITTEN CRUSADE" on March 29. This crusade will be held at Coralwood Academy, Edmonton, Alberta.

If you have friends or relatives living in the Edmonton or surrounding areas, would you please notify them of the meetings or send their names and addresses to Elder E. Littman, 11712 135B St., Edmonton Alberta or to Elder R. Uniat, Box 122, Edmonton, Alberta.

Lawton G. Lowe  
Ministerial Secretary



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# Items from the Canadian Union Workers

## There Could Be Thrilling Advancement In the Work Across Canada

My hope for Mission '75 . . . is that through the power of the Holy Spirit we will see advances across Canada that will thrill the hearts of God's people from coast to coast. If workers and laity would unite their efforts they could:

1. *VISIT every former member and continue a program of fellowshiping with them, and by God's grace draw them back into the fold.*
2. *KEEP in contact with all of our youth in the church and in our schools and to reveal to them the loving concern of the older members of the family circle.*
3. *WORK with every new interested person who gets in touch with the church through TV, Radio, Literature Evangelists, preaching and whatever avenue of service God has given us to bring them to a full knowledge of salvation.*
4. *ENCOURAGE each other to faithfulness in the Third Angel's Message! Jesus is coming soon! — We must not allow the world to make us too busy with the cares of this life that we do not have time to devote to the service of the Lord.*

If we could experience the same sense of urgency that our Lord expressed in John 9:4 —

**"I MUST WORK THE WORKS OF HIM THAT SENT ME, WHILE IT IS DAY: THE NIGHT COMETH WHEN NO MAN CAN WORK."**

We would work with the right motivation and the work would soon be finished and we would all go home.

Yours in the Blessed Hope,

LAWTON G. LOWE  
Ministerial Secretary  
Canadian Union Conference

## Improved Format for Mission Reports

The General Conference is always eager to improve and make still more interesting the World Mission Reports that are given each week in our Sabbath Schools.

Elder H. F. Rampton, of the General Conference Sabbath School Department, has outlined some of the changes and improvements that will be noted in the reports to which we listen week by week. To make these reports more lively and appealing he lists the following changes:

1. *More dialogue-interview type of report:* This kind of presentation calls for more preparation, but is well worth the extra time and effort.

2. *Facts and Figures:* These are being added on an extra page so as to provide background material on geography, climate, people, industry, etc.

3. *In most cases the biographical sketch introducing the author is being deleted:* In this way the storyteller can get right into the story and grip the attention of the hearers right from the start.

4. *An enlarged children's edition:* With this the storyteller can more readily develop the story without being restricted.

Elder R. Curtis Barger, also of the General Conference Sabbath School Department, in writing to the union office of these changes, does emphasize the following point however — it still depends upon the individual who presents the report as to how gripping the story is; therefore time and effort must still be put into the preparation of the report.

W. E. KUESTER, Secretary  
Sabbath School Department  
Canadian Union Conference

## Adventures in Faith Offering

By faith Israel of old left Egypt for the promised land. Under the guiding providence of God they finally did cross over the border into Canaan, the land of promise.

Today the church is on the border of the Heavenly Canaan. It was God's plan that before this we should have crossed the border, but we are still here, and the assigned task is yet undone.

Anciently God's people gave from one-fourth to one-third of their income to forward the work of God. Ordinarily one would suppose that this would have impoverished the people, but the reverse was the case. Giving to the Cause of God was the source of their prosperity. God's blessing was upon them. A PERSON CANNOT OUTGIVE GOD. It is as true today as it was in ancient times.

The gospel work of the Third Angel's Message began in sacrifice. In our minds we can see Elder James White out there in the field working many long hours for only a few cents a day that he might have

some funds to help spread the good news that Jesus was coming again. Others likewise struggled, sacrificed, and gave all to see the work move forward.

When it comes to sacrifice, anything that we could do would not begin to equal what all Heaven has done for us through the suffering and death of Christ to rescue us from sin and eternal loss.

We now have hundreds of missionaries in foreign lands. Think of their sacrifices — strange conditions, food problems, lessened salaries, health hazards, physical dangers in disturbed areas, difficult travel conditions, educational problems, inadequate buildings and equipment — surely the least we can do is to give willingly in this *ADVENTURE IN FAITH* offering to place the tools in the hands of our missionaries to finish the work overseas.

It has been thrilling at former General Conferences to see the Million-Dollar offering being taken.

While thousands watched, world leaders and homeland officers, one by one,

passed by the General Conference treasurer and each gave his cheque from his division or field. The thousands of dollars piled up and up, and finally when all was totalled, the million-dollar goal was topped.

The call for this coming session is for each and every member throughout the world field to stand up, alone, before God and be counted, determining that he will make an *ADVENTURE IN FAITH* offering that will equal or surpass his income for one week. These offerings are due to be given by the end of April in the home fields, to be reported and totalled at the General Conference session.

What a challenge! What an opportunity to do something special for God — to step out by faith in this crisis hour and meet the challenge by giving an *ADVENTURE IN FAITH* sacrificial offering.

W. E. KUESTER, Secretary  
Lay Activities Department  
Canadian Union Conference

## \$7,000 Ingathering Donation Given to Mr. A. Vickers

The story gets bigger and better each year, and it is a story we hope will never end until Jesus comes!

It is the story of Alec Vickers, a layman of Oshawa, Ontario who has personally contacted a businessman who through the years has become a real friend, and whose annual Ingathering donation has gradually increased from its initial amount 31 years ago of \$2.00 to his 1974 gift of \$7,000.

As far as is known, this is the largest individual gift ever received in Canada, or in North America, and perhaps even the world.

Mr. Vickers says the experience is like a thermometer, going higher and higher each year.

The businessman was just a teenager, working with his father, when he gave his first gift of \$2.00. Not only has this boy, now a businessman, increased his gift to \$7,000, but his father gave an additional gift of \$600.00, gradually increasing his gifts through the years from an initial \$25 to \$50, \$100, \$200, and on up to the present \$600.



Mr. A. Vickers, Oshawa, Ontario

Mr. Vickers believes in John 16:24, "Ask and ye shall receive that your joy may be full." He says,

"I asked the Lord to impress my business friend to give a good substantial offering for Ingathering this year. As I went into his office, he greeted me with a big smile and handshake, then handed me a cheque for \$7,000.

"Be assured my joy was full and run-

ning over, just as the Lord promised it would be. Dear reader, please remember this man in your prayers. Pray also that I may be a true representative of Jesus. It may be he will yet be led to understand the love of God and serve him."

Mr. Vickers has come to love this man as a personal friend, not just a donor of Ingathering gifts. He invites him to special meetings of the church, to Camp Meeting, and keeps him supplied with a yearly subscription to *These Times*, as well as a number of our spiritual and inspirational books. This businessman enjoys *These Times* so much that he has requested Mr. Vickers to send subscriptions to several of his friends as well.

Prayer, and a sincere interest in his business friend's spiritual welfare is the key to this story which grows year by year, and which we trust will culminate in this man's sharing the blessing of eternal life with all those he is helping to save with his generous gifts.

THEDA KUESTER  
*Communications Secretary  
Canadian Union Conference*

## Workers' Meeting Held in Newfoundland Proved a Blessing



The Workers' Meeting held in St. John's, Newfoundland, was a blessing indeed for all workers and guests. The entire program was planned by Elder Ray Matthews, President of the Seventh-day Adventist Church in Newfoundland. More than forty gathered for the five-day spiritual feast.

"Highlights" occurred every hour of each day, it seemed, — from the morning devotionals to the evening services when many church families joined the workers.

The invited guests — Elder Mike Stevenson, Associate Youth Director of the General Conference; Lawton Lowe, Ministerial Secretary of the Canadian Union Conference; and the writer, were richly blessed as a result of the opportunity to fellowship with the workers.

It was evident as the last evening session was held, that the theme, "COME HOLY SPIRIT, I NEED THEE," was prayerfully being answered, as Elder Lowe inspired the workers to renewed dedication to the cause of God. Without a doubt, God's work in Newfoundland and Labrador will prosper in '75. We can only say, "Thanks be to God."

WINSTON C. DE HAVEN, *Youth Director  
Canadian Union Conference*

### Pictures —

Upper left — Elders Lawton Lowe and Ray Matthews.

Upper right — Gerald Morgan, teacher, St. John's Academy, song leader for the meetings.

Lower left — Elder Mike Stevenson

Lower right — Elder and Mrs. George Schafer, teachers, St. John's Academy.

# Newfoundland —

## Teachers and Preachers Gather for Spiritual Retreat

During January 5-9, in the Seventh-day Adventist Academy in St. John's, the teachers and preachers met together to plan how to finish the work of the Gospel in Newfoundland. The teachers, ministers in the classroom, were able to be with the pastors on Sunday night and throughout Monday and Tuesday.

Elder Michael Stevenson, Associate Youth Director of the General Conference of Seventh-day Adventists, Elder Winston DeHaven, Director of Youth, and Elder Lawton Lowe, Union Evangelist, both of the Canadian Union Conference of Seventh-day Adventists were the guest speakers during the retreat. For the evening meetings the church members were invited. Every one who attended the meetings felt they were enriched spiritually and went away rejoicing in the Lord.

At the last meeting of the Retreat, as a result of the meetings, the following resolutions were made:

*Resolved* that inasmuch as revival and reformation begins with the individual and its most evident manifestations are shown in the daily life setting of the home, daily worship must be part of our lives.

*Resolved* to encourage all church members to conduct daily worship.

*Resolved* that church members be encouraged to read the *Review and Herald* by drawing their attention to articles of particular interest and urgency.

*Resolved* that we accept the soul-winning goal as presented by Elder Lawton Lowe, and as a partial means of accomplishing this we hold at least two evangelist thrusts in 1975 in each district.

*Resolved* that we do all we can to involve the youth in the church program and plan two weeks of spiritual emphasis for them, one in the Spring and one in the Fall.

*Resolved* that we make a concerted effort to continue or bring about a healthy and vital working relationship between pastors, principals, and teachers.

So, number one priority for the Seventh-day Adventist Church in Newfoundland is forward in Evangelism to finish the work that Jesus has given us to do.

R. A. MATTHEWS, *President*  
S.D.A. Church in Newfoundland

# Maritime —

## Coming Alive in Christ

Coming alive in Christ is what baptism is all about. Coming alive in waiting anticipation of that great day when all of God's people will join the hosts of ages in living with their Maker.

December was a joyous month for the Moncton Church as once again a symphony in baptism was given. No moment in time is capable of capturing the glory, laud and honour expressed during those fleeting moments of baptism. Mixed emotions swell up within each candidate as they arise out of the waters in newness of life. They have come alive in Christ.



Pastor P. Boyle issuing the Baptismal Call for others to come alive in Christ.

Such was the finale of a four-week evangelistic campaign in which, step by step, evangelist Don Corkum manifested to his listeners how to come alive in Christ. The highlight of the campaign was an all-day seminar in which participants

discovered not only the joy of being alive in Christ but also how to share this joy with others and continually to make it a part of their own lives.



Evangelist Don Corkum meditating upon the events of the hour.



Four ladies who came alive with Christ. Front row, left to right: Mrs. I. Robertson Sr., Mrs. S. Woodford, Mrs. A. Wylie, and Mrs. A. Trites. Back row, left to right: Cliff Patterson, Evangelist Don Corkum and Pastor P. Boyle.

E. BUCKLEY  
*Communications Secretary*

# Ontario —

## ATTENTION!

Church members having relatives and/or knowing of interested persons in Bramalea, Brampton, Bolton, Etobicoke, Georgetown, Malton, Milton, Orangeville, Rexdale, Weston and Woodbridge are requested to send names and addresses to Kingsview Village Church, P.O. Box 81, Etobicoke, Ontario M9R 1V6. There is an evangelistic outreach planned for the area and we need the names now in preparation for the meetings. Help us to help you bring souls to Christ.

DENNIS HEINTZ  
*Associate Pastor*

## Announcement for Sudbury and District

Pastor O. Orpana is planning to hold a Prophecy Bible Seminar in Sudbury beginning February 22. He is requesting that the readers of the MESSENGER send names of relatives, friends, and interests to him immediately. Please send name, correct address, telephone number if available, and any other information you know to:

Pastor O. A. Orpana  
1108 Madeleine St.  
Sudbury, Ont. P3A 3A3

## Members of the Early SDA Church in Chatham Went to Prison for Working on Sunday

(Continued from previous MESSENGER by Ernest Monteith, Historian of SDA Church in Canada)

As mentioned in the January 30 MESSENGER Chatham has a longer connection with Adventism than any other Ontario city and it entertained the first Ontario Camp Meeting. It should be remembered for one other dubious honour. It is the only Ontario city in whose jail Seventh-day Adventists have served prison terms for violating the Lord's Day Act. The first to enjoy the privilege was John Matthews, a member of the Selton Church, near Ridgetown. He was found guilty of cutting and raking hay on Sunday, July 7, 1895 and fined \$5 and costs, amounting to \$20.60. He refused to pay the fine, and was sentenced to thirty days in jail.

Elder P. M. Howe and Wm. Ward Simpson were the other two who served terms in Chatham's jail. They were found guilty of working on a new church at Darrell about seven miles from Chatham. Each served 40 days. Elder A. O. Burrill was also tried at the same time and for the same offence, and he was sentenced to 60 days. At that time before a man was incarcerated, the complainants had to raise money to feed the culprits during their imprisonment. All three were set free until the money could be raised and all three took refuge in Battle Creek. First, Simpson returned to Canada and he was jailed on May 5, 1896.

Simpson wrote a vivid account of his experience. On arrival at the jail, he was greeted with "So you are one of those fellows who are stirring up the country with that \_\_\_\_\_ religion".

As Simpson made no comment, the jailer ordered him: "Throw up your arms", and then searched him. While he searched, the jailer continued his harangue: "You \_\_\_\_\_ Yankees need not think you are coming over here to teach the people to break the Sabbath."

At this point Simpson replied, denying the charge.

"You teach the people that Saturday is Sunday," continued the jailer.

"No, sir, we do not teach that Saturday is Sunday, for it is not", answered Simpson.

Somewhat surprised, the jailer gasped, "Don't you?"

"No", replied Simpson, "we teach just what the Bible teaches, — that the seventh day of the week and not the first, is the Sabbath."

"To \_\_\_\_\_ with the Bible", observed the jailer, "You've got to be subject to the law of the land".

Having completed his search of Simpson, the jailer escorted him to his cell. Opening the door, he ordered, "Get in there, now, and we'll see if you won't keep Sunday."

On entering jail, Simpson's clothes were removed and replaced by the prison garb. His trousers had one leg of gray cloth and the other of yellow. The coat matched the trousers and his cap was made of blue and orange pieces. He didn't object to the uniform, but he found the food unpalatable. For breakfast, he was given bread and skilly, an old-fashioned oatmeal gruel, which he couldn't eat and at noon he received another piece of bread and a basin of strong tea, which he refused. Just what he got for supper, he didn't say.

Peter Howe was last to be imprisoned. He also wrote concerning his experience. He found it difficult to keep Sabbath. Every cell was generally scrubbed on Saturday and so was the ward floor. On Friday he cleaned his cell and then scrubbed the stone floor of the ward, a room about 15 by 45 feet. He found the governor and the turnkey very kind and felt they tried to make his stay as pleasant as possible. Not once was he called out to do any work on the Sabbath.

Why A. O. Burrill didn't serve out his sentence is not re-

corded. The sentences of all three ministers were appealed and it could be that the sentences were quashed. Burrill secretly returned to Canada once to conduct the funeral of one of his converts. By the time the police learned of his presence, he was back in Battle Creek. In 1904 he was chosen to succeed J. W. Collic as president of the Ontario Conference and he held that office for three years without incident.

Several others narrowly escaped the same honour as Matthews, Howe and Simpson. Thomas E. Griffith was charged with chopping wood in the bush on his father's farm at the same time as the three ministers were tried for working on the church at Darrell. It was thought that Griffith was working for his father, but as soon as it was revealed that he had leased his father's farm, he could no longer be charged under the act, since the act was not applicable to farmers, and the charge was dismissed. Mrs. Ed Pardy of Oshawa who attended the anniversary services, is a daughter of Griffith.

Another farmer, Robert Watt of Selton, was charged with hauling rails on Sunday, in violation of the Lord's Day Act (1895). Because he was a farmer, he escaped sentence but he did get considerable publicity in the Chatham newspaper. In an article published on June 6, 1895 under the caption *Sabbath Breaking* appeared the following:

*"It appears that Watt, a strict Seventh-day Adventist religiously observes Saturday as the Sabbath and refuses to regard Sunday as one whit better than Monday or any other day."*

*"He evidently has his own religious belief and does not recognize anyone's right to dictate to him in matters of conscience."*

A second article four days later under the heading *An Adventist in Trouble* described the trial. The lawyer for Watt pointed out how ludicrous the charge was by asking one witness: "Was there any danger of this causing a riot?" The court refused to reveal the name of the informant, so the lawyer asked another witness: "Do you not think that this is somewhat after Star Chamber style?" The case was dismissed.

Henry Bell of Tupperville in 1897 was charged with cultivating his potatoes on a Sunday in violation of the law. The justice, a man in those days with little education and no knowledge of the law but a good party supporter, who had been rewarded for his loyalty by the appointment, shared the prejudices of the people in the area and despite the exemption accorded under the law to farmers, fined Bell five dollars and costs, or fifteen days in jail. Bell refused to pay the fine and announced he would appeal the case. As soon as the justice learned of the appeal, he reversed his decision, and dismissed the case without costs.

Over the years Chatham Church has produced three ministers — Joseph Capman, a charter member, his son Howard and Joseph Blahovich. Several of the girls have married ministers: Barbara Wood, whose husband James Reynolds, pastored the College Park Church; Leora Panburn, and Stella and Annie Klimosh, whose husbands are pastors in the U.S. Many of the young people of Chatham Church are graduates of Seventh-day Adventist colleges in the States.

The Chatham Church was for years the only church west of London. Then, in 1915 a church was organized in Dresden and in 1916, another in Windsor. About 1924 a church was organized in Sarnia. In those early years the Chatham Church received little ministerial help. There were only 12 members when

(See next page)

it was organized and in 1929 that number had dropped to 11. The records show that John A. Toop had charge from 1935 to 1938 of a district comprising London, St. Thomas, Chatham and Dresden. G. Balharrie held some meetings there in 1941. The records are poor for the forties, but A. M. Spent began his ministry there about the end of the decade. M. H. Philbrick was in charge, 1952-56; Carl Wessman, 1956-59; Fred G. Bell, 1959-62; T. G. Davies, 1962-65; and Eric Juriansz since 1966.



Shown on the right is Elder Eric Juriansz, present pastor of the Chatham Church.

\* \* \* \* \*

## Port Arthur Church Reports

Thunder Bay Adventists had a very busy time during the Week of Prayer in November. An effective Five-day Plan was held in the Conference Room at the Port Arthur General Hospital under the direction of Elder A. Smith and Dr. G. Sittlinger. Twenty-five people were present and a high percentage stopped smoking.

An all-day Health Seminar was held Sabbath November 9 at Confederation College in Thunder Bay "N" sponsored by the Seventh-day Adventist Churches. Three doctors were present: Dr. W. Thomas, Dr. K. Madgwick from Oshawa, and Dr. G. Sittlinger from Red Rock; and Elder A. Smith leading out in issues related to health found in the Scriptures. He also emphasized that Adventists have long been recognized as leaders in the area of healthful living and preventative medicine, the IT IS WRITTEN telecast, Faith for Today, the Voice of Prophecy broadcast, and the Five-day Plan to Stop Smoking.

It is hoped that there will be another seminar again in the near future. Many of the non-Adventists who came were thankful that they had attended the Seminar.

At last a long-awaited dream for a new church has become a reality for the Port Arthur Church members. For many years the members have worshipped in a small crowded Church School. The decision was finally made before the end of last summer to go ahead with the plans for a church. This was not a sudden decision. Members have been contemplating for many years, giving considerable thought in regard to this plan.

The basement for the new church has been built and enclosed for work to continue in the spring. The structure will appear quite attractive and of modern design.

We are a small group here with very few men in our membership to do the

work. However, this did not discourage our ladies. They invited their non-Adventist husbands and sons to help with the building. The ladies were on hand to see that the work crew was well fed. Appetizing, nourishing vegetarian hot meals were prepared at home and brought to the work site (of course the men had no complaints).

It is hoped that the church building will be completed in the near future. We ask you all for your prayers on our behalf regarding this project of ours.

ANITA HOWALD  
*Communications Secretary*  
*Port Arthur Church*

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## On the Pathfinder Trail Perth Ave. Church

During the four years since the Perth Avenue Church was organized, the Pathfinders have been busy and there have been fourteen Master Guides invested.

On December 14, 1974, there was another Investiture service conducted under the leadership of Brother Webster James.

Pastor N. George of the Ontario Conference officiated and told the Pathfinders that . . . in flying a plane, the altitude does not matter so much as the attitude and it should be our aim through life to have the proper attitude.

The individuals invested represented the following categories: Friend — 1, Companions — 4, Explorers — 3, Rangers — 11, Master Guides — 6. The Master Guides were: Pastor E. R. Bacchus, Sister E. Bacchus, Sonia Powell, Yvonne Turner, Norma Haughton, and Brother Vaunett Nembhard.

May God help us to be ready for the great Investiture to be conducted by Jesus Himself.

EVELYN MARTINDALE  
*Perth Avenue Church*

## Health Seminar

A two-day Health Seminar was held recently at the Kingsview Village Church, Toronto.

Dr. Kenneth Richards spoke at the morning service with an interesting sermon on the "Influence of the Mind upon the Body."

Contributing guests were: Dr. A. Parchment, Dr. N. Hay, Dr. R. Connors, Dr. N. Buxton, Dr. C. Wheeler, Mrs. E. Sokol, Mrs. C. Wheeler, and Mrs. R. Connors.

To quote Mrs. Sokol:

"Health reform is a main concern of the church today. Until we become aware of the importance of proper food and its preparation for the sake of good health, we will have defeated the purpose of a healthy mind. Soul, mind and body are the total link of the Adventist message.

"At an early age we develop poor eating habits and it is not until sickness strikes that most become concerned. We have to re-evaluate our eating habits as too many Seventh-day Adventists do not represent a true health message to the public.

"You cannot relate to others when you cannot relate to yourself."

Mrs. Sokol, Dietitian at the Branson Hospital, said interest in the meatless diets has grown considerably.

Keep abreast of healthful living in the *Life and Health* magazine, an informative monthly where you will receive invaluable advice — remember you are what you eat.

MRS. LILLIAN STERRETT  
*Kingsview Village Church*

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*"The knowledge that man is to be a temple for God, a habitation for the revealing of His glory, should be the highest incentive to the care and development of our physical powers. Fearfully and wonderfully has the Creator wrought in the human frame, and He bids us make it our study, understand its needs, and act our part in preserving it from harm and defilement." — "The Ministry of Healing," page 271.*

## Branch Sabbath School – Kingsview Village Church

On December 21, a Branch Sabbath School was held in the apartment building of Mrs. M. Krishansami, a member of the Kingsview Village Church in Etobicoke. She is an energetic lady full of vitality and wanting to work for her fellowmen in the name of her Lord.

Having five children of her own, she decided last May to ask the Social Committee in the four large apartment buildings in her area if she could teach the children on Sabbath afternoon. They readily consented as long as no doctrines were taught. Thus began this Branch Sabbath School, May 25, 1974.

Mrs. Krishansami credits her children who were responsible in encouraging the neighbouring youngsters to attend these classes. They are mainly Italian and Portuguese and of course predominantly Catholic. Between twenty-five and thirty attend each week and go through the picture roll, memory verses, and songs.

Mr. and Mrs. Lloyd Robinson are helping as well as Sonja and Michel Gron.

Brian Robinson taped the singing one Sabbath which was a mixture of Sabbath School and Christmas hymns and later played "I Will Wear a Crown" for the church proper to hear.

These children are at times a bit loud and boisterous as many have not yet attended a religious service so Mrs. Krishansami and her helpers have had to have a great deal of patience and tolerance.

One family had to adjust their plans to



Children of the Kingsview Village Church Branch Sabbath School.

go away for a weekend to Ottawa because three of their children wanted to be at the program.

You have to be there to see the little Krishansami children with their adult enthusiasm in their sincere way of helping teach the neighbouring children. After each program, refreshments are served.

A good work which always needs extra hands and help and the Kingsview Village Church is proud of these dear folk as they continue their work for the Lord in the community.

LILLIAN STERRETT  
*Communications Secretary  
Kingsview Village Church*

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## Dimes for Camp



Bessie gives another ride.

The "Dimes for Camp" campaign begins on Sabbath, March 8, 1975, and will end on Sabbath, May 10, 1975. The goal is 120,000 dimes. The money raised will be for camp equipment again this year.

There are still some great needs for camp equipment. Especially as larger camp attendance must be planned. Some of these needs are: a second power boat for skiing, two or three more horses, more canoes, paddle boats, new crafts, etc.

Last year over \$6,000 came in for camp equipment. This, together with a gift from the Conference, purchased approximately \$9,000 worth of equipment for the camp. Some of this is still in the packing boxes waiting for this summer.

Here is another opportunity for you to support the Conference youth.

NEVILLE GEORGE  
*Director of Youth Activities  
Ontario Conference*



## Ottawa Needs You!



Mrs. Beryl Gregory, left second row pausing briefly during the weekly evening practice of the 28-member choir. Not shown is Ron Sullivan, church organist.

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### Small Church of Orillia Became Forceful Soul-winning Agency in 1974

During 1974 this very small church, nestled in the midst of the vacation heartland of Ontario, became the centre of great activity and a forceful soul-winning agency for the Lord. Their efforts began with individual Bible study programs which resulted in three individuals being baptized in February. Because members in Orillia do not as yet have a church of their own, the candidates had to be baptized in the Richmond Hill Church.

The lay activities program, conducted by the Ontario Conference in March, 1974, was attended by four delegates from the Orillia S.D.A. Church. At that time these laymen dedicated themselves to God, making a pledge that they would continue to work and to reach at least 20 souls in 1974. On returning to their home church they immediately launched into a program of training all the adult members who volunteered to give their lives in service to God. At that time there were 11 members, five of whom took the course. Due to unforeseen circumstances, only three laymen were able to carry through their total commitment. Notwithstanding this apparent setback they launched into a Bible Seminar program which resulted in eight souls coming to the Lord.

Other programs initiated and followed through by the laymen with the support of the church have been two health seminars. The first health seminar held in May 1974 was conducted by Dr. K. Madgwick of Oshawa. This was a new experience for the church and the people of Orillia and the attendance was a little disappointing — only five S.D.A.'s were present.

The Bible seminar held in May and June resulted in seven precious souls being



Health Seminar May 1974 "Sure tastes good!"



Dr. W. Thomas and Dr. K. Madgwick at the Health Seminar in November 1974.

baptized. This was a time of great rejoicing for this small church as they were able to witness this baptism which was a direct result of their combined efforts.

The second health seminar, conducted by Dr. K. Madgwick and Dr. W. Thomas was held in November. Another Bible seminar was also held. Two individuals have since been baptized out of these seminars and two have indicated their wish to be baptized early in 1975. This baptism was conducted in the Westmount United Church, Orillia where the Orillia members meet for worship.

The Orillia laymen have not quite reached their goal for 1974. In fact, four-

The capital city of your country now proudly boasts a new, beautiful Seventh-day Adventist Church at 2200 Benjamin Ave. You are cordially invited to join us in worship when you next visit Ottawa. Former Ottawans and believers everywhere may have a part in beautifying this new church in the nation's capital.

The church choir, under the direction of Mrs. Beryl Gregory, has gone ahead on faith and ordered beautiful blue choir gowns and white cowls. The Ottawa church members have pledged to cover half of the cost. Your donation to the *CHOIR GOWN FUND* will be truly appreciated.

FRED DOREY, *Fund Chairman*  
219 - 1845 Baseline Rd.  
Ottawa, Ontario



Some of Orillia members with some who were baptized in 1974.



Pastor F. Pearse baptizing Sherry and Kim Brown.

teen souls were baptized and one received in fellowship. There was a baptism for each quarter of the year, still the laymen are dissatisfied with their efforts. The Lord has richly blessed this church in 1974, however, we feel that in 1975, if we co-operate with Him, many more souls will be won for His kingdom. We ask our brethren in all churches in the Canadian Union to pray for this small church that it may be an effective outreach for the Lord.

A. M. KETCHING  
*Communications Secretary*  
Orillia Church

## Ingathering Contact Baptized in Orillia

Little did Mrs. George Smith of Orillia realize when she left her home on a night in September to go Ingathering that a contact she would make would some three months later be baptized in the remnant church. Mr. Joseph Mountstephen, an eighty-year-old, blind citizen, residing alone, opened the door to her knock. On explaining her mission, Mr. Mountstephen invited Mrs. Smith in and began to ask her about vegetarian foods. It seems Mr. Mountstephen had some contact with S.D.A.'s in their health program in former years and had been searching for five years for someone who knew about Seventh-day Adventists and vegetarian foods. During the conversation, Mrs. Smith of-

fered to prepare a meal for him and bring it to him the next day. Also she would get him some of our canned foods and explain how to prepare them. Mr. Mountstephen, a very intelligent individual, wanted to know more about the church. At this point Mrs. Smith called the lay activities leader who was also Ingathering on the street to visit with him. Some questions were answered that night and Mr. Mountstephen was invited to attend the Bible seminar which was to be held shortly.

Each week for the following six weeks, on the two nights the seminar was conducted, Mr. Mountstephen was picked up

from his home and returned at the end of the seminar.

When the seminar came to an end, Mr. Mountstephen was among the first to signify his wish to be united with the people of God. He was baptized by Pastor L. Milliken on December 21, 1974 to the music of "I Will Follow Thee My Saviour." Pastor Milliken commented that Mr. Mountstephen had lost his physical eyesight but has great spiritual insight. We pray that as he follows his Lord in 1975 and for the succeeding years he will be richly blessed.

A. M. KETCHING  
Communications Secretary  
Orillia Church

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## From Revival Meetings in the Catholic Church To Baptism in the Harriston SDA Church

The members of the Harriston Church witnessed the dedication of four children to the Lord on October 12. This was the first baby dedication service to be held in the new church.

Pastor Wiebe spoke on how the dedication of children is definitely Biblical. Some confuse it with infant baptism. However, Jesus and Samuel were both dedicated and Jesus Himself blessed the children. The pastor reminded the parents that this service was not simply to dedicate their children but mainly to dedicate themselves to the Lord.

On October 19, the Harriston Church members rejoiced as Pat Pilon made a public testimony to follow her Lord and Saviour in baptism. Elder John Corban, Chaplain of the Branson Hospital, Toronto, was invited to conduct the service.

When Pat received the "Reach Out For Life" handbill and attended a few meetings, she felt that this was an answer to prayer as she had just attended revival meetings at the Catholic Church and felt the need for further truth and light.

Pat loves to read her Bible and took keen interest in the Bible studies. Occasionally she raised questions that proved a challenge to answer. However, she had an open mind and when new light was presented to her, she accepted it and applied it to her own life. How thrilling it was to see the Holy Spirit lead and to see the spiritual growth from week to week.

On Sabbath evening after study, she took us all by surprise by requesting a tithe envelope. Tithing had not even been studied with her yet. However, that day Dr. Hsuen in his sermon challenged all to prove the Lord and He would pour out a

blessing, not just sprinkle. Pat anxiously accepted that challenge and since that time God has done great things for her and answered her prayers in many ways.

If you were to ask Pat who in the church had the greatest influence upon her, no doubt she would say it was Sister Beth Davidson of Chesley, who faithfully stops in Hanover to pick up Pat and her little girl, Paulette. The half hour drive to the church in Harrison has given Beth ample opportunity to witness to Pat of how the Lord has blessed her since she became a member four years ago. She has also answered many of Pat's questions and simply taken a great interest in her. As Pat once said, "Sister Davidson has been like a mother to me." We thank the Lord for the way He uses human agencies to lead others to Christ and how He has led Pat during this past year.



Dr. John Hsuen, Pastor John Corban, and Pastor Ken Wiebe with Sister Pat Pilon.



Sister Beth Davidson with Sister Pat Pilon.



Harriston child dedication — left to right: Dr. and Mrs. John Hsuen and Yoshimi, Brother and Sister Hugo Weidner and Sonja, Brother and Sister Erich Vanavelde with Andrea and Erika, Pastor Wiebe.

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Sorry — Due to lack of space in this issue several more articles from Ontario will be featured later.

## Evangelism in Regina

By R. RAMSAY, *Communications Secretary, Regina, Saskatchewan*

Twenty-six public meetings and four seminars — endless hours of addressing envelopes, checking addresses, distributing handbills, picking up and delivering passengers, etc., etc. — these activities are the mechanics of successful soul-winning. Today the Regina Church praises God as twenty-three souls rejoice in the faith of Jesus. Tears of joy were manifest as the right hand of fellowship was extended to our new brothers and sisters following the final baptism.

It all began with the "It Is Written" crusade which continued from October 25 to November 30, 1974. Opening lectures on the subject of Armageddon, evangelist Lawton G. Lowe led his listeners step by step through the word of God. Subject after subject was covered with the Holy Spirit silently but effectively convincing hearts as light was added to light. Recognizing that the new walk of faith would be difficult evangelist Lowe closed his lectures by instructing the new Adventists how to stay converted. We pray that his closing message, together with the previous messages will sustain them until their faith grows strong through practice.

Pastor Lowe was strongly assisted by Pastors Lang and Hetland of Regina and Estevan Churches. The organization and enthusiasm of Pastor Lowe was an inspiration to the whole church and no doubt accounted for the lay response re-

ceived. Pastor Lang is maintaining close contact with our new brothers and sisters with meetings twice weekly in a well calculated effort to sustain them in what could be considered as a strange new Christian environment. Not only is it necessary to convert but it is vital to re-

tain the interest and the first love to avoid later apostasy.

A seed has again been sown in Regina and we pray for faithfulness in our new members as well as our old members to ensure that maturity is reached and good fruit is presented for God's kingdom.



A large part of the newly-baptized members resulting from "It Is Written" crusade. Evangelist Lowe extreme top right assisted by Regina Pastor Don Lang extreme bottom right.

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## "Adventures in Faith" Offering in the Conference

By W. G. SOLONIUK, *President, Manitoba-Saskatchewan*

One half million square miles of territory with two million inhabitants scattered over this vast terrain is what has been designated as the Manitoba-Saskatchewan Conference. This is the territory that has been trusted to the church members of the conference to preach the Third Angel's Message. We as a church have been doing our utmost to reach these many people. However, this is not enough for there are still many dark areas that do not know the truth. Then too, the northern regions of our provinces have many mining towns that have developed in recent years. What are we going to do to reach them?

Your Conference Executive Committee feels the burden for these areas. Our leadership from the General Conference is also concerned. At the time of every General Conference a special offering is taken. This year being General Conference Session year, the offering has been designated as the ADVENTURES IN FAITH Offering. Our leaders have asked our people to lay aside week by week, month by month so that when the offering is taken on April 26 we will be able to give the equivalent of a week's earn-

ings. Of the amount that comes in, 70% will remain with our conference for these new projects and 30% will go to the General Conference to be used for new work.

Our special projects are the following: We need an aeroplane for the northern regions so that Pastor and Mrs. O. Falsnes, our new minister living in Thompson, Manitoba some 500 miles north of Winnipeg, will be able to visit not only our scattered membership, but the Bible interests in the many towns of Northern Saskatchewan and Manitoba. Together with this there are many Indian and Eskimo villages that should be entered. A used plane will cost from \$20,000 to \$30,000. For the plane we will also need a hangar to be built in Thompson, which will be our base. The hangar will cost \$20,000. Then too, we would like to project another challenge, that of reaching the many French-speaking people, especially those living in areas in Manitoba. St. Boniface, a part of the City of Winnipeg, has some 45,000 French-speaking people. With the IT IS WRITTEN now



Mathison sisters joyfully share baptism as they pledge themselves to follow their Lord Jesus. Pastor Lang on the left and Pastor Lowe on the right.

available in French, we feel that this is the time.

I realize that this is a gigantic objective, but I feel that we must challenge the Lord as well as ourselves. Our economy is

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### Christmas at Curtis Horn Academy

A group of happy children ably demonstrated the joys of church school as they participated in skits and songs during the Christmas concert program. The group singing and acting was well received by all in attendance and verified that the effort given is always vindicated by the result produced.



Part of younger class under direction of principal Mrs. Paul and Mrs. Johnston at the piano.



Older children in song during concert.

Mrs. C. Paul and Mrs. C. Johnston are to be commended for their efforts with the children and we all look forward to next year for another enjoyable demonstration of teacher-pupil co-operation.

R. RAMSAY  
Communications Secretary  
Regina, Saskatchewan

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### Rosthern Sabbath School Investment

The members of the Rosthern Sabbath School have always believed in the Sabbath School Investment program and have worked diligently at their projects down through the years. However, the year 1974 has been an outstanding one for them. Early in the year the Sabbath School council set their goal at \$700.00 and asked Leonard Lehmann to be their Investment Secretary. Under his able leadership, and with the blessings of the Lord, their goal was realized and more

sound, the Lord has blessed abundantly. Let us show our faith and our desire to finish the work by giving now in preparation for this offering. Let's move ahead and Adventure in Faith.

than tripled reaching a total of \$2,446.85. By changing the colours each time, the Investment thermometer reached the top twice, and was well on its way the third time. The Sabbath School membership of the Rosthern Church is only 54, many of which are children.

October 19 was Fall Investment Sabbath at the Rosthern Church. The gifts of Thanksgiving, brought to decorate the church for the morning services, were presented to Pastor Djkowich and his family at the evening social held in the basement of the new church. All felt that the day was a happy climax to a blessed year of giving to the Lord through the Sabbath School Investment plan.

ALMA LEHMANN  
Sabbath School Superintendent  
and P.R. Secretary

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### Quill Lake, Tisdale, and Nipawin Baptism — November 9, 1974



In the picture left to right: front row — Paul Bugden, Gloria Salls, David Cherepuschak; Back row: Elder Stan Gallant, Sherri Gallant, Jonathan Kinman, and Pastor Lou Bugden.

November 9, 1974 was a very delightful day in the Nipawin Church. On that day five young people from the district went forward in baptism as a result of their personal acceptance and belief of Jesus Christ. The young people were given a copy of the Young People's Manual and read it through and had the opportunity of asking the pastor questions concerning their beliefs in the Advent message.

Taking their stand for the Lord in baptism were: Gloria Salls, daughter of Mr. and Mrs. Walter Salls; David Cherepuschak, son of Mr. and Mrs. Russell Cherepuschak from the Nipawin Church, From Tisdale, Jonathan Kinman, son of Dr. and Mrs. Humphrey Kinman, From Quill Lake, Sherri Gallant, daughter of Mr. and Mrs. Andrew Gallant and Paul Bugden,

son of Pastor and Mrs. Lou Bugden.

It was wonderful to see the church packed to the doors for this special occasion, which brought a great deal of joy, not only to the parents, but to the church members. Baptism was conducted by Elder Stan Gallant.

Another baptism is being planned by Pastor Lou Bugden early in 1975.

STELLA BUGDEN  
PR Secretary  
Quill Lake Church

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### Baby Dedication



On December 7 three very small children were dedicated to God in the Seventh-day Adventist Church. Pastor Gallant, grandfather of Jason and Ray came from Saskatoon with his family for the occasion and conducted the service at Moosomin with the Moosomin Church group. The three children were Scott McCorriston presented by his mother Joy, on the left and Jason and Ray Jr. presented by Pastor Ray and Mrs. Hetland.

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### Baby Dedication



Left to right: Ayiene Waller, Barb Clark with baby Helen, Charles Clark.

On Thanksgiving Sabbath, Pastor Michaels had the honour of dedicating his first grandchild to the Lord. Her parents, Barb and Charles Clark of Lacombe, Alberta presented their daughter Helen Eileen to the Lord and pledged to bring her up according to the Lord's plans. A friend of the family, Ayiene Waller from Vancouver was present at the dedication. May God bless this young family.

W. MICHAELS

## Learn to Cook the Health Way



Sisters Holm and Oleksow proving that you do not need a whole supermarket and fully equipped kitchen to produce tasty and nutritious dishes.



Brother Tally Coloma revealing the secrets of his philippine cuisine.

Several cooking classes have been conducted with good results in the past and they continue to be part of the lay outreach in Regina. With the overhead mirror in place, all observers can see everything that is done by the demonstrator. This demonstration was given mainly to introduce our newly converted members to a portion of the health message. We truly appreciate these folk who take the time and make the effort to help others walk in a better way.

R. RAMSAY  
Communications Secretary  
Regina Saskatchewan

## Alberta —

### Ingathering at Vegreville

Vegreville Pathfinders met at the church and went out Ingathering. Every one had a good time visiting the homes. Some went out eleven times, while others could not because of homework, tests, etc. It was just wonderful to meet the people, even the weather was favourable.

Eight Pathfinders went out by two's on Halloween night and collected 167 cans of food. They gave out 135 leaflets in 2½ hours. Two church members, Mr. Rao Chokka and Mr. Elkow helped relieve the Pathfinders of their heavy loads of cans by driving around and picking up the food. What would we do without these drivers? They are a great help. Later, members of the church responded by bringing in 28 cans of food to the collection. One hundred cans were delivered to the Christmas Bureau for making Food Hampers for the needy in the area. The rest of the food was given to the school for mentally handicapped where hot meals are prepared for the students. The people in charge of the school were surprised, but pleased to receive the food that the young people helped to provide by their unselfish efforts.

SANDRA ELKOW

### Visitors from the Community Attend Sedgewick SDA Church Christmas Program

On the Friday evening before Christmas, possibly seventy or more visitors from the community attended the annual Christmas program of the Sedgewick Church.

Upon the invitation of a visitor, one of the soloists, Harry Anderson, subsequently sang at the Christmas Eve service in the United Church in Forestburg.

Copies of the Christmas booklet "Unto You a Saviour" were presented to each family of visitors as they left following the program.

The musical portion of the program was also presented at hospitals in Killam and Galahad and at the senior citizens' lodge in Castor.

*"Let praise and thanksgiving be expressed in song. When tempted, instead of giving utterance to our feelings, let us by faith lift up a song of thanksgiving to God. . . . Song is a weapon that we can always use against discouragement. As we thus open the heart to the sunlight of the Saviour's presence, we shall have health and His blessing."* — "The Ministry of Healing," page 254.

## British Columbia —

### News from Rutland

The Rutland Church faces the new year with a membership of 627. Twenty-nine members transferred to the sister church which has been organized as the Orchard City Church. The Rutland Church had a year of activity and growth and looks to 1975 for greater outreach.

The head elder last year was Brother Robert Schafer who is now doing ministerial work in Chetwynd. His place has been taken by Brother Garnett Gardner who joined the church in 1971, and who is filled with zeal for the saving of souls. Brother Joe Horniachek, the faithful treasurer for this year and last, reports a healthy condition in the church finances due to the adoption a year ago of the Combined Budget plan. The dynamic Lay Activities Leader, Brother Richard Thorp, has moved back to Rock Creek and Brother George Koronko is now at the helm.

A large amount of literature was distributed from the church last year. This year the amount is being increased. It does one good to hear the hum of activity going on at the counter in the vestibule where *Signs of the Times* and other periodicals are being sought by the members for use in visiting, in mailing or in placing in racks. Each month 1,250 *Signs*, 250 *These Times*, 100 *Listen* besides the paper-back editions of *Steps to Christ*, *Desire of Ages* and *Great Controversy*, smaller books, tracts, application blanks and logs are being scattered like the autumn leaves. Many calls are coming from people who wish to read *Desire of Ages* and *Great Controversy*.

Brother Levi Hestdalen, energetic Investment Secretary for the past two years, is happy to report that the goal of \$6,000 has been more than reached. \$6,788.66 has been gathered in to open up new work in mission lands. The directorship of the investment program is being taken over by Sister Herbert Duncan, a veteran in this field of endeavour.

We hope to be able to report later that many interests have sprung up as a result of the missionary enterprises being carried on and the wooing power of the Holy Spirit on the hearts of men and women.

BERTHA E. WARNER  
Rutland, B.C.

# East Kootenay Five-day Plan Leads to Century 21 Better Living Plan

"I never saw so much interest aroused," said Pastor Popowich. It all started when the church members visited the homes of the people. RESULT: 200 phone calls asking to attend the Five-day Stop Smoking Plan at Cranbrook.

The radio station and the newspaper gave us week-long coverage. In Cranbrook we registered 70. That was the maximum capacity for the room. Two more Five-day Plans are being prepared for the last two weeks in February to accommo-

date others who want the Plan.

Dr. Paul H. Freeman and a faithful corps of members were on hand each evening at both programs to give valuable assistance.

The Creston Five-day Plan received good publicity when Pastor Popowich arranged for an open-line broadcast on station CFKC. It lasted the better part of one hour.

Ninety-seven people registered in the

Creston program. The most encouraging part was to see over two-thirds of both groups testifying on the fifth night that they were through with smoking. In both areas a nutrition class is being conducted. A great number of those who attended the Five-day Plan signed their names for the nutrition class. "We then plan to move in with 'Century 21 for Better Living' crusade in Cranbrook," said Pastor Popowich.



"I have smoked for 30 years," said one participant.



That's right. Sixty square feet of filtering surface in a pair of kidneys.



"The heart takes a real beating if you smoke," said Dr. Freeman.



At least 6-8 glasses of water daily.



Dr. Paul Freeman and Pastor J. Popowich on CKFC open line.



Standing-room-only crowd at Creston Five-day Plan.

## North Okanagan Evangelism

T. R. KNOLL, *Conference Evangelist*

Armstrong is situated at the northern extreme of the Okanagan Valley in central British Columbia. Armstrong is a quaint little town located in the centre of a prosperous farming community. Recently, the evangelistic team for British Columbia was invited to conduct a Bible Seminar (crusade) there. As Pastor Fritz, the district pastor, and the local members rallied to the call, the church was filled and there was standing room only on some occasions.

We need more of the spirit of harmony and unselfish giving of self as demon-

strated by our fine people in the north Okanagan area. Some people drove as far as sixty miles to hear the messages and bring their friends. On some evenings nearly 100 people filled the small church. What an inspiration it was as decision cards were distributed that over fifty precious souls indicated acceptance or re-dedication to Jesus as Saviour. Praise God from whom all blessings flow. This number, of course, includes some of our fine people there who experienced a closer walk with their Lord.



Pictured above are T. R. Knoll, evangelist, and E. F. White Conference treasurer, and Peter Fritz, district pastor. Others pictured are those who were baptized and some who helped with the meetings.

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## Vancouver Island Evangelism, B.C.

T. R. KNOLL, *Conference Evangelist*



Pastor Knoll preaching to the people at Parksville on opening night.



Pictured above is the evangelistic team along with those who were baptized and those who helped with the meetings.

## Youth of Rutland Church

Brother Ray Tetz, one of the Task Force workers from PUC reports work being done for the youth of the Rutland churches. A youth prayer meeting is held each Wednesday evening. Fellowship and love for one another is stressed. The aim is to become like the Christians in the early church. *At the beginning of the year each young person was asked to write his commitment to Jesus Christ and seal it in an envelope. He or she can hold this up before Satan in times of temptation and discouragement.* The youth will be discussing how Christians can serve others and fulfil their work of sharing.

On Friday evenings they are studying the gospel of John, one verse at a time, to find out how Christ lived. Nothing is as exciting as discussing the Bible with young people. The Holy Spirit speaks to their hearts and helps them to communicate what they learn.

Meetings will be starting on Thursday evenings for post-academy youth who can be trained for leadership.

Pastor Teranski thanked Brother and Sister Tetz for the fine work they are doing.

Recently the evangelistic team for British Columbia conducted a Bible Seminar (crusade) at Parksville, British Columbia. Parksville is situated on the east coast of Vancouver Island and is a hub of tourist life.

T. R. Knoll, the British Columbia Conference Evangelist, was assisted by Cliff Driberg and Howard Homenchuk, the district pastor. A hearty and public welcome was given the team by one of the city aldermen. The local newspaper covered the welcoming ceremony with a picture and story.

On opening night the lower auditorium of the Credit Union Building was filled with nearly 150 people. This was very significant since there is not an Adventist Church in Parksville. The success achieved could not have been without the co-operation and enthusiasm of Pastor Homenchuk and his fine team of laymen from the neighbouring churches. All gave unflinchingly of their time and talents. Precious souls of all walks of life and every age responded to what they heard. One man who is 93 and believed to be the last survivor of the forty men who scaled the Peking Wall in 1900, was baptized along with his family who have been

Sabbath keepers for many years. Several came from other faiths to unite with God's remnant people. The Lord blessed us with sixteen baptisms and at least six other decisions for the same. We thank God for His abundant blessings as we pioneered in this new area.

## Baptism at Rutland



Bryan Kapiniak and Jan Daigneault.

"There is nothing I enjoy better than to lead souls into the baptismal waters," said Pastor Teranski. "It makes the church members happy, too, because to bring others into the church is 'the purpose for which we exist.'" He expressed the wish that we could have more baptisms.

The candidates, Bryan Kapiniak and Jan Daigneault, were questioned on points of faith and voted into church fellowship. After being buried in baptism, they were welcomed by the elders and head deacon. May they remain steadfast to the end and have sheaves to lay at the Master's feet.

## Mr. and Mrs. Charles Rooke Celebrate Golden Wedding Anniversary

Thursday evening, November 28, 1974, over one hundred guests and relatives met at the Abbot Castle in Abbotsford to celebrate the Golden Wedding Anniversary of Mr. and Mrs. Charles Rooke.

They were married November 27, 1924, at Kelvington, Saskatchewan. They moved to the Fraser Valley in 1937. At present they reside in Mission City, B.C. Both are members of the Mission City Seventh-day Adventist Church.

Mr. Dave Rooke, cousin of Mr. Charles Rooke, acted as the master of ceremonies and also proposed the toast to the couple.

Mrs. Ida Robinson and Mrs. Pearl Redman, daughters of the guests of honour, were hostesses and their brother, Norman Rooke, acted as the host.

A short program included a solo by

Mrs. Lennox, "Trust and Obey". This song was sung at their wedding. Mrs. Rooke's niece, Vicki, and her husband, Albert Mandzuik, sang "Love's Old Sweet Song". This was a special request by the Rookes. Two great-grandchildren and seven grandchildren presented poems and songs in honour of their grandparents. Pastor Stewart, the couple's pastor, concluded the program with a dedicatory and thanksgiving prayer.

A special feature were four blown-up poster size pictures of the couple taken about the time they were married. These were on display at the front of the room and were a surprise from their children.

Evan Kemp and his musical group from Burnaby, B.C., played and sang old folk songs while the guests visited. The musical group presented Mr. and Mrs. Rooke one of their personal records at the close of the program.

Congratulations were received from Fred Rooke of Winnipeg, Manitoba; R. H. Pierson, world president of the Seventh-day Adventist Church; A. W. Kaytor, president of the Seventh-day Adventist Church of British Columbia; Peter Rolstom, MLA of Dewdney Riding; W. S. Owens, Lieutenant Governor of B.C.; Dave Barrett, Premier of B.C.; and P. E. Trudeau, Prime Minister of Canada.

Out-of-town guests included friends and relatives from Saskatchewan, Oregon, Vancouver Island, Nelson, Williams Lake, Chilliwack, Langley, Haney, Vancouver, Mission City.

Eleven relatives who attended the wedding of the couple were present. Elsie Walker and Evelyn Armstrong of Mission; Alvina Diebel and Bertha Morrell of Saskatchewan; Irene Heart of Port Coquitlam — all sisters of the bride. Albert Rodenbush of Vancouver, brother. Dave Rooke and Ernie Rooke of Chilliwack, nephews.



Mr. and Mrs. Charles Rooke.

## Prayers Requested for Vietnam

Church leaders and members in the Vietnam Mission recently cabled the General Conference soliciting the prayers of members throughout the world for the work in Vietnam. General Conference leaders immediately joined in a season of intercessory prayer, then took committee action that this appeal be conveyed to each member through an announcement in the *Review* and other church publications. The special concerns include:

1. Rallying for evangelism a membership having suffered the ravages of war and helping to restore damaged church buildings.

2. The success and safety of literature evangelists travelling through the country by foot, bicycle, rickshaw and river launch. Twenty literature evangelists have been captured and eight of these have been killed.

3. Finishing the new hospital building in Saigon, on which construction has been halted for financial reasons, although it would be best to transfer out of the old Third Army Field Hospital and into the new facility by June, 1975.

4. Staffing the hospital. Despite the heavy load of Vietnamese and foreign patients at the hospital, the staff has had to be reduced for economic reasons.

5. Paying for the care of heart patients. The Loma Linda Heart Team, which performed 60 heart surgeries in April and May, 1974, is performing another 60 during January and February, 1975. Loma Linda University and the Heart Team are donating the time and much equipment, but the care and overhead cost for each patient is carried by the Saigon Adventist Hospital.

Throughout South Vietnam, Seventh-day Adventists are known as "peacemakers" and "heart menders". This may indeed be our finest hour to support our workers and members who are serving Christ in that land.

DUANE S. JOHNSON

## Audio Visual Service Develops Film Library

The International Audio Visual Service at the General Conference Adventist Radio, TV, and Film Center announces the addition of the Pacific Union Conference Film Library to its services. The film rental division has been expanded to all of North America. Four hundred films are included in the rental library.

The library includes a large selection of denominationally approved films for showing to youth, schools, evangelistic audiences, and the general public. Film catalogs can be obtained by writing to:

International Audio Visual Service  
1100 Rancho Conejo Boulevard  
Newbury Park, California 91320

The International Audio Visual Service will also provide film sales listings and will soon issue its new catalog which will be available upon request.

Film distribution is one of many services currently available through AVS. Other services include audio-visual research and consultation, as well as production of film, TV, radio spots, video cassettes, slide shows, as well as tape production and duplication.



## Happiness at Home

By W. JOHN CANNON

The last consideration from the passage in *Ministry of Healing* (it could well have been our first) concerns our dependence upon Christ as our helper. Please ponder well the following passage.

"Men and women can reach God's ideal for them if they will take Christ as their helper. What human wisdom can not do, His grace will accomplish for those who give themselves to Him in loving trust. His providence can unite hearts in bonds that are of heavenly origin. Love will not be a mere exchange of soft and flattering words. The loom of heaven weaves with warp and woof finer, yet more firm, than can be woven by the looms of earth. The result is not a tissue fabric, but a texture that will bear wear and test and trial. Heart will be bound to heart in the golden bonds of a love that is enduring." — *Ministry of Healing*, p. 362.

It is obvious at once that a short article cannot begin to encompass what this passage contains. However, we can note some of the resources made available to all who claim these divine provisions.

1. *What human wisdom cannot do His grace will accomplish.* How often we long for more wisdom than we have! How many problems arise when we are baffled! There seems to be no answer. If we make Him the focus of our lives and give ourselves wholly to Him, we need have no fear that we shall lack guidance or that things will get out of hand. Our lives and family are in the keeping of the Omnipotent One.

2. *His providence can unite hearts.* There is no such thing as incompatibility when both husband and wife give their lives to Jesus. The promise is that His providence can unite hearts in bonds that are of heavenly origin. In truth what we refer to as incompatibility is an attitude, not an element, that is unchangeable. Attitudes are malleable. Christ can change them when we commit our all to Him. Day by day, little by little, there will be a growing closer together. Each day will see us a little nearer each other and nearer to Him. "The path of the just is as the shining light, that shineth more and more unto the perfect day." Proverbs 4:18.

3. *Love is not a mere exchange of soft*

*and flattering words.* Love is not a mere emotion. Love is a plant of heavenly origin. It is a growing together in true harmony. Lives blend together into an eternal destiny. This produces a texture that will stand the test of trial and difficulty.

4. *The hour of worship.* This kind of experience comes not by just a casual saying, "I love Thee, Lord" or "I surrender my life to Thee." It is a day-by-day experience. "I die daily," said the apostle. In the lives of all the faithful there will be time for private and family devotions. It may be difficult to arrange time for family worship, but when we realize its great importance, we will find a way to arrange it. It becomes an essential to every Adventist family to strengthen the bonds of unity in worship every day. The study of God's Word and family prayer will not only save but it will also strengthen our families.

This is an appeal to encourage and support the Home Education Secretary of your conference and union as they plan for family enrichment programs.

## Brief Wedding Announcements

### SEHEULT-GRAHAM

The Kingsview Village Church, Toronto, was the setting of the beautiful ceremony as Russell Seheult, son of Mr. and Mrs. Errol Seheult and Eileen Graham, daughter of Mr. T. W. Graham exchanged their wedding vows dedicating their future lives together.

Officiating at the ceremony was Pastor D. J. Donesky.

The bride was attended by her sister, Mrs. Margaret Whidden from Washington. Russell's best man was his brother Carl Seheult.

The young couple will reside at Loma Linda University where Russell is studying for the dentistry

LILLIAN STERRETT

Public Relations  
Kingsview Village Church

### CRUX-MANDZUK

Sharon Naomi, daughter of Mr. and Mrs. Steven Mandzuk, and Robert Douglas, son of Mr. and Mrs. Robert Crux of South Burnaby, B.C., were united in marriage in the Kingsway College Chapel, Oshawa, on the afternoon of June 23, 1974. Elder E. L. Juriansz performed the ceremony.

Heather McKinnon, friend of the bride, was the maid of honour. Garson Smith, cousin of the groom, was best man.

Sharon and Bob will reside in Windsor, Ontario, where Bob teaches church school. Sharon will attend the Conservatory of Music.

E. L. JURIANZ, Pastor

### BIRMELE-PARCHMENT

On June 2, 1974 Beverly Parchment of Thornhill, Ontario became the bride of Ricardo Birmele. The ceremony was performed by the bride's uncle, Elder Earl Parchment.

They are now at Columbia Union College, Washington D.C.

### FLECK-WECKER

On Sunday, June 23, 1974 in the Regina Seventh-day Adventist Church Sharon Hope Wecker, daughter of Mr. and Mrs. Herb Wecker of Regina exchanged marriage vows with Richard Glen Fleck, son of Elder and Mrs. Kenneth

Fleck of Alajuela, Costa Rica. The groom's father performed the ceremony. The bride was given in marriage by her parents. She was attended by Denny Jones of Regina who was the maid of honour. Dr. Ronald Fleck, the groom's brother of Shelby, Montana served as best man.

At the close of the wedding prayer, as the couple knelt, the groom sang, "The Lord's Prayer".

Shortly after the wedding they left for Costa Rica in Central America where they will be connected with an industrial program at the Central American Vocational College near Alajuela.

KENNETH L. FLECK Groom's Father

### MCCONNELL-CLARKE

On June 27, 1974, in the Botwood Seventh-day Adventist Church, Newfoundland, Miss Daphne Clarke and Thomas McConnell exchanged marriage vows. Attending the bride was her sister, Cathy Clarke, and standing for the groom was his brother, James McConnell.

The couple have established a home in Oshawa where the groom works in the hospital there.

The ceremony was conducted by Pastor R. A. Matthews.

### COOK-CLANCY

At the Avondale Memorial Church, New South Wales, on June 23, 1974, Ouida Clancy, daughter of Brother and Sister John Clancy, from MacLean and now living at Cooranbong, was joined in marriage to Warner Cook son of Pastor and Mrs. William Cook, well-known singing evangelist throughout Australia and New Zealand, and now in the Master's service at Toronto, Canada. Pastor J. W. Kent, spiritual father of Pastor and Mrs. Cook, led the congregation in a moving prayer of supplication and dedication for the lovely young couple. The prayers and best wishes of all present go with Warner and Ouida as together they set out on their journey through life taking Christ as their guide.

DAVID WESLAKE

### NORHTON-LIVADNEY

Yvonne (Judy) Livadney, daughter of Mr. and Mrs. Ed Livadney of Lacombe and Ernest Norhton, son of Mr. and Mrs. Steve Norhton of Consort, Alberta, joined their lives in marriage at the Lacombe Seventh-day Adventist Church on June 30, 1974.

Bride's attendants included Loanne McLeod, bride's sister, as matron of honour.

The groom's brother, Harvey served as best man.

Ernie and Judy will be establishing their home in Consort, Alberta where Ernie works as an accountant and maintains a farming enterprise with his parents.

LOWELL C. COOPER  
Communications Secretary  
Alberta Conference

### FLAK-LEE

The Oliver Church members welcomed into their fellowship a new family when Wilda Lee and Alvin Flak spoke their vows before Pastor C. Long on the afternoon of June 21, 1974.

Given in marriage by Mr. L. Jones of Rutland, Wilda was attended by her sister, Mrs. Delila Dore of Penticton, and Alvin by Mr. Edward Smith of Kaleden. The bride's sister Mrs. Geraldine Smith, sang "The Wedding Prayer". We wish God's rich blessing on their home.

Mr. and Mrs. Flak are living in Okanagan Falls.

CLARENCE LONG, Pastor

### FITCH-BENNETT

On June 23, 1974 Garth Fitch and Elaine Bennett were married at College Heights, Alberta. Garth is the son of Mr. and Mrs. Earl Fitch of Sylvan Lake, and Elaine is the daughter of Mr. and Mrs. Virgil Bennett of Fort St. John, British Columbia.

The bride chose her sister, Lorene Ford to be matron of honour. Bryan Bartsch was best man.

A special feature of the service was Elaine's solo "Whither Thou Goest I Will Go", which she sang when she took Garth's arm.

### JEWKES-JACOBSON

On June 9, 1974, Lana Jacobson, daughter of Mr. Stan Jacobson of Washington and Ruth Jacobson of Coquitlam, B.C., was married to Mervin Jewkes, son of Mr. and Mrs. John Jewkes of Shellbrook, Saskatchewan, in the Westminster Seventh-day Adventist Church, Burnaby, B.C. Lana's matron of honour was Sandy Gensen. Mervin's best man was his brother Norman. Lana's sister, Mrs. Lavon Fritz, sang "Wedding Prayer"; Calvin Donnelly sang "I Take Thee Dear"; and during the signing of the register the Westminster Girls Chorus sang, "Jesu, Joy of Man's Desiring". The reception was held in the church auditorium.

ARTHUR M. SPENST, Minister  
Westminster SDA Church

## OBITUARIES

**RUDOLPH** — Helmut Paul Rudolph was born in Germany July 18, 1919 and died September 10, 1974 in a highway accident near Magrath, Alberta. Brother Rudolph was greatly loved by his wife Rosemarie, his two daughters, Marita and Karin, and many, many friends. The Rudolphs came to Canada in 1951 to Edmonton. They moved to Victoria, B.C. in 1962 and in 1970 to Lethbridge. During this time they owned and operated several nursing homes and at the time of the accident Brother Rudolph was working very hard constructing a rehabilitation center for needy mankind. He loved his Lord and served Him through helping others and in personal witnessing.

Funeral services were held in Lethbridge by Pastor Ron Johnson assisted by Pastors C. C. Wessman and A. Hands. Brother Rudolph awaits the call of the Lifegiver in Mountain View Cemetery.

RON JOHNSON, Pastor  
Lethbridge S.D.A. Church

**MERSEREAU** — James Roy Mersereau born in Doaktown, New Brunswick, in 1887 passed to his rest in Victoria, B.C. September 2, 1974. Brother Mersereau spent a number of years farming in Alberta. He operated a store in Victoria after leaving Alberta. He accepted the Third Angel's Message in Victoria and was a faithful and loyal follower of Christ. Left to mourn is his beloved wife, Ann, to whom he had been married for 59 years, and a daughter, Grace, of Edmonton, Alberta.

Interment was at Hatley Gardens, Victoria. May Jesus soon come so that we may enjoy the glad reunion of God's people.

C. S. COOPER

**HAINES** — Dell Haines was born in Great Falls, Montana, April 12, 1901, and passed to her rest on September 12, 1974, after a lengthy illness. She was the last member of the original six families who came from Great Falls to Salmon Arm in 1901 and 1902. She was about three weeks old when they started on their trip and arrived at Salmon Arm August 6, 1901, by covered wagon.

She is survived by two brothers — Lincoln and Stanley; two nephews and two nieces and 18 great nephews and nieces.

She was laid to rest in the Silver Creek Cemetery beside her brother Howard, who predeceased her in 1957; her father in 1957; and her mother in 1959.

Pastor Ben Kuhn conducted the funeral services. Bowers Funeral Parlour was in charge of the funeral arrangements.

BEN KUHN, Pastor

**PALEY** — Fred W. Paley was born at Theodore, Saskatchewan August 7, 1907. On October 1, 1933 he was married to Katie Essar, and to this union two sons were born. They continued farming in the Theodore area, and for some time he served as Co-Op manager there until 1960 when the family moved to Yorkton.

In Yorkton, Fred was active with the Yorkton School Unit, as well as gardening. Even though he had not been confined to bed, Fred did not enjoy the best of health when he passed away on September 18, 1974 at the age of 67.

He is fondly remembered by his family and friends. Remaining are his wife Katie, two sons Terry and Lyle, and five grandchildren. Also two sisters Eva and Jenny of Vancouver, B.C., and one brother John of Saskatoon.

Fred was laid to rest in the Yorkton City Cemetery. The services at Christie's Funeral Chapel and at the graveside were conducted by Pastor A. Hiebert. Our thoughts and sympathies are extended to the Paley family in the loss of their loved one.

A. HIEBERT, Pastor  
Yorkton, Saskatchewan

**STANSAL** — Anne Lenora Stansal (nee Gallinger) was born November 11, 1884, in Brant Township, Ontario.

She was united in marriage in 1960 to Joseph Stansal of Battleford, Saskatchewan and passed away October 17 at the Battleford Union Hospital, at the age of 89. She was predeceased by two brothers and one sister, all of Ontario.

She leaves to mourn, her loving husband, Joseph Stansal, of Battleford, Saskatchewan, and many relatives and friends.

Sister Stansal was a faithful member of the Seventh-day Adventist Church and until death remained firm in the Advent hope.

She was laid to rest in Woodlawn Cemetery, North Battleford, where she awaits the sure and certain call of the Lifegiver. The writer officiated at the funeral service.

JOHN T. RUSK

**BRAY** — Mrs. Alice Bray aged 92 passed away July 24, 1974. For nearly a century Mrs. Bray loved Jesus. Her greatest desire was to be faithful unto death. She is survived by her children, Alfred, Percy, Mrs. Doris Richardson and Mrs. Daisy Gilbert of Medicine Hat and Ernest of Edmonton. Mrs. Bray was a devoted and loving member of the Medicine Hat Church. Services were conducted by Pastor D. H. Yancey and interment took place in Hillside Cemetery, Medicine Hat.

**MAY** — Fredrick David May, 69, Medicine Hat, passed away July 23, 1974. Mr. May was born December 16, 1904, in Sugar City, Colorado, and moved to Canada in 1911. He was united in marriage to Emma Becker in 1933. They were blessed with a family of eight children. He is survived by the eight children. Fred was a member of the Medicine Hat Church. Services were conducted by Pastor D. H. Yancey and interment took place in Hillside Cemetery, Medicine Hat.

**O'NEILL** — Mrs. Petra O'Neill was born in Norway, May 29, 1883, and passed away July 2, 1974, in New Westminster. Her husband had predeceased her. Mourning her death are a daughter, Anna Levaen Silver; two grandchildren and her fellow members in the Westminster Church. She has been a Seventh-day Adventist for many years with a firm faith in her soon-returning Lord.

ARTHUR M. SPENST, Minister  
Westminster SDA Church

**POIRIER** — Gladys Verna Poirier, born August 9, 1905 died August 3, 1974 in Cowansville, Quebec after a severe illness. Mourning their loss are her son Donald, four daughters: Gwen Sanford, Betty Speth, Beverly Patterson, and Shirley Prouty; two sisters: Margaret Chrysler and Mabel Butler. Her husband predeceased her in 1970.

Sister Poirier was an active worker in the Dorcas Society of the Abercorn Church, and because of this she was well known and respected in her community. At times she gave of her personal things to help needy families.

Funeral services were conducted by Pastor Werner Seidel assisted by Pastor J. H. Whalley, a long-time friend of the Poirier family.

She rests in the Fairmount Cemetery, Sutton, Quebec.

WERNER SEIDEL, Pastor

**RAWLINS** — Mrs. Mildred Elizabeth Rawlins was born in Millwood, Manitoba, on May 11, 1896. After a long illness, she died in White Rock, B.C., on August 2, 1974.

In 1944 she was married to Alfred Rawlins who predeceased her in 1965.

Sister Rawlins taught school for forty years. No doubt, thousands of people give credit to her for at least part of their education.

She joined the Seventh-day Adventist Church in 1923 and remained a devoted member from that time.

Three step sons: Alfred, Gordon and Vincent, all of Wetaskiwin, Alberta, survive her as well as a number of nephews and nieces and many friends.

She was laid to rest in Sunnyside Lawn Cemetery in White Rock where she awaits the call on resurrection morn.

W. E. BERGEY, Pastor

**WILSON** — August 12, 1974 Mrs. L. (Irene) Wilson aged 44 years, beloved wife of Robert Wilson, passed away following a brief illness at the General Hospital in Calgary, Alberta. Besides her husband she is also survived by five sons, Robert, Richard, Thomas, Arthur, and Warren; a grandson, Trevor; her mother, Mrs. Amelia McKinnon; two sisters, Mrs. R. C. (Dolna) Gordon and Mrs. Jerita Herold; two brothers, Angus and Findlay. She was predeceased by her father April 27, 1973. Born and educated in Calgary she resided there all her life. She was an active community worker. Pastor Arthur Hands, pastor of the Calgary Central Seventh-day Adventist Church, officiated.

ARTHUR HANDS, Pastor  
Calgary Central S.D.A. Church

**JOHNSTON** — Gladys Jean Johnston was born at Truro, Nova Scotia, December 29, 1902 and passed to her rest at Stettler General Hospital September 13, 1974. Sister Johnston's health had been falling for some time and this was climaxed by some weeks in the hospital prior to her death.

Born to Charles and Roxena Lindsay, Sister Johnston came to Alberta in 1920 where she taught school in various Central Alberta communities. She was united in marriage to Orville Johnston on April 6, 1932 and they farmed in the Great Bend district until retiring in Stettler in 1968. In spite of poor health Sister Johnston raised African violets for investment and was an active member of the Dorcas Society up to her last illness. She leaves to mourn her passing

her husband, one daughter, one son, four grandchildren, and other relatives. She was predeceased by her parents, two brothers and a grandson.

G. DAVIES, Pastor  
Stettler S.D.A. Church

**SHOTWELL** — Florence Roberta Shepard was born in Calgary, Alberta, Canada February 15, 1924 to Mr. and Mrs. H. A. Shepard and was baptized into the Seventh-day Adventist Church in 1937 at the age of 12.

Florence was graduated from Oshawa Missionary College Academy (now Kingsway College) in 1941 and then took pre-nursing at Emmanuel Missionary College — now Andrews University at Berrien Springs, Michigan. In 1946 she completed her nurses' training at Loma Linda School of Nursing. She then earned her Bachelor of Science degree in nursing education from Walla Walla College in Washington in 1949.

On August 31, 1952, Florence was married to Vern O. Shotwell at Berrien Springs, Michigan. Two sons were born to this union, William and Gregory.

Glenwood Springs, Colorado became their home in 1973 and it was here that Florence's health began failing. They moved to the Loma Linda area where she could get better medical attention.

The survivors are: her husband, Vern Shotwell, sons William and Gregory, parents, Mr. and Mrs. H. A. Shepard, and two brothers, Donovan and Charles, all of California.

Florence entered Loma Linda University Hospital Thursday, October 24. That evening Pastor Elwood Staff visited her and she committed her way to her Maker and Redeemer and said she was ready to do whatever the Lord wanted. She fell asleep Friday about noon.

ED. NOTE — Florence's father, H. A. Sheperd, was formerly the treasurer of the Canadian Union Conference for many years. Florence was known across the Canadian Union.

**SNOW** — George Thompson Snow, son of the late Adam and Leah Snow was born October 6, 1894 at Coley's Point, Newfoundland and passed to his rest at the Sunnybrook Hospital in Toronto on June 12, 1974.

Mr. Snow will always be remembered for his sense of humour and his willingness to help others. He was a most generous man and many needy persons were helped by him. All who came in contact with him could not help but love him. He served his country in World War I. Most of his life he followed the vocation of a builder.

He is survived by his loving wife, Pearl of Wilfordale, Ontario, one daughter, Leah (Mrs. Maurice Card) of Toronto, two sons, George of St. John's, Newfoundland and Gilbert of Toronto, two sisters, Emmie Morgan of Toronto and Anne Mercer of Bay Roberts, Newfoundland, one brother, Isaac of Toronto, twelve grandchildren and three great-grandchildren, and a host of friends.

Funeral services were held at the United Church, Coley's Point, Newfoundland and interment in the church cemetery. Promises of our Lord in victory over death and the grave was the message given by the writer who baptized Mr. Snow at Bay Roberts, Newfoundland in 1969. Mr. Stamford, minister of the Coley's Point United Church assisted.

DAVID S. CROOK, Pastor

**CAVE** — Thomas Henry Cave was born in Liverpool England, in 1883, and passed away in Victoria, B.C., September 26, 1974, at the age of 91. Brother Cave became a Seventh-day Adventist in 1951. In that year he also was united in marriage to Annie Cummings. In spite of a prolonged illness that kept him from attending church services for several years, Brother Cave remained faithful to the end. He is survived by his beloved wife Annie, a son William of Winnipeg, a daughter, Mrs. Mildred Mumford of Victoria, and a brother John of Liverpool, England. We all look forward to the glad day when sickness shall be a thing of the past and we may worship God together before His eternal throne.

C. S. COOPER, Pastor

**FORD** — Mrs. Emma Ford was born in England, July 28, 1898 and passed to her rest December 20, 1974. As a young lady she came to Canada where she met and married Harry Ford in Alberta in 1928. Mrs. Ford became a member of the Victoria Seventh-day Adventist Church in 1942 and was a faithful follower of Jesus for the remainder of her life. Left to mourn are her two children: a son, Allen and a daughter, Mrs. Ann Larsson, both of Victoria, B.C. There are four grandchildren. We wait in expectation of the glad day when Jesus shall come and raise to eternal life all of His faithful ones.

C. S. COOPER Pastor

## Change of Address For CANADIAN UNION MESSENGER

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Code No. \_\_\_\_\_

(It is very important that BOTH old and new address be given)

Mail to: Canadian Union Conference, 1148 King East, Oshawa Ontario L1H 1H8

## ANNOUNCEMENTS

### Learn French

Why not learn French as it is spoken in France?

Come to Collonges this summer from July 20 to August 29 to attend the French course of the Adventist Seminary and visit Mont Blanc, Geneva and the Swiss lakes.

For full information, please write to Mr. G. Steveny, Director, Seminaire Adventiste, 74160 St. Julien-en-Genevois, France.

### Alumni Meeting

Walla Walla College Alumni Meetings will be held in EDMONTON and CALGARY, Alberta, March 1 and 2, announces Dr. Larry Lewis, President of the Alumni Association.

Graduates and former students are invited to attend.

The EDMONTON meeting will be at the Central S.D.A. Church, 10131, 111 Ave. at 6:00 p.m. Sabbath, March 1.

The meeting in CALGARY will be in the home of Dr. Howard Gimbel SS1, Site 12, Calgary, on March 2, at 7:30 p.m.



## ADVERTISEMENTS

Rates: Per issue, 40 words or less, \$5.00; each additional word ten cents. Display advertising \$6.00 per inch. Ten per cent discount per insertion for three or more consecutive insertions without copy changes. No advertising will be accepted unless cash accompanies copy. Send all advertisement to your local conference office for approval by either the president or treasurer.

"No responsibility can be accepted for any misrepresentation or dissatisfaction arising from any advertisement."

**FOR SALE** — Three bedroom house on three-fourths acre. Eight miles from Salmon Arm on good road. Five miles to church. Less to school. Immediate possession. Box 1780, Salmon Arm, B.C. Jan. 30(2)

**OPPORTUNITY** — A 100 bed A.S.I. General Acute Care Hospital is seeking a Director of Nursing. Located in Virginia's beautiful Tidewater area. Good salary and benefits. If you are interested in an interesting but challenging position contact Mr. H. M. Soper, Administrator, Tidewater Memorial Hospital, Tappahannock, Virginia 22560 or call collect Area code 804-443-3311. Jan. 30(2)

**FOR SALE** — 480 acres in Beiseker area. 3-bedroom home, barn, and other buildings with power, and gas to buildings, cattle sheds and corrals. Plenty of good water, 3 miles to Seventh-day Adventist Church and 9 grade church school, 1/2 mile from hardtop. Write: Alton Suelzle, Gen. Delivery, Beiseker, Alberta, T0M 0G0, phone 547-2011.

**WANTED** — North York Branson Hospital, a 450 bed modern facility located in the Willowdale area of Metropolitan Toronto, requires a full-time Maintenance Person. The right individual should be capable of working with sheet metal and welding (both arc and acetylene). Applicants should be mechanically inclined and be capable of repairing light and heavy equipment. Salary commensurate with experience and full range of benefits available. Contact A. G. Hrenyk, Assistant Personnel Manager, North York Branson Hospital, 555 Finch Avenue West, Willowdale, Ontario M2R 1N5.

**DIRECTOR OF NURSING REQUIRED** for Rest Haven General Hospital. This is a 56-bed acute General Hospital, situated in Sidney, B.C. Church and church school within two blocks of the hospital. Some requirements:

1. B.C. R.N. or eligibility
2. Several years of nursing administrative experience
3. Some knowledge of pharmacy

Please reply in confidence to F. L. Bell, Administrator Rest Haven General Hospital, Sidney, B.C., or phone (604) 656-1121.

Please send "Messenger" material to your conference editor who in turn will forward it to CANADIAN UNION MESSENGER.

### Conference Editors

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QUEBEC SDA Church Association —	P. F. Lemon
MARITIME —	G. E. Andersen
NEWFOUNDLAND —	R. A. Mathews

### Conference Directory

CANADIAN UNION CONFERENCE — I. L. Reile, President; A. N. How, Secretary; C. Klam, Treasurer; 1148 King Street East, Oshawa, Ontario L1H 1H8

ALBERTA CONFERENCE — J. W. Wilson, President; M. D. Suiter, Secretary-treasurer; 201-16 Ave., N.E., Calgary, Alberta. T2E 1J9

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MARITIME CONFERENCE — G. E. Andersen, President; Clifford Patterson, Secretary-treasurer; 451 St. George St., Moncton, N.B. E1C 1X9

QUEBEC SDA Church Association — P. F. Lemon, President and Treasurer; 79 St. Charles East, Longueuil, Quebec.

NEWFOUNDLAND — R. A. Mathews, President, 106 Freshwater Rd., St. John's, Newfoundland. A1C 2N8

ONTARIO-CONFERENCE — Philip Moores, President; S. E. White, Secretary-treasurer; 1110 King St. E., Oshawa, Ontario. L1H 1H8

### Messenger Deadlines

Deadline for copy \_\_\_\_\_ Date of Issue \_\_\_\_\_

February 15 \_\_\_\_\_ February 28  
 February 28 \_\_\_\_\_ March 15  
 March 15 \_\_\_\_\_ March 30

*Deadlines and datelines are always the 15th and 30th of each month. Deadlines falling on Sabbath or Sunday are honoured on the following Monday.*

**NOTE**—All deadlines for copy are two weeks before date of issue in which article will appear. This means all material must be in the publishing house two weeks before magazine is mailed.—Ed.

# CUC CONCERT BAND IS GROWING . . .



Flute Section



Clarinet Ensemble



Saxophone Section



CUC Concert Band, with Bruce Kuist, director, standing at right.



A Trumpet Trio



Cross-section of the brass section. Left to right: trumpets, French horn, tuba, euphonium, and trombones.



Trombone Section

For further information about the music program at CUC, write:  
The Registrar, Canadian Union College, College Heights, Alberta T0C 0Z0