

CANADIAN ADVENTIST
Messenger
November 1995



Heart to Heart

A Time of Evangelical Preparation

By Claude Richli
President, Quebec Conference



Evangelism in our country seems to be at times an unrewarding proposition. To build and hold an audience requires great investments of time, energy and money. To gain decisions for baptism requires the patience and perseverance of the saints. Skills, training and prayers are all very needed.

By contrast, the first account of an evangelistic campaign comes from the book of Jonah and gives us a surprising report. It tells us of a reluctant prophet who would rather have been anywhere else but in Nineveh. His approach to evangelism was blunt: "Forty days, and Nineveh shall be overthrown!" Not much love in the way those words were uttered. Jonah had not spent much time in various schools of evangelism, had not studied and prepared for his message, and had spent no time at all interceding before God for these people. In human terms, he had set himself up for failure. In fact, he expected failure, and was consequently surprised, even dismayed when he saw the Ninevites repent with sackcloth and ashes.

God used Jonah, and the Ninevites found salvation in spite of him. The Holy Spirit did the work of conviction.

The time will come when God will use His people—with or without prepa-

ration—sometimes in spite of us, and in spite of our reluctance or inability to proclaim the good news. Isaiah prophesies that God's people will call nations that it doesn't know, and nations that didn't know his people "will run to you" (Isaiah 55:5). He also says that "His word that goes forth from His mouth will not return to Him empty". (Is. 55:11).

We live at a time of tremendous evangelical preparation, where the Gospel and the soon coming of the Lord are being preached by many people of various denominational persuasions. Adventists are in fact a minority in this evangelical chorus. In Quebec, where Catholicism has dominated for so long, Pentecostals are over 30,000, Baptists over 15,000. The proclamation of the end of the world is being carried by 30,000 Jehovah's Witnesses. Adventists are only 4,000. In addition, various events impact on the psyche of the population to convince them that things are not as they should be, and to lead many into a spiritual quest. Many are seeking, and some are not waiting until they be found through our own efforts.

Lately, we have started to receive telephone calls at the conference office, from people who simply want to know more about what we believe after seeing our church on a street corner, or looking us up in the telephone

directory. They want to know where they can go to church, and even how long it takes to be baptized into the church! Sometimes, they have studied scriptures, and have an appreciation for the truth and want to find the church that will best help them prepare for the Lord's soon coming!

A few weeks ago, my wife and son Matthew decided to walk to our nearby Seventh-day Adventist Church, a few blocks from our home. That morning, my wife spent some time persuading Matthew that as good Seventh-day Adventists, they were going to carry their Bible under their arm, as a witness to the neighbourhood. He reluctantly gave in to his mother's request. As they were walking along the sidewalk, they heard a woman call out to them: "Next time you go to church, invite me too!". Startled, they stopped to look at a woman and a young man whom they had never seen before. She proceeded to tell them that since it was Saturday, and since she noticed Matthew carrying a Bible, she thought they were Seventh-day Adventists, and that she believes the end is near too, and that she ought to get ready by starting to attend church. When my wife invited her, she said she was already committed for that day, but that she would come another time.

The Lord is using all kinds of agen-

cies to prepare a people to respond to that final warning. Top-level athletes are giving testimonies to their faith, viewed by millions, as when Jonathan Edwards, new world champion in the triple jump at the Goteborg World Championships acknowledged being a devout Baptist who would not compete on the Sunday, because it is the day of the Lord.

We live in a time of evangelical preparation when the Lord is preparing to "gather yet others to him, besides those already gathered" (Is. 56:8). Whether we fulfill our mandate faithfully, or as the reluctant prophet Jonah, His purpose will not suffer any delay. The stakes are much too important for that.

World-Wide Search Ends With Home-Grown President

Following a world-wide search to replace outgoing Robert O.A. Samms as President of the Quebec Conference, the Executive Committee asked Pastor Claude Richli to serve as President. He was the conference Executive Secretary since the last constituency meeting of March 1994, and served as Acting President since August 1.

It was initially hoped that someone from outside would come to address the challenges of the Conference. Seven names were chosen and calls were issued to people in the Caribbean, South America, the United States, the Middle East, and France. However, personal circumstances, and awkward timing prevented anyone from responding. In one instance, the call from Quebec arrived two days after the candidate had accepted another call to go and serve in another field.

Says Pastor Richli, "The circumstances that led the committee to ask me to serve establish beyond a doubt that the Lord had an active hand in the process. We serve a God who is Master of time and circumstances." Elder Richli is married to Silvia, a full-time graduate student in Social Work at McGill University in Montreal. They have one son, Matthew who is thirteen.

December 1 — World AIDS Day

What is World AIDS Day All About?

Working together to fight discrimination;
Organizing effective activities within your community;
Responding to needs of those infected with HIV/AIDS;
Listening to each other's thoughts and feelings about HIV/AIDS issues;
Delivering messages of compassion and hope to those affected by HIV/AIDS;

Aggressively promoting HIV/AIDS awareness and education;
Implementing HIV/AIDS prevention programs in our communities;
Directing parents and educators to promote abstinence and safer sex in their prevention efforts;
Strengthening the worldwide effort to stop the spread of HIV/AIDS;

Disseminating helpful information;
Actively protecting the human rights of those infected with HIV/AIDS;
Yes-Sharing rights and sharing responsibilities!

To request a Resource Manual that will help you plan a special emphasis program write: American Association for World Health, 1129 20th Street, NW, Suite 400 Washington, DC 20036-3403; or call (202) 466-5883.

Retirees Convocation

Over 1300 retirees registered for the Sept. 6-11 meetings at Walla Walla, Washington. Mark Finley was the keynote speaker. At the annual banquet nearly \$70,000 was given for evangelism.

Next year's Retirees meeting will be held at Southern College, June 19-24, 1996. For further information contact James E. Chase, Coordinator of Retirees Affairs, 720 Dorchester Ave., Modesto, CA 95355-4413 or telephone (209) 522-2527 or Compuserve: 74532,157.

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Involve me, don't entertain me! This was the basis on which 11 youth and four adults put God to the test and found out He really means what He says. And what did He say?

"There is no limit to the usefulness of one who, by putting self aside, makes room for the working of the Holy Spirit upon his heart, and lives a life wholly consecrated to God." —(*Desire of Ages* pp.250, 251)

Ten months later that same group

found themselves half way around the world, teaching Russian and Ukrainian young people how to get out on the streets and witness to other youth. They were showing them how to gather large crowds and introduce them to a God Who puts meaning, hope and purpose back into lives that were full of despair, depression and gives a desire for something better.

The name of the group is "Inside-Out." Their motto was, "Give a man a fish, you feed him for a day; teach a man to fish,

you feed him for a lifetime." From this motto grew a program that would do just that—teach youth how to fish for souls. Go to others and inspire them, train them and then involve them.

The program was based on the group name "Inside-Out." The concept is to work from within the church where youth are trained in one or more of the following five areas:

(1) Pantomime: designed for attracting large crowds and presenting short

YOUTH WIT





HAYSTON

*by Jim Weir, Teacher,
Okanagan Adventist Academy*



gospel concepts or stories.

(2) Small group Bible studies: to get into the word of God, create their own Bible studies and then teach them to a small group.

(3) Group initiatives: games and activities used to enhance youth programs and bond the members together with a feeling of acceptance and self-worth.

(4) Object lessons: using objects to teach valuable concepts. They may not remember your talk but they will often recall the object lesson used to illustrate it.

(5) Music: "Singing...is as much an act of worship as is prayer." (P.P. p.594) You need an avenue for youth to praise God and music, with meaningful praise songs will accomplish this and bond your group together in the process.

A second application of the name "Inside-Out" was to have the youth develop a ministry that was an outward expression of an inward relationship they were personally experiencing. This did not always exist when young people first joined with the group. If they were interested enough to commit themselves to the program, the leaders willingly worked with them and allowed God's Spirit to soften their hearts. It took months before some of them finally committed themselves fully to God. Even then they went through some tremendous struggles with their own souls as they were ministering for others. Luke 9:1 & 2 shows us that Jesus used those willing to be used to minister for others, including Judas.

Commitment was the deciding factor. If anyone was willing to put in the time and show up for training sessions (even when they didn't feel like it), they were welcome to be part of the group. Training sessions involved approximately four hours each week for ten months. They met twice a week and trained the young people in the areas of their interest and ability. At the end of 10 months a close-knit, enthusiastic, mission-oriented group emerged.

The group members raised \$1250 each for air fare, several thousand dollars to assist with projects and then paid expenses that would be incurred in renting halls, paying translators and accommodations for the large group of youth leaders that would be attending. This was no small task and faith commitment to be able to raise their financial obligations, but as they put forth the efforts, the Lord richly blessed them and the finances were in place on time. The total financial commit-

ment came close to \$50,000 when all was totalled. Truly God was blessing.

There were over 225 Russian and Ukrainian youth who came to meet with "Inside Out". They represented over 90 churches in the Ukraine conference. "Inside Out" met with two different groups, in two different cities (Kiev and Kharkov). The plan was to work with them in such a way that by day six the Ukrainian youth had written their own Bible studies, made up their own pantomimes, developed their own object lessons and had even mastered several new songs in both English and in their own language. Then the program was taken to the streets where Inside Out members showed the theory being put into practice in downtown city squares. They were very excited with the results. Using pantomime and group singing, they were able to draw large crowds. Because it was pantomime, the police who started to question the group allowed them to continue. Literally hundreds of Steps to Christ were handed out by the Ukrainian youth. When the people received them, they eagerly read them on the spot.

The experiences shared and friends made will never be forgotten. One of the fondest memories is when "Inside Out" members were hanging out the train windows leaving their Ukrainian friends. They were singing "In Moments Like These" in the Russian language to their friends who were on the train platform waving goodbye. As the train started to leave several of the Ukrainian Youth grabbed hands with their Canadian friends and with tears in their eyes said, "Please don't forget us. Come back to us soon."

Do you long for a similar experience in your life. If you do then you must be willing to be "involved" and not just "entertained." Start your own chapter of "Inside Out" and contact Pastor Todd Miller who is now the new youth director for the Alberta Conference. You may also contact Don Straub or Jim Weir who work with "Inside Out" in the Rutland Church in Kelowna. Both are teachers at Okanagan Adventist Academy and can be easily reached there.

"There is no limit to the usefulness of one who, putting self aside, makes room for the working of the Holy Spirit upon his heart and lives a life wholly consecrated to God."—(D.A. p. 250, 251)

Thanks From Mexico

Following Hurricane Ismael which did considerable damage to our orphanage in Sonora, our church members in both B.C. and Ontario helped us in a number of ways. Through this loving response to our emergency, the repairs have been made. Through ADRA's help, special offerings and CHER International, we received hospital equipment, medicines and eyeglasses. From College Woodwork a generous donation of furniture was sent for the orphanage. These gifts to us were transported free by Trenton Air Force Base.

We want to thank our many church members, especially in the Oshawa area who coordinated the collection of supplies. God has used all these folk to be a wonderful blessing to us and we want to express our sincere appreciation.

Bob Mason

Hogar de Refugio Infantil Villa Juarez
A.C.

Apartado Postal 908, C.D. Obregon,
Sonora, Mexico



Ten teenagers were baptized at the pool at the orphanage recently, reports Bob Mason. Visitors from an Indian village are also studying for baptism.

Notice to Portuguese-Brazilian Families

Portuguese-Brazilian families, friends and relatives—we'll be so glad to serve the communities in the Vancouver area or any place in the British Columbia Conference. Our dream and mission is to begin a new church for Portuguese-Brazilian speaking people.

Phone or mail names, addresses, and telephone numbers directly to David Bravo, 178-10077 156th Street, Surrey, BC V3R 4L6 (604) 951-1133.

ADRA CANADA

ADRA Bangladesh Makes an Urgent Appeal in Wake of Disastrous Flooding

In the wake of destructive flooding in the small country of Bangladesh, the ADRA office has made an urgent appeal for donations.

The floods have destroyed hundreds of hectares of farmland and villages, and the most recent flood destroyed the boys' dormitory at the new Adventist boarding school in north-western Bangladesh. Faculty residences are covered with three feet of water. All the children have been sent home to their families, but their parents do not have the ability to feed them.

The cost to repair all the school's damaged buildings will only be approximately \$10,000 Cdn., but the SDA Mission in Bangladesh and ADRA Bangladesh need our help to reach this goal.

All summer, ADRA has been working to help people whose homes and crops have been destroyed by the relentless floods, and the needs continue to rise.

In an urgent appeal letter, Tasma and Oliver Lofton-Brook write, "Please remember ADRA Bangladesh in your prayers tonight, the children whose education has been interrupted, and the parents who struggle to make it from one day to the next."

Former residents of Oshawa, Ontario, the Lofton-Brooks have been working in Bangladesh since 1992.

If you would like more information about how to help ADRA Bangladesh, please contact ADRA Canada at (905) 433-8004 or write c/o 1148 King Street East, Oshawa, ON L1H 1H8.

Canadian Adventists Give Generously to ADRA Hurricane Relief Efforts

Recognized internationally as one of the top five private agencies to respond to disaster situations, the Adventist Development and Relief Agency has been working tirelessly to meet the needs of

thousands of people affected by this season's record breaking tropical storms.

Countless people across Canada and the United States have pulled together to donate money, food, and clothing to help those in need. Hundreds of volunteers have assisted with the collection and distribution of ADRA emergency supplies, and thousands of people have donated money to help with the reconstruction efforts.

Luis, Marilyn, Opal, Roxanne, and other storms have battered the Caribbean, Mexico, and the southern United States with over \$2 billion worth of damage. The total of eighteen tropical storms to date has made 1995 the worst season in almost three decades.

On the island of St. Thomas, where 80% of the homes were destroyed, ADRA is processing and distributing a six million pound bulk food shipment from the US government. Hundreds of volunteers are helping to sort the shipment and divide it into family-sized parcels. In the first three days of operation, more than 4,500 people received food parcels.

ADRA sent two containers filled with tarps, blankets, food, and drinking water to the islands of Antigua and St. Maarten in the wake of Hurricane Luis, and teams of building professionals are working on several islands, helping to clear fallen trees and to repair and rebuild damaged homes.

ADRA is helping to meet people's emotional needs as well. To counteract the feelings of anger and frustration that can exist in a community after a major disaster, ADRA has teamed up with the Pepsi Cola company to develop a public awareness program. The "Neighbour to Neighbour" program helps people to focus on working together to restore their community.

"We want the public to be aware of how much they can do to help and sup-



St. Maarten: A man calls for help from the top of his damaged home in St. Maarten where lives were torn apart in the wake of severe hurricane damage.

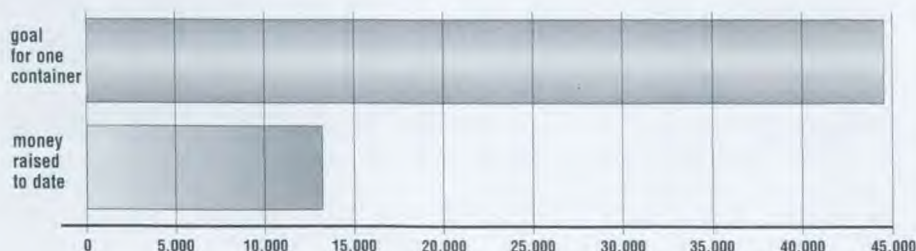
port each other as neighbours," says Wally Amundson, the ADRA Inter-America Director.

Moved by the plight of the hurricane victims, Canadians have responded generously to ADRA Canada's appeal for funds.

To date, Canadians have given over \$13,000 to ADRA Canada's Hurricane Relief Fund. Cheques of \$50, \$100, and even \$1,000 have continued to pour into the ADRA Canada office. The money raised will go towards the cost of three containers of roofing supplies to repair damaged homes in the Caribbean. Each container costs approximately \$44,600 Cdn. to fill and ship.

As the tropical storm season comes to a much-anticipated end, there still remains a need for reconstruction and long-term rehabilitation. The active support of hundreds of volunteers and donors throughout Canada, the USA, and the Caribbean is the backbone of the ADRA disaster response program.

If you would like more information about how you can help with the Hurricane Relief Efforts, please contact ADRA Canada at (905) 433-8004, or write c/o 1148 King Street East, Oshawa, Ontario L1H 1H8.





Pioneering Religious Liberty in Canada

A Tribute to Alf Lennox

Prior to 1970, the concern of Religious Liberty was just added on to the numerous tasks left to the Conference President. But in the early 1970's B.C. President A.W. Kaytor was determined to give this work greater priority, and assigned it to Alf Lennox. It was the first time any Conference had given this vital work sufficient importance to create a separate portfolio and assign it to a Departmental Director.

And Alf Lennox did just what the doctor ordered. He spent a considerable amount of his time learning about religious liberty issues, meeting with church leaders on these issues, discovering how government worked, and meeting with numerous legislators in Victoria, B.C.

A first major challenge came in relation to labour legislation. When the N.D.P. government was elected in about 1973, there was a decision to totally re-write the Labour Code. Alf Lennox saw an opportunity to try to obtain an exemption from union membership for our church members who in good conscience were unable to join a union. This task was monumental because the government was extremely union-oriented. However, he studied legislation throughout Canada, and prepared a comprehensive Brief on the Church's position. He included sample legislation from other jurisdictions, and prepared a suggested exemption section.

The result was that, for the first time ever, there was passed into British Columbia labour law a provision exempting our members from union membership. Unfortunately, the equivalent of dues still had to be paid. But Alf Lennox is a person who perseveres. At the very next opportunity some years later, he made representations to government that resulted in a new law that allowed union dues to be paid to a charity.

Part of this process involved re-educating our church members. He did this with his gentle, persuasive manner, and through numerous sermons and presenta-

tions to bring the true issues before churches throughout British Columbia. Before 1970 our members simply assumed that all union work was closed to them. It was Alf Lennox who insisted that in a country where there is religious freedom, unions need to make accommodation for people with religious reasons for non-membership. Now, our members assume that all employment is available to them and Alf Lennox has made that true.

It is unwillingness to accept the status quo that made Alf Lennox so valuable to the cause of Religious Freedom. He was prepared to take risks to make inroads to expand our freedoms. When a pastor walked out of jury duty at sunset one Friday, after being denied an adjournment of a case, he was found guilty of contempt of court and fined. Alf Lennox insisted that there should have been an accommodation. So Alf Lennox obtained the Church's approval to sponsor an appeal, and in the Supreme Court he won a ruling that even the judicial system should make Sabbath accommodation when possible.

Pastor Lennox always attended Labour Relations Board hearings for union membership exemptions, encouraging our members and the lawyers that directed those hearings. Everyone knew that he was praying throughout the hear-



Karen Scott-Hutton presents a plaque "in recognition of pioneer service for religious liberty". Ken van Ochten accepts it in the absence of Pastor Lennox.

ing, and until the decision was rendered. And his gentle ways included shaking hands and having a friendly conversation with the opposing lawyers and union personnel. His Christian courtesy and caring was always apparent-but with convictions firm as a rock.

The case of Steve Renaud, who lost his job for refusing to work Friday evening after sunset, is well known. This was in a real way also an Alf Lennox case. The Church's attitude was essentially that people applying for employment should declare their "sabbath problem" up front and live with the consequences. Pastor Lennox said, "No." Sabbath in a free country should not be a "problem"-it was mandated by God, and it should be employers and unions who should make reasonable accommodation.

It was the support of Alf Lennox for this case, when it came to decisions for Church funding, that carried the day. Even when we appealed and all three judges of the Court of Appeal decided against us, Pastor Lennox was staunchly in our corner to support an appeal on principle to the Supreme Court of Canada. This case now sets the law of Sabbath accommodation throughout Canada. It is almost certain that it would never have proceeded without Alf Lennox supporting it all the way.

There is yet another very notable contribution that Alf Lennox has made to religious freedom in Canada. He has supported communications and collegiality among the Adventist lawyers in Canada. He organized and attended their conferences. He introduced them to leading government decision-makers. He expanded the impact of Liberty magazine in the legal and judicial professions. And perhaps most importantly, he always encouraged the lawyers in their long and hard-fought battles to protect and enhance our freedoms. When he began his work, there were only three Adventist lawyers in all Canada. Now they are in virtually every province. The spirit of Pastor Lennox, now retired, is an abiding encouragement to their unity and faith in the perpetual struggle for true freedom.

For these reasons, he was a pioneer, as courageous and intrepid as any in our Church's outstanding history of protecting and expanding Religious Liberty.

*—written by Ken van Ochten
and Karen Scott-Hutton*

...Things Rebecca Taught Me

Timothy Dunfield

On October 3, 1995, my wife Jo-Anne gave birth to our second child, a little girl named Rebecca who was twelve days late. Being a full time student and having a full time job as well, I had to carry on with my program despite the fact that every day I was phoning home at least twenty times to see if she was in labour, and having a very hard time concentrating on my studies. Day after day as I was working at the dorm the kids would stream into my office with one question on their lips - "Has your wife had the baby yet?", and in all of my classes my fellow students asking me - "So, any signs yet?" To each of these questions I would have to answer that we were still waiting and getting ready for the big day whenever it would happen. We had been preparing for nine months for our little baby, and a few extra days were not going to discourage us, but as the days began to add up, even Jo and I were beginning to wonder if this baby was ever going to come or if she had decided to stay indefinitely where she was, leaving us wondering and waiting. We tried everything we could think of to get the baby to come; long drives to Edmonton, bike riding in the afternoons, playing badminton (that was a sight to see), and anything else that our friends suggested to us which would speed things up, all to no avail. Rebecca did not come until she was good and ready, but when she finally did make her grand appearance on the scene, Jo-Anne and I were ready for her and excited about the prospects of a new life in our family and a new beginning.

In the past several days (and nights) since Rebecca has been home, I have had time to reflect on the bigger picture, and how my daughter has made me realize what it means to be a Christian in the last days of earth's history. As a Christian I am preparing for Christ's return to this earth. He has said He is coming back, and all the

signs are there, it's just that He hasn't come as soon as expected. I would prefer Him to come back right now so that I could leave this world behind and enjoy a new and better life in heaven with Him, but so far that is not the case. I am still waiting, and He is still waiting. No matter what I do to try and speed things up, He will wait until He is ready, not until I think He is ready. And yet, even though His arrival is delayed, it doesn't mean that I give up on Him and decide that He isn't coming or that He isn't real. I didn't give up on my daughter. I knew she was in there, I had felt her kick me and I had seen her moving around, and I knew she was real. Just the same I know that Christ is real and that He is up there, because I have felt His power in my life and I have seen Him working in my life and the lives of my family and friends. So rather than forgetting Christ all together and doing my own thing, I will wait for Him because when He does come I will be ready and waiting. And just like those days when I was waiting for Rebecca to be born, I need to continue on with my life until Christ does come. It isn't time to run to the hills and hide in a cave, it's not time to stop witnessing to people about His soon coming, rather it seems to me that it is time to get out there with even more excitement and tell everyone that His coming is any day now.

When Rebecca was born, Jo-Anne and I and our son Kyle had a party because finally the realization of our dreams had happened, and we were experiencing the joy of what we had waited for. We weren't caught off guard, we were prepared and that preparation was rewarded. When Christ comes there is going to be the greatest party this world has ever known, but it's only for those who are prepared. Don't be caught off guard, the nine months are over, and He is overdue. Any day now the labour pains will begin.

They Have Come From Far and Near...

As the new school year is well-underway, we at Canadian Union College would like to welcome the 378 students that have decided to call CUC their educational home for the next eight months. Much like our great nation, CUC is a gathering place of many nationalities and peoples. They have come from all 10 provinces. They have come from the United States. They have come from places like Germany and Bermuda. Students of CUC, whether it be from far or near, we're glad you're here. May God bless each student, parent, church and constituency throughout this new school year. A breakdown of enrollment, by place of origin, is as follows:

Alberta:	179	Nova Scotia	11
BC:	61	Newfoundland	10
Saskatchewan:	19	PEI:	2
Manitoba:	4	NWT:	0
Ontario:	50	Yukon:	3
Quebec:	7	USA:	11
New Brunswick:	8	International:	13

Apply Now for Winter Term!

Monday, January 8, 1996 is Registration day for the Winter Semester. Apply now for all programs. Having classes, finances and employment in order BEFORE you arrive will allow you peace of mind. For more information call 1-800-661-8129 and ask for the College Relations Office.

Kingsway Hosts Acrofest '95

by Gary Dooks

"A new commandment I give unto you that you love one another. By this all men will know that you are my disciples". John 13:34.

Think of sports in the world today and you conjure up images of spoiled millionaires, in-your-face attitudes, fighting, and a win-at-all cost philosophy. Think of sports in the Seventh-day Adventist church and you think of the odd intramural game in a small gym with no score clock. What some people may not realize is that the Seventh-day Adventist Church is a world leader in the field of Acrosports, and it is leading the way in the spirit of John 13:34.

This was evidenced at the very recent Acrofest 95 held on the campus of Kingsway College from October 25-29. Acrofest is an event where gymnastic and acrosport teams from our academies and colleges across North America meet to develop their acrobatic skills and to fellowship and share in a spiritual setting. Kingsway is proud that we were chosen as the first institution outside of the United States to host the event.

The gymnasium was a buzz on Thursday morning when 450 gymnasts and coaches filled the A.E. King Fitness Complex to hear Elder Leclair Litchfield deliver the first of five thought-provoking messages on what "really" matters in our lives. Elder Litchfield set a spiritual tone through his unique and energetic presentations of the gospel that brought the gymnasts to a new level of understanding of the Saviour. At the close of the first worship the students embarked on two straight days of intensive training befitting an Olympic athlete. Eight stations or clinics were covered in all: Pitching (that's bodies, not balls/two clinics), Mixed Pair Acrostunts, Trampoline, Power Tumbling, Power Cheer leading, Creative Three Highs, and Juggling. Represented in the clinics were world and Canadian champion gymnasts and coaches as well as coaches from our own Adventist colleges and universities who have been recognized globally.

In the mind's eye of those who were a part of the event, the following snapshots were left as highlights: The clinics provided numerous "Kodak" moments; coaches and students sharing a late night worship or Bible study; the international flavour with teams from Puerto Rico, the United States, and Canada; the Friday night and Sabbath Services; Fred Matusik and the Great Lakes Academy Aerokhanas performing for 17,000 at the Toronto Raptor's half time show; the overwhelming support for the Puerto Rico Acro Sport Team; the national anthems, noise level and standing ovations at the Acrofest Extravaganza, eight Adventist recruiters from our N.A. colleges and universities working together to promote Adventist education; students from 19 different schools working together and encouraging one another. This brings us back to John 13:34.

How do we know that these students are using their God-given gymnastics abilities for the service of the Lord? It is by their

love. Testimonies were given in the Sabbath School hour as to the kinds of witnessing, outreach, and answers to prayer that many of these athletes have been able to realize. Things like answered prayers for funds so that they could be part of the V.O.P. outreach in the Philippines. Like teams taking on the responsibility of a week of prayer for other schools. Like opportunities to witness about the Sabbath at world competitions. These students not only "talk the talk" but they "walk the walk". This was made clear at the Saturday Night Acrofest Extravaganza when their testimony



Canadian Union College Acronaires



The Puerto Rican Team displays one of two spectacular 4-highs.

became reality in a way we too seldom see. In fact the spirit of cooperation and support for each other was so evident that it prompted one Christian lady in the audience to proclaim that she wants to become a Seventh-day Adventist.

A big thank you needs to go out to the following colleges and universities for realizing the potential of Acrofest and making it possible for Kingsway College to be a proud host: Atlantic Union College, Andrews University, Canadian Union College, Columbia Union College, La Sierra University, Loma Linda University, Pacific Union College, and Southern College.

Never underestimate the power and enthusiasm of youth. Those of us who witnessed Acrofest know that these students and coaches are more than just gymnasts, they are disciples.

Highlight Quotes:

"I have never seen such a spirit of cooperation exist between so many schools."

"The clinicians were top notch. They didn't just coach the elite athletes, they gave individual attention to one and all."

"I want to become an Adventist."

Schools Participating:

Andrews University
Chisholm Trail Academy
Great Lakes Academy
Mile High Academy
Puerto Rico
Sunnydale Academy
Wisconsin Academy
Blue Mountain Academy
Columbia Union College
Hinsdale Jr. Academy
Oakwood College
Southwestern College
Union College
Canadian Union College
Fletcher Academy
Kingsway College
Ozark Academy
Southwood Park
Wilson Jr. Academy



November, 1995

Hi, Kingsway Alumni, former students, faculty, staff and friends; This is to invite and encourage you to return to Kingsway on Sabbath, November 25 for a really great day and evening, at a really great place, with really great people!!

The day begins at 11:00 a.m. at the College Park Church for a very special Sabbath worship experience. Lots of singing and music and guest speaker, former faculty member Pastor Ralph Juriansz. An opportunity to be fed spiritually; and speaking of being fed we also want you to enjoy a scrumptious potluck at the College Park Elementary School following worship.

In the afternoon you can meet with friends and roam around the campus, take a tour, sit at some of your old "spots", stay in the elementary gym and just talk, it's up to you. And if you have children you can have them attend the kid's Sabbath afternoon adventure program so you can spend some time on your own.

Then enjoy a Sabbath Sundown Vespers in the chapel at the ladies' residence. Former students Sanjeev Sukumaran and Sharon Aka will present a mini concert. You will enjoy this!

Following Vespers the current Kingsway students invite you to have supper with them -on the house-before you head over to the A.E. King Fitness Complex. Eat well because you will need lots of energy for the events of the evening.

You can participate in the Men's or Women's Volleyball, Squash or Racquetball Tournaments with friends or teams or just cheer on your favourite stars. And after that excitement join in or fill the stands at the Iroquois Park Arena in Whitby for the Annual Student/Alumni Hockey Game. This classic should prove to be a thriller.

Look forward to seeing you there. Make your plans so you can "be a part of it"!!

Kingsway Alumni Executive

K.C. Alumni Fall Fest—November 25, 1995

11:00 a.m.	Worship Experience-College Park Church
1:00	Potluck Dinner-College Park Elementary School
3:00	Visit/Roam Time-Kid's Sabbath Adventure-Elementary School
4:30	Sundown Vespers-K.C. Chapel-Ladies' Residence
5:00	Supper-K.C. Cafeteria
6:00	Volleyball, Squash, Racquetball Tournaments-King Fitness Complex
10:00	Annual Student/Alumni Hockey Game-Iroquois Park Arena Whitby

For information contact: Alumni Office (905) 433-1144 Ext. 273

65th Anniversary Voice of Prophecy



First AWR "Silver Trumpet" Award Honors VOP Founder

Adventist World Radio recently paid tribute to the lifetime achievements and vision of Voice of Prophecy founder H.M.S. Richards Sr. with its first Silver Trumpet Award.

Kenneth J. Mittleider, retiring chairman of both the Adventist World Radio and Adventist Media Center Boards, presented the plaque to Mabel Richards during the August 23 meeting of the AMC Board. The engraved message recalls Richards' "splendid vision of the power of radio to complete the Gospel Commission."

An accompanying citation from General Conference president Robert S. Folkenberg declares, "His shining faith and deep commitment were, and continue to be, an inspiration to generations of Seventh-day Adventists. On behalf of the worldwide Church, we express our appreciation for his long and fruitful ministry."

This year marks the 65th anniversary of Richards' founding of the VOP.

Harold Reiner prefaced the award ceremony: "God prompted minds to invent and create the technology of radio. Then

He gave to the church and to the world H.M.S. Richards. He was a visionary for the worldwide preaching of the Message by radio. In his imagination, he pictured hands around the world, reaching out and touching radio buttons, twirling knobs and dials, and finding the sound of the trumpet proclaiming that Jesus is coming again."

Reiner made note of Richards' "dream of broadcasts especially for China" which "became the dream of other people and the church and finally became a reality. Unfortunately, he died before AWR-Asia went on the air, but his dream was fulfilled."

Mabel Richards accepted the engraved plaque from Kenneth Mittleider which pays tribute to her late husband's "splendid vision of the power of radio to complete the Gospel Commission." With her are sons Kenneth (left) and H.M.S. Richards Jr., both retired but still involved with the VOP broadcast, and Harold Reiner (right), whose service before retirement included positions at the General Conference and the Media Center.

Charles E. Weniger Award For Excellence Given to Del Delker

The 1995 Charles Elliott Weniger Award for Excellence was given to Del Delker during worship services at the Loma Linda University Church on August 19. Senior pastor William Loveless, a member of the committee that selects award recipients, made the presentation.

Charles E. Weniger was an educator, writer, preacher, administrator, and counselor whose name is synonymous with excellence. The Weniger Award honors persons whose life has also been committed to excellence.

A 1918 alumnus of Pacific Union College, Weniger taught there until 1947, except for four years at Washington Missionary College (now CUC). He joined the faculty of the Theological Seminary in 1947, later serving as dean, both in Washington, D.C., and at Andrews University. He died in 1964.

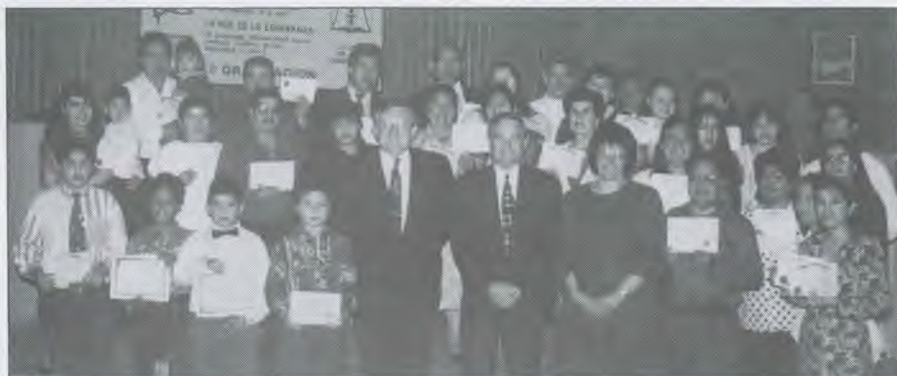
Del Delker joined the Voice of Prophecy team in 1947. Her rich contralto voice has inspired hundreds of thousands, and she continues to sing on the broadcast and in public meetings. Thanks to international phonetic characters, she has been able to sing in 15 languages of Europe, Asia, and Africa.

Del's name now joins that of H.M.S. Richards and other recipients on engraved plaques mounted with large Weniger Award display medallions that hang in the libraries of Andrews University and Pacific Union College.



William Loveless presented plaque to Del Delker.

What The Lord Is Doing At The Spanish Church



A small group from the 97 that received their diplomas and are from Calgary, Red Deer and Edmonton. In the centre, Elsa Schulz, director of the Correspondence School; Dr. Milton Peverini, the speaker of the Spanish Voice of Prophecy and Pastor Victor Schulz, speaker of the Radiography of Life radio program.

God has blessed in a remarkable way the Edmonton Spanish church during this year. A daily radio broadcast, "Radio-

graphy of Life" has become very popular. The Spanish Voice of Prophecy also is now on the air and a Bible Correspond-

ence School for all Canada was set up in Edmonton to serve the Hispanics.

In May, the church group moved to new facilities that are very adequate. August was celebration time with a graduation ceremony in which 97 Bible Correspondence diplomas were conferred. Dr. Milton Peverini, the speaker of the Spanish Voice of Prophecy came for the occasion. The following weekend a baptism took place with seven people being united with the church. With this addition, the church that started with 34 members a few years ago reached the 150 mark!

A spiritual retreat, in October at Foothills Camp, involved the whole church, but with emphasis on Youth. Todd Miller, the new Youth secretary of the Alberta Conference was the special speaker.

When Joseph Came Home

When Joseph Barron returned to Oakville, Ontario from Vancouver to visit his parents John and Linda Barron last January, he did not realize the chain of events which would follow. After an absence of two years one expected a long visit was indicated, but on sudden impulse he returned to visit a friend.

On arriving back in Vancouver his friend said: "Please come to church with me." He went and found himself giving out brochures for a Prophecy Seminar by Leo Schreven. He also was drawn to attend this event, which ultimately led to

his baptism in New Westminster, B.C. by Pastor David Ellis, March 4, 1995.

His mother Linda Barron in Oakville was amazed by the frequent phone calls she received from what had seemed a wayward son, and couldn't believe he had been baptized and joined an unfamiliar church. Wondering what her son was into now, she decided to investigate this strange religion, and was fortunate to live almost across from the Bronte S.D.A. Church, which she visited cautiously. The church, pastored by Jack Friesen was very friendly and she felt at home. Net 95 was in progress. She was impressed by what she heard and saw, and was baptized on March 25, 1995.

The family then heard that It Is Written was sponsoring a Prophecy Seminar by Leo Schreven, in Hamilton on April 26, 1995. When Joseph in Vancouver heard about it he phoned his father and said: "Dad, please go to just one meeting, and if you don't like it, don't go back." This resulted in his father and brother George attending; and in their baptisms on May 31, 1995 by Pastors Adam Bujak and Leroy Corkum. George now attends the Barrie church.

Linda Barron gave the tapes of the Prophecy Seminar to her mother-in-law, Viola Barron, in Britt, Ontario. Now she is planning to be baptized and joining the

Parry Sound S.D.A. Church. Her brother in-law is also studying for baptism.

Joseph flew in from Vancouver on July 14, 1995 and along with his parents attended the Hamilton Mountain S.D.A. Church, where they gave their story. We rejoice at how the Holy Spirit has wrought miracles in this family.

Lois Kaytor



John, Linda and Joseph Barron.



Hear Sharon in Concert

Christian singer/recording artist, Sharon Janes Foreman, will present an inspirational concert on Friday, November 24 at 7:00 p.m. in the College Park S.D.A. Church, 1164 King Street East, Oshawa, Ontario, L1H 1H9. The concert will feature some well-known favourites as well as selections from Sharon's recently released album, *We Have Won*.

Camp Meeting Celebrates Centennial Heritage

by David R. Streifling



Trudy J. Morgan (far left) author, accepts a standing ovation from the cast and audience at the play "Mrs. Pippy's Story".

From Monday, July 24 to Sabbath, July 30 Woody Acres Campground, Southwest Pond, was the setting for Newfoundland's 100th Anniversary Camp Meeting. The work of the Seventh-day Adventist Church in the Dominion of Newfoundland began in 1895. Mrs. Anna Pippy was the first baptized member, Elder S.J. Hersum the first pastor, and Elizabeth Milley the first church school teacher; the school being in the living room of Mrs. Pippy's home. This Camp Meeting was an occasion for special nostalgic recollection as friends and former Newfoundlanders gathered for fellowship and spiritual renewal.

Our theme "As He Has Led Us In The Past" was derived from Ellen White's statement "We have nothing to fear for the future except as He has led us in the past."

3TM 31. The Camp Meeting theme song, "I Know Whom I Have Believed" reflected this backward and forward look.

Special guests for the occasion included: Alfred McClure, President of the North American Division; Athal Tolhurst, Undersecretary, General Conference; Gerry Karst, Assistant to the General Conference President; Orville Parchment, President, SDA Church in Canada; Henry Feyerabend, It Is Written Associate Speaker; Clifford Patterson, Treasurer, ADRA Canada; George Dronen, Pacific Press Publishing Association; Steve Little, Canadian Union College; and Ralph Janes, Kingsway College. We were especially happy to welcome two former Newfoundland presidents, Ray A. Matthews and Gerry Karst.

Throughout the week there was some-

thing for everyone including special daily programs for children and youth. Thursday afternoon and evening were dedicated to social interaction—a whale watching tour in Bay Bulls and a special evening program "Newfoundland Time" featuring traditional Newfoundland culture and humour.

On Sabbath afternoon a play "Mrs. Pippy's Story", written by Trudy J. Morgan and directed by Kevin Noble told the story of those early years of Adventism in Newfoundland through the eyes of Mrs. Pippy, as she might tell it if she could come back and visit us today.

The accompanying photographs represent a few of the memories taken home by those who attended Camp Meeting 1995 at Woody Acres.



During "Newfoundland Time" Brent Fifield (right) sings "Trinity Cake" assisted by Trudy J. Morgan and Jennifer Morgan.



Mrs. Amy MacBay and Mr. John Janes, longest and oldest church members respectively, in attendance at the ceremony.



Youth Division with Mr. & Mrs. Steve Little and Peter Mackey.



Male Quartet-Elder Henry Feyerabend, Elder Alfred McClure, Elder Gerry Karst, Elder Athal Tolhurst.



Elder David Crook, Elder Orville Parchment and Clifford Patterson with the three top Ingatherers in Newfoundland-Mrs. Maggie Langdon, Botwood; Mrs. Olive Hunt, Corner Brook; and Mrs. Frances Butler, Botwood.



Athal Tolhurst telling the Mission Story during Sabbath School.



The 100th Anniversary Cake.

Women of Integrity

Under the capable leadership of Sharon Wasyliuk, the Okanagan Valley Women's Ministries Leaders sponsored the first annual Women's Weekend. The theme *Women of Integrity* brought together close to 500 women on September 15 and 16.

Academic scholar, Dr. Madeline Haldeman from La Sierra University was the guest speaker for the weekend. Weekend participants were fascinated by her depth of knowledge, her interpretation of scripture and her thought provoking ideas.

Dr. Haldeman discussed how women of the first century were oppressed, but shared that much of what Jesus did here on earth reaffirmed the worth of all women. As Women of Integrity we need to see oppression for what it is, we need to stand up to oppression and we need to empower women who are in oppressive situations to make changes in their lives. We cannot call ourselves Women of

Integrity if we do not take a stand for what is right, however painful that may be.

A Friday evening Agape supper, a Sabbath potluck and beautiful, beautiful music rounded out the weekend and made it special. An interactive evening by Dorothy Watts concluded our time together. We are already looking forward to our second annual Women's Weekend.

Jill Rhynard
Orchard City Church

Richmond Baptism



The last Sabbath of Camp Meeting at Hope, BC Niko Geneblaza, Shawna Takahashi, and Samuel Bona, were baptized by Pastor Tony DaCosta. These three young people gladly committed their lives to Jesus. May they be a witness as they serve in the Richmond Congregation.

Rutland Baptism

The individuals pictured below were baptized as a result of Net '95 evangelistic meetings held in the Kelowna Seventh-day Adventist Church. Left to right: Dean Paul, Anna Argueta, Nancy Argueta, Carlos Argueta (Pastor Allan Robertson) Nadia Gilbert, Bertrand Vaillencourt and Bill Walraven.



From Ph.D. to M.O.M.



Dr. Carole and husband, Don with Candice Marie Brousson Anderson.

This has been a memorable and exciting year for Don and Carole Anderson, associate pastor team at Vancouver Central church. After years of hitting the books, the hard work finally paid off for them when she was granted her Ph.D. by Andrews University, February 28 (we include husband Don because academic success is a family effort, demanding lots of patience and loving support from all the family).

Before the smiles and congratulations had faded, Candice Marie Brousson Anderson decided that Mom had enjoyed the limelight long enough and it was time for her to make an appearance, which she did on May 10. So Dr. Carole became Dr. Mom. Even Candice's totally unbiased Dad had to admit this was a beautiful young lady.

Our double congratulations to our Associate Pastor family. We look for big things from this threesome.



Madeline Haldeman and Jill Rhynard, Master of Ceremonies.



First Lady of BC Conference with one of the littlest ladies in attendance, Danielle Diminytsh.

Creationism Series Slated Again for Vancouver

With the recent crackdown on teaching of creationism in the BC science curriculum, Educational Minister, Art Charbonneau, has ruffled not just a few feathers. It has been a "hot issue" in the BC press. Not surprising is the broad public interest in a topic that never quite seems to go away. It appears that people from all walks of life are vitally interested in origins.

That was strikingly proven two years ago when Dr. Walter Veith held a unique evangelistic seminar in BC's Lower Mainland. A pre-series appearance on a popular radio talk show that answered call-in questions from the public, elevated interest in attendance at the opening meeting. Additionally, the distribution of over 200,000 handbills resulted in a capacity crowd at the 1260 seater Massey Auditorium, a crowd that kept returning night after night.

The creation v. evolution evangelistic series by university professor, Veith, marked the first in Canada of his presentations, which were rather controversial in that they were tackling the foundational theories of modern science.

As head of the Zoology Department of the University of the Western Cape, South Africa, Walter Veith's convincing presentations, from the first night on, left many seriously wondering if mainstream science has indeed overlooked some significant facts. With visual on-screen support, Veith led his audience to examine facts dealing with such issues as the geological column, the fossil record and biochemical origin.

Like so many others who have abandoned their one-time position as evolutionists, Veith's life was turned around through a series of unusual interventions of God. Converted from hardened atheism, he now uses his prominent university position to invite students to critically analyze the "cracks in the evolutionary facade" and fill or replace them with the acceptance of creation as an act of God and discovering that God is their personal Saviour.

As the series progressed, with an average attendance of 900 nightly, presentations evolved to the more traditional evangelistic topics on the everlasting gospel, the three angels' messages, Biblical prophecy and the teachings of

Jesus. It was vividly apparent that through the creationism topics to open the series, many "secular minded" came and were hearing the gospel who might never have otherwise attended. People's lives were changed and a number of baptisms resulted.

Because of the vibrant success in attracting a crowd with appeal to the secular-minded a group of laymen who encouraged this initiative in 1993, have formed the Amazing Discoveries Committee. Along with support from the BC Conference, this group is planning to sponsor Walter Veith again in Vancouver this coming January 5-27.

Once again a large crowd is expected this January at the Theatre of Burnaby South. Professionally produced video and audio tapes and printed lectures will be made available for order. Please contact: Amazing Discoveries, PO Box 189, 7101-C - 120th St., Delta, BC V4E 2A9 (604) 572-9457 or FAX (604) 599-9949. Anyone in Canada interested in booking Dr. Veith for a series during his 1997 Sabbatical year may also send such request to the above address. Please join us in prayer for God to use this January series to awaken people to God's last day message to the world.

Conference News Maritime

Student Baptized



Ryan Williams, a student of River Valley Adventist School and son of Kenneth and Sadie Williams, was baptized by Pastor Jun Ravelo on June 24, 1995, at the Zealand Seventh-day Church during a joint worship service of the Harvey, Fredericton, and Zealand churches. Ryan was received into the Fredericton church fellowship.

Church. Elder Robert Lehmann baptized Joseph. May the Lord continue to bless Joseph as he commences his first year at Canadian Union College

Fifth Annual Women's Retreat

The Fifth Annual Seventh-day Adventist Christian Women's Retreat was held the weekend of September 22-24, 1995, at Keddy's Motor Inn, Dartmouth, Nova Scotia. Seventy-four ladies from New Brunswick, Nova Scotia, and Prince Edward Island attended. This year the Seventh-day Adventist Church is celebrating the "Year of the Adventist Woman." We were delighted to have not one or two women giving presentations and seminars but ten! Each of the seminar presenters and speakers was a Director of Women's Ministry. They are as follows:

Elizabeth Sterndale
Junell Vance
Jean Parchment
Norma Sahlin
Cynthia Prime
Evelyn Glass
Betty Rayl
Yvette Chong
Evie VandeVere
Nola Horne

Each attendee was able to attend three of the five seminars, and all of the presentations.

Lerena Richards

Moncton Baptism



Joseph Azzopardi, son of Joe and Arlene Azzopardi of Riverview, New Brunswick, took his stand for the Lord in baptism on August 19, 1995, in a lovely vesper service at the Moncton Seventh-day Adventist

First Amazing Facts Lay Evangelist Seminar



Lay Evangelists' Seminar September 17, 1995, Camp Val d'Espoir, Québec.

Eighty people from across the province of Quebec, two from Ontario and one from Belgium participated in the "Amazing Facts Lay Evangelist Weekend Seminar" between September 15-17, 1995. This was organized and hosted by the Personal Ministries Department of the Quebec Conference at the Camp Val d'Espoir.

The participants learned how to preach the transforming power of God's love and

teach the bold, uncompromising truth of His Word. When Pastor Louis Torres, Amazing Facts Director of Training, made the final appeal, 44 committed themselves to conduct their own evangelistic series, 12 were eager to give Bible studies and the others to be involved in evangelism.

Following this seminar a "Lay Evangelist's Club" is being organized and a newsletter will be published as a means of communication.

Abitibi, A Small Group With A Big Impact



Pastor Jean Leclerc baptizes Léo Larammé in Abitibi.

The three angels message was heard in the Val d'Or community thanks to a crusade launched by the Abitibi company led by Pastor Jean Leclerc.

A series of 22 conferences entitled *Prophetic Discoveries* drew 20-25 people nightly from all faiths. Mr. Léo Larammé who was already a friend of the Abitibi

company was a regular and earnest attendant. On Sabbath, July 1st, he was baptized in a beautiful lake in St-Matthieu.

Now the Val d'Or Church is happy to welcome ten new interests thanks to that crusade. In addition, two weekly Revelation study groups have started in Val d'Or and in Malartic and new people keep coming in. Thank you Jesus for being with small companies of believers according to your promise.

Saskatoon Baptism



On August 19, Sabbath morning, Louise Redden was accepted into the Saskatoon Central Seventh-day Adventist Church on Profession of Faith; and her daughter, Charissa, was baptized, professing publicly their faith in Jesus Christ. Pastor Brian Hawes officiated.

Try It-You'll Like It

A "Meatless Taste-In" at the Swift Current mall was planned to make the community aware of the S.D.A. Church and its purpose in helping people of this area with improved health principles.

As we were setting up our station in the mall, a young man with a tape recorder stopped by. We thought it was the local reporter but it was a CBC newscaster. He was intensely interested in our food samples and set up an interview on CBC. Pastor & Mrs. Kempert were given time to answer questions about our church and about a meatless diet.

The local reporter never did show up but instead God provided province-wide coverage through this CBC interview. We heartily recommend that others try this exciting outreach in their communities.

Mountain-Andrews Baptism



June 24, 1995 was a special day for Margret Kehler, Shelby Lykianchuk, and Norman Ciaslko as they became part of the Mountain-Andrews SDA Church. They were baptized by Pastor John Wesley.



On August 5, 1995 John and Maren Lenard dedicated their lives to God through baptism. They were baptized by Pastor John Wesley in the Mountain-Andrews SDA Church.

Missing Member

The Iron Bridge S.D.A. Church is looking for Roger Cain. Anyone having information regarding this individual please contact Shirley Brock at 705-843-2398. Thank You.

Health-Wise by Raymond O. West, M.D.

Anxiety-Prologue to Death

No one yet has ever enjoyed being told "it's all in your head" when he complained of symptoms that suggested illness. Fewer yet have wanted to hear "it's only your nerves." Nonetheless, in recent years stress has become a popular expression, and anxiety seems to be "in." Anxiety episodes, panic attacks—finally we common people seem able to believe that environmental stresses can indeed make us feel ill even when the body is anatomically and physiologically correct.

It's not new; it's just that it is now popular. Nothing's changed except the words. No, I don't like to be told it's all in my head, but I don't seem to mind being told that "your headaches and fatigue are caused by anxiety."

Well, so much for the change in words. But is it really true? Can anxiety make us ill? Indeed, even more than that, anxiety can destroy life itself.

Since 1961 there has been an ongoing study in that venerable city of Boston. For 32 years over 2,000 men have been investigated to determine what effect (if any) anxiety might have on one's health and longevity. Way back at the baseline screening, the men were asked to answer some straightforward questions—questions designed to rate whether they were anxious, stress-filled individuals, or quiet, relaxed, and placid.

These were the questions:

1. Do strange people or places make you afraid?
2. Are you constantly keyed up and jittery?
3. Do you often become suddenly scared for no good reason?
4. Do you often break out in a cold sweat?

Notice the trend; from simply being fearful on up to actually having bodily symptoms like breaking out in a cold sweat.



Now, what of the study, its results? Read on and be impressed. Those men who conceded to two (or more) of these anxiety symptoms were almost twice as likely to die of a fatal heart attack. And it gets worse! These same anxious men were four and one-half times as likely to die of sudden death as their fellow citizens who claimed no anxiety symptoms.

So in the case of anxiety, it's not all "in the head"; it's in the heart as well. This study forges a definite link, a tie between the heart and the head. Yes, "nerves can cause swerves in the highways of health."

So what's the liberator? Have we no antidote for anxiety? What about medicines—the tranquilizers, sedatives and soporifics? Sure, they can help—a preventive arm for support over some rough spots. But they're temporary only; not the long-term answer. How can we cure anxiety? Ultimately, there's only one answer. True believers have found it. Seek it in ancient Hebrew literature. Translated, it goes something like this: "Thou wilt keep him in perfect peace, whose mind is stayed on thee." We neglect communion with our Creator at our peril. The best tranquilizer is trust.

BULLETIN BOARD

Nigel A. Buxton

1909-1995

Dr. Nigel Buxton was born in London, England on January 28, 1909.

Nigel obtained his college and medical degrees in England. He attended Trinity College obtaining his Bachelor of Arts degree in 1931, and his medical degree from the University of Cambridge in 1937. During World War II he served as captain in the British Medical Corp located in India. It was during this period that he became acquainted with Pastor Collette at Spicer College and on February 10, 1945 he was baptized into Christ and the Seventh-day Adventist Church while still in India.

He was released from the army and returned to England. There he offered his services to the church, and a year later returned to India as a missionary.

He met Elmira Richli who was from the United States attending language school, Vincent Hill Academy at Landour in the Himalayan mountains. Elmira had received her medical training in California. They were both assigned to Surat Mission Hospital where Nigel took up the duties of director. Two years later they were married, March 23 1948. Two sons David Edson and John Arthur and one girl, Louise Elizabeth were born to this union.

With a one year furlough in between they served the needs of the Ranchi Mission Hospital

until 1962 at which time they decided to immigrate to Canada and under the influence of Dr. Irwin Horsley they joined the staff of the Branson Hospital.

After 27 years of service at the Branson returned to South River, Ontario. In February, 1995 he suffered a stroke from which he never recovered. He slipped peacefully to rest on June 15, 1995 to await the Lifegiver's return.

He was a friend to all and will be missed by all who knew him. The funeral service was conducted by Pastor Dennis Heintz, assisted by Pastor Piper. Interment was at Bow's Cemetery, South River, Ontario.

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(9, 11, 1, 2)

BIRTHS

'95 FORD arrives! Brian and Penny Ford (nee Allen) were delighted and relieved at the arrival of their daughter, MacKenzie Elaine, who was born May 24, 1995 in Oshawa, Ontario.

GRAHAM-Alan and Patti (nee Melanson) welcomed their daughter, Emma Beth, on August 6, 1995, at Moncton, New Brunswick.

JESKE-Daniel and Rhondalee are proud to announce the birth of their first child-a daughter, Kayla Robin, on September 21, 1995, at Slave Lake, Alberta.

LAMBERT-Randle and Arlene (Bannister) welcomed the arrival of Kyle Arthur, born on June 19, 1995 in Juneau, Alaska, now residing in Moscow, Idaho.

MARCHUK-Randy and Norma (nee Ens) are pleased to announce the birth of a daughter, Cassandra Marion, born on August 15, 1995 in Calgary, Alberta.

MOFFITT-Richard and Deanna (nee Embleton) are pleased to announce the birth of their son, Benjamin Richard, on August 26, 1995, at Fredericton, New Brunswick.

PALINKA-Born to Archie and Sandra (Curtis) a daughter, Bethany Arden, on May 25, 1995.

PAUL-Don and Michaelynn (nee Bazzy) are pleased to announce the birth of their twin sons, Zachrey Kirk and Ryan Elliot, September 26, 1995, Beaver Creek, Oregon.

PINSCH-Born to Dianne and John Pinsch of Grande Prairie, Alberta, a daughter, Allison Rose, on May 9, 1995.

ANNIVERSARIES

50th WEDDING ANNIVERSARY



KEN AND ALICE CARLEY

Ken Carley first met Alice Galey at Saskatoon in 1943. October 17, 1945, they were married and set up their first farm home near Kindersley, Saskatchewan. They retired in Battleford in 1981.

On August 6, 1995, the family and friends of Ken and Alice gathered at the farm of their daughter and son-in-law, Lorraine and Bill Geates, to honour their 50 years together. Their five children, Wayne, Lorraine (Bill), Glen

(Pat), Keith (Barb), and Milton (Cheryl), were all present, together with thirteen grandchildren and two great-grandchildren, to celebrate this joyful occasion.

Ken and Aliooce wish to thank their Church family and many friends for the love and support shown to them over the years. We are thankful for the positive Christian influence of Ken and Alice and wish them many more happy years together.

60TH WEDDING ANNIVERSARY



HARRY AND MILDRED SAMOGRAD

The wedding of Harry and Mildred took place at the Myrnam S.D.A. Church on September 1, 1935, and was performed by Elder Ruminson. The Samograds farmed in Myrnam and Innisfree districts and then moved to Edmonton in 1958. Harry was in the trucking business in Edmonton and he still farms at Innisfree. Mildred has been a homemaker and seamstress. Both Harry and Mildred are life long Seventh-day Adventists.

They have two daughters, Viola (Warren) Luchene of Vancouver and Dianne (George) Hedgecock of Edmonton, and four grandchildren.

Their secret to a long and happy married life has been to do everything together and to stay active. Harry and Mildred were honored by the S.D.A. church family of Edmonton Central on September 9, 1995.

GOLDEN WEDDING



LOU AND JANE GOBITS

Lou and Jane met 57 years ago in Amsterdam (Holland).

During the war years they were separated for a couple of years, but found each other again in 1944. They were married September 5, 1945. They came to Canada in 1958 with six children and had three more. At present they have 21 grandchildren.

An open-house was planned by their children and many of their friends and church family bestowed their love and good wishes on this special occasion.

Lou and Jane are members of the Sarnia Church.

BULLETIN BOARD

WEDDINGS

BENNETT - BREWER

On September 23, 1995, Lisa Denise Brewer, daughter of Carroll and Betty Brewer of Zealand, New Brunswick, and Martin (Marty) Gerard Bennett, son of Martin and Maisie Bennett of Deer Lake, Newfoundland, were united in marriage by Pastor Jun Ravelo. Marty and Lisa have made their home in Zealand.

GANSON - FRY

Tracy Fry and Clayton Ganson were united in marriage September 10, 1995 in Edmonton, Alberta. The wedding service took place at the Hotel MacDonald in Edmonton and was performed by Pastor Don Corkum, President of the Alberta Conference.

Clayton is the son of Dr. & Mrs. Reo Ganson of Washington, D.C. and Tracy is the daughter of Terry and Jodi Fry of Edmonton.

The Gansons are setting up their home in Edmonton where Clayton has resumed his engineering studies at the U of A. Tracy is employed by Wilmar Windows.

KNUTSON - TARANGLE

On September 2, 1995 Wanda Mernelle Tarangle and Kevin Knutson were united in marriage in the United Church in Mannville, Alberta. The wedding was attended by many family members and friends. Wanda is the daughter of Tim and Myrna Tarangle of Edmonton and Kevin is the son of Mrs. Pearl Knutson of Mannville. Wanda and Kevin will make their home in Calgary, Alberta.

OAKLEY - MARTIN

Dawn Martin and Eric Oakley were united in marriage on 18 June 1995. This beautiful afternoon ceremony was held in the Camarillo Seventh-day Adventist Church, California. Dawn is the daughter of Ron and Darlene Martin who live in Ojai, California. Eric is the son of Edwin and Shirley Oakley from Victoria, British Columbia. The happy couple are currently living in Rochester, New York. Eric is pursuing a dental specialty in periodontics and Dawn is working as a nutrition specialist.

WALL - CAMPBELL

Darcy John Wall, son of Mr. & Mrs. John Wall of Jaffray, B.C. and Jennifer Campbell were married on August 5, 1995 in the Vanderhoof S.D.A. Church. Jennifer's parents are Mr. & Mrs. Rick Campbell of Clucuz Lake, B.C. The newlyweds are also making their home in Clucuz Lake.

OBITUARIES

BECKETT-Daisy Mary and her husband, Thomas, came to Victoria from Saskatchewan in 1947. Predeceased by her husband by several years, Daisy moved into an apartment block where Mr. and Mrs. Ed Mobey, invited her to have Bible studies. She joined the local Adventist church three years later.

As Daisy's health deteriorated, she became confined to a nursing home until she passed away on September 8, 1995.

A memorial service was conducted by Pastor Don Stoyanowski on September 14 at the Victoria Seventh-day Adventist Church.

Mrs. Beckett's three children and families attended the service. Left to mourn their loss also, are six grandchildren and three great-grandchildren.

DOWN-Elsie Lynn was born March 27, 1954 in Samia Ontario. She passed away in St. Joseph's Hospital, Chatham on September 15, 1995.

She is survived by her parents, Orville and Sheila Down; her sisters, Joyce Whitty and Alison Woodward; and by one brother, Kenneth.

A memorial service was held in the Chapel at Southwestern Regional Centre. Chaplain Gloria Joshua, assisted by Pastor Steve Villeneuve and Chaplain Doupe, conducted the service.

KURTZ-Sheila M. Kurtz was born November 23, 1938 and died September 17, 1995 after a painful battle with cancer. She served faithfully as a pastor's wife for 23 years. She worked at the Hinsdale Hospital in Hinsdale, Illinois from 1980-1990. Her quiet unassuming faithful Christian life touched the lives of all who knew her.

Memorial services were conducted by Elder Mark Finley at the Kane Funeral Home in Willowdale, Ontario, Canada. Graveside services were held at Mt. Hope Cemetery in College Place, Washington. She leaves, to mourn her death, her husband Elder Alvin L. Kurtz of the Willowdale S.D.A. Church, her son Dale Kurtz of New York City, and her daughter Colleen Reim of Insc, Scotland.

MILLER-Lawrence Roscoe was born October 20, 1905 at Sciata, Illinois and died on September 10, 1995 at Red Deer, Alberta. He lived in Tugaskie, Saskatchewan and Kelowna, B.C. where he joined the S.D.A. Church.

He married Lena Mae Moulton on December 17, 1931 and to this union three children were born. Lena passed to her rest after a short illness. In 1951 Lawrence married Annie Werk. They had two daughters. Lawrence was employed at Branson Hospital in Ontario and at Sunnyside Nursing Home in Saskatoon.

His survivors include his wife Annie; four daughters, Shirley Tetz, Elaine Padella, Carol Von Gunten and Jenna Spent; nine grandchildren, four great grandchildren and a host of relatives and friends.

Lawrence rests in Fairview Cemetery. Bill Spangler, Stan Gallant and Ian Cotton officiated.

NICKERSON-Donald Hartley Fletcher was born in Brass Hill, Nova Scotia, on July 4, 1918, and passed to his rest in Barrington on September 17, 1995. Don was a public school teacher from 1952 until his retirement in 1981. He was a member of the Oak Park Church, and was very supportive of the REACH International program for underprivileged children.

Don is survived by his wife, Ruth; son, Roger; granddaughter, Rhonda; and one brother. The funeral service was conducted by Pastor Caleb assisted by Jack LeBlanc and interment was at Riverdale Cemetery.

SAYLER-Melvin was born on September 29, 1926 and passed to his rest on August 1, 1995.

He will be greatly missed by his loving wife Kate (Misik); three children: Allen, Wayne and Elaine; eleven grandchildren as well as many dear friends.

The funeral service was held at the Beauvallon S.D.A. Church with Pastors Les Saylor and Roy Jamieson officiating. Melvin awaits the call of Jesus at the Pobida Cemetery at Beauvallon.

SMITH-John Curtis was born in Port Aux Basque, Newfoundland, on April 8, 1906, and passed away at his home in New Glasgow, Nova Scotia, on September 21, 1995. John worked at the George Street Market for 43 years. John is survived by his loving wife, Ruth; two daughters, Pearl LeBlanc and Heather Harrington; eight grandchildren, and six great-grandchildren. His funeral service was conducted by Pastor Roger Couty in the New Glasgow SDA Church and he was laid to rest in the Abercrombie Cemetery.

TETZ-Blanche Isabel (Palmer) born July 24, 1901, in Selby, South Dakota, died August 9, 1995 in Lacombe, Alberta. She married Albert Tetz July 11, 1922. He predeceased her in 1994. Blanche is survived by three sons: Wilford, Emmett, and Bob; two daughters: Alberta Martin and Lou Ann Mandzui; 17 grandchildren and 19 great-grandchildren and one sister.

Services were held in the Seventh-day Adventist Church, College Heights, Alberta on August 14, 1995.

TOOP-Grace Toop was born May 4, 1918, in Toronto, Ontario, and passed away September 14, 1995, in Amprior, Ontario. She was an active member of the Carleton Place SDA Church, and loved her volunteer work with the Hospital Auxiliary.

She leaves to mourn her husband Harry,

and five daughters: Judy Toop, Janet Kindopp, Cheryl Theodoru, Cathy Kositsin, and Debbie Ivany. She will also be sadly missed by her brother, Sam MacEachern, her six grandsons and one granddaughter, and a host of family and friends.

Funeral services were held September 18, 1995, at the Carleton Place SDA Church, with Pastor Manuel Silva officiating, assisted by Pastor David Toop. She was laid to rest in the Auld Kirk Cemetery.

WHITEHEAD-Wilfred Arthur Whitehead was born in Victoria, B.C. on April 14, 1910, and passed away at his home on September 24, 1995. Funeral services were conducted by Pastor Leslie Neal at Parkland Funeral Home in Stony Plain. Wilfred awaits the Master's trumpet call at the Onoway Community Cemetery.

Left to mourn are his wife, Mary; three sons; Ray, Clancy and Larry; nine grandchildren, six great grandchildren, and one brother, Arvid.

YATES-Alice Emily was born on March 7, 1909 in Birmingham, England. She died in Kamloops, B.C. on August 27, 1995. Alice married Emil Brunsgaard on September, 1930. She became a charter member of the Kamloops Seventh-day Adventist Church on February 10, 1968, having been baptized a few years prior to that date.

Left to mourn her death are four daughters and two sons as well as grandchildren and great-grandchildren.

A memorial service for Alice was held on Thursday, August 31 in the Kamloops Seventh-day Adventist Church conducted by Pastor Steve Yaceyko and assisted by

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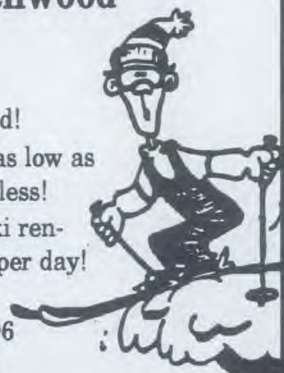
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