

The Welcome Visitor.

"Then they that feared the Lord spake often one to another."

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The Welcome Visitor

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THE FORWARD MOVEMENT

A Revival of the Study and Practical Application of the
Physical Side of Spiritual Truth in its Relation to the
Second Advent of Our Lord.

"PREPARE YE THE WAY OF THE LORD."

THE TWILIGHT BELL OF THE ANGELS.

There has come to my mind a legend,
A thing I had half forgot,
And whether I had read it or dreamt
it,

Ah, well, it matters not!
It is said that in heaven, at twilight,
A great bell softly swings,
And man may listen and hearken
To the wondrous music that rings
If he puts from his heart's inner
chamber,

All the passion, pain and strife,
Headache and weary longing
That throb in the pulse of life,
If he thrust from his soul all hatred,
All thoughts of wicked things
He can hear in the holy twilight
How the bell of the angels rings.
And I think there lies in this legend,

If we open our eyes to see,
Somewhat of an inner meaning,
My friend, to you and me.
Let us look into our hearts and ques-
tion,

Can pure thoughts enter in
To a soul if it be already
The dwelling of thoughts of sin?
So, then, let us ponder a little,
Let us look in our hearts and see
If the twilight bell of the angels
Could ring for us—you and me.

—Anon.



"Cast thy burden upon the Lord,
and He will sustain thee"—burden
and all. "Thee" is the greatest bur-
den that thou hast! All other bur-
dens are but slight, but this is a
crushing burden. But when we come
to the Lord with our burden, He just
lifts up His child, burden and all,
and bears him all the way home.

THE LAW AND THE GOSPEL OF HEALTH.

The realm of law is dominion
compulsion, condemnation. The
realm of the gospel is promise, priv-
ilege, grace. The law is for the law-
less, disobedient. The gospel extends
its blessings to the willing and obedi-
ent. We are to preach the gospel.
That is God's plan for bringing peo-
ple into harmony with the law. The
law says, mostly, "Thou shalt," or
"Thou shalt not." The gospel says,
"Thou mayest, and I will keep thee."
The law is extended to the sinner.
It commands and condemns him.
The gospel wins its way to the sin-
ner's heart, and taking the law with
it, writes it upon the mind.

In this is a lesson on teaching
health principles. Too often the
people are held in a sort of terror-
stricken condition while the "thou
shalt not's" thunder about their
ears, and the vivid lightings of dire
consequences flash about them, and
the dreadful smoke of final extermin-
ation rolls up before the vision.
The people see, and realize it all,
and either stoically resolve to ac-
cept the consequences whatever they
may be, or helplessly ask, "What
shall we eat, then?" It seems to
them that the prohibitions cover the
entire dietetic field and no avenue of
escape is left. Too often the people
are left at this point. Perhaps they
have left their former affinities. Now
what? Well, that does not appear.
They have heard the law; but where
is the gospel?

Would it not be better to begin
with the gospel. Before the Lord
mentioned any prohibitions He plac-
ed before mankind what might and
should be eaten. He created the

beautiful fruits, and pointed to them
in their luscious sweetness. He cre-
ated the grains filled with the ele-
ments of strength and life. He
loaded trees with nuts rich with vi-
tality and then He told His children
that these were before them. He
added His benediction, and pro-
nounced them all "very good." Peo-
ple only need to be taught how good
they really are in order to accept
them now.

What the world needs is an educa-
tion in the privileges and blessings
of good living. The privilege of
adopting a good thing is far more
attractive than the duty of dropping
a bad thing to which people have be-
come attached. But the adoption
of right habits of living carries with
it necessarily the discontinuance of
wrong habits. The better way wins
the heart by a gentle conquest, pow-
erful and complete. And then, evil
must flee as before a whip of small
cords.

The mission of Christ was not to
condemn the world, but to bring life
and light. So let us be more anxious
to present the beauty and desirabil-
ity of God's plan, the fullness of
His grace and promises, and His
spirit will work a transformation
that will form a permanent basis for
every good work of reform.

G. C. TENNEY.



BRIEFS.

"Thy word is truth."

"I will sing unto the Lord as long
as I live; I will sing praise to my
God while I have my being."

"My meditation of Him shall be
sweet; I will be glad in the Lord."

"Oh that men would praise the
Lord for His goodness, and for His
wonderful works to the children of
men."

"The Lord is good to all, and His
tender mercies are over all His
works."



Our Canvassers.

Lore City, Ohio.

We moved from Cambridge to this place. There are two churches here and we have the confidence of the leading members of each. We hope to be able to sell many books in this place. I have had such a grand experience in meeting the people Christ's Object Lessons is surely the books for our times. As I showed the book to one lady she said, "O, that is the very work I have been looking for, for years." She then told me that she had many books stored away, but said, "That book is worthy of a place on my stand with my Bible." I wish I had the time to tell the good experience that I have had since coming here. Surely God is good and greatly to be praised, for He has answered our prayers and answered speedily. May we all put on the whole armor of God and let Him use us to hasten the day when we shall sing forever, the song of triumph over sin and the grave.

C. T. REDFIELD.

Lore City, Ohio.

We find this a splendid field in which to work. The Lord is good. He is leading. My courage is good in the Lord's work. My desire is to remain humble at the foot of the cross where He can use me. The ministers are giving us recommendations for our books. Below is one of the recommendations that we have received:

F. H. HENDERSON.

Lore City, O., March 28, 1902.

I have examined the book entitled "Christ's Object Lessons," and find it to be a work that is thorough as well as comprehensive. The author understands the mission of the gospel and the obstacles which hinder its progress. The style is forcible and clear. I like its simplicity and plainness of language, and would recommend it, especially to the young.

REV. J. F. CASH.

CANVASSERS' REPORT.

C. T. Redfield—Orders, 13 Object Lessons, 6 Steps to Christ. Cash sales, 3 Object Lessons, 2 Steps to

Christ. Deliveries, 3 Object Lessons, 1 Steps to Christ. Total value, \$28.25.

F. E. Wagner—Orders, 5 Coming King, 2 Object Lessons, 1 Bible. Value, \$12.50.

Deliveries, 3 Coming King, 1 Marvel of Nations, 1 Help. Value, \$4.50.

C. L. Wilson—Orders, 50 Coming King. Value, \$50. Value of helps, \$1.75. Total, \$51.75.

E. E. Nothstine—Deliveries, 1 Coming King, 1 Thoughts on Dan. and Rev., 4 Best Stories. Value, \$5.25.

M. C. Kirkendall—Orders, 16 Object Lessons, 25 Helps. Value, \$35.

Mr. and Mrs. Geo. W. Spies—Orders, 14 Gospel Primer, 22 Coming King, 5 All Sorts. Value, \$29.25.

Gurnie K. Young—Orders, 7 Object Lessons, 6 Coming King. Value, \$12.75.

J. O. Young—Orders, 6 Object Lessons. Value, \$7.50.

Mrs. Cynthia Bush—Orders, 15 Object Lessons. Value, \$18.75. Deliveries, 5 Object Lessons, 2 Steps to Christ. Value, \$7.25. Sold 20 Good Health and gave 5 Bible Readings.

John P. Gaede—Orders, 6 Object Lessons, 1 Steps to Christ, 1 Best Stories. Value, \$8.50.

E. S. Opdyke—Orders, 1 Best Stories, 2 Ladies' Guide, 1 Home Hand Book, 2 Subscriptions for Good Health. Value, \$10.75.

F. H. Henderson—Orders, 25 Object Lessons, 2 Steps to Christ, 2 Gospel Primer, 3 Coming King, 1 Bible. Value, \$37.



At the Lake Union Conference held in Chicago, Ill., March 27 to April 3, it was a unanimous vote by the delegates assembled, that they would put forth every possible effort to sell the L. U. C.'s quota of Object Lessons by June 1.

Elders W. H. Wakeham, A. G. Haughey, A. C. Shannon, R. R. Kennedy, M. S. Babcock, D. E. Lindsey, Brethren G. P. Gaede, N. S. Miller, Thomas Thornton, James McBaine and Prof. J. W. Loughhead were all delegates to the L. U. C. Elder H. Burkholder was a delegate, but did not get to attend. Elder R. A. Boardman was not able to attend.



Tidings From the Field.

William Center, O., April 3, 1902.

This is a small town in the midst of a good farming country. There are two churches here. I came here one week ago to assist Brother W. W. Miller in meeting, which had been in progress about two weeks. The weather had been fine and the attendance good. Although of late the nights have been dark with cold stormy winds, yet the interest is still good and extending for miles around. The churches have been visited. The Methodists loaned us their song books. The young people of the place attend and assist in the singing. The ministers of the place have been out to hear one or more discourses on the Sabbath question. Last night we spoke on the "Seal of the Living God." Two ministers were present. One of them and the justice of the peace came from the county seat, which is five miles from this place. They remained standing for more than one hour after the close of the meeting, while the Lord gave great freedom to His servants to draw from the divine word, complete answers to every objection or criticism brought against God's holy law and His Sabbath. Truly the Lord is a present help in every time of need.

J. G. WOOD.

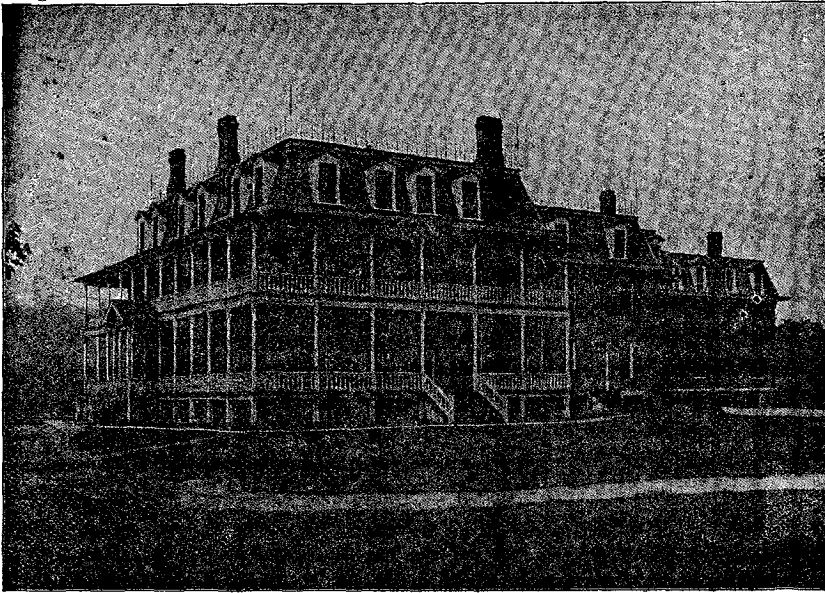
567 Dunlap St., Memphis, Tenn.

I wish to thank the kind friends for the papers they have sent to me. I received a good many, but I have used the most of them and could use many more. The Lord is working here and we have the promise that an army of believers shall be raised up. Satan knows this and does not lose an opportunity to work. We have organized a Bible school to prepare workers so that the message may be given quickly. We are preparing for an energetic work to be carried forward to warn the city. May the Lord raise up workers for this and other needy fields.

JESSIE B. MAYBERRY.



"Let love be without dissimulation."



MT. VERNON ACADEMY.

THE YOUNG PEOPLES' WORK AT THE ACADEMY.

Surely the Welcome Visitor readers, and especially the young people who have an organization in their home churches, would like to learn about our work here at school. If we would report more often and others would do the same, the Visitor would be more welcome to many a subscriber. The work among the young women and the young men is divided—not in aim and sentiment, but in time and place of meeting. Sabbath afternoon is the most convenient, and we find a blessing in spending sacred time in fitting our hearts and minds for the work of the Lord. The young men meet in No. 3 class-room, and the time is occupied, by those who will, in presenting points of doctrine and helpful truths from the word of God. The young women meet in their parlor later, and the Lord blesses them in singing and giving Bible readings and talks on subjects that are present truth for this time. Every third week we meet together in the chapel. The last union meeting we held was Sabbath, March 28th. Many visitors were present and that was a great encouragement. When the whole church is interested in Young Peoples' work, then it will succeed. The meeting was opened with a stirring song and an earnest prayer. Then a quartet sang a beautiful selection. This was followed by a Bible reading given by

Miss Wells, subject, "The Manifestations of the Spirit." It was shown that the gift of prophecy is important and may be called "the eye of the church," and yet what can the eye do without the other members? Everyone has a gift to "profit withal," and each gift is a manifestation of the Spirit. O let us use them to honor God, and profit thereby! The Spirit of Prophecy is a stumbling block to many in these days of fraud and deceit; and it behooves us to be able to give a reason why the true church should have an eye. The quartet sung another song, and the remainder of the time was occupied by Mr. Fisher, who related anew the wonderful story of redemption. Our hearts "burn within us" as these precious gems of truth are displayed before us. Those at the head of the work are looking to our schools for trained workers to place in all branches of the work and in every field. We as young people have higher opportunities placed before us now than any generation has ever had. We are to be the immediate heralds of the most glorious advent of the greatest Monarch the world has even seen. What a privilege! Let us lay hold with a strong hand and give the trumpet a definite sound of victory and joy. In a few weeks we will report again, telling more about our work and blessings especially with reference to the missionary, prayer and children's meetings.

ROBERT B. THURBER.

IMPORTANCE OF COOKERY.

Some are called to what are looked upon as humble duties—it may be, to cook. But the science of cooking is not a small matter. The skillful preparation of food is one of the most essential arts, standing above music, teaching, or dressmaking. By this I do not mean to discount music, teaching, or dressmaking, for they are essential. But more important still is the art of preparing food so that it is both healthful and appetizing. This art should be regarded as the most valuable of all arts, because it is so closely connected with life. It should receive more attention; for in order to make good blood, the system requires good food. The lack of knowledge regarding healthful cookery must be remedied before health reform is a success. Good cooks are few. Many, many mothers need to take lessons in cooking, that they may set before the family well-prepared, neatly served food. Before the children take lessons on the organ or the piano they should be given lessons in cooking. The work of learning to cook need not exclude music, but to learn music is of less importance than to learn how to prepare food that is wholesome and appetizing. Connected with our sanitariums and schools there should be cooking schools, where instruction is given on the proper preparation of food. In all our schools there should be those who are fitted to educate the students, both men and women, in the art of cooking. Women especially should learn how to cook. It is a sin to place poorly prepared food on the table, because the matter of eating concerns the well-being of the entire system. The Lord desires His people to appreciate the necessity of having food prepared in such a way that it will not make sour stomachs, and in consequence sour tempers. Let us remember there is practical religion in a loaf of good bread. Let not the work of cooking be looked upon as a sort of slavery. What would become of those in our world if all who are engaged in cooking should give up their work with the flimsy excuse that it is not sufficiently dignified? Cooking may be regarded as less desirable than other lines of work, but in reality it is a science above all oth-

er sciences. Thus God regards the preparation of healthful food. He places a high estimate on those who do faithful service in preparing wholesome, palatable food. The one who understands the art of properly preparing food, and who uses this knowledge, is worthy of higher commendation than those engaged in any other line of work. This talent should be regarded as equal in value to ten talents; for its right use has much to do with keeping the human organism in health. Because so inseparably connected with life and health, it is the most valuable of all gifts.

—Mrs. E. G. White, taken from exchange.

TITHE REPORT.

Tithe report for month ending March 31st, 1902:

Akron	\$ 5.15
Alliance	15.33
Bowling Green	22.00
Bellville	9.55
Bellefontaine	18.00
Canton	19.26
Chagrin Falls	8.62
Columbus	43.45
Clyde	12.45
Conneaut	7.26
Cleveland	146.94
Camden	3.10
Dayton	37.23
Dunkirk	5.48
Dukirk	5.48
Elgin	8.74
Greenspring	9.00
Gilboa	12.65
Grand River	20.00
Geneva	4.13
Hill Grove	23.93
Kenton	10.00
Killbuck	2.00
La Grange	23.09
Locust Point	5.70
Mt. Vernon	85.07
Meigs	3.40
Newark	67.04
Olivette	12.45
Springfield	29.06
Toledo	8.99
Isolated Sabbath-keepers	242.18
Total	\$977.09

BESSIE E. RUSSELL,
Treasurer.

Asleep in Jesus.

Leslie Guy, son of Albert L. and Altha E. Gibson, died at Clarksfield, O., March 28, 1902, aged 3 years, 10 months and 26 days. Little Leslie was ill for several weeks, but was a patient sufferer. Although young in years he loved to hear and talk of Jesus. We laid him away to rest with the confidence that the Lord will bring him from the land of the enemy.

In his innocence and beauty
He is resting; do not weep.
Tho' but brief his life and joyous
He was tired and fell asleep.
Sweetly sleeping, sweetly sleeping.
Saved from evil and care and strife
Shut away from all temptation;
Hid from all the snares of life.

Words of comfort were spoken by the writer.

KENNETH R. HAUGHEY.

Brother George L. Grover died in Willoughby, O., March 22, 1902, aged 24 years. He leaves a wife, one child, father, mother and two brothers. At his request the writer visited him last January, at which time he accepted present truth as far as he understood. He had been a member of the Disciple church for some years and was loved by all. Funeral services were conducted by Elder Cook (Disciple) and the writer. A large number of relatives and friends were present.

C. C. WEBSTER.

HOW TO THINK THOUGHTS.

One of the most common questions asked by old as well as by youthful enquirers is this: "How can I control my thoughts?"

To this we are obliged to answer, You can not do it at all; there is only one remedy for your wicked, wayward thought; and that is found in Isa. 55:7-9: "Let the wicked forsake his way, and the unrighteous man his thoughts; and let him return unto the Lord, and He will have mercy upon him; and to our God, for He will abundantly pardon. For my thoughts are not your thoughts, neither are your ways my ways, saith

the Lord. For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts." Better than trying to control our own thoughts is to get an entirely new lot, and then leave the Lord to do our thinking in us. This is possible; for we have the assurance: "Commit thy works unto the Lord, and thy thoughts shall be established."—Prov. 16:3.—Present Truth.

ITEMS OF INTEREST.

Brother John P. Gaede writes that the brethren in Cleveland are taking hold of the Object Lesson work.

The Mt. Vernon church school which was taught by Kenneth R. Haughey, closed last week. Brother Haughey will soon join the Object Lesson army.

The many friends of Brother and Sister Detlefs will be pleased to learn that they are of good courage. At present they are in Wilkesbarre Pa.

Ohio has ordered her full quota of Christ's Object Lessons. All orders can be filled promptly.

Four churches have sold their full quota of Object Lessons, and two more have ordered their full quota, but they are not all sold as yet.

It is desired that the church clerks fill out the blanks that have been sent to them, and return them to the office as soon as possible.

In a personal letter from Sister W. J. Fitzgerald she says, "While they are not engaged in the work in the Ohio conference they are interested in the work in their home state." The Lord is blessing their work in Philadelphia, Pa.

A Bible workers' institute will be held in Newark, O., April 11-21, for the purpose of strengthening the Object Lesson work.

"Ye are the light of the world."
"We need not go to heathen lands, or even leave the narrow circle of the home, if it is there that our duty lies, in order to work for Christ."
"Seek the Lord, and His strength; seek His face evermore."

"For He maketh His sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust."