

THE Welcome Visitor

"Surely I Come Quickly. Even So, Come, Lord Jesus."

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"Those who stand in the highest positions may lead astray. The wisest err; the strongest may falter and stumble. There is need that light from above should be constantly shed upon our pathway. Our only safety lies in trusting our way implicitly to him who has said, 'Follow me.'"

THIS is a day of man serving. He who hangs his faith upon that of another, except it be the man Christ Jesus, adopts the principle of the papacy — puts man in the place of God.

THE General Conference Committee is hereafter to carry on the work of the Mission Board, and the Conference offices are to be located at some city in the east, probably New York City.

AMONG the many things of interest from the recent session of the General Conference, we note that it is not for the best interests of the general cause for our people to bind up their means in the proposed plan of Sanitarium gold bonds.

THE Educational Secretary's report shows an approximate number of 35,000 youth and children of school age in our ranks. Of this number, only 5,000 are being taught in our own schools. Where are the 30,000 being educated who are not thus accounted for? What proportion of these are Ohio parents responsible for? How long God will continue to bear with us no one can tell; but there is a limit to divine forbearance. The fear of the Lord, that is wisdom.

A GENERAL MEETING.

THERE will be a general meeting of the laborers of our conference May 1-10, 1903, at Toledo, O. An invitation is here extended to all the ministers, licentiates, Bible workers and canvassers to attend as far as practicable.

Plans for future work and other interesting matter will be considered and studied together. I am hoping and looking for a full attendance. A reception committee will receive at 1821 Adams Street those who attend.

H. H. BURKHOLDER.

Accommodations.

AS arrangements have been made for the Ohio State Meeting to be held

in Toledo, O., from May 1-10, I wish to say as pastor of the church of Toledo, after consultation with Elder Burkholder, that in view of the great and additional expense of holding so long and large a meeting, that we will expect all to pay for their meals while attending the service. The amount will be nominal, and determined upon my arrival home. All should go to 1821 Adams St., Toledo, O., to the Health Food Store where the committee will meet them.

D. E. LINDSEY.

"NOT WILLING."

THIS was the language of one who was urged to come out from the world and give his heart to God, and it set me to thinking. First I considered the view the unconverted take of pleasure. How different from the true one! The man who, perhaps, drank more deeply than any other man of the cup of pleasure, gives us this as his experience of it: "I said in mine heart, go to now, I will prove thee with mirth, therefore enjoy pleasure: and behold, this also is vanity. I said of laughter, it is mad: and of mirth, what doeth it?" And the same man speaking of wisdom, the name he most appropriately gives to God's service, says, "Her ways are ways of pleasantness," and "Happy is every one that retaineth her."

David, who basked in the light of heavenly favor, and was well qualified to speak of it, addressing God says, "In thy presence is fulness of joy: at thy right hand there are pleasures forevermore." All the saints of the Lord testify in like manner.

But even if there were no pleasure in religion, if the service of God was all solemnity and gloom, and our pilgrim way strewn over with thorns, should we not be willing to endure it, in view of our great indebtedness to divine mercy? O, as I think of that, how my heart swells with wonder and adoration.

Then comes the thought that "not willing" belongs only to man, but is never said of God. Yes, it is, once. Once in the Scriptures it is recorded that God is not willing. Here it is: "Not willing that any should perish, but that all should come to repentance." "Not willing any should

perish!" This is the only subject upon which God is not willing. This explains why the sword of justice does not fall upon the wicked, why vengeance does not overtake the enemies of the cross, why you and I are still upon praying ground while the many are crying in their hearts, "not willing;" some to give up pleasure, some wealth, some fame; our patient and merciful God only says he is "not willing" that any should perish.

God asks you to give him your heart, and he will fill it with love, but it is already full of the world. He asks you to keep his Sabbaths holy; but you are not willing to spare a day out of the seven from the cares and pleasures of earth.

We are unable to understand the patience of our dear Lord and Saviour. He is not willing that any should perish who has been redeemed with the precious blood of Jesus. Can you turn your eyes upon Calvary and say you are still "not willing?" Can you look upon him who "hath borne our griefs and carried our sorrows, who was bruised for our iniquities, and wounded for our transgressions," and say you are still "not willing?" May God help all to be unwilling no longer.

MRS. E. B. HAUGHEY.

A MISSIONARY SUGGESTION.

[THE letter below was received at the Conference office recently, and because of its earnest spirit is reproduced for the encouragement of our younger readers.—ED.]

DEAR SIR: Please find enclosed report for quarter ending March 28, 1903; also amount of donations, \$7. 30. One dollar and thirty-two cents is mission money that mama and I send. I get mine from the mission hen's nest. . . . Ten cents is for two more quarterlies.

We must tell you the good news! One more has taken his stand for the truth. Last Sabbath was the first for him to keep. It was a time of rejoicing for us. He has never attended our school, but his son is a member, and he brought the news to us, and we had special prayers for the family.

We ask an interest in your prayers. Yours in the work,

GRACIE SEWELL.

FROM THE WORKERS.

CONTENT.

I ASK not that my pathway lead
Through flowery glade;
I ask not that the draught I drink
Be sweeter made.
The haughty rich sweep proudly by,
On pleasure bent;
I go in peace my humble way,
And am content.

I ask not wealth, nor gift of speech,
The world to thrill;
Of simple joys and sincere love,
I have my fill.
Though some may look with pity on
My humble lot,
And though they scorn my little world,
I heed them not.

But O, I pray that God to me
Will grant the power
To drive all evil from my heart,
Each day and hour:
And may he e'er, as on I fare,
My heart incline
To cheer some weary one whose lot
Is worse than mine.

— *The New Idea.*

SPRINGFIELD NOTES.

SABBATH, March 28, was a precious day with the Springfield church. A baptismal service had been appointed for the day, and after a brief sermon by Elder Wood on the subject of baptism, preparations were made for the celebration of the ordinance, but upon opening the baptistry, it was found that it had leaked, and contained but six inches of water.

A large congregation was present, and although an hour and a half was spent in refilling the baptistry, the time was devoted to a service of praise, interspersed with appropriate song. The Lord blessed with the presence of his Spirit, and hearts that had not yet felt the power of God's drawing love were deeply stirred and requested that prayer might be offered for them, that they might yield to its sweet influence.

Elder Wood then led four precious souls—three brethren and one sister—in the path the Saviour had trod so long before, and notwithstanding his seventy-seven years, the Lord verified his promise, that "as thy days, so shall thy strength be." One dear old brother who had but the day before reached his fourscore years, expressed great joy at thus being permitted to experience this new birth.

As we welcomed them back from the grave in which they had been buried with Christ, we believed it was to walk in newness of life, and that the Lord had added to his church such as should be saved.

The service closed with the song, "Baptize us anew with power from on high." As others desire baptism, another service will follow in a few weeks.

SISTER A. E. BERRY, one of our early canvassers, and who has done pioneer work in the raising up of some of our churches, is seriously ill at the home of her daughter, near Springfield. Her courage and trust in the Lord are good, and her old time spirit of using the printed page as a means of disseminating the truth is still exhibited in the fact that she is anxious to have beside her small tracts that can be inserted in letters that she may be able to write.

WE are glad to tell those who are interested in two other of our former canvassers that sisters Graves and Tracy are now recovering from severe attacks of pneumonia.

KATHARINE E. MILLER.

Glouster.

WE are of good courage here in Glouster. The fields surely are ripe, and there must be delay no longer. Hundreds now should go out everywhere and reap the golden grain. It is really amazing to see how the people drink in the message as it flows through the human instrument; and the deeper we drink of the fountain, the more it flows out to others. "O Zion that bringest good tidings, get thee up into the high mountain: O Jerusalem that bringest good tidings, lift up thy voice with strength; lift it up, be not afraid: say unto the cities of Judah, behold your God."

Let us tell the people what the Lord has done for us, thus inspiring the hope in them that he will do the same for themselves. "Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!" O the blessings we forfeit by not giving out our precious literature, and the woe that follows such neglect. See 1 Cor. 9:16.

"Awake, awake; put on thy strength, O Zion; put on thy beautiful garments, O Jerusalem." As soon as we have on the beautiful garments of Christ's righteousness, a power will attend our work wherever we go. "I will greatly rejoice in the Lord, my soul shall be joyful in my God; for he hath clothed me with the garments of salvation."

I can only praise the Lord for what he is doing. I see plainly that he is going to do a great work through the faithful canvasser. Would to God that many more might share in this work. I would say to the canvassers in the field, be of good cheer. The Lord's promise is, "I will be with you unto the end of the earth."

Push the larger books. Send in full complete reports concerning the different bindings, where you work, etc., and let all who can, attend the State meeting at Toledo. G. P. GAEBE.

Bellefontaine.

SABBATH, April 4, the Bellefontaine church enjoyed a blessing which has not been theirs before for nearly ten years. Several of the brethren from Lewistown and West Mansfield were present. The ordinances were celebrated, after a Bible study on the nature and object of the different emblems. All testified that never before did they see in this service so much of significance. A few visiting friends from the city were also present and bore testimony that they saw beauties in the ordinances.

A most gratifying feature of the meeting was that old differences, some of which were of long standing, were put away, and brethren who have not communed together for years, here made full surrender of the past and partook joyfully in this service.

We are glad to say that not only is this spirit seen in Bellefontaine, but churches throughout the district are taking advanced steps, for which we feel thankful and praise the Lord for victories. C. A. WATKINS.

OBITUARY.

ROSS.—Theodore Ross, of Lebanon, O., was born May 1, 1829, and died April 2, 1903, at the age of 73 years, 11 months, and 1 day. Brother Ross had lived a faithful Christian life from his youth. He accepted the faith of Seventh-day Adventists about nine months ago, and was faithful until the day of his death. He leaves a faithful wife, five sons, one daughter and one sister to mourn his loss. The funeral was attended by an immense concourse of friends and neighbors. Words of comfort were spoken by the writer, assisted by the resident pastor. W. H. GRANGER.

FRANKLIN WELLS.—On the twenty-sixth of January as we attended the funeral of brother Wells, of Bedford, O., we were impressed with the devotion and sacrifice of those who accepted the truth during the earlier years of the message. At the close of a Christian life it is always of interest to note the faithfulness in seeking for and walking in the light that God gives. Early in life brother Wells became a Christian and united with the Disciple church in Bedford. In 1879 it was his privilege to hear the message that prepares for the meeting with the Saviour when he comes. This was precious truth to him and his wife, and they considered no sacrifice too great for the cause they learned to love more and more as the years passing by brought them nearer that great day when the blessed hope should be realized. As members of the Seventh-day Adventist church they always manifested a willingness for service, and every burden was cheerfully borne. In his life we believe the beautiful words of Prov. 4:18 to be illustrated: "But the path of the just is as the shining light, that shineth more and more unto the perfect day." It was his happy privilege to see several of his children enlist in the service of the Master in behalf of the cause he loved. As we review the past and then think of the peaceful rest a merciful Father hath given, the words of Rev. 14:13 are full of meaning: "Blessed are the dead which die in the Lord from henceforth . . . that they may rest from their labors; and their works do follow them." Words of comfort were spoken by the writer from the eleventh chapter of John.

A. C. SHANNON.

HEALTHFUL COOKERY.

LESSON III.

Monday Breakfast.

Granola and Hot Nut Cream

Potato Balls Nutmeato with Brown Gravy

Bread Prune Toast

Baked Apples Bananas

RECIPES.

Home-made Granola.

1½ lb. white flour, ½ lb. graham flour, ½ lb. steel cut oatmeal, or cornmeal. Soak the oatmeal ½ hour, make a stiff dough, knead thoroughly, roll out ¼ in. thick, and bake clear through. Grind in a coffee mill.

Nut Cream.

Dissolve ½ cup of nut butter in about 3 cups of hot water, bring to a boil, thicken with a little flour if liked, salt.

Potato Balls.

Season mashed potatoes with salt, minced onion and thin cream; form into balls, brush with cream, and bake to a nice brown.

Nutmeato.

1½ cup of nut butter, 1½ cup of water, 1 cup of cooked and sifted navy or lima beans, 1 cup of zwieback crumbs, 1 tablespoon of white flour, salt and sage to taste. Beat all together, pour into an oiled can, steam three hours.

Brown Gravy.

½ cup of nut oil (olive or Wesson), ½ cup of white flour, ½ cup of dark brown flour, 1 qt. water, 2 medium onions, cook ½ hour, strain and salt.

Barley Fruit Pudding.

1 cup of cooked barley, 1 cup of chopped tart apples, ½ cup of seeded raisins, ½ cup of boiling water, 2 tablespoons of sugar, mix all together, turn into a pudding dish, set into hot water, and bake until the apple is tender. Serve with or without sauce.

PRINCIPLES.

"By many nuts are used too freely in preparation of food. The system cannot take care of them when used as in some of the recipes given. Almonds are preferable to peanuts, but peanuts in limited quantities may be used in connection with grains to make nourishing and digestible foods."—"Testimony," vol. 7, pp. 126, 134.

"In every place where there is a church, instruction should be given in regard to the preparation of simple healthful foods, for the use of those who wish to live in accordance with the

principles of health reform. And the church members should impart to the people of their neighborhood the light they receive on this subject."—"Testimonies," vol. 7, p. 112.

"Those who have never seen the recipes for making the health foods now on the market, will work intelligently experimenting with the food productions of the earth and will be given light regarding the use of these productions. As God gave manna from heaven to sustain the children of Israel, so he will now give his people in different places skill and wisdom to use the productions of these countries in preparing foods to take the place of meats."—"Testimony," vol. 7, p. 24.

Any suggestions along this line will be thankfully received by the writer, F. O. Raymond, Graysville, Tenn.

LESSON IV.

Monday Dinner.

Vegetable Stew Macaroni baked with Granola

Pease Patties with Tomato Sauce

Bread Hoe Cake

Apples Canned Blackberries

Cream Raisin Pie

PRINCIPLES.

THOSE taking vegetable stew should certainly avoid fruit at the same meal.

Pease patties present one of the most wholesome forms in which legumes (peas, beans, and lentils) can be prepared, and without doubt these foods must be principally relied upon as proper meat substitutes, by most of those unable to procure nuts or nut foods.

RECIPES.

Vegetable Stew.

Cook the vegetables desired, such as potatoes, turnips, carrots, cabbage, onions, etc., about an hour before serving, add a little rice, and if liked some tomato and protose, or other nut food. Season to taste.

Macaroni Baked with Granola.

Cook macaroni until tender in a large amount of salted water; turn into a colander and pour on cold water to separate the tubes. Then put macaroni in a pan, sprinkle with granola, pour on milk, dairy or nut, to nearly cover, and bake to a nice brown.

Pease Patties.

Soak Scotch peas over night and in the morning remove to fresh water and gently boil for 3 or 4 hours until tender. Cook down as dry as possible, pass through the colander, stiffen with

granola or zwieback crumbs if necessary, season with salt and a little butter or cream, form into patties and bake to a nice brown.

Hoe Cake.

2 cups of thin cream (boiling), 1 cup cornmeal (hot), 1 tablespoon of sugar, ¼ teaspoon of salt. With a little cornmeal mix sugar and salt, pour on sufficient cream to make a stiff batter which will stand well, beat a few minutes, drop in spoonfuls on an oiled tin and bake about 45 minutes or until well browned on both sides.

Cream Raisin Pie.

1 cup of seeded raisins cooked soft in a little water, cool and add 1 beaten egg and 1 cup of sugar. Take 1 cup of sour cream and stir in 1 tablespoon of flour. Put all together, salt a little, flavor with vanilla, and bake with two crusts.

"God requires us to use only healthful foods, prepared in a simple manner, that the fine nerves of the brain be not injured making it impossible for us to discern the value of the atonement and the priceless worth of the cleansing blood of Christ."—"Healthful Living," p. 43, par. 172.

F. O. RAYMOND.

OHIO TRACT SOCIETY.

BROTHER I. W. BUNCH, of Chillicothe, who has recently entered the canvassing work, writes, "I am getting along very well. Thank the Lord for his goodness. I like the work, and am now cut loose from all other business, and will devote my time to the spread of the message." Who'll be the next to join the ranks of the canvassers? Come along, brethren and sisters, and we'll do you good.

N. S. M.

CANVASSER'S REPORTS.

(Reported since last issue.)

Ida Hes.—Value of orders, \$5; Helps, \$1.25; total value, \$6.25.

Mrs. I. W. Bunch.—Value of orders, \$3.

I. W. Bunch.—Value of orders, \$15; Helps, \$2; total value, \$17.

G. P. Gaede.—Value of orders, \$25; Helps, \$2.25; total value, \$27.25.

F. E. Wagner.—Value of deliveries, \$17.15.

C. A. Gibson.—Value of orders, \$10.75; Helps, \$11.25; total value, \$22.

Mrs. C. A. Gibson.—Value of orders, \$1.

The Welcome Visitor

ISSUED BI-WEEKLY BY THE

Ohio Conference of Seventh-day
Adventists

Price, 25 Cents a Year in Advance.

N. W. LAWRENCE - Editor.

SUNSET CALENDAR.

(Local Time.)

Sabbath begins May 1 at 6:56 P. M.
Sabbath begins May 8 at 7:03 P. M.

Do your friends take the VISITOR?

READ the notice on page one announcing our State Meeting.

BRETHREN C. A. SMITH, James Smith, and M. C. Kirkendall spent the Sabbath at Academia.

COPY for the VISITOR should reach this office by Thursday before date of issue, if it is intended for immediate publication.

WE notice in the *Bulletin* that Elder D. E. Lindsey occupied one evening at the General Conference, preaching from Matt. 24:14.

WE were favored Sunday with a call from brother Gill, of Columbus, who was here to see his son Will at the Academy.

BROTHER KENNETH HAUGHEY has been able to return to Academia where he is welcomed by his mother and many friends. He reached home Friday, and assisted in the church service Sabbath morning.

THE church service last Sabbath was conducted by brother W. W. Miller, who presented the subject of the "Two Sabbaths and the Mark of the Beast." The Spirit of the Lord witnessed to the word spoken.

BROTHER J. E. OSBURN has recently moved his family from Academia to the southern part of the State, where he is canvassing, and brother N. S. Miller has moved his family to the place on the hill just west of Academia, formerly occupied by brother Osburn.

A SERIES of meetings is being held at the Academy for the special benefit of those needing help in deciding questions of church relation, ordinances, and the principles of the Christian life. The number attending has already increased from six or eight to thirty or more. It is expected that baptism will be administered again within a week or two. We need and expect the prayers of all the friends in Ohio at this time when decisions are being made for eternity.

ACADEMY ITEMS.

MISS MABEL KNUDSON, of Colorado, is expecting to return home this week.

SISTER SCHWARZ, of Columbus, is visiting her daughter Louise this week at the Academy Home.

MISS LAURA HUTCHINSON and Mr. Charles Cottrell, who have been ill for two or three weeks, are now among the convalescents in the school home.

STUDENTS of the Mount Vernon Academy have been fulfilling their allotted portion of spring illness. No decidedly severe cases have as yet developed, however.

THE collection taken by the Mount Vernon church and Students' Sabbath-school on Sabbath, April 18, amounting to \$18.72, was donated to the Oakwood Industrial School, our training school for colored workers at Huntsville, Ala.

THE friends of the Academy will be glad to know that the Lord is adding to the church here "such as should be saved." At the close of the Sabbath service, April 11, Prof. N. T. Loughhead was baptized in the beautiful little lake of Hiawatha Park, thus uniting in church fellowship with the believers at Mount Vernon.

WASHINGTON, D. C., NOTES.

I HAVE begun meetings at the Home of the Soldiers of the regular army, which is located in Washington and is probably the finest soldiers' home in the world. About 1,000 veterans of three wars and many years service are there. At the first meeting there was an excellent and intelligent interest, as I spoke on our country in prophecy, and the dangers that confronted the nation. What may develop from this I can not say.

ONE man in this city, who had once kept the Sabbath while in the army and had been a member of the church in Denver, Colo., had become discouraged, drifted into utter infidelity, burned up "Great Controversy" and all our books in 1896, has now heard the call of God again, has given up infidelity entirely and is preparing to keep the Sabbath, accepting the whole truth and loving it as never before. This is wholly and directly the work of the Lord. Never have we seen so directly as here in many ways, the direct working of the Spirit of the living God.

SINCE January 20, with the exception of Sunday, when there is no mail delivered in Washington, we have received money for the Memorial Church every day without fail up to the pre-

sent day (April 1). This is generally in small sums, but enough has been sent to pay \$6,200 in all on the church, which cost \$12,900, leaving a balance of \$6,700 yet to be paid; but, as I have \$1,300 in hand toward another payment, which will be made in a few days, the debt actually stands at \$5,400, with interest at five and one-half per cent., or eighty-one cents per day. When we consider that since Nov. 1, 1902, in five months, over \$7,500 has been paid, we thank God and take courage, hoping that in a few weeks the building of this "memorial for God" will be completely finished. We have received the mites of many widows and deeply appreciate these gifts and especially the prayers that follow them. Verily none who have given shall lose their reward. Yet are there not several of our people who will come forward with a gift of \$1,000, as our sister in St. Louis has done, or at least \$500, so that the work may be quickly finished, and we have time to attend to the many calls that are pressing us. May the Lord's call be heard and answered quickly. In the appeal by Mrs. E. G. White, which all have seen, are these words which show how easily the church could be paid for if all will give as they are able "and the amount given by each scarcely be missed": "If all will give what they can, the indebtedness will soon be liquidated. We pray that those who can help in this enterprise may be constrained to do so by their love for Christ. We regard the purchase of this church property as a wise step, and your co-operation in assisting the brethren there to pay for it will bring you into harmony with the beneficent purposes of the gospel."

THE following donations have been sent directly to me from friends in Ohio:—Levi Clinger, \$10; Thomas Thornton, 6.25; Noah Thornton, 5.00; C. L. Fitz, 5.00; Fred Gillespie, 5.00; Rachael Thornton, 1.50; Eva Boughton, 1.00; Malinda Parrott, 1.00; M. E. Thornton, 25c.; Dr. A. W. Herr, 2.75; Cora Petithory, 1.00; Rudolph Fisher, 5.50; Newark, O., church, 3.50; E. E. R., 45c.; Miss Lucy Post, 1.00; Florence Evans, 1.00; Emma Marietta, 1.00; Mrs. Carrie Crummel, 50c.; J. K. Sauder, 1.00; John J. Marietta, 50c.; Mrs. E. F. Atherton, 5.00; Kenton, O., Sabbath-school, 2.75; W. J. Read and wife, 2.00; M. P. H., 15.00; Mrs. Jessie Devering, 1.00; Mr. and Mrs. J. Garrison, 1.00; Willis Meeker, 25c.; Jennie C. Hawell, 1.00; Charles Aterholdt and wife, 1.00; Walter S. Zehnisu, 25c.; Mrs. W. S. Zehnisu, 25c.; A friend, 50c.; A friend, 25c.; Mrs. A. Alderman, 25c.; C. C. Blatt, 50c.; L. T. Read, 50c.; total to April 7, \$84.70.

J. S. WASHBURN.