

THE Welcome Visitor

"Surely I Come Quickly. Even So, Come, Lord Jesus."

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ACADEMIA, OHIO, MAY 6, 1903.

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MT. VERNON ACADEMY.

○ CLEANSING FIRES.

LET thy gold be cast in the furnace,
Thy red gold, precious and bright;
Do not fear the hungry fire.
With its caverns of burning light:
And thy gold shall return more precious,
Free from every spot and stain;
For gold must be tried by fire,
As a heart must be tried by pain.

In the cruel fire of sorrow
Cast thy heart, do not fain or wail:
Let thy hand be firm and steady,
Do not let thy spirit quail:
But wait till the trial is over,
And take thy heart again:
For as gold is tried by fire,
So a heart must be tried by pain.

I shall know by the gleam and glitter
Of the golden chain you wear,
By your heart's calm strength in loving,
Of the fire they have had to bear.
Beat on, true heart, forever:
Shine bright, strong golden chain:
And bless the cleansing fire
And the furnace of living pain!
—*California Ladies' Magazine.*

SABBATH, April 25, will be long remembered by the church at Mount Vernon. Professor Lawrence conducting the exercises of the day, used the words of Matt. 16: 15-18 as a basis for his remarks. He showed clearly that Christ is the Rock upon which the church of God was to be founded, not Peter—the rolling pebble. As a baptismal service had been appointed for the day, Professor Lawrence's remarks were replete with timely instruction to those who were about to enter the bonds of church relationship, through the baptismal ordinance. After the sermon, the congregation went to the park lake where the service was to be conducted. Professor Lawrence and Elder W. W. Miller administered the rite to the following persons: Fred Thornton, Henry Brown, Claud Countryman, Edward Secor, Callie Gray, Ethel Hubble, Ethel Pope, Margaret Shanks, Jessie Estep, Fern Estep, Etta Perrine, Viola Kirkendall, and Jossie Smith. All of these persons have been students in the Academy or church school during the year. This is the third baptismal service during the past school year, and as others are investigating the subject, there will probably be another similar service before school closes. Both students and teachers feel that the Lord has

blessed our work this year in a marked degree, and that the instruction given will result in bringing some fruit into the heavenly garner. N. T. L.

IN HIS SERVICE.

THE readers of the VISITOR will be interested to know something of the progress of the meetings begun by some of the young men of the Academy in the Valley Schoolhouse last December. We are pleased to report that the Lord has greatly blessed our efforts, and that from the first the interest and attendance has increased until now there are over a hundred present every Sunday night, and some of these have come from a distance of ten miles. Although meetings have been in progress in two different churches but a mile and a half distant and where these people are accustomed to attend, yet the attendance at the schoolhouse has remained practically unchanged. In spite of the fact that the building has been crowded to its utmost capacity, there has not been the slightest sign of disorder, but the closest attention has prevailed throughout the services.

We have much more than numbers to encourage us. The Lord has touched hearts, and the people have been willing to listen to the word of the Lord for the present time. It was not our intention when beginning the meetings to present our doctrinal points, but to confine our subjects mostly to points of belief that most denominations agree upon. As the meetings progressed, it seemed to be the Lord's will that we present some of the points of our faith in answer to inquiries with reference to what we as a people believe. The following subjects have been presented,—The Soon Coming of Christ, based on Matthew 24, The Eastern Question, Daniel 2, The New Earth, The Sanctuary Question and the Judgment, and Man's Nature in Life and Death. It might seem that some of these subjects would raise opposition as they are so adverse to the popular belief, but through the grace of the Lord the opposite has occurred. The people have seemed to be drawn to us, and the most kindly feeling exists toward us. A sincere regret has been expressed that our meetings will have to close so soon, and several have expressed themselves

as wishing that the meetings could continue throughout the summer. We have been repeatedly invited to their homes, and whenever it has been our privilege to respond we have been most cordially received. Several have said that our meetings have been the means of breaking down a prejudice against our people which existed in that neighborhood.

We feel thankful to the Lord that he has given us the privilege of thus working for his cause, and believe that souls will be saved as a result, for we claim the blessed promise that his word will not return unto him void. We trust that the people of Ohio will remember this work in their prayers, for we realize that the Spirit of the Lord must do the work of convicting of sin, and that unless this Spirit is present the work will be a failure.

The following is a list of those who have been carrying on this work: Harry F. Benson, Fred Webster, Heber H. Votaw, Floyd E. Gibson, Arthur J. Kennedy, Guy H. Hewitt, Ned Ashton, Clarence T. Redfield, and Harold H. Cobban. Several of the young ladies of the school have also rendered us valuable assistance in our music.

H. H. COBBAN.

ACADEMY SCIENCE DEPARTMENT.

THE Science Department of the Mt. Vernon Academy has long needed apparatus to aid in making this line of work more practical and profitable. Finally it became quite evident that if we were ever to have a well equipped science department, the students taking studies in the department must take up the matter and raise the money to provide the needed supplies. The class in Physics have been working on this plan for several months with very good results. First, they went into their own pockets and raised about twenty-five dollars; then they wrote to friends and alumni, which brought in quite a little more, but not enough to pay for the apparatus which they desired to purchase. So it was planned to hold two entertainments and charge a small admittance fee, the proceeds to aid in supplying this need.

One entertainment was held in March, from which over twenty-two dollars was cleared. The last entertainment was

held on April 24. It consisted of a demonstration of the chemical and physical forces of nature, and included experiments with oxygen, carbon dioxide, hydrogen, air pump, X-ray, and wireless telegraphy.

One feature of special interest was the taking of a radiograph. A pocket-book containing a key and two coins was placed over a photographic plate within the focus of the X-rays. The plate was then developed and passed around. It showed the key and coins plainly, and also the metallic clasp of the pocket-book. The leather portion was represented by a faint shadow.

The apparatus thus provided included a static machine, complete X-ray outfit, and a wireless telegraphy outfit. More is needed. And if there are any friends of the school who would like to aid in building up the equipment of the Academy, their gifts will always be acceptable, and used to the best advantage. W. L. S.

EDUCATION.

HERE are a few faithful thoughts presented by Elder J. E. Jayne, in his address to the New Jersey Conference in January, as reported by the *Atlantic Union Gleaner*:—

"Upon the shoulders of our children and youth will rest the heaviest burdens of carrying this message to the earth. It is essential that we do our utmost to get our children to consecrate themselves to the work of God. It is not well to cause them to regard this as an easy task. Those who do so will be deceived. The most practical and arduous work is required. Besides the knowledge derived from books our sons will sorely need to understand various trades. They will absolutely require the vigor and discipline derived from so-called 'menial toil.' The parent who keeps his son from the plow, the ax, the anvil, the shovel, the saw, the trowel, the store, and other honorable forms of employment, on the ground that he is to be a missionary, and such work is too menial for one possessing his attainments, will, in most instances, ruin his son, and suffer the pain of seeing him fail in his chosen work and drift into the world. Do not permit him to remain in ignorance of the evils in the world. While he will hear you, and while you can protect him, acquaint him with the things he must meet. Teach him to conquer the tempter in the strength of his God. Stay at his side till the principles of Christian manhood are developed and proved in him. Then, when he starts alone, he will not be required to experiment with evil influences. Instruct our daughters likewise in the work and experiences they will encounter."

FROM THE WORKERS.

FROM EGYPT.

OUR work here is moving slowly. It seems to take so much time to accomplish anything in this country. Time is not reckoned as of much value by the majority. In fact, as the hot season comes on, we shall all, doubtless, have to slow down somewhat. To-day has been the hottest, "muggiest" day of the season. A hot wind is blowing from the desert and the sun has been obscured by dust and sand all day. Mercury has run quite close to 90° to-day, a foretaste of what is coming.

I am getting out some more tracts. We have two of 5,000 each just off the press, entitled, "Our Lord Will Come," and "Fundamental Principles." I have just finished writing a tract on "The Gospel of Health," adapted to this country. I expect to have it printed in Arabic and Armenian. There is much need and some demand for health books here. Our Vegetarian Pension is quite well patronized, and is more than making expenses. We ought to have one started in Alexandria. There are quite a number of persons in that city who are interested in health principles, and would give their influence and patronage to such an institution. They are mostly French. I wish we had a good man and his wife who would be capable of managing something of that sort in Alexandria. It would pay its way from the start.

We are living in a house by ourselves now; or rather in an apartment. We pay twenty-five dollars a month for seven rooms, and rent one room to the church for meeting purposes. It's rather expensive, but it's the best we can do. We have spent days tramping the city over to find something cheaper that would answer our purpose. We have to use our house for a depository also. We have all the books and tracts of the Mission stacked in one room. Then we shipped five bales of printing paper from Germany, and we have it stored here also. We have two bales in the kitchen with some boards on them for a side table. We are very comfortably situated now, but quite a distance from the business part of the city. However, we can ride from our house on an omnibus to the main part of town for three millemes, or one and one-half cents. So it does not cost much to go to town. Street car fare is two and one-half cents. Carriage fare is also cheap. Greetings to all old friends from us all. Your fellow worker,

W. H. WAKEHAM.

Coshocton.

• DEAR VISITOR READERS: I can only praise the Lord for the precious experiences which I have been having since my last report. I visited Killbuck, conducting quarterly meeting, and holding five night meetings with good attendance and increasing interest. I am very thankful to my Heavenly Father for his presence and blessing which has been with me.

We were glad to visit one dear family who live twelve miles from the believers at Killbuck, and who are holding up the light of truth in their neighborhood. May the Lord abundantly bless and keep our isolated brethren and sisters, is my prayer.

I have been at Coshocton since leaving Killbuck on the ninth of April. We were very glad to see the dear ones at this place again, and to find them getting along nicely. The Lord favored us with the help of Elder J. O. Miller in our quarterly meeting, who was with us for the purpose of ordaining our deacon and deaconess; and the Lord richly blessed in the ordination service.

I am now in the midst of a two weeks' Bible School, with a good interest, and a goodly number attending. We are sowing the seed, brethren and sisters, and the harvest will soon be here. Let us take courage and go forward and push the battle to the end. I am of good courage, and rejoicing in the Lord; but I need your prayers. Yours in the blessed hope,

B. L. HOUSE.

Marshallville.

I WAS at Barberton last week, but on account of mother being bad, did not sell many hooks, but have put out hundreds of tracts. I was at Wadsworth from Saturday evening till Tuesday, and brother Oherholtzer brought me home yesterday. He has about made up his mind to enter the canvassing work with me. I want to work this county thoroughly this summer, if the Lord is willing.

I believe the Lord would have us work the cities now, for the time is drawing near when the country will be well supplied with workers and I think, too, we should do it while we have prosperous times. It may not be long until the way will be hedged up for city work. I also think that our people who are holding to city homes will in time be almost compelled to leave them and go to the country. Oh, if we could all see the liberty and happiness of country life now and make up our minds to make the change as quickly as consistent.

F. E. WAGNER.

HEALTH AND STRENGTH.

THE CARE OF THE SICK.

Introductory.

As I begin these lessons, it is with a prayer that the great Physician will guide my mind and hand to write words of help and cheer to some who realize that they are sick and in need of help. To such may the "Sun of righteousness arise with healing in his wings."

Can any of us say that we are whole and have need of nothing? Do we not all need more power, more energy, more life, to carry on the work God has for us in these last days?

Many have been, some, even now, are better able to glorify God on beds of suffering than in more active service, but the time is coming when we must all be up and doing. Some time we must flee to the dens and caves of the earth. Some time the power of God will keep us from the pestilence which walketh in darkness, and the destruction which wasteth at noonday. God can keep us, God can heal us, but he cannot put his blessing on the transgression of his law.

If we long to see his healing power manifested among us, we must walk in the light he has given us in regard to the care of our bodies. "Every organ, every fiber of our being is to be sacredly guarded from harmful practices." God is able and willing to do his part, but are we ready? We must be. We must study the principles of health which God has given, and place ourselves in harmony with them.

In the treatment of disease, we should use preventative, palliative, and curative measures. Of these, the preventative are by far the most important, and every one should have a thorough knowledge of them. We must first learn the causes, then we will better understand how to prevent diseases.

All will agree that transgression of the law is the cause of all the woe and misery we find in the world. Transgression in the ancestor causes hereditary maladies and weaknesses from which we all suffer. Transgression in the way we use our bodies, or in the way they were trained in childhood, brings another train of diseases. Transgression on the part of others will spread contagion. Their neglect and woeful condition may cause us overtaxation and suffering.

We cannot work out physical salvation any more than we can spiritual salvation, but we can walk in the light and trust in God, we cannot prevent what our ancestors have done, but we can govern to some extent what we

transmit to our children, while we trust in God to enable us to overcome our hereditary tendencies.

We cannot have ideal surroundings, food, raiment, or shelter; but we can improve what we do have. We can follow the example of Jesus, never tempting the Lord by doing wilful, presumptuous things. When we do this, we can safely trust the promise: "There shall no evil befall thee, neither shall any plague come nigh thy dwelling."

We cannot control all the actions of others, but we can build up a resistance in our own bodies, by obedience to nature's laws. We can take necessary precautions, and trust God's word to keep us from the pestilence that walketh in darkness.

When we see a brother falling, we must forget ourselves to save him; we must work for him, even though it bring pain and suffering. But, when we feel the burden too heavy, we can come apart and rest awhile with Jesus, and cast all our care upon him, for he careth for us.

RUTH MERRITT, M. D.

HEALTHFUL COOKERY, LESSON V.

Tuesday Breakfast.

Baked Cornmeal Slices and Cream	
Green Peas on Toast	Nut Potato Hash
Bread	Date Sandwich
Apples	Stewed Prunes

RECIPES.

Baked Cornmeal Slices.

On previous day cook cornmeal mush in double boiler or steamer for four hours. In the morning cut the cold mush into slices, dip it into beaten egg, then zwieback crumbs, and bake.

Nut Potato Hash.

Chop cold mashed or boiled potatoes with nutmeat or other nut foods. Season with salt and grated onion, moisten with strained tomato, if liked. Heat thoroughly.

Date Sandwich.

Spread thinly sliced bread with nut butter, and make sandwiches with filling of dates which have been washed, seeded, stewed a few minutes in a very little water and mashed through a colander.

PRINCIPLES.

By slicing and baking, the cornmeal is changed from a soft mush to a more solid and better cooked form that can be masticated. The same principle can be applied to other mushes.

Much depends upon the *method* of cooking dried fruits. As these fruits have been gradually deprived of their

moisture in evaporation, so their moisture must be gradually returned to them in cooking so as to return them to their original plumpness and freshness. Prunes should have hot water poured over them, then after standing in the water 5 or 10 min., be carefully washed, rinsed, and put to soak in fresh cold water over night. In the morning set them on the stove, without changing water, bring gradually to boiling, and very gently boil until prunes are tender and the juice well flavored. If, when the prunes are done, the juice remains too thin, it may be taken off, boiled to a syrup and returned to the prunes. "Let us teach the people to eat freely of fresh grapes, apples, peaches, pears, berries, and all other kinds of fruit that can be obtained. Let them be prepared for winter use by canning, using glass as far as possible instead of tin."—"Testimonies," vol. 7, p. 134.

F. O. RAYMOND.

A PLEA FOR HOSPITAL PATIENTS.

THERE are more than one hundred thousand suffering patients in the hospitals in this country. Those who have been sick know how slowly time drags by, even when they have had all the kindly attention that the home circle could provide. But let such try to imagine what it would be like in a hospital ward where perhaps one busy nurse must care for the needs of nearly a score of patients. Add to this the feeling of the uncertainty of their physical condition and we can readily understand why they should be glad to have the companionship of the saving gospel.

When the *Life Boat* has found its way to the hospital wards, it is passed from patient to patient until it is fairly worn out.

How many will put in one day selling *Life Boats* and donate their commission to supply the hospitals in their State? If there is a hospital in their neighborhood, they can distribute the papers themselves on visiting days.

This is such a worthy cause that it will appeal sufficiently to those not of our church that, if thought best, a subscription paper may be passed around among them and a small amount can be quickly raised that will be ample to supply the need.

DAVID PAULSON, M. D.

INJURIOUS habits of life are to be discouraged at all times. Any way of living that is hurtful is wrong. Our bodies are the temples of the Holy Spirit, and we should therefore strive to live in such a manner that we may at all times be prepared to follow its guidance.

The Welcome Visitor

ISSUED BI-WEEKLY BY THE

Ohio Conference of Seventh-day
Adventists

Price, 25 Cents a Year in Advance.

N. W. LAWRENCE Editor.

SUNSET CALENDAR.

(Local Time.)

Sabbath begins May 15 at 7:10 P. M.
Sabbath begins May 22 at 7:16 P. M.THE blue pencil mark means your
subscription has expired.THE work of the school year closes
at the Academy Monday evening, May
18.BEGIN now to plan to attend camp-
meeting. Watch the VISITOR for spe-
cial announcements regarding it.THE board of trustees of Mt. Ver-
non Academy met at Academia on
Tuesday of last week to look after the
interests of the school for the coming
year.SOME of the students have found it
necessary to return home before the
close of the term. Lonnie Taylor and
Herman Greene have recently gone,
and Miss Edna Dowdell expects to go
this week.WE were glad to find Elder W. H.
Granger on the train Sunday, on our
way from Columbus to Mount Vernon.
He was en route to the State meeting
at Toledo, and reports the cause ad-
vancing in his territory.THE chapel pulpit at the Academy
was occupied last Sabbath morning by
Elder J. O. Miller, who emphasized
the thought that if we be Abraham's
children, we will do the works of Abra-
ham. Abraham entertained strangers
—showed hospitality, paid tithes of all
that he possessed, commanded his
household after him, Abraham be-
lieved God and it was counted unto
him for righteousness.AS our brethren at the State meet-
ing plan, let us at home pray. Pray
for an earnestness of purpose to fin-
ish the work God has given us to do.
Pray for so much of the Spirit of God
to be in us that all will be able to see
eye to eye and work shoulder to shoul-
der. Pray that broad plans may be
laid for the work in Ohio, and that
every man, woman, and child shall
feel it a privilege to share in fulfilling
those plans quickly. It is high time
to be awake to our opportunities forsalvation — for a share in the reward
of the faithful."Come, O come, ask not to be excused.
Come, O come, stand ready to be used."A NEW publication called *The Fam-
ily Bible Teacher*, published at 3222
Warsaw Ave., Cincinnati, Ohio, has
come to our table. There are some
things unique about this modest little
sheet. It has no subscription list, no
subscription price. It is devoted ex-
clusively to teaching the doctrines of
"Present Truth" presented in the
form of Bible readings — questions,
answers, notes, and comments. Each
issue presents one subject complete.
Four numbers have already been pub-
lished, covering the following sub-
jects: The Word of God (the Scrip-
tures), The Word of God (Christ),
Redemption, Righteousness by Faith.
(Parentheses are ours.) The primary
purpose in these lessons is to place the
truth in the hands of the people
quickly, and without much expense.
One worker with these can care for
from twenty-five to a hundred or more
readers a week. The demand has al-
ready called for an edition of six
thousand. For further particulars
address as above, and any inquiry
will be answered if return postage
accompanies the letter.

WARNING.

IT is now about the season when
tramps begin to impose on credu-
lous Adventists, going from church to
church with some sorry tale to excite
sympathy and secure money, claiming
first to be one man's son and then an-
other's. One of the craft has already
started out in northwestern Ohio.
Look out for them.

D. E. LINDSEY.

CANVASSER'S REPORTS.

(Reported since last issue.)

Mary Hubbell.— Value of orders,
\$31.25; Helps, \$13.50; total value,
\$44.75.Ida Iles.— Value of orders, \$33;
Helps, \$32; total value, \$65.G. P. Gaede.— Value of orders, \$11.-
25; Helps, \$.25; total value, \$11.50.F. E. Wagner.— Value of orders,
\$20.90.C. A. Gibson.— Value of orders,
\$7.75; Helps, \$7; total value, \$14.75.J. E. Osburn.— Value of orders,
\$40.50; Helps, \$.75; total value, \$41.25;
value of deliveries, \$26.

G. W. Spies.— Value of orders, \$26.

Mrs. G. W. Spies.— Value of orders,
\$6.75.

WANTED.

WE would like to secure some ro-
bust, willing, and intelligent girl who
wants a permanent home. We have
been paying \$2 per week. Any one
desiring a place of this kind can write
me, but they must furnish good refer-
ences.

D. E. LINDSEY.

TITHE RECEIPTS.

APRIL, 1903.

Alliance	\$ 22.25
Akron	135.04
Beaver	17.95
Bellevue	68.45
Bellville	31.95
Bowling Green	131.34
Broughton	6.63
Brokaw	7.50
Canton	15.40
Camden	21.20
Chagrin Falls	32.44
Chillicothe	17.48
Cincinnati	56.81
Cleveland	160.53
Clyde	46.57
Columbus	220.25
Corsica	19.55
Coshocton	38.78
Dayton	53.15
Delaware	9.20
Dunkirk	25.00
East Liverpool	51.46
Findlay	38.10
Geneva	5.00
Greensburg	1.85
Hamler	71.97
Jefferson	11.02
Kirtland	33.76
LaGrange	163.99
Laura	29.96
Leesburg	10.25
Lewistown	30.15
Liberty Center	52.90
Marshfield	50.00
Meigs	17.59
Mendon	10.50
Middlefield	21.49
Mount Vernon	242.15
Newark	54.21
Norwalk	8.92
Orwell	15.00
Piqua	4.00
Sherwood	3.66
Spencer	4.00
Springfield	88.50
Toledo	89.97
Van Wert	10.00
Walnut Grove	64.23
Waterford	31.36
Wheelersburg	88.67
Wilmington	3.50
Worker	81.93
Isolated Sabbath Keepers	76.50

Total.....\$2,604.14

C. V. HAMER, Treas.

TOTAL RECEIPTS, ALL SOURCES,
APRIL, 1903.

Ohio Tract Society	\$ 632.90
Tithe	2,604.14
First Day Offering	101.33
Sabbath-school Donations	135.59
Haskell and James White Homes	147.95
Mission Board Offerings	18.56
Special Offerings, Foreign Missions	1.50
Special Offerings, Home Missions	31.42

Total.....\$3,673.89

C. V. HAMER, Treas.